

Glipelcome to HOLY FAMILY PARISH

OCTOBER 23, 2022 - THE 30TH SUNDAY IN ORDINARY TIME

Email: <u>contact@holyfamilymh.ca</u> ~ Website: <u>www.holyfamilymh.ca</u> ~ Phone <u>403-527-6933</u> <u>Facebook: Medicine Hat Holy Family Parish</u> ~ <u>YouTube: Medicine Hat Holy Family Church</u>

Office Hrs. Monday to Friday - 8:30am - 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid & Fr Naveed Arif & Deacon Robert Risling

RECONCILIATION...

Friday 9:30am-10:30am. & Saturday 3:30-4:45pm. Or by Appointment

MASS TIMES... MONDAY to FRIDAY at 9:00AM
FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM
SUNDAY at 8:30AM, 10:30AM & 6:00PM

THE CHAPEL IS OPEN
MONDAY - FRIDAY 9:30am - 4:00pm
ADORATION FRIDAY 9:30 - 10:30am

Knights of Columbus - Kirby Peterson
Catholic Women's League - Marjorie Bowlby

Parish Pastoral Council Chair - Gary Heinbecker
Parish Finance Committee Chair - Cheryl Pocsik

We acknowledge that Treaty 7 territory, on which we stand, is the ancestral land of the Indigenous peoples and is common home to everyone in virtue of God our Creator's gracious gift

Does God Have Favorites?

The first reading asserts that while God, indeed, attends to everyone, there is special attention to the cries of the poor, the weak and the oppressed, the widow and the orphan. (This is why the Church has a preferential option for the poor. See Catechism of the Catholic Church, nos. 2443-2449.) The gospel parable of Jesus contrasts the prayers of a self-righteous religious leader with a despised and shady business man. The question: who is justified. The point: be humble.

- T Why does God, who loves and cares for everyone, favor the poor, the week, the oppressed?
- † What does this tell me about my own prayer?
- Since good prayer leads to good action, what mercy work will I do for those crying out in need?

Sunday's Readings

1st Reading: Sirach 35.15-17, 20-22

The prayers of the humble pierces the heavens.

Responsorial Psalm: 34.1-2, 16-17, 18+22 (R. 6)

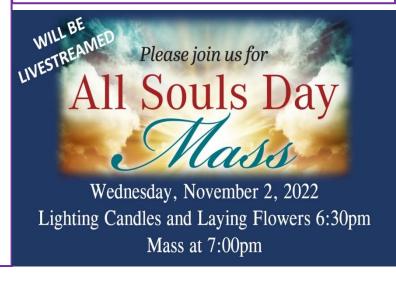
 \mathcal{R} . The poor one called, and the Cord heard.

2nd Reading: 2 Timothy 4.6-8, 16-18

From now on, there is reserved for me the crown of righteousness.

Gospel: Cuke 18.9-14

The tax collector went home justified; not so the Pharisee.



October 16, 2022 - The 29th Sunday in Ordinary Time

OPERATING FINANCES	
SEPTEMBER 1-30, 2022	
Operating Budget 2022	\$ 59,708
General Envelope Collection	\$ 41,461
Loose Collections	\$ 1,826
Future Development	\$ 5,777
Sale of Church Supplies & Other	\$ 1,445
Budget Vs Actual	-\$9,199
SPECIAL COLLECTIONS	
Together in Action (TIA)	\$ 3,729
St Vincent de Paul	\$ 3,083
Clergy Retirement	\$ 25
Mission Mexico	\$ 115
CARO	\$ 100
Seminary Fund	\$ 120
Needs of Cdn Church	\$ 735
Ukraine Relief YTD	\$ 22,075
Thank You for your Generous Contributions	
Average Weekly Attendance	801

