

Email: <u>contact@holyfamilymh.ca</u> ~ Website: <u>www.holyfamilymh.ca</u> ~ Phone <u>403-527-6933</u> <u>Facebook: Medicine Hat Holy Family Parish</u> ~ <u>YouTube: Medicine Hat Holy Family Church</u>

Office Hrs. Monday to Friday - 8:30am - 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH Fr. Igbal Khurshid &

Deacon Robert Risling

RECONCILIATION...

Friday 9:30am-10:30am. & Saturday 3:30-4:45pm.

MASS TIMES... MONDAY to FRIDAY at 9:00AM
FIRST SATURDAY OF MONTH at 8:00AM, SATURDAY at 5:00PM
SUNDAY at 8:30AM, 10:30AM & 6:00PM

THE CHAPEL IS OPEN

MONDAY - FRIDAY 9:30am - 4:00pm

ADORATION FRIDAY 9:30 - 10:30am

Knights of Columbus – Greg Martin Catholic Women's League – Cathy Koch

Parish Pastoral Council Chair - Gary Heinbecker
Parish Finance Council Chair - Cheryl Pocsik

We acknowledge that Treaty 7
Territory, on which we stand, is the ancestral land of the Indigenous Peoples and is common home to everyone in Virtue of God, our Creator's Gracious Gift.

July 3 – Feast of St. Thomas, Apostle.

July 22 – Feast of St. Mary Magdalene.

July 25 – Feast St. James, Apostle.

July 26 – Memorial of St. Joachim &

St. Anne, parents of the Virgin Mary.

14th Sunday in Ordinary Time July 7, 2024 Ezekiel 2:2-5. Psalm 123:1-2, 2, 3-4. 2 Corinthians 12:7-10. Mark 6:1-6.

HOMETOWN AND COUNTRY

In the gospel today, Jesus astonishes the hometown folks who then poke fun at him. But Jesus still did what he could by preaching and healing a few. Even when things seem not to go right, we still embrace our town folk and our country.

- ★ What astonishes me about my own town and country members?
- → How can I still converse with them even if we disagree on some issues?
- ↑ In what good and right ways will I
 behave toward them because it is good
 and right?

OPERATING FINANCES		
JUNE 1-30, 2024		
Operating Budget 2024	\$ 60,990	
General Envelope Collection	\$ 48,327	
Loose Collections	\$ 3,890	
Future Development	\$ 3,169	
Sale of Church Supplies & Other	\$ 2,908	
\$ 58,294 - Budget Vs Actual	-\$ 2,696	
SPECIAL COLLECTIONS		
Together in Action (TIA)	\$ 4,206	
St Vincent de Paul	\$ 2,537	
World Mission	\$ 65	
Clergy Retirement	\$ 160	
Mission Mexico	\$ 165	
CARO	\$ 70	
Seminary Fund	\$ 90	
Pope's Pastoral Works	\$ 80	
Thank You for your Generous Contributions		
Average Weekly Attendance	842	

thekidsbulletin.com

15th Sunday in Ordinary Time July 14, 2024 Amos 7:12-15. Psalm 85:9-10, 11-12, 13-14. Ephesians 1:3-14. Mark 6:7-13.

TRAVEL LIGHT

To do ministry — that includes every one of us who is baptized — the gospel, Jesus, really, tells us to travel light. No cane, food, suitcase, money. Just go and do.

- * What encumbers me from doing what I am called to do, from doing good work?
- The What food and drink can I give away (mercy work) to help others do good work?
- ★ What money can I donate to worthy, needed causes?

116th Sunday in Ordinary Time July 21, 2024

Jeremiah 23:1-6. Psalm 23:1-3, 3-4, 5, 6. Ephesians 2:13-18. Mark 6:30-34. HARD WORK REQUIRES REST

After all the traveling light last week to do ministry, Jesus tries to take the apostles away for some rest. But the people see them go, discover where they are headed, and get there first. Oh, my! So, Jesus ministers to them by teaching many things. After we work hard at mercy works, sometimes we can rest. Sometimes not.

- → How can I find some rest from work in the quiet place of prayer?
- + How can my restful prayer strengthen me to do more?
- ★ What will I do next?

17th Sunday in Ordinary Time July 28, 2024

2 Kings 4:42-44. Psalm 145:10-11, 15-16, 17-18. Ephesians 4:1-6. John 6:1-15. ENOUGH TO SHARE

So much in the gospel today. Large crowd following Jesus. Nearness of Passover, the remembering of rescue from slavery. The need to eat, thus, the need to provide a meal. A giving of bread and fish by a little boy. Bounty. Sharing. Wasting nothing. Right here in the heart of summer, it is time to read the letter of Pope Francis, *Fratelli Tutti*, on fraternity and social friendship.

