



Welcome to HOLY FAMILY PARISH

PENTECOST SUNDAY — YR. C

JUNE 8, 2025

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Phone 403-527-6933

Facebook: Medicine Hat Holy Family Parish ~ YouTube: Medicine Hat Holy Family Church

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid & Deacon Robert Risling

MASS TIMES - MONDAY TUESDAY THURSDAY FRIDAY

9:00AM WEDNESDAY 7:00AM

SATURDAY 5:00PM - SUNDAY 8:30AM, 10:30AM & 5:00PM

MONTHLY - 1ST TUESDAY 6 PM & 1ST SATURDAY 8 AM

RECONCILIATION...

Friday 9:30am–10:30am & Saturday 3:30–4:45pm

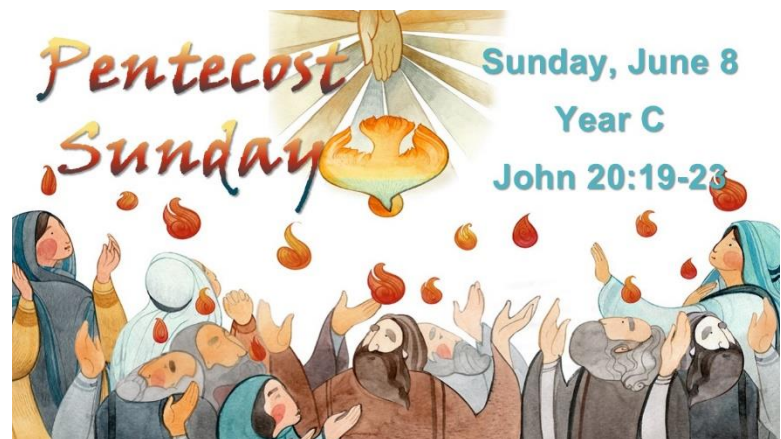
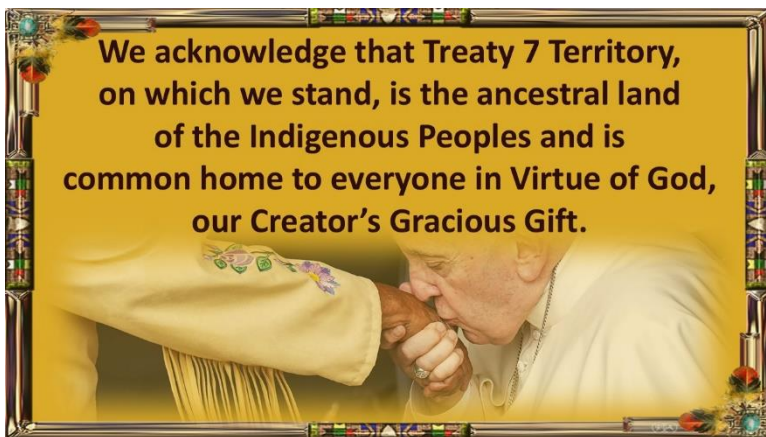
THE CHAPEL IS OPEN...

MONDAY - FRIDAY 9:30am - 4:00pm

ADORATION FRIDAY 9:30 – 10:30am

Parish Pastoral Council Chair - Gary Heinbecker
Parish Finance Council Chair - Cheryl Pocsik

Knights of Columbus – Greg Martin
Catholic Women's League – Dianne Durda



† Masses & Mass Intentions ~June 7th to 13th †

Sat. June 7- 8:00am – Deceased Dal Molin Family †
5:00pm – Virginia & Orlando Cabrel †

Sun. June 8 - 8:30am – Guelda Perry †
10:30am – Holy Family Parish
5:00pm – Richard Hoffart †

Mon. June 9 - 9:00am – Delores Hellman †

Tue. June 10 - 9:00am – Bonnie Ann Desormeau †

Wed. June 11 - 7:00am – Henry & John Weimer †

Thu. June 12 - 9:00am – Joe & Amelia Weimer †

Fri. June 13 - 9:00am – Josefina Velilla †



Psalm 104:1,24,29-31,34 ~ God's Spirit renews the earth.

FINANCIAL REPORT	
<i>Monthly Operating Budget</i>	\$ 70,156
JUNE MONTH TO DATE	
General Envelope Collection	\$ 16,670
Loose Collections	\$ 916
Future Development	\$ 1,693
Misc. Income	\$ 1,510
Total Month Income	\$ 20,789
Budget Vs Actual	-\$ 49,367
SPECIAL COLLECTIONS	
2025 YEAR TO DATE	
Together in Action (TIA)	\$ 37,983
GOAL - \$70,938 54%	
St Vincent de Paul	\$ 19,487
World Mission	\$ 125
Clergy Retirement	\$ 989
Mission Mexico	\$ 834
CARO	\$ 225
Seminary Fund	\$ 2,354
Holy Land & Pope's Pastoral	\$ 5,637
<i>Thank You for your Generous Contributions</i>	
June Average Weekend Atten.	961

 **DONATE TODAY...**
accounting@holyfamilymh.ca

Pentecost Sunday

Acts 2:1-11

Psalm 104:1, 24, 29-30, 31, 34. 1

Corinthians 12:3b-7, 12-13

John 20:19-23

Being Filled with the Spirit

Even locked doors cannot keep Jesus away. Even locked doors do not prevent Jesus from breathing the Holy Spirit into us. We do not need to lock ourselves away when the risen Jesus is nearby. We do not need to lock ourselves away when filled with the Spirit.

