



Welcome to HOLY FAMILY PARISH

2ND SUNDAY OF LENT – YR. A MARCH 1, 2026

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Phone **403-527-6933**

Facebook: [Medicine Hat Holy Family Parish](#) ~ YouTube: [Medicine Hat Holy Family Church](#)

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Fernando Genogaling & Deacon Robert Risling

RECONCILIATION...

Friday 9:30am–10:30am & Saturday 3:30–4:45pm

MASS TIMES - MONDAY WEDNESDAY THURSDAY

FRIDAY 9:00AM TUESDAY 6:00PM

SATURDAY 5:00PM - SUNDAY 8:30AM, 10:30AM & 6:00PM

MONTHLY - 1ST SATURDAY 9 AM

THE CHAPEL IS OPEN...

MONDAY - FRIDAY 9:30am - 4:00pm

ADORATION FRIDAY 9:30 – 10:30am

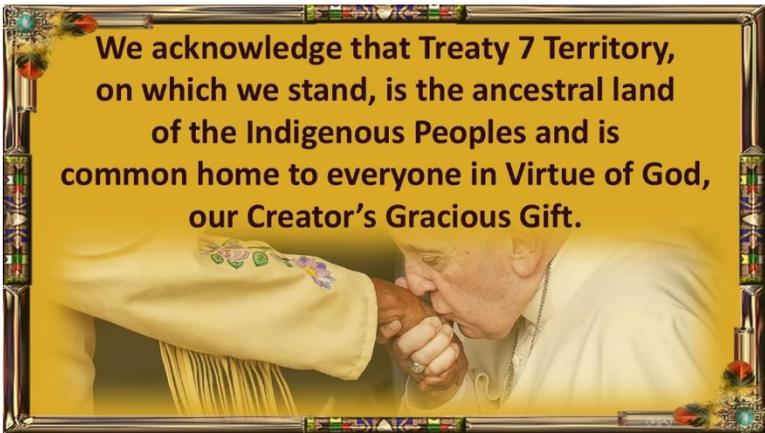
1ST FRIDAY OF MONTH – 12 HOUR ADORATION

Parish Pastoral Council Chair – Ken Loehndorf

Parish Finance Council Chair - Cheryl Pocsik

Knights of Columbus – Jimmy Tablan

Catholic Women's League – Dianne Durda



Jesus is transfigured on the mountain in the presence of Peter, James, and John.

Second Sunday of Lent

Genesis 12:1-4a. Psalm 33:4-5, 18-19, 20, 22. 2 Timothy 1:8b-10. Matthew 17:1-9.

It Is Good to Be Here.

God says to each of us today: I will bless you; live a holy life. Thus, it is good to be here in this holy Lent. Like the three apostles on the mount, we listen to Christ, we witness his divine glory, and we keep our eyes on the promise of heaven while living in merciful ways today.

- † How will the radiant Christ shine through my thoughts and actions?
- † What will I do to listen more intently to Christ each day this week?
- † Because of God's mercy to me, what mercy works will I do today and tomorrow?

2ND SUNDAY OF LENT – YR. A MARCH, 2026

FINANCIAL REPORT		
Monthly Operating Budget	\$ 74,669	
FEBRUARY MONTH TO DATE		
General Envelope Collection	\$ 41,282	
Loose Collections	\$ 5,081	
Future Development	\$ 5,196	
Loonies for Lent	\$ 1,965	
Misc. Income	\$ 4,865	
Total Month Income	\$ 58,389	
Budget Vs Actual	-\$ 16,280	
SPECIAL COLLECTIONS		
2026 YEAR TO DATE		
Together in Action (TIA)	\$ 8,156	
GOAL - \$70,938 11%		
Multiply the Hope	\$ 960	
St Vincent de Paul	\$ 7,975	
World Mission	\$ 90	
Clergy Retirement	\$ 130	
Mission Mexico	\$ 518	
CARO	\$ 45	
Seminary Fund	\$ 205	
Holy Land & Pope's Pastoral	\$ 0	
<i>Thank You for your Generous Contributions</i>		
December Average Weekend Attendance 1018		

Friday, February 27
 9:00am ~ Mass ~ Mary Orr
 9:30am – 10:30am ~ Adoration & Reconciliation
 6:00pm ~ Stations of the Cross & Poverty Meal
 – Parish Pastoral Council

Saturday, February 28
 7:00- 10:00am ~ TMIY – HFP Hall
 10:00am ~ Benedictine Group – Charity Room
 10:00am & 1:30pm – 1st Communion Class – Faith Room
 3:30pm ~ Reconciliation
 5:00pm ~ Mass ~ Lillian Lewans †

Sunday, March 1
 8:30am ~ Mass ~ Willie McDonald
 10:30am ~ Mass ~ Jean Hambeitz
 6:00pm ~ Mass ~ Holy Family Parish

