



# Welcome to HOLY FAMILY PARISH

MOST HOLY TRINITY SUNDAY – YR. C

JUNE 15, 2025

Email: [contact@holyfamilymh.ca](mailto:contact@holyfamilymh.ca) ~ Website: [www.holyfamilymh.ca](http://www.holyfamilymh.ca) ~ Phone 403-527-6933

Facebook: Medicine Hat Holy Family Parish ~ YouTube: Medicine Hat Holy Family Church

**Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.**

## CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid & Deacon Robert Risling

## MASS TIMES - MONDAY TUESDAY THURSDAY FRIDAY

9:00AM WEDNESDAY 7:00AM

SATURDAY 5:00PM - SUNDAY 8:30AM, 10:30AM & 5:00PM

MONTHLY - 1<sup>ST</sup> TUESDAY 6 PM & 1<sup>ST</sup> SATURDAY 8 AM

## RECONCILIATION...

Friday 9:30am–10:30am & Saturday 3:30–4:45pm

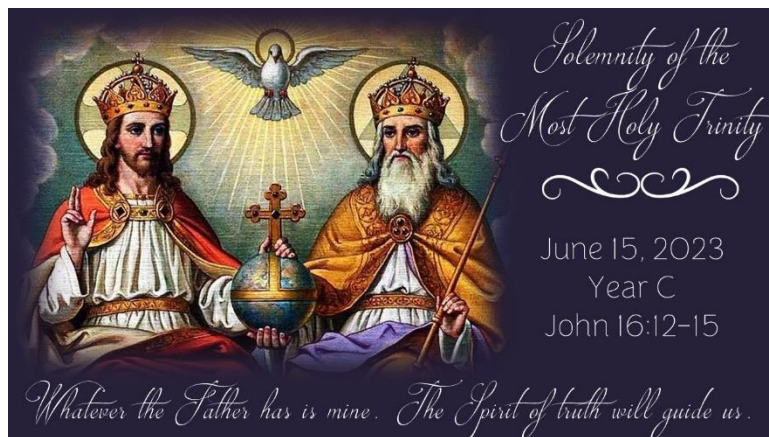
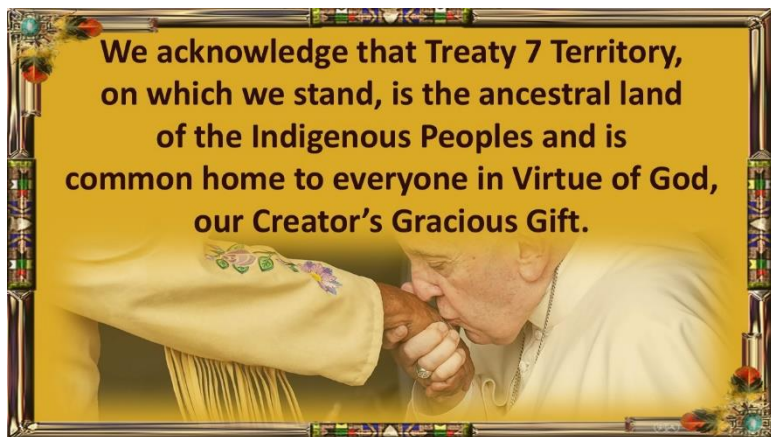
## THE CHAPEL IS OPEN...

MONDAY - FRIDAY 9:30am - 4:00pm

ADORATION FRIDAY 9:30 – 10:30am

Parish Pastoral Council Chair - Gary Heinbecker  
Parish Finance Council Chair - Cheryl Pocsik

Knights of Columbus – Greg Martin  
Catholic Women's League – Dianne Durda



## † Masses & Mass Intentions ~June 14<sup>th</sup> to 20<sup>th</sup> †

Sat. June 14- 5:00pm – Quinn Lerner †

Sun. June 15 - 8:30am – Jean Koelher

10:30am – Catherine Aitken †

5:00pm – Holy Family Parish

Mon. June 16 - 9:00am – John Wingenbach

Tue. June 17 - 9:00am – Bertha Wingenbach

Wed. June 18 - 7:00am – Leo Bachmier

Thu. June 19 - 8:00am – Michelle Guineault †

Fri. June 20 - 9:00am – Les Costea †



**Special  
Collections**

**June 2025**

**Future  
Development**

**Together in Action**

**General Funds**

*Psalm 8:4-9 ~ O Lord, our God, how wonderful your  
name in all the earth!*



FINANCIAL REPORT	
<i>Monthly Operating Budget</i>	<b>\$ 70,156</b>
JUNE MONTH TO DATE	
General Envelope Collection	\$ 24,390
Loose Collections	\$ 1,929
Future Development	\$ 1,973
Misc. Income	\$ 2,270
<b>Total Month Income</b>	<b>\$ 30,562</b>
<b>Budget Vs Actual</b>	<b>-\$ 39,594</b>
SPECIAL COLLECTIONS	
2025 YEAR TO DATE	
Together in Action (TIA)	\$ 38,338
<b>GOAL - \$70,938</b> <b>54%</b>	
St Vincent de Paul	\$ 19,487
World Mission	\$ 125
Clergy Retirement	\$ 989
Mission Mexico	\$ 834
CARO	\$ 225
Seminary Fund	\$ 2,354
Holy Land & Pope's Pastoral	\$ 5,637
<i>Thank You for your Generous Contributions</i>	
June Average Weekend Atten.	<b>937</b>



**DONATE TODAY...**  
[accounting@holyfamilymh.ca](mailto:accounting@holyfamilymh.ca)

Solemnity of the Most Holy Trinity

Proverbs 8:22-31

Psalms 8:4-5, 6-7, 8-9

Romans 5:1-5

John 16:12-15.

About the News Story. Here is the gospel declaration, the Good News for today. Who? Father, Son, and Spirit – aka (1) the Trinity and (2) God. What? The love of God has already been poured into us. When? Before creation and throughout our salvation down to today. Why? Because we stand in God's good grace by God's loving design. How? Ah, that is mystery!

† What peace does the Father bring this day?

† What does Jesus have to tell me about affliction, endurance, character, hope, and love (see the Romans reading)?

† How will I let the Spirit guide me?




**The Catholic Women's League**  
 Holy Family Parish  
**"A Pie for Your Guy"**  
**Father's Day Weekend - June 14/15**  
 Pies will be sold after all masses \$10.00 each  
 Please bring your pie(s) to the church  
 from 3:00–4:30pm on Saturday, June 14th.  
**\*\*Reminder - NO dairy based products.**

*John 16:12-15 ~ Whatever the Father has is mine. The Spirit of truth will guide us.*

# AGM

Annual General Meeting

Holy Family Parish

Finance Council

Parish Pastoral Council

Maintenance Committee

Volunteer Coordinator

**Wednesday, June 17, 2025**

**7:00 PM Faith Room**

**Everyone is Welcome**

Holy Family Parish

# Annual Parish Picnic

**SUNDAY, JUNE 22**

*Enjoy food,  
drink, &  
fellowship with  
our Faith  
Community.*



*Lots of fun  
for kids. Free  
to all, young,  
old and in  
between!*

**After the 10:30 Mass**





The Catholic  
Woman's League  
are collecting for  
this great cause.

Drop Baby items off at the table and pick up a bottle  
for money collection for baby formula.

**\*\* Needed diapers of all sizes, especially size 4-6.\*\***

Also accepting gently used larger baby items like:  
gates, highchairs, bassinets, playpens, etc.

