



# Welcome to HOLY FAMILY PARISH



NOVEMBER 20, 2022

SOLEMNITY OF CHRIST THE KING (34<sup>TH</sup> SUNDAY) YEAR C

Email: [contact@holyfamilymh.ca](mailto:contact@holyfamilymh.ca) ~ Website: [www.holyfamilymh.ca](http://www.holyfamilymh.ca) ~ Phone 403-527-6933

Facebook: Medicine Hat Holy Family Parish ~ YouTube: Medicine Hat Holy Family Church

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

## CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid & Fr Naveed Arif  
& Deacon Robert Risling

## RECONCILIATION...

Friday 9:30am–10:30am. & Saturday 3:30–  
4:45pm. Or by Appointment

## MASS TIMES... MONDAY to FRIDAY at 9:00AM

FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM  
SUNDAY at 8:30AM, 10:30AM & 6:00PM

## THE CHAPEL IS OPEN

MONDAY - FRIDAY 9:30am - 4:00pm  
ADORATION FRIDAY 9:30 – 10:30am

Knights of Columbus - Kirby Peterson

Catholic Women's League - Marjorie Bowlby

Parish Pastoral Council Chair - Gary Heinbecker

Parish Finance Committee Chair - Cheryl Pocsik

We acknowledge that Treaty 7 territory,  
on which we stand, is the ancestral land  
of the Indigenous peoples and is common  
home to everyone in virtue of God our  
Creator's gracious gift.



## Sunday's Readings

1<sup>st</sup> Reading: 2 Samuel 5.1-3

The elders anointed David as king of Israel.

Responsorial Psalm: 122.1-5 (R. see1)++

R. Let us go rejoicing to the house of the Lord.

2<sup>nd</sup> Reading: Colossians 1.12-20

God has transferred us into the kingdom of his beloved Son.

Gospel: Luke 23.35-43

Jesus, remember me when you come into your kingdom.

Christ the King  
Sunday



November 20, 2022

## Who Is This Beloved Son?

In today's gospel, we hear the conversations of the two thieves  
with Jesus. It is talk about the Kingdom of Heaven. The  
second reading is worth rereading all week long. It describes  
what we believe about this beloved Son, this firstborn from the  
dead, this Jesus the Christ.

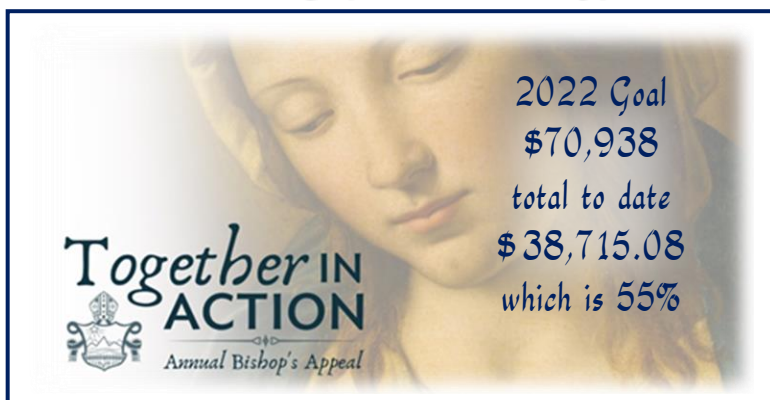
† Spend time with the Apostles' and Nicene Creeds that  
affirm what we believe.

† How can I fall more and more in love with this beloved  
Son?

† What can I do and say to make my way to heaven?

# November 20, 2022 – Solemnity of Christ the King (34<sup>th</sup> Sunday) Year

OPERATING FINANCES	
OCTOBER 1-31, 2022	
Operating Budget 2022	\$ 59,708
General Envelope Collection	\$ 47,216
Loose Collections	\$ 3,236
Future Development	\$ 3,277
Sale of Church Supplies & Other	\$ 4,016
<b>Budget Vs Actual</b>	<b>-\$ 1,963</b>
SPECIAL COLLECTIONS	
Together in Action (TIA)	\$ 3,654
St Vincent de Paul	\$ 3,270
Clergy Retirement	\$ 25
Mission Mexico	\$ 215
CARO	\$ 100
Seminary Fund	\$ 65
Needs of Cdn Church	\$ 175
Ukraine Relief YTD	\$ 22,126
<i>Thank You for your Generous Contributions</i>	
Average Weekly Attendance	812



2022 Goal  
\$70,938  
total to date  
\$38,715.08  
which is 55%

**Together IN ACTION**  
Annual Bishop's Appeal

## Mark Your Calendars

- November 18 ~ 6:30pm ~ Candles, Flowers & Mass  
Knights of Columbus Memorial Mass
- November 19 ~ 7:30am ~ HFP Hall  
That Man is You ~ Breakfast & Presentation
- November 22 ~ 9:45am ~ Faith Room  
You Be You Fitness with MJ Rath
- November 23 ~ 9:30am ~ Faith Room  
Bible Study
- November 23 ~ 7:00pm ~ Faith Room  
R C I A
- November 24 ~ 2:00pm ~ Hope Room  
Grief Share
- November 26 ~ 7:30am ~ HFP Hall  
That Man is You ~ Breakfast & Presentation
- November 26 ~ 1:30-3:30pm ~ HFP Hall  
CWC Ladies Retreat with Seeds of the Word Sisters
- November 26 ~ 27 ~ At All Masses  
Gift Sharing Sunday
- November 27 ~ 9:30 and 11:30am ~ Faith Room  
Charity Breakfast for Seeds of the Word Sisters
- November 27 ~ 2:00pm ~ Faith Room  
Sir Knights of Bishop Carroll Assembly
- November 27 ~ 2:00pm ~ HFP Hall  
Faith & Family Meet Up & Potluck
- December 2 ~ 9:30am to 9:30pm ~ Chapel  
12 Hour Adoration ~ Please spend an hour with Jesus

