



*Welcome to*

# HOLY FAMILY PARISH

**MAY 28, 2023 – PENTECOST SUNDAY - YEAR A**

Email: [contact@holyfamilymh.ca](mailto:contact@holyfamilymh.ca) ~ Website: [www.holyfamilymh.ca](http://www.holyfamilymh.ca) ~ Phone **403-527-6933**

Facebook: [Medicine Hat Holy Family Parish](#) ~ YouTube: [Medicine Hat Holy Family Church](#)

**Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.**

### CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid & Fr Naveed Arif  
& Deacon Robert Risling

### RECONCILIATION...

Friday 9:30am–10:30am. & Saturday 3:30–  
4:45pm. Or by Appointment

### MASS TIMES... MONDAY to FRIDAY at 9:00AM

FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM

SUNDAY at 8:30AM, 10:30AM & 6:00PM

### THE CHAPEL IS OPEN

MONDAY - FRIDAY 9:30am - 4:00pm

ADORATION FRIDAY 9:30 – 10:30am

Knights of Columbus - Kirby Peterson  
Catholic Women's League – Cathy Koch

Parish Pastoral Council Chair - Gary Heinbecker  
Parish Finance Council Chair - Cheryl Pocsik

We acknowledge that Treaty 7 territory, on which we stand, is the ancestral land of the Indigenous peoples and is common home to everyone in virtue of God our Creator's gracious gift.



### *Many and One.*

There are many spiritual gifts and many forms of service. True. But there is one Spirit, one Lord, one God making it all possible. And one Church – many people made one because of Baptism into Christ. He is the Risen One, standing in our midst, saying: "Peace be with you."

† Because of Baptism, what gifts do I have?

† How will these gifts spill over into service, into mercy works?

† How can I share the peace of Christ with one or two others this week?

### † *Masses & Mass Intentions* †



*Saturday, May 27*

5:00pm ~ Ray Bosch Family

*Sunday, May 28*

8:30am ~ Holy Family Parish

10:30am ~ Merlin Schafer †

6:00pm ~ Derrick Risling †

*Monday, May 29*

9:00am ~ Orlando & Virginia Cabral †

*Tuesday, May 30*

9:00am ~ Trey Weimer

*Wednesday, May 31*

9:00am ~ Veronica Bosch †

*Thursday, June 1*

9:00am ~ Sylvia Flaman †

*Friday, June 2*

9:00am ~ Josefina Baquita †

# MAY 28, 2023 – PENTECOST SUNDAY - YEAR A



## OPERATING FINANCES

APRIL 1-30, 2023

Operating Budget 2022	\$ 63,984
General Envelope Collection	\$ 55,402
Loose Collections	\$ 5,668
Future Development	\$ 3,693
Sale of Church Supplies & Other	\$ 10,539
<b>\$ 75,302 - Budget Vs Actual</b>	<b>\$ 11,318</b>

## SPECIAL COLLECTIONS

Together in Action (TIA)	\$ 5,457
St Vincent de Paul	\$ 3,716
Holy Land	\$ 4,021
World Mission	\$ 25
Clergy Retirement	\$ 65
Mission Mexico	\$ 60
CARO	\$ 50
Seminary Fund	\$ 945
Loonies for Lent	\$ 3,415

*Thank You for your Generous Contributions*

Average Weekly Attendance 958

## Mark your Calendars!

- May 24 - 5:30pm - HFP Church & Hall  
Monsignor McCoy Grad Mass Practice
- May 25 - 3:30pm - Faith Room  
Monsignor McCoy Grad Mass
- May 27 - 10:00am - Hope Room  
Benedictine Group Meeting
- May 28 - 3:00-4:30pm - HFP Hall  
Faith & Family - An Encounter with Jesus
- May 31 - 9:30am - Faith Room  
Bible Study
- May 31 - 6:00am - HFP Hall  
Wind-up Potluck Supper
- June 2 - 9:30am-9:30pm - HFP Chapel  
12-hour Adoration
- June 10 - 5:00pm - HFP Church & Hall  
Taste of the World Mass & Potluck Supper



## An Encounter with Jesus

Coffee and Conversation for Adults  
Teens ages 13+ | Jr. Teens ages 9-12 | Kids ages 5-8  
Under 5 are welcome to hang out with their parents and play!

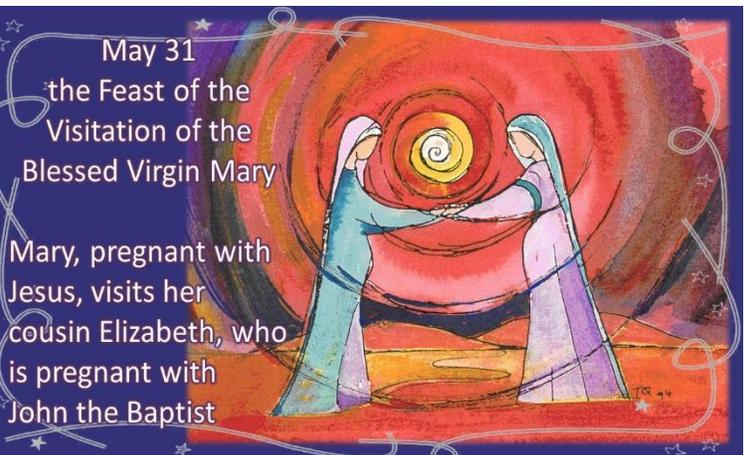
**MAY 28 3-4:30PM**

**PLEASE BRING A SNACK TO BE SHARED**



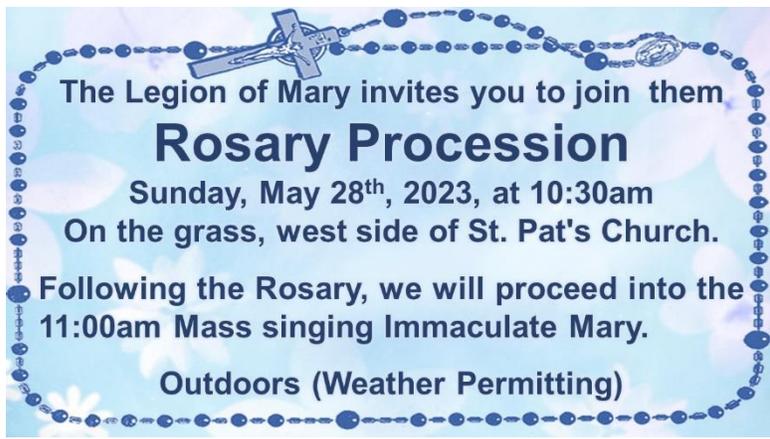
*Memorial of the  
Blessed Virgin  
Mary, Mother of  
the Church*

**May 29**



May 31  
the Feast of the  
Visitation of the  
Blessed Virgin Mary

Mary, pregnant with  
Jesus, visits her  
cousin Elizabeth, who  
is pregnant with  
John the Baptist



The Legion of Mary invites you to join them  
**Rosary Procession**  
 Sunday, May 28<sup>th</sup>, 2023, at 10:30am  
 On the grass, west side of St. Pat's Church.

