



Welcome to HOLY FAMILY PARISH

CORPUS CHRISTI SUNDAY – YR. B SUNDAY, JUNE 2, 2024

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Phone 403-527-6933

Facebook: Medicine Hat Holy Family Parish ~ YouTube: Medicine Hat Holy Family Church

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid &
Deacon Robert Risling

RECONCILIATION...

Friday 9:30am–10:30am.
& Saturday 3:30–4:45pm.

MASS TIMES... MONDAY to FRIDAY at 9:00AM

FIRST SATURDAY OF MONTH at 8:00AM, SATURDAY at 5:00PM
SUNDAY at 8:30AM, 10:30AM & 6:00PM

THE CHAPEL IS OPEN

MONDAY - FRIDAY 9:30am - 4:00pm
ADORATION FRIDAY 9:30 – 10:30am

Knights of Columbus – Greg Martin

Catholic Women's League – Cathy Koch

Parish Pastoral Council Chair - Gary Heinbecker

Parish Finance Council Chair - Cheryl Pocsik

**We acknowledge that Treaty 7
Territory, on which we stand, is the
ancestral land of the Indigenous
Peoples and is common home to
everyone in Virtue of God, our
Creator's Gracious Gift.**

Alleluia. Alleluia. I am the living bread that came down
from heaven, says the Lord; whoever eats of this bread
will live forever. **Alleluia.**

John 6:51-52

Corpus Christi
Sunday

June 2, 2024

† Masses & Mass Intentions †

Saturday, June 1

8:00am - Clarise Bicknell †

5:00pm - Lena Schafer †

Sunday, June 2

8:30am - Tom Weisgerber †

10:30am - Frank Tomcala †

6:00pm - Holy Family Parish

Monday, June 3

9:00am - Nathan Sehn

Tuesday, June 4

9:30am - Joseph Stanley †

6:00pm - Jerome Walz

Wednesday, June 5

9:00am - Orlando & Virginia Cabral †

Thursday, June 6

10:00am - Anne Tomcala

Friday, June 7

9:00am - Adolf Wagner †

OPERATING FINANCES**APRIL 1-30, 2024**

Operating Budget 2022	\$ 60,990
General Envelope Collection	\$ 45,694
Loose Collections	\$ 3,116
Future Development	\$ 4,608
Sale of Church Supplies & Other	-\$ 7,972
\$ 45,446 - Budget Vs Actual	-\$ 15,544

SPECIAL COLLECTIONS

Together in Action (TIA)	\$ 4,179
St Vincent de Paul	\$ 3,282
World Mission	\$ 25
Clergy Retirement	\$ 190
Mission Mexico	\$ 115
CARO	\$ 55
Seminary Fund	\$ 1,770
Holy Land	\$ 65

Thank You for your Generous Contributions

Average Weekly Attendance	1,261
----------------------------------	--------------

HAPPENINGS IN HOLY FAMILY PARISH

Saturday, June 1

8:00am – 1st Saturday Mass – HFP Sanctuary

10:00am – Benedictine Group – Hope Room

Sunday, June 2

3:30pm – Nerf Wars – Go Center

Monday, June 3

7:00pm – K of C General Mtg – Faith Room

Tuesday, June 4

9:30am – Grade 6 Graduation Mass

6:00pm – Healing Mass – HFP Sanctuary

7:00pm – CWL Executive Mtg – Hope Room

Wednesday, June 5

8:00am – Mary Novena – HFP Sanctuary

Saturday, June 8

10:00pm – Benedictine Group – Hope Room

Monday, June 10

6:00pm – K of C Wind Up – HFP Hall

Tuesday, June 11

9:30am – Work Bee – Everywhere

6:00pm – CWL Wind Up – HFP Hall

7:00pm – Life Ministry – Chapel

Wednesday, June 12

7:00pm – Altar Servers Practice – HFP Sanctuary



Year to Date: \$13,074 .
only 34% of total needed!

The amount needed before end 2024 is \$70,938.

Only 7 more months to go and \$46,653.
more to raise. Please give what you can to
meet our goal!

Your Generosity is Appreciated!

Jesus' sacrifice seals our covenant
with God forever.



Special Collections
June 2024

Future Development
Fund

Together in Action

VOCATIONS

June 2, 2024
 Corpus Christi
 Sunday

Receiving Eucharist is a real sign of unity in our Church. God nourishes us with the "Bread from Heaven" if we have ordained priests to celebrate the Liturgy. If you feel the inclination towards a Church vocation, please contact the Office of Vocations at 403-218-5500 or email Fr. Cristino Bouvette

vocations@calgarydiocese.ca www.catholicyycc.ca/vocations.html

Take. Eat. Drink.

Oh, some of us still long to gather with the Church on Sunday to do Eucharist, to give thanks. Some of us still yearn to come to Mass and share in Communion. We long to both eat and drink the Lord Jesus Christ. This holy dining tells us who and whose we are. Soon, pray.

† If I can come to the church on Sunday, for what do I give thanks?

† How can I help those who still cannot come because of Covid 19 mitigations?

† If I cannot come to the church on Sunday, how will I still choose to give thanks?



Your voice matters! Help shape the future of our parish community and our journey of discipleship.

The Pastoral Renewal Survey for our parish is now LIVE until June 14.

Complete the Survey now at

<https://TINYURL.COM/RENEW-P6>



First Saturday Mass

The 1st Saturday of each month at 8:00am

June 1, 2024



The Catholic Woman's League are collecting for this great cause.



