



Welcome to HOLY FAMILY PARISH

7TH SUNDAY IN ORDINARY TIME – YR. C SUNDAY, FEBRUARY 23, 2025

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Phone **403-527-6933**
Facebook: [Medicine Hat Holy Family Parish](https://www.facebook.com/MedicineHatHolyFamilyParish) ~ YouTube: [Medicine Hat Holy Family Church](https://www.youtube.com/MedicineHatHolyFamilyChurch)

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH
Fr. Iqbal Khurshid & Deacon Robert Risling

RECONCILIATION...
Friday 9:30am–10:30am & Saturday 3:30–4:45pm

MASS TIMES - MONDAY TUESDAY THURSDAY FRIDAY 9:00AM
WEDNESDAY 7:00AM
SATURDAY 5:00PM - SUNDAY 8:30AM, 10:30AM & 6:00PM
MONTHLY - 1ST TUESDAY 6:00PM & 1ST SATURDAY 8:00AM

THE CHAPEL IS OPEN
MONDAY - FRIDAY 9:30am - 4:00pm
ADORATION FRIDAY 9:30 - 10:30am

Knights of Columbus – Greg Martin
Catholic Women's League – Cathy Koch

Parish Pastoral Council Chair - Gary Heinbecker
Parish Finance Council Chair - Cheryl Pocsik

We acknowledge that Treaty 7 Territory, on which we stand, is the ancestral land of the Indigenous Peoples and is common home to everyone in Virtue of God, our Creator's Gracious Gift.

Gospel Reading ~ Luke 6:27-38
Jesus teaches his disciples to be merciful as God is merciful.

Do not Judge Others ~ Love your enemies ~ Do good to those who hate you ~ Bless those who curse you ~ Pray for those who mistreat you ~ Do not judge ~ Be merciful ~ Turn the other Cheek ~ Do not condemn ~ Forgive, and you will be forgiven.

Luke 6:27-38 ~ 7th Sunday in Ordinary Time, Year C

✠ Masses & Mass Intentions ✠ 

Saturday, February 22
5:00pm – Edwin Fischer ✠

Sunday, February 23
8:30am – Holy Family Parish
10:30am – Theresa Streifel ✠
6:00pm – Christian Doll ✠

Monday, February 24
9:00am – Florence Faichuk ✠

Tuesday, February 25
9:00am – Asiclo Jimenez ✠

Wednesday, February 26
7:00am – Deceased Maria Reed Family ✠

Thursday, February 27
9:00am – Samuel Reed ✠

Friday, February 28
9:00am – Cora Blanchette & Family

OPERATING FINANCES	
JANUARY 1-31, 2025	
Operating Budget 2024	\$ 70,156
General Envelope Collection	\$ 45,116
Loose Collections	\$ 3,534
Future Development	\$ 4,32
Sale of Church Supplies & Other	\$ 6,934
\$ 46,182 - Budget Vs Actual	\$ 23,974
SPECIAL COLLECTIONS	
Together in Action (TIA)	\$ 14,442
St Vincent de Paul	\$ 2,785
Clergy Retirement	\$ 105
Mission Mexico	\$ 160
CARO	\$ 160
Seminary Fund	\$ 75
<i>Thank You for your Generous Contributions</i>	
Average Weekly Attendance	918

Seventh Sunday in Ordinary Time
 I Samuel 26:2, 7-9
 12-13, 22-23.
 Psalm 103:1-2, 3-4, 8, 10, 12-13.
 I Corinthians 15:45-49.
 Luke 6:27-38.

Believing and Doing Five Things.
 Jesus, today, continues his preaching from last week. He tells us five things we must do as his followers. Love even those who do not love us. Be merciful as God is merciful. Stop judging other's actions and motives. Forgive in order to be forgiven. Give, give, give. What a list! It makes for a busy week for each of us. And that is the pattern for every week that follows.

- † How can my prayer and action be: "Lord, bless those I love and even those I do not love.?"
- † How will I be merciful? What gifts will I give?
- † Whom must I forgive?



*God Bless You,
Thank You for
your donations!*


**Special Collections
February 2025**

**Future Development
Together in Action**

December 31, 2025 - Goal \$70,938

Together IN ACTION total to date
 \$17,533.00
 which is at 25%

Which leaves \$53,405.00 to raise!
 Please Give Generously ~ Thank You!



**Parish Breakfast
February 23, 2025**
 After 8:30 & 10:30 Masses

Ham, Omelets, Pancakes,
 Bacon, Sausages, Toast, Fruit,
 etc. AND
THE BEST FELLOWSHIP EVER!

