# COUPLICAME to HOLY FAMILY PARISH SOLEMNITY OF CHRIST THE KING – YR. C NOVEMBER 23, 2025

Email: <u>contact@holyfamilymh.ca</u> ~ Website: <u>www.holyfamilymh.ca</u> ~ Phone <u>403-527-6933</u>

<u>Facebook: Medicine Hat Holy Family Parish</u> ~ <u>YouTube: Medicine Hat Holy Family Church</u>

<u>Office Hrs.</u> Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

### **CLERGY AT HOLY FAMILY PARISH**

Fr. Fernando Genogaling & Deacon Robert Risling

MASS TIMES - MONDAY WEDNESDAY THURSDAY
FRIDAY 9:00AM TUESDAY 6:00PM
SATURDAY 5:00PM - SUNDAY 8:30AM, 10:30AM & 6:00PM
MONTHLY - 1<sup>ST</sup> SATURDAY 9 AM

Parish Pastoral Council Chair - Gary Heinbecker
Parish Finance Council Chair - Cheryl Pocsik

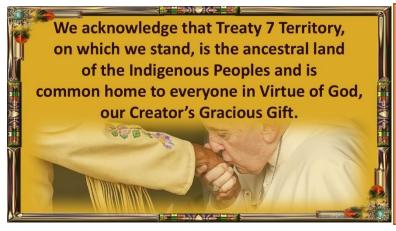
### **RECONCILIATION...**

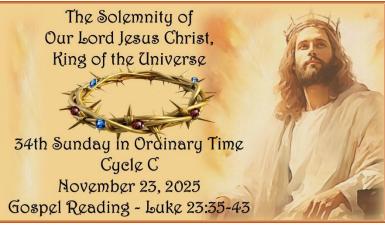
Friday 9:30am-10:30am & Saturday 3:30-4:45pm

#### THE CHAPEL IS OPEN...

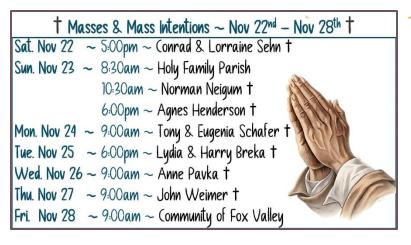
MONDAY - FRIDAY 9:30am - 4:00pm ADORATION FRIDAY 9:30 – 10:30am 1<sup>ST</sup> FRIDAY OF MONTH – 12 HOUR ADORATION

Knights of Columbus – Jimmy Tablan
Catholic Women's League – Dianne Durda





# Welcome Everyone Home!





30LEIMINI OF CHABI	11/2 1/11/10
FINANCIAL REPORT	
Monthly Operating Budget	\$ 70,156
NOVEMBER MONTH TO DATE	
General Envelope Collection	\$ 47,516
Loose Collections	\$ 3,506
Future Development	\$ 3,544
Misc. Income	\$ 9,397
Total Month Income	\$ 63,963
Budget Vs Actual	-\$ 6,193
SPECIAL COLLECTIONS	
2025 YEAR TO DATE	
Together in Action (TIA)	
Together in Action (TIA) GOAL - \$70,938 85%	\$ 60,630
Together in Action (TIA)	
Together in Action (TIA) GOAL - \$70,938 85%	\$ 60,630
Together in Action (TIA) GOAL - \$70,938 85% St Vincent de Paul	\$ <b>60,630</b> \$ 39,405
Together in Action (TIA) GOAL - \$70,938 85% St Vincent de Paul World Mission	\$ <b>60,630</b> \$ 39,405 \$ 2,020
Together in Action (TIA) GOAL - \$70,938 85% St Vincent de Paul World Mission Clergy Retirement	\$ 60,630 \$ 39,405 \$ 2,020 \$ 1,739
Together in Action (TIA) GOAL - \$70,938 85% St Vincent de Paul World Mission Clergy Retirement Mission Mexico	\$ 60,630 \$ 39,405 \$ 2,020 \$ 1,739 \$ 1,839
Together in Action (TIA) GOAL - \$70,938 85% St Vincent de Paul World Mission Clergy Retirement Mission Mexico CARO	\$ 60,630 \$ 39,405 \$ 2,020 \$ 1,739 \$ 1,839 \$ 275
Together in Action (TIA) GOAL - \$70,938 85% St Vincent de Paul World Mission Clergy Retirement Mission Mexico CARO Seminary Fund	\$ 60,630 \$ 39,405 \$ 2,020 \$ 1,739 \$ 1,839 \$ 275 \$ 2,819 \$ 5,757
Together in Action (TIA) GOAL - \$70,938 85% St Vincent de Paul World Mission Clergy Retirement Mission Mexico CARO Seminary Fund Holy Land & Pope's Pastoral	\$ 60,630 \$ 39,405 \$ 2,020 \$ 1,739 \$ 1,839 \$ 275 \$ 2,819 \$ 5,757

