



# Welcome to HOLY FAMILY PARISH

6<sup>TH</sup> SUNDAY OF EASTER – YR. B      SUNDAY MAY 5, 2024

Email: [contact@holyfamilymh.ca](mailto:contact@holyfamilymh.ca) ~ Website: [www.holyfamilymh.ca](http://www.holyfamilymh.ca) ~ Phone 403-527-6933

Facebook: [Medicine Hat Holy Family Parish](https://www.facebook.com/MedicineHatHolyFamilyParish) ~ [YouTube: Medicine Hat Holy Family Church](https://www.youtube.com/channel/UC...)

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

### CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid &  
Deacon Robert Risling

### RECONCILIATION...

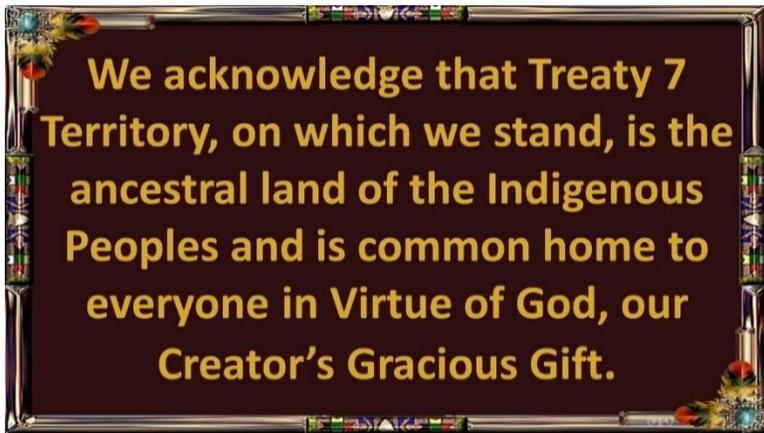
Friday 9:30am–10:30am.  
& Saturday 3:30–4:45pm.

**MASS TIMES...** MONDAY to FRIDAY at 9:00AM  
FIRST SATURDAY OF MONTH at 8:00AM, SATURDAY at 5:00PM  
SUNDAY at 8:30AM, 10:30AM & 6:00PM

**THE CHAPEL IS OPEN**  
MONDAY - FRIDAY 9:30am - 4:00pm  
ADORATION FRIDAY 9:30 - 10:30am

Knights of Columbus – Greg Martin  
Catholic Women's League – Cathy Koch

Parish Pastoral Council Chair - Gary Heinbecker  
Parish Finance Council Chair - Cheryl Pocsik



*Wishing you a wonderful month filled with  
sunshine, happiness, and new beginnings!*



### † Masses & Mass Intentions †



Saturday, May 4

8:00am - Tony & Eugenia Schaffer †  
5:00pm - June Wagman †

Sunday, May 5

8:30am - Holy Family Parish  
10:30am - Deloes Hellman †  
6:00pm - Harry Sehn †

Monday, May 6

9:00am - Veronica Getz †

Tuesday, May 7

9:00am - Casey Lee †  
6:00pm - Weisgerber Family

Wednesday, May 8

9:00am - Tom Weisgerber †

Thursday, May 9

9:00am - Edith Sehn

Friday, May 10

9:00am - Chris Sehn & Family

OPERATING FINANCES	
MARCH 1-31, 2024	
Operating Budget 2022	\$ 60,990
General Envelope Collection	\$ 57,805
Loose Collections	\$ 7,296
Future Development	\$ 3,559
Sale of Church Supplies & Other	\$ 15,613
<b>\$ 84,273 - Budget Vs Actual</b>	<b>\$ 23,283</b>
SPECIAL COLLECTIONS	
Together in Action (TIA)	\$ 5,786
St Vincent de Paul	\$ 3,751
World Mission	\$ 25
Clergy Retirement	\$ 70
Mission Mexico	\$ 195
CARO	\$ 60
Seminary Fund	\$ 140
Holy Land	\$ 4,027
Pope's Pastoral Works	\$ 20
<i>Thank You for your Generous Contributions</i>	
Average Weekly Attendance	1,501

HAPPENINGS IN HOLY FAMILY PARISH

Saturday, May 4  
 8:00am – 1<sup>st</sup> Saturday Mass – HFP Sanctuary  
 10:00am – Benedictine Group – Hope room

Saturday to Friday, May 4 to 12th  
 MH Catholic Student Art Show – HFP Foyer

Sunday, May 5  
 9:30am & 10:30am – Parish Breakfast – HFP Hall

Monday, May  
 7:00pm – K of C Officers Mtg – Faith Room

Tuesday, May 7  
 6:00pm – Healing Mass – HFP Sanctuary  
 7:00pm – CWL Executive Mtg – Hope room

Wednesday, May 8  
 9:30am – Bible Study – Faith Room  
 7:00pm – RCIA – Faith Room

