



# Welcome to HOLY FAMILY PARISH

5<sup>TH</sup> SUNDAY IN ORDINARY TIME – YR. C SUNDAY, FEBRUARY 9, 2025

Email: [contact@holyfamilymh.ca](mailto:contact@holyfamilymh.ca) ~ Website: [www.holyfamilymh.ca](http://www.holyfamilymh.ca) ~ Phone **403-527-6933**

Facebook: [Medicine Hat Holy Family Parish](https://www.facebook.com/MedicineHatHolyFamilyParish) ~ YouTube: [Medicine Hat Holy Family Church](https://www.youtube.com/MedicineHatHolyFamilyChurch)

**Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.**

CLERGY AT HOLY FAMILY PARISH  
Fr. Iqbal Khurshid & Deacon Robert Risling

RECONCILIATION...  
Friday 9:30am–10:30am & Saturday 3:30–4:45pm

MASS TIMES - MONDAY TUESDAY THURSDAY FRIDAY 9:00AM  
WEDNESDAY 7:00AM  
SATURDAY 5:00PM - SUNDAY 8:30AM, 10:30AM & 6:00PM  
MONTHLY - 1<sup>ST</sup> TUESDAY 6:00PM & 1<sup>ST</sup> SATURDAY 8:00AM

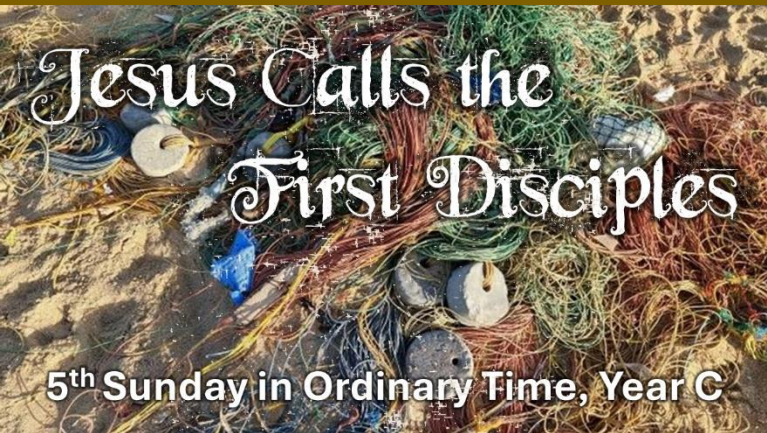
THE CHAPEL IS OPEN  
MONDAY - FRIDAY 9:30am - 4:00pm  
ADORATION FRIDAY 9:30 - 10:30am

Knights of Columbus – Greg Martin  
Catholic Women’s League – Cathy Koch

Parish Pastoral Council Chair - Gary Heinbecker  
Parish Finance Council Chair - Cheryl Pocsik

**We acknowledge that Treaty 7 Territory, on which we stand, is the ancestral land of the Indigenous Peoples and is common home to everyone in Virtue of God, our Creator’s Gracious Gift.**

**Gospel Reading ~ Luke 5:1-11**  
**The fishermen (Simon, James, and John) leave their fishing boats and follow Jesus.**



✠ Masses & Mass Intentions ✠ 

Saturday, February 8  
5:00pm – Pat & Denise Ries

Sunday, February 9  
8:30am – Ann Deis ✠  
10:30am – Memory Myers ✠  
6:00pm – Sr. Carmelito Ramos ✠

Monday, February 10  
9:00am – Nick Schafer ✠

Tuesday, February 11  
9:00am – Archie Thome

Wednesday, February 12  
7:00am – Florifina Lozada ✠

Thursday, February 13  
9:00am – Darren Sehn

Friday, February 14  
9:00am – Marlene Sauer ✠

OPERATING FINANCES	
DECEMBER 1-31, 2024	
Operating Budget 2024	\$ 60,990
General Envelope Collection	\$ 101,013
Loose Collections	\$ 8,355
Future Development	\$ 4,32
Sale of Church Supplies & Other	\$ 12,880
<b>\$ 126,280 - Budget Vs Actual</b>	<b>\$ 65,260</b>
SPECIAL COLLECTIONS	
Together in Action (TIA)	\$ 14,946
St Vincent de Paul	\$ 7,048
Clergy Retirement	\$ 221
Mission Mexico	\$ 3,175
CARO	\$ 65
Seminary Fund	\$ 176
<i>Thank You for your Generous Contributions</i>	
Average Weekly Attendance	1,161

Fifth Sunday in Ordinary Time  
 Isaiah 6:1-2a, 3-8.  
 Psalm 138:1-2, 2-3, 4-5, 7-8.  
 I Corinthians 15:1-11.  
 Luke 5:1-11.  
 Believing Christ's Rising.  
 Isaiah and Luke relate stories of being called to do God's work. Paul, in the second reading, recounts the Good News in which we stand and in which we are saved. Namely: Jesus died, was buried, was raised on the third day, and then appeared to many. He is with us still.

- ◆ How do I experience the risen Christ in daily life? My life? Other's lives?
- ◆ How will I "press in on Jesus" (Luke) to hear his saving words?
- ◆ From what does this Christ save me this day? Then tomorrow? Then the next day?