33<sup>rd</sup> Sunday in Ordinary Time — Year C

 $I^{\rm st}$  Reading ~ 2 Samuel 5:1-3 David is anointed king.

Responsorial *Psalm 122:1-2,3-4,4-5*Enter the house of the Lord rejoicing.

2<sup>nd</sup> Reading ~ *Colossians 1:12-20* Hymn to Jesus as the first-born of all creation.

Gospel ~ Luke 23:35-43
Jesus is crucified under the title King of the Jews.



accounting@holyfamilymh.ca

### **Ways to Donate to Holy Family Parish**

- 1. Weekly Collection Plate
- 2. Etransfer accounting@holyfamilymh.ca
- 3. Automatic Withdrawal from your Credit Card or Chequing Account



Please contact Robin for more information... 403-527-6933 ext. 104 finance@holyfamilmh.ca

### Do You Volunteer Within Our Parish?

Please stop by the Safe Environment Table in the Narthex this weekend!

Take a moment to check if your volunteer file needs updating. If so, please complete the package provided and return it to the office.

Thank you for helping us keep Holy Family Parish, a safe, welcoming and caring environment for everyone!

Together IN Year to Date: \$60,630.

ACTION only 85% of total needed!

The 2025 Goal is \$70,938.

ONLY 5 WEEKS left to raise

\$10,308.00, or \$2,061.60/week!

Please give what you can so we can meet our goal again this year!

Your Generosity is Appreciated!

### **E-Transfer Donations**

PLEASE make sure your <u>FULL NAME</u> is in the e-transfer information so that you can receive a taxable benefit for your contributions.

For your Donations!

# ADVENT RENEWAL Diocesan Retreat

(1)

Speaker

Archbishop Terrence Prendergast

**Advent Listening:** 

A reflective retreat on how the living Word of God shapes our hearts for discipleship and mission!

Saturday – December 6 – 9:30 AM to 12:30 PM Followed by Lunch of Soup & Buns for those that register by signing up at the Parish Office or e-mail at ppc@holyfamilymh.ca



The Legion of Mary invites all parishioners to Following a short attend a discussion address on this Marion title by a on the meaning of Mary, Mediatrix of All **Legion of Mary** Grace, on member, there will be discussion and a talk Wednesday. **November 26th from** by Fr. Paolo. 7:30 pm to 9:30 pm in Refreshments will be the parish hall at St. served. Come pray, Patrick's Church. learn and share.

### Christmas Eve 5pm Mass Play & Choir

Christmas Play – Kindergarten and up are Welcome
Auditions for Speaking Parts.
Non-speaking Parts (no audition required)!
Sign up deadline is December 7
First rehearsal is Sunday Nov. 30 from 1:00pm-2:30pm
Please see registration forms on the Hospitality Desk

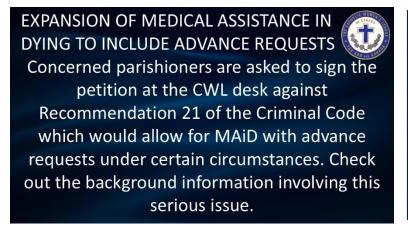
Family Choir - Children Grade 2 & up.
An Adult must be present. Parent participation is encouraged but not necessary. No deadline to sign-up.
First practice is Dec. 14 from 2:30pm-3:30pm



Tuesday, December 9th after 6pm Mass Bring a potluck dish & your own plates, utensils & a plus one (hubby) Entertainment at 7:30 Raffle draw will made after supper









Christmas/Advent orders are open until Nov 15 if people want their merch by Dec 1.



