



Welcome to HOLY FAMILY PARISH

5TH SUNDAY OF EASTER – YR. B SUNDAY APRIL 28, 2024

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Phone 403-527-6933

Facebook: [Medicine Hat Holy Family Parish](#) ~ YouTube: [Medicine Hat Holy Family Church](#)

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid &
Deacon Robert Risling

RECONCILIATION...

Friday 9:30am–10:30am.
& Saturday 3:30–4:45pm.

MASS TIMES... MONDAY to FRIDAY at 9:00AM

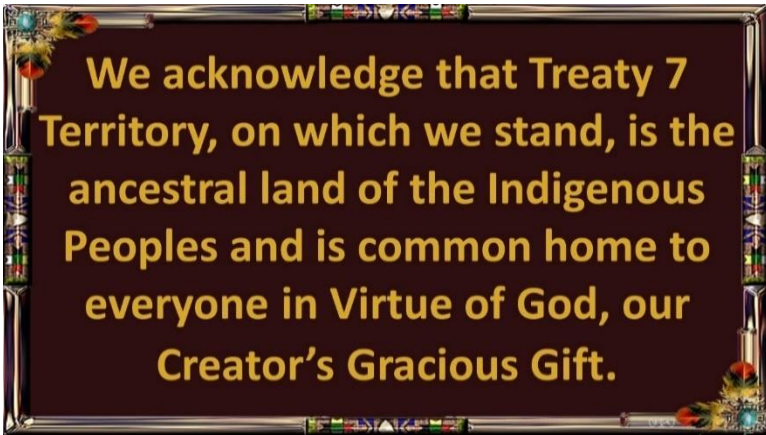
FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM
SUNDAY at 8:30AM, 10:30AM & 6:00PM

THE CHAPEL IS OPEN

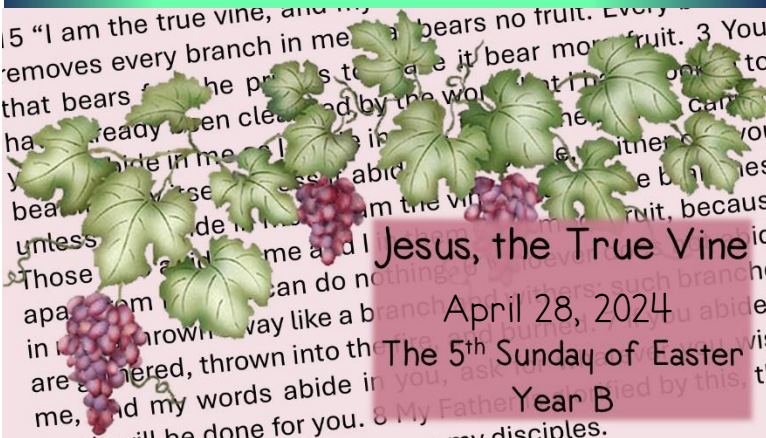
MONDAY - FRIDAY 9:30am - 4:00pm
ADORATION FRIDAY 9:30 - 10:30am

Knights of Columbus – Greg Martin
Catholic Women’s League – Cathy Koch

Parish Pastoral Council Chair - Gary Heinbecker
Parish Finance Council Chair - Cheryl Pocsik



Congratulations to all the 1st Communion and Confirmation Candidates, God Bless You All



† Masses & Mass Intentions †



Saturday, April 27

5:00pm - David Leahy

Sunday, April 28

8:30am - Jim Tennant †

10:30am - Holy Family Parish

6:00pm - Philip & Lechen Garrecht †

Monday, April 29

9:00am - Casey Lee †

Tuesday, April 30

9:00am - Dean & Maria Sehn Family

Wednesday, May 1

9:00am - Mike & Philomena Hecker †

Thursday, May 2

9:00am - Carol Kohlman †

Friday, May 3

9:00am - Dan Hudec †

| OPERATING FINANCES | |
|--|------------------|
| MARCH 1-31, 2024 | |
| Operating Budget 2022 | \$ 60,990 |
| General Envelope Collection | \$ 57,805 |
| Loose Collections | \$ 7,296 |
| Future Development | \$ 3,559 |
| Sale of Church Supplies & Other | \$ 15,613 |
| \$ 84,273 - Budget Vs Actual | \$ 23,283 |
| SPECIAL COLLECTIONS | |
| Together in Action (TIA) | \$ 5,786 |
| St Vincent de Paul | \$ 3,751 |
| World Mission | \$ 25 |
| Clergy Retirement | \$ 70 |
| Mission Mexico | \$ 195 |
| CARO | \$ 60 |
| Seminary Fund | \$ 140 |
| Holy Land | \$ 4,027 |
| Pope's Pastoral Works | \$ 20 |
| <i>Thank You for your Generous Contributions</i> | |
| Average Weekly Attendance | 1,501 |

HAPPENINGS IN HOLY FAMILY PARISH

Friday, April 26
6:00pm – 1st Holy Communion Mass – Sanctuary followed by a reception in the HFP Hall