- ★ Even if it seems I may not have enough, what food can I share?
- ★ Even if it seems I may not have enough, what comfort can I provide for someone?
- ★ Even if it seems I may not have enough, what do I have that I will not waste, that I will gather up, save, and recycle?

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* Masses & Mass Intentions *
                                                      Masses & Mass Intentions
Saturday, July 6
                 8:00am – Wilbert Zinger 🕇
                                               Saturday, July 20
               5:00pm - Tom Weisgerber 🕈
                                                   5:00pm - Charlene & Gerry Gronning *
Sunday, July 7
                                               Sunday, July 21
                 8:30am — Frank Tomcala 🕈
                                                                  8:30am - George Lewans
                10:30am - Holy Family Parish
                                                                    10:30am — Jose Cruz 🕈
                 6:00pm — Italo Dal Molin 🕇
                                                                6:00pm - Holy Family Parish
Monday, July 8
                                               Monday, July 22
              8:30am – Johanna Van Ham 🕇
                                                                9:00am — Alfred Wagner 🕇
Tuesday, July 9
                                               Tuesday, July 23
                     8:30am — Irene Koch 🕆
                                                                  9:00am — Terry Farrer 🕈
Wednesday, July 10
                                               Wednesday, July 24
                 8:30am — Marlene Sauer 🕈
                                                              9:00am - Ray Wirachowsky *
Thursday, July II
                                               Thursday, July 25
                                                               9:00am — Florencia Willemen
       8:30am — George & Rose Steinkey 🕈
                                               Friday, July 26
Friday, July 12
                                                                 9:00am - Pauline Fitzgerald
    8:30am — Lucia & Gualberto Pimentel 🕈
                                               Saturday, July 27
Saturday, July 13
                                                      5:00pm - Dc. Robert, Helena & Family
                     5:00pm − Leo Miller 🕈
                                               Sunday, July 28
Sunday, July 14
                                                                    8:30am – Jack Coats 🕈
                8:30am — Holy Family Parish
                                                                  10:30am — Special Intention
               10:30am — Kevin Goodyear 🕇
                                                                6:00pm - Holy Family Parish
                                               Monday, July 29
                 6:00pm - Derrick Risling *
Monday, July 15
                                                                  9:00am — Marcel Bosch 🕇
             9:00am - Myah, Cohen & Caleb
                                               Tuesday, July 30
Tuesday, July 16
                                                          9:00am - Ria Welbourne & Family
                9:00am - Weisgerber Family
                                               Wednesday, July 31
Wednesday, July 17
                                                                   9:00am — Louella Berger
                                               Thursday, August 1
                  9:00am — Addison Foley 🕈
                                                                     9:00am - Pauline Both
Thursday, July 18
                                               Friday, August 2
          9:00am — Frank & Lena Schafer 🕇
                                                                9:00am - Alfred Wagner †
Friday, July 19
                9:00am — Delores Hellman 🕈
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Fourteenth Sunday in Ordinary Time - July 7, 2024

Today's readings speak of prophets sent by God. Could God be calling you to be His voice in His Church at this time? If so, you could give it a try by responding to that inclination towards priesthood, religious life or the diaconate.

Fifteenth Sunday in Ordinary Time - July 14, 2024

In today's first reading Amos says he did not choose to be a prophet; God selected him. Maybe God is asking you to consider what you are doing at this time and perhaps begin the special work He has for you. If you feel God may be selecting you for the special life of priest, religious or deacon, please contact the Office of Vocations.

Sixteenth Sunday in Ordinary Time - July 21, 2024

When the apostles were trying to reflect on their ministry, Jesus asked them to "Come away to a deserted place all by yourselves and rest a while." Listening to God in quiet prayer is very important in vocation discernment. Listen to God's voice in an out-of the-way place. If you feel the call is genuine, please contact the Office of Vocations.

Seventeenth Sunday in Ordinary Time - July 28, 2024

In the Gospel many people hunger for a small amount of food. In our day, there are too many people for the small number of priests, sisters, brothers and deacons. We too must trust in the Lord by praying for vocations. If you feel God is calling you to a Church vocation, please contact the Office of Vocations at 403-218-5500 or email Fr. Cristino Bouvette

email vocations@calgarydiocese.ca

www.catholicyyc.ca/vocations.html



RITE OF CHRISTIAN INITIATION OF ADULTS

Would you like to know more about the Catholic faith? Are you unbaptized, baptized in another faith, been attending the church with your Catholic spouse, or a baptized Catholic that wants full communion in the church, or a Catholic that wants to deepen and learn more? Maybe you know someone that would like to hear how to join this church. These are all really good reasons to discern about the RCIA process this summer.

