



Welcome to HOLY FAMILY PARISH

5TH SUNDAY IN ORDINARY TIME – YR. A FEBRUARY 8, 2026

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Phone **403-527-6933**

Facebook: [Medicine Hat Holy Family Parish](#) ~ [YouTube: Medicine Hat Holy Family Church](#)

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Fernando Genogaling & Deacon Robert Risling

RECONCILIATION...

Friday 9:30am–10:30am & Saturday 3:30–4:45pm

MASS TIMES - MONDAY WEDNESDAY THURSDAY

FRIDAY 9:00AM TUESDAY 6:00PM

SATURDAY 5:00PM - SUNDAY 8:30AM, 10:30AM & 6:00PM

MONTHLY - 1ST SATURDAY 9 AM

THE CHAPEL IS OPEN...

MONDAY - FRIDAY 9:30am - 4:00pm

ADORATION FRIDAY 9:30 – 10:30am

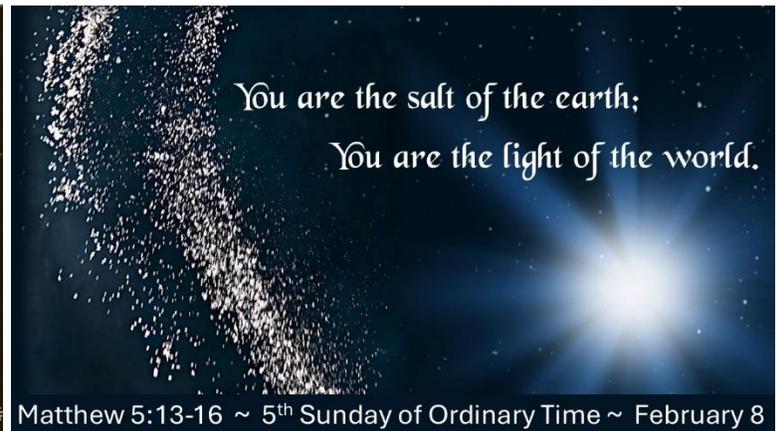
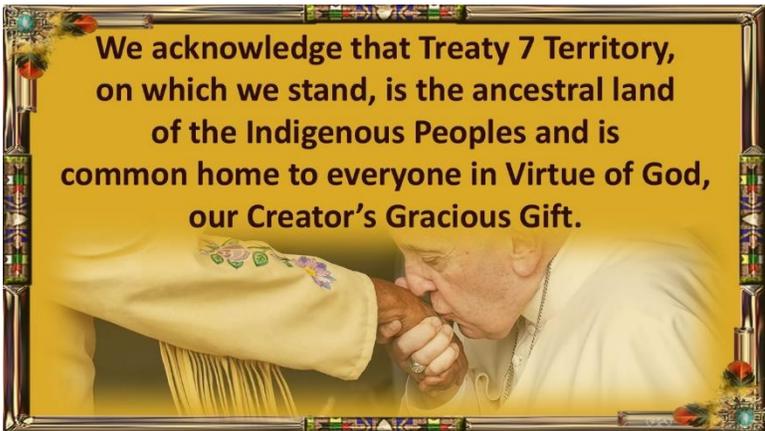
1ST FRIDAY OF MONTH – 12 HOUR ADORATION

Parish Pastoral Council Chair – Ken Loehndorf

Parish Finance Council Chair - Cheryl Pocsik

Knights of Columbus – Jimmy Tablan

Catholic Women's League – Dianne Durda



2025 DONATION TAX RECEIPTS ARE IN THE NARTHEX

Fifth Sunday in Ordinary Time

Isaiah 58:7-10. Psalm 112:4-5, 6-7, 8-9. I Corinthians 2:1-5. Matthew 5:13-16.

Being Salty. In old Roman times, soldiers were paid in salt (it is the root word for "salary"). We are not paid with salt but are told to be salt today. Salt of the earth. Told, not to use "salty" language, but to be seasoned, tasty. We are also told to be light today. Light of the world. Told, not to show the goodness of our deeds, but to let our good deeds manifest the glory of God.