Monday, March 2
 9:00am ~ Mass ~ Mary Weinberger †
 7:00pm ~ K of C Officers Meeting – Faith Room

Tuesday, March 3
 1:00pm ~ Endow ~ Charity Room
 6:00pm ~ Healing Mass ~ Ada Luz Zavala
 7:00pm ~ CWL Executive Meeting

Wednesday, March 4
 8:00am ~ Perpetual Help Novena & Rosary
 9:00am ~ Mass ~ Dan Hudec †
 4:00pm ~ Choir Practice – Sally
 7:00pm ~ RCIA – Faith Room

Thursday, March 5
 9:00am ~ Mass ~ Don Zahn †
 9:30am ~ Bible Study – Faith Room
 9:30 - 11:00am ~ Grade 3 Retreat in Hall
 6:00pm ~ SHE in the HFP Hall
 6:30pm ~ Confirmation Service Project – Faith Rm.

Friday, March 6
 9:00am ~ MHCBE Divisional Mass ~ Italo Pisoni †
 9:30am – 10:30 ~ MHCBE Employee Recognition
 6:00pm ~ Stations of the Cross & Poverty Meal
 – Parish Finance Council

Saturday, March 7
 7:00- 10:00am ~ TMIY – HFP Hall
 9:00am ~ Mass ~ Dennis & Roslyn Weisgerber
 10:00am ~ Benedictine Group – Charity Room
 10:00am- 1:00pm ~ Liturgy Ministry Lenten Reflection
 3:30pm ~ Reconciliation
 5:00pm ~ Mass ~ Peter Christensen †

Sunday, March 8
 8:30am ~ Mass ~ Chuck Love †
 10:30am ~ Mass ~ Simon Schmaltz †
 6:00pm ~ Mass ~ Wayne Stubert †

Ways to Donate to Holy Family Parish

1. **Weekly Collection Plate**
2. **Etransfer – accounting@holymh.ca**
3. **Automatic Withdrawal from your Credit Card or Chequing Account**



Please contact Robin for more information...
403-527-6933 ext. 104
finance@holymh.ca

E-Transfer Donations

PLEASE make sure your **FULL NAME** is in the e-transfer information so that you can receive a taxable benefit for your contributions.

Thank You
For your Donations!

Stations of the Cross 2026

*Friday, Feb. 20, 6:00pm – K of C – Fish & Chips
 Friday, Feb. 27, 6:00pm – Parish Pastoral Council
 Friday, Mar. 6, 6:00pm – Parish Finance Council
 *Friday, Mar. 13, 6:00pm – CWL
 Friday, Mar. 20, 6:00pm – Filipino Community
 Friday, Mar. 27, 6:00pm – R.C.I.A.
 Monday, Mar 30, 6:00pm – St. Louis School
 *Tuesday, Mar 31, After 6:00 Mass – St. Patrick School
 Shadow Play in the Hall.
 Followed by Meatless Soup & Buns, except days with *



Scan code with camera or visit signup.formed.org
 Enter "Medicine Hat" click on "Holy Family"

Did you know that formed.org has 822 different resources for Lent plus so much more. 25 Ebooks, 635 Videos, 77 Collections & 85 Audios at your fingertips to help you on your Lenten Journey.

USE WITH

Roku

Apple TV

fire TV

chromecast

Knights of Columbus Officers Meeting
 Monday, March 2 at 7:00pm
 Faith Room



Catholic Women's League (CWL) Executive Meeting
 Tuesday, March 3 at 7:00pm
 Hope Room



HEALING MASS
 "Come to me, all you who are weary and burdened..."
 1st Tuesday of Month at 6:00pm
 March 3, 2026



The First Wednesday of the Month the Legion of Mary hosts the Mother of Perpetual Help Novena followed by Rosary
 8:00am
 March 4, 2026



She Shall Be Called Woman
 Thursday, March 5, 2026 ~ HFP Hall
 6:15pm Gathering ~ 6:45 pm Presentation
 7:15 pm Small Group Discussion
 7:45 pm Dismissal
 Theme ~ "The Hidden Face of Christ"




First Saturday Mass
 The 1st Saturday of each month at
 9:00am
 March 7, 2026



TMIY
 THAT MAN IS YOU!
 March 7, 2026 ~ HFP Hall
 Breakfast 7:30 am
 Presentation 8:30 am
 Theme: "The Ascent of the Mind of God"
 Session 21 begins a series of three sessions devoted to living in union with God. God truly wants to encounter us. The ultimate question is if we are willing to open our eyes and ears to His presence in our lives.