Wednesday, May 1
8:00am – Novena to Our Mother of Perpetual Help – HFP Sanctuary
9:30am – Bible Study – Faith Room
7:00pm – RCIA – Faith Room
7:00pm – Faith in Action – Hope Room

Thursday, May 2
7:00am – Men's Prayer Group – Faith Room

Friday, May 3
9:30am – 9:30pm – Adoration – HFP Chapel
9:30-10:30am & 8:00-9:30pm – Reconciliation – HFP Chapel

Saturday, May 4
8:00am – 1st Saturday Mass – HFP Sanctuary

Saturday & Sunday, May 4 & 5
MHCBE School Art Show – HFP Foyer

Sunday, May 5
9:30am & 10:30am – Parish Breakfast – HFP Hall

Tuesday, May 7
6:00pm – Healing Mass – HFP Sanctuary

TOGETHER **in ACTION** | 2024

2024 Goal - \$70,938
Donations to date - \$18,763
We are 26% of the way there!

YOU ARE called
YOU MATTER. YOU BELONG.

catholicyc.ca

*God Bless You,
Thank You for
your donations!*

**Special Collection Days
April 2024**

**Future Development Fund
Together in Action**

**April 21
Education of Seminarians**

Bearing Much Fruit ~ It is the start of May and, in the northern hemisphere, some of us are about spring planting. The tasks today look to future fruit and vegetables. By analogy, God is the gardener. We are the branches, the seeds, the fruit. To be healthy, we let ourselves be tilled around, watered, weeded.

† Because of how I behave now, how will I be tomorrow and in the future?

† What tending work will I let God do to me?

† What can I do to be a more fruitful Christian?


VOCATIONS April 28, 2024
5th Sunday of Easter

Our second Scripture reading reminds us that we are to love, not in word and speech only, but in truth and action. If God is calling you to a Church vocation, please contact the Office of Vocations at 403-218-5500 or email Fr. Cristino Bouvette


vocations@calgarydiocese.ca www.catholicyc.ca/vocations.html

**Medicine Hat
Pro-Life Association
Notice of Meeting
Monday, April 28, 2024
7:30 pm
St. Patrick's Church Hall**

For more information: George Ibach, 403-527-7434



**THE FIRST WEDNESDAY OF
THE MONTH THE LEGION OF
MARY HOSTS THE MOTHER
OF PERPETUAL HELP
NOVENA
BEFORE MASS AT 8:00AM
MAY 1, 2024**



**The Feast Day
Of Apostles
St. Philip
&
St. James
May 3**

*12 Hour
Adoration*

**Friday, May 3, 2024
9:30am - 9:30pm
Reconciliation
9:30 - 10:30am
& 8:00 - 9:30pm**



Adoration is a sign of devotion to and worship of Jesus Christ, present in body, blood, soul, and divinity, under the appearance of the consecrated host.
Please help by signing up for a half hour time slot if you're able.

All parishioners welcome and encouraged to attend

First Saturday Mass

*The 1st Saturday of
each month
at 8:00am*

May 4, 2024



**Parish Breakfast ~ May 5th
After 8:30 & 10:30 Masses**

**OMELETS, TURKEY
SAUSAGES, HASH BROWNS,
TOAST, FRUIT, COFFEE & JUICE**

**\$10. - ADULTS
\$5. - UNDER 12, FREE - UNDER 6
& THE BEST FELLOWSHIP EVER!**




**4th Degree
Knights of
Columbus
Members
Meeting
May 5, 2024
2:00 PM
St. Patrick's
Church
Meeting Room**


**Knights of Columbus
Officers Meeting
May 6 at 7:00pm
Faith Room**



**Catholic Women's League (CWL)
Executive Meeting
May 7 at 7:00pm
Hope Room**



**1st Holy Communion Mass
Friday, April 26 at 6:00pm
Followed by a reception in the HFP Hall**



Confirmation Mass

Saturday, April 27 at 10:30am

Followed by a reception in the HFP Hall



HEALING MASS

"COME TO ME, ALL YOU WHO ARE WEARY AND BURDENED..."

1ST TUESDAY EACH MONTH AT 6:30PM MAY 7, 2024

The Catholic Women's League of Canada
12 Hours of Prayer for Palliative Care
 Wednesday May 8, 2024, 9:30 am – 9:30 pm
 Holy Family Parish Chapel.



We are asking for 1 hour of prayer.

Be a profound witness to the sanctity of human life.



ALL PARISHIONERS, FAMILY AND FRIENDS ARE INVITED TO JOIN CWL MEMBERS IN PRAYER AND SOLIDARITY.

40 Loonies for Lent Goal Achieved

The Knights of Columbus THANK YOU, the generous parishioners of Holy Family Parish for your awesome support of 40 Loonies for Lent contributions. Your incredible donations help to support the Society of St. Vincent de Paul, Root Cellar, Mustard Seed, & feeding the hungry at 5th Avenue United Church and St. Barnabas Church.

To date the total donations are \$12,197.00. These 5 local service groups work to help our brothers and sisters in need. You personify how we can give of our treasure during the Lenten season.

A huge THANK YOU to you all. GOD BLESS.