*God Bless You,  
Thank You for  
your donations!*

**Special Collections  
February 2025**

**Future Development  
Together in Action**

**The 2024 Tax Receipts are available for pickup in the Church Foyer**



December 31, 2025 - Goal \$70,938  
 total to date \$16,379.39  
 which is at 23%

**Together IN ACTION**  
 Annual Bishop's Appeal

Let's try not to leave it to the last minute this year.  
 Please Give Generously ~ Thank You!

*Ria's Retirement Party*

After serving nearly 34 Years with the Roman Catholic Diocese of Calgary

- ❖ Noah's Ark
- ❖ Christ the King Church
- ❖ St. Mary's Parish
- ❖ Holy Family Parish

**Potluck in Holy Family Parish Hall  
 Friday, February 21<sup>st</sup> @ 5:00pm**



**DONATE TODAY...**  
[accounting@holyfamilymh.ca](mailto:accounting@holyfamilymh.ca)





Knights of Columbus  
 General Meeting  
 Monday, February 10<sup>th</sup> at 7:00pm  
 HFP Faith Room



Catholic Women's League (CWL)  
 General Meeting  
 Tuesday, February 11<sup>th</sup> at 7:00pm  
 HFP Hall



*Finding New Life in the Spirit Seminar*

Next Session  
 Tuesday, February 11 at 6:30pm  
 TOPIC - SALVATION  
 Faith Room (use Admin Doors)  
 Healing Mass with Fr. Julien  
 Monday March 3rd at 6:00pm

More information contact  
 Sally at 403-527-6933 ext 105 or Cecile at 403-878-5980

**RITE OF CHRISTIAN INITIATION OF ADULTS**



**RCIA**  
 Holy Family Parish, Medicine Hat, AB

**FEBRUARY 12<sup>TH</sup>**  
**RECONCILIATION**


**WEDNESDAY AT 7:00 PM IN THE FAITH ROOM**  
**IF INTERESTED CALL PAT AT 403-527-1097**

February 13, 2025  
 Holy Family Parish Hall  
 6:15pm Gathering  
 6:45 pm Presentation  
 7:15 pm Group Discussion  
 7:45 pm Dismissal  
 Theme  
*Lively Faith*  
 Presenter  
 Mari Pablo



A PROGRAM FOR ALL WOMEN BY  
 PARADISUS DEI

February 15, 2025 ~ Holy Family Parish Hall  
 Breakfast 7:30 am  
 Presentation 8:30 am  
 Theme: Biblical Masculinity  
 Presenter: Michael Gormley



**TMIY**  
 THAT MAN IS YOU!  
 BECOMING A MAN AFTER GOD'S OWN HEART

**THE SILVER ROSE ICON**  
 Tuesday, February 25<sup>th</sup> 5:00 PM  
 Holy Family Parish

Join thousands of Catholics across North America in asking for Our Lady of Guadalupe's intercession through the Silver Rose program. Everyone is encouraged to attend. More information in the online bulletin.



**Parish Breakfast**  
**February 23, 2025**  
**After 8:30 & 10:30 Masses**  
 Ham, Omelets, Pancakes,  
 Bacon, Sausages, Toast, Fruit,  
 etc. AND  
**THE BEST FELLOWSHIP EVER!**  
 \$10. - Adults  
 \$5.- Under 12 & Free - Under 6



**Sacramental Preparation 2024-25**  
**Confirmation**  
 Thursday March 13<sup>th</sup> at St. Patrick's Church Hall  
 6:00pm to 7:30pm

**1st Holy Communion**  
 Saturday March 15<sup>th</sup> at St. Patrick's Church Hall  
 10:00am to 11:30am OR Drop in at Holy Family  
 Faith Room 1:30pm to 3:00pm



*Faithfully*  
 FAITH. LIVED. FULLY.

[catholiccyc.ca/Faithfully](http://catholiccyc.ca/Faithfully) keeps you updated  
 with what's happening in and around our Diocese!





2025 has been a busy year so far for us at Society of St. Vincent de Paul. Our calls for assistance from our neighbours in need have increased by 100%. This is not all that surprising, considering that all community support organizations have experienced a sharp increase in requests for help. We are very mindful of being prudent with the money we are entrusted with: currently, we are operating as a 'one-time help' organization.

We currently have a wonderful group of 'Vincentians' who meet once a week and then help as we are able. Our volunteers are dedicated, kind and caring and work together so well – we are like a family. We would love to welcome new members at any time. If you feel like God is calling you to make a difference, this would be a fulfilling role for you.

Join us for a meeting any Tuesday at 1:00 pm. January's meetings are at St. Patrick's Church, February's at Holy Family and we alternate each month.

We have been blessed with ongoing generous donations from our parishioners at both Catholic churches: God bless you and thank you for making it possible for us to help families in our community. We also sincerely appreciate your prayers.