Following the Rosary, we will proceed into the  
 11:00am Mass singing Immaculate Mary.

Outdoors (Weather Permitting)

**12 Hour Adoration**  
 Friday  
 June 2<sup>nd</sup>, 2023  
 9:30am - 9:30pm  
 Reconciliation  
 9:30 - 10:30am  
 & 8:00 - 9:30pm  
 All parishioners welcome and encouraged to attend



"From the Eucharist comes strength to live the Christian life and zeal to share that life with others"  
 John Paul II

Sign up for half hour time slot if your able to spend time with our Lord



**First Saturday Mass**  
 The 1<sup>st</sup> Saturday of  
 each Month  
 8:30 AM

**Blumenfeld & District Heritage Site Pilgrimage**  
 Sunday, June 11<sup>th</sup>, 2023  
 Bishop Mark Hagemoen  
 Supper following Mass

**Rosary & Mass @ 3:00**  
 Reconciliation 2:00-2:45  
 Bring lawn chairs, bug spray & umbrellas

**Work Bee** – May 31 @ 6pm, alternate date June 7<sup>th</sup>.  
 Please bring pails, mops, rags, lawnmowers.  
 Many hands are needed to clean the church.  
 Open for viewing on Sundays, July 2 until Sept 3<sup>rd</sup>, 2-4.  
 Facebook - Blumenfeld & District Heritage Site



**Faith & Family**  

**Kin Coulee Gathering**  
 SUNDAY, JUNE 11, 2023 - 5:00-7:00PM  
 KIN COULEE TOBOGGAN HILL (WEATHER DEPENDENT)  
**CAMP FIRE - SLIP AND SLIDE**  
 PLEASE BRING A SNACK TO BE SHARED, WEINERS, (CONDIMENTS PROVIDED), BUNS, ROASTING STICKS, CHAIRS, WATER GUNS & BATHING SUITS

**ALTAR SERVERS PRACTICE**  
 Tuesday June 20<sup>th</sup>  
 7:00pm  
 Holy Family Parish Sanctuary

This practice is for all current altar servers & any children or adults who wish to become altar servers.




The Catholic Women's League  
**FUNDRAISING**

Shamrock Bottle Depot has an open account for Holy Family CWL. Please donate your recyclable bottles, pop cans, hard liquor bottles, wine bottles, milk jugs & juice boxes. Money raised help local charities.  
 Thank you for your support!

**St. Patrick's Parish Picnic**  
 & Fr. Francis Appreciation Day!  
 June 25, 2023 ~ after 10am Mass!

Melody & Song by Eileen Wotschell  
 Win BBQ @ 1pm  
 Donated by CO-OP  
 Bring a Lawn Chair if you like to sit outside... weather permitting!



**All Welcome!**

**ANCHORED**  
 "DEEPENING OUR FAITH IN GOD"  
 BIBLE CAMP JULY 10 - 14, 2023  
 8:00 AM - 12:15 PM DAILY - \$25.00 INCLUDES A T-SHIRT TO KEEP AND A "BIG" HEALTHY SNACKS!  
 BIBLE THEMES, ANCHORED HABITS, DAILY CRAFT CONFIDENCE / SELF ESTEEM, EXERCISE ETC.  
 MASS EVERY DAY AT 11:30 AM ~ THE COMMUNITY IS WELCOMED!  
 REGISTRATION FORMS IN THE FOYER @ HOLY FAMILY PARISH  
 CONTACT MJ 403-581-8004 OR MJ.RATH@YAHOO.COM



 **MHCBE International Program**  
**is in need of Host Families...**  
 Make a difference in an International Students life.  
 Become a Homestay today!



Lori Frelick at 403-502-9563 or lori.frelick@mhcbe.ab.ca

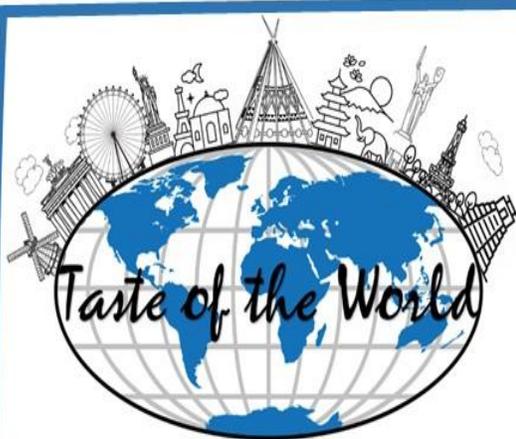
HOLY FAMILY PARISH  
**MEN'S PRAYER GROUP**  
 Thursday Mornings - 7:00 to 7:30 – Faith Room  
 Open to all men seeking to nurture their relationship with God and each other through prayer, song and reflection on the daily scripture readings.  
 More Information - Gord 527-7423 or Alan 527-4169  
 Pamphlets available at the Greeting Desk  
**REAL MEN PRAY**

The First Wednesday of each Month the Legion of Mary will host the Mother of Perpetual Help Novena Before Mass at 8:00 AM



 **16th Annual Formula for Hope Fundraiser**  
 Mother's Day, May 14 to Father's Day, June 18, 2023





**TASTE OF THE WORLD  
 FOOD & CULTURE SOCIAL**

**What?** A food and social event celebrating our cultural diversity.  
**When?** Saturday June 10th, 2023, after the 5:00pm mass... At the mass we ask 1 person from your group to present a Prayer of the Faithful in your native language.  
**Where?** Holy Family Parish  
**Who?** Everybody is encouraged to attend. If you are not fortunate enough to be part of an above group, you are still invited to join in the sampling of the foods and festivities.  
 Tickets for food will be sold at \$2 each. Each ticket will purchase a single serving from the table of your choice. (Sample from each culture as you wish at one ticket per serving.)  
**Why?** To celebrate that each of us has a history; European, Asian, African, Americas, South Pacific, Indigenous etc. And we are proud.  
**How?** Seek out others in your cultural community and together decorate a table in the Hall with flags and other items, wear your traditional clothing and prepare a traditional dishes to be served by you at your table. Refreshments will be provided by the Parish.  
 Please contact PPC Chair Gary Heinbecker at [tasteoftheworld2023@gmail.com](mailto:tasteoftheworld2023@gmail.com) to register your group and/or to get more information.

