



Welcome to

HOLY FAMILY PARISH

MAY 14, 2023 – 6TH SUNDAY OF EASTER 2023 - YEAR A

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Phone 403-527-6933

Facebook: Medicine Hat Holy Family Parish ~ YouTube: Medicine Hat Holy Family Church

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid & Fr Naveed Arif
& Deacon Robert Risling

RECONCILIATION...

Friday 9:30am–10:30am. & Saturday 3:30–
4:45pm. Or by Appointment

MASS TIMES... MONDAY to FRIDAY at 9:00AM

FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM

SUNDAY at 8:30AM, 10:30AM & 6:00PM

THE CHAPEL IS OPEN

MONDAY - FRIDAY 9:30am - 4:00pm

ADORATION FRIDAY 9:30 – 10:30am

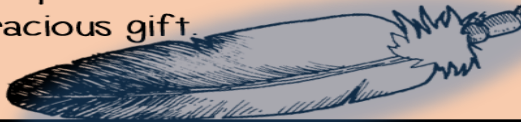
Knights of Columbus - Kirby Peterson

Catholic Women's League – Cathy Koch

Parish Pastoral Council Chair - Gary Heinbecker

Parish Finance Council Chair - Cheryl Pocsik

We acknowledge that Treaty 7 territory, on which we stand, is the ancestral land of the Indigenous peoples and is common home to everyone in virtue of God our Creator's gracious gift.



Not Orphaned!

Because the risen Lord and the Spirit of Truth are always with us, we are not abandoned.

Because we are not abandoned, we must exhibit both love and obedience. Saint Peter proclaims in the Second Reading, "Always be ready to give an explanation...for the reason of your hope." Act accordingly.

† How will my every action proclaim Christ's presence in my life and in the life of the world?

† How can I advocate, aid another's need this week?

† Whom will I love, how will I love as Jesus Christ loves me?

† Masses & Mass Intentions †



Saturday, May 13

5:00pm ~ Leo Volk †

Sunday, May 14

8:30am ~ Holy Family Parish

10:30am ~ Theresa Streifel †

6:00pm ~ Roy Buscholl †

Monday, May 15

9:00am ~ Joseph Kallampallil †

Tuesday, May 16

9:00am ~ Corrairie Reis †

Wednesday, May 17

9:00am ~ Marie Niwa †

Thursday, May 18

9:00am ~ Ben Schafer †

Friday, May 19

9:00am ~ Kallampallil Family

MAY 14, 2023 – 6TH SUNDAY OF EASTER 2023 - YEAR A



OPERATING FINANCES

APRIL 1-30, 2023

Operating Budget 2022	\$ 63,984
General Envelope Collection	\$ 55,402
Loose Collections	\$ 5,668
Future Development	\$ 3,693
Sale of Church Supplies & Other	\$ 10,539
\$ 75,302 - Budget Vs Actual	\$ 11,318

SPECIAL COLLECTIONS

Together in Action (TIA)	\$ 5,457
St Vincent de Paul	\$ 3,716
Holy Land	\$ 4,021
World Mission	\$ 25
Clergy Retirement	\$ 65
Mission Mexico	\$ 60
CARO	\$ 50
Seminary Fund	\$ 945
Loonies for Lent	\$ 3,415

Thank You for your Generous Contributions

Average Weekly Attendance	958
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Mark your Calendars!

- May 13 - 10:00am - Hope Room
Benedictine Group Meeting
- May 13 - 1:00pm - Kin Coulee Park
Pro-Life Hike for Life
- May 14 - 3:00-3:30pm - Hillside Cemetery
Prayers for the faithfully departed.
- May 17 - 9:30am - Faith Room
Bible Study
- May 20 - 10:00am - Hope Room
Benedictine Group Meeting
- May 22 - Victoria Day - Holy Family Parish
NO MASS & OFFICE CLOSED
- May 24 - 9:30am - Faith Room
Bible Study
- July 10-14 - 10:00am - HFP Hall
Deepening our Faith in God Bible Camp



Together IN ACTION
Annual Bishop's Appeal

Year to Date: \$21,257.36
only 30% of total needed!

The amount needed before end 2023 is \$70,938.

The more we can get into this fund early in the year, the less we must scramble and beg at the end of the year. Please give what you can to meet our goal!

Your Generosity is Appreciated!



St. Pope John I

May 18

HOLY FAMILY PARISH
MEN'S PRAYER GROUP
 Thursday Mornings - 7:00 to 7:30 – Faith Room
 Open to all men seeking to nurture their relationship
 with God and each other through prayer, song and
 reflection on the daily scripture readings.
 More Information - Gord 527-7423 or Alan 527-4169
 Pamphlets available at the Greeting Desk
REAL MEN PRAY



Prayers for Souls of the Faithful Departed
 Pray the rosary with the Legion of Mary.
Mother's Day, May 14th, from 3:00 - 3:30pm
Hillside Cemetery Catholic Section
 There will be an altar for Mary for flowers.
 Bring your own lawn chair if needed.
 For more information...
 Karen-Anne kacherwono@shaw.ca or
 Cora jpcblanchette@telus.net



1st Holy Communion & Confirmation

We'd like to take this opportunity to congratulate all the children who received the sacrament of 1st Holy Communion. As you continue to attend Mass may you be filled with the joy of Christ Jesus every time you receive this most Blessed Sacrament.