Our e-mail address is: [ssvpmehat@gmail.com](mailto:ssvpmehat@gmail.com) (We accept e-transfers and will send you a receipt at tax time provided you supply your name and address)

**S.S.V.P.**  
\$2,556.00

**ROOT CELLAR**  
FOOD & WELLNESS HUB  
Root Cellar  
\$3,110.00

**THE MICHIGAN HILLTOPS SANTA CLAUS FUND**  
239 Items  
\$3,316.00

**The 31<sup>st</sup> Annual Gift Sharing Sunday**  
**THANK YOU FOR ALL THE DONATIONS!**

**Listen...with the ear of your heart.**  
This is the opening line of the rule of St. Benedict. Come join us (Benedictine Oblates) in prayer as we listen to the voice of God in our lives.

We meet every Saturday morning at 10:00 in the Hope Room at Holy Family Parish.  
For more information call Carol at 403-526-0415.

*Bible Study*

**Thursday Mornings after the 9:00 Mass**

**Please respect the Staff Parking Signs in the Parking Lot Especially in cold weather, Some of us need to plug in!**

**RESERVED PARKING**  
For Pastor  
7 days a week

**RESERVED PARKING**  
For Deacon  
7 days a week

**STAFF PARKING ONLY**

If you are passionate about the dignity of life & would like to know more about what the Catholic Church teaches regarding the dignity of life, please join us.

**Holy Family Life Ministry**

**Prayer and Adoration**  
2nd Tuesday of the month at 7:00pm in the Chapel.

**Education Evening**  
4th Tuesday of the month at 7:00pm in the Faith Room.

**Information**  
Rob at 403-529-0985  
Sonia at 403-528-0028





## Silver Rose Program

Join thousands of Catholics across North America in asking for Our Lady of Guadalupe's intercession through the Silver Rose program. In 1960, the Columbian Squires, a youth organization of the Knights of Columbus, came up with the idea of running a rose to the Basilica of Our Lady of Guadalupe in Monterrey, Mexico, to honor Our Lady. The rose was chosen to commemorate Saint Juan Diego and the miracle of the roses.

Today, eight roses travel along different North American routes that include Canada, the United States and Mexico. Every stop the Silver Rose makes throughout the pilgrimage is a rosary-centred occasion to pray for respect for life, the spiritual renewal of each nation, and the advancement of the message of Our Lady of Guadalupe.

The Silver Rose Program will be held Tuesday, February 25, 2025, at 5:00pm at Holy Family Parish.

Your participation in the Silver Rose program, especially your prayers and pledge for life, are a crucial part of our mission to defend and support life in every stage and condition.





# École St. John Paul II School

**Robert Dumanowski- Principal**

**Vice Principal - Edlyn Murphy**

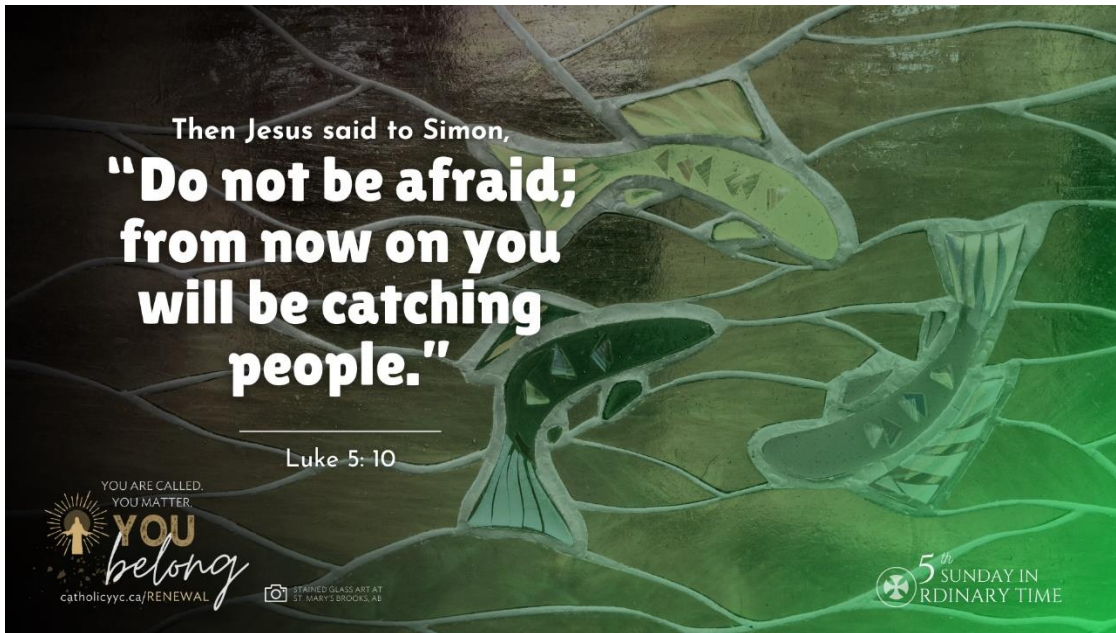
Prayer and service are integral parts of our École St. John Paul II School community. So far this year, students have had the opportunity to explore our Catholic faith through experiences such as praying an outdoor Living Rosary and joining together for Rosary Club. In addition, our Student Faith Leadership students recently volunteered at the Prairie Gleaners. We strive to live our faith in both our words and our actions.



