



Welcome to

HOLY FAMILY PARISH

APRIL 23, 2023 – 3RD SUNDAY OF EASTER 2023 - YEAR A

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Phone 403-527-6933

Facebook: Medicine Hat Holy Family Parish ~ YouTube: Medicine Hat Holy Family Church

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid & Fr Naveed Arif
& Deacon Robert Risling

RECONCILIATION...

Friday 9:30am–10:30am. & Saturday 3:30–
4:45pm. Or by Appointment

MASS TIMES... MONDAY to FRIDAY at 9:00AM

FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM

SUNDAY at 8:30AM, 10:30AM & 6:00PM

THE CHAPEL IS OPEN

MONDAY - FRIDAY 9:30am - 4:00pm

ADORATION FRIDAY 9:30 – 10:30am

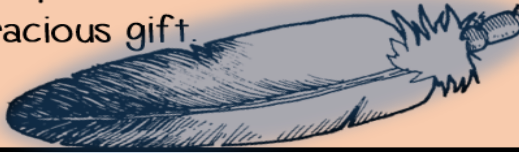
Knights of Columbus - Kirby Peterson

Catholic Women's League – Cathy Koch

Parish Pastoral Council Chair - Gary Heinbecker

Parish Finance Council Chair - Cheryl Pocsik

We acknowledge that Treaty 7 territory, on which we stand, is the ancestral land of the Indigenous peoples and is common home to everyone in virtue of God our Creator's gracious gift.



Mystagogy on the Emmaus Story.

"Mystagogy" = to be led to, to encounter mystery.

Two dejected disciples, abandoning Jerusalem, encounter Jesus in the Breaking of Bread. With burning hearts, they return to the community of believers to recount this meeting. That is what Sunday Mass and Communion of Blood and Body does for us. In returning week after week to the faithful believers, to our fellow parishioners, we meet the Risen Lord in the Body of Christ the Church.

† With what does my heart burn this Easter Day?

† Why do I keep coming to Sunday Mass and receiving Body and Blood?

† What will this sacred Meal strengthen me, impel me to do?

† *Masses & Mass Intentions* †



Saturday, April 22

5:00pm ~ Gualberto & Lucia Pimentel †

Sunday, April 23

8:30am - Holy Family Parish

10:30am - Margaret & Richard Fitzgerald †

6:00pm - Dwayne & Angelica Zarichny Family

Monday, April 24

9:00am - Edith Sehn

Tuesday, April 25

9:00am - Ed Friedt †

Wednesday, April 26

9:00am - Mike & Shirley Bachmier

6:00pm - CWC Lady of Good Council Mass

Thursday, April 27

9:00am - Shirley Martin †

Friday, April 28

9:00am - Jim & Emily Harris

APRIL 23, 2023 – 3RD SUNDAY OF EASTER 2023 - YEAR A



The 3rd Sunday of Easter – Year A

OPERATING FINANCES

MARCH 1-31, 2023

Operating Budget 2022	\$ 63,984
General Envelope Collection	\$ 46,139
Loose Collections	\$ 2,800
Future Development	\$ 2,561
Sale of Church Supplies & Other	\$ 6,183
\$ 57,683 - Budget Vs Actual	-\$ 6,301

SPECIAL COLLECTIONS

Together in Action (TIA)	\$ 4,338
St Vincent de Paul	\$ 3,434
World Mission	\$ 25
Clergy Retirement	\$ 55
Mission Mexico	\$ 215
CARO	\$ 80
Holy Land	\$ 20
Seminary Fund	\$ 55
Ukrainian Relief	\$ 10
Loonies for Lent	\$ 5,292

Thank You for your Generous Contributions

Average Weekly Attendance	880
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Mark your Calendars!

- April 21 ~ 6:30pm ~ Church & Hall
1st Holy Communion Mass & Reception
- April 22 ~ 8:30am ~ Faith Room
That Man is You!
- April 22 ~ 10:00am ~ Hope Room
Benedictine Group Meeting
- April 22 ~ 10:00am ~ HFP Hall & Church
Confirmation Class Retreat
- April 22 & 23 ~ HFP Parking Lot
CWL Bottle Drive
- April 26 ~ 9:30am ~ Faith Room
Bible Study
- April 26 ~ 6:00pm ~ Church
CWL Mass for Lady of Good Council
- April 26 ~ 7:00pm ~ Faith Room
RCJA
- April 29 ~ 10:00am ~ Hope Room
Benedictine Group Meeting
- April 29 ~ 2:00-4:00pm ~ HFP Hall
CWL Spring Tea

Congratulations on your 1st Holy Communion!

Sacramental Preparation



1st Holy Communion Mass

Friday, April 21st at 6:30pm

Followed by Reception in Hall

Confirmation Class Retreat

Saturday, April 21st at 1:00am

Confirmation Mass

Rehearsal – Friday, May 5 at 6:30pm

Mass - Saturday, May 6th at 11:00am

Followed by Reception in Hall

December 31, 2024 - Goal \$70,938

total to date \$16,991.72

which is 24%

\$52,946.28 to go.

Together IN ACTION
Annual Bishop's Appeal

Please Give Generously ~ Thank You!



The Catholic Women's League

CWL Annual Spring Bottle Drive
Saturday April 22 & Sunday April 23

Thank you SO VERY MUCH
for all you support

FUNDRAISING



Questions? Call MJ at 403-581-8004



The Catholic Women's League

We will be celebrating our 20th Anniversary
& Our Lady of Good Counsel Feast Day
Wednesday April 26, 2023
Mass at 6:00 pm followed by a Social in HFP Hall.

