Email: <u>contact@holyfamilymh.ca</u> ~ Website: <u>www.holyfamilymh.ca</u> ~ Phone <u>403-527-6933</u> <u>Facebook: Medicine Hat Holy Family Parish</u> ~ <u>YouTube: Medicine Hat Holy Family Church</u>

Office Hrs. Monday to Friday - 8:30am - 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

#### CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid & Fr Naveed Arif & Deacon Robert Risling

#### RECONCILIATION...

Friday 9:30am-10:30am. & Saturday 3:30-4:45pm. Or by Appointment

MASS TIMES... MONDAY to FRIDAY at 9:00AM
FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM
SUNDAY at 8:30AM, 10:30AM & 6:00PM

THE CHAPEL IS OPEN

MONDAY - FRIDAY 9:30am - 4:00pm

ADORATION FRIDAY 9:30 - 10:30am

Knights of Columbus - Kirby Peterson
Catholic Women's League - Marjorie Bowlby

Parish Pastoral Council Chair - Gary Heinbecker
Parish Finance Committee Chair - Cheryl Pocsik

We acknowledge that Treaty 7 territory, on which we stand, is the ancestral land of the Indigenous peoples and is common home to everyone in virtue of God our

Creator's gracious gift

#### Sunday's Readings

1st Reading: Isaiah 49.3,5-6

I will give you as a light to the nations, that you may be my salvation.

Responsorial Psalm: 40.1+3a, 6, 7-8, 9 (R.7-8)

R. Here I am, I come to do your will.

2<sup>nd</sup> Reading: 1 Corinthians 1.1-3

Grace to you and peace from God our Father and the Rord Pesus Christ.

Gospel: John 1.29-34

Here is the Camb of God who takes away the sin of the world!

#### What Baptism Makes of Us

We begin Ordinary Times this liturgical year full of baptismal reminders. Jesus ranks ahead of John the Baptist and all of us. But though greater, he, in his good Spirit, remains with all of us. In Baptism, we are God's servants, ordained to show God's glory (and not our own), and be about God's saving plan. And like Saint Paul and the Corinthians, we are called to be holy.

- † How will I cherish Baptism today and rest in Christ loving me?
- \* How will I manifest God's glory in some simple word or work?
- \* How will I be holier today than I was yesterday?



#### JANUARY 15, 2023 - 2ND SUNDAY IN ORDINARY TIME - YEAR A

· ·	
OPERATING FINANCES	
DECEMBER 1-31, 2022	
Operating Budget 2022	\$ 59,708
General Envelope Collection	\$ 80,779
Loose Collections	\$ 4,900
Future Development	\$ 7,328
Sale of Church Supplies & Other	\$-2,572
\$ 90,435 - Budget Vs Actual	\$ 30,727
SPECIAL COLLECTIONS	
Together in Action (TIA)	\$ 15,939
St Vincent de Paul	\$ 5,986
World Mission	\$ 25
Clergy Retirement	\$ 25
Mission Mexico	\$ 1,769
CARO	\$ 75
Seminary Fund	\$ 40
Catholic Education	\$ 30
Holy Land, Peace &	\$ 150
Development, Disaster Relief	<b>Ф 130</b>
Ukraine Relief	\$ 1,300
Thank You for your Generous Contributions	

**Average Weekly Attendance** 779

#### † Masses & Mass Intentions †

Saturday, January 14

5:00pm ~ Ben Schafer

Saturday, January 15

8:30am - Myrna Tronside † 10:30am - Domenico D'Amico + 6:00pm - Holy Family Parish

Monday, January 16

9:00am - Tony P Bosch +

Tuesday, January 17

9:00am - Tony & Eugenia Schafer +

Wednesday, January 18

9:00am - Philip Bosch +

Thursday, January 19

9:00am - David Kraft +

Friday, January 20

9:00am - Cawrence Bakanec +

#### Sacramental Preparation

**Confirmation Class - HFP Faith Rm** Thursday, February 2 at 6:00pm **1st Communion Parent Meeting Holy Family Parish Hall** Thursday, February 2 at 6:30pm 1<sup>st</sup> Communion Class **Holy Family Parish Faith Room** Sunday, February 5 at 10:15am

