



Welcome to HOLY FAMILY PARISH

OCTOBER 16, 2022 – THE 29TH SUNDAY IN ORDINARY TIME

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Phone 403-527-6933

Facebook: Medicine Hat Holy Family Parish ~ YouTube: Medicine Hat Holy Family Church

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid & Fr Naveed Arif
& Deacon Robert Risling

RECONCILIATION...

Friday 9:30am–10:30am. & Saturday 3:30–
4:45pm. Or by Appointment

MASS TIMES... MONDAY to FRIDAY at 9:00AM

FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM
SUNDAY at 8:30AM, 10:30AM & 6:00PM

THE CHAPEL IS OPEN

MONDAY - FRIDAY 9:30am - 4:00pm
ADORATION FRIDAY 9:30 – 10:30am

Knights of Columbus - Kirby Peterson

Catholic Women's League - Marjorie Bowlby

Parish Pastoral Council Chair - Gary Heinbecker

Parish Finance Committee Chair - Cheryl Pocsik

We acknowledge that Treaty 7 territory,
on which we stand, is the ancestral land
of the Indigenous peoples and is common
home to everyone in virtue of God our
Creator's gracious gift.



Sunday's Readings

1st Reading: Exodus 17.8-13

Whenever Moses held up his hand, Israel prevailed.

Responsorial Psalm: 121.1-8 (R. 2)

R. Our help is from the Lord, who made heaven and earth.

2nd Reading: 2 Timothy 3.14 - 4.2

That the one who belongs to God may be proficient, equipped for
every good work.

Gospel: Luke 18.1-8

God will grant justice to his chosen ones who call out to him.

Feast Days

October 15 – St. Teresa of Jesus

October 16 – St. Gerard Majella

October 18 – St. Luke, Evangelist

October 19 – St. Paul of the Cross

October 22 – St. John Paul II

Is God Slow to Answer Prayer?

Moses wearily struggles to keep his hands raised in prayer for
the benefit of the People. He needs help. Don't we all!

Timothy is charged to remain faithful to the Scriptures. Us,
too! Jesus tells a parable about praying. 'Don't be weary, he
says. Be persistent, he says. Do it always, he says.


† How is my life of prayer?

† How will a small daily dose of reading the Bible foster my
daily prayer? If unsure where to start, read and reread
the Sunday texts.

† How can I be relentless in praying day after day, even if it
seems God is slow to act?

October 16, 2022 – The 29th Sunday in Ordinary Time

OPERATING FINANCES	
SEPTEMBER 1-30, 2022	
Operating Budget 2022	\$ 59,708
General Envelope Collection	\$ 41,461
Loose Collections	\$ 1,826
Future Development	\$ 5,777
Sale of Church Supplies & Other	\$ 1,445
Budget Vs Actual	-\$ 9,199
SPECIAL COLLECTIONS	
Together in Action (TIA)	\$ 3,729
St Vincent de Paul	\$ 3,083
Clergy Retirement	\$ 25
Mission Mexico	\$ 115
CARO	\$ 100
Seminary Fund	\$ 120
Needs of Cdn Church	\$ 735
Ukraine Relief YTD	\$ 22,075
<i>Thank You for your Generous Contributions</i>	
Average Weekly Attendance	801



2022 Goal
\$70,938
total to date
\$33,916 which
is 48%



Together in ACTION
Annual Bishop's Appeal

Mark Your Calendars

- October 14 ~ 6:30 ~ 9:00pm ~ Faith Room
Renew How You Serve God ~ Volunteer Workshop
- October 15 ~ 7:30am HFP Hall
That Man is You ~ Breakfast & Presentation
- October 15 ~ 9:30am ~ Noon ~ Faith Room
Renew How You Serve God ~ Volunteer Workshop
- October 15 ~ 7:00pm HFP Hall
Faith & Family ~ Meet & Greet
- October 18 ~ 9:45am ~ Faith Room
You Be You Fitness with MJ Rath
- October 19 ~ 7:00pm Faith Room
- R C J A
- October 20 ~ 6:00pm Hope Room
- Grief Share
- October 22 ~ 7:30am HFP Hall
That Man is You ~ Breakfast & Presentation
- October 29 ~ 7:00pm HFP Hall
Faith & Family Kick Off Meeting & Pumpkin Carving
- November 6, 2022 ~ HFP Hall
- CWL Fall Supper

† Mass Intentions †

Saturday, October 15

5:00pm ~ Gualberto & Lucia Pimentel †

Sunday, October 16

8:30am ~ Derrick Risling †

10:30am ~ Holy Family Parish

6:00pm ~ Mike Schafer †

Monday, October 17

9:00am ~ Isabella Risling

Tuesday, October 18

9:00am ~ Daniel Krassman †

Wednesday, October 19

9:00am ~ Tina Resler †

Thursday, October 20

9:00am ~ Philip Bosch †

Friday, October 21

9:00am ~ Italo Dal Molin †

The Society of St. Vincent de Paul provides assistance to those in need. Each week we contact families or individuals who have requested help. We meet them, listen to them and try our best to help to meet their needs or redirect them to a service that can.