MEDICINE HAT CATHOLIC SCHOOLS' EDUCATION FOUNDATION



# 21st ANNUAL GOLF TOURNAMENT

FRIDAY JUNE 9th, 2023

Registration Fee: \$150 per golfer

1:00 p.m - Shotgun Start  
Cottonwood Coulee Golf Course  
Medicine Hat, Alberta

Register by calling 403-502-8351

Registration closes June 1, 2023

Register Early! Only 120 spots!

Entries will be accepted on a first come, first paid basis

**REGISTRATION  
CLOSES JUNE 1<sup>st</sup>**



Please join us for a relaxing afternoon of golf with other business and community participants!

Cost is \$150/person.

Info. Call (403) 502-8351

This is a wonderful opportunity to support Catholic Christian education in your community.

Sunday 10:30am Mass on **YouTube**

Medicine Hat Holy Family Church  
Live Stream

[https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut\\_Q](https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q)

**FORMED**® THE CATHOLIC FAITH. ON DEMAND.

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Apple TV

Fire TV

Chromecast

- 1 Scan this with your phone camera
- 2 Enter our parish name or zip code
- 3 Enjoy the content you want

Visit [signup.formed.org](http://signup.formed.org) for more information

*Faithfully*  
FAITH. LIVED. FULLY.

[catholicyc.ca/Faithfully](http://catholicyc.ca/Faithfully)

Faithfully keeps you updated with what's happening in and around our Diocese!

**EMAIL SCAMS AGAIN FROM PREISTS, CHURCH, STAFF, ETC. NOBODY** is going to ask you for gift cards, or bit coins! **NOBODY!!!**  
If you get an email or a text, **PLEASE DO NOT RESPOND** to it, **JUST DELETE IT!**

*E-transfer*  
ONLINE GIVING



[accounting@holymh.ca](mailto:accounting@holymh.ca)

Listen to Mass on your phone...  
Download the "Audio Fetch" app.  
Our Network is: HFP\_LIVE  
The Password is: Liv3HFP\*



## Vincentian Corner

Did you know that Hillcrest Church has a furniture ministry? They pick up items available and in turn later deliver them to people who are in need of furniture and various other home items?

Please consider donating items you no longer use or need to this valuable ministry. The list below shows the wide variety of things you could donate:

Towels (Kitchen and Bath)

Bedding (Single and Double)

Toasters

Tea Kettles

Coffee Makers

Pots and Pans

Baking Pans

Dishes and Glasses (No China or Wine Glasses)

Coffee Mugs

Cutlery and other

Utensils

Nightstands

Dressers

End Tables

Coffee Tables

Tables and Chairs

Couches (No Recliners)

Loveseats (No Recliners)

Armchairs (No Recliners)

Lamps



The Society of St. Vincent de Paul and Hillcrest Church often work together to assist people in need throughout our community. If you have items to donate to the Furniture Ministry, please call them at 403-526-4010 for more information. God bless all of you for your prayers and donations.



**Notre Dame Academy** is very proud to be one of the nine Catholic Schools within the Medicine Hat Catholic Board of Education (MHCBE). Notre Dame Academy has a student population of approximately 440 **students in Grade 6 to 9**. We are also extremely proud that we are one of only a very few successful sports academy schools in Alberta and Western Canada. As a sports

academy school, we offer specialized training in baseball, golf, hockey, and soccer. In addition, we continue to offer innovative and unique exploratory programs like Lego-robotics, Rocketry, Carpentry, Plumbing, Gaming Concepts, Drama, Food Studies, Art, Outdoor Education, etc. to keep our students engaged in their learning. We consider ourselves a community school with many great partnerships. Notre Dame Academy has a very well-developed partnership with Medicine Hat College. Because of this partnership, we can offer an amazing Industrial Arts program in Carpentry, Electrical and Plumbing. Our leadership in this program has been the envy of other schools as they are now seeking to develop a partnership with the MHC. Too, our sports academy programming has been so successful over the past 18 years and now we are seeing other districts wanting to also build sports academy programming into their schools and districts. Notre Dame also has an ongoing partnership with the company Under Armour and Source for Sports.

Our school focus and missions are:

- Build Effective Relationships with Each Other and Our Students.
- Living Our Faith Through Service
- Helping All Students Learn

We would like to thank all the parishioners and staff of Holy Family Parish and St. Patrick's Parish for allowing us to be part of such loving parish communities.



Solemnity of Pentecost Year A

May 28, 2023

## HOLY SPIRIT- SOURCE OF ENCOURAGEMENT

Today we celebrate the Feast of Pentecost: descending of the Holy Spirit upon the disciples. It's a celebration of the birth of the Universal Church as well. This is the new beginning for disciples and for us as well because this is the day when the disciples received the Holy Spirit and became fearless witnesses to Jesus's love.

St. Paul in writing to Romans opens the mystery of our new beginning: *“For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason, the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you. So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh— for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, “Abba! Father!” it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ—if, in fact, we suffer with him so that we may also be glorified with him”* (8:5-17).

St. Irenaeus' writing against the heresies of his time, explains the mystery of the Pentecost: When the Lord told his disciples to go and teach all nations and baptize them in the name of the Father and of the Son and of the Holy Spirit, he conferred on them the power of giving men new life in God. He had promised through the prophets that in these last days

he would pour out his Spirit on his servants and handmaids, and that they would prophesy. So, when the Son of God became the Son of Man, the Spirit also descended upon him, becoming accustomed in this way to dwelling with humanity, to living in men and to inhabiting God's creation. The Spirit accomplished the Father's will in men who had grown old in sin and gave them new life in Christ. Luke says that the Spirit came down on the disciples at Pentecost, after the Lord's ascension, with power to open the gates of life to all nations and to make known to them the new covenant. So it was that men of every language joined in singing one song of praise to God, and scattered tribes, restored to unity by the Spirit, were offered to the Father as the first fruits of all the nations.

This was why the Lord had promised to send the Advocate: he was to prepare us as an offering to God. Like dry flour, which cannot become one lump of dough, one loaf of bread, without moisture, we who are many could not become one in Christ Jesus without the water that comes down from heaven. And like parched ground, which yields no harvest unless it receives moisture, we who were once like a waterless tree could never have lived and borne fruit without this abundant rainfall from above. Through the baptism that liberates us from change and decay we have become one in body; through the Spirit we have become one in soul.