IF INTERESTED CALL PAT AT 403-527-1097





accounting@holyfamilymh.ca





REFLECTION FOR ALL SUNDAYS YEAR B

JULY, 2024

PROSPEROUS JULY

14th Sunday in Ordinary Time (July 6/7)

A penguin was standing on the water's edge when he looked up at an eagle soaring high above his head. He watched him with great admiration for a few moments and then looked down at his own flippers with frustration.

The penguin shuffled up to the tallest rock on the beach and flapped his wings vigorously. "That looks so cool, I wish I could fly in the air like an eagle," he thought to himself before accepting reality, sliding into the sea and swimming away.

The eagle looked down and saw the penguin swimming gracefully in the water.

He watched him with similar admiration for a few moments and looked across at his own wings, wondering if they would work under water.

"That looks so cool, I wish I could fly in the water like a penguin," he thought to himself, before accepting reality, catching another updraft and effortlessly soaring away into the distance.

Every now and then, I look at the talents and capabilities of others and wish that I was like them.

And my suspicion is that many of those I admire have others in their lives whom they envy.

The Readings of this Sunday show the pain of God and Jesus after they are being rejected. Do we reject them or accept them?

15th Sunday in Ordinary Time (July 13/14)

One Saturday night, a pastor was working late and decided to call his wife before he left for home. It was about 10:00 PM, but his wife didn't answer the phone. The pastor let it ring many times. He thought it was odd that she didn't answer but decided to wrap up a few things and try again in a few minutes. When he tried again, she answered right away. He asked her why she hadn't answered before, and she said that it hadn't rung at their house. They brushed it off as a fluke and went on their merry ways. The following Monday, the pastor received a call at the church office, which was the phone that he'd used that Saturday night. The man that he spoke with wanted to know why he'd called on Saturday night. The pastor couldn't figure out what the man was talking about. Then the man said, "It rang and

rang, but I didn't answer." The pastor remembered the mishap and apologized for disturbing him, explaining that he'd intended to call his wife. The man said, "That's okay. Let me tell you, my story. You see, I was planning to commit suicide on Saturday night, but before I did, I prayed, 'God if you're there, and you don't want me to do this, give me a sign now.' At that point, my phone started to ring. I looked at the caller ID, and it said, 'Almighty God'. I was afraid to answer!"

God has chosen people to go out and bring healing, but people didn't want to be healed because they want to follow their own stubborn hearts. In the First Reading we come to know about the life of Prophet Amos who was a herdsman and called to prophesy to the house of Israel but didn't want to heed as God called them "rebellious house" in the First Reading of last Sunday. There was a time when Israelites trusted more in the humans than God and Prophet Jeremiah have compared those people with the plant growing in the desert. However, he did believe that God has the people to heal "if you will save us, we will be saved and if you heal us we will be healed". The healing only comes if we listen and answer to his call who says, "come and see".

Do we come to him for healing?

16th Sunday in Ordinary Time (July 20/21)

Once upon time there was a hardworking man. Initially he believed in God and attributed his success to God. He became a successful businessman. But gradually as he acquired success, he became very proud. He now thought that his success was due to his hard work. He stopped praising God and even removed God's statue from his house. Once, during a discussion about God with some people, he said, "Who is God? It's not due to him, that I am so much successful now. It's all my hard work only. And if actually God is so powerful then he can kill me in five minutes from now. I challenge him." Five minutes later, he laughed at God for he was still alive. But an old man got up and said, "If your son asks you to kill him with a gun, will you do that? God is like your Father, and he'll never harm you."

What a powerful story to understand the Sacred Scripture of this week. God feels for us and he loves us unconditionally because he "loved the world so much that he gave his only Begotten Son so that anyone who believes in him may not perish but have eternal life". Once a mystic said "everyone wants to win but no one wants to taste defeat, but win is like a stone but loosing has the value of diamond" which means humility wins over proud. The humility will always help us to feel for other and help and support them, but pride will take us away from helping other people

St. Mother Teresa once said "Let us more and more insist on raising funds of love, of kindness, of understanding, of peace. Money will come if we seek first the Kingdom of God - the rest will be given".

Do we allow God and Jesus to feel to for us?

17th Sunday in Ordinary Time (July 27/28)

A Church goer wrote a letter to the editor of a newspaper and complained that it made no sense to go to church every Sunday.

