



Welcome to HOLY FAMILY PARISH

JANUARY 22, 2023 – 3RD SUNDAY IN ORDINARY TIME - YEAR A

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Phone 403-527-6933
Facebook: [Medicine Hat Holy Family Parish](#) ~ YouTube: [Medicine Hat Holy Family Church](#)
Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid & Fr Naveed Arif
& Deacon Robert Risling

RECONCILIATION...

Friday 9:30am–10:30am. & Saturday 3:30–
4:45pm. Or by Appointment

MASS TIMES... MONDAY to FRIDAY at 9:00AM

FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM
SUNDAY at 8:30AM, 10:30AM & 6:00PM

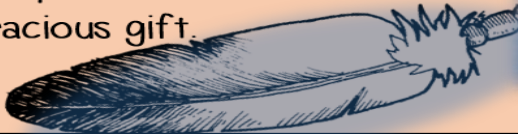
THE CHAPEL IS OPEN

MONDAY - FRIDAY 9:30am - 4:00pm
ADORATION FRIDAY 9:30 – 10:30am

Knights of Columbus - Kirby Peterson
Catholic Women's League - Marjorie Bowlby

Parish Pastoral Council Chair - Gary Heinbecker
Parish Finance Committee Chair - Cheryl Pocsik

We acknowledge that Treaty 7 territory,
on which we stand, is the ancestral land
of the Indigenous peoples and is common
home to everyone in virtue of God our
Creator's gracious gift.



3rd Sunday in Ordinary Time

The Word of God Living Among Us

The Word is first spoken in Jesus who is, in fact, the very spoken Word of God. And when this Word himself speaks, things happen. Hear the gospel today: Jesus invites; Peter and Andrew follow right away. James and John immediately do the same. We also believe this: Jesus not only spoke long ago; when Scripture is read aloud in prayer, Jesus speaks today?

- † What does Christ say to me in these Sunday readings?
- † What "darkness" needs dispelling by his word?
- † What word that I hear will I proclaim? To whom? When?

Sunday's Readings

1st Reading: Isaiah 9.1-4

In Galilee of the nations, the people have seen a great light.

Responsorial Psalm: 27.1,4,13-14(R.1a)

R. The Lord is my light and my salvation.

2nd Reading: 1 Corinthians 1.10-13,17-18

I appeal to you that all of you be in agreement and that there be no divisions among you.

Gospel: Matthew 4.12-23

Jesus made his home in Capernaum so that what had been spoken through the prophet Isaiah might be fulfilled.

JANUARY 22, 2023 – 3RD SUNDAY IN ORDINARY TIME - YEAR A

OPERATING FINANCES	
DECEMBER 1-31, 2022	
Operating Budget 2022	\$ 59,708
General Envelope Collection	\$ 80,779
Loose Collections	\$ 4,900
Future Development	\$ 7,328
Sale of Church Supplies & Other	\$-2,572
\$ 90,435 - Budget Vs Actual	\$ 30,727
SPECIAL COLLECTIONS	
Together in Action (TIA)	\$ 15,939
St Vincent de Paul	\$ 5,986
World Mission	\$ 25
Clergy Retirement	\$ 25
Mission Mexico	\$ 1,769
CARO	\$ 75
Seminary Fund	\$ 40
Catholic Education	\$ 30
Holy Land, Peace & Development, Disaster Relief	\$ 150
Ukraine Relief	\$ 1,300
<i>Thank You for your Generous Contributions</i>	
Average Weekly Attendance	779



**“Follow me, and
I will make you
fish for people.”**

Matthew 4: 12-23

3rd Sunday in Ordinary Time – Year A

MARK YOUR CALENDARS

January 21 ~ 10:00am ~ Hope Room

Benedictine Group Meeting

January 23 ~ 7:00pm ~ Faith Room

Horizons of Hope Palliative Care Workshop

January 21 ~ 10:00am ~ Hope Room

Benedictine Group Meeting

January 23 ~ 7:00pm ~ Faith Room

Horizons of Hope Palliative Care Workshop

January 25 ~ 9:00am ~ Faith Room

Bible Study

January 25 ~ 7:00pm ~ Faith Room

RCIA

January 26 ~ 2:00pm ~ Hope Room

Grief Share

January 28 ~ 10:00am ~ HFP Hall

That Man is You

January 28 ~ 10:00am ~ Hope Room

Benedictine Group Meeting

February 14 ~ 6:30pm ~ HFP Church & Hall

Marriage Vow Event

LENT

February 22 ~ 9:00am & 6:30pm ~ HFP Church

Ash Wednesday Masses

February 26-28 ~ HFP Church

Lenten Mission with Fr. Mike Bombak

† Masses & Mass Intentions †

Saturday, January 21

5:00pm ~ Deceased Ciona Family †

Sunday, January 22

8:30am ~ Holy Family Parish

10:30am ~ John & Catherine Greenwald †

6:00pm ~ Derrick Risling †

Monday, January 23

9:00am ~ Joe Klotz †

Tuesday, January 24

9:00am ~ Jerry Fitzgerald

Wednesday, January 25

9:00am ~ Fr. Rodel Abanto

Thursday, January 26

9:00am ~ Boyd Hallman †

Friday, January 27

9:00am ~ Joan Murray †



Horizons of Hope

Almost 300 participants came out for the 1st Module of the Horizon of Hope series. Thank you all for your participation and promotion of the workshop.