#### MARK YOUR CACENDARS

January 14 - 10:00am - Hope Room

Benedictine Group Meeting

January 15 - 9:30am & 11:30am - HFP Hall

Parish Breakfast after both Morning Masses

January 15 - 10:15am - Faith Room

1<sup>st</sup> Communion Class

January 16 - 7:00pm - Faith Room

Horizons of Hope Palliative Care Workshop

January 18 - 9:00am - Faith Room

Bible Study

January 18 - 7:00pm - Faith Room

RCIA

January 19 - 2:00pm - Hope Room

Grief Share

January 21 - 10:00am - Hope Room

Benedictine Group Meeting

January 23 - 7:00pm - Faith Room

Horizons of Hope Palliative Care Workshop

February 14 ~6:30pm ~ HFP Church & Hall

Marriage Vow Event

#### CENT

February 22 - 9:00am & 6:30pm - HFP Church

Ash Wednesday Masses

February 26-28 -HFP Church

Centen Mission with Fr. Mike Bombak

#### **EMAIL SCAMS AGAIN FROM** FR. IQBAL AND ST. PATRICK'S

NOBODY is going to ask you for gift cards, or bit coins! NOBODY!!! If you get an email or a text, PLEASE DO NOT RESOND to it, JUST DELETE IT!

A Huge thank you to all those who participated in Project St. Nicholas! Together we brought the youth program all of the items requested on their list.

The staff and teens are incredibly thankful!

On behalf of St. Patrick's Church Social Committee, a heartfelt Thank You to all those who participated in any way with the **Ukrainian Christmas Potluck, whether** through donating food, time or talent(s). We couldn't have done it without you. Thanks to your great generosity, we raised \$1,397.95 that will assist Ukrainian **Evacuees in Medicine Hat.** 

#### NOTICE OF ANNUAL GENERAL **MEETING**

Medicine Hat Catholic Schools' **Education Foundation AGM** 



January 17, 2023 at 7:00 p.m. at Medicine Hat Catholic Board Office

All public welcome to attend!

Marriage Vows Renewal Event Friday, February 10th at 6:30pm \$25 per couple

Beginning with the Liturgy of the Word followed by wine & cheese in the Parish Hall with entertainment.

Tickets go on sale this weekend. Available at weekend masses or from Holy Family Parish or St. Patrick's Parish offices.

All married couples are encouraged to join this event.

A good chocolate bar \$3+ A good bottle of wine \$20+ A good meal dining out \$40+ Membership in The Catholic Women's League **PRICELESS** 

" If you want to go fast, go alone; if you want to go far, go together". African Proverb

We are reminded that together we can make a difference.

A reminder to please pay your 2023 League membership of \$40.00 as soon as possible.



Saturday March 4th Medicine Hat Lodge Ballroom.

Early Bird tickets \$100 per person, or \$800 per table. After January 31st, \$110 per person, or \$800 per table. Doors Open at 4:30pm (check out the silent auction!) Cocktails: 5-6:30pm with music by Taking August Dinner: 7:00pm

Dance: 10:00pm with music by The Hip Katz Tickets at 403-527-8223 or emailing info@mhwss.ca.

#### **HEALING & GIFTS OF THE HOLY SPIRIT WORKSHOP**

Friday, January 27th (6:30 p.m.) & Saturday, January 28th (8:30 a.m. to 3:30 p.m.)

Assumption Hall -2405 - 12 Avenue South, Lethbridge

Friday Workshop: Receiving the infusion of the Holy Spirit. Saturday Workshops: Tongues, Prophecy, Wisdom, Knowledge, Resting in the Spirit & Intro to Healing.

Registration:

Email kfabbi@gmail.com or Ken 403-331-8923

Sunday 10:30am Mass on YOUTUBE Medicine Hat Holy Family Church Live Stream https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut Q



#### **HORIZONS OF HOPE**

Almost 300 participants came out to seek better understanding of the human experience of dying and death in the 1st Module of the Horizon of Hope series. Thank you all for your participation and promotion of the workshop. All are invited to join Horizons of Hope to learn and reflect upon end-of-life issues, as well as to promote the need for excellent palliative care. Next workshops:

- Monday, Jan. 16 (7 to 9 pm) | Module: Discerning and Making Decisions at the End of Life
- Monday, Jan. 23 (7 to 9 pm) | Module: Accompanying Those at the End of Life
- Monday, Jan. 30 (7 to 9 pm) | Module: Supporting and Integrating Within the Wider Community

The workshops are offered on Mondays of January 2023, at six locations throughout the diocese.