Thursday, May 9  
 7:00am – Men's Prayer Group – Faith Room

Friday, May 10  
 9:30am – 10:30am – Adoration – HFP Chapel  
 9:30-10:30am – Reconciliation – HFP Chapel

Tuesday to Friday, May 14 to 17th  
 No Mass as Fr. Iqbal will be away attending the Priest Retreat

TOGETHER in ACTION | 2024

**2024 Goal - \$70,938**

Donations to date - **\$19,364**

**YOU ARE called**

**We are 27% of the way there!**

YOU MATTER. YOU BELONG.

catholicccc.ca RENEWAL

**Special Collection Days**

**May 2024**

**May 5 - Together in Action**

**May 5 - Pope's Pastoral Works**

**Future Development Fund**

*God Bless You, Thank You for your donations!*

Love, Love, Love.

“Love” or “loved” is spoken seventeen times in the Bible readings today. Not a mushy Hallmark movie kind of love. But the love God has for us. The love we have for God and Christ. The love, therefore, we must have for everyone else. Strong, bold, lasting.

- ✦ How do I know I am loved? Let me count the persons and ways?
- ✦ How will I love those who are nearby?
- ✦ How will I love everyone else?

**VOCATIONS** May 5, 2024  
 6<sup>th</sup> Sunday of Easter

The greatest love story that ever happened: God's continuing love for His people. All God asks is “Love one another as I have loved you”. The world really needs to see people who are trying to love others with all their hearts. Priests, religious and deacons can be excellent examples of this love. If you are willing to answer God's call, please contact the Office of Vocations at 403-218-5500 or email Fr. Cristino Bouvette

[vocations@calgarydiocese.ca](mailto:vocations@calgarydiocese.ca) [www.catholicccc.ca/vocations.html](http://www.catholicccc.ca/vocations.html)

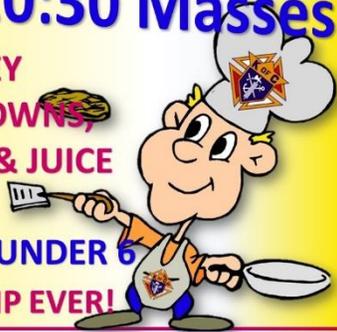
# Parish Breakfast ~ May 5<sup>th</sup> After 8:30 & 10:30 Masses

OMELETS, TURKEY  
SAUSAGES, HASH BROWNS,  
TOAST, FRUIT, COFFEE & JUICE

\$10. – ADULTS

\$5. – UNDER 12, FREE – UNDER 6

& THE BEST FELLOWSHIP EVER!



Hosted by Medicine Hat Catholic and Knights of Columbus Councils

## Medicine Hat Catholic School Division Student Art Show

*A Spirit of Encounter*

May 4<sup>th</sup> to May 12<sup>th</sup> Holy Family Parish Foyer



COME AND ENJOY THE TALENT OF OUR  
LOCAL CATHOLIC SCHOOL STUDENTS



4<sup>th</sup> Degree  
Knights of  
Columbus  
Members  
Meeting  
May 5, 2024  
2:00 PM  
St. Patrick's  
Church  
Meeting Room

Knights of Columbus  
Officers Meeting  
May 6 at 7:00pm  
Faith Room



Catholic Women's League (CWL)  
Executive Meeting  
May 7 at 7:00pm  
Hope Room

## HEALING MASS

"COME TO ME, ALL YOU WHO ARE WEARY  
AND BURDENED..."

1<sup>ST</sup> TUESDAY EACH MONTH AT 6:00PM

MAY 7, 2024

The Catholic Women's League of Canada  
**12 Hours of Prayer for Palliative Care**  
Wednesday May 8, 2024, 9:30 am – 9:30 pm  
Holy Family Parish Chapel.



We are asking for 1 hour of prayer

Be a profound witness to  
the sanctity of human life.

ALL PARISHIONERS, FAMILY AND FRIENDS ARE  
INVITED TO JOIN CWL MEMBERS IN PRAYER AND  
SOLIDARITY.



CWL will be collecting for  
Nurture Pregnancy Support  
for 4 weeks, starting  
weekend of May 11/12 until  
weekend June 8/9.



## Medicine Hat Pro-Life Association HIKE FOR LIFE

Saturday, May 11, 2024

Kin Coulee Park (by the Band Shelter)  
Registration 1:00pm & Hike @ 1:30pm

For more information:

George Ibach - 403-527-7434

Or Terry Hurst - 403-527-6298

St. Patrick's Community Resource Family Fair  
is seeking new or used toys and sports  
equipment, kid's books, swim towels and  
unopened toiletries to be donated to families at  
the fair, June 1<sup>st</sup> from 11:00am to 4:00pm.

Items will be accepted after the Masses at St.  
Patrick's on May 25<sup>th</sup> and 26<sup>th</sup>.  
Pickup of items may also be arranged by  
leaving a message at (403) 526-0532.