## † Mass Intentions †



Saturday, November 19

5:00pm ~ Philip Bosch †

Sunday, November 20

8:30am ~ Dominic D'Amico †

10:30am ~ Shirley Martin †

6:00pm ~ Holy Family Parish

Monday, November 21

9:00am ~ Joseph Badura †

Tuesday, November 22

9:00am ~ Albert D'Amour † & William Hecker †

Wednesday, November 23

9:00am ~ Johanna Van Ham

Thursday, November 24

9:00am ~ Pauline Both

Friday, November 25

9:00am ~ Kathy Zezulka †





## Ladies Retreat

November 26, 2022 @ 1:30 to 3:30pm

"Francis, Rebuild My Church"

Sponsored by the CWL



## Advent Mission 2022

Walking with the Lord in Advent

November 28th: Hope Brings Peace

November 29th: Joy is Completed in Love

St. Patrick's - Mass 8:30am - Talk Following

Holy Family - Mass 6:00pm - Talk Following

## Faith & Family



Bring the  
Whole Family

SUNDAY, NOVEMBER 27<sup>TH</sup>, 2:00PM - 4:00PM

GAMES & SPECIAL ACTIVITIES FOR TEENS

FOLLOWED BY A POTLUCK 4:00-5:00PM

BRING SOMETHING TO SHARE

WE CAN THEN ATTEND MASS AT 6:00PM

## The 29<sup>th</sup> Annual GIFT SHARING SUNDAY November 26<sup>th</sup> & 27<sup>th</sup>, 2022



## Sacramental Preparation

Confirmation Parents - HFP Hall

Thursday, November 26 at 10:00am

Confirmation Class - HFP Faith Rm

Thursday, December 1 at 6:00pm

1st Reconciliation Parents - HFP Hall

Thursday, December 1 at 6:30pm

1st Reconciliation Class - HFP Faith Rm

Sunday, December 4 at 10:15am

## Sir Knights of Bishop Carroll Assembly

November 27, 2022 @ 2:00 PM

In the Faith Room at  
Holy Family Church.

I would like as many as  
possible to help  
revive our assembly.



## CHARITY PARISH

## BREAKFAST

NOVEMBER 27

@ 9:30AM &

11:30AM

Ham  
Eggs  
Hash Browns  
Fruit



Cost is \$10 per adult, \$5 for youth and under 6 free

All proceeds going to the Seeds of the Word

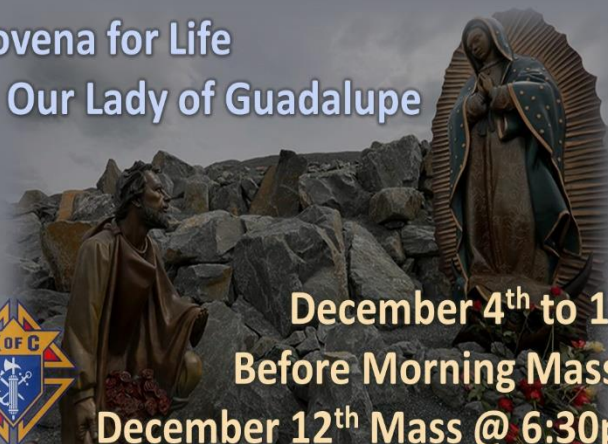
## Novena for Life to Our Lady of Guadalupe



December 4<sup>th</sup> to 11<sup>th</sup>

Before Morning Masses

December 12<sup>th</sup> Mass @ 6:30pm





# 12 Hour Adoration

Friday  
December 2, 2022  
9:30am – 9:30pm



"To gather with God's people in united Adoration of the Father is as necessary to the Christian life as prayer" Martin Luther

All parishioners welcome and encouraged to attend

Sign up sheet available at office during the week, and foyer before Mass, we need 12 volunteers. Thanks

## Advent Penitential Service

St. Patrick's Parish  
December 7 at 7:00pm

Holy Family Parish  
December 8 at 7:00pm



### CWL POTLUCK SUPPER

WEDNESDAY, DECEMBER 7, 2022

CWL members plus 1 guest & member's young children. Bring a dish for 6-8 people, Notify your captain with the numbers that will attend by December 1<sup>st</sup>



DOOR PRIZES

MASS @ 6:00 PM  
SUPPER @ 7:00PM

### Blessing of the Bambinelli

December 10 & 11 Masses

On the Third Sunday of Advent children bring Baby Jesus (Bambinelli) from your family Nativity scene to Mass for a blessing.

**THAT MAN IS YOU!**  
Holy Family Parish Hall  
Breakfast 7:30am  
Presentation  
8:30 – 9:30 am  
November 26, 2022

Theme:  
Pray Like a Saint  
Presenter:  
Matthew Leonard

**TM**  
THAT MAN IS YOU!



### CWL Christmas Raffle

Prizes include Christmas Decor  
Selling tickets before and after  
all weekend Masses

Draw Date  
December 7, 2022



2023 CWL Membership dues are due at \$40.00 this year. Fees can be put in the collection baskets labels CWL.



MEMBERSHIP

### CWL Bake Sale

December 10<sup>th</sup> & 11<sup>th</sup> at all masses.

Donations for bake goods and cash greatly appreciated.





