



Welcome to HOLY FAMILY PARISH

7TH SUNDAY OF EASTER — YR. B SUNDAY MAY 12, 2024

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Phone 403-527-6933

Facebook: Medicine Hat Holy Family Parish ~ YouTube: Medicine Hat Holy Family Church

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid &
Deacon Robert Risling

RECONCILIATION...

Friday 9:30am–10:30am.
& Saturday 3:30–4:45pm.

MASS TIMES... MONDAY to FRIDAY at 9:00AM

FIRST SATURDAY OF MONTH at 8:00AM, SATURDAY at 5:00PM

SUNDAY at 8:30AM, 10:30AM & 6:00PM

THE CHAPEL IS OPEN

MONDAY - FRIDAY 9:30am - 4:00pm

ADORATION FRIDAY 9:30 – 10:30am

Knights of Columbus – Greg Martin

Catholic Women's League – Cathy Koch

Parish Pastoral Council Chair - Gary Heinbecker

Parish Finance Council Chair - Cheryl Pocsik

**We acknowledge that Treaty 7
Territory, on which we stand, is the
ancestral land of the Indigenous
Peoples and is common home to
everyone in Virtue of God, our
Creator's Gracious Gift.**

**"The quieter you become,
the more you can hear."**



THE SOLEMNITY
OF THE
ASCENSION OF
THE LORD

MAY 12, 2024



† Masses & Mass Intentions †

Saturday, May 11

5:00pm - Paul Lerner †

Sunday, May 12

8:30am - Adolf Wagner †

10:30am - Holy Family Parish

6:00pm - Jess Jontz & Family

Monday, May 13

9:00am - Don & Elizabeth Hudec †

Tuesday, May 14

9:00am - No Mass Today

Wednesday, May 15

9:00am - No Mass Today

Thursday, May 16

9:00am - No Mass Today

Friday, May 17

9:00am - No Mass Today



OPERATING FINANCES**MARCH 1-31, 2024**

Operating Budget 2022	\$ 60,990
General Envelope Collection	\$ 45,694
Loose Collections	\$ 3,116
Future Development	\$ 4,608
Sale of Church Supplies & Other	-\$ 7,972
\$ 45,446 - Budget Vs Actual	-\$ 15,544

SPECIAL COLLECTIONS

Together in Action (TIA)	\$ 4,179
St Vincent de Paul	\$ 3,282
World Mission	\$ 25
Clergy Retirement	\$ 190
Mission Mexico	\$ 115
CARO	\$ 55
Seminary Fund	\$ 1,770
Holy Land	\$ 65

*Thank You for your Generous Contributions***Average Weekly Attendance** 1,261HAPPENINGS IN HOLY FAMILY PARISH

Saturday, May 11

10:00am — Benedictine Group — Hope room

Monday, May 13

7:00pm — K of C Regular Mtg — Faith Room

Tuesday, May 14 — No Mass Today

7:00pm — CWL Executive Mtg — Hope room

Wednesday, May 15 — No Mass Today

9:30am — Bible Study — Faith Room

7:00pm — RCIA Potluck — HFP Hall

Thursday, May 16 — No Mass Today

7:00am — Men's Prayer Group — Faith Room

Friday, May 17 — No Mass Adoration or

Reconciliation Today

**Special Collection
Days
May 2024***God Bless You,
Thank You for
your donations!***May 5 - Together in Action
May 5 - Pope's Pastoral
Works
Future Development
Fund**TOGETHER
in ACTION

2024

2024 Goal - \$70,938**Donations to date -
\$23,307****We are 33% of the
way there!****Go. Proclaim.**

Jesus going to heaven did not give the disciples permission to go home, put up their feet, and dream about the good old days. Jesus said: Go everywhere! Proclaim the gospel! I will work with you.

- † Where will I go to do mercy work?
- † What good news of Jesus making a difference in the world can I speak?
- † How will I trust in Jesus that I am not alone by these words and works _____?