- † Filled with the Holy Spirit, whom need I forgive?
- † Filled with the Holy Spirit, how will I behave today as a child of God?
- † Filled with the Holy Spirit, what will I say that needs saying?



**International Exhibition
THE EUCHARISTIC
MIRACLES
OF THE WORLD**

Designed and created by the Servant of God Carlo Acutis

Holy Family Parish
Medicine Hat
Everyone Welcome!
www.miracolieucaristici.org

EXHIBITION DATES...

Thurs. June 5th – 9 AM – 6 PM

Fri. June 6th – 9 AM – 9 PM

& 12 Hour Adoration
9:30 AM – 9:30 PM

Sat. Jun 7th – 8:30 AM – Noon

& 2:00 PM – 8:00 PM

Sun. Jun 8th – 9 AM – Noon

& 1 PM – 8 PM





**Eucharistic
Ministers**

**Commissioning &
Recommissioning**

June 7th & 8th, 2025 at all Masses

Please sign in before mass at the signup table!

**If you were commissioned before 2023
you need to be recommissioned.**

John 20:19-23 ~ Jesus appears to his disciples and gives them the gift of the Holy Spirit.

First Saturday Mass

*The 1st Saturday of
each month
at 8:00am*

June 7th, 2025




Knights of Columbus #9502


Year End Barbecue

Monday, June 9 - 6:00pm HFP Hall

Free event open to KofC members, their families and widows of KofC members Contact Pat Ries at 403-458-0442 or pjries@memlane.com by June 6

Look forward to celebrating this Columbian Year with you!



 The Catholic Women's League
Holy Family Parish

The CWL June Windup

June 10th - 6:00 Rosary & Supper

Supper \$10:00 per person to be paid at the door

Please phone or e-mail Dianne Smith by June 5th

Phone: 403-548-6906 E Mail: grannysmitty@shaw.ca

Hope you all can make it.

**Coffee with the
Church Lady Staff**

**Tuesday
June 10, 2025**

Following 9:00 Mass

In the Faith Room

Isn't that special!



"Faith is to believe what you do not see.

The reward of faith is to see what you believe."

St. Augustine of Hippo

 **nurture**
pregnancy centre

 The Catholic Woman's League
are collecting for
this great cause.

Drop Baby items off at the table and pick up a bottle
for money collection for baby formula.

**** Needed diapers of all sizes, especially size 4-6. ****

Also accepting gently used larger baby items like:
gates, highchairs, bassinets, playpens, etc.

**PLEASE RETURN BABY BOTTLES &/OR
DONATION EVELOPES BY JUNE 15TH**

**SAINTS
ALIVE
Bible Camp**

**DON'T
MISS IT!!!**

**Volunteer's
Meeting**

**Sunday, June 15th
after the
10:30 Mass**

**All volunteers are encouraged to
attend. Light snacks provided.**



 The Catholic Women's League
Holy Family Parish

"A Pie for Your Guy"

Father's Day Weekend - June 14/15

Pies will be sold after all masses \$10.00 each

Please bring your pie(s) to the church
from 3:00-4:30pm on Saturday, June 14th.

****Reminder - NO dairy based products.**



Court Whist Night

June 18th, 6:30 PM

Holy Family Hall

**From teenagers to super
seniors welcome to come.**



AGM Holy Family Parish
Finance Council
Parish Pastoral Council
Maintenance Committee
Annual General Meeting Volunteer Coordinator

Wednesday, June 17, 2025

7:00 PM Faith Room

Everyone is Welcome

**EXTROIDINARY MINISTERS
OF THE HOLY EUCHARIST**

Training followed by Wine and Cheese Social
June 24th, 2025 5:30pm

PLEASE RSVP TO:

Roxanne at roxiec@telus.net or 403-502-6412

For if he does not recognize the meaning of the
Lord's body when he eats the bread and drinks from
the cup he brings judgement on himself

1 Corinthians 11:29

*What do you call a
sleepwalking nun?.....
A "roamin" Catholic!*

Holy Family Parish
Annual Parish Picnic
SUNDAY, JUNE 22
Enjoy food, drink, & fellowship with our Faith Community.
Lots of fun for kids. Free to all, young, old and in between!
After the 10:30 Mass

TO ALL MINISTRIES

Please let me know when and if your meetings are stopping for the Summer and what date they will resume so I can work on the calendar! THANK YOU!!!

