



# Welcome to HOLY FAMILY PARISH

3<sup>RD</sup> SUNDAY OF LENT – YR. A      MARCH 8, 2026

Email: [contact@holyfamilymh.ca](mailto:contact@holyfamilymh.ca) ~ Website: [www.holyfamilymh.ca](http://www.holyfamilymh.ca) ~ Phone **403-527-6933**

Facebook: [Medicine Hat Holy Family Parish](#) ~ YouTube: [Medicine Hat Holy Family Church](#)

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

### CLERGY AT HOLY FAMILY PARISH

Fr. Fernando Genogaling & Deacon Robert Risling

### RECONCILIATION...

Friday 9:30am–10:30am & Saturday 3:30–4:45pm

### MASS TIMES - MONDAY WEDNESDAY THURSDAY

FRIDAY 9:00AM TUESDAY 6:00PM

SATURDAY 5:00PM - SUNDAY 8:30AM, 10:30AM & 6:00PM

MONTHLY - 1<sup>ST</sup> SATURDAY 9 AM

### THE CHAPEL IS OPEN...

MONDAY - FRIDAY 9:30am - 4:00pm

ADORATION FRIDAY 9:30 – 10:30am

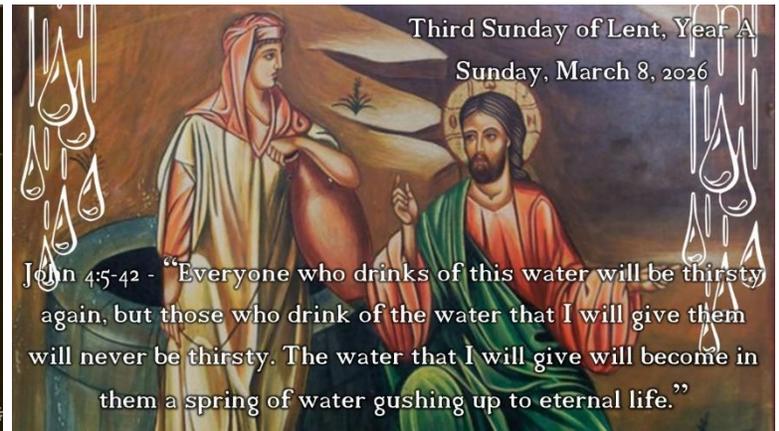
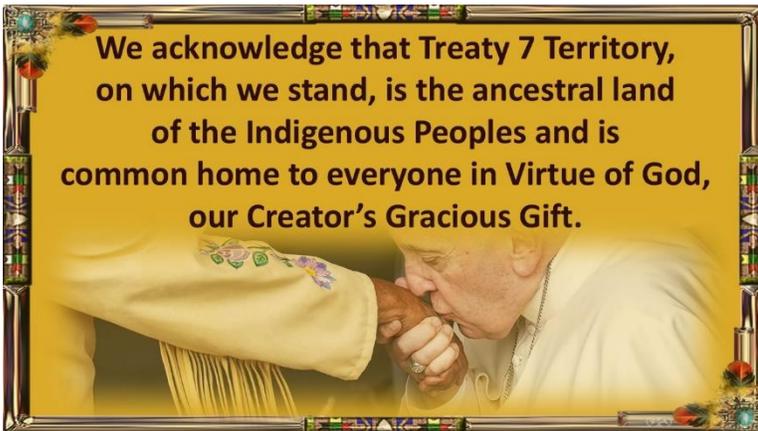
1<sup>ST</sup> FRIDAY OF MONTH – 12 HOUR ADORATION

Parish Pastoral Council Chair – Ken Loehndorf

Parish Finance Council Chair - Cheryl Pocsik

Knights of Columbus – Jimmy Tablan

Catholic Women's League – Dianne Durda



We know that this is truly the Savior of the world.

Third Sunday of Lent

Exodus 17:3-7. Psalm 95:1-2, 6-7, 8-9. Romans 5:1-2, 5-8. John 4:5-42.

Drinking in Christ.

Let us not grumble like the people in the desert. For we stand in the grace of God who pours divine love into our hearts and being. Let us stay in conversation with Jesus just as the Samaritan woman did at the well through our prayer and Lenten reading.

- † What grumbling, what complaining will I stop doing?
- † How will I make time each day to pray and converse with God?
- † How will I be a sign of healing and support to the elect thirsting for Easter Baptism?

FINANCIAL REPORT		
<i>Monthly Operating Budget</i>		<b>\$ 74,669</b>
FEBRUARY MONTH TO DATE		
General Envelope Collection		\$ 43,342
Loose Collections		\$ 5,081
Future Development		\$ 5,266
Loonies for Lent		\$ 2,215
Misc. Income		\$ 4,868
<b>Total Month Income</b>		<b>\$ 60,772</b>
<b>Budget Vs Actual</b>		<b>-\$ 13,897</b>
SPECIAL COLLECTIONS		
2026 YEAR TO DATE		
Together in Action (TIA)		<b>\$ 8,418</b>
GOAL - \$70,938	12 %	
Multiply the Hope		\$ 960
St Vincent de Paul		\$ 8,070
World Mission		\$ 90
Clergy Retirement		\$ 130
Mission Mexico		\$ 518
CARO		\$ 45
Seminary Fund		\$ 205
Holy Land & Pope's Pastoral		\$ 10
<i>Thank You for your Generous Contributions</i>		
December Average Weekend Attendance		1115

**Ways to Donate to Holy Family Parish**

1. Weekly Collection Plate
2. Etransfer – [accounting@holymh.ca](mailto:accounting@holymh.ca)
3. Automatic Withdrawal from your Credit Card or Chequing Account



Please contact Robin for more information...  
 403-527-6933 ext. 104  
[finance@holymh.ca](mailto:finance@holymh.ca)

**E-Transfer Donations**

PLEASE make sure your **FULL NAME** is in the e-transfer information so that you can receive a taxable benefit for your contributions.

*Thank You*  
 For your Donations!

