



Welcome to HOLY FAMILY PARISH



4TH SUNDAY OF LENT – YR. A MARCH 15, 2026

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Phone 403-527-6933

Facebook: [Medicine Hat Holy Family Parish](#) ~ [YouTube: Medicine Hat Holy Family Church](#)

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Fernando Genogaling & Deacon Robert Risling

RECONCILIATION...

Friday 9:30am–10:30am & Saturday 3:30–4:45pm

MASS TIMES - MONDAY WEDNESDAY THURSDAY

FRIDAY 9:00AM TUESDAY 6:00PM

SATURDAY 5:00PM - SUNDAY 8:30AM, 10:30AM & 6:00PM

MONTHLY - 1ST SATURDAY 9 AM

THE CHAPEL IS OPEN...

MONDAY - FRIDAY 9:30am - 4:00pm

ADORATION FRIDAY 9:30 – 10:30am

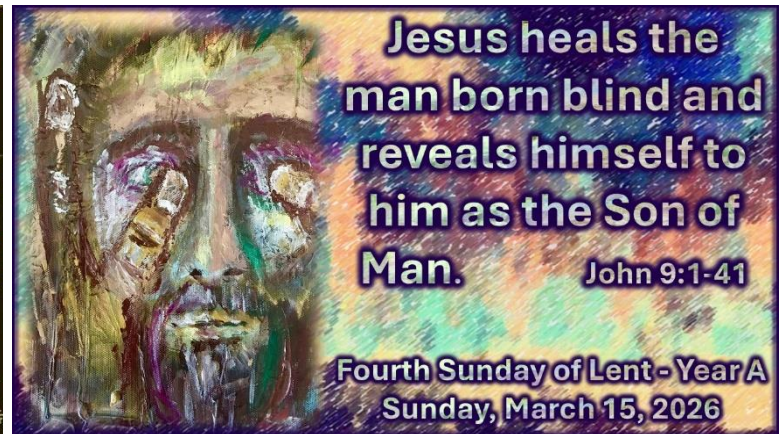
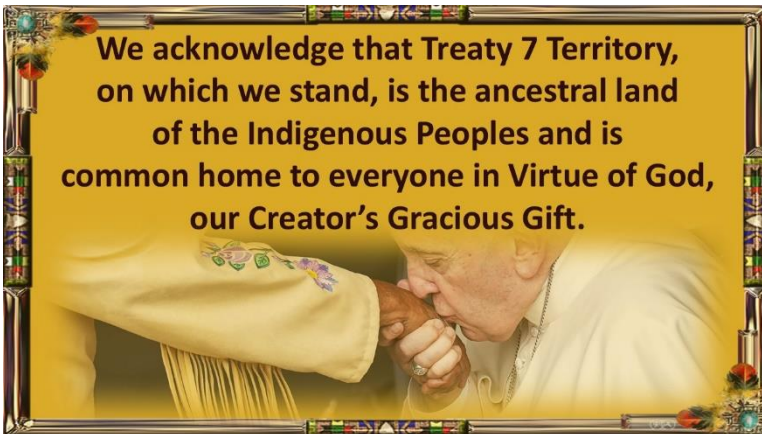
1ST FRIDAY OF MONTH – 12 HOUR ADORATION

Parish Pastoral Council Chair – Ken Loehndorf

Parish Finance Council Chair - Cheryl Pocsik

Knights of Columbus – Jimmy Tablan

Catholic Women's League – Dianne Durda



“You have seen him, and the one speaking with you is he.”

Fourth Sunday of Lent

I Samuel 16:1b, 6-7, 10-13a. Psalm 23:1-3a, 3b-4, 5, 6. Ephesians 5:8-14. John 9:1-41.

Seeing Christ. Even the blind man in today's gospel sees Christ – and does what he is told by him. Listening and then doing – even in the face of opposition – brings sight and insight.

† How will I look for Christ in every person and in every action this Lenten week?

† What is God asking me to do? How will I do it?

† How will I be a sign of Christ's light and life for the elect preparing for Easter Baptism?

FINANCIAL REPORT	
Monthly Operating Budget	\$ 74,669
MARCH MONTH TO DATE	
General Envelope Collection	\$ 25,459
Loose Collections	\$ 2,243
4Loonies 4 Lent (\$5,927 to date)	\$ 3,712
Misc. Income	\$ 3,360
Total Month Income	\$ 34,774
Budget Vs Actual	-\$ 39,895
SPECIAL COLLECTIONS	
2026 YEAR TO DATE	
Together in Action (TIA)	\$ 11,343
GOAL - \$70,938 12 %	
Multiply the Hope	\$ 12,554
St Vincent de Paul	\$ 10,191
World Mission	\$ 90
Clergy Retirement	\$ 200
Mission Mexico	\$ 588
CARO	\$ 50
Seminary Fund	\$ 225
Holy Land & Pope's Pastoral	\$ 10
<i>Thank You for your Generous Contributions</i>	
December Average Weekend Attendance	1134

Friday, March 13
 6:00pm ~ Stations of the Cross – CWL (Sorry - No Soup tonight)
 6:00pm ~ GodSquad Conference ~ HFP Hall