All are invited to join **Horizons of Hope** to learn and reflect upon end-of-life issues, as well as to promote the need for excellent palliative care.

Next workshop: **Monday, Jan. 23 (7 to 9 pm)**
Accompanying Those at the End of Life



Marriage Vows Renewal Event

Friday, February 10th

at 6:30pm \$25 per couple

Beginning with the Liturgy of the Word followed by wine & cheese in the Parish Hall with entertainment.

Tickets go on sale this weekend.

Available at weekend masses or from Holy Family Parish or St. Patrick's Parish offices.

All married couples are encouraged to join this event.

Sacramental Preparation

Confirmation Class - HFP Faith Rm

Thursday, February 2 at 6:00pm

1st Communion Parent Meeting

Holy Family Parish Hall

Thursday, February 2 at 6:30pm

1st Communion Class

Holy Family Parish Faith Room

Sunday, February 5 at 10:15am



**Sir Knights of
Bishop Carroll Assembly
MEETING**

SUNDAY JANUARY 29TH

2:00 PM

St. Patrick Church Hall Meeting Room

St. Patrick's Parish Hiring Custodian/Janitor

This is a part time position up to 15 hrs per week, there will be no requirement for maintenance work, strictly cleaning and some moving of tables for functions etc. areas to be cleaned include the Main Church, choir loft, Basement meeting hall, main kitchen, washrooms, stairwells, small kitchen, and adjoining areas, (not including Rectory or Office areas) Experience in janitorial duties preferred.

Please submit a resume to the Office no later than 2.00 pm. Friday 27th January 2023. Interviews for applicants will be held upon the return of Father Roque in Mid February 2023

For more information contact the Office 403-526-2265 or Philip Buisseret Chairman, Building and Maintenance Committee, 403-581-3116.

THAT MAN IS YOU!

Holy Family Parish Hall

Breakfast 7:30am

Presentation

8:30 – 9:30 am

January 21, 2023

Theme:

The Path of Life

Presenter:

Mike DiCosola



THAT MAN IS YOU!

Holy Family Parish Hall

Breakfast 7:30am

Presentation

8:30 – 9:30 am

January 28, 2023

Theme:

The Last
And a Few in Between

Presenter:

Dr. Michael Gormley



RESOUND

A Time of Prayer & Music

Sunday, January 29th @ 7:00pm

St. Patrick's Parish

↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓↓

****REMINDER TO BOOK ROOMS****

DO NOT ASSUME YOU CAN JUST GO IN...

IT MIGHT BE BOOKED ALREADY!!!

EMAIL SCAMS AGAIN FROM FR. IQBAL AND ST. PATRICK'S

NOBODY is going to ask you for gift cards,
or bit coins! **NOBODY!!!**

If you get an email or a text,

PLEASE DO NOT RESPOND to it, **JUST DELETE IT!**

HEALING & GIFTS OF THE HOLY SPIRIT WORKSHOP

Friday, January 27th (6:30 p.m.) & Saturday, January 28th
(8:30 a.m. to 3:30 p.m.)

Assumption Hall -2405 - 12 Avenue South, Lethbridge

Friday Workshop: *Receiving the infusion of the Holy Spirit.*

Saturday Workshops: *Tongues, Prophecy, Wisdom,
Knowledge, Resting in the Spirit & Intro to Healing.*

Registration:

Email kfabbi@gmail.com or Ken 403-331-8923

Sunday 10:30am Mass on YOUTUBE

Medicine Hat Holy Family Church Live Stream

https://www.youtube.com/channel/UCG6zK-XzuXdHj79rV6ut_Q



Saturday March 4th
Medicine Hat
Lodge Ballroom.

Early Bird tickets \$100 per person, or \$800 per table. After
January 31st, \$110 per person, or \$800 per table.
Doors Open at 4:30pm (check out the silent auction!)
Cocktails: 5-6:30pm with music by Taking August
Dinner: 7:00pm
Dance: 10:00pm with music by The Hip Katz
Tickets at 403-527-8223 or emailing info@mhwss.ca.

Our Lady of the Assumption Prayer Community
offers two weekly Virtual Zoom sessions. Each
Wednesday there is a Charismatic Prayer Group
and Thursday there is a program called DIALOGUE,
which offers sharing and teaching experiences to
charge and strengthen the Christian Community.

More information: Ken Fabbi

403-331-8923

healing-workshops-subscribe@googlegroups.com

Listen to Mass on your phone...
Download the "Audio Fetch" app.
Our Network is: HFP_LIVE
The Password is: Liv3HFP*



catholiccyc.ca/Faithfully

Faithfully keeps you updated with what's
happening in and around our Diocese!

FORMED.org

THE CATHOLIC FAITH.
ON DEMAND.