### Check out the NEW Books

The Eucharistic Miracles of the World ~ Eternal Life - St. Carlo Acutis compilation of Eucharistic Miracles of the World.

The Last Hours of Jesus ~ Ralph Gorman C.P. Living every day with passion and purpose.

Children's Liturgy 10:30 Mass

1st and 3rd Sundays of the Month
Parents need to complete the
registration form on the Children's
Liturgy table and drop the completed
form into our mail slot beside the office
door before children can attend.
Children who have not received 1st Communion
& are under 8 yrs of age can attend.
Older children are encouraged to stay at mass.
Children under 3 need an adult present with them.



### KIWANIS CHRISTMAS DINNER FOR THOSE ALONE



Since 1980, a project of the Gas City, Golden K and the Kiwanis Clubs of Medicine Hat has been to provide a meal and an opportunity to socialize for individuals who are unable to spend Christmas Day with family or friends and would otherwise be alone.

We invite Residents of Medicine Hat, Redcliff and District

Who would otherwise be alone on Christmas Day

To attend Christmas Dinner on Thursday, 25 December 2025

At the Veiner Centre



Door Opens at 11:00 a.m. Dinner is served at noon.

An application form is required so that we have accurate numbers of those attending.

Application forms may be obtained at the Veiner Centre and participating Churches, or at the office of Wm. H. L. (Bill) desBarres in the Co-op Mall on 13<sup>th</sup> Avenue.

We request that application forms be returned by Noon on Friday, 12 December 2025 to:

The Veiner Centre, 225 Woodman Avenue S.E, Phone: 403-529-8307 Wm. H. L. (Bill) desBarres' office in the Co-op Mall, Phone: 403-526-1070 Or via email: Kiwanis.Christmas@hotmail.com

### If you would like to volunteer, please contact:

Derrick Ironside, Kiwanis Club of Medicine Hat, <u>derrick.ironside@gmail.com</u>, 403-548-5664
 Please note: Volunteers must be 14 years of age or older.

#### We are grateful to our Sponsors:

South Country Co-Op and The Medicine Hat Lodge
We are also grateful to the Veiner Centre for the use of their fine facility
and to all of our Community Volunteers

### KIWANIS CHRISTMAS DINNER FOR THOSE ALONE



An invitation is extended to individuals who are alone at Christmas to attend a Christmas dinner on

Thursday, 25 December 2025

At the Veiner Centre, 225 Woodman Avenue S. E., Medicine Hat, AB, T1A 3H2.

Door opens at 11:00 a.m., Dinner is served at 12:00 noon.

This dinner provides a friendly gathering for *those individuals who cannot share Christmas* Dav with their family or friends. This is a project of the three Medicine Hat Kiwanis Clubs.

### For additional information, contact:

Bill desBarres, Gas City Kiwanis Club, lazydbar@telusplanet.net 403-526-1070 for Transportation Information, contact:

lan McTaggart Gas City Kiwanis Club lanjoann84@gmail.com 403-529-6438

Please return this application form by **Noon on Friday, 12 December 2025** to:

The Veiner Centre, 225 Woodman Avenue S.E., Phone: 403-529-8307 Wm. H. L. (Bill) desBarres' office in the Co-op Mall, Phone: 403-526-1070 Or via email: Kiwanis.Christmas@hotmail.com

#### All information below must be filled in.

Please note: The 2025 Christmas Day Dinner may be subject to cancellation or limited seating as a result of health or other imposed rules or regulation. Please assure the applicant contact information is accurate on the application submitted.

Please note: We are unable to accommodate special diets as our volunteers and the kitchen cannot guarantee gluten free, dairy free, egg free, nut free, sugar free or any other special diet needs.