Saturday, March 14
 9am-3:30pm ~ GodSquad Conference ~ HFP Hall
 10:00am ~ Benedictine Group – Charity Room
 10:00am & 1:30pm ~ Confirmation Class in Faith Rm.
 11:00am ~ Baptism
 1:30pm ~ Choir Practice – Sally
 3:30pm ~ Reconciliation
 5:00pm ~ Mass ~ Tim Koch †

Sunday, March 15
 8:30am ~ Mass ~ Matthew Royle †
 9:30am ~ Parish Breakfast in the Hall
 10:30am ~ Mass ~ Travis Curtis †
 11:30am ~ Parish Breakfast in the Hall
 6:00pm ~ Mass ~ Holy Family Parish

Monday, March 16
 9:00am ~ Mass ~ Elaine & Lindsay Mitchell
 6:00pm ~ K of C - Silver Rose Program

Tuesday, March 17
 9:30am ~ Lenten Mass for Ecole JP II School
 1:00pm ~ Endow ~ Charity Room
 6:00pm ~ Mass ~ Marie d'Amour †
 6:30pm ~ CWL Penitential Service

Wednesday, March 18
 9:00am ~ Mass ~ Gabriel Zavala †
 10:00am ~ Lenten Mass for NDA & St. Mary's
 4:00pm ~ Choir Practice – Sally
 7:00pm ~ RCIA – Faith Room

Thursday, March 19
 9:00am ~ Mass ~ Robin & Caily Maraloor
 9:30am ~ Bible Study – Faith Room
 9:30 - 11:00am ~ Grade 3 Retreat in Hall – JPII
 4:30pm ~ Choir Practice – Maria
 6:30pm ~ PPC Meeting

Friday, March 20
 9:00am ~ Mass ~ Rita Darr †
 5:00pm ~ Wedding Rehearsal
 6:00pm ~ Stations of the Cross – Filipino Community. Followed by Soup

Saturday, March 21
 7:00am ~ TMIY in the HFP Hall
 10:00am ~ Benedictine Group – Charity Room
 1:00pm ~ Wedding
 1:30pm ~ Choir Practice – Sally
 3:30pm ~ Reconciliation
 5:00pm ~ Mass ~ Maureen Royle Family

Sunday, March 15

Ways to Donate to Holy Family Parish

1. Weekly Collection Plate
2. Etransfer – accounting@holyfamilymh.ca
3. Automatic Withdrawal from your Credit Card or Chequing Account



Please contact Robin for more information...
 403-527-6933 ext. 104
finance@holyfamilymh.ca

E-Transfer Donations

PLEASE make sure your FULL NAME is in the e-transfer information so that you can receive a taxable benefit for your contributions.

Thank You
 For your Donations!

Stations of the Cross 2026

*Friday, Feb. 20, 6:00pm - K of C - Fish & Chips
 Friday, Feb. 27, 6:00pm - Parish Pastoral Council
 Friday, Mar. 6, 6:00pm - Parish Finance Council
 *Friday, Mar. 13, 6:00pm - CWL
 Friday, Mar. 20, 6:00pm - Filipino Community
 Friday, Mar. 27, 6:00pm - R.C.I.A.
 Monday, Mar 30, 6:00pm - St. Louis School
 *Tuesday, Mar 31, After 6:00 Mass - St. Patrick School
 Shadow Play in the Hall.
 Followed by Meatless Soup & Buns, except days with *



Scan code with camera or visit signup.formed.org
 Enter "Medicine Hat" click on "Holy Family"

Did you know that formed.org has 822 different resources for Lent plus so much more. 25 Ebooks, 635 Videos, 77 Collections & 85 Audios at your fingertips to help you on your Lenten Journey.

USE WITH

Roku

Apple TV

fireTV

chromecast

Preparing for the Easter Triduum

Presenter: Fr. Nathan Siray, JCL
 Chancellor, Diocesan Master of Ceremonies

KEYNOTE VIDEO - Fr. NATHAN SIRAY
 HANDOUTS & RESOURCES FOR ALL MINISTRIES

Discover the Easter Triduum as the heart of the Church's life and worship. Deepen your understanding of Christ's Passion, Death, and Resurrection, exploring why the rites are celebrated, how they flow from Scripture and Tradition, and what they reveal for the faith and life of the Church.



<https://www.catholicyc.ca/triduum.html>

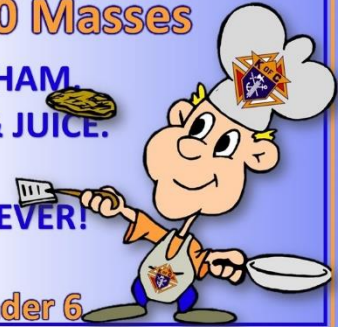
Parish Breakfast March 15 After 8:30 & 10:30 Masses

OMELETS, PANCAKES, HAM
 BACON, FRUIT, COFFEE & JUICE.

&
 THE BEST FELLOWSHIP EVER!

\$10. - Adults

\$5.- Under 12 & Free - Under 6



THE SILVER ROSE PROGRAM

Monday, March 16th at 6:00 PM
 Holy Family Parish

Join thousands of Catholics across North America in asking for Our Lady of Guadalupe's intercession through the Silver Rose program.

Your prayers & presence are a meaningful part of this mission.

More information in the online bulletin.



