



Welcome to HOLY FAMILY PARISH

3RD SUNDAY OF LENT – YR. B SUNDAY MARCH 3, 2024

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Phone 403-527-6933
Facebook: Medicine Hat Holy Family Parish ~ YouTube: Medicine Hat Holy Family Church

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid &
Deacon Robert Risling

RECONCILIATION...

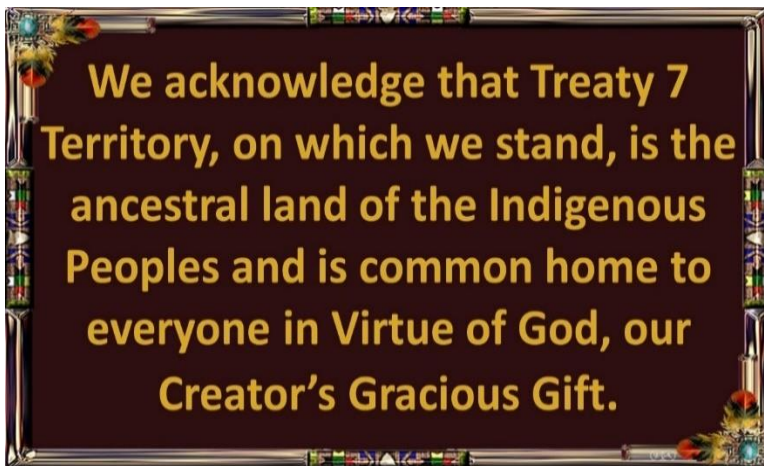
Friday 9:30am–10:30am.
& Saturday 3:30–4:45pm.

MASS TIMES... MONDAY to FRIDAY at 9:00AM
FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM
SUNDAY at 8:30AM, 10:30AM & 6:00PM

THE CHAPEL IS OPEN
MONDAY - FRIDAY 9:30am - 4:00pm
ADORATION FRIDAY 9:30 – 10:30am

Knights of Columbus – Greg Martin
Catholic Women's League – Cathy Koch

Parish Pastoral Council Chair - Gary Heinbecker
Parish Finance Council Chair - Cheryl Pocsik



† Masses & Mass Intentions †



Saturday, March 2

8:00am ~ Sr. Clem Liboiron
5:00pm ~ Jenae Liboiron †

Sunday, March 3

8:30am ~ Millie Wrzosck V
10:30am ~ Dave Liboiron †
6:00pm ~ Holy Family Parish

Monday, March 4

9:00am ~ Elise Krooshoop †

Tuesday, March 5

9:00am ~ Don Zahn †

Wednesday, March 6

9:00am ~ Chuck Love †

Thursday, March 7

9:00am ~ Peter Christensen †

Friday, March 8

9:00am ~ Kallampallil & Shyni Vipin & Family

OPERATING FINANCES

JANUARY 1-31, 2024

Operating Budget 2022	\$ 60,990
General Envelope Collection	\$ 49,426
Loose Collections	\$ 2,545
Future Development	\$ 1,510
Sale of Church Supplies & Other	\$ 9,724
\$ 63,205 - Budget Vs Actual	\$ 2,215

SPECIAL COLLECTIONS

Together in Action (TIA)	\$ 3,951
St Vincent de Paul	\$ 2,557
World Mission	\$ 75
Clergy Retirement	\$ 150
Mission Mexico	\$ 155
CARO	\$ 60
Seminary Fund	\$ 80

Thank You for your Generous Contributions

Average Weekly Attendance	752
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THIS WEEK IN HOLY FAMILY PARISH

Friday, March 1

9:30am-10:30am—Reconciliation—HFP Chapel

9:30am – 12 Hour Adoration – HFP Chapel

6:00pm - Stations of the Cross – followed by meatless soup & buns – Presented by the HFP Finance Council

8:00pm-9:30pm—Reconciliation—HFP Chapel

Saturday, March 2

7:30am - TMIY – HFP Hall

8:00am – Lenten Mass

8:30am – Pastoral Care Retreat – Faith Room

10:00am – Benedictine Group – Hope Room

3:30 - 4:45pm – Reconciliation – Chapel

Sunday, March 3

10:15am – 1st Communion Class – Faith Room

Monday, March 4

7:00pm – K of C Officers Meeting – Faith Room

Tuesday, March 5

7:00pm – CWL Executive Meeting – Faith Room

Wednesday, March 6

9:30am – Bible Study – Faith Room

7:00pm – RCIA – Faith Room

Thursday, March 7

10:00am – Mass with Mother Teresa & St. Patrick's Schools

Friday, March 8

9:30am-10:30am—Adoration & Reconciliation—HFP Chapel

6:00pm – Stations of the Cross – followed by meatless soup & buns – Presented by RCIA

7:30pm – Men's Retreat Begins – HFP Hall

TOGETHER
in ACTION | 2024

2024 Goal - \$70,938

Donations to date -

\$7,308.50

We are 11% of the way there!

YOU
ARE



Special Collection Days in March

March - Future Development Fund

March - Together in Action

March 17 – Easter Flowers

March 28 – Holy Thursday

Needs for the local Poor

March 29 - Church in the Holy Land

March 30 – Easter Offering



*God Bless You,
Thank You for
your donations!*

Third Sunday of Lent

Exodus 20:1-17.

Psalms 19:8, 9, 10, 11.

1 Corinthians 1:22-25.

John 2:13-25.

Cleansing Temples.

After turning water to wine at Cana, Jesus goes to Jerusalem today and cleans out the Temple. This can be a helpful metaphor for our Lenten retreat. We say that we are temples of the Holy Spirit. How, then, are we to act? The Book of Exodus is clear. It speaks of right conduct in all areas of common life.

- ✠ What needs cleaning in my thinking and speech?
- ✠ What needs cleaning in my actions?
- ✠ How will I embrace and support others who are also cleaning up?

J O U R N E Y



VOCATIONS

March 3, 2024
3rd Sunday
of Lent

Jesus cleaned out the temple of money-changers. He was angry; He was zealous; He spoke with authority. He was doing what He had to do even though it involved risk, danger, insult and wonder. Such is a religious vocation in the Church. If you think God might be calling you to one, call please contact the Office of Vocations at 403-218-5500 or email Fr. Cristino Bouvette.

vocations@calgarydiocese.ca www.catholicyc.ca/vocations.html

Stations of the Cross 2024

Friday, February 16 – Parish Pastoral Council ☪
Friday, February 23 – Knights of Columbus ☪
Friday, March 1 – Finance Council ☪
Friday, March 8 – R.C.I.A.
Friday, March 15 – Catholic Women's League ☪
Friday, March 22 – Filipino Community ☪
Monday, March 25 – St. Louis School
Tuesday, March 26 – St. Pat's School – Shadow Play
☪-Groups providing Meatless Soup & Buns after.