VOCATIONS May 12, 2024
Ascension of the Lord

The confused and fear-filled apostles were totally changed by the outpouring of the Holy Spirit as they became powerful and dynamic proclaimers of their faith in Jesus Christ. In today's Church God calls priests, religious and deacons to serve Him and to serve others especially by the inspiration of the Holy Spirit. If you feel God may be calling you to this ministry, please contact the Office of Vocations at 403-218-5500 or email Fr. Cristino Bouvette vocations@calgarydiocese.ca www.catholicyc.ca/vocations.html

**Happy
Mother's
Day**

**Knights of Columbus
General Meeting
May 13 at 7:00pm
Faith Room**



**Catholic Women's League (CWL)
General Meeting
May 14 at 7:00pm
HFP Hall**



Prayers for Souls of the Faithful Departed

Pray the Rosary with the Legion of Mary.

**Mother's Day, May 12th, from 3:00 - 3:30pm
HILLSIDE CEMETERY -13th St. SW entrance,
1st right to grassed area beside the office**

There will be an altar for Mary, that you can place flowers which you can later place on a loved one's grave.

Bring your own lawn chair if needed.



**CWL will be collecting for
Nurture Pregnancy Support
for 4 weeks, starting
weekend of May 1/2 until
weekend June 8/9.**



nurture
pregnancy centre



FREE

Sunday, June 2nd, 3:30-6:00pm

FREE

Big Marble Go Centre - Fieldhouse #2

Limited to 50 participants, ages 6+ to Adult

Information and to Pre-Register, contact Derek

Ballinger at ballingd@gmail.com

**Looking for Hairdressers to volunteer their time
for the Community Resource Family Fair, June
1st from 11:00am to 4:00pm**

Cut, Style and/or Braid Hair

These services will be offered with a request
for a donation.

Funds raised from styling will go to the Sanare
Centre. For more information, please contact
Karen-Anne at kacherwono@gmail.com.

Thank you.

St. Patrick's Community Resource Family Fair
is seeking new or used toys and sports
equipment, kid's books, swim towels and
unopened toiletries to be donated to families at
the fair, June 1st from 11:00am to 4:00pm.

Items will be accepted after the Masses at St.
Patrick's on May 25th and 26th.

Pickup of items may also be arranged by
leaving a message at (403) 526-0532.

Everyone
Welcome

St. Patrick's Parish Hall

Spring Tea

Door
Prizes

May 25, 2024 1:30-3:30pm \$4.00/each

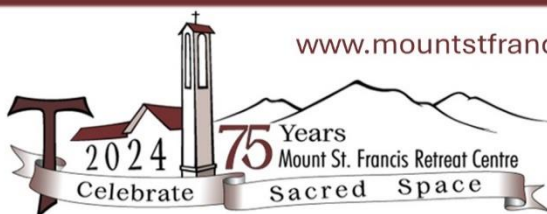


All money collected will
be donated to
the Veiner Center,
Meals on Wheels
Everyone is Welcome.

chalice.ca

Chalice Sponsorship Weekend

This June 1st-2nd, open your
heart to sponsor a child
Holy Family Parish



www.mountstfrancis.ca

Men's Silent Retreat

June 7-9th

For registration information contact Ken Moen

403-866-1270 or kmoen@telus.net

Bible Study



Wednesday Mornings after the 9:00 Mass

Blumenfeld Pilgrimage

Sunday, June 9th, 2024
Bishop Mark Hagemoen
Supper following Mass

Rosary & Mass @ 3:00
Reconciliation 2:00-2:45
Bring lawn chairs, bug
spray & umbrellas

Blumenfeld & District Heritage Site, Leader, SK.
16km south of Leader & 6.5km east (Blumenfeld Rd)
"Cemetery Project- to refresh and landscape the final
resting place of our ancestors."
Facebook - Blumenfeld & District Heritage Site

HOLY FAMILY PARISH

MEN'S PRAYER GROUP

Thursday Mornings - 7:00 to 7:30 – Faith Room

Open to all men seeking to nurture their relationship
with God and each other through prayer, song and
reflection on the daily scripture readings.

More Information - Gord 527-7423 or Alan 527-4169
Pamphlets available at the Greeting Desk

REAL MEN PRAY

EMAIL SCAMS AGAIN FROM PRIESTS, CHURCH, STAFF, ETC.