EMAIL PLEASE – contact@holyfamilymh.ca

SUMMER

Dear Holy Family Parish
Just a note to thank you for your generous donations of food. Your thoughtfulness is deeply appreciated.
MEDICINE HAT WOMEN'S SHELTER SOCIETY

From: "Fr. Iqbal Khurshid" <pastorrev84@gmail.com>
To: YOUR EMAIL ADDRESS
Sent: Monday, May 26, 2025, 9:13:21 AM
Subject: Many Blessings

Good morning,

I hope this message finds you well. I would greatly appreciate your assistance with a pressing matter and kindly request that you email me at your earliest convenience.

Thank you for your prompt attention to this request. Have a blessed day filled with love, peace, and blessings.

God Bless,

Fr. Iqbal
Pastor

**THIS IS A SCAM EMAIL.
PLEASE DO NOT RESPOND
JUST DELETE IT!!!**

**THIS IS A SCAM EMAIL.
PLEASE DO NOT RESPOND
JUST DELETE IT!!!**

SAINTS ALIVE *Bible Camp*

**\$25 PER
CAMPER,
INCLUDES A
T-SHIRT!**

JULY 7-11, 2025

8:00am-12:30pm at Holy Family Parish

THEME: WHEN JESUS WAS A KID

For more information contact
Tammy 403-866-7886 or email
tammylynnpeterson@gmail.com

**LINK TO PRINT
REGISTRATION FORM**





ST. MARY'S SCHOOL

Welcome to St. Mary's! Here at St. Mary's, you'll find a Grade 6-9 school that truly cares about you, your family, and your community. Our mission? To offer a high-quality Catholic education, welcoming everyone – whether you're from a faith background or not.



What Makes Us Unique?

- Find your mojo! Whether you love speaking French, or singing, dancing, and acting, or hands-on projects or tech-driven lessons, there's something for everyone. We offer four programs: French Immersion, Fine Arts Academy, Alternative Programming, and General Programming. You get to explore your passions and discover new ones with options like Mythology, CSI/Criminology, Archery, and even Circus/Clown Magic! With a huge variety of electives in arts, sciences, and hands-on skills, there's something here for every interest—come see what you'll uncover!
- Focus on Well-Being: Health, safety, and wellness matter. With Christ-centered guidance, we make sure you're supported in all ways. We have a four tiered system:
 - Tier One - our entire staff is trained on student wellness and our Community Coming Together (CCT) coach speaks with entire classes about staying healthy
 - Tier Two - students who benefit from an extra layer of support can access our Resource and Resiliency Worker in a safe place that we call the "HUB"
 - Tier Three - our Teacher-Counselor is available to students who need one-on-one support to help with academic and social challenges
 - Tier Four - our School Liaison Counselor is available by referral to help students and families with more complex challenges
- Christian Service: We prioritize living out our faith by helping and supporting others in our school and community. Every class completes at least one service project in our community
- Learning Excellence: We push ourselves and each other to do our best every day. Students at St. Mary's School are held to the highest standards and are expected to maintain passing grades. If things slip, students receive targeted help through our Academic Support Program in place of one of their elective classes.



155 11 STREET SE
MEDICINE HAT, AB T1A 4S2
403-527-7616

Is God Calling You to Be a Deacon?

The Diocese of Calgary is now accepting applications for the next intake of the Permanent Diaconate Formation Program — an opportunity that only comes around every two years. If you are a Catholic man who senses in your heart a call to serve the Church in a deeper way through charity, word, and sacrament, this may be the time to respond.

Come and learn more at one of the upcoming Open House sessions:

- Brooks:
Saturday, June 7 | 1:00 – 2:30 pm
St. Mary's Church, 511 4 St W, Brooks
- Calgary:
Wednesday, June 11 | 7:00 – 8:30 pm
OR
Saturday, June 14 | 10:30 am – 12:00 pm
Catholic Pastoral Centre, 120 17 Ave SW
- Lethbridge: Saturday, June 21 | 10:30 am – 12:00 pm
St. Basil's Church, 604 13 Street North

Application deadline: July 31, 2025

To learn more, visit CatholicYYC.ca, check the parish bulletin board, or speak to one of our deacons. You are not alone on this journey—if God is calling, we are here to help you discern.

"The rewards are out of this world." – A Permanent Deacon





SOLEMNITY OF PENTECOST YEAR C

JUNE 8, 2025

HOLY SPIRIT- OUR ENCOURAGEMENT

Once in a village, lived a merchant who worked very hard. One day, he called his accountant and said, "Find out how much money I have and for how long it will be enough?"

After a few days, accountant came with calculations and said to merchant, "According to your expenditures, if they stay the same and if there is no income from today on, then your next two generations can eat."

The merchant was shocked. He said, "Then what will happen to third or fourth generation?"

From that day onward, the merchant started thinking about them and got sick. He took many treatments but still there was no relief.

One day a friend of the merchant came to meet him and saw that he was not well and seemed worried. So, his friend asked him why he was so worried. The merchant said, "Even after earning so much, there is nothing for my third or fourth generation."