16th Annual Formula

RETURN BOTTLES TO CWL THIS WEEKEND JULY 1st & 2nd

Mother's Day, May 14 to Father's Day, June 18, 2023



CWL will be collecting for Nurture Pregnancy Support for 4 weeks, starting weekend of May 11/12 until weekend June 1/2.



FREE Sunday, June 2nd, 3:30-6:00pm FREE

Big Marble Go Centre - Fieldhouse #2

Limited to 50 participants, ages 6+ to Adult
Information and to Pre-Register, contact Derek Ballinger at ballingd@gmail.com

Knights of Columbus
General Meeting
June 3 at 7:00pm
Faith Room



Catholic Women's League (CWL)
Executive Meeting
June 4 at 7:00pm
Hope Room

HEALING MASS

"COME TO ME, ALL YOU WHO ARE WEARY AND BURDENED..."

1ST TUESDAY EACH MONTH AT 6:00PM

JUNE 4, 2024



THE FIRST WEDNESDAY OF THE MONTH THE LEGION OF MARY HOSTS THE MOTHER OF PERPETUAL HELP
NOVENA
BEFORE MASS AT 8:00AM
JUNE 5, 2024

Blumenfeld Pilgrimage

Sunday, June 9th, 2024

Bishop Mark Hagemoen
Supper following Mass

Rosary & Mass @ 3:00

Reconciliation 2:00-2:45

Bring lawn chairs, bug spray & umbrellas



Blumenfeld & District Heritage Site, Leader, SK.

16km south of Leader & 6.5km east (Blumenfeld Rd)

"Cemetery Project- to refresh and landscape the final resting place of our ancestors."

Facebook - Blumenfeld & District Heritage Site



Work Bee at Holy Family Parish

Tuesday June 11 at 9:30am to Noonish

Windows Exterior and Interior Sweep and vacuum all carpets. Kitchen and hall area.

What ever time you can spare it will be greatly appreciated, don't feel you have to be there for entire time.

Any concerns, question, suggestions, kindly contact Pat Ries, Maintenance Chair 403-458-0442

12 Hour Adoration

Friday, June 7, 2024
9:30am - 9:30pm
Reconciliation
9:30 - 10:30am
& 8:00 - 9:30pm

"And behold I am with you always, to the end of the age."
Matthew 28:20

Please help by signing up for a half hour time slot if you're able.

All parishioners welcome and encouraged to attend

The Solemnity of the Sacred Heart of Jesus

June 7

Knights of Columbus Council #9502

What: A **BBQ** celebrating a successful fraternal year.
When: **Monday, June 10, 2024 at 6:00pm**
Where: **Holy Family Parish Hall**
Who: **Open to all KofC members and their families.**
Menu: Beef on a bun, salads, cake, and ice cream.
Cost: FREE
How: **Contact Pat Ries before June 7...**
403-458-0442 or pjries@memlane.com,
to confirm **how many** people will be attending.

ALTAR SERVERS PRACTICE
Wednesday, June 12
7:00pm
Holy Family Parish Sanctuary

This practice is for all current altar servers & any children or adults who wish to become altar servers.

chalice.ca

Chalice Sponsorship Weekend

This June 15 & 16, open your heart to sponsor a child
Holy Family Parish

Listen...with the ear of your heart.
This is the opening line of the rule of St. Benedict. Come join us (Benedictine Oblates) in prayer as we listen to the voice of God in our lives.

We meet every Saturday morning at 10:00 in the Hope Room at Holy Family Parish.
For more information call Carol at 403-526-0415.

If you are passionate about the dignity of life & would like to know more about what the Catholic Church teaches regarding the dignity of life, please join us.

Holy Family Life Ministry

Prayer and Adoration
2nd Tuesday of the month at 7:00pm in the Chapel.

Education Evening
4th Monday of the month at 7:00pm in the Faith Room.

Information
Valerie at 587-588-5788
Sonia at 403-528-0028

HOLY FAMILY PARISH
MEN'S PRAYER GROUP

Thursday Mornings - 7:00 to 7:30 – Faith Room
Open to all men seeking to nurture their relationship with God and each other through prayer, song and reflection on the daily scripture readings.

More Information - Gord 527-7423 or Alan 527-4169
Pamphlets available at the Greeting Desk

REAL MEN PRAY



Children's Liturgy Sunday 10:30am

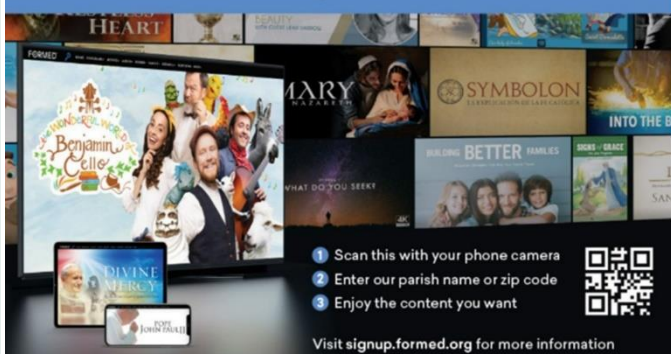
Information or to
Volunteer call
Tammy 403-866-7886

Faithfully
FAITH. LIVED. FULLY.

catholiccyc.ca/Faithfully keeps you
updated
with what's happening in and around
our Diocese!

FORMED®

THE CATHOLIC FAITH.
ON DEMAND.