## E-Transfer Donations



accounting@holyfamilymh.ca

# PRAYER & Praise

**CANCELLED FOR NOW!**

In the Holy Family Parish Chapel

Listen to Mass on your phone...  
Download the "Audio Fetch" app.  
Our Network is: HFP\_LIVE  
The Password is: Liv3HFP\*



*Faithfully*  
FAITH. LIVED. FULLY.

[catholiccyyc.ca/Faithfully](http://catholiccyyc.ca/Faithfully)

*Faithfully* keeps you updated with  
what's happening in and around our  
Diocese!

[Sunday 10:30am Mass on YOUTUBE](#)  
[Medicine Hat Holy Family Church Live Stream](#)

[https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut\\_Q](https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q)



UNDER SPIRITUAL GUIDANCE OF FR. IQBAL KHURSHID

MAY 13 – MAY 27, 2023 - 15 DAYS

\$5,290.00 INCLUDING TAXES AND TIPS (CALGARY DEPARTURE)

## MARIAN PILGRIMAGE TO PORTUGAL, SPAIN & FRANCE



CONNAISSANCE TRAVEL AND TOURS

3852 FINCH AVE EAST, SUITE #306, TORONTO ON, M1T 3T9, TEL: 416 291 2676

FOR MORE INFORMATION AND TO REGISTER PLEASE CONTACT

Agnes: 416-418-3599 [agnes@cttour.ca](mailto:agnes@cttour.ca) or Maria: 905-334-0559 [maria@cttour.ca](mailto:maria@cttour.ca)

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LOG IN [WWW.FORMED.ORG](http://WWW.FORMED.ORG)

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**IMPORTANT:** Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!

*Resound*  
*A Time of Prayer & Music*  
Sunday, December 4  
6:30-8:00pm  
St. Patrick's Parish



# ADVENT CALENDAR 2022

## BRING YOUR FAMILY CLOSER IN WELCOMING JESUS!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>27</b> 	<b>28</b> 	<b>29</b> 	<b>30</b> 	<b>1</b> 	<b>2</b> 	<b>3</b> 
<b>4</b> 	<b>5</b> 	<b>6</b> 	<b>7</b> 	<b>8</b> 	<b>9</b> 	<b>10</b> 
<b>11</b> 	<b>12</b> 	<b>13</b> 	<b>14</b> 	<b>15</b> 	<b>16</b> 	<b>17</b> 
<b>18</b> 	<b>19</b> 	<b>20</b> 	<b>21</b> 	<b>22</b> 	<b>23</b> 	<b>24</b> 

**SHOW AFFECTION**  
Express what it is you love or admire in one another

**WORK AS A TEAM**  
Grow closer through team work and by sharing household chores

**HAVE FUN**  
Have fun as a family, be a source of joy for one another

**LISTEN**  
Listen more, and learn how to take better care of one another

**CELEBRATE**  
Celebrate Mass as a family; read, draw together, or talk with one another about stories in the Bible

**GIVE THANKS**  
Thank Jesus for daily blessings; bless one another before each new activity with the sign of the cross on the forehead

**BE OF SERVICE**  
Do something good for others as a family; help care of the poor, lonely and isolated

Nativity of the Lord **25**



**MERRY CHRISTMAS!**  
**IN JESUS, GREATER HOPE**



ROMAN CATHOLIC  
Advent Calendar courtesy of Diocese of Montreal  
**DIOCESE CALGARYDIOCESE.CA**  
of Calgary **f @CALGARYDIOCESE**





Solemnity of Christ the King (34<sup>th</sup> Sunday) Year C

November 20, 2022

## HE REMEMBERS US

Today we conclude our liturgical year with the celebration of the Solemnity of Christ the King which is the crown of the liturgical year. This solemnity invites us to meditate on the humility, love and compassion of the King who became obedient to death even death on a cross. As Prophet Zechariah exclaims: "Rejoice greatly, O daughter Zion! Shout aloud, O daughter Jerusalem! Lo, your king comes to you; triumphant and victorious is he, humble and riding on a donkey, on a colt, the foal of a donkey". Jesus is our King, but he is not a king like other kings or rulers of the world who loves power and wealth, but he is a king who speaks the truth "Jesus answered, "My kingdom does not belong to this world. If my kingdom did belong to this world, my attendants would be fighting to keep me from being handed over to the Jews. But as it is, my kingdom is not here." So, Pilate said to him, "Then you are a king?" Jesus answered, "you say I am a king. For this I was born and for this I came into the world, to testify to the truth. Everyone who belongs to the truth listens to my voice." He is the King of Kings and Ruler of the rulers. He is a king who brings joy into the life of marginalized, rejected, outcast and poor of the society "For he has clothed me with a robe of salvation, and wrapped me in a mantle of justice, like a bridegroom adorned with a diadem, like a bride bedecked with her jewels".

There is beautiful note by Origin, the Priest about Jesus' kingdom to remind us to always believe and trust in him. "The kingdom of God, in the words of our Lord and Savior, does not come for all to see; nor shall they say: Behold, here it is, or behold, there it is, but the kingdom of God is within us, for the word of God is very near, in our mouth and in our heart. Thus, he who prays for the coming of God's kingdom prays rightly to have it within himself, that there it might grow and bear fruit and become perfect. For God reigns in each of his holy ones. Anyone who is holy obeys the spiritual laws of God, who dwells in him as in a well-ordered city. The Father is present in the perfect soul, and with him Christ reigns, according to the words: We shall come to him and make our home with him. Thus, the kingdom of God within us, as we continue to make progress, will reach its highest point when the Apostle's words are fulfilled, and Christ, having subjected all his enemies to himself, will hand over his kingdom to God the Father, that God may be all in all. Therefore, let us pray unceasingly with that disposition of soul which the Word may make divine, saying to our Father who is in heaven: Hallowed be your name; your kingdom come.