We are so grateful for each and every donation we receive from you - thank you for making it possible for us to help our neighbors in need. May God bless you!

**PARISH
BREAKFAST
OCTOBER 16
@ 9:30AM &
11:30AM**

Back
after 3
Years



Cost is \$10 per adult, \$5 for youth and under 6 free.



Sacramental Preparation

Confirmation Class - HFP Faith Rm
Thursday, October 20 at 6:30pm

1st Reconciliation Parents - HFP Hall
Thursday, October 20 at 6:30pm

1st Reconciliation Class - HFP Faith Rm
Sunday, October 23 at 10:15am



SATURDAY, OCTOBER 29TH @ 7:00PM
**FAITH & FAMILY NIGHT
KICKOFF MEETING
& PUMPKIN CARVING**

GriefShare

Are you or someone you know grieving
the loss of a loved one.

Thursdays at 6:00 PM in the Hope Room.
Call Karen at 403-487-4893 for
Information or call the church to register
at 403-527-6933



**The Catholic Women's League would like to remind
members that the 2023 fee is \$40.00**



A New Ministry for Seniors

A source of faith and wisdom...

We are looking forward to starting a new ministry for seniors to help them spend some time together having a cup of coffee and playing some games while sharing their faith and wisdom. If you are interested in coordinating this ministry, please contact Fr. Iqbal through Parish Office.



THAT MAN IS YOU!

Holy Family Parish Hall
Breakfast 7:30am
Presentation
8:30 – 9:30 am
October 22, 2022

Theme:
Greed: The Root of Evil
Presenter:
Jeff Joaquin

TM:Y
THAT MAN IS YOU!

PRAYER & Praise

**Mondays at 6:30pm
In the Holy Family Parish Chapel**

Children's Liturgy 10:30 Mass

We are excited to help your children reflect on the gospel readings through discussion, songs, activities, and crafts.
Children Preschool to Grade 2.



Holy Family Parish Fall Supper Sunday, Nov 6, 5 PM



Adults \$15.00
Kids 7-12 \$5.00
6 & under Free!

Beef on a Bun

Tickets available before and after weekend masses until Oct 30th & at the office weekdays. Limited tickets of 250

Rite of Christian Initiation of Adults

Wednesdays

7:00pm

Faith Room



Holy Family Parish, Medicine Hat, AB

For information call Pat at 403-878-6073

The Parish library will be
open before and after
weekend masses.

Please stop by and check it
out.

Volunteers are also needed
to help at different masses.



You Fitness

Tuesday's 9:45 to 11:00 AM in the Faith Room

Drop-in \$5.00 per session

Bring your own towel & water bottle.

Wear comfortable clothes and footwear.

A safe non-judgmental space!

Facilitator is MJ Rath with **SK8TREE** COACHING

St. Michael's Parish Community Fall Supper

Sunday, October 30 – 4:30 – 6:30pm

Golden Age Center, Bow Island

Adults \$20 – 7-12yrs \$10 – 6 & under Free

Family Rate \$50 (Immediate Family)

Please pick up the free
books from the
Knights of Columbus
kiosk by the Vestment
Room in the Foyer
It seems Prayer Time is a
best seller.



E-Transfer Donations

accounting@holyfamilymh.ca

Sunday 10:30am Mass on YOUTUBE
Medicine Hat Holy Family Church Live Stream
https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q



catholiccyc.ca/Faithfully

Faithfully keeps you updated with what's happening in
and around our Diocese!

FORMED.org

THE CATHOLIC FAITH.
ON DEMAND.

LOG IN WWW.FORMED.ORG

• Go to Formed.org

• Enter our PARISH CODE: **GPQWK7**

Create a personal account with your personal username/email and password.

• Start enjoying the best Catholic content all in one place!

IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!

Listen to Mass on your phone...
Download the "Audio Fetch" app.
Our Network is: HFP_LIVE
The Password is: Liv3HFP*



October 21, 2022-Match Day 2022 **Helping build a theatre at** **Monsignor McCoy**



Dear Holy Family and St. Patrick's Parishioners,

During the 24 hours of October 21, 2022, an anonymous donor agreed to match, **dollar for dollar**, any contribution toward the building of a theatre at Monsignor McCoy High School.

A theatre is part of a joint capital project between the Medicine Hat Catholic Board of Education and the Friends of McCoy Society. The sisters served our community for over one hundred years, and this is a wonderful way to recognize their faithful service.

On October 21 you can donate online by going to the following link: [Match Day 22](#). You can also reach the site by searching for **Canada Helps Friends of McCoy Society**. In person donations will also be accepted at Monsignor McCoy from 7:00 a.m. to 7:00 p.m. Cheques can also be mailed in as long as they are dated October 21, 2022. The mailing address is

Friends of McCoy Society
202 8 Street N. E.
Medicine Hat, AB
T1A 5R6

Donations will also be accepted at all Catholic Schools during regular business hours. Income Tax Receipts will be available for any donation above \$20.00 received online, via mail or at Monsignor McCoy. Please remember to be matched, your donation must be received on October 21, 2022.

