



*Welcome to*

# HOLY FAMILY PARISH

**JULY 2, 2023 – 13<sup>TH</sup> SUNDAY IN ORDINARY TIME – YEAR A**

Email: [contact@holyfamilymh.ca](mailto:contact@holyfamilymh.ca) ~ Website: [www.holyfamilymh.ca](http://www.holyfamilymh.ca) ~ Phone 403-527-6933

Facebook: [Medicine Hat Holy Family Parish](#) ~ YouTube: [Medicine Hat Holy Family Church](#)

**Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.**

## CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid & Fr Naveed Arif  
& Deacon Robert Risling

## RECONCILIATION...

Friday 9:30am–10:30am. & Saturday 3:30–  
4:45pm. Or by Appointment

## MASS TIMES... MONDAY to FRIDAY at 9:00AM

FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM

SUNDAY at 8:30AM, 10:30AM & 6:00PM

## THE CHAPEL IS OPEN

MONDAY - FRIDAY 9:30am - 4:00pm

ADORATION FRIDAY 9:30 – 10:30am

Knights of Columbus - Kirby Peterson

Catholic Women's League – Cathy Koch

Parish Pastoral Council Chair - Gary Heinbecker

Parish Finance Council Chair - Cheryl Pocsik

We acknowledge that Treaty 7 territory, on which we stand, is the ancestral land of the Indigenous peoples and is common home to everyone in virtue of God our Creator's gracious gift.



## Being a Worthy Disciple

We hear in Romans 6 today what we also read during the Easter Vigil (even if we could not attend this year). We hear this: death and burial with Christ in Baptism is all about newness of life. It is about living the Christian life. This discipleship is not a hobby. It is a challenging way of life requiring art and skill and diligence.

† What is my baptismal duty for this week?

† How will I follow after Christ?

† To whom will I offer a "cup of cold water" or some other mercy work?

## † Masses & Mass Intentions †



Saturday, July 1

8:30am ~ Steve Vanden Broek †

5:00pm ~ Pauline Both

Sunday, July 2

8:30am ~ Holy Family Parish

10:30am ~ Matilda Bonagofsky †

6:00pm ~ Nick & Rosina Mucciarone †

Monday, July 3

NO MASS TODAY, Happy Canada Day

Tuesday, July 4

9:00am ~ Ken Laing †

Wednesday, July 5

9:00am ~ Harry Bonagofsky

Thursday, July 6

9:00am ~ Ronald Hittel †

Friday, July 7

9:00am ~ Marge Szabo †



# JULY 2, 2023 – 13<sup>TH</sup> SUNDAY IN ORDINARY TIME – YEAR A

Whoever welcomes you welcomes me, & whoever welcomes me welcomes the one who sent me.



13<sup>th</sup> Sunday of Ordinary Time – Year A  
Matthew 10:37-42



Feast Day of  
Saint Thomas  
the Apostle  
~July 3~

**O God, as we celebrate the birthday of our country, we give thanks for the majestic beauty of its mountains, lakes, oceans, fields, & hills. Help us to be thankful for our freedom. Amen!**

## Happy Canada Day

No Healing Masses in July or August  
If you would like an Anointing please arrange with one of the Priests Or through the Office



### OPERATING FINANCES

MAY 1-31, 2023

Operating Budget 2022	\$ 63,984
General Envelope Collection	\$ 45,976
Loose Collections	\$ 3,216
Future Development	\$ 4,023
Sale of Church Supplies & Other	\$ 3,408
<b>\$ 52,931 - Budget Vs Actual</b>	<b>\$ 11,053</b>

### SPECIAL COLLECTIONS

Together in Action (TIA)	\$ 4,730
St Vincent de Paul	\$ 3,692
World Mission	\$ 25
Clergy Retirement	\$ 150
Mission Mexico	\$ 175
CARO	\$ 60
Seminary Fund	\$ 410

*Thank You for your Generous Contributions*

Average Weekly Attendance	975
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December 31, 2023 - Goal \$70,938

total to date \$25,767

which is 36%

\$45,171 to go.



*Please Give Generously ~ Thank You!*



THE FIRST WEDNESDAY OF THE MONTH THE LEGION OF MARY HOSTS THE MOTHER OF PERPETUAL HELP NOVENA, BEFORE MASS AT 8:00AM

&

THE FIRST SATURDAY OF THE MONTH JOIN THE MASS AT 8:30AM



# HOLY FAMILY PARISH ANNUAL GENERAL MEETING

## TUESDAY, JULY 4, 2023, 7:00 PM FAITH ROOM



The Catholic Women's League

**FUNDRAISING**

Shamrock Bottle Depot has an open account for Holy Family CWL. Please donate your recyclable bottles, pop cans, hard liquor bottles, wine bottles, milk jugs & juice boxes. Money raised help local charities.