The Spirit of wisdom and understanding, the Spirit of counsel and strength, the Spirit of knowledge and the fear of God came down upon the Lord, and the Lord in turn gave this Spirit to his Church, sending the Advocate from heaven into all the world into which, according to his own words, the devil too had been cast down like lightning.

Every Sunday afternoon, after the morning service at their church, the Pastor and his 11-year-old son would go out into their town and hand out Gospel tracts. One particular Sunday afternoon, as it came time for the Pastor and his son to go to the streets with their tracts, it was very cold outside as well as pouring down rain. The boy bundled up in his warmest and driest clothes and said "Okay Dad, I'm ready." His Pastor Dad asked, "Ready for what?" "Dad, it's time we gather our tracts together and go out." Dad responds, "Son, it's very cold outside, and it's pouring down rain." The boy gives his Dad a surprised look, asking, "But Dad, aren't people still going to Hell, even though it's raining?" Dad answers, "Son, I am not going out in this weather."

Despondently the boy asks, "Dad, can I go? Please?" His father hesitated for a moment but said, "You can go. Here are the tracts; be careful, son." "Thanks Dad!"

And with that, he was off and out into the rain. This 11-year-old boy walked the streets of the town, going door-to-door and handing everybody, he met in the street a Gospel tract. After hours of walking in the rain, he was soaking bone-chilled wet and down to his very last tract. He stopped on a corner and looked for someone to hand a tract to, but the streets were totally deserted.

Then, he turned toward the first home he saw and started up the sidewalk to the front door and rang the doorbell. He rang the bell, but nobody answered. He rang it again and again, but still no one answered. He waited, but still no answer. Finally, this 11-year-old trooper turned to leave, but something stopped him. Again, he turned to the door and rang the bell and knocked loudly on the door with his fist. He waited, something holding him

there on the front porch. He rang again, and this time the door slowly opened. Standing in the doorway was a very sad-looking elderly lady.

She softly asked, "What can I do for you, son?" With radiant eyes and a smile that lit up her world, this little boy said, "Ma'am, I'm sorry if I disturbed you, but I just want to tell you that JESUS REALLY DOES LOVE YOU! I came to give you my very last Gospel tract which will tell you all about Jesus and His great love." With that, he handed her his last tract and turned to leave.

She called to him as he departed, "Thank you, son! And God bless you!" The following Sunday morning in church, Pastor Dad was in the pulpit and as the service began, he asked, "Does anybody have a testimony or want to say anything?"

Slowly, in the back row of the church, an elderly lady stood to her feet. As she began to speak, a look of glorious radiance came from her face. "My husband passed on some time ago, leaving me totally alone in this world. There was no point for me to live and I decided to end my life. When suddenly, the loud ringing of my doorbell downstairs startled me. I thought, 'I'll wait a minute, and whoever it is will go away.' I waited and waited, but the ringing doorbell seemed to get more insistent and then the person ringing also started knocking loudly. I thought to myself again, 'Who on earth could this be?! Nobody ever rings my bell or comes to see me!' I loosened the rope from my neck and started for the front door. All the while, the bell rang louder and louder. When I opened the door and looked, I could hardly believe my eyes! There on my front porch was the most radiant and angelic little boy I had ever seen in my life! His smile! Oh, I could never describe it to you! And the words that came from his mouth caused my heart, that had long been dead, to leap to life as he exclaimed with a cherub-like voice, 'Ma'am, I just came to tell you that JESUS REALLY DOES LOVE YOU.'

If we are not to be scorched and made unfruitful, we need the dew of God. Since we have our accuser, we need an advocate as well. And so, the Lord in his pity for man, who had fallen into the hands of brigands, having himself bound up his wounds and left for his care two coins bearing the royal image, entrusted him to the Holy Spirit. Now, through the Spirit, the image and inscription of the Father and the Son have been given to us, and it is our duty to use the coin committed to our charge and make it yield a rich profit for the Lord.

The Solemnity of Pentecost encourages us to leave our old ways of life and strive for a new beginning. Just imagine if disciples would have stayed behind the closed doors of the room, then what would have happened: no more Christian faith neither the mention of Jesus' name? Though there was fear, but Holy Spirit made the disciples open the door from inside to go out but not someone came to open the door for them from outside. In similar way, Holy Spirit invites us to open the closed doors of our hearts from inside to let Jesus come in as St. Paul says, "even we don't know how to pray but the Holy Spirit intercede for us and teaches us to call God; Abba, the Father". To make it understand more deeply about our new beginning, let me share with you the following interesting story:

The Creator created people, gave them words for communication and thinking, settled them in the fertile valley at the foot of the mountains, gave them longevity and started to observe how they will aspire. Time passed, but people did not develop. They did not go beyond their village and did not climb up the mountains. Their eyes did not look at the sky and did not look in the Heart. So, they became old. The Creator decided to find out, what was the matter.

He became a man and came to them as a traveler. Before sunset people gathered at the square to talk with the traveler. He described them a life beyond the horizon and suggested:

Do you want me to lead you there, and you will see how people live in these places? Oh, they answered sadly, it is late, we became old.

Then come with me to the mountains to look at the world from the top! Oh, they sighed, it is too late, we have no energy.

Look at the sky, the traveler said to them, and I will tell you about the life in the Kingdom of Heaven!

They answered again: It is late; our mind will not understand your story.

The traveler became sad. He decided to cheer people. Let's sing a song! he said and was going to sing first, but people noticed that the sun had gone down.

It is late, they said, it is time to sleep. And went to their huts. The traveler shouted to them: People, when life is continuous and infinite, it is not late for any achievements!

But they did not turn back. Then the Creator told himself: I will take away all words of limitation from people: "late", "not", "impossible", "far", "high", "hard", "will not understand", and will place in their hearts the joy of infinity. Maybe they will perceive my

Law: nothing is late because there is no end, there is only the beginning! He did so and waited for the morning: will people change, and will they go with him to the mountains?

Are we going to follow our new beginning with the Holy Spirit?

Remember the words of the Psalmist (139): Where can I go from your spirit? Or where can I flee from your presence? If I ascend to heaven, you are there; if I make my bed in Sheol, you are there. If I take the wings of the morning and settle at the farthest limits of the sea, even there your hand shall lead me, and your right hand shall hold me fast. If I say, "Surely the darkness shall cover me, and the light around me become night," even the darkness is not dark to you; the night is as bright as the day, for darkness is as light to you".