NOBODY is going to ask you for gift
cards, or bit coins! **NOBODY!!!**

If you get an email or a text, **PLEASE**
DO NOT RESPOND to it,
JUST DELETE IT!

Listen to Mass on your phone...
Download the "Audio Fetch" app.
Our Network is: HFP_LIVE
The Password is: Liv3HFP*



Faithfully

FAITH. LIVED. FULLY.

catholiccyc.ca/Faithfully keeps you
updated
with what's happening in and around our
Diocese!

Spending time with Jesus

The Chapel is Open
Monday – Friday 9:30am – 4:00pm
Adoration of the Blessed
Sacrament & Reconciliation
Friday 9:30-10:30am
Reconciliation
Saturday 3:30-4:30pm



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accounting@holyfamilymh.ca

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St. Mary's School Bulletin Write up for May 2024



St. Mary's School is a Junior High School offering grades 7-9 and a wide variety of programming. Students choose from four programming streams: General Programming, French Immersion, Fine Arts Academy, and Alternative Programming.

We pride ourselves on a wide and varied list of option programming which includes: Art, Musical Theatre, Guitar, Foods, Shop, World Languages, Visual Communications, Drama, Band, Choir, Dance, Fitness, Cosmetology, Robotics, Criminology, Games, Circus/Clown/Magic, Community Outreach, Movement, Mythology, Media & Yearbook, Outdoor Recreation, Driver's Education, Biology, Psychology, Geography, Sculpture, Mechanical Science, Archery, Tourism, First Aid, Theatre Makeup, Songwriting, Coding, Advanced Science, and Academic Support.

Furthermore, our students participate in many extracurricular activities such as our annual Musical Theatre Production, Faith Leadership, Art Club, Games Club, Jazz Band, Football, Cross Country Running, Volleyball, Basketball, Badminton, Track & Field, Soccer, Rugby, Golf, and Archery.

Our Homeroom Religion classes complete annual service projects such as snow shoveling, visiting seniors, writing letters to Veterans, picking garbage, etc. and work on typing skills, healthy habits, and interpersonal relationship skills.

The best part of St. Mary's School is the staff who make a deliberate and sustained effort to bring our faith alive and make connections with students and build trusted relationships. We work hard every day to be a place of love and acceptance for our student body.



**Medicine Hat Catholic
Board of Education**



16th Annual Formula for Hope Fundraiser

**Mother's Day, May 14 to
Father's Day, June 18, 2023**



Simply place an empty baby bottle
in your home, work place, or church
to collect change, cash, and cheques.
Funds raised will purchase infant formula,
clothing, and diapers to help local families.

Pick up/drop off bottles at your Church





Feast of Ascension of Our Lord - Year B

MAY 12, 2024

SIGN OF OUR ULTIMATE DESTINY

St. Augustine says "Today our Lord Jesus Christ ascended into heaven; let our hearts ascend with him. Listen to the words of the Apostle: *If you have risen with Christ, set your hearts on the things that are above where Christ is, seated at the right hand of God; seek the things that are above, not the things that are on earth.* For just as he remained with us even after his ascension, so we too are already in heaven with him, even though what is promised us has not yet been fulfilled in our bodies". Christ is now exalted above the heavens, but he still suffers on earth all the pain that we, the members of his body, must bear. He showed this when he cried out from above: Saul, Saul, why do you persecute me? and when he said: I was hungry, and you gave me food.

St. Faustina tells her own account of the Ascension? Believe it or not, the Lord gave her a spiritual grace in which she was able to experience what it would have been like to ascend into Heaven alongside the Lord. Her account gives us insight into what the Ascension means for us. She wrote:

Today I accompanied the Lord Jesus as He ascended into heaven. It was about noon. I was overcome by a great longing for God. It is a strange thing, the more I felt God's presence, the more ardently I desired Him. Then I saw myself in the midst of a huge crowd of disciples and apostles, together with the Mother of God. Jesus was telling them to... "Go out into the whole world and teach in My name." He stretched out His hands and blessed them and disappeared in a cloud. I saw the longing of Our Lady. Her soul yearned for Jesus with the whole force of Her love. But She was so peaceful and so united to the will of God that there was not a stir in Her heart but for what God wanted.