Medicine Hat Pro-Life Association
HIKE FOR LIFE
 Saturday, May 11, 2024
 Kin Coulee Park (by the Band Shelter)
 Registration 1:00pm & Hike @ 1:30pm

For more information:
 George Ibach - 403-527-7434
 Or Terry Hurst - 403-527-6298

www.mountstfrancis.ca

Men's Silent Retreat
 June 7-9th

For registration information contact Ken Moen
 403-866-1270 or kmoen@telus.net

Children's Liturgy
Sunday
10:30am

Information or to Volunteer call
 Tammy 403-866-7886

Listen...with the ear of your heart.

This is the opening line of the rule of St. Benedict. Come join us (Benedictine Oblates) in prayer as we listen to the voice of God in our lives.

We meet every Saturday morning at 10:00 in the Hope Room at Holy Family Parish.

For more information call Carol at 403-526-0415.

If you are passionate about the dignity of life & would like to know more about what the Catholic Church teaches regarding the dignity of life, please join us.

Prayer and Adoration
 2nd Tuesday of the month at 7:00pm in the Chapel.

Education Evening
 4th Monday of the month at 7:00pm in the Faith Room.

Information
 Valerie at 587-588-5788
 Sonia at 403-528-0028

St. Patrick's Community Resource Family Fair is seeking new or used toys and sports equipment, kid's books, swim towels and unopened toiletries to be donated to families at the fair, June 1st from 11:00am to 4:00pm.

Items will be accepted after the Masses at St. Patrick's on May 25th and 26th. Pickup of items may also be arranged by leaving a message at (403) 526-0532.


HOLY FAMILY PARISH
MEN'S PRAYER GROUP

Thursday Mornings - 7:00 to 7:30 – Faith Room
 Open to all men seeking to nurture their relationship with God and each other through prayer, song and reflection on the daily scripture readings.

More Information - Gord 527-7423 or Alan 527-4169
 Pamphlets available at the Greeting Desk

REAL MEN PRAY


Bible Study



Wednesday Mornings after the 9:00 Mass

EMAIL SCAMS AGAIN FROM PRIESTS, CHURCH, STAFF, ETC.
NOBODY is going to ask you for gift cards, or bit coins! **NOBODY!!!**
 If you get an email or a text, **PLEASE DO NOT RESPOND** to it, **JUST DELETE IT!**

Listen to Mass on your phone...
 Download the "Audio Fetch" app.
 Our Network is: HFP_LIVE
 The Password is: Liv3HFP*



Faithfully
 FAITH. LIVED. FULLY.

catholiccyc.ca/Faithfully keeps you updated with what's happening in and around our Diocese!

Spending time with Jesus

The Chapel is Open
 Monday – Friday 9:30am – 4:00pm
 Adoration of the Blessed Sacrament & Reconciliation
 Friday 9:30-10:30am
 Reconciliation
 Saturday 3:30-4:30pm



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St. Louis School



St. Louis School is proud to be a vital part of the Medicine Hat Catholic Board of Education. Historically, St. Louis was the first Catholic School in Medicine Hat, named after the Sisters of Charity of St. Louis. Our school building, formally Montreal Street School, is the oldest school building in the city! We currently have a school population of just over 100 students with 21 staff. Located in the heart of the city, we are the neighbourhood school for the NW and NE Hill neighbourhoods and the North and South Flats neighborhoods. This year, our school has adapted the theme of the Seven Corporal Acts of Mercy based on the Gospel of Matthew, chapter 25. Through acts of service and prayer we have raised money for digging wells for drinking water in Kenya, made sandwiches for the Mustard Seed, bought pajamas for children at Christmas time and supported Mission Mexico. We will continue this year to support Mary's Meals in Malawi, visit those in hospitals, connect with those imprisoned and through the St. Vincent de Paul Society, help in providing shelter for the homeless. We are also excited this coming April to hold a school wide retreat with the Sisters and Brothers of the Seeds of the Word Community from Calgary and host our school sponsored Mass with St. Francis Xavier School on April 20th at the 5:00 PM service at St. Patrick's Church. As with all our schools within the MHCBE, St. Louis School welcomes students of all faiths and denominations for those who wish their children to receive a Catholic Education. For more information about the "Hidden Gem" of Medicine Hat Catholic, please contact Mr. Blackmer, the proud principal of St. Louis School.



**Medicine Hat Catholic
Board of Education**



5th Sunday of Easter - Year B

April 28, 2024

RELATIONSHIP BEARS FRUIT

The young tree faced many storms through its young life. The powerful winds, torrential rains, famine, ice, and snow would lie across its branches. At times the young tree questioned its maker asking, "Why have you let so many storms come into my life?" His maker whispered, "You will understand one day, stand firm, you will make it through the storms of life." "The challenges will pass, keep this in mind." The tree questioned his master, "If I go through one more winter the snow will surely break my branches if I face any more powerful wind I will surely be uprooted and moved away." His maker whispered, "Stand strong, dig your roots deep into the soil, you will understand someday." Somehow the young tree kept the positive thoughts in his mind and managed to survive and make it through even the toughest of storms. Somehow, even in the toughest of times, when the things it went through should have broken it down, it found a way to stand firm even through the worst of storms. As a young tree grew taller, stronger, and matured the tree realized the storms of life had made it stronger.