LOG IN WWW.FORMED.ORG

- Go to Formed.org
- Enter our PARISH CODE: **GPQWK7**

Create a personal account with your personal username/email and password.

- Start enjoying the best Catholic content all in one place!

IMPORTANT: Do not sign up as an individual. Our parish access code provides more
content than an individual subscription and it costs you nothing!

E-transfer
ONLINE GIVING



accounting@holymfamilymh.ca



3rd Sunday in Ordinary Time Year A

January 22, 2023

SHARING IN HIS DIVINE LIFE

As we continue our faith journey in Ordinary Time, we are being invited to examine our lives to see if we can share in his divine life who died on the Cross to give us eternal life. I do not know how many of us really notice that a priest adds a drop of water into the chalice and says a prayer “By the mystery of this water and wine may we come to share in the divinity of Christ who humbled himself to share in our humanity”. This short prayer which is said in silence reminds us of our creation on God’s image and then God taking on our image “he took flesh and dwelt among us” as St. John says in his Gospel. Notice at the conclusion of our prayer we never say, “through the Holy Spirit” but rather “through Jesus Christ, your Son, our Lord.” Through the mystery of the Incarnation, Jesus Christ became man, the mediator of God and man. He is a priest forever according to the order of Melchizedek. By shedding his own blood, he entered once and for all into the Holy Places. He did not enter a place made by human hands, a mere type of the true one; but he entered heaven itself, where he is at God’s right-hand interceding for us. Quite correctly, the Church continues to reflect this mystery in her prayer. This mystery of Jesus Christ the high priest is reflected in the apostle Paul’s statement: Through him, then, let us always offer the sacrifice of praise to God, the fruit of lips that profess belief in his name. We were once enemies of the Father but have been reconciled through the death of Christ. Through him then we offer our sacrifice of praise, our prayer to God. He became our offering to the Father, and through him our offering is now acceptable. It is for this reason that Peter the apostle urges us to be built up as living stones into a spiritual house, a holy priesthood to offer spiritual sacrifices pleasing to God through Jesus Christ. This then is the reason why we offer prayer to God our Father, but through Jesus Christ our Lord. When we speak of Christ’s priesthood, what else do

we mean than the incarnation? Through this mystery, the Son of God, though his state was divine...emptied himself to assume the condition of a slave. As a slave, he humbled himself and in obedience he even accepted death. Even though he possessed equality with the Father, he became a little less than the angels. Always equal to the Father, the Son became a little less because he became a man. Christ lowered himself when he emptied himself to assume the condition of a slave.

By this condition, Christ, the only begotten Son of God, though himself ever remaining God, became a priest. To him along with the Father, we offer our sacrifice. Yet, through him the sacrifice we now offer is holy, living and pleasing to God. Indeed, if Christ had not sacrificed himself for us, we could not offer any sacrifice. For it is in him that our human nature becomes a redemptive offering. When we offer our prayers through him, our priest, we confess that Christ truly possesses the flesh of our race. Clearly the Apostle refers to this when he says: Every high priest is taken from among men. He is appointed to act on behalf of these same men in their relationship to God; he is to offer gifts and sacrifices to God. We do not, however, only say "your Son" when we conclude our prayer. We also say, "who lives and reigns with you in the unity of the Holy Spirit." In this way we commemorate the natural unity of the Father, Son and Holy Spirit. It is clear, then, that the Christ who exercises a priestly role on our behalf is the same Christ who enjoys a natural unity and equality with the Father and the Holy Spirit.

I guess sharing in his divine nature, we are able to see him in other people and care for them just as in the following story...

There once was a farmer who grew the most excellent wheat. Every season he won the award for the best wheat in his county. A wise woman came to him to ask him about his success. He told her that the key was sharing his best seed with his neighbors so they could plant the seed as well. The wise woman asked, "How can you share your best wheat seed with your neighbors when they compete with you every year?" "That's simple," the farmer replied. "The wind spreads the pollen from everyone's wheat and carries it from field to field. If my neighbors grew inferior wheat, cross-pollination would degrade everyone's wheat, including mine. If I'm to grow the best wheat, I must help my neighbors grow the best wheat as well."

In the Dogmatic Constitution on Church of Vatican Council II we read it is written the following "In his wisdom and goodness the eternal Father created the whole world according to his supremely free and mysterious purpose and decreed that men should be raised up to share in the divine life. When they fell in Adam, he did not abandon them but always kept providing them with aids to salvation, in consideration of Christ, who is the image of the invisible God, the firstborn of all creation. Before the ages the Father already

knew all the elect and predestined them to be made into the likeness of his Son, so that he should be the firstborn among many brothers. God resolved to gather into holy Church all who believe in Christ. The Church, foreshadowed even from the beginning of the world, so marvelously prepared in the history of the people of Israel, established in these last times and revealed by the outpouring of the Holy Spirit, will be made perfect in glory at the end of time. Then, as we read in the Fathers of the Church, all the righteous from Adam onward—from Abel, the righteous, to the last of the elect—will be gathered in the universal Church in the presence of the Father.

