



Welcome to

HOLY FAMILY PARISH

SEPTEMBER 3, 2023 – 22ND SUNDAY IN ORDINARY TIME – YEAR A

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Phone 403-527-6933

Facebook: Medicine Hat Holy Family Parish ~ YouTube: Medicine Hat Holy Family Church

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid & Fr Naveed Arif
& Deacon Robert Risling

RECONCILIATION...

Friday 9:30am–10:30am. & Saturday 3:30–
4:45pm. Or by Appointment

MASS TIMES... MONDAY to FRIDAY at 9:00AM

FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM
SUNDAY at 8:30AM, 10:30AM & 6:00PM

THE CHAPEL IS OPEN

MONDAY - FRIDAY 9:30am - 4:00pm
ADORATION FRIDAY 9:30 – 10:30am

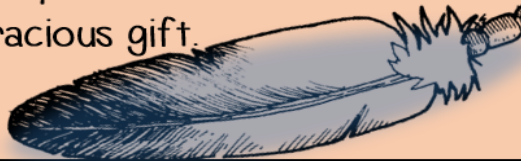
Knights of Columbus – Greg Martin

Catholic Women's League – Cathy Koch

Parish Pastoral Council Chair - Gary Heinbecker

Parish Finance Council Chair - Cheryl Pocsik

We acknowledge that Treaty 7 territory, on which we stand, is the ancestral land of the Indigenous peoples and is common home to everyone in virtue of God our Creator's gracious gift.



Overcoming Obstacles

Jeremiah complains that because of the compelling presence of God within, he cannot not speak God's message. Paul urges us not to conform ourselves to this age. And Peter, trying to protect Jesus, blurts out "God forbid" and becomes an obstacle to Jesus' mission. Baptized followers of Jesus must deny, take up the cross, and follow.

- † In denying self, how will I attend to another's need this week?
- † What is the cross I bear for the sake of the Kingdom of Heaven?
- † How will I follow, not the greed of this age, but the goodness of Christian life?

† Masses & Mass Intentions †

Saturday, September 2

8:30am - Chuck Hellman

5:00pm ~ Tony & Eugina Schafer †

Sunday, September 3

8:30am - Fr Cecil Zinger CSB †

10:30am - John Brink †

6:00pm ~ Holy Family Parish

Monday, September 4

NO MASS TODAY - LABOR DAY

Tuesday, September 5

9:00am - Lorraine Weimer †

6:30pm ~ Holy Family Parish Ministries

Wednesday, September 6

9:00am - Len Schropp †

Thursday, September 7

9:00am - Georgine Hecker †

Friday, September 8

9:00am - Jack Risling



SEPTEMBER 3, 2023 – 22ND SUNDAY IN ORDINARY TIME – YEAR A

Then Jesus told his disciples, "If any want to become my followers, let them deny themselves and take up their cross and follow me." Matthew 16:24

22nd Sunday in Ordinary Time - Year A

Together **IN ACTION**
Annual Bishop's Appeal

Year to Date: \$33,954
only 48% of total needed!

The amount needed before end 2023 is \$70,938.

The more we can get into this fund early in the year, the less we must scramble and beg at the end of the year. Please give what you can to meet our goal!

Your Generosity is Appreciated!

HEALING MASS

"COME TO ME, ALL YOU WHO ARE WEARY AND BURDENED..."

1ST TUESDAY EACH MONTH AT 6:30PM

SEPTEMBER 5, 2023



THE FIRST WEDNESDAY OF
THE MONTH THE LEGION OF
MARY HOSTS THE MOTHER
OF PERPETUAL HELP

NOVENA

BEFORE MASS AT 8:00AM

SEPTEMBER 6, 2023

Sacramental Preparation 2023-2024

Information Meeting and Registration

1st Reconciliation, 1st Holy Communion
and Confirmation

Starts at 6:30pm & goes to 7:30pm

Please bring Child's Baptismal Certificate & Birth
Certificate or Proof of Citizenship & requesting
\$30.00 Cash or Cheque for each Sacrament

Holy Family Parish Hall – Tuesday September 12

St. Patrick's Parish Hall – Wednesday September 13

Enrolling your child in
the sacraments is a
LIFE-GIVING gift.

We look forward to
welcoming you and
your family as we
begin this wonderful
journey of faith.

Blessings, Sally Myers
Sacramental Prep
Coordinator

St. Patrick's & Holy
Family Parishes

sac.prep@holymfamilymh.ca

Anybody wanting to be part of Blessing
of the Pets organizational team...

Meeting 1:30pm Wednesday, September 6



This is such a fun event, come get involved!