- ◆ How will I season, enliven someone's life today?
- ◆ How will I shine God's light on some gloom in today's world?
- ◆ How will doing this mercy work _____, show the blessedness of God and Christ and Spirit?

5TH SUNDAY IN ORDINARY TIME – YR. A FEBRUARY 8, 2026

FINANCIAL REPORT	
<i>Monthly Operating Budget</i>	\$ 74,669
FEBRUARY MONTH TO DATE	
General Envelope Collection	\$ 17,674
Loose Collections	\$ 1,916
Future Development	\$ 1,618
Misc. Income	\$ 819
Total Month Income	\$ 22,027
Budget Vs Actual	-\$ 52,642
SPECIAL COLLECTIONS	
2026 YEAR TO DATE	
Together in Action (TIA)	\$ 6,023
GOAL - \$70,938 8%	
Multiply the Hope	\$ 450
St Vincent de Paul	\$ 5,477
World Mission	\$ 25
Clergy Retirement	\$ 110
Mission Mexico	\$ 337
CARO	\$ 25
Seminary Fund	\$ 160
Holy Land & Pope's Pastoral	\$ 0
<i>Thank You for your Generous Contributions</i>	
December Average Weekend Attendance 975	

Saturday, February 7
 7:00-10:00am ~ TMIY – HFP Faith Room
 9:00am ~ Mass ~ Carmen Chromka †
 10:00am ~ Benedictine Group – Charity Room
 10:00am ~ Clergy and Ministry Representatives
 Preparing for Easter ~ HFP Hall
 10:00am & 1:30pm ~ 1st Communion. Classes in the Faith Room
 3:30pm ~ Reconciliation
 5:00pm ~ Mass ~ Douglas Max Steinkey †

Sunday, February 8
 8:30am ~ Mass ~ Tim Koch †
 10:30am ~ Mass ~ Sr. Clem Liboiron 100th Birthday
 6:00pm ~ Mass ~ Tammy & Kirby Peterson

Monday, February 9
 9:00pm ~ Mass ~ Fr. Iqbal Khurshid
 7:00pm ~ K of C General Mtg – Faith Rm.

Tuesday, February 10
 1:00pm ~ Endow ~ Charity Room
 1:00pm ~ SSVF ~ Hope Room
 6:00pm ~ Mass ~ Snodgrass Family
 6:30pm ~ Liturgy Meeting – Faith Room
 7:00pm ~ CWL General Meeting ~ HFP Hall

Wednesday, February 11
 9:00pm ~ Mass ~ Teresa Cone †
 12:30-3:30pm ~ MHCBE – Faith Room
 4:00pm ~ Choir Practice – Sally
 6:00-9:00pm ~ MHCBE – HFP Hall
 7:00pm ~ RCIA – Faith Room
 7:00pm ~ K of C – Hope Room

Thursday, February 12
 9:00am ~ Mass ~ Vivian & Nick Stark †
 9:30am ~ Bible Study – Faith Room
 6:00pm ~ SHE – Hall
 6:30pm ~ Parish Pastoral Council – Faith Room

Friday, February 13
 9:00am ~ Mass ~ Gabriel Zavala †
 9:30am – 10:30am ~ Adoration & Reconciliation
 5:30-8:30pm ~ Hall Rental

Saturday, February 14
 7:00-10:00am ~ TMIY – HFP Hall
 10:00am ~ Benedictine Group – Charity Room
 3:30pm ~ Reconciliation
 3:30pm ~ Choir Practice in Choir Rm. - Roxy
 5:00pm ~ Mass ~ Wayne Stubert †

Sunday, February 15
 8:30am ~ Mass ~ James Bonagofsky †
 10:30am ~ Mass ~ Holy Family Parish
 6:00pm ~ Mass ~ Raoul Lemieux †

Ways to Donate to Holy Family Parish

1. Weekly Collection Plate
2. Etransfer – accounting@holymfamilymh.ca
3. Automatic Withdrawal from your Credit Card or Chequing Account



Please contact Robin for more information...
403-527-6933 ext. 104
finance@holymfamilymh.ca

E-Transfer Donations

PLEASE make sure your **FULL NAME** is in the e-transfer information so that you can receive a taxable benefit for your contributions.