For more information, visit catholicyyc.ca/HorizonsofHope

Listen to Mass on your phone...

Download the "Audio Fetch" app.

Our Network is: HFP\_LIVE

The Password is: Liv3HFP\*





<u>catholicyyc.ca/Faithfully</u>
<u>Faithfully</u> keeps you updated with what's happening in and around our Diocese!



#### LOG IN WWW.FORMED.ORG

- · Go to Formed.org
- Enter our PARISH CODE: GPQWK7

Create a personal account with your personal username/email and password.

• Start enjoying the best Catholic content all in one place!

IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!





accounting@holyfamilymh.ca



2<sup>nd</sup> Sunday in Ordinary Time ~ Year A

January 15, 2023

#### HE SAVES US

We have been reflecting on the Advent Season and Christmas Seasons for the last few weeks and those weeks filled us with grace of the newborn King who is all wisdom and knowledge. He is the Prince of Peace who not only brings peace to us but to the whole world. St. Athanasius rightly says "By his own wisdom and Word, who is our Lord and Savior Christ, the all-holy Father (whose excellence far exceeds that of any creature), like a skillful steersman, guides to safety all creation, regulating and keeping it in being, as he judges right. It is right that creation should exist as he has made it and as we see it happening, because this is his will, which no one would deny. For if the movement of the universe were irrational, and the world rolled on in random fashion, one would be justified in disbelieving what we say. But if the world is founded on reason, wisdom, and science, and is filled with orderly beauty, then it must owe its origin and order to none other than the Word of God. He is God, the living and creative God of the universe, the Word of the good God, who is God in his own right. The Word is different from all created things: he is the unique Word belonging only to the good Father. This is the Word that created this whole world and enlightens it by his loving wisdom. He who is the good Word of the good Father produced the order in all creation, joining opposites together, and forming from them one harmonious sound. He is God, one and only begotten, who proceeds in goodness from the Father as from the fountain of goodness, and gives order, direction and unity to creation".

He continues to say "By his eternal Word the Father created all things and implanted nature in his creatures. He did not want to see them tossed about at the mercy of their own natures, and so be reduced to nothingness. But in his goodness, he governs and sustains the whole of nature by his Word (who is himself also God), so that under the guidance, providence and ordering of that Word, the whole of nature might remain stable and coherent in his light. Nature was to share in the Father's Word, whose reality is true, and be helped by him to exist, for without him it would cease to be. For unless the Word, who is the very image of the invisible God, the firstborn of all creation, kept it in existence it

could not exist. For whatever exists, whether visible or invisible, remains in existence through him and in him, and he is also the head of the Church, as we are taught by the ministers of truth in their sacred writings. The almighty and most holy Word of the Father pervades the whole of reality, everywhere unfolding his power and shining on all things visible and invisible. He sustains it all and binds it together in himself. He leaves nothing devoid of his power but gives life and keeps it in being throughout all of creation and in each individual creature".