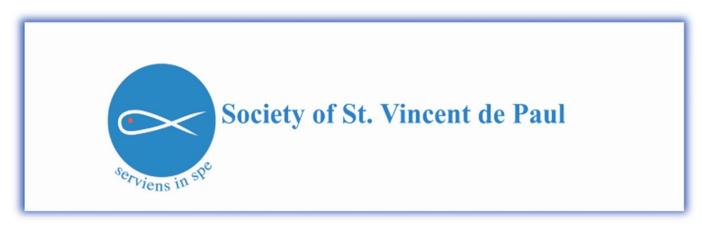
Also please note: This is a sit down dinner. Take out or "doggie bags" cannot be accommodated due to health regulations and liability issues.

Please tear along this line, keep the top as a reminder and send in only the

bottom

### Kiwanis Christmas Dinner for Those Alone, 25 December 2025 Please complete in full Print Full Name: Address: \_\_\_\_\_\_\_ Telephone: 1. Do you need someone to pick you up in a car? Yes \_\_\_\_ No 2. Do you have any mobility needs? [example: walker, wheelchair, etc.] Please explain: 3. If you have your own transportation, Are you willing to give someone a ride to the dinner? Yes No

Incomplete applications will not be considered



### **Vincentian Corner**

World Day of the Poor: Sunday November 19, 2025

This very special day was established by Pope Francis as a reminder that "the poor are at the heart of the Gospel." This year's theme- "You are my hope"- invites us to recognize that our encounters with those who are poor, lonely, or struggling are sacred opportunities to meet Christ himself.

There are many ways you can be the hope of those in need right here within our community.

Volunteer: The Society of St. Vincent de Paul welcomes new members who feel called to serve. Serving with SSVP is a beautiful way to grow in faith and friendship while putting love into action.

Donate: Your financial contributions make it possible for us to respond to those seeking help. Every gift - large or small- directly supports our neighbours in need.

Pray: Please keep those we serve as well as the volunteers who visit them in your prayers.

Your involvement can bring hope to those who need it most, because truly, "We are the hope" of those who are desperately searching for assistance.

What a blessing and a gift it is to be able to bring help to our neighbours who are in need.

# **Mother Teresa School**





### **Aura Street - Principal**

We are several weeks into another school year, and we have been involved in so many things already! At MTS we continue to build relationships and connections with our community in a variety of ways.

We have participated in "10 Days of Truth and Reconciliation" which ended with each student placing their thumbprint on our office windows in recognition of National Day of Truth and Reconciliation.

We also continue to invite students and their families to our monthly Community Nights in the gymnasium. From board games to karaoke, there is something for everyone!

Our Student Faith Leadership Team has also been hard at work attending Faith sessions at the church and bringing ideas back to share with staff and students.

Through this program/initiative, we can further embed our faith into all we do with an even more focused approach from the perspective of students themselves...and the students are excited to be part of it!!





Here's to continued success at MTS in 2025-2026!



Dear Friends of the Shelter,

The Medicine Hat Women's Shelter Society has been running a Christmas Hamper Program for over 25 years to help provide gifts to those impacted by family violence. This program helps ensure these families and individuals do not go without gifts for Christmas.



We are reaching out to you today to ask for your assistance in helping to make a difference in our community. All the families and individuals we are providing hampers to are local families or individuals who are on their journey towards living a life free from violence.

One mom we helped sent a thank you email saying "I was beyond surprised and appreciative of the Christmas Hamper I received. Honestly, I have not felt that valued and cared for in a long time. My children were able to have a special Christmas with your help. Thank you."

We hope you will consider helping to make a difference in the lives of those in need this holiday season.

We invite you to participate in the program in any of the following ways:

- 1. Donate new toys, gifts (for all ages) or gift cards by dropping them off at Sun Valley Honda and Davis GMC in Medicine Hat between November 12 to December 19.
- 2. Make a financial donation towards the program (this can be done online at www.mhwss.ca, e-transfer to info@mhwss.ca or mail a cheque)

For any questions about the MHWSS Christmas Hamper Program please email Deidre Giesbrecht, Volunteer & Donations Coordinator, at deidreg@mhwss.ca or call us at (403)527-8223.