Holy Family Parish Annual Corn Roast



Sunday, September 10, 2023

Following the 10:30 Mass



Holy Family Parish
Welcomes
Fr. Greg Coupal
To Celebrate Mass in
Honor of his 50th
Ordination Anniversary
September 17, 2023
10:30 am Mass
Followed by Fellowship in the Hall



The Catholic Women's League

Holy Family Parking Lot

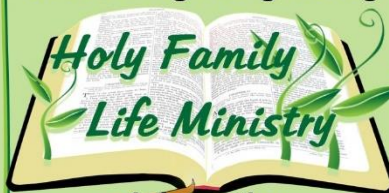
Saturday, September 9th 10 am - 6pm

Sunday, September 10th 8am - 2 pm

FUNDRAISING

Thank you for your support!

If you are passionate about the dignity of life & would like to know more about what the Catholic Church teaches regarding the dignity of life, please join us.



Information

Valerie at 587-588-5788

Sonia at 403-528-0028

Prayer and Adoration

2nd Tuesday of the month
at 7:00pm in the Chapel.

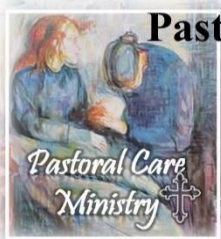
Education Evening

4th Monday of the month
at 7:00pm in the Faith
Room.

Knights of Columbus
General Meeting
September 11 at 7:00pm
Faith Room



Catholic Women's League (CWL)
General Meeting
September 12 at 7:00pm
Faith Room



Pastoral Care Ministry Training
Holy Family Parish
September 22nd-24th

†Friday evening (6:30pm to 8:30pm)

†Saturday (9:30am to 12:00noon,
lunch break, resume 12:30pm to 3:30pm)

†Sunday (1:30pm to 4:00pm)

Please let your ministry people know and other if interested
to attend this training.



Gifts from God
The Art Show

November 18-19, 2023

Following each Mass

Registration deadline November 3, 2023
see bulletin for info.

Just a reminder that submissions for the bulletin must be in by Wednesday mornings for the weekend Bulletin. Also PLEASE, PLEASE, PLEASE email me and let me know when programs will be starting up again so I can get your rooms booked.

Thanks... Teresa... contact@holyfamilymh.ca



Live simply...
love generously...
care deeply...
speak kindly and
leave the rest to
God.



St. Michael's School is the dedicated Fine Arts Focus Elementary school within the Medicine Hat Catholic Board of Education. We are located in northwest Crescent Heights and serve about 150 students from Early Learning to grade 6 in the north of Medicine Hat and Redcliff areas. This year grades 3-6 are experiencing five weeks in each of the following disciplines of fine arts: drama, choral, instrumental, art, dance and performance arts including juggling, choral speech, or black light theater. This exposure focuses on process not performance and allows all the students to become involved. Grades 1 and 2 already have art, choral and instrumental in them, but we are pleased to include drama and dance there as well. Special emphasis on the fine arts and their integration throughout the curriculum develops creativity, personal initiative, growth in self-esteem and encourages a desire for life-long learning.

Our school also offers an education based on the traditions of our Catholic faith that is both a preparation for life and a way of living out the Gospel message in all that we do. Catholic Education is extremely important as it provides for the physical, intellectual, emotional, and spiritual development of every child. Cooperation among families, school staff and our parishes within St. Michael's community is demonstrated by a commitment to the school mission.

As we celebrate our patron saint, Saint Michael the Archangel in September, we would like to thank the parishioners from both Holy Family and St. Patrick's Parish for welcoming our staff and students into the church community, and we encourage all parishioners to continue to pray for our Catholic school and our students as we embark on a new school year.

Sunday 10:30am Mass on
YOUTUBE
Medicine Hat Holy Family Church
Live Stream
https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q



**EMAIL SCAMS AGAIN FROM
PREISTS, CHURCH, STAFF, ETC.**
NOBODY is going to ask you for gift
cards, or bit coins! **NOBODY!!!**
If you get an email or a text, **PLEASE**
DO NOT RESPOND to it,
JUST DELETE IT!

Faithfully
FAITH. LIVED. FULLY.

catholiccyc.ca/Faithfully Faithfully keeps you
updated with what's happening in and around
our Diocese!