He continues to reflect on the Kingdom of God "Note this too about the kingdom of God. It is not a sharing of justice with iniquity, nor a society of light with darkness, nor a meeting of Christ with Belial. The kingdom of God cannot exist alongside the reign of sin. Therefore, if we wish God to reign

in us, in no way should sin reign in our mortal body; rather we should mortify our members which are upon the earth and bear fruit in the Spirit. There should be in us a kind of spiritual paradise where God may walk and be our sole ruler with his Christ. In us the Lord will sit at the right hand of that spiritual power which we wish to receive. And he will sit there until all his enemies who are within us become his footstool, and every principality, power, and virtue in us is cast out. All this can happen in each one of us, and the last enemy, death, can be destroyed; then Christ will say in us: O death, where is your sting? O hell, where is your victory? And so, what is corruptible in us must be clothed with holiness and incorruptibility; and what is mortal must be clothed, now that death has been conquered, in the Father's immortality. Then God will reign in us, and we shall enjoy even now the blessings of rebirth and resurrection".

Jesus being our King always remembers us in our difficulties and suffering. He knows how to cover our weaknesses. He is like a painter who have the power to cover any physical disability or spiritual weakness we have in our life. Once upon a time, there was a Kingdom. The king there only had one leg and one eye, but he was very intelligent and kind. Everyone in his kingdom lived a happy and a healthy life because of their king. One day the king was walking through the palace hallway and saw the portraits of his ancestors. He thought that one day his children will walk in the same hallway and remember all the ancestors through these portraits. But the king did not have his portrait painted. Due to his physical disabilities, he wasn't sure how his painting would turn out. So, he invited many famous painters from his and other kingdoms to the court. The king then announced that he wants a beautiful portrait made of himself to be placed in the palace. Any painter who can carry out this should come forward. He will be rewarded based on how the painting turns up. All the painters began to think that the king only has one leg and one eye. How can his picture be made very beautiful? It is not possible and if the picture does not turn out to look beautiful then the king will get angry and punish them. So, one by one, all started to make excuses and politely declined to make a painting of the king. But suddenly one painter raised his hand and said that I will make a very beautiful portrait of you which you will surely like. The king became happy hearing that and other painters got curious. The king gave him the permission and the painter started drawing the portrait. He then filled the drawing with paints. Finally, after taking a long time, he said that the portrait was ready! All the courtiers, other painters were curious and nervous thinking, how can the painter make the king's portrait beautiful because the king is physically disabled? What if the king didn't like the painting and gets angry? But when the painter presented the portrait, everyone in the court, including the king, were left stunned. The painter made a portrait in which the king was sitting on the horse, on the one-leg side, holding his bow and aiming the arrow with his one eye closed. The king was very pleased to see that the painter has made a beautiful portrait by cleverly hiding the king's disabilities. The King gave him a great reward. Christ the King has painted us with his blood on the Cross with his love. Prophet Isaiah says, "Surely he has borne our infirmities and carried our diseases; yet we accounted him stricken, struck down by God, and afflicted." (53:4).

In the First Reading we read that David is anointed as a King of Israel who ruled the House of Israel for 40 years. He was the man after God's own heart who pleased God and was rewarded by unending kingdom "a shoot will rise from Jesse" to rule over Israel. Even in the Gospel of Luke (1:26-38) we read "and his kingdom will have no end as God will give him the throne of his Father David". Through Christ's Kingdom, people will experience mutual respect and love.

The apostle Paul, in the second reading, taken from the letter to the Colossians, offers us a profound vision of the centrality of Jesus. He presents Christ to us as the first-born of all creation: in him, through him and for him all things were created. He is the centre of all things, he is the beginning: Jesus Christ, the Lord. God has given him the fullness, the totality, so that in him all things might be reconciled (Col 1:12-20). He is the Lord of creation; he is the Lord of reconciliation. This image enables to see that Jesus is the centre of creation; and so, the attitude demanded of us as true believers is



that of recognizing and accepting in our lives the centrality of Jesus Christ, in our thoughts, in our words and in our works. And so, our thoughts will be Christian thoughts, thoughts of Christ. Our works will be Christian works, works of Christ; and our words will be Christian words, words of Christ. But when this centre is lost, when it is replaced by something else, only harm can result for everything around us and for ourselves.

Besides being the centre of creation and the centre of reconciliation, Christ is the centre of the people of God. Today, he is here in our midst. He is here right now in his word, and he will be here on the altar, alive and present amid us, his people. We see this in the first reading which describes the time when the tribes of Israel came to look for David and anointed him king of Israel before the Lord (2 Sam 5:1-3). In searching for an ideal king, the people were seeking God himself: a God who would be close to them, who would accompany them on their journey, who would be a brother to them.

Christ, the descendant of King David, is really the “brother” around whom God’s people come together. It is he who cares for his people, for all of us, even at the price of his life. In him we are all one, one people, united with him and sharing a single journey, a single destiny. Only in him, in him as the centre, do we receive our identity as a people. Finally, Christ is the centre of the history of humanity and the centre of the history of every individual. To him we can bring the joys and the hopes, the sorrows and troubles which are part of our lives.