Thank You
 For your Donations!

St. Patrick's Church warmly invites you to a fun-filled evening for the whole family!

Family Valentine's Potluck & Dance
Saturday, February 14th, after the 5:00 PM Mass
St. Patrick's Church Hall.

Music of Father Paolo - Dancing; Activities; Giveaways and Surprises for all ages. Silent Cash Auction.

A freewill cash offering with proceeds going to the St. Pat's Discipleship Bible Gathering Ministry.

Limited seating - sign up after Mass at Holy Family Parish, February 7th & 8th. Everyone is Welcome!

Knights of Columbus

General Meeting

Monday, February 9 at 7:00pm

Faith Room



Catholic Women's League (CWL)

General Meeting

Tuesday, February 10 at 7:00pm

HFP Hall

MCCOY'S RESTAURANT
OF THE MONTH

MOXIES

PURCHASE YOUR \$20 GIFT CARD TO SUPPORT MCCOY

NEW RESTAURANT
EACH MONTH

GIFT CARDS AT MONSIGNOR MCCOY OFFICE OR...

E-TRANSFER TO... donations@friendsofmccoy.ca

MAKE SURE YOU STATE YOUR NAME, NUMBER & RESTAURANT.

\$5.00 GOES TO MCCOY | SALE ENDS FEBRUARY 24TH

Medicine Hat Catholic Schools' Education Foundation
50/50 Cash Raffle

- » Draw Date: **March 30**
- » Draw opens: Feb 9 @ 6:00am
- » Draw ends: March 27 @ 11:59pm
- » 4 entries for \$20
- » 20 entries for \$50
- » 100 entries for \$100



Together in the support of all Medicine Hat Catholic students.

AGLC License # 767074

rafflebox.ca/raffle/mhcsef26



Thursday, February 12, 2026 ~ HFP Hall
6:15pm Gathering ~ 6:45 pm Presentation
7:15 pm Small Group Discussion
7:45 pm Dismissal
Theme... "Transformed"



TMIY

THAT MAN IS YOU!

February 14, 2026 ~ HFP Hall

Breakfast 7:30 am

Presentation 8:30 am

Theme: "A Heart Enslaved By the Flesh"

Session 18 presents the first step toward becoming a man after God's own heart: Honor your marital vows.



Sr High/Young Adults
Worship Choir

Next Practice: Saturday, Feb. 14 at 3:30 PM

Next Mass: Saturday, Feb. 14 at 5:00 PM

Contact: Roxy Grove 403-952-8744

Parish Breakfast
February 22nd

After 8:30 & 10:30 Masses

OMELETS, PANCAKES, SAUSAGE, BACON, FRUIT, COFFEE and JUICE.

&

THE BEST FELLOWSHIP EVER!

\$10. - Adults

\$5.- Under 12 & Free - Under 6



2025 DONATION TAX RECEIPTS ARE IN THE NARTHEX

HOLY TRINITY ACADEMY

INFORMATION NIGHT



HOLY TRINITY ACADEMY
Building Possibilities

All Medicine Hat Catholic families are encouraged to attend, as this school will be utilized by the whole division!

Holy Family Parish Hall

Wednesday, February 11

7:00 – 8:00 PM



Medicine Hat Catholic
Board of Education

Children's Liturgy 10:30 Mass

1st and 3rd Sundays of the Month
Parents need to complete the registration form on the Children's Liturgy table and drop the completed form into our mail slot beside the office door before children can attend.
Children who have not received 1st Communion & are under 8 yrs of age can attend.
Older children are encouraged to stay at mass.
Children under 3 need an adult present with them.