SPRING TEA & BAKE SALE

HOLY FAMILY PARISH HALL
HOSTED BY THE CWL

April 29th 2:00 - 4:00

Adults - \$5.00 ~ Children - \$2.00
5 & Under are Free

Door Prizes, Raffle, Good Food
& Good Fellowship



12 Hour Adoration

Friday

May 5th, 2023

9:30am - 9:30pm

Reconciliation

9:30 - 10:30am

& 8:00 - 9:30pm

All parishioners welcome and encouraged to attend



"From the Eucharist
comes strength to live
the Christian life and
zeal to share that life
with others"
John Paul II

Sign up for half hour
time slot if your able
to spend time with our
Lord

**PARISH
BREAKFAST**
MAY 7, 2023
@ 9:30AM & 11:30AM

Sausage
Omelets
Hash Browns
Toast
Fruit

Cost is \$10 per adult, \$5 for youth and under 6 free

Living Rosary
Tuesday, May 9th, 2023 at 6:00pm

- 1st Decade - Knights of Columbus
- 2nd Decade - CWL
- 3rd Decade - Pastoral Care Ministry
- 4th Decade - Medicine Hat Catholic Board of Education
- 5th Decade - Filipino Community

*Everybody Welcome,
the more the "Mary" er!*

Holy Family Parish

PASTORAL CARE IN THE HOSPITAL

Volunteers are needed to bring Holy Communion to parishioners, in the hospital, who desire to receive Jesus in the Eucharist. Training will be provided. If you have a family member or friend who is in the hospital and is requesting Holy Communion, please phone the parish with the name and location of the person. The information will be forwarded to Pastoral Care. Thank You!

40 LOONIES FOR LENT

This year's theme for our 40 loonies for Lent is I will go to now called Saint Vincent and the Saints.

Loonies to date \$12,077

Taste of the World

Coming in June - Watch for more Information

THAT MAN IS YOU!

The Faith Room
Breakfast 7:30am

Presentation

8:30 – 9:30 am

April 22, 2023

Theme:


Evidence Of The Resurrection

Presenter:


Dr. Peter Kreeft

TMIIY

THAT MAN IS YOU!



MOTHER TERESA
NO GREATER LOVE



ST. PATRICK'S CHURCH KNIGHTS OF COLUMBUS
IS PRESENTING IN THE CHURCH HALL
APRIL 29 AFTER MASS @ 6:00 PM APRIL 30 @ 12NOON

St. Patrick's Church Grocery Card Raffle

Tickets are \$5.00 each

2 Prizes of \$1000. Gift Cards from

South Country Co-Op

Draw Date is June 25, 2023

All Money raised is kept Local for Community Outreach

Tickets available before & after Masses at Holy Family

Parish April 29th & 30th and May 6th & 7th

Any questions... Call Bill Helfrich at 403-502-6237



Listen to Mass on your phone...
Download the "Audio Fetch" app.
Our Network is: HFP_LIVE
The Password is: Liv3HFP*



FORMED® THE CATHOLIC FAITH. ON DEMAND.

USE WITH:
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Apple TV
Fire TV
Chromecast

1 Scan this with your phone camera
2 Enter our parish name or zip code
3 Enjoy the content you want

Visit signup.formed.org for more information

**EMAIL SCAMS AGAIN FROM
PREISTS, CHURCH, STAFF, ETC.
NOBODY** is going to ask you for gift
cards, or bit coins! **NOBODY!!!**
If you get an email or a text, **PLEASE
DO NOT RESPOND** to it,
JUST DELETE IT!

Faithfully
FAITH. LIVED. FULLY.

catholiccyyc.ca/Faithfully

[Faithfully](https://catholiccyyc.ca/Faithfully) keeps you updated with what's
happening in and around our Diocese!

E-transfer
ONLINE GIVING



accounting@holyfamilymh.ca

**Sunday 10:30am Mass on
YOUTUBE
Medicine Hat Holy Family Church
Live Stream**

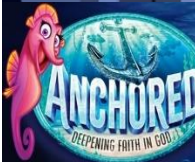
[https://www.youtube.com/channel/
UCG6zK-XzuXdDHj79rV6ut_Q](https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q)

You Tube

RESOUND

A Time of Prayer & Music

Sunday, May 7th @ 7:00pm
St. Patrick's Parish



ANCHORED
"DEEPENING OUR FAITH IN GOD"

BIBLE CAMP JULY 10 - 14, 2023
8:00 AM - 12:15 PM DAILY - \$25.00 INCLUDES A T-SHIRT TO KEEP
AND A "BIG" HEALTHY SNACKS!
BIBLE THEMES, ANCHORED HABITS, DAILY CRAFT
CONFIDENCE / SELF ESTEEM, EXERCISE ETC.
MASS EVERY DAY AT 11:30 AM ~ THE COMMUNITY IS WELCOMED!
REGISTRATION FORMS IN THE FOYER @ HOLY FAMILY PARISH
CONTACT MJ 403-581-8004 OR MJ.RATH@YAHOO.COM

MEDICINE HAT CATHOLIC SCHOOLS'
EDUCATION FOUNDATION

21st ANNUAL GOLF TOURNAMENT

FRIDAY JUNE 9th, 2023

Registration Fee: \$150 per golfer

1:00 p.m. - Shotgun Start
Cottonwood Coulee Golf Course
Medicine Hat, Alberta

Register by calling 403-502-8351

Registration closes June 1, 2023

Register Early! Only 120 spots!

Entries will be accepted on a first come, first paid basis

Together in
support of
community
children and the
education
process!



Please join us for a relaxing afternoon of
golf with other business and community
participants!

Cost is \$150/person

Info. Call (403) 502-8351

This is a wonderful opportunity to
support Catholic Christian education in
your community.



Mother Teresa School

Mother Teresa School has a total population of approximately 240 children in K-6 and we also have an Early Learning Program on site for our littlest learners.