Liturgical Ministry Lenten Retreat

Easter Triduum



Saturday March 7th

10am to 1pm

Church Hall

Light Lunch provided

29TH ANNUAL GODSQUAD CONFERENCE

MEN NEEDED FOR AN INCREDIBLE MISSION

A HEROIC CALL TO ACTION

HEROIC MEN
POWERED BY GOD SQUAD, CANADA HEROICMEN.CA

HOLY FAMILY PARISH
MARCH 13th & 14th



Lenten Penitential Services

St. Patrick's Church
Monday, March 16
7:00pm

Holy Family Parish
Tuesday, March 17
Following the
6:00pm Mass



Children's Liturgy 10:30 Mass



1st and 3rd Sundays of the Month
Parents need to complete the registration form on the Children's Liturgy table and drop the completed form into our mail slot beside the office door before children can attend.

Children who have not received 1st Communion & are under 8 yrs of age can attend.

Older children are encouraged to stay at mass.

Children under 3 need an adult present with them.

lent in the library

On The Passion of Christ:

Thomas Kempis

Adult: Lent - Kemp

The Easter Story: Allia

Zobel Nolan

Child Lent - Nola

Holy Family Parish
LIBRARY



40 LOONIES FOR LENT

THE KNIGHTS OF COLUMBUS & HOLY FAMILY PARISH

RAISED TO DATE \$ 1,965 .00

YOUR DONATIONS STAY HERE IN MEDICINE HAT GOING TO THE ROOT CELLAR, MUSTARD SEED, SAINT VINCENT DE PAUL SOCIETY, 5TH AVE. & SAINT BARNABAS MEAL PROGRAMS.

Thank You for your Generosity!

Medicine Hat Catholic Schools' Education Foundation

50/50 Cash Raffle

» Draw Date: March 30 » 4 entries for \$20
» Draw opens: Feb 9 @ 6:00am » 20 entries for \$50
» Draw ends: March 27 @ 11:59pm » 100 entries for \$100



Together in the support of all Medicine Hat Catholic students

AGLC License # 747074

rafflebox.ca/raffle/mhcsef26

HOLY week 2026

HOLY FAMILY PARISH

REGULAR MASS TIMES

HOLY THURSDAY, APRIL 2ND

MASS OF THE LORDS SUPPER

7:00 PM

FOLLOWED BY ADORATION UNTIL

MIDNIGHT IN THE FAITH ROOM.

INCENSE AT ALL MASSES EXCEPT EASTER SUNDAY AT 8:30AM

FRIDAY, APRIL 3RD

GOOD FRIDAY SERVICES

12 NOON & 3:00 PM

SATURDAY, APRIL 4TH

EASTER FOOD BLESSING, 11 AM

EASTER VIGIL, 8:00 PM

SUNDAY, APRIL 5TH

EASTER SUNDAY MASS

8:30AM & 10:30AM

MONDAY, APRIL 6TH NO MASS



Stations of the Cross at St. Patrick's Church. The Legion of Mary in conjunction with various parish ministries, are pleased to facilitate the Stations of the Cross every Friday during Lent at St. Patrick's Church beginning at 7 pm on February 20th. A Potluck Lenten meal is also planned for 5:30 p.m. on March 27th in the Parish Hall. ~~~~~ Everyone is Welcome. ~~~~~

29TH ANNUAL GODSQUAD CONFERENCE

MEN NEEDED FOR AN INCREDIBLE MISSION

A HEROIC CALL TO ACTION

No wages, cold shoulders, long hours of thankless work.
Easy wins doubtful. Life-changing friendships and real
brotherhood in event of success.



HEROIC MEN™
POWERED BY GOD SQUAD, CANADA HEROICMEN.CA

HOLY FAMILY PARISH
1451 STRACHAN RD SE, MEDICINE HAT
MAR 13TH & 14TH, 2026



The Calgary Live-In Retreat Society LIVE-IN & GET TO KNOW JESUS

March 20-22, 2026

St. John Paul II Collegiate, Okotoks, AB

Options for Registration:

Use QR code to register online, or

Contact Jackie Erskine

erskinejackie@gmail.com

403-399-6063



On our Lenten Journey



FORMED
FAITH AT HOME

Did you know that
formed.org has 822
different resources for Lent
plus so much more.

25 Ebooks, 635 Videos, 77
Collections & 85 Audios at
your fingertips to help you
on your Lenten Journey.

USE
WITH

Roku

Apple TV

firetv



chromecast

Scan code with camera or visit signup.formed.org

Enter "Medicine Hat" click on "Holy Family"



WORLD DAY OF
PRAYER
SERVICE 2026

Nigeria

'I will give you rest:
Come'

www.worlddayofprayeraustralia.org



World Day of Prayer 2026

The World Day of Prayer traces its roots to 1812 when Christian women of Canada and the United States became involved in missions at home and worldwide.

Women have encouraged one another to engage in personal prayer and lead communal prayer within their mission groups. Presbyterian women in the United States then called for a national day of prayer in 1887, and Anglican women in Canada established a national day of corporate intercessions for mission in 1895.