Thank you for your support!

### McCOY HIGH SCHOOL CLASS OF 1976

We are having a class social on Saturday, September 23, 2023

Thank You for helping us get the word out!

Please contact any "Class of 1976" member or e-mail:

Christine Deydey at [Christinedeydey@gmail.com](mailto:Christinedeydey@gmail.com) OR

Loesha Newmeyer at [Loesha999@gmail.com](mailto:Loesha999@gmail.com)



Would like to extend a big thank you to Laverne Gill and his son Brandt who donated their labour and equipment (truck, trailer, Skid Steer, Sod cutter) on Tues June 27.

We eliminated some sod around the church property and replaced it with gravel, to make lawn cutting easier. Also, a big thank you to Kent Friedt for organizing the project and to everyone who donated their time and sweat equity to make this happen, it was a successful project as we did not have any medical emergencies such as exhaustion or heat stroke. Our Parish would not operate without volunteers, thank you again gentlemen. Pat Ries, Maintenance Chair



## PERSONNEL ANNOUNCEMENT

**Rev. Long Vu**, Pastor of Holy Trinity Parish, Siksika and Cluny, will be on a health leave of absence and will reside at Providence Care Centre, Calgary. In his absence, **Rev.**

**Naveed Arif** O.P. has been temporally appointed administrator of the parish.

**Please Pray for Fr. Long, that the Holy Spirit fills him with healing and please pray for Fr. Naveed as he embarks on this 2-month venture at Holy Trinity Parish...**

**Best wishes and Many Blessings!**



**TO ACCOMADATE THE SUMMER BIBLE CAMP THERE  
WILL BE A WEEKDAY MASS TIME CHANGE JULY 10<sup>TH</sup>  
TO 14<sup>TH</sup> ONLY MASS WILL BE AT 11:30 AM**

Sunday 10:30am Mass on  
YOUTUBE

Medicine Hat Holy Family Ch  
Live Stream

[https://www.youtube.com/channel/  
UCG6zK-XzuXdDHj79rV6ut\\_Q](https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q)

**You Tube**



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1 Scan this with your phone camera  
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3 Enjoy the content you want

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[catholicyy.ca/Faithfully](https://catholicyy.ca/Faithfully) Faithfully keeps  
you updated with what's happening in  
and around our Diocese!

**EMAIL SCAMS AGAIN FROM  
PREISTS, CHURCH, STAFF, ETC.  
NOBODY** is going to ask you for gift  
cards, or bit coins! **NOBODY!!!**  
If you get an email or a text, **PLEASE**  
**DO NOT RESPOND** to it,  
**JUST DELETE IT!**

*E-transfer*  
ONLINE GIVING



[accounting@holyfamilymh.ca](mailto:accounting@holyfamilymh.ca)

Listen to Mass on your phone...  
Download the "Audio Fetch" app.  
Our Network is: HFP\_LIVE  
The Password is: Liv3HFP\*



 **Have a safe and blessed summer!** 





13<sup>th</sup> Sunday in Ordinary Time Year A

July 2, 2023

## “WHOEVER” IS WHO?

As we continue our faith journey during the Ordinary Time, we are being invited while enjoying summer to examine our Christian Discipleship. This Sunday's Scripture Readings are so powerful to pierce our hearts to understand his love for us and our love for him. In the Gospel Jesus has used “whoever” 10 times to call us. Replace the word “whoever” with our own names so that we may love him by denying ourselves and carrying the cross to follow him. By using the word or phrase “whoever” he is letting us choose to whom we belong.

There was a large group of people gathered. On one side of the group stood a man, Jesus. On the other side stood another, Satan. Separating them was a fence running through the group. The scene set, both Jesus and Satan began calling to people in the group. One by one, each having made up his or her own mind, went to either Jesus or Satan. This kept going for a time. Soon enough, Jesus had gathered around him a group of people from the larger crowd, as did Satan.