**Knights of Columbus
Officers Meeting
March 4 at 7:00pm
Faith Room**

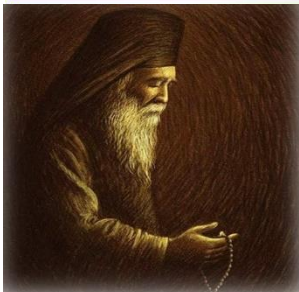


**Catholic Women's League (CWL)
Executive Meeting
March 5 at 7:00pm
Hope Room**

40 LOONIES FOR LENT
**THE KNIGHTS OF COLUMBUS AND
HOLY FAMILY PARISH INVITE YOU
TO COLLECT A LOONIE OR TWO PER
DAY DURING LENT FOR THE SOCIETY
OF SAINT VINCENT DE PAUL, THE
ROOT CELLAR, THE MUSTARD SEED,
AND THE 5TH AVENUE & ST.
BARNABAS MEAL PROGRAMS**

Sacramental Preparation 2024

**1st Communion Parents Meeting
Tuesday, February 27 at 6:30pm in Faith Room**
**Confirmation Class
Thursday, February 29 at 6:00pm in Faith Room**
**1st Communion Class
Sunday, March 3 at 10:15am in Faith Room**



2024 Men's Lenten Retreat "Prayer, Basic Training"

Learn how to pray without ceasing by developing your own prayer rule.

Fri, Mar. 8 - 7:30pm Social Follows
& Sat, Mar 9 - 8:00am - 3:00pm
Lunch is provided

Preregistration Encouraged

Contact Greg Martin
gmartin7@telus.net

Holy Family Parish, 1451 Strachan Rd SE, Medicine Hat



Sponsored by: Knights of Columbus
Joe McKenna Council #9502

**Faith & Family St. Patrick's
Day
Celebration**

Sunday, March 17 at 2:00pm HFP Hall

Crafts, snacks, activities, games!

Join us and learn a wee bit about St. Patrick
in this fun-filled family event.

Kids, teens, parents, grandparents welcome!

Penitential Service

St. Patrick's Parish
Wednesday, March 20
4:00pm - 6:00pm
Mass at 7:00pm

Holy Family Parish
Thursday, March 21
6:00pm - 8:00pm

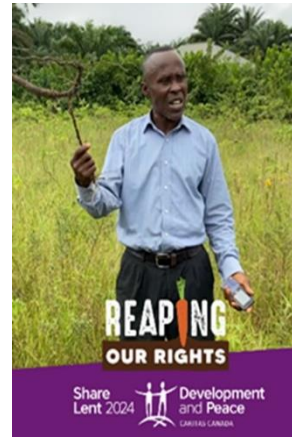


J O U R N E Y





**St. Patrick's Parish
Irish Stew Dinner**
HOSTED BY
KNIGHTS OF COLUMBUS
MARCH 16 @ 6PM
AFTER MASS \$5.00
ALL ARE WELCOME



**REAPING
OUR RIGHTS**
Share Lent 2024 Development and Peace
CARITAS CANADA

Development and Peace Denouncing oil pollution in Nigeria

Nigeria is Africa's largest economy and biggest oil producer. Despite oil exports worth billions of dollars, millions of Nigerians remain in poverty and face food insecurity. In the south, pollution and contamination by the oil industry are causing great hardship.

Development and Peace — Caritas Canada's partner Health of Mother Earth Foundation (HOMEF) defends farmers' rights and helps protect their lands.

To learn more about the work of HOMEF, read our Mini-magazine and watch the video at devp.org/lent.



**Knights of Columbus
Charity Appeal Tickets**
The Annual Knights of Columbus Alberta fundraiser for the Charitable Foundation & the State Board. Ticket proceeds from our local Council go to Project Rachel & Elizabeth House. Holy Family Parish Knights needs your support!
Tickets can be purchased by scanning the QR code on the Bulletin Board at Holy Family or go to www.koc5050.com. When purchasing tickets under **Select** option PLEASE look for **09502, Joe McKenna, Medicine Hat**, or we will not get credit for tickets purchased. Sales end April 27, 2024.
Ticket prices are 200 tickets for \$100, 50 tickets for \$50, 10 tickets for \$20 and one ticket for \$5
Thank you for your support.



**Pastoral Care
Holy Family Parish**

**Please give your time and
your witness of love to
parishioners in the Senior
Care Homes.**

We have 13 Senior Care Homes in Medicine Hat where our parishioners reside and who wish to receive Holy Communion. Fr. Iqbal and Fr. Vincent celebrate Mass twice a month at these homes. In order for the Catholic residents to receive Holy Communion every week we need volunteers who can assist the leader (coordinator) in Proclaiming the Word or giving Holy Communion. It only requires one or two hours twice a month to assist. Please pray to our Lord, and ask Him what He is asking of you, in this Ministry. You may contact Bernice at 403-580-2905 or 403-866-0925. Training and support will be provided.

**MEDICINE HAT
CATHOLIC SCHOOLS'
EDUCATION FOUNDATION
50/50 RAFFLE**
Draw: April 9, 2024!

- 1 entry for \$10
- 4 entries for \$20
- 20 entries for \$50
- 100 entries for \$100
- Draw ends: April 5th @ 11:59pm

SCAN QR CODE
TO PURCHASE
YOUR TICKETS!



rafflebox.ca/raffle/MHCSEF

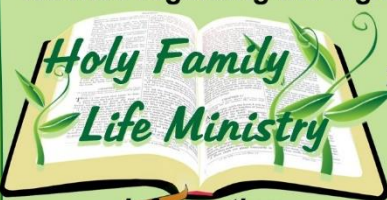
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Embracing The Presence & the Power of the Holy Spirit
Friday, March 8th 6:30pm & Saturday, March 9th 8:30am -
3:30pm St Basil's Church Hall, Lethbridge

Friday Workshop: Receiving the infusion of the Holy Spirit. Saturday Workshops: Tongues, Prophecy, Wisdom & Knowledge, Resting in the Spirit and Intro to Healing.
Presented by Our Lady of Assumption Prayer Community.


REGISTRATION: Email: kfabbi@gmail.com
Ken's Cell: 403-331-8923

If you are passionate about the dignity of life & would like to know more about what the Catholic Church teaches regarding the dignity of life, please join us.



Prayer and Adoration
2nd Tuesday of the month
at 7:00pm in the Chapel.
Education Evening
4th Monday of the month
at 7:00pm in the Faith
Room.

Information
Valerie at 587-588-5788
Sonia at 403-528-0028



**CHILDREN'S
LITURGY**
10:30am Mass
Questions or to volunteer
call Tammy at 403-866-7886



Holy Family Parish, Medicine Hat, AB

WEDNESDAYS

7:00PM

FAITH ROOM

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

DO YOU HAVE A DESIRE TO LEARN ABOUT
THE TRADITIONS AND TEACHINGS OF THE
CATHOLIC FAITH? DO YOU FEEL A NEED
FOR A DEEPER UNDERSTANDING OF OUR
FAITH BELIEFS IN ORDER TO KEEP UP WITH
THE RELIGIOUS EDUCATION OF YOUR
CHILDREN?

IF SO, PERHAPS YOU WOULD BE
INTERESTED IN THE RCIA PROGRAM.

Spending time with Jesus

The Chapel is Open

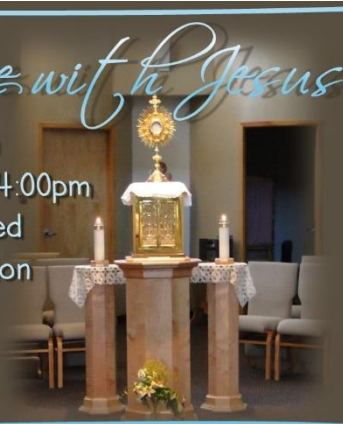
Monday – Friday 9:30am – 4:00pm

Adoration of the Blessed
Sacrament & Reconciliation

Friday 9:30-10:30am

Reconciliation

Saturday 3:30-4:30pm



Bible Study



Wednesday Mornings after the 9:00 Mass

HOLY FAMILY PARISH

MEN'S PRAYER GROUP

Thursday Mornings - 7:00 to 7:30 – Faith Room

Open to all men seeking to nurture their relationship
with God and each other through prayer, song and
reflection on the daily scripture readings.