THAT MAN IS YOU!
 March 21, 2026 ~ HFP Hall

Breakfast 7:30 am

Presentation 8:30 am

Theme: "The Practice of the Presence of God"

Session 22 will focus on taking the fifth step in becoming a man after God's heart - Find God in Yourself. It dives into the principles of "The Practice of the Presence of God."



Lenten Penitential Services

St. Patrick's Church
 Monday, March 16
 7:00pm

Holy Family Parish
 Tuesday, March 17
 Following the
 6:00pm Mass

40 LOONIES FOR LENT

THE KNIGHTS OF COLUMBUS
 & HOLY FAMILY PARISH

RAISED TO DATE \$ 5,927 .00

YOUR DONATIONS STAY HERE IN MEDICINE HAT GOING TO THE ROOT CELLAR, MUSTARD SEED, SAINT VINCENT DE PAUL SOCIETY, 5TH AVE. & SAINT BARNABAS MEAL PROGRAMS.


Thank You for your Generosity!

On our Lenten Journey



Children's Liturgy 10:30 Mass

1st and 3rd Sundays of the Month
Parents need to complete the registration form on the Children's Liturgy table and drop the completed form into our mail slot beside the office door before children can attend.
Children who have not received 1st Communion & are under 8 yrs of age can attend.
Older children are encouraged to stay at mass.
Children under 3 need an adult present with them.



Divine Mercy Novena

Holy Family Parish
April 3rd to 11th
April 3rd at 2:00pm
All other days at 3:00pm
Legion of Mary



Spending time with Jesus

The Chapel is Open
Monday – Friday 9:30am – 4:00pm
Adoration of the Blessed Sacrament & Reconciliation
Friday 9:30-10:30am
Reconciliation
Saturday 3:30-4:30pm



NEW MOBILE APP "SAINT CARLO: EUCHARISTIC MIRACLES"

Explore the Eucharistic Miracles of the World



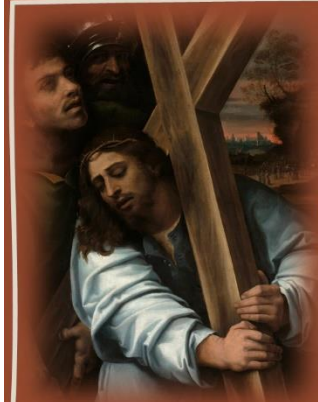
Taizé Adoration

Sunday, March 29
following the 6:00 PM Mass

If you are not staying, please exit Mass in silence!



Stations of the Cross at St. Patrick's Church. The Legion of Mary in conjunction with various parish ministries, are pleased to facilitate the Stations of the Cross every Friday during Lent at St. Patrick's Church beginning at 7 pm. A Potluck Lenten meal is also planned for 5:30 p.m. on March 27th in the Parish Hall. Everyone Welcome.




HOLY WEEK 2026

HOLY FAMILY PARISH

PALM SUNDAY, MARCH 28TH & 29TH
REGULAR MASS TIMES
HOLY THURSDAY, APRIL 2ND
MASS OF THE LORD'S SUPPER
7:00 PM
FOLLOWED BY ADORATION UNTIL
MIDNIGHT IN THE FAITH ROOM.
INCENSE AT ALL MASSES EXCEPT EASTER SUNDAY AT 8:30AM

FRIDAY, APRIL 3RD
GOOD FRIDAY SERVICES
12 NOON & 3:00 PM
SATURDAY, APRIL 4TH
EASTER FOOD BLESSING, 11 AM
EASTER VIGIL, 8:00 PM
SUNDAY, APRIL 5TH
EASTER SUNDAY MASS
8:30AM & 10:30AM
MONDAY, APRIL 6TH NO MASS




Preparing for the Easter Triduum

Presenter: Fr. Nathan Siray, JCL

Chancellor, Diocesan Master of Ceremonies

KEYNOTE VIDEO - Fr. NATHAN SIRAY

HANDOUTS & RESOURCES FOR ALL MINISTRIES

Discover the Easter Triduum as the heart of the Church's life and worship. Deepen your understanding of Christ's Passion, Death, and Resurrection, exploring why the rites are celebrated, how they flow from Scripture and Tradition, and what they reveal for the faith and life of the Church.



<https://www.catholicyc.ca/triduum.html>

Entering the Mystery of Holy Week

Fr. Nathan Siray

A Parish Guide to the Sacred Triduum

Holy Week is the most sacred time of the Christian year. During these days the Church does not simply remember past events. Through the liturgy the saving mysteries of Christ's Passion, death, and Resurrection become present to us today.

One way to understand Holy Week is as a spiritual pilgrimage. In the early centuries Christians traveled to Jerusalem to pray at the places where Jesus suffered, died, and rose, the Mount of Olives, Gethsemane, Calvary, and the empty tomb, walking from place to place in prayer and remembrance. Over time the Church began celebrating these mysteries throughout the world so every Christian community could accompany Christ. Each parish church thus becomes a kind of Holy Land where we journey with Jesus from the crowds of Palm Sunday to the Cross of Good Friday and the joy of the Resurrection.

Palm Sunday — Welcoming the King

Holy Week begins with Palm Sunday, when the Church remembers Jesus' entry into Jerusalem. The liturgy often begins with a procession of palms

recalling the crowds who welcomed Christ as king. Yet the joy quickly turns toward the Cross as the Passion of the Lord is proclaimed. The same people who cried “Hosanna” would soon cry “Crucify Him.” Palm Sunday invites us to reflect on our discipleship. Do we follow Jesus only when it is easy, or are we willing to follow Him along the path of sacrifice and love?