One man joined neither group. He climbed the fence that was there and sat on it. Jesus and his people left and disappeared, and so too did Satan and his people. The man on the fence sat alone. As this man sat, Satan came back, looking for something which he appeared to have lost. The man said, "Have you lost something?" Satan looked straight at him and replied, "No, there you are. Come with me." The man said, "But I sat on the fence. I chose neither you nor him." Satan said, "That's okay; I own the fence." And the Lord says, "Whoever is not with me is against me." - Matthew 12:30

St. Paul rightly says if we are with him and love him then who could separate us from his love; “What then are we to say about these things? If God is for us, who is against us? He who did not withhold his own Son, but gave him up for all of us, will he not be with him and give us everything else? Who will bring any charge against God's elect? It is God who justifies. Who is to condemn? It is Christ Jesus, who died, yes, who was raised, who is at the right hand of God, who indeed intercedes for us. Who will separate us from the love

of Christ? Will hardship, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written, "For your sake we are being killed; we are accounted as sheep to be slaughtered." No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord" (Romans 8:31-38).

St. Irenaeus reflecting on the relationship between God and humans says, "The glory of God gives life; those who see God receive life. For this reason, God, who cannot be grasped, comprehended, or seen, allows himself to be seen, comprehended, and grasped by men, that he may give life to those who see and receive him. It is impossible to live without life, and the actualization of life comes from participation in God, while participation in God is to see God and enjoy his goodness. Men will therefore see God if they are to live; through the vision of God, they become immortal and attain to God himself. As I have said, this was shown in symbols by the prophets: God will be seen by men who hear his Spirit and are always waiting for his coming. As Moses said in the Book of Deuteronomy: On that day we shall see, for God will speak to man, and man will live. God is the source of all activity throughout creation. He cannot be seen or described in his own nature and in all his greatness by any of his creatures. Yet he is certainly not unknown. Through his Word the whole creation learns that there is one God and Father, who holds all things together and gives them their being. As it is written in the Gospel: No man has ever seen God, except the only begotten Son, who is in the bosom of the Father; he has revealed him".

He continues to say, "From the beginning the Son is the one who teaches us about the Father; he is with the Father from the beginning. He was to reveal to the human race visions of prophecy, the diversity of spiritual gifts, his own ways of ministry, the glorification of the Father, all due order and harmony, at the appointed time and for our instruction. Where there is order, there is also correct timing; where there is correct timing, there is also advantage. The Word became the steward of the Father's grace for the advantage of men, for whose benefit he made such wonderful arrangements. He revealed God to men and presented men to God. He safeguarded the invisibility of the Father to prevent men from treating God with contempt and to set before him a constant goal toward which to make progress. On the other hand, he revealed God to men and made him visible in many ways to prevent man from being totally separated from God and so cease to be. Life in man is the glory of God; the life of man is the vision of God. If the revelation of God through creation gives life to all who live upon the earth, much more does the manifestation of the Father through the Word give life to those who see God".

On the 11<sup>th</sup> Sunday we reflected about the compassion of Jesus over the crowds without the shepherds. And he called his disciples by name to be sent out for a missionary work with authority to heal and cast out demons and evil spirits. And 12<sup>th</sup> Sunday did help us to

trust in the Lord in times when we are afraid, and life becomes burdensome to live. He says “fear no one” because he is always with us.

And today’s liturgy presents to us the last lines of the missionary discourse in Chapter 10 of the Gospel of Matthew, by which Jesus instructs the 12 Apostles at the moment in which, for the first time, he sends them on mission to the villages of Galilee and Judea. In this final part, Jesus underscores two essential aspects for the life of a missionary disciple: the first, that his bond with Jesus is stronger than any other bond; the second, that the missionary brings not himself, but Jesus, and through Him the love of the heavenly Father. These two aspects are connected, because the more Jesus is at the centre of the heart and of the life of a disciple, the more this disciple is “transparent” to His presence. The two go hand in hand. The poem by unknown author will help us to know and understand why Jesus is focusing on the word/phrase “whoever”:

When I say...”I am a Christian”  
I’m not shouting “I am saved”  
I’m whispering “I get lost!”  
“That is why I chose this way.”  
When I say...”I am a Christian”  
I don’t speak of this with pride.  
I’m confessing that I stumble  
and need someone to be my guide.  
When I say...”I am a Christian”  
I’m not trying to be strong.  
I’m professing that I’m weak  
and pray for strength to carry on.  
When I say...”I am a Christian”  
I’m not bragging of success.  
I’m admitting I have failed  
and cannot ever pay the debt.  
When I say...”I am a Christian”  
I’m not claiming to be perfect,  
my flaws are too visible  
but God believes I’m worth it.  
When I say...”I am a Christian”  
I still feel the sting of pain  
I have my share of heartaches  
which is why I seek His name.  
When I say...”I am a Christian”  
I do not wish to judge.  
I have no authority.  
I only know I’m loved.

