



Welcome to HOLY FAMILY PARISH

12TH SUNDAY IN ORDINARY TIME – YR. B SUNDAY, JUNE 23, 2024

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Phone 403-527-6933

Facebook: [Medicine Hat Holy Family Parish](https://www.facebook.com/MedicineHatHolyFamilyParish) ~ YouTube: [Medicine Hat Holy Family Church](https://www.youtube.com/MedicineHatHolyFamilyChurch)

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid &
Deacon Robert Risling

RECONCILIATION...

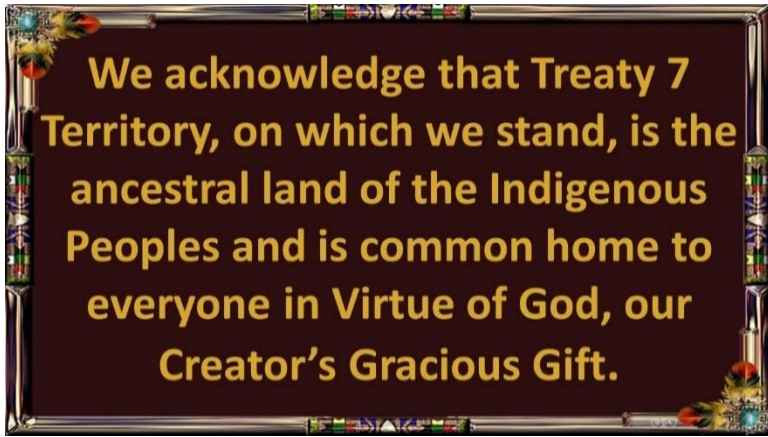
Friday 9:30am–10:30am.
& Saturday 3:30–4:45pm.

MASS TIMES... MONDAY to FRIDAY at 9:00AM
FIRST SATURDAY OF MONTH at 8:00AM, SATURDAY at 5:00PM
SUNDAY at 8:30AM, 10:30AM & 6:00PM

THE CHAPEL IS OPEN
MONDAY - FRIDAY 9:30am - 4:00pm
ADORATION FRIDAY 9:30 – 10:30am

Knights of Columbus – Greg Martin
Catholic Women's League – Cathy Koch

Parish Pastoral Council Chair - Gary Heinbecker
Parish Finance Council Chair - Cheryl Pocsik



Faith is a gift from God that allows us to believe in and trust him. We demonstrate faith when we trust God in all circumstances.



† Masses & Mass Intentions †



Saturday, June 22

5:00pm – Maria Gladys Garo †

Sunday, June 23

8:30am – Johanna Van Ham

10:30am – Pilare Curtis Brown

6:00pm – Holy Family Parish

Monday, June 24

9:00am – Delores Hellman †

Tuesday, June 25

9:00am – Goodyear Family

Wednesday, June 26

9:00am – Jobb Family

Thursday, June 27

9:00am – Ria & Family

Friday, June 28

9:00am – Ray Wirachowsky †

OPERATING FINANCES	
MAY 1-31, 2024	
Operating Budget 2024	\$ 60,990
General Envelope Collection	\$ 39,530
Loose Collections	\$ 3,608
Future Development	\$ 2,965
Sale of Church Supplies & Other	\$ 3,950
\$ 50,053 - Budget Vs Actual	-\$ 10,937
SPECIAL COLLECTIONS	
Together in Action (TIA)	\$ 4,973
St Vincent de Paul	\$ 3,276
World Mission	\$ 25
Clergy Retirement	\$ 90
Mission Mexico	\$ 120
CARO	\$ 65
Seminary Fund	\$ 30
Pope's Pastoral Works	\$ 2,207
<i>Thank You for your Generous Contributions</i>	
Average Weekly Attendance	906

HAPPENINGS IN HOLY FAMILY PARISH

Saturday, June 22

10:00am – Benedictine Group – Hope Room

Sunday, June 23

11:30am – Parish Picnic – HFP Hall & Outside

Monday, June 24

7:00am – Life Ministry – Faith Room

Thursday, June 27

7:00am – Real Men Pray – Faith Room

Sunday, June 30

2:00pm – Penance & Pizza – HFP Hall

Week of July 8-12

8:00 am – 12:30pm - Saints Alive Bible Camp

TOGETHER **in ACTION** | 2024

2024 Goal - \$70,938

Donations to date - \$27,584

We are 39% of the way there!

YOU ARE called

YOU MATTER. YOU BELONG.

VOCATIONS June 23, 2024
12th Sunday in Ordinary Time

Jesus brought peace to the wind and the sea. "Peace! Be still!" Many are searching for this peace and need your help to find Jesus. Would you be willing to proclaim the truth of God's love and presence in your life as a priest or religious? If you think God is calling you, please contact the Office of Vocations at 403-218-5500 or email Fr. Cristino Bouvette

vocations@calgarydiocese.ca www.catholicyc.ca/vocations.html

Job 38:1, 8-11.
Psalms 107:23-24, 25-26, 28-29, 30-31.
2 Corinthians 5:14-17. Mark 4:35-41.

The Nativity of John the Baptist

June 24

THE RAGING STORM.

Like the disciples today, we can feel as if we are in a small boat, on a deep lake, far from shore, in a raging storm. It seems like Jesus is sleeping through it all. But we know and believe, deep in our hearts, he is not. He is with us. He is in control – in his time and way.

- † What is raging around me that is seeming to threaten me?
- † How will I turn to Jesus, even in a chiding way like the apostles, for help?
- † How can I, whom can I help as I have been helped?

Holy Family Parish

Annual Parish Picnic

SUNDAY, JUNE 23

Enjoy food, drink, & fellowship with our Faith Community.

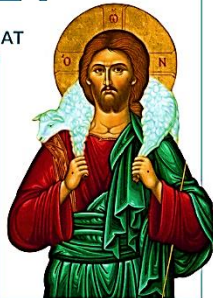


Lots of fun for kids. Free to all, young old and in between!