Holy Monday–Wednesday — Preparing the Heart

The first days of Holy Week prepare us for the Triduum. The Gospel readings speak of the approaching suffering of Christ: the anointing of Jesus, the plotting against Him, and Judas’ betrayal. These passages invite us to examine our hearts. The woman who anoints Jesus responds with love and repentance, while Judas turns away from the Lord. Holy Week asks each of us a simple question: How will we respond to Christ? These days invite prayer, repentance, and preparation for the mysteries ahead.

Holy Thursday — The Gift of the Eucharist

On Holy Thursday evening the Church begins the Sacred Triduum, the three holy days celebrating the heart of our salvation. At the Mass of the Lord’s Supper we remember the night Jesus gathered with His disciples before His Passion. The Church recalls three gifts Christ gave His people: the Eucharist, the priesthood, and the commandment of love. Jesus gives us His Body and Blood, entrusts the apostles with the ministry of the Eucharist, and teaches us to love one another through the washing of the disciples’ feet. At the end of Mass the Blessed Sacrament is carried in procession to an altar of repose, recalling Jesus going to Gethsemane. The faithful are invited to remain in prayer, keeping watch with the Lord. There is no final blessing or dismissal. The Triduum has begun, and the liturgy concludes only at the Easter Vigil.

Good Friday — At the Foot of the Cross

Good Friday is the most solemn day of the year. The Church gathers in silence to commemorate the Passion and death of the Lord. The priest enters and prostrates before the altar, expressing the humility and sorrow of the Church.

The Passion according to Saint John is proclaimed, revealing Christ as the true Passover Lamb who freely gives His life for the salvation of the world. In the Solemn Intercessions the Church prays for all people, for the Church, world leaders, believers and nonbelievers, and all who suffer. The most

powerful moment is the Veneration of the Cross. The Cross is revealed with the proclamation: “Behold the wood of the Cross, on which hung the salvation of the world.” Each person approaches to reverence the Cross in gratitude for Christ’s love. The service ends quietly, leaving us in the silence of the tomb.

Holy Saturday — Waiting in Hope

Holy Saturday is a day of quiet waiting. The Church reflects on Christ lying in the tomb and His descent to the dead, bringing salvation to those who awaited redemption. It is a day of silence and preparation for the celebration to come.

The Easter Vigil — From Darkness to Light

The Easter Vigil is the greatest liturgy of the Church year. It begins in darkness, symbolizing a world awaiting the light of Christ. Outside the church a new fire is blessed and the Paschal Candle lit, representing the risen Lord who conquers sin and death. As the candle enters the dark church, its flame spreads until the church is filled with light.

The Vigil continues with readings recounting the story of salvation, from creation through the promises of the prophets, showing how God has guided His people through history. Then the Church bursts into joy: the Gloria returns, the Alleluia is sung again, and bells ring once more. The Gospel proclaims the heart of our faith: Christ is risen from the dead. During this liturgy many receive Baptism, Confirmation, and the Eucharist, entering fully into the life of the Church. Their new life reminds all of us of our own baptism and our call to live as children of God.

Entering Holy Week More Deeply

Holy Week is meant to be lived as a journey with Christ. We enter these sacred days more deeply by attending the liturgies of the Sacred Triduum, praying before the Blessed Sacrament on Holy Thursday, observing the fast of Good Friday, keeping silence on Holy Saturday, and participating in the Easter Vigil if possible.

Walking With Christ

Holy Week leads us from the palms of Jerusalem to the Cross of Calvary and finally to the empty tomb. By entering these liturgies with faith and devotion, we allow the mystery of Christ’s death and Resurrection to renew our hearts and deepen our faith. Christ has died. Christ is risen. Christ will come again.



The Calgary Live-In Retreat Society LIVE-IN & GET TO KNOW JESUS

March 20-22, 2026

St. John Paul II Collegiate, Okotoks, AB

Options for Registration:

Use QR code to register online, or

Contact Jackie Erskine

erskinejackie@gmail.com

403-399-6063



On our Lenten Journey



FORMED
FAITH AT HOME

Did you know that
formed.org has 822
different resources for Lent
plus so much more.

25 Ebooks, 635 Videos, 77
Collections & 85 Audios at
your fingertips to help you
on your Lenten Journey.

USE
WITH



chromecast

Scan code with camera or visit signup.formed.org

Enter "Medicine Hat" click on "Holy Family"

Silver Rose Program

Please join thousands of Catholics across North America in seeking Our Lady of Guadalupe's intercession through the Silver Rose Program.

In 1960, the Columbian Squires of the Knights of Columbus began the tradition of carrying a rose to the Basilica of Our Lady of Guadalupe in Monterrey, Mexico, to honor Our Lady and commemorate Saint Juan Diego and the miracle of the roses.

Today, eight Silver Roses travel unique routes through Canada, the United States, and Mexico. Each stop along the pilgrimage is a rosary-centered time of prayer for respect for life, the spiritual renewal of our nations, and the continued spread of Our Lady of Guadalupe's message.