USE
WITH



E-transfer
ONLINE GIVING



accounting@holyfamilymh.ca

**EMAIL SCAMS AGAIN FROM
PRIESTS, CHURCH, STAFF, ETC.**

NOBODY is going to ask you for gift
cards, or bit coins! **NOBODY!!!**

If you get an email or a text, **PLEASE**
DO NOT RESPOND to it,
JUST DELETE IT!

Listen to Mass on your phone...
Download the "Audio Fetch" app.
Our Network is: HFP_LIVE
The Password is: Liv3HFP*



Spending time with Jesus

The Chapel is Open
Monday – Friday 9:30am – 4:00pm
Adoration of the Blessed
Sacrament & Reconciliation
Friday 9:30-10:30am
Reconciliation
Saturday 3:30-4:30pm



Notre Dame Academy

Notre Dame Academy is very proud to be one of the nine Catholic Schools within the Medicine Hat Catholic Board of Education (MHCBE).



At NDA, we offer a variety of innovative programs such as Lego-robotics, Rocketry, Carpentry, Plumbing, Gaming Concepts, Drama, Food Studies, Art, Outdoor Education, Esports and more to keep our students engaged. This year, we are introducing a new Archery program and a Graphic Design program, with plans for a Volleyball and Basketball Academy next year.

We value our community partnerships, including our strong collaboration with Medicine Hat College, which allows us to provide exceptional Industrial Arts programs. Our sports academy and sports teams have also been a great success, attracting interest from other districts. Additionally, we have partnerships with Under Armor and Source for Sports.

Our school focus revolves around building effective relationships, living our faith through service, and helping all students learn. We believe that open communication with all stakeholders is vital for further development and improvement.

We would like to thank all the parishioners and staff of Holy Family Parish and St. Patrick's Parish for allowing us to be part of a loving parish community.



**Medicine Hat Catholic
Board of Education**



Solemnity of Corpus Christi, Year B

JUNE 2, 2024

HE IS OUR ETERNAL BREAD

After Easter Sunday we celebrate feasts of Divine Mercy, Good Shepherd, Ascension of the Lord, Pentecost, Holy Trinity, and Corpus Christi. All these feasts bring us closer to the Lord to experience his glory and love in our lives. Today we celebrate the Solemnity of the Precious Body and Blood of Our Lord Jesus Christ (Corpus Christi): a heavenly banquet which is a priceless gift of our Lord Jesus to us. In the words of Prophet Nehemiah his gift is beyond comparison and explanation: "For their hunger you gave them bread from heaven, and for their thirst you brought water for them out of the rock, and you told them to go in to possess the land that you swore to give them" (Nehemiah 9:15). In the Book of Wisdom, we read: "Instead of these things you gave your people food of angels, and without their toil you supplied them from heaven with bread ready to eat, providing every pleasure and suited to every taste. For your sustenance manifested your sweetness toward your children; and the bread, ministering to the desire of the one who took it, was changed to suit everyone's liking. Snow and ice withstood fire without melting, so that they might know that the crops of their enemies were being destroyed by the fire that blazed in the hail and flashed in the showers of rain; whereas the fire, in order that the righteous might be fed, even forgot its native power. Therefore, at that time also, changed into all forms, it served your all-nourishing bounty, according to the desire of those who had need, so that your children, whom you loved, O Lord, might learn that it is not the production of crops that feeds humankind but that your word sustains those who trust in you" (16:20-26). Isn't it amazing to see how our Lord breaks himself and shares with us without any difference. In the words of Psalmist, we are eating the bread of angels; "Yet he commanded the skies above and opened the doors of heaven; he rained down on them manna to eat, and gave them the grain of heaven. Mortals ate of the bread of angels; he sent them food in abundance" (Psalm 78:23-25).

Let me share a story with you by an unknown author to remind ourselves that through Holy Eucharist comes to us everyday but how do we recognize him, that's question we need to ask ourselves.

Ruth looked at the envelope again. There was no stamp, no postmark, only her name and address. She read the letter one more time...

Dear Ruth,

I'm going to be in your neighborhood Saturday afternoon, and I'd like to stop by for a visit.

Love Always, Jesus

Her hands were shaking as she placed the letter on the table. "Why would the Lord want to visit me? I'm nobody special. I don't have anything to offer."

With that thought, Ruth remembered her empty kitchen cabinets. "Oh, my goodness, I really don't have anything to offer. I'll have to run down to the store and buy something for dinner."

She reached for her purse and counted out its contents. Seven dollars and forty cents. "Well, I can get some bread and cold cuts, at least." She threw on her coat and hurried out the door.

A loaf of French bread, a half-pound of sliced turkey, and a carton of milk...leaving Ruth with a grand total of twelve cents to last her until Monday. Nonetheless, she felt satisfied as she headed home, her meager offerings tucked under her arm.

"Hey lady, can you help us, lady?" Ruth had been so absorbed in her dinner plans, she hadn't even noticed two figures huddled in the alleyway. A man and a woman, both dressed in little more than rags.

"Look lady, I ain't got a job, ya know, and my wife and I have been living out here on the street, and, well, now it's getting cold and we're getting kinda hungry and, well, if you could help us, lady, we'd really appreciate it."

Ruth looked at them both. They were dirty, they smelled bad and, frankly, she was certain that they could get some kind of work if they really wanted to. "Sir, I'd like to help you, but I'm a poor woman myself. All I have is a few cold cuts and some bread, and I'm having an important guest for dinner tonight and I was planning on serving that to Him."