† Mass Intentions †

Saturday, October 22

5:00pm - Patricia Hurst +

Sunday, October 23

8:30am - Holy Family Parish 10:30am - Jordan & Haley 6:00pm - Dean & Maria Sehn

Monday, October 24

9:00am - John Royle †

Tuesday, October 25

9:00am - Couise Dennehy †

Wednesday, October 26

9:00am - Nick & Eva Weisgerber +

Thursday, October 27

9:00am - Ben & Alice Koch +

Friday, October 28

9:00am - Simon Schmaltz †



Mark Your Calendars

October 22 - 7:30am HFP Hall

That Man is You - Breakfast & Presentation

October 24 ~ 6:30pm Chapel

Prayer & Praise

October 25 - 9:45am - Faith Room

You Be You Fitness with MJ Rath

October 26 - 7:00pm Faith Room

RCIA

October 27 - 6:00pm Hope Room

Grief Share

October 29 - 7:30am HFP Hall

That Man is You - Breakfast & Presentation

October 29 – 7:00Pm HFP Hall

Faith & Family Kick Off Meeting & Pumpkin Carving

November 1, \sim 6:30pm Church

Monthly Healing Mass

November 2, ~ 6:30pm Church

"All Soul's Day" Memorial Mass

November 6, 2022 - HFP Hall

CWC Fall Supper

November 8, ~ 6:30pm Church

"Mass of the Angels" Memorial Mass



Sacramental Preparation

Confirmation Class - HFP Faith Rm

Thursday, November 17 at 6:00pm

1st Reconciliation Parents - HFP Hall

Thursday, November 17 at 6:30pm

1st Reconciliation Class - HFP Faith Rm

Sunday, November 20 at 10:15am

Confirmation Parents - HFP Hall

Thursday, November 26 at 10:00am

4th Degree Knights of Columbus
Installation of Officers
Sunday October 23, 2022 at 2:00 PM
St. Patrick's Church Hall
Wine and Cheese Reception to Follow
All Sir Knight and Spouses, Welcome.

New Master Steve Dookie Officiating Dress code Tux and Social Baldric or new Uniforms. Christmas cards will be available there.

Please RSVP to Andy Hamel



SATURDAY, OCTOBER 29TH @ 7:00PM
FAITH & FAMILY NIGHT
KICKOFF MEETING
& PUMPKIN CARVING



Are you or someone you know grieving the loss of a loved one.
Thursdays at 6:00 PM in the Hope Room.
Call Karen at 403-487-4893 for Information or call the church to register at 403-527-6933



The Catholic Women's League would like to remind members that the 2023 fee is \$40.00



A New Ministry for Seniors
A source of faith and wisdom...
We are looking forward to starting a new ministry for seniors to help them spend some time together having a cup of coffee and playing some games while sharing their faith and wisdom. If you are interested in coordinating this ministry, please contact Fr. Iqbal through Parish Office.





Mondays at 6:30pm In the Holy Family Parish Chapel

Children's Liturgy 10:30 Mass

We are excited to help your children reflect on the gospel readings through discussion, songs, activities, and crafts.

Children Preschool to Grade 2.





Tickets available before and after weekend masses until Oct 30th & at the office weekdays. Limited tickets of 250

We have had to lock our 2 garbage bins. Unfortunately, unknown person/persons are filling our bins with their own garbage. Please see Don Shaw our caretaker for key location and kindly take the time to place garbage bags in the bins, it will reduce the workload and thank you for your cooperation. Pat Ries, **Maintenance Chair**



Pou Fitness

Tuesday's 9:45 to 11:00 AM in the Faith Room Drop-in \$5.00 per session Bring your own towel & water battle. Wear comfortable clothes and footwear. A safe non-judgmental space! Facilitator is MJ Rath with SK8 REE

The Parish library will be open before and after weekend masses. Please stop by and check it Volunteers are also needed to help at different masses.

Please pick up the free books from the **Knights of Columbus** kiosk by the Vestment Room in the Foyer It seems Prayer Time is a best seller.



E-Transfer Donations



accounting@holyfamilymh.ca



Next People of Praise Live-In Date: November 25 - 27th 2022 1st Back up mtg: Oct. 17th

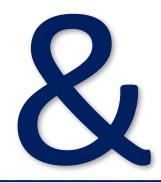
2nd Back up mtg: Nov. 7th

3rd Back up Mtg: Nov. 21st

Location: St. Joseph's School, Coaldale



Wednesday, November 2, 2022
Lighting Candles and Laying Flowers 6:30pm
Mass at 7:00pm



Stay for Fellowship after Masses

Mass of the Cingels

Tuesday, November 8, 2022

Mass 6:30pm

Bring live flowers in remembrance.