Please share this opportunity with family and friends.

Remember any amount you donate on October 21, 2022, will be matched as we work together to help our current and future families. If you have any questions about this fundraiser or about the theatre project please contact the following:

Helen.Snortland@mhcbe.ab.ca OR David.Leahy@mhcbe.ab.ca



29th Sunday in Ordinary Time Year C

October 16, 2022

CONSISTENCY IN PRAYER

Have you ever felt the urge to pray for someone and then just put it on a list and said, "I'll pray for them later?" Or has anyone ever called you and said, "I need you to pray for me, I have this need?" Read the following story by an unknown author that was sent to me, and may it change the way that you may think about prayer and the way you pray. You will be blessed by this one.

It is said that a missionary on furlough told this true story while visiting his home church in Michigan. Upon arrival in the city, I observed two men fighting, one of whom had been seriously injured. I treated him for his injuries and at the same time talked to him about the Lord Jesus Christ. I then traveled two days, camping overnight, and arrived home without incident. Two weeks later I repeated my journey. Upon arriving in the city, I was approached by the young man I had treated. He told me that he had known I carried money and medicines. He said, "Some friends and I followed you into the jungle, knowing you would camp overnight. We planned to kill you and take your money and drugs. But just as we were about to move into your camp, we saw that you were surrounded by 26 armed guards." At this I laughed and said that I was certainly all alone out in that jungle campsite. The young man pressed the point, however, and said "No sir, I was not the only person to see the guards. My five friends also saw them, and we all counted them. It was because of those guards that we were afraid and left you alone."

At this point in the sermon, one of the men in the congregation jumped to his feet and interrupted the missionary and asked if he could tell him the exact day that this happened. The missionary told the congregation the date, and the man who interrupted told him this story: "On the night of your incident in Africa, it was morning here and I was preparing to go play golf. I was about to putt when I felt the urge to pray for you. In fact, the urging of the Lord was so strong, I called men in this church to meet with me here in the sanctuary to pray for you. Would all those men who met with me on that day stand up?" The men who had met together to pray that day stood up. The missionary wasn't concerned with who they were --- he was too busy counting how many men he saw. There were 26.

This story is an incredible example of how the Spirit of the Lord moves in mysterious ways. If you ever hear such prodding, go along with it. God walks with us whenever we pray to him because "Ask and you will receive, search and you will find, knock and the door will be opened for you".

What is prayer and why should we pray? According to the Oxford dictionary "a solemn request for help or expression of thanks addressed to God or an object of worship". The true definition of prayer is "a devout petition to God or an object of worship. a spiritual communion with God or an object of worship, as in supplication, thanksgiving, adoration, or confession. The act or practice of praying to God or an object of worship". We should pray because it helps us to connect with the Lord ask for his blessings, protection, healing, forgiveness, and mercy. In the Catholic traditions there are four basic elements of Christian prayer:

- I. Prayer of Adoration/Blessing

2. Prayer of Contrition/Repentance
3. Prayer of Thanksgiving/Gratitude
4. Prayer of Supplication/Petition/Intercession

Prayer is spiritual communication between man and God, a two-way relationship in which man should not only talk to God but also listen to Him. Prayer to God is like a child's conversation with his father. It is natural for a child to ask his father for the things he needs. There are many promises in God's Word to encourage us to pray, such as: "He shall call upon me and I will answer him: I will be with him in trouble; I will deliver him, and honor him" (Psalm 91:15); "And it shall come to pass that before they call, I will answer; and while they are yet speaking, I will hear" (Isaiah 65:24); "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you" (Matthew 7:7). The Scriptures tell us that we are to pray for one another and assure us that God hears and answers prayer. When you receive Christ into your heart, you become a child of God and have the privilege of talking to Him in prayer at any time about anything. The Christian life is a personal relationship to God through Jesus Christ. And best of all, it is a relationship that will last for all eternity.

St. Augustine had a perfect explanation for prayer "Why in our fear of not praying as we should, do we turn to so many things, to find what we should pray for? Why do we not say instead, in the words of the psalm: I have asked one thing from the Lord, this is what I will seek: to dwell in the Lord's house all the days of my life, to see the graciousness of the Lord, and to visit his temple. There, the days do not come and go in succession, and the beginning of one day does not mean the end of another; all days are one, simultaneously and without end, and the life lived out in these days has itself no end. So that we might obtain this life of happiness, he who is true life itself taught us to pray, not in many words as though speaking longer could gain us a hearing. After all, we pray to one who, as the Lord himself tells us, knows what we need before we ask for it. Why he should ask us to pray, when he knows what we need before we ask him, may perplex us if we do not realize that our Lord and God does not want to know what we want (for he cannot fail to know it) but wants us rather to exercise our desire through our prayers, so that we may be able to receive what he is preparing to give us. His gift is very great indeed, but our capacity is too small and limited to receive it. That is why we are told: Enlarge your desires, do not bear the yoke with unbelievers. The deeper our faith, the stronger our hope, the greater our desire, the larger will be our capacity to receive that gift, which is very great indeed. No eye has seen it; it has no color. No ear has heard it; it has no sound. It has not entered man's heart; man's heart must enter it.