More Information - Gord 527-7423 or Alan 527-4169

Pamphlets available at the Greeting Desk

REAL MEN PRAY

Faithfully
FAITH. LIVED. FULLY.

catholiccyc.ca/Faithfully keeps you updated
with what's happening in and around our Diocese!

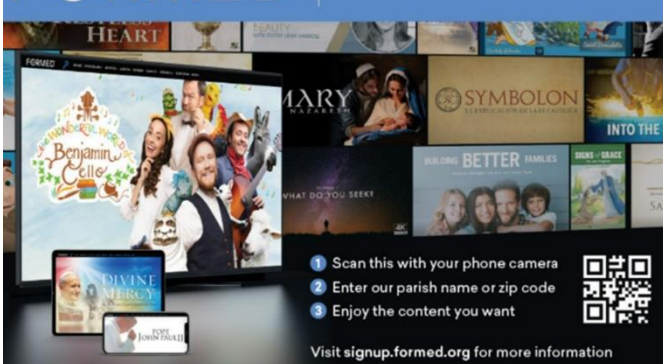
E-transfer
ONLINE GIVING



accounting@holyfamilymh.ca

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- 2 Enter our parish name or zip code
- 3 Enjoy the content you want

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USE
WITH



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PREISTS, CHURCH, STAFF, ETC.**

NOBODY is going to ask you for gift
cards, or bit coins! **NOBODY!!!**

If you get an email or a text, **PLEASE**
DO NOT RESPOND to it,
JUST DELETE IT!

Listen to Mass on your phone...
Download the "Audio Fetch" app.
Our Network is: HFP_LIVE
The Password is: Liv3HFP*





FEBRUARY 2024



www.mhcb.e.ab.ca

NEXT CATHOLIC SCHOOL BOARD MEETING

Tuesday, March 12, 2024 @ 2:45 pm ([agenda](#))

[Click here to access the YouTube live stream.](#)

[February Board Meeting Highlights](#)

MEDICINE HAT CATHOLIC BOARD OF EDUCATION

BOARD BULLETIN

DIRECTOR OF CURRICULUM

After a thorough search and selection process, The Medicine Hat Catholic Board of Education would like to congratulate our newly appointed Director of Curriculum, Mr. Colin Desnoyers!



As our division Director of Curriculum, Mr. Desnoyers will collaborate with teachers to identify new curriculum resources, assist in planning and executing units and lessons, and lead the development of report card outcomes. This position will work to identify professional learning opportunities that staff can access to support curriculum implementation and organize working groups with grade-level partners across the division.

Colin brings a wealth of experience and expertise to this new role in our division and is committed to ensuring that staff have access to the necessary resources and training required to deliver high-quality instruction as the new curriculum continues to be implemented.

Please join us in congratulating Mr. Desnoyers!

THE FACE OF CHRIST AWARD

Nominations for the The Face of Christ Award are now open! Submission deadline: March 29, 2024.

This award was created by the Medicine Hat Catholic Board of Education to acknowledge a support staff member who deserves to be recognized for providing outstanding support to their school communities.

These individuals go beyond their job descriptions to make a difference in our Medicine Hat Catholic family. The recipient of the award will be recognized at one of our Board meetings.

Who can nominate?

Teachers, parents, administrators, members of the parish community.



Please note: All underlined text/headlines in the Board Bulletin are linked to websites where more information on the subject can be found.

BOARD MEETING CHANGES

At the Public Board Meeting on February 13, the Board of Trustees voted to change the structure of their monthly meetings. Effective immediately, Committee of the Whole meetings will be held on a separate day approximately two weeks before the Public Board Meeting. This change will allow more discussion time for board gatherings.

Public Board Meetings will continue to be held on the second Tuesday of the month, with the time now changed to 2:45 p.m. As always, Public Board Meetings will be livestreamed on our [YouTube channel](#).

BOARD LETTER OF COMMITMENT

As part of the construction of Holy Trinity Academy (new K-9 school), the board wishes to expand the gym space of the school by 460 m². The allocated gym space was 940m² bringing the gym space to 1400 m² divided into two gym spaces. The cost as determined for this gym space is \$2,738,955. The board voted in favour to proceed with a letter to commit to payment of these funds.

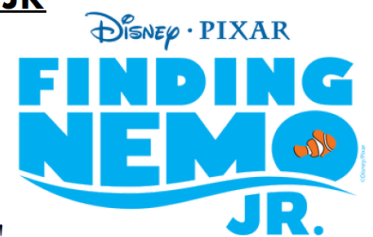
Floor plans and renderings of Holy Trinity Academy will be available to share with the public within the next 4-6 weeks.

ST. MARY'S SCHOOL PRESENTS: FINDING NEMO JR

St. Mary's School is proud to bring Disney's Finding Nemo JR. to life on the Esplanade stage!

March 8 7:00 PM
March 9 11:00 AM

[Get your tickets here!](#)



SUBSTITUTE TEACHERS' APPRECIATION WEEK MARCH 11-15

They are the unsung heroes in our hallways, filling gaps and stepping into diverse roles to keep our schools running every day.

The Medicine Hat Catholic Board of Education recognizes the many ways in which substitute teachers contribute to the success of all students across our school division!





KNIGHTS OF COLUMBUS

IN SERVICE TO ONE. IN SERVICE TO ALL.

2024 marks the seventh year that Holy Family Parish Knights of Columbus Council 9502 is sponsoring the 40 Loonies for Lent program.

This year's program theme is, ***Love the Lord, Love your neighbour.*** As it is written in the book of Sirach, chapter 35, verses 6 to 8, "The just man's sacrifice is most pleasing, nor will it ever be forgotten. In generous spirit pay homage to the Lord, be not sparing of freewill gifts. With each contribution show a cheerful countenance."

Your donations stay here in Medicine Hat going to the Root Cellar, Mustard Seed, Saint Vincent De Paul Society, 5th Avenue and Saint Barnabas Meal Programs.

It should be noted that Holy Family Parish volunteers serve every Thursday at 5th Avenue, and Holy Family also serves every 4th and 5th Saturday at St. Barnabas Meal Program. I would personally like to thank the many volunteers who sacrifice their time to assist the people who may be struggling.

Through the generous support of Holy Family Parish parishioners, you helped raise **twelve thousand dollars in 2023. Our goal this year is to raise ten thousand dollars.**

There are a few ways to make donations. Simply write "40 LOONIES FOR LENT" and the dollar amount on your weekly parish donation envelope. You may donate your full Lenten gift of \$40.00 one time or contribute an amount of \$7.00 or more each week. If sacrificial giving means you can give more, please do so. For those who are not using weekly envelopes you may make your cheque payable to Holy Family Parish or donate cash in a separate envelope marked with your name, address and "40 LOONIES FOR LENT" and place it in the weekly collection basket or drop it off at the Parish office. Alternatively, you may authorize the parish to process your donation on your credit card and most recently Holy Family Parish has added e-transfer but if using e-transfer please note it is to go to: **40 Loonies for Lent.**

Look for updates on funds collected in the parish bulletin.

We thank you in advance for your generosity, **"what ever you do to the least of my brothers you do unto me."**

Thank you and may the Lord bless you and keep you.



