



Welcome to HOLY FAMILY PARISH

3RD SUNDAY OF EASTER – YR. B SUNDAY APRIL 14, 2024

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Phone 403-527-6933

Facebook: [Medicine Hat Holy Family Parish](#) ~ [YouTube: Medicine Hat Holy Family Church](#)

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid &
Deacon Robert Risling

RECONCILIATION...

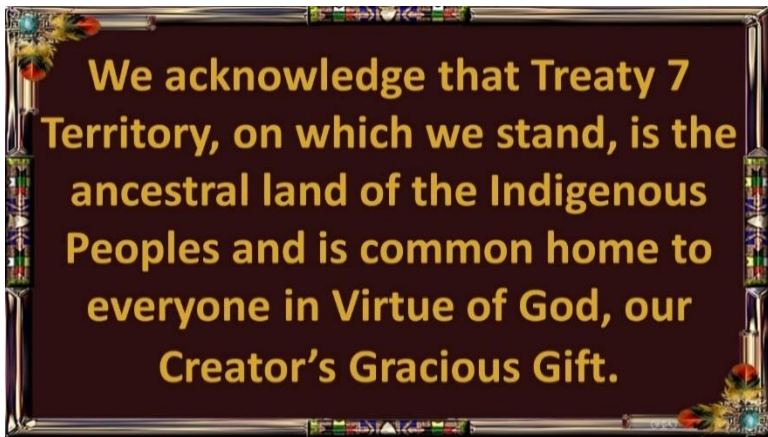
Friday 9:30am–10:30am.
& Saturday 3:30–4:45pm.

MASS TIMES... MONDAY to FRIDAY at 9:00AM
FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM
SUNDAY at 8:30AM, 10:30AM & 6:00PM

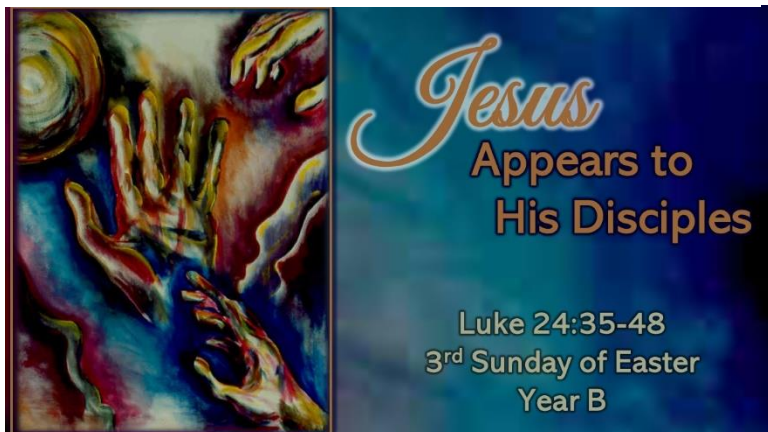
THE CHAPEL IS OPEN
MONDAY - FRIDAY 9:30am - 4:00pm
ADORATION FRIDAY 9:30 – 10:30am

Knights of Columbus – Greg Martin
Catholic Women's League – Cathy Koch

Parish Pastoral Council Chair - Gary Heinbecker
Parish Finance Council Chair - Cheryl Pocsik



Happy 3rd Week of Easter



† Masses & Mass Intentions †



Saturday, April 13

5:00pm - Antonio Vespa †

Sunday, April 14

8:30am - Ken Bachmeier †
10:30am - Holy Family Parish
6:00pm - Derrick Risling †

Monday, April 15

9:00am - Hugh Adams †

Tuesday, April 16

9:00am - Special Intention
5:00pm - Johanna Van Ham †

Wednesday, April 17

9:30am - Rick Machala †

Thursday, April 18

9:00am - Charles & Tillie Martin †

Friday, April 19

9:00am - Koch Family

OPERATING FINANCES	
MARCH 1-31, 2024	
Operating Budget 2022	\$ 60,990
General Envelope Collection	\$ 57,805
Loose Collections	\$ 7,296
Future Development	\$ 3,559
Sale of Church Supplies & Other	\$ 15,613
\$ 84,273 - Budget Vs Actual	\$ 23,283
SPECIAL COLLECTIONS	
Together in Action (TIA)	\$ 5,786
St Vincent de Paul	\$ 3,751
World Mission	\$ 25
Clergy Retirement	\$ 70
Mission Mexico	\$ 195
CARO	\$ 60
Seminary Fund	\$ 140
Holy Land	\$ 4,027
Pope's Pastoral Works	\$ 20
<i>Thank You for your Generous Contributions</i>	
Average Weekly Attendance	1,501

THIS WEEK IN HOLY FAMILY PARISH

Saturday, April 13
 7:30am – That Man is You – Faith Room
 10:00am – 1st Communion Retreat – HFP Hall & Sanctuary
 10:00am – Benedictine Meeting – Hope Room

Sunday, April 14
 1:00-4:30pm – Baptism Class – Register to Attend

Tuesday, April 16
 6:30pm – 1st Communion Parents – Faith Room

Wednesday, April 17
 9:30am – Mass with Ecole St. John Paul II School
 9:30am – Bible Study -Faith Room
 7:00pm – RCIA – Faith Room

Thursday, April 18
 6:00pm – Confirmation Class – Faith Room

Saturday, April 20
 2:00-4:00pm – CWL Spring Tea & Bake Sale – HFP Hall

Sunday, April 21
 6:30pm – Faith & Family Dance Party– HFP Hall

TOGETHER in ACTION | 2024

2024 Goal - \$70,938
 Donations to date - \$16,997
 We are 24% of the way there!

YOU ARE called
 YOU MATTER. YOU BELONG.

Special Collection Days
April 2024

Future Development Fund
Together in Action

April 21
Education of Seminarians

*God Bless You,
 Thank You for your donations!*

Have You Anything to Eat?

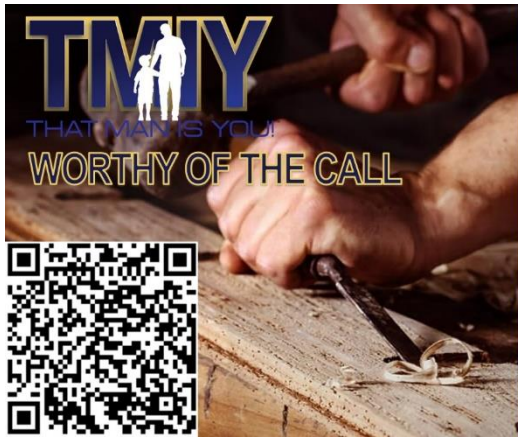
We long to be fed at the table of the Lord. We hunger to eat and drink his Blood and Body. If we can go to the church this day – what a joy! If we can't, we can still follow the gospel injunction: Look and touch. We can look for Jesus everywhere – because that is where he is. We can still touch Jesus in the persons who are near – because that is also where he is.