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USE WITH

Roku, Apple TV, Fire TV, Chromecast

HEART, MARY, SYMBOLON, INTO THE B, BETTER, WHAT DO YOU SEEK, DIVINE

1 Scan this with your phone camera
2 Enter our parish name or zip code
3 Enjoy the content you want

Visit signup.formed.org for more information

E-transfer
ONLINE GIVING



accounting@holyfamilymh.ca

Listen to Mass on your phone...
Download the "Audio Fetch" app.
Our Network is: HFP_LIVE
The Password is: Liv3HFP*





22nd Sunday in Ordinary Time - Year A

September 3, 2023

UNDERSTANDING JESUS

There are always two things in our life either we have understanding or misunderstanding. If we have better understanding of a person or situation, then everything become right and peaceful. However, if there is misunderstanding then there is brokenness in relationship and sadness is beyond comparison. Let me share a story of husband and wife who were poor but were given the chance for the wife to understand the situation and they went back to their same old life.

Not so long ago, lived a humble fisherman and his wife. They had a small filthy shack, really close to the sea. One day, while fishing, he caught a big, big flounder. "Let me go for I am an enchanted prince", the flounder begged. The fisherman believed the talking fish and set it free. He went back home and told his wife what had happened. "Did you ask him for anything? At least for little cottage for us to live in? she asked right away. She argued that he had to go back. So even though he didn't want to, he finally did. He called out the flounder and then walked back home only to see a beautiful cottage where his shack used to be. But his wife was not happy as she wanted a palace now. She argued and she argued, and he finally went back to the sea. He called out to the flounder and then walked back home, where he got blinded by the shiny new towers of the palace.

He thought she'd be happy, but his wife wasn't happy at all. Now she wanted to be a king. So, he walked back and spoke to the flounder again, and came back home to find her sitting on the throne. It wasn't enough for her, she wanted more. She became emperor and soon enough, the pope. But as she craved for more, one sleepless night she wished the ultimate wish, she wanted to be like a god. The fisherman wouldn't do it, but she argued more than ever.

As he walked to the sea, the nice wind turned into a storm. He called out to the flounder and told him her new demand. "Go home, she has everything she deserves now". The

flounder said. As the fisherman walked home, he saw their filthy shack back there. They still live there today, wishing they had asked for less.

Saint Columban explains our relationship with the Lord saying, “Brethren, let us follow that vocation by which we are called from life to the fountain of life. He is the fountain, not only of living water, but of eternal life. He is the fountain of light and spiritual illumination; for from him come all these things: wisdom, life, and eternal light. The author of life is the fountain of life; the creator of light is the fountain of spiritual illumination. Therefore, let us seek the fountain of light and life and the living water by despising what we see, by leaving the world and dwelling in the highest heavens. Let us seek these things, and like rational and shrewd fish may we drink the living water which wells up to eternal life. Merciful God, good Lord, I wish that you would unite me to that fountain, that there I may drink of the living spring of the water of life with those others who thirst after you. There in that heavenly region may I ever dwell, delighted with abundant sweetness, and say: “How sweet is the fountain of living water which never fails, the water welling up to eternal life.” O God, you are yourself that fountain ever and again to be desired, ever, and again to be consumed. Lord Christ, always give us this water to be for us the source of the living water which wells up to eternal life. I ask you for your great benefits. Who does not know it? You, King of glory, know how to give great gifts, and you have promised them; there is nothing greater than you, and you bestowed yourself upon us; you gave yourself for us”.

He continues to say “Therefore, we ask that we may know what we love, since we ask nothing other than that you give us yourself. For you are our all: our life, our light, our salvation, our food and our drink, our God. Inspire our hearts, I ask you, Jesus, with that breath of your Spirit; wound our souls with your love, so that the soul of every one of us may say in truth: Show me my soul’s desire, for I am wounded by your love. These are the wounds I wish for, Lord. Blessed is the soul so wounded by love. Such a soul seeks the fountain of eternal life and drinks from it, although it continues to thirst, and its thirst grows ever greater even as it drinks. Therefore, the more the soul loves, the more it desires to love, and the greater its suffering, the greater its healing. In this same way may our God and Lord Jesus Christ, the good and saving physician, wound the depths of our souls with a healing wound—the same Jesus Christ who reigns in unity with the Father and the Holy Spirit, for ever and ever. Amen”.

Last Sunday we were given two personalities to walk with one Shebna who rather becoming good example to other, was lost in his own greed and selfish motives and eventually got thrown out of office and was replaced by Eliakim son of Hilkiah. Eliakim was given the keys to open and shut down and there is no one who could open or shutdown. His understating in the eyes of God was and honest and righteous man who obeys him. On the other hand, St. Peter was given responsibility to lead the Church because he is a rock upon him the Church is build, unshakable, and the Lord gave him the

keys of the kingdom of heaven with the authority to bind and loose. This is the first time that Simon became Peter who was given authority to lead the Church.