We also would like to congratulate children who received the Sacrament of Confirmation this weekend. May the Holy Spirit be with you and guide you as you continue to grow in your journey of faith.

A very sincere thank you to all the teacher and helper volunteers for taking time to share the love of their faith with our children and inspire them to be the best version of themselves.

To the parents we are so grateful for your commitment in raising your children in the Catholic faith. Not only do they receive sacramental blessings but the prayers and blessings of this church community as well.

Also a very big thank you to the CWL and the Knights of Columbus for their support, prayers, and volunteering of their time. They see each event as an opportunity to make our families feel welcomed and loved. They truly are builders of the Body of Christ.

Finally, a very sincere thank you to our priests and deacons. For their dedication to serve and the pastoral care to our children and our faith community.

May the joy of the Lord be with you all!



ANCHORED "DEEPENING OUR FAITH IN GOD"
 BIBLE CAMP JULY 10 – 14, 2023
 8:00 AM – 12:15 PM DAILY – \$25.00 INCLUDES A T-SHIRT TO KEEP
 AND A "BIG" HEALTHY SNACKS!
 BIBLE THEMES, ANCHORED HABITS, DAILY CRAFT
 CONFIDENCE / SELF ESTEEM, EXERCISE ETC.
 MASS EVERY DAY AT 11:30 AM ~ THE COMMUNITY IS WELCOMED!
 REGISTRATION FORMS IN THE FOYER @ HOLY FAMILY PARISH
 CONTACT MJ 403-581-8004 OR MJ.RATH@YAHOO.COM

Blumenfeld & District Heritage Site Pilgrimage
Sunday, June 11th, 2023
 Bishop Mark Hagemoen
 Supper following Mass
Rosary & Mass @ 3:00
 Reconciliation 2:00-2:45
 Bring lawn chairs, bug spray & umbrellas



Work Bee – May 31 @ 6pm, alternate date June 7th.
 Please bring pails, mops, rags, lawnmowers.
 Many hands are needed to clean the church.
 Open for viewing on Sundays, July 2 until Sept 3rd, 2-4.
Facebook - Blumenfeld & District Heritage Site

Life in the Spirit "People of Praise" Society (Live-In community)
Life in the Spirit Seminar
 Wednesdays May 10th until June 21st
 7:00pm at Assumption Parish Hall, 2405-12 Ave S. Lethbridge, AB
 Life in the Spirit Seminars introduces life lived in the Power of the Holy Spirit. An opportunity for people to start a new relationship with the Lord.
 It can serve as an introduction to Christianity. It offers help in finding a fuller release of the Holy Spirit to live a deeper Christian life.
 To register or for more info contact:
 Shelley Holden: 403-330-6255, email: Shelley.holden@gmail.com
 Or Sandra Kano: 403-394-4658, email: skano@live.ca



The Catholic Women's League
FUNDRAISING
 Shamrock Bottle Depot has an open account for Holy Family CWL. Please donate your recyclable bottles, pop cans, hard liquor bottles, wine bottles, milk jugs & juice boxes. Money raised help local charities.
 Thank you for your support!

16th Annual Formula for Hope Fundraiser

Mother's Day, May 14 to
Father's Day, June 18, 2023



Here is the list of items we are most in need of (priority items highlighted in yellow):

- **Baby towels**
- **Lanolin (nipple cream)**
- Wipes
- Diapers size 3, 4, 5, and 6
- Outfits (boys and girls) sizes newborn to 12 months
- Sleepers (boys and girls) sizes newborn to 12 months
- Sweaters (boys and girls) sizes newborn to 12 months
- Small baby toys
- Baby nail clippers
- Baby brushes and combs
- Baby bottles
- Baby washcloths
- Bibs

Thank you again, and if you have any questions, please do not hesitate to reach out to me.

Simply place an empty baby bottle in your home, work place, or church to collect change, cash, and cheques. Funds raised will purchase infant formula, clothing, and diapers to help local families.





Notre Dame Academy is very proud to be one of the nine Catholic Schools within the Medicine Hat Catholic Board of Education (MHCBE). Notre Dame Academy has a student population of approximately 440 **students in Grade 6 to 9**. We are also extremely proud that we are one of only a very few successful sports academy schools in Alberta and Western Canada. As a sports

academy school, we offer specialized training in baseball, golf, hockey, and soccer. In addition, we continue to offer innovative and unique exploratory programs like Lego-robotics, Rocketry, Carpentry, Plumbing, Gaming Concepts, Drama, Food Studies, Art, Outdoor Education, etc. to keep our students engaged in their learning. We consider ourselves a community school with many great partnerships. Notre Dame Academy has a very well-developed partnership with Medicine Hat College. Because of this partnership, we can offer an amazing Industrial Arts program in Carpentry, Electrical and Plumbing. Our leadership in this program has been the envy of other schools as they are now seeking to develop a partnership with the MHC. Too, our sports academy programming has been so successful over the past 18 years and now we are seeing other districts wanting to also build sports academy programming into their schools and districts. Notre Dame also has an ongoing partnership with the company Under Armour and Source for Sports.

Our school focus and missions are:

- Build Effective Relationships with Each Other and Our Students.
- Living Our Faith Through Service
- Helping All Students Learn

We would like to thank all the parishioners and staff of Holy Family Parish and St. Patrick's Parish for allowing us to be part of such loving parish communities.