- ✦ How will I look for and see Jesus every day?
- ✦ How will I touch Jesus, either really or virtually, in touching another?
- ✦ How will I do these mercy works: feed the hungry, give drink to the thirsty?

VOCATIONS April 14, 2024
 3rd Sunday of Easter

What could convince someone to turn to God? The story that God became human? The story that Jesus cured the sick? The story that Jesus forgave sin? The story that Jesus rose from the dead? Or, perhaps, the story of the witness of your own life! If you have the continuing inclination that God is calling you to be a priest, religious or deacon, please contact the Office of Vocations at... 403-218-5500 or email Fr. Cristino

Bouvettevocations@calgarydiocese.ca www.catholicyc.ca/vocations.html



Holy Family
Faith Room
Breakfast 7:30am
Presentation
8:30 – 9:30 am
April 13, 2024
Theme
Holy Grit
Presenter
Paul George

Sacramental Preparation 2024

1st Communion Parents Meeting
Tuesday, April 16 at 6:30pm in Faith Room

Confirmation Class
Thursday, April 18 at 6:00pm in Faith Room

1st Communion Class
Sunday, April 21 at 10:15am in Faith Room

SPRING TEA & BAKE SALE
HOLY FAMILY PARISH HALL
HOSTED BY THE CWL
April 20th 2:00 – 4:00
Adults ~ \$5.00 ~ Under 12 are Free

Door Prizes, Raffle, Good Food
& Good Fellowship

SPRING TEA & BAKE SALE
BAKE SALE DONATIONS MAY BE DROPPED
OFF FROM 10:00AM TO 12 NOON ON
SATURDAY APRIL 20TH AT THE
SOUTH SIDE OUTSIDE DOUBLE HALL DOORS.
ALSO COLLECTING ALL YOUR UNUSED
COOKBOOKS TO DONATE TO REHOME!

Faith & Family Family Dance Party!

Sunday, April 21, 2:00-4:00pm
Holy Family Parish Hall

The Lord of the Dance is calling you to dance and play with us. Snacks provided! All ages welcome.

Holy Family Parish Renewal Gathering

Saturday, April 20
10:00-11:30 AM

YOU ARE CALLED. YOU MATTER. YOU BELONG
catholicyc.ca/RENEWAL

Come and join us for refreshments and fellowship to learn more about the next steps in our Parish renewal process!

40 LOONIES FOR LENT
THE KNIGHTS OF COLUMBUS & HOLY FAMILY PARISH
RAISED TO DATE \$12,107.00

FUNDS GO TO SAINT VINCENT DE PAUL, THE ROOT CELLAR, THE MUSTARD SEED, AND THE 5TH AVENUE & ST. BARNABAS MEAL PROGRAMS

Knights of Columbus Charity Appeal Tickets

The Annual Knights of Columbus Alberta fundraiser for the Charitable Foundation & the State Board. Ticket proceeds from our local Council go to Project Rachel & Elizabeth House. Holy Family Parish Knights needs your support!

Tickets can be purchased by scanning the QR code on the Bulletin Board at Holy Family or go to www.koc5050.com. When purchasing tickets under **Select** option PLEASE look for **09502, Joe McKenna, Medicine Hat**, or we will not get credit for tickets purchased. Sales end April 27, 2024. Ticket prices are 200 tickets for \$100, 50 tickets for \$50, 10 tickets for \$20 and one ticket for \$5

Thank you for your support.

Call the Office to book your Private House Blessing during this Easter Season.

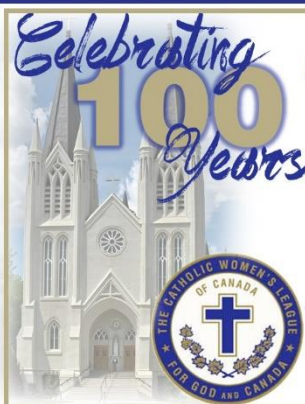
403-527-6933 ext. 101



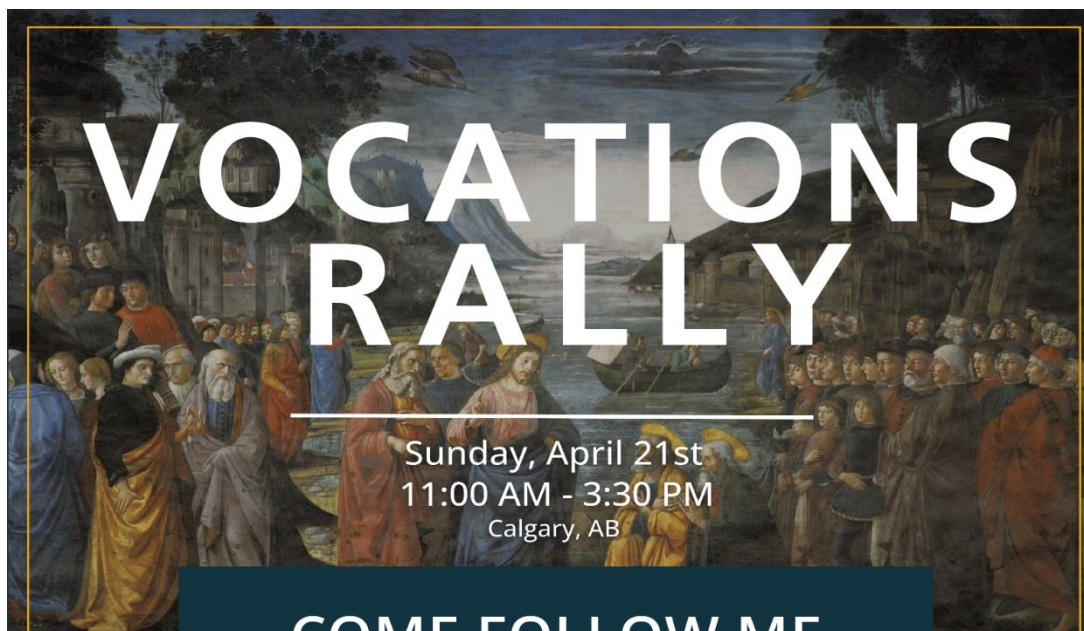
Prairie Gleaners would like to invite you to our open house on Saturday, April 20, 2024, from 11:00 am to 2:00 pm.

Bring a friend, take a tour of the facilities and join us for a free BBQ lunch.

Burgers will be served from 12:00 noon to 1:00 pm.