How do people understand Jesus? Last week Jesus asked his disciples two questions: What do people say & what do you say who am I? St. Peter understood Jesus by saying "You are the Christ, Son of the Living God". Do we really believe in that? However sometimes we act like St. Thomas who said "He will not believe in him unless he will see him and insert his finger into his side. He failed to understand Jesus that he is Son of God who had done great works.

Today we are given the examples of Prophet Jeremiah and our Lord. Prophet suffered till the point of death and wished death over his life. At the mid-point of his ministry, the Babylonian empire under Nebuchadnezzar began expanding in the Middle East and Israel's existence was threatened. Jeremiah warned Israel about this threat, believing that he had received such warning words from God. But the people denounced him (20:10). Jeremiah feels caught in the middle, squeezed between a God who has insisted that he preach this difficult word of warning and a people who refuse to believe him. He is stuck between an insistent God and a resistant people. This situation occasions for the prophet a vocational crisis. In the midst of this crisis, he voices six laments (Jeremiah 11-20). In essence: God, I'm doing your bidding, so what's with all this trouble I have to endure; the people are engaged in a whispering campaign against me. Why did you get me into this mess? You didn't tell me it would be this difficult. It would have been better had I not been born than have to live through this kind of vocational hell (Please read 20:14-18). How can Jeremiah talk to God like this? He goes on and on! "The word of the Lord has become for me a reproach and derision all day long" (20:8). "Cursed be the day on which I was born! ...Why did I come forth from the womb to see toil and sorrow and spend my days in shame" (20:14, 18)? Earlier, Jeremiah's words to God are even more sharply stated (15:18): "Why is my pain unceasing, my wounds incurable, refusing to be healed? Truly, you God are to me like a deceitful brook, like waters that fail."

However, Lord stood by his side and protected him. Jeremiah understood God who is always there to protect him all the days of his life. He was a leader and messenger who led people to righteousness and obedience. He was able to talk to God because he understood him. Do we understand God?

In today's Gospel St. Matthew presents Jesus who became the first one to set an example of leadership and humility for us as Prophet Isaiah says "Surely, he has borne our infirmities and carried our diseases; yet we accounted him stricken, struck down by God, and afflicted. But he was wounded for our transgressions, crushed for our iniquities; upon him was the punishment that made us whole, and by his bruises we are healed. We are like sheep have gone astray; we have all turned to our own way, and the Lord has laid on him the iniquity of us all. He was oppressed, and he was afflicted, yet he did not open his mouth;

like a lamb that is led to the slaughter, and like a sheep that before its shearers is silent, so he did not open his mouth”.

Jesus, after having ascertained that Peter and the other eleven believed in Him as the Messiah and Son of God, “began to show his disciples that he must go to Jerusalem and suffer many things..., and be killed, and on the third day be raised”. It is a critical statement of Jesus about sharing the news of his death, which may have made his disciples upset and shocked. However, we need to pay very close attention to the second part of the Gospel where Jesus is inviting anyone who wants to follow him, they must carry the Cross. St. Matthew gives us the following reasons to understand the demand of Jesus:

Firstly, Jesus is the first one to talk about his own suffering and death which shows that Jesus loves to set example for his followers how to sacrifice one's life for others. The sharing about his own suffering and death shows how much he loves us.

Secondly Jesus shows his purpose of coming into this world because being a true Son of God, he was focused on his purpose to save sinners. From all eternity this was God's plan for humankind. But because sin had entered the world before the Incarnation took place, the Son of God in his human nature had to suffer the violent death of the cross at the hands of sinners. In this very suffering he became the Lamb of God who took away the sins of the world, as the Prophet Isaiah had foretold in his "suffering servant" prophecies. His death, because he was God as well as man, was a sacrifice, an atonement, of infinite value, and therefore obtained forgiveness from the Father for all the sins of the human race.

Thirdly, Christ intended to prepare his disciples and other followers for what he knew would be for them a severe crisis of faith. He also took occasion from it to remind his disciples, and all others who would follow him, of what their attitude to suffering and death should be. He told them, and us too, that we must be ever ready to accept sufferings in this life, and even an untimely death if that should be demanded of us, rather than deny our Christian faith.

After showing example of his own carrying of the Cross, he invites us to carry our crosses everyday in humility and obedience. This daily carrying of our Christian cross can be, and is for many, a prolonged martyrdom. Poverty, ill-health, cruelty, and hardheartedness met with in the home and in one's neighbors, are heavy crosses which only a truly Christian shoulder can bear.