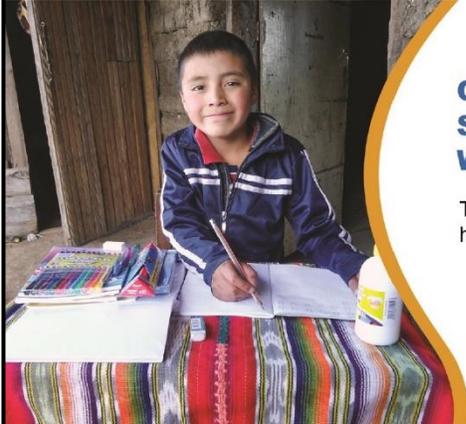
## Sacraments

I would personally like to thank all the individuals who gave their time to the sacramental programs this year. Thank you to our wonderful teachers and helpers who shared their insight and encouraged our youth to not only grow but to walk in their faith every day. A special thank you to Deacon Terry and especially Deacon Robert for the time he gave ministering to our parents as well as the children. Also thank you to all the CWL members for their time and organization of celebrations in the hall as well as the Knights of Columbus for their contributions and support. Thanks to the office staff for their attention to the needs of these sacrament classes and finally thank you to Fr. Iqbal and Fr. Roque for your guidance, encouragement, and prayers. You are all deeply appreciated.

Sally Myers, Sacramental Prep Coordinator



**Prayers for Souls of the Faithful Departed**  
Pray the Rosary with the Legion of Mary.  
**Mother's Day, May 12th, from 3:00 - 3:30pm**  
**HILLSIDE CEMETERY -13th St. SW entrance,**  
**1st right to grassed area beside the office**  
There will be an altar for Mary, that you can place flowers which you can later place on a loved one's grave.  
Bring your own lawn chair if needed.



chalice.ca

**Chalice Sponsorship Weekend**

This June 1st-2nd, open your heart to sponsor a child  
Holy Family Parish



www.mountstfrancis.ca

2024 **75** Years  
Mount St. Francis Retreat Centre  
Celebrate Sacred Space

**Men's Silent Retreat**  
June 7-9th

For registration information contact Ken Moen  
403-866-1270 or kmoen@telus.net



**Blumenfeld Pilgrimage**  
**Sunday, June 9<sup>th</sup>, 2024**  
Bishop Mark Hagemoen  
Supper following Mass

**Rosary & Mass @ 3:00**  
Reconciliation 2:00-2:45  
Bring lawn chairs, bug spray & umbrellas

Blumenfeld & District Heritage Site, Leader, SK.  
16km south of Leader & 6.5km east (Blumenfeld Rd)  
"Cemetery Project- to refresh and landscape the final resting place of our ancestors."  
Facebook - Blumenfeld & District Heritage Site

# Bible Study



Wednesday Mornings after the 9:00 Mass

HOLY FAMILY PARISH

## MEN'S PRAYER GROUP

Thursday Mornings - 7:00 to 7:30 – Faith Room

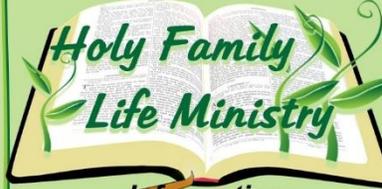
Open to all men seeking to nurture their relationship with God and each other through prayer, song and reflection on the daily scripture readings.

More Information - Gord 527-7423 or Alan 527-4169

Pamphlets available at the Greeting Desk

### REAL MEN PRAY

If you are passionate about the dignity of life & would like to know more about what the Catholic Church teaches regarding the dignity of life, please join us.



Information

Valerie at 587-588-5788

Sonia at 403-528-0028

Prayer and Adoration

2nd Tuesday of the month  
at 7:00pm in the Chapel.

Education Evening

4th Monday of the month  
at 7:00pm in the Faith  
Room.

**EMAIL SCAMS AGAIN FROM  
PRIESTS, CHURCH, STAFF, ETC.**

**NOBODY** is going to ask you for gift cards, or bit coins! **NOBODY!!!**

If you get an email or a text, **PLEASE DO NOT RESPOND** to it, **JUST DELETE IT!**

Listen to Mass on your phone...  
Download the "Audio Fetch" app.  
Our Network is: HFP\_LIVE  
The Password is: Liv3HFP\*



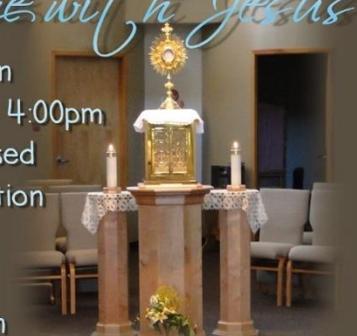
# Faithfully

FAITH. LIVED. FULLY.

[catholiccyc.ca/Faithfully](http://catholiccyc.ca/Faithfully) keeps you updated with what's happening in and around our Diocese!