His friend understood his problem and said, "A monk lives at a distance and if you bring him food in morning then your disease will be cured."

The very next day the merchant reached the monk's place with food. The monk welcomed him with respect and called his disciple saying, "The merchant has brought food for us."

The disciple replied, "But for today, someone has already given us food."

Listening to this, the monk said to merchant, "Sorry, but someone has already given us today's food, so we can't accept your food. Our rule is to accept only one meal, which is given early in the morning, we accept it and can't take anymore. I apologize."

The merchant said, "Can I bring it tomorrow?"

To this the monk replied, "We do not think of tomorrow today. When tomorrow comes, God will provide."

The merchant left for his home. Throughout way he kept wondering about what the monk said and thought that the monk doesn't even worry about tomorrow and here I am worrying about the third and fourth generation.

The merchant understood got it and left all his worries and started living happily.

As Christians we're privileged to have the Holy Spirit available to us to guide us and strengthen us. The Holy Spirit gives us wisdom so that we can stay on the path that God has for us. If we ever feel confused or alone, remember that Jesus gave us this Holy Comforter, the wise Holy Spirit, the third person of the Trinity; "I did not say these things to you from the beginning, because I was with you. But now I am going to him who sent me; yet none of you asks me, 'Where are you going?' But because I have said these things to you, sorrow has filled your hearts. Nevertheless, I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Advocate will not come to you; but if I go, I will send him to you. And when he comes, he will prove the world wrong about sin and righteousness and judgment: about sin, because they do not believe in me; about righteousness, because I am going to the Father, and you will see me no longer; about judgment, because the ruler of this world has been condemned. I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me, because he will take what is mine and declare it to you. All that the Father has is mine. For this reason, I said that he will take what is mine and declare it to you" (John 16:4-15).

St. Bernard rightly says, "The Holy Spirit is the Kiss of God". Isn't that an amazing reflection by St. Bernard? If we study the New Testament, we will come to know that the Holy Spirit is the center of our lives, and he helps us to connect with the Father and his Son. Today we celebrate the Feast of Pentecost: descending of the Holy Spirit upon the disciples. It's a celebration of the birth of the Universal Church as well. This is the new beginning for disciples and for us as well because this is the day when disciples received the Holy Spirit and became fearless witnesses to Jesus's love.

The catechetical instructions by St. Cyril of Jerusalem highlight the importance of the Holy Spirit in our life: "... In the same way the Holy Spirit, whose nature is always the same, simple and indivisible, apportions grace to each man as he wills. Like a dry tree which puts forth shoots when watered, the soul bears the fruit of holiness when repentance has made it worthy of receiving the Holy Spirit. Although the Spirit never changes, the effects of this action, by the will of God and in the name of Christ, are both many and marvelous. The Spirit makes one man a teacher of divine truth, inspires another to prophesy, gives another the power of casting out devils, enables another to interpret holy Scripture. The Spirit strengthens one man's self-control, shows another how to help the poor, teaches another to fast and lead a life of asceticism, makes another oblivious to the needs of the

body, trains another for martyrdom. His action is different in different people, but the Spirit himself is always the same. In each person, Scripture says, the Spirit reveals his presence in a particular way for the common good”.

He adds more “The Spirit comes gently and makes himself known by his fragrance. He is not felt as a burden, for he is light, very light. Rays of light and knowledge stream before him as he approaches. The Spirit comes with the tenderness of a true friend and protector to save, to heal, to teach, to counsel, to strengthen, to console. The Spirit comes to enlighten the mind first of the one who receives him, and then, through him, the minds of others as well. As light strikes the eyes of a man who comes out of darkness into the sunshine and enables him to see clearly things he could not discern before, so light floods the soul of the man counted worthy of receiving the Holy Spirit and enables him to see things beyond the range of human vision, things hitherto undreamt of”.

The Holy Spirit being a helper invites us to create the circle of love and care for one another because doing that we create a just society where everyone is loved and accepted. I believe the following story will help you understand the importance of the Fire of the Holy Spirit by which our hearts and minds must burn to help other.

A man was driving his car, when he saw an old lady, stranded on the side of the road. He saw that she needed help. So, he stopped his Pontiac near her Mercedes and got out. He smiled, while he was approaching her, still she was worried, as nobody had stopped for hours. Moreover, he did not look safe, as his appearance was so poor and shabby. He could see, how frightened she was, so he tried to calm her, “I’m here to help you, don’t worry. My name is Bryan Anderson”. The tire was flat, so he had to crawl under the car. While changing the tire, he got dirty, and his hands were hurt.

When the job was done, she asked how much she owed him for his help. Bryan smiled. He said, “If you really want to pay me back, the next time you see someone, who needs help, give that person the needed assistance, and think of me”. That same evening, the lady stopped by a small cafe. That place looked dingy. Then she saw a waitress, nearly eight months pregnant, wiping her wet hands with a towel. The waitress had a sweet friendly smile, although she had spent on her feet the whole day.