MEDICINE HAT CATHOLIC SCHOOLS'
EDUCATION FOUNDATION

21st ANNUAL GOLF TOURNAMENT

FRIDAY JUNE 9th, 2023

Registration Fee: \$150 per golfer

1:00 p.m - Shotgun Start
Cottonwood Coulee Golf Course
Medicine Hat, Alberta

Register by calling 403-502-8351

Registration closes June 1, 2023

Register Early! Only 120 spots!

Entries will be accepted on a first come, first paid basis



Please join us for a relaxing afternoon
of golf with other business and
community participants!

Cost is \$150/person.

Info. Call (403) 502-8351

This is a wonderful opportunity to
support Catholic Christian education
in your community.



TASTE OF THE WORLD

A Taste of the World will give you an appetite to explore not only through food but through connectivity with different people of various cultures and background. Everyone is unique and different but as St. Paul says "For as in one body we have many members, and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another. We have gifts that differ according to the grace given to us".

Therefore, Parish Pastoral Council would like to invite everyone of you to join and participate in this wonderful and exciting event happening in our Parish Community.

When: June 10th starting with the Holy Mass at 5pm followed by the Taste of the World @ 6:30pm.

Where: Holy Family Parish Hall

What is expected?

- cooking only for 15-20 people.
- Wear your own traditional outfits.
- Prayers of the Faithful will be in the local language.
- Traditional dance or music.

Please contact Gary Heinbecker: tasteoftheworld2023@gmail.com

FORMED®

THE CATHOLIC FAITH.
ON DEMAND.



USE
WITH



Sunday 10:30am Mass on YOUTUBE

Medicine Hat Holy Family Church Live Stream

https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q

You Tube

Faithfully

FAITH. LIVED. FULLY.

catholicyyc.ca/Faithfully

Faithfully keeps you updated with what's
happening in and around our Diocese!

EMAIL SCAMS AGAIN FROM PREISTS, CHURCH, STAFF, ETC.

NOBODY is going to ask you for gift
cards, or bit coins! **NOBODY!!!**

If you get an email or a text, **PLEASE**
DO NOT RESPOND to it,
JUST DELETE IT!

E-transfer
ONLINE GIVING



accounting@holyfamilymh.ca

Listen to Mass on your phone...
Download the "Audio Fetch" app.
Our Network is: HFP_LIVE
The Password is: Liv3HFP*





The **Catholic Bishops**
of **Alberta** and the
Northwest Territories

Les évêques catholiques
de l'**Alberta** et des
Territoires du Nord-Ouest

8421 - 101 Avenue, Edmonton, Alberta, Canada, T6A 0L1 | T 780.469.1010 F 780.465.3003

Catholic Education Week 2023

As for us, we will walk in the name of the Lord our God forever and ever. Micah 4:5

Dear Sisters and Brothers in Christ,

In this month of May, we celebrate Catholic Education Week in the province of Alberta. This occasion affords us the welcome opportunity to reflect on the crucial role Catholic schools play in educating our children and young people, by creating formative communities of love and care that witness to the Gospel of Jesus Christ. Alberta's Catholic schools are beacons of hope for families across the province seeking faith-based education for their children.

The provincial theme this year reminds us of the call to “walk in the name of the Lord our God for ever and ever” (Micah 4:5). Catholic Education Week also provides a special opportunity to thank each one of you for your extraordinary service on behalf of Catholic education.

We offer our deep appreciation to the educators in our Catholic schools who stayed the course throughout these past difficult years with extraordinary commitment. To the teachers, administrators and support staff of our schools, please know that your efforts have not gone unnoticed. Your tireless dedication on behalf of Alberta's children and families has been holy work. As Scripture states, “Well done good and faithful servants”.

Parents, you have our prayers and our support. Raising a family is both a joy and challenge. Our increasingly secularized society makes your task even more demanding. We honour the role you exercise as your child's first and most important teacher. When you choose Catholic education, you are making a choice to have your child in a community of learning where faith in God is permeated in all of the activities of the school every day.

To the community that surrounds Catholic education, - clergy, grandparents and parishes – we want to affirm your commitment to supporting and enriching Alberta's Catholic schools as essential. Please continue to pray and advocate for this precious gift of publicly funded Catholic education.

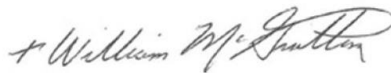
We, the Bishops of Alberta and Northwest Territories, in unity with the Alberta Catholic School Trustees' Association (ACSTA), the Council of Catholic School Superintendents of Alberta (CCSSA) and Grateful Advocates for Catholic Education (GrACE), invite you all to unite with us in the promotion and strengthening of Catholic Education, as we walk in the name of the Lord along the pathway of faith and hope.