FORMED.org

THE CATHOLIC FAITH.

LOG IN WWW.FORMED.ORG

- Go to Formed.org
- Enter our PARISH CODE: GPQWK7

Create a personal account with your personal username/email and password.

• Start enjoying the best Catholic content all in one place!

IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!

Listen to Mass on your phone...

Download the "Audio Fetch" app.

Our Network is: HFP_LIVE

The Password is: Liv3HFP*



Sunday 10:30am Mass on YOUTUBE

Medicine Hat Holy Family Church

Live Stream

https://www.youtube.com/channel/ UCG6zK-XzuXdDHj79rV6ut Q

You Tube



catholicyyc.ca/Faithfully

Faithfully keeps you updated with what's happening in and around our Diocese!



30th Sunday in Ordinary Time Year C

October 23, 2022

STANDARDS OF OUR SPIRITUAL LIFE

Once upon a time, there was a beautiful, red rose. She was the loveliest rose in the entire garden. However, she noticed that people would only look at her from afar. One day, she realized that there was a big, bumpy toad that was always at her side, and this was the reason that no one would get too close to look at her. Angry at having discovered this, the rose ordered the toad to leave immediately. "That's fine, as you wish," the toad replied obediently. Not long after, the toad passed by where the rose was planted, but was surprised to see that the rose was completely withered, without petals or leaves. The toad said to her, "Oh no! You look awful! What happened?" The rose replied, "Ever since you left, the ants have been eating my leaves day after day and now I'll never be the same!" The toad replied, "Well, yes. When I was next to you, I would eat all the ants. That's why you were always the most beautiful rose in the garden."

Many times, we don't appreciate those around us because we think they don't do anything for us. This division has often led people to believe themselves as either superior or inferior to others. Although looking down our noses at others is something still unfortunately common to this day, the truth is that we need to start seeing ourselves as equally valued to those around us. Being aware of and strengthening our self-worth is important for feeling well, balanced, and able to relate in a healthy way. St. Peter Chrysologus reflecting on the coming of Jesus which has raised our standards of our spiritual life, says that "The holy Apostle has told us that the human race takes its origin from two men, Adam and Christ: two men equal in body but unequal in merit, wholly alike in their physical structure but totally unlike in the very origin of their being. The first man, Adam, he says, became a living soul, the last Adam a life-giving spirit. The first Adam was made by the last Adam, from whom he also received his soul, to give him life. The last Adam was formed by his own action; he did not have to wait for life to be given him by someone else but was the only one who could give life to all. The first Adam was formed from valueless clay, the second Adam came forth from the precious womb of the Virgin. In the case of the first Adam, earth was changed into flesh; in the case of the second Adam, flesh was raised up to be God. What more need be said? The second Adam stamped his image on the first Adam when he created him. That is why he took on himself the role, and the name, of the first Adam, in order that he might not lose what he had made in his own image. The first Adam, the last Adam, the first had a beginning, the last knows no end. The last Adam is indeed the first; as he himself says: I am the first and the last. I am the first, that is, I have no beginning. I am the last, that is, I have no end. But what was spiritual, says the Apostle, did not come first, what was living came first, then what is spiritual. The earth comes before its fruit, but the earth is not so valuable as its fruit. The earth exacts pain and toil; its fruit bestows subsistence and life. The prophet rightly boasted of this fruit: Our earth has

yielded its fruit. What is this fruit? The fruit referred to in another place: I will place upon your throne one who is the fruit of your body. The first man, says the Apostle, was made from the earth and belongs to the earth; the second man is from heaven, and belongs to heaven".