Our school offers a full range of academic subjects and programs. We offer Music at all levels, Choir, Daily Physical Activity, and an Out of School Care program that can be

accessed by our K-6 students for all their before and after school care needs. We have an active Student Council to promote student leadership in and out of the school and this year we've added a Student Faith Leadership Committee as well as a Student Health & Wellness Leadership Committee. There are a variety of ways for students to become involved at the school and take an active leadership role in our building.

Change is on the horizon for 2023-2024 where our goal will be to shift gears towards the implementation of a comprehensive Health and Wellness program. As a school team, we will be diving deep into this idea throughout the course of the 2022-2023 school year so that we are adequately prepared for full implementation next fall. This Health and Wellness program will involve students, staff, and school community members with a goal of promoting better overall health for all.

Mother Teresa School would not be what it is without the support of our parents, community members and, of course, our parish. We encourage all stakeholders to continue to communicate with us at school. Your opinions matter!



GrACE stands for Grateful Advocates for Catholic Education.

The mission of GrACE is to inspire, invigorate and embolden the spirit of Catholic education to unite, engage, educate, and communicate with one voice on its behalf.

GrACE invites all those committed to Catholic education, through the unity of the Holy Spirit, to be advocates and witnesses for our schools' successes and their future.

We are looking for some feedback on the following questions:

- **Why do you support Catholic Education?**
- **Share about a positive experience that you have had with Catholic Education**
- **What good news story regarding Catholic Education in our division can you share about?**

Please email your responses to contact@holyfamilymh.ca or drop off a hard copy of your responses to the church office by May 1st, 2023.

We appreciate your feedback and your continued prayers for Catholic education.

Heather Irvine and Kathy Glasgo

Child Development Check-Ups

Coming soon!

Friday, April 28, 2023
10:00 a.m. - 5:00 p.m.

Our child development check-up event provides parents with the opportunity to discuss their child's development with members of our early learning team.

We can help answer your questions about your child's development in:

- Areas of speech and language skills
- Social and emotional development
- Fine and gross motor skill development

Contact our Early Learning Department by
April 26, 2023 to book your appointment
403-502-8365 or earlylearning@mhcbe.ab.ca

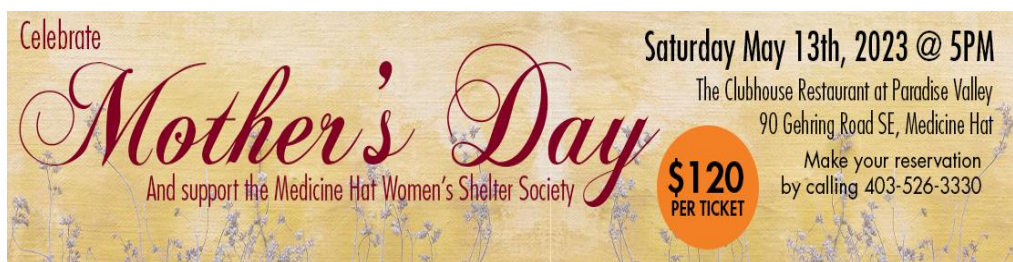


**For littles ones
ages 3-5**

**Explore our
programs**



Medicine Hat Catholic
Board of Education



Dear Friend of the Shelter

Please join us to celebrate Mother's Day at The Club House at Paradise Valley Golf Course on May 13th, 2023, at 5pm!

Enjoy a five-course gourmet dinner with a glass of sparkling wine for \$120 (with an \$80 tax receipt), while supporting the programs and services of the Medicine Hat Women's Shelter Society.

Local celebrity chef Sourav Saha has prepared a delicious menu for the evening - see below for the complete menu.

Reserve your seats/table today by calling The Club House at 403-526-3330.

We will have a silent auction and 50/50 raffle that night so please come early to have a look at the fabulous auction items!

We look forward to seeing you at the event - your ongoing generosity helps us create a safe haven for those fleeing family violence and abuse, so they can look towards the future with hope and dignity.

Mother's Day Gourmet Dinner Menu

- **Glass of Sparkling Wine**
- **Hors d'oeuvres** – Canape of smoked salmon, Douglas Meats sausage and candied bacon or Spinach Dip with Naan Triangles
- **Appetizers** – Croquet of cheese, potato, cranberry, turkey, hoisin sauce or deep-fried pork and vegetable gyoza with sweet chili sauce
- **Salad** – Redcliff veggies, artisan greens, goat cheese, sliced almonds, berry vinaigrette or Parthenon Greek salad
- **Main Course** – Grilled butterflied chicken breast with a chimichurri drizzle, shrimp skewer and bacon wrapped scallops or Atlantic salmon with a teriyaki glaze, shrimp skewer; Saffron infused rice and seasonal oven roast vegetables
- **Dessert** – Cheesecake chocolate cake duo, with Chantilly whipping cream and mixed berry coulis or Fruit plate

Reserve your seats/table today by calling The Club House at 403-526-3330.



CONNECT 24/7

Help Line: 403-529-1091 or 1-800-661-7949

Text Line: 587-850-5885

Web Chat: www.mhwss.ca

Learn more about opportunities to support MHWSS by visiting <https://www.mhwss.ca/give-support/>



3rd Sunday of Easter Year A

April 23, 2023

HE OPENS OUR HEARTS

We continue to sing Alleluia; Alleluia Indeed the Lord has risen Alleluia. This song keeps reminding us that we the people of the Resurrection and Jesus our Saviour is the author of eternal life. The season of Easter is the season of celebrating life not the death because our Lord has won the victory over the death. He is the author of life and came to give life and life in abundance as St. John says.