## Spending time with Jesus

The Chapel is Open  
Monday – Friday 9:30am – 4:00pm  
Adoration of the Blessed  
Sacrament & Reconciliation  
Friday 9:30-10:30am  
Reconciliation  
Saturday 3:30-4:30pm



*E-transfer*  
ONLINE GIVING



[accounting@holyfamilymh.ca](mailto:accounting@holyfamilymh.ca)

# FORMED

THE CATHOLIC FAITH.  
ON DEMAND.



- 1 Scan this with your phone camera
- 2 Enter our parish name or zip code
- 3 Enjoy the content you want



Visit [signup.formed.org](http://signup.formed.org) for more information

USE WITH



## St. Mary's School Bulletin Write up for May 2024



St. Mary's School is a Junior High School offering grades 7-9 and a wide variety of programming. Students choose from four programming streams: General Programming, French Immersion, Fine Arts Academy, and Alternative Programming.

We pride ourselves on a wide and varied list of option programming which includes: Art, Musical Theatre, Guitar, Foods, Shop, World Languages, Visual Communications, Drama, Band, Choir, Dance, Fitness, Cosmetology, Robotics, Criminology, Games, Circus/Clown/Magic, Community Outreach, Movement, Mythology, Media & Yearbook, Outdoor Recreation, Driver's Education, Biology, Psychology, Geography, Sculpture, Mechanical Science, Archery, Tourism, First Aid, Theatre Makeup, Songwriting, Coding, Advanced Science, and Academic Support.

Furthermore, our students participate in many extracurricular activities such as our annual Musical Theatre Production, Faith Leadership, Art Club, Games Club, Jazz Band, Football, Cross Country Running, Volleyball, Basketball, Badminton, Track & Field, Soccer, Rugby, Golf, and Archery.

Our Homeroom Religion classes complete annual service projects such as snow shoveling, visiting seniors, writing letters to Veterans, picking garbage, etc. and work on typing skills, healthy habits, and interpersonal relationship skills.

The best part of St. Mary's School is the staff who make a deliberate and sustained effort to bring our faith alive and make connections with students and build trusted relationships. We work hard every day to be a place of love and acceptance for our student body.



**Medicine Hat Catholic  
Board of Education**



6<sup>th</sup> Sunday of EASTER - YEAR B

MAY 5, 2024

## LOVE CHANGES OUR LIFE

This Sunday's liturgy opens with these words "Proclaim a joyful sound and let it be heard; proclaim to the ends of the earth: The Lord has freed his people, alleluia". Wow isn't amazing to hear these words when are facing bad situations. As we continue our journey of Easter Season, last Sunday Jesus invited us to abide in him and bear much fruit which will make us his disciple. There was also a warning "without me you can do nothing" and this must have shaken our pride and understanding that we can do everything without God or Jesus (Please read 2 Corinthians 4:1-15). This Sunday's Scripture Readings bring us to the knowledge and understanding that God loves us and makes us a winner over the evil.

There is a story about a brave young man who sought Socrates with the desire to become a scholar. He turned to the great Greek philosopher and said, "Oh, illustrious Socrates, I come to you to gain knowledge." In response, Socrates led the young man through the streets to the seashore, where they sank into the water. Then he asked the young man, "Now tell me, what do you want?" "Knowledge, O wise Socrates," replied the young man with a smile. Socrates put his hands on the young man's shoulders and pushed him into the water. Thirty seconds later the philosopher lifted his disciple out of the water. "Tell me one more time, what did you say you wanted?" he asked. "Wisdom, illustrious and wise Socrates," replied the young man with difficulty breathing.

Socrates pushed him again into the water. Thirty seconds passed, thirty-five, forty, forty-five... Eventually, Socrates brought him to the surface. Socrates asked him again, "What do you want, young man?" He struggled to answer. "Wisdom, a wise and wonderful ..." Socrates immediately threw the young man underwater, this time holding him there for almost a minute. When the young man came to the surface longing for oxygen, Socrates asked him, "What do you want?" "Air!" the young man shouted. "I need air!" "When you long for wisdom as you long for air, then you will have it," came the unperturbed answer of the wise Socrates.

Isn't that an amazing story to understand the Scripture Readings today. St. Peter claims "I truly understand that God shows no partiality, but in every nation anyone who fears him and does what is right and acceptable to God". I believe God doesn't leave anyone in suffering and in pain but heals them. St. John says in one of his letters that "it is not we who have loved him but is it he who has loved us". Even in today's Second Reading he says "Let us love one another, because love is from God; everyone who loves is born of God and knows God. Whoever does not love does not know God, for God is Love".