I think in order to bear fruit in our relationship with the Lord, we must undergo as the tree did to be strong and mature. Last Sunday we reflected on the qualities of Good Shepherd who lays his life for his sheep and meditated on the invitation that we are called by him. We were also reminded to see how we follow, listen, and know our Shepherd. This Sunday we called to examine our Christian life to see how are we bearing fruit that would last forever? How are we connected to the Lord and to what degree?

St. John in his Gospel has used phrase "I am" frequently to show the divinity of Jesus and his ultimate power to understand that "He is" not someone else. The titles shared by St. John in the Gospel about Jesus open our hearts and minds to understand our relationship with him: I am the vine, I am the way, the truth, and the life, I am the Good Shepherd, I am the life and resurrection, I am the living bread, I am gate.

Today's Gospel shows us Jesus during the Last Supper, in the moment He knows His death is close at hand. His 'hour' has come. For it is the last time He is with His disciples, and now He wants to impress firmly a fundamental truth in their minds: even when He will no longer be physically present with them, they will still be able to remain united to Him in a new way, and thus bear much fruit. Everyone can be united to Jesus in a new way. If, on the contrary, one should lose this unity with Him, this union with Him, would become sterile, or rather, harmful to the community. And to express this reality, this new way of being united to Him, Jesus uses the image of the vine and the branches: Just "as a branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. I am the vine; you are the branches". With this image He teaches us how to abide with Him, to be united to Him, even though He is not physically present.

Jesus is the vine, and through Him like the sap in the tree the very love of God, the Holy Spirit is passed to the branches. Look: we are the branches, and through this parable, Jesus wants us to understand the importance of remaining united to him. The branches are not self-sufficient, but depend totally on the vine, in which the source of their life is found. So, it is with us Christians. Grafted by Baptism in Christ, we have freely received the gift of new life from Him; and thanks to the Church we are able to remain in vital communion with Christ.

The Holy Bible is full of image of trees: Tree of Good and Evil and Tree of wisdom in the Book of Genesis. The encounter of Abraham with the angels took place under the tree. Jesus prayed in the Garden of Gethsemane which is called the Garden Olive Trees (which are still alive). People are compared with the trees who trust in the Lord or don't (Psalm 1 & Jeremiah 17). The Book of Revelation 22 is full of imagery of healing from a tree.

During the Season of Easter, we are asked to understand that by remaining with the Lord, we are able to bear fruit. St. Maximus explores this mystery in this way "Christ is risen! He has burst open the gates of hell and let the dead go free; he has renewed the earth through the members of his Church now born again in baptism and has made it blossom afresh with men brought back to life. His Holy Spirit has unlocked the doors of heaven, which stand wide open to receive those who rise up from the earth. Because of Christ's resurrection the thief ascends to paradise, the bodies of the blessed enter the holy city, and the dead are restored to the company of the living. There is an upward movement in the whole of creation, each element raising itself to something higher. We see hell restoring its victims to the upper regions, earth sending its buried dead to heaven, and heaven presenting the new arrivals to the Lord. In one and the same movement, our Savior's passion raises men from the depths, lifts them up from the earth, and sets them in the heights".

He continues to say "The light of Christ is an endless day that knows no night. Christ is this day, says the Apostle; such is the meaning of his words: Night is almost over; day is at hand. He tells us that night is almost over, not that it is about to fall. By this we are meant to understand that the coming of Christ's light puts Satan's darkness to flight, leaving no place for any shadow of sin. His everlasting radiance dispels the dark clouds of the past and checks the hidden growth of vice. The Son is that day to whom the day, which is the Father, communicates the mystery of his divinity. He is the day who says through the mouth of Solomon: I have caused an unfailing light to rise in heaven. And as in heaven no night can follow day, so no sin can overshadow the justice of Christ. The celestial day is perpetually bright and shining with brilliant light; clouds can never darken its skies. In the same way, the light of Christ is eternally glowing with luminous radiance and can never be extinguished by the darkness of sin. Therefore, John the evangelist says: The light shines in the darkness, and the darkness has never been able to overpower it".

Holy Father Pope Francis says, "When one is intimately united to Jesus, he enjoys the gifts of the Holy Spirit, which are — as St Paul tells us — "love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, self-control" (Gal 5:22). These are the gifts that we receive if we remain united in Jesus; and therefore, a person who is so united in Him does so much good for neighbour and society, is a Christian person. In fact, one is recognized as a true Christian by this attitude, as a tree is recognized by its fruit. The fruits of this profound union with Christ are wonderful: our whole person is transformed by the grace of the Spirit: soul, understanding, will, affections, and even body, because we are united body and soul".

We receive a new way of being, the life of Christ becomes our own: we are able to think like Him, to act like Him, to see the world and the things in it with the eyes of Jesus. And so we are able to love our brothers and sisters, beginning with the poorest and those who suffer the most, as He did and love them with His heart, and so bear fruits of goodness, of charity, and of peace in the world. Each one of us is a branch of the one vine; and all of us together are called to bear the fruits of this common membership in Christ and in the Church.