St. Leo the Great says "My dear brethren, there is no doubt that the Son of God took our human nature into so close a union with himself that one and the same Christ is present, not only in the firstborn of all creation, but in all his saints as well. The head cannot be separated from the members, nor the members from the head. Not in this life, it is true, but only in eternity will God be all in all, yet even now he dwells, whole and undivided, in his temple the Church. Such was his promise to us when he said: See, I am with you always, even to the end of the world. And so all that the Son of God did and taught for the world's reconciliation is not for us simply a matter of history. Here and now, we experience his power at work among us. Born of a virgin mother by the action of the Holy Spirit, Christ keeps his Church spotless and makes her fruitful by the inspiration of the same Spirit. In baptismal regeneration she brings forth children for God beyond all numbering. These are the sons of whom it is written: They are born not of blood, nor of the desire of the flesh, nor of the will of man, but of God. In Christ Abraham's posterity is blessed, because in him the whole world receives the adoption of sons, and in him the patriarch becomes the father of all nations through the birth, not from human stock but by faith, of the descendants that were promised to him. From every nation on earth, without exception, Christ forms a single flock of those he has sanctified, daily fulfilling the promise he once made; I have other sheep, not of this fold, whom it is also ordained that I shall lead; and there shall be one flock and one shepherd".

He continues to say, "Although it was primarily to Peter that he said: Feed my sheep, yet the one Lord guides all the pastors in the discharge of their office and leads to rich and fertile pastures all those who come to the rock. There is no counting the sheep who are nourished with his abundant love, and who are prepared to lay down their lives for the sake of the good shepherd who died for them. But it is not only the martyrs who share in his passion by their glorious courage; the same is true, by faith, of all who are reborn through baptism. That is why we are to celebrate the Lord's paschal sacrifice with the unleavened bread of sincerity and truth. The leaven of our former malice is thrown out, and a new creature is filled and inebriated with the Lord himself. For the effect of our sharing in the body and blood of Christ is to change us into what we receive. As we have died with him and have been buried and raised to life with him, so we bear him within us, both in body and in spirit, in everything we do".

The New Testament contains many accounts describing for us the experience of the original disciples of Jesus as they found faith through their encounter with their Risen Lord. The writers of the gospels are so certain of the meetings, that laid the foundations of Christian faith that they do not attempt to harmonise the details of the stories they are handing on. They pass on these stories to share the wonder of finding faith and new purpose through an encounter with the Lord's triumph – a wonder that can hardly be captured by a single account.

As our Easter liturgies recall these stories, we are like a family group listening to one another sharing personal recollections of a past even that meant a great deal to the whole family. Given from different points of view, these recollections bring a far fuller appreciation of what took place. Last Sunday we celebrated the Feast of Divine Mercy by meditating on the mercies of God beyond comparison. And, we reflected on the Gospel that how Jesus took the fear of the disciples away by giving them his peace and an anointing with the Holy Spirit. Of course, we can not ignore the role of St. Thomas who wasn't willing to just merely believe in the words of disciples but wanted to have firsthand experience by touching Jesus.

Today, we hear Luke's account of the disciples' meeting with the Risen Saviour. From all these accounts a coherent story emerges that invites the Church of every age to share in the original moment of Resurrection faith. Two of them are walking from Jerusalem to Emmaus with broken and sad hearts. Their world is darkened by the death of the Saviour. Even they have heard that the Lord is Risen from the dead but still they are finding hard to believe because the darkness of doubts has subdued them. They are bit confused and don't know how to handle the situation. I do believe many of us must have went on the same route as those two disciples walked on, whenever we lose someone from our own family. Death of someone causes darkness, brokenness, and sadness which all lead us to disbelief. But God himself consoles us and helps us to understand that in the life of his Son, there is eternal life and light.

St. Theodore the Studite reminds us that the Cross of Christ must bring joy in our suffering and help us to rise with him because we sing the song of Alleluia; "How precious the gift of the cross, how splendid to contemplate! In the cross there is no mingling of good and evil, as in the tree of paradise: it is wholly beautiful to behold and good to taste. The fruit of this tree is not death but life, not darkness but light. This tree does not cast us out of paradise but opens the way for our return. This was the tree on which Christ, like a king on a chariot, destroyed the devil, the Lord of death, and freed humans from his tyranny. This was the tree upon which the Lord, like a brave warrior wounded in his hands, feet, and side, healed the wounds of sin that the evil serpent had inflicted on our nature. A tree once caused our death, but now a tree brings life. Once deceived by a tree, we have now repelled the cunning serpent by a tree. What an astonishing transformation! That death should become life, that decay should become immortality, that shame should become glory! Well might the holy Apostle exclaim: Far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world! The supreme wisdom that flowered on the cross has shown the folly of worldly wisdom's pride. The knowledge of all good, which is the fruit of the cross, has cut away the shoots of wickedness".

Moreover, he says "The wonders accomplished through this tree were foreshadowed clearly even by the mere types and figures that existed in the past. Meditate on these, if you are eager to learn. Was it not the wood of a tree that enabled Noah, at God's command, to escape the destruction of the flood together with his sons, his wife, his sons' wives, and every kind of animal? And surely the rod of Moses prefigured the cross when it changed water into blood, swallowed up the false serpents of Pharaoh's magicians, divided the sea at one stroke and then restored the waters to their normal course, drowning the enemy and saving God's own people? Aaron's rod, which blossomed in one day in proof of his true priesthood, was another figure of the cross, and did not Abraham foreshadow the cross when he bound his son Isaac and placed him on the pile of wood? By the cross death was slain and Adam was restored to life. The cross is the glory of all the apostles, the crown of the martyrs, the sanctification of the saints. By the cross we put on Christ and cast aside our former self. By the cross we, the sheep of Christ, have been gathered into one flock, destined for the sheepfolds of heaven".

The encounter of those two disciples with the Lord opened a way for us to remember that Lord opens our hearts to recognize him. Though they are walking with broken hearts and sad faces, however still they feel the presence of someone (Lord's). They continue dialoguing with the Lord to understand the Scriptures the Lord was opening for them. Then the time came when they recognized the Lord in the breaking of the Bread and talked to each other "were not our hearts burning within us, when he was talking to us and explaining the Scriptures. Their encounter leads us to understand that once we have relationship him, then there is no one who could separate us from the Lord as St. Paul says".