There are some very interesting facts in the Scripture Readings today:

1. Jesus is giving peace to his disciples and to the whole world which we could in the First Reading how it is being fulfilled in the lives of the disciples. They were afraid and remained behind the closed doors but the peace of Christ which came through Holy Spirit, made them brave.

2. Jesus breathed on them to receive the Holy Spirit, the same way as God breathed into the nostrils of Adam and he became living being. By receiving Holy Spirit disciples became fearless living being and went out to speak about Jesus and converted many to Jesus.

3. Through the Holy Spirit, not only disciples but everyone received the gifts of the Holy Spirit. All these gifts bring us together to serve the Lord and build his Church. There are various gifts in the Church to serve the Lord.

4. The Holy Spirit unites us together: “For just as the body is one and has many members, and all the members of the body; though many, are one body, so it is with Christ. For in the one Spirit, we were all baptized into one body...and we were all made to drink of one Spirit”.

5. Through the Holy Spirit we all are called to serve the Lord and have the fruits of the Holy Spirit: love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control.

6. The Holy Spirit encourages us not to lose hope but trust in the Lord.

The Holy Spirit renews the face of earth and helps us to recognize our relationship with the Lord. We must listen to Holy Spirit who intercedes for us to fill us with his love who died on the Cross for us to give eternal life, otherwise we will be like the man in the story: One day an old Soul Wound decided to destroy her host. She came to him in a dream and said: Look at yourself and around you. How do you live? After all, you have only problems- inside and outside. So, what, – the host answered, but I have a wonderful woman. I love her and she loves me. But what can you offer her, except for your own problems? She will leave you soon, – The Soul Wound said. No, she won't! – The man said, – after all, she loves me. Think about it – is it possible to love you? You are a loser! The Soul Wound exclaimed. That is the thing! If I wouldn't have any problems – inside and outside, I would have some doubts about her being with me. But now I'm sure of her sincerity. Ok, then think: if she is so wonderful, do you deserve her? Doesn't she deserve a better life than with you – a mentally wounded loser with lots of problems? After waking up from his own tears, the man called his loved one and told her that he doesn't deserve her love, and he is leaving her forever. But the pain was so big that he couldn't survive the brake up. In heaven, an angel met the arriving soul and escorted him straight to the gates of hell. Unhappy and amazed he asked: How come you have brought me here? After all, I committed the biggest sacrifice for love! The angel turned to him and answered: The soul wounds serve only to Devil. You will stay with the one that you have listened to.

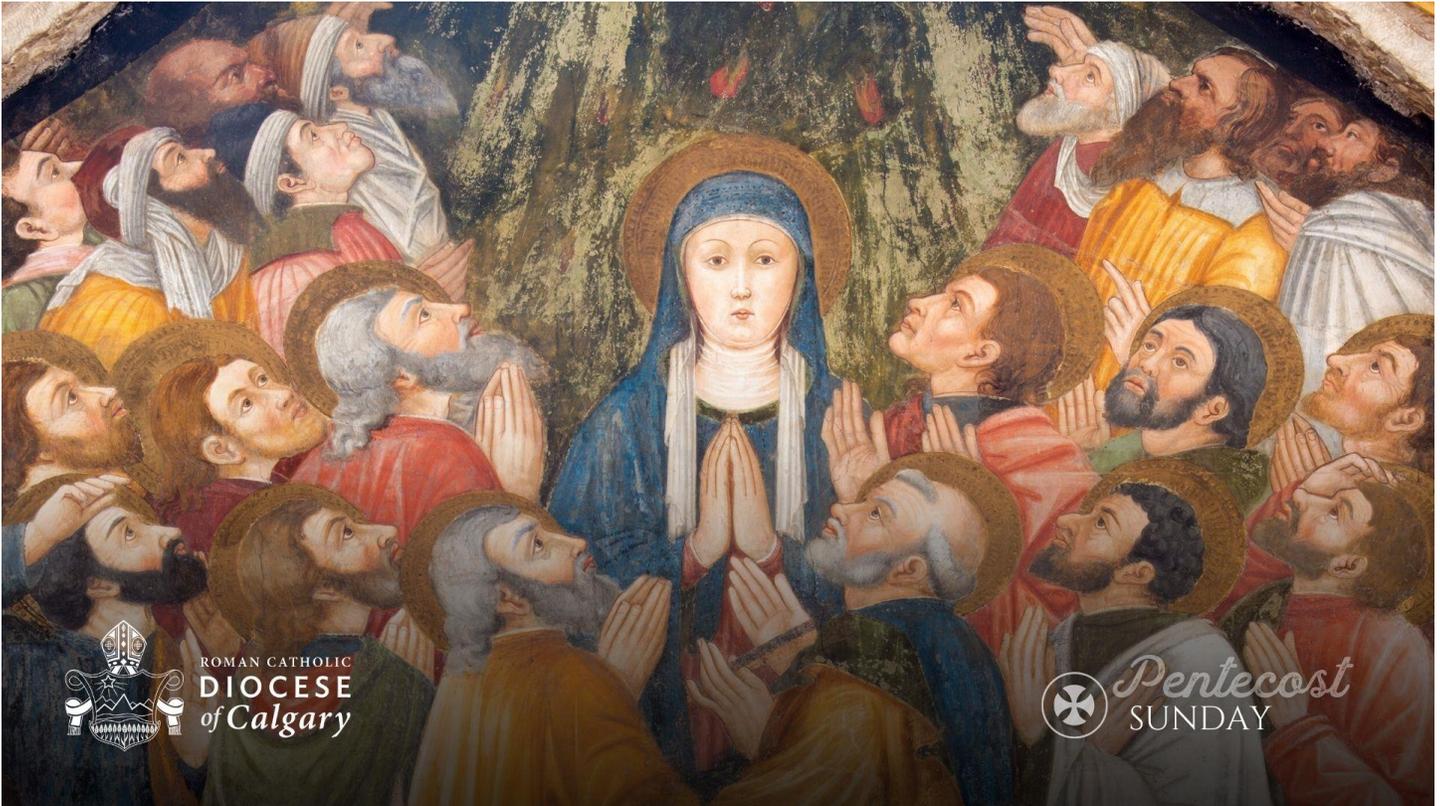
Let us renew our faith and begin

anew with commitment to serve the Lord faithfully. “Come Holy Spirit and fill our hearts with the fire of God's Love”.