\$10. - Adults
 \$5.- Under12 & Free - Under 6



4th Degree
 Knights of Columbus
 Meeting

February 23rd, 2025
 2:00 PM

Holy Family Parish
 Faith Room



DONATE TODAY...
accounting@holyfamilymh.ca




Finding New Life in the Spirit Seminar

Tuesday, February 25 at 6:30pm

TOPIC – Baptized in the Spirit

Holy Family Parish Hall

Healing Mass with Fr. Julian

Tuesday, March 4th at 6:00pm

More information contact

Sally at 403-527-6933 ext 105 or Cecile at 403-878-5980

THE SILVER ROSE ICON
Tuesday, February 25th 5:00 PM

Holy Family Parish

Join thousands of Catholics across North America in asking for Our Lady of Guadalupe's intercession through the Silver Rose program.

Everyone is encouraged to attend.

More information in the online bulletin.

RITE OF CHRISTIAN INITIATION OF ADULTS



Holy Family Parish, Medicine Hat, AB

FEBRUARY 26

Living Lent ~

Way of the Cross &
Liturgy

WEDNESDAY AT 7:00 PM IN THE FAITH ROOM

IF INTERESTED CALL PAT AT 403-527-1097

February 27, 2025
Holy Family Parish Hall

6:15pm Gathering

6:45 pm Presentation

7:15 pm Group Discussion

7:45 pm Dismissal

Theme

Heroic Patience

Presenter

Alicia Hernon

She Shall Be Called Woman

A PROGRAM FOR ALL WOMEN BY
PARADISUS DEI

March 1, 2025 ~ Holy Family Parish Hall

Breakfast 7:30 am

Presentation 8:30 am

Theme: Finding your Mission Field

Presenter: Paul George

TMIY

THAT MAN IS YOU!
BECOMING A MAN AFTER GOD'S OWN HEART



Sacramental Preparation 2024-25

CONFIRMATION

CLASS - Thursday March 13th - 6:00pm to 7:30pm

St. Patrick's Church Hall

RETREAT - Saturday, March 15th - 9:30am-2:30pm

Holy Family Parish Hall

1st HOLY COMMUNION

CLASS - Saturday March 8th & 15th

10:00am to 11:30am at St. Patrick's Church Hall

OR Drop in at Holy Family Faith Room 1:30 to 3:00pm



Knights of Columbus®
Alberta/NWT State Council

50-50
CHARITIES APPEAL RAFFLE

Early Bird
Draws x2

\$1000^{ea}

Draw Dates at 4PM:
February 24, 2025
March 24, 2025

In support of:

Educational Institutions, Community Charities, Churches,
Youth and Seniors Activities across Alberta



40 Loonies for Lent

2025 marks the eighth year that Holy Family Parish Knights of Columbus Council 9502 is sponsoring the 40 Loonies for Lent program.

Your donations stay here in Medicine Hat going to the Root Cellar, Mustard Seed, Saint Vincent De Paul Society, 5th Ave. & Saint Barnabas Meal Programs.

Through the generous support of Holy Family Parish parishioners, you helped raise twelve thousand dollars in 2024. Our goal this year is to raise \$10,000.00.

Faithfully
FAITH. LIVED. FULLY.

catholiccyc.ca/Faithfully keeps you updated
with what's happening in and around our Diocese!

Children's Liturgy
Sunday's 10:30 AM Mass
Meet at 10:15am in the Foyer
4 years and up,
plus support if needed.



For Information or to
 Volunteer Call
 Tammy @ 403-866-7886

HOLY FAMILY PARISH
MEN'S PRAYER GROUP
 Thursday Mornings - 7:00 to 7:30 – Faith Room
 Open to all men seeking to nurture their relationship
 with God and each other through prayer, song and
 reflection on the daily scripture readings.
 More Information - Gord 527-7423 or Alan 527-4169
 Pamphlets available at the Greeting Desk
REAL MEN PRAY

Listen...with the ear of your heart.

This is the opening line of the rule of St. Benedict.
 Come join us (Benedictine Oblates) in prayer as we
 listen to the voice of God in our lives.



We meet every Saturday morning
 at 10:00 in the Hope Room
 at Holy Family Parish.

For more information call Carol at 403-526-0415.

Bible Study

Thursday Mornings after the 9:00 Mass

Please respect
the Staff Parking
Signs in the
Parking Lot
Especially in cold
weather, Some of
us need to plug in!



