



# Welcome to HOLY FAMILY PARISH

13<sup>TH</sup> SUNDAY IN ORDINARY TIME — YR. B SUNDAY, JUNE 30, 2024

Email: [contact@holyfamilymh.ca](mailto:contact@holyfamilymh.ca) ~ Website: [www.holyfamilymh.ca](http://www.holyfamilymh.ca) ~ Phone 403-527-6933

Facebook: Medicine Hat Holy Family Parish ~ YouTube: Medicine Hat Holy Family Church

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

## CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid &  
Deacon Robert Risling

## RECONCILIATION...

Friday 9:30am–10:30am.  
& Saturday 3:30–4:45pm.

## MASS TIMES... MONDAY to FRIDAY at 9:00AM

FIRST SATURDAY OF MONTH at 8:00AM, SATURDAY at 5:00PM  
SUNDAY at 8:30AM, 10:30AM & 6:00PM

## THE CHAPEL IS OPEN

MONDAY - FRIDAY 9:30am - 4:00pm  
ADORATION FRIDAY 9:30 – 10:30am

Knights of Columbus – Greg Martin

Catholic Women's League – Cathy Koch

Parish Pastoral Council Chair - Gary Heinbecker

Parish Finance Council Chair - Cheryl Pocsik

**We acknowledge that Treaty 7  
Territory, on which we stand, is the  
ancestral land of the Indigenous  
Peoples and is common home to  
everyone in Virtue of God, our  
Creator's Gracious Gift.**

**Jesus brought healing, comfort, and  
new life to those who believed.**

*Believe*

Mark 5:21-43  
June 30, 2024

✠ Masses & Mass Intentions ✠



Saturday, June 19

5:00pm – Kevin Goodyear ✠

Sunday, June 30

8:30am – Marcel Bosch ✠

10:30am – Audrey Hoffman

6:00pm – Holy Family Parish

Monday, July 1 **HAPPY CANADA DAY**

9:00am – Jack Risling

Tuesday, July 2

9:00am – Geannie Tomcala

6:00pm – Holy Family Parish

Wednesday, July 3

9:00am – Nick & Rosina Mucciarone ✠

Thursday, July 4

9:00am – Clarise Bicknell ✠

Friday, July 5

9:00am – Lambert Risling ✠

## OPERATING FINANCES

MAY 1-31, 2024

Operating Budget 2024	\$ 60,990
General Envelope Collection	\$ 39,530
Loose Collections	\$ 3,608
Future Development	\$ 2,965
Sale of Church Supplies & Other	\$ 3,950
<b>\$ 50,053 - Budget Vs Actual</b>	<b>-\$ 10,937</b>

## SPECIAL COLLECTIONS

Together in Action (TIA)	\$ 4,973
St Vincent de Paul	\$ 3,276
World Mission	\$ 25
Clergy Retirement	\$ 90
Mission Mexico	\$ 120
CARO	\$ 65
Seminary Fund	\$ 30
Pope's Pastoral Works	\$ 2,207

*Thank You for your Generous Contributions*

Average Weekly Attendance 906

## VOCATIONS

June 30, 2024

13<sup>th</sup> Sunday in Ordinary Time

Jesus healed Jairus's daughter by saying "Talitha cum" which means "little girl, get up!". Has the Lord called you to get up and walk? Perhaps Jesus wants you to help others get up and walk. If you feel God is calling you to priesthood, religious life or the diaconate, please contact the Office of Vocations at 403-218-5500 or email Fr. Cristino Bouvette

[vocations@calgarydiocese.ca](mailto:vocations@calgarydiocese.ca) [www.catholicyc.ca/vocations.html](http://www.catholicyc.ca/vocations.html)

December 31, 2024 - Goal \$70,938

total to date \$27,987

which is at 39%

Together IN  
ACTION

Annual Bishop's Appeal

Let's try not to leave

it to the last minute this year.

Please Give Generously ~ Thank You!

The  
Solemnity  
Of  
St. Peter  
&  
St. Paul

June 29

Wisdom 1:13-15; 2:23-24.

Psalm 30:2, 4, 5-6, 11, 12, 13.

2 Corinthians 8:7, 9, 13-15. &amp; Mark 5:21-43.

Feast Day of  
Saint Thomas  
the Apostle  
~July 3~

Happy  
Canada  
Day

FEAR AND FAITH. Two stories today told by Saint Mark. Both start in fear. Fear by the woman touching Jesus' cloak and making him unclean. Fear by Jairus over his dying daughter, who regrettably dies before Jesus gets to her. Jesus words to both: faith saves; have faith.

- ◆ What am willing to do in faith to get some needed action, some blessed relief?
- ◆ How can I boldly be about asking God for what I (think I) need?
- ◆ How can I comfort someone facing the death of one they love?



# Faith & Family



**Sunday, June 30**

**2:00-4:00pm**

**Holy Family**

**Parish Hall**

**Penance  
& Pizza**



## SUMMER BIBLE CAMP

**July 8<sup>th</sup> -12<sup>th</sup> at 8:00am to 12:30pm**

All welcome to attend the mass at 8:30am

Mid Morning Snack & a T-shirt is provided

\$25/child, \$20/for additional siblings

1 form for each child needs to be filled out

**DEADLINE IS JULY 3, NO LATE ENTRIES, PLEASE.**

**We need adult volunteers for Camp to happen!**

Contact Tammy at 403-866-7886 or [tammylynnpeterson@gmail.com](mailto:tammylynnpeterson@gmail.com)

*E-transfer*  
ONLINE GIVING



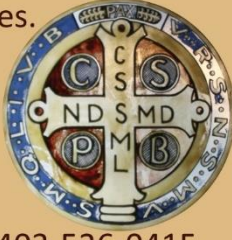
**DONATE TODAY...**

**[accounting@holyfamilymh.ca](mailto:accounting@holyfamilymh.ca)**



HOLY FAMILY PARISH  
**MEN'S PRAYER GROUP**  
 Thursday Mornings - 7:00 to 7:30 – Faith Room  
 Open to all men seeking to nurture their relationship  
 with God and each other through prayer, song and  
 reflection on the daily scripture readings.  
 More Information - Gord 527-7423 or Alan 527-4169  
 Pamphlets available at the Greeting Desk  
**REAL MEN PRAY**

**Listen...with the ear of your heart.**  
 This is the opening line of the rule of St. Benedict.  
 Come join us (Benedictine Oblates) in prayer as we  
 listen to the voice of God in our lives.