Yours in Christ,

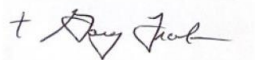
Catholic Bishops of Alberta and NWT



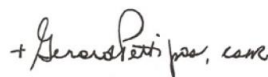
Most Reverend Richard W. Smith
Archbishop of Edmonton



Most Reverend William McGrattan
Bishop of Calgary



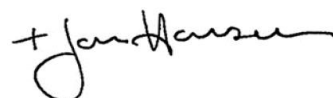
Most Reverend Gary Franken
Bishop of St. Paul



Most Reverend Gerard Pettipas CSsR
Archbishop of Grouard-McLennan



Most Reverend David Motiuk
Bishop of the Ukrainian Eparchy of
Edmonton



Most Reverend Jon Hansen, CSsR
Bishop of Mackenzie-Fort Smith



6th Sunday in Easter Time Year-A

May 14, 2023

HOLY SPIRIT: THE ADVOCATE

Our Lord is closing his earthly journey now as next week will be celebrating the Feast of the Ascension of the Lord into Heaven. His 33 years on earth have changed the history of the world. He shook the old traditions which were binding people under heavy burdens of the rites and rituals. He started his public life with “repent and believe in the Gospel for the Kingdom of heaven is near” and will be closing with “I am with you till the end of the age”. These 40 days of Easter and 10 days after the Ascension, are perfect way to understand that we are Easter People and Alleluia is our song in spite of all suffering and persecutions. Before I share my reflection with you all, I would like to give you a brief recap of the previous Sundays Gospel Readings.

2nd Sunday of Easter: We celebrated the Feast of the Divine Mercy with the help of St. Sr. Faustina whom the Lord gave the image with white and blue rays coming out of his merciful heart. Jesus loves and goes after the one lost sheep because he has compassion. Prophet Isaiah says “He has carried our infirmities and iniquities unto him” because he “cares about us” as St. Peter concludes the great mystery of his love and mercy on the Cross.

On the 3rd Sunday of Easter, we walked with the two disciples on their way to Emmaus from Jerusalem with brokenness and sadness. However, Jesus joins them and becomes part of their brokenness, hurtfulness, and hopelessness. He opens their hearts and minds to understand the mystery of his coming into the world and then offering himself for the salvation of the whole universe. He walks with us as well as we go through pain and suffering because he is Emmanuel and has set his tent among to wipe every tear from our eyes so that everything is made new.

The 4th Sunday of Easter was an open invitation from the Lord to understand our following of him, being his sheep and he is our Good Shepherd. Jesus calls himself Good Shepherd who knows his sheep and his sheep know him. Jesus being the gate of the sheepfold helps us to enter through him to gain eternal life and be with the Father.

The 5th Sunday of Easter was part of the farewell discourse of the Lord as he was sitting with his disciples and talking with them about the things or events which were about to take place. The Gospel Reading began with these words “Do not let your hearts be troubled, believe in God and believe also in me”. He is not encouraging his disciples but he

is strengthening them to understand the mystery of his death and resurrection. However two disciples are finding it hard to understand what is he saying; St. Thomas and St. Philip. One says we do not know where you are going and how we can know the way and the other says "show us the Father, and we will be satisfied". Here comes the Lord that is encouraging for all of us "I am the way, the truth, and the life" and if we have seen him, we have seen the Father" which has a twofold meaning: First Jesus himself the ultimate divine person who is undivided and cannot be testified by the humans and secondly he brings all of us to be with the Father through him. This relationship with Jesus and the relationship with God the Father are the sources of trust and faith in his love and mercy. Today in the Gospel Jesus knows the sadness and fear of his disciples after his Ascension into Heaven, he is promising them the gift of the Holy Spirit by using the image or symbol of Advocate. What does it mean for us? Why is Jesus is using the image of an Advocate but not of any other profession? I believe the qualities of a true and genuine Advocate or Lawyer may have led Jesus to use the image of an Advocate. Do you recall the story of young lawyer coming to Jesus asking, "what should he do to inherit the eternal life?" Let me share some qualities of the true and genuine Advocate/Lawyer to understand the image.

A great advocate has the potential to have a dramatic and positive impact on the life of a client. Whether it's by helping them through a difficult family law matter, protecting them against false charges, or securing fair financial compensation after an accident. He helps people during some of the most challenging times in their life. But what makes a good lawyer? It's not an easy job, and not everyone is cut out for it.

Passion for the Job

As a starting point, successful lawyers almost always have a true passion for their job. One of the keys to talent development is cultivating worker passion. In other words, people who are passionate about what they are doing are happier, more fulfilled, and they perform better. I believe the Holy Spirit knows what he is being sent to do by the Father. He helps everyone to understand that Jesus is our Savior and Son of God.

Compassion for Clients

Without compassion for their clients, a lawyer will never reach their true professional potential. The top legal minds in the field almost invariably highlight compassion and service when they offer advice to law students and aspiring lawyers. A lawyer who is committed to representing and helping their clients is likely to find meaning and success in their professional life. The Holy Spirit being the Advocate and Helper helps us every day to find what is right and true.

Great Communication Skills

On a fundamental level, advocates are communicators. They communicate with their clients, they communicate with other parties to the case, and they communicate with the court. Beyond that, lawyers communicate in a wide range of different ways. A great lawyer knows how to get important ideas across in formal legal writing, in informal emails, in phone conversations, through discussions in official legal settings, and in private conversations. St. Paul says the Holy Spirit prays for us and helps us to call God Abba, Father.