If you are passionate about the dignity of life & would like to know more about what the Catholic Church teaches regarding the dignity of life, please join us.

Holy Family Life Ministry

Prayer and Adoration
 2nd Tuesday of the month
 at 7:00pm in the Chapel.

Education Evening
 4th Tuesday of the month
 at 7:00pm in the Faith Room.

Information
 Rob at 403-529-0985
 Sonia at 403-528-0028

While in the Medicine Hat Regional Hospital
If you have a family member or friend who is in
hospital and is requesting Holy Communion or a
visitor from the church, please phone the Parish
Secretary with the name and room number of the
parishioner. The information will be forwarded to
Pastoral Care. Thank you!

BLUMENFELD CEMETERY

The Blumenfeld Heritage Committee has hired Medicine Hat Monumental to restore the cemetery. If you or someone you know has a loved one buried there, please contact us pertaining to a donation to or upgrades that could be made to this sacred place. This will be a difficult task to find relatives spanning such a large timeline so please spread the word. We would like to have everything in place by spring.

Kendra Volk; avolk@sasktel.net; 1-306-662-8593
 Karri Wagman; karriwagman.kw@gmail.com ; 1-306-628-8083 Facebook; Blumenfeld & District Heritage Site

If you would like to receive the Weekly Bulletin by email, please email the office at contact@holyfamilymh.ca Or you can view it on the website at www.holyfamilymh.ca or on Facebook at [Medicine Hat, Holy Family Parish](https://www.facebook.com/Medicine-Hat-Holy-Family-Parish) Thank you to everyone that already gets the bulletin online. It truly does save the church money that can be used in other areas.

A banner for the "40 Loonies for Lent" program. On the left is a blue icon of the Holy Family (Mary, Joseph, and Jesus). The text "40 Loonies for Lent" is written in large, white, bold letters with a drop shadow. On the right is the Knights of Columbus (K of C) logo, which is a red and gold shield with a white cross and a blue anchor.

40 Loonies for Lent

2025 marks the eighth year that Holy Family Parish Knights of Columbus Council 9502 is sponsoring the 40 Loonies for Lent program.

This year's program theme is, ***Love the Lord, Love your neighbour***. As it is written in the book of Sirach, chapter 35, verses 6 to 8, "The just man's sacrifice is most pleasing, nor will it ever be forgotten. In generous spirit pay homage to the Lord, be not sparing of freewill gifts. With each contribution show a cheerful countenance."

Your donations stay here in Medicine Hat going to the Root Cellar, Mustard Seed, Saint Vincent De Paul Society, 5th Avenue and Saint Barnabas Meal Programs.

It should be noted that Holy Family Parish volunteers serve every Thursday at 5th Avenue, and Holy Family also serves every 4th and 5th Saturday at St. Barnabas Meal Program. I would personally like to thank the many volunteers who sacrifice their time to assist the people who may be struggling.

Through the generous support of Holy Family Parish parishioners, you helped raise **twelve thousand dollars in 2024. Our goal this year is to raise ten thousand dollars.**

There are a few ways to make donations. Simply write "40 LOONIES FOR LENT" and the dollar amount on your weekly parish donation envelope. You may donate your full Lenten gift of \$40.00 one time or contribute an amount of \$7.00 or more each week. If sacrificial giving means you can give more, please do so. For those who are not using weekly envelopes you may make your cheque payable to Holy Family Parish or donate cash in a separate envelope marked with your name, address and "40 LOONIES FOR LENT" and place it in the weekly collection basket or drop it off at the Parish office. Alternatively, you may authorize the parish to process your donation on your credit card and most recently Holy Family Parish has added e-transfer but if using e-transfer please note it is to go to: **40 Loonies for Lent.**

Look for updates on funds collected in the parish bulletin.

We thank you in advance for your generosity, **"what ever you do to the least of my brothers you do unto me."**

Thank you and may the Lord bless you and keep you.



Knights of Columbus®
Alberta/NWT State Council

50-50
CHARITIES APPEAL RAFFLE

Early Bird
Draws x2
\$1000^{ea}

Draw Dates at 4PM:
February 24, 2025
March 24, 2025

In support of:
Educational Institutions, Community Charities, Churches,
Youth and Seniors Activities across Alberta



The Alberta/Northwest Territories Knights of Columbus 2025 Spring 50-50 Charities Appeal Raffle is underway. This Charity Appeal supports educational institutions, community charities, churches and youth and seniors' activities across Alberta.