Stations of the Cross ~ February 20 ~ 6:00pm

The Knights of Columbus will lead the Stations on the first Friday of Lent, and they invite all parishioners to join them as we begin our Lenten journey together.

Following the Stations, an anonymous Holy Family donor has generously donated fish and chips in the parish hall. Monetary Donations are welcome, to support our two seminarians, Jeffrey Painaga and Antonio Pasqualotto, currently studying at St. Joseph's Seminary, under the guidance of Fr. Cristino Bouvette. Our Council is committed to supporting vocations—your participation strengthens this mission.

Since we can't quite manage Matthew 14:13-21 "Multiplication of Bread & Fish", please contact Patrick Ries at 403-458-0442 (call or text) or pries@memlane.com to confirm your attendance.

We hope you will join us for prayer, fellowship, and support of future priests. With your participation, this gathering can grow into a meaningful annual tradition and a beautiful expression of our parish Renewal.

Vincentian Corner

A new year is upon us, and we thank God for blessing us with the opportunity to assist those among us struggling to make ends meet.

Thank you for your prayers and generosity – without you, we could not continue our valuable mission.

We would welcome any parishioners who may feel called to join us in assisting our neighbors – our meetings are on Tuesdays at 1 pm.

Please consider becoming a Vincentian.

If you have any questions, please call either parish office & leave a message for Janice.

E-transfer donations are accepted at the e-mail address below – a tax receipt will be issued to you if you provide your name and address.

ssvpmedhat@gmail.com

God bless you all!





St. Francis Xavier School



At St. Francis Xavier School, we envision a community where students, staff, parents, and community members come together as one Catholic school family. We strive to meet the individual needs of each student in an atmosphere of Faith, Hope, Trust, and Love. As St. Francis Xavier once reminded us, *"Go forth and set the world on fire with love and kindness,"* we aim to live this



out every day, celebrating the small acts that make a big difference. Every student is unique and created in the image of God, and it is our mission to help each child discover their strengths and strive for excellence. We want our students to grow not only into great learners but also into compassionate and influential ambassadors for our community.

During this 2025-2026 school year, we continue our ongoing philosophy of "Strong Inside, Strong Outside." By growing together in faith, we build a foundation for success in all areas of life. This year we will recognize and cherish God's gifts, both big and small, and to notice when we see the face of Christ in one another. We will continue to nurture the physical, mental, spiritual, and emotional health of all students, helping them feel strong and confident in every task they choose to pursue. As a staff, we remain committed to ensuring that St. Francis Xavier is a safe, caring, and faith-filled environment for every child.

God bless,
Mr. Ryan Irving, Principal





Medicine Hat Catholic Board of Education

PINK SHIRT DAY

COLLECTION



EXPLORE THE ONLINE SHOP:

WWW.MHCBE.SQUARE.SITE



Pink Shirt Day is on February 25, 2026

DIOCESAN SUNDAY UPDATES

5th Sunday in Ordinary Time – Year A



Feb 11: World Day of the Sick

How do we live compassion in real, concrete ways? Pope Leo XIV reflects on the Good Samaritan, with practical parish and family resources to help us accompany those who suffer. Read now at catholicyc.ca/blog

Dante & Our Divine Comedy

An illustrated lecture by George Ferzoco on Dante's journey through Hell, Purgatory, and Paradise, and why The Divine Comedy continues to inspire faith, imagination, and hope today. When: **Thu, Feb 12, from 7 pm to 9 pm at McGivney Hall, St Mary's University.** To register, visit catholicyc.ca/news

The Jubilee Year of St. Francis

From **Jan 10, 2026 to Jan 10, 2027**, the Church marks a special **Jubilee Year of Saint Francis of Assisi** on the 800th anniversary of his death. During this year, the faithful may obtain a **plenary indulgence** by fulfilling the usual conditions (confession, Communion, prayer for the Holy Father,

detachment from sin) and engaging in acts inspired by the Franciscan spirit, such as pilgrimage, prayer, works of charity, and humble service.