**PLEASE RETURN BABY BOTTLES &/OR  
DONATION ENVELOPES BY JUNE 15<sup>TH</sup>**



## Volunteer's Meeting

Sunday, June 15<sup>th</sup>  
after the  
10:30 Mass

**All volunteers are encouraged to  
attend. Light snacks provided.**

## 9 Day Novena for Rain and Favorable Weather

Mon, June 16 at 8:30am

Tue, June 17 at 8:30am

Wed, June 18 at 8:30am

Thu, June 19 at 8:30am

Fri, June 20 at 8:30am

Sat, June 21 at 3:00pm

Sun, June 22 at 3:00pm

Mon, June 23 at 8:30am

Tue, June 24 at 8:30am



## Court Whist Night

June 18th, 6:30 PM

Holy Family Hall

From teenagers to super  
seniors welcome to come.

*Where do cats go after they die?*

*They go to PURRRRRGATORY!*

June 21<sup>st</sup>  
& 22<sup>nd</sup> at  
all Mass



*Chalice is a Canadian, Catholic international child  
sponsorship charity. For more than 30 years, our  
sponsors have supported children experiencing  
poverty to overcome obstacles, finish school, and  
have a hope-filled future.*



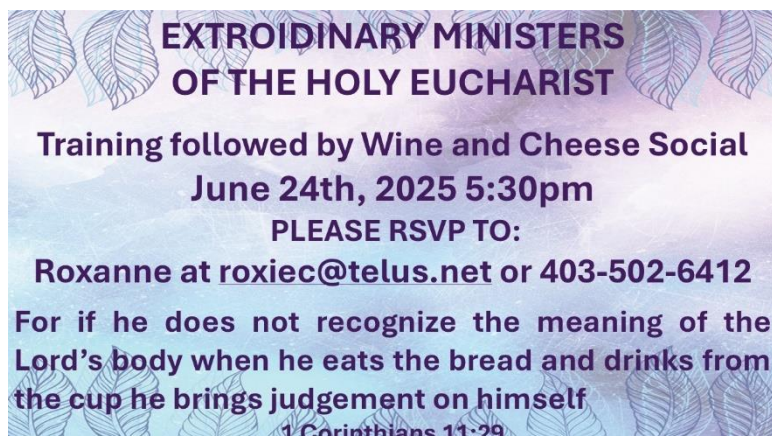
Corpus Christi Procession  
Sunday  
June 22  
at  
3:00pm

Holy Family Parish Parking Lot



The last Sunday for  
Children's Liturgy  
is June 22

For Information or to Volunteer  
Call Tammy @ 403-866-7886



## EXTRAORDINARY MINISTERS OF THE HOLY EUCHARIST

Training followed by Wine and Cheese Social  
June 24th, 2025 5:30pm

PLEASE RSVP TO:

Roxanne at roxiec@telus.net or 403-502-6412

For if he does not recognize the meaning of the  
Lord's body when he eats the bread and drinks from  
the cup he brings judgement on himself

1 Corinthians 11:29



# Sacrament Summer Sessions at Holy Family Parish

For children 11 yrs or older who have NOT received  
1<sup>st</sup> Reconciliation or 1<sup>st</sup> Communion

1<sup>st</sup> Reconciliation - July 14<sup>th</sup>, 15<sup>th</sup> & 16<sup>th</sup> from 1:30pm to 3:00pm

1<sup>st</sup> Communion - July 21<sup>st</sup>, 22<sup>nd</sup> & 23<sup>rd</sup> from 10:00am to 11:30am

**REGISTRATION DEADLINE UNTIL MORNING OF JULY 7**

Register at Holy Family Parish Office with the following...

- ❖ your child's baptism certificate
- ❖ birth certificate or permanent residence card
- ❖ a payment of \$50.00 (financial help is available if needed)

Office hours: Monday to Friday, 8:30am-4:30pm (Closed 12-1pm)

For more information: Sally 403-527-6933 Ext. 105

or email [sac.prep@holyfamilymh.ca](mailto:sac.prep@holyfamilymh.ca)

## Parents Night Out

Grade 1 to Grade 8 Parents are invited to Wine and Cheese

**Thurs. June 19 ~ Holy Family Parish Hall ~ Doors open at 6:30**

**RSVP - Sally at Holy Family Parish [sac.prep@holyfamilymh.ca](mailto:sac.prep@holyfamilymh.ca)**

**Enjoy an evening out & support our local talent.**

**Following a brief Sacrament  
Presentation by Sally, the  
Entertainment begins at 7:00pm by:  
Trent Roset (Mahoney) & his sons  
Gibson & Jude (The Cruisers)**



## Protection of the Charitable Status of Pro-Life and Religious Organizations

The Standing Committee on Finance's Pre-budget Consultation has submitted Recommendations 429 and 430 that would see the status of pro-life organizations and faith-based organizations revoked. Please read the attached information sheet about these recommendations. On the weekend of June 21-22 a petition urging the government of Canada to avoid implementing these recommendations will be made available in the church lobby for people to sign.

# The Catholic Women's League of Canada

## BACKGROUND INFORMATION

The Protection of the Charitable Status of Pro-Life and Religious Organizations

In December 2024, the Standing Committee on Finance's Pre-Budget Consultations for 2025 submitted Recommendations 429 and 430 that would see the charitable status of pro-life organizations and faith organizations revoked.

For pro-life organizations to lose charitable status as a result of Recommendation 429, they may no longer be able to provide often-needed prenatal services for pregnant women, potentially increasing their seeking access to abortion services. This is like the concern that arose when the government in power required applicants for the Canada Summer Jobs Program to attest to views compromising their belief system. It reflects the hypocritical stance of some who seek to extend charitable tax treatment to agencies that assist women in having abortions but not to organizations that help them keep their babies.

Recommendation 430 would remove the privileged status of "advancement of religion" as a charitable purpose. This recommendation would deny two of every five charities their tax status, significantly affecting the Canadian charitable sector. It will be difficult, if not impossible, for the government to replace this loss of social services, poverty alleviation and community-building. The loss of charitable status would threaten the existence of many faith organizations and may violate the Canadian Charter of Rights and Freedoms.

### Canadian Conference of Catholic Bishops

#### Important Concerns Regarding Recommendations 429 and 430 on Charitable Status

( Information included here is taken from the letter sent to the Canadian government)

These recommendations were made by the House of Commons Standing Committee on Finance within [Report 21: Pre-Budget Consultations in Advance of the 2025 Budget](#). If adopted, they would be profoundly detrimental to Canada's charitable sector, because they would:

**Revoke the charitable status of "anti-abortion organizations" (#429);**

**Amend the *Income Tax Act* such that "the advancement of religion" would no longer qualify as a legitimate purpose for granting charitable status. (#430)**

The Catholic charitable sector in Canada, which is anchored by and includes dioceses and parishes across the country, comprises a wide range of community services and ministries, including foodbanks, soup kitchens, refugee resettlement programs, climate and social justice



programs, daycares and schools, hospitals, long-term care homes and palliative care centres, to name but a few examples. These compassionate, purpose-driven, and accessible Catholic services are available to all Canadians, regardless of religious affiliation; these charities meet essential and sometimes complex social needs within communities nationwide. A recent study found that the cost of replacing the services offered by faith congregations in Canada is \$16.5 billion.<sup>1</sup> Simply put, places of worship provide benefits to society that radiate far beyond their congregations. For “every dollar that a congregation spends, the local community receives an average of \$3.39 in economic benefit.”