The Silver Rose Program will take place Monday, March 16 at 6:00 p.m. at Holy Family Parish.

Your presence, prayers, and pledge for life are an essential part of this mission to uphold and protect life at every stage and in every condition.

Please Join Us!



WHISKEY DISTRICT



Monsignor McCoy Restaurant of the Month

Purchase your \$20 Gift Card to support McCoy

Visit the McCoy office for your purchase
OR

E- transfer to donations@friendsofmccoy.ca

Please put your name, number and restaurant in the
e-transfer message

*\$5 from each
card is
donated back
to McCoy!*

**Sales end
March 25.
Card pick up
at McCoy on
March 27, 30 &
31.**



**ADDED BONUS!
Whiskey District
donated a
\$50 gift card to be
drawn for on March
26 thone entry
per \$20.00
card purchase!**



KNIGHTS OF COLUMBUS

IN SERVICE TO ONE. IN SERVICE TO ALL.



Holy Family Parish Knights of Columbus Council 9502 would like to make you aware of our **40 Loonies for Lent project**, which I believe is our 10th year of operation, this project was the conception of our former GK Fabian Delwo.

During Lent we are asked to commit to participate more fully in spiritual discipline of scripture reading, prayer, fasting, abstinence, and almsgiving. Pope Francis had requested we become more empathetic to our hungry and starving brothers and sisters, Jesus as our good Shepherd truly took on the smell of the sheep.

This year's theme for our 40 Loonies for **Lent is Leave No Neighbour**. Your donations will go to **Medicine Hat Food Bank** or what is now called the Root Cellar, **Mustard Seed, Saint Vincent De Paul, 5th Avenue and Saint Barnabas Meal Programs**.

It should be noted that Holy Family Parish volunteers serve every Thursday at 5th Avenue and Holy Family also does every 4th and 5th Saturday at St. Barnabas Meal Program. I would personally like to thank the many volunteers who sacrifice their time to assist the people who may be struggling. Last year because of your generosity we raised close to \$15,000 and some of you may recall we had all 5 organizations gather around the foot of our altar and our PPC chair presented them with your donations.

It simple, write "40 LOONIES FOR LENT" and the dollar amount on your weekly parish donation envelope. You may donate your full Lenten gift of \$40.00 one time or contribute any amount you like, if sacrificial giving means you can give more, please do so. For those who are not using weekly envelopes you may make your cheque payable to Holy Family Parish or donate cash in a separate envelope marked with your name, address & "40 LOONIES FOR LENT" and place it in the weekly collection basket or drop it off at the Parish office. Alternatively, you may authorize the parish to process your donation on your credit card and most recently Holy Family Parish has added e-transfer but if using e-transfer please note it is to go to: **40 Loonies for Lent**. Do not make your cheques payable to Knights of Columbus. Look for updates on funds collected in the parish bulletin.

We thank you in advance for your generosity, **"what ever you do to the least of my brothers you do unto me."**

Thank you and may the Lord bless you and keep you.

Ways to Donate to Holy Family Parish

1. Weekly Collection Plate
2. Etransfer – accounting@holyfamilymh.ca
3. Automatic Withdrawal from your Credit Card or Chequing Account



Please contact Robin for more information...
 403-527-6933 ext. 104
finance@holyfamilymh.ca

E-Transfer Donations

PLEASE make sure your FULL NAME is in the e-transfer information so that you can receive a taxable benefit for your contributions.

Thank You
 For your Donations!

Donations — Special Dates 2026

Specialty Fund Options... over and above your Regular Sunday Donation

January	Future Development Fund
01	Initial Offering
01	New Year's Day
04	Together in Action
February	Future Development Fund
01	Together in Action
18	Ash Wednesday
March	Future Development Fund
01	Together in Action
22	Flowers for Easter
April	Future Development Fund
02	Needs of the Poor
03	Church in the Holy Land
05	Together in Action
05	Easter
26	Education of Seminarians
May	Future Development Fund
03	Together in Action
17	Pope's Pastoral Works
June	Future Development Fund
07	Together in Action
July	Future Development Fund
05	Together in Action
August	Future Development Fund
02	Together in Action
September	Future Development Fund
06	Together in Action
27	Needs of the Canadian Church
October	Future Development Fund
04	Together in Action
18	Catholic Education
25	World Mission Sunday
November	Future Development Fund
29	Flowers for Christmas
December	Future Development Fund
06	Together in Action
12	Mission Mexico
25	Christmas

DIOCESAN SUNDAY UPDATES

4th Sunday of Lent – Year A



Lenten Penitential Celebration

Schedule for Lenten Penitential Celebration across the Diocese is available at catholiccyyc.ca

Solemnity of St. Joseph

Join Bishop William T. McGrattan for the celebration of the Solemnity of St. Joseph. All are welcome to attend the Mass! When: **Thu, March 19 at 5 pm** at **St. Albert the Great Parish** (10 Prestwick Drive SE, Calgary).

Help Not Harm: Bill C-218

Catholics across Canada are encouraged to **support Bill C-218** (The Right to Recover Act), which would amend the Criminal Code to prevent Medical Assistance in Dying (MAiD) from being provided when mental illness is the sole underlying condition. Without this change, MAiD for mental illness alone is scheduled to begin in March 2027. Visit HelpNotHarmCanada.ca to learn more and send a message to your Member of Parliament

asking them to support Bill C-218 and protect those who are struggling with mental illness.