He continues to reflect "The man made from the earth is the pattern of those who belong to the earth; the man from heaven is the pattern of those who belong to heaven. How is it that these last, though they do not belong to heaven by birth, will yet belong to heaven, men who do not remain what they were by birth but persevere in being what they have become by rebirth? The reason is, brethren, that the heavenly Spirit, by the mysterious infusion of his light, gives fertility to the womb of the virginal font. The Spirit brings forth as men belonging to heaven those whose earthly ancestry brought them forth as men belonging to the earth, and in a condition of wretchedness; he gives them the likeness of their Creator. Now that we are reborn, refashioned in the image of our Creator, we must fulfill what the Apostle commands: So, as we have worn the likeness of the man of earth, let us also wear the likeness of the man of heaven. Now that we are reborn, as I have said, in the likeness of our Lord, and have indeed been adopted by God as his children, let us put on the complete image of our Creator so as to be wholly like him, not in the glory that he alone possesses, but in innocence, simplicity, gentleness, patience, humility, mercy, harmony, those qualities in which he chose to become, and to be, one with us".

Saints in our faith, are the main source of understanding our standards of spiritual life and deepen our relationship with the Lord. Here are some quotes from the saints to understand our stands of our spiritual life.

"Jesus Christ, Lord of all things! You see my heart; you know my desires. Possess all that I am—you alone. I am your sheep; make me worthy to overcome the devil."

St. Agatha

"It is better to be a child of God than king of the whole world."

St. Aloysius Gonzaga

"He who trusts in himself is lost. He who trusts in God can do all things." "What does it cost us to say, 'My God help me! Have mercy on me!' Is there anything easier than this? And this little will suffice to save us if we be diligent in doing it."

St. Alphonsus Liguori

"It is with the smallest brushes that the artist paints the most exquisitely beautiful pictures."

St. Andr**é** Bessette

"If according to times and needs you should be obliged to make fresh rules and change current things, do it with prudence and good advice."

"The last word that I address to you and one I urge upon you with all the ardor of my soul, is that you live in harmony, united together in one heart and one will. Be bound to one another by the bonds of charity, treating each other with respect, helping one another, bearing with each other in Christ Jesus: if you really try to live like this, there is no doubt that the Lord, our God, will be in your midst."

"Do not lose heart, even if you should discover that you lack qualities necessary for the work to which you are called. He who called you will not desert you, but the moment you are in need he will stretch out his saving hand."

St. Angela Merici

"No one will have any other desire in heaven than what God wills; and the desire of one will be the desire of all; and the desire of all and of each one will also be the desire of God."

St. Anselm

"Nowhere other than looking at himself in the mirror of the Cross, can man better understand how much he is worth. Christians must lean on the Cross of Christ just as travelers lean on a staff when they begin a long journey. They must have the Passion of Christ deeply embedded in their minds and hearts, because only from it can they derive peace, grace, and truth. Actions speak louder than words; let your words teach and your actions speak."

St. Anthony of Padua

"Pray as though everything depended on God. Work as though everything depended on you. What does love look like? It has the hands to help others. It has the feet to hasten to the poor and needy. It has eyes to see the misery and want. It has the ears to hear the sighs and sorrows of men. That is what love looks like. God loves each of us as if there were only one of us."

St. Augustine

"O sinner, be not discouraged, but have recourse to Mary in all your necessities. Call her to your assistance, for such is the divine Will that she should help in every kind of necessity." As the sun surpasses all the stars in lustre, so the sorrows of Mary surpass all the tortures of the martyrs."

St. Basil the Great

In the First reading Sirach is speaking about three aspects of profound faith and spirituality: first, there is no partiality in God because he has created everyone on his own image, and he loves us. He listens to the prayer of the humble without partiality. Secondly, He does not ignore the needy, suffering and marginalized of the society when they cry out to him. Thirdly He does not return the prayers of the righteous and humble without answering them. After reflecting on the First Reading, we may question ourselves: Why do we come to Church?

The Apostle Paul, at the end of his life, makes a final reckoning and says: "I have kept the faith". But how did he keep the faith? Not in a strong box! Nor did he hide it underground, like the somewhat lazy servant. Saint Paul compares his life to a fight and to a race. He kept the faith because he didn't just defend it, but proclaimed it, spread it, brought it to distant lands. He stood up to all those who wanted to preserve, to "embalm" the message of Christ within the limits of Palestine. That is why he made courageous decisions, he went into hostile territory, he let himself be challenged by distant peoples and different cultures, he spoke frankly and fearlessly. Saint Paul kept the faith because, in the same way that he received it, he gave it away, he went out to the fringes, and didn't dig himself into defensive positions.