After the 10:30 Mass

YOU ARE CALLED. YOU MATTER. YOU BELONG. **PASTORAL RENEWAL SURVEY**
 HOLY FAMILY, MEDICINE HAT

Thank you to Everyone who participated!



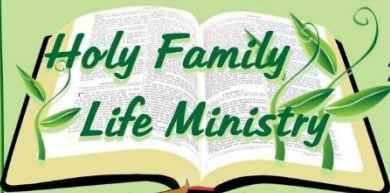
USE WITH Roku, Apple TV, FireTV, Chromecast

1 JOSEPH 2 MARY 3 TOP 10 MOVIES On FORMED.ORG 4 HEART 5 PADRE PIO MIRACLE MAN 6 7 8 9 GUADALUPE THE MIRACLE AND THE MESSAGE 10 MOTHER TERESA

Scan code with camera or visit signup.formed.org
 Enter "Medicine Hat" click on "Holy Family"

FORMED FAITH AT HOME

If you are passionate about the dignity of life & would like to know more about what the Catholic Church teaches regarding the dignity of life, please join us.



Prayer and Adoration
2nd Tuesday of the month at 7:00pm in the Chapel.

Education Evening
4th Monday of the month at 7:00pm in the Faith Room.

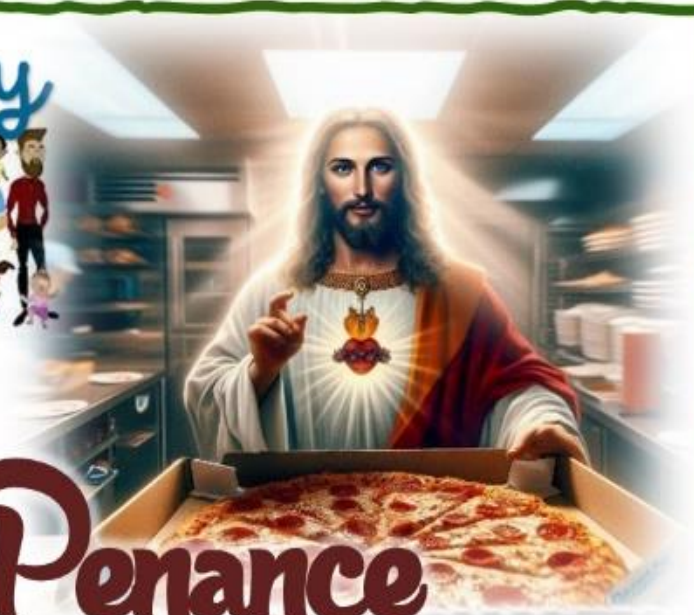
Information
Valerie at 587-588-5788
Sonia at 403-528-0028

HOLY FAMILY PARISH
MEN'S PRAYER GROUP
 Thursday Mornings - 7:00 to 7:30 – Faith Room
 Open to all men seeking to nurture their relationship with God and each other through prayer, song and reflection on the daily scripture readings.
 More Information - Gord 527-7423 or Alan 527-4169
 Pamphlets available at the Greeting Desk
REAL MEN PRAY



DONATE TODAY...
accounting@holyfamilymh.ca

Faith & Family



Sunday, June 30

2:00-4:00pm

Holy Family

Parish Hall

**Penance
& Pizza**

Faithfully
FAITH. LIVED. FULLY.

catholiccyc.ca/Faithfully keeps you updated
with what's happening in and around our Diocese!

SUMMER BIBLE CAMP

July 8th -12th at 8:00am to 12:30pm

All welcome to attend the mass at 8:30am

Mid Morning Snack & a T-shirt is provided

\$25/child, \$20/for additional siblings

1 form for each child needs to be filled out

DEADLINE IS JULY 3, NO LATE ENTRIES, PLEASE.

We need adult volunteers for Camp to happen!

Contact Tammy at 403-866-7886 or tammylynnpeterson@gmail.com

Notre Dame Academy



Notre Dame Academy is very proud to be one of the nine Catholic Schools within the Medicine Hat Catholic Board of Education (MHCBE).

At NDA, we offer a variety of innovative programs such as Lego-robotics, Rocketry, Carpentry, Plumbing, Gaming Concepts, Drama, Food Studies, Art, Outdoor Education, Esports and more to keep our students engaged. This year, we are introducing a new Archery program and a Graphic Design program, with plans for a Volleyball and Basketball Academy next year.

We value our community partnerships, including our strong collaboration with Medicine Hat College, which allows us to provide exceptional Industrial Arts programs. Our sports academy and sports teams have also been a great success, attracting interest from other districts. Additionally, we have partnerships with Under Armor and Source for Sports.

Our school focus revolves around building effective relationships, living our faith through service, and helping all students learn. We believe that open communication with all stakeholders is vital for further development and improvement.

We would like to thank all the parishioners and staff of Holy Family Parish and St. Patrick's Parish for allowing us to be part of a loving parish community.



**Medicine Hat Catholic
Board of Education**



12th Sunday in Ordinary Time, Year B

JUNE 23, 2024

HE COMFORTS US

As we continue our faith journey, the Sacred Scripture Readings this week are reminding us that God is all powerful and he comforts us in the storms of life we face. He is omnipotent who has created the universe out of nothing because "he says, and it happens".

A young tree faced many storms through its young life. The powerful winds, torrential rains, famine, ice, and snow would lie across its branches. At times the young tree questioned its maker asking, "Why have you let so many storms come into my life?" His maker whispered, "You will understand one day, stand firm, you will make it through the storms of life." "The challenges will pass, keep this in mind."

The tree questioned his master, "If I go through one more winter the snow will surely break my branches if I face any more powerful wind I will surely be uprooted and moved away." His maker whispered, "Stand strong, dig your roots deep into the soil, you will understand someday." Somehow the young tree kept the positive thoughts in his mind and managed to survive and make it through even the toughest of storms.

Somehow, even in the toughest of times, when the things it went through should have broken it down, it found a way to stand firm even through the worst of storms.