The Outdoor Way of the Cross

Save the date: Good Friday, Apr 3, at 8:30 am at St. Mary's Cathedral, Calgary. Join Bishop McGrattan and the faithful of the Diocese of Calgary for the Outdoor Way of the Cross.

2026 Renewal Conference with Bishop Scott McCaig!

The mission field is all around us: in our families, workplaces, and everyday life. Join Bishop Scott McCaig for a spring conference to be renewed in Christ and equipped for mission in your parish and daily life. When: **Fri, Apr 17 (6–9 pm) & Sat, Apr 18 (9 am–4 pm)** at **St. Michael Catholic Community, Calgary**. Register at catholiccyyc.ca/renewal.

From Distant to Real: Lenten Mission at Ascension Parish

Join a three-night Lenten Mission with Fr. Michael Luxbacher, LC, reflecting on knowing Jesus personally, living faith in daily life, and walking with Him in our homes and families. When: **Sun–Tue, Mar 16–18 from 6 pm to 8 pm at Ascension Catholic Parish, Calgary.** Each evening includes reflection, Adoration, and a penitential service. Info: ascensioncatholicparish.ca

Calgary Live-In Retreat

A weekend retreat to grow in faith and deepen your relationship with Jesus, beginning Friday evening and ending Sunday afternoon. When: **Fri–Sun, Mar 20–22 from 6:15 pm at St. John Paul II Collegiate School, Okotoks.** For information or to register, contact Don at 403-510-1208 or calgarylivein@telus.net. Those who have attended a Live-In are also invited to serve.

A Day with Ukrainian Easter Traditions

Learn and create traditional Ukrainian Easter eggs with faith reflection. When: **Sat, Mar 21 from 1 pm to 5 pm at St. Martha Retreat Centre, Lethbridge.** To register, call 403-328-3422.

Who Is the Man of the Shroud?

Sun–Tue, Mar 22–24 at 7 pm - St. Michael's, Calgary – with Fr. Andrew Dalton, LC, on Christ's suffering, death, and resurrection in light of the Shroud.

Eucharistic Miracles Exhibition at St. Mary's, Brooks

Mon, Mar 23 to Sun, Mar 29 at St. Mary's Parish Hall, 511 – 4 St W, Brooks – Walk through an exhibition featuring photos, descriptions, and documented evidence of over 150 Church-recognized Eucharistic miracles from 22 countries, originally compiled by Blessed Carlo Acutis. Free admission.

Taize Prayer Around the Cross

Taizé chants, silence, and prayer with Sr. Ita Connery, FCJ. When: **Fri, Mar 20, 7–8 pm at FCJ Centre, Calgary.** To register, call 403-228-4215.

The Holy Disruption - Retreat

One night Mission with Access52 to prepare, challenge, and inspire Lenten experience.

- **Sun, Mar 15, 7 pm** at Sacred Heart, Strathmore
- **Tue, Mar 17, 7 pm** at Canadian Martyrs, Calgary

Triduum Retreat at St. Bonaventure Parish, Calgary

A three-evening Lenten Triduum Retreat centred on Love, Peace, and Harmony with Fr. Troy Nguyen, Fr. Colin O'Rourke, and Fr. Lawrence Manolache. When: **Tue, Mar 24 to Thu, Mar 26, from 7 pm to 8 pm at St. Bonaventure Church, Calgary.** [Download poster](#)

Divine Mercy Lenten Retreat

A healing Lenten retreat with a focus on overcoming fear, loneliness, and hopelessness, with Sisters of Divine Mercy. There will be Adoration, Confession, Rosary, Mass, talks, healing prayer, and anointing. When: **Sat, Mar 21, 9:30 am to 2 pm at Our Lady of the Assumption, Calgary.**

Lenten Mission on Lectio Divina

Mon, Mar 23 - Wed, Mar 25 at 7 pm at St. Joseph's, Calgary. Seeds of the Word Community will lead this Lenten Mission on Lectio Divina, a method of praying with scripture and making it incarnate in your life.

Renew Men Challenge

Men of the Diocese: this is your invitation. Bishop McGrattan personally invites you to take up the Renew Men 30-Day Challenge: a free, practical way to grow in daily prayer, brotherhood, and outreach through a short daily video. Take the step. Share it with the men in your family and parish. Join the challenge and visit: heroicmen.org/h30

Sharing Your Faith Made Simple

Thu, Mar 26 at 6 pm at St. James, Calgary. - Simple, Biblical Ways to Talk About Jesus, with Fr. Domingo.

Tenebrae

Sun, Mar 29, 7:30 pm at St. Anthony's, Calgary – Lenten Scripture and sacred music by St. John Choir Schola.

CALLED & GIFTED WORKSHOPS



Who is this for?

- Those involved in parish ministry, leadership, or service
- Those seeking to deepen their faith and live their calling
- Those feeling called to something more but unsure where to start

What you'll gain:

- Clarity on your charisms and how they impact your faith journey
- Practical tools to discern your gifts and use them effectively
- Deeper understanding of how your calling aligns with God's plan

Discover God's call for your life

God is calling you to a unique purpose in life, a work of love that only you can do. Discern your charisms (spiritual gifts) and begin to discern God's call. You have received gifts in Baptism and Confirmation through which God intends His love to reach others. Come and discover these charisms in you!