The word Love does not only make us feel for ourselves, but it teaches us to learn to sacrifice because if there is no love, there is no sacrifice and there no sacrifice if there is no love. In the Book

of Genesis (22) we read the story of Abraham who got a son in his old age but he was ready to sacrifice him "He said 'Take your son, your only son Isaac, who you love, and go to the land of Moriah, and offer him there as a burnt offering on one of the mountains that I shall show you'. Even God himself to show his unconditional love to humanity, was ready to sacrifice his only Son "God loved the world so much that he gave his only Begotten Son that anyone who believes in him have life and life in abundance". Someone wrote, "Christians are indistinguishable from other men either by nationality, language, or customs. They do not inhabit separate cities of their own, or speak a strange dialect, or follow some outlandish way of life. Their teaching is not based upon reveries inspired by the curiosity of men. Unlike some other people, they champion no purely human doctrine. Regarding dress, food, and manner of life in general, they follow the customs of whatever city they happen to be living in, whether it is Greek or foreign.

And yet there is something extraordinary about their lives. They live in their own countries as though they were only passing through. They play their full role as citizens, but labor under all the disabilities of aliens. Any country can be their homeland, but for them their homeland, wherever it may be, is a foreign country. Like others, they marry and have children, but they do not expose them. They share their meals, but not their wives. They live in the flesh, but they are not governed by the desires of the flesh. They pass their days upon earth, but they are citizens of heaven. Obedient to the laws, they live on a level that transcends the law.

Christians love all men, but all men persecute them. Condemned because they are not understood, they are put to death, but raised to life again. They live in poverty, but enrich many; they are totally destitute, but possess an abundance of everything. They suffer dishonor, but that is their glory. They are defamed but vindicated. A blessing is their answer to abuse, deference their response to insult. For the good they do they receive the punishment of malefactors, but even then, they rejoice, as though receiving the gift of life. They are attacked by the Jews as aliens, they are persecuted by the Greeks, yet no one can explain the reason for this hatred.

To speak in general terms, we may say that the Christian is to the world what the soul is to the body. As the soul is present in every part of the body, while remaining distinct from it, so Christians are found in all the cities of the world but cannot be identified with the world. As the visible body contains the invisible soul, so Christians are seen living in the world, but their religious life remains unseen. The body hates the soul and wars against it, not because of any injury the soul has done it, but because of the restriction the soul places on its pleasures. Similarly, the world hates the Christians, not because they have done it any wrong, but because they are opposed to its enjoyments. Christians love those who hate them just as the soul loves the body and all its members despite the body's hatred. It is by the soul, enclosed within the body, that the body is held together, and similarly, it is by the Christians, detained in the world as in a prison, that the world is held together. The soul, though immortal, has a mortal dwelling place; and Christians also live for a time amidst perishable things, while awaiting the freedom from change and decay that will be theirs in heaven. As the soul benefits from the deprivation of food and drink, so Christian's flourish under persecution. Such is the Christian's lofty and divinely appointed function, from which he is not permitted to excuse himself".

St. Augustine reflecting on the mystery of Easter which is the mystery of love wrote this beautiful reflection. Our thoughts in this present life should turn on the praise of God because it is in praising God that we shall rejoice for ever in the life to come; and no one can be ready for the next life unless he trains himself for it now. So, we praise God during our earthly life, and at the same time we make our petitions to him. Our praise is expressed with joy, our petitions with yearning. We have been promised something we do not yet possess, and because the promise was made by one who keeps his word, we trust him and are glad; but insofar as possession is delayed, we can only long and yearn for it. It is good for us to persevere in longing until we receive what was promised, and yearning is over; then praise alone will remain.

Because there are these two periods of time—the one that now is, beset with the trials and troubles of this life, and the other yet to come, a life of everlasting serenity and joy—we are given two liturgical seasons, one before Easter and the other after. The season before Easter signifies the troubles in

which we live here and now, while the time after Easter which we are celebrating at present signifies the happiness that will be ours in the future. What we commemorate before Easter is what we experience in this life; what we celebrate after Easter points to something we do not yet possess. This is why we keep the first season with fasting and prayer; but now the fast is over and we devote the present season to praise. Such is the meaning of the Alleluia we sing. Both these periods are represented and demonstrated for us in Christ our head. The Lord's passion depicts for us our present life of trial—shows how we must suffer and be afflicted and finally die. The Lord's resurrection and glorification show us the life that will be given to us in the future.

Now therefore, brethren, we urge you to praise God. That is what we are all telling each other when we say Alleluia. You say to your neighbor, "Praise the Lord!" and he says the same to you. We are all urging one another to praise the Lord, and all thereby doing what each of us urges the other to do. But see that your praise comes from your whole being; in other words, see that you praise God not with your lips and voices alone, but with your minds, your lives and all your actions. We are praising God now, assembled as we are here in church; but when we go on our various ways again, it seems as if we cease to praise God. But provided we do not cease to live a good life; we shall always be praising God. You cease to praise God only when you swerve from justice and from what is pleasing to God. If you never turn aside from the good life, your tongue may be silent, but your actions will cry aloud, and God will perceive your intentions; for as our ears hear each other's voices, so do God's ears hear our thoughts".