3rd Sunday of Lent - Year B

March 3, 2024

RESPECT WINS FAVOUR OF GOD

In our day-to-day life we try our level best to show respect to everyone and everything whether it is people, animals, or places, and in return we hope to have the same. We do believe by showing our respect to others, we learn to accept them. Just imagine if there was no respect and acceptance left in the world, what would happen? To highlight the title of my reflection, the following story will help us to understand why respect is important.

Once upon a time, in city, a certain calf was born and a Rich Old Man bought the calf and being very fond of the gentle animal, named him 'Delightful'. The Rich Old Man took good care of Delightful and fed him only the best. When Delightful grew up into a big fine strong bull, he thought, "I was brought up by this generous man. He gave me good food and constant care, even in difficult times. Now I am a big bull, I would like to use my strength to give something in return to my Master".

So Delightful said to the Rich Old Man, "Sir, please find some wealthy merchant who is proud of having many strong bulls. Challenge him by saying that your bull can pull one hundred heavily loaded bullock carts."

The next day, the Rich Old Man struck up a conversation with a proud merchant. In a while, he brought up the topic of who had the strongest bull in the city. The merchant said, "Many have bulls, but no one has any as strong as mine."

The Rich Old Man said, "Sir, I have a bull who can pull one hundred heavily loaded bullock carts."

"No friend, how can there be such a bull? That is unbelievable!" said the merchant. The other replied, "I do have such a bull, and I am willing to make a bet." The merchant said, "I will bet a thousand gold coins that your bull cannot pull a hundred loaded bullock carts." So, the bet was made, and they agreed on a date and time for the challenge.

On the day of the challenge, the proud merchant attached together one hundred big bullock carts. He filled them with sand and gravel to make them very heavy. The Rich Old Man fed the finest rice to the bull called Delightful. He bathed him and decorated

him and hung a beautiful garland of flowers around his neck. Then he harnessed Delightful to the first cart and climbed up onto it.

Amidst his sudden popularity, the Rich Old Man could not resist the urge to make himself seem very important. So, he cracked a whip in the air, and yelled at the faithful bull, "Pull, you dumb animal! I command you to pull, you big dummy!"

The bull called Delightful thought, "This challenge was my ideal. I have never done anything bad to my master, and yet he insults me with such harsh words!" So Delightful remained in his place and refused to pull the carts. The proud merchant laughed and demanded his winnings from the bet. The Rich Old Man had to pay him the one thousand gold coins. He returned home and sat down, saddened by his loss.

Delightful grazed peacefully on his way home. When he arrived, he saw his Master sadly lying on his side. He asked, "Sir, why are you lying there like that? Are you fine?" The man said, "I lost a thousand gold coins because of you. With such a loss, how could I be fine?" The bull replied, "Sir, you called me 'dummy'. You even cracked a whip in the air over my head. In all my life, did I ever break anything, step on anything, make a mess in the wrong place, or behave like a 'dummy' in any way?"

Rich Old Man answered, "No, my pet." Delightful said, "Then Sir, why did you call me 'dumb animal', and insulted me though I have done nothing wrong? But now I feel sorry for you, so please go again to the merchant, and make the same bet for two thousand gold coins. And remember to use only the respectful words."

So, the Rich Old Man went back to the merchant and made the bet for two thousand gold coins. The proud merchant thought it would be easy money. Again, he set up the one hundred heavily loaded bullock carts. Again, the Rich Old Man fed and bathed the bull, and hung a garland of flowers around his neck.

When all was ready, the rich man touched Delightful's forehead with a lotus blossom, having given up the whip. Thinking of him as fondly as if he were his own child, he said, "My son, please do me the honour of pulling these one hundred bullock carts."

Low and behold, the wonderful bull pulled with all his might and dragged the heavy carts, until the last one stood in the place of the first. The merchant, with his mouth hanging open in disbelief, had to pay the two thousand gold coins. The onlookers were so impressed that they honoured the bull called Delightful with gifts. But even more important to the Rich Old Man than his winnings, was his valuable lesson in humility and respect.

In our journey of Lent, we have started by learning respect and accepting Jesus' sacrifice with humility? If we recall the readings of the previous Sundays, we can find ourselves deep rooted in the spirit of Lent. On the First Sunday of Lent, we reflected on the Temptation of Jesus and beginning of his public ministry which started with the words "The time is fulfilled, believe and repent for the Kingdom of God is near". And the Last Sunday's Sacred Scripture invited us to open our hearts and minds to reflect and meditate on the great mystery of Jesus' transfiguration. During that period, we contemplated also on the excitement of St. Peter who said "Rabbi, it is good to be here. We will build three dwellings...". Encouraging that every day or every week we can be

with the Lord during the celebration of the Holy Mass. St. Augustine says “Lord, I have cried to you, hear me. This is a prayer we can all say. This is not my prayer, but that of the whole body of Christ. Rather, it is said in the name of his body. When Christ was on earth he prayed in his human nature and prayed to the Father in the name of his body, and when he prayed drops of blood flowed from his whole body. It is written in the Gospel: Jesus prayed with earnest prayer, and sweated blood. What is this blood streaming from his whole body but the martyrdom of the whole Church?

Lord, I have cried to you, hear me; listen to the sound of my prayer, when I call upon you. Did you imagine that crying was over when you said: I have cried to you? You have cried out, but do not yet feel free from care. If anguish is at an end, crying is at an end; but if the Church, the body of Christ, must suffer anguish until the end of time, it must not say only: I have cried to you, hear me; it must also say: Listen to the sound of my prayer, when I call upon you. Let my prayer rise like incense in your sight; let the raising of my hands be an evening sacrifice. This is generally understood of Christ, the head, as every Christian acknowledges. When day was fading into evening, the Lord laid down his life on the cross, to take it up again; he did not lose his life against his will. Here, too, we are symbolized. What part of him hung on the cross if not the part he had received from us? How could God the Father ever cast off and abandon his only Son, who is indeed one God with him? Yet Christ, nailing our weakness to the cross (where, as the Apostle says: Our old nature was nailed to the cross with him), cried out with the very voice of our humanity: My God, my God, why have you forsaken me? The evening sacrifice is then the passion of the Lord, the cross of the Lord, the oblation of the victim that brings salvation, the holocaust acceptable to God. In his resurrection he made this evening sacrifice a morning sacrifice. Prayer offered in holiness from a faithful heart rises like incense from a holy altar. Nothing is more fragrant than the fragrance of the Lord. May all who believe share in this fragrance. Therefore, our old nature, in the words of the Apostle, was nailed to the cross with him in order, as he says, to destroy our sinful body, so that we may be slaves to sin no longer”.

Today on this Third Sunday of Lent we are not only shown the true spirit of the Law but also the disrespectful behaviour towards the Temple. In the First reading we see that people of Israel are given commandments of God by Moses. These laws are the core of moral life of everyone who believes in God alone. These commandments help everyone to be strong in their spiritual journey of Lent.

The journey of Lent is all about the Holy Cross. We strongly believe that the Holy Cross is a source of our salvation and redemption because our Saviour died on the Cross to save and give us eternal life. St. Paul rightly says in the Second Reading “The message about the Cross is foolishness to those who are perishing, but to us who are being saved it is the power of God”. Every time when we participate in the Station of the Cross, we always repeat these words “We adore You, O Christ, and we praise You. Because, by Your holy cross, You have redeemed the world”. People make their own understanding of Cross, but St. Paul says, “For God’s foolishness is wiser than human wisdom, and God’s weakness is stronger than human strength”.