When Jesus is the centre, light shines even amid the darkest times of our lives; he gives us hope, as he does to the good thief in today’s Gospel. The Gospel in fact presents the kingship of Jesus as the culmination of his saving work, and it does so in a surprising way. “The Christ of God, the Chosen One, the King” appears without power or glory: he is on the cross, where he seems more to be conquered than conqueror. His kingship is paradoxical: his throne is the cross; his crown is made of thorns; he has no sceptre, but a reed is put into his hand; he does not have luxurious clothing but is stripped of his tunic; he wears no shiny rings on his fingers, but his hands are pierced with nails; he has no treasure but is sold for thirty pieces of silver. Christ lowered himself to us out of this love, he lived our human misery, he suffered the lowest point of our human condition: injustice, betrayal, and abandonment.

In the Gospel we can also see that the attitude of people towards Jesus is very insulting and humiliating. They are mocking him without any respect, even a thief who is being punished for his own faults, is scolding Jesus. I believe most of the times we have the same attitude towards Jesus when we ignore his teaching. Many times, we are similar to the nonbelievers who mock, scold and insult Jesus and considered him just a myth. And Holy Father Pope Francis reflecting on the Gospel says “In order to receive the kingship of Jesus, we are called to struggle against this temptation, called to fix our gaze on the Crucified One, to become ever more faithful to him. How many times, even among ourselves, do we seek out the comforts and certainties offered by the world. How many times are we tempted to come down from the Cross. The lure of power and success seem an easy, quick way to spread the Gospel; we soon forget how the Kingdom of God works”.

Jesus being our King concludes his salvific mission with “Today you will be with me in paradise”. And that is the moment when he opens the doors of acceptance to everyone and invites everyone to “come and see”. And as soon as we give God the chance, he remembers us. He is ready to cancel our sin completely and forever because his memory – unlike our own – does not record evil that has been done or keep score of injustices experienced. God has no memory of sin, but only of us, of each of us, we who are his beloved children. And he believes that it is always possible to start anew, to raise ourselves up because he “has written our names on the palms of his hands” and “he will never be unfaithful because he can not deny himself” as St. Paul says.

A King had a male servant who, in all circumstances always said to him; My king, do not be discouraged because everything God does is perfect, no mistakes. One day, they went hunting and a wild animal attacked the king, the servant managed to kill the animal but couldn’t prevent his majesty from losing a

finger. Furious and without showing gratitude, the King said; if God was good, I would not have been attacked and lost one finger.

The servant replied, "Despite all these things, I can only tell you that God is good and everything He does is perfect, He is never wrong". Outraged by the response, the king ordered the arrest of his servant. Later, he left for another hunt and was captured by savages who use human beings for sacrifice. In the altar, the savages found out that the king didn't have one finger in place, he was released because he was considered not "complete" to be offered to the Gods.

On his return to the palace, he authorized the release of his servant and said, "My friend, God was good to me. I was almost killed but for lack of a single finger I was let go. But I have a question; If God is so good, why did he allow me to put you in jail? He replied, "My king, if I had gone with you, I would have been sacrificed because I have no missing finger".

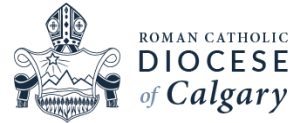
Everything God does is perfect; he is never wrong. Often, we complain about life, and the negative things that happen to us, forgetting that nothing is random, and that everything has a purpose. And God remembers us always despite our shortcomings and failures because he loves us so much that he died on the Cross to save us all and give eternal life.





# DIOCESAN SUNDAY UPDATES

Our Lord Jesus Christ, King of the Universe



## Christ the King



Visit the [Diocesan Event Calendar](#)

Follow us on Social Media  
[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:  
[Vatican News](#) | [The Sunday Website](#)  
[Sunday Connection](#)

Daily and Sunday Mass Prayers & Readings: [CCCB Daily Readings](#) (pick the desired date)

Full schedule of Parish Livestream Masses:  
<https://www.catholiccyyc.ca> | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#)

## Resources for children

- **Kid's challenge this week:** Jesus is a very different kind of king. He is the king of love. He gives us all a chance of new life with him in heaven. Colour in this [illustration of a crown](#) and write words around it that describe the type of king that Jesus is to you (i.e., loving, serving etc.). Think about what kind of leader you would like to be in your own communities or in the world. (CAFOD)
  - [Colouring page this Sunday](#)
  - [Kid's Bulletin for this Sunday](#)
  - [Sunday Connection - Christ the King](#) (Gr. 1-8 & family)
  - [Children's Liturgy of the Word this Sunday](#)

## Resources

- [Sacraments & Liturgies](#)
- [Spiritual Resources](#)
- [Sacrament Preparation](#)
- [Online Formation Opportunities](#)

- Children's Liturgy sheet for leaders/parents (CAFOD) | [Illustration](#)
- [Children's Liturgy of the Word with Miss Heidi](#) (Catholic TV)

## Other Resources & Events

### 1. **Weekly Bulletin info for *People and Planet First* campaign**

Find weekly bulletin information to promote Development and Peace - Caritas Canada's ***People and Planet First*** campaign. Feel free to adapt these messages to your needs. [Download bulletin messages](#)

### 2. **Breakfast with the Bishop at St. Peter's**

Franciscan & Friends Mission invites you to the 13th annual "Breakfast with the Bishop's on **Saturday, Nov. 26 at 8:30 am**, at St. Peter's Church (541 Silvergrove Dr. NW). To register, contact 403-243-1049. [Buy tickets online](#).