# DIOCESAN SUNDAY UPDATES

## Pentecost Sunday



### Visitation of Mary Feast Day at the Shrine Church, Canmore - Wednesday, May 31

Save the date: **Wed, May 31 from 11 am to 2 pm** at the **Shrine Church of Our Lady of the Rockies, Canmore** | Bishop McGrattan invites you to join him on the Visitation of Mary Feast Day, to pray and gather, and entrust the work of the Synod of Bishops to Mary, Mother of the Church. We will be celebrating the Feast Day Mass with Bishop McGrattan, followed by a reception and an outdoor rosary. All are welcome!

### Permanent Diaconate - Open House dates - June 3 & 10

If you are interested or feel that you are being called to a vocation as a Permanent Deacon, and you meet the qualifications listed in the website, please join us at one of the following in person open houses: **Saturday June 3, 2023, at 1 pm** at St. Martha's Parish (355 Columbia Blvd W, Lethbridge) or **Saturday June 10, 2023, 10 am** at St. Mary's Cathedral Hall (219 - 18 Ave SW, Calgary). For more information, visit [catholicyc.ca/permanentdiaconate](https://catholicyc.ca/permanentdiaconate)

## 40 Hours for Priestly and Religious Vocations - June 2-4

You are invited to take part in a 40 Hours Adoration at St. Anthony's Parish to ask the Lord for an increase of Priestly and Religious Vocations in our Diocese. Where: St. Anthony's Adoration Chapel, 5340 4th St. SW (entrance from the back of the church). When: Friday, June 2 at 3 pm to Sunday June 4 at 7 am. To receive the security lock code to enter the chapel, email [info@stanthonyssyc.ca](mailto:info@stanthonyssyc.ca) or call (403) 252-1137.

## Ordination of Santiago Torres to Priesthood - June 16

Rev. Mr. Santiago Torres, a transitional deacon currently completing studies at St. Joseph Seminary in Edmonton, has been called to ordination to the Holy Priesthood on the Solemnity of the Most Sacred Heart of Jesus by Most Rev. William T. McGrattan, Bishop of Calgary. You are invited to attend the Ordination to the Holy Priesthood Mass on **Friday, June 16 at 7 pm at St. Mary's Cathedral**. Reception will follow at the Parish Hall. All are welcome!

## Career opportunities

- Admin. Assistant (Part-time) - Our Lady of the Rockies, Canmore
- Cook (Part-time) - St. Mary's Cathedral, Calgary
- Family Faith Coordinator - All Saints, Lethbridge
- Maintenance Worker (Part-time) - Sacred Heart, Calgary
- Admin Assistant (Part-time) - St. Albert the Great, Calgary
- Assistant Coordinator (Casual) - Feed the Hungry, Calgary
- Housekeeper (temporary Full-time) - Dorchester House, Calgary
- Archives & Marriage Office Administrator - Diocese of Victoria

Please visit [catholiccyyc.ca/careers](http://catholiccyyc.ca/careers) for more information and application details.

## TrAID for MaID at St. Michael's

**Tuesday, May 30 at 7:30 pm at St. Michael's, Calgary** | True Assistance in Dying: why is MAiD (Medical Assistance in Dying) embedding itself in our country? St. Michael's CWL will be hosting Dr. Peggy Thomson-Gibson as she

presents on how to “Defend the Faith without Raising our Voice” to shed the light of faith through prayer, action and sacrifice.

## **Benedictine Spirituality for Everyday Life - June 10**

**Sat, June 10 at 1:30 pm to 4:30 pm** | The Oblates of St. Benedict invites you to join guest speaker Fr. John Paul Le, O.S.B., Director of Oblates from Mount Angel Abbey, Oregon, who will give two informative talks and answer questions on how to live out Benedictine Spirituality in everyday life. No registration required and there is no cost to attend. For more information, contact Patricia at (403) 630-1312.

## **Reinstallation of statues in the Our Lady of Lourdes**

### **Grotto - June 24**

St. Paul's in Brocket, AB invites you to join them in the reinstalment of the restored statue of Mary and Bernadette at the Piikani's Our Lady of Lourdes Grotto with Fr. Roy Jayamaha. When: **Saturday, June 24 at Noon**, at St. Paul's Church in Brocket. There will be a Rosary Prayer followed by a concert and barbeque with Franciscan and Friends.

## **An Evening with Mary - June 27**

St. Luke's Parish invites you to an evening of prayer and song with singer Eswina Ngai and a talk by Fr. Troy Nguyen, taking a look at the life and death of Jesus through the eyes of His Mother. Cost: Love offering, proceeds to St. Luke's Feed the Hungry Ministry. When: **Tuesday, June 27 after 7 pm Mass** at St. Luke's (1566 Northmount Dr. NW, Calgary). [More info](#)

## **Open House at Holy House of Our Lady & St. John - June 13**

Holy House Calgary, a Catholic, classically-based school located at St. John the Evangelist Catholic Church in Inglewood, is accepting applications for the 2023-2024 academic year. There are openings in Gr.1-8 and at The Gilbertine Academy (Gr. 9-12). When: **Tuesday, June 13 at 6:30 pm to 8:30 pm**. For more information, visit us at [www.holyhouse.ca](http://www.holyhouse.ca), or email [office@calgary.holyhouse.ca](mailto:office@calgary.holyhouse.ca) to arrange a tour.

## **Subscribe to *Faithfully***

If you haven't already, please subscribe to the [Diocesan publication Faithfully](#) - to keep you updated with what's happening in our Diocese. Faithfully gives a snapshot of faith at work in the lives of everyday people in our Diocese and provide us with opportunities to spread the Good News of Christ beyond the walls of our churches. New release is coming up this Monday! To subscribe, [click here](#).