We meet every Saturday morning  
 at 10:00 in the Hope Room  
 at Holy Family Parish.  
 For more information call Carol at 403-526-0415.


If you are passionate about the dignity of life & would  
 like to know more about what the Catholic Church  
 teaches regarding the dignity of life, please join us.

*Holy Family*  
*Life Ministry*

**Prayer and Adoration**  
 2nd Tuesday of the month  
 at 7:00pm in the Chapel.

**Education Evening**  
 4th Monday of the month  
 at 7:00pm in the Faith  
 Room.

**Information**  
 Valerie at 587-588-5788  
 Sonia at 403-528-0028



**TOP 10 MOVIES**  
 On  
**FORMED.ORG**

Scan code with camera or visit [signup.formed.org](https://signup.formed.org)  
 Enter "Medicine Hat" click on "Holy Family"

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 FAITH AT HOME

USE WITH  
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1 JOSEPH  
 2 MARY  
 3  
 4  
 5  
 6  
 7  
 8  
 9 GUADALUPE  
 10 MOTHER TERESA

*Faithfully*  
 FAITH. LIVED. FULLY.

[catholiccyc.ca/Faithfully](https://catholiccyc.ca/Faithfully) keeps you updated  
 with what's happening in and around our Diocese!

*God Bless You,  
 Thank You for  
 your donations!*

**Special Collections**  
 July 2024

**Future Development  
 Fund**

**Together in Action**

**HEALING MASS**

"COME TO ME, ALL YOU WHO ARE WEARY  
 AND BURDENED..."

**1<sup>ST</sup> TUESDAY EACH MONTH AT 6:00PM**      **JULY 2, 2024**



**THE FIRST WEDNESDAY OF  
 THE MONTH THE LEGION OF  
 MARY HOSTS THE MOTHER  
 OF PERPETUAL HELP  
 NOVENA  
 BEFORE MASS AT 8:00AM  
 JULY 3, 2024**

*First Saturday Mass*

*The 1<sup>st</sup> Saturday of  
 each month  
 at 8:00am*

*July 6, 2024*







13<sup>TH</sup> SUNDAY IN ORDINARY TIME YEAR B

JUNE 30, 2024

## DEATH DOOR TO ETERNAL LIFE

A sick man turned to his doctor as he was preparing to leave the examination room and said, "Doctor, I am afraid to die. Tell me what's on the other side," Very quietly, the doctor said, "I don't know..." "You don't know? You're a Christian Man, and don't know what's on the other side?" The doctor was holding the handle of the door; on the other side came a sound of scratching and whining, and as he opened the door, a dog sprang into the room and leaped on him with an eager show of gladness and love.

Turning to the patient, the doctor said, "Did you notice my dog? He has never been in this room before. He did not know what was inside. He knew nothing except that his master was here, and when the door opened, he sprang in without fear. I know little of what is on the other side of death, but I do know one thing...I know my Master is there and that is enough."

Faced with death, life might seem absurd and meaningless. But our Christian faith tells us that despite death, life is not absurd and meaningless. Life for each of us took on a completely different meaning when our parents decided to have us baptized into the Catholic Church. When we were baptized, we became adopted sons and daughters of God. When we were baptized, this planet was no longer our home, and then heaven became our true homeland. When we were baptized, we were no longer on our own. When we were baptized, we were joined with Jesus in leaving behind an old life and beginning a new life. When Jesus died, he left his old life behind him. He rose from the dead, having left behind life in a human body like ours. When we were baptized, we joined Jesus in his dying, leaving behind our old self, and we joined Jesus in his resurrection, becoming new persons. Part of Paul's letter to the Romans talks of this (Rom 6). When we were baptized in Christ Jesus we were baptized in his death. In other words, when we were baptized, we went into the tomb with him and joined him in death, so that as Christ was raised from the dead by the Father's glory, we too might live a new life. In every Mass we remember that we share in Jesus' death and resurrection, for example "We proclaim your Death, O Lord, and profess your Resurrection until you come again." "When we eat this bread and drink this Cup, we proclaim your Death, O Lord, until you come again."

Because our entire life is living out our baptism, because we want to live our entire lives in such a way that our baptism has a lasting effect on our lives, we are continually trying to leave behind sin and selfishness to become better people. When we respond at each moment of our lives to the call of God, we prepare ourselves to enter the Lord's rest. As baptized, we try to be aware of the presence of God in each moment of our lives, like the sunflower that keeps following the sun all day long. God

is not just at the end of our life, waiting for us there. God is with us at every moment of our lives. However, in the final moment of our lives when we pass from death to eternal life, we will see God's love and everlasting light like never before during this life. In this Eucharist, we pray that perpetual light may shine upon us.

We bury someone in a cemetery which contains people of different faiths, a further reminder to us is that it is we who create differences, not God, because there is only one heaven. I have never yet heard anybody say there is a different heaven for each faith. The fact that we all die is yet another reminder to us that we are all the same before God. No matter how much we owned or possessed, when it comes to the end we are all the same.

Paul said that our homeland is in heaven (Phil 3:20). We build houses for ourselves. We decorate them. We become settled in life. Very few people like moving around from one place to another. And yet despite the fact that we are so settled where we are, "For us, our homeland is in heaven." We might think we are at home here, but if we have faith we can see beyond the surface of life and we know that we have been created to know, love and serve God. In the Book of Leviticus, we read "The land shall not be sold in perpetuity, for the land is mine; with me you are but aliens and tenants" (25:23).

Saint Gregory of Nyssa, bishop says that the life of the Christian has three distinguishing aspects: deeds, words and thought. Thought comes first, then words, since our words express openly the interior conclusions of the mind. Finally, after thoughts and words, comes action, for our deeds carry out what the mind has conceived. So, when one of these results in our acting or speaking or thinking, we must make sure that all our thoughts, words and deeds are controlled by the divine ideal, the revelation of Christ. For then our thoughts, words and deeds will not fall short of the nobility of their implications. What then must we do, we who have been found worthy of the name of Christ? Each of us must examine his thoughts, words and deeds, to see whether they are directed toward Christ or are turned away from him. This examination is carried out in various ways. Our deeds or our thoughts or our words are not in harmony with Christ if they issue from passion. They then bear the mark of the enemy who smears the pearl of the heart with the slime of passion, dimming and even destroying the luster of the precious stone. On the other hand, if they are free from and untainted by every passionate inclination, they are directed toward Christ, the author and source of peace. He is like a pure, untainted stream. If you draw from him the thoughts in your mind and the inclinations of your heart, you will show a likeness to Christ, your source and origin, as the gleaming water in a jar resembles the flowing water from which it was obtained. For the purity of Christ and the purity that is manifest in our hearts are identical. Christ's purity, however, is the fountainhead; ours has its source in him and flows out of him. Our life is stamped with the beauty of his thought. The inner and the outer man are harmonized in a kind of music. The mind of Christ is the controlling influence that inspires us to moderation and goodness in our behavior. As I see it, Christian perfection consists in this: sharing the titles which express the meaning of Christ's name, we bring out this meaning in our minds, our prayers and our way of life".