First Reading speaks about an anointed leader in whom God the Father is glorified. He is the one who has become a source of saving the lives of others. Prophet Isaiah, being the Prophet of Good News speaks about the Savior who saves all humankind from slavery and oppression of sin so that we may have eternal life. St. Clement says (who gave his life for the sake of Christ) "God's blessing must be our objective, and the way to win it our study. Search the records of ancient times. Why was our father Abraham blessed? Was it not because his upright and straightforward conduct was inspired by faith? As for Isaac's faith, it was so strong that, assured of the outcome, he willingly allowed himself to be offered in sacrifice. Jacob had the humility to leave his native land on account of his brother, and go and serve Laban. He was given the twelve tribes of Israel. Honest reflection upon each of these examples will make us realize the magnitude of God's gifts. All the priests and Levites who served the altar of God were descended from Jacob. The manhood of the Lord Jesus derived from him. Through the tribe of Judah, kings, princes, and rulers sprang from him. Nor are his other tribes without their honor, for God promised Abraham: Your descendants shall be as the stars of heaven. It is obvious, therefore, that none of these owed their honor and exaltation to themselves, or to their own labors, or to their deeds of virtue. No; they owed everything to God's will. So likewise, with us, who by his will are called in Christ Jesus. We are not justified by our wisdom, intelligence, piety, or by any action of ours, however holy, but by faith, the one means by which God has justified men from the beginning. To him be glory for ever and ever. Amen. What must we do then, brothers? Give up good work? Stop practicing Christian love? God forbids! We must be ready and eager for every opportunity to do good and put our whole heart into it. Even the Creator and Lord of the universe rejoice in his works. By his supreme power he set the heavens in their place; by his infinite wisdom he gave them their order. He separated the land from the waters surrounding it and made his own will its firm foundation. By his command he brought to life the beasts that roam the earth. He created the sea and all its living creatures, and then by his power set bounds to it. Finally, with his own holy and undefiled hands, he formed man, the highest and most intelligent of his creatures, the copy of his own image. Let us make man, God said, in our image and likeness. And God made man, male and female he made them. Then, when he had finished making all his creatures, God gave them his approval and blessing: Increase and multiply, he charged them. We must recognize, therefore, that all upright men have been graced by good works, and that even the Lord himself took delight in the glory his works gave him. This should inspire us with a resolute determination to do his will and make us put our whole strength into the work of living a Christian life".

This second Sunday of Ordinary Time is in continuity with the Epiphany and the Feast of the Baptism of Jesus. The Gospel passage again speaks to us of the manifestation of Jesus. Indeed, after being baptized in the River Jordan, He was consecrated by the Holy Spirit Who came upon Him and was proclaimed Son of God by the voice of the heavenly Father. The Evangelist John, unlike the other three, does not describe the event, but proposes to us the witness of John the Baptist. He was the first witness of Christ. God had called him and prepared him for this. The Baptist cannot hold back the urgent desire to bear witness to Jesus and declares: "I have seen and have borne witness". John saw something shocking, that is, the beloved Son of God in solidarity with sinners; and the Holy Spirit made him understand this unheard-of novelty, a true reversal. In fact, while in all religions it is man who offers and sacrifices something to God, in the event Jesus is God Who offers His Son for the salvation of humanity. John manifests his astonishment and his consent to this newness brought by Jesus, through a meaningful expression that we repeat each time in the Mass: "Behold the Lamb of God, who takes away the sin of the world!".

The testimony of John the Baptist invites us to start out again and again on our journey of faith: to start afresh from Jesus Christ, the Lamb full of mercy that the Father gave for us. Let us be surprised once again by God's choice to be on our side, to show solidarity with us sinners, and to save the world from evil by taking it on fully. Let us learn from John the Baptist not to assume that we already know Jesus, that we already know everything about Him. This is not so. Let us pause with the Gospel, perhaps even contemplating an icon of Christ, a "Holy face". Let us contemplate with our eyes and yet more with our hearts; and let us allow ourselves to be instructed by the Holy Spirit, who tells us inside: It is He! He is the Son of God made lamb, immolated out of love. He alone has brought, He alone has suffered, He alone has atoned for sin, the sin of each one of us, the sin of the world, and my sins. All of them. He brought them all upon Himself and took them away from us, so that we would finally be free, no longer slaves to evil. Yes, we are still poor sinners, but not slaves, no, not slaves: children, children of God!

The 2<sup>nd</sup>
Sunday
in
Ordinary
Time
--Year A

Sus as our Savior who died on the Cross to us?

Behold,
the Lamb of God,
who takes away
the sin of the world.

#### DIOCESAN SUNDAY UPDATES

The Second Sunday in Ordinary Time

#### Horizons of Hope - Jan 16

Almost 300 participants came out to seek better understanding of the human experience of dying and death in the 1st Module of the Horizon of Hope series. Please join the next workshops:

- Monday, Jan. 16 (7 to 9 pm) | Module 2: Discerning and Making Decisions at the End of Life
- Monday, Jan. 23 (7 to 9 pm) | Module 3: Accompanying Those at the End of Life
- Monday, Jan. 30 (7 to 9 pm) | Module 4: Supporting and Integrating Within the Wider