ATTENTION - Holy Family CWL
 St. Patrick's CWL is celebrating their 100th Anniversary
 Saturday, April 27 @ 1:00pm
 Mass with Bishop McGrattan followed by Reception & Roast Beef Supper.
 Any member of Holy Family CWL who would like to purchase a ticket, please call Anne at 403-502-6237.
 \$20.00 [supper included]



VOCATIONS RALLY

Sunday, April 21st
 11:00 AM - 3:30 PM
 Calgary, AB

COME FOLLOW ME

MASS | LUNCH | KEYNOTES | VOCATIONS PANEL AND Q&A



FRANCESCA AMBROSINO (MC & PANEL HOST) | KEELIN KENNEDY (MC) | DR. RYAN TOPPING (PRESENTING 'MEET OUR NEW PRIESTS' REPORT) | FR. CRISTINO BOUVETTE (KEYNOTE 'VOCATIONS') | FR. SANTIAGO TORRES (KEYNOTE 'VOCATIONS') | CEDRIC & GRETA DE SOUZA ('MARRIAGE AND THE CHILDREN'S VOCATION') | SEEDS OF THE WORD (KEYNOTE 'DISCERNMENT') | BSP. WILLIAM MCGRATTAN (CLOSING KEYNOTE)

VOCATION PANELISTS



BR. MICHAEL PERRAS, OFM | SR. CAROL FORHAN, RPB | FR. FRANK SHARMA, OCD | SR. SIMON GROSICKA, OP | SR. AZENETTE TRONGCO, SP NOV. | FR. DEREK REMUS | PETER AN, SEMINARIAN

Lunch will be provided, please scan the QR code or visit catholicyycc.ca/vocations to register. The entire Diocese is welcome, all ages and vocations!

Hosted at St. Michael's Parish, 800 85 St SW, Calgary, AB



Pastoral Care Holy Family Parish

Please give your time and your witness of love to parishioners in the Senior Care Homes.

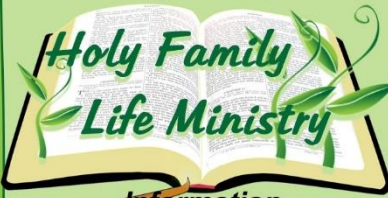
We have 13 Senior Care Homes in Medicine Hat where our parishioners reside and who wish to receive Holy Communion. Fr. Iqbal and Fr. Vincent celebrate Mass twice a month at these homes. In order for the Catholic residents to receive Holy Communion every week we need volunteers who can assist the leader (coordinator) in Proclaiming the Word or giving Holy Communion. It only requires one or two hours twice a month to assist. Please pray to our Lord, and ask Him what He is asking of you, in this Ministry. You may contact Bernice at 403-580-2905 or 403-866-0925. Training and support will be provided.



Children's Liturgy Sunday 10:30am

Information or to Volunteer call
Tammy 403-866-7886

If you are passionate about the dignity of life & would like to know more about what the Catholic Church teaches regarding the dignity of life, please join us.



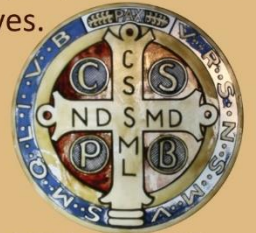
Prayer and Adoration
2nd Tuesday of the month
at 7:00pm in the Chapel.

Education Evening
4th Monday of the month
at 7:00pm in the Faith Room.

Information
Valerie at 587-588-5788
Sonia at 403-528-0028

Listen...with the ear of your heart.

This is the opening line of the rule of St. Benedict. Come join us (Benedictine Oblates) in prayer as we listen to the voice of God in our lives.



We meet every Saturday morning at 10:00 in the Hope Room at Holy Family Parish.

For more information call Carol at 403-526-0415.

Bible Study



Wednesday Mornings after the 9:00 Mass

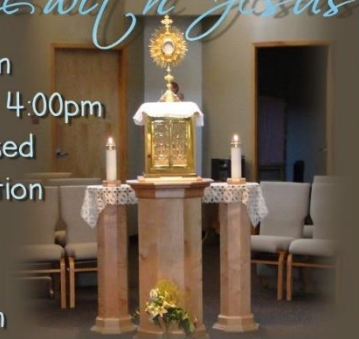
Faithfully

FAITH. LIVED. FULLY.

catholiccyc.ca/Faithfully keeps you updated with what's happening in and around our Diocese!

Spending time with Jesus

The Chapel is Open
Monday – Friday 9:30am – 4:00pm
Adoration of the Blessed Sacrament & Reconciliation
Friday 9:30-10:30am
Reconciliation
Saturday 3:30-4:30pm



E-transfer
ONLINE GIVING



accounting@holymfamilymh.ca

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- 2 Enter our parish name or zip code
- 3 Enjoy the content you want



Visit signup.formed.org for more information

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**EMAIL SCAMS AGAIN FROM
PREISTS, CHURCH, STAFF, ETC.**

NOBODY is going to ask you for gift cards, or bit coins! **NOBODY!!!**

If you get an email or a text, **PLEASE DO NOT RESPOND** to it, **JUST DELETE IT!**

Listen to Mass on your phone...
Download the "Audio Fetch" app.
Our Network is: HFP_LIVE
The Password is: Liv3HFP*



Vincentian Corner

We are grateful to our loyal parishioners whose donations allow Vincentians to help those requiring assistance in our community. God bless you.

Recently, as we meet with our neighbours in need, we have been offering the gift of a "Miraculous Medal" to those who have a fervent desire to receive one. We explain that Mary is the Mother of Jesus, but also our heavenly Mother. She cares deeply for all her earthly children and she is always there for us when we turn to her for protection, guidance and love. We include a small pamphlet that further explains the significance of this precious medal.

Thanks to a donation from the Legion of Mary we have a small collection of these blessed medals, to place in the hands of those who are interested in having one. If you or someone you know has a Miraculous Medal (or even several) that they are not using and would like to donate toward our worthy cause, we promise that we will gift them to those who are looking for spiritual comfort during a difficult time in their lives. Please bring them to the church or leave a message at the church office and we will contact you.

Thank you for your support.



St. Louis School



St. Louis School is proud to be a vital part of the Medicine Hat Catholic Board of Education. Historically, St. Louis was the first Catholic School in Medicine Hat, named after the Sisters of Charity of St. Louis. Our school building, formally Montreal Street School, is the oldest school building in the city! We currently have a school population of just over 100 students with 21 staff. Located in the heart of the city, we are the neighbourhood school for the NW and NE Hill neighbourhoods and the North and South Flats neighborhoods. This year, our school has adapted the theme of the Seven Corporal Acts of Mercy based on the Gospel of Matthew, chapter 25. Through acts of service and prayer we have raised money for digging wells for drinking water in Kenya, made sandwiches for the Mustard Seed, bought pajamas for children at Christmas time and supported Mission Mexico. We will continue this year to support Mary's Meals in Malawi, visit those in hospitals, connect with those imprisoned and through the St. Vincent de Paul Society, help in providing shelter for the homeless. We are also excited this coming April to hold a school wide retreat with the Sisters and Brothers of the Seeds of the Word Community from Calgary and host our school sponsored Mass with St. Francis Xavier School on April 20th at the 5:00 PM service at St. Patrick's Church. As with all our schools within the MHCBE, St. Louis School welcomes students of all faiths and denominations for those who wish their children to receive a Catholic Education. For more information about the "Hidden Gem" of Medicine Hat Catholic, please contact Mr. Blackmer, the proud principal of St. Louis School.