"I don't want to die" are words we hear almost everyday because I believe for two reasons: First we don't want to lose what we have including our families and properties etc., and secondly is our attachment to the world. This statement is also very strange on the other hand because most people who believe there is life after death, are still afraid of death. "We are neither eternal nor ephemeral: we are men and women on a journey in time, time that begins, and time that ends." Pope Francis invited everyone "to pray, and to ask for the grace of a sense of time" in order not to be "imprisoned" by the present moment, "closed in on oneself." Death, the Pope said, "is a fact that affects everyone." For some it comes later, for some sooner, "but it comes." As it is also written in the Book of Sirach (38:22) "Remember his fate, for yours is like it; yesterday it was his, and today it is yours".

But there is the temptation of the present moment that takes hold of life and brings you to go wandering in this selfish maze of the moment, without a future, always coming and going, coming and

going, no? And the journey ends in death, we all know that. And for this reason, the Church has always tried to reflect on this our end: not death.”

It is helpful, Pope Francis said, to repeat often, “I am not the master of time,” because this reflection “saves us from the illusion of the moment, of viewing life like a chain with links made up of individual moments,” a transitory life “that makes no sense.” We say to ourselves, “I am on a journey, and I have to look forward”; but, the Pope said, we should also consider that “death is a legacy,” – not a material inheritance, but a legacy of memory. In the Book of Leviticus, it is written “The land shall not be sold in perpetuity, for the land is mine; with me you are but travellers and tenants”. I think the way of our life is though short lived, but we must live in and with the Lord.

And so, we should ask ourselves: “What would be my legacy if God were to call me today? What legacy would I leave as a testimony of my life?” It is a good question to ask ourselves. And thus, we can prepare ourselves, because each one of us... none of us will remain “as a relic.” We must all go down this path.

Finally, the Pope said, “death is a memory,” an “anticipated memory” to reflect upon: When I die, what would I like to have done in this decision that I must make today, in my way of living today? It is an anticipated memory that illuminates the “moment” of today, illuminating with the fact of death the decisions that I must make every day.

A fellow was stuck on his rooftop in a flood. He was praying to God for help.

Soon a man in a rowboat came by and the fellow shouted to the man on the roof, “Jump in, I can save you.”

The stranded fellow shouted back, “No, it’s OK, I’m praying to God, and he is going to save me.”

So, the rowboat went on.

Then a motorboat came by. “The fellow in the motorboat shouted, “Jump in, I can save you.”

To this the stranded man said, “No thanks, I’m praying to God, and he is going to save me. I have faith.”

So, the motorboat went on.

Then a helicopter came by, and the pilot shouted down, “Grab this rope and I will lift you to safety.”

To this the stranded man again replied, “No thanks, I’m praying to God, and he is going to save me. I have faith.”

So, the helicopter reluctantly flew away.

Soon the water rose above the rooftop and the man drowned. He went to Heaven. He finally got his chance to discuss this whole situation with God, at which point he exclaimed, “I had faith in you, but you didn’t save me, you let me drown. I don’t understand why?”

To this God replied, “I sent you a rowboat and a motorboat and a helicopter, what more did you expect?”

St. Aloysius Gonzaga who was infected with the plague in Italy while helping other people and died at the age of 23. He wrote a letter to his mother encouraging her to be sad and afraid but believe in the Lord: “May the comfort and grace of the Holy Spirit be yours for ever, most honored lady. Your letter found me lingering still in this region of the dead, but now I must rouse myself to make my way on to heaven at last and to praise God for ever in the land of the living; indeed, I had hoped that before this time my journey there would have been over. If charity, as Saint Paul says, means to weep with those who weep and rejoice with those who are glad, then, dearest mother, you shall rejoice exceedingly that God in his grace and his love for you is showing me the path to true happiness, and assuring me that I shall never lose him.

The divine goodness, most honored lady, is a fathomless and shoreless ocean, and I confess that when I plunge my mind into thought of this it is carried away by the immensity and feels quite lost and bewildered there. In return for my short and feeble labors, God is calling me to eternal rest; his voice from heaven invites me to the infinite bliss I have sought so languidly and promises me this reward for the tears I have so seldom shed.



Take care above all things, most honored lady, not to insult God's boundless loving kindness; you would certainly do this if you mourned as dead one living face to face with God, one whose prayers can bring you in your troubles more powerful aid than they ever could on earth. And our parting will not be for long; we shall see each other again in heaven; we shall be united with our Savior; there we shall praise him with heart and soul, sing of his mercies for ever, and enjoy eternal happiness. When he takes away what he once lent us, his purpose is to store our treasure elsewhere more safely and bestow on us those very blessings that we ourselves would most choose to have.

I write all this with the one desire that you and all my family may consider my departure a joy and favor and that you especially may speed with a mother's blessing my passage across the waters till I reach the shore to which all hopes belong. I write the more willingly because I have no clearer way of expressing the love and respect, I owe you as your son".

Death is painful, hurtful, heartbreaking and damaging and no wants to see anyone dying but the Sacred Scripture says, "anyone who is born, must taste death". In the Book of Song of Songs, we read "Love is as strong as death is" and the Book of Ecclesiastes reminds us with these words "There is a time for everything under the sun, a time to be born and a time to die...". However, for us who believe in the Lord we do know that death is not the end, but the beginning of gain eternal life and First Reading is right to explain "God didn't not make death, and he doesn't not delight in the death of the living. For he created all things so that they might exist; the generative forces of the world are wholesome, and there is no destructive poison in them, and the dominion of Hades is not on earth. For righteousness is immortal".

In the Gospel we could feel the pain of the father who didn't want his young daughter to die and comes to the Lord. Why he came to Jesus?