Our Holy Family Parish Knights of Columbus thank our parishioners for their past generous support of this charity appeal. Our council support two community charities, Project

Rachel and Elizabeth House. Each charity supports pregnant women and mothers.

There are two early bird draws, each for \$1000, on February 24 and March 24, with the ticket purchase ending April 26.

50/50 tickets can be purchased using www.koc5050.com and please remember to search for our council, **9502**, so our council will receive your donation.

If you have any questions about the Charity Appeal, contact Greg Martin, 403-878-0639 or Pat Ries, 403-458-0442.

Our 9502 KofC Council thanks you for your support.



Medicine Hat Catholic Schools' Education Foundation

50/50 Cash Raffle

»» **Draw Date: April 11**
Draw opens: Feb 10th @ 6:00am
Draw ends: April 10th @ 11:59pm

- »» 1 entry for \$10
- »» 4 entries for \$20
- »» 20 entries for \$50
- »» 100 entries for \$100

Together in the support of
Medicine Hat Catholic
community children & the
education process!

SCAN QR CODE
TO PURCHASE
YOUR TICKETS!



rafflebox.ca/raffle/mhcsef-spring25



Silver Rose Program

Join thousands of Catholics across North America in asking for Our Lady of Guadalupe's intercession through the Silver Rose program. In 1960, the Columbian Squires, a youth organization of the Knights of Columbus, came up with the idea of running a rose to the Basilica of Our Lady of Guadalupe in Monterrey, Mexico, to honor Our Lady. The rose was chosen to commemorate Saint Juan Diego and the miracle of the roses.

Today, eight roses travel along different North American routes that include Canada, the United States and Mexico. Every stop the Silver Rose makes throughout the pilgrimage is a rosary-centred occasion to pray for respect for life, the spiritual renewal of each nation, and the advancement of the message of Our Lady of Guadalupe.

The Silver Rose Program will be held Tuesday, February 25, 2025, at 5:00pm at Holy Family Parish.

Your participation in the Silver Rose program, especially your prayers and pledge for life, are a crucial part of our mission to defend and support life in every stage and condition.



École St. John Paul II School

Robert Dumanowski- Principal

Vice Principal - Edlyn Murphy

Prayer and service are integral parts of our École St. John Paul II School community. So far this year, students have had the opportunity to explore our Catholic faith through experiences such as praying an outdoor Living Rosary and joining together for Rosary Club. In addition, our Student Faith Leadership students recently volunteered at the Prairie Gleaners. We strive to live our faith in both our words and our actions.



**Medicine Hat Catholic
Board of Education**

DIOCESAN SUNDAY UPDATES

7TH SUNDAY IN ORDINARY TIME



Transitions

Transitions is a 16-week, God-centred support group for those healing from separation or divorce. Sessions start **Tue, Feb 25, 2024, from 7–9 pm** at the Catholic Pastoral Centre. Free registration, limited spots. Register at catholicyc.ca/transitions or call Mara at 403-218-5521.

Caring for Seniors: Preventing Elder Abuse and Embracing Cultural Sensitivity

The Diocese of Calgary invites clergy, pastoral care volunteers, hospital chaplains, and family members to a workshop on equipping those serving the elderly with tools to address elder abuse and provide culturally sensitive support to ethnocultural older adults. When: **Wed, Mar 12, 10 am – 3 pm** | **Catholic Pastoral Centre**. Complimentary lunch and refreshments provided. Register: catholicyc.ca/seniors or call Mara at 403-218-5521.

Pilgrims of Hope Retreat with Divine Mercy Sisters

A day of healing and renewal with Eucharistic Adoration, Confession, Holy Mass, a talk with healing prayers, and the Hour of Mercy prayer. Veneration of 1st class relics of St. Faustina and St. John Paul II. Potluck lunch. Hosted by the Sisters of Divine Mercy. When: **Sat, Mar 1, from 10 am to 3 pm** at **Our Lady of the Assumption Church**. For details and to register, visit sistersofdivinemeracy.org or contact Sr. Katrina at (587) 755-1019.

Young Couples Saturday Formation: Love & Responsibility

Join the SFXC Young Couples Chapter for *Saturday Formation!* The afternoon begins with Mass at 12:30 pm, followed by a formation session from 1 pm to 2 pm at the Catholic Pastoral Centre. When: **Sat, Mar 1, from 12:30 pm to 2 pm** at **Catholic Pastoral Centre Chapel**. Fr. Troy Nguyen will speak on *Love and Responsibility*. Engaged couples are welcome. Childcare will be available.