In this faith, hope and love we pray always with unwearied desire. However, at set times and seasons we also pray to God in words, so that by these signs we may instruct ourselves and mark the progress we have made in our desire and spur ourselves on to deepen it. The more fervent the desire, the more worthy will be its fruit. When the Apostle tells us: Pray without ceasing, he means this: Desire unceasingly that life of happiness which is nothing if not eternal and ask it of him who alone is able to give it".

Prayer is like a war against evil and when praying you must lean to the Lord and believe he is just sitting in front of us, and we are talking with him.

A man's daughter had asked the local pastor to come and pray with her father. When the pastor arrived, he found the man lying in bed with his head propped up on two pillows and an empty chair beside his bed. The priest assumed that the old fellow had been informed of his visit.

"I guess you were expecting me," he said.

"No, who are you?"

"I'm the new associate at your local church," the pastor replied.

"When I saw the empty chair, I figured you knew I was going to show up."

"Oh yeah, the chair," said the bedridden man. "Would you mind closing the door?"

Puzzled, the pastor shut the door.

"I've never told anyone this, not even my daughter," said the man.

"But all of my life I have never known how to pray. At church I used to hear the pastor talk about prayer, but it always went right over my head."

"I abandoned any attempt at prayer," the old man continued, "until one day about four years ago my best friend said to me, 'Joe, prayer is just a simple matter of having a conversation with Jesus. Here's what

I suggest. Sit down on a chair, place an empty chair in front of you, and in faith see Jesus on the chair. It's not spooky because he promised, 'I'll be with you always.' Then just speak to him and listen in the same way you're doing with me right now."

"So, I tried it, and I've liked it so much that I do it a couple of hours every day. I'm careful, though. If my daughter saw me talking to an empty chair, she'd either have a nervous breakdown or send me off to the funny farm."

The pastor was deeply moved by the story and encouraged the old guy to continue the journey. Then he prayed with him and returned to the church.

Two nights later the daughter called to tell the pastor that her father had died that afternoon.

"Did he seem to die in peace?" he asked.

"Yes, when I left the house around two o'clock, he called me over to his bedside, told me one of his corny jokes, and kissed me on the cheek. When I got back from the store an hour later, I found him dead. But there was something strange, in fact, beyond strange, kind of weird.

Apparently, just before Daddy died, he leaned over and rested his head on a chair beside the bed."

This weekend we filter all the readings we can learn that prayer is a war and consistency in both, make people winner. In the First Reading Amalek though were related to Israelites as they were from the descendants of Ephraim, and he was the son of Joseph and caused the problem for Israelites. Moses became the symbol of strength and encouragement for the Israelites to win the war against them. Same way prayer helps us to fight against the devil to win the war. (Please read 1 Peter 5:1-14).

Holy Father Pope Francis while reflecting on the readings encourages us to follow the examples of the saints who stood to support us with their prayers, and we must do the same to be one in heart and mind. (Please read Acts 4:32-35). "By our own efforts, we cannot give ourselves such a heart. Only God can do this, and so in the prayer we ask him to give it to us as his "creation". In this way, we come to the theme of prayer, which is central to this Sunday's scriptural readings and challenges all of us who are gathered here for the canonization of new Saints. The Saints attained the goal. Thanks to prayer, they had a generous and steadfast heart. They prayed mightily; they fought, and they were victorious".

So, pray! Like Moses, who was above all a man of God, a man of prayer. We see him today in the battle against Amalek, standing atop the hill with his arms raised. From time to time, however, his arms would grow weary and fall, and then the tide would turn against the people. So, Aaron and Hur made Moses sit on a stone and they held up his arms, until the final victory was won. This is the kind of spiritual life the Church asks of us: not to win by war, but to win with peace! There is an important message in this story of Moses: commitment to prayer demands that we support one another. Weariness is inevitable. Sometimes we simply cannot go on, yet, with the support of our brothers and sisters, our prayer can persevere until the Lord completes his work.

Saint Paul writes to Timothy, his disciple and co-worker, and urges him to hold fast to what he has learned and believed (cf. 2 Tim 3:14). But Timothy could not do this by his own efforts: the "battle" of perseverance cannot be won without prayer. Not sporadic or hesitant prayer, but prayer offered as Jesus tells us in the Gospel: "Pray always, without ever losing heart" (Lk 18:1). This is the Christian way of life: remaining steadfast in prayer, to remain steadfast in faith and testimony. Here once again we may hear a voice within us, saying: "But Lord, how can we not grow weary? We are human... even Moses grew weary..." True, each of us grows weary. Yet we are not alone; we are part of a Body! We are members of the Body of Christ, the Church, whose arms are raised day and night to heaven, thanks to the presence of the Risen Christ and his Holy Spirit. Only in the Church, and thanks to the Church's prayer, are we able to remain steadfast in faith and witness.