Momentum - Ministering to Single Mothers

Momentum is a faith-based community for Catholic single mothers that offers fellowship, prayer, and support. Single mothers of all backgrounds and stages of life: divorced, separated, widowed, or never married are welcome. Momentum is launching a new Calgary-area chapter, with gatherings beginning in Okotoks. First Gathering: **Sat, Mar 14, 11 am to 2 pm** at St. James Catholic Church, Okotoks. Lunch and childcare provided. Register online at catholicyc.ca/news

Conflict Resolution for Couples

Join Bill and Tracy Tomiak for a Marriage Enrichment Workshop on healthy conflict resolution in marriage and family life. This practical, faith-based evening will explore dignity in relationships,

repair after conflict, apology styles, and teamwork. When: **Thu, Mar 19 at 7–9 pm** at Catholic Pastoral Centre (120 17 Ave SW, Calgary). **Cost:** \$20 per session. To register, call Mara at 403-218-5521. This workshop fills quickly. Registration is first come, first served.

Loreto Crypt

The Diocese of Calgary is pleased to announce the opening of the Loreto Crypt at Queen's Park Cemetery (3219 4 St NW, Calgary), a permanent, above-ground mausoleum offering a dignified resting place for babies lost through miscarriage before 20 weeks of gestation. The crypt is open to all families, Catholic and non-Catholic. More information at catholicyc.ca/loretocrypt or call 403-218-5521.

40 Hours Devotion for Vocations

Pray for Vocations:

- [Sacred Heart, Strathmore](#) - Fri, Feb 20 at 7:30 am to Sat, Feb 21 at 11:30 pm.
- [St. Joseph, Calgary](#) - Thu, Mar. 5 at 6 am to Friday, Mar. 6 at 10 am.

More information at catholicyc.ca/40hours

Pastoral Care Training

The Diocese of Calgary invites those called to serve in parish healing ministry to take part in Pastoral Care Training, supporting the sick, elderly, homebound, and bereaved. Sessions take place Saturdays

- **Feb 14 and Mar 7, from 10 am to 3 pm at Holy Name Parish, Calgary.**
- **Feb 21 & Feb 28 at St. Albert the Great, Calgary.**

Register at catholicyc.ca/pastoralcare or call Mara at 403-218-5521.

Retraite de famille 2026

Sainte Famille Parish invites you to a French-language parish family retreat on **Saturday, Feb 28, 2026, from 9:30 am to 4:30 pm, at Sainte Famille, Calgary.** The day includes music, teachings, adoration, and confession, with activities for adults, youth, and children (ages 5+). Register by email: sfamille@shaw.ca

Valentine's Dinner & Dance with St. James' in Okotoks

Join St. James' Parish in Okotoks for a Valentine evening of community and celebration with dinner, live music, dancing, a silent auction, and a wine survivor. When: **Fri, Feb 14, from 6:30 pm to 10:30 pm at St. James Parish, Okotoks.** Tickets: \$32.50 for adults, \$65 for couples, \$15 for children. Childcare for ages 4–12. Space is limited. Call 403–880-4953 for tickets.

Journeying into Silence

Join Br. Guylain Prince, OFM, for an introduction to Christian contemplative prayer. When: **Tue, Feb 17 at 7 pm or Sun, Feb 22 at 3 pm at Mount St. Francis Retreat Centre, Cochrane** The same presentation is offered on two dates. All are welcome. For any questions, contact 403-932-2012 or office@mountstfrancis.ca

St. Joseph Chastity Group for Men (Young Adults 18-35)

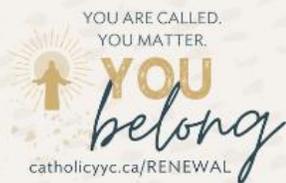
St. Francis Xavier Church (SFXC) is offering a men's weekly chastity group for young adults, focused on prayer, formation, and small-group discussion. The group meets on **Wednesdays at 5:30 pm in Room 120 at the Catholic Pastoral Centre.** For more info, contact Sergio Plazas at 403-389-3863.