Saint Faustina records the great longing for God she felt during these moments. She says here something counterintuitive, which speaks to the mystery of the Ascension: "The more I felt God's presence, the more ardently I desired Him." The Catechism of the Catholic Church says that Jesus "precedes us into the Father's glorious kingdom so that we, the members of his Body, may live in the hope of one day being with him for ever".

The Ascension reminds us that one day, like Christ, we will finally find our place before the Trinity for all eternity, where we'll reach our ultimate fulfillment. Before we reach our ultimate end with the Trinity, it only makes sense that our longing for God, as St. Faustina experienced, will increase, until it culminates in that ecstasy that will last for all eternity.

Why do we on earth not strive to find rest with him in heaven even now, through the faith, hope and love that unites us to him? While in heaven he is also with us; and we while on earth are with him. He

is here with us by his divinity, his power and his love. We cannot be in heaven, as he is on earth, by divinity, but in him, we can be there by love. He did not leave heaven when he came down to us; nor did he withdraw from us when he went up again into heaven. The fact that he was in heaven even while he was on earth is borne out by his own statement: No one has ever ascended into heaven except the one who descended from heaven, the Son of Man, who is in heaven. These words are explained by our oneness with Christ, for he is our head, and we are his body. No one ascended into heaven except Christ because we also are Christ: he is the Son of Man by his union with us, and we by our union with him are the sons of God. So the Apostle says: Just as the human body, which has many members, is a unity, because all the different members make one body, so is it also with Christ. He too has many members, but one body.

Out of compassion for us he descended from heaven, and although he ascended alone, we also ascend, because we are in him by grace. Thus, no one but Christ descended and no one but Christ ascended; not because there is no distinction between the head and the body, but because the body as a unity cannot be separated from the head.

In the Creed we say that Jesus “ascended into heaven and is seated at the right hand of the Father”. Jesus’ earthly life culminated with the Ascension, when he passed from this world to the Father and was raised to sit on his right. What does this event mean? How does it affect our life? The mystery of the Apostles’ “unbelief” is partly disclosed in the narrative of the Gospel: “But we trusted that it had been He which should have redeemed Israel,” with disillusionment and complaint said the two disciples to their mysterious Companion on the way to Emmaus (Luke 24:21). They meant: He was betrayed, condemned to death and crucified. The news of the Resurrection brought by the women only “astonished” them. They still wait for an earthly triumph, for an external victory. The same temptation possesses their hearts, which first prevented them from accepting “the preaching of the Cross” and made them argue every time the Saviour tried to reveal His mystery to them. “Ought not Christ to have suffered these things and to enter into His glory?” (Luke 24:26). It was still difficult to understand this.

In the Ascension resides the meaning and the fullness of Christ’s Resurrection. The Lord did not rise to return again to the fleshly order of life, so as to live again and commune with the disciples and the multitudes by means of preaching and miracles. Now he does not even stay with them, but only “appears” to them during the forty days, from time to time, and always in a miraculous and mysterious manner. “He was not always with them now, as He was before the Resurrection,” comments Saint John Chrysostom. “He came and again disappeared, thus leading them on to higher conceptions. He no longer permitted them to continue in their former relationship toward Him but took effectual measures to secure these two objects: That the fact of His Resurrection should be believed, and that He Himself should be ever after apprehended to be greater than man.” There was something new and unusual in His person (cf. John 21:1-14). As Saint John Chrysostom says, “It was not an open presence, but a certain testimony of the fact that He was present.” That is why the disciples were confused and frightened. Christ arose not in the same way as those who were restored to life before Him.

By His Resurrection He abolished and destroyed death, abolished the law of corruption, “and raised with Himself the whole race of Adam.” Christ has risen, and now “no dead are left in the grave”. And now He ascends to the Father, yet He does not “go away,” but abides with the faithful for ever. For He raises the very earth with Him to heaven, and even higher than any heaven. God’s power, in the phrase of Saint John Chrysostom, “manifests itself not only in the Resurrection, but in something much stronger.” For “He was received up into heaven and sat on the right hand of God” (Mark 16:19).