However sometimes we fail to follow the example of Jesus and we act like St. Peter to deny that sufferings are real. Naturally, Peter did not want Jesus to suffer — who could find fault with that? St. Peter who acknowledges Jesus, “Christ is the living Son of God” but fails to understand Jesus after listening about his suffering. I believe sometimes we act the same way during our sufferings. However, St. Paul highlights the importance of the Cross in these words “For the message about the cross is foolishness to those who

are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Let me conclude my reflection with the following story which will help us to clear our hearts and minds from any temptation or obstacle to follow the example of Jesus in humility. We must believe that if we include Jesus in our sufferings, he will rescue us. We do need to understand that he has once for all and has freed us from the burden of death.

A family settled down for dinner at a restaurant. The waitress first took the order of the adults, then turned to the seven-year-old. "*What will you have?*" she asked.

The boy looked around the table timidly and said, "*I would like to have a hot dog.*"

Before the waitress could write down the order, the mother interrupted. "*No hot dogs,*" she said, "*Get him a steak with mashed potatoes and carrots.*"

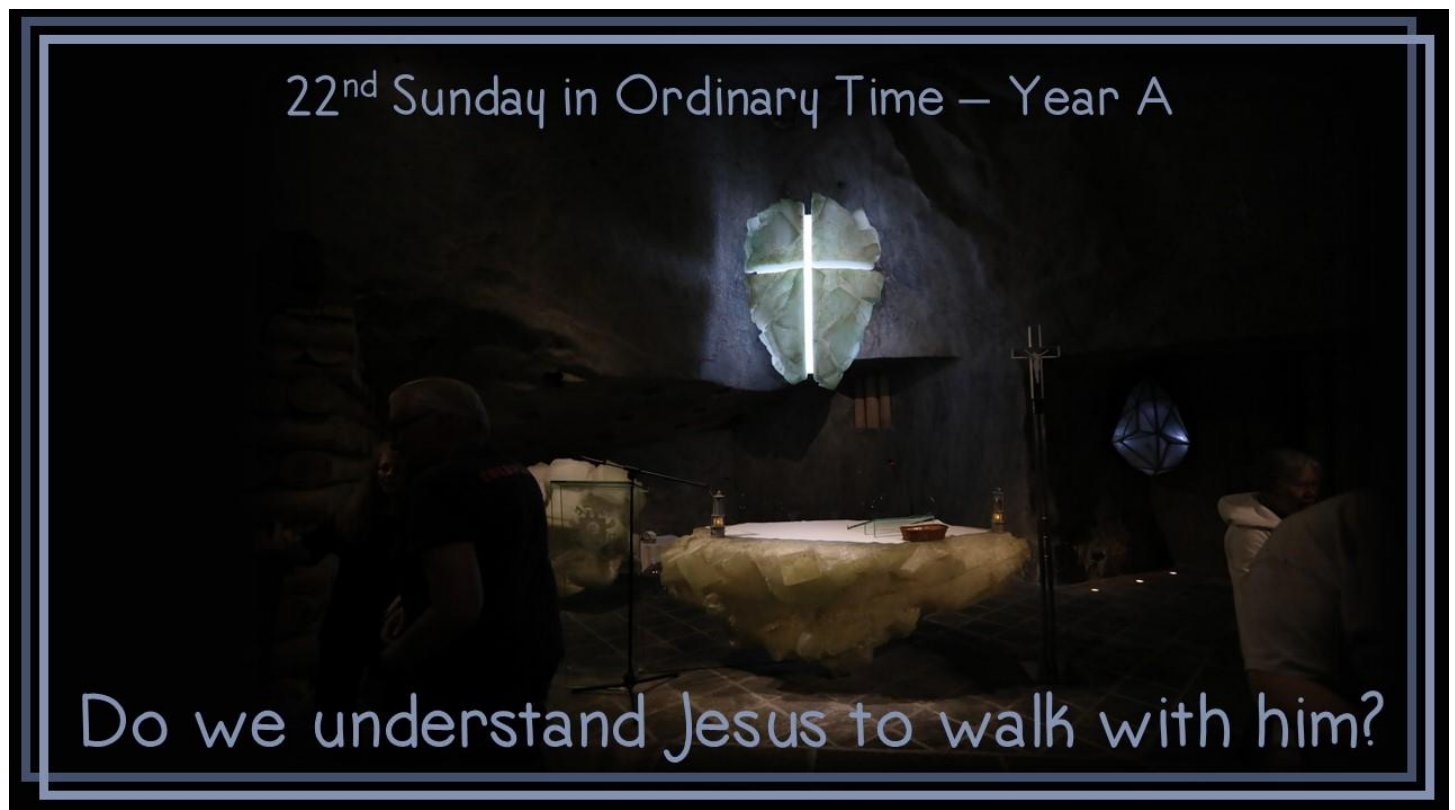
The waitress ignored her. "*Do you want ketchup or mustard on your hot dog?*" she asked the boy.