Friday, March 6  
 9:00am ~ MHCBE Divisional Mass ~ Italo Pisoni †  
 9:30am – 10:30 ~ MHCBE Employee Recognition  
 6:00pm ~ Stations of the Cross & Poverty Meal – Parish Finance Council

Saturday, March 7  
 7:00-10:00am ~ TMIY – HFP Hall  
 9:00am ~ Mass ~ Dennis & Roslyn Weisgerber  
 10:00am ~ Benedictine Group – Charity Room  
 10:00am-1:00pm ~ Liturgy Ministry Lenten Reflection  
 11:00am ~ Funeral – Audrey Lines  
 1:30pm ~ Choir Practice – Sally  
 3:30pm ~ Reconciliation  
 5:00pm ~ Mass ~ Peter Christensen †

Sunday, March 8 (Clocks Spring Ahead 1 hr.)  
 8:30am ~ Mass ~ Chuck Love †  
 10:30am ~ Mass ~ Simon Schmaltz †  
 6:00pm ~ Mass ~ Wayne Stubert †

Monday, March 9  
 9:00am ~ Mass ~ Michael Hecker †  
 7:00pm ~ K of C General Meeting – Faith Room

Tuesday, March 10  
 1:00pm ~ Endow ~ Charity Room  
 6:00pm ~ Mass ~ Bob Buday  
 7:00pm ~ CWL General Meeting in the HFP Hall

Wednesday, March 11  
 9:00am ~ Mass ~ Betty Beck  
 4:00pm ~ Choir Practice – Sally  
 7:00pm ~ RCIA – Faith Room

Thursday, March 12  
 9:00am ~ Mass ~ Roy Buscholl †  
 9:30am ~ Bible Study – Faith Room  
 9:30 - 11:00am ~ Grade 3 Retreat in Hall  
 4:30pm ~ Choir Practice – Maria  
 6:30pm ~ Confirmation Class– Faith Rm.

Friday, March 13  
 9:00am ~ Mass ~ Valentine Eresman †  
 10:00am ~ Lenten Mass with 3 Schools  
 10:30am ~ Home School Bible Study – Faith Rm.  
 6:00pm ~ Stations of the Cross – CWL (Sorry - No Soup tonight)  
 6:00pm ~ GodSquad Conference ~ HFP Hall

Saturday, March 14  
 9am-3:30pm ~ GodSquad Conference ~ HFP Hall  
 10:00am ~ Benedictine Group – Charity Room  
 10:00am & 1:30pm ~ Confirmation Class in Faith Rm.  
 11:00am ~ Baptism  
 1:30pm ~ Choir Practice – Sally  
 3:30pm ~ Reconciliation

## Stations of the Cross 2026

- \*Friday, Feb. 20, 6:00pm - K of C - Fish & Chips
  - Friday, Feb. 27, 6:00pm - Parish Pastoral Council
  - Friday, Mar. 6, 6:00pm - Parish Finance Council
  - \*Friday, Mar. 13, 6:00pm - CWL
  - Friday, Mar. 20, 6:00pm - Filipino Community
  - Friday, Mar. 27, 6:00pm - R.C.I.A.
  - Monday, Mar 30, 6:00pm - St. Louis School
  - \*Tuesday, Mar 31, After 6:00 Mass - St. Patrick School
- Shadow Play in the Hall.  
Followed by Meatless Soup & Buns, except days with \*



Scan code with camera or visit [signup.formed.org](https://signup.formed.org)  
Enter "Medicine Hat" click on "Holy Family"

Did you know that [formed.org](https://formed.org) has 822 different resources for Lent plus so much more. 25 Ebooks, 635 Videos, 77 Collections & 85 Audios at your fingertips to help you on your Lenten Journey.

USE WITH

Roku

Apple TV

Fire TV

Chromecast

### Knights of Columbus

General Meeting  
Monday, March 9 at 7:00pm  
Faith Room



Catholic Women's League (CWL)  
General Meeting  
Tuesday, March 10 at 7:00pm  
HFP Hall

### 29TH ANNUAL GODSQUAD CONFERENCE

MEN NEEDED FOR AN INCREDIBLE MISSION

# A HEROIC CALL TO ACTION

**HEROIC MEN**  
POWERED BY GOD SQUAD, CANADA HEROICMEN.CA

HOLY FAMILY  
PARISH  
MARCH 13<sup>th</sup>  
& 14<sup>th</sup>



## Parish Breakfast March 15

After 8:30 & 10:30 Masses

OMELETS, PANCAKES, HAM  
BACON, FRUIT, COFFEE & JUICE.

&

THE BEST FELLOWSHIP EVER!

\$10. - Adults

\$5.- Under 12 & Free - Under 6



### THE SILVER ROSE ICON

Monday, March 16<sup>th</sup> at 6:00 PM  
Holy Family Parish

Join thousands of Catholics across North America in asking for Our Lady of Guadalupe's intercession through the Silver Rose program.

Your prayers & presence are a meaningful part of this mission.

More information in the online bulletin.

### 40 LOONIES FOR LENT

THE KNIGHTS OF COLUMBUS

& HOLY FAMILY PARISH

RAISED TO DATE \$ 2,215.00

YOUR DONATIONS STAY HERE IN MEDICINE HAT GOING TO THE ROOT CELLAR, MUSTARD SEED, SAINT VINCENT DE PAUL SOCIETY, 5TH AVE. & SAINT BARNABAS MEAL PROGRAMS.

*Thank You for your Generosity!*



*Lenten Penitential Services*  
St. Patrick's Church  
Monday, March 16  
7:00pm  
Holy Family Parish  
Tuesday, March 17  
Following the  
6:00pm Mass

*On our Lenten Journey*



# Children's Liturgy 10:30 Mass

1st and 3rd Sundays of the Month  
Parents need to complete the registration form on the Children's Liturgy table and drop the completed form into our mail slot beside the office door before children can attend.  
Children who have not received 1st Communion & are under 8 yrs of age can attend.  
Older children are encouraged to stay at mass.  
Children under 3 need an adult present with them.