The lady wondered, how someone, who has so little, can be so kind and giving to a stranger. Then she remembered Bryan. The lady had finished her meal and paid with a hundred-dollar bill. The waitress went to get change and when she came back, the lady was gone. She left a note on the napkin, “You don’t owe me anything. Somebody once helped me, just like now I’m helping you. If you really want to pay me back, do not let this chain of love end with you”. The waitress found four more one-hundred-dollar bills under the napkin. That night the waitress went home early. She was thinking about the lady and the money she left. She was wondering, how the lady could know, how much she and her husband needed it? Especially now when the baby will soon arrive. She knew that her husband

worried about that, so she was glad to tell him good news. Then she kissed him and whispered; "Now everything will be all right. I love you, Bryan Anderson".

St. Paul in writing to Romans opens our heart and mind to understand the role of The Holy Spirit: "For those who live according to the flesh set their mind on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason, the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you. So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh—for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ—if, in fact, we suffer with him so that we may also be glorified with him" (8:5-17).

St. Irenaeus writing against the heresies of his time, explains the mystery of the Pentecost: When the Lord told his disciples to go and teach all nations and baptize them in the name of the Father and of the Son and of the Holy Spirit, he conferred on them the power of giving men new life in God. He had promised through the prophets that in these last days he would pour out his Spirit on his servants and handmaids, and that they would prophesize. So, when the Son of God became the Son of Man, the Spirit also descended upon him, becoming accustomed in this way to dwelling with humans, to living in men and to inhabiting God's creation. The Spirit accomplished the Father's will in men who had grown old in sin and gave them new life in Christ. Luke says that the Spirit came down on the disciples at Pentecost, after the Lord's ascension, with power to open the gates of life to all nations and to make known to them the new covenant. So it was that men of every language joined in singing one song of praise to God, and scattered tribes, restored to unity by the Spirit, were offered to the Father as the first fruits of all the nations.

This was why the Lord had promised to send the Advocate: he was to prepare us as an offering to God. Like dry flour, which cannot become one lump of dough, one loaf of bread, without moisture, we who are many could not become one in Christ Jesus without

the water that comes down from heaven. And like parched ground, which yields no harvest unless it receives moisture, we who were once like a waterless tree could never have lived and borne fruit without this abundant rainfall from above. Through the baptism that liberates us from change and decay we have become one in body; through the Spirit we have become one in soul.

The Spirit of wisdom and understanding, the Spirit of counsel and strength, the Spirit of knowledge and the fear of God came down upon the Lord, and the Lord in turn gave this Spirit to his Church, sending the Advocate from heaven into all the world into which, according to his own words, the devil too had been cast down like lightning. If we are not to be scorched and made unfruitful, we need the dew of God. Since we have our accuser, we need an advocate as well. And so, the Lord in his pity for man, who had fallen into the hands of brigands, having himself bound up his wounds and left for his care two coins bearing the royal image, entrusted him to the Holy Spirit. Now, through the Spirit, the image and inscription of the Father and the Son have been given to us, and it is our duty to use the coin committed to our charge and make it yield a rich profit for the Lord.

The Holy Spirit being our Helper fills our hearts with the love of God and Jesus so that we may spread the message of love to other. As we could see in the following story.

The parking lot filled rapidly on Sunday morning as members of the large church congregation filed into church. As usually happens in a church that size, each member had developed a certain comfort zone - a block of space within those four church walls that became theirs after the second or third sitting.

It was as much a part of their church experience as the recliner was to the television at home. Some of the older members had been sitting in the same row on the same side for several decades. A team of oxen could not have moved them to the opposite side of the church.

One morning a stranger stood at the edge of the parking lot near a dumpster. As families parked cars and piled out, they noticed him rummaging through the trash. "Oh no! I don't believe it," whispered a lady to her husband. "That's all we need -- a bunch of homeless people milling around here."

One worried little girl tugged on her dad's sleeve. "But Daddy..."

Daddy was busy sizing up the bearded stranger, whose baggy, outdated trousers and faded flannel shirt had dusted too many park benches.

"Don't stare at him, honey," he whispered, and hurried her inside.

Soft music filled the high-ceiling sanctuary as churchgoers settled into their usual spots. The choir sang an opening chorus, "In His presence there is comfort ... in His presence there is peace..."

Sunlight suddenly flooded the center aisle. The double doors swung open and the homeless man, sloppy and stooped, headed toward the front.

"Oh no, it's him!" somebody muttered.

"What does he think he's doing, anyway?" snapped an incredulous usher.

The stranger set his bagful of dumpster treasures on the very first pew which had been upholstered in an expensive soft teal fabric just three months ago. The music stopped. And before anyone had a chance to react, he ambled up the stairs and stood behind the fine, handcrafted oak podium, where he faced a wide-eyed congregation.