Finally, those who have not yet received the Gospel are in their different ways related to God's people. In the first place, there is that people which was given the covenants and the promises and from which Christ was born by human descent: the people which is by God's choice most dear on account of the patriarchs. God never repents of his gifts or his call. God's plan of salvation embraces those also who acknowledge the Creator. Among these are especially the Mohammedans; they profess their faith as the faith of Abraham, and with us they worship the one, merciful God who will judge men on the last day".

I believe God himself is not far from those who seek the unknown God in darkness and shadows, for it is he who gives to all men life and inspiration and all things, and who as Savior desires all men to be saved. Eternal salvation is open to those who, through no fault of their own, do not know Christ and his Church but seek God with a sincere heart, and under the inspiration of grace try in their lives to do his will, made known to them by the dictates of their conscience. Nor does Divine Providence deny the aids necessary for salvation to those who, without blame on their part, have not yet reached an explicit belief in God, but strive to lead a good life, under the influence of God's grace. Whatever goodness and truth are found among them is seen by the Church as a preparation for the Gospel, and as given by him who shines on all men, so that they may at last have life. Prophet Isaiah rightly says, "There will be no gloom for those who were in anguish". Those who follow the Lord will never live in darkness but enjoy his divinity who shared our humanity. Jesus being the light of the world, illumines the hearts of everyone who come to him.

This Sunday's Gospel recounts the beginnings of the public life of Jesus in the cities and villages of Galilee. His mission does not begin in Jerusalem, the religious centre and the social and political centre, but in an area on the outskirts, an area looked down upon by the most observant Jews because of the presence in that region of various foreign peoples; that is why the Prophet Isaiah calls it "Galilee of the Gentiles". It is a borderland, a place of transit where people of different races, cultures, and religions converge. Thus, Galilee becomes a symbolic place for the Gospel to open to all Gentiles. From this point of view, Galilee is like the world of today: the co-presence of different cultures, the

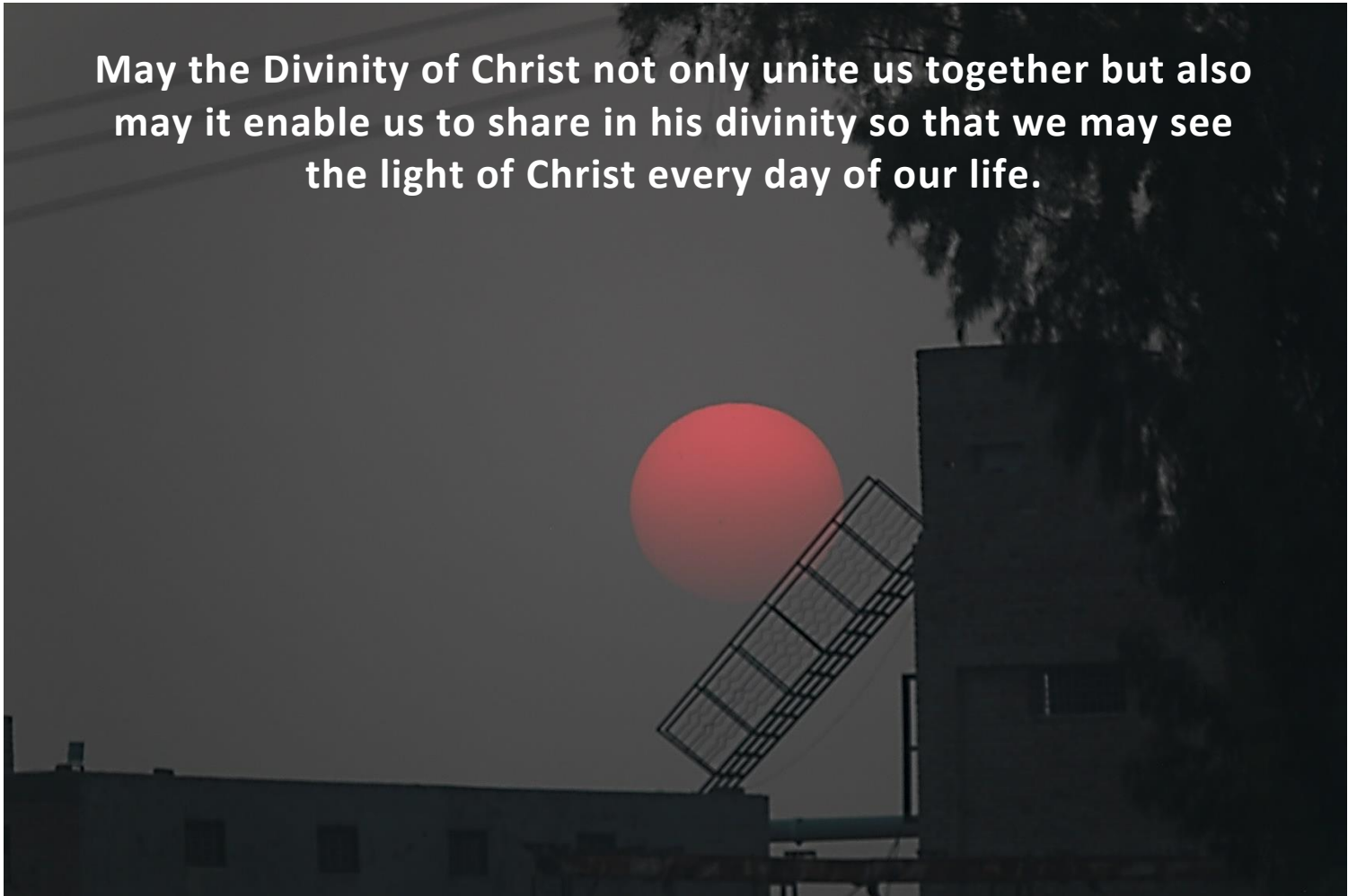
necessity for comparison and the necessity of encounter. We too are immersed every day in a kind of “Galilee of the Gentiles”, and in this type of context we may feel afraid and give in to the temptation to build fences to make us feel safer, more protected. But Jesus teaches us that the Good News, which he brings, is not reserved to one part of humanity, it is to be communicated to everyone. It is a proclamation of joy destined for those who are waiting for it, but also for all those who perhaps are no longer waiting for anything and haven’t even the strength to seek and to ask.