"Yeah, well, OK lady, I understand. Thanks anyway." The man put his arm around the woman's shoulders, turned and headed back into the alley.

As she watched them leave, Ruth felt a familiar twinge in her heart. "Sir, wait!" The couple stopped and turned as she ran down the alley after them. "Look, why don't you take this food. I'll figure out something else to serve my guest." She handed the man her grocery bag.

"Thank you, lady. Thank you very much!" "Yes, thank you!" It was the man's wife, and Ruth could see now that she was shivering.

"You know, I've got another coat at home. Here, why don't you take this one." Ruth unbuttoned her jacket and slipped it over the woman's shoulders. Then smiling, she turned and walked back to the street...without her coat and with nothing to serve her guest. "Thank you, lady! Thank you very much!"

Ruth was chilled by the time she reached her front door and worried too. The Lord was coming to visit and she didn't have anything to offer Him. She fumbled through her purse for the door key. But as she did, she noticed another envelope in her mailbox. "That's odd. The mailman doesn't usually come twice in one day." She took the envelope out of the box and opened it.

Dear Ruth,

It was so good to see you again. Thank you for the lovely meal. And thank you too, for the beautiful coat.

Love Always, Jesus

The air was still cold, but even without her coat, Ruth no longer noticed.

Pope Francis explains the feast this way: "Only the Body and Blood of Jesus Christ, the food of life, can satisfy the hunger of hearts for love, a universal experience. In life, we constantly need to be fed: nourished not only with food, but also with plans and affection, hopes and desires. We hunger to be loved. But the most pleasing compliments, the finest gifts and the most advanced technologies are not enough; they never completely satisfy us". "The Eucharist is simple food, like bread, yet it is the only food that satisfies, for there is no greater love," he added. "There we encounter Jesus really; we share his life and we feel his love."

St. Thomas Aquinas had a personal encounter with Jesus in the Blessed Sacrament of Holy Eucharist, and he wrote some classical hymns to adore the Lord in the Blessed Sacrament. "Since it was the will of God's Only Begotten Son that men should share in his divinity, he assumed our nature in order that by becoming man he might make men gods. Moreover, when he took our flesh, he dedicated the whole of its substance to our salvation. He offered his body to God the Father on the altar of the cross as a sacrifice for our reconciliation. He shed his blood for our ransom and purification, so that we might be redeemed from our wretched state of bondage and cleansed from all sin. But to ensure that the memory of so great a gift would abide with us for ever, he left his body as food and his blood as drink for the faithful to consume in the form of bread and wine.

O precious and wonderful banquet that brings us salvation and contains all sweetness! Could anything be of more intrinsic value? Under the old law it was the flesh of calves and goats that was offered, but here Christ himself, the true God, is set before us as our food. What could be more wonderful than this? No other sacrament has greater healing power; through it sins are purged away, virtues are increased, and the soul is enriched with an abundance of every spiritual gift. It is offered in the Church

for the living and the dead, so that what was instituted for the salvation of all may be for the benefit of all. Yet, in the end, no one can fully express the sweetness of this sacrament, in which spiritual delight is tasted at its very source, and in which we renew the memory of that surpassing love for us which Christ revealed in his passion. It was to impress the vastness of this love more firmly upon the hearts of the faithful that our Lord instituted this sacrament at the Last Supper. As he was on the point of leaving the world to go to the Father, after celebrating the Passover with his disciples, he left it as a perpetual memorial of his passion. It was the fulfillment of ancient figures and the greatest of all his miracles, while for those who were to experience the sorrow of his departure, it was destined to be a unique and abiding consolation”.

We can see two main elements in the Readings today which highlight this feast this way: on one hand they speak about the physical hunger/need but on the other hand they do invite us to examine ourselves to see if we hunger for spiritual food and personal encounter with the Lord in the Precious Body and Blood. According to the Vatican II Eucharist is the “source and summit of our liturgy” where we see Jesus being broken and shared. Through his Body and Blood, we are able to receive eternity; “anyone who eats my body and drinks my blood will live forever”.

A Jew was amusing himself in a public square when there passed a priest, who, accompanied by a crowd, carried the most holy Viaticum to a sick person. All the people on bended knees rendered due homage of adoration to the most Holy Sacrament; the Jew alone made no movement, nor gave any token of reverence. This being seen by a poor woman, she exclaimed, “O miserable man, why do you not show reverence to the true God present in this Divine Sacrament?” “What true God?” said the Jew sharply. “If this was so, would not there be many gods, since on each of your altars there is one during Mass?” The woman instantly took a sieve, and holding it up to the sun, told the Jew to look at the rays which passed through it, and then added, “Tell me, Jew, are there many suns which pass through the openings of this sieve, or only one?” And the Jew answering that there was but one sun, “Then,” replied the woman, “why do you wonder that an incarnate God, veiled in the Sacrament, though one, indivisible, and unchangeable, should, through excess of love, place Himself in His true and Real Presence on different altars?” By means of this illustration, he was led to confess the truth of the Real Presence.