He wrote: "I've gone for 30 years now, and in that time, I have heard something like 3,000 sermons, but for the life of me, I can't remember a single one of them. So, I think I'm wasting my time, the preachers and priests are wasting theirs by giving sermons at all". This started a real controversy in the "Letters to the Editor" column.

Much to the delight of the editor, it went on for weeks until someone wrote this clincher: "I've been married for 30 years now. In that time my wife has cooked some 32,000 meals. But, for the life of me, I cannot recall the entire menu for a single one of those meals. But I do know this: They all nourished me and gave me the strength I needed to do my work. If my wife had not given me these

meals, I would be physically dead today. Likewise, if I had not gone to church for nourishment, I would be spiritually dead today!" When you are DOWN to nothing, God is UP to something! Faith sees the invisible, believes the incredible & receives the impossible! Thank God for our physical and our spiritual nourishment! IF YOU CANNOT SEE GOD IN ALL, YOU CANNOT SEE GOD AT ALL!

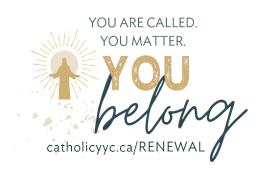
Today's Gospel has few very interesting points for us to reflect upon:

- 1. People are following him because they have seen "signs" is doing and want to see more.
- 2. Jesus goes up to the mountain and sits there and sees a large crowd.
- 3. Jesus asks Philip "where are we to buy bread for these people to eat?" and answer of Philip is kind of disappointing "six months' wages would not buy enough bread for each of them to get a little."
- **4.** Andrew tells Jesus about a boy who has five barley loaves and two fish. Why would only this boy be carrying the food? Isn't a strange?
- 5. He fed people and collected 12 baskets of the fragment.
- 6. Jesus has to flee from there as people are planning to make him king.
- 7. He withdrew again to the mountain by himself.

Here Jesus looks after the physical hunger of these people who are following him but on the other hand people become greedy for the physical food only rather than having hunger for him. In the words of St. Mother Teresa "People are hungry for something more beautiful, for something greater than people round about can give. There is a great hunger for God in the world today. Everywhere there is much suffering, but there is also great hunger for God and love for each other. What kind of hunger do we have in our lives?

Photos by Fr. Iqbal





DIOCESAN SUNDAY UPDATES

July 2024

Life in the Spirit Seminar

The CCCRS invites you to a Life in the Spirit weekend on June 28-29 at Sacred Heart Church in Calgary, with speakers Fr. Arjay Abanto and Fr. Gabriel Arihi. The Life in the Spirit Seminar aims to deepen participants' understanding of the Holy Spirit, foster a personal encounter with Christ, and encourage more active participation in the life of the Church. Register via email to cccrsevents@gmail.com. Come and Experience the Joy of Encountering Jesus!

Tea with the Sisters

The Religious Sisters of the Calgary area communities invite young ladies to "Tea with the Sisters" for a summer kick-off event. When: Saturday, June 29 from 2 pm to 4 pm at Providence Convent (150 Providence Blvd SE, Calgary). Girls under 18 are welcome to attend, if accompanied by an adult. Register by June 27 to Sr. Dianne at sisterdianneturner@calgarydiocese.ca

Pope's Prayer Intention for June 2024 - For those fleeing their own countries

Let us pray that migrants fleeing from war or hunger, forced to undertake journeys fraught with danger and violence, may find welcome and new living opportunities in their host countries.

World Day for Grandparents and the Elderly

We will be celebrating World Day for Grandparents and the Elderly on **Sunday**, **July 28**, **2024.** The Dicastery for Laity, Family and Life has prepared a Pastoral Toolkit to promote "a Day without loneliness". The toolkit includes a catechesis on old age, texts from the Magisterium, and pastoral suggestions for parishes, families, and individuals. Visit: <u>laityfamilylife.va</u>

Pray for Sr. Eve Mary

Sr. Eve-Mary (formerly Mary Serafini) from Calgary will profess her first vows as a Sister of Life next week! The Sisters of Life, dedicated to protecting and enhancing the sacredness of human life, announce that six of their Sisters will take the first vows on **Saturday**, **June 22**, at Sacred Heart Church in Suffern, New York. Livestream will be available at sacredheartparish.org/masses

Catholic Family Conference

This annual event brings hundreds of Catholic families and individuals together to celebrate faith and family. It is an opportunity to deepen their faith and to encourage one another in raising Catholic families in very challenging and troubling times. Steve Ray, a well-known convert, apologist and evangelist, Ken and Janelle Yasinski, Brian Holdsworth and Brendan McCauley are the weekend keynote speakers. When: June 28-July 1, Lac Ste. Anne, AB. For information and to register, go to www.catholicfamilyministries.com

Career Opportunities

We are currently seeking passionate individuals for the following positions:

- Archivist Pastoral Centre (Full-time)
- Administrative assistant (Part-time) St. Pius X, Calgary
- Sacrament Preparation Coordinator (casual)
 St. Pius X, Calgary

In our Catholic community:

- Retreat & Program Coordinator FCJ Centre, Calgary
- Catholic Math Tutor; Admin Assistant St. John Choir Schola, Calgary
- Various positions Clear Water Academy, Calgary; Calgary Catholic School District
 For more information, visit <u>catholicyyc.ca/careers</u>

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THE CATHOLIC FAITH.