A minister passing through his church in the middle of the day Decided to pause by the altar and see who had come to pray. Just then the back door opened, a man came down the aisle. The minister frowned as he saw the man hadn't shaved in a while. His shirt was shabby, old, and his coat was worn and frayed. The man knelt, he bowed his head, then rose and walked away. In the days that followed, each noon time came this chap. Each time he knelt just for a moment, a lunch pail in his lap. Well, the minister's suspicions grew, with robbery a main fear. He decided to stop the man and ask him, "What are you doing here?" The old man said he worked down the road. Lunch was half an hour. Lunchtime was his prayer time for finding strength and power. "I stay only moments, see, because the factory is so far away. As I kneel here talking to the Lord, this is what I say:

I JUST CAME AGAIN TO TELL YOU, LORD, HOW HAPPY I'VE BEEN SINCE WE FOUND EACH OTHER'S FRIENDSHIP, AND YOU TOOK AWAY MY SIN. I DON'T KNOW MUCH OF HOW TO PRAY, BUT I THINK ABOUT YOU EVERYDAY. SO, JESUS, THIS IS JIM, CHECKING IN TODAY."

The minister, feeling foolish, told Jim, that was fine. He told the man he was welcome to come and pray just anytime. Time to go, Jim smiled, and said "Thanks." He sped to the door. The minister knelt at the altar, he'd never done it before. His cold heart melted, warmed with love, and met with Jesus there. As the tears flowed, in his heart, He repeated old Jim's prayer:

HOW HAPPY I'VE BEEN, SINCE WE FOUND EACH OTHER'S FRIENDSHIP, AND YOU TOOK AWAY MY SIN. I DON'T KNOW MUCH OF HOW TO PRAY, BUT I THINK ABOUT YOU EVERY DAY. SO, JESUS, THIS IS ME, CHECKING IN TODAY."

Past noon one day, the minister noticed That old Jim hadn't come. As more days passed without Jim, He began to worry. At the factory, he asked about him, learning he was ill. The hospital staff was worried, but he'd given them a thrill. The week that Jim was with them, brought changes in the ward. His smiles, a joy contagious. Changed people, were his reward. The head nurse couldn't understand why Jim was so glad when no flowers, calls or cards came, not one visitor he had.

The minister stayed by his bed; He voiced the nurse's concern: No friends came to how they cared. He had nowhere to turn. Looking surprised, old Jim spoke up and with a winsome smile; "The nurse is wrong, she couldn't know, that in here all the while. Everyday at noon, He's here, a dear friend of mine, you see, He sits right down, takes my hand, leans over and says to me:

'I JUST CAME AGAIN TO TELL YOU, JIM, HOW HAPPY I HAVE BEEN, SINCE WE FOUND THIS FRIENDSHIP, AND I TOOK AWAY YOUR SIN. I ALWAYS LOVE TO HEAR YOU PRAY, AND I THINK ABOUT YOU EVERY DAY, SO JIM, THIS IS JESUS, CHECKING IN TODAY.'"

Jesus who is a stranger in the story, helped these disciples to understand everything and believe that he truly had risen from the dead. He walks with them (who knows if he walked for 11 kilometers with them to their village Emmaus) to comfort them and to open

their hearts and mind to understand he is walking with them. Moreover, to confirm that he had risen and had conquered even death, he went inside their home to eat. During his stay with these two disciples three very important things happened: first he took the bread and said the blessings and their eyes were opened. This reminds us that through Holy Eucharist we could see Jesus with our own eyes. Secondly the eyes of the disciples were opened, and they recognized him, but he disappeared. What does it mean? It means Jesus wants us to recognize him in every situation of our life. He opens our eyes to see his presence in the world. Lastly the hearts of those disciples are burning with the love and presence of Jesus.

St. Paul describe it in this way 'For this reason I remind you to rekindle the gift of God that is within you through the laying on of my hands; for God did not give us a spirit of cowardice, but rather a spirit of power and of love and of self-discipline'. On the other hand, St. Peter in his first letter, invites us to remember that Jesus always walks with us in our trials and suffering: "Blessed be the God and Father of our Lord Jesus Christ! By his great mercy he has given us a new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you, who are being protected by the power of God through faith for a salvation ready to be revealed in the last time. In this you rejoice, even if now for a little while you have had to suffer various trials, so that the genuineness of your faith—being more precious than gold that, though perishable, is tested by fire—may be found to result in praise and glory and honor when Jesus Christ is revealed".

There was once a spider who lived in a cornfield. She was a big spider, and she had spun a beautiful web between the corn stalks. She got fat eating all the bugs that would get caught in her web. She liked this home and planned to stay there for the rest of her life. One day, the spider caught a little bug in her web, and just as the spider was about to eat him, the bug said, "If you let me go, I will tell you something important that will save your life." The spider paused for a moment and listened because she was amused. "You better get out of this cornfield," the little bug said, "The harvest is coming!" The spider smiled and said, "What is this harvest you are talking about? I think you are just telling me a story." But the little bug said, "Oh no, it is true. The owner of this field is coming to harvest it soon. All the stalks will be knocked down, and the corn will be gathered up. You will be killed by the giant machines if you stay here."

The spider said, "I don't believe in harvests and giant machines that knock down corn stalks. How can you prove this?" The little bug continued, "Just look at the corn. See how it is planted in rows? It proves this field was created by an intelligent designer." The spider laughed and mockingly said, "This field has evolved and has nothing to do with a creator. Corn always grows that way." The bug went on to explain, "Oh no. This field belongs to the owner who planted it, and the harvest is coming soon." The spider grinned and said to the little bug, "I don't believe you," and then the spider ate the little bug for lunch.