As a young tree grew taller, stronger, and matured the tree realized the storms of life had made it stronger. How many of you have faced with adversity in your life?

Have you been faced with hard economic times, sickness, death, or other trials in your life? How well were you able to cope with the challenges that you were facing at the time? How well were you able to weather the storm in life that you were in?

Did anyone ever share motivational stories with you that inspired you to weather on through the personal storms even though the times were rough and wearisome?

Most people going through challenges in life won't realize that there is something to be learned from the experience. If this big problem can be prevented from ever happening again, then be aware of its causes. Perhaps, better solutions can also be considered just in case a new challenge presents itself in the future. After every storm, pick up the pieces, mend the broken parts, and move on. The storms in our lives shouldn't make you frightened or weak. Instead, look at storms in your life as something that can make you a stronger and a better person. Life is not about waiting for the storms to pass... It's

about learning how to dance in the rain. A bend in the road is not the end of the road... unless you fail to make the turn.

In life, things happen around us, things happen to us, but the only thing that truly matters is how do we choose to react to it and what we make out of it. Life is not a piece of cake to enjoy all the time neither it is the bed of roses to rest but a constant struggle to face the storms of our life.

As we begin the Sunday readings of Ordinary time, after the solemnities of the Most Holy Trinity and Corpus Christi, we begin to reflect on who God is for each of us. What do we think of God? How have we experienced God in our lives? How many times have we experienced storms in our lives and thought that the Lord was asleep, that God was not concerned, that God was simply ignoring us? The world tells us there is no God because God was there then these things shouldn't happen and we happily accept it. Life is full of storms. At times, they can become so strong and strange that our human strength can no longer support us. At such moments fear and complains might take over the central stage of our life. Even in some cases, we might lose our faith in God, thinking that he has abandoned us or that he does not exist. These storms come in different forms. They could be problems in our marriage, our children who are not responding well, lack of good job, poor finance, inability to procreate, or a prolonged sickness that has defiled all treatments. They could also be the inability to find or maintain a good and stable relationship or falling out with people all the time. They could also be poor results in our academics or business. The list is unending, but these represent the realities we face every day. The truth is that there is no assurance that our lives would be completely free of storms. But the Gospel today lets us know that God is always aware of what is happening in our lives, even when He seems asleep, unconcerned and uncaring. The Gospel invites us to a deep level of trust in our God. God loves us and cares for us always and will not let us perish. We don't always understand the ways of God—and that should never surprise us. God sees all and knows all, and our vision and knowledge is so restricted! St. Peter says, "cast your care on to him, for he cares for you" and Prophet Isaiah says, "Surely he has borne our infirmities and carried our diseases; yet we accounted him stricken, struck down by God, and afflicted" (53:4).

A man and his teenage daughter were driving home after a day out together. The daughter was learning to drive at the time and needed practice, so asked her father if she could drive. Being a supportive and encouraging man, he said, 'Absolutely.' They stopped the car, swapped seats and the daughter started driving. The father was very impressed by what an attentive and competent driver his daughter was. After a short time driving, big black clouds started rolling in and they could both see a storm coming. The daughter started to get a little concerned and asked her father whether they should pull over and wait for the storm to pass. The father looked at her and said, 'No, we'll be fine, keep driving.' So, with his confidence in her, she kept driving.

Soon, the wind started blowing and the rain started falling and it was getting quite heavy. The girl, started to get scared said, 'Dad, I think I should pull over and wait for the storm to pass.' But again, the father said, 'No darling, just keep driving through the storm.' She trusted her father and God, so she kept going. It didn't take long before the storm really started to reach its full force. There was thunder, lightning and the rain was pelting against the windscreen, making it difficult to see even just a few feet ahead. All the other cars on the road were pulling over and stopping. The terrified girl again asked her father, 'Shouldn't we stop? All the other cars are. It's hard to see and I'm scared.' The father, in the same calm and relaxed fashion, said again, 'No, keep driving through the storm.'

Very soon they were through the storm. The rain stopped, the wind eased, and the sun started to break through the clouds. The girl was visibly shaken, but relieved and proud of herself, as she looked at her father, smiling. After regaining her composure, she asked, 'Why did we keep driving through the storm dad, when stopping seemed to be the safer thing to do?' The father requested that she stop the car at that point. They pulled over, got out of the car, looked back along the road they had just travelled, and the storm they had just come through, and he asked the girl, 'Where are all the people who stopped?' She looked quizzically, shrugged her shoulders and said, back there somewhere, in the storm.' 'Yes,' her father replied, 'they stopped and so they are still in the storm and will be stuck there longer. We kept driving and we made it out the other side.'

There are two powerful messages in this inspiring story. The first is to keep moving when you are dealing with a storm in your life. Don't; stop, give-up, have a tantrum, start blaming, go into victim-mode or believe you aren't good enough. Keep moving forward one step at a time, taking positive action and soon you will be through the storm in your life, whatever it may be. The second message is one I believe may be even more powerful. If the girl didn't have her father by her side encouraging her to keep going, what would she have done? She would have stopped in the storm and been stuck in it for longer, right?

We all are aware about the story of Job that though he was a righteous man on earth, but he suffered and lost everything. Everyone came to tell him to speak against God and die including his wife and friends, but he trusted in the Lord, and he was blessed with everything in twofold. During the storms of our life, we experience the darkness of fear, hopelessness, brokenness, stress, depression, and suffering. And Holy Father Pope Francis reflection on the Gospel says, "When evening had come" (Mk 4:35). The Gospel passage we have just heard begins like this. We find ourselves afraid and lost. Like the disciples in the Gospel, we were caught off guard by an unexpected, turbulent storm. We have realized that we are in the same boat, all of us fragile and disoriented, but at the same time important and needed, all of us called to row together, each of us in need of comforting the other. On this boat... are all of us. Just like those disciples, who spoke anxiously with one voice, saying "We are perishing", so we too have realized that we cannot go on thinking of ourselves, but only together can we do this".