We have heard the promise Jesus makes in the Gospel: "God will grant justice to his chosen ones, who cry to him day and night". This is the mystery of prayer: to keep crying out, not to lose heart, and if we should grow tired, asking help to keep our hands raised. This is the prayer that Jesus has revealed to us and given us in the Holy Spirit. To pray is not to take refuge in an ideal world, nor to escape into a false, selfish sense of calm. On the contrary, to pray is to struggle, but also to let the Holy Spirit pray within us. For the Holy Spirit teaches us to pray. He guides us in prayer, and he enables us to pray as sons and daughters.

The saints are men and women who enter fully into the mystery of prayer. Men and women who struggle with prayer, letting the Holy Spirit pray and struggle in them. They struggle to the very end,

with all their strength, and they triumph, but not by their own efforts: the Lord triumphs in them and with them.

Here are some quotes from the saints to help us to understand the true spirit of prayer and why must we be consistent in our prayer life:

"Prayer -A soul arms itself by prayer for all kinds of combat. In whatever state the soul may be, it ought to pray. A soul which is pure and beautiful must pray, or else it will lose its beauty; a soul which is striving after this purity must pray, or else it will never attain it; a soul which is newly converted must pray, or else it will fall again; a sinful soul, plunged in sins, must pray so that it might rise again. There is no soul which is not bound to pray, for every single grace comes to the soul through prayer".

St. Faustina

"Prayer is an aspiration of the heart, it is a simple glance directed to heaven, it is a cry of gratitude and love in the midst of trial as well as joy; finally, it is something great, supernatural, which expands my soul and unites me to Jesus".

St. Therese of Lisieux

"Pray as though everything depended on God. Work as though everything depended on you."

St. Augustine

"You pay God a compliment by asking great things of Him".

St. Teresa of Avila

"It is simply impossible to lead, without the aid of prayer, a virtuous life".

Saint John Chrysostom

"Virtues are formed by prayer. Prayer preserves temperance. Prayer suppresses anger. Prayer prevents emotions of pride and envy. Prayer draws into the soul the Holy Spirit and raises man to Heaven.

Saint Ephrem of Syria

"Purity is the fruit of prayer."

Blessed Mother Teresa

What prayer could be more true before God the Father than that which the Son, who is Truth, uttered with His own lips?" Prayer is the place of refuge for every worry, a foundation for cheerfulness, a source of constant happiness, a protection against sadness".

St. John Chrysostom

'He who prays most receives most.

St. Alphonsus Maria de Liguori

"My little children, your hearts, are small, but prayer stretches them and makes them capable of loving God. Through prayer we receive a foretaste of heaven and something of paradise comes down upon us. Prayer never leaves us without sweetness. It is honey that flows into the souls and makes all things sweet. When we pray properly, sorrows disappear like snow before the sun.

Saint John Vianney

'We must speak to God as a friend speaks to his friend, servant to his master; now asking some favor, now acknowledging our faults, and communicating to Him all that concerns us, our thoughts, our fears, our projects, our desires, and in all things seeking His counsel.'

St. Ignatius of Loyola



DIOCESAN SUNDAY UPDATES

29th Sunday in Ordinary Time

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All scripture is
inspired by God

and is useful for teaching, for reproof, for
correction, and for training in righteousness, so that
everyone who belongs to God may be proficient,
equipped for every good work.

2 Timothy 3:17



29th SUNDAY IN
ORDINARY TIME

Pastoral Letter for Young People (CCCCB)

The Canadian Conference of Catholic Bishops (CCCCB) has issued a Pastoral Letter to Young People in honour of the anniversary of the death of Blessed Carlo Acutis, the first beatified millennial. Read now at catholicqyc.ca/blog.

A peek inside the Priests Study Days

Priests from throughout the Diocese of Calgary gathered at the Shrine Church of Our Lady of the Rockies last week to further their formation. Fr. Tim Boyle shares some takeaways from the Study Days - read now at catholicqyc.ca/blog

World Mission Sunday - Oct 23

Next week, October 23, we join Catholics around the world for the celebration of World Mission Sunday. We are called to offer our prayers and financial help for the Church's missionary work in Asia, Africa, the Pacific Islands and parts of Latin America and Europe. You can donate via parish envelope, or give online by visiting catholicqyc.ca/worldmissionsunday

World Youth Day 2023

For information re: SFXC group that will be travelling to Lisbon, Portugal for World Youth Day in 2023, contact SFXC at sfxc@calgarydiocese.ca

Special Topics in Evangelization and Catechesis - Webinar

The CCCB Office for Evangelization and Catechesis will offer a webinar series, Special Topics in Evangelization and Catechesis, from 11 am – 12:30 pm MT on four Tuesdays starting Oct. 25. Speakers: Dr. Donna Orsuto, Dr. Catherine Clifford, Archbishop Bollen, and Fr. John McCarthy. More Info/Registration: oec@cccb.ca

White Mass - Oct 18

Calgary Catholic Medical Association invites all health care professionals and all the faithful to celebrate White Mass on the feast day of St. Luke, the patron saint for Physicians and those working in Health Care. When: Tuesday, October 18 at 7 pm, at St. Mary's Cathedral.