Through the Desert God Leads Us to Freedom - Retreat with Fr. Julian Studden

As Lent approaches, this retreat invites participants to reflect on God's call to freedom and renewal of heart. Rooted in the Exodus story and the season of grace, the retreat offers prayer, teaching, and reflection to prepare for the journey from bondage to new life in Christ. When: **Fri, Feb 13, from 6:30 pm to 8:30 pm and Sat, Feb 14, from 9 am to 3 pm.** Cost: \$20 (Friday) or \$60 (Saturday, includes snacks and lunch). [Register here](#)

Film Night: Buying Her

Buying Her (Buying Her), a one-hour documentary by Exodus Cry Films, examines the injustice of sex trafficking by exploring the lives of sex buyers and what drives demand. When: **Thu, Feb 26, from 7 pm to 9 pm at St. Michael's, Calgary.** Viewer discretion advised. No children under age 16.



*"The
Diocese
does not
trust us."*

WE
BELIEVE
THAT

It takes the entire community

TO KEEP EVERYONE SAFE

Clergy, religious, staff, and volunteers complete screening and safe environment training to ensure a shared understanding of appropriate boundaries and to identify red flag behaviours. This is a commitment to create a safe and respectful environment for all.

✔ **Clear boundaries** help individuals prevent and assess situations that are questionable. They also support timely reporting whenever necessary.

✔ **Every person has a role** in creating and sustaining a safe and respectful environment in our parish communities.



ROMAN CATHOLIC
DIOCESE
of Calgary

THANK
YOU

to all who have completed their Safe Environment requirements & Praesidium Academy training.



HOLY FAMILY PARISH MASS INTENTIONS

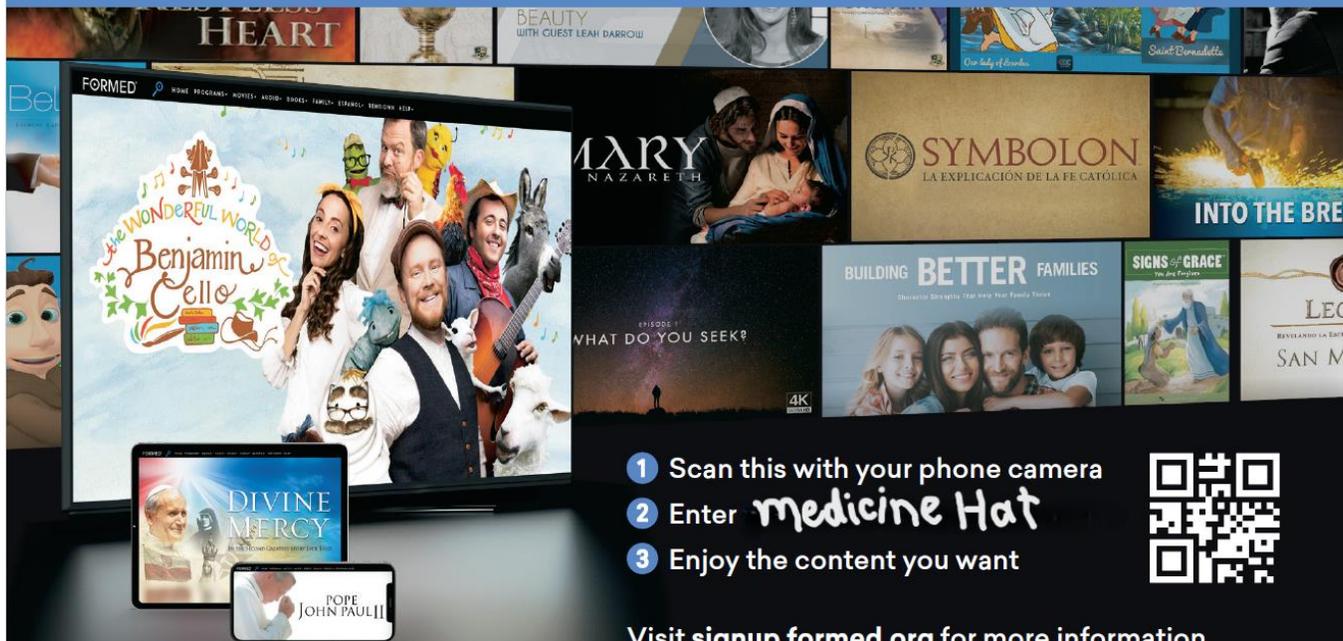
Due to the overwhelming amount of Mass Intentions that we receive at Holy Family Parish we have set some guidelines. We realize that people want Masses on certain dates and some don't care when it happens. We have come up with some guidelines to help make this process fair for everybody.