Willingness to Listen

One of the most underrated traits shared by almost every successful advocate is a strong ability and willingness to listen. Although strong listening is a part of overall communication skills, it's important to highlight listening as its own professional trait. Effective

communication is a two-way street. When you truly open your ears, you will probably recognize that people are giving you even more information than you thought. Listening to your clients, listening to witnesses, listening to your opposing counsel, and listening to the court can be the difference between winning and losing a case. Great lawyers take in all relevant information, analyze it, and create a plan of action. Holy Spirit being an Advocate of God the Father and God the Son listens very carefully and helps us to listen to the voice of God and his Only Begotten Son.

Knowledge of the Law.

Successful lawyers share many common traits, they may rely on a distinct body of law. The legal knowledge needed to be effective. Great lawyers know their area of practice. Some of this knowledge comes from experience. Some of it comes from education. The Lord says, "He will teach you what he learned" and I guess that is true with the Holy Spirit because he has the knowledge of the divine and teaches only what is right and true to believers and the 1st Reading can testify to it.

Good Judgment

At times, lawyers are required to make judgements — both for themselves and for their clients. For instance, a lawyer may have to decide whether a legal claim is worth pursuing at all. Alternatively, an attorney may be involved deep in settlement negotiations and their client may ask them for their opinion on a proposed deal. The Holy Spirit judges on the grounds of truth because he helps us to understand our mutual relationship with the Lord and his people.

There are many other qualities we can think of in advocates or lawyers. Jesus by promising his disciples that he is going to give them an Advocate, the Holy Spirit, he is confirming with them that they must understand that they are not going to be left alone after he is ascended back to his Father. The Holy Spirit helps us to survive in difficult times and also when we struggle to find the meaning and purpose of our life.

Let me share a story with you to understand why the Holy Spirit is important in our lives. Once upon a time Supreme god and god went for a short stroll around the city. They saw a poor looking priest begging. The god felt pity at him, and he gave him a bag full of 100 gold coins. The priest became very happy and thanked him. He left for his home. On the way, he saw another person who needed help. The priest could have spared a coin or two to help that person. However, he chose to ignore it. But on the way to his home, one thief robbed him of his bag of coins and ran away.

The priest became dejected and went back again for begging. Next day again when god saw the same priest begging and he was surprised that after getting a bag full of coins which can last a lifetime, the priest was still begging! He called the priest and asked him the reason for this. The priest told him about the whole incident and god again felt pity at him. So, this time he gave him a diamond.

The priest became very happy and left for home and he again saw someone who needed help, but he chose to ignore again. Upon reaching home, he safely put the diamond in an empty pot of water with a plan to cash it out later and live a wealthy life. His wife was not at home. He was very tired, so he decided to take a nap. His wife came home and picked up that empty pot of water, walked towards the river to fill up the water. She had not noticed the diamond in the pot. Upon arriving at the river, she put the whole pot into the running river water to fill it up. She filled up the pot, but the diamond was gone with the water flow!

When the priest woke up, he went to see the pot and asked his wife about the diamond. She told him she had not noticed it and it must have been lost in the river. The priest couldn't believe his bad luck and again started begging. Again, god and Supreme god saw him begging and god inquired about it. The god felt bad and started thinking if this priest will ever have a happy life.

Supreme who is an incarnation, smiled and gave that priest one coin which was not even enough for buying a lunch or dinner for one person. The god asked Supreme, "Lord, I gave him gold coins and a large diamond, which could have given him a wealthy life, yet it didn't help him. How will just one coin help this poor guy?" Supreme God smiled and told god to follow that priest and find out.

On the way, the priest was thinking about that one-coin Supreme god gave him, you can't even buy a lunch for one person. Why would he give so little? He saw a fisherman who was getting a fish out of his net. The fish was struggling. The priest took pity on the fish. He thought that this one coin wouldn't solve my problem, why not save that fish. So, the priest paid the fisherman and took the fish. He put the fish in his small pot of water which he always carried with him.

The fish was struggling in the small pot of water, and it ended up throwing up a diamond from its mouth! The priest screamed with a joy, "I got it, I got it". At that same point, the thief who had robbed the priest's bag of 100 gold coins, was passing through there. He thought that the priest recognized him and may get him punished. He got nervous and ran to the priest. He apologized to the priest and returned his bag full of 100 gold coins. The priest couldn't believe what just happened.

The god saw all this and said, "Oh Lord, Now I understand your way".

Do we allow Holy Spirit to help us understand who Jesus is for us?





DIOCESAN SUNDAY UPDATES

Sixth Sunday of Easter

A message from Bishop McGrattan

Together with the Canadian Conference of Catholic Bishops (CCCCB), Bishop McGrattan is urging the faithful to continue to oppose the expansion of MAiD in Canada. The CCCB has just released an Open Letter to the Government of Canada and a Message to the faithful re: *Permitting Persons Living with Mental Illness to Access Euthanasia/Assisted Suicide*. Read the Bishop's message at catholiccyyc.ca/blog

Visitation of Mary Feast Day at Shrine Church, Canmore

Save the date: **Wed, May 31 from 11 am to 2 pm** at the Shrine Church of Our Lady of the Rockies, Canmore | Bishop McGrattan invites you to join him on the Visitation of Mary Feast Day, to pray and gather, and entrust the work of the Synod of Bishops to Mary, Mother of the Church. We will be celebrating the Feast Day Mass with Bishop McGrattan, followed by a reception and an outdoor rosary. All are welcome!

How can I pray better?