# Divine Mercy Novena

Holy Family Parish  
April 3<sup>rd</sup> to 11<sup>th</sup>  
April 3<sup>rd</sup> at 2:00pm  
All other days at 3:00pm  
Legion of Mary



## Spending time with Jesus

The Chapel is Open  
Monday – Friday 9:30am – 4:00pm  
Adoration of the Blessed Sacrament & Reconciliation  
Friday 9:30-10:30am  
Reconciliation  
Saturday 3:30-4:30pm



## Lent in the library

On The Passion of Christ:  
Thomas Kempis  
Adult: Lent - Kemp  
The Easter Story: Allia Zobel Nolan  
Child Lent - Nola

Holy Family Parish  
**LIBRARY**



## Medicine Hat Catholic Schools' Education Foundation 50/50 Cash Raffle

▶▶ Draw Date: March 30 ▶▶ 4 entries for \$20  
 Draw opens: Feb 9 @ 6:00am ▶▶ 20 entries for \$50  
 Draw ends: March 27 @ 11:59pm ▶▶ 100 entries for \$100

Together in the support of all Medicine Hat Catholic students.

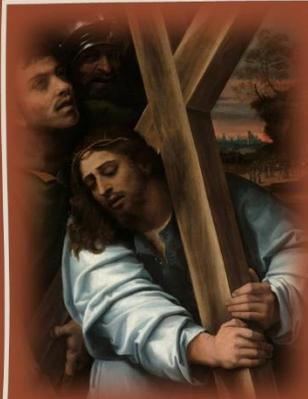
AGLC License # 747074

[rafflebox.ca/raffle/mhcsef26](http://rafflebox.ca/raffle/mhcsef26)



## Stations of the Cross at St. Patrick's Church.

The Legion of Mary in conjunction with various parish ministries, are pleased to facilitate the Stations of the Cross every Friday during Lent at St. Patrick's Church beginning at 7 pm. A Potluck Lenten meal is also planned for 5:30 p.m. on March 27th in the Parish Hall. Everyone Welcome.




# HOLY WEEK 2026 HOLY FAMILY PARISH

PALM SUNDAY, MARCH 28<sup>TH</sup> & 29<sup>TH</sup>  
REGULAR MASS TIMES  
HOLY THURSDAY, APRIL 2<sup>ND</sup>  
MASS OF THE LORD'S SUPPER  
7:00 PM  
FOLLOWED BY ADORATION UNTIL MIDNIGHT IN THE FAITH ROOM.  
INCENSE AT ALL MASSES EXCEPT EASTER SUNDAY AT 8:30AM

FRIDAY, APRIL 3<sup>RD</sup>  
GOOD FRIDAY SERVICES  
12 NOON & 3:00 PM  
SATURDAY, APRIL 4<sup>TH</sup>  
EASTER FOOD BLESSING, 11 AM  
EASTER VIGIL, 8:00 PM  
SUNDAY, APRIL 5<sup>TH</sup>  
EASTER SUNDAY MASS  
8:30AM & 10:30AM  
MONDAY, APRIL 6<sup>TH</sup> NO MASS




## **A Parish Guide to the Sacred Triduum**

Holy Week is the most sacred time of the Christian year. During these days the Church does not simply remember past events. Through the liturgy the saving mysteries of Christ's Passion, death, and Resurrection become present to us today.

One way to understand Holy Week is as a spiritual pilgrimage. In the early centuries Christians traveled to Jerusalem to pray at the places where Jesus suffered, died, and rose, the Mount of Olives, Gethsemane, Calvary, and the empty tomb, walking from place to place in prayer and remembrance. Over time the Church began celebrating these mysteries throughout the world so every Christian community could accompany Christ. Each parish church thus becomes a kind of Holy Land where we journey with Jesus from the crowds of Palm Sunday to the Cross of Good Friday and the joy of the Resurrection.

### **Palm Sunday — Welcoming the King**

Holy Week begins with Palm Sunday, when the Church remembers Jesus' entry into Jerusalem. The liturgy often begins with a procession of palms recalling the crowds who welcomed Christ as king. Yet the joy quickly turns toward the Cross as the Passion of the Lord is proclaimed. The same people who cried "Hosanna" would soon cry "Crucify Him." Palm Sunday invites us to reflect on our discipleship. Do we follow Jesus only when it is easy, or are we willing to follow Him along the path of sacrifice and love?

### **Holy Monday–Wednesday — Preparing the Heart**

The first days of Holy Week prepare us for the Triduum. The Gospel readings speak of the approaching suffering of Christ: the anointing of Jesus, the plotting against Him, and Judas' betrayal. These passages invite us to examine our hearts. The woman who anoints Jesus responds with love and repentance, while Judas turns away from the Lord. Holy Week asks each of us a simple question: How will we respond to Christ? These days invite prayer, repentance, and preparation for the mysteries ahead.

### **Holy Thursday — The Gift of the Eucharist**

On Holy Thursday evening the Church begins the Sacred Triduum, the three holy days celebrating the heart of our salvation. At the Mass of the Lord's Supper we remember the night Jesus gathered with His disciples before His Passion. The Church recalls three gifts Christ gave His people: the Eucharist, the priesthood, and the commandment of love. Jesus gives us His Body and Blood, entrusts the apostles with the ministry of the Eucharist, and teaches us to love one another through the washing of the disciples' feet. At the end of Mass the Blessed Sacrament is carried in procession to an altar of repose, recalling Jesus going to Gethsemane. The faithful are invited to remain in prayer, keeping watch with the Lord. There is no final blessing or dismissal. The Triduum has begun, and the liturgy concludes only at the Easter Vigil.

## **Good Friday — At the Foot of the Cross**

Good Friday is the most solemn day of the year. The Church gathers in silence to commemorate the Passion and death of the Lord. The priest enters and prostrates before the altar, expressing the humility and sorrow of the Church.

The Passion according to Saint John is proclaimed, revealing Christ as the true Passover Lamb who freely gives His life for the salvation of the world. In the Solemn Intercessions the Church prays for all people, for the Church, world leaders, believers and nonbelievers, and all who suffer. The most powerful moment is the Veneration of the Cross. The Cross is revealed with the proclamation: “Behold the wood of the Cross, on which hung the salvation of the world.” Each person approaches to reverence the Cross in gratitude for Christ’s love. The service ends quietly, leaving us in the silence of the tomb.