- ✦ There can only be 1 intention per Mass. It will be for the Living or Deceased. You can not combine Living and Deceased in one Mass Intention.
- ✦ Mass Intention to be listed in the Bulletin and read at the Mass it is assigned to.
- ✦ Mass is not published, and it is sent to Calgary to be distributed to priests that do not get any of very few. There is no way of knowing where it will go or the date it will be assigned to, however it will always be faster than having it here.
- ✦ If requesting certain available dates, you are limited to 2 Masses per month by each requester and 1 per intended Mass. Example You could have a Mass for John in July, but if you want 2 for John, 1 would be in July and one in August. Or you could have 1 for John and 1 for Jane in July.
- ✦ You may choose the next available date. Limited to 2 Masses per month by each requester and 1 per intended Mass. Example You could have 1 Mass for John one month, but if you want 2 for John, 1 would be one month and one the next month. Or you could have 1 for John and 1 for Jane in the same month.
- ✦ When there is a funeral or occasion that draws many Mass Intentions, 2 of these will be booked in 2 separate months and the rest will be sent away to be distributed throughout the Diocese.

This is in no way meant to deter you from requesting Mass Intentions as we feel it is wonderful that there are so many Prayers going out to so many people, we merely are trying to make it fair for everybody.

FORMED[®]

THE CATHOLIC FAITH.
ON DEMAND.



- 1 Scan this with your phone camera
- 2 Enter **medicine Hat**
- 3 Enjoy the content you want

Visit signup.formed.org for more information

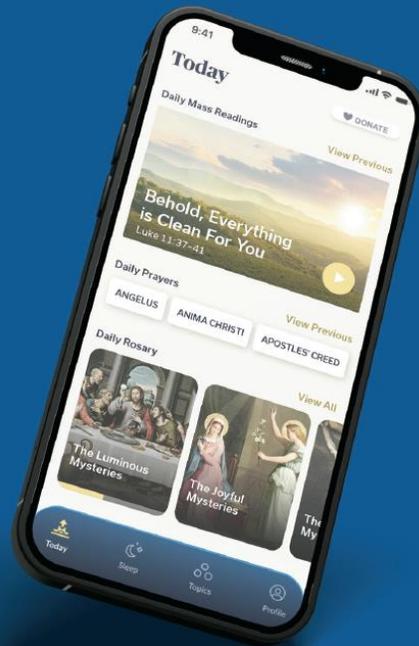
An offering from the  AUGUSTINE INSTITUTE and  ignatius press

Amen[™]

The *Free* Catholic Prayer,
Meditation, and Scripture App

- 1 Scan this with your phone camera
- 2 Download the app
- 3 Enjoy the content you want