Starting from Galilee, Jesus teaches us that no one is excluded from the salvation of God, rather it is from the margins that God prefers to begin, from the least, to reach everyone. He teaches us a method, his method, which also expresses the content, which is the Father’s mercy. “Each Christian and every community must discern the path that the Lord points out, but all of us are asked to obey his call to go forth from our own comfort zone to reach all the ‘peripheries’ in need of the light of the Gospel”.

Jesus begins his mission not only from a decentralized place, but also among men whom one would call, refer to, as having a “low profile”. Jesus’ message reiterates that of the Baptist, announcing the “kingdom of heaven”. This kingdom does not involve the establishment of a new political power, but the fulfilment of the Covenant between God and his people, which inaugurates a season of peace and justice. To secure this covenant pact with God, each one is called to convert, transforming his or her way of thinking and living. This is important: converting is not only changing the way of life but also the way of thinking. It is a transformation of thought. It is not a matter of changing clothing, but habits! What differentiates Jesus from John the Baptist is the way and manner. Jesus chooses to be an itinerant prophet. He doesn’t stay and await people but goes to encounter them. Jesus is always on the road! His first missionary appearances take place along the lake of Galilee, in contact with the multitude, with the fishermen. There Jesus does not only proclaim the coming of the kingdom of God, but seeks companions to join in his salvific mission. In this very place he meets two pairs of brothers: Simon and Andrew, James, and John. He calls them, saying: “Follow me, and I will make you fishers of men”. The call reaches them in the middle of their daily activity: The Lord reveals himself to us not in an extraordinary or impressive way, but in the everyday circumstances of our life. There we must discover the Lord; and there he reveals himself, makes his love felt in our heart; and there with this dialogue with him in the everyday circumstances of life he changes our heart. The response of the four fishermen is immediate and willing: “Immediately they left their nets and followed him”. We know, in fact, that they were disciples of the Baptist and that, thanks to his witness, they had already begun to believe in Jesus as the Messiah. When choosing his first disciples and future apostles, he does not turn to the schools of scribes and doctors of the law, but to humble people and simple people, who diligently

prepare for the coming of the Kingdom of God. Jesus goes to call them where they work, on the lakeshore: they are fishermen. He calls them, and they follow him, immediately. They leave their nets and go with him: their life will become an extraordinary and fascinating adventure. Remember God does not call the qualified, but he qualifies the called. By calling ordinary fishermen and us, he invites us to share in his divinity as St. Paul says, “in baptism we not only share in his death but also in his resurrection”. This week are also observing Unity Octave which reminds us to pray for unity among the Christians around the globe. St. Paul in the second Reading is reminding everyone to be careful of our divisions and disunity but be united in the Holy Cross of Jesus “For the message of the Cross is foolishness to those who are perishing, but to us who are being saved it is the power of God”.

**May the Divinity of Christ not only unite us together but also
may it enable us to share in his divinity so that we may see
the light of Christ every day of our life.**



DIOCESAN SUNDAY UPDATES

The Third Sunday in Ordinary Time | Sunday of the Word of God

Sunday of the Word of God

Pope Francis has declared that the Third Sunday in Ordinary Time is to be devoted to the celebration, study and dissemination of the word of God “that the life of our people be constantly marked by this decisive relationship with the living word that the Lord never tires of speaking to his Bride” (Aperuit Illis, 2). In 2023 the Sunday of the Word of God falls on January 22.