When we are intimate with the Lord, as the vine and branches are intimate and joined, we are able to bear the fruits of new life, of mercy, of justice and peace, derived from the Lord's Resurrection. It is what the Saints did, those who lived Christian life in fullness and lived the witness of charity, because they were true branches of the vine of the Lord. But "to be holy does not require being a bishop, a priest or a religious.... We are all called to be holy by living our lives with love and by bearing witness

in everything we do, wherever we find ourselves. We are all called to be holy as St. Luke writes "Be holy as your heavenly Father is Holy"; we must be holy with this richness we have received from the Risen Lord. Every activity, whether small or great, if lived in union with Jesus and with the attitude of love and of service, is an occasion to live Baptism and Gospel holiness to the fullest.

St. Hilary says "We believe that the Word became flesh and that we receive his flesh in the Lord's Supper. How then can we fail to believe that he really dwells within us? When he became man, he clothed himself in our flesh, uniting it to himself for ever. In the sacrament of his body, he gives us his own flesh, which he has united to his divinity. This is why we are all one, because the Father is in Christ, and Christ is in us. He is in us through his flesh, and we are in him. With him we form a unity which is in God. The manner of our indwelling in him through the sacrament of his body and blood is evident from the Lord's own words: This world will see me no longer, but you shall see me. Because I live you shall live also, for I am in my Father, you are in me, and I am in you. If it had been a question of mere unity of will, why should he have given us this explanation of the steps by which it is achieved? He is in the Father by reason of his divine nature, we are in him by reason of his human birth, and he is in us through the mystery of the sacraments. This, surely, is what he wished us to believe; this is how he wanted us to understand the perfect unity that is achieved through our Mediator, who lives in the Father while we live in him, and who, while living in the Father, lives also in us. This is how we attain to unity with the Father. Christ is in very truth in the Father by his eternal generation; we are in very truth in Christ, and he likewise is in us.

Christ himself bore witness to the reality of his unity when he said: He who eats my flesh and drinks my blood lives in me and I in him. No one will be in Christ unless Christ himself has been in him; Christ will take to himself only the flesh of those who have received his flesh. He had already explained the mystery of this perfect unity when he said: As the living Father sent me and I draw life from the Father, so he who eats my flesh will draw life from me. We draw life from his flesh just as he draws life from the Father. Such comparisons aid our understanding since we can grasp a point more easily when we have an analogy. And the point is that Christ is the wellspring of our life. Since we who are in the flesh have Christ dwelling in us through his flesh, we shall draw life from him in the same way he draws life from the Father".

Once upon a mountain top, three little trees stood and dreamed of what they wanted to become when they grew up. The first little tree looked up at the stars and said: "I want to hold treasure. I want to be covered with gold and filled with precious stones. I'll be the most beautiful treasure chest in the world!" The second little tree looked out at the small stream trickling by on its way to the ocean. "I want to be traveling mighty waters and carrying powerful kings. I'll be the strongest ship in the world!" The third little tree looked down into the valley below where busy men and women worked in a busy town. "I don't want to leave the mountain top at all. I want to grow so tall that when people stop to look at me, they'll raise their eyes to heaven and think of God. I will be the tallest tree in the world." Years passed. The rain came, the sun shone, and the little trees grew tall. One day three woodcutters climbed the mountain.

The first woodcutter looked at the first tree and said, "This tree is beautiful. It is perfect for me." With a swoop of his shining ax, the first tree fell. "Now I shall be made into a beautiful chest, I shall hold wonderful treasure!" The first tree said.

The second woodcutter looked at the second tree and said, "This tree is strong. It is perfect for me." With a swoop of his shining ax, the second tree fell. "Now I shall sail mighty waters!" thought the second tree. "I shall be a strong ship for mighty kings!" The third tree felt her heart sink when the last woodcutter looked her way. She stood straight and tall and pointed bravely to heaven. But the woodcutter looked up. "Any kind of tree will do for me." He muttered. With a swoop of his shining ax the third tree fell.

The first tree rejoiced when the woodcutter brought her to a carpenter's shop. But the carpenter fashioned the tree into a feed box for animals. The once beautiful tree was not covered with gold, nor with treasure. She was coated with saw dust and filled with hay for hungry farm animals.

The second tree smiled when the woodcutter took her to a shipyard, but no mighty sailing ship was made that day. Instead, the once strong tree was hammered and sawed into a simple fishing boat. She was too small and too weak to sail to an ocean, or even river; instead, she was taken to a little lake. The third tree was confused when the woodcutter cut her into strong beams and left her in a lumberyard. "What happened?" The once tall tree wondered. "All I ever wanted was to stay on the mountain top and point to God..." Many days and nights passed. The three trees nearly forgot their dreams. But one night golden starlight poured over the first tree as a young woman placed her newborn baby in the feed box.