Sat, May 27 at 9 to 4 pm - FCJ Centre | A day retreat to help you rediscover the gift of prayer and to provide you a variety of resources to deepen your prayer life. It will focus on five prayer forms and provide time to reflect, practice, share, and discern which form brings us closer to God. [Register here](#) or call 403-228-4215.

2022 Impact Report of the Diocese of Calgary

The Diocese of Calgary is pleased to announce the release of the 2022 Impact Report, which highlights the fruits of your generosity and of our work together over the past year. Read the Impact Report at catholiccyyc.ca/2022impactreport

Holy Spirit Novena

To celebrate the Pentecost, the CCCRS and Divine Mercy Centre would like to invite you to pray the Holy Spirit Novena:

- **Pentecost Novena with the CCCRS** (18-26) - See [Schedule for the 9 Day Novena](#) or visit cccrs.com | [Pentecost Vigil Mass](#) on May 27 at 6:30 pm at St. Mary's Cathedral with Fr. Nilo Macapinlac.
- **Pentecost Novena with the Sisters of Divine Mercy** (May 19-27) - [See schedule here](#) or visit sistersofdivinemercy.org

Live in the Spirit Seminars in Lethbridge

- **Calgary:** CCCRS invites you to join the Life in the Spirit Seminars every **Tuesdays** in **May to June 20, 6:30 pm to 8:30 pm** at St. Mary's Parish Hall. This eight-session seminar is designed to introduce participants to a life in the power and presence of the Holy Spirit. To register, call Deacon Alex Martinez (587) 894-5314.
- **Lethbridge:** "People of Praise" Society (Live-In community) invites you to a Life in the Spirit Seminar, 7 consecutive weeks starting **Wednesdays** in **May to June 21 at 7 pm, Assumption Parish Hall** (2405-12 Ave S. Lethbridge) with the exception of May 17 at St. Basil's lower hall, 604-13th St N Lethbridge. Register/more info: Shelley Holden at 403-330-6255.

Career opportunities

- Admin Assistant (Part-time) - St. Albert the Great, Calgary
- Assistant Coordinator (Casual) - Feed the Hungry, Calgary
- Maintenance Worker (Part-time) - Sacred Heart, Calgary
- Admin. Assistant (Part-time) - Our Lady of the Rockies, Canmore
- Cook (Part-time) - St. Mary's Cathedral, Calgary
- Family Faith Coordinator - All Saints, Lethbridge

Please visit catholiccyyc.ca/careers for more information and application details.

Restoring the Feminine Heart Conference - May 26/27

Fri-Sat, May 26-27 at St. Luke's, Calgary | Beloved Daughters Ministry invites you to their women's conference, offering a time of rest and renewal, with speakers Heather and Jake Khym from Restoration Ministries. [Register now](#) or visit beloveddaughtersyycc.com

Pro-Life "Love life" Conference

Sat, May 27 from 9:30 am to 12:30 pm at the Shrine Church of Our Lady of the Rockies, Canmore | The conference (free) starts with Mass, followed by two, life-affirming, educational presentations from Calgary Pro-Life.

TrAID for MaID at St. Michael's

Tue, May 30 at 7:30 pm at St. Michael's, Calgary | True Assistance in Dying: why is MAiD (Medical Assistance in Dying) embedding itself in our country? St. Michael's CWL will be hosting Dr. Peggy Thomson-Gibson as she presents on how to "Defend the Faith without Raising our Voice" to shed the light of faith through prayer, action and sacrifice.

Watch "The Letter"

Laudato Si' Week 2023 will be celebrated **May 21-28** with the film "The Letter" (YouTube originals) to mark the eighth anniversary of Pope Francis' landmark encyclical on care for creation. Let's keep bringing *Laudato Si'* to life! Watch movie now at <http://www.theletterfilm.org/watch>

Pope's Pastoral Works Sunday

On **Sunday, May 21**, there will be a second collection for the Pope's Pastoral Works. This National Collection was established by the Bishops of Canada in 1970. The funds collected help the Pope contribute to charitable causes around the world, particularly toward aiding victims of war, famine and natural disasters. Visit catholiccyyc.ca/ca and click "Pope's Pastoral Works".

Pope's May prayer intention

Let us pray that ecclesial movements and groups may daily rediscover their mission, an evangelizing mission, and that they place their own charisms at the service of the world's needs.

Kid's challenge this week: It is often easy to show our love for those people who are close to us. We can be kind and generous to our friends, we can listen to our parents, carers and teachers. We can share with our brother or sister. But we need to do our best to show our love to all people, not just those who are close by. How do you think we can show our love for our sisters and brothers around the world? (CAFOD)

- [Colouring page this Sunday](#)
- [Kid's Bulletin this Sunday](#)
- [Sunday Connection this Sunday](#) (Gr. 1-8)
- Children's Liturgy of the Word this Sunday
 - [Children's Liturgy sheet for leaders/parents](#) (CAFOD) | [Illustration](#)
 - [Children's Liturgy of the Word with Miss Heidi](#) (Catholic TV)

Visit the [Diocesan Event Calendar](#)

Follow us on Social Media

[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:

[Vatican News](#) | [The Sunday Website](#)
[Sunday Connection](#)

Daily and Sunday Mass Prayers & Readings:
[CCCB Daily Readings](#) (pick the desired date)

Full schedule of Parish Livestream Masses:
<https://www.catholiccyyc.ca> | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo).