### 3. **Pray, fast, and act for Ukraine**

The war in Ukraine rages on with no end in sight. As winter approaches, hundreds of thousands of people will have no heat in their homes, with energy being used as a weapon of punishment. Let us continue to pray, fast, and act. Read the [Pastoral Letter from the Ukraine Bishops of Canada](#).

### 4. **November 2022 Calendar Highlights**

- **Nov 22** | [Pastoral Care: Accompanying in Conflict and Complicated Situations](#) at St. Martha, Lethbridge
- **Nov. 24** | [Memorial Liturgy for those grieving the loss of a child through miscarriage and stillbirth](#)
- **Nov 25** | [Marriage Preparation](#) at Ascension Catholic Parish, Calgary
- **Nov 25-27** | [Live-In Retreat in Coaldale, AB](#)
- **Nov 26** | [Breakfast with Bishop at St. Peter's](#)
- **Nov 26** | [St. Paul's Christmas Market, Airdrie](#)
- **Nov. 26** | [St. Cecilia's CWL Cookie Walk, Calgary](#)
- **Nov 26** | [Lethbridge Region Women's Advent](#)
- **Nov. 26** | [Calgary Region Women's Advent Retreat](#)
- **Nov 26 & 27** | [Advent according to Mary](#)
- **Nov 26** | [St. James' Parish Hall Fundraising](#)
- **Nov 26** | [Parenting Course: First Decisions](#)
- **Nov 27** | [The Seekers Group for unmarried women at CPC](#)
- **Nov 28** | [Billings Ovulation Method Online Introduction](#)
- **Nov 28** | [Advent Ignatian Retreat in Everyday Life at FCJ](#)



- **Nov 28** | [Advent Twilight Retreat "Blessed is the fruit of thy womb, Jesus!" at Martha Centre, Lethbridge](#)
- **Nov 30** | [Advent by candlelight at Ascension Catholic Parish](#)
- **Dec 2&3** | [Festival of Creches | St. Anthony, Calgary](#)
- **Dec 2-4** | [Advent Hope: Life Worth Living at Mount St. Francis](#)
- **Dec 3** | [St. Luke's CWL Christmas Market](#)
- **Dec 4** | [25th Annual Calgary Ukrainian Carol Festival, Calgary](#)
- **Dec 6** | [An Evening with St. Nicholas at Mount St. Francis](#)
- **Dec 7** | [Advent - A family Advent fireside gathering at FCJ](#)
- **Dec 9-11** | [Advent - Winter Stillness Retreat at Mount St. Francis](#)
- **Dec 10** | [Advent Market with Blessed Daughter Ministry](#)
- **Dec 11** | [The joy of Greccio at Mount St. Francis](#)
- **Dec 15** | [Every Star Shall Sing a Carol at FCJ](#)
- **Dec 17** | [A night of Beauty with Bridge Brass Quintet](#)
- To **submit your parish/lay association events** - go to [catholiccyyc.ca/news](https://catholiccyyc.ca/news) and click "Add Event" (please submit description + poster/graphic in JPEG/PNG)

## Worth sharing

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### Subscribe to Faithfully

If you haven't already, please subscribe to the [Diocesan publication Faithfully](#) - to keep you updated with what's happening in our Diocese. Faithfully gives a snapshot of faith at work in the lives of everyday people in our Diocese and provide us with opportunities to spread the Good News of Christ beyond the walls of our churches. New release is coming up this Monday! Subscribe at [catholiccyyc.ca/faithfully](https://catholiccyyc.ca/faithfully)

### National Synodal Report

We invite everyone to read the Synod on Synodality reports.. To read the Diocesan, Western Region and National reports, visit [catholiccyyc.ca/synod](https://catholiccyyc.ca/synod)

### World Youth Day 2023

For information re: SFXC group that will be travelling to Lisbon, Portugal for [World Youth Day in 2023](#), contact SFXC at [sfxc@calgarydiocese.ca](mailto:sfxc@calgarydiocese.ca)

### Pastoral Letter for Young People (CCCB)

The Canadian Conference of Catholic Bishops (CCCB) has issued a Pastoral Letter to Young People in honour of the anniversary of the death of Blessed Carlo Acutis, the first beatified millennial. Read now at [catholiccyyc.ca/blog](https://catholiccyyc.ca/blog).

## Marriage Preparation Courses

**Next course:** Weekend of Nov. 25 at Ascension Parish, Calgary. For more dates, visit our Diocesan website where couples can choose the course date with access to registration and payment [catholiccyyc.ca/marriageprep](http://catholiccyyc.ca/marriageprep)

## Bishops of Canada deepen commitments for healing and reconciliation

The Canadian Conference of Catholic Bishops (Cccb), gathered in the Plenary Assembly last week, agreed upon a series of next steps related to the painful legacy of residential schools. This work builds on previous commitments to promote access to records, educate clergy on Indigenous cultures and spirituality, and contribute \$30 million to healing and reconciliation initiatives across Canada. Read more at [cccb.ca](http://cccb.ca)

## National Synodal Report

We invite everyone to read the Synod on Synodality reports, which is the culmination of a sincere listening exercise that occurred in every diocese across the country. To read the Diocesan, Western Region and National reports, visit [catholiccyyc.ca/synod](http://catholiccyyc.ca/synod)

## National Day of Prayer in Solidarity with Indigenous Peoples | Dec. 12

"This year, we have been blessed to have had a delegation of Indigenous people visit Pope Francis in Rome in order to receive his apology on behalf of the Roman Catholic Church, and again to welcome the Holy Father to this land to hear his words of sorrow as he embarked on his, self described, "Pilgrimage of Penance". Let us take this opportunity to build on the reflections offered by Pope Francis."