Reason for Your Hope

Join us this winter for a transformative retreat weekend to rediscover your hope. In partnership with Catholic Christian Outreach, Fri night to Sat afternoon:

- **Fri, Feb 28 - Sat, Mar 1** at St. Peter's Parish, Calgary
- **Fri, Mar 7 - Sat, Mar 8** at St. Bonaventure's Parish, Calgary

Information & registration at catholiccyc.ca/reasonforyourhope

Eucharistic Miracles Exhibition at St. Bonaventure's

Experience the Eucharistic Miracles of the World Exhibition, designed by Blessed Carlo Acutis. Featuring 158 Eucharistic miracles from 22 countries, the display promotes awareness of the Real Presence in the Eucharist and Adoration. When: **Feb 27 – Mar 2, St. Bonaventure Parish, Calgary.**

Sacred Grace: Church Wedding for Civilly Married Couples

Inviting all civilly married couples in our Diocese to celebrate the Sacrament of Matrimony in the Catholic Church. This special celebration will be presided over by Bishop William T. McGrattan on Saturday, Sep 13, 2025, at 1:30 pm at St. Mary's Cathedral. Info sessions on how to participate will be available on the following dates/at the following locations:

- **Thu, Mar 6 at 6 pm** at St. Michael's Parish, Calgary
- **Sun, Mar 9 at 6 pm** at St. Thomas More Parish, Calgary
- **Sun, Mar 16, at 5 pm** St. Patrick's Parish, Calgary
- **Sun, Mar 23 at Noon**, St. Martha's, Lethbridge
- **Sat, Mar 29 at 6 pm**, Holy Family, Medicine Hat

Women's Retreat Weekend: Pilgrims of Hope

A retreat of prayer, healing, and reflection in the Jubilee spirit of *Pilgrims of Hope*. Includes presentations, personal reflection, and daily Eucharist. When: **Fri, Mar 7, from 6:30 pm to Sun, Mar 9, at 12:30 pm at Mount St. Francis Retreat Centre, Cochrane.** To register, contact Teresa at 403-329-8967 or Jane at 403-851-8000.

40 Hours Devotion for Vocations

Pray with us as for an increase of vocations to the priesthood and consecrated life in our Diocese. The next devotions:

- [Holy Spirit Parish, Calgary](#) - Sat, Mar 1 at 7 am to Sun, Mar 2 at 11 pm
- [St. Anthony's, Calgary](#) - Fri, Mar 7 at 3 pm to Sun, Mar 9 at 7 am (Chapel)
- [Sacred Heart, Strathmore](#) - Fri, Mar 14 at 7:45 am to Sat, Mar 15 at 11:45 pm

Pastoral Care Ministry Training

If you are called to minister to the sick, elderly, dying, homebound, and bereaved - and approved by your pastor or Pastoral Care Coordinator, you can register for the Pastoral Care Ministry Training at catholiccyc.ca/pastoralcare or contact Mara at 403-218-5521.

- **Sat, Mar 15 & Mar 29**, 8:30 am - 3:30 pm at St. Gerard's Parish, Calgary.
- **Sat, May 24 & Jun 7**, 9:30 am - 3 pm at Ascension Parish, Calgary.

Men's Conference

Join us for God Squad Canada's 28th Annual Men's Conference, *Pilgrims of Hope*. When: **Fri-Sat, Mar 14-15 | St Michael's Catholic Church, Calgary.** Be inspired by keynote speakers, foster spiritual growth, and build connections with other men of faith. Register now at godsquad.ca.

Litany of St. Joseph - Concert

Join us for the Litany of St. Joseph, a live concert featuring local choirs and an original score by Carlos Foggini. When: **Mon, Mar 17, 7 pm | Jack Singer Concert Hall, Calgary.** Tickets required—reserve at godsquad.ca

Marriage Enrichment Workshop on Communications

- The Diocese of Calgary invites married and engaged couples to a Marriage Enrichment Workshop on Communications. When: **Thu, Mar 20 at 7 pm, at the Catholic Pastoral Centre.** Join **Tracy & Bill Tomiak.** To register, contact Mara at 403-218-5521.

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ON DEMAND.