## Pentecost Sunday

**Kid's challenge this week:** The Holy Spirit gives us the courage to answer Jesus' call, to do what God asks of us even when it is difficult. We each answer that call in a different way, but the Holy Spirit helps and guides us along the way. What will you do this week to try and spread peace in our world? Try to notice the Holy Spirit in our lives, helping us to be brave, and helping us to spread Jesus' message of peace in our world. (CAFOD)

- [Colouring page this Sunday](#)
- [Kid's Bulletin this Sunday](#)
- Sunday Connection this Sunday (Gr. 1-8)
- Children's Liturgy of the Word this Sunday
  - [Children's Liturgy sheet for leaders/parents](#) (CAFOD) | [Illustration](#)
  - [Children's Liturgy of the Word with Miss Heidi](#) (Catholic TV)

Visit the [Diocesan Event Calendar](#)

Follow us on Social Media  
[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:  
[Vatican News](#) | [The Sunday Website](#)  
[Sunday Connection](#)

Daily and Sunday Mass Prayers & Readings:  
[CCCB Daily Readings](#) (pick the desired date)

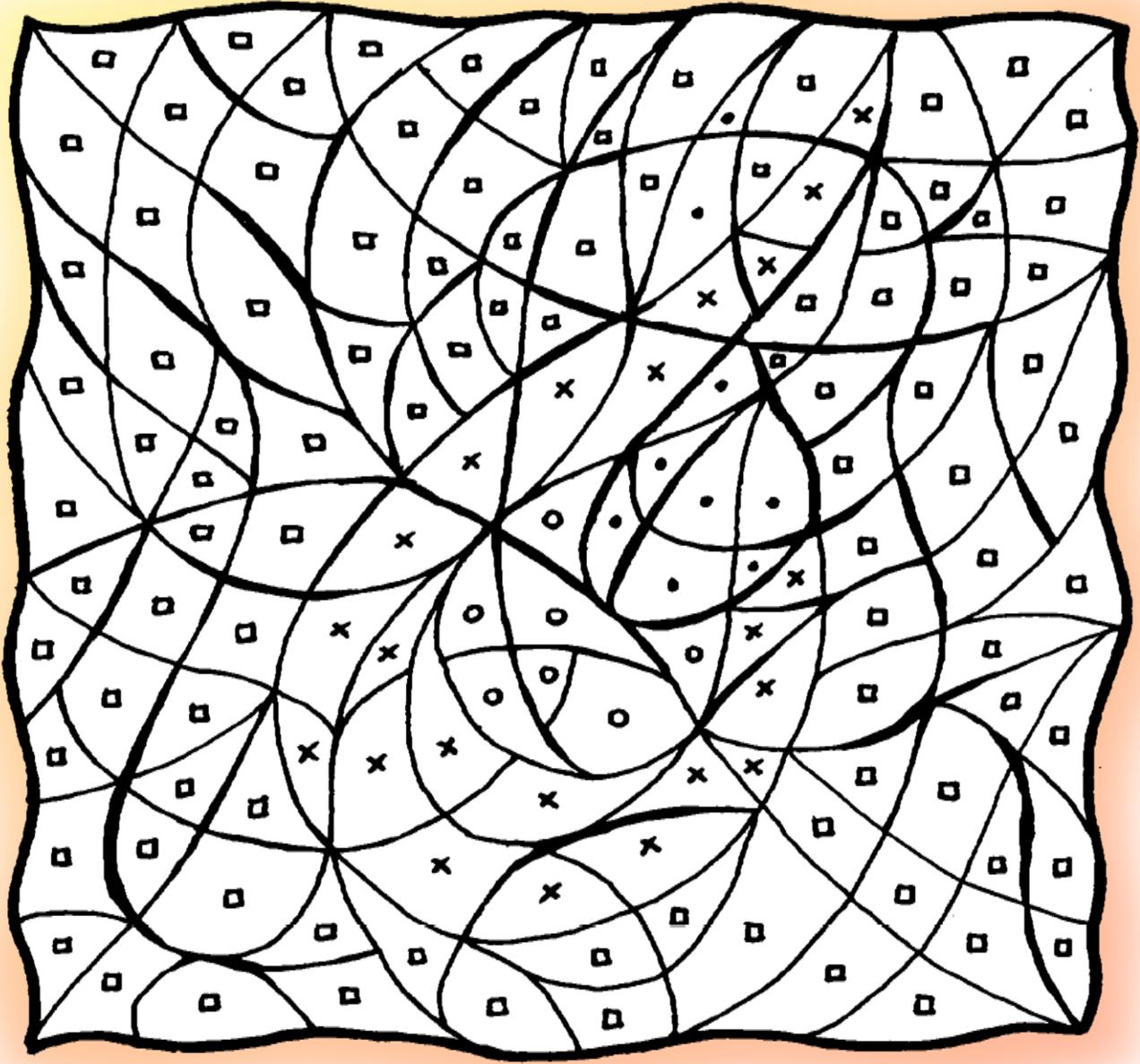
Full schedule of Parish Livestream Masses:  
<https://www.catholicyc.ca> | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo).  
For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#)

## Resources

- [Sacraments & Liturgies](#)
- [Spiritual Resources](#)
- [Sacrament Preparation](#)
- [Online Formation Opportunities](#)

# The Kids' Bulletin

*Pentecost Sunday*  
*May 28th, 2023*



*In what form did the Holy Spirit come  
to the Apostles on Pentecost?*

*Use this colour code  
to colour in the picture and find out!*

○ red

• orange

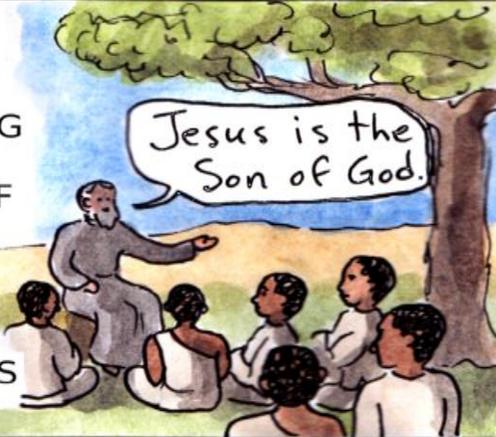
▣ blue

× yellow

# Saint Charles Lwanga And Companions

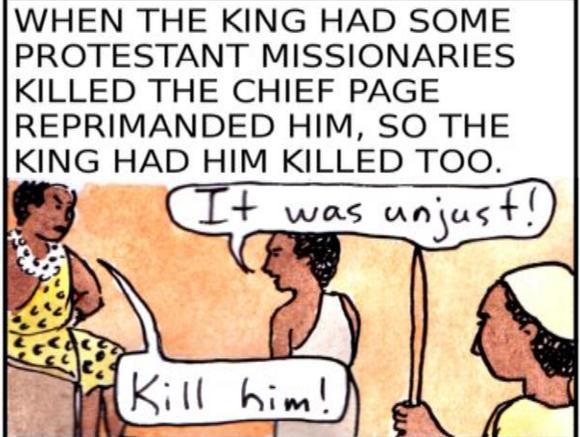
June 3

IN THE 1880'S SOME PRIESTS FROM EUROPE CAME TO BRING THE FAITH TO THE PEOPLE OF UGANDA. CHARLES LWANGA LEARNED THE FAITH AND WAS BAPTIZED.