1. First, he knew that Jesus has the power to heal and give life. Martha in the like manner believed in Jesus "if you were here, my brother wouldn't have died but still, I believe that whatever you will ask God, he will give you".
2. He overheard the news that his daughter has died but kept walking with the Lord who told him "Do not fear, only believe".
3. He saw in spite of the unbelief of many, Jesus held the hand the of the young daughter and rose her up from the death bed to life.

Looking at the faith of the father in Jesus we can understand how important his presence is in our lives. St. Paul keeps reminding us to believe in him "if we have died with him, we will also rise with him". Like a father in the Gospel, we must have firm faith in the Lord who says "Do not let your hearts be troubled, believe in God, believe also in me" because he is the way, the truth, and the life. He is life and the resurrection. Death is not the end but beginning of "The Best is yet to come".

"There was a young woman who had been diagnosed with a terminal illness and had been given three months to live. As she was getting her things 'in order,' she contacted her Pastor and had him come to her house to discuss certain aspects of her final wishes.

She told him which songs she wanted sung at the service, what scriptures she would like read, and what outfit she wanted to be buried in. Everything was in order and the Pastor was preparing to leave when the young woman suddenly remembered something very important to her.

'There's one more thing,' she said excitedly.

'What's that?' came the Pastor's reply.

'This is very important,' the young woman continued. 'I want to be buried with a fork in my right hand.' The Pastor stood looking at the young woman, not knowing quite what to say.

'That surprises you, doesn't it?' the young woman asked.

'Well, to be honest, I'm puzzled by the request,' said the Pastor.

The young woman explained. 'My grandmother once told me this story, and from that time on I have always tried to pass along its message to those I love and those who are in need of encouragement. In



all my years of attending socials and dinners, I always remember that when the dishes of the main course were being cleared, someone would inevitably lean over and say, 'Keep your fork.' It was my favorite part because I knew that something better was coming, like velvety chocolate cake or deep-dish apple pie. Something wonderful, and with substance!

'So, I just want people to see me there in that casket with a fork in my hand and I want them to wonder, 'What's with the fork?'' Then I want you to tell them: 'Keep your fork. The best is yet to come.'

The Pastor's eyes welled up with tears of joy as he hugged the young woman goodbye. He knew this would be one of the last times he would see her before her death. But he also knew that the young woman had a better grasp of heaven than he did. She had a better grasp of what heaven would be like than many people twice her age, with twice as much experience and knowledge. She KNEW that something better was coming.

At the funeral people were walking by the young woman's casket and they saw the cloak she was wearing, and the fork placed in her right hand. Over and over, the Pastor heard the question, 'What's with the fork?' And over and over, again he smiled.

During his message, the Pastor told the people of the conversation he had with the young woman shortly before she died. He also told them about the fork and about what it symbolized to her. He told the people how he could not stop thinking about the fork and told them they probably would not be able to stop thinking about it either. He was right."

So, the next time you reach down for your fork let it remind you, ever so gently, that the best is yet to come. Friends are a very rare jewel, indeed. They make you smile and encourage you to succeed. Cherish the time you have, and the memories you share. Being friends with someone is not an opportunity, but a sweet responsibility.

And just remember...keep your fork!

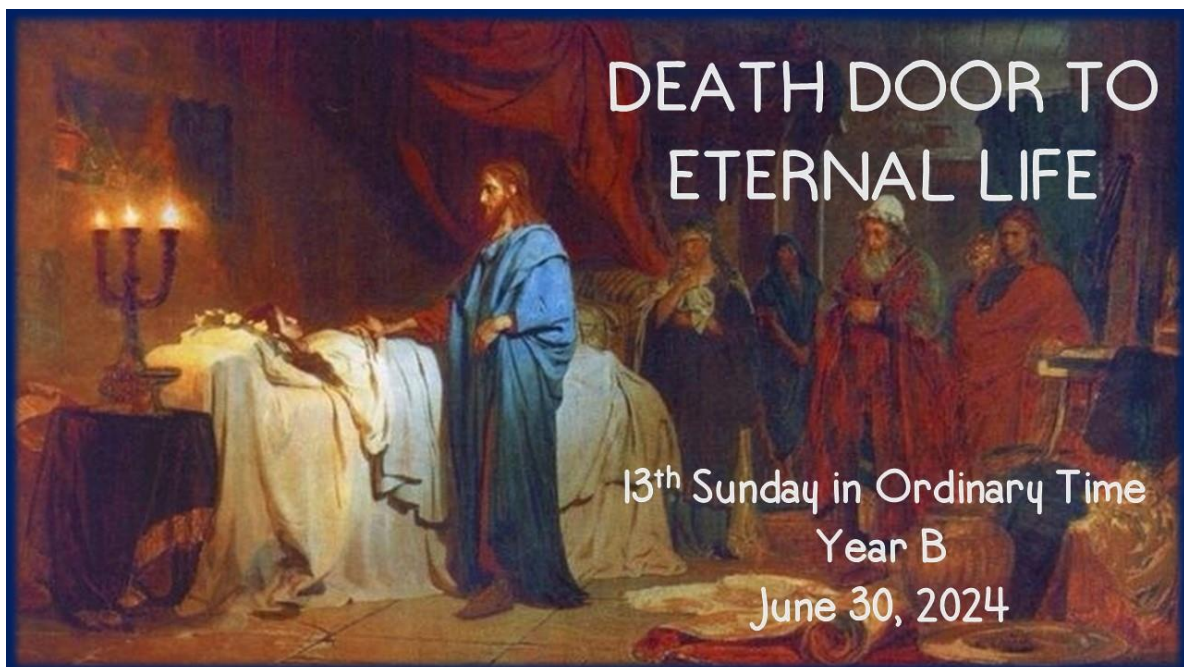
The BEST is yet to come!"

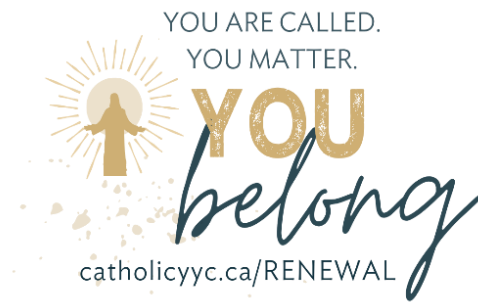
Death is not easy to accept under any circumstances but on the other we must not allow death to get us down. In the Book of Sirach, we read how to let our tears fall of the deceased but not to injure ourselves with grief. (Please read Sirach 38:16-23).