**Medicine Hat Catholic
Board of Education**



3rd Sunday of Easter - Year B

April 14, 2024

CAN WE TOUCH HIM?

The New Testament contains many accounts describing the experience of the original disciples of Jesus as they found faith through their encounter with their Risen Lord. The writers of the gospels are so certain of the meetings that laid the foundations of Christian faith that they do not attempt to harmonise the details of the stories they are handing on. They pass on these stories to share the wonder of finding faith and new purpose through an encounter with the Lord's triumph – a wonder that can hardly be captured by a single account.

As our Easter liturgies recall these stories, we are like a family group listening to one another sharing personal recollections of a past even that meant a great deal to the whole family. Given from different points of view, these recollections bring a full appreciation of what took place. Last Sunday we heard the story as it was recalled in the community of John's gospel. Today, we hear Luke's account of the disciples' meeting with the Risen Saviour. From all these accounts a coherent story emerges that invites the Church of every age to share in the original moment of Resurrection faith: the disciples are confused and frightened; when Jesus comes into their midst, finding faith in him is not easy and immediate; his greeting, however, and his loving acceptance of them into his abiding friendship brings them a great joy, and they find full faith in him; he instructs them – all that has taken place is according to the designs of God set forth in the Scriptures; he charges them with the mission of bringing to the whole world the good news of their Resurrection faith and the 'forgiveness of sins' it brings; he promises the gift of the Holy Spirit.

The season of Easter is the season of celebrating life not the death because our Lord has won the victory over the death. He is the author of life and came to give life and life in abundance as St. John says. However, it is the abuse of human freedom that has made the destructive world from which we need to be saved and set free. The words of Peter in the first reading suggest a line of thought which has relevance for the world in which we live "you have killed the author of life". And St. Leo the Great has words of wisdom to share; "My dear brethren, there is no doubt that the Son of God took our human nature into so close a union with himself that one and the same Christ is present, not only in the firstborn of all creation, but in all his saints as well. The head cannot be separated from the members, nor the members from the head. Not in this life, it is true, but only in eternity will God be all in all, yet even now he dwells, whole and undivided, in his temple the Church. Such was his promise to us when he said: See, I am with you always, even to the end of the world.

And so all that the Son of God did and taught for the world's reconciliation is not for us simply a matter of history. Here and now, we experience his power at work among us. Born of a virgin mother

by the action of the Holy Spirit, Christ keeps his Church spotless and makes her fruitful by the inspiration of the same Spirit. In baptismal regeneration she brings forth children for God beyond all numbering. These are the sons of whom it is written: They are born not of blood, nor of the desire of the flesh, nor of the will of man, but of God. In Christ Abraham's posterity is blessed, because in him the whole world receives the adoption of sons, and in him the patriarch becomes the father of all nations through the birth, not from human stock but by faith, of the descendants that were promised to him. From every nation on earth, without exception, Christ forms a single flock of those he has sanctified, daily fulfilling the promise he once made... I have other sheep, not of this fold, whom it is also ordained that I shall lead; and there shall be one flock and one shepherd.

Although it was primarily to Peter that he said: Feed my sheep, yet the one Lord guides all the pastors in the discharge of their office and leads to rich and fertile pastures all those who come to the rock. There is no counting the sheep who are nourished with his abundant love, and who are prepared to lay down their lives for the sake of the good shepherd who died for them. But it is not only the martyrs who share in his passion by their glorious courage; the same is true, by faith, of all who are reborn through baptism. That is why we are to celebrate the Lord's paschal sacrifice with the unleavened bread of sincerity and truth. The leaven of our former malice is thrown out, and a new creature is filled and inebriated with the Lord himself. For the effect of our sharing in the body and blood of Christ is to change us into what we receive. As we have died with him and have been buried and raised to life with him, so we bear him within us, both in body and in spirit, in everything we do".

There was once a spider who lived in a cornfield. She was a big spider, and she had spun a beautiful web between the corn stalks. She got fat eating all the bugs that would get caught in her web. She liked this home and planned to stay there for the rest of her life. One day, the spider caught a little bug in her web, and just as the spider was about to eat him, the bug said, "If you let me go I will tell you something important that will save your life." The spider paused for a moment and listened because she was amused. "You better get out of this cornfield," the little bug said, "The harvest is coming!" The spider smiled and said, "What is this harvest you are talking about? I think you are just telling me a story." But the little bug said, "Oh no, it is true. The owner of this field is coming to harvest it soon. All the stalks will be knocked down, and the corn will be gathered up. You will be killed by the giant machines if you stay here."

The spider said, "I don't believe in harvests and giant machines that knock down corn stalks. How can you prove this?" The little bug continued, "Just look at the corn. See how it is planted in rows? It proves this field was created by an intelligent designer." The spider laughed and mockingly said, "This field has evolved and has nothing to do with a creator. Corn always grows that way." The bug went on to explain, "Oh no. This field belongs to the owner who planted it, and the harvest is coming soon." The spider grinned and said to the little bug, "I don't believe you," and then the spider ate the little bug for lunch.

A few days later, the spider was laughing about the story the little bug had told her. She thought to herself, "A harvest! What a silly idea. I have lived here all my life, and nothing has ever disturbed me. I have been here since these stalks were just a foot off the ground, and I'll be here for the rest of my life, because nothing is ever going to change in this field. Life is good, and I have it made."

The next day was a beautiful sunny day in the cornfield. The sky above was clear, and there was no wind at all. That afternoon, as the spider was about to take a nap, she noticed some thick dusty clouds moving toward her. She could hear the roar of a great engine, and she said to herself, "I wonder what that could be?" By the time she could understand, machine devoured her.

In today's world of confused moral values, who is to judge the moral guilt of many things that are done? But if what is done is a turning away from the light to darkness, from what leads to life to what leads to death, it is sinful in the sense that it is an aberration that has destructive consequences from which only God can save us. We are the people of Resurrection where death has no place because God has created everything for eternity as we read in the second chapter of the Book of Wisdom.