Holy Father Pope Francis opens our hearts and minds with this amazing reflection on the Gospel "Thinking of his imminent sacrifice on the cross, He adds: "No one has greater love than this, to lay down one's life for one's friends. You are my friend if you do what I command you". These words, said at the Last Supper, summarize Jesus' full message. They summarize all that He did: Jesus gave His life for His friends. Friends who did not understand Him, in fact they abandoned, betrayed, and denied Him at the crucial moment. This tells us that He loves us, even though we don't deserve His love. Jesus loves us in this way!"

Thus, Jesus shows us the path to follow Him: the path of love. His commandment is not a simple teaching which is always abstract or foreign to life. Christ's commandment is new because He realized it first, He gave His flesh and thus the law of love is written upon the heart of man (Jer 31:33). And how is it written? It is written with the fire of the Holy Spirit. With this Spirit that Jesus gives us, we too can take this path!

It is a real path, a path that leads us to come out of ourselves and go towards others. Jesus showed us that the love of God is realized in love for our neighbour. Both go hand-in-hand. The pages of the Gospel are full of this love: adults and children, educated and uneducated, rich and poor, just and sinners all were welcomed into the heart of Christ.

Therefore, this Word of God calls us to love one another, even if we do not always understand each other, and do not always get along... it is then that a Christian love is seen. St. Mother Teresa says, "do small things with great love". A love which manifests even if there are differences of opinion or character. Love is greater than these differences! This is the love that Jesus taught us. It is a new love because Jesus and his Spirit renewed it. It is a redeeming love, free from selfishness. A love which gives our hearts joy, as Jesus himself said: "These things I have spoken to you, that my joy may be in you, and that your joy may be complete".

It is precisely Christ's love that the Holy Spirit pours into our hearts to make everyday wonders in the Church and in the world. There are many small and great actions which obey the Lord's commandment: "Love one another as I have loved you". Thanks to the strength of the Word of Christ, each one of us can make ourselves the brother or sister of those whom we encounter. Actions of closeness, actions which manifest the love that Christ taught us.

God wants to cherish his love and presence in our day-to-day life and to remember for us he sacrificed his own Son to make us happy and joyful. The word Love we can break into:

Let go our past and learn to forgive and love one another.

Overcoming the misunderstanding about other

Verify the truth before we take any action or say any word about other.

Everything is going to be fine if we let love work in our lives.

There was an old apple tree in a farmer's garden. It was so old that it had stopped bearing fruit a long time ago. The only purpose it served was to provide shelter to the sparrows, grasshoppers, and squirrels in the neighbourhood. One day, the farmer decided to cut the tree down. He felt it had become completely useless. Besides, he wanted to get some furniture made and what better way to ensure the wood supply from the tree? The wood was still strong. So, taking a sharp axe in his hand, the farmer struck at the roots of the tree.

At once there was great commotion among the many creatures who inhabited the tree. The grasshoppers, the sparrows and the squirrels came out of their dwelling places and hovered around the farmer. "Please sir," they begged him. "Spare this tree's life. It is our only home." But the farmer only struck harder at the roots. "We promise to sing to you in the afternoons when you toil away. It would lighten your labours so," entreated the creatures. But their cries were in vain. The farmer continued his task with single-minded concentration. He was in a hurry to finish off the chopping by afternoon. As he raised his axe one more time, something in the hollow of the tree caught his eye. A beehive. Upon looking closer, the farmer found that it was full of honey. He tasted the honey, "oh it tastes heavenly".

Suddenly the farmer realised that the tree was not so useless after all. Its hollow was the ideal place for a beehive to rest. And if he took away the honey now, the bees would make more. They would certainly not abandon such an attractive residence.

"Hey, you up there," he announced as he threw away the axe. "I'm sparing the life of this tree. You can live in peace now."

The sparrows, grasshoppers and squirrels breathed deep sighs of relief. What a blessing that the farmer had found something of use to him in the tree! After all, it was the only reason the tree was still standing.

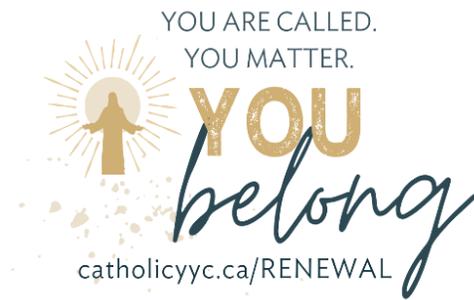
Do we believe that love can change our life?

# Love

## CHANGES OUR LIFE

May 5, 2024  
6<sup>th</sup> Sunday of  
Easter  
Year B





# DIOCESAN SUNDAY UPDATES

5<sup>th</sup> Sunday of Easter

## Catholic Education Week

Let us celebrate **Catholic Education Week** (May 5-10) this month with the provincial theme "*Courage to Lead*" (c.f. Micah 4:5). This Week also provides a special opportunity to thank each one of you for your extraordinary service to Catholic education. May God grant us the wisdom, courage, and strength to fulfill our sacred duty with courage and love, knowing that He walks alongside us every step of the way.