For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#)

Resources

- [Sacraments & Liturgies](#)

- [Spiritual Resources](#)

- [Sacrament Preparation](#)

- [Online Formation Opportunities](#)

The Kids' Bulletin

Sixth Sunday of Easter

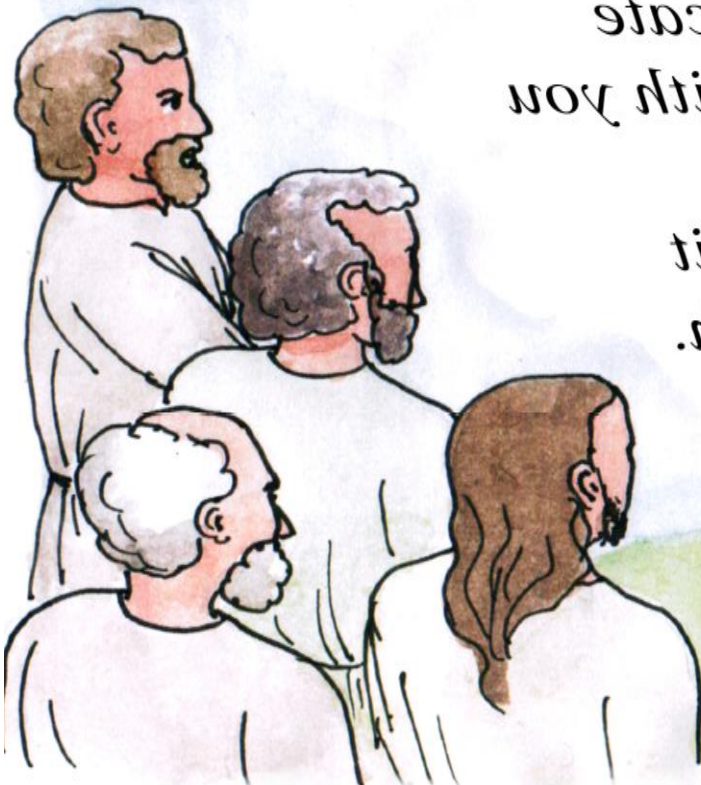
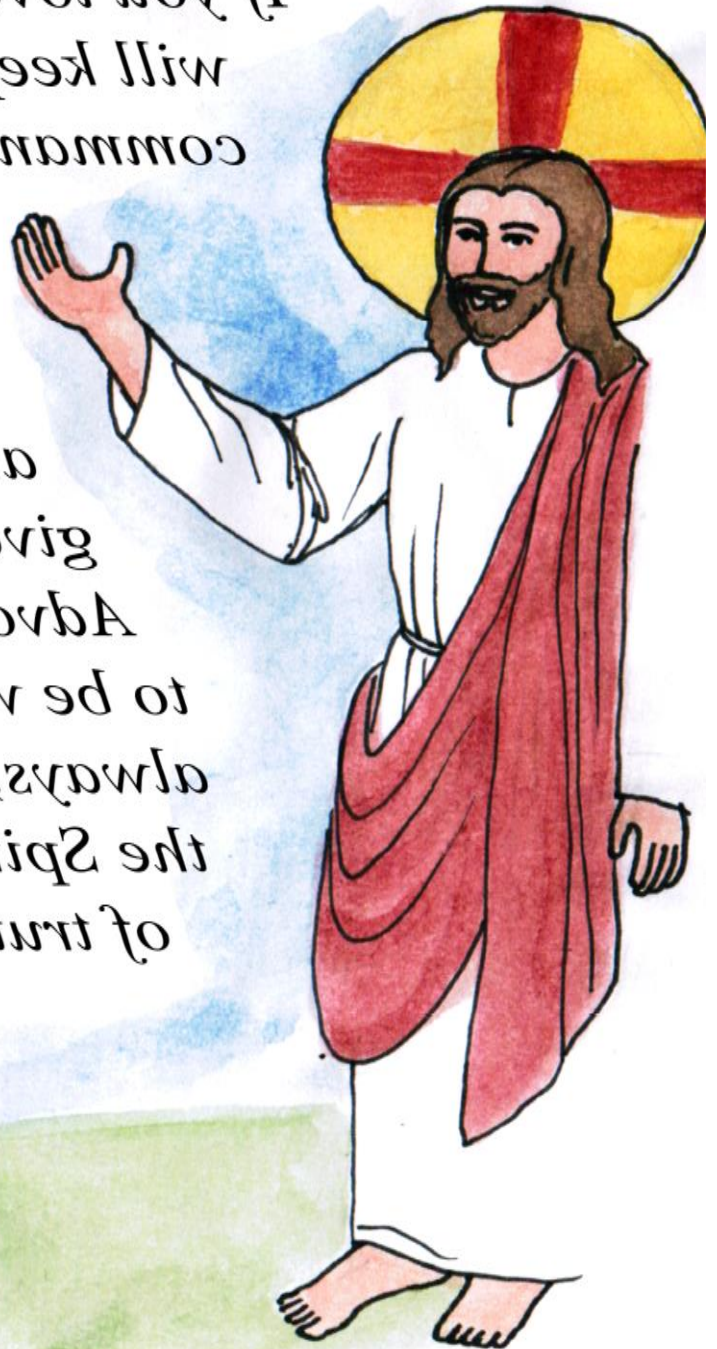
May 14th, 2023



If you love me, you
will keep my
commandments.