Community

You will be able to choose one of the six following locations: Catholic Pastoral Centre (120 17 Ave SW, Calgary); Ascension Parish, Calgary; St Gerard Parish, Calgary; St. Martha, Lethbridge; Holy Family, Medicine Hat; St James, Okotoks. Register at <a href="mailto:catholicyyc.ca/horizonsofhope">catholicyyc.ca/horizonsofhope</a>

#### Week of Prayer for Christian Unity | Jan 18-25

The Week of Prayer for Christian Unity is celebrated around the world on January 18-25. The 2023 theme for the Week of Prayer for Christian Unity, "Do good," seek justice." (Isaiah 1:17). Seek and pray for a deeper understanding of ecumenism. Resources: <a href="weekofprayer.ca">weekofprayer.ca</a>

#### Wanted: Used or Unused Christmas Cards

With your support, the Mission Council raised \$5300 to help our brothers and sisters in our home and international missions. Please consider putting aside your used and unused greeting cards for donation to the Mission Council card-making program. You can drop off the cards at your parish office or Catholic Pastoral Centre (120 17 Ave SW, Calgary) during business hours.

#### Listening to God and the other | Jan 17

Join speaker Fr. Tim Boyle in a reflection on ministry based on the teachings of the Holy Father. When: **Tuesday, Jan 17 at 10:30 am**. Online or in-person at St. Martha's Parish in Lethbridge. Livestream available at <a href="style="color: blue;">style="color: blue;">style="color: blue;">style="color: blue;">style="color: blue;</a> but the teachings of the Holy Father. When: Tuesday, Jan 17 at 10:30 am. Online or in-person at St. Martha's Parish in Lethbridge. Livestream available at <a href="style="color: blue;">style="color: b

#### **Transitions | begins Jan 17**

The Diocese of Calgary is offering Transitions, 15-week peer led support group for individuals who are working through the pain of separation and divorce toward growth and new life. Every Tuesday, from January 17, 2023 to April 25, 2023, from 7 pm to 9 pm at the Catholic Pastoral Centre (120 – 17th Avenue SW, Calgary). No fee registration. Register at <u>catholicyyc.ca/transitions</u> or call 403-218-5500.

#### **Prison Ministry Volunteers**

We need more volunteers to serve during Liturgy of the Word and Rosary prayers in both Calgary Remand Centre and the Calgary Correctional Centre. For more information, visit our website at <a href="mailto:catholicyyc.ca/blog/prison-ministry-lay-volunteers">catholicyyc.ca/blog/prison-ministry-lay-volunteers</a> or email Sr. Mariflor at <a href="mailto:Mariflo:Marif

#### Dare to Trust | Jan 21

Serra Club of Calgary invites everyone to join their next event featuring Calgary seminarian Samuel O'Ejeregbe. Theme: From England to Alberta: Dare to trust? Don't miss Samuel's testimony of perseverance and fidelity in answering God's call. When: **Saturday, Jan. 21 at 9 am to Noon**, St. Mary's Cathedral. Mass starts at 9 am, followed by refreshments and Samuel's testimony in the Parish Hall. To join the meeting online, contact <a href="mailto:serracalgary@gmail.com">serracalgary@gmail.com</a>

#### Come and see - the Dominican Sisters | Jan 21

Have you ever wondered if "nuns" were still around? What do they do? How do they live? "Come and See" a glimpse of the Sisters way of life and find out! Join the Dominican Sisters, Immaculate Conception Province in Calgary for a day of fun and recollection. Saturday, Jan. 21 from 7:30 am at Our Lady Queen of Peace (Our Lady Queen of Peace, Calgary). More information here

#### TRAiD for MAiD - Jan 24

True Assistance in Dying: Why is MAiD (Medical Assistance in Dying) embedding itself in our country? St. Peter's CWL invites you to attend a session with Peggy Thomson Gibson, MDCM.FRCP(C). She will present how to "Defend the Faith without Raising our Voice" to shed the light of faith through prayer, action and sacrifice. When: **Tuesday, Jan. 24 at 7:45 pm,** at St. Peter's (541 Silvergrove Dr NW Calgary) church hall following the 7 pm Mass. Refreshments will be served.