The disheveled stranger spoke haltingly at first, in a low, clear voice. Unbuttoning and removing his top layer of clothing, he described Jesus, and the love He has for all people. "Jesus possesses a sensitivity and love that far surpasses what any of us deserves."

Stepping out of the baggy old trousers, the stranger went on to describe a forgiveness that is available to every one of us...without strings attached.

"Unconditionally He loves us. Unconditionally He gave His very life for us. Unconditionally and forever, we can have the peace and assurance that no matter who we are, where we've come from, or how badly we may have mistreated others or ourselves, there is hope."

"In Jesus, there is always hope."

"You see, my friends, it is never too late to change," the man continued.

"He is the Author of change, and the Provider of forgiveness. He came to bring new meaning to 'life!'."

Men and women squirmed as reality hit them like an electrical current. The stranger tugged at his knotted gray beard and removed it.

"I'm here to tell you that we are loved with a love far beyond human understanding, a love that enables us to accept and love others in return." Then tenderly he added, "Let's pray together."

That wise pastor - under the guise of a homeless "nobody" - did not preach a sermon that day, but every person left with plenty to think about.

The Solemnity of Pentecost encourages us to leave our old ways of life and strive to be help to other people. In the First Reading we see the descending of the Holy Spirit and purifying of souls of the apostles. Just imagine if disciples would have stayed behind the closed doors of the room, then what would have happened: no more Christian faith neither the mention of Jesus' name? Though there was fear, but Holy Spirit made the disciples to open the door from inside to go out but not someone came to open the door for them from outside. In similar way, the Holy Spirit invites us to open the closed doors of our hearts from inside to let Jesus come in as St. Paul says, "even we don't know how to pray but the Holy Spirit intercedes for us and teaches us to call God; Abba, the Father". Holy Spirit renews the face of earth and helps us to recognize our relationship with the Lord. We must listen to Holy Spirit who intercedes for us to fill us with his love who died on the Cross for us to give eternal life.

St. Augustine says “O Holy Spirit, descend plentifully into my heart. Enlighten the dark corners of this neglected dwelling and scatter there Thy cheerful beams”.

St. Paul says, “Do not be ashamed, then, of the testimony about our Lord or of me his prisoner, but join with me in suffering for the gospel, relying on the power of God, who saved us and called us with a holy calling, not according to our works but according to his own purpose and grace. This grace was given to us in Christ Jesus before the ages began, but it has now been revealed through the appearing of our Saviour Christ Jesus, who abolished death and brought life and immortality to light through the gospel. For this gospel I was appointed a herald and an apostle and a teacher, and for this reason I suffer as I do. But I am not ashamed, for I know the one in whom I have put my trust, and I am sure that he is able to guard until that day what I have entrusted to him. Hold to the standard of sound teaching that you have heard from me, in the faith and love that are in Christ Jesus. Guard the good treasure entrusted to you, with the help of the Holy Spirit living in us”.

Let us renew our faith and begin anew with commitment to serve the Lord faithfully. “Come Holy Spirit and fill our hearts with the fire of God’s Love”.

Do we find encouragement in the Holy Spirit?



DIOCESAN SUNDAY UPDATES

Solemnity of the Pentecost



Receive the Holy Spirit.

IF YOU FORGIVE THE SINS OF ANY,
THEY ARE FORGIVEN THEM; IF
YOU RETAIN THE SINS OF ANY,
THEY ARE RETAINED.

JOHN 20: 23



Permanent Diaconate Open House Presentations

The Diocese of Calgary invites men discerning a call to serve as permanent deacons to attend one of our upcoming open house presentations.

- **Wed, June 11**, from 7 pm to 8:30 pm and **Sat, June 14**, 2025 from 10:30 am to 12 pm at Catholic Pastoral Centre, 120 17th Ave SW, Calgary
- **Sat, June 21**, from 10:30 am to 12 pm at All Saints Parish (St. Basil's Church), 604 13 St North, Lethbridge

Save the dates: Mary, Mother of Hope: Jubilee Marian Week & Cross of Hope Pilgrimage

Join us for a sacred week of prayer, pilgrimage, and celebration during the Jubilee Marian Week at the Rockies!

- **Aug 15–18: Young Adults Jubilee Weekend & Pilgrimage (ages 18–35) in St. Mary's Church,**

Banff – with indoor camping, fellowship, hikes, Eucharistic Adoration, and the Cross of Hope Pilgrimage from Banff to Canmore along the scenic Legacy Trail! Spots will be limited (max 50). Registration will be available soon!

- **Aug 18–22: Jubilee Marian Week for all pilgrims at the Shrine Church of Our Lady of the Rockies, Canmore** – featuring pilgrimage walk, daily Mass, Confession, Adoration, Marian devotion and formation, Sacred Music, and a Jubilee Mass on **Friday, Aug 22 at 7 pm**, the Feast of the Queenship of Mary, with Apostolic Blessing imparted by Bishop McGrattan, followed by a Marian Coronation and reception. More details will be shared soon!