Lectio Divina 2023

The Seeds of the Word community invites you to an incredible and prayerful experience with the Word of God. To get their Lectio Divina journal for 2023, visit

seedsoftheword.org/lectiodivina

Horizons of Hope - Jan 16

All are invited to join *Horizons of Hope* to learn and reflect upon end-of-life issues, as well as to promote the need for excellent palliative care. Please join the next workshops:

- **Monday, Jan. 23 (7 to 9 pm)** | Module 3: Accompanying Those at the End of Life
- **Monday, Jan. 30 (7 to 9 pm)** | Module 4: Supporting and Integrating Within the



Wider Community

You will be able to choose one of the six following locations: Catholic Pastoral Centre (120 17 Ave SW, Calgary); Ascension Parish, Calgary; St Gerard Parish, Calgary; St. Martha, Lethbridge; Holy Family, Medicine Hat; St James, Okotoks. Register at

catholiccyyc.ca/horizonsofhope

Week of Prayer for Christian Unity | Jan 18-25

The Week of Prayer for Christian Unity is celebrated around the world on **January 18-25**. The 2023 theme for the Week of Prayer for Christian Unity, “Do good,; seek justice.” (Isaiah 1:17). Seek and pray for a deeper understanding of ecumenism. Resources:

weekofprayer.ca

Prayer Services for Week of Prayer for Christian Unity:

- **Tuesday, Jan 24, 11:15 am** - Ambrose University, Calgary

- **Wednesday, Jan 25, 6:30 pm** - Parkdale United Church, Calgary

Save the date: Pastoral Care Ministry Training in March

The Diocese of Calgary will be facilitating a Pastoral Care Ministry Training Course over two sessions: Part 1: Friday, **March 24** and Saturday, **March 25**; Part 2: Friday, **March 31** and **April 1**. More information will be shared with you soon.

Pray for Consecrated Life

World Day for Consecrated Life will be celebrated in the Church on **Thursday, Feb. 2**, and in parishes over the weekend of **Feb. 4-5**. Please pray for all those who have made commitments in the consecrated life, and be sure to thank them on their special day. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.

An Evening with Bishop

God Squad invites all men to come and enjoy a chance to meet Bishop McGrattan for an evening of fellowship on **Thursday, January 26 at 7 pm**. Where: The Cuff & Billy (100, 730 Westwinds Drive NE, Calgary). To register, visit godsquad.ca/evening-with-bishop

TRAiD for MAiD - Jan 24

True Assistance in Dying: Why is MAiD (Medical Assistance in Dying) embedding itself in our country? St. Peter's CWL invites you to attend a session with Peggy Thomson Gibson, MDCM.FRCP(C). She will present how to "Defend the Faith without Raising our Voice" to shed the light of faith through prayer, action and sacrifice. When: **Tuesday, Jan. 24 at 7:45 pm**, at St. Peter's (541 Silvergrove Dr NW Calgary) church hall following the 7 pm Mass. **Livestream** available at st-peters.ca/live-stream | Refreshments will be served.

The War in Ukraine

Ukraine and its people are still in crisis. Let us renew our efforts to pray, fast, and act. Kindly donate through your local parish or online at www.cnewa.org/c and www.devp.org

Career opportunities

- Coordinator & Assistant Coordinator (Casual) - Feed the Hungry, Calgary
- Please visit catholiccycc.ca/careers for more information and application details.

Airdrie Dream Vacation tickets

The Airdrie Knights of Columbus Council 8045 have launched their sixth annual Airdrie Dream Vacation Lottery. The next early-bird draw is set for Valentine's Day Feb. 14, 2023. Tickets can be purchased online at <https://airdriedreamvacation.ca>. There will be a draw of \$2500 dream vacation travel voucher each month starting in April 2023, plus four draws of \$120 in cash.

Wanted: Used or Unused Christmas Cards

With your support, the Mission Council raised \$5,300 to help our brothers and sisters in our home and international missions. Please consider putting aside your used and unused greeting cards for donation to the Mission Council card-making program. You can drop off the cards at your parish office or Catholic Pastoral Centre (120 17 Ave SW, Calgary) during business hours.