## **Holy Saturday — Waiting in Hope**

Holy Saturday is a day of quiet waiting. The Church reflects on Christ lying in the tomb and His descent to the dead, bringing salvation to those who awaited redemption. It is a day of silence and preparation for the celebration to come.

## **The Easter Vigil — From Darkness to Light**

The Easter Vigil is the greatest liturgy of the Church year. It begins in darkness, symbolizing a world awaiting the light of Christ. Outside the church a new fire is blessed and the Paschal Candle lit, representing the risen Lord who conquers sin and death. As the candle enters the dark church, its flame spreads until the church is filled with light.

The Vigil continues with readings recounting the story of salvation, from creation through the promises of the prophets, showing how God has guided His people through history. Then the Church bursts into joy: the Gloria returns, the Alleluia is sung again, and bells ring once more. The Gospel proclaims the heart of our faith: Christ is risen from the dead. During this liturgy many receive Baptism, Confirmation, and the Eucharist, entering fully into the life of the Church. Their new life reminds all of us of our own baptism and our call to live as children of God.

## **Entering Holy Week More Deeply**

Holy Week is meant to be lived as a journey with Christ. We enter these sacred days more deeply by attending the liturgies of the Sacred Triduum, praying before the Blessed Sacrament on Holy Thursday, observing the fast of Good Friday, keeping silence on Holy Saturday, and participating in the Easter Vigil if possible.

## **Walking With Christ**

Holy Week leads us from the palms of Jerusalem to the Cross of Calvary and finally to the empty tomb. By entering these liturgies with faith and devotion, we allow the mystery of Christ’s death and Resurrection to renew our hearts and deepen our faith. Christ has died. Christ is risen. Christ will come again.

# 29TH ANNUAL GODSQUAD CONFERENCE

**MEN NEEDED FOR AN INCREDIBLE MISSION**

# A HEROIC CALL TO ACTION

No wages, cold shoulders, long hours of thankless work.  
Easy wins doubtful. Life-changing friendships and real  
brotherhood in event of success.



**HEROIC MEN**™  
POWERED BY GOD SQUAD, CANADA HEROICMEN.CA

HOLY FAMILY PARISH  
1451 STRACHAN RD SE, MEDICINE HAT  
MAR 13TH & 14TH, 2026



# The Calgary Live-In Retreat Society LIVE-IN & GET TO KNOW JESUS

March 20-22, 2026

St. John Paul II Collegiate, Okotoks, AB

Options for Registration:

Use QR code to register online, or

Contact Jackie Erskine

[erskinejackie@gmail.com](mailto:erskinejackie@gmail.com)

403-399-6063



*On our Lenten Journey*



**FORMED**  
FAITH AT HOME

Did you know that  
formed.org has 822  
different resources for Lent  
plus so much more.

25 Ebooks, 635 Videos, 77  
Collections & 85 Audios at  
your fingertips to help you  
on your Lenten Journey.

USE  
WITH

Roku

Apple TV

firetv



chromecast

Scan code with camera or visit [signup.formed.org](https://signup.formed.org)

Enter "Medicine Hat" click on "Holy Family"

# Silver Rose Program

Please join thousands of Catholics across North America in seeking Our Lady of Guadalupe's intercession through the Silver Rose Program.

In 1960, the Columbian Squires of the Knights of Columbus began the tradition of carrying a rose to the Basilica of Our Lady of Guadalupe in Monterrey, Mexico, to honor Our Lady and commemorate Saint Juan Diego and the miracle of the roses.

Today, eight Silver Roses travel unique routes through Canada, the United States, and Mexico. Each stop along the pilgrimage is a rosary-centered time of prayer for respect for life, the spiritual renewal of our nations, and the continued spread of Our Lady of Guadalupe's message.

The Silver Rose Program will take place Monday, March 16 at 6:00 p.m. at Holy Family Parish.

Your presence, prayers, and pledge for life are an essential part of this mission to uphold and protect life at every stage and in every condition.

**Please Join Us!**



# WHISKEY DISTRICT

## Monsignor McCoy Restaurant of the Month

Purchase your \$20 Gift Card to support McCoy

Visit the McCoy office for your purchase  
OR

E- transfer to [donations@friendsofmccoy.ca](mailto:donations@friendsofmccoy.ca)

Please put your name, number and restaurant in the  
e-transfer message

*\$5 from each  
card is  
donated back  
to McCoy!*

**Sales end  
March 25.  
Card pick up  
at McCoy on  
March 27, 30 &  
31.**



**ADDED BONUS!  
Whiskey District  
donated a  
\$50 gift card to be  
drawn for on March  
26 th .....one entry  
per \$20.00  
card purchase!**



# KNIGHTS OF COLUMBUS

IN SERVICE TO ONE. IN SERVICE TO ALL.



Holy Family Parish Knights of Columbus Council 9502 would like to make you aware of our **40 Loonies for Lent project**, which I believe is our 10<sup>th</sup> year of operation, this project was the conception of our former GK Fabian Delwo.

During Lent we are asked to commit to participate more fully in spiritual discipline of scripture reading, prayer, fasting, abstinence, and almsgiving. Pope Francis had requested we become more empathetic to our hungry and starving brothers and sisters, Jesus as our good Shepherd truly took on the smell of the sheep.

This year's theme for our 40 Loonies for **Lent is Leave No Neighbour**. Your donations will go to **Medicine Hat Food Bank** or what is now called the Root Cellar, **Mustard Seed, Saint Vincent De Paul, 5<sup>th</sup> Avenue and Saint Barnabas Meal Programs**.

It should be noted that Holy Family Parish volunteers serve every Thursday at 5<sup>th</sup> Avenue and Holy Family also does every 4<sup>th</sup> and 5<sup>th</sup> Saturday at St. Barnabas Meal Program. I would personally like to thank the many volunteers who sacrifice their time to assist the people who may be struggling. Last year because of your generosity we raised close to \$15,000 and some of you may recall we had all 5 organizations gather around the foot of our altar and our PPC chair presented them with your donations.