"*Ketchup.*"

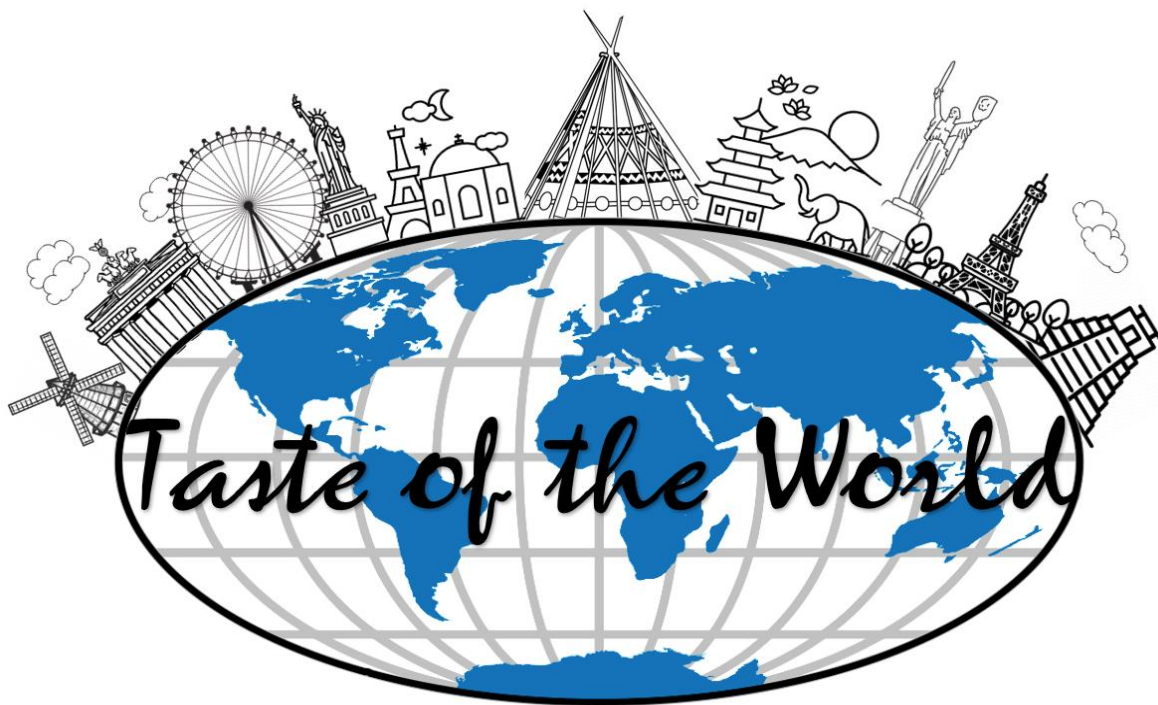
"*Coming up in a minute,*" said the waitress as she started for the kitchen.

There was a stunned silence when she left. Finally, the boy looked at everyone present and said, "*Know what? She thinks I'm real!*"

Do we understand Jesus to walk with him?



Picture by Fr. Iqbal, Salt Mines in Poland.



TASTE OF THE WORLD

A Taste of the World will give you an appetite to explore not only through food but through connectivity with different people of various cultures and background. Everyone is unique and different but as St. Paul says “For as in one body we have many members, and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another. We have gifts that differ according to the grace given to us”.

Therefore, Parish Pastoral Council would like to invite everyone of you to join and participate in this wonderful and exciting event happening in our Parish Community.

When: October 21st starting with the Holy Mass at 5pm followed by the Taste of the World @ 6:30pm.

Where: Holy Family Parish Hall

What is expected?

- cooking only for 15-20 people.
- Wear your own traditional outfits.
- Prayers of the Faithful will be in the local language.
- Traditional dance or music.

Please contact Gary Heinbecker: tasteoftheworld2023@gmail.com

IF ANYONE WANTS TO
BECOME MY FOLLOWER,
LET HIM DENY HIMSELF AND



TAKE UP HIS
CROSS AND
FOLLOW ME

MATTHEW 16:24



ROMAN CATHOLIC
DIOCESE
of Calgary

22nd SUNDAY IN
ORDINARY TIME

DIOCESAN SUNDAY UPDATES

22nd Sunday in Ordinary time

Pastoral Care Ministry Training

The Diocese of Calgary is offering a Pastoral Care Ministry Training for those who feel called to assist their parish in a healing ministry to the sick, elderly, dying, homebound and bereaved members.