Let us continue to pray for our deceased brothers and sisters and believe in the words of St. John "And I heard a voice from heaven saying, "Write this: Blessed are the dead who from now on die in the Lord." "Yes," says the Spirit, "they will rest from their labors, for their deeds follow them" (Revelation 14:13).

May the souls of all the faithful departed rest in the peace of Christ. Amen

Do we believe that death is a door to eternal life?





# DIOCESAN SUNDAY UPDATES

Summer - July 2024

## World Day for Grandparents and the Elderly

We will be celebrating World Day for Grandparents and the Elderly on **Sunday, July 28, 2024**. The Dicastery for Laity, Family and Life has prepared a Pastoral Toolkit to promote "a Day without loneliness". The toolkit includes a catechesis on old age, texts from the Magisterium, and pastoral suggestions for parishes, families, and individuals. Visit: [laityfamilylife.va](https://laityfamilylife.va)

## Jesus Heals

Jesus Heals is a live event from Shalom World Conference, offering an opportunity for our faithful to gather and seek healing of mind, body, and soul. The event will be led by world-renowned speaker, Fr. Roy Palatty, Spiritual Director of Shalom World TV, who will be offering Holy Mass, a spiritual talk, silent reflection in the presence of the Blessed Sacrament, special prayers, and blessings for the sick.

- **Tue, July 23** | [Jesus Heals](#) - St. Albert the Great, Calgary
- **Wed, July 24** | [Jesus Heals](#) - St. Thomas More, Calgary
- **Fri, July 26** | [Jesus Heals](#) - Ascension, Calgary
- **Sat, July 27** | [Come and See](#) - St. Thomas More, Calgary

For more information, visit <https://conferences.shalomworld.org>

## World Day of Migrants & Refugees

In his message for the World Day of Migrants and Refugees (**Sep 29, 2024**), Pope Francis reminds us, "Let us take our most vulnerable brothers and sisters by the hand, recognize in them the face of Jesus, and share a part of the road together. Find resources at [humandevelopment.va](https://humandevelopment.va)

## Summer camps at Our Lady of Victory Camp

Our Lady of Victory Camp is a week-long, overnight summer camp, owned and operated by the Catholic

Archdiocese of Edmonton. Our mission is to support families and youth ministry initiatives in the Archdiocese and beyond by creating a place for young people to Encounter Christ, community, and creation. When: **July - August 2024** - for Gr. 4-12 - Please visit [camps.caedm.ca/summercamp](https://camps.caedm.ca/summercamp)

## Truth & Reconciliation Conference "Braiding Together"

Come join RMEC as they engage in critical conversations in response to the Calls to Action of the Truth and Reconciliation Commission, exploring our individual and collective journeys as we walk together, fostering authentic and inclusive relationships as we celebrate diversity and work towards healing and wholeness, attentive in heart, mind and soul. When: **Oct 18-19, 2024 at the Banff Centre**. Early bird rate ends June 30, 2024. Register at [braidingtogether.ca](https://braidingtogether.ca)

## Mount St. Francis 75th Anniversary

Come and celebrate Mount St. Francis 75th Anniversary on Saturday, August 10 and Sunday, August 11 - with a Family Festival Day! There will be entertainment, food trucks, family activities, historical displays and more! For more information, visit <https://mountstfrancis.ca>

## Subscribe to Faithfully

If you haven't already, please subscribe to the [Diocesan publication Faithfully](#) - to keep you updated with what's happening in our Diocese. Faithfully gives a snapshot of faith at work in the lives of everyday people in our Diocese and provide us with opportunities to spread the Good News of Christ beyond the walls of our churches. New release is coming up this Monday! To subscribe, visit [catholicyc.ca/faithfully](https://catholicyc.ca/faithfully)

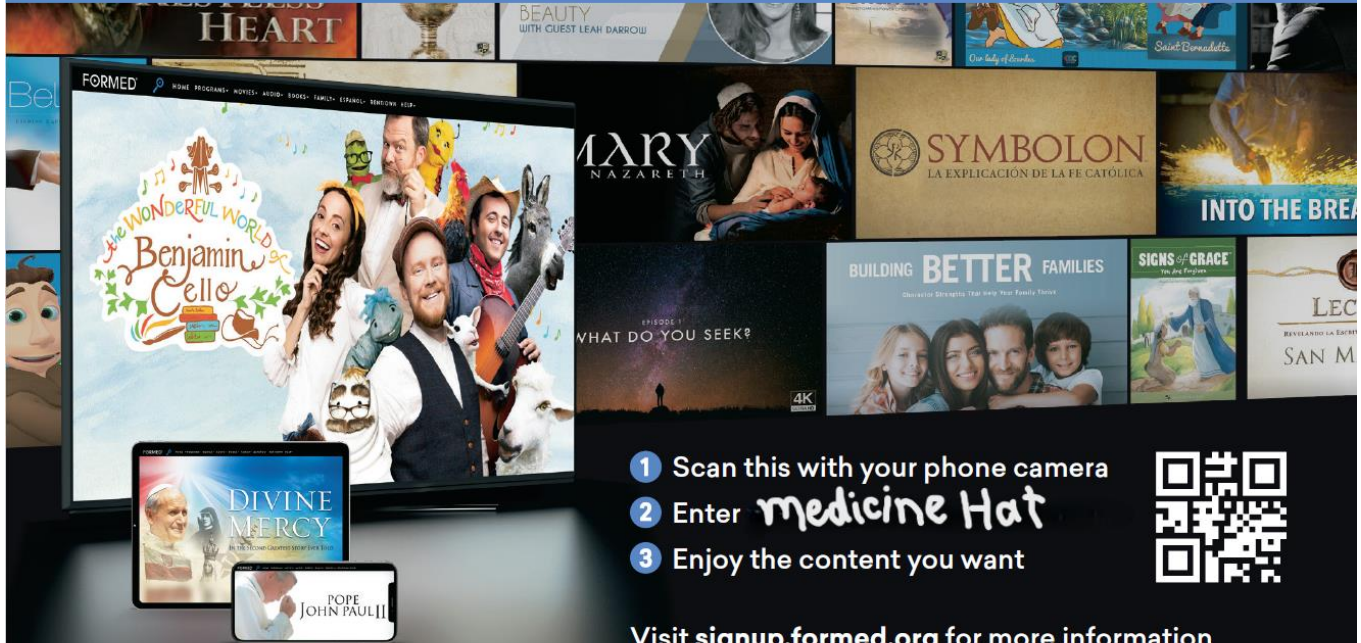
## Adoration Hours in the Diocese

*Venite Adoremus!* Let us worship Him in the Blessed Sacrament. Check out the list of Adoration Hours in parishes across the Diocese - visit [catholicyc.ca](https://catholicyc.ca)