I believe today's Gospel reading is so powerful to remind us about the culture of life that we can touch Jesus because he has physical body like us "Touch me and see, for a ghost does not have flesh and bones as you see that I have". And St. Paul says, "he was like us but sin". The two disciples are back to Jerusalem to witness the life they have experienced in the Lord as they recognized him in the breaking of the bread and St. John confirms that this bread is a bread of life that came down from heaven and however will eat this bread will live forever. St. Peter rightly claims, "you have the words of life and where shall we go".

There is another aspect related to the culture of life which we can see in the Gospel today that "But out of joy they still did not believe in him" and they stood there dumfounded as Pope Francis states. The joy impeded them from believing. Their joy was so great, there was so much joy that "no, this can't be true" like moment. We have all believe that the life we have in Jesus is real and he died for us to grant us eternal life.

As we can touch him in the Holy Eucharist, we must remember as St. Paul says, "if we have died in him, we will also rise with him". What are we going to choose during this season of Easter? In the Book of Deuteronomy (30:11-20) "Surely, this commandment that I am commanding you today is not too hard for you, nor is it too far away. It is not in heaven, that you should say, "Who will go up to heaven for us, and get it for us so that we may hear it and observe it?" Neither is it beyond the sea, that you should say, "Who will cross to the other side of the sea for us and get it for us so that we may hear it and observe it?" No, the word is very near to you; it is in your mouth and in your heart for you to observe. See, I have set before you today life and prosperity, death, and adversity. If you obey the commandments of the Lord your God that I am commanding you today, by loving the Lord your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the Lord your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings, and curses. Choose life so that you and your descendants may live, loving the Lord your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the Lord swore to give to your ancestors, to Abraham, to Isaac, and to Jacob".

Today's liturgy not only reminds of us that Jesus is the author of eternal life, but it does encourage us to understand that in our journey of struggles, as he walks with us by "Why are you frightened, and why do doubts arise in your hearts?" We are lucky people that we can touch him in the Sacrament of Holy Eucharist to taste and feel him. Listen closely to some of the saints talking about Easter.

"Christ's resurrection is the strength, the secret of Christianity. It is not a question of mythology or of mere symbolism, but of a concrete event. It is confirmed by sure and convincing proofs. The acceptance of this truth, although the fruit of the Holy Spirit's grace, rests at the same time on a solid historical base. On the threshold of the third millennium, the new effort of evangelization can begin only from a renewed experience of this Mystery, accepted in faith, and witnessed to in life." - St. John Paul II

"The Church is alive, as her Divine Founder is alive! The Church advances with the very virtue of life, as Jesus, after having submitted to the debt of mortal nature, proceeds victoriously beyond the stone barrier, which his enemies have placed to guard the tomb! Over the centuries, too, there have been other enemies for the Church, who have tried to close it as if in a sepulcher, celebrating its agony and death from time to time. But she, who has within her the invincible strength of her Founder, is always reborn with him, forgiving everyone and assuring serenity and peace to the humble, the poor, the suffering, to men of goodwill." - St. John XXIII

"The Virgin Mary was most certain that her son would rise on the third day, as he had predicted, but perhaps she did not know the hour of his resurrection, because it is not written that Christ had revealed the hour of his resurrection, whether at prime or terce (first or third hour of daylight), etc.

... And she prepared the room, and found a chair for her son, saying, 'Here my son shall sit and here I will speak with him.' And she looked out of the window, and she saw the dawn breaking, and she rejoiced, saying, 'Now my son is rising.' And on her knees, she prayed, saying: 'Rise up Lord to meet me, and behold: even you, O Lord, the God of hosts, the God of Israel' (Psalm 58:6)" - St. Vincent Ferrer

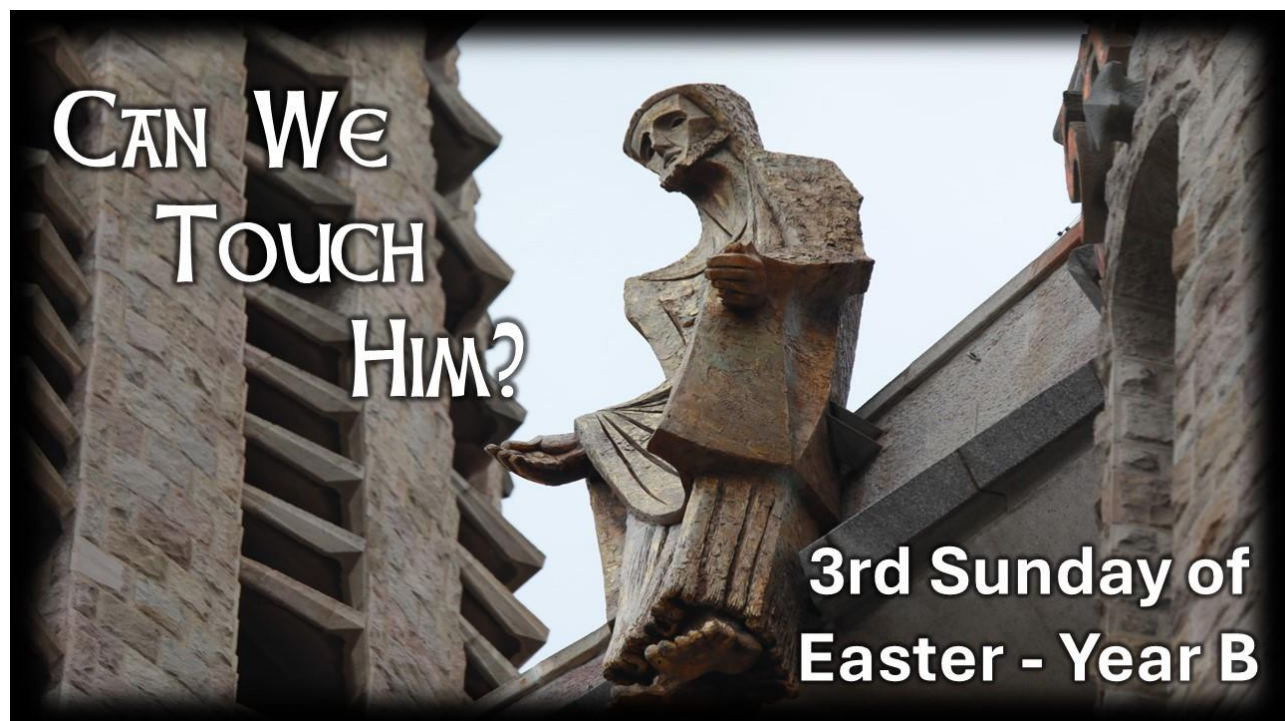
"All I want to know is Christ and the power flowing from His Resurrection!" - St. Francis of Assisi
Let me end my reflection with this story by an unknown author, to remind ourselves that once we feel Jesus in our life then he helps us to rise above our grief and suffering.