**Medicine Hat Catholic  
Board of Education**

# DIOCESAN SUNDAY UPDATES

## Fifth Sunday in Ordinary Time



### World Day of the Sick 2025

World Day of the Sick is celebrated annually on 11 February, the liturgical memorial of Our Lady of Lourdes. “Hope does not disappoint’ (Rom 5:5), but strengthens us in times of trials” is the title of [Pope Francis’ Message](#) for the XXXIII World Day of the Sick. *For the sick in the final stages of life and their families, may they receive the medical care, support, and accompaniment they need, let us pray to the Lord...*

### Caring for Seniors: Preventing Elder Abuse and Embracing Cultural Sensitivity

The Diocese of Calgary invites clergy, pastoral care volunteers, hospital chaplains, and family members to a workshop on equipping those serving the elderly with tools to address elder abuse and provide culturally sensitive support to ethnocultural older adults. When: **Wed, Mar 12, 10 am – 3 pm | Catholic Pastoral Centre**. Complimentary lunch and refreshments provided. Register: [catholiccyc.ca/seniors](http://catholiccyc.ca/seniors) or call Mara at 403-218-5521.

### Sacred Grace: Church Wedding for Civilly Married Couples

We are excited to introduce the *Sacred Grace* initiative, inviting all civilly married couples in our Diocese to celebrate the Sacrament of Matrimony in the Catholic Church. As part of the Diocesan Pastoral Renewal during the 2025 Jubilee Year of Hope, this special celebration will be presided over by Bishop William T. McGrattan on Saturday, Sep 13, 2025, at 1:30 pm at St. Mary’s Cathedral.

Info sessions on how to participate will be available on the following dates/at the following locations:

- **Sunday, February 9** at 6 pm at St. Albert the Great Parish, Calgary
- **Thursday, March 6** at 6 pm at St. Michael’s Parish, Calgary
- **Sunday, March 9** at 6 pm at St. Thomas More Parish, Calgary
- **Sunday, March 16**, at 6 pm St. Patrick’s Parish, Calgary
- Two more locations (Lethbridge & Medicine Hat) will be available soon



## 40 Hours Devotion for Vocations

Pray with us as for an increase of vocations to the priesthood and consecrated life in our Diocese. The next devotions:

- [Sacred Heart, Strathmore](#) - Fri, Mar 14 at 7:45 am to Sat, Mar 15 at 11:45 pm
- [St. Anthony's, Calgary](#) - Fri, Mar 7 at 3 pm to Sun, Mar 9 at 7 am (Chapel)

## Reason for Your Hope

Join us this winter for a transformative retreat weekend to rediscover your hope. In partnership with Catholic Christian Outreach, 3 Jubilee Parish Missions will be held in our Diocese, running Friday night to Saturday afternoon.

- **Fri, Feb 21 - Sat, Feb 22** at St. Martha's Parish, Lethbridge
- **Fri, Feb 28 - Sat, Mar 1** at St. Peter's Parish, Calgary
- **Fri, Mar 7 - Sat, Mar 8** at St. Bonaventure's Parish, Calgary

Information & registration at [catholiccycc.ca/reasonforyourhope](http://catholiccycc.ca/reasonforyourhope)

## Eucharistic Miracles Exhibition at St. Bonaventure's

Experience the Eucharistic Miracles of the World Exhibition, designed by Blessed Carlo Acutis. Featuring 158 Eucharistic miracles from 22 countries, the display promotes awareness of the Real Presence in the Eucharist and Adoration. When: **Feb 27 – Mar 2, St. Bonaventure Parish, Calgary.**

## Transitions

Transitions is a 16-week, God-centred support group for those healing from separation or divorce. Sessions start **Tue, Feb 18, 2024, from 7–9 pm** at the Catholic Pastoral Centre. Free registration, limited spots. Register at [catholiccycc.ca/transitions](http://catholiccycc.ca/transitions) or call Mara at 403-218-5521.

## Retrouvaille Weekend

Retrouvaille Calgary invites couples to a Weekend Program, **Feb 28–Mar 2**, for those facing marriage challenges. This peer-led ministry helps couples improve communication, build intimacy, and heal.

Contact Ken & Isabelle at 403-276-4547 or visit [www.HelpOurMarriageCalgary.com](http://www.HelpOurMarriageCalgary.com)

## Valentine's Dinner

Celebrate Valentine's Day with a special evening for couples, organized by Seeds of the Word Community. When: **Wed, Feb 14, 6 pm, Our Lady of Fatima Parish.** The night includes Mass, a talk led by Daniel and Maria Nugent, and a romantic dinner. Childcare is provided. For more information or to register, call Seeds of the Word at 403 616-8579.

## Pastoral Care Ministry Training

If you are called to minister to the sick, elderly, dying, homebound, and bereaved - and approved by your pastor or Pastoral Care Coordinator, you can register for the Pastoral Care Ministry Training at [catholiccycc.ca/pastoralcare](http://catholiccycc.ca/pastoralcare) or contact Mara at 403-218-5521.