“He who loves father or mother more than me is not worthy of me...”, Jesus says. A father’s affection, a mother’s tenderness, the gentle friendship among brothers and sisters, all this, even while being very good and valid, cannot be placed before Christ. Not because he wants us to be heartless and ungrateful, but rather, on the contrary, because the condition of a disciple demands a priority relationship with the teacher. Any disciple, whether a layman or laywoman, a priest or a bishop: an all-absorbing relationship. Perhaps the first question that we must ask a Christian is: “Do you meet with Jesus? Do you pray to Jesus?”. The relationship. One could almost paraphrase the Book of Genesis: Therefore, a man shall leave his father and his mother and cleave to Jesus and the two shall become one (cf. Gen 2:24).

In the words of St. Gregory of Nyssa - Bishop, we can word great comfort in our relationship because “whoever” becomes I, me, we and us. “The happiness God promises certainly knows no limits. When one has gained such a blessing, what is left to desire? In seeing God, one possesses all things. In the language of Scripture, to see is to have. May you see the good things of Jerusalem is the same as May you possess the good things of Jerusalem. When the prophet says: May the wicked man be carried off and not see the glory of the Lord, he means: May he not share in the glory of the Lord. One who has seen God has, in the act of seeing, gained all that is counted good: life without end, everlasting freedom from decay, undying happiness, a kingdom that has no end, lasting joy, true light, a voice to sing pleasingly in the spirit, unapproachable glory, perpetual rejoicing, in a word, the totality of blessing.

Such is the wonderful hope held out by the beatitudes. As we have seen, the condition for seeing God is purity of heart, and now once more my mind is in confusion, as from an attack of giddiness, wondering if purity of heart is something impossible, something beyond the capacity of human nature. If the vision of God is dependent on purity of heart, and if Moses and Paul did not attain this vision—they state that neither they nor anyone else can see God—then the promise of the beatitude spoken by the Word seems to be something impossible of realization.

What do we gain from knowing the means by which God may be seen if we have not the power to see him? It is like saying that one is blessed if one is in heaven because in heaven things are seen that are not seen on earth. If we were told beforehand how to get to heaven, it would be helpful to know that one is blessed if one is in heaven. But as long as the way to heaven is impossible what do we gain by knowing about the happiness of heaven? This only saddens and annoys us when we realize the good things we are deprived of, because it is impossible to get there”.

Surely the Lord does not encourage us to do something impossible to human nature because the magnitude of what He commands is beyond the reach of our human strength. The truth is different. He does not command those creatures to whom he has not given wings to become birds, nor those to whom he has assigned a life on land to live in water. If then in the case of all other creatures the command is according to the capacity of those who receive it and does not oblige them to anything beyond their nature, we shall conclude that we are not to give up hope of gaining what is promised by the beatitude.



John and Paul and Moses, then, and any others like them, did not fail to achieve that sublime happiness that comes from the vision of God: not Paul, who said: There is stored up for me a crown of righteousness, which the judge who judges justly will give me, nor John, who leaned on the breast of Jesus, nor Moses, who heard God saying to him, I know you above all others. If it is clear that those who taught that the contemplation of God was beyond their powers are themselves blessed, and if blessedness consists in the vision of God and is granted to the pure in heart, then purity of heart, leading to blessedness, is certainly not among the things that are impossible. Hence it can be said that those who with Paul teach that the vision of God is beyond our powers are right in what they say, and that the voice of the Lord does not contradict them when he promises that the pure in heart will see God.

Holy Father Pope Francis says, 'Those who allow themselves to be drawn into this bond of love and of life with the Lord Jesus become his representatives, his "ambassadors", above all in the way of being, of living. To the point that Jesus himself, in sending his disciples on mission, says to them: "He who receives you receives me, and he who receives me receives him who sent me" (Mt 10:40). It is important that the people be able to perceive that for that disciple Jesus is truly "the Lord"; He is truly the centre of his or her life, the everything of life. It does not matter then if, as for every human being, he or she has limitations and even makes mistakes — if he or she has the humility to recognize them; the important thing is that they do not have a duplicitous heart — and this is dangerous. I am a Christian; I am a disciple of Jesus; I am a priest; I am a bishop, but I have a duplicitous heart. No, this is not okay. One must not have a duplicitous heart, but a simple, cohesive heart; one must not keep one foot in two shoes but be honest with oneself and with others. Duplicity is not Christian. This is why Jesus prays to the Father so that the disciples may not fall prey to the worldly spirit. You are either with Jesus, with the spirit of Jesus, or you are with the spirit of the world.