One million children praying the Rosary - Oct 18

Saint Padre Pio had said: "If a million children pray the Rosary, the world will change." Aid to the Church in Need (ACN) has supported the campaign since 2008 and took over the organization of the entire event globally four years ago. Spread the word and invite all children to join the Rosary for Peace and Unity in the World on Tuesday, Oct. 18 at 5 pm MT. To pray online with children all over the world, register at acn-canada.org

Pastoral Care: Grace Accompanies Every Person

Join Fr. Timothy Boyle in a monthly reflection on ministry, pastoral care, and the art of accompaniment, inspired by the teachings of Pope Francis. When: Tuesday, Oct. 18 at 10:30 am at St. Martha's Church in Lethbridge, or join via livestream: stmarthasparish.ca

Celebration & Veneration of St. John Paul II at the Cathedral

Join a celebration of the Feast Day of St. John Paul II. When: Saturday, Oct. 22 at 9 am at St. Mary's Cathedral. Beginning with Holy Mass with the Bishop at 9 am, the celebration will continue with veneration of the 1st class relic of Pope St. John Paul II in the Cathedral until 2 pm.

Discerning God's call for unmarried women

The Office of Vocations invites women seeking to know how to discern the will of God in their lives, to learn how to listen and discover God's call in their life. When: Sunday, Oct. 23 at 2 pm at Catholic Pastoral Centre, 120 17 Ave SW, Calgary (1 or 2 hours session).

Save the date: Resourcing churches for ministering well in this next season

Join researchers and church leaders across theological contexts and Canadian regions for Canadian data, theological reflection, and practical application on themes related to volunteers, finances, attendance, and more. When: Saturday, Nov. 5, 2022 at 9 am to 12 pm at Ambrose University in Calgary. To register, call 403-410-2000 ext.2987 or visit flourishingcongregations.org

Red Wednesday - Nov 16

Red Wednesday is on Nov. 16 this year. This is a day to remember persecuted Christians all over the world through our prayer and gestures of solidarity and remembrance. What will you do this year to mark this day for persecuted Christians? For more info, visit catholicqyc.ca/blog/redwednesday

Like A Mighty River Conference

The Calgary Catholic Charismatic Renewal Society (CCCRS) invites you to the annual Like A Mighty River Conference on the weekend of Nov. 18 & 19, with the theme: "but as for me, and my house, we will serve the Lord" (Joshua 24:15). Register at cccrs.com or call 587-894-5314.

Pray for a Church open to everyone - Pope's Intention

Pray for the Holy Father's Intention this month: Let us pray that the Church, ever faithful to the Gospel and courageous in preaching it, may live in an increasing atmosphere of synodality and be a community of solidarity, fraternity, and welcome. For more info, visit thepopevideo.org

Employment opportunities

Assistant Coordinator - Feed the Hungry

Admin. Assistant - St. Mary's, Brooks

Bookkeeper - St. Mary's, Brooks

Associate Director - FCJ Centre

Visit catholicqyc.ca/careers for more information and application details.

Subscribe to Faithfully

If you haven't already, please subscribe to the Diocesan publication Faithfully - to keep you updated with what's happening in our Diocese. Faithfully gives a snapshot of faith at work in the lives of everyday people in our Diocese and provide us with opportunities to spread the Good News of Christ beyond the walls of our churches. New release is coming up this Monday! Subscribe at catholicqyc.ca/faithfully

Resources for children

Kid's challenge this week: Jesus tells a story of a bad judge and a widow who would not give up, reminding us of how important it is to keep praying and never give up hope. Colour this illustration and add what you think the judge and the woman are saying to each other in the speech bubbles. Perhaps you can write a prayer to God for a fairer world for all people to live in? (CAFOD)

Colouring page this Sunday

Kid's Bulletin for this Sunday

Sunday Connection - 29th Sunday in Ordinary Time (Gr. 1-8 & family)

Children's Liturgy of the Word this Sunday

Children's Liturgy sheet for leaders/parents (CAFOD) | Illustration

Children's Liturgy of the Word with Miss Heidi (Catholic TV)

Visit the Diocesan Event Calendar

Weekly reflections can be found here:

Vatican News | The Sunday Website

Sunday Connection

Daily and Sunday Mass Prayers & Readings: CCCB Daily Readings (pick the desired date)

Full schedule of Parish Livestream Masses: <https://www.catholicqyc.ca> | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit Salt+Light TV, Shalom World TV, EWTN and Vision TV

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Reminder: World Youth Day 2023 Info

To learn about the diocesan group that will be travelling to Lisbon, Portugal for World Youth Day in 2023, watch Fr. Cristino and Catarina's presentation here. Passcode: #wU99e.k6. For more information, contact sfxc@calgarydiocese.ca

Reminder: White Mass with Bishop McGrattan

The Calgary Catholic Medical Association invites all health care professionals and all the faithful to celebrate White Mass on the feast day of St. Luke, the patron saint for Physicians and those working in Health Care. When: Tuesday, October 18 at 7 pm, at St. Mary's Cathedral. Learn more about CCMA and get details about the Mass here.