- **Sat, Mar 15 & Mar 29**, 8:30 am - 3:30 pm at St. Gerard's Parish, Calgary.
- **Sat, May 24 & Jun 7**, 9:30 am - 3 pm at Ascension Parish, Calgary.

## Movie Night with the Sisters

Everyone is welcome! Join Serra Calgary for an inspiring evening featuring the movie "Cabrini", the story of Mother Cabrini's faith, courage, and missionary spirit. When: **Sat, Feb 15 at 5:30 pm at St. Luke's Church.** Enjoy a meal, meet the sisters, and great fellowship. Register to: [serrayyc.secretary@gmail.com](mailto:serrayyc.secretary@gmail.com)

## Men's Conference

Join us for God Squad Canada's 28th Annual Men's Conference, *Pilgrims of Hope*. When: **Fri-Sat, Mar 14-15 | St Michael's Catholic Church, Calgary.** Be inspired by keynote speakers, foster spiritual growth, and build connections with other men of faith. Register now at [godsquad.ca](http://godsquad.ca).

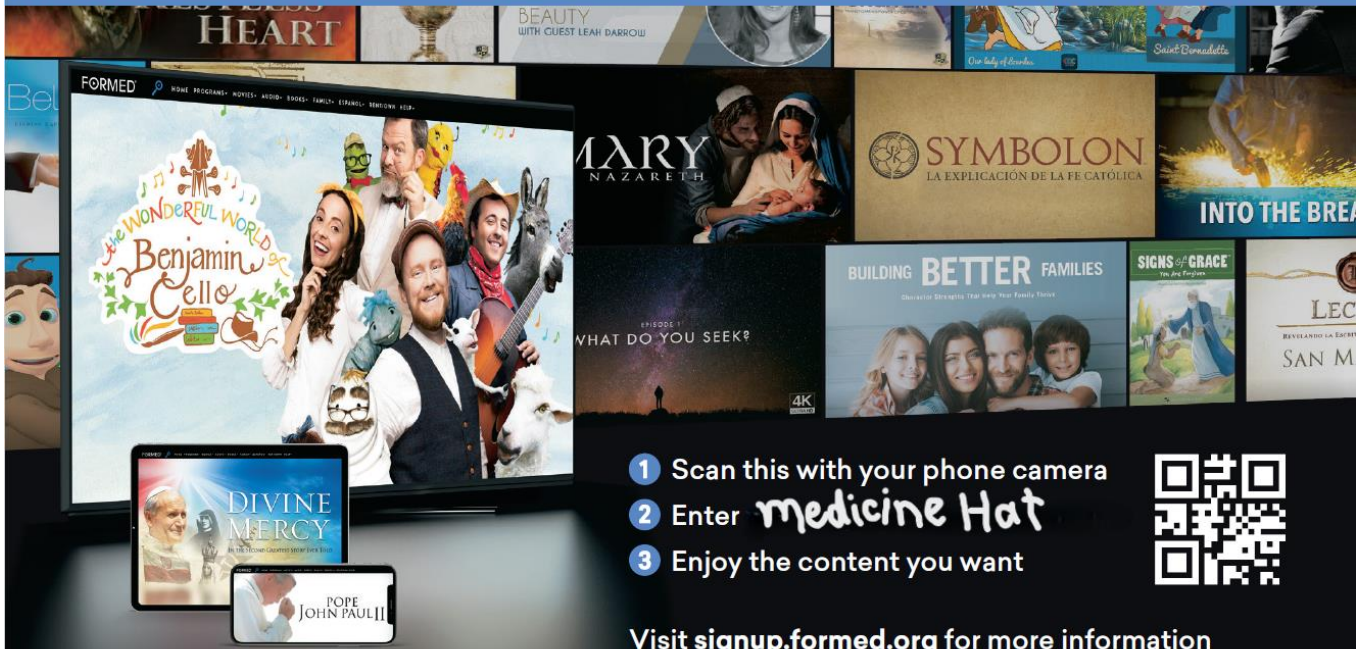
## Litany of St. Joseph - Concert

- Join us for the Litany of St. Joseph, a live concert featuring local choirs and an original score by Carlos Foggin. When: **Mon, Mar 17, 7 pm | Jack Singer Concert Hall, Calgary.** Tickets required—reserve at [godsquad.ca](http://godsquad.ca)




# FORMED<sup>®</sup>

THE CATHOLIC FAITH.  
ON DEMAND.