It simple, write "40 LOONIES FOR LENT" and the dollar amount on your weekly parish donation envelope. You may donate your full Lenten gift of \$40.00 one time or contribute any amount you like, if sacrificial giving means you can give more, please do so. For those who are not using weekly envelopes you may make your cheque payable to Holy Family Parish or donate cash in a separate envelope marked with your name, address & "40 LOONIES FOR LENT" and place it in the weekly collection basket or drop it off at the Parish office. Alternatively, you may authorize the parish to process your donation on your credit card and most recently Holy Family Parish has added e-transfer but if using e-transfer please note it is to go to: **40 Loonies for Lent**. Do not make your cheques payable to Knights of Columbus. Look for updates on funds collected in the parish bulletin.

We thank you in advance for your generosity, **"what ever you do to the least of my brothers you do unto me."**

**Thank you and may the Lord bless you and keep you.**

## Ways to Donate to Holy Family Parish

1. Weekly Collection Plate
2. Etransfer – [accounting@holyfamilymh.ca](mailto:accounting@holyfamilymh.ca)
3. Automatic Withdrawal from your Credit Card or Chequing Account



Please contact Robin for more information...  
403-527-6933 ext. 104  
[finance@holyfamilymh.ca](mailto:finance@holyfamilymh.ca)

## E-Transfer Donations

PLEASE make sure your FULL NAME is in the e-transfer information so that you can receive a taxable benefit for your contributions.

*Thank You*  
For your Donations!

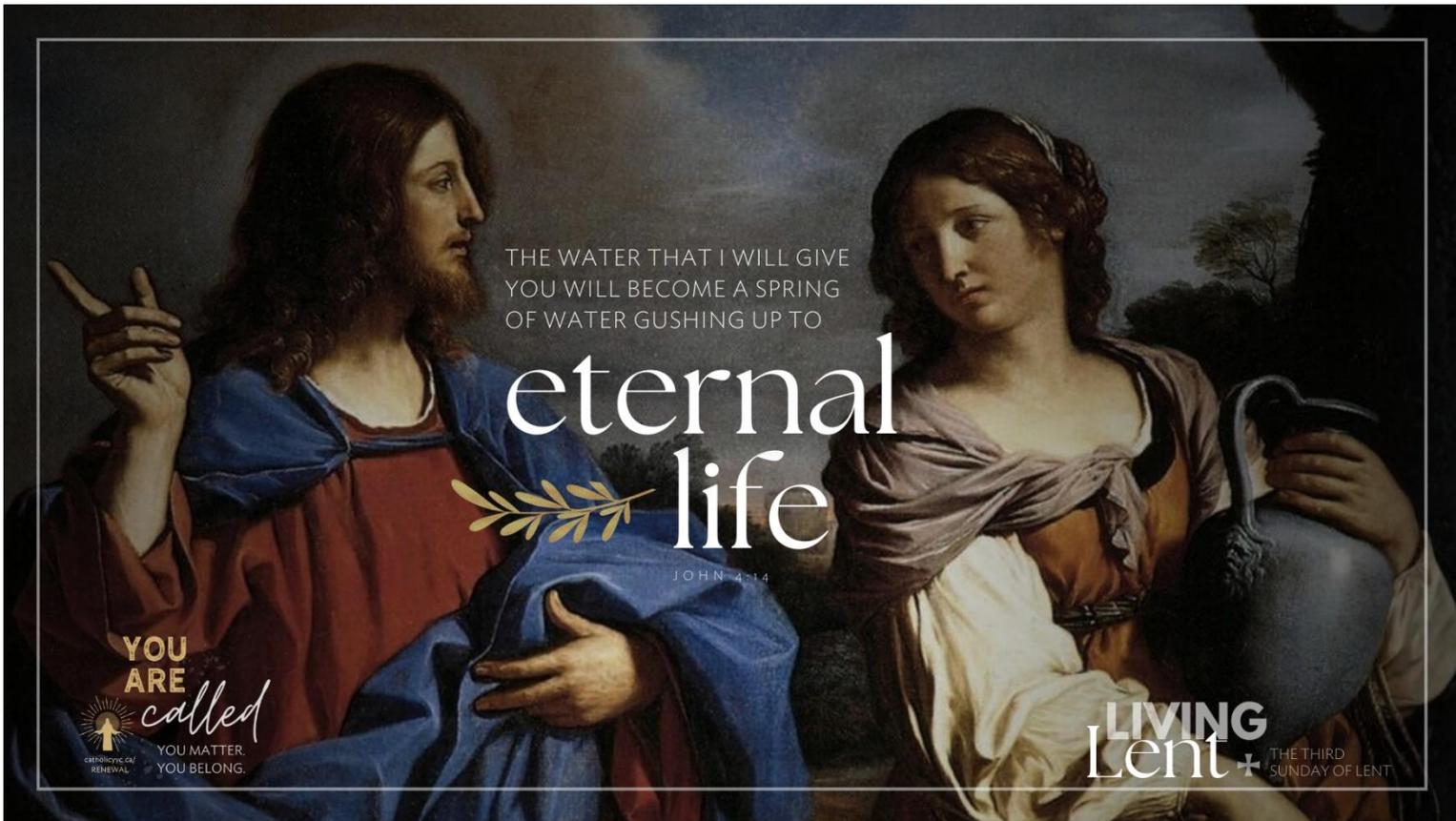
## Donations — Special Dates 2026

Specialty Fund Options... over and above your Regular Sunday Donation

January	Future Development Fund
01	Initial Offering
01	New Year's Day
04	Together in Action
February	Future Development Fund
01	Together in Action
18	Ash Wednesday
March	Future Development Fund
01	Together in Action
22	Flowers for Easter
April	Future Development Fund
02	Needs of the Poor
03	Church in the Holy Land
05	Together in Action
05	Easter
26	Education of Seminarians
May	Future Development Fund
03	Together in Action
17	Pope's Pastoral Works
June	Future Development Fund
07	Together in Action
July	Future Development Fund
05	Together in Action
August	Future Development Fund
02	Together in Action
September	Future Development Fund
06	Together in Action
27	Needs of the Canadian Church
October	Future Development Fund
04	Together in Action
18	Catholic Education
25	World Mission Sunday
November	Future Development Fund
29	Flowers for Christmas
December	Future Development Fund
06	Together in Action
12	Mission Mexico
25	Christmas