The very existence of the kinds of Catholic charitable organizations and services listed above would be threatened by the implementation of Recommendations 429 and 430, which propose respectively to amend the Income Tax Act by no longer providing charitable status to “anti-abortion organizations” (cf. #429) and by removing “the privileged status of ‘advancement of religion’ as a charitable purpose” (cf. #430).

Recommendation 429 is open to broad interpretation and targets a subgroup within the charitable sector. It risks granting preferential treatment to organizations that align with a sitting government’s agenda rather than basing charitable status on established legal principles. Although the inspiration for this proposed policy is not explicit, it appears to be informed by the government’s intention to revoke the charitable status of “anti-abortion organizations that provide dishonest counselling.” Putting aside the questionable nature of the claim against so-called “anti-abortion organizations,” we have no objection to the necessity of transparency and accountability within the charitable sector. However, such requirements should not negatively prejudice charitable organizations that operate on the basis of valid moral positions which may diverge from those of a sitting government at any point in time.

Recommendation 430 threatens the very future of Canada’s entire charitable sector, as 40% of all charitable organizations in Canada are faith based. To deprive faith-based organizations of charitable status would decrease donations, causing their revenue to dwindle, thus crippling their ability to continue inspiring, operating, and maintaining essential social services that benefit the wider community.<sup>3</sup> Since the late 19th century, advancing religion has been recognized as a charitable purpose in Canada, along with the relief of poverty, the advancement of education, and other purposes beneficial to the community.

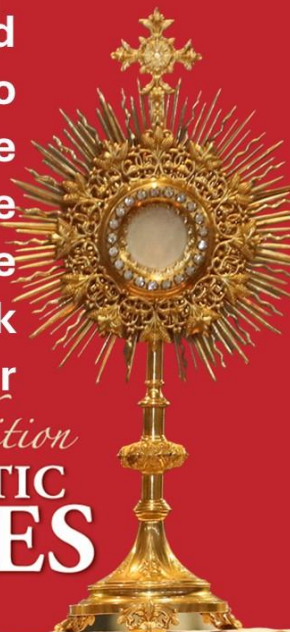
Given the fundamental and contributing role of religious charities in Canadian society, we urge the government to abandon Recommendations 429 and 430. Indeed, we ask the government to avoid any legislative changes that would disproportionately target, destabilize, or harm faith-based organizations, inadvertently affecting the millions of Canadians who benefit from their initiatives. Recommendations 429 and 430 were advanced by the Committee without meaningful public consultation with the charitable sector. Any changes to the Income Tax Act affecting faith-based charities must involve proper consultation to ensure they strengthen rather than hinder our collective capacity to serve Canadians.





The Eucharistic Miracles of the World Planning Committee would like to thank all those who contributed to the Exhibit by your prayers, by visiting the exhibit to view it, giving of your time and monetary donations and book purchases. We are humbled by your overwhelming generosity. Thank you!

*International Exhibition*  
**THE EUCHARISTIC  
MIRACLES**  
OF THE WORLD



**THANK YOU! TO THE FOLLOWING SPONSOR-A-MIRACLE DONORS**

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Sharon Odland	Lourdes
Deanna & Glenn Alford	St. Francis of Assisi
Kim Bennett	St. Mary of Egypt
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Sonia & Mario Biemans	Legnica & Tixtla





# SAINTS ALIVE *Bible Camp*

**\$25 PER  
CAMPER,  
INCLUDES A  
T-SHIRT!**

**Register by  
June 30th**

**JULY 7-11, 2025**

8:00am-12:30pm at Holy Family Parish

**THEME: WHEN JESUS WAS A KID**

For more information contact  
Tammy 403-866-7886 or email  
tammylynnpeterson@gmail.com

**LINK TO PRINT  
REGISTRATION FORM**







# ST. MARY'S SCHOOL

Welcome to St. Mary's! Here at St. Mary's, you'll find a Grade 6-9 school that truly cares about you, your family, and your community. Our mission? To offer a high-quality Catholic education, welcoming everyone – whether you're from a faith background or not.



## What Makes Us Unique?

- Find your mojo! Whether you love speaking French, or singing, dancing, and acting, or hands-on projects or tech-driven lessons, there's something for everyone. We offer four programs: French Immersion, Fine Arts Academy, Alternative Programming, and General Programming. You get to explore your passions and discover new ones with options like Mythology, CSI/Criminology, Archery, and even Circus/Clown Magic! With a huge variety of electives in arts, sciences, and hands-on skills, there's something here for every interest—come see what you'll uncover!
- Focus on Well-Being: Health, safety, and wellness matter. With Christ-centered guidance, we make sure you're supported in all ways. We have a four tiered system:
  - Tier One - our entire staff is trained on student wellness and our Community Coming Together (CCT) coach speaks with entire classes about staying healthy
  - Tier Two - students who benefit from an extra layer of support can access our Resource and Resiliency Worker in a safe place that we call the "HUB"
  - Tier Three - our Teacher-Counselor is available to students who need one-on-one support to help with academic and social challenges
  - Tier Four - our School Liaison Counselor is available by referral to help students and families with more complex challenges
- Christian Service: We prioritize living out our faith by helping and supporting others in our school and community. Every class completes at least one service project in our community
- Learning Excellence: We push ourselves and each other to do our best every day. Students at St. Mary's School are held to the highest standards and are expected to maintain passing grades. If things slip, students receive targeted help through our Academic Support Program in place of one of their elective classes.



155 11 STREET SE  
MEDICINE HAT, AB T1A 4S2  
403-527-7616





SOLEMNITY OF THE HOLY TRINITY -YEAR C

JUNE 15, 2025

## HOLY TRINITY: COMMUNION & LOVE

*Once in a village, a woman saw three old men sitting outside her house. They were sitting there for quite a while.*

*The woman went outside and said, "I saw that you have been sitting here for long time, you must be hungry. Please come in and have something to eat."*

*The Man asked, "Is the man of the house at home?" The woman said, "No."*

*The man replied, "Then we cannot come in."*

*The woman went back inside. That evening when her husband came home, she told him about people sitting outside and all that what happened.*

*Her husband told her to go and ask the men to come in and have some food.*

*So, she went out once more and said, "My husband is now home. He is inviting you all. Please come inside and have some food."*

*They replied, "We do not go inside a house together." The woman questioned, "Why?"*

*Then one of the old men explained. Pointing to one of his friends, he said – "His name is Wealth, if he goes with you, your home will be filled with wealth always." Then pointing to another old man, he said – "He is Success, if he goes with you, you & your family will always be successful in any endeavor you start." Then he introduced himself as Love, "If I go with you then your home will be filled with love always."*

*Then he said, "Now, you go in and discuss with your husband which one of us you want in your home."*

*The woman went inside and told her husband about what that old man had said. Her husband was overjoyed to listen about it and said, "Let's invite Wealth. Let him come and fill our home with wealth."*

*The wife disagreed and said, "No. Why don't we invite Success?"*

*Their daughter-in-law was listening to this. She came to them and suggested, "Wouldn't it be better if we invite Love in our home. Then our home will be filled with love for ever."*

*Husband and wife agreed with her advice.*



*The woman again went out and said, "Which one of you is Love? Please come in and be our guest." Love got up and started walking toward house. Just then other two also got up and started following him. The woman asked, "You said that not all can come together. I invited only Love. Why are you coming in?"*

*Old man replied, "If you had invited Wealth or Success the other two would have stayed outside but since you invited Love, wherever he goes, we go with him."*

*Wherever there is Love, Wealth and Success will follow.*

Today we are celebrating the Solemnity of the most Holy Trinity: The Father, The Son, and the Holy Spirit which is the perfect example of a life of Communion & Love. The Acts of The Apostle Book is the perfect example of that. The early Christians were united one in heart and mind, which led the Christians to follow the example and faith. This mystery is bit confusing for non-Christians to understand that there are beings in the Holy Trinity, and God is one. Holy Father Pope Benedict XVI reflecting on the mystery of the Most Holy Trinity said "The "name" of the Most Holy Trinity is in a certain way impressed upon everything that exists, because everything that exists, down to the least particle, is a being in relation, and thus God-relation shines forth, ultimately creative Love shines forth. All comes from love, tends toward love, and is moved by love, naturally, according to different grades of consciousness and freedom... The strongest proof that we are made in the image of the Trinity is this: only love makes us happy, because we live in relation, and we live to love and be loved".