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- 2 Enter **medicine Hat**
- 3 Enjoy the content you want



Visit [signup.formed.org](http://signup.formed.org) for more information

An offering from the  AUGUSTINE INSTITUTE and  ignatius press

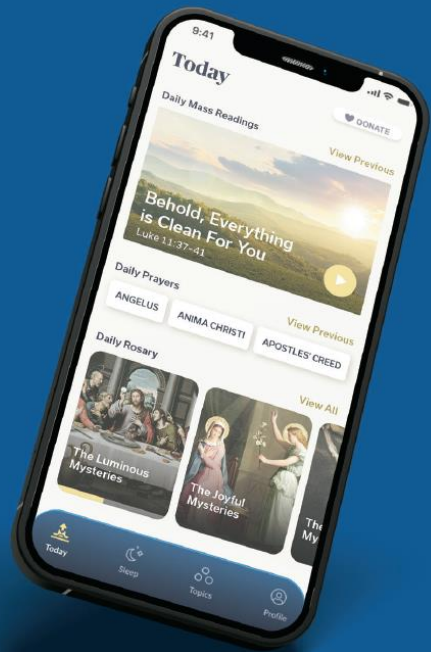
# Amen<sup>™</sup>

The *Free* Catholic Prayer,  
Meditation, and Scripture App

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- 3 Enjoy the content you want



Visit [amenapp.org](http://amenapp.org) for more information



An offering from the  AUGUSTINE INSTITUTE



## Joe McKinnon Council #9502

### Knights of Columbus 2024 2025 Officers

Position	Name
Grand Knight	Greg Martin
Deputy Grand Knight	Jimmy Tablan
Financial Secretary	Pat Ries
Treasurer	Ron Pisoni
Chancellor	Jason Iverson
Recorder	Brad Irvine
Advocate	Herb Durda
Warden	Walter Pratt
Inside Guard	Dale Maddaford
Outside Guard	Michael Camphor
Year 1 Trustee	Gary Heinbecker
Year 2 Trustee	Kent Friedt
Year 3 Trustee	Garry Mastel
Lecturer	Rick Brown
Membership Director	Garry Lux
Faith in Action Program Director	Greg Martin
Faith in Action Life Director	Allan Lawson
Faith in Action Family Director	Jimmy Tablan
Faith in Action Faith Director	Darrell Bonagofsky
Faith in Action Community Director	Ron Pisoni
Pastoral Parish Council Representative	Garry Mastel

Monday, January 6	KofC Officers' Meeting
Monday, January 6 to 14	Novena for Life before Weekday and Weekend Masses
Tuesday, January 7	Blessing of Chalk
Monday, January 13	Holy Hour Adoration
Monday, January 13	KofC General Meeting
Sunday, January 19	Parish Breakfast
Monday, February 3	KofC Officers' Meeting
Monday, February 10	KofC General Meeting
Tuesday, February 11	Mass for World Day of the Sick
Sunday, February 23	Parish Breakfast
Wednesday, March 5	Begin 40 Loonies for Lent
Friday, March 7	KofC Lead Stations of the Cross
Monday, March 10	KofC General Meeting
Sunday, March 16	Parish Breakfast
Friday, March 21 – Saturday, March 22	Men's Lenten Retreat
Sunday, March 23	KofC Sponsored Mass – 10:30am
Monday, April 7	KofC Officers' Meeting
Monday, April 14	Holy Hour Adoration
Monday, April 14	KofC General Meeting
Sunday, May 4	Parish Breakfast
Monday, May 5	KofC Officers' Meeting
Monday, May 12	KofC General Meeting
Monday, June 2	KofC General Meeting
Monday, June 9	KofC Year End BBQ
Sunday, June 22	Parish Picnic





# The Kids' Bulletin

Fifth Sunday in Ordinary Time  
February 9th, 2025



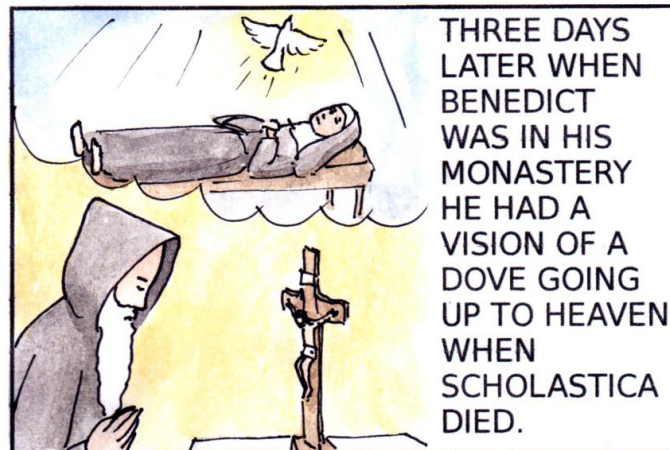
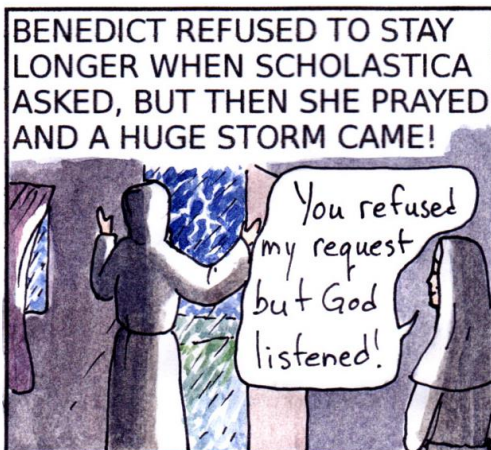
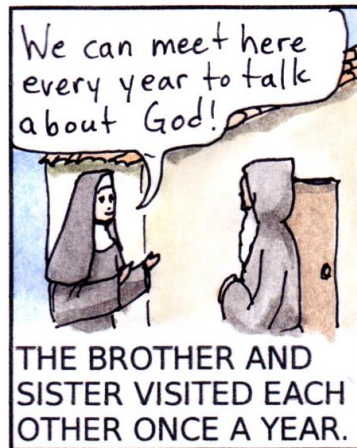
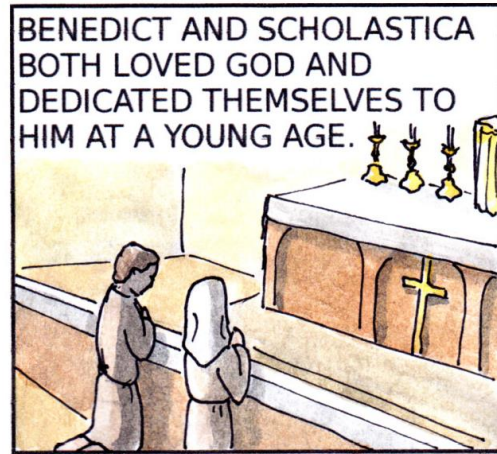
*Luke 5:1-11*