A few days later, the spider was laughing about the story the little bug had told her. She thought to herself, "A harvest! What a silly idea. I have lived here all my life, and nothing has ever disturbed me. I have been here since these stalks were just a foot off the ground, and I'll be here for the rest of my life, because nothing is ever going to change in this field. Life is good, and I have it made."

The next day was a beautiful sunny day in the cornfield. The sky above was clear, and there was no wind at all. That afternoon, as the spider was about to take a nap, she noticed some thick dusty clouds moving toward her. She could hear the roar of a great engine, and she said to herself, "I wonder what that could be?" By the time she could understand, a machine devoured her.

Do we allow the Lord to open our hearts to recognize him or are we still lost in the world?



DIOCESAN SUNDAY UPDATES

Third Sunday of Easter

2022 Impact Report of the Diocese of Calgary

The Diocese of Calgary is pleased to announce the release of the 2022 Impact Report, which highlights the fruits of your generosity and of our work together over the past year. Your financial donation and service have made a significant difference in the lives of those in our community and beyond. Please take a moment to read through the Impact Report at catholicyc.ca/2022impactreport

Pope Francis' Prayer Intention for April 2023

Pray for a more widespread culture of non-violence, that will progress when countries and citizens alike resort less and less to the use of arms.

Catholic Spring Market | Apr 23

Come and support your local Catholic vendors and find authentic Catholic products for your home or for gifts at the upcoming Catholic Spring Market! There will be multiple local Catholic booths, shops and artists being hosted at St. Michael Catholic Community on **Sunday, April 23, 2023 from 10 am to 3 pm** (closed during mass times). catholicyc.ca/news

Let the 20's Roar - Dinner and Dance - April 28

Come out and support Holy Spirit Parish by joining "Let the 20's Roar," a fun-filled evening of dinner and dance hosted by Holy Spirit CWL. When: Fri, Apr. 28 at Holy Spirit Parish, Calgary. Enjoy a champagne reception followed by a delicious dinner and dessert. Then, prepare to dance the night away! To register, contact 403-251-3381 or email treasurehscwl@gmail.com. [More info](#)

Holy Family Conference

April 28 & 29 at the Shrine Church of Our Lady of the Rockies | *"It Takes a Family to Heal a Family"*

Two-day Holy Family Conference with theme: "**It takes a family to heal a family**" will take place on April 28-29 at the Shrine Church of Our Lady of the Rockies, Canmore, with speakers: Fr. Paul Moret, Chief Wilton Littlechild, Karen Wildcat, and Deacon Ed Mending. **Topics:** Holy Cloak of St. Joseph, Truth & Reconciliation, St. Kateri Tekakwitha, Our Lady of Guadalupe, Works of Mercy, Prison Ministry. **Cost:** \$40/adult or \$50 for a family of four (\$10 for each additional child). To register, contact Lyle Thorne at 1-780-915-6091 or email ourhope@telus.net

Our Lady of Victory Camp in Summer

If you have a child in grade 4-12, Our Lady of Victory Camp (OLVC) this summer has a place for them. Consider sending them to camp where they can swim in the lake, gather around the campfire, play epic games, and grow in their faith during one of four weeks of camp this summer. If you don't have a camp-aged child, you can still get involved in the preparations for camp reopening this summer. If you have any questions, please contact us at 587-447-2837 or visit www.olvcamp.com

Journeying Together: Hope & Healing for those mourning the loss of a child | May 5&6

Two-day workshop for those mourning the loss of a child through miscarriage or stillbirth. Lunch and refreshments included; childcare available. **Friday, May 5** (7 pm to 9 pm) session offers an evening of healing prayer, adoration, and reflection; **Saturday, May 6** (9:30 am to 3:30 pm) session is an all day workshop consisting of talks, round table discussions, and support. Register by May 1 at www.miscarriageliturgy.ca

Silent Retreat for Young Professionals at Mount St. Francis - May 5-6

Christian Young Professionals (late 20s-40s) are invited to attend a Silent Retreat at Mount St. Francis Retreat Centre, Cochrane on the weekend of May 5-7. Theme: Walking in Grace. To register, email ypretreat@gmail.com

Hike for Life - May 13

Join a peaceful, prayerful, and family-friendly 10K Walk/Hike on Saturday, May 13 to celebrate and witness to respect for every life! Grandparents and elderly are invited too! Tables and chairs will be available. Enjoy live music, snacks, and a hotdog BBQ lunch after the walk! Funds raised will support four educational *Respect Life* programs in schools and the community. Don't miss this chance to show your support for life and family. Register at calgaryprolife.com or call 403-243-0691.

Career opportunities

- Bookkeeper (Full-time) - CPC, Calgary
- Senior Accountant (Full-time) - CPC, Calgary
- Assistant Coordinator (Casual) - Feed the Hungry, Calgary
- Admin. Assistant (Part-time) - Our Lady of the Rockies, Canmore
- Children's Liturgy Coord. (Casual) - St. Michael's, Calgary
- Cook (Part-time) - St. Mary's Cathedral
- Family Faith Coordinator - All Saints, Lethbridge