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An offering from the  AUGUSTINE INSTITUTE and  ignatius press

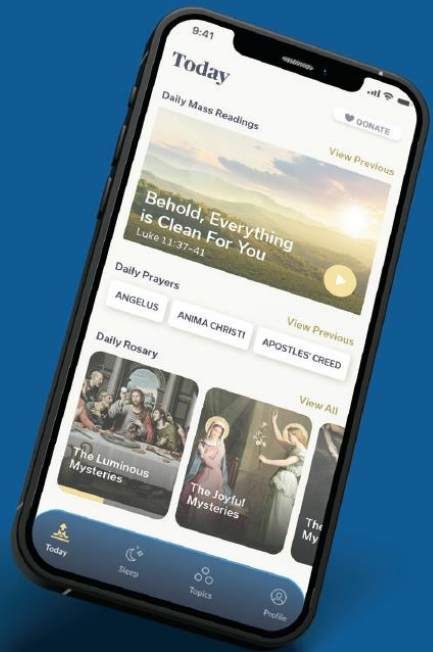
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An offering from the  AUGUSTINE INSTITUTE

Joe McKinnon Council #9502

Knights of Columbus 2024 2025 Officers

Position	Name
Grand Knight	Greg Martin
Deputy Grand Knight	Jimmy Tablan
Financial Secretary	Pat Ries
Treasurer	Ron Pisoni
Chancellor	Jason Iverson
Recorder	Brad Irvine
Advocate	Herb Durda
Warden	Walter Pratt
Inside Guard	Dale Maddaford
Outside Guard	Michael Camphor
Year 1 Trustee	Gary Heinbecker
Year 2 Trustee	Kent Friedt
Year 3 Trustee	Garry Mastel
Lecturer	Rick Brown
Membership Director	Garry Lux
Faith in Action Program Director	Greg Martin
Faith in Action Life Director	Allan Lawson
Faith in Action Family Director	Jimmy Tablan
Faith in Action Faith Director	Darrell Bonagofsky
Faith in Action Community Director	Ron Pisoni
Pastoral Parish Council Representative	Garry Mastel

Monday, January 6	KofC Officers' Meeting
Monday, January 6 to 14	Novena for Life before Weekday and Weekend Masses
Tuesday, January 7	Blessing of Chalk
Monday, January 13	Holy Hour Adoration
Monday, January 13	KofC General Meeting
Sunday, January 19	Parish Breakfast
Monday, February 3	KofC Officers' Meeting
Monday, February 10	KofC General Meeting
Tuesday, February 11	Mass for World Day of the Sick
Sunday, February 23	Parish Breakfast
Wednesday, March 5	Begin 40 Loonies for Lent
Friday, March 7	KofC Lead Stations of the Cross
Monday, March 10	KofC General Meeting
Sunday, March 16	Parish Breakfast
Friday, March 21 – Saturday, March 22	Men's Lenten Retreat
Sunday, March 23	KofC Sponsored Mass – 10:30am
Monday, April 7	KofC Officers' Meeting
Monday, April 14	Holy Hour Adoration
Monday, April 14	KofC General Meeting
Sunday, May 4	Parish Breakfast
Monday, May 5	KofC Officers' Meeting
Monday, May 12	KofC General Meeting
Monday, June 2	KofC General Meeting
Monday, June 9	KofC Year End BBQ
Sunday, June 22	Parish Picnic