Thank you for your consideration!

Yours Truly, Natasha Carvalho, M.Sc., RSW Executive Director Medicine Hat Women's Shelter Society



NOVEMBER

26 2:00 - 6:00 PM

NURTURE PREGNANCY CENTRE INVITES YOU TO OUR COMMUNITY OPEN HOUSE.

MEET OUR BOARD MEMBERS AND STAFF.

PLEASE JOIN US FOR AN AFTERNOON OF CONNECTION, COLLABORATION, TREATS, AND, FELLOWSHIP.

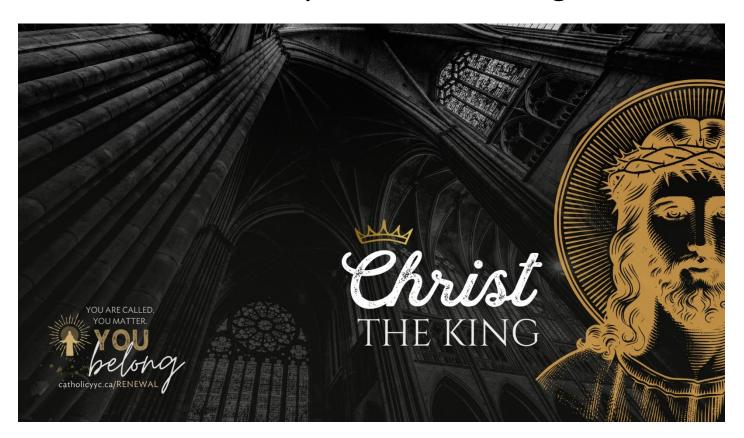


RSVP BY NOV 24 AND LET US KNOW HOW MANY WILL BE JOINING!.

FOR MORE INFO CALL 403 504 8560

### **DIOCESAN SUNDAY UPDATES**

### Solemnity of Christ the King



### The Gift of Catholic Education

This Sunday, Bishop McGrattan invites us to celebrate the gift of Catholic education in Alberta. Across our province, Catholic schools are places where faith and learning come together. You can support Catholic education through the second collection during the Sunday Masses on **Nov 22–23** at your parish, or give online anytime at catholicyyc.ca/catholiceducationsunday.

### Celebrating Vocations with Cardinal Collins | Nov 25

Join us for Mass with Bishop McGrattan and Cardinal Thomas Collins, followed by a reception and talk with Cardinal Collins on the mission of Serra International. Learn about the inspiring work of Serra International in fostering vocations within the Church. When: **Tue, Nov 25, at 5 pm – St. Mary's Cathedral** followed by session and refreshment at the Parish Hall.

### Winter Gifts 2025 for Feed the Hungry Guests

As the chill of winter sets in, you can make a difference for our Feed the Hungry guests.

We're collecting new mittens, gloves, socks, toques, and scarves to share warmth and kindness this Christmas season. Drop off your contributions at St. Mary's Cathedral Parish Office (Monday to Friday, 8:30 am-3:30 pm, closed from 12-1 pm) until Dec 10.

#### **Transitions**

Transitions is a 16-week peer-led, God-centred support group that is designed to foster healing in its participants who are working through the pain of separation and divorce. The group meets every **Tuesday, beginning Nov 25, 2025** (7 to 9 pm). No fee. Register now at <u>catholicyyc.ca/transitions</u>

### **Loreto Crypt Blessing**

Save the date! You are invited to pray with Bishop William T. McGrattan at the blessing of the newly completed Loreto Crypt: Sanctuary for Little Souls at Queen's Park Cemetery. This sacred space has been created as a place of prayer, remembrance, and hope for families who have experienced the loss of infants and unborn children. When: **Wed, Dec 10, 2025 at 4 pm,** at Queen's Park Cemetery, 3219 4 St. NW, Calgary. All are welcome!