In 1922, the Canadian and U.S. committees agreed to use the same theme and day for the Day of Prayer as U.S. women. This annual event became the Women's World Day of Prayer in 1927. The Canadian committee changed its name to become the Women's

Inter-Church Council of Canada and now includes representatives from 11 church partners. This council continues to coordinate the World Day of Prayer in Canada and to speak to issues that concern women of faith across the country. This year's theme is: "I will give you rest: come." The World Day of Prayer is traditionally celebrated on the first Friday of March. A different participating country writes the service each year, and we look forward to that prepared by the WDP Committee of Nigeria 2026.

**You are welcome to
participate in this service
on March 6 at 7:00 p.m. at
St. Peter Lutheran
Church - 758 -8 St SE**



BOATS ON FIRE
catholic ministries

Lenten Mission:
Rediscover Lent

TUESDAY, MARCH 3

6:00 - 8:30 PM

6:00 Adoration and Confession

7:00 Mass

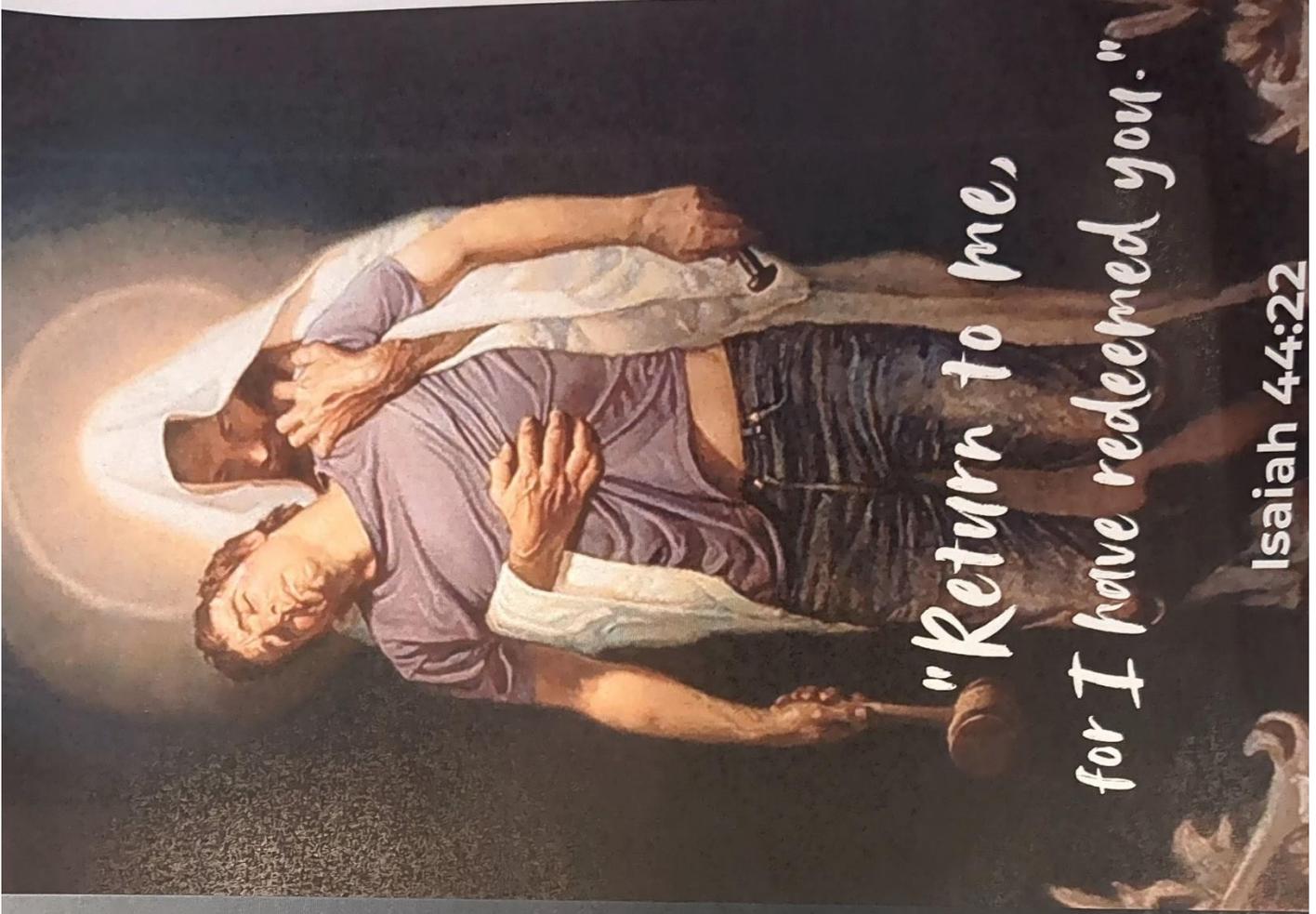
7:30 Presentation followed by Fellowship

St. Michael's Parish
Bow Island, AB



Speaker:
Kevin Philip

www.BoatsOnFire.net



*"Return to me,
for I have redeemed you."*

Isaiah 44:22

WHISKEY DISTRICT

Monsignor McCoy Restaurant of the Month

Purchase your \$20 Gift Card to support McCoy

Visit the McCoy office for your purchase
OR

E- transfer to donations@friendsofmccoy.ca

Please put your name, number and restaurant in the
e-transfer message

*\$5 from each
card is
donated back
to McCoy!*

**Sales end
March 25.
Card pick up
at McCoy on
March 27, 30 &
31.**



**ADDED BONUS!
Whiskey District
donated a
\$50 gift card to be
drawn for on March
26 thone entry
per \$20.00
card purchase!**



KNIGHTS OF COLUMBUS

IN SERVICE TO ONE. IN SERVICE TO ALL.