Ordination of Rev. Mr. Peter An to the Sacred Priesthood

We are pleased to share the upcoming ordination of Rev. Mr. Peter An, who will be ordained to the priesthood on **Friday, June 27, at 7 pm** at St. Mary's Cathedral, on the Feast of the Sacred Heart of Jesus. All are also welcome to attend his first

Masses: **Sat, June 28 at 11 am** – St. Mary's Cathedral; **Sat, June 28 at 5 pm** – Vigil Mass at St. Luke's Church, with reception to follow; and **Sun, June 29 at 4 pm** – SFXC Mass at St. Mary's Cathedral.

G7 Jubilee People's Forum & Public Actions

Join pilgrims and advocates from across Canada and the world for workshops, interfaith prayer, and a public witness for economic and ecological justice. When: **Thu to Sun, June 12–15** at Ambrose University, Calgary. Register at kairoscanada.org/jubilee2025

Fearfully and Wonderfully Made: Finding Your Identity in Christ

Young adults are invited to an evening of reflection with Pristine Laroza, exploring identity, purpose, and self-worth through the lens of faith. Discover how being created uniquely by God shapes your journey in today's world. When: **Mon, June 17 | 5:30 pm to 7 pm at FCJ Retreat Centre, Calgary.** Tickets: \$18 | Register by calling 403-228-4215 or [online](#).

Support Catholic Education – One Swing at a Time!

1. **St. Mary's University Golf Tournament – Wed, Aug 13 at The Links of GlenEagles, Cochrane** - Help fund scholarships and bursaries for students at St. Mary's while enjoying one of Alberta's most scenic courses. Register at stmu.ca/golf
2. **CCEF 40th Annual Golf Tournament – Tue, Aug 19 at Blue Devil Golf Club, Calgary** | Celebrate a milestone year and support K–12 Catholic education in our Diocese through the only Catholic charity golf tournament. Register at theccef.ca/fundraisers/annual-golf-tournament

Prison Ministry Volunteers

Help bring hope behind prison walls. We're looking for compassionate individuals to lead prayer time, including the Sunday Readings and Rosary, at correctional facilities in our Diocese. Email receptionist@calgarydiocese.ca or call 403-218-5500 to learn more.

The Heart of Jesus

Enter into the depths of Christ's love through a virtual evening of reflection on the Sacred Heart of Jesus, led by Sr. Joanna Walsh, FCJ, and Sr. Theresa (Terry) Smith, FCJ. Drawing from *Dilexit Nos*, Pope Francis' letter on the Sacred Heart, this session invites us to contemplate the pierced Heart of Jesus as a symbol of God's merciful love poured out for all. When: **Thu, Jun 26 from 7:00 to 8:30 pm (Online via Zoom)**. Prepare spiritually for the Feast of the Sacred Heart through prayer, reflection, and shared insight. Register by calling 403-228-4215 or [online](#).

Tea with the Sisters

Tea with the Sisters on **Saturday, June 14, 2025 from 1:30 pm to 4 pm at Providence Sisters' Convent**. This is an opportunity for young women 16+ to meet the Sisters of various communities in the Diocese of Calgary and enjoy some tea and sweets with conversation and also participate in a Rosary Walk with them. Please register at sisterdianne.turner@calgarydiocese.ca

40 Hours Devotion for Vocations

Pray with us for an increase of vocations to the priesthood and consecrated life in our Diocese. The next devotions:

- **NEW! Sacred Heart, Calgary** - Fri, June 13 at 12:30 pm to Sun, Jun 15 at 6 am
- **Shrine Church of Our Lady of the Rockies, Canmore** - Thu, July 3 at 5 pm to Sat, Jul 5 at 9:30 am

Cemetery Masses with Bishop William T. McGrattan

Join Bishop William McGrattan for the celebration of Holy Mass at our cemeteries—sacred grounds where we honour our loved ones, commend them to God's mercy, and strengthen our hope in the Resurrection. All are welcome!


- **Tue, August 19, at 7 pm** at Mountain View Cemetery Chapel;
- **Thu, August 21, at 7 pm** at Edenbrook Cemetery Chapel;
- **Tue, August 26, at 7 pm** at Queen's Park (outdoor); and

Thu, August 28, at 7 pm at St Mary's Cemetery (outdoor)

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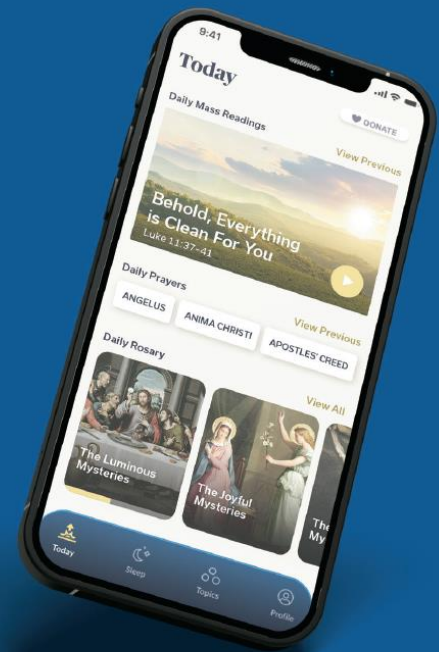
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An offering from the  AUGUSTINE INSTITUTE