"I wish I could make a cradle for him." Her husband whispered. The mother squeezed his hand and smiled as the starlight shone on the smooth and the sturdy wood. "This manger is beautiful" she said. And suddenly the first tree knew he was holding the greatest treasure in the world. One evening a tired traveler and his friends crowded into the old fishing boat. The traveler fell asleep as the second tree quietly sailed out into the lake. Soon a thundering and thrashing storm arose. The little tree shuddered. She knew she did not have the strength to carry so many passengers safely through with the wind and the rain. The tired man awakened. He stood up, stretched out his hand, and said, "Peace." The storm stopped as quickly as it had begun. And suddenly the second tree knew he was carrying the king of heaven and earth. One Friday morning, the third tree was startled when her beam was yanked from the forgotten woodpile. She flinched as she was carried through an angry jeering crowd. She shuddered when soldiers nailed a man's hands to her. She felt ugly and harsh and cruel. But on Sunday morning, when the sun rose and the earth trembled with joy beneath her, the third tree knew that God's love had changed everything. It had made the third tree strong. And every time people thought of the third tree, they would think of God. That was better than being the tallest tree in the world. So next time you feel down because you didn't get what you want, just sit tight and be happy because God is thinking of something better to give you because you have learned to build your relationship with him to bear fruit which will last forever.

How strong of a relationship do we have with him?





DIOCESAN SUNDAY UPDATES

5th Sunday of Easter

Women's Conference "Worthy and Made New" - May 3&4

Join Beloved Daughters Ministry for their second annual women's conference entitled: "Worthy and Made New" on **May 3-4, 2024** at St. Michael's, Calgary with speakers Crystalina Evert and Fr. Anthony Sortino, LC. Register at www.beloveddaughterscyc.com

GrACE Summit 2024:

"Courage to Lead" - May 10

As Catholics, whether we are Educators, Trustees, Parents, Students, Clergy, or Parishioners, we are called to honor the transformative impact of Catholic education on individuals within our community and society. We invite you to attend the GrACE Summit - for all Catholics, in recognizing the impact of Catholic education and the transformative role of Catholic schools in both the community and society. When: **Fri, May 10 from 8:15 am to 2 pm**, at Corpus Christi Parish Hall (2707 34 St NW, Edmonton). Please click [here](#) to Register.

Miscarriage Ministry Committee

The Miscarriage Ministry Committee in the Diocese of Calgary is organizing an information night about its mission and vision. We desire to be a place of support for those experiencing this unique form of loss. Join us for an evening of learning about this ministry, assessing the community's needs, sharing best practices, and fellowship. When: **Friday, May 24, from 7 pm to 9 pm** at the Catholic Pastoral Centre (120 17 Ave, SW, Calgary). To register, call Monica at 403-218-5521.

Holding to Hope - Young Professionals Silent Retreat - May 10-12

An opportunity for young professionals to unplug and disconnect from our busy lives, and experience the beauty in resting in silence, as they engage in personal reflection, prayer and meditation. The weekend will also include reflective talks and short

supports to guide you in your silent reflection/prayer/meditation time. When: May 10-12 at Mount St. Francis, Cochrane. To register, contact Chika at cypretreat@gmail.com

Living a Resurrected Life - Day Retreat on May 8

Mount St. Francis Retreat in Cochrane invites you to a prayer reflection, Mass, home-cooked lunch, with private room (optional) and quiet time. Then: **Wed, May 8 from 9 am to 3 pm**. The dates for these days are Wednesdays in the months of October to May.

Tolkien's Faith and Works

Explore the rich tapestry of Tolkien's world through a Catholic lens at our immersive conference! Join fellow enthusiasts as we explore the themes of faith, morality, and redemption woven throughout Tolkien's works. Don't miss this unique opportunity to unravel the mysteries of Tolkien's imagination from a perspective that resonates with the heart of Catholic teachings. Engage in insightful discussions, forge new connections, and deepen your understanding of faith and fantasy. When: **Sat, May 11 at 9 am to 3 pm** at Clear Water Academy. [Reserve your spot today!](#) Registration closes on May 4, 2024. [More](#)

Eucharistic Miracles Exhibition

St. Michael's Parish in Calgary invites you to the Eucharistic Miracles Exhibition, with exhibits designed by Blessed Carlo Acutis, before his death from Leukemia at the age of 15. His intention was to bring a greater awareness to the Real Presence of Christ in the Eucharist. The exhibition is comprised of 169 panels with historical descriptions and an extensive assortment of photographs and artwork of Eucharistic Miracles that took place throughout the ages in various countries of the world and which have been recognized by the Vatican. **When: May 24 to June 2 at St. Michael's, Calgary.** [More](#)