Holy Family Parish Knights of Columbus Council 9502 would like to make you aware of our **40 Loonies for Lent project**, which I believe is our 10th year of operation, this project was the conception of our former GK Fabian Delwo.

During Lent we are asked to commit to participate more fully in spiritual discipline of scripture reading, prayer, fasting, abstinence, and almsgiving. Pope Francis had requested we become more empathetic to our hungry and starving brothers and sisters, Jesus as our good Shepherd truly took on the smell of the sheep.

This year's theme for our 40 Loonies for **Lent is Leave No Neighbour**. Your donations will go to **Medicine Hat Food Bank** or what is now called the Root Cellar, **Mustard Seed, Saint Vincent De Paul, 5th Avenue and Saint Barnabas Meal Programs**.

It should be noted that Holy Family Parish volunteers serve every Thursday at 5th Avenue and Holy Family also does every 4th and 5th Saturday at St. Barnabas Meal Program. I would personally like to thank the many volunteers who sacrifice their time to assist the people who may be struggling. Last year because of your generosity we raised close to \$15,000 and some of you may recall we had all 5 organizations gather around the foot of our altar and our PPC chair presented them with your donations.

It simple, write "40 LOONIES FOR LENT" and the dollar amount on your weekly parish donation envelope. You may donate your full Lenten gift of \$40.00 one time or contribute any amount you like, if sacrificial giving means you can give more, please do so. For those who are not using weekly envelopes you may make your cheque payable to Holy Family Parish or donate cash in a separate envelope marked with your name, address & "40 LOONIES FOR LENT" and place it in the weekly collection basket or drop it off at the Parish office. Alternatively, you may authorize the parish to process your donation on your credit card and most recently Holy Family Parish has added e-transfer but if using e-transfer please note it is to go to: **40 Loonies for Lent**. Do not make your cheques payable to Knights of Columbus. Look for updates on funds collected in the parish bulletin.

We thank you in advance for your generosity, "**what ever you do to the least of my brothers you do unto me.**"

Thank you and may the Lord bless you and keep you.



St. Francis Xavier School



At St. Francis Xavier School, we envision a community where students, staff, parents, and community members come together as one Catholic school family. We strive to meet the individual needs of each student in an atmosphere of Faith, Hope, Trust, and Love. As St. Francis Xavier once reminded us, *"Go forth and set the world on fire with love and kindness,"* we aim to live this



out every day, celebrating the small acts that make a big difference. Every student is unique and created in the image of God, and it is our mission to help each child discover their strengths and strive for excellence. We want our students to grow not only into great learners but also into compassionate and influential ambassadors for our community.

During this 2025-2026 school year, we continue our ongoing philosophy of "Strong Inside, Strong Outside." By growing together in faith, we build a foundation for success in all areas of life. This year we will recognize and cherish God's gifts, both big and small, and to notice when we see the face of Christ in one another. We will continue to nurture the physical, mental, spiritual, and emotional health of all students, helping them feel strong and confident in every task they choose to pursue. As a staff, we remain committed to ensuring that St. Francis Xavier is a safe, caring, and faith-filled environment for every child.

God bless,
Mr. Ryan Irving, Principal



DIOCESAN SUNDAY UPDATES

2nd Sunday of Lent – Year A



Renew Men Challenge

Men of the Diocese: this is your invitation. Bishop McGrattan personally invites you to take up the Renew Men 30-Day Challenge: a free, practical way to grow in daily prayer, brotherhood, and outreach through a short daily video. Take the step. Share it with the men in your family and parish. Join the challenge and visit: heroicmen.org/h30

2026 Renewal Conference with Bishop Scott McCaig!

The mission field is all around us: in our families, workplaces, and everyday life. Join Bishop Scott McCaig for a spring conference to be

renewed in Christ and equipped for mission in your parish and daily life. When: **Fri, Apr 17 (6–9 pm) & Sat, Apr 18 (9 am–4 pm)** at **St. Michael Catholic Community, Calgary.** Includes Adoration with sacred music, Mass with Bishop McGrattan and Bishop McCaig, inspiring talks, ministry presentations and witness stories, prayer, fellowship, ministry booths, and Catholic vendors. **Complimentary with lunch and refreshments.** Register at catholiccy.ca/renewal.