In the First Reading Moses is sprinkling blood on the people and reminding them to remember the covenant “See the blood of the covenant that the Lord has made with you in accordance with all these words.” However, in the Gospel Jesus is establishing covenant with his own blood. Jesus by saying “this is my body, and this is my blood” sharing himself and wants this sacrifice always remembered. Jesus is the Bread of Life which came down from Heaven. He invites people to receive him as a bread of life to have eternal life. What a precious gift Jesus in His Body and Blood. The sequence after the second reading is so powerful to remind us of the beauty of this feast:

“What he did at supper seated,
Christ ordained to be repeated,
His remembrance not to cease.
And his rule for guidance taking,
Bread and wine we hallow, making,
thus, our sacrifice of peace”.

Pope Francis in explaining the mystery of the Holy Eucharist said, “Jesus prepares a place for us here below, because the Eucharist is the beating heart of the Church. It gives her birth and rebirth; it gathers her together and gives her strength. But the Eucharist also prepares for us a place on high, in eternity, for it is the Bread of heaven. The Eucharist is our ‘reservation for the heavenly banquet’. “It is Jesus himself, as food for our journey towards eternal life and happiness.” When Catholics worship Jesus in the Eucharist, they receive the Holy Spirit and find peace and joy, he said. “Jesus became bread broken for our sake; in turn, he asks us to give ourselves to others, to live no longer for ourselves but for one another. In this way, we live “eucharistically,” pouring out upon the world the love we draw from the Lord’s flesh.” “Let us choose this food of life! Let us make Mass our priority! Let us appreciate the Precious Gift of Jesus to us and implore the grace to hunger for God, with an insatiable desire to receive what he has prepared for us.”

There is always protection and healing in the Holy Eucharist because even if he will say the word our souls will be saved. There are too many miracles of the Eucharist have taken place in the world that everyone admires and believes. One of them is the following:

Frederick II was attacking the town of Assisi, with an army composed of the lowest ranks of society, and many were infidels. Near the gate of the city stood a convent of nuns, governed by the holy abbess St. Clare. This was the first place these ruffians attacked. They placed ladders against the walls and prepared to ascend, and it seemed as if in a few moments the spouses of Christ would fall into the hands of those wicked men. But Jesus was there to help His servants. In this extremity St. Clare called together her nuns, and going into the chapel, she, by an inspiration from Heaven, caused the ciborium containing the Sacred Body of Our Lord to be carried to the place where the men were already beginning to ascend; then with her eyes raised up towards it, she said: "O my beloved Jesus, save Thy servants whom Thou hast brought hither to serve Thee, and whom Thou dost so often nourish with Thy precious Body." Her prayer ended; she was interiorly admonished that the protection of Heaven was over her. The soldiers were struck blind, and a panic arose amongst them; they all took to flight as though pursued by an immense army.

St. John Marie Vianney said "There is nothing so great as the Eucharist. If God had something more precious, He would have given it to us".

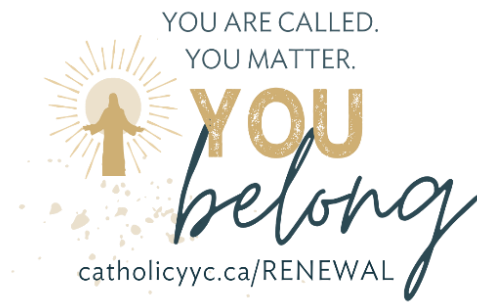
Pope Pius X said, "Holy Communion is the shortest and safest way to heaven".

In the words of Pope Benedict XVI "In a world where there is so much noise, so much bewilderment, there is a need for silent adoration of Jesus concealed in the Host. Be assiduous in the prayer of adoration and teach it to the faithful. It is a source of comfort and light, particularly to those who are suffering".

The Catechism of the Catholic Church (1324-1327), states that, "The Eucharist is "the source and summit" of the Christian life. The other sacraments, and indeed all ecclesiastical ministries and works of the apostolate, are bound up with the Eucharist and are oriented toward it. For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself, our Pasch. The Eucharist is the efficacious sign and sublime cause of that communion in the divine life and that unity of the People of God by which the Church is kept in being. It is the culmination both of God's action sanctifying the world in Christ and of the worship men offer to Christ and through him to the Father in the Holy Spirit. Finally, by the Eucharistic celebration we already unite ourselves with the heavenly liturgy and anticipate eternal life when God will be all in all. In brief, the Eucharist is the sum and summary of our faith: Our way of thinking is attuned to the Eucharist, and the Eucharist in turn confirms our way of thinking."

Are we hungry for the Holy Eucharist?





Pastoral Renewal Survey | June 1 & 2, 2024

Following all weekend Masses, parishioners aged 18 and older are invited to participate in the Pastoral Renewal Survey. The survey is designed as a tool for us to reflect on our discipleship journey. It will also equip our parish leadership with insights to make informed decisions, fostering the growth of our faith and community. The survey can be completed either online or on paper.

Your voice matters! Help shape the future of our parish community and our journey of discipleship.