The Kids' Bulletin

7th Sunday in Ordinary Time

February 23rd, 2025

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4 E 6 C 5 R

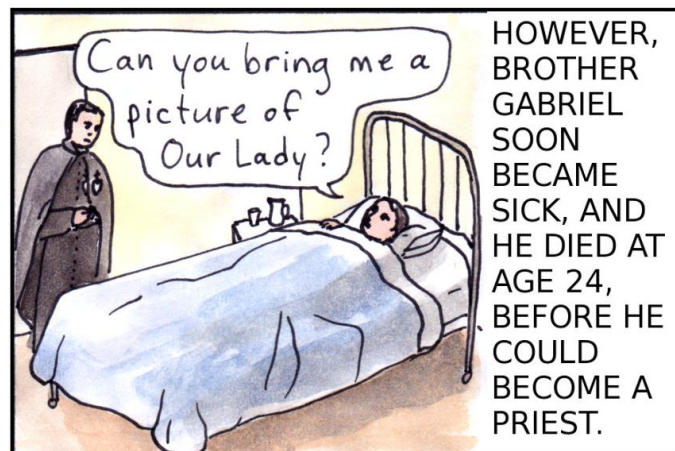
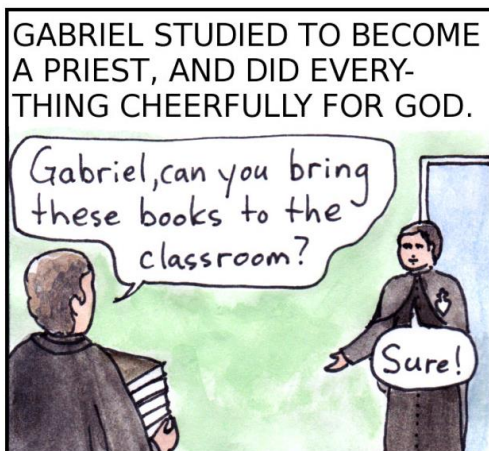
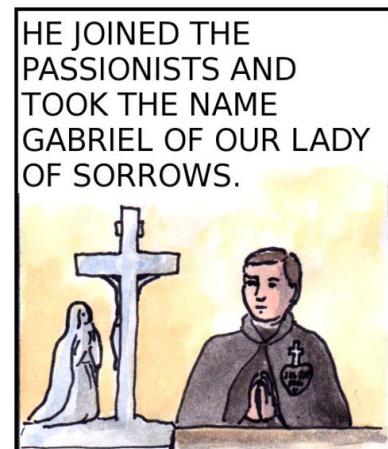
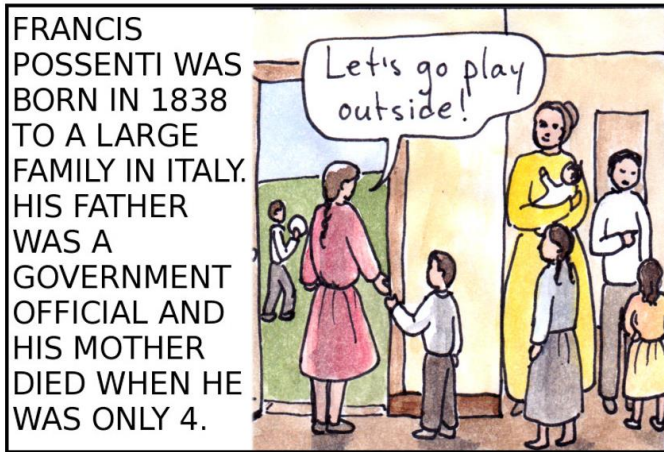
9 U 2 E



*What was Jesus telling us to do in
today's Gospel reading?
Use the numbers to help unscramble
the letters!*

Saint Gabriel Possenti

February 27



WE CAN LEARN FROM SAINT GABRIEL THAT BEING A SAINT DOESN'T MEAN YOU HAVE TO BE BORING OR SAD. GOD IS PLEASED WHEN WE HAVE FUN WITH OUR FRIENDS AS LONG AS WE ARE OBEYING THE COMMANDMENTS. ALSO, WE CAN HELP OUR FRIENDS GROW CLOSER TO GOD WHEN WE ARE CHEERFUL.

David and King Saul Word-Find

S O L D I E R S L H O H
T S O I V E D A V I D U
A L N S W A S U M M Y R
R E G R K I L L E D K T
T E W A R R I O R W I I
E P L E C O U R C E N N
D I O L H U N T I N G G
E N V I O U S E F T O A
A G E T S N F O U N D W
G E D E E M R U L E R A
O I N S T E A D I E S Y

*See if you can
find all the words
in CAPITALS in
this story of
David and
King Saul.*

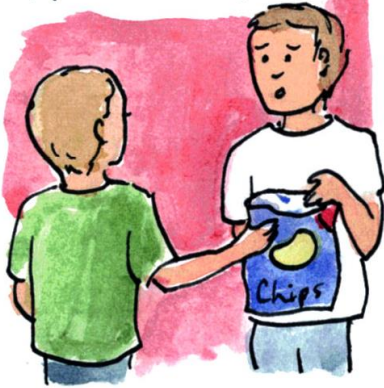
*Use the leftover
letters to fill in
the blanks at
the end.*

LONG AGO GOD chose SAUL to be the king of the ISRAELITES. Sometimes Saul WAS a good RULER and sometimes he wasn't. When David became a great WARRIOR the people STARTED to love HIM more than they LOVED King Saul. The king became ENVIOUS and wanted to kill DAVID, so he took his SOLDIERS and WENT HUNTING for him. But that night when the KING and his soldiers were SLEEPING, David FOUND them. He could have easily KILLED King Saul, but he CHOSE to be MERCIFUL INSTEAD. He went AWAY without HURTING Saul.