Horizons of Hope Workshops

The Diocese of Calgary invites you to learn about palliative care and the

Church's teaching on end-of-life through *Horizons of Hope*. This workshop offers practical guidance for accompanying those facing serious illness, dying, and bereavement. Register by calling Mara at 403-218-5521.

- **St. Mary's Cathedral Hall, Calgary** – Thursdays, Mar 5, 12, 19 & 26, 6 pm–8 pm (Mass at 5 pm). Register by Mar 1.
- **St. Gerard's Parish, Calgary** – Saturdays, Mar 2, 9, 16 & 23, 7 pm–9 pm (Mass at 5 pm; supper follows). Register by Apr 28.

The Holy Disruption - Retreat

One night Mission with Access52 to prepare, challenge, and inspire Lenten experience.

- Sat, Feb 28, 7 pm at Holy Name, Calgary
- Thu, Mar 5, 7 pm at St. Paul's, Airdrie
- Sun, Mar 15, 7 pm at Sacred Heart, Strathmore
- Tue, Mar 17, 7 pm at Canadian Martyrs, Calgary

Charismatic Lenten Retreat

Thu–Sat, Mar 5–7 at St. Luke's, Calgary – Rosary, Mass, praise and worship, talks, healing prayer. With Dr. D. Jayanand; spiritual director Fr. Paul Raj.

Taize Lenten Prayers

- **Fri, Mar 6, 7 pm** at Canadian Martyrs Parish, Calgary – Meditative chant with St. Luke's Choir; reflection by Fr. Gabriel Arihi.
- **Fri, Mar 20, 7–8 pm** at FCJ Centre, Calgary - Taizé chants, silence, and prayer with Sr. Ita Connery, FCJ

Who Is the Man of the Shroud?

Sun–Tue, Mar 22–24 at 7 pm - St. Michael's, Calgary – with Fr. Andrew Dalton, LC, on Christ's suffering, death, and resurrection in light of the Shroud.

Men's Conference at St. Peter's, Calgary

Fri–Sat, Mar 13–14 at St. Peter's Parish, Calgary – A Heroic Call to Action. Mission: to live faith boldly as men. No pay. Hard road. Real brotherhood. Register at <https://heroicmen.ca/>

Let's talk Dementia

The Diocese of Calgary invites pastoral care ministry teams, family members, hospital chaplains, clergy, and anyone interested in dementia care to learn how to support individuals and families with empathy, dignity, and compassion. Join us **Wed, Mar 11, 2026, from 10 am to 3 pm at the Catholic Pastoral Centre, Calgary**. Complimentary lunch and refreshments provided. Register by Mar 4 by contacting Mara at 403-218-5521.

Momentum: Ministry to Single Mothers - now in our Diocese!

Momentum is a faith-based community for Catholic single mothers that offers fellowship, prayer, and support. Single mothers of all backgrounds and stages of life: divorced, separated, widowed, or never married are welcome. When: **Sat, Mar 14, 11 am to 2 pm at St. James Catholic Church, Okotoks.** Lunch and childcare provided. Register online at catholiccyc.ca/news

Introduction to Natural Family Planning (NFP)

The Diocese of Calgary invites engaged and married couples to attend an Introduction to Natural Family Planning (NFP). Join us **Thu, Mar 5, from 7 pm to 9 pm at the Catholic Pastoral Centre, Calgary.** Free. Register by Mar 1 by contacting Mara at 403-218-5521.

Conflict Resolution for Couples

Join Bill and Tracy Tomiak for a Marriage Enrichment Workshop on healthy conflict resolution in marriage and family life. This practical, faith-based evening will explore dignity in relationships, repair after conflict, apology styles, and teamwork. When: **Thu, Mar 19 at 7-9 pm** at Catholic Pastoral Centre. To register, call Mara at 403-218-5521.

Triduum Retreat at St. Bonaventure Parish, Calgary

A three-evening Lenten Triduum Retreat centred on Love, Peace, and Harmony with Fr. Troy Nguyen, Fr. Colin O'Rourke, and Fr. Lawrence Manolache. When: **Tue, Mar 24 to Thu, Mar 26, from 7 pm to 8 pm at St. Bonaventure Church, Calgary.** [Download poster](#) All are welcome!

Divine Mercy Lenten Retreat

A healing Lenten retreat with a focus on overcoming fear, loneliness, and hopelessness, with Sisters of Divine Mercy. There will be Adoration, Confession, Rosary, Mass, talks, healing prayer, and anointing. When: **Sat, Mar 21, 9:30 am to 2 pm at Our Lady of the Assumption, Calgary.**

40 Hours Devotion for Vocations

Pray for Vocations:

- [St. Ambrose, Coaldale](#) - Thu, Mar 5 at 4 pm to Sun, Mar 8 at 8 am
- [St. Joseph, Calgary](#) - Thu, Mar. 5 at 6 am to Friday, Mar. 6 at 10 pm.
- [Holy Spirit, Calgary](#) - Sat, Mar 7 at 7 am to Sun, Mar 8 at 11 pm.
- [St. Catherine, Picture Butte](#) - Fri, Mar 12 at 8 pm to Sun, Mar 15 at noon.