Here our experience as priests teaches us something very beautiful, something very important: it is precisely this welcoming of the holy, faithful People of God; it is precisely that "cup of cold water" that the Lord speaks of today in the Gospel, given with affectionate faith, which helps you to be a good priest! There is a reciprocity in mission too: if you leave everything for Jesus, the people recognize the Lord in you; but at the same time, it helps you to convert each day to him, so as to renew and purify yourself from compromises and to overcome temptations. The closer a priest is to the People of God, the closer you will be to Jesus, and the closer a priest is to Jesus, the closer you will be to the People of God.

We must also remember that it is not easy most of the time to replace "whoever" with our names because we want to see other people doing things for us. Jesus was complete and dedicated relationship and love with him. The partiality does not work in our disciples but commitment to the fullest.

Perhaps many of you must have this story of the farmer's chicken who proposed to the cow that they make the farmer breakfast. The cow cheerfully responded: "I'm in! What will we give him?" The chicken replied, "I'll supply the eggs, and you supply the meat." The

cow's countenance dimmed as she realized the ramifications of the initial invitation. She sadly replied to the chicken, "For you that's devotion, but for me it means total sacrifice." And she walked away.

Are we ready to say to Jesus; That 'whoever' is me and I will follow you by denying myself?



*I will follow  
you by  
denying myself.*

*Photo by Fr. Iqbal  
Khurshid  
Fatima, Portugal*

# DIOCESAN SUNDAY UPDATES

13th Sunday in Ordinary Time

## Apply to receive spiritual direction

Would you like to receive eight months of spiritual direction free of charge? The current participants in the Spiritual Direction Training Program (SDTP), having completed one year of training, will enter into their practicum in the fall. They will provide individual spiritual direction to volunteers **beginning in October 2023 and concluding in May 2024**. To apply, email Sr. Ann Marie at [samwfcj@aol.com](mailto:samwfcj@aol.com) by July 15.

## Conversation Cafe with dementia-friendly atmosphere - July 23

Come join the FCJ Sisters, make new friends and enjoy a warm dementia-friendly atmosphere at this drop in get together social event. There is no formal speaker, and everyone is welcome. When: **Sunday, July 23 from 2 to 4 pm - FCJ Centre.** [Register now](#)

## Billings Ovulation Method Teacher Training Workshop

Become an Accredited Billings Ovulation Method® teacher or for acquiring in depth knowledge of reproductive biology for personal or professional reasons. Prerequisite: Part 1 Basic Teacher training. When: **Aug 11-13**, St. Joseph's College, Edmonton | To register, call <https://billingslife.ca>

## Always Our Children

The Courage & Encourage Apostolate of the Diocese will be hosting a camping retreat entitled: "Always Our Children" for parents, friends or anyone journeying with children or someone they know, experiencing their sexuality as same gender attraction. This weekend retreat is meant to provide a safe space for prayer, reflection, mediation and dialogue surrounded by natural beauty. When: **Fri, Aug. 18 to 20** - at Aspen Ranch Outdoor Education Centre. Register by Aug 4 to [info@aspenranchcanada.com](mailto:info@aspenranchcanada.com) or call +1 403-772-4041

## Wanted: Treasurer position for St. Vincent de Paul

St. Vincent de Paul is currently seeking a dedicated individual to fill a volunteer position as Treasurer for their organization in Calgary. This role is essential in assisting with the governance of St. Vincent de Paul and ensuring its continued success. Email [evanjstrong@shaw.ca](mailto:evanjstrong@shaw.ca) for more information.



## Career opportunities

- [Administrative Assistant \(Part-time\) - Our Lady of the Rockies, Canmore](#)
- [Family Faith Coordinator \(Full-time\) - All Saints, Lethbridge](#)
- [Maintenance Worker \(Part-time\) - Sacred Heart, Calgary](#)
- [Parish Engagement & Volunteer Coordinator \(Full-time\) - St. Peter's, Calgary](#)
- [Administrative Assistant/Bookkeeper \(PT - St. Anthony's, Drumheller](#)
- [Sacrament Preparation Coordinator \(Full-time\) - St. Mary's Cathedral, Calgary](#)
- [Volunteer Screening Coordinator/Office Assistant \(PT\) - St. James, Calgary](#)
- [Administrative Assistant \(PT\) - St. Martha's, Lethbridge](#)
- [Bookkeeper \(Casual\) - St. Martha's, Lethbridge](#)
- [Assistant Coordinator \(Casual\) - Feed the Hungry](#)
- [Housekeeper \(Temporary Full-time\) - Dorchester House, Calgary](#)

Please visit [catholiccyyc.ca/careers](http://catholiccyyc.ca/careers) for more information and application details.