Pope Francis said, “It is a day in which we direct our gaze to heaven, then back to our mission on earth”. In fact, that is the place where our hearts ascend to him. Though this day must be very sad day for the disciples to see their brother, friend, teacher, master, and Rabbi is leaving them physically for good which we feel the same on the passing of our dear and near ones. However, on the other hand

their hearts are ascending with the Lord to be joyful that they are not alone, but the Lord is with them to end of the age.

In the scripture today we come to know about the instructions given by Jesus before he departed from earth to his Father to be seated on the right hand of him. In the words of Holy Father "This feast contains two elements," the Holy Father explains, "On one hand, it directs our look to Heaven, where Jesus, glorified, is seated at the right hand of God (Mark 16:19). On the other, it recalls the beginning of the Church's mission: why? Because Jesus risen and ascended into Heaven sends His disciples to spread the Gospel throughout the world; therefore, the Ascension exhorts us to raise our gaze to Heaven, to then turn it back immediately to earth, carrying out the tasks that the Risen Lord has entrusted to us." The legacy we have is not human but divine because Jesus has given us a mission which has twofold action orientated: First to baptize everyone in the name of Holy Trinity and secondly to be witnesses to the end of the world. Holy Father continues to explain "The mission entrusted by Jesus to the Apostles has been carried out through the centuries, and it continues still today: it requires the collaboration of us all, each one, in fact, by dint of the Baptism he/she received, is qualified on his/her part to proclaim the Gospel. It's in fact Baptism that qualifies us and also drives us to be missionaries, to proclaim the Gospel. As at the beginning the Risen Christ sent His Apostles with the strength of the Holy Spirit, so today He sends all of us, with the same strength, to put concrete and visible signs of hope; because Jesus gives us hope; He has gone to Heaven and has opened the doors of Heaven and the hope that we will arrive there."

He saves our lives while in heaven, he is also with us; and we while on earth are with him. He is here with us by his divinity, his power, and his love. We cannot be in heaven, as he is on earth, by divinity, but in him, we can be there by love. He did not leave heaven when he came down to us; nor did he withdraw from us when he went up again into heaven. The fact that he was in heaven even while he was on earth is borne out by his own statement: *No one has ever ascended into heaven except the one who descended from heaven, the Son of Man, who is in heaven.* These words are explained by our oneness with Christ, for he is our head, and we are his body. No one ascended into heaven except Christ because we also are Christ: he is the Son of Man by his union with us, and we by our union with him are the sons of God. So, the Apostle says: *Just as the human body, which has many members, is a unity, because all the different members make one body, so is it also with Christ.* He too has many members, but one body".

Holy Father reflecting on the Feast of the Ascension said "Out of compassion for us he descended from heaven, and although he ascended alone, we also ascend, because we are in him by grace. Thus, no one but Christ descended and no one but Christ ascended; not because there is no distinction between the head and the body, but because the body as a unity cannot be separated from the head". *St. Paul reminds us with these words "who can separate us from the Love of Jesus"*.

A story by an unknown author to help to understand how we can become part of Jesus' body.

As I faced my Maker at the last Judgment, I knelt before the Lord along with the other souls. Before each of us laid our lives, like the squares of a quilt, in many piles.

An Angel sat before each of us sewing our quilt squares together into a tapestry that was our life. But as my Angel took each piece of cloth off the pile, I noticed how ragged and empty each of my squares were. They were filled with giant holes! Each square was labeled with a part of my life that had been difficult, the challenges and temptations I was faced with in everyday life. I saw hardships that I had endured, (which were the largest holes of all).

I glanced around me. Nobody else had such squares. Others had a tiny hole here and there; other tapestries were filled with rich color and the bright hues of worldly fortune.

I gazed upon my own life and was disheartened. My Angel was sewing the ragged pieces of cloth together, threadbare, and empty, like binding air. Finally, the time came when each life was to be

displayed, held up to the light and the scrutiny of truth. The others rose each in turn, holding up their tapestries. So filled their lives had been.