### 40 Hours Devotion for Vocations

Pray for vocations:

- St. Cecilia, Calgary Fri, Nov. 21 at 8 am to Sat, Nov. 22 at midnight.
- Ascension Catholic Parish, Calgary Thu, Nov 27 at 7 pm to Sat, Nov 29 at 4 pm.

### How are you going to prepare for Christmas this year?

Join Fr. Wilbert Chin Jon for an evening of reflection as we enter the season of Advent. Drawing from the call of Isaiah and echoed by John the Baptist, "Prepare the way of the Lord, make His paths straight" (Lk 3:4). When: Wed, Nov 26, from 6:30 to 8:30 pm at FCJ Retreat & Conference Centre. This session will help us explore how Scripture, prayer, and personal reflection can ready our hearts for Christ's coming, especially in the wilderness places of our lives. Register or 403-228-4215 or info@fcicentre.ca visit fcjcentre.ca.

### An Evening with Michael Chiasson – "Things We Wish Our Parents Knew"

Parents are invited to an evening with Michael Chiasson as he shares the message behind his new book *Things We Wish Our Parents Knew*. When: **Thu, Nov 27, from 7 to 9 pm at St. Michael's, Calgary.** Come be inspired to heal and strengthen teenparent relationships through courageous, meaningful conversations.

#### Elizabeth House Wish List

Help make this Christmas special for the moms and babies of Elizabeth House by donating items from our Christmas Wishlist. For more info on the Christmas wishlist, contact 403-560-8471, or email suzanne.lehbauer@calgarydiocese.ca

Donation Drop-off Days at Catholic Pastoral Centre, 120 17th Avenue SW, Calgary on Dec 2, 3 & 4 - 10 am to 3 pm; Dec 9 & 10 - 1 pm to 6 pm.

### **Altar Servers Recognition Mass**

All altar servers are invited to join Bishop McGrattan for this special celebration. Please register with your parish. When: **Sun, Nov 23, at 1 pm at St. Michael's Catholic Community, Calgary.** For more information, contact Hardy at 587-703-1585.

### Advent Retreat – "As we wait in Joyful Hope" with St. Gerard's

All are invited to an Advent retreat with Deacon Michael Soentgerath. When: Sat, Nov 29, from 9:30 am to 12 pm at St. Gerard's, Calgary. The morning begins with Adoration at 9:30 am, followed by a retreat talk from 10 am to noon. Free admission. More info, call 403-253-2251 or email frontdesk.admin@stgerards.ca.

#### **End-of-Life Care Formation**

Inviting all compassionate Catholics, caregivers, and those accompanying the dying to join *Understanding the Human Experience of Dying*, in this valuable end-of-life care formation series. When: **Tue, Nov 25 from 7 pm to 8:30 pm at Ascension Parish, Calgary.** Learn how to make informed decisions and provide faith-filled support to loved ones nearing the end of life.

### **Anchored in Mystery**

Begin the season of Advent with a silent retreat rooted in the theme Anchored in Mystery. When: Fri—Sun, Dec 5–7 at Mount St. Francis, Cochrane. Register by calling 403-932-2012.

### Advent by Candlelight - for Women

Take a quiet pause this Advent and join the women of Ascension Parish for an evening of peaceful reflection on the meaning of the season, illuminated by the beauty of candlelight. When: **Wed, Dec 3, from 6:30 pm at Ascension Catholic Parish, Calgary**. Tickets: \$15. Register: 403-275-2240.

#### Advent & Christmas Markets

Sat, Nov 22 from 10 am to 3 pm - St. Paul's Christmas Market - St. Paul's, Airdrie



### **HOLY FAMILY PARISH MASS INTENTIONS**

Due to the overwhelming amount of Mass Intentions that we receive at Holy Family Parish we have set some guidelines. We realize that people want Masses on certain dates and some don't care when it happens. We have come up with some guidelines to help make this process fair for everybody.