In the Gospel today we see the human side of Jesus who is upset with people who disrespectful toward the Holy Temple. He makes the cord and drove everyone out of the Temple who were using Temp for mere profits and told them "Take these things out of here! Stop making my Father's house a marketplace!" This is the beginning of the real teaching which will come later as people will demand a sign from him. Holy Father Pope Francis' reflection on this Gospel very inspiring as he says "Today's Gospel presents the episode of the expulsion of the merchants from the temple. Jesus made "a whip of cords, he drove them all, with the sheep and oxen, out of the temple", the money, everything. Such a gesture gave rise to strong impressions in the people and in the disciples. It clearly appeared as a prophetic gesture, so much so that some of those present asked Jesus: "What sign have you to show us for doing this?", who are you to do these things? Show us a sign that you have authority to do them. They were seeking a divine and prodigious sign that would confirm that Jesus was sent by God. And He responded: "Destroy this temple, and in three days I will raise it up". They replied: "It has taken 46 years to build this temple, and you will raise it up in three days?". They did not understand that the Lord was referring to the living temple of his body, that would be destroyed in the death on the Cross but would be raised on the third day. Thus, in three days. "When therefore he was raised from the dead, his disciples remembered that He had said this; and they believed the Scripture and the word Jesus had spoken".

This is also very interesting to see what people are selling because all those became part of Jesus' life later. The doves were offered for his purification which is the symbol of peace and Jesus is Prince of Peace. The sheep bring us to the point of reflecting on the qualities of Good Shepherd who laid his life for his sheep. The money was taken from the Temple by Judas Iscariot to betray Jesus and again thrown on the floor of the Temple by him when he came to know about his betrayal of Jesus. Furthermore, we can also meditate on the fact these things also represent the worldly attachments and evils which can destroy our lives.

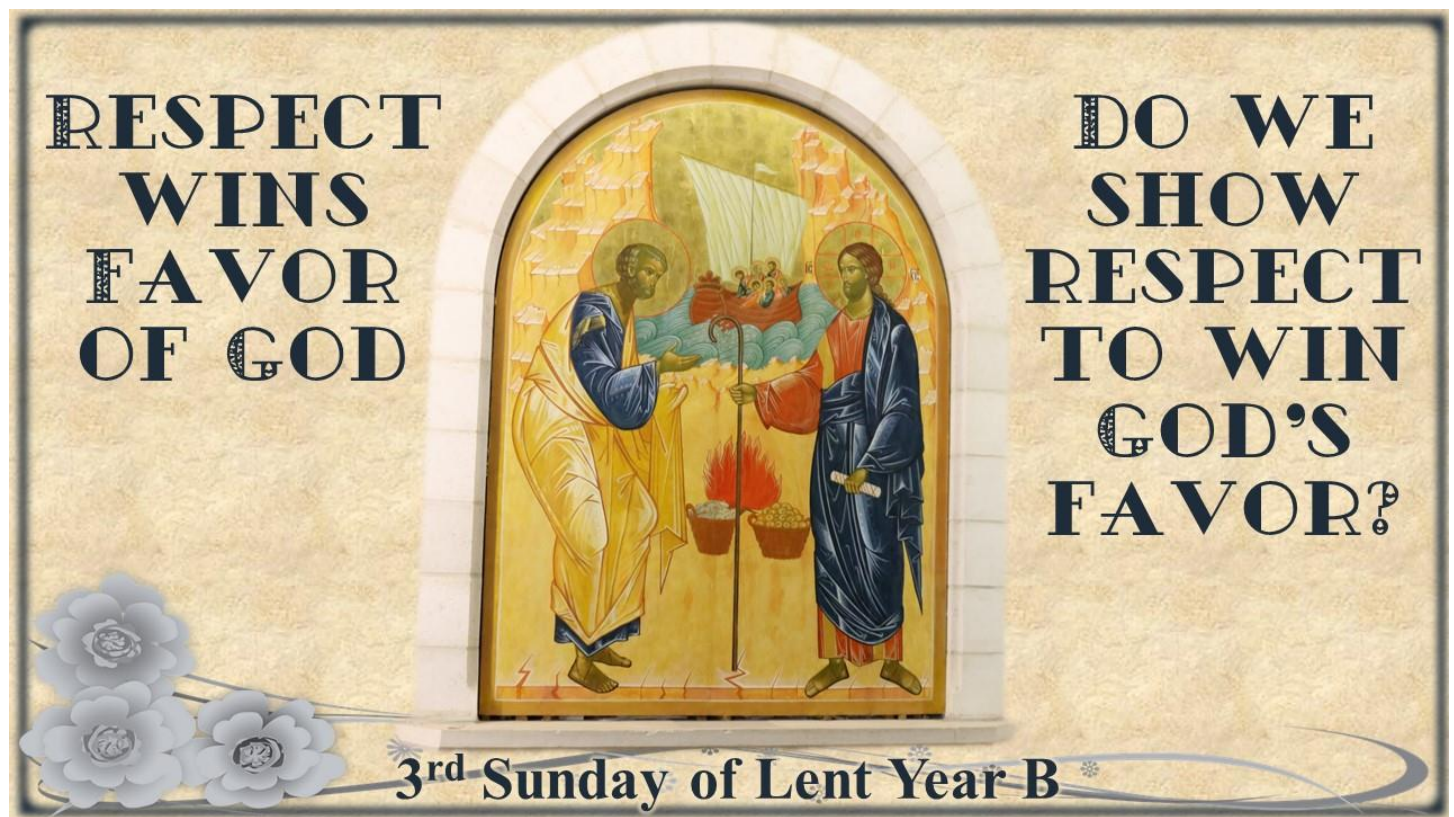
Jesus cares about us and he does not want the Temple of our body to be polluted by the corruption of the evil but kept safe and pure from the poison of sin. St. Paul writing his Letter to Ephesians says "Finally, be strong in the Lord and in the strength of his power. Put on the whole armor of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore, take up the whole armor of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God".

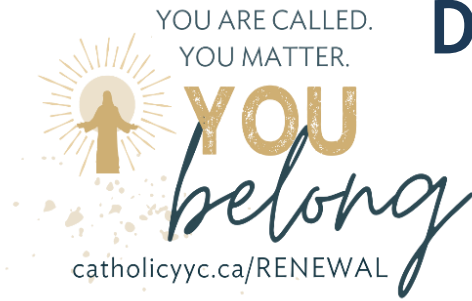
Jesus wants us to be respectful to God's commandments and never go against them. He suffered and died for us to save us. He wants us to come to him for forgiveness and healing because if we have died with him, we will also rise with him as well.

He does not need our human testimony, but he is Divine who has the power to know us in and out. He is always standing and knocking at the door to call us to follow him and to be saved. St. Augustine writes "Let us do now what he commands. Let us follow in the footsteps of the Lord. Let us throw off the chains that prevent us from following him. Who can throw off these shackles without the aid of the one addressed in these words: You have broken my chains? Another psalm says of him: The Lord frees those in chains, the Lord raises up the downcast".

Once there was a blind man who lived in a small town. He lived alone all by himself. He always carries a lamp with him. One day he was passing by the street when a group of young travelers saw him with a lamp. They started to make fun of the blind man. One of them started laughing saying, "Hey look at the blind man with the lamp." The man heard it and replied to the young travelers, "I am carrying this lamp not for myself, it's for people like you who can see but don't notice me that I'm blind unless I'm carrying this lamp and pushing me in a hurry." The young travelers felt ashamed of their behavior. They apologized to the blind man.