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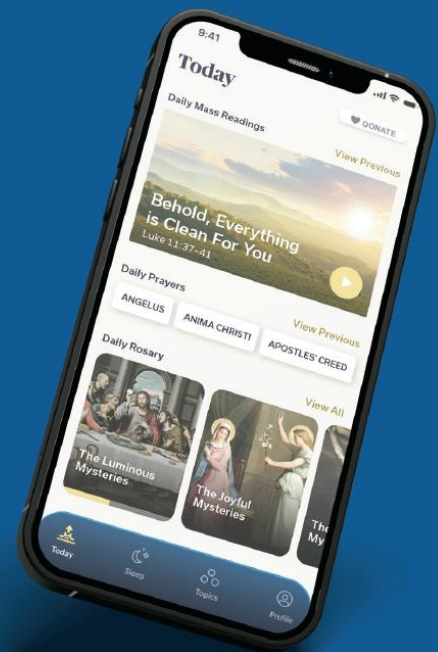
# Amen™

The *Free* Catholic Prayer,  
Meditation, and Scripture App

- 1 Scan this with your phone camera
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- 3 Enjoy the content you want



Visit [amenapp.org](https://amenapp.org) for more information



An offering from the  AUGUSTINE INSTITUTE

# Joe McKenna Council #9502 Knights of Columbus



Position	Name
Grand Knight	Greg Martin
Deputy Grand Knight	Jimmy Tablan
Financial Secretary	Pat Ries
Treasurer	Ron Pisoni
Chancellor	
Recorder	Pat Brigham
Advocate	Andy Hamel
Warden	Walter Pratt
Inside Guard	Dale Maddaford
Outside Guard	Michael Camphor
Year 1 Trustee	Herb Durda
Year 2 Trustee	Gary Heinbecker
Year 3 Trustee	Kent Friedt
Lecturer	Rick Brown
Membership Director	Garry Lux
Faith in Action Program Director	Greg Martin
Faith in Action Life Director	Allan Lawson
Faith in Action Family Director	Jimmy Tablan
Faith in Action Faith Director	Darrell Bonagofsky
Faith in Action Community Director	Ron Pisoni
Pastoral Parish Council Representative	Garry Mastel

## 2023-24 Knights Events

### Date & Activity

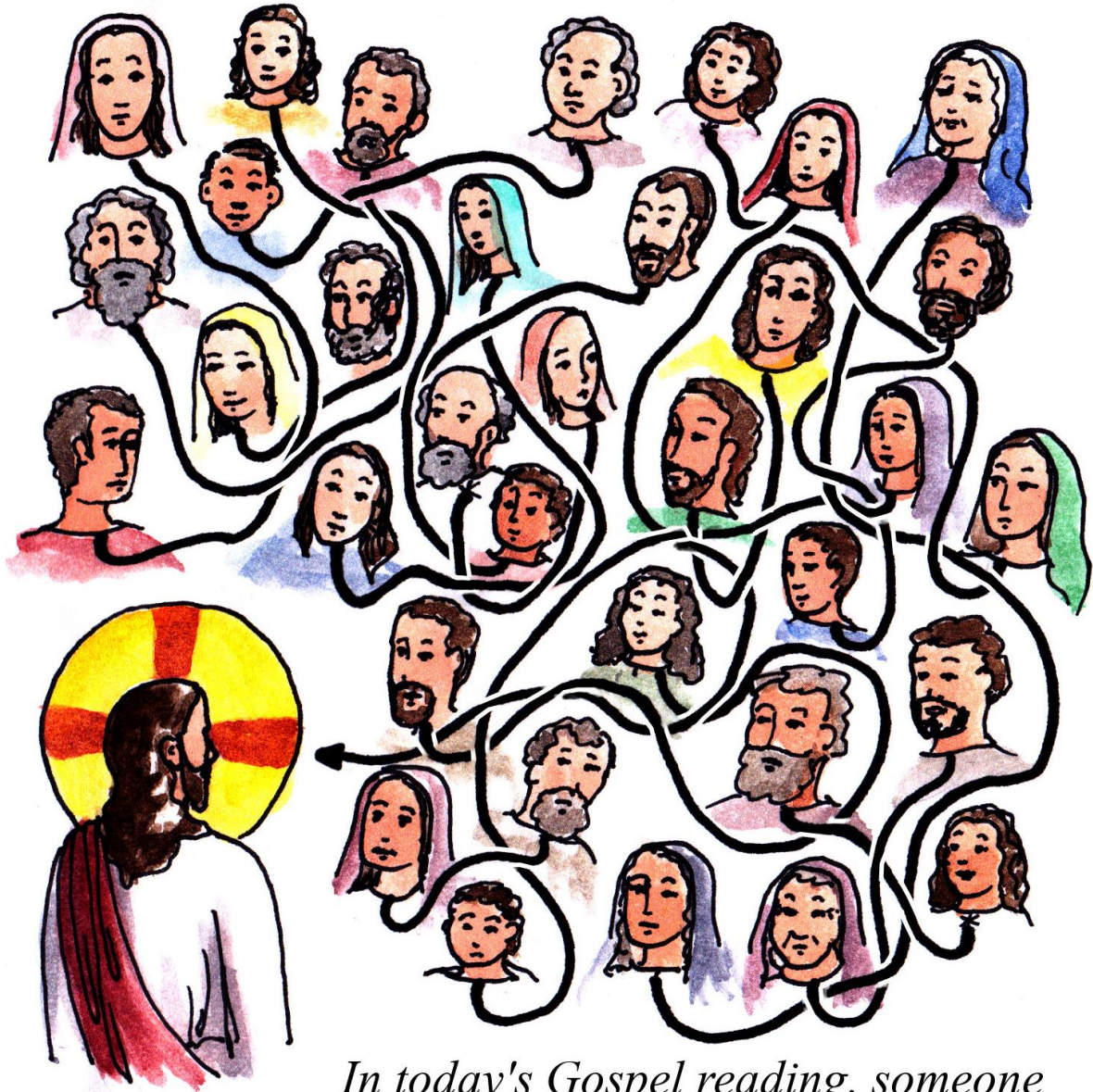
Sunday, September 10
Corn Roast
Sunday, September 24
Knights Mass
Sunday, October 15
Breakfast
Sunday, November 19
Breakfast
Saturday, December 9
Knights Mass
Sunday, December 17
Christmas Breakfast
Sunday, January 21
Breakfast
Sunday, February 25
Breakfast
Sunday, April 7
Breakfast
Sunday, May 5
Breakfast
Sunday, June 23
Parish Picnic