Before I reflect on the Gospel reading let me share a story to help us to understand our standards of spiritual life. The word of God today helps us to pray through three figures: in Jesus' parable both the Pharisee and the tax collector pray.

Once a ship was wrecked at sea due to storm and out of all the crew only two men baled and swam to a small, deserted island. After both reached island, they didn't know what to do. They talked and reached the conclusion that there was nothing they could do except to pray to God and wait for recue. However, they both decided to divide territory and stay at opposite side of the island. They did this to determine who prayers would be more effective. First thing they needed was food. So, the first man prayed for food and the next day he found fruits bearing trees on his side and saw that other man's side was still barren. After two weeks, the first man felt lonely and prayed for a wife and the next day a woman survivor from a shipwreck swam to his side of land but still nothing on other side.

The next morning the first man prayed for home and clothes and more food and like magic he got all those things, but nothing changed for other man. Finally, the first man prayed for a ship so that he and his wife could leave that island and the next morning a ship docked at his side of the island. He boarded onto ship with his wife, and he thought "since none of that person's prayers have been answered. He is unworthy of leaving that island. So, he decided to leave the man on the island but as he was leaving, he heard the voice from the sky "why are you leaving your companion on the island?" He replied "Since I got everything I prayed for, that means my blessings are result of my faith and prayers. His prayers were unanswered that's why he has nothing on his side and so I figured out that he does not deserve to leave the island with me". Voice from sky responded "you are sorely mistaken. You are in great debt to that man". "How is that?" asked the first man. "It was that person's faith and prayer that invoked your blessings as he was one who prayed that all your prayers might be answered". Replied the voice from sky.

In the Gospel of this Sunday, the prayer of the Pharisee begins in this way: "God, I thank you".

This is a great beginning, because the best prayer is that of gratitude, that of praise. Immediately, though, we see the reason why he gives thanks: "that I am not like other men". He also explains the

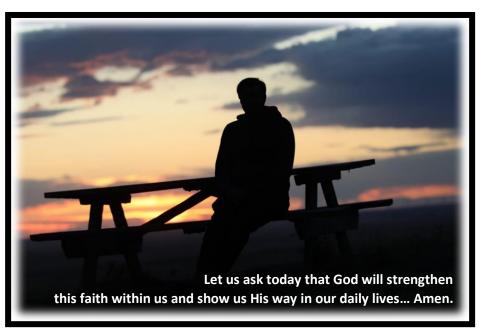
reason: he fasts twice a week, although at the time there was only a yearly obligation; he pays tithes on all that he has, though tithing was prescribed only on the most important products. In short, he boasts because he fulfils commandments to the best degree possible. But he forgets the greatest commandment: to love God and our neighbour. Brimming with self-assurance about his own ability to keep the commandments, his own merits, and virtues, he is focused only on himself. The tragedy of this man is that he is without love. Even the best things, without love, count for nothing, as Saint Paul says. Without love, what is the result? He ends up praising himself instead of praying. In fact, he asks nothing from the Lord because he does not feel needy or in debt, but he feels that God owes something to him. He stands in the temple of God, but he worships a different god: himself. And many "prestigious" groups, "Catholic Christians", go along this path.

Together with God, he forgets his neighbour; indeed, he despises him. For the Pharisee, his neighbour has no worth, no value. He considers himself better than others, whom he calls literally "the rest, the remainders". How many times do we see this happening over and over again in life and history? How many times do those who are prominent, like the Pharisee with respect to the tax collector, raise up walls to increase distances, making other people feel even more rejected? Even Christians who pray and go to Mass on Sunday are subject to this religion of the self. Let us examine ourselves and see whether we too may think that someone is inferior and can be tossed aside, even if only in our words. Let us pray for the grace not to consider ourselves superior, not to believe that we are alright, not to become cynical and scornful. Let us ask Jesus to heal us of speaking ill and complaining about others, of despising this or that person: these things are displeasing to God.