Do we show respect to win God's favour?





DIOCESAN SUNDAY UPDATES

3rd Sunday of Lent

Lenten Penitential Services

In preparing us as the faithful for the celebration of the Paschal Mystery of Christ's Passion, Death, and Resurrection, Join our parish's penitential service and rejoice in God's Mercy! See schedule at: catholiccycc.ca/lent

40 Hours Devotion for Vocations

As part of the Diocesan Renewal, the Office of Vocations is excited to launch the 40 Hours Devotion for Vocations in our diocese. This initiative invites us to pray continuously for forty hours before the Exposition of the Blessed Sacrament, with a focus on increasing vocations to the priesthood and consecrated life. Please read the letter from the Bishop inviting you to this initiative at catholiccycc.ca/40hours

March dates for 40 hours devotion:

- **St. Mary's Cathedral**, Fri, Mar 1 at 7 am to Sat, Mar 2 at 11 pm
- **St. Anthony's, Calgary**, Fri, Mar 1 at 3 pm to Sun, March 3 at 7 am
- **St. Luke's, Calgary**, Fri, Mar 8 at 8:30 am to Sun, Mar 10 at 8 am
- **St. Bonaventure's, Calgary**, Wed, Mar 13 at 7 am - Thu, Mar 14 at midnight
- **Mary, Mother of the Redeemer, Calgary** - Tue, Mar 20 at 7 am to Wed, Mar 21 at midnight

Together in Action 2024

This year TIA draws upon Philippians 4:19: *"God will fully satisfy every need of yours according to His riches in glory in Christ Jesus."* This scripture passage encourages us to trust in God's abundant provision and to share this abundance with others through service and love. Our diocesan goal of \$2 million will make

a broad impact through our commitments to service and outreach. It will provide care for our retired priests, support hospital chaplaincy and pastoral care ministries, and aid local healing and reconciliation initiatives for residential school survivors. You can participate by donating at your parish, or online at catholiccyca.ca/tia - your contribution will be included as part of your parish contribution for TIA.

The Saints' Guide to Happiness

St. Gerard's Parish invites you to their Lenten Mission with Dr. Peter E. Baltutis, with topic: The Saints' Guide to Happiness: Practical Lessons from the Spiritual Masters. When: **Mon to Wed, Mar 3 -5 at St. Gerard's Parish** (8944 Elbow Drive SW, Calgary). Free Will offering to the Society of St. Vincent de Paul.

Youth & Holy Week Missions

Regnum Christi Calgary is inviting young people to a week-long event during Holy Week 2024. This event is designed to help young people develop a deeper relationship with Christ and will include various activities such as Mass, Adoration, Confession, games, food, live Stations of the Cross, and a Marian procession. The event will be held from **Mar 24 - 30** at St. James' Parish in Okotoks. Register at rcccalgary.com

Lenten Retreat at St. Paul's

All are welcome to St. Paul's Lenten Retreat in Airdrie on **Tue, Mar 12 from 6:30 pm to 8 pm** led by Friar Michael Perras. The evening retreat will include a reflection, moments of quiet, music, sharing, and a closing spiritual. Free will offerings accepted.

Ablaze Youth Ministry

Set your hearts on Fire - ablaze with love for God and His Catholic Church! The following events are available for all youth in the Diocese:

- **Fri, Mar 1, from 7 to 9 pm - for Gr. 9-12** | FacetoFace Ministries at St. Bonaventure's, Calgary
- **Sat, Mar 9 from 10 am to 5 pm - for Gr. 6-8** | Elevate: FacetoFace at St. Bonaventure's, Calgary
- **Sat, Mar 16 (7 to 9 pm) - for Gr. 7-12** | Impact Nights with Access52 at St. Michael's, Calgary
- **Mar 22-23 - for Gr. 9-12 (Boys only)** | God Squad Conference at Ascension, Calgary

For info, call 403-278-7556 or email troy.nguyen@calgarydiocese.ca

Pray the Diocesan Pastoral

Renewal Prayer

We invite you to join us in praying the Novena to the Diocesan Prayer of Renewal below and to incorporate it into your prayers at home and within the parish communities. May the grace of God transform us and our communities in faith, charity and hope. Visit catholiccyyc.ca/renewal

Lenten Resources

Visit our Diocesan Lenten Resources at catholiccyyc.ca/Lent to find a listing of Lenten missions/retreats in parishes throughout the Diocese, daily Lenten reflections, Stations of the Cross, and lenten activities and inspiration for individuals, children, and families.

Priestly Vocations Night

Have you ever thought God might be calling you to be a priest? Come to the Priestly Vocations Night with Fr. Derek Remus. Mass at 5 pm, followed by Evening Prayer, supper, presentation on discerning a vocation, and prayer before the Blessed Sacrament. When: **Sat, Mar 16, from 5 pm to 9 pm** at St. Luke's, Calgary.

Men's Night: Brotherhood

Men in the Diocese of Calgary are invited to join "Into the Breach" Men's Formation Program on "Brotherhood" with Regnum Christi and Clear Water Academy. When: **Thu, Mar 14**

at 6:30 pm to 8:30 pm, at Clear Water Academy, Calgary. See catholiccyyc.ca/news for more information.

27th Annual God Squad Men's Conference

God Squad Canada is hosting its annual Men's Conference called "*The Way to the Father*" on **March 22-23, 2024** at Ascension Catholic Parish in Calgary with keynote speaker: Jon Leonetti (author, speaker, radio host, but most importantly a husband and a father); as well as Brother Simon of the Seeds of the Word Community in Calgary. Get tickets at

godsquad.ca

Other Resources & Events

1. ABLAZE Youth Ministry in March 2023

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Calgary

For info, call 403-278-7556 or email

troy.nguyen@calgarydiocese.ca

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3. 40 Hours Devotion in the Diocese of Calgary

"The harvest is plentiful, but the labourers are few; therefore ask the Lord of the

harvest to send out labourers into his harvest" (Matt. 9:37-38). Pray with us as for an increase of vocations to the priesthood and consecrated life in our Diocese. [Come and pray before the Lord | catholicyyca.ca/40hours](http://catholicyyca.ca/40hours)

4. **Lenten Penitential Services**

In preparing us as the faithful for the celebration of the Paschal Mystery of Christ's Passion, Death, and Resurrection, Join our parish's penitential service and rejoice in God's Mercy! See schedule at:

catholicyyca.ca/lent

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7. **Youth & Holy Week Missions**

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Okotoks. [More info & registration](#)