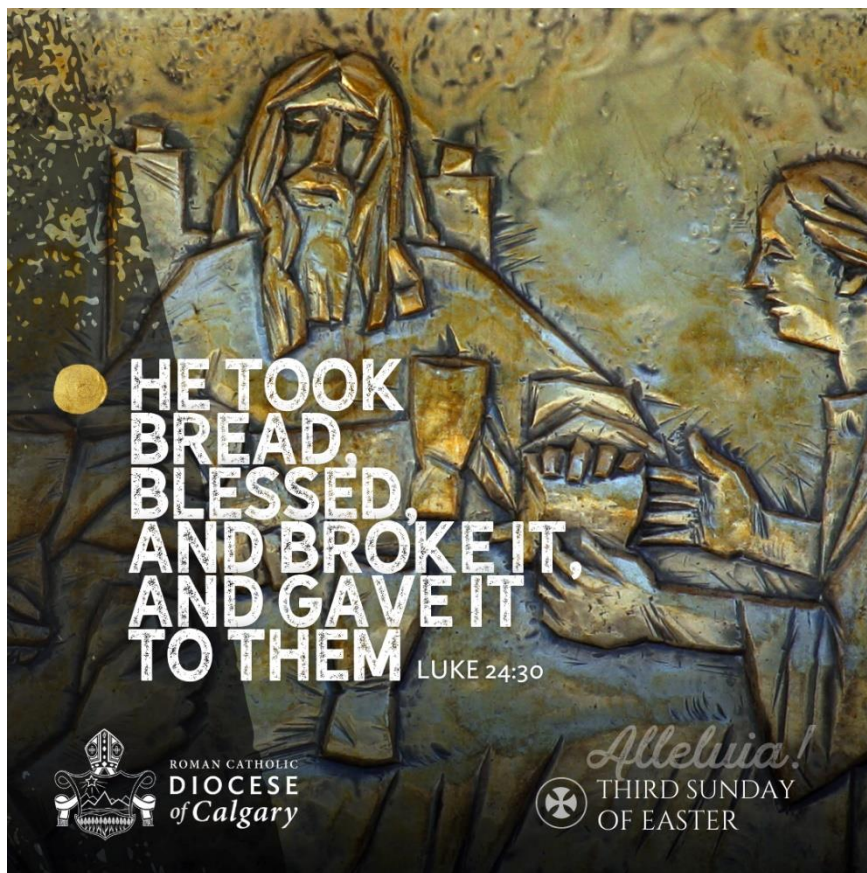
Please visit catholiccyyc.ca/careers for more information and application details.

Healing your life with Mercy and Mary - May 6

Sisters of Divine Mercy invite you to discover your beauty and identity in Christ through Divine Mercy and Mary. When: **Sat, May 6 from 10:30 am to 3:30 pm, Divine Mercy Centre.** There will be Holy Mass, opportunity for confessions, candlelight Adoration with inspirational hymns led by the Sisters of Divine Mercy, and Conference. To register, call 587-755-1019 or visit sistersofdivinemercy.org

Subscribe to Faithfully

If you haven't already, please subscribe to the [Diocesan publication Faithfully](http://Diocesan%20publication%20Faithfully) - to keep you updated with what's happening in our Diocese. Get a snapshot of faith at work in the lives of everyday people in our Diocese and find opportunities to spread the Good News of Christ beyond the walls of our churches. Subscribe at catholiccyyc.ca/faithfully



Kid's challenge this week: How would you behave if you were eating with Jesus? What would you say? How would you treat him? When you are eating this week, take the time to talk to the people you are with and to think about how Christ is in each and every one of us. (CAFOD)

- [Colouring page this Sunday](#)
- [Kid's Bulletin this Sunday](#)
- [Sunday Connection this Sunday](#) (Gr. 1-8)
- Children's Liturgy of the Word this Sunday
 - [Children's Liturgy sheet for leaders/parents](#) (CAFOD) | [Illustration](#)
 - [Children's Liturgy of the Word with Miss Heidi](#) (Catholic TV)

Visit the [Diocesan Event Calendar](#)

Follow us on Social Media
[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:
[Vatican News](#) | [The Sunday Website](#)
[Sunday Connection](#)

Daily and Sunday Mass Prayers & Readings: [CCCB Daily Readings](#) (pick the desired date)

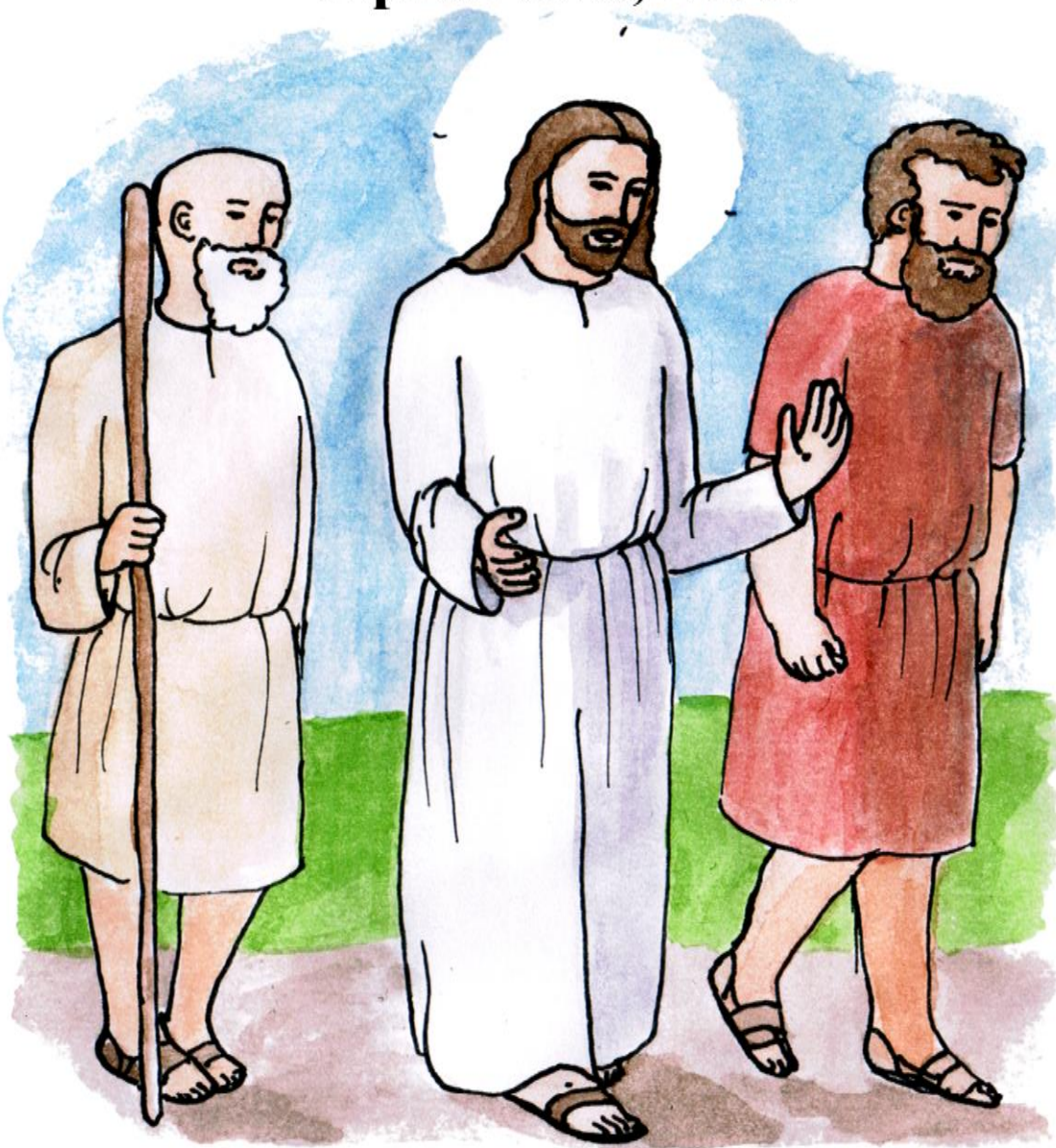
Full schedule of Parish Livestream Masses:
<https://www.catholicyc.ca> | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#)