The National Day of Prayer in Solidarity with Indigenous Peoples will be celebrated on December 12, the Feast of Our Lady of Guadalupe, Patroness of the Americas.

- Download/print [this reflection](#) from the Canadian Catholic Indigenous Council

## Faith Formation Courses

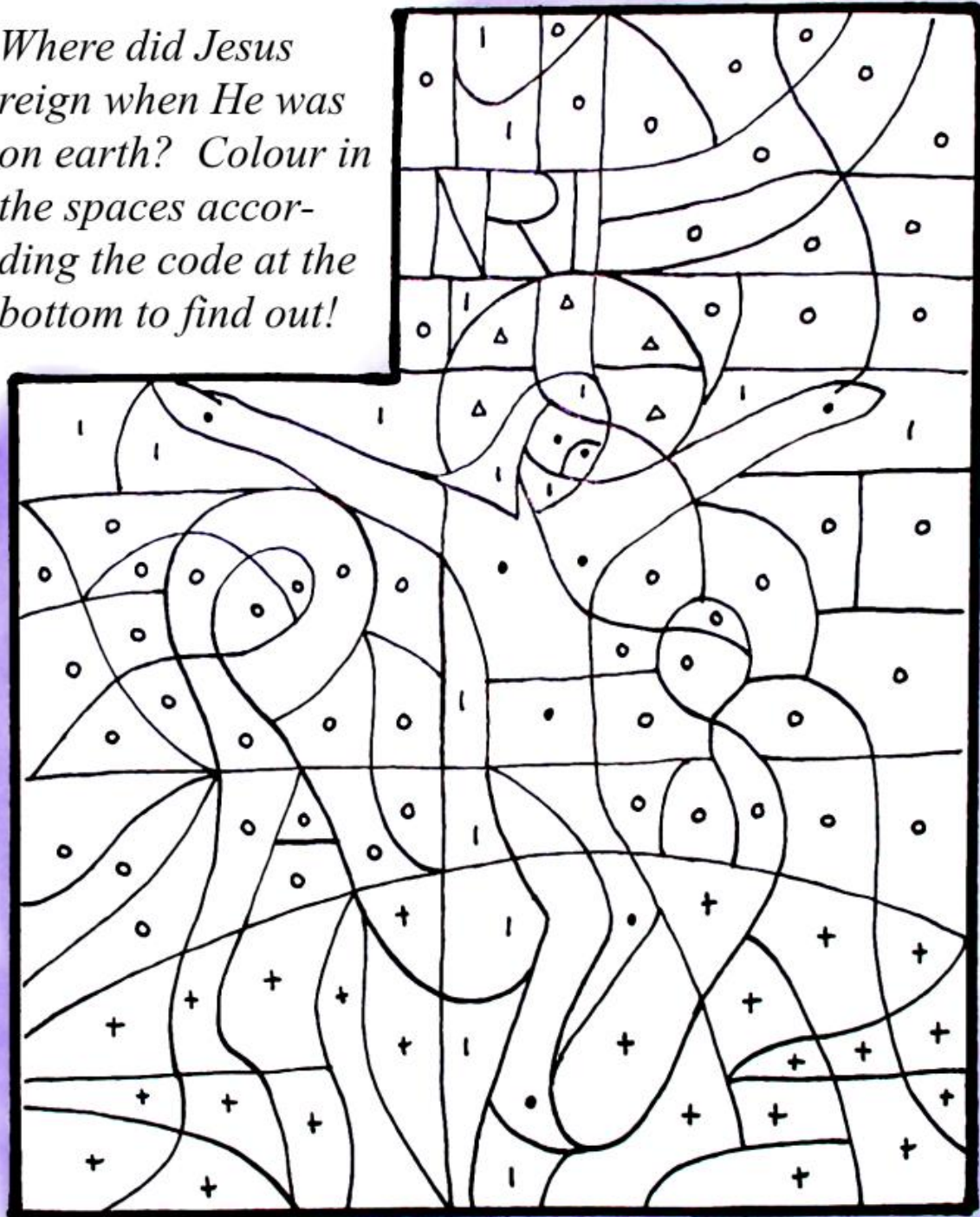
These formation opportunities will help you with your faith journey and to help you grow closer to Christ. Find a list of webinars and courses on our diocesan website [here](#).



# The Kids' Bulletin

November 20th, 2022  
Feast of Christ the King

*Where did Jesus reign when He was on earth? Colour in the spaces according the code at the bottom to find out!*



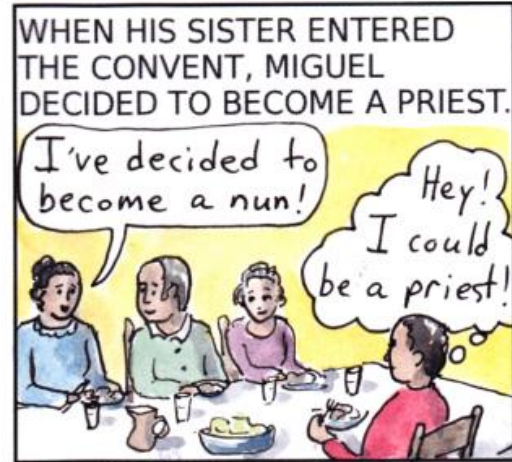
- |               |         |         |
|---------------|---------|---------|
| • skin colour | ◉ blue  | ı brown |
| ▲ yellow      | + green |         |

Luke 23:35-43



# Blessed Miguel Pro

## November 23



BLESSED MIGUEL FORGAVE THE PEOPLE WHO KILLED HIM. WHEN HE WAS ABOUT TO BE SHOT HE SHOUTED, "VIVA CRISTO REY!" WHICH MEANS 'LONG LIVE CHRIST THE KING!' HE GIVES US A GREAT EXAMPLE OF USING OUR TALENTS FOR GOD AND FIGHTING TO THE END, EVEN UNDER PERSECUTION.