Joe McKenna Council #9502 Knights of Columbus



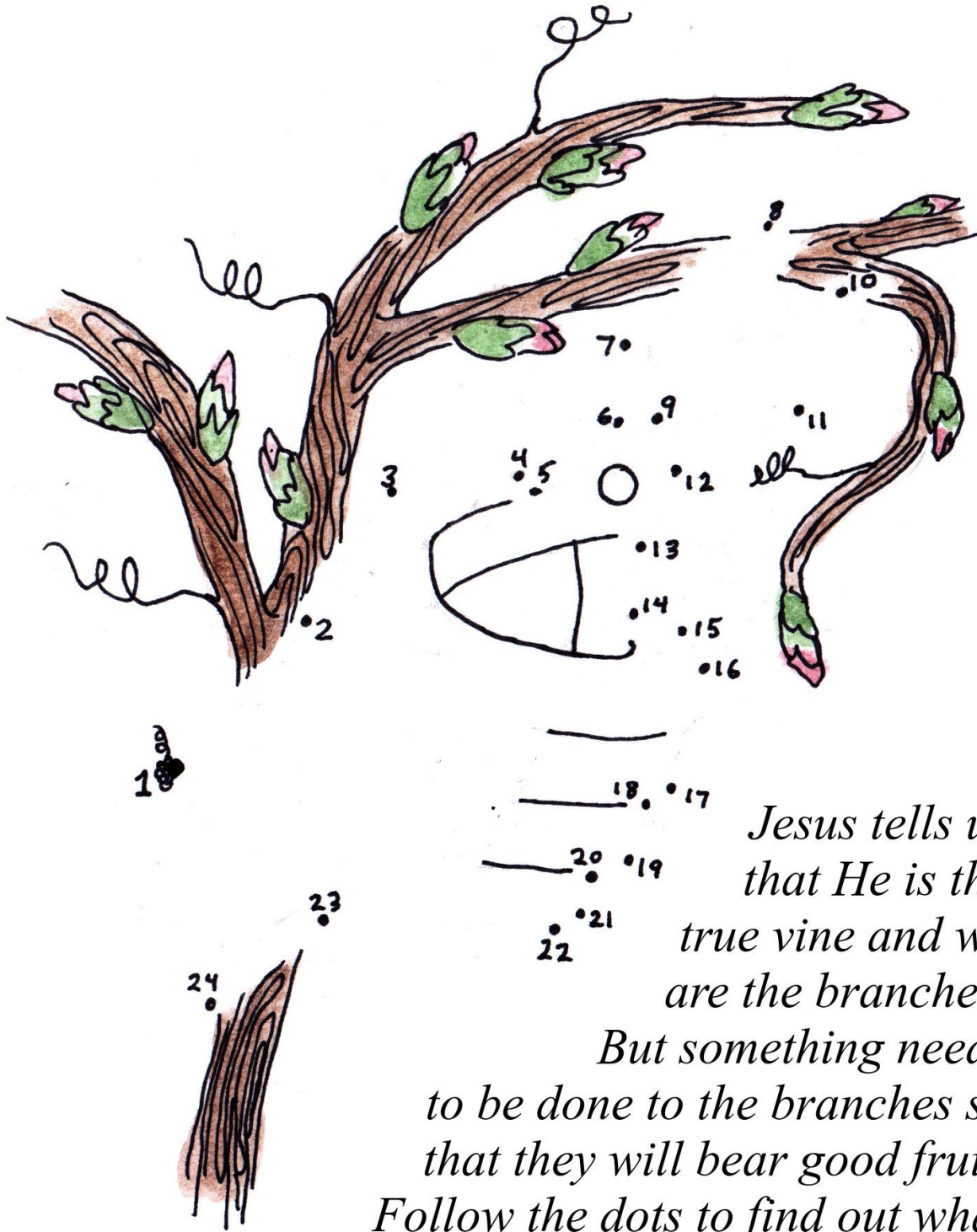
| Position | Name |
|--|--------------------|
| Grand Knight | Greg Martin |
| Deputy Grand Knight | Jimmy Tablan |
| Financial Secretary | Pat Ries |
| Treasurer | Ron Pisoni |
| Chancellor | |
| Recorder | Pat Brigham |
| Advocate | Andy Hamel |
| Warden | Walter Pratt |
| Inside Guard | Dale Maddaford |
| Outside Guard | Michael Camphor |
| Year 1 Trustee | Herb Durda |
| Year 2 Trustee | Gary Heinbecker |
| Year 3 Trustee | Kent Friedt |
| Lecturer | Rick Brown |
| Membership Director | Garry Lux |
| Faith in Action Program Director | Greg Martin |
| Faith in Action Life Director | Allan Lawson |
| Faith in Action Family Director | Jimmy Tablan |
| Faith in Action Faith Director | Darrell Bonagofsky |
| Faith in Action Community Director | Ron Pisoni |
| Pastoral Parish Council Representative | Garry Mastel |

| 2023-24 Knights Events |
|--|
| Date & Activity |
| Sunday, September 10 Corn Roast |
| Sunday, September 24 Knights Mass |
| Sunday, October 15 Breakfast |
| Sunday, November 19 Breakfast |
| Saturday, December 9 Knights Mass |
| Sunday, December 17 Christmas Breakfast |
| Sunday, January 21 Breakfast |
| Sunday, February 25 Breakfast |
| Sunday, April 7 Breakfast |
| Sunday, May 5 Breakfast |
| Sunday, June 23 Parish Picnic |

The Kids' Bulletin

Fifth Sunday of Easter

April 28th, 2024




*Jesus tells us
that He is the
true vine and we
are the branches.*

*But something needs
to be done to the branches so
that they will bear good fruit.
Follow the dots to find out what
it is. (Start at the little grapes!)*

Saint Zita


April 30

ZITA WAS BORN IN ITALY IN 1218. HER MOTHER TAUGHT HER TO LOVE THE FAITH. AT AGE 12 SHE WENT TO WORK FOR THE FATINELLI FAMILY.