Once there was a young woman who was invited to go rock climbing. Although she was scared to death, she went with her group to a tremendous granite cliff. Despite her fear, she put on the gear, took a hold on the rope, and started up the face of that rock. Well, she got to a ledge where she could take a breather. As she was hanging on there, the safety rope snapped against Brenda's eye and knocked out her contact lens. Well, here she is on a rock ledge, with hundreds of feet below her and hundreds of feet above her. Of course, she looked and looked and looked, hoping it had landed on the ledge, but it just wasn't there. Here she was, far from home, her sight now blurry. She was desperate and began to get upset, so she prayed to the Lord to help her to find it.

When she got to the top, a friend examined her eye and her clothing for the lens, but there was no contact lens to be found. She sat down, despondent, with the rest of the party, waiting for the rest of them to make it up the face of the cliff. She looked out across range after range of mountains, thinking of that Bible verse that says, "The eyes of the Lord run to and fro throughout the whole earth." She thought, "Lord, you can see all these mountains. You know every stone and leaf, and You know exactly where my contact lens is. Please help me." Finally, they walked down the trail to the bottom. At the bottom, there was a new party of climbers just starting up the face of the cliff. One of them shouted out, "Hey, you guys! Anybody lose a contact lens?" Well, that would be startling enough, but you know why the climber saw it? An ant was moving slowly across the face of the rock, carrying it. She told me that her father is a cartoonist. When she told him the incredible story of the ant, the prayer, and the contact lens, he drew a picture of an ant lugging that contact lens with the words, "Lord, I don't know why You want me to carry this thing. I can't eat it, and it's awfully heavy. But if this is what You want me to do, I'll carry it for You."

I think it would probably do some of us good to occasionally say, "God, I don't know why you want me to carry this load. I can see no good in it and it's awfully heavy. But if you want me to carry it, I will." God doesn't call the qualified, He qualifies the called.

Can we touch him?





DIOCESAN SUNDAY UPDATES

Divine Mercy Sunday | 2nd Sunday of
Easter

Thank you, Volunteers!



"How can we thank God enough for you in return for all the joy that we feel before our God because of you?" 1 Thessalonians 3:9 | Your dedication and service to the Church and our parish community fill us with deep gratitude. Please know your efforts are seen and greatly appreciated. Blessed by your generosity, we thank you for embodying the heart of a missionary disciple!



Our Latest Impact Report

We are excited to share with you the 2023 Impact Report of the Diocese of Calgary. As we reflect on the past year, we celebrate the growth, resilience, and profound impact of our actions. This report highlights how, through faith and collaboration, we continue to move towards becoming true missionary disciples in our world today! Read now: catholiccyc.ca/2023impactreport

Last reminder: Vocations Rally

Our Church is facing a crisis of vocations - for both priesthood and religious life. Together, how can we strengthen the future of the Church? Hear from Dr. Ryan Topping, who will present a report on "Meet Our New Priests," and gain insights from Fr. Cristino Bouvette, Fr. Santiago Torres, the Seeds of the Word community, Cedric and Greta De Souza, and Bishop William McGrattan.

Enjoy a free lunch, and discuss with a diverse panel of religious sisters and priests from all across the Diocese. Bring as many people from your parish as you can. When: **Sun, April 21, from 11 am to 3:30 pm at St. Michael's, Calgary.** For more info & registration: catholiccyc.ca/vocations

Pastoral Ministry Training

The Diocese of Calgary invites individuals who feel called to assist their parish in a healing ministry. This Pastoral Care Training is designed for those who wish to support the sick, elderly, dying, homebound, and bereaved community members. Note: Participants should receive approval from their Pastor and/or Pastoral Care Coord. Please reach out to your parish for screening requirements. Training dates: **Saturdays, Apr. 20 and May 4** at the Catholic Pastoral Centre. To register, visit catholiccyc.ca/pastoralcare

Joe McKenna Council #9502 Knights of Columbus



Position	Name
Grand Knight	Greg Martin
Deputy Grand Knight	Jimmy Tablan
Financial Secretary	Pat Ries
Treasurer	Ron Pisoni
Chancellor	
Recorder	Pat Brigham
Advocate	Andy Hamel
Warden	Walter Pratt
Inside Guard	Dale Maddaford
Outside Guard	Michael Camphor
Year 1 Trustee	Herb Durda
Year 2 Trustee	Gary Heinbecker
Year 3 Trustee	Kent Friedt
Lecturer	Rick Brown
Membership Director	Garry Lux
Faith in Action Program Director	Greg Martin
Faith in Action Life Director	Allan Lawson
Faith in Action Family Director	Jimmy Tablan
Faith in Action Faith Director	Darrell Bonagofsky
Faith in Action Community Director	Ron Pisoni
Pastoral Parish Council Representative	Garry Mastel