We are the people of the Holy Trinity as we live a life of Communion and perfect love. St. Paul rightly said "When I came to you, brothers, and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him". these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual."

Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. Those who are spiritual discern all things, and they are themselves subject to no



one else's scrutiny. "For who has known the mind of the Lord so as to instruct him?" (1 Corinthians 2:1-16)

If we live fully under the guidance and protection of the Holy Trinity, then we will be able to see the needs of other people because a life of communion and perfect love always leads us to do better everyday of our lives. I found the following story very interesting, and I believe Jesus has paid in full for us through his blood on the Holy Cross.

*One day, a poor boy who was selling goods from door to door to pay his way through school, found he had only one dime left, and he was hungry. He decided he would ask for a meal at the next house. However, he lost his nerve when a lovely young woman opened the door. Instead of a meal he asked for a drink of water. She thought he looked hungry so brought him a large glass of milk. He drank it slowly, and then asked, "How much do I owe you?" "You don't owe me anything," she replied. "Mother has taught us never to accept pay for a kindness." He said, "Then I thank you from my heart." As Howard Kelly left that house, he not only felt stronger physically, but his faith in God and man was strong also. He had been ready to give up and quit.*

*Year's later that young woman became critically ill. The local doctors were baffled. They finally sent her to the big city, where they called in specialists to study her rare disease. Dr. Howard Kelly was called in for the consultation. When he heard the name of the town she came from, a strange light filled his eyes. Immediately he rose and went down the hall of the hospital to her room. Dressed in his doctor's gown he went in to see her. He recognized her at once. He went back to the consultation room determined to do his best to save her life. From that day he gave special attention to the case.*

*After a long struggle, the battle was won. Dr. Kelly requested the business office to pass the final bill to him for approval. He looked at it, then wrote something on the edge and the bill was sent to her room. She feared to open it, for she was sure it would take the rest of her life to pay for it all. Finally, she looked, and something caught her attention on the side of the bill. She began to read the following words: "Paid in full, with one glass of milk"*

Saint Athanasius explains the mystery of Holy Trinity in these words: "Light, radiance and grace are in the Trinity and from the Trinity. It will not be out of place to consider the ancient tradition, teaching and faith of the Catholic Church, which was revealed by the Lord, proclaimed by the apostles and guarded by the fathers. For upon this faith the Church is built, and if anyone were to lapse from it, he would no longer be a Christian either in fact or in name. We acknowledge the Trinity, holy and perfect, to consist of the Father, the Son and the Holy Spirit. In this Trinity there is no intrusion of any alien element or of anything from outside, nor is the Trinity a blend of creative and created being. It is a wholly creative and energizing reality, self-consistent and undivided in its active power, for the Father makes all things through the Word and in the Holy Spirit, and in this way the unity of the holy Trinity is preserved. Accordingly, in the Church, one God is preached, one God who is above all things and through all things and in all things. God is above all things as Father, for he is principle and source; he is through all things through the Word; and he is in all things in the Holy Spirit.

Writing to the Corinthians about spiritual matters, Paul traces all reality back to one God, the Father, saying: Now there are varieties of gifts, but the same Spirit; and varieties of



service, but the same Lord; and there are varieties of working, but it is the same God who inspires them all in everyone. Even the gifts that the Spirit dispenses to individuals are given by the Father through the Word. For all that belongs to the Father belongs also to the Son, and so the graces given by the Son in the Spirit are true gifts of the Father. Similarly, when the Spirit dwells in us, the Word who bestows the Spirit is in us too, and the Father is present in the Word. This is the meaning of the text: My Father and I will come to him and make our home with him. For where the light is, there also is the radiance; and where the radiance is, there too are its power and its resplendent grace.

This is also Paul's teaching in his Second letter to the Corinthians: The grace of our Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all. For grace and the gift of the Trinity are given by the Father through the Son in the Holy Spirit. Just as grace is given from the Father through the Son, so there could be no communication of the gift to us except in the Holy Spirit. But when we share in the Spirit, we possess the love of the Father, the grace of the Son and the fellowship of the Spirit himself. Our lives are rooted in the Holy Trinity from our birth to death.

Holy Father Pope Francis had such wonderful spiritual insight about the mystery of the Holy Trinity "We are all called to witness and proclaim the message that "God is love", that God isn't far and insensitive to our human affairs. He is close to us, always beside us, walking with us to share our joys and our sorrows, our hopes and our struggles. He loves us very much and for that reason he became man, he came into the world not to condemn it, but so the world would be saved through Jesus. And this is the love of God in Jesus, this love that is so difficult to understand but that we feel when we draw close to Jesus. And he always forgives us, he always awaits us, he loves us so much. And we feel the love of Jesus and the love of God.

The Holy Spirit, gift of the Risen Jesus, conveys divine life to us and thus lets us enter into the dynamism of the Trinity, which is a dynamism of love, of communion, of mutual service, of sharing. A person who loves others for the very joy of love is a reflection of the Trinity. A family in which each person loves and helps one another is a reflection of the Trinity. A parish in which each person loves and shares spiritual, and material effects is a reflection of the Trinity".

Moreover, the Holy Trinity guides us towards our eternal pilgrimage or in other words to our promised land, that is heaven where we are going to enjoy the company of the saints. Holy Father Pope Francis continued to share his reflection on the mystery "The Trinity, as I said, is also the ultimate goal toward which our earthly pilgrimage is directed. The journey of Christian life is indeed essentially a "Trinitarian" journey: the Holy Spirit guides us to full knowledge of Christ's teachings, and also reminds us what Jesus taught us. Jesus, in turn, came into the world to make the Father known to us, to guide us to Him, to reconcile us with Him. Everything in Christian life revolves around the Mystery of the Trinity and is fulfilled according to this infinite mystery. Therefore, we seek to always hold high the "tone" of our life, remembering what goal, what glory we exist for, work for, struggle for, suffer for; and what immense reward we are called to. This mystery embraces our entire life and our entire Christian being. We remember it, for example, each time we make the sign of the Cross: in the name of the Father, of the Son and of the Holy Spirit.



And now I invite you, all together, and out loud, to make this sign of the Cross: “In the name of the Father and of the Son and of the Holy Spirit!”.

† As Three Persons in the Holy Trinity enjoy the life of communion and perfect love, we are also invited to share with them the same spiritual understanding. Holy Trinity takes us out of our selfish motives and helps us to understand that “Rise, you who were lying fast asleep.... Rise and hurry to the Church: here is the Father, here is the Son, here is the Holy Spirit” as St. Ambrose says.

† St. Tertullian writes on the mystery of Holy Trinity and invite all of us to meditate to learn that we the people of Holy Trinity are rooted in the life of communion and perfect love which unite us together to witness and glorify.