I think we need to turn to the other prayer. The prayer of the tax collector helps us understand what is pleasing to God. He does not begin from his own merits but from his shortcomings, not from his riches but from his poverty. His was not economic poverty — tax collectors were wealthy and tended to make money unjustly at the expense of their fellow citizens — but he felt a poverty of life, because we never live well in sin. The tax collector who exploited others admitted being poor before God, and the Lord heard his prayer, a mere seven words but an expression of heartfelt sincerity. In fact, while the Pharisee stood in front on his feet, the tax collector stood far off and "would not even lift up his eyes to heaven", because he believed that God is indeed great, while he knew himself to be small. He "beat his breast" because the breast is where the heart is. His prayer is born straight from the heart; it is transparent. He places his heart before God, not outward appearances. To pray is to stand before God's eyes, it is God looking at me when I pray.

Today, looking at the tax collector, we rediscover where to start from the conviction that we, all of us, are in need of salvation. This is the first step of the true worship of God, who is merciful towards those who admit their need. We do not come to Church to be better than others. We come to

Church because we believe, and we are called to express our belief. There is no superiority in spirituality but if there is then remember the words of St. Paul "Therefore you have no excuse, whoever you are, when you judge others; for in passing judgment on another you condemn yourself, because you, the judge, are doing the very same things" (Romans 2:1). Let us ask today that God will strengthen this faith within us and show us His way in our daily lives. Amen.



DIOCESAN SUNDAY UPDATES 30th Sunday in Ordinary Time

Pastoral Letter for Young People (CCCB)

The Canadian Conference of Catholic Bishops (CCCB) has issued a Pastoral Letter to Young People in honour of the anniversary of the death of Blessed Carlo Acutis, the first beatified millennial. Read now at catholicyyc.ca/blog.

Feed the Hungry resumed sit-down dinners

The first Feed the Hungry sit-down meal in more than two years was a smashing success on Thanksgiving weekend as guests and volunteers were eager to participate again in the beloved program in the heart of Calgary. Read story at catholicyyc.ca/blog

Need a short-term and meaningful opportunity for your school / organization / workplace to do good work for the community? Consider volunteering for Feed the Hungry (or sponsor a dinner). Visit feedthehungrycalgary.com

World Mission Sunday - Oct 23

This Sunday, October 23, we join Catholics around the world for the celebration of World Mission Sunday. We are called to offer our prayers and financial help for the Church's missionary work in Asia, Africa, the Pacific Islands and parts of Latin America and Europe. You can donate via parish envelope, or give online by visiting catholicyyc.ca/worldmissionsunday

Dinner with Mike MacDonald, Mission Mexico

Let's have supper together with Mike MacDonald and talk about Mission Mexico - Wednesday, Nov. 16, 2022, at 6 pm at Tu Tierra Mexican Restaurant (8995 Bonaventure Drive SE, Calgary). Since Mission Mexico is a charitable program, we kindly ask that each pay for their own meal. RSVP by November 9 to 403-218-5526.

World Youth Day 2023

For information re: SFXC group that will be travelling to Lisbon, Portugal for World Youth Day in 2023, contact SFXC at sfxc@calgarydiocese.ca

Special Topics in Evangelization and Catechesis - Webinar

The CCCB Office for Evangelization and Catechesis will offer a webinar series, Special Topics in Evangelization and Catechesis, from 11 am - 12:30 pm MT on four Tuesdays starting Oct. 25. Speakers: Dr. Donna Orsuto, Dr. Catherine Clifford, Archbishop Bollen, and Fr. John McCarthy. More Info/Registration: oec@cccb.ca

Pumpkin Pie Afternoon

Seeds of the Word Community invites you on Saturday, Oct. 29, at Our Lady of Fatima Parish Hall from 2-4 pm for an afternoon of formation, Adoration, and pumpkin pie!