## Live Your Life to the Fullest - July 8

Divine Mercy Sisters invite you to a day of conference outdoors! There will be Mass, talks, opportunity for confession, and candlelight Adoration with inspirational hymns.  
When: **Sat, July 8 from 10:30 am to 4 pm**, Divine Mercy Centre

## Retrouvaille Weekend in September

Retrouvaille is a retreat designed to infuse hope and facilitate healing for married couples in need. When: **Sep 8 - 10, Calgary Area retreat** | Contact 403-901-9582 or visit [helpourmarriage.org](http://helpourmarriage.org)

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# 13th Sunday in Ordinary Time



Visit the [Diocesan Event Calendar](#)

Follow us on Social Media  
[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:  
[Vatican News](#) | [The Sunday Website](#)  
[Sunday Connection](#)

Daily and Sunday Mass Prayers & Readings: [CCCB Daily Readings](#)  
(pick the desired date)

Full schedule of Parish Livestream Masses:  
<https://www.catholicyc.ca> | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#)

## Resources

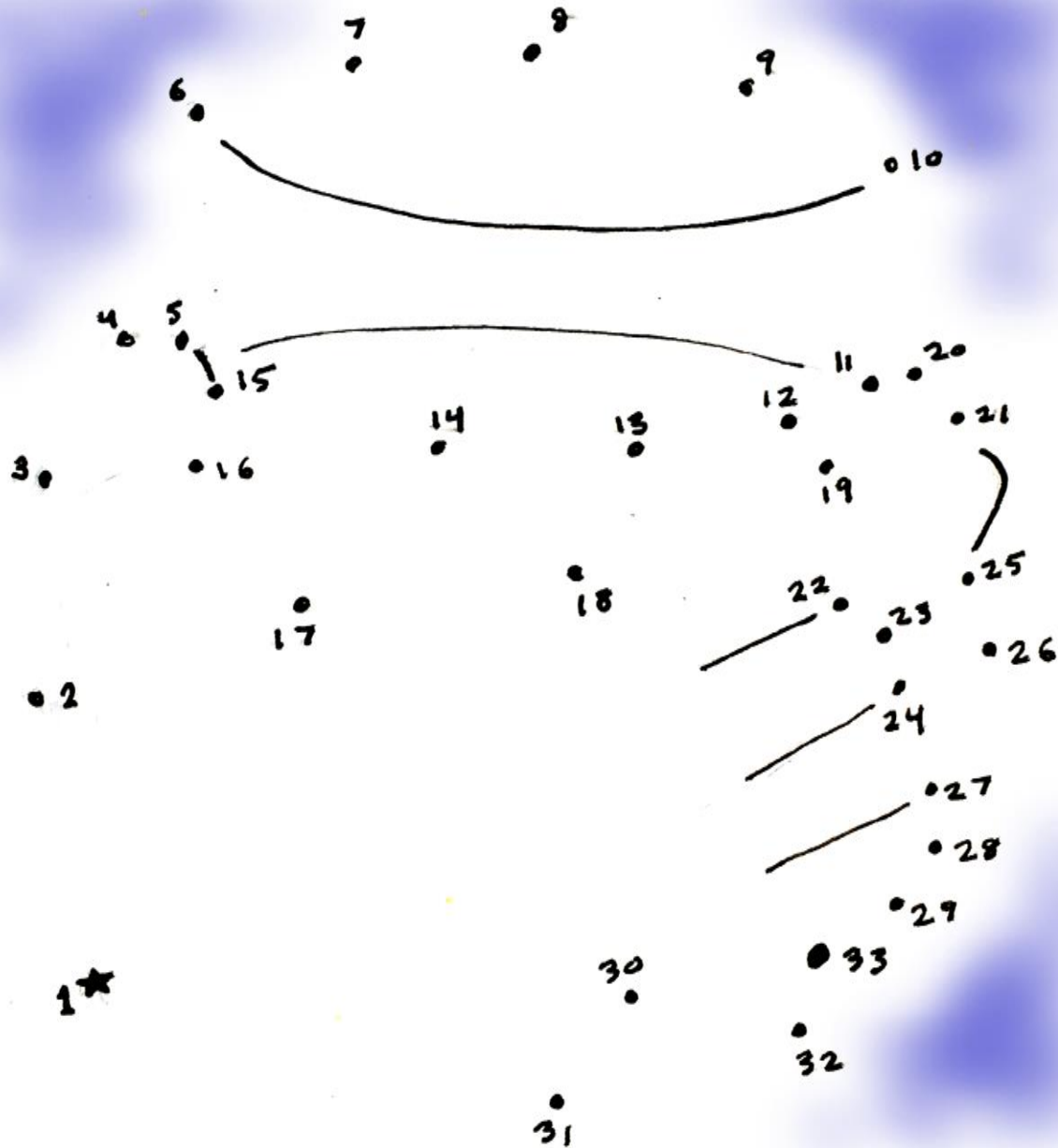
- [Sacraments & Liturgies](#)
- [Spiritual Resources](#)
- [Sacrament Preparation](#)
- [Online Formation Opportunities](#)