More information at catholiccyc.ca/40hours

THE
MONARCH
THEATRE

Sunday ~ March 29 ~ 2:00 PM

THE
**KING
OF
KINGS**

A Story Told by Charles Dickens

ANGEL



Admission is \$5 per person (cash only)

RETURN TO THE HEART

this lent by
consuming less.

*"We fast from what
we have in excess so
that the Earth may
rest and so that the
poor may have what
they need." - Laudato
Si' Movement*



FCJ
RETREAT & CONFERENCE CENTRE



*"The
Diocese
does not
trust us."*

WE
BELIEVE
THAT

It takes the entire community

TO KEEP EVERYONE SAFE

Clergy, religious, staff, and volunteers complete screening and safe environment training to ensure a shared understanding of appropriate boundaries and to identify red flag behaviours. This is a commitment to create a safe and respectful environment for all.

✓ **Clear boundaries** help individuals prevent and assess situations that are questionable. They also support timely reporting whenever necessary.

✓ **Every person has a role** in creating and sustaining a safe and respectful environment in our parish communities.



ROMAN CATHOLIC
DIOCESE
of Calgary

**THANK
YOU**

to all who have completed their Safe Environment requirements & Praesidium Academy training.



HOLY FAMILY PARISH MASS INTENTIONS

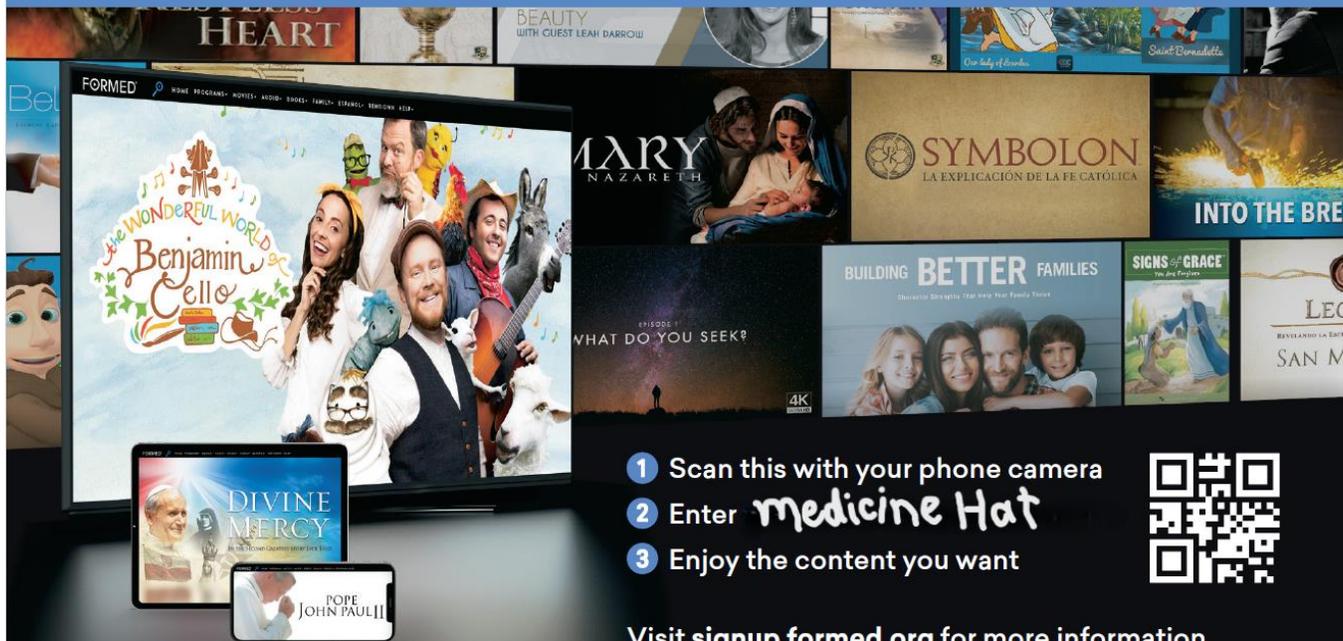
Due to the overwhelming amount of Mass Intentions that we receive at Holy Family Parish we have set some guidelines. We realize that people want Masses on certain dates and some don't care when it happens. We have come up with some guidelines to help make this process fair for everybody.