40 Hours Devotion for Vocations

"The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest" (Matt. 9:37-38). Pray with us as for an increase of vocations to the priesthood and consecrated life in our Diocese. Come and pray before the Lord - visit: catholiccyca.ca/40hours. The next devotions:

- **Sacred Heart, Calgary** - Fri, June 7 at 7 am to Sun, June 9 at 7 am
- **St. Michael's, Calgary** - Fri, Jun 7 at 3 pm to Sun, Jun 9 at 8 am
- **St. Vincent Liem Parish** - Fri, Jun 14 at 7 pm to Sun, Jun 16 at 11 am

DIOCESAN SUNDAY UPDATES

Corpus Christi Sunday

- **St. James Parish, Calgary** - Fri, Jun 21 at 4 pm to Sun, Jun 23 at 6 am.
- **St. Anne's Korean, Calgary** - Fri, Jul 5 at 3 pm to Sun, July 7 at 10 am

Career Opportunities

Join the Catholic Pastoral Centre and be part of a dedicated team committed to making a difference in our community! We are currently seeking passionate individuals for the following positions:

- **Archivist** (Full-time)
- **Bookkeeper** (Full-time)
- **Support Staff, Elizabeth House** (Part-time)

In our parishes:

- **Administrative assistant** (Part-time) - St. Pius X, Calgary
- **Sacrament Preparation Coordinator** (casual) - St. Pius X, Calgary

In our Catholic community:

- **Retreat & Program Coordinator** - FCJ Centre, Calgary
- **Catholic Math Tutor** - St. John Choir Schola, Calgary
- **Various positions** - Clear Water Academy, Calgary

For more information, visit

catholiccyca.ca/careers

Brother Sun - Sister Moon: Walking in Hope Family Day Retreat

Mount St. Francis Retreat Center is inviting you to a day retreat for personal and group reflection, a pilgrimage walk, prayer moments, an outdoor Mass, a picnic lunch, and a BBQ supper. The event will take place on **Fri, July**

19, 2024, from 9 am to 6 pm. This is an outdoor event. To register, call 403-932-2012 or email mtfrancis@shaw.ca

Frassati Hike

Calling all hikers! Frassati hike is a gathering of hikers drawn together by faith, hosted by Lay Dominicans. The hiking trail will be revealed soon. When: **Sat, June 15, from 9 am to 6 pm**—meet at Our Lady of the Rockies, Canmore. To register, call 403-254-3136.

Summer camps at Our Lady of Victory Camp

Our Lady of Victory Camp is a week-long, overnight summer camp, owned and operated by the Catholic Archdiocese of Edmonton. Our mission is to support families and youth ministry initiatives in the Archdiocese and beyond by creating a place for young people to Encounter Christ, community, and creation. When: July - August 2024 - for Gr. 4-12 - Please visit camps.caedm.ca/summercamp

Captivenia and Archateos Catholic Camps

Dive deeply into the beautiful mysteries of our Catholic faith through the following summer camps in Foothills County:

- **July 17-27** - [Captivenia Girls' Camp - with Regnum Christi](#) | captivenia.com
- **July 29-Aug 10** - | [Arcatheos Boys' Camp - with Regnum Christi](#) | arcatheos.com

A passion to live

Roger Foley, a Canadian man with disabilities, says that he has been offered euthanasia

"multiple times." In a new short film from "Dying to Meet You," Roger speaks out against being devalued as he fights for the support he needs to live. Watch the video at dyingtomeetyou.com

Cemetery Masses with Bishop McGrattan

Masses for the souls of the deceased buried at our Catholic cemeteries in Calgary and area. Mass will be celebrated at 7 pm on:

- **Tue, Aug 20** - St. Mary's Cemetery
- **Wed, Aug 21** - Queen's Park Cemetery
- **Tue, Aug 27** - Edenbrook Cemetery
- **Thu, Aug 29** - Mountain View Cemetery

Subscribe to Faithfully

If you haven't already, please subscribe to the [Diocesan publication Faithfully](#) - to keep you updated with what's happening in our Diocese. Faithfully gives a snapshot of faith at work in the lives of everyday people in our Diocese and provides us with opportunities to spread the Good News of Christ beyond the walls of our churches. To subscribe, visit catholicyyca.ca/faithfully

Together in Action

We are making progress with the 2024 Together in Action campaign! Thank you for your generous contributions, which have brought us closer to our parish and diocesan goals. Let's continue to make a difference together. Donations can be dropped off at your Parish Office or made online at your parish website, or here at catholicyyca.ca/TIA - your online donation will be included as part of our parish contribution.

Joe McKenna Council #9502 Knights of Columbus



Position	Name
Grand Knight	Greg Martin
Deputy Grand Knight	Jimmy Tablan
Financial Secretary	Pat Ries
Treasurer	Ron Pisoni
Chancellor	
Recorder	Pat Brigham
Advocate	Andy Hamel
Warden	Walter Pratt
Inside Guard	Dale Maddaford
Outside Guard	Michael Camphor
Year 1 Trustee	Herb Durda
Year 2 Trustee	Gary Heinbecker
Year 3 Trustee	Kent Friedt
Lecturer	Rick Brown
Membership Director	Garry Lux
Faith in Action Program Director	Greg Martin
Faith in Action Life Director	Allan Lawson
Faith in Action Family Director	Jimmy Tablan
Faith in Action Faith Director	Darrell Bonagofsky
Faith in Action Community Director	Ron Pisoni
Pastoral Parish Council Representative	Garry Mastel