- **Medicine Hat: Fri-Sun (Sep 22-24)**
- **Calgary: Saturdays (Nov 11 & 25)**

Register at: catholicyyca.ca/pastoralcare

Transitions

The Diocese of Calgary invites those working through the pain of separation and divorce to join Transitions, an 18-week peer led support group to help toward growth and new life. In this program, participants will find a supportive environment and a safe space to share their journey, engage in meaningful discussions, and connect with others who truly understand the experience.

There is no fee to register. Limited spots available.

When: **Thursdays, from Sep. 14, 2023, from 7 to 9 pm** - at the Catholic Pastoral Centre, Calgary. Register at: catholicyyca.ca/transitions

Enlarge the Tent - with Fr. Tim Boyle

Back for a second series, Fr. Tim Boyle will speak on *The Art of Accompaniment*, picking up on the theme from the Synod preparation document "Enlarge the Tent." Sessions will be available in-person at St. Martha's, Lethbridge, or watch via **livestream** at stmarthsparish.ca | When: Every third Monday of the month, beginning **Monday, Sep. 18 at 10:30 am** - Theme: The big four issues the Church will discuss in Rome.. and what does it mean to 'Enlarge the Tent'.

Journeying Together | Hope & Healing

The Diocese of Calgary invites individuals or families to join a transformative workshop designed for those navigating the grief of miscarriage. Connect with others who understand your pain, share your experience in a safe and compassionate environment, and learn coping strategies from professionals and peers who have gone through this journey. When: **Friday & Saturday (Oct. 13 & 14)** at Ascension Catholic Parish, Calgary. More info & register online at: miscarriageliturgy.ca/workshop

Webinar on The Way of Beauty

CCCB will host a free webinar series, titled "The Way of Beauty" inviting leaders of catechesis and evangelization to reflect on the way of beauty and its powerful witness in the life of the Church. When: **Sep 7, 14 & 21 - from 11 am to 12:30 pm**, Online. [Register now](#)

Breakfast with the Bishop

You are invited to the 14th annual "Breakfast with the Bishop" with Bishop McGrattan on Saturday, Sep 9 at 8:30 am at Mary, Mother of the Redeemer Parish, Calgary. Tickets can be obtained at franciscanandfriends.ca

Career opportunities

The Diocese of Calgary is hiring various roles for the parishes in the Diocese and the Catholic Pastoral Centre. Visit catholiccyyc.ca/careers for more details, and please help us spread the word!

- [Administrative Assistant \(Part-time\) - Feed the Hungry, Calgary](#)
- [Administrative Assistant \(Part-time\) - St. Gerard's, Calgary](#)

- [Communications Development Officer - FCJ Centre, Calgary \(extended\)](#)
- [Camp Director - Archdiocese of Edmonton](#)

St. Mark's 50th Anniversary

You are invited to join a thanksgiving Mass with Bishop William T. McGrattan in celebration of St. Mark's 50 years anniversary! When: **Sunday, Sep 10 at 4 pm**, St. Mark's, Calgary. To register, call the Parish Office at 403-273-2266 or email secretary@stmarkrcchurch.ca

FCJ Autumn Tea Party

You are invited to the annual fundraiser event at the FCJ Centre. FCJ Autumn Tea Party will be a delightful afternoon of tea, music, and company. Make great connections, and enjoy the most amazing desserts and delectables! When: **Sunday, Sep 17, from 2 to 4:30 pm**. Reserve your at fcjcentre.ca or email Rita at rita.khanchat@fcjcentre.ca

CWL Annual Lecture with Leah Perrault
Wednesday, Sep 20 at 7 pm - McGivney Hall, St. Mary's University, Calgary | You are invited to the CWL Annual Lecture in Catholic Studies with speaker Leah Perrault, and theme: Hearts of Flesh: Spiritual Resilience for Hope in the Dark. [More info here](#)

Eucharistic Miracles Exhibit at Sacred Heart

The Eucharistic Miracles of the World is a collection of miracles recognized by the Church which occurred through the centuries in various countries. When: **Sep 28 - Oct 1 at Sacred Heart Church, Calgary.**

The Kids' Bulletin

22nd Sunday in Ordinary Time

September 3rd, 2023



What did Jesus say that the people would have to do to be His disciples? Find your way through the maze and then use the letters from that path to fill in the blanks.

Saint Rose of Viterbo

September 4

ROSE WAS BORN TO A POOR FAMILY IN VITERBO, ITALY, IN 1233. SHE WAS TAUGHT THE FAITH AND LOVED GOD FROM A VERY YOUNG AGE.