*Peter had been fishing all night and caught nothing. But when Jesus told him to let the nets down again, they got filled right up! Can you draw enough fish to fill the nets?*



# Saint Scholastica

## February 10

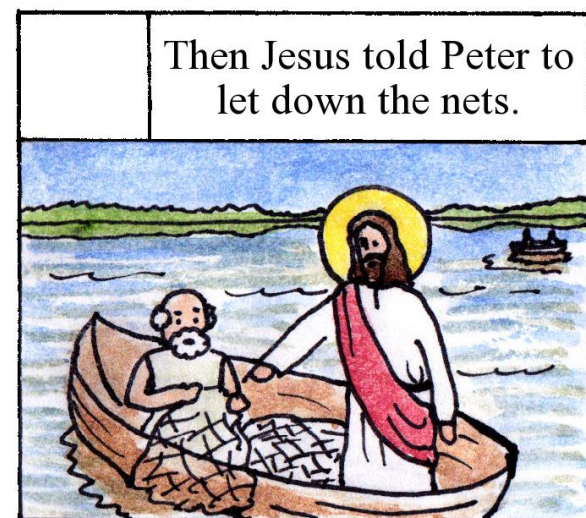
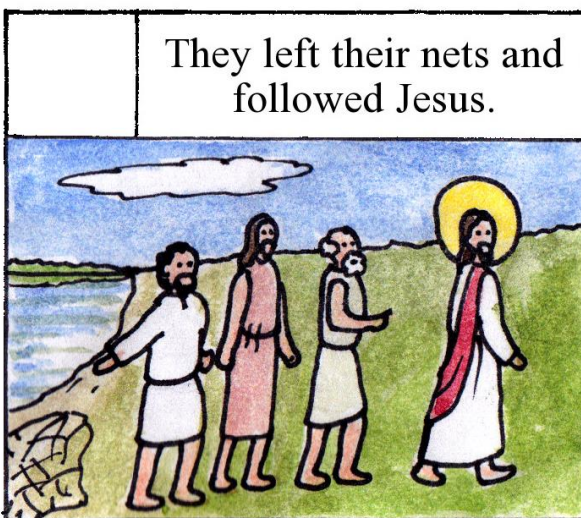
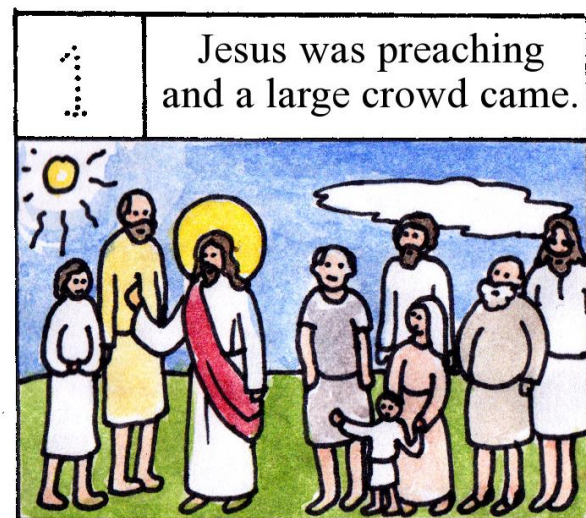
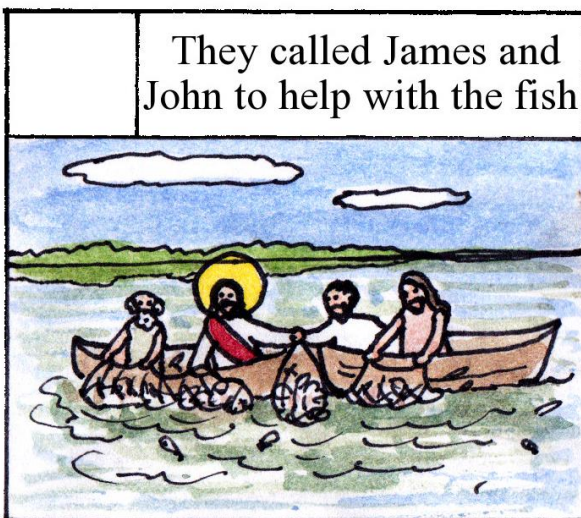
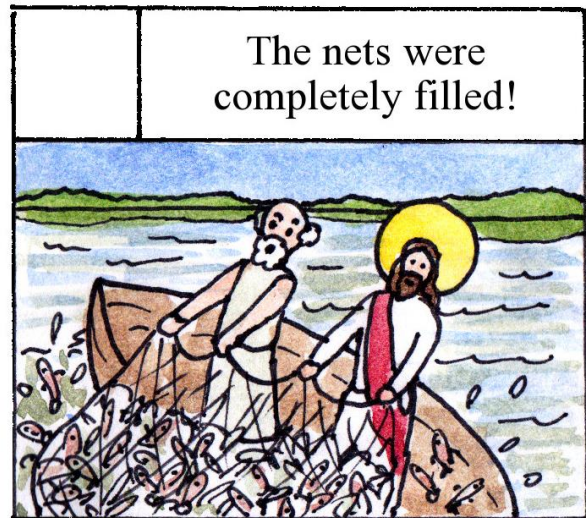
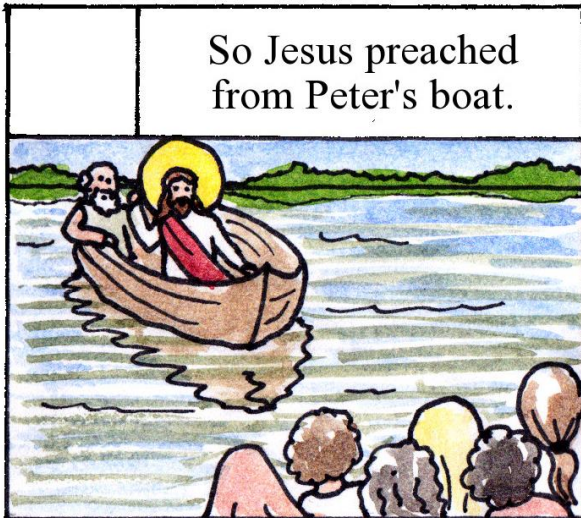