Being Merciful

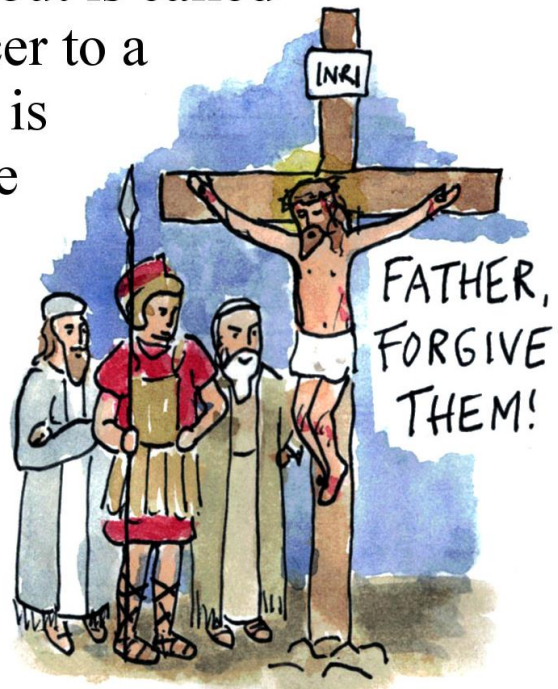
YOU'RE SHARING
WITH ME EVEN
THOUGH I WAS
MEAN TO YOU?



In today's Gospel reading Jesus tells us to be more kind and generous to others than they are to us. He tells us that the way we treat others is how God will treat us.

Has anyone ever been unkind to you and you felt like getting even by being mean back? Jesus tells us that what we should do instead is be extra kind to that person. Sometimes we do mean or selfish things too, and we hope that God will forgive us.

What our Lord is talking about is called mercy. Mercy means being nicer to a person than they deserve. God is the most merciful of all and we should try our best to be like Him. Next time someone is mean to you ask Jesus to help you forgive that person and be kind to them.



Answer to Front page: BE MERCIFUL
Answer to Word-Find: LOVE YOUR ENEMIES

Hat Grannies for Africa Fabric, Yarn & More Sale

St. John's Presbyterian Church
504 – 2nd Street SE, Medicine Hat

All proceeds to

Saturday, March 29, 2025
9:00 am to 2:00 pm

Admission: \$2.00

CASH SALES
ONLY

Half-price sale
12:00 - 2:00 pm

For further information or
pick up of donations call:
Kathy at 403-928-2135 or
Sheila at 403-580-7715

Facebook @ Hat Grannies

www.stephenlewisfoundation.org

grandmothers
campaign
to
grandmothers

The Hat Grannies for Africa are holding their annual Fabric, Yarn and More sale on Saturday, March 29, 2025, at St. John's Presbyterian Church, 504 – 2nd Street SE, Medicine Hat, from 9:00 – 2:00. The half price sale starts at 12:00. Admission is \$2.00 and all sales are cash only. We encourage everyone to bring their own bags. There will be a wide selection of fabrics and a large assortment of yarn in addition to notions, patterns and craft materials. The quilting table is going to be loaded again this year! All proceeds go to the Grandmothers to Grandmothers Campaign, an initiative of the Stephen Lewis Foundation. If you have goods to donate or want further information, contact Sheila at 403-580-7715 (cell) or Kathy at 403-928-2135 (cell). You can also contact us through Facebook @ Hat Grannies.



THE CATHOLIC FAITH.
ON DEMAND.

Who is Jesus? Do I need a church?

Why do I exist?

Teens in your parish are actively looking for answers to these questions. Unfortunately, the world is not providing the proper guidance to point them in the right direction.

But you can help change this. Equip your teens with the tools to help them discover the best answers to these questions with The Search Begins.

[CLICK HERE TO WATCH THIS TRAILER](#)

The Search Begins is a seven-episode video series adapted from the Augustine Institute's award-winning series The Search. It invites teens in your parish to find meaning in their everyday lives. This program shares the answers to the fundamental questions of life so they can live more for God. A life of purpose!

Guide your teens to real, satisfying answers about their life and the person of Jesus Christ now with The Search Begins.

THE
SEARCH
BEGINS

Order the [Leader's Kit](#) or [Deluxe Leader's Kit](#) on Catholic Market.

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.



Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holymfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESPOND to it, you can forward it to contact@holymfamilymh.ca so it can be sent to the diocese.