Jesus is the Son of God.

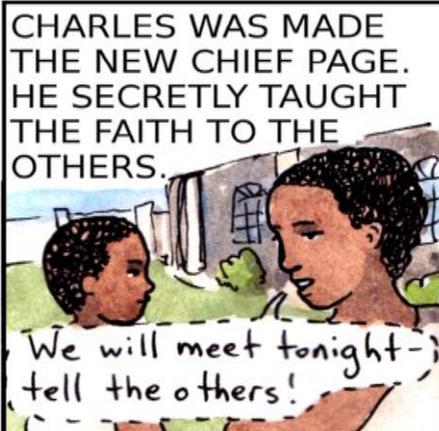
WHEN THE KING HAD SOME PROTESTANT MISSIONARIES KILLED THE CHIEF PAGE REPRIMANDED HIM, SO THE KING HAD HIM KILLED TOO.



It was unjust!

Kill him!

CHARLES WAS MADE THE NEW CHIEF PAGE. HE SECRETLY TAUGHT THE FAITH TO THE OTHERS.



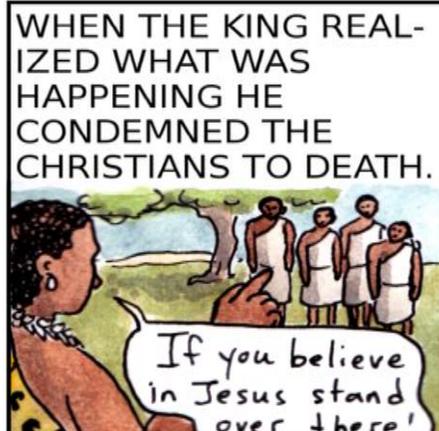
We will meet tonight - tell the others!

If he tells you to do a sin, find an excuse to leave.



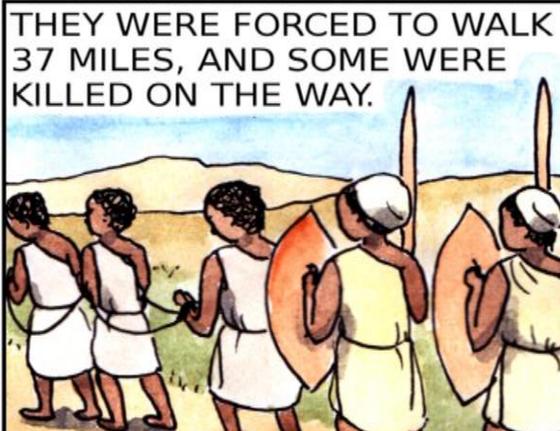
HE ALSO PROTECTED THEM FROM THE SINFUL DESIGNS OF THE KING.

WHEN THE KING REALIZED WHAT WAS HAPPENING HE CONDEMNED THE CHRISTIANS TO DEATH.



If you believe in Jesus stand over there!

THEY WERE FORCED TO WALK 37 MILES, AND SOME WERE KILLED ON THE WAY.



AFTER BEING IMPRISONED FOR SEVEN DAYS, ON JUNE 3RD, 1886 THE CHRISTIAN PAGES WERE BURNED TO DEATH FOR REFUSING TO GIVE UP THEIR FAITH.



SAINT CHARLES AND HIS FELLOW PAGES DID NOT LET THE FEAR OF DEATH STOP THEM FROM FOLLOWING GOD AND DOING WHAT WAS RIGHT. IF EVER YOU ARE TEMPTED TO SIN OR TO MAKE AN EASY CHOICE THAT IS WRONG, PRAY TO SAINT CHARLES AND HIS FRIENDS FOR STRENGTH TO MAKE THE RIGHT DECISION.

# Unscramble: The Pentecost Story

*Unscramble the words to finish the story and use the letters in boxes to fill in the blanks at the end.*

When the time for Pentecost was fulfilled, they were all in one \_\_\_\_\_<sup>7</sup> [LCPAE] together. And \_\_\_\_\_<sup>8</sup> [ENYLUSDD] there came from the sky a noise like a strong driving \_\_\_\_\_<sup>6</sup> [DWNIE] and it filled the entire \_\_\_\_\_<sup>5</sup> [USHOE] in which they were. Then there appeared to them tongues as of \_\_\_\_\_<sup>3</sup> [ERFI] which parted and came to rest on each of them. And they were all \_\_\_\_\_<sup>2</sup> [ILFLDE] with the Holy Spirit and \_\_\_\_\_<sup>1</sup> [GNEAB] to speak in different tongues, as the \_\_\_\_\_<sup>4</sup> [IPSTRI] enabled them to proclaim.

**Pentecost is the \_\_\_\_\_  
of the Church!**



# PENTECOST



Today is the second biggest feast in the Church year! Pentecost is when the Holy Spirit came to the disciples and the Church was formed. The Apostles went out and began to preach the Gospel and baptize thousands of people, receiving them into the new Church.

The Holy Spirit is God. He is the third Person of the Holy Trinity, after the Father and the Son. Before Jesus came to earth, the Holy Spirit inspired the men who wrote the Old Testament part of the Bible. It was the Holy Spirit who brought baby Jesus to the world through Mary. Jesus told His followers He would send the Holy Spirit to them after He went up into Heaven.



We all need the Holy Spirit. We can't do anything by ourselves. The Holy Spirit gives us the strength we need to do good. Did you know that we wouldn't even pray if the Holy Spirit didn't inspire us to?



*Glory be to the Father and to the Son and to the Holy Spirit as it was in the beginning, is now and will be forever! Amen.*

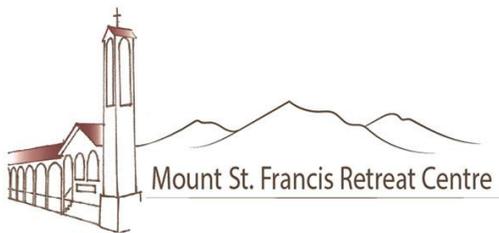
Answers to Unscramble Puzzle: place, suddenly, wind, house, fire, filled, began, Spirit, BIRTHDAY.

# Retreat Centers in Southern Alberta

## AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where we are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.



Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





# Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

**NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!**

All our email addresses only end in [@holyfamilymh.ca](mailto:@holyfamilymh.ca) never a [@gmail account](mailto:@gmail account).

If you get an email or a text, PLEASE **DO NOT RESOND** to it, you can forward it to [contact@holyfamilymh.ca](mailto:contact@holyfamilymh.ca) so it can be sent to the diocese.