There are two basic truths that the gospel reveals to us about these problems. The First is that Christ is with us in that boat and, is aware of the storm we are battling with. So, we cannot be with Him and yet sink. It is not possible! The second is that no matter how experienced we think we are in navigating our own boat, we cannot overcome our storms alone. Hence, Christ tells us: "Apart from me, you can do nothing." There is no doubt that before inviting Christ, his disciples made much effort to control their own boat. However, when they failed, they cried out: "Lord, do you not care if we perish?" Of course, Christ intervened because he assured us: "Call upon me in times of trouble and I will help you" (Ps 50: 15).

Whenever we fail in action and feel depressed, we should not forget about God because he helps us "I have heard the cry of my people and have come down to save them" However we need to open our hearts to include him in our all means to deal the storms of our life as just in the following story we read.

A professor stood before his philosophy class and had some items in front of him. When the class began, he wordlessly picked up a very large and empty mayonnaise jar and proceeded to fill it with golf balls. He then asked the students if the jar was full. They agreed that it was. The professor then picked up a box of pebbles and poured them into the jar. He shook the jar lightly. The pebbles rolled into the

open areas between the golf balls. He then asked the students again if the jar was full. They agreed it was. The professor next picked up a box of sand and poured it into the jar. Of course, the sand filled up everything else. He asked once more if the jar was full. The students responded with a unanimous 'yes.' The professor then produced two Beers from under the table and poured the entire contents into the jar effectively filling the empty space between the sand. The students laughed. 'Now,' said the professor as the laughter subsided, 'I want you to recognize that this jar represents your life. The golf balls are the important things---your family, your children, your health, your friends and your favorite passions---and if everything else was lost and only they remained, your life would still be full. The pebbles are the other things that matter like your job, your house and your car. The sand is everything else---the small stuff. 'If you put the sand into the jar first,' he continued, 'there is no room for the pebbles or the golf balls. The same goes for life. If you spend all your time and energy on the small stuff you will never have room for the things that are important to you. Pay attention to the things that are critical to your happiness. Spend time with your children. Spend time with your parents. Visit with grandparents. Set your priorities. The rest is just sand!'

There are three things we must continue to do. First, rather than live in fear, sit and complain like Job, or give up completely, let us cry out and invite the Lord to help us. This is because: "Our help comes from the Lord who made heaven and earth" (Ps 121, 1-2). Second, we must continue to show profound faith in God, his Son Jesus Christ, and in the Holy Spirit. That is, faith that makes us believe that God created us in love sustains us with his providence and will save us through his mercy. Third, we must continue to be thankful to God in all circumstances of our life. So, with the psalmist let us: "...Give thanks to the Lord, for his love and mercy endures forever."

It is easy to recognize ourselves in this story. What is harder to understand is Jesus' attitude. While his disciples are quite naturally alarmed and desperate, he stands in the stern, in the part of the boat that sinks first. And what does he do? Despite the tempest, he sleeps soundly, trusting in the Father; this is the only time in the Gospels we see Jesus sleeping. When he wakes up, after calming the wind and the waters, he turns to the disciples in a reproaching voice: "Why are you afraid? Have you no faith?". Let us try to understand. In what does the lack of the disciples' faith consist, as contrasted with Jesus' trust? They had not stopped believing in him; in fact, they called on him. But we see how they call on him: "Teacher, do you not care if we perish?". Do you not care? They think that Jesus is not interested in them, does not care about them. One of the things that hurts us and our families most when we hear it said is: "Do you not care about me?" It is a phrase that wounds and unleashes storms in our hearts. It would have shaken Jesus too. Because he, more than anyone, cares about us. Indeed, once they have called on Him, He saves His disciples from their discouragement.

Holy Father says the storm exposes our vulnerability and uncovers those false and superfluous certainties around which we have constructed our daily schedules, our projects, our habits and priorities. It shows us how we have allowed to become dull and feeble the very things that nourish, sustain and strengthen our lives and our communities. The tempest lays bare all our pre-packaged ideas and forgetfulness of what nourishes our people's souls; all those attempts that anesthetize us with ways of thinking and acting that supposedly "save" us, but instead prove incapable of putting us in touch with our roots and keeping alive the memory of those who have gone before us. We deprive ourselves of the antibodies we need to confront adversity".