8. **March Calendar Highlights**

- **Fri, Mar 1** | [World Day of Prayer](#) - St. Mark's, Calgary
- **NEW! Fri, Mar 1** | [Ablaze Youth Ministry](#) - St. Bonaventure, Calgary
- **NEW! Fri, Mar 1** | [St. Peter's Young Adult Group](#) - St. Peter's, Calgary
- **Fri, Mar 1** | [Taize Lenten Prayer Service](#) - Canadian Martyrs, Calgary
- **Tue, Mar 5** | [Taize Lenten Prayer Service](#) - St. Luke's, Calgary
- **Mar 1-2** | [40 Hours Devotion for Vocations at St. Mary's Cathedral](#)
- **Mar 1-3** | [40 Hours Devotion for Vocations at St. Anthony's Calgary](#)
- **Mar 1-3** | [Retrouville Retreat - A lifeline for Married Couples](#) - Calgary
- **Mar 1-3** | [Single Women \(18-35\) Come & See Dominican Sisters of Immaculate Conception](#) - Our Lady Queen of Peace, Calgary
- **Mar 1-3** | [Billings Ovulation Method Workshop](#)
- **Sun, Mar 3** | [Profession of Religious Vows, Seeds of the Word](#) - St. Mary's Cathedral
- **Sun, Mar 3** | [Lenten Mission "The Saints' Guide to Happiness: Practical Lessons from the Spiritual Masters"](#) - St. Gerard's Church
- **Mon, Mar 4 - 25** | [Follow the light of Christ anew](#) - Zoom
- **Tue, Mar 5** | [Taize Lenten Prayer Service](#) - St. Luke's Church, Calgary
- **Tue, Mar 5** | [Lenten Twilight Retreat - Tree of Life](#) - Mt. St. Francis, Cochrane
- **Wed, Mar 6** | [Lenten Day Away Retreat](#) - Mt. St. Francis, Cochrane
- **Fri, Mar 8** | [Way of the Cross: Liliana's Story: A reflection on the Trafficking of Human Person](#) - FCJ Centre
- **Mar 8-10** | [40 Hours Devotion for Vocations at St. Luke's Calgary](#)
- **NEW! Sat, Mar 9** | [ABLAZE Youth Ministry](#) - St. Bonaventure
- **Sun, Mar 10** | [Knights Breakfast Sunday](#) - St. Mary's Brooks
- **NEW! Mon, Mar 11** | [Lenten Evening Reflection](#) - FCJ Centre
- **Tue, Mar 12** | [Lenten Retreat](#) - St. Paul's, Airdrie

- **Mar 13-14** | [40 Hours Devotion for Vocations at St. Bonaventure's, Calgary](#)
- **NEW! Thu, Mar 14** | Clear Water Academy Open House
- **NEW! Thu, Mar 14** | [Men's Night: What does it mean to build your life on Christ?](#) - Clear Water Academy, Calgary
- **Sat, Mar 16** | [Priestly Vocations Night](#) - St. Luke's, Calgary
- **NEW! Sat, Mar 16** | [ABLAZE Youth Ministry](#) - St. Michael's, Calgary
- **Sun, Mar 17** | Solidarity Sunday in Parishes in the Diocese
- **Tue, Mar 19** | Solemnity of St. Joseph Mass with Bishop McGrattan - St. Joseph's, Calgary
- **NEW! Tues, Mar 19** | [Feast Day of St. Joseph Pilgrim Icon Program](#) - St. Bonaventure, Calgary
- **NEW! Mar 22-23** | [ABLAZE Youth Ministry](#) - Ascension, Calgary
- **Mar 22-23** | [God Squad Men's Conference](#) - Ascension, Calgary
- **Mar 22-24** | [Live-In Retreat](#) - St. John Paul II collegiate School, Okotoks
- **Sun, Mar 24** | Palm Sunday - Holy Week Begins - [Mass Finder](#)
- **Mon, Mar 25** | Chrism Mass - St. Mary's Cathedral, Calgary
- **Thu, Mar 28** | Paschal Triduum - Holy Thursday - [Parish Triduum Schedule](#)
- **Fri, Mar 29** | Paschal Triduum - Good Friday - [Parish Triduum Schedule](#)
- **Sat, Mar 30** | Paschal Triduum - Easter Vigil - [Parish Triduum Schedule](#)
- **Sun, Mar 31** | Easter Sunday - [Parish Easter Schedule](#)

- **Mar 24-30** | [Holy Week Mission for Youth Gr. 7-12](#) - St. James', Okotoks

To **submit your parish/lay association events** - go to catholiccyyc.ca/news and click "Add Event" (please submit description + poster/graphic in JPEG/PNG)

Worth sharing

Together in Action

Together in Action supports diocesan ministries and programs in the 68 parishes across southern Alberta. It helps us to carry out the mission of Christ through His Church. [More info here.](#)

Feed the Hungry - Volunteer, Donate, or Sponsor a Sunday

Take part in the spirit of generosity and giving. Let's feed the hungry in Calgary, one Sunday at a time. We invite you to volunteer, donate, or sponsor one Sunday dinner. [More info here.](#)

National Synodal Report

We invite everyone to read the Synod on Synodality reports. To read the Diocesan, Western Region and National reports, visit catholiccyyc.ca/synod

Break the cycle. Talk about it.

Perhaps you are a sexual abuse survivor, a relative or a friend of someone who was abused. Talk to someone or call our toll-free number to help you break the cycle of silence. Visit catholiccyyc.ca/talkaboutit For additional

Joe McKenna Council #9502 Knights of Columbus

Position	Name
Grand Knight	Greg Martin
Deputy Grand Knight	Jimmy Tablan
Financial Secretary	Pat Ries
Treasurer	Ron Pisoni
Chancellor	
Recorder	Pat Brigham
Advocate	Andy Hamel
Warden	Walter Pratt
Inside Guard	Dale Maddaford
Outside Guard	Michael Camphor
Year 1 Trustee	Herb Durda
Year 2 Trustee	Gary Heinbecker
Year 3 Trustee	Kent Friedt
Lecturer	Rick Brown
Membership Director	Garry Lux
Faith in Action Program Director	Greg Martin
Faith in Action Life Director	Allan Lawson
Faith in Action Family Director	Jimmy Tablan
Faith in Action Faith Director	Darrell Bonagofsky
Faith in Action Community Director	Ron Pisoni
Pastoral Parish Council Representative	Garry Mastel



2023-24 Knights Events

Date & Activity
Sunday, September 10 Corn Roast
Sunday, September 24 Knights Mass
Sunday, October 15 Breakfast
Sunday, November 19 Breakfast
Saturday, December 9 Knights Mass
Sunday, December 17 Christmas Breakfast
Sunday, January 21 Breakfast
Sunday, February 25 Breakfast
Sunday, April 7 Breakfast
Sunday, May 5 Breakfast
Sunday, June 23 Parish Picnic

information on the job requirements and details, visit catholicyy.ca/careers.

The Kids' Bulletin

Third Sunday of Lent

March 3rd, 2024

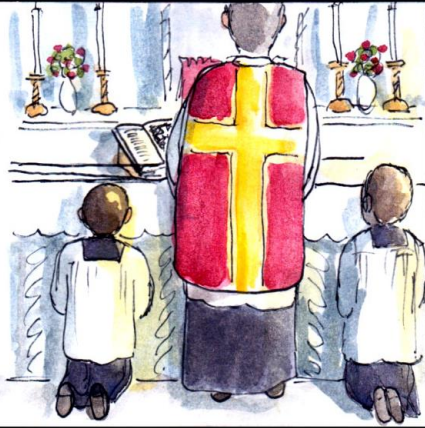


*Here are the
Ten Commandments
that God gave to Moses for His
people. The only problem is that they are in the wrong
order! Can you put the right numbers in the spaces?*

Saint Dominic Savio

March 9

DOMINIC SAVIO WAS BORN IN 1842 TO A PEASANT FAMILY IN ITALY. HE BECAME AN ALTAR BOY WHEN HE WAS ONLY FIVE.



DOMINIC LOVED GOD AND WANTED TO BECOME A PRIEST.



WHEN HE WAS 12 DOMINIC LEFT HIS FAMILY TO GO TO ST. JOHN BOSCO'S SCHOOL.

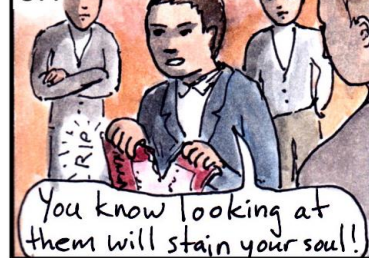


You'll have to throw the first stone at me.