St. Augustine: “For to have the fruition of God the Trinity, after whose image we are made, is indeed the fullness of our joy, than which there is no greater.”

St. Teresa of Avila: “The three Persons are distinct from one another; a sublime knowledge is infused into the soul, imbuing it with a certainty of the truth that the Three are of one substance, power, and knowledge and are one God.”

St. Seraphim of Sarov: “In spite of our sinfulness, in spite of the darkness surrounding our souls, the grace of the Holy Spirit, conferred by baptism in the name of the Father and the Son and the Holy Spirit, still shines in our hearts with the inextinguishable light of Christ ... and when the sinner turns to the way of repentance the light smooths away every trace of the sins committed, clothing the former sinner in the garments of incorruption, spun of the grace of the Holy Spirit. It is this acquisition of the Holy Spirit about which I have been speaking.”

St. Patrick (from “St. Patrick’s Breastplate” prayer): “Today I put on a terrible strength invoking the Trinity, confessing the Three with faith in the One as I face my Maker.”

St. Catherine of Siena: “O Trinity, eternal Trinity! Fire, abyss of love ... Was it necessary that you should give even the Holy Trinity as food for souls? You gave us not only your Word through the Redemption and in the Eucharist, but you also gave yourself in the fullness of love for your creature.

St. Thomas Aquinas: “The Father loves not only the Son but also himself and us, by the Holy Ghost.”

St. Ambrose: “Rise, you who were lying fast asleep ... Rise and hurry to the Church: Here is the Father, here is the Son, here is the Holy Spirit.”

St. John Paul II: “A great mystery, a mystery of love, an ineffable mystery, before which words must give way to the silence of wonder and worship. A divine mystery that challenges and involves us, because a share in the Trinitarian life was given to us through grace, through the redemptive Incarnation of the Word and the gift of the Holy Spirit.”

St. Faustina: “When One of the Three Persons communicates with a soul, by the power of that one will, it finds itself united with the Three Persons and is inundated in the happiness flowing from the Most Holy Trinity, the same happiness that nourishes the saints. This same happiness that streams from the Most Holy Trinity makes all creation happy; from it springs that life which vivifies and bestows all life which takes its beginning from him.”



St. Francis de Sales (from a consecration prayer to the Trinity): "I vow and consecrate to God all that is in me: My memory and my actions to God the Father; My understanding and my words to God the Son; My will and my thoughts to God the Holy Spirit."

*Once there lived a boy in the small town which was famous for watermelons. Every year farmers would organize a watermelon eating contest at the end of every harvest season. They would invite all the kids from the town to participate. They would keep the best watermelons for children to enjoy and eat as much as they want but with one condition, not to bite the seeds but spit them out into a bowl. This young boy grew and years later went to college. After his graduation he came to visit his own town, but he was shocked to learn that though the contest is still going on, now the kids are given small melons to eat, and all the bigger ones were sold to the market to make more money. The greed for money made farmers to lose the good seeds for the next year's planting. The farmers forgot the sense of communion with one another; they lost everything to share.*

The Solemnity of the Holy Trinity reminds us to be united like them, One in Three beings, share the perfect love and let no evil intentions take us down.

Let's ask the Lord to help us to live in unity and promote the love of the Holy Trinity among our brothers and sisters so that our world may become symbol of love, peace and unity. Let us pray together "O Most Holy Trinity, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences by which He is offended. Amen

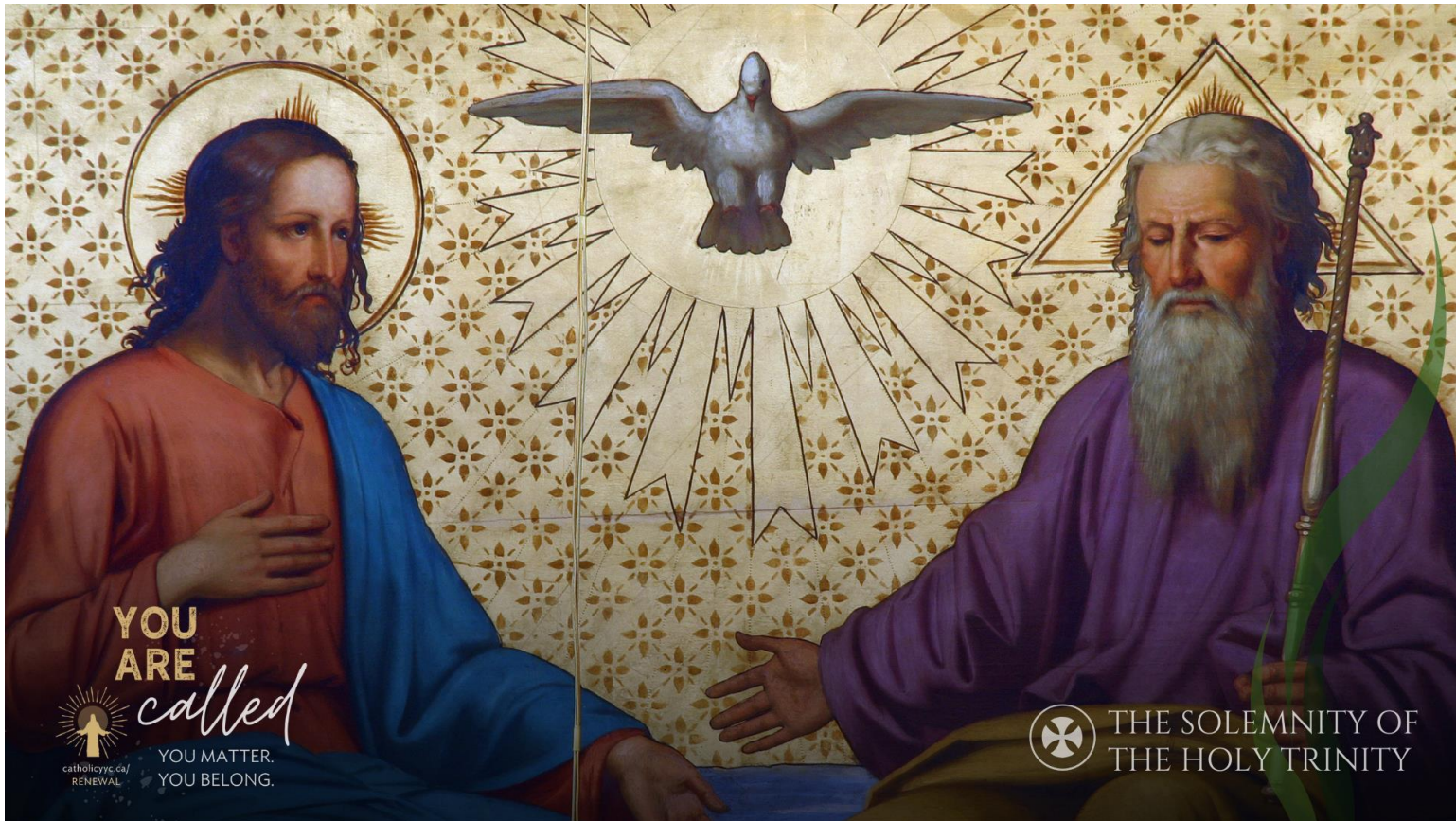
*Do we experience the Communion and love of Holy Trinity in our life?*





# DIOCESAN SUNDAY UPDATES

## Trinity Sunday



### Save the dates: Mary, Mother of Hope: Jubilee Marian Week & Cross of Hope Pilgrimage

Join us for a sacred week of prayer, pilgrimage, and celebration during the Jubilee Marian Week at the Rockies!