And I will ask
the Father,
and He will
give you another
Advocate

to be with you
always,
the Spirit
of truth.



What did Jesus say to the disciples
to prepare them for His departure?
Look at this page in the mirror to find out!

Saint Bernadine of Siena

May 20

BERNARDINE WAS BORN AROUND 1380 IN ITALY. ORPHANED AT A YOUNG AGE, HE WAS RAISED BY PIOUS AUNTS. HE WOULD GET VERY UPSET IF PEOPLE USED BAD WORDS.



AT AGE 20 HE AND SOME FRIENDS HELPED LOOK AFTER PEOPLE DYING OF THE PLAGUE IN A HOSPITAL.



HE BECAME A FRANCISCAN BROTHER AND PRIEST, AND LIVED A QUIET LIFE FOR 12 YEARS.

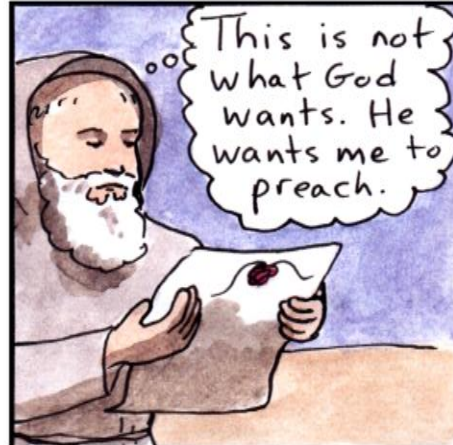


ONCE HE WAS SENT TO PREACH A MISSION. HE SPOKE SO WELL EVERYONE WANTED MORE.

SO HE WAS SENT ALL OVER ITALY. HOWEVER, HE WAS STOPPED FOR A WHILE BECAUSE OF FALSE ACCUSATIONS.



BERNARDINE TAUGHT PEOPLE TO LOVE AND RESPECT THE NAMES OF JESUS AND MARY.



BECAUSE HE KNEW IT WAS HIS MISSION TO PREACH, HE REFUSED TO BECOME A BISHOP THREE TIMES. WHEN HE WAS GOING TO DIE HE PREACHED 50 DAYS IN A ROW!

ONE POPE SAID THAT ST. BERNARDINE WAS LIKE ANOTHER ST. PAUL BECAUSE OF HOW HE PREACHED. WHEREVER HE WENT PEOPLE CAME BACK TO THE FAITH AND MADE PEACE WITH THEIR NEIGHBOURS. WE CAN LEARN FROM HIM TO USE OUR WORDS TO DO GOOD AND TO RESPECT THE NAMES OF JESUS AND MARY.

An Acts of the Apostles Word Find

P H I L I P E T E R
R H S A M A R I A E
E N A M E O C W H J
A L Y M S S O O A O
C H R I S T M R N I
H O P R A Y E D D C
E L T A G O D P S I
D Y H C E I J O H N
O W E L C O M I N G
W R R E C E I V E D
N I E S P I R I T T

*Today's first reading
is from the Acts of
the Apostles. See if
you can find all the
words from the
reading that are in
CAPITALS in the
puzzle. Use the
leftover letters to
fill in the blanks
at the end!*

PHILIP went to a
Samaritan town and
proclaimed the

CHRIST to them. The people united in
WELCOMING the MESSAGE Philip
PREACHED, either because they had heard of the
MIRACLES he worked or because they saw them
for themselves. THERE was great REJOICING in
that town.

When the apostles in Jerusalem heard that
SAMARIA had accepted the WORD of GOD, they
sent PETER and JOHN to them, and they went
DOWN there, and PRAYED for the Samaritans to
receive the HOLY SPIRIT, for as yet he had not
COME down on any of them: they had only been
baptised in the NAME of the Lord Jesus. Then they
laid HANDS on them, and they RECEIVED the

— — — — — — — — — —

Jesus Sends the Holy Spirit Through the Sacraments



In today's Gospel reading, Jesus tells the disciples that He is going away, but the Father will send the Holy Spirit to help them.



We can't see Jesus on earth any more, because His body went into Heaven at the Ascension. We can't see the Holy Spirit either, because He doesn't have a body. The Holy Spirit really is in the world,

though. He is working in the Church and in people who obey and love God.



The Holy Spirit comes to us mainly through the sacraments. We get grace, which is God's life in us, when we receive the sacraments. Jesus gave us the sacraments to help us on our way to Heaven. Do you know the seven sacraments? Here is a list to help you to remember:



Baptism
Confession
Confirmation
Holy Communion
Marriage
Holy Orders
Sacrament of the Sick



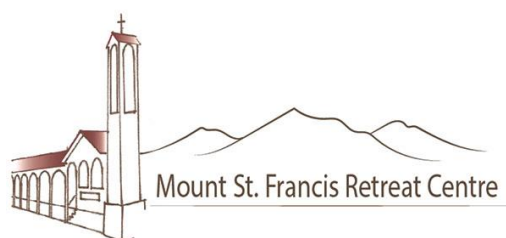
Answer to Word-Find: Holy Spirit

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holyfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESOND to it, you can forward it to contact@holyfamilymh.ca so it can be sent to the diocese.