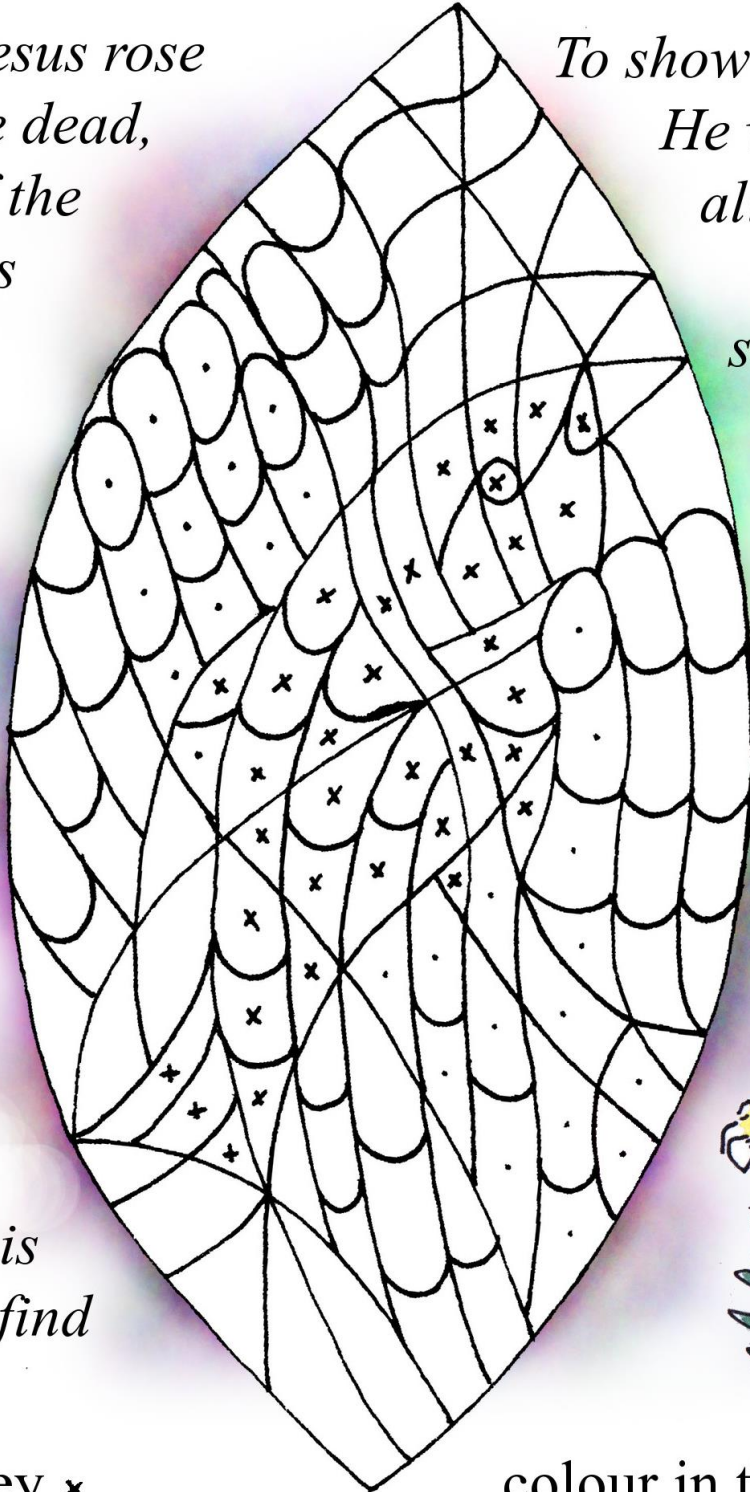
2023-24 Knights Events
Date & Activity
Sunday, September 10 Corn Roast
Sunday, September 24 Knights Mass
Sunday, October 15 Breakfast
Sunday, November 19 Breakfast
Saturday, December 9 Knights Mass
Sunday, December 17 Christmas Breakfast
Sunday, January 21 Breakfast
Sunday, February 25 Breakfast
Sunday, April 7 Breakfast
Sunday, May 5 Breakfast
Sunday, June 23 Parish Picnic

The Kids' Bulletin

Third Sunday of Easter
April 14th, 2024

When Jesus rose from the dead, some of the disciples thought He was a ghost.

To show them that He was really alive, Jesus asked for something to eat. What did they give Him?



Colour the spaces using this code to find out!

grey x
skin colour .

colour in the blank spaces any colour!



Saint Benedict Joseph Labre

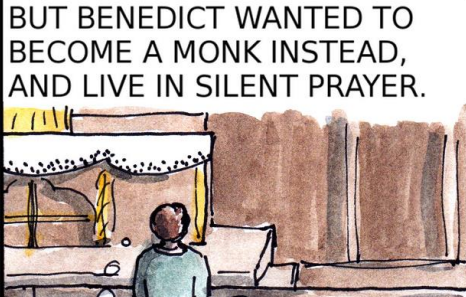
April 16

BENEDICT JOSEPH WAS THE OLDEST OF A LARGE FAMILY IN FRANCE IN THE 1700'S. HE WAS EXPECTED TO STUDY AND BECOME A PRIEST.




Benedict, I think you'd be a great priest!

BUT BENEDICT WANTED TO BECOME A MONK INSTEAD, AND LIVE IN SILENT PRAYER.




Lord, You aren't calling me to the priesthood, are You?

HE TRIED TO ENTER MONASTERIES, BUT HE WAS SENT AWAY.

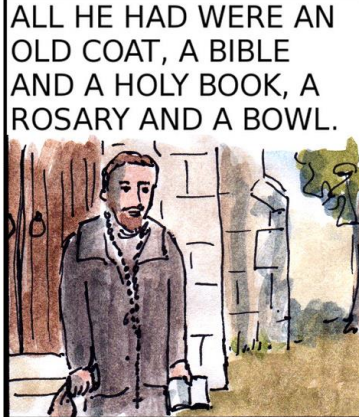


I'm sorry, Benedict. It just doesn't seem to be your vocation!

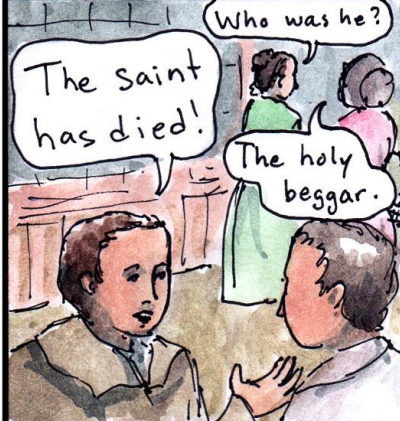
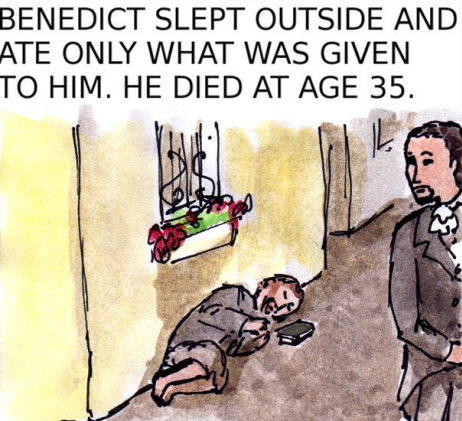


AT AGE 25 HE BECAME A PILGRIM, WALKING TO MANY SHRINES IN EUROPE.

ALL HE HAD WERE AN OLD COAT, A BIBLE AND A HOLY BOOK, A ROSARY AND A BOWL.



BENEDICT SLEPT OUTSIDE AND ATE ONLY WHAT WAS GIVEN TO HIM. HE DIED AT AGE 35.



Who was he?

The saint has died!