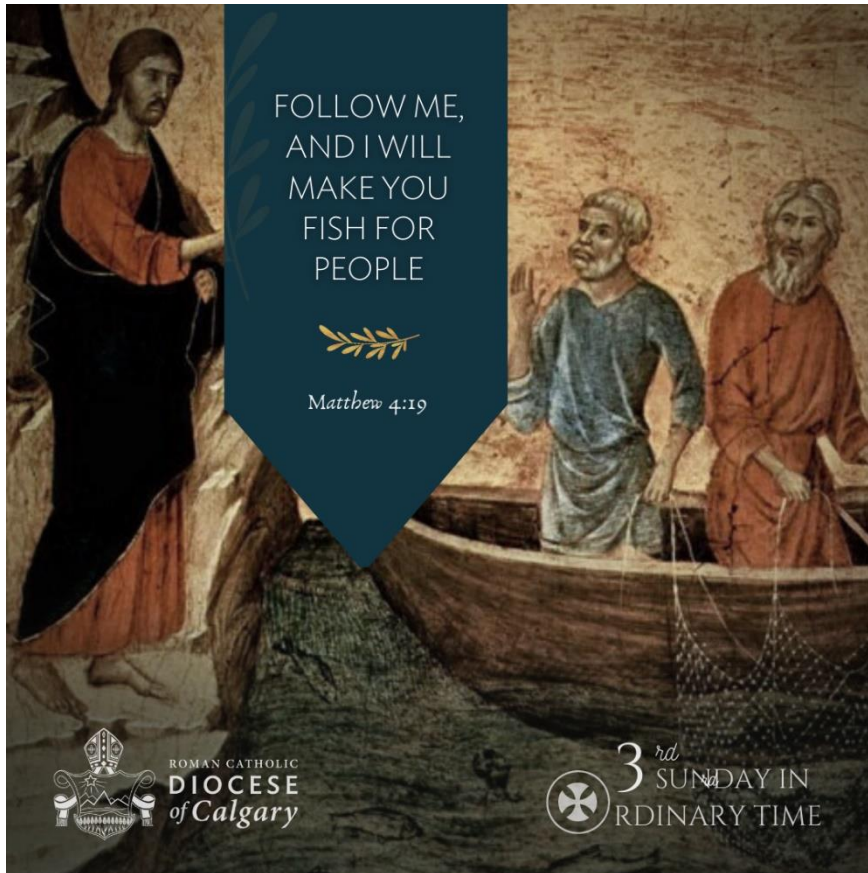
Prison Ministry Volunteers

We need more volunteers to serve during Liturgy of the Word and Rosary prayers in both Calgary Remand Centre and the Calgary Correctional Centre. For more information, visit our website at catholicyc.ca/blog/prison-ministry-lay-volunteers or email Sr. Mariflor at Mariflor.Jacob@calgarydiocese.ca

Pope's Prayer Intention for Educators - Jan 2023

Let us pray that educators may be credible witnesses, teaching fraternity rather than confrontation and helping especially the youngest and most vulnerable above all.

Third Sunday in Ordinary Time



Visit the [Diocesan Event Calendar](#)

Follow us on Social Media
[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:
[Vatican News](#) | [The Sunday Website](#)
[Sunday Connection](#)

Daily and Sunday Mass Prayers & Readings: [CCCB Daily Readings](#) (pick the desired date)

Full schedule of Parish Livestream Masses:
<https://www.catholiccyc.ca> | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#)

Resources

- [Sacraments & Liturgies](#)
- [Spiritual Resources](#)
- [Sacrament Preparation](#)
- [Online Formation Opportunities](#)

Kid's challenge this week: In the Gospel this week, we hear about four men who felt they were doing something very important. Then Jesus asked them to follow him instead. They were fishermen, and they went fishing every day so that they could sell the fish. But these first disciples dropped everything to follow Jesus. Does our family schedule put God first in our family life? What might we do to better reflect that God is our priority?

(Source: Loyola Press)

- [Colouring page this Sunday](#)
- [Kid's Bulletin for this Sunday](#)
- [Sunday Connection for the 3rd Sunday in Ordinary Time](#) (Gr. 1-8)
- [Children's Liturgy of the Word this Sunday](#)
 - [Children's Liturgy sheet for leaders/parents](#) (CAFOD) | [Illustration](#)
 - [Children's Liturgy of the Word with Miss Heidi](#) (Catholic TV)

UNDER SPIRITUAL GUIDANCE OF FR. IQBAL KHURSHID

MAY 13 – MAY 27, 2023 - 15 DAYS

\$5,290.00 INCLUDING TAXES AND TIPS (CALGARY DEPARTURE)



MARIAN PILGRIMAGE TO PORTUGAL, SPAIN & FRANCE

CONNAISSANCE TRAVEL AND TOURS

3852 FINCH AVE EAST, SUITE #306, TORONTO ON, M1T 3T9, TEL: 416 291 2676

FOR MORE INFORMATION AND TO REGISTER PLEASE CONTACT

Agnes: 416-418-3599 agnes@cttour.ca or Maria: 905-334-0559 maria@cttour.ca

The Kids' Bulletin

Third Sunday in Ordinary Time
January 22nd, 2023

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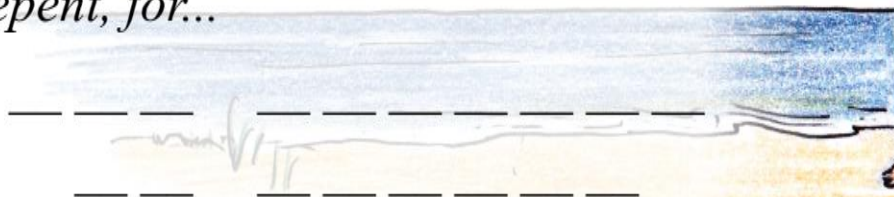
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2 H 10 M 17 E 15 A

18 N 3 E 9 O 4 K

What did Jesus say as He began to
preach by the sea?
Sort out the letters by their numbers to
fill in the blanks.