## GrACE Summit 2024:

### "Courage to Lead" - May 10

As Catholics, whether we are Educators, Trustees, Parents, Students, Clergy, or Parishioners, we are called to honor the transformative impact of Catholic education on individuals within our community and society. We invite you to attend the GrACE Summit - for all Catholics, in recognizing the impact of Catholic education and the transformative role of Catholic schools in both the community and society. When: **Fri, May 10 from 8:15 am to 2 pm**, at Corpus Christi Parish Hall (2707 34 St NW, Edmonton). Please click [here](#) to Register.

## Miscarriage Ministry Committee

The Miscarriage Ministry Committee in the Diocese of Calgary is organizing an information night about its mission and vision. We desire to be a place of support for those experiencing this unique form of loss. Join us for an evening of learning about this ministry, assessing the community's needs, sharing best practices, and fellowship. When: **Friday, May 24, from 7 pm to 9 pm** at the Catholic Pastoral Centre (120 17 Ave, SW, Calgary). To register, call Monica at 403-218-5521.

## Hike for Life - May 11

Come show a public witness for LIFE, because "Every human life is precious and valuable from conception until natural death." What does it mean

to show respect to every person at every stage of our life? Calgary Pro-Life will have seating for those who can not walk and provide entertainment throughout the morning event. When: **Sat, May 11 at Prince's Island Park, Calgary**. More info at [calgaryprolife.com](http://calgaryprolife.com)

## Holding to Hope - Young Professionals Silent Retreat - May 10-12

An opportunity for young professionals to unplug and disconnect from our busy lives, and experience the beauty in resting in silence, as they engage in personal reflection, prayer and meditation. The weekend will also include reflective talks and short supports to guide you in your silent reflection/prayer/meditation time. When: May 10-12 at Mount St. Francis, Cochrane. To register, contact Chika at [cypretreat@gmail.com](mailto:cypretreat@gmail.com)

## Eucharistic Miracles Exhibition

- **May 8-17, 2024 at Ascension Catholic Parish, Calgary.** Visiting hours vary; please check [ascensionparish.ca](http://ascensionparish.ca) or call 403-275-2240.
- **May 24 to June 2 at St. Michael's, Calgary.** Visit the Eucharistic Miracles Exhibition, with exhibits designed by Blessed Carlo Acutis, before his death from Leukemia at the age of 15. His intention was to bring a greater awareness of the Real Presence of Christ in the Eucharist. The exhibition is comprised of 169 panels with historical descriptions and an extensive assortment of photographs and artwork of Eucharistic Miracles that took place throughout the ages in various countries of the world and which have been recognized by the Vatican. Visiting hours vary; please check [saintmichael.ca](http://saintmichael.ca) or call 403-249-0423.

# Joe McKenna Council #9502 Knights of Columbus



Position	Name
Grand Knight	Greg Martin
Deputy Grand Knight	Jimmy Tablan
Financial Secretary	Pat Ries
Treasurer	Ron Pisoni
Chancellor	
Recorder	Pat Brigham
Advocate	Andy Hamel
Warden	Walter Pratt
Inside Guard	Dale Maddaford
Outside Guard	Michael Camphor
Year 1 Trustee	Herb Durda
Year 2 Trustee	Gary Heinbecker
Year 3 Trustee	Kent Friedt
Lecturer	Rick Brown
Membership Director	Garry Lux
Faith in Action Program Director	Greg Martin
Faith in Action Life Director	Allan Lawson
Faith in Action Family Director	Jimmy Tablan
Faith in Action Faith Director	Darrell Bonagofsky
Faith in Action Community Director	Ron Pisoni
Pastoral Parish Council Representative	Garry Mastel

2023-24 Knights Events
Date & Activity
Sunday, September 10 Corn Roast
Sunday, September 24 Knights Mass
Sunday, October 15 Breakfast
Sunday, November 19 Breakfast
Saturday, December 9 Knights Mass
Sunday, December 17 Christmas Breakfast
Sunday, January 21 Breakfast
Sunday, February 25 Breakfast
Sunday, April 7 Breakfast
Sunday, May 5 Breakfast
Sunday, June 23 Parish Picnic