When the Virgin Mary wrote a letter to St. Ignatius of Antioch (Feast Day: Oct. 17) | St. Ignatius was born in Syria around the year AD 35 and is believed to have been a disciple of St. John the Apostle. According to tradition, the disciple of St. John the Apostle received a letter from the Blessed Mother. [Read more](#)

St. Luke: A Good Reader, Observer, and Listener (Feast Day: Oct. 18) | Did you know that the Gospel of Luke—a Gospel traditionally believed to have come from the hand of a Greek physician (the same man who wrote the Acts of the Apostles) and whose words comprise nearly a quarter of the New Testament? Another important aspect of the Gospel writer and how to read him is this: a good writer is a good reader; a good storyteller is a good observer; and a good doctor is a good listener. [Read more](#)

St. Hedwig (Feast Day: Oct. 20)

St. Hedwig was a strong mother and wife, and is honored for the faith that she brought to her husband and the people that they governed. When her husband Henry died, she permanently joined one of her convents that was led by her daughter, and gave away all of her possessions to the poor. [Read more](#)

God is passionately in love with you, according to St. Margaret Mary Alacoque (Feast Day: Oct. 20) | When we think about God's love, we don't always use the word "passion." Yet, those were the exact words Jesus used when describing his love for humanity in a private revelation to St. Margaret Mary Alacoque, a religious visionary of the 17th century. [Read more](#)

St. John Paul II (Feast Day: Oct. 22): As relevant to the times as ever | Today, we need hope. The whole world needs hope. There are worrying signs in our societies that people are losing hope; they are numbing themselves with drugs, falling into despair, and with alarming frequency, dying through suicide. What would St. John Paul II say to us on hope? [Read more](#)

October/November 2022 Calendar Highlights

Oct 18 | White Mass with Bishop McGrattan & Healthcare Professionals

Oct 18 | Charismatic Prayer Meeting at St. Bonaventure

Oct 18 | Pastoral Care: Grace Accompanies Every Person with Fr. Tim Boyle

Oct 20 | Dreamwork Evening at FCJ Centre

Oct 21 | Marriage Preparation at St. Albert the Great

Oct 21 | Vespers & Study of the Rule of St. Benedict

Oct 22 | Celebration & veneration of St. John Paul II at the Cathedral

Oct 23 | Discerning God's Call for Unmarried Women at CPC

Oct 25 | CCCB Workshop on Catechesis - online

Oct 28 | Courageously Embracing Change and Building Resilience at FCJ

Nov 5 | Resourcing churches for ministering well in this next season

Nov 11 | Live-In Retreat

Nov 12 | Love More 5.0 Benefit Concert for Retired Priests at St. Albert the Great

Nov 10 | Triumph Retreat in Calgary

Nov 12 | Come & See with Poor Clares (online)

Nov 18-19 | Like a Mighty River Conference at St. James' Church, Okotoks

Nov 25 | Marriage Preparation (online + Ascension Catholic Parish)

Nov 22 | Pastoral Care: Accompanying in Conflict and Complicated Situations at St. Martha, Lethbridge

Nov 25 | Marriage Preparation at Ascension Catholic Parish, Calgary

To submit your parish/lay association events - go to catholicyc.ca/news and click "Add Event"

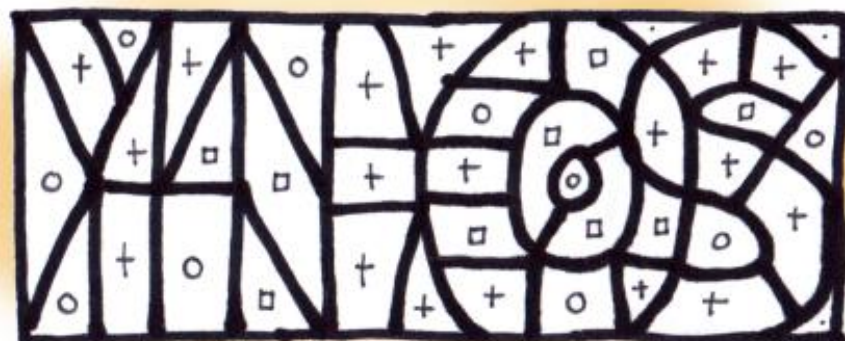
The Kids' Bulletin

29th Sunday in Ordinary Time
October 16th, 2022



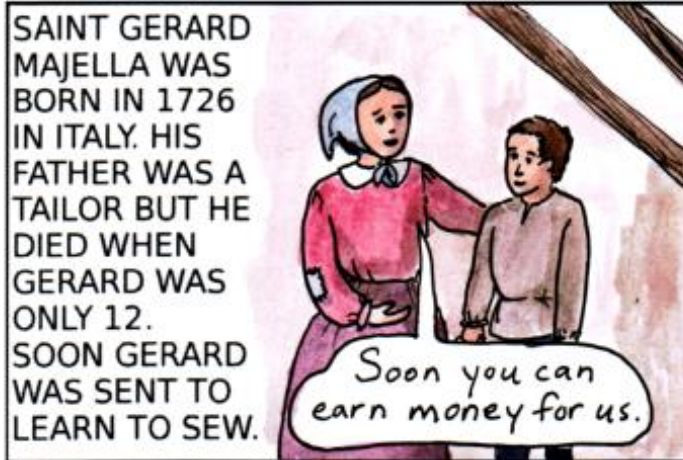
Luke 18:1-8

Did the unjust judge in today's parable
finally help the widow?
Only fill in the spaces with †'s to find out!