#### The War in Ukraine

Ukraine and its people are still in crisis. Let us renew our efforts to pray, fast, and act. Kindly donate through your local parish or online at <a href="https://www.cnewa.org/c">www.cnewa.org/c</a> a and <a href="https://www.devp.org">www.devp.org</a>

#### **Career opportunities**

There are a number of employment opportunities that are currently available in the Diocese of Calgary and beyond.

• Coordinator & Assistant Coordinator (Casual) - Feed the Hungry, Calgary Please visit <u>catholicyyc.ca/careers</u> for more information and application details.

#### Airdrie Dream Vacation tickets

The Airdrie Knights of Columbus Council 8045 have launched their sixth annual Airdrie Dream Vacation Lottery. The next early-bird draw is set for Valentine's Day Feb. 14, 2023. Tickets can be purchased online at <a href="https://airdriedreamvacation.ca">https://airdriedreamvacation.ca</a> or after all masses on the weekend at St Paul's Church. There will be a draw of \$2500 dream vacation travel voucher each month starting in April 2023, plus four draws of \$120 in cash.

#### Pope's Prayer Intention for Educators

Please pray the Pope's intention for the month of January:

• Let us pray that educators may be credible witnesses, teaching fraternity rather than confrontation and helping especially the youngest and most vulnerable above all.

#### **Second Sunday in Ordinary Time**



Kid's challenge this week: For most of us, the best way to teach others about God is by living a good life and loving God. If you really do your best to love God then your life will be like St. John the Baptist's and point the way to Jesus. What is something that you can do this week to lead someone to Jesus? (Source: The Kid's Bulletin)

- Colouring page this Sunday
- Kid's Bulletin for this Sunday
- Sunday Connection for the 2nd Sunday in Ordinary Time (Gr. 1-8)
- Children's Liturgy of the Word this Sunday
  - Children's Liturgy sheet for leaders/parents (CAFOD) | Illustration
  - Children's Liturgy of the Word with Miss Heidi (Catholic TV)

Visit the Diocesan Event Calendar

Follow us on Social Media Facebook | Instagram | Twitter

Weekly reflections can be found here: Vatican News | The Sunday Website Sunday Connection

Daily and Sunday Mass Prayers & Readings: <a href="CCCB Daily Readings">CCCB Daily Readings</a> (pick the desired date)

Full schedule of Parish Livestream Masses:

https://www.catholicyyc.ca | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit Salt+Light TV, Shalom World TV, EWTN and Vision TV

#### Resources

- Sacraments & Liturgies
- Spiritual Resources
- Sacrament Preparation
- Online Formation Opportunities

### UNDER SPIRITUAL GUIDANCE OF FR. IQBAL KHURSHID

MAY 13 - MAY 27, 2023 - 15 DAYS

\$5,290.00 INCLUDING TAXES AND TIPS (CALGARY DEPARTURE)



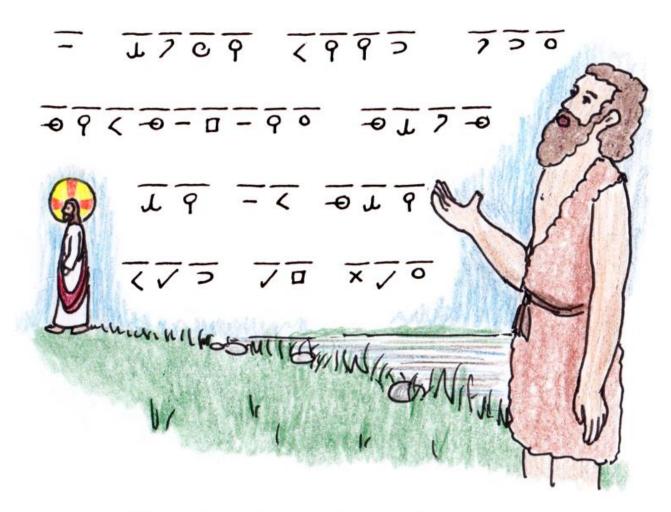
**CONNAISSANCE TRAVEL AND TOURS** 

3852 FINCH AVE EAST, SUITE #306, TORONTO ON, M1T 3T9, TEL: 416 291 2676 FOR MORE INFORMATION AND TO REGISTER PLEASE CONTACT

Agnes: 416-418-3599 agnes@cttour.ca or Maria: 905-334-0559 maria@cttour.ca

# The Kids' Bulletin

Second Sunday in Ordinary Time January 15th, 2023



What did Saint John the Baptist say about Jesus?
Use the code to figure it out!