- **Aug 15–18: Young Adults Jubilee Weekend & Pilgrimage (ages 18–35) in St. Mary's Church, Banff** – with indoor camping, fellowship, hikes, Eucharistic Adoration, and the Cross of Hope Pilgrimage from Banff to Canmore along the scenic Legacy Trail! Spots will be limited (max 50). Registration will be available soon!
- **Aug 18–22: Jubilee Marian Week for all pilgrims at the Shrine Church of Our Lady of the Rockies, Canmore** – featuring pilgrimage walk, daily Mass, Confession, Adoration, Marian devotion and formation, Sacred Music, and a Jubilee Mass on Friday, Aug 22 at 7 pm, the Feast of the Queenship of Mary, with Apostolic Blessing imparted by Bishop

McGrattan, followed by a Marian Coronation and reception. More details will be shared soon!

### Permanent Diaconate Open House Presentations

The Diocese of Calgary invites men discerning a call to serve as permanent deacons to attend the upcoming open house presentation on **Sat, June 21**, from 10:30 am to 12 pm at All Saints Parish (St. Basil's Church), 604 13 St North, Lethbridge

### Pro-Life Workshop: Apologetics 101

Learn how to engage with others on the difficult topic of abortion with clarity and compassion. Workshop led by Cam Cote from the Canadian Centre for Bio-Ethical Reform. When: **Friday, Jun 20 at the Shrine Church of Our Lady of the Rockies, Canmore**. Meal at 6:30 pm (free), followed by workshop at 7:30 pm. **RSVP before Jun 18** if you are attending the meal by emailing [dvheath@telus.net](mailto:dvheath@telus.net)

## Catholic Summer Camps 2025

Nurture faith through prayer, sacraments, and joyful community!

- **Our Lady of Victory Camps** (Gull Lake, AB) – Encounter Christ, Community, and Creation. Info: 780-312-8317 or [www.olvcamp.com](http://www.olvcamp.com)
- **True North Bible Camp** – **July 15-17** at St. Michael's, Calgary. Info: 403-249-0423 or [saintmichael.ca](http://saintmichael.ca)
- **Ascension Leadership Camp** – **July 15-18** for Gr. 8–12. Info: [ascensionparish.ca](http://ascensionparish.ca)
- **Captivenia Girls' Camp** – **July 16-26**, near Okotoks. Info: 587-581-0557 or [captivenia.com](http://captivenia.com)
- **Ascension Day Camps** – **July 21-25** (Gr. 5–7), **July 28-Aug 1** (Gr. 3–4). Info: [ascensionparish.ca](http://ascensionparish.ca)
- **Arcatheos Boys' Camp** – **July 28-Aug 9**, near Okotoks. Info: 403-938-2807 or [arcatheos.com](http://arcatheos.com)
- **Ignite Junior Retreat** – **Aug 6-8** for Gr. 6–8, St. Bonaventure, Calgary. Info: [f2f.ca/ignite-junior](http://f2f.ca/ignite-junior)
- **Vacation Bible School** – **Aug 19-22** at FCJ Retreat Centre, Calgary (ages 7–11). Info: 403-228-4215 or [fcjcentre.ca](http://fcjcentre.ca)

## Ordination of Rev. Mr. Peter An to the Sacred Priesthood

We are pleased to share the upcoming ordination of Rev. Mr. Peter An, who will be ordained to the priesthood on **Friday, June 27, at 7 pm** at St. Mary's Cathedral, on the Feast of the Sacred Heart of Jesus. All are also welcome to attend his first Masses: **Sat, June 28 at 11 am** – St. Mary's Cathedral; **Sat, June 28 at 5 pm** – Vigil Mass at St. Luke's Church, with reception to follow; and **Sun, June 29 at 4 pm** – SFXC Mass at St. Mary's Cathedral.

## SJE's Got Talent

Join the *SJE's Got Talent!* – a fun day of performances and fundraising. When: **Sat, Jun 28, from 11:15 am to 8 pm** at St. John the Evangelist Church. All talents are welcome. The day begins with Mass at 11:15 am; come and go throughout the day. Food and drinks available for purchase. Proceeds support St. John the Evangelist Church. Contact [sjegottalent25@gmail.com](mailto:sjegottalent25@gmail.com)

## Support Catholic Education – One Swing at a Time!

1. **St. Mary's University Golf Tournament** – **Wed, Aug 13 at The Links of GlenEagles, Cochrane** - Help fund scholarships and bursaries for students at St. Mary's while enjoying one of Alberta's most scenic courses. Register at [stmu.ca/golf](http://stmu.ca/golf)
2. **CCEF 40th Annual Golf Tournament** – **Tue, Aug 19 at Blue Devil Golf Club, Calgary** | Celebrate a milestone year and support K–12 Catholic education in our Diocese through the only Catholic charity golf tournament. [theccef.ca/fundraisers/annual-golf-tournament](http://theccef.ca/fundraisers/annual-golf-tournament)

## 40 Hours Devotion for Vocations

Pray with us for an increase of vocations to the priesthood and consecrated life in our Diocese. The next devotion:

- [Shrine Church of Our Lady of the Rockies, Canmore](http://Shrine Church of Our Lady of the Rockies, Canmore) - **Thu, July 3 at 5 pm to Sat, Jul 5 at 9:30 am**

## Cemetery Masses with Bishop William T. McGrattan

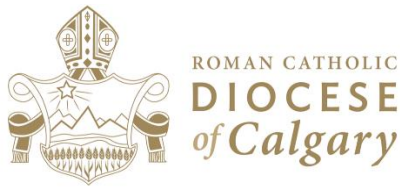
Join Bishop William McGrattan for the celebration of Holy Mass at our cemeteries. All are welcome!

- **Tue, August 19, at 7 pm** at Mountain View Cemetery Chapel;
- **Thu, August 21, at 7 pm** at Edenbrook Cemetery Chapel;
- **Tue, August 26, at 7 pm** at Queen's Park (outdoor); and
- **Thu, August 28, at 7 pm** at St Mary's Cemetery (outdoor)

## Miracles in God's Hands: A Pilgrimage of Hope

Enter a time of prayer, reflection, and sharing—rediscover your vision, and embrace a Jubilee of Hope and Peace in the hands of God with speaker Fr. Ted Gonzalez, SJ, PhD. When: **Fri, July 11 to Sun, July 13 at FCJ Retreat & Conference Centre, Calgary**. Register at [fcjcentre.ca](http://fcjcentre.ca) or call 403-228-4215.





## PERSONNEL ANNOUNCEMENT - June 12, 2025

### PRIESTS LEAVING THE DIOCESE

- **Rev. Cyprian Obioha, C.F.I.C.**, current Associate Pastor of Mary, Mother of the Redeemer Parish, effective June 1, 2025.
- **Rev. Ivan Obando, O.P.**, currently Associate Pastor of St. Mary's Cathedral, Calgary, is completing his sabbatical and returning to the Philippines on June 27, 2025.

**The following Vietnamese Dominican Friars will be leaving the Diocese having received their new assignments from their Provincial:**

- **Rev. John Baptist Vuong Duc Nguyen, O.P.**, current Pastor of St. Vincent Liem Parish, Calgary.
- **Rev. Joseph Canh Quang Vu, O.P.**, current Pastor of St. Francis Parish, Calgary.
- **Rev. Martin Maria Thong Huy Nguyen, O.P.**, current Associate Pastor of St. Vincent Liem Parish, Calgary.