See Jesus dying on the cross for us!



WHEN SHE WAS THREE HER AUNT DIED, BUT SHE CAME BACK TO LIFE WITH ROSE'S PRAYERS!

Dear Jesus, please have mercy on my poor aunt!



AT THE AGE OF TEN SHE BECAME A THIRD-ORDER FRANCISCAN.

What a joy to be able to live a life of poverty like St. Clare and St. Francis!



Sir, when did your family last go to Mass?



ROSE PREACHED TO THE LOCAL PEOPLE WHO DIDN'T CARE ABOUT THEIR FAITH.

BECAUSE SHE STOOD UP FOR THE POPE HER FAMILY WAS KICKED OUT OF TOWN BY THE GOVERNOR.



IN ONE OF THE TOWNS SHE CAME TO, AN EVIL WOMAN HAD TURNED EVERYONE AWAY FROM THE FAITH, SO ROSE BROUGHT THEM ALL BACK.



How can you all turn away from God, who has been so good?

ROSE TRIED TO BECOME A NUN BUT WASN'T ALLOWED IN BECAUSE SHE HAD NO DOWRY. SHE ENDED UP LIVING THE REST OF HER SHORT LIFE IN A CELL AT HER PARENTS' HOME.



I will serve God happily in here, then!

ROSE DIED WHEN SHE WAS ONLY 18. SHE HAD SPENT HER LIFE PRAYING, SACRIFICING AND PREACHING TO BRING SINNERS BACK TO GOD. ONCE THE SUFFERING JESUS HAD APPEARED TO HER, AND SHE RESOLVED TO TRY TO MAKE UP FOR THE SINS THAT HURT HIM. WHAT WILL YOU DO FOR JESUS TODAY?

"Take up Your Cross" Match-up

Jesus began to tell the disciples that He would have to suffer and be killed. How did the disciples react? What did Jesus say then?

Connect the phrases on the left with the ones that follow on the right.

1. Peter said,
"God forbid, Lord! †

A. will find it.

2. Jesus said,
"Get behind me, †
Satan!

must deny himself,
B. take up his cross
and follow me."

3. You are not
thinking as God does †

C. You are an
obstacle to me.

4. Whoever wishes
to come after me †

D. No such thing shall
ever happen to You!"

5. Whoever wishes
to save his life †

E. but as human
beings do."

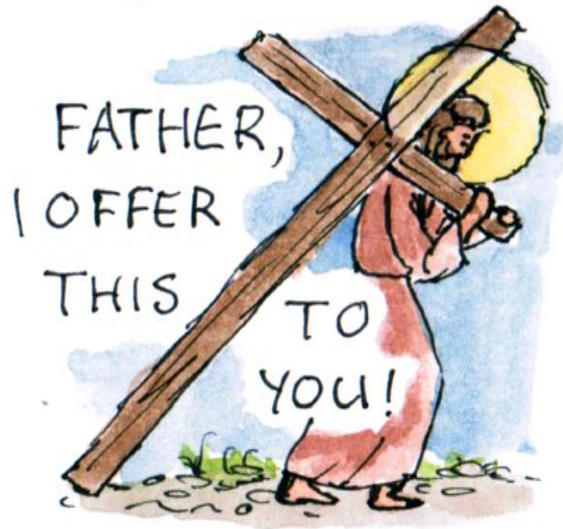
6. and whoever loses
his life for my sake †

for one to gain the
F. whole world and
forfeit his life?

7. For what profit
would there be †

G. will lose it

If you want to be my disciple...



What would you think if your best friend told you that you would have to die if you wanted to stay friends? In today's Gospel reading Jesus told the Apostles that if they wanted to be like Him they would have to take up their crosses and follow Him.

Jesus was teaching them that this world is a preparation for Heaven. If we make sacrifices for love of God then we will be ready for Heaven. Jesus opened the gates of Heaven to us by dying out of love for God the Father and for us. We get little crosses every day when things make us unhappy. If we offer them to God with love, they are like dying a little bit, and they prepare us for Heaven.



Sometimes we think that we need nice things or to be with fun people if we want to be happy. It's easy to forget that we will never be completely happy here. Next time you feel unhappy, remember that it's a cross that can help you get to Heaven!

Answer to maze on Front: Take up your cross and follow me.
Answers to Match-up: 1.D 2.C 3.E 4.B 5.G 6.A 7.F

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holyfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESPOND to it, you can forward it to contact@holyfamilymh.ca so it can be sent to the diocese.