1090XJ-JV<0C ADEFGHINOSTV

## POPE SAINT FABIAN

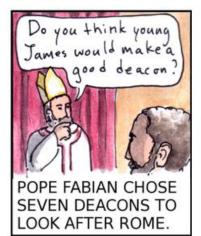
JANUARY 20

SAINT FABIAN
WAS A ROMAN
FARMER. WHEN
THE POPE DIED
HE WENT TO
ROME WHERE
THEY WERE
CHOOSING A
NEW POPE.
SUDDENLY A
DOVE LANDED
ON HIS HEAD.















WHEN THE
GOOD
EMPEROR DIED
THE NEW ONE
STARTED PERSECUTING THE
CHRISTIANS
AGAIN. POPE
FABIAN WOULD
NOT DENY
CHRIST SO HE
WAS KILLED.

WE CAN LEARN FROM THE STORY OF SAINT FABIAN THAT GOD CAN DO GREAT WORK WITH ORDINARY PEOPLE. SAINT FABIAN DID NOT EXPECT TO BECOME POPE, BUT WHEN HE DID HE WORKED HARD FOR THE CHURCH. IF YOU EVER GET CHOSEN TO DO A BIG JOB REMEMBER THAT GOD WILL HELP YOU DO IT.



# HOLOCAUSTO EWITHINOOF ALOWEARSPF RHEARTRAEE DELIGHTCNR DICTOWARDI COMEOMEITN LORDODOFYG OURJUSTICE OBEDIENCEW ILWRITTENL

See if you can find all the words that are in CAPITALS. Use the left over letters to fill in the blanks at the end.

I have WAITED, waited for the LORD, and He stooped TOWARD me and HEARD my cry. And He put a new song in my mouth, a hymn to our God.

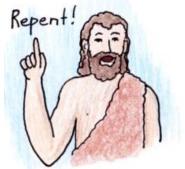
SACRIFICE or OFFERING You wished not, but EARS OPEN to OBEDIENCE You gave me. HOLOCAUST or sin-offerings You sought not; then I said, "Behold I COME."

"In the WRITTEN scroll it is prescribed for me, to do Your will, O my God, is my DELIGHT, and Your law is WITHIN my HEART!"

I announced Your JUSTICE in the vast assembly; I did not restrain my lips, as You, O Lord, know.

\_\_\_\_\_!

# John the Baptist: Was He the Messiah?



Everybody thought that John the Baptist was a great preacher and prophet. Some people thought that he might even be the Messiah who would save their people. But John knew that was not his

job. When Jesus came to him at the river to be baptized, John pointed at Him and told the people, "Behold, the Lamb of God!" He told the people that he was not the great one; Jesus was.

Saint John the Baptist is an example to all of us. If we are really good then our lives will show other people the way to Jesus.

John the Baptist taught the people by telling them to repent of their sins and be baptized. God wants some people to teach about Him by teaching and preaching to the people. But for most of us, the best way to teach others about God is by living a good life and loving



God. If you really do your best to love God then your life will be like St. John the Baptist's and point the way to Jesus.

What is something that you can do today to lead someone to Jesus?

Answer to puzzle on front: I have seen and testified that He is the Son of God.
Answer to Psalm 40 Word-Find: O Lord I come to do Your will.



In 2020 the UN Declared February 4 as the *International Day of Human Fraternity*. In conjunction with *World Interfaith Harmony Week* (Calgary) and in recognition of *International Day of Human Fraternity*, Mount St. Francis Retreat Centre invites you to a day of prayer honoring the God of relationship.

Coffee & Muffins - 9:00 am Prayer and Reflection- 9:30 am Liturgy - 11:30 am International Luncheon (Cost: \$20) Prayer and Reflection- 1:30 pm Closing Ritual and Sharing - 2:30 pm

The day is structured around times of shared prayer and personal prayer based on *The Praises of God* written by St. Francis.

Register Early – limited spots. mtfrancis@shaw.ca 403-932-2021

#### Retreat Centers in Southern Alberta

#### AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.



Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holyfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESOND to it, you can forward it to contact@holyfamilymh.ca so it can be sent to the diocese.