## • RESOURCES FOR CHILDREN

- [Colouring pages for the 13th to 17th Sunday of Ordinary Time](#)
- [Kid's Bulletin for the 13th to 17th Sunday of Ordinary Time](#)
- [Sunday Connection this Sunday](#) (Gr. 1-8)
- Children's Liturgy of the Word this Sunday
  - [Children's Liturgy sheet for leaders/parents](#) and [Illustration for 13th to 17th Sunday of Ordinary Time](#) (CAFOD)
  - [Children's Liturgy of the Word with Miss Heidi](#) (Catholic TV)

# The Kids' Bulletin

13th Sunday in Ordinary Time  
July 2nd, 2023



*In today's Gospel reading Jesus says that if  
you give one of these to a little one  
because they are His disciple  
you will be rewarded. What is it?  
Connect the dots to find out!*



# SAINT GREGORIO GRASSI

## JULY 8

GREGORIO GRASSI WAS BORN IN ITALY IN 1833. WHEN HE WAS FIFTEEN HE JOINED THE FRANCISCANS. HE STUDIED IN THE SEMINARY AND BECAME A PRIEST.



AFTER HE WAS ORDAINED HE WAS SENT TO ROME FOR TRAINING.



FATHER GREGORIO WAS THEN SENT TO CHINA AS A MISSIONARY.



*Sanctus! Sanctus!*



IN TAIYUAN HE WAS PUT IN CHARGE OF THE ORPHANAGE AND THE CHOIR.

LATER HE WAS MADE BISHOP OF NORTH SHANXI.



HERE HE CARED FOR THOSE SICK FROM PLAGUE AND FAMINE, AND HE STARTED A FRANCISCAN HOUSE.