# DIOCESAN SUNDAY UPDATES

## 3<sup>rd</sup> Sunday of Lent – Year A



### Renew Men Challenge

**Men of the Diocese: this is your invitation.** Bishop McGrattan personally invites you to take up the Renew Men 30-Day Challenge: a free, practical way to grow in daily prayer, brotherhood, and outreach through a short daily video. Take the step. Share it with the men in your family and parish. Join the challenge and visit: [heroicmen.org/h30](http://heroicmen.org/h30)

### Solemnity of St. Joseph

Join Bishop William T. McGrattan for the celebration of the Solemnity of St. Joseph. All are welcome to attend the Mass! When: **Thu, March 19 at 5 pm** at

**St. Albert the Great Parish** (10 Prestwick Drive SE, Calgary).

### The Outdoor Way of the Cross

**Save the date: Good Friday, Apr 3, at 8:30 am** at St. Mary's Cathedral, Calgary. Join Bishop McGrattan and the faithful of the Diocese of Calgary for the Outdoor Way of the Cross - with the downtown route. This solemn pilgrimage invites us to walk together in prayer and reflection on the Passion of Christ, meditating on His suffering, sacrifice, and love for the world.

## 2026 Renewal Conference with Bishop Scott McCaig!

The mission field is all around us: in our families, workplaces, and everyday life. Join Bishop Scott McCaig for a spring conference to be renewed in Christ and equipped for mission in your parish and daily life. When: **Fri, Apr 17 (6–9 pm) & Sat, Apr 18 (9 am–4 pm) at St. Michael Catholic Community, Calgary.** Register at [catholiccyyc.ca/renewal](http://catholiccyyc.ca/renewal).

## Horizons of Hope Workshops

The Diocese of Calgary invites you to learn about palliative care and the Church's teaching on end-of-life through *Horizons of Hope*. Register by calling Mara at 403-218-5521.

- **St. Gerard's Parish, Calgary** – Saturdays, May 2, 9, 16 & 23, 7 pm–9 pm (Mass at 5 pm; supper follows). Register by Apr 28.

## The Holy Disruption - Retreat

One night Mission with Access52 to prepare, challenge, and inspire Lenten experience.

- **Sun, Mar 15, 7 pm** at Sacred Heart, Strathmore
- **Tue, Mar 17, 7 pm** at Canadian Martyrs, Calgary

## The Splendour of Chastity & the Angelic Warfare Confraternity

**Thu, Mar 12 at 7 pm at St. Cecilia, Calgary** – Fr. Derek Remus on living

chastity today with support from the Angelic Warfare Confraternity.

## Who Is the Man of the Shroud?

**Sun–Tue, Mar 22–24 at 7 pm - St. Michael's, Calgary** – with Fr. Andrew Dalton, LC, on Christ's suffering, death, and resurrection in light of the Shroud.

## Men's Conference

**Fri–Sat, Mar 13–14 at St. Peter's Parish, Calgary** – A Heroic Call to Action. Mission: to live faith boldly as men. No pay. Hard road. Real brotherhood. Register at <https://heroicmen.ca/>

## Eucharistic Miracles Exhibition at St. Mary's, Brooks

**Mon, Mar 23 to Sun, Mar 29 at St. Mary's Parish Hall, 511 – 4 St W, Brooks** – Walk through an exhibition featuring photos, descriptions, and documented evidence of over 150 Church-recognized Eucharistic miracles from 22 countries, originally compiled by Blessed Carlo Acutis. Free admission.

## Momentum: Ministry to Single Mothers - now in our Diocese!

Momentum is a faith-based community for Catholic single mothers that offers fellowship, prayer, and support. Single mothers of all backgrounds and stages of life: divorced, separated, widowed, or never married are welcome. When: **Sat, Mar 14, 11 am to 2 pm at St. James Catholic Church, Okotoks.** Lunch and

childcare provided. Register online at [catholiccyyc.ca/news](http://catholiccyyc.ca/news)

### Conflict Resolution for Couples

Join Bill and Tracy Tomiak for a Marriage Enrichment Workshop on healthy conflict resolution in marriage and family life. This practical, faith-based evening will explore dignity in relationships, repair after conflict, apology styles, and teamwork. When: **Thu, Mar 19 at 7–9 pm** at Catholic Pastoral Centre. To register, call Mara at 403-218-5521.

### Triduum Retreat at St. Bonaventure Parish, Calgary

A three-evening Lenten Triduum Retreat centred on Love, Peace, and Harmony with Fr. Troy Nguyen, Fr. Colin O'Rourke, and Fr. Lawrence Manolache. When: **Tue, Mar 24 to Thu, Mar 26, from 7 pm to 8 pm at St. Bonaventure Church, Calgary.** [Download poster](#) All are welcome!

### Divine Mercy Lenten Retreat

A healing Lenten retreat with a focus on overcoming fear, loneliness, and hopelessness, with Sisters of Divine Mercy. There will be Adoration, Confession, Rosary, Mass, talks, healing prayer, and anointing. When: **Sat, Mar 21, 9:30 am to 2 pm at Our Lady of the Assumption, Calgary.**

### Lenten Mission on Lectio Divina

**Mon, Mar 23 - Wed, Mar 25 at 7 pm at St. Joseph's, Calgary.** Seeds of the Word

Community will lead this Lenten Mission on Lectio Divina, a method of praying with scripture and making it incarnate in your life.