- There can only be 1 intention per Mass. It will be for the Living or Deceased. You can not combine Living and Deceased in one Mass Intention.
- Mass Intention to be listed in the Bulletin and read at the Mass it is assigned to.
- Mass is not published, and it is sent to Calgary to be distributed to priests that do not get any of very few. There is no way of knowing where it will go or the date it will be assigned to, however it will always be faster than having it here.
- If requesting certain <u>available</u> dates, you are limited to 2 Masses per month by each requester and 1 per intended Mass. Example You could have a Mass for John in July, but if you want 2 for John, 1 would be in July and one in August. Or you could have 1 for John and 1 for Jane in July.
- ♣ You may choose the next available date. Limited to 2 Masses per month by each requester and 1 per intended Mass. Example You could have 1 Mass for John one month, but if you want 2 for John, 1 would be one month and one the next month. Or you could have 1 for John and 1 for Jane in the same month.
- ♣ When there is a funeral or occasion that draws many Mass Intentions, 2 of these will be booked in 2 separate months and the rest will be sent away to be distributed throughout the Diocese.

This is in no way meant to deter you from requesting Mass Intentions as we feel it is wonderful that there are so many Prayers going out to so many people, we merely are trying to make it fair for everybody.

# **FORMED**®

THE CATHOLIC FAITH.





Joe McKinnon Council #9502	
Knights of Columbus 2025 - 2026 Officers	
Position	Name
Grand Knight	Jimmy Tablan
Deputy Grand Knight	Jason Iverson
Financial Secretary	Pat Ries
Treasurer	Ron Pisoni
Chancellor	Pat Roche
Recorder	Brad Irvine
Advocate	Darrell Bonagofsky
Warden	Walter Pratt
Inside Guard	Dale Maddaford
Outside Guard	Michael Camphor
Year 1 Trustee	Kent Friedt
Year 2 Trustee	Garry Mastel
Year 3 Trustee	Allan Lawson
Lecturer	Rick Brown
Membership Dir.	Garry Lux
Faith in Action Program Dir.	Greg Martin
Faith in Action Life Dir.	Allan Lawson
Faith in Action Family Dir.	Jimmy Tablan
Faith in Action Faith Dir.	Darrell Bonagofsky
Faith in Action Community Dir.	Ron Pisoni
Pastoral Parish Council Rep.	Garry Mastel

2025 - 2026 September 14 – Corn Roast **October 6 - Officers Meeting** October 14 – Regular meeting October 19 – Parish Breakfast St. John Paul II Mass Nov 3 – All Souls Day Mass **November 3 - Officers Meeting** November 10 – Regular meeting November 23 – Parish Breakfast Msgr. McCoy Mass **December 1 - Officers Meeting December 08 – Regular meeting & Family Spaghetti Supper December 14 – Christmas Breakfast** Feb 22 - Parish Breakfast ??

Mar 15 – Parish Breakfast
St Patrick's School Mass
April 5 – Easter Sunday

May 3 - Parish Breakfast
Notre Dame Academy Mass

May 10 – Mothers' Day June 14 - Fathers' Day ??? June 21 – Parish Picnic





Who is Jesus? Do I need a church?

Why do I exist?

Teens in your parish are actively loothe king for answers to these questions. Unfortunately, the world is not providing the proper guidance to point them in the right direction.

But you can help change this. Equip your teens with the tools to help them discover the best answers to these questions with The Search Begins.

### **CLICK HERE TO WATCH THIS TRAILER**

The Search Begins is a seven-episode video series adapted from the Augustine Institute's award-winning series The Search. It invites teens in your parish to find meaning in their everyday lives. This program shares the answers to the fundamental questions of life so they can live more for God. A life of purpose!

Guide your teens to real, satisfying answers about their life and the person of Jesus Christ now with The Search Begins.



Order the Leader's Kit or Deluxe Leader's Kit on Catholic Market.

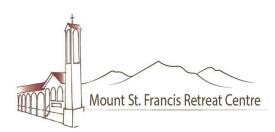
### Retreat Centers in Southern Alberta

#### AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.



Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seethe king a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





# Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holyfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESPOND to it, you can forward it to contact@holyfamilymh.ca so it can be sent to the diocese.