SCHEDULE

Wednesdays (April 15 - July 8) from 6:30 pm to 9 pm
Location: Catholic Pastoral Centre, Calgary

WORKSHOP

- April 15: Session 1
- April 22: Session 2
- April 29: Session 3
- May 6: Session 4
- May 13: Session 5

GIFTS INTERVIEW

Date, time, location of interview to be determined by the participant and interviewer

DISCERNMENT IN DEPTH

- May 27: Session 1
- June 10: Session 2
- June 24: Session 3
- July 8: Session 4

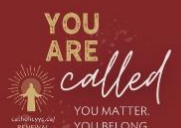
Discover how God is working through you. Sign up today!

How to register

Email mara.capili@calgarydiocese.ca
403-218-5521 or click this poster to register online



CATHERINE OF SIENA
INSTITUTE
EQUIPPING LEADERS TO FOLLOW CHRIST



THE
MONARCH
THEATRE

Sunday ~ March 29 ~ 2:00 PM

THE
**KING
OF
KINGS**

A Story Told by Charles Dickens

ANGEL



Admission is \$5 per person (cash only)

RETURN TO THE HEART

this lent by
consuming less.

*"We fast from what
we have in excess so
that the Earth may
rest and so that the
poor may have what
they need." - Laudato
Si' Movement*



FCJ
RETREAT & CONFERENCE CENTRE



*"The
Diocese
does not
trust us."*

WE
BELIEVE
THAT

It takes the entire community

TO KEEP EVERYONE SAFE

Clergy, religious, staff, and volunteers complete screening and safe environment training to ensure a shared understanding of appropriate boundaries and to identify red flag behaviours. This is a commitment to create a safe and respectful environment for all.

✓ **Clear boundaries** help individuals prevent and assess situations that are questionable. They also support timely reporting whenever necessary.

✓ **Every person has a role** in creating and sustaining a safe and respectful environment in our parish communities.



ROMAN CATHOLIC
DIOCESE
of Calgary

**THANK
YOU**

to all who have completed their Safe Environment requirements & Praesidium Academy training.



HOLY FAMILY PARISH MASS INTENTIONS

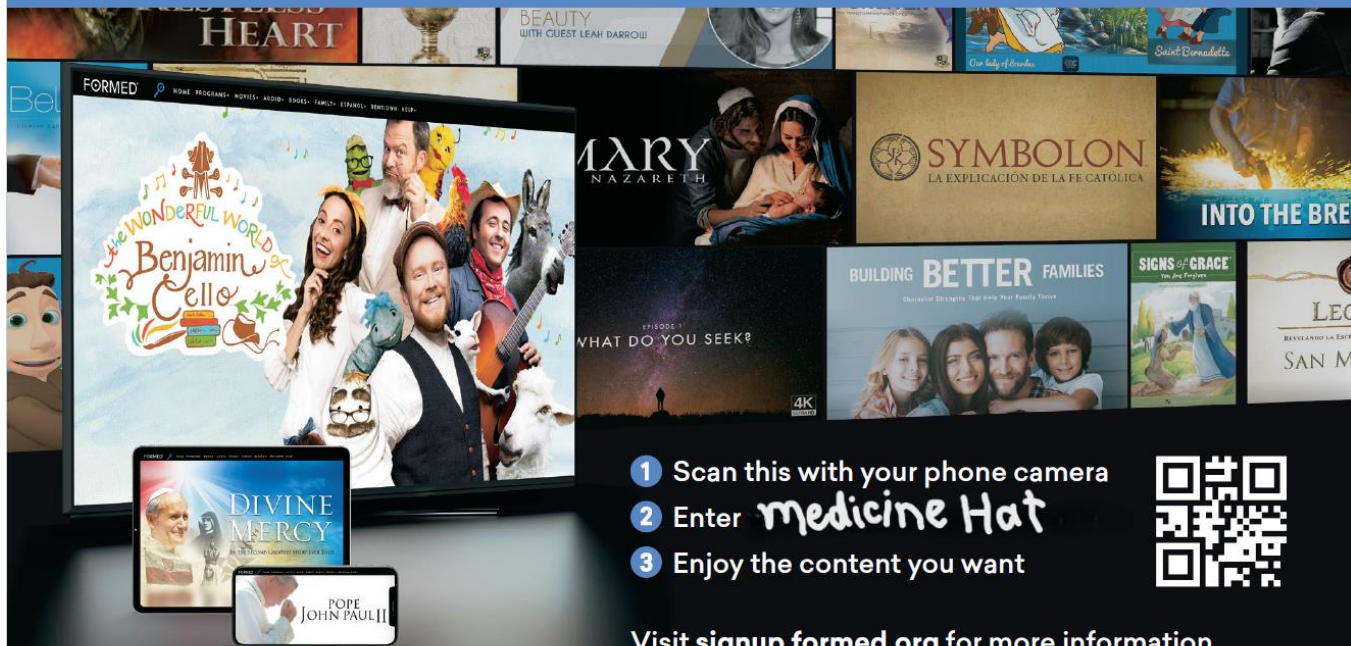
Due to the overwhelming amount of Mass Intentions that we receive at Holy Family Parish we have set some guidelines. We realize that people want Masses on certain dates and some don't care when it happens. We have come up with some guidelines to help make this process fair for everybody.