**The follow Franciscan Friars will be leaving the Diocese having received their new assignment from their Provincial:**

- **Bro. Michael Perras, O.F.M.**, current Guardian of the Franciscan community at Mount St. Francis Retreat, Cochrane.
- **Rev. Dan Gurnick, O.F.M.**, currently with the Retreat Team of Mount St. Francis Retreat, Cochrane.

### RETIREMENT

- **Deacon Douglas Lynch**, currently serving at St. Paul's Parish, Calgary, has been granted retirement from ministry, effective July 1, 2025.
- **Rev. Eleuterio Gubiana**, currently assigned to Hospital Chaplaincy, Calgary, has been granted retirement from chaplaincy ministry, effective August 1, 2025.
- **Rev. Terrance Connolly**, currently assigned to Hospital Chaplaincy, Calgary, has been granted retirement from chaplaincy ministry, effective August 1, 2025.

### PRIESTS ARRIVING IN THE DIOCESE

- **Rev. Vincent Thao Ngoc Dinh, O.P.**, of the Vietnamese Dominican Friars has been appointed Pastor of St. Vincent Liem Parish, Calgary, effective August 1, 2025.
- **Rev. Michael Dinh Giang Pham, O.P.**, of the Vietnamese Dominican Friars has been appointed Associate Pastor of St. Vincent Liem Parish, Calgary, effective August 1, 2025.
- **Rev. Michael Phi Tri Nguyen, O.P.**, of the Vietnamese Dominican Friars has been appointed Pastor of St. Francis of Assisi Parish, Calgary, effective August 1, 2025.
- **Rev. Eric Fru, C.F.I.C.**, has been appointed Associate Pastor of Mary, Mother of the Redeemer Parish, Calgary, from July 1 to September 29, 2025.

- **Rev. Edward Jeyapalan Anthonipillai, O.F.M.**, has been appointed Associate Pastor of St. Mary's Parish, Cochrane, effective September 1, 2025.
- **Rev. Ashly Vinoth Christian, S.A.C.**, from the Our Lady of Good Health Province of the Society of the Catholic Apostolate in Tamil Nadu, India, has been appointed by his Superior to the Diocese of Calgary. Bishop McGrattan has appointed Fr. Vinoth, Associate Pastor of St. Mary's Cathedral, Calgary, effective, July 1, 2025.
- **Rev. Luke Tran Van Tram**, ordained a priest in 2024 in the Diocese of Saskatoon and on loan to the Diocese of Calgary for a period of three years, has been assigned to All Saints Parish, Lethbridge, and Hospital Chaplaincy, Lethbridge, effective August 1, 2025.
- **Rev. Mulumba Ikemezie**, of the Diocese of Orlu, Nigeria, has been granted permission by his bishop to serve in the Diocese of Calgary for a term of three years. Bishop McGrattan has appointed Fr. Ikemezie as Associate Pastor of St. James Parish, Okotoks, effective August 1, 2025
- **Rev. Jean Claude Ndanga, C.F.I.C.**, currently Pastor of Paroisse Saint-Thomas D'Aquin, Edmonton, has been appointed Administrator of St. Gabriel the Archangel Parish, Chestermere, effective September 15, 2025.

#### **PRIEST PASTORAL ASSIGNMENT**

- **Rev. James Hagel**, currently Pastor of St. Gabriel the Archangel Parish, Chestermere, has been appointed Pastor of Holy Name Parish, Calgary, effective August 1, 2025.
- **Rev. Rodel Abanto**, currently Pastor of Sacred Heart Parish, Oyen, and St. George Parish, Hanna, has resigned from the ecclesiastical office of Pastor of St. George Parish, Hanna, effective July 31, 2025. He remains as the Pastor of Sacred Heart Parish, Oyen, and continues to be responsible for the care of St. Mary's Church, Acadia Valley.
- **Rev. Lukas Drapal**, in addition to being Pastor of St. Anthony Parish, Drumheller, has been appointed Pastor of St. George Parish, Hanna, effective August 1, 2025.
- **Rev. Ian Gagne**, currently Pastor of St. Ambrose Parish, Coaldale, and St. Catherine's Parish, Picture Butte, has been appointed Associate Pastor of St. Anthony Parish, Drumheller, and St. George Parish, Hanna, effective August 1, 2025. He will be residing at St. Anthony's Parish, Drumheller.
- **Rev. Iqbal Khurshid**, currently Pastor of Holy Family Parish, Medicine Hat, has been appointed Pastor of St. Ambrose Parish, Coaldale, and St. Catherine's Parish, Picture Butte, effective August 1, 2025.
- **Rev. Fernando Genogaling**, currently Pastor of St. Luke's Parish, Calgary, has been appointed Pastor of Holy Family Parish, Medicine Hat, effective August 1, 2025.
- **Rev. Paul Raj, S.A.C.**, currently Pastor of St. Cecilia Parish, Calgary, has been appointed Pastor of St. Luke's Parish, Calgary, effective August 1, 2025.
- **Rev. Derek Remus**, currently Associate Pastor of St. Luke's Parish, Calgary, has been appointed Pastor of St. Cecilia Parish, Calgary, effective August 1, 2025.
- **Rev. William Monis, S.A.C.**, currently Pastor of St. Martha's Parish, Lethbridge, has been appointed Associate Pastor of St. Luke's Parish, Calgary, effective August 1, 2025.
- **Rev. Valentine Suum**, currently Associate Pastor of St. James Parish, Okotoks, has been appointed Pastor of St. Martha's Parish, Lethbridge, effective August 1, 2025.
- **Rev. Roque Pereira**, currently Pastor of St. Patrick's Parish, Medicine Hat, has been assigned to Hospital Chaplaincy, Calgary, effective August 1, 2025.



• **Rev. Paolo Cervantes**, currently assigned to Hospital Chaplaincy, Lethbridge, has been appointed Administrator of St. Patrick's Parish, Medicine Hat, effective August 1, 2025.

• **Rev. Benedicto Marino**, currently Associate Pastor of St. Mary's Cathedral, Calgary, has been appointed Associate Pastor of St. Paul's Parish, Airdrie, for a period of one (1) year effective August 1, 2025.

• **Rev. Peter An**, newly ordained, has been appointed Associate Pastor of St. Peter's Parish, Calgary, effective

#### **DEACON PASTORAL APPOINTMENT**

• **Deacon John Arbeau**, currently serving at St. Peter's Parish, Calgary, has been appointed to Ascension Parish, Calgary, effective August 1, 2025.

#### **FURTHER STUDIES**

☞ **Rev. Cristino Bouvette**, in addition to his assignment as the Pastor of Sacred Heart Parish, Strathmore, and Director of Seminarians, has been asked by the Bishop to pursue the Master of Arts in Evangelization and Culture from the University of St. Thomas, Houston, USA. This course of studies is online with an intensive in-person residency in the summer.

The Diocese of Calgary is grateful to all of these priests and to Deacon Doug for their dedicated service, and wish them our prayers and best wishes.