Saint Gerard Majella

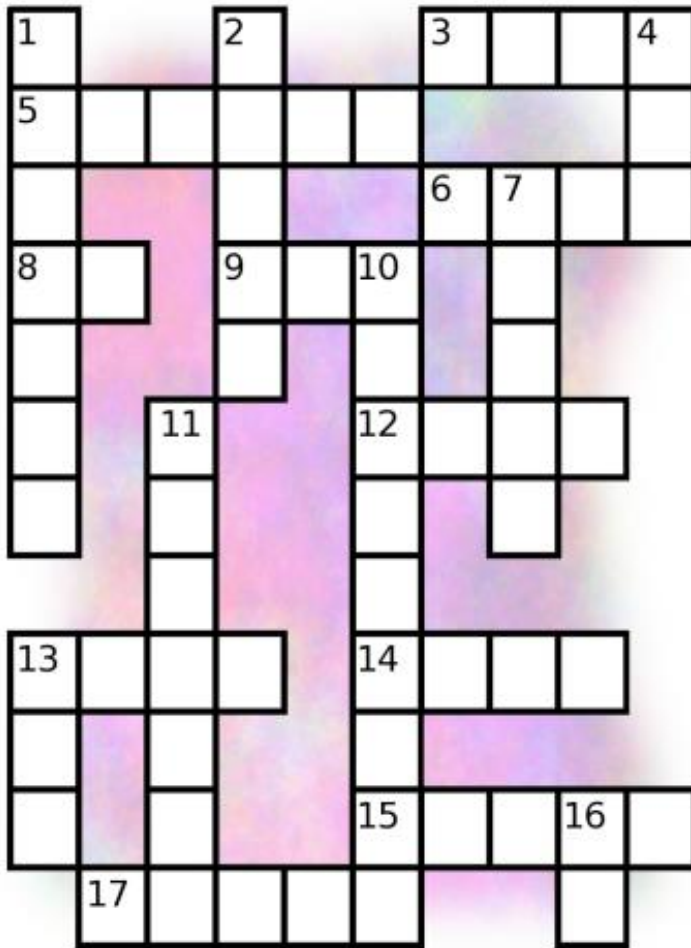
October 16



SAINT GERARD ALWAYS TRIED TO DO GOD'S WILL. WE CAN DO WHAT GOD WANTS BY FOLLOWING THE CHURCH'S LAWS AND OBEYING OUR PARENTS AND TEACHERS. THAT IS THE BEST WAY TO START BECOMING A SAINT. YOU CAN PRAY TO SAINT GERARD TO HELP YOU TO DO GOD'S WILL ALL THE TIME.

the parable of the unjust judge

*Here's a puzzle
about the story in
today's Gospel
reading.*



Across:

3. Jesus _____, "There was a judge..."
5. The judge was _____. (not fair)
6. The judge wanted the widow to go _____.
8. We should pray _____ God.
9. Who will always listen when we pray?
12. The judge was _____ to listen; God is fast.
13. The unjust judge did not _____ God.
14. What we do when we are talking to God.
15. The widow needed help against her _____.
17. Who told the story about the widow and judge?

Down:

1. Fairness.
2. What sort of person did the widow ask for help?
4. We pray to God _____ and night.
7. The parable is about a _____ and a judge.
10. Who did Jesus tell the story to?
11. Another name for the stories Jesus told.
13. God will do what is good _____ us.
16. The judge thought, "She will wear _____ out."



Never Give Up!

Have you ever felt like giving up on praying because it seemed like God wasn't listening?

In today's Gospel reading Jesus tells the disciples a parable about a widow who kept bothering a bad judge to help her. Finally he did what she asked so that she would stop bothering him. Jesus said that if someone like that will do what a person asks, God will certainly listen to everything we ask him.



But does God always do what we ask when we ask Him to? God always hears what we say to Him, but He has a few ways of answering our prayers. Sometimes He gives us what we ask for right away, but sometimes He lets us wait a while before we get it. And sometimes He doesn't give us what we are asking for because He has a better plan for us.



So always persevere when you're praying for something. God hears you and you can trust Him to do what is the very best for you!

Never give up!

Cross-word answers: Across: 3.said 5.unjust 6.away
8.to 9.God 12.slow 13.fear 14.pray 15.enemy
Down: 1.unjust 2.judge 4.day 7.widow
10.disciples 11.parable 13.for 16.me

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holyfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESOND to it, you can forward it to contact@holyfamilymh.ca so it can be sent to the diocese.