# Christ the King

## Word-Find

J E C H U R C H S P  
U T H R O N E S H E  
W O R L D L O V E A  
Y F I J U D G E A C  
J E S U S O O U V E  
A A T S R M E K E C  
M R Y T K I I I N R  
B E G I N N I N G E  
H A P C L I R G O A  
I R O E O O U D D T  
G T O N R N L O G O  
H H R E D E E M E R

*See if you can  
find all the  
words from the  
list at the  
bottom.  
Then put the  
leftover letters  
in the spaces to  
find a little  
prayer you can  
say any time.*



BEGINNING  
CHRIST  
CHURCH  
CREATOR  
DOMINION  
EARTH  
FEAR  
GOD

HEAVEN  
HIGH  
JESUS  
JUDGE  
JUSTICE  
KINGDOM  
LORD

LOVE  
PEACE  
POOR  
REDEEMER  
RULE  
THRONE  
WORLD

\_\_\_\_\_, \_\_\_\_\_  
\_\_\_\_ !

# Christ is the King!

Today is the feast of Christ the King. When Jesus was on earth, many of His followers thought that He was going to be a normal sort of king, with a kingdom and soldiers and everything. Is that what Jesus did?

Before He died, Jesus said that His kingdom was not in this world. Do you know where Jesus' kingdom is?

Did you know that the Kingdom of Heaven is not just in Heaven? It's in the soul of every person who follows Jesus. Do you try to be like Jesus? Is He your king?

Here is a little prayer you can say to Jesus any time you think of Him, maybe every time you see a picture of Him:

*Jesus, you are my King and my God and I love you.  
Help my to be your good servant!*

Make sure you do something special today to celebrate the feast of Christ the King!



[www.thekidsbulletin.com](http://www.thekidsbulletin.com)

Answer to Word-Find puzzle: Jesus, you are my king!



# Retreat Centers in Southern Alberta

## AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.



# 2022 Advent @ Mount St. Francis

TAKE A MOMENT IN THE SEASON

More and more the **Season of Advent** is swept up into the hype of a busy Christmas. The gift of the season is one of preparation, of reflection, of taking time to pause so as to enter into the celebrations and demands with a heart orientated toward the Light. At **Mount St. Francis Retreat Centre**, we provide space for you to come and be: for **prayer**, for **peace** and for **healing** during this sacred season. We invite you to register for any of these Advent Retreats by contacting Deb at 403-932-2012 [mtfrancis@shaw.ca](mailto:mtfrancis@shaw.ca) Monday-Friday, 9:00 am – 4:00 pm.

## **Weekend Retreat – “Advent Hope: Life Worth Living”**

**December 2 - 4                      \$215**

with Friar Joshua and Friar Michael

Our world continues to be bombarded with messages faster and louder. How many speak of hope? How many speak of the gift of life?

Advent gives us a chance to recalibrate and align our living in hope and life-giving ways.

Register with **Linda and Russ Nicol** 403-932-1804  
[lindamnicol50@gmail.com](mailto:lindamnicol50@gmail.com)

## **At A Glance**

**December 2 - 4  
Advent Retreat  
“Advent Hope:  
Life Worth Living”**

**December 6  
Advent Twilight Retreat  
“An Evening with St. Nicholas”**

**December 7  
Advent Day Away  
“Pregnant with the Divine”**

**December 9 - 11  
Winter Stillness Retreat**

**December 11  
Greccio: A St. Francis  
Christmas Pageant**



## Twilight Retreat – “An Evening with St. Nicholas”

Tuesday, December 6

\$30 each

\$15 youth ages 12-17

Registration at 6:00 pm    Supper at 6:30 pm

Enjoy a hearty homecooked meal followed by a guided reflection, time for quiet and moments of shared prayer.

Consider attending as a family (ages 12+)

Consider gifting this Twilight Retreat to a friend or family member.



## Day Away – “Pregnant with the Divine”

Wednesday, December 7

\$30

Registration 8:40 am

The day begins with homemade muffins, includes a reflection, time for quiet, Eucharist, a home-cooked noon meal, prayer prompts and closing ritual.

Consider gifting this Day Retreat to a friend or family member.

## Winter Stillness Retreat

Friday, December 9 – Sunday, December 11

\$215

A quiet weekend, the perfect gift in a busy season. Come and rest. Delicious meals to nourish your body, liturgical prayer to nourish your heart, quiet and nature to nourish your soul.



## The Joy of Greccio: A St. Francis Christmas Pageant

Sunday, December 11

St. Francis of Assisi began the popular tradition of re-enacting the Christmas story in Greccio, Italy. Mount St. Francis has held the Greccio Christmas pageant since 2006. We are excited to welcome you back for this in person outdoor pageant.

**2:15 pm – 5:00 pm – Snacks and Hot Chocolate  
Pageant at 4:15 pm**

**Accepting non-perishable food  
and cash donations for the Cochrane Food Bank.**



# Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

**NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!**

**All our email addresses only end in @holyfamilymh.ca never a @gmail account.**

**If you get an email or a text, PLEASE DO NOT RESOND to it, you can forward it to [contact@holyfamilymh.ca](mailto:contact@holyfamilymh.ca) so it can be sent to the diocese.**