Joe McKenna Council #9502

Knights of Columbus 2024 2025 Officers

Position	Name
Grand Knight	Greg Martin
Deputy Grand Knight	Jimmy Tablan
Financial Secretary	Pat Ries
Treasurer	Ron Pisoni
Chancellor	Jason Iverson
Recorder	Brad Irvine
Advocate	Herb Durda
Warden	Walter Pratt
Inside Guard	Dale Maddaford
Outside Guard	Michael Camphor
Year 1 Trustee	Gary Heinbecker
Year 2 Trustee	Kent Friedt
Year 3 Trustee	Garry Mastel
Lecturer	Rick Brown
Membership Director	Garry Lux
Faith in Action Program Director	Greg Martin
Faith in Action Life Director	Allan Lawson
Faith in Action Family Director	Jimmy Tablan
Faith in Action Faith Director	Darrell Bonagofsky
Faith in Action Community Director	Ron Pisoni
Pastoral Parish Council Representative	Garry Mastel

Monday, April 7	KofC Officers' Meeting
Monday, April 14	Holy Hour Adoration
Monday, April 14	KofC General Meeting
Sunday, May 4	Parish Breakfast
Monday, May 5	KofC Officers' Meeting
Monday, May 12	KofC General Meeting
Monday, June 2	KofC General Meeting
Monday, June 9	KofC Year End BBQ
Sunday, June 22	Parish Picnic





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Who is Jesus? Do I need a church?

Why do I exist?

Teens in your parish are actively looking for answers to these questions. Unfortunately, the world is not providing the proper guidance to point them in the right direction.

But you can help change this. Equip your teens with the tools to help them discover the best answers to these questions with The Search Begins.

[CLICK HERE TO WATCH THIS TRAILER](#)

The Search Begins is a seven-episode video series adapted from the Augustine Institute's award-winning series The Search. It invites teens in your parish to find meaning in their everyday lives. This program shares the answers to the fundamental questions of life so they can live more for God. A life of purpose!

Guide your teens to real, satisfying answers about their life and the person of Jesus Christ now with The Search Begins.

THE
SEARCH
BEGINS

Order the [Leader's Kit](#) or [Deluxe Leader's Kit](#) on Catholic Market.

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





July 15 - 17, 2025
Tuesday 4 pm - Thursday 2 pm

SOUL care WOMEN

- ACCOMPANIED ON THE JOURNEY -

With music of the soul, meditative art images, and prayer practices that open the heart, this retreat will be a time of solace and renewal.

Facilitated by: Cathy AJ Hardy and Claire Ziprick

Register: clairezip@gmail.com or 780-893-8372
\$385 includes meals, accommodations and presentations




Brother Sun – Sister Moon: Walking in Hope

Summer Day Retreat

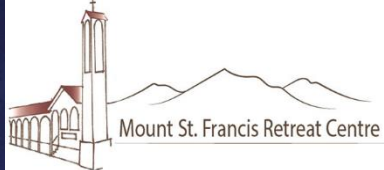
July 18, 2025 9 am – 6 pm

\$60
Register: 403-932-2012
mtfrancis@shaw.ca

With Guest Co-Facilitator: Jason Brown
Lecturer at Simon Fraser University
Global Humanities – Lectio Terra

Day includes picnic lunch and BBQ dinner.

The day includes several walks.
Please dress and prepare for the weather and terrain.
Bring your own water bottle.



HOPE


A Whisper in a World that Shouts

Preached Retreat

AUGUST 19-24, 2025
FACILITATED BY ANNE WALSH

\$650
Register: 403-932-2012
mtfrancis@shaw.ca

Anne Walsh is a native Newfoundlander. She is a Lay Missionary of the Most Holy Redeemer (Redemptorists). Anne is a teacher and has worked in youth ministry and university chaplaincy. She holds a Bachelor of Arts (Education), Master of Religious Education and Doctor of Ministry degree.



MOUNT ST. FRANCIS, COCHRANE, AB
Ladies Mid-Week retreat
Tuesday to Thursday
September 16th - September 18th/2025

THEME: Anchored in Mystery
Each of us face uncertainties and trials in our daily life. Each day we anchor ourselves in the Mystery of the Divine. This retreat is an invitation to pay attention to our relationships, our living and our responding to how the Divine Mystery meets us each day.

CONTACT : Kathy Oczkowski
E-mail : fkoczkowski@shaw.ca
Phone Number : 403-246-0660
Or

Janet Jacques
E-mail : janet.jacques704@gmail.com
Phone Number : 403-547-6616



Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holymfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESPOND to it, you can forward it to contact@holymfamilymh.ca so it can be sent to the diocese.