### Sharing Your Faith Made Simple

**Thu, Mar 26 at 6 pm at St. James, Calgary.**- Simple, Biblical Ways to Talk About Jesus, with Fr. Domingo.

### Tenebrae

**Sun, Mar 29, 7:30 pm at St. Anthony's, Calgary** – Lenten Scripture and sacred music by St. John Choir Schola.

### 40 Hours Devotion for Vocations

Pray for Vocations: [St. Catherine, Picture Butte](#) - Fri, Mar 13 at 8 pm to Sun, Mar 15 at 10 am. More information at [catholiccyyc.ca/40hours](http://catholiccyyc.ca/40hours)



# CALLED & GIFTED WORKSHOPS



## Who is this for?

- Those involved in parish ministry, leadership, or service
- Those seeking to deepen their faith and live their calling
- Those feeling called to something more but unsure where to start

## What you'll gain:

- Clarity on your charisms and how they impact your faith journey
- Practical tools to discern your gifts and use them effectively
- Deeper understanding of how your calling aligns with God's plan

## Discover God's call for your life

God is calling you to a unique purpose in life, a work of love that only you can do. Discern your charisms (spiritual gifts) and begin to discern God's call. You have received gifts in Baptism and Confirmation through which God intends His love to reach others. Come and discover these charisms in you!

## SCHEDULE

**Wednesdays (April 15 - July 8) from 6:30 pm to 9 pm**  
**Location: Catholic Pastoral Centre, Calgary**

### WORKSHOP

- April 15: Session 1
- April 22: Session 2
- April 29: Session 3
- May 6: Session 4
- May 13: Session 5

### GIFTS INTERVIEW

Date, time, location of interview to be determined by the participant and interviewer

### DISCERNMENT IN DEPTH

- May 27: Session 1
- June 10: Session 2
- June 24: Session 3
- July 8: Session 4

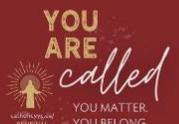
Discover how God is working through you. Sign up today!

## How to register

Email [mara.capili@calgarydiocese.ca](mailto:mara.capili@calgarydiocese.ca)  
403-218-5521 or click this poster to register online



CATHERINE OF SIENA  
INSTITUTE  
EQUIPPING LEADERS TO FOLLOW CHRIST



THE  
**MONARCH**  
THEATRE

Sunday ~ March 29 ~ 2:00 PM

THE  
**KING  
OF  
KINGS**

A Story Told by Charles Dickens

ANGEL



Admission is \$5 per person (cash only)

# RETURN TO THE HEART

this lent by  
consuming less.

*"We fast from what  
we have in excess so  
that the Earth may  
rest and so that the  
poor may have what  
they need." - Laudato  
Si' Movement*



FCJ  
RETREAT & CONFERENCE CENTRE



*"The  
Diocese  
does not  
trust us."*

WE  
BELIEVE  
THAT

# It takes the entire community

**TO KEEP EVERYONE SAFE**

**Clergy, religious, staff, and volunteers** complete screening and safe environment training to ensure a shared understanding of appropriate boundaries and to identify red flag behaviours. This is a commitment to create a safe and respectful environment for all.

✓ **Clear boundaries** help individuals prevent and assess situations that are questionable. They also support timely reporting whenever necessary.

✓ **Every person has a role** in creating and sustaining a safe and respectful environment in our parish communities.



ROMAN CATHOLIC  
**DIOCESE**  
of Calgary

**THANK  
YOU**

to all who have completed their Safe Environment requirements & Praesidium Academy training.



## HOLY FAMILY PARISH MASS INTENTIONS

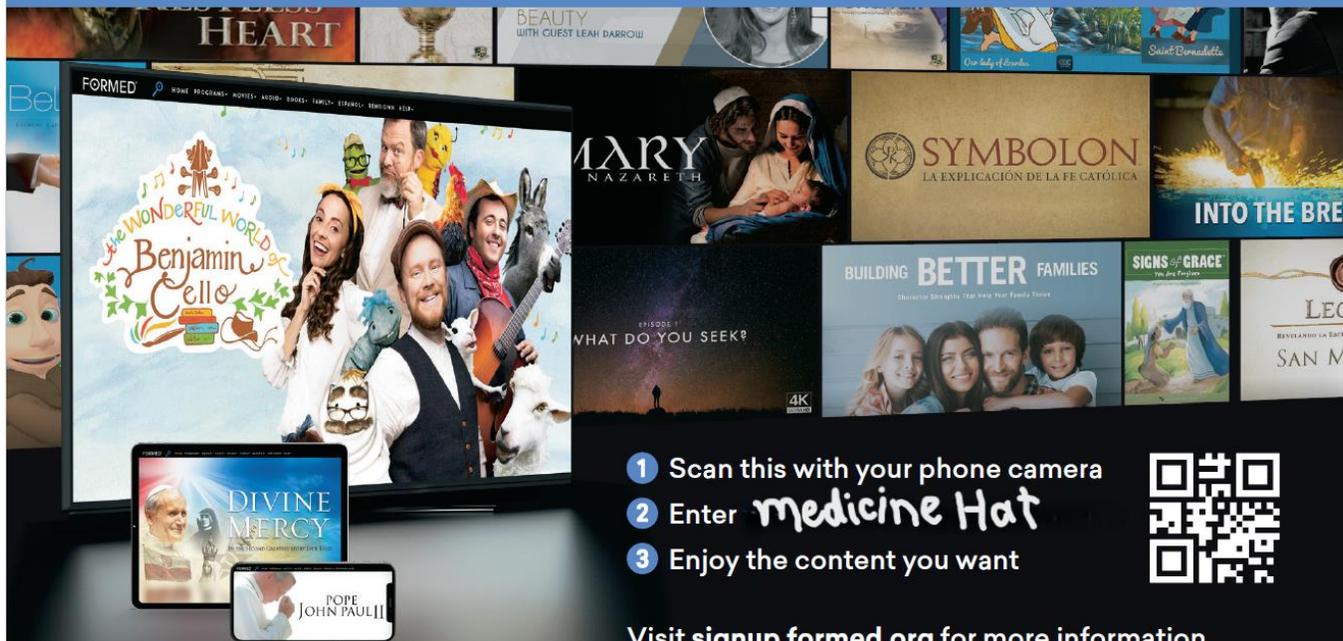
Due to the overwhelming amount of Mass Intentions that we receive at Holy Family Parish we have set some guidelines. We realize that people want Masses on certain dates and some don't care when it happens. We have come up with some guidelines to help make this process fair for everybody.