Joe McKenna Council #9502 Knights of Columbus

Position	Name
Grand Knight	Greg Martin
Deputy Grand Knight	Jimmy Tablan
Financial Secretary	Pat Ries
Treasurer	Ron Pisoni
Chancellor	
Recorder	Pat Brigham
Advocate	Andy Hamel
Warden	Walter Pratt
Inside Guard	Dale Maddaford
Outside Guard	Michael Camphor
Year 1 Trustee	Herb Durda
Year 2 Trustee	Gary Heinbecker
Year 3 Trustee	Kent Friedt
Lecturer	Rick Brown
Membership Director	Garry Lux
Faith in Action Program Director	Greg Martin
Faith in Action Life Director	Allan Lawson
Faith in Action Family Director	Jimmy Tablan
Faith in Action Faith Director	Darrell Bonagofsky
Faith in Action Community Director	Ron Pisoni
Pastoral Parish Council Representative	Garry Mastel



2023-24 Knights Events

Date & Activity

Sunday, September 10 Corn Roast

Sunday, September 24 Knights Mass

Sunday, October 15 Breakfast

Sunday, November 19 Breakfast

Saturday, December 9 Knights Mass

Sunday, December 17 Christmas Breakfast

Sunday, January 21 Breakfast

Sunday, February 25 Breakfast

> Sunday, April 7 Breakfast

Sunday, May 5 Breakfast

Sunday, June 23 Parish Picnic



Who is Jesus? Do I need a church?

Why do I exist?

Teens in your parish are actively looking for answers to these questions. Unfortunately, the world is not providing the proper guidance to point them in the right direction.

But you can help change this. Equip your teens with the tools to help them discover the best answers to these questions with The Search Begins.

CLICK HERE TO WATCH THIS TRAILER

The Search Begins is a seven-episode video series adapted from the Augustine Institute's award-winning series The Search. It invites teens in your parish to find meaning in their everyday lives. This program shares the answers to the fundamental questions of life so they can live more for God. A life of purpose!

Guide your teens to real, satisfying answers about their life and the person of Jesus Christ now with The Search Begins.



Order the Leader's Kit or Deluxe Leader's Kit on Catholic Market.

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.



Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





Why Support Coldest Night of the Year?

This event is not just a walk; it's a symbol of solidarity and support for those facing difficult circumstances in our community. By participating or contributing, you can directly impact the lives of individuals and families in need.

How Can You Get Involved?

We would greatly appreciate your support in spreading the word about Coldest Night of the Year and encouraging participation from your **church**. Stay tuned for more information and details about registration, which will be opening later this year.

Your involvement and support will make a meaningful difference in the lives of those we serve, and we are incredibly grateful for any assistance you can provide. Thank you for your consideration and support. Together, we can make a positive impact and show compassion to those who need it most.

Warm regards,

Joanna



Registration now open!

We're excited to invite you to join us **Thursday, September 5th, 2024** for the 22nd Annual Medicine Hat Women's Shelter Society Charity Golf Classic, presented by Scotiabank Group! This year's tournament will be taking place again at the Medicine Hat Golf & Country Club.

\$175/golfer or \$700/team

(Includes lunch, cart, golf, buffet dinner and more!)

Register by June 30th to be entered in a draw for a \$50 gift card for Moxies Restaurant!

Schedule:

Noon - Lunch 1PM - Shotgun Start 6PM - Dinner & Awards

Register Online Today!

Or by calling 403-527-8223 or emailing info@mhwss.ca!

For more information about sponsorship opportunities please contact Deidre Giesbrecht at deidreg@mhwss.ca or 403-527-8223. Sponsorships are also available through our online registration page.



CONNECT 24/7

Help Line: 403-529-1091 Toll Free: 1-800-661-7949 Text Line: 587-850-5885 Web Chat: www.mhwss.ca

Administrative Line: 403-527-8223



Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holyfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESPOND to it, you can forward it to contact@holyfamilymh.ca so it can be sent to the diocese.