- ✦ There can only be 1 intention per Mass. It will be for the Living or Deceased. You can not combine Living and Deceased in one Mass Intention.
- ✦ Mass Intention to be listed in the Bulletin and read at the Mass it is assigned to.
- ✦ Mass is not published, and it is sent to Calgary to be distributed to priests that do not get any of very few. There is no way of knowing where it will go or the date it will be assigned to, however it will always be faster than having it here.
- ✦ If requesting certain available dates, you are limited to 2 Masses per month by each requester and 1 per intended Mass. Example You could have a Mass for John in July, but if you want 2 for John, 1 would be in July and one in August. Or you could have 1 for John and 1 for Jane in July.
- ✦ You may choose the next available date. Limited to 2 Masses per month by each requester and 1 per intended Mass. Example You could have 1 Mass for John one month, but if you want 2 for John, 1 would be one month and one the next month. Or you could have 1 for John and 1 for Jane in the same month.
- ✦ When there is a funeral or occasion that draws many Mass Intentions, 2 of these will be booked in 2 separate months and the rest will be sent away to be distributed throughout the Diocese.

This is in no way meant to deter you from requesting Mass Intentions as we feel it is wonderful that there are so many Prayers going out to so many people, we merely are trying to make it fair for everybody.

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ON DEMAND.



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- 3 Enjoy the content you want

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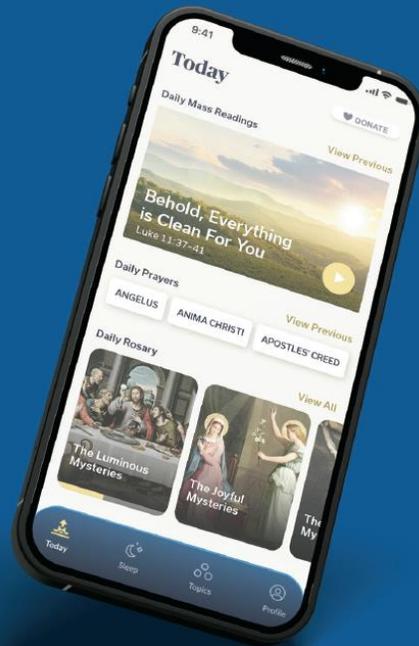
An offering from the  AUGUSTINE INSTITUTE and  ignatius press

Amen[™]

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Meditation, and Scripture App

- 1 Scan this with your phone camera
- 2 Download the app
- 3 Enjoy the content you want

Visit amenapp.org for more information



An offering from the  AUGUSTINE INSTITUTE

Joe McKinnon Council #9502**Knights of Columbus 2025 - 2026 Officers**

Position	Name
Grand Knight	Jimmy Tablan
Deputy Grand Knight	Jason Iverson
Financial Secretary	Pat Ries
Treasurer	Ron Pisoni
Chancellor	Pat Roche
Recorder	Brad Irvine
Advocate	Darrell Bonagofsky
Warden	Walter Pratt
Inside Guard	Dale Maddaford
Outside Guard	Michael Camphor
Year 1 Trustee	Kent Friedt
Year 2 Trustee	Garry Mastel
Year 3 Trustee	Allan Lawson
Lecturer	Rick Brown
Membership Dir.	Garry Lux
Faith in Action Program Dir.	Greg Martin
Faith in Action Life Dir.	Allan Lawson
Faith in Action Family Dir.	Jimmy Tablan
Faith in Action Faith Dir.	Darrell Bonagofsky
Faith in Action Community Dir.	Ron Pisoni
Pastoral Parish Council Rep.	Garry Mastel

2026

Feb 9 General meeting
 Feb 11 – FIA Committee Meeting @
 7:00 PM – Hope Room
 Feb 12, 2026 – Padre Night - @
 Polish Canadian Cultural Center
 Feb 20 – Stations of the Cross &
 Poverty Meal at 6:00PM
 Feb 22 – Parish Breakfast
 Mar 2 - Officers meeting
 Mar 9 - General meeting
 Mar – Men’s Lenten Retreat
 Mar 15 – Parish Breakfast - St
 Patrick’s School mass **
 Mar 16 – Silver Rose (6pm)
 March 22 – K of C Sponsored Mass
 (8:30 am)
 April 5 – Easter Sunday**
 April 6 – Officers meeting
 April 13 – General meeting
 May 3 - Parish Breakfast – Notre
 Dame school mass **
 May 4 – Officers meeting
 May 10 – Mothers’ Day**
 May 11 – General Meeting
 May 24 – K of C Sponsored Mass
 (6:00 pm)
 June 1 – Officers meeting
 June 8 – General meeting
 June 14 – Parish Picnic
 June 21 – Father’s Day

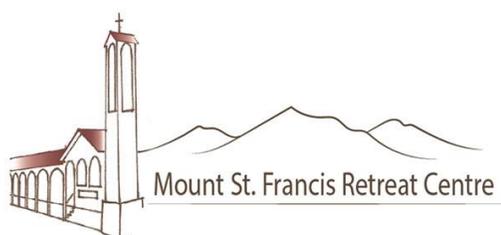


Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where we are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often- hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.



Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holyfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESPOND to it, you can forward it to contact@holyfamilymh.ca so it can be sent to the diocese.