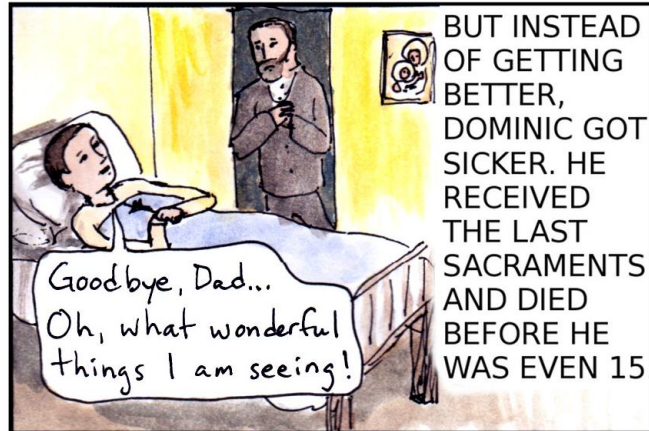


HE WAS A GOOD STUDENT AND STOPPED FIGHTS BETWEEN OTHER BOYS.

WHEN HE SAW SOME BOYS LOOKING AT BAD MAGAZINES HE TOOK THEM AND TORE THEM UP.



DOMINIC FELL SICK WHEN HE WAS 14 AND WAS SENT HOME.



BUT INSTEAD OF GETTING BETTER, DOMINIC GOT SICKER. HE RECEIVED THE LAST SACRAMENTS AND DIED BEFORE HE WAS EVEN 15.

WHEN DOMINIC DIED, SOME PEOPLE THOUGHT HE WAS TOO YOUNG TO BE CANONIZED. BUT THE HOLY FATHER KNEW THAT BEING YOUNG DOESN'T MEAN YOU CAN'T BE HOLY ENOUGH TO BE A SAINT. HOW OLD ARE YOU? ARE YOU TOO YOUNG TO BE A SAINT? YOU CAN PRAY TO SAINT DOMINIC TO HELP YOU!

Jesus at the Temple

Word-Find



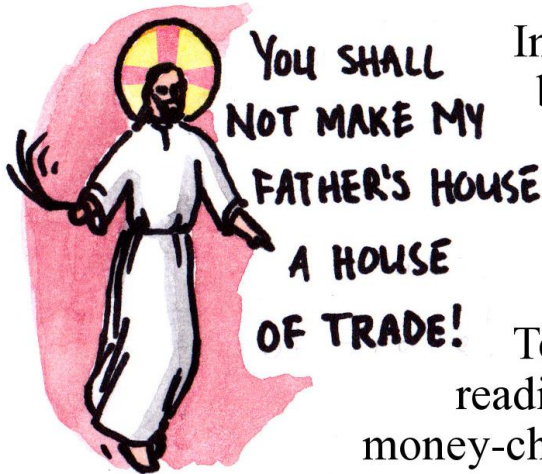
D R O V E S O C T F
H E V T E P X O T A
M Z E A L I E I E T
F O R T Y L N N M H
O U T A B L E S P E
P S U L E E H H L R
T H R E E D O V E S
M O N E Y I U S I X
S W E J E W S T O P
B O D S H E E P D Y

*Find all the words in CAPITALS and then
use the letters that are left over
to fill in the blanks at the end.*

Jesus made a whip out of cords and DROVE them all out of the TEMPLE area, with the SHEEP and the OXEN, and SPILLED the COINS of the MONEY-changers and OVERTURNED their TABLES, and to those who sold DOVES he said, "Take these OUT of here, and STOP making my FATHER'S house a market place." His disciples recalled the words of Scripture, ZEAL for your HOUSE will consume me. The JEWS said to Him, "What sign can you SHOW us for doing this?" Jesus answered them and said, "Destroy this temple, and in THREE days I will raise it up." The Jews said, "This temple has been under construction for FORTY - SIX years, and you will raise it up in three days?" But He was speaking of

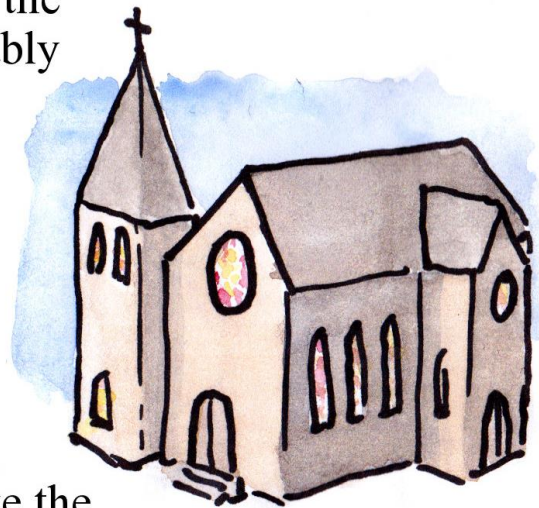
_____ of _____.

Sacred Places



In the old times, people would bring animals to offer as sacrifices to God. By the time that Our Lord was born, there were people who were selling animals right in the area of the Temple. In today's Gospel reading Jesus drives the animals and money-changers out of the sacred space.

At one time the men who sold the animals for sacrifices were probably really helping the people who came to the Temple from far away. But now they were just trying to make money, and they were taking up space that was supposed to be used for people to worship God.



We also have sacred spaces like the Temple. Every Catholic church is a special place made for worshipping God in the Mass. We should always behave respectfully in church, and remember that Jesus is really there in the tabernacle. We can show our respect by walking quietly, not talking inside the Church unless it is



necessary, and by paying attention when Mass is going on. Maybe you can be a good example to your friends of how to act in church!

Answers to front page, top to bottom: Left: 4, 9, 3, 5, 10. Right: 7, 6, 1, 8, 2. Answer to Word-Find: the Temple (of His Body).



THE
KING'S
UNIVERSITY

Visit King's!

Take one of these great opportunities to discover what The King's University is all about.

Campus Visit Day

January 26, 2024 | 9:00 a.m. – 3:00 p.m.

Parents Night

February 7, 2024 | 6:30 p.m. – 9:00 p.m.

Spring Open House

March 16, 2024 | 10:00 a.m. – 2:00 p.m.

All prospective students will receive a FREE King's sweater for attending Open House!



Campus Visit Day

April 5, 2024 | 9:00 a.m. – 3:00 p.m.

Online Info Session

April 10, 2024 | 4:00 p.m. – 5:00 p.m.

Looking for a personalized visit?

Email admissions@kingsu.ca to schedule a one-on-one appointment with one of our admission advisors.



For more information or to register for an event go to:

kingsu.ca/visit



Back for a second series, Fr. Tim Boyle will speak on The Art of Accompaniment, picking up on the theme from the Synod preparation document "Enlarge the Tent."

St. Martha's Parish, Lethbridge

Monday, March 18, 2024

"Mother Maria of Russia... on uniting the Cross and the Sword"

Monday, April 15, 2024

"Flourishing... not just maintaining the Faith".

Gatherings begin at 10:15 am with 15 minutes of checking in with participants.

Mass follows at 11:15 am

St. Martha's parish, 355 Columbia Blvd W., Lethbridge – 403 381 8891

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality. Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



~~~~~



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

~~~~~

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holyfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESPOND to it, you can forward it to contact@holyfamilymh.ca so it can be sent to the diocese.