# The Kids' Bulletin

Sixth Sunday of Easter

May 5th, 2024

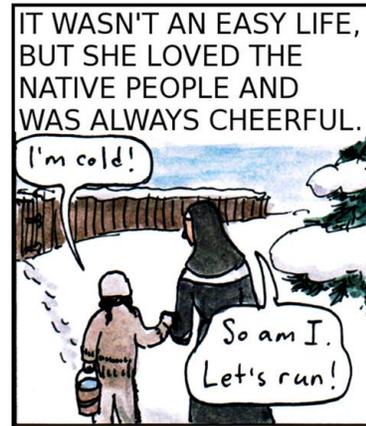
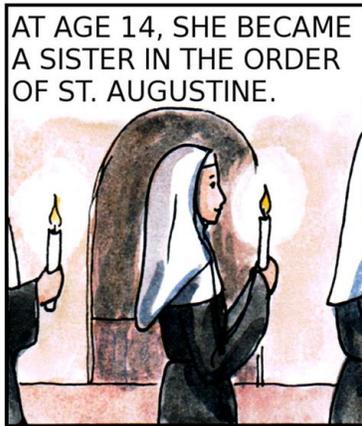


1	2	3	4	5	6	7
8	9	10	11	12	13	14

*What does Jesus ask us to do  
in today's Gospel reading?  
Put the letters in the spaces that match  
to find out!*

# Blessed Catherine of St. Augustine

## May 8



BLESSED CATHERINE LOVED THE SICK PEOPLE AND CARED FOR THEM BECAUSE SHE KNEW THAT BY HELPING OTHERS SHE WAS BEING KIND TO JESUS. WHEN YOU SEE SOMEONE WHO IS POOR OR SICK OR LONELY, REMEMBER THAT BY BEING KIND TO THAT PERSON YOU ARE BEING KIND TO JESUS.

# Love One Another Word Find

Find the words in CAPITALS from today's Gospel reading in the puzzle. Use the left-over letters to fill in the blanks.

As the FATHER has loved me, so have I loved you; REMAIN in my love. If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. These things I have spoken to you, that my joy may be in you, and that your joy may be COMPLETE. "This is my COMMANDMENT, that you love one another as I have loved you. GREATER love has no man than this, that a man lay DOWN his LIFE for his friends. You are my friends if you do what I command you. No LONGER do I call you SLAVES, for the slave does NOT KNOW what his MASTER is DOING; but I have CALLED you FRIENDS, for all that I have heard from my Father I have made known to you. You did not choose me, but I CHOSE you and appointed you that you should go and bear FRUIT and that your fruit should abide; so that whatever you ASK the Father in my NAME, he may GIVE it to you. This I command you, to love one ANOTHER.

G C T S L A V E S O L  
 I O A N O T C L G A Y  
 V M N D N O H I R F M  
 E M O W G N O F E R A  
 F A T H E R S E A U S  
 K N H O R E E N T I T  
 N D E C O M P L E T E  
 O M R E N A M E R S R  
 W E L F R I E N D S I  
 F N D O W N D O I N G  
 E T C A L L E D A S K

*No one has greater love than this:*

— — — — —  
 — — — — —

— — — — —  
*for one's friends.*



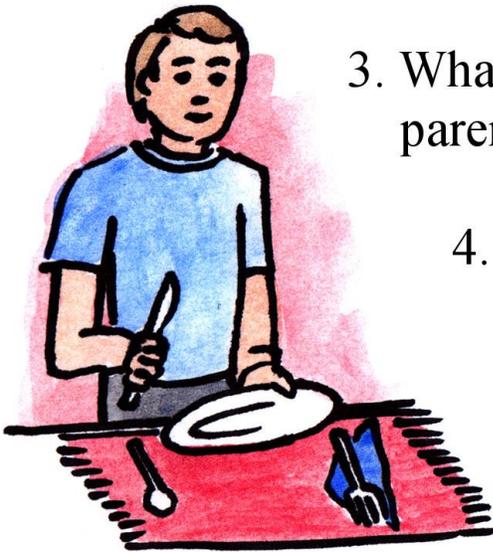
# Love One Another

Jesus wants us to love each other just like God the Father loves us. Can you think of some ways to show you love the people around you?



1. What can you do to show you love your parents?

2. How can you be loving to your brothers and sisters?



3. What can you do for your grandparents to show you love them?

4. How do you show your friends you love them?

5. What can you do to love someone that doesn't like you?

When someone is loving toward you, think of how that person is being like God the Father and try to be like them!



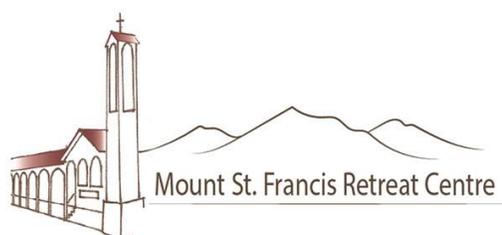
Answer to front page puzzle: Love one another!  
Answer to Word-Find: To lay down one's life

# Retreat Centers in Southern Alberta

## AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where we are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.



Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





# Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

**NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!**

**All our email addresses only end in @holymfamilymh.ca never a @gmail account.**

**If you get an email or a text, PLEASE DO NOT RESPOND to it, you can forward it to [contact@holymfamilymh.ca](mailto:contact@holymfamilymh.ca) so it can be sent to the diocese.**