- ✦ There can only be 1 intention per Mass. It will be for the Living or Deceased. You can not combine Living and Deceased in one Mass Intention.
- ✦ Mass Intention to be listed in the Bulletin and read at the Mass it is assigned to.
- ✦ Mass is not published, and it is sent to Calgary to be distributed to priests that do not get any of very few. There is no way of knowing where it will go or the date it will be assigned to, however it will always be faster than having it here.
- ✦ If requesting certain available dates, you are limited to 2 Masses per month by each requester and 1 per intended Mass. Example You could have a Mass for John in July, but if you want 2 for John, 1 would be in July and one in August. Or you could have 1 for John and 1 for Jane in July.
- ✦ You may choose the next available date. Limited to 2 Masses per month by each requester and 1 per intended Mass. Example You could have 1 Mass for John one month, but if you want 2 for John, 1 would be one month and one the next month. Or you could have 1 for John and 1 for Jane in the same month.
- ✦ When there is a funeral or occasion that draws many Mass Intentions, 2 of these will be booked in 2 separate months and the rest will be sent away to be distributed throughout the Diocese.

This is in no way meant to deter you from requesting Mass Intentions as we feel it is wonderful that there are so many Prayers going out to so many people, we merely are trying to make it fair for everybody.

# FORMED<sup>®</sup>

THE CATHOLIC FAITH.  
ON DEMAND.



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- 2 Enter **medicine Hat**
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Visit [signup.formed.org](http://signup.formed.org) for more information

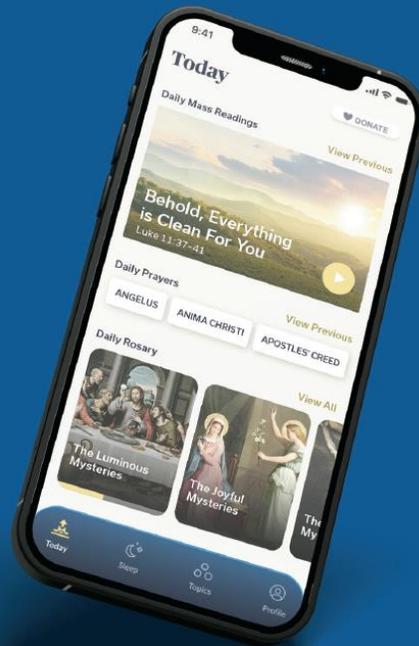
An offering from the  AUGUSTINE INSTITUTE and  ignatius press

# Amen<sup>TM</sup>

The *Free* Catholic Prayer,  
Meditation, and Scripture App

- 1 Scan this with your phone camera
- 2 Download the app
- 3 Enjoy the content you want

Visit [amenapp.org](http://amenapp.org) for more information



An offering from the  AUGUSTINE INSTITUTE

## 2026

Joe McKinnon Council #9502	
Knights of Columbus 2025 - 2026 Officers	
Position	Name
Grand Knight	Jimmy Tablan
Deputy Grand Knight	Jason Iverson
Financial Secretary	Glenn Alford
Treasurer	Ron Pisoni
Chancellor	Pat Roche
Recorder	Brad Irvine
Advocate	Darrell Bonagofsky
Warden	Walter Pratt
Inside Guard	Dale Maddaford
Outside Guard	Michael Camphor
Year 1 Trustee	Kent Friedt
Year 2 Trustee	Garry Mastel
Year 3 Trustee	Allan Lawson
Lecturer	Rick Brown
Membership Dir.	Garry Lux
Faith in Action Program Dir.	Greg Martin
Faith in Action Life Dir.	Allan Lawson
Faith in Action Family Dir.	Jimmy Tablan
Faith in Action Faith Dir.	Darrell Bonagofsky
Faith in Action Community Dir.	Ron Pisoni
Pastoral Parish Council Rep.	Garry Mastel

Feb 9 General meeting  
 Feb 11 – FIA Committee Meeting @  
 7:00 PM – Hope Room  
 Feb 12, 2026 – Padre Night - @  
 Polish Canadian Cultural Center  
 Feb 20 – Stations of the Cross &  
 Poverty Meal at 6:00PM  
 Feb 22 – Parish Breakfast  
 Mar 2 - Officers meeting  
 Mar 9 - General meeting  
 Mar – Men’s Lenten Retreat  
 Mar 15 – Parish Breakfast - St  
 Patrick’s School mass \*\*  
 Mar 16 – Silver Rose (6pm)  
 March 22 – K of C Sponsored Mass  
 (8:30 am)  
 April 5 – Easter Sunday\*\*  
 April 6 – Officers meeting  
 April 13 – General meeting  
 May 3 - Parish Breakfast – Notre  
 Dame school mass \*\*  
 May 4 – Officers meeting  
 May 10 – Mothers’ Day\*\*  
 May 11 – General Meeting  
 May 24 – K of C Sponsored Mass  
 (6:00 pm)  
 June 1 – Officers meeting  
 June 8 – General meeting  
 June 14 – Parish Picnic  
 June 21 – Father’s Day

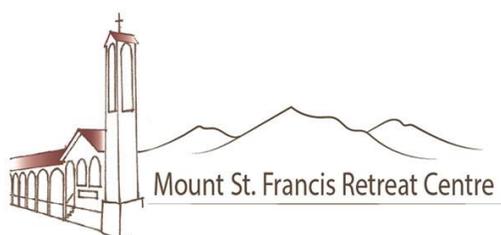


# Retreat Centers in Southern Alberta

## AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where we are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often- hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.



Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





# Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

**NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!**

**All our email addresses only end in @holyfamilymh.ca never a @gmail account.**

**If you get an email or a text, PLEASE DO NOT RESPOND to it, you can forward it to [contact@holyfamilymh.ca](mailto:contact@holyfamilymh.ca) so it can be sent to the diocese.**