Catholic Education Sunday

Join us in celebrating Catholic Education Sunday on Nov. 5 & 6. Let us unite with our community to support and give thanks for Catholic education in Alberta. Your dedicated donation will provide enhanced learning opportunities for Calgary and area Catholic students. For more information, please visit theccef.ca

Resourcing churches for ministering well in this next season

Join researchers and church leaders across theological contexts and Canadian regions for Canadian data, theological reflection, and practical application on themes related to volunteers, finances, attendance, and more. When: Saturday, Nov. 5, 2022 at 9 am to 12 pm at Ambrose University in Calgary. To register, call 403-410-2000 ext.2987 or visit flourishingcongregations.org

Love More Benefit Concert for Retired Priests - Nov 12

Couples for Christ invites you to an evening of music and entertainment for the care of retired priests in the Diocese, featuring original songs composed by members and other artists. When: Nov 12 - 7:30 pm at St. Albert the Great, Calgary.

Red Wednesday - Nov 16

Red Wednesday is on Nov. 16 this year. This is a day to remember persecuted Christians all over the world through our prayer and gestures of solidarity and remembrance. What will you do this year to mark this day for persecuted Christians? For more info, visit catholicyyc.ca/blog/redwednesday

Like A Mighty River Conference

The Calgary Catholic Charismatic Renewal Society (CCCRS) invites you to the annual Like A Mighty River Conference on the weekend of Nov. 18 & 19, with the theme: "but as for me, and my house, we will serve the Lord" (Joshua 24:15). Register at cccrs.com or call 587-894-5314.

National Synodal Report

We invite everyone to read the Synod on Synodality reports.. To read the Diocesan, Western Region and National reports, visit catholicyyc.ca/synod

Pastoral Care: Accompanying in Conflict and Complicated Situations

Join Fr. Timothy Boyle in a monthly reflection on ministry, pastoral care, and the art of accompaniment, inspired by the teachings of Pope Francis. When: Tuesday, Nov. 22 at 10:30 am at St. Martha's Church in Lethbridge, or join via livestream: stmarthasparish.ca

Live-In Retreat in Coaldale, AB

The Lethbridge People of Praise Live-In invites you to a weekend retreat to grow in faith with Jesus. Take time away from ordinary activities to focus on your relationship with God. Next Live-In retreat date: Nov. 25-27, 2022 in Coaldale, AB. To register, contact Katie at 403-382-1235

Employment Opportunities

Assistant Coordinator - Feed the Hungry
Admin. Assistant - St. Mary's, Brooks
Bookkeeper - St. Mary's, Brooks
Associate Director - FCJ Centre
Visit catholicyyc.ca/careers for more information and application details.



Kid's challenge this week: Humility is a virtue that is not always popular today. What do you think it means to be humble? Can you think of some examples of people who are truly humble? Ask that God will grace each of you with the gift of humility. Pray this Sunday's responsorial psalm, or pray together the Act of Contrition. (LOYOLA PRESS)

- Colouring page this Sunday
- Kid's Bulletin for this Sunday
- Sunday Connection 30th Sunday in Ordinary Time (Gr. 1-8 & family)
- Children's Liturgy of the Word this Sunday
 - Children's Liturgy sheet for leaders/parents (CAFOD) | Illustration
 - Children's Liturgy of the Word with Miss Heidi (Catholic TV)

Visit the Diocesan Event Calendar

Follow us on Social Media Facebook | Instagram | Twitter

Weekly reflections can be found here: Vatican News | The Sunday Website Sunday Connection

Daily and Sunday Mass Prayers & Readings: CCCB Daily Readings (pick the desired date)