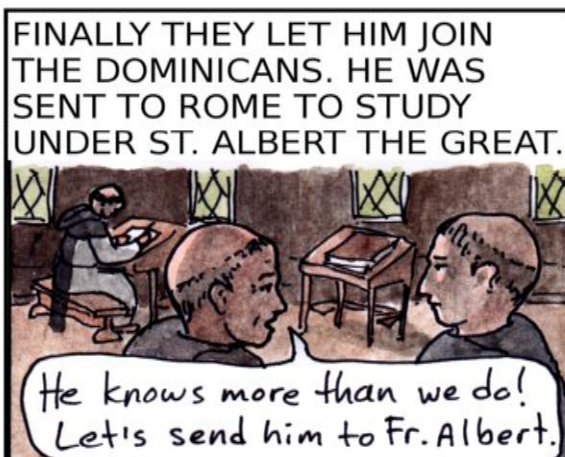
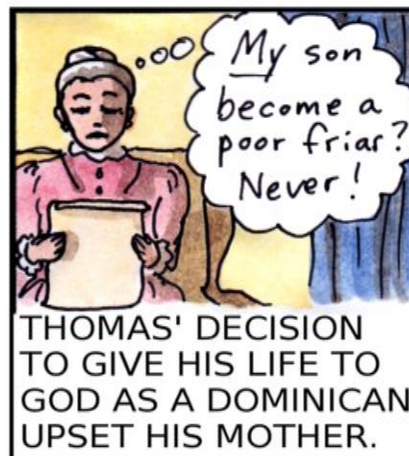
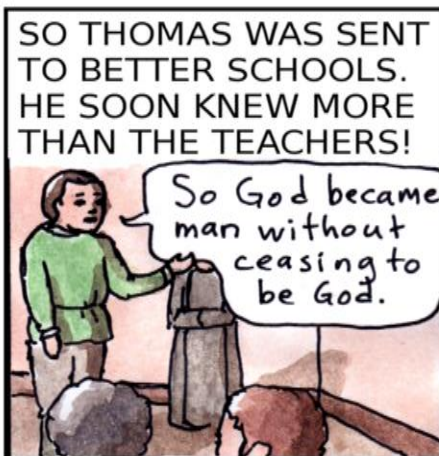
Repent, for...



... is at hand.

Saint Thomas Aquinas

January 28



SAINT THOMAS WROTE A GREAT WORK CALLED THE SUMMA THEOLOGICA, WHICH EXPLAINS MANY THINGS ABOUT GOD, MAN AND CREATION. HE NEVER FINISHED IT, THOUGH, BECAUSE HE REALIZED HE COULD NOT SHOW IN WRITING HOW AWESOME GOD REALLY IS. SAINT THOMAS DIED AT AGE 49.

Unscramble and Fill in the Blanks:

A Prophecy about Jesus...



He people who walked in _ _ _ _ _
have seen a great light;
upon those who dwelt in a land of gloom
a _ _ _ _ _ has shone.

You have brought them abundant _ _ _
and great rejoicing
as they rejoice before you as at the _ _ _ _ _ ,
as people make merry when dividing spoils.

For the _ _ _ _ _ that burdened them,
the pole on their shoulder,
and the rod of their taskmaster
you have _ _ _ _ _ ,
as on the day at Midian.

Unscramble the words below to fill in the blanks
in the prophecy from today's first reading.

OJY	KOEY	SSNAKDRE
GLTHI	EHSMSAD	ASEVHRT

Jesus Tells us to Repent

Today we hear about Jesus beginning His mission of preaching and healing the sick. The very first thing He tells the people is that they should repent from their sins.

Why do we need to repent of our sins? Why don't we just stop thinking about the bad things we did and start trying to be good?

Well, pretend your soul is like a garden. When you sin, it's like making a big hole in the ground. You can't grow flowers in a hole, and someone might trip on it and make the hole bigger. That's what can happen with sins too- little sins can cause bigger ones.

When you are sorry for your sins and go to confession it's like filling in the holes and planting flowers where they used to be. Keep your soul like a good garden and make sure you don't have any holes in it!



Answer to Unscramble puzzle: darkness, light, joy, harvest, yoke, smashed.
Answer to puzzle on front: the Kingdom of Heaven



The Praises of God

Living In Harmony

International Day of Human Fraternity

Wednesday, February 8, 2023

9:00 am – 3:00pm

**Mount St. Francis Retreat Centre
41160 Retreat Rd. (Cochrane)**

**In 2020 the UN Declared February 4 as the *International Day of Human Fraternity*.
In conjunction with *World Interfaith Harmony Week* (Calgary) and in recognition of
International Day of Human Fraternity, Mount St. Francis Retreat Centre
invites you to a day of prayer honoring the God of relationship.**

**Coffee & Muffins – 9:00 am
Prayer and Reflection- 9:30 am
Liturgy - 11:30 am**

**International Luncheon (Cost: \$20)
Prayer and Reflection- 1:30 pm
Closing Ritual and Sharing – 2:30 pm**

**The day is structured around times of shared prayer and personal prayer
based on *The Praises of God* written by St. Francis.**

**Register Early – limited spots.
mtfrancis@shaw.ca 403-932-2021**

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holyfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESOND to it, you can forward it to contact@holyfamilymh.ca so it can be sent to the diocese.