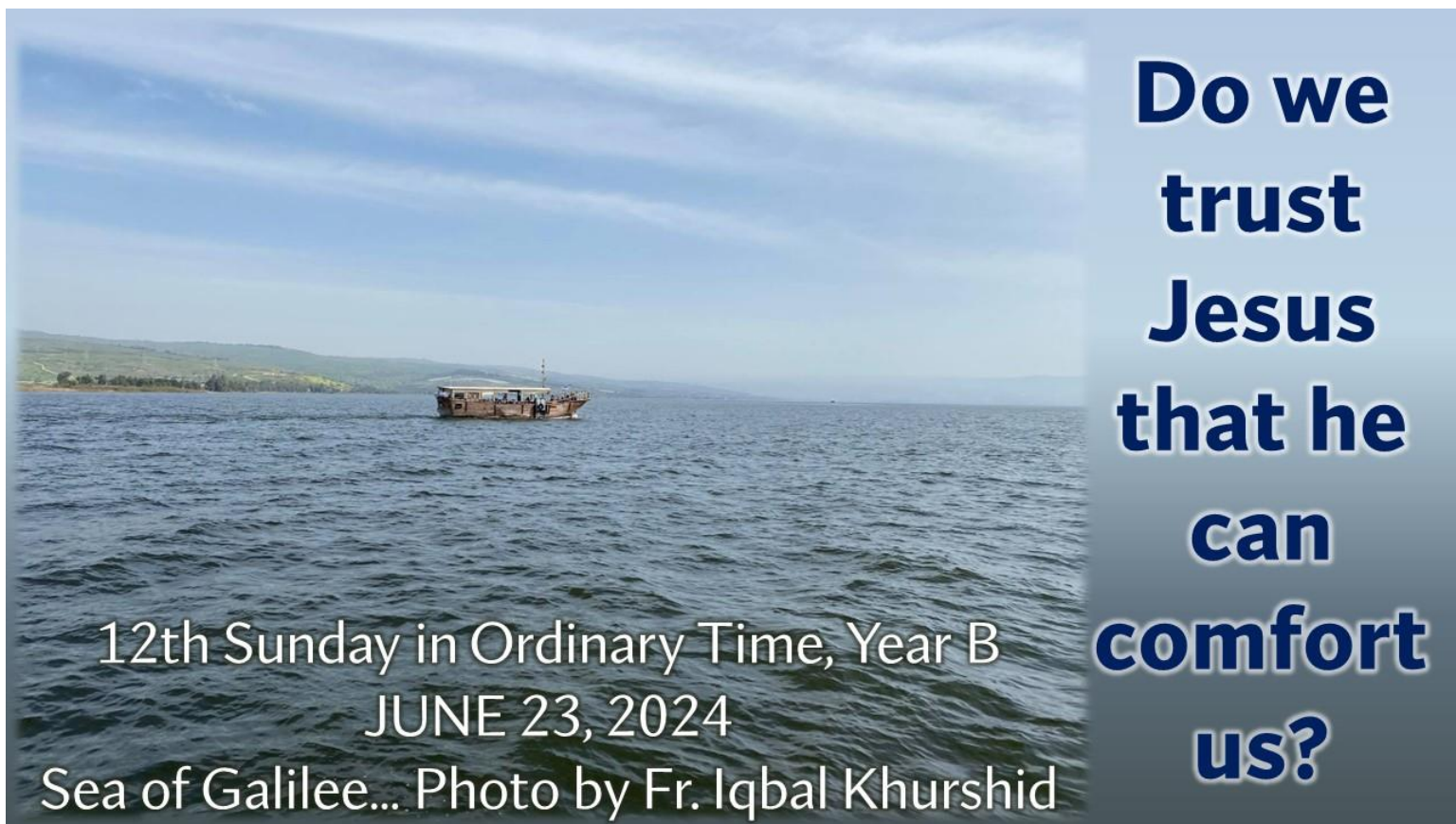
The Lord asks us and, amid our tempest, invites us to reawaken and put into practice that solidarity and hope capable of giving strength, support and meaning to these hours when everything seems to be floundering. The Lord awakens to reawaken and revive our Easter faith. We have an anchor: by his

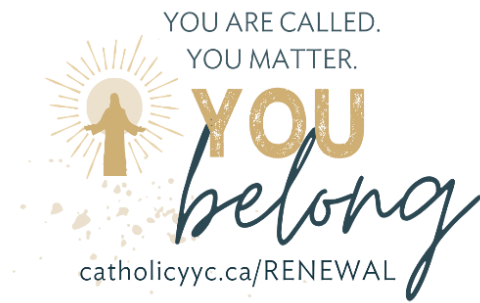
cross we have been saved. We have a rudder: by his cross we have been redeemed. We have a hope: by his cross we have been healed and embraced so that nothing and no one can separate us from his redeeming love. Let us once again listen to the proclamation that saves us: he is risen and is living by our side. The Lord asks us from his cross to rediscover the life that awaits us, to look towards those who look to us, to strengthen, recognize and foster the grace that lives within us. Let us not quench the wavering flame (Is 42:3) that never falters and let us allow hope to be rekindled.

Embracing his cross means finding the courage to embrace all the hardships of the present time, abandoning for a moment our eagerness for power and possessions to make room for the creativity that only the Spirit is capable of inspiring. It means finding the courage to create spaces where everyone can recognize that they are called, and to allow new forms of hospitality, fraternity and solidarity. By his cross we have been saved to embrace hope and let it strengthen and sustain all measures and all possible avenues for helping us protect ourselves and others. Embracing the Lord to embrace hope: that is the strength of faith, which frees us from fear and gives us hope. St. Peter says, "cast all our anxieties onto him, for he cares about us" (1 Pet 5:7).

He stands with us to make our lives easy, but we need to call on him and trust in him who keep saying to us "come to be all that weary and carrying have burden and I will give you rest"

Do we trust Jesus that he can comfort us?





DIOCESAN SUNDAY UPDATES

12th Sunday in Ordinary Time

Life in the Spirit Seminar

The CCCRS invites you to a Life in the Spirit weekend on **June 28-29 at Sacred Heart Church in Calgary**, with speakers Fr. Arjay Abanto and Fr. Gabriel Arihi. The Life in the Spirit Seminar aims to deepen participants' understanding of the Holy Spirit, foster a personal encounter with Christ, and encourage more active participation in the life of the Church. Register via email to cccsevents@gmail.com. Come and Experience the Joy of Encountering Jesus!

Tea with the Sisters

The Religious Sisters of the Calgary area communities invite young ladies to "Tea with the Sisters" for a summer kick-off event. When: **Saturday, June 29 from 2 pm to 4 pm at Providence Convent** (150 Providence Blvd SE, Calgary). Girls under 18 are welcome to attend, if accompanied by an adult. Register by June 27 to Sr. Dianne at sisterdianneturner@calgarydiocese.ca

Pope's Prayer Intention for June 2024 - For those fleeing their own countries

Let us pray that migrants fleeing from war or hunger, forced to undertake journeys fraught with danger and violence, may find welcome and new living opportunities in their host countries.