Resources

- [Sacraments & Liturgies](#)
- [Spiritual Resources](#)
- [Sacrament Preparation](#)
- [Online Formation Opportunities](#)

The Kids' Bulletin

Third Sunday of Easter
April 23rd, 2023



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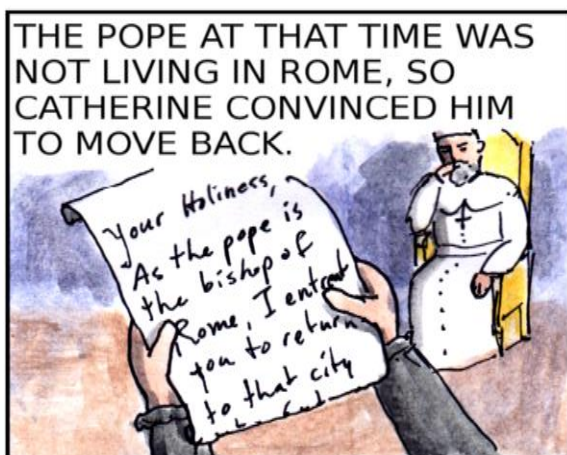
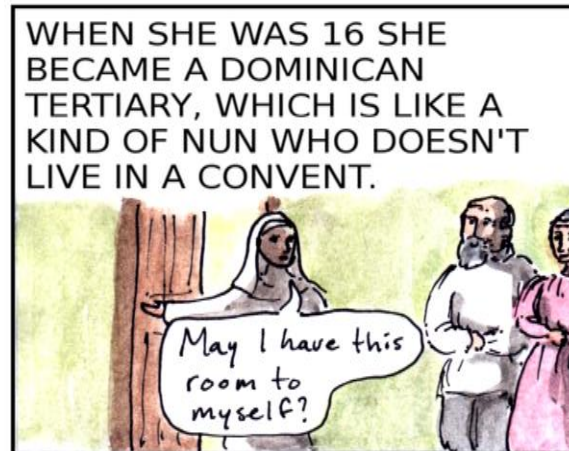
*The disciples on the road to Emmaus didn't recognize Jesus at first. How did they recognize Him eventually?
Use the code to find out!*

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Saint Catherine of Siena

April 29



CATHERINE ALSO HAD GREAT PHYSICAL SUFFERING. OFTEN SHE LIVED ON ALMOST NO FOOD OTHER THAN HOLY COMMUNION. SHE RECEIVED THE WOUNDS OF CHRIST AND ASKED GOD TO LET HER CARRY THE SINS OF THE WORLD. WE CAN LEARN FROM HER TO PRAY FOR THE HOLY FATHER AND DEFEND HIM.

Picture Puzzle: The Road to Emmaus

How well do you know the story of the two disciples on the road to Emmaus?
Figure out the order of the pictures and put the appropriate numbers in the corners.



Reading the Scriptures

In today's Gospel reading two disciples were walking together and thinking sadly about how Jesus had just been tortured and killed. Then Jesus started walking with them- but they didn't recognize Him. He explained to them what the Scriptures had said about Him suffering and dying. He helped them to understand what God's plan had been.



Every time we go to Mass we hear about Jesus in the Gospel reading. But we don't need to wait until Mass to learn about Jesus. You can read the Bible every day. God wants us to know Him better so we can love Him more. And the more we love Him the happier we will be.

Do you have a children's Bible? Maybe your Mom or Dad can read to you from the big Bible a little every morning or night. Reading saint stories also helps us to know God through His friends. Try to read or listen to some of the Bible or the life of a saint every day!



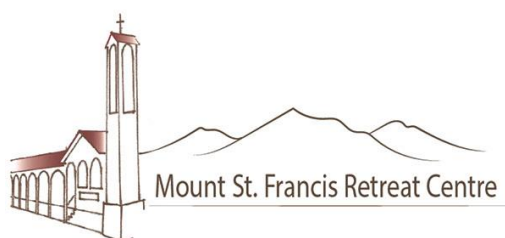
Answer to puzzle on front: In the Breaking of the Bread.
Answer to picture puzzle inside:
Top- 4, 1 middle- 2, 6 bottom- 3, 5.

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holyfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESOND to it, you can forward it to contact@holyfamilymh.ca so it can be sent to the diocese.