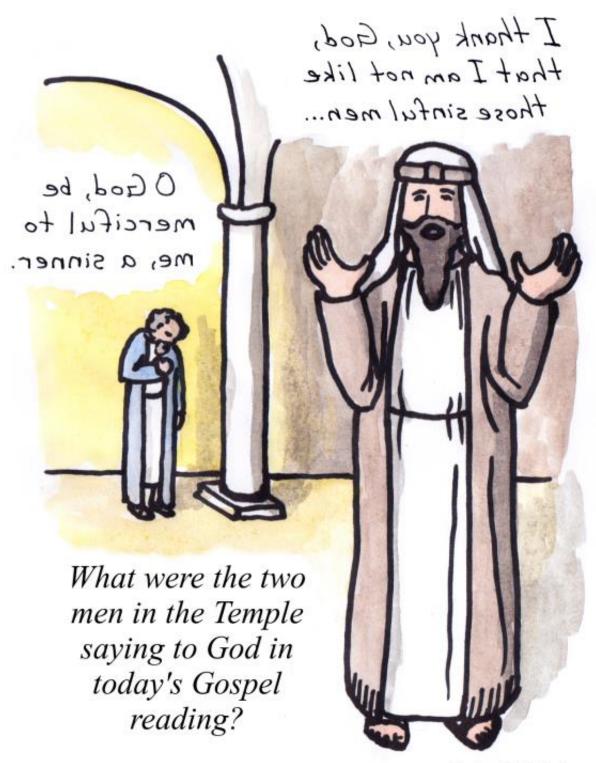
Full schedule of Parish Livestream Masses:

https://www.catholicyyc.ca | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit Salt+Light TV, Shalom World TV, EWTN and Vision TV

- Sacraments & Liturgies
- Spiritual Resources
- Sacrament Preparation
- Online Formation Opportunities

The Kids' Bulletin

30th Sunday in Ordinary Time October 23rd, 2022

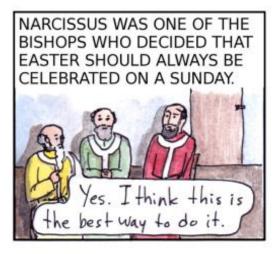


Look in the mirror to find out!

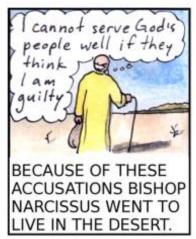
Luke 18:9-14

Saint Narcissus October 29

NARCISSUS WAS BORN IN THE EARLY 100'S. HE WAS A CHRISTIAN Varcissus. AND BECAME you have been THE BISHOP chosen to be OF JERUSALEM our new WHEN HE WAS bishop! ABOUT 80 YEARS OLD.













BECAUSE HE
WAS SO OLD
HE WANTED
SOMEONE
ELSE TO HELP
HIM. SO THE
BISHOP ST.
ALEXANDER
CAME AND
HELPED HIM
LOOK AFTER
HIS PEOPLE.

ST. NARCISSUS LIVED UNTIL HE WAS MORE THAN A HUNDRED YEARS OLD, SERVING GOD AND HIS PEOPLE WITH GREAT LOVE. YOU CAN SEE FROM HIS STORY THAT EVEN OLD PEOPLE CAN SERVE GOD AND DO GREAT THINGS FOR HIM. DO YOU KNOW ANY OLD PEOPLE WHO CAN HELP YOU TO LOVE GOD MORE?

Saint Paul Match-Up

What comes next?

Match up the first parts with the next parts from today's second reading.

1. I have fought •

strength

2. I have finished •

• the faith

3. I have kept •

• the good fight

4. The Lord gave me

the message.

5. so that the Gentiles could hear

 glory forever and ever.

6. To Him be .

• the race



Be humble.

In today's Gospel reading Jesus tells the story about two men praying in the temple. One of them, a Pharisee, always looked like he loved God, but on the inside he really only loved himself. The other man was a tax collector. The people in those days hated tax collectors because they took too much money and worked for their enemies.

When the Pharisee was praying he was really just telling God how much better he was than other people. Do you think that God was pleased with his prayer?

The tax collector, on the other hand, was standing far off and prayed to God with his head bowed down, asking God to have mercy on him. He knew that he was a sinner and that he needed God's help. Do you think

that God was pleased with the tax collector's prayer?

Being humble isn't a sad or bad thing. It means knowing that all the good things we have and do come from God. Being humble also lets us be sorry for the selfish things we have done, because it lets us admit that it was our own fault and God can help us overcome our selfishness.

Lord Jesus Christ, Son of God, have mercy on me a sinner!

Answers to Match-up: 1 the good fight 2 the race 3 the faith 4 strength 5 the message 6 glory for ever and ever.

www.thekidsbulletin.com

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.



Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holyfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESOND to it, you can forward it to contact@holyfamilymh.ca so it can be sent to the diocese.