World Day for Grandparents and the Elderly

We will be celebrating World Day for Grandparents and the Elderly on **Sunday, July 28, 2024**. The Dicastery for Laity, Family and Life has prepared a Pastoral Toolkit to promote "a Day without loneliness". The toolkit includes a catechesis on old age, texts from the Magisterium, and pastoral suggestions for parishes, families, and individuals. Visit: laityfamilylife.va

Pray for Sr. Eve Mary

Sr. Eve-Mary (formerly Mary Serafini) from Calgary will profess her first vows as a Sister of Life next week! The Sisters of Life, dedicated to protecting and enhancing the sacredness of human life, announce that six of their Sisters will take the first vows on **Saturday, June 22**, at Sacred Heart Church in Suffern, New York. Livestream will be available at sacredheartparish.org/masses

Catholic Family Conference

This annual event brings hundreds of Catholic families and individuals together to celebrate faith and family. It is an opportunity to deepen their faith and to encourage one another in raising Catholic families in very challenging and troubling times. Steve Ray, a well-known convert, apologist and evangelist, Ken and Janelle Yasinski, Brian Holdsworth and Brendan McCauley are the weekend keynote speakers. When: **June 28-July 1, Lac Ste. Anne, AB**. For information and to register, go to www.catholicfamilyministries.com

Career Opportunities

We are currently seeking passionate individuals for the following positions:

- **Archivist - Pastoral Centre** (Full-time)
- **Administrative assistant** (Part-time) - St. Pius X, Calgary
- **Sacrament Preparation Coordinator** (casual) - St. Pius X, Calgary

In our Catholic community:

- **Retreat & Program Coordinator** - FCJ Centre, Calgary
- **Catholic Math Tutor; Admin Assistant** - St. John Choir Schola, Calgary
- **Various positions** - Clear Water Academy, Calgary; Calgary Catholic School District

For more information, visit catholicyc.ca/careers

Truth & Reconciliation Conference "Braiding Together"

Come join RMEC as they engage in critical conversations in response to the Calls to Action of the Truth and Reconciliation Commission, exploring our individual and collective journeys as we walk together, fostering authentic and inclusive relationships as we celebrate diversity and work towards healing and wholeness, attentive in heart, mind and soul. When: **Oct 18-19, 2024 at the Banff Centre**. Early bird rate ends June 30, 2024. Register at braidingtogether.ca

World Day of Migrants & Refugees

In his message for the World Day of Migrants and Refugees (**Sep 29, 2024**), Pope Francis reminds us, "Let us take our most vulnerable brothers and sisters by the hand, recognize in them the face of

Jesus, and share a part of the road together. Find resources for World Day at humandevlopment.va

Summer camps at Our Lady of Victory Camp

Our Lady of Victory Camp is a week-long, overnight summer camp, owned and operated by the Catholic Archdiocese of Edmonton. Our mission is to support families and youth ministry initiatives in the Archdiocese and beyond by creating a place for young people to Encounter Christ, community, and creation. When: **July - August 2024** - for Gr. 4-12 - Please visit camps.caedm.ca/summercamp



WHY ARE YOU AFRAID?

MARK 4: 40 HAVE YOU STILL NO FAITH?

YOU ARE called
YOU MATTER.
YOU BELONG.

12th SUNDAY IN ORDINARY TIME

catholicyc.ca/RENEWAL

FORMED[®]

THE CATHOLIC FAITH.
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An offering from the  AUGUSTINE INSTITUTE and  ignatius press

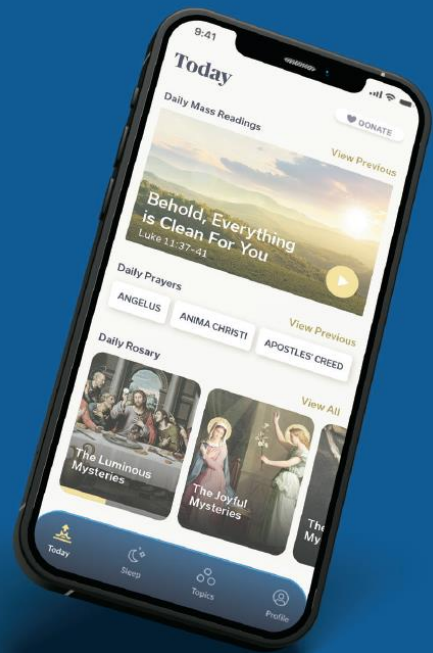
AmenTM

The *Free* Catholic Prayer,
Meditation, and Scripture App

- 1 Scan this with your phone camera
- 2 Download the app
- 3 Enjoy the content you want