# The Kids' Bulletin

13th Sunday in Ordinary Time

June 30th, 2024



*In today's Gospel reading, someone believed that they would be healed from their sickness if they touched Jesus' clothes.*

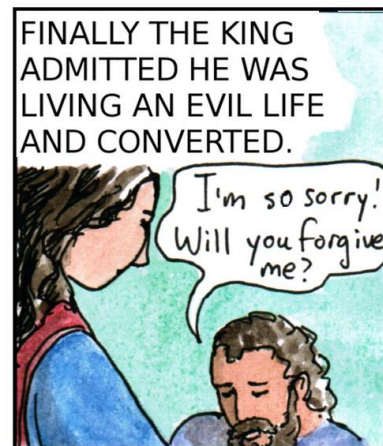
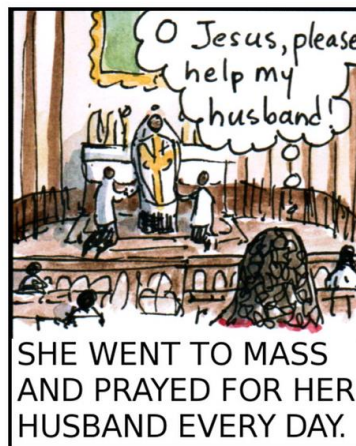
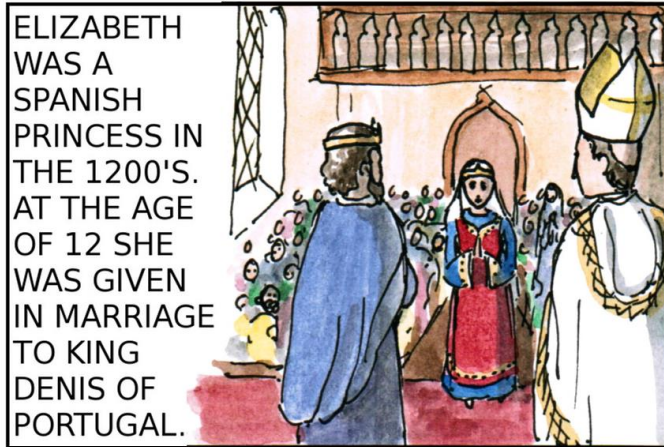
*The person touched Jesus and was instantly healed!  
But Jesus knew that power had gone out of Him,  
so He asked who had touched His clothes.*