- ✦ There can only be 1 intention per Mass. It will be for the Living or Deceased. You can not combine Living and Deceased in one Mass Intention.
- ✦ Mass Intention to be listed in the Bulletin and read at the Mass it is assigned to.
- ✦ Mass is not published, and it is sent to Calgary to be distributed to priests that do not get any of very few. There is no way of knowing where it will go or the date it will be assigned to, however it will always be faster than having it here.
- ✦ If requesting certain available dates, you are limited to 2 Masses per month by each requester and 1 per intended Mass. Example You could have a Mass for John in July, but if you want 2 for John, 1 would be in July and one in August. Or you could have 1 for John and 1 for Jane in July.
- ✦ You may choose the next available date. Limited to 2 Masses per month by each requester and 1 per intended Mass. Example You could have 1 Mass for John one month, but if you want 2 for John, 1 would be one month and one the next month. Or you could have 1 for John and 1 for Jane in the same month.
- ✦ When there is a funeral or occasion that draws many Mass Intentions, 2 of these will be booked in 2 separate months and the rest will be sent away to be distributed throughout the Diocese.

This is in no way meant to deter you from requesting Mass Intentions as we feel it is wonderful that there are so many Prayers going out to so many people, we merely are trying to make it fair for everybody.

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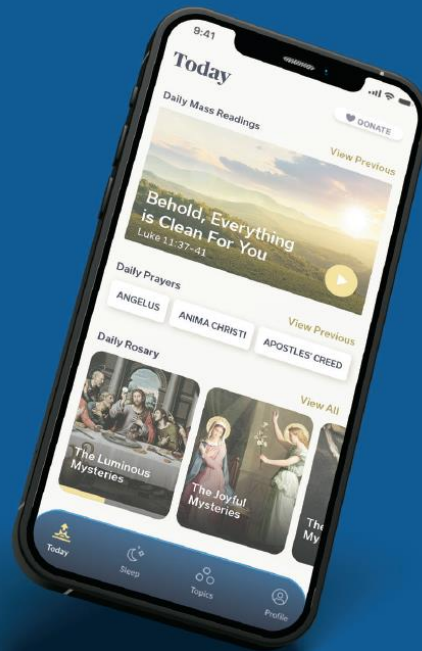
An offering from the  AUGUSTINE INSTITUTE and  ignatius press

Amen[™]

The *Free* Catholic Prayer,
Meditation, and Scripture App

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An offering from the  AUGUSTINE INSTITUTE

2026

Joe McKinnon Council #9502	
Knights of Columbus 2025 - 2026 Officers	
Position	Name
Grand Knight	Jimmy Tablan
Deputy Grand Knight	Jason Iverson
Financial Secretary	Glenn Alford
Treasurer	Ron Pisoni
Chancellor	Pat Roche
Recorder	Brad Irvine
Advocate	Darrell Bonagofsky
Warden	Walter Pratt
Inside Guard	Dale Maddaford
Outside Guard	Michael Camphor
Year 1 Trustee	Kent Friedt
Year 2 Trustee	Garry Mastel
Year 3 Trustee	Allan Lawson
Lecturer	Rick Brown
Membership Dir.	Garry Lux
Faith in Action Program Dir.	Greg Martin
Faith in Action Life Dir.	Allan Lawson
Faith in Action Family Dir.	Jimmy Tablan
Faith in Action Faith Dir.	Darrell Bonagofsky
Faith in Action Community Dir.	Ron Pisoni
Pastoral Parish Council Rep.	Garry Mastel

Feb 9 General meeting
 Feb 11 – FIA Committee Meeting @
 7:00 PM – Hope Room
 Feb 12, 2026 – Padre Night - @
 Polish Canadian Cultural Center
 Feb 20 – Stations of the Cross &
 Poverty Meal at 6:00PM
 Feb 22 – Parish Breakfast
 Mar 2 - Officers meeting
 Mar 9 - General meeting
 Mar – Men’s Lenten Retreat
 Mar 15 – Parish Breakfast - St
 Patrick’s School mass **
 Mar 16 – Silver Rose (6pm)
 March 22 – K of C Sponsored Mass
 (8:30 am)
 April 5 – Easter Sunday**
 April 6 – Officers meeting
 April 13 – General meeting
 May 3 - Parish Breakfast – Notre
 Dame school mass **
 May 4 – Officers meeting
 May 10 – Mothers’ Day**
 May 11 – General Meeting
 May 24 – K of C Sponsored Mass
 (6:00 pm)
 June 1 – Officers meeting
 June 8 – General meeting
 June 14 – Parish Picnic
 June 21 – Father’s Day

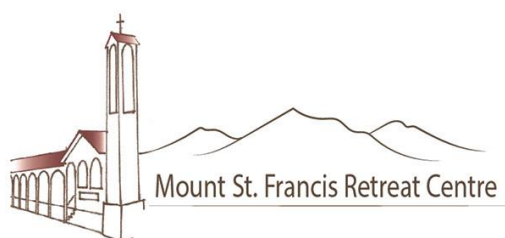


Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where we are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often- hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.



Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holyfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESPOND to it, you can forward it to contact@holyfamilymh.ca so it can be sent to the diocese.