Visit amenapp.org for more information



An offering from the  AUGUSTINE INSTITUTE

Joe McKenna Council #9502 Knights of Columbus

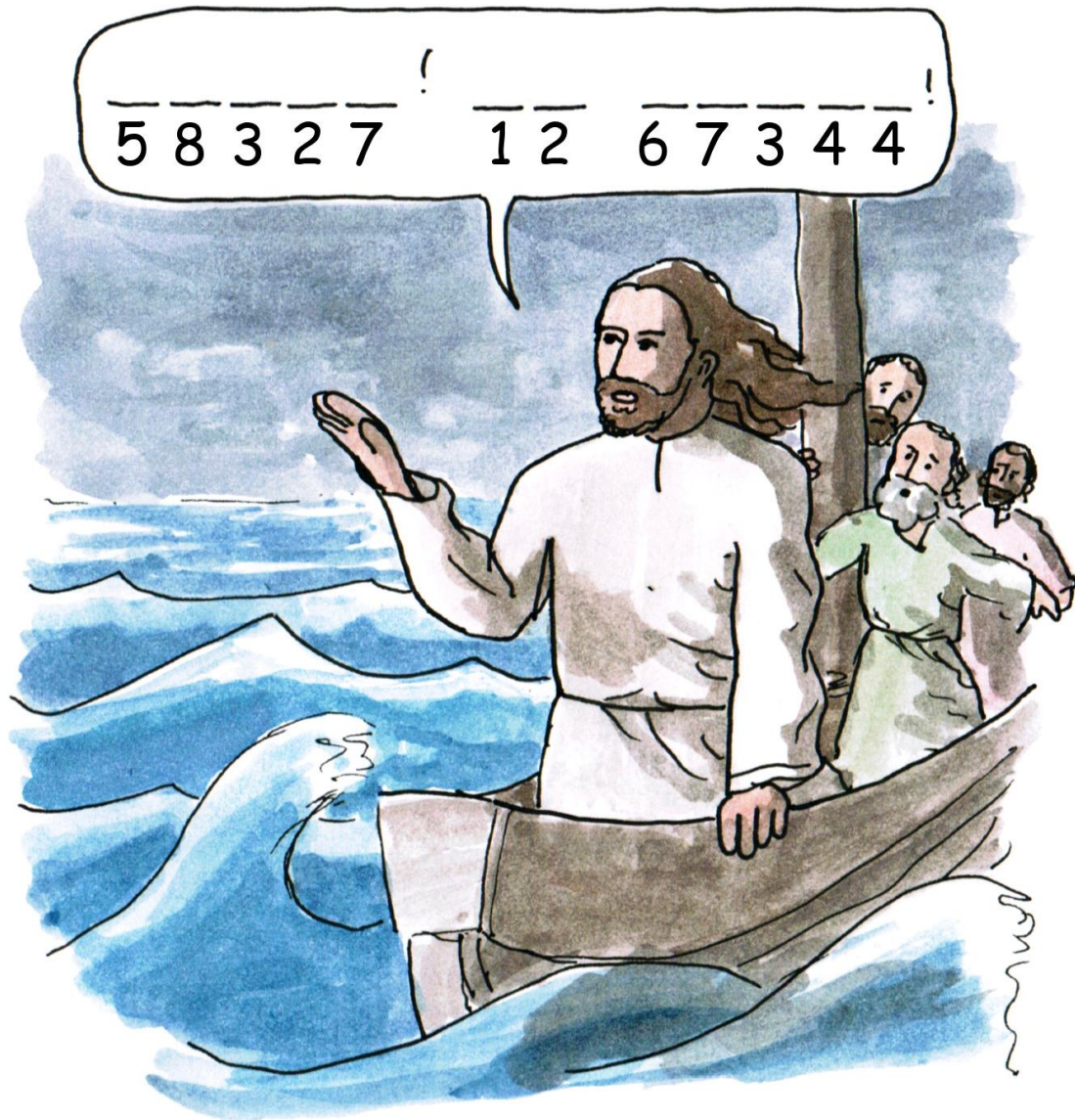


Position	Name
Grand Knight	Greg Martin
Deputy Grand Knight	Jimmy Tablan
Financial Secretary	Pat Ries
Treasurer	Ron Pisoni
Chancellor	
Recorder	Pat Brigham
Advocate	Andy Hamel
Warden	Walter Pratt
Inside Guard	Dale Maddaford
Outside Guard	Michael Camphor
Year 1 Trustee	Herb Durda
Year 2 Trustee	Gary Heinbecker
Year 3 Trustee	Kent Friedt
Lecturer	Rick Brown
Membership Director	Garry Lux
Faith in Action Program Director	Greg Martin
Faith in Action Life Director	Allan Lawson
Faith in Action Family Director	Jimmy Tablan
Faith in Action Faith Director	Darrell Bonagofsky
Faith in Action Community Director	Ron Pisoni
Pastoral Parish Council Representative	Garry Mastel

2023-24 Knights Events
Date & Activity
Sunday, September 10 Corn Roast
Sunday, September 24 Knights Mass
Sunday, October 15 Breakfast
Sunday, November 19 Breakfast
Saturday, December 9 Knights Mass
Sunday, December 17 Christmas Breakfast
Sunday, January 21 Breakfast
Sunday, February 25 Breakfast
Sunday, April 7 Breakfast
Sunday, May 5 Breakfast
Sunday, June 23 Parish Picnic

The Kids' Bulletin

12th Sunday in Ordinary Time
June 23rd, 2024



In today's Gospel reading Jesus fell asleep in the boat with the apostles when a big storm came up. The apostles were frightened and woke Him. Jesus stood up and said something and the storm and the sea obeyed Him.


What did he say? Use the code to find out!

B	E	I	L	Q	S	T	U
1	2	3	4	5	6	7	8

Saint Josemaria Escriva

June 26

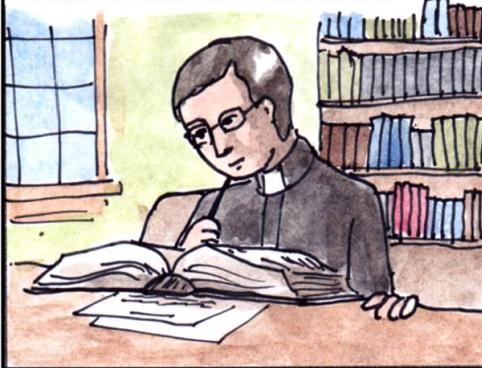
JOSEMARIA WAS BORN IN SPAIN IN 1902 TO A DEVOUT FAMILY. WHEN HE WAS A TEENAGER HE REALIZED THAT GOD HAD A PLAN FOR HIM.




* Bare feet in this cold!?

* I must be able to offer something to God too!

HE BECAME A PRIEST AND ALSO STUDIED THE LAW.



WHEN HE WAS 26, ST. JOSEMARIA STARTED OPUS DEI, WHICH MEANS WORK OF GOD.



God wants everyone to be holy, not just priests...

The everyday work you do is participating in God's creation.




OPUS DEI IS AN ORGANIZATION THAT HELPS LAYPEOPLE BE HOLY IN THE WORLD.

DURING THE SPANISH CIVIL WAR MANY PRIESTS WERE KILLED, BUT FR. JOSEMARIA SURVIVED.



Lord, protect me and other priests!

MANY BISHOPS BEGAN TO ASK HIM TO LEAD RETREATS FOR PRIESTS.



Yes, I will come! Which week works best for you?

I've heard the new hospital is excellent!



Me too! Have you read Fr. Josemaria's book, "The Way?"

SOON OPUS DEI WAS OPENING SCHOOLS AND HOSPITALS. ST. JOSEMARIA WROTE TO MANY PEOPLE TO GUIDE THEM TO LIVE A HOLY LIFE IN THE WORLD.