My Angel looked upon me and nodded for me to rise. My gaze dropped to the ground in shame. I hadn't had all the earthly fortunes. I had love in my life and laughter. But there had also been trials of illness, death, and false accusations that took from me my world as I knew it. I had to start over many times. I often struggled with the temptation to quit, only to somehow muster the strength to pick up and begin again. I had spent many nights on my knees in prayer, asking for help and guidance in my life. I had often been held up to ridicule, which I endured painfully; each time offering it up to the Father, in hopes that I would not melt within my skin beneath the judgmental gaze of those who unfairly judged me. And now, I had to face the truth. My life was what it was, and I had to accept it for what it had been.

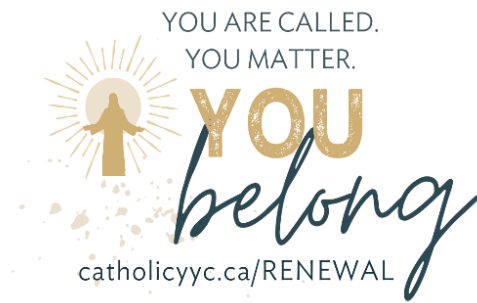
I rose and slowly lifted the combined squares of my life to the light. An awe-filled gasp filled the air. I gazed around at the others who stared at me with eyes wide. Then, I looked upon the tapestry before me. Light flooded through the many holes, creating an image.

The face of Christ.

Then our Lord stood before me, with warmth and love in His eyes. He said, "Every time you gave over your life to Me, it became My life, My hardships, and My struggles. Each point of light in your life is when you stepped aside and let Me shine through, until there was more of Me than there was of you...Welcome Home My Child."

How do we see Ascension of the Lord as our destiny?





DIOCESAN SUNDAY UPDATES

Ascension of the Lord

exhibits designed by Blessed Carlo Acutis, before his death from Leukemia at the age of 15. His intention was to bring a greater awareness of the Real Presence of Christ in the Eucharist. The exhibition is comprised of 169 panels with historical descriptions and an extensive assortment of photographs and artwork of Eucharistic Miracles that took place throughout the ages in various countries of the world and which have been recognized by the Vatican. Visiting hours vary; please check saintmichael.ca or call 403-249-0423.

Catholic Education Week

Family & Life Week

Let's join Family & Life Week (**May 13 to 19, 2024**) in the Diocese - and sign up to receive a daily prayer and quick, short, and easy-to-do daily suggested activities for each day of the week. Let's weave moments of connection and laughter, strengthen bonds, foster joy, and create cherished memories. Who knows, maybe your family will win the mystery prize - which will be announced on May 19! Register your family to receive a short daily prayer & suggested activities right in your inbox during the Family & Life week.



Mary's Festival - June 1

St. Mary's University in Calgary is hosting the first annual Mary's Festival on **Saturday, June 1 from 11 am to 4 pm**. After a long winter, how does a day of fellowship, food, fun, live music, disc golf, and just community sound to you? From food trucks to a dunk tank, a vendor marketplace to live musical entertainment, Mary's Festival will be a joyful celebration and invite everyone to come for what will be a whole lot of fun for the whole family!

Career Opportunities

Join the Catholic Pastoral Centre and be part of a dedicated team committed to making a difference in our community! We are currently seeking passionate individuals for the following positions:

- **Archivist** (Full-time)
- **Bookkeeper** (Full-time)
- **Support Staff, Elizabeth House** (Part-time)
- **Program Coordinator, St. Francis Xavier Chaplaincy** (Full-time)

Summer camps at Our Lady of Victory Camp

Our Lady of Victory Camp is a week-long, overnight summer camp, owned and operated by the Catholic Archdiocese of Edmonton. Our mission is to support families and youth ministry initiatives in the Archdiocese and beyond by creating a place for young people to Encounter Christ, Encounter Community, and Encounter Creation. When: **July - August 2024** - various camps for Gr. 4-12 - [Registration is open](#)

Miscarriage Ministry Committee

The Miscarriage Ministry Committee in the Diocese of Calgary is organizing an information night about its mission and vision. We desire to be a place of support for those experiencing this unique form of loss. Join us for an evening of learning about this ministry, assessing the community's needs, sharing best practices, and fellowship. When: **Friday, May 24, from 7 pm to 9 pm** at the Catholic Pastoral Centre (120 17 Ave, SW, Calgary). To register, call Monica at 403-218-5521.