2023-24 Knights Events

Date & Activity

Sunday, September 10
Corn Roast

Sunday, September 24
Knights Mass

Sunday, October 15
Breakfast

Sunday, November 19
Breakfast

Saturday, December 9
Knights Mass

Sunday, December 17
Christmas Breakfast

Sunday, January 21
Breakfast

Sunday, February 25
Breakfast

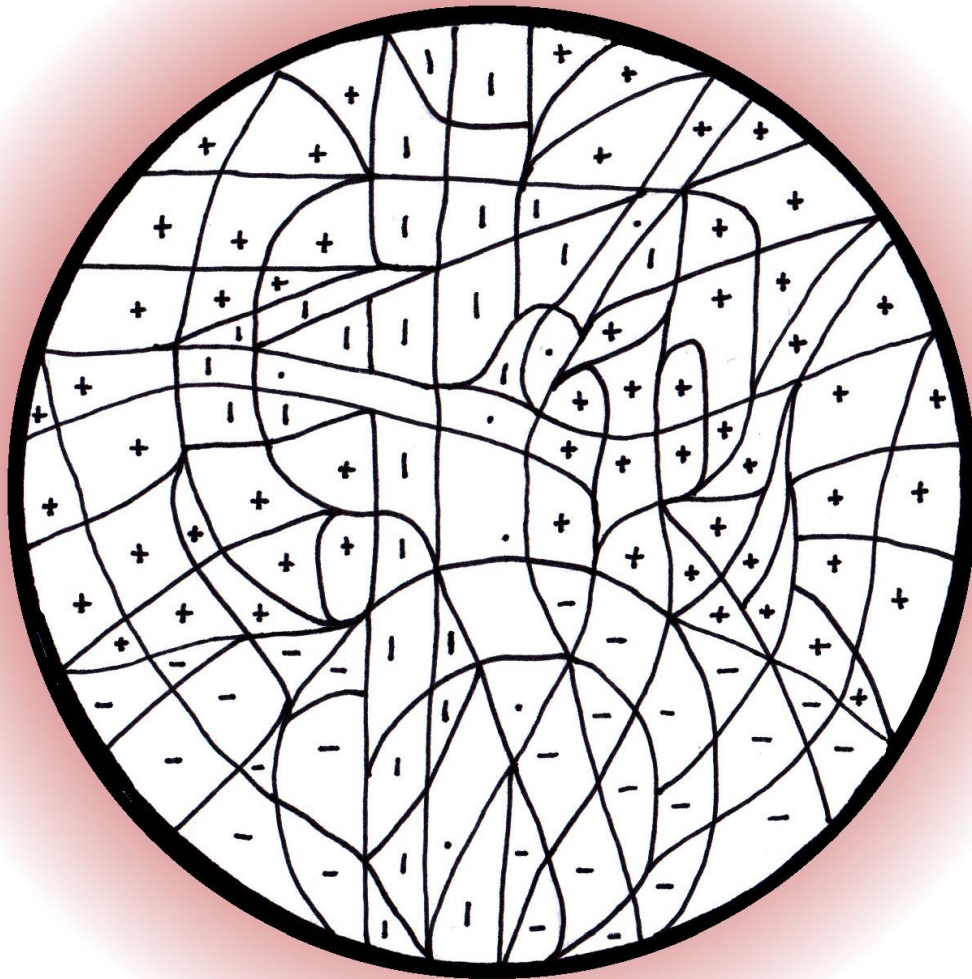
Sunday, April 7
Breakfast

Sunday, May 5
Breakfast

Sunday, June 23
Parish Picnic

The Kids' Bulletin

*Feast of the Body and Blood of Christ
June 2nd, 2024*



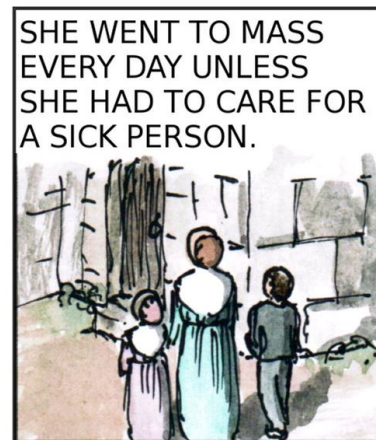
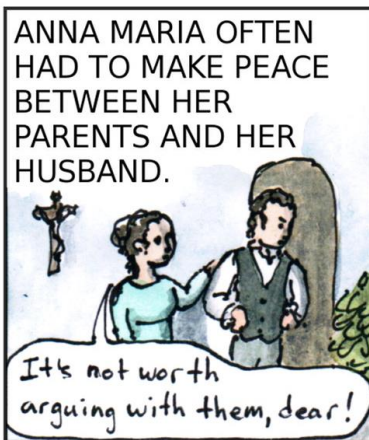
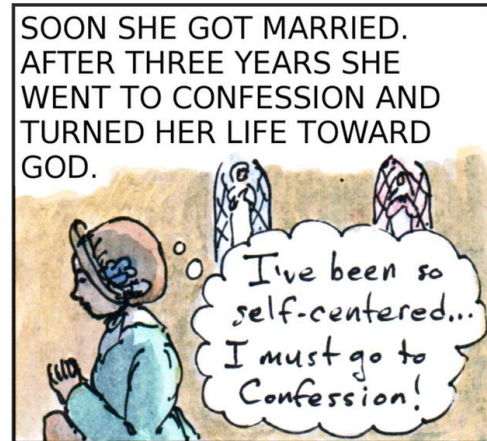
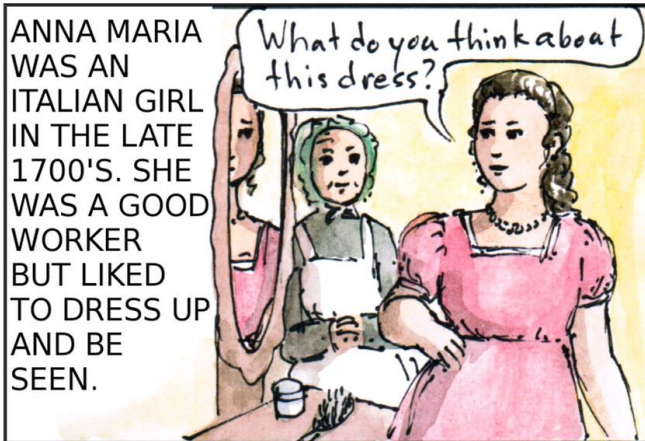
*What does the bread become when the priest
consecrates it at Mass?*