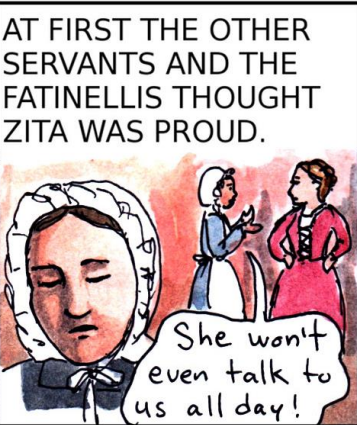
I'll miss you, Mom!

ZITA ALWAYS WORKED HARD, AND DID ALL HER WORK FOR OUR LORD.



Lord, I'll pretend I'm sweeping your floor!

AT FIRST THE OTHER SERVANTS AND THE FATINELLIS THOUGHT ZITA WAS PROUD.



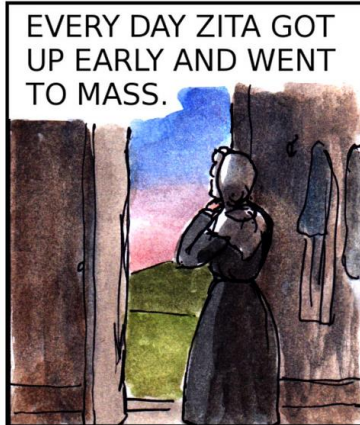
She won't even talk to us all day!



She's praying!

BUT EVENTUALLY THEY REALIZED SHE WAS REALLY HOLY.


EVERY DAY ZITA GOT UP EARLY AND WENT TO MASS.



SHE WAS HAPPY TO SEND THE MONEY SHE MADE BACK TO HER FAMILY BECAUSE SHE DIDN'T NEED IT.



This should help the family this winter!



ZITA WAS PUT IN CHARGE OF THE WHOLE HOUSEHOLD. SHE SPENT THE REST OF HER LIFE WORKING THERE AND DIED PEACEFULLY AT THE AGE OF 60.

SAINT ZITA IS THE PATRON SAINT OF HOUSEKEEPING. WHEN THE OTHER SERVANTS OR THE FATINELLIS WERE MEAN TO HER, SHE OFFERED UP HER SUFFERINGS TO GOD. WHEN THEY BEGAN TO RESPECT HER, SHE WORKED JUST AS HARD AND REMAINED HUMBLE. WE CAN LEARN FROM HER TO WORK WELL, FOR GOD!

SAINT PAUL: TRUE OR FALSE

*How much do you know about Saint Paul
when he first became a Christian?*

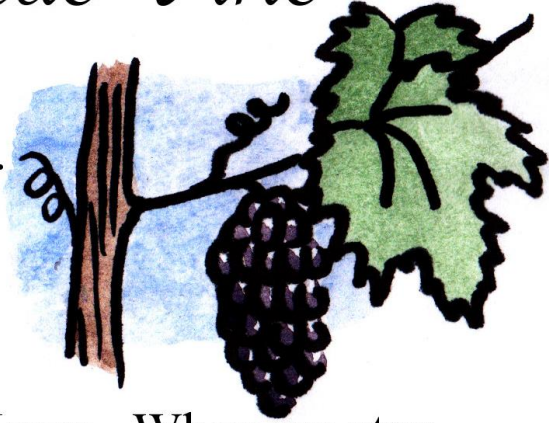
1. Saint Paul's name used to be Saul. True or false?
2. Before his conversion, Saint Paul hated the Christians. True or false?
3. The disciples in Jerusalem were afraid of Paul when he first came. True or false?
4. Barnabas told the other Christians that Saint Paul had seen our Lord on the way to Damascus. True or false?
5. It took a long time before Saint Paul began to speak about Jesus in public. True or false?
6. When Saint Paul told some people about Jesus, they tried to kill him. True or false?
7. The other disciples would not let Saint Paul travel around to preach about Jesus. True or false?

*Don't forget to check
your answers on the
back page!*



Jesus is the True Vine

Jesus says that He is the vine and we are the branches. Branches grow out from a vine and receive their food from the main stem. They grow leaves and bear fruit.



Our souls get their life from Jesus. When we stay united with Him then our souls are healthy and able to do good works, like the grapes that grow on a healthy vine.



Doing a serious sin is like cutting oneself off of the main vine. The nutrition can't flow into the branch because it's cut off! The branch can't grow leaves or fruit and it withers and dries up. Even though you can't see it, that is what happens to a soul that doesn't have God's life coming into it.

Sometimes a branch of a vine needs to be pruned. A bit gets cut off, but then it grows even better where it was cut. In the same way, sometimes God lets us suffer, but then our souls can grow even stronger and bear more good fruit. Next time you are



suffering, remember that God might be using this time to make your soul stronger!

Answers to True or False: 1.true 2.true
3.true 4.true 5.false 6.true 7.false

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where we are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.



Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holymfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESPOND to it, you can forward it to contact@holymfamilymh.ca so it can be sent to the diocese.