Eucharistic Miracles Exhibition

- **May 8-17, 2024 at Ascension Catholic Parish, Calgary.** Visiting hours vary; please check ascensionparish.ca or call 403-275-2240.
- **May 24 to June 2 at St. Michael's, Calgary.** Visit the Eucharistic Miracles Exhibition, with

Joe McKenna Council #9502 Knights of Columbus



Position	Name
Grand Knight	Greg Martin
Deputy Grand Knight	Jimmy Tablan
Financial Secretary	Pat Ries
Treasurer	Ron Pisoni
Chancellor	
Recorder	Pat Brigham
Advocate	Andy Hamel
Warden	Walter Pratt
Inside Guard	Dale Maddaford
Outside Guard	Michael Camphor
Year 1 Trustee	Herb Durda
Year 2 Trustee	Gary Heinbecker
Year 3 Trustee	Kent Friedt
Lecturer	Rick Brown
Membership Director	Garry Lux
Faith in Action Program Director	Greg Martin
Faith in Action Life Director	Allan Lawson
Faith in Action Family Director	Jimmy Tablan
Faith in Action Faith Director	Darrell Bonagofsky
Faith in Action Community Director	Ron Pisoni
Pastoral Parish Council Representative	Garry Mastel

2023-24 Knights Events

Date & Activity

Sunday, September 10
Corn Roast

Sunday, September 24
Knights Mass

Sunday, October 15
Breakfast

Sunday, November 19
Breakfast

Saturday, December 9
Knights Mass

Sunday, December 17
Christmas Breakfast

Sunday, January 21
Breakfast

Sunday, February 25
Breakfast

Sunday, April 7
Breakfast

Sunday, May 5
Breakfast

Sunday, June 23
Parish Picnic

The Kids' Bulletin

Feast of the Ascension

May 9th or Sunday May 12th, 2024

*Forty days after
Jesus rose from the
dead he went up a
hill with His
followers and
disappeared through
the clouds and went
up into Heaven.*



*Jesus had promised
to send a Comforter
to them after
He left them.*

*Can you find your
way through the
cloud maze?*



SAINT ISIDORE THE FARMER

MAY 15

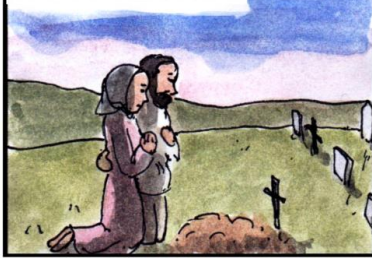
ISIDORE WAS BORN IN MADRID, SPAIN, IN 1070. HE WAS TOO POOR TO GO TO SCHOOL, BUT WHEN HE WAS OLD ENOUGH HE WENT TO WORK FOR A FARMER.



HE WORKED FOR THE FARMER ALL HIS LIFE. ISIDORE MARRIED A GOOD WOMAN CALLED MARIA.



THEY HAD A BABY BOY, BUT HE DIED. ISIDORE AND MARIA TRUSTED THAT GOD WAS LOOKING AFTER HIM.



Our Father, Who art in Heaven...



ISIDORE WENT TO MASS EVERY DAY. HE PRAYED AS HE WORKED.

AT A PARISH DINNER, AS THE BEGGARS HE HAD INVITED ATE THE FOOD, MORE FOOD KEPT COMING!



We should have run out by now!