Use the colour code to find out:

- | | |
|--------|---------------|
| - grey | • skin colour |
| brown | + blue |

Blessed Anna Maria Taigi

June 9



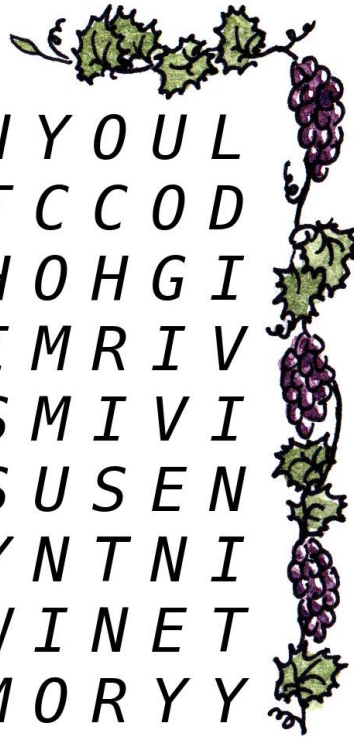
BECAUSE OF THE INSIGHT THAT GOD GAVE HER, BLESSED ANNA MARIA WAS ABLE TO HELP MANY PEOPLE TO LIVE GOOD LIVES AND DIE HOLY DEATHS. WE SHOULD PREPARE FOR OUR OWN DEATHS BY LIVING FOR GOD, SO THAT WHEN WE DIE WE WILL BE READY TO GO STRAIGHT TO HIM LIKE BLESSED ANNA MARIA.

Body and Blood of Christ

Word-Find



M H Y B M A N Y O U L
 S O U L A S T C C O D
 R L D O S U H O H G I
 P Y A O S P I M R I V
 O B O D Y P S M I V I
 U R N R J E S U S E N
 R E D I M R Y N T N I
 E A T N G O W I N E T
 D D D K M E M O R Y Y
 C H A L I C E N G O D

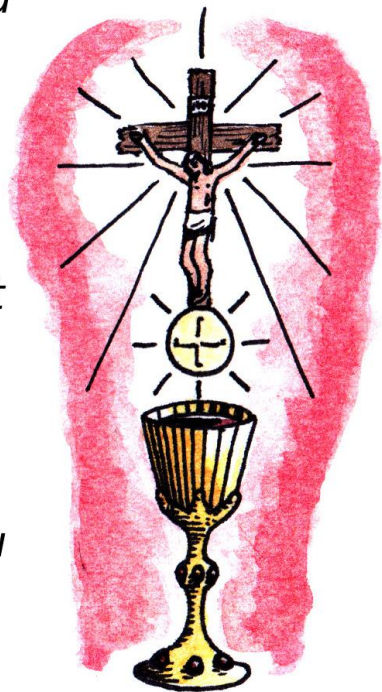


See if you can find all the words written in CAPITALS.

Use the left-over letters to fill in the blanks to make a little prayer you can say at Mass!

At the LAST SUPPER, after he had GIVEN thanks, JESUS took BREAD and said, "Take and EAT. THIS is my BODY." Then, taking the chalice of WINE, he said, "Take this, all of YOU, and DRINK from it. This is the CHALICE of my BLOOD, the blood of the new and everlasting covenant. It will be POURED out for you and for MANY for the forgiveness of sins. Do this in MEMORY of me."

That was the first MASS. When you go to HOLY COMMUNION, you really receive the Body, Blood, SOUL and DIVINITY of CHRIST, who is GOD!



— — — — — !

The Body and Blood of Our Lord



Today we celebrate the feast of the Body and Blood of Our Lord in the Holy Eucharist.

At the Last Supper, Jesus changed bread and wine into His own Body and Blood. He has the power to do this because He is God. He did this because He wanted to stay with us even after He died and went into Heaven.

Jesus comes to us in every Mass. The priest takes the place of Jesus, saying the words that Jesus said at the Last Supper, and the bread and wine become the real Body and Blood, Soul and Divinity of Jesus even though they still look like bread and wine.

How do I receive Communion well?

1. Be ready! Think about what is going to happen. Make sure that you don't have any big sins on your soul. If you do, then go to confession first.

2. Don't eat or drink anything other than water or medicine for an hour before going to Holy Communion. This is a sign of respect for Our Lord.

3. After receiving Holy Communion, take some time to thank Jesus for coming to you and talk to Him. He is your best friend and loves spending time with you!



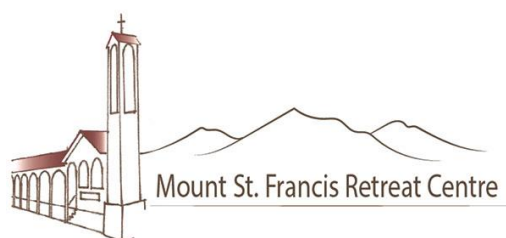
Answer to Word-Find: MY LORD AND MY GOD

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holymfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESPOND to it, you can forward it to contact@holymfamilymh.ca so it can be sent to the diocese.