Sincerely yours in Christ,

✠William T. McGrattan



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- Guided tour of its history and the extensive murals focusing on: the sins of the world; stations of the cross, the life and death of St Philomena. Stain glass from France & the 17<sup>th</sup> century Bishops Chair used by Italian Royalty.
- Tour of the Bishops House & Convent
- 3X meals (Breakfast, Lunch & Supper)



- **PILGRIMAGE DAY to Ponteix**
- 2pm Arrival at Historic Ponteix Church
- Welcome; Chaplet of Divine Mercy; Presentation Mother of Hope Talk; Coffee Break; Adoration, Anointing of the Sick; Holy Mass; Candle Light Procession.
- Private Resting Room at the on-site Convent - if a short lie down or privacy is needed.
- 3X meals (Breakfast, Lunch & Supper)

**Occupancy: Single \$1025 pp**  
**Double \$835 pp**  
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**DAY 1**



### ST ALBERT PARISH

ST ALBERT, AB

- 1 Night St Albert Inn & Suites
- Dinner & Catholic History Talk
- Oblate Bro. Anthony Kowalczyk (declared Venerable) Grave Site
- 1860 Fr Lacombe Chaple Alberta's oldest building
- Our Lady of Lourdes Grotto
- Way of the Cross

**DAY 2**



### ST JOSEPH'S CATHEDRAL BASILICA

EDMONTON, AB

- Daily Mass @ Cathedral
- 2 Nights **Lamont**, AB Inn
- Group Dinner & Fellowship
- Evening Catholic Talk at the Historic Chesterton House

**DAY 3**



### OUR LADY OF GOOD COUNSEL LOURDES GROTTO

SKARO, AB

- 107th Annual Skaro, AB Evening Pilgrimage
- Reconciliation, Vespers, Solemn Mass, Blessed Sacrament, Candle Lit Procession w/Bishop

**DAY 4**



### BASILIAN FATHERS MUSEUM/CHESTERTON HOUSE

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- The history of Ukrainian Catholic culture a religious pioneers, the Basilians Fathers Monastery/Museum
- Travel Home

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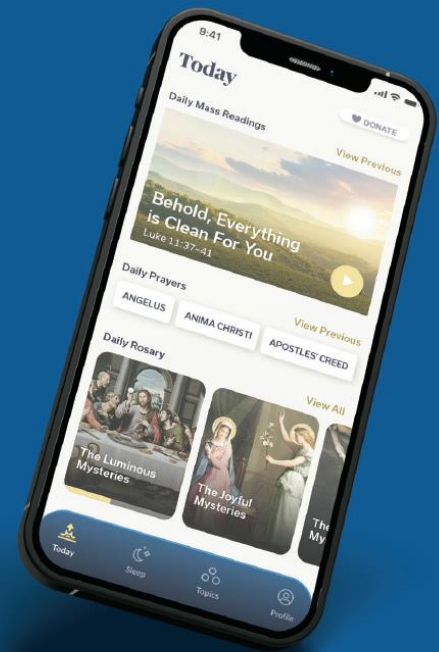
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Joe McKenna Council #9502

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Position	Name
Grand Knight	Greg Martin
Deputy Grand Knight	Jimmy Tablan
Financial Secretary	Pat Ries
Treasurer	Ron Pisoni
Chancellor	Jason Iverson
Recorder	Brad Irvine
Advocate	Herb Durda
Warden	Walter Pratt
Inside Guard	Dale Maddaford
Outside Guard	Michael Camphor
Year 1 Trustee	Gary Heinbecker
Year 2 Trustee	Kent Friedt
Year 3 Trustee	Garry Mastel
Lecturer	Rick Brown
Membership Director	Garry Lux
Faith in Action Program Director	Greg Martin
Faith in Action Life Director	Allan Lawson
Faith in Action Family Director	Jimmy Tablan
Faith in Action Faith Director	Darrell Bonagofsky
Faith in Action Community Director	Ron Pisoni
Pastoral Parish Council Representative	Garry Mastel

Monday, April 7	KofC Officers' Meeting
Monday, April 14	Holy Hour Adoration
Monday, April 14	KofC General Meeting
Sunday, May 4	Parish Breakfast
Monday, May 5	KofC Officers' Meeting
Monday, May 12	KofC General Meeting
Monday, June 2	KofC General Meeting
Monday, June 9	KofC Year End BBQ
Sunday, June 22	Parish Picnic





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Why do I exist?

Teens in your parish are actively looking for answers to these questions. Unfortunately, the world is not providing the proper guidance to point them in the right direction.

But you can help change this. Equip your teens with the tools to help them discover the best answers to these questions with The Search Begins.

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The Search Begins is a seven-episode video series adapted from the Augustine Institute's award-winning series The Search. It invites teens in your parish to find meaning in their everyday lives. This program shares the answers to the fundamental questions of life so they can live more for God. A life of purpose!

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THE  
SEARCH  
BEGINS

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# Retreat Centers in Southern Alberta

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FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





**July 15 - 17, 2025**  
Tuesday 4 pm - Thursday 2 pm

## SOUL care WOMEN

- ACCOMPANIED ON THE JOURNEY -

With music of the soul, meditative art images, and prayer practices that open the heart, this retreat will be a time of solace and renewal.

Facilitated by: Cathy AJ Hardy and Claire Ziprick

Register: [clairezip@gmail.com](mailto:clairezip@gmail.com) or 780-893-8372  
\$385 includes meals, accommodations and presentations




## Brother Sun – Sister Moon: Walking in Hope

### Summer Day Retreat

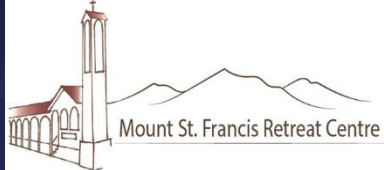
**July 18, 2025**  
9 am – 6 pm

**\$60**  
Register: 403-932-2012  
[mtfrancis@shaw.ca](mailto:mtfrancis@shaw.ca)

**With Guest Co-Facilitator: Jason Brown**  
Lecturer at Simon Fraser University  
Global Humanities – Lectio Terra

Day includes picnic lunch and BBQ dinner.

The day includes several walks.  
Please dress and prepare for the weather and terrain.  
Bring your own water bottle.



# HOPE


## A Whisper in a World that Shouts

Preached Retreat

**AUGUST 19-24, 2025**  
FACILITATED BY ANNE WALSH

**\$650**  
Register: 403-932-2012  
[mtfrancis@shaw.ca](mailto:mtfrancis@shaw.ca)

Anne Walsh is a native Newfoundlander. She is a Lay Missionary of the Most Holy Redeemer (Redemptorists). Anne is a teacher and has worked in youth ministry and university chaplaincy. She holds a Bachelor of Arts (Education), Master of Religious Education and Doctor of Ministry degree.



**MOUNT ST. FRANCIS, COCHRANE, AB**  
Ladies Mid-Week retreat  
Tuesday to Thursday  
September 16th - September 18th/2025

**THEME: Anchored in Mystery**  
Each of us face uncertainties and trials in our daily life. Each day we anchor ourselves in the Mystery of the Divine. This retreat is an invitation to pay attention to our relationships, our living and our responding to how the Divine Mystery meets us each day.

CONTACT : Kathy Oczkowski  
E-mail : [fkoczkowski@shaw.ca](mailto:fkoczkowski@shaw.ca)  
Phone Number : 403-246-0660  
Or

Janet Jacques  
E-mail : [janet.jacques704@gmail.com](mailto:janet.jacques704@gmail.com)  
Phone Number : 403-547-6616





# Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

**NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!**

**All our email addresses only end in @holymfamilymh.ca never a @gmail account.**

**If you get an email or a text, PLEASE DO NOT RESPOND to it, you can forward it to [contact@holymfamilymh.ca](mailto:contact@holymfamilymh.ca) so it can be sent to the diocese.**