SAINT JOSEMARIA DIED IN HIS WORK ROOM WHEN HE WAS 75. HE HAD SPENT HIS LIFE TRAVELING AND WRITING TO TELL PEOPLE THAT EVERYONE CAN BECOME HOLY AND HAPPY IN THEIR EVERYDAY WORK. YOU DON'T HAVE TO BE A PRIEST OR A NUN TO BE A SAINT. YOU CAN BE A SAINT WITH AN ORDINARY JOB!

Psalm 107 Word Puzzle

*Unscramble the missing words
and use the letters in boxes to fill the blanks at the end.*

They who sailed the sea in ___ ⁶ ___ (HSPIS)
trading on the deep ___ ⁵ ___ (SRTAWE)
These saw the works of the Lord
and his wonders in the abyss.

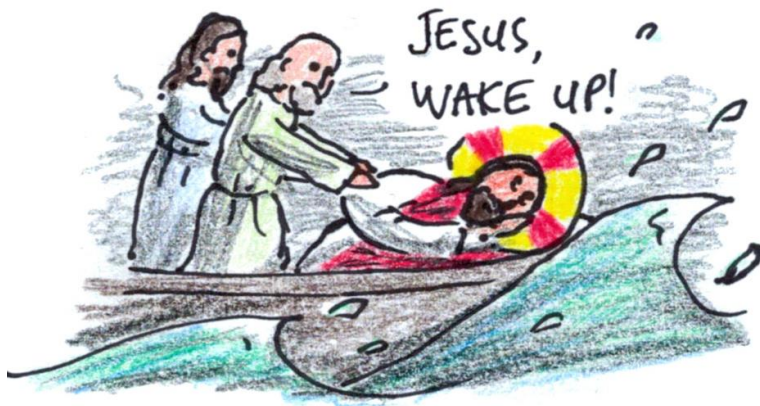
His command raised up a storm wind
which tossed its ___ ⁴ ___ (VWESA) on high.
They mounted up to heaven; they sank to the depths;
their hearts melted away in their plight.

They cried to the Lord in their distress;
from their straits
he ___ ³ ___ (UCESRED) them.
He hushed the storm
to a gentle ___ ² ___ (EBERZE)
and the billows of the sea
were ___ ¹ ___ (LSTILDE)

They rejoiced that they were calmed,
and he brought them to their desired haven.
Let them ⁸ ___ (VGIE) thanks to the Lord
for his kindness
and his wondrous deeds to the
___ ⁷ ___ (RNECLDIH) of men.

This is a story of sailors 1 2 3 4 5 6 7 8 **in God.**

Trust in God



In today's Gospel reading the apostles became very afraid when a storm came up and the boat they were in started to sink.

Jesus was asleep in the boat, but when they woke Him up He told the storm to stop and it did!

Have you ever been very afraid? There are lots of things that can really scare us. Jesus wants us to turn to Him with faith when we are afraid. Sometimes God lets us be scared so that we will remember to ask Him for help.



If ever you feel scared, pray to Jesus right away. He can help to calm your fear, and He can help you to make good decisions. God is always there for us, even when things seem hopeless!



Here's an easy prayer you can say:
Jesus, I trust in You!

Answer to front page: Quiet! Be Still!
Answer to Psalm 107 Puzzle: ships, waters, waves,
rescued, breeze, stilled, give, children. TRUSTING



Who is Jesus? Do I need a church?

Why do I exist?

Teens in your parish are actively looking for answers to these questions. Unfortunately, the world is not providing the proper guidance to point them in the right direction.

But you can help change this. Equip your teens with the tools to help them discover the best answers to these questions with The Search Begins.

[CLICK HERE TO WATCH THIS TRAILER](#)

The Search Begins is a seven-episode video series adapted from the Augustine Institute's award-winning series The Search. It invites teens in your parish to find meaning in their everyday lives. This program shares the answers to the fundamental questions of life so they can live more for God. A life of purpose!

Guide your teens to real, satisfying answers about their life and the person of Jesus Christ now with The Search Begins.

THE
SEARCH
BEGINS

Order the [Leader's Kit](#) or [Deluxe Leader's Kit](#) on Catholic Market.

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where we are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.



Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





Why Support Coldest Night of the Year?

This event is not just a walk; it's a symbol of solidarity and support for those facing difficult circumstances in our community. By participating or contributing, you can directly impact the lives of individuals and families in need.

How Can You Get Involved?

We would greatly appreciate your support in spreading the word about Coldest Night of the Year and encouraging participation from your **church**. Stay tuned for more information and details about registration, which will be opening later this year.

Your involvement and support will make a meaningful difference in the lives of those we serve, and we are incredibly grateful for any assistance you can provide. Thank you for your consideration and support. Together, we can make a positive impact and show compassion to those who need it most.

Warm regards,
Joanna



SCOTIABANK GROUP PRESENTS THE 22ND ANNUAL



Charity Golf Classic

Thursday September 5th, 2024



Registration now open!

We're excited to invite you to join us **Thursday, September 5th, 2024** for the 22nd Annual Medicine Hat Women's Shelter Society Charity Golf Classic, presented by Scotiabank Group! This year's tournament will be taking place again at the Medicine Hat Golf & Country Club.

\$175/golfer or \$700/team

(Includes lunch, cart, golf, buffet dinner and more!)

Register by **June 30th** to be entered in a draw for a \$50 gift card for Moxies Restaurant!

Schedule:

Noon - Lunch

1PM - Shotgun Start

6PM - Dinner & Awards

Register Online Today!

Or by calling 403-527-8223 or emailing info@mhws.ca!

For more information about sponsorship opportunities please contact Deidre Giesbrecht at deidreg@mhws.ca or 403-527-8223. Sponsorships are also available through our online registration page.



CONNECT 24/7

Help Line: 403-529-1091

Toll Free: 1-800-661-7949

Text Line: 587-850-5885

Web Chat: www.mhws.ca

Administrative Line: 403-527-8223



Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holyfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESPOND to it, you can forward it to contact@holyfamilymh.ca so it can be sent to the diocese.