Visit amenapp.org for more information



An offering from the  AUGUSTINE INSTITUTE

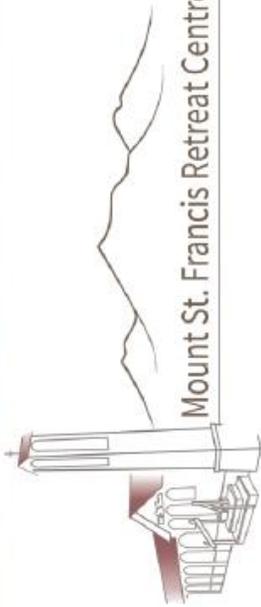
Joe McKinnon Council #9502**Knights of Columbus 2025 - 2026 Officers**

Position	Name
Grand Knight	Jimmy Tablan
Deputy Grand Knight	Jason Iverson
Financial Secretary	Pat Ries
Treasurer	Ron Pisoni
Chancellor	Pat Roche
Recorder	Brad Irvine
Advocate	Darrell Bonagofsky
Warden	Walter Pratt
Inside Guard	Dale Maddaford
Outside Guard	Michael Camphor
Year 1 Trustee	Kent Friedt
Year 2 Trustee	Garry Mastel
Year 3 Trustee	Allan Lawson
Lecturer	Rick Brown
Membership Dir.	Garry Lux
Faith in Action Program Dir.	Greg Martin
Faith in Action Life Dir.	Allan Lawson
Faith in Action Family Dir.	Jimmy Tablan
Faith in Action Faith Dir.	Darrell Bonagofsky
Faith in Action Community Dir.	Ron Pisoni
Pastoral Parish Council Rep.	Garry Mastel

2026

Feb 9 General meeting
 Feb 11 – FIA Committee Meeting @
 7:00 PM – Hope Room
 Feb 12, 2026 – Padre Night - @
 Polish Canadian Cultural Center
 Feb 20 – Stations of the Cross &
 Poverty Meal at 6:00PM
 Feb 22 – Parish Breakfast
 Mar 2 - Officers meeting
 Mar 9 - General meeting
 Mar – Men’s Lenten Retreat
 Mar 15 – Parish Breakfast - St
 Patrick’s School mass **
 Mar 16 – Silver Rose (6pm)
 March 22 – K of C Sponsored Mass
 (8:30 am)
 April 5 – Easter Sunday**
 April 6 – Officers meeting
 April 13 – General meeting
 May 3 - Parish Breakfast – Notre
 Dame school mass **
 May 4 – Officers meeting
 May 10 – Mothers’ Day**
 May 11 – General Meeting
 May 24 – K of C Sponsored Mass
 (6:00 pm)
 June 1 – Officers meeting
 June 8 – General meeting
 June 14 – Parish Picnic
 June 21 – Father’s Day





Mount St. Francis Retreat Centre

MiXeD ReTReAT:

St Vincent dePaul Society January 16-18

Couples Retreat March 20-22

Anglican Retreat April 17-19

Living in the Spirit June 12-14

Plus Day Retreats, Couples Retreat and
Seasonal Retreats.

Check Out MOUNTSFRANCIS.CA

FOR MORE DeTAILS AND RegISTRATION INFORMATION.

2025-2026 ReTReAT Year:

ANCHOReD IN MysTeRy

Each of us face uncertainties and trials.
Each day we anchor ourselves in
the Mystery of the Divine.

This retreat is an invitation to our
relationships, our living and
our responding to how the
Divine Mystery meets us.

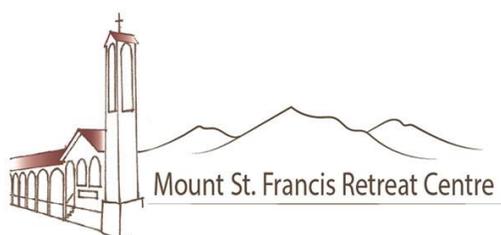


Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where we are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often- hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.



Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holyfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESPOND to it, you can forward it to contact@holyfamilymh.ca so it can be sent to the diocese.