*Who was cured? Follow the dark lines and  
see whose line points to Jesus.*



# Saint Elizabeth of Portugal

## July 4

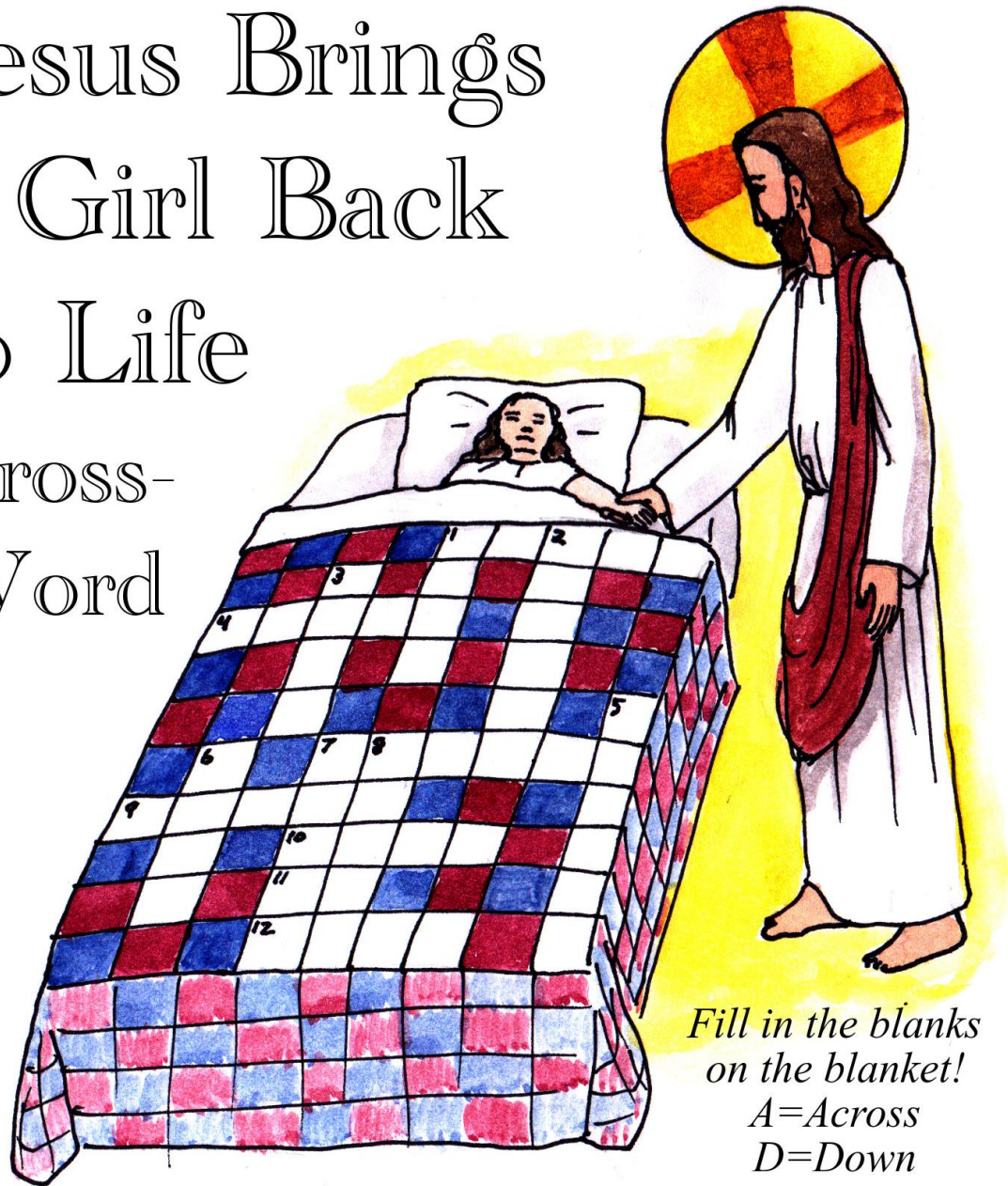


SAINT ELIZABETH OF PORTUGAL IS AN EXAMPLE TO US BY HER LIFE OF VIRTUE AND LOVE OF PEACE. GOD WANTS EVERYONE TO LIVE IN PEACE WITH EACH OTHER SO THAT WE CAN ALL GROW IN HOLINESS TOGETHER. WE CAN ALSO LEARN FROM HER TO PRAY FOR THOSE WE LOVE WHO HAVE TURNED AWAY FROM GOD.



# Jesus Brings a Girl Back to Life

## Cross- Word



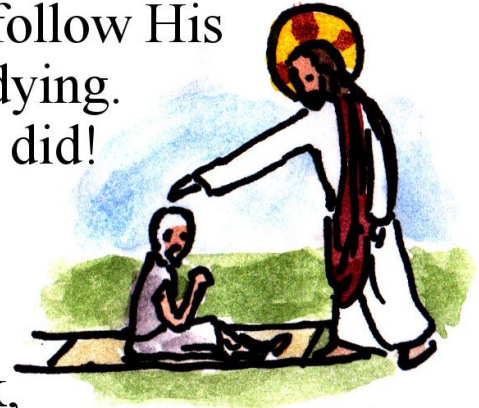
*Fill in the blanks  
on the blanket!  
A=Across  
D=Down*

A man called \_\_\_\_\_ 7A came and begged \_\_\_\_\_ 7D to heal his daughter who was very \_\_\_\_\_ 10A. So Jesus went, but on the way some people came from Jairus' house and said that the girl was \_\_\_\_\_ 6D. But Jesus went anyway, and said that the \_\_\_\_\_ 3D wasn't dead, but only \_\_\_\_\_ 5D. He only took three of His apostles when he went in to see the girl: \_\_\_\_\_ 9A, \_\_\_\_\_ 1A, and \_\_\_\_\_ 1D. He \_\_\_\_\_ 12A everyone else out of the room, except the girl's father and \_\_\_\_\_ 2D. Then Jesus took the girl's hand and said, " \_\_\_\_\_ 8D." She got up and started walking around! God let this happen to show \_\_\_\_\_ 11A what He can do when we have \_\_\_\_\_ 4A in Him.

# *When People are Sick...*

In today's Gospel reading we hear about Jesus curing the sick. Jesus wants us to follow His example and care for the sick and dying. But we can't do miracles like Jesus did!

What can we do?  
Here are some ideas:



1. If someone in your family is sick, maybe you can help them out! Ask if you could read them a story, or help them by bringing them anything they need. A 'Get Well' card would be nice too!



2. Always pray for people who are sick. Your prayers can help them get better, or they might help your sick friend to understand why God is letting them suffer.

What about when you are sick?  
When you are sick or hurt, think about Jesus suffering on the cross. Offer your pain to Him and tell Him that you want to suffer with Him so that people will be saved from their sins. Be thankful for people who help you when you are sick. Remember, they take Jesus' place!



Answers to Cross-Word: ACROSS: 1.James, 4.fairth, 7.Jairus, 9.Peter, 10.sick, 11.us, 12.sent DOWN: 1.John, 2.mother, 3.girl, 5.asleep, 6.dead, 7.Jesus, 8.arise.





Who is Jesus? Do I need a church?

Why do I exist?

Teens in your parish are actively looking for answers to these questions. Unfortunately, the world is not providing the proper guidance to point them in the right direction.

But you can help change this. Equip your teens with the tools to help them discover the best answers to these questions with The Search Begins.

**[CLICK HERE TO WATCH THIS TRAILER](#)**

The Search Begins is a seven-episode video series adapted from the Augustine Institute's award-winning series The Search. It invites teens in your parish to find meaning in their everyday lives. This program shares the answers to the fundamental questions of life so they can live more for God. A life of purpose!

Guide your teens to real, satisfying answers about their life and the person of Jesus Christ now with The Search Begins.

THE  
**SEARCH**  
*BEGINS*

Order the [Leader's Kit](#) or [Deluxe Leader's Kit](#) on Catholic Market.

# Retreat Centers in Southern Alberta

## AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.







## Why Support Coldest Night of the Year?



SCOTIABANK GROUP PRESENTS THE 22ND ANNUAL



## Charity Golf Classic

Thursday September 5th, 2024



### Registration now open!

We're excited to invite you to join us **Thursday, September 5th, 2024** for the 22nd Annual Medicine Hat Women's Shelter Society Charity Golf Classic, presented by Scotiabank Group! This year's tournament will be taking place again at the Medicine Hat Golf & Country Club.

**\$175/golfer or \$700/team**

*(Includes lunch, cart, golf, buffet dinner and more!)*

Register by **June 30<sup>th</sup>** to be entered in a draw for a \$50 gift card for Moxies Restaurant!

Schedule:

Noon - Lunch

1PM - Shotgun Start

6PM - Dinner & Awards

**Register Online Today!**

Or by calling 403-527-8223 or emailing [info@mhws.ca](mailto:info@mhws.ca)!

For more information about sponsorship opportunities please contact Deidre Giesbrecht at [deidreg@mhws.ca](mailto:deidreg@mhws.ca) or 403-527-8223. Sponsorships are also available through our online registration page.



### CONNECT 24/7

Help Line: 403-529-1091

Toll Free: 1-800-661-7949

Text Line: 587-850-5885

Web Chat: [www.mhws.ca](http://www.mhws.ca)

Administrative Line: 403-527-8223





# Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

**NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!**

**All our email addresses only end in @holyfamilymh.ca never a @gmail account.**

**If you get an email or a text, PLEASE DO NOT RESPOND to it, you can forward it to [contact@holyfamilymh.ca](mailto:contact@holyfamilymh.ca) so it can be sent to the diocese.**