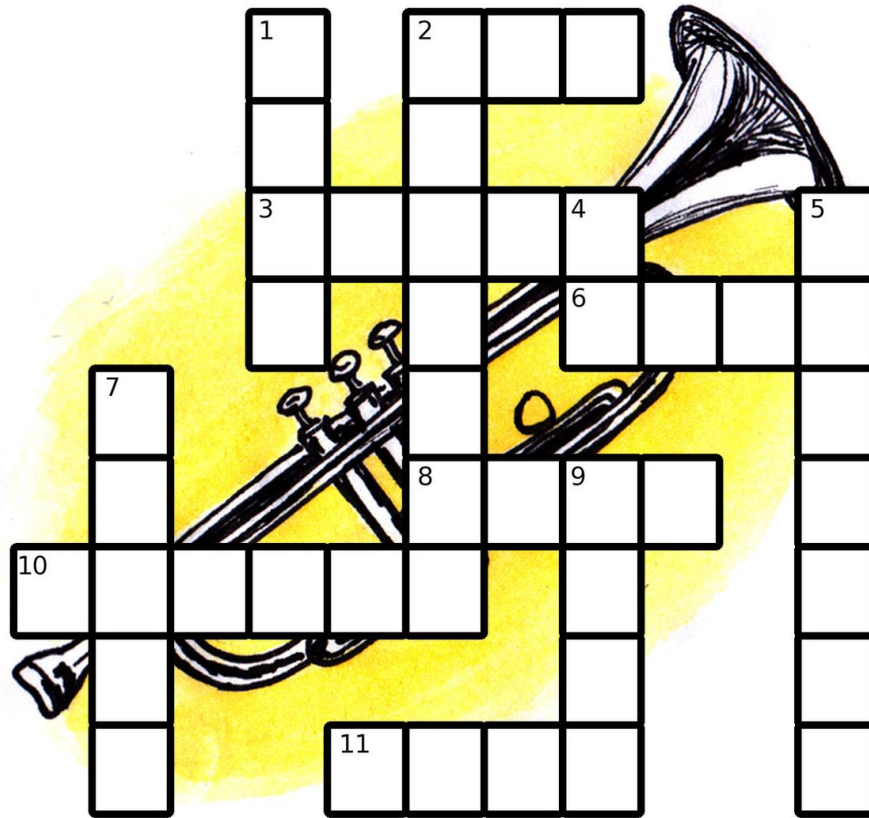
ISIDORE BECAME KNOWN FOR HIS HOLINESS, AND STORIES OF MIRACLES WERE TOLD OF HIM.



SAINT ISIDORE WORKED HARD AND SERVED GOD ALL HIS LIFE. HE DIED PEACEFULLY AT AGE 60.

SAINT ISIDORE WAS A HUMBLE MAN. HE DID SIMPLE WORK AND NEVER SEEMED IMPORTANT. HE JUST TRIED TO BE HOLY AND HELP THOSE AROUND HIM. BUT HE LOVED GOD SO MUCH THAT HE WAS A SAINT. AFTER HE DIED HIS BODY WAS FOUND INCORRUPT. SOON HE BECAME ONE OF THE BEST KNOWN SAINTS.

Psalm 47 Cross-Word



Unscramble the words in CAPITAL letters.

Then you can fit them into the puzzle.

(A means across and D means down.)

LAL (2A) you peoples, clap your hands,
 shout to God with cries of gladness,
 For the Lord, the SOMT (8A) HHGI (1D),
 the EMOSA EW (2D),
 is the TREAG (3A) king
 VROE (6A) all the HTREA (7D).

God mounts his throne amid shouts of joy;
 the Lord, amid UMTRET (5D) blasts.

GISN (9D) praise OT (4D) God, sing praise;
 Sing SIEARP (10A) to our INKG (11A), sing praise.

Jesus has gone back into Heaven!

Forty days after Jesus rose from the dead He went with His followers to the top of a mountain, where he told them to wait for the coming of the Holy Spirit, and then he went up through the clouds and returned to God the Father in Heaven.

But Jesus isn't gone forever! He is still with us every time we go to Mass, in Holy Communion. He will also come again at the end of the world.

Sometimes someone that we love goes away from us too. Sometimes people move away, or we move away from our friends. Sometimes people that we love die.

But we know that we will see our friends again, and we will be with the people who died when we die and go to Heaven.



Today let us celebrate Jesus returning to the Father in Heaven, and remember that we hope to join them some day!

Answers to Psalm 47 Cross-Word:
Down: 1 high, 2 awesome, 4 to, 5 trumpet, 7 earth, 9 sing.
Across: 2 all, 3 great, 6 over, 8 most, 10 praise, 11 king.

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holymfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESPOND to it, you can forward it to contact@holymfamilymh.ca so it can be sent to the diocese.