SAINT SCHOLASTICA AND HER BROTHER SAINT BENEDICT ARE A GREAT EXAMPLE TO US OF HOW BROTHERS AND SISTERS CAN HELP EACH OTHER TO BECOME HOLY. DO YOU EVER PRAY WITH YOUR BROTHERS OR SISTERS OR FRIENDS? YOU CAN HELP EACH OTHER BECOME SAINTS!



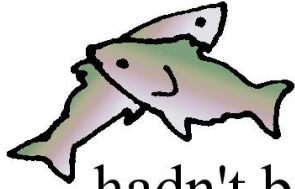
# Picture Puzzle: An Amazing Catch!

*The pictures for this story are all mixed up!  
Sort them out by putting the right numbers in the corners.*

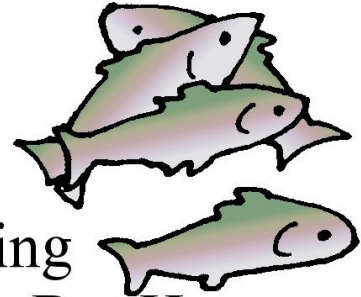




# *Fishers of Men*



In today's gospel reading Peter had been out fishing all night and hadn't been able to catch any fish. When Jesus told him to let down the nets again he did it anyway. He was very surprised when the nets filled up with fish right away. And there were so many that the boat started to sink!



Jesus told Peter and his friends James and John that he was going to make them "fishers of men." But He didn't mean that they would catch people in nets! He was showing them that they had to bring people into the Church.



Who are the "fishers of men" today? Priests! They help people to come to the Faith by giving them the sacraments and teaching them the truth about God.







Who is Jesus? Do I need a church?

Why do I exist?

Teens in your parish are actively looking for answers to these questions. Unfortunately, the world is not providing the proper guidance to point them in the right direction.

But you can help change this. Equip your teens with the tools to help them discover the best answers to these questions with The Search Begins.

**[CLICK HERE TO WATCH THIS TRAILER](#)**

The Search Begins is a seven-episode video series adapted from the Augustine Institute's award-winning series The Search. It invites teens in your parish to find meaning in their everyday lives. This program shares the answers to the fundamental questions of life so they can live more for God. A life of purpose!

Guide your teens to real, satisfying answers about their life and the person of Jesus Christ now with The Search Begins.

THE  
SEARCH  
BEGINS

Order the [Leader's Kit](#) or [Deluxe Leader's Kit](#) on Catholic Market.



# Retreat Centers in Southern Alberta

## AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where we are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.



Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.







# Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

**NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!**

**All our email addresses only end in @holymfamilymh.ca never a @gmail account.**

**If you get an email or a text, PLEASE DO NOT RESPOND to it, you can forward it to [contact@holymfamilymh.ca](mailto:contact@holymfamilymh.ca) so it can be sent to the diocese.**