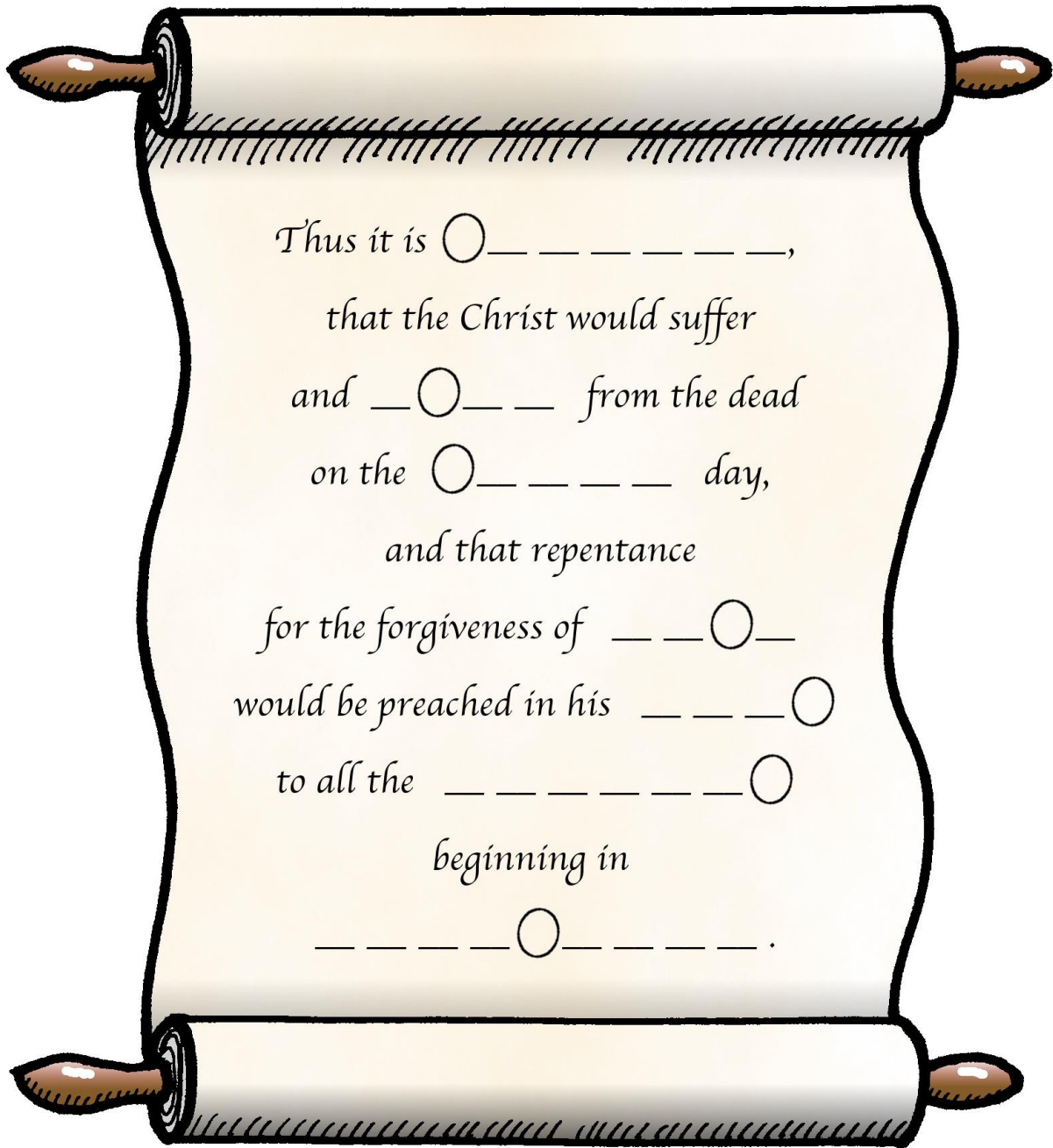
The holy beggar.

FEW PEOPLE HAD REALLY KNOWN HIM, BUT AS SOON AS HE DIED THE STREETS OF ROME WERE FILLED WITH THE SHOUT, "THE SAINT HAS DIED!"

SAINT BENEDICT SEEMED LIKE A VERY STRANGE MAN- HE WAS RAGGED AND DIRTY AND SMELLED BAD, BUT ALL HE WANTED TO DO WAS TO BE WITH GOD. HAVE YOU EVER SEEN A PERSON WHO LOOKED LIKE ST. BENEDICT? GOD LOVES THAT PERSON VERY MUCH. YOU CAN PRAY THAT THEY BECOME A SAINT TOO!

An Easter Word Puzzle

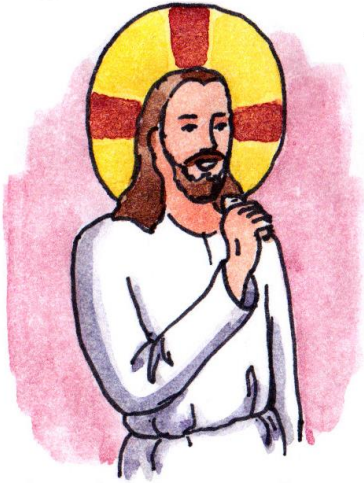
Use the words from the list to fill in the blanks.
Then use the letters in circles to fill in the blanks at the end.



Jesus wants you to be His
_____ to the world!

JERUSALEM THIRD NAME
WRITTEN NATIONS SINS RISE

Jesus' Body Came Back to Life!



When Jesus rose from the dead, was He just a spirit or did He have a real living body?

Some of the disciples thought He was just a spirit or ghost at first and were afraid. But Jesus showed them He was really alive again, with a real body, by eating some fish. Of course, a ghost can't eat anything because it doesn't have a real body.

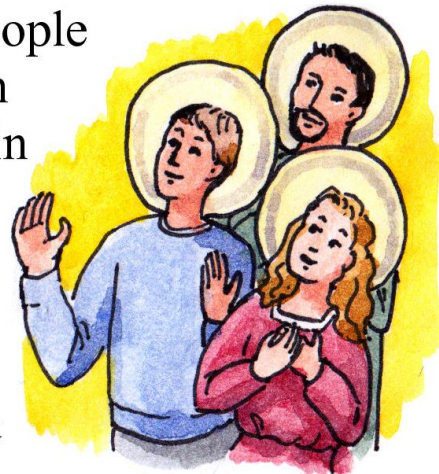
When we die, our body will be buried in the ground and turn back into earth. But our soul will not die. At



the end of time we will get our body back, but not an old worn out body. This body will really be our own body, but it will be new and fresh, with no problems in it! Jesus showed us what it would be like when He came back to life after His death.

Did you know that we will get our bodies back one day in Heaven? God made people to have a soul and a body, so when we are perfectly happy with Him in Heaven we will be able to rejoice with our bodies and our souls!

Alleluia!



Answers to Easter Word Puzzle: written, rise, third, sins, name, nations, Jerusalem. WITNESS.



**WOMEN'S CONFERENCE
HOSTED BY BELOVED DAUGHTERS**

WORTHY *and* MADE NEW

Revelation 21:5

MAY 3, 2024

7 PM - 9:30 PM

MAY 4, 2024

8:30 AM - 6 PM

**ST. MICHAEL'S PARISH
CALGARY, AB**

**CRYSTALINA
EVERT**



**FR. ANTHONY
SORTINO, LC**



SCAN FOR MORE INFO



@beloveddaughtersyc

www.beloveddaughtersyc.com

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where we are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.



Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holymfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESPOND to it, you can forward it to contact@holymfamilymh.ca so it can be sent to the diocese.