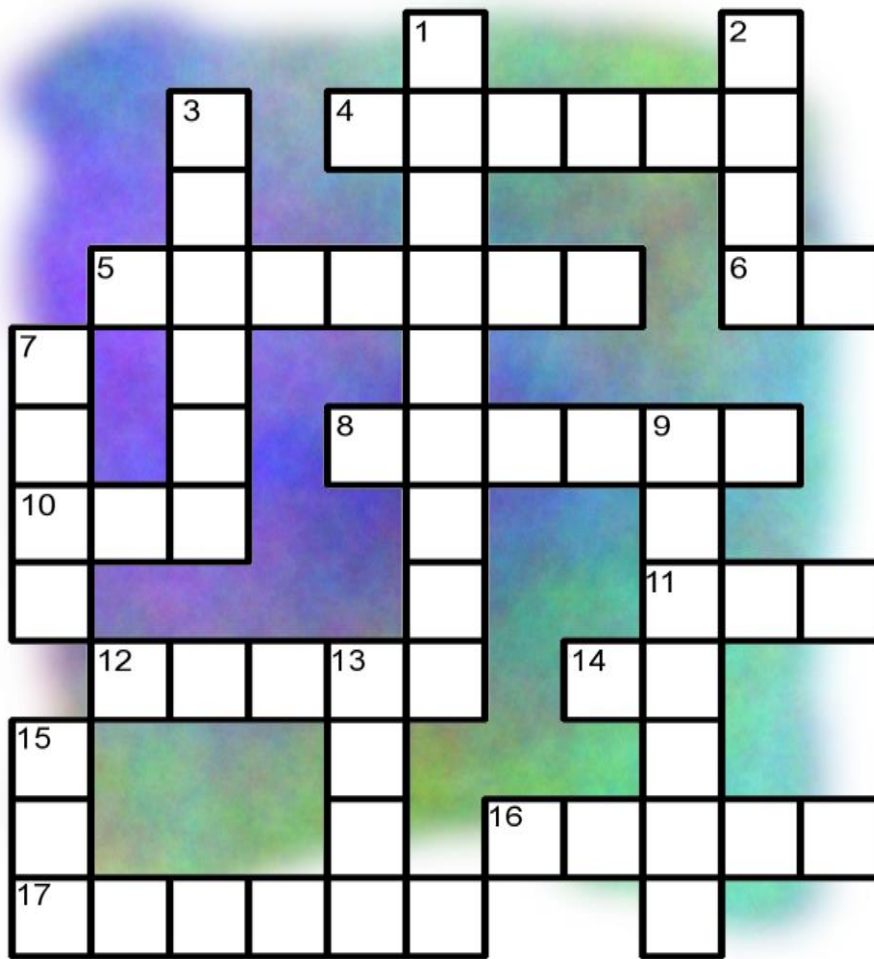


IN 1900 THERE WAS A REBELLION IN CHINA AGAINST THE EUROPEANS WHO LIVED THERE, AND BISHOP GREGORIO AND MANY OTHER CATHOLICS WERE KILLED.

WHEN THE REBELLION STARTED BISHOP GREGORIO WAS WARNED TO LEAVE CHINA, BUT HE HAD LONG DESIRED TO DIE AS A MARTYR FOR CHRIST. HE CHOSE TO KEEP HELPING THE POOR AND SICK AND TO GIVE HIS LIFE FOR JESUS AND HIS CHURCH. WOULD YOU BE BRAVE ENOUGH TO DO THAT?



# A Gospel Crossword



*Fill in the missing words in today's Gospel reading to find the answers to this crossword!*

**A=Across**

**D=Down**

He who loves father or

\_\_\_\_\_ (17A)  
more than me is not  
worthy of me; and  
he who

\_\_\_\_\_ (16A)  
son or daughter

more than me is not worthy of me; and he who does not  
take his \_\_\_\_\_ (12A) and follow me is not  
\_\_\_\_\_ (3D) of me. He who finds his life will  
\_\_\_\_\_ (7D) it, and he who loses his life for my  
\_\_\_\_\_ (13D) will find it. "He who receives you receives  
\_\_\_\_\_ (14A), and he who receives me receives \_\_\_\_\_ (15D)  
who \_\_\_\_\_ (2D) me. He who receives a prophet  
because he is a \_\_\_\_\_ (5A) shall \_\_\_\_\_ (9D)  
a prophet's reward, and he who receives a  
\_\_\_\_\_ (1D) man because he is a righteous man  
shall receive a righteous man's \_\_\_\_\_ (8A). And  
whoever gives \_\_\_\_\_ (6A) one of these \_\_\_\_\_ (4A)  
ones even a \_\_\_\_\_ (11A) of cold water because he is a  
disciple, truly, I \_\_\_\_\_ (10A) to you, he shall not lose his  
reward."

# Priorities

In today's Gospel reading Jesus says that if we love

GOOD MORNING,  
JESUS!



anyone more that we love Him we are not worthy of Him. What He means is that we need to keep God first in our lives. The two great commandments He gave us are 'Love the Lord your God with all your heart and mind and strength' and 'Love your neighbour as yourself.'

How can we keep God first in our lives? We can start by talking to Him as soon as we start our day. We can tell Him we love Him and offer our day to Him! We also keep God first by following His laws- making sure we go to Mass at least every Sunday and Holy Day of Obligation, and going to Confession when we have a serious sin.

AFTER MASS  
WE CAN VISIT  
GRANDMA.



I'D LIKE TO PLAY  
BUT I HAVE TO  
LOOK AFTER MY  
BABY BROTHER.



The next most important thing is loving others. God wants us to love and care for the people He has put into our lives. First we must care for our family that He has given us and then our friends and neighbours.

What is the most important thing for you to do today? How can you put God first every day this week?

Answers to Crossword: ACROSS: 4 little, 5 prophet, 6 to, 8 reward, 10 say, 11 cup, 12 cross, 14 me, 16 loves, 17 mother. DOWN: 1 righteous, 2 sent, 3 worthy, 7 lose, 9 receive, 13 sake, 15 him

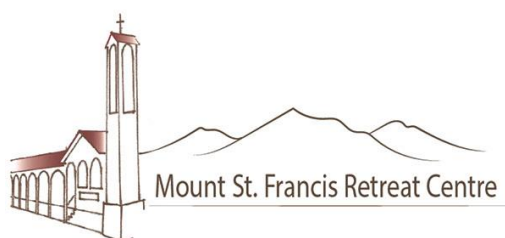


# Retreat Centers in Southern Alberta

## AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





# Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

**NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!**

**All our email addresses only end in @holyfamilymh.ca never a @gmail account.**

**If you get an email or a text, PLEASE DO NOT RESPOND to it, you can forward it to [contact@holyfamilymh.ca](mailto:contact@holyfamilymh.ca) so it can be sent to the diocese.**