



Welcome to HOLY FAMILY PARISH

OCTOBER 2, 2022 – THE 27TH SUNDAY IN ORDINARY TIME

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Phone 403-527-6933

Facebook: [Medicine Hat Holy Family Parish](#) ~ YouTube: [Medicine Hat Holy Family Church](#)

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid & Fr Naveed Arif
& Deacon Robert Risling

RECONCILIATION...

Friday 9:30am–10:30am. & Saturday 3:30–
4:45pm. Or by Appointment

MASS TIMES... MONDAY to FRIDAY at 9:00AM

FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM
SUNDAY at 8:30AM, 10:30AM & 6:00PM

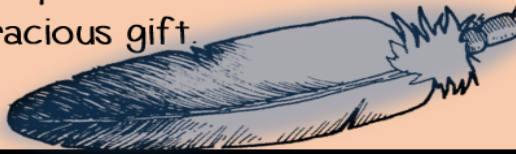
THE CHAPEL IS OPEN

MONDAY - FRIDAY 9:30am - 4:00pm
ADORATION FRIDAY 9:30 – 10:30am

Knights of Columbus - Kirby Peterson
Catholic Women's League - Marjorie Bowlby

Parish Pastoral Council Chair - Gary Heinbecker
Parish Finance Committee Chair - Cheryl Pocsik

We acknowledge that Treaty 7 territory, on which we stand, is the ancestral land of the Indigenous peoples and is common home to everyone in virtue of God our Creator's gracious gift.



Feast Days

Saturday, Oct. 1 - Saint Therese of the Child Jesus
Sunday, Oct. 2 - Guardian Angels
Tuesday, Oct. 4 - St. Francis of Assisi
Wednesday, Oct. 5 - St. Faustina Kowalska
Friday, Oct. 7 - Our Lady of the Rosary



E-Transfer Donations

accounting@holyfamilymh.ca

Sunday's Readings

1st Reading: Habakkuk 1.2-3;2.2-4

The righteous one lives by his faith.

Responsorial Psalm: 95.1-2,6-7ab,7c-9 (R.7c+8a)

R. O that today you would listen to the voice of the Lord. Do
not harden your hearts!

2nd Reading: 2 Timothy 1.6-8,13-14

Do not be ashamed of the testimony about our Lord.

Gospel: Luke 17.5-10

If you had faith.

What About Seed and Service?

Here are two puzzling teachings for today. One, of mulberry tree and mustard seed. Another, of servant and master. The first assures us that even a little faith can accomplish very big, even unimaginable things. The second distinguishes between part-time or full-time service. Add to this Paul's advice to Timothy: "bear your share of hardship for the gospel."

Disciples, that is, followers of Christ, need to be all-in.

- † What big things will my faith in God accomplish today?
- † What hardship will I bear to be a full-time follower?
- † What mercy work can I do to accomplish this?

October 2, 2022 – The 27th Sunday in Ordinary Time

OPERATING FINANCES	
AUGUST 1-31, 2022	
Operating Budget 2022	\$ 59,708
General Envelope Collection	\$ 35,344
Loose Collections	\$ 725
Future Development	\$ 3,030
Sale of Church Supplies & Other	\$ 2,921
Budget Vs Actual	-\$ 17,688
SPECIAL COLLECTIONS	
Together in Action (TIA)	\$ 3,518
St Vincent de Paul	\$ 3,086
Clergy Retirement	\$ 25
Mission Mexico	\$ 160
CARO	\$ 80
World Missions	\$ 30
Seminary Fund	\$ 60
Needs of Cdn Church	\$ 5
Root Cellar/FoodBank	\$ 35
Ukraine Relief YTD	\$ 21,665
<i>Thank You for your Generous Contributions</i>	
Average Weekly Attendance	824



2022 Goal
\$70,938

total to date
\$31,822.47

which is 45%



Together in ACTION
Annual Bishop's Appeal

Mark Your Calendars

- October 1, 2022 - 8:30am
First Saturday of the month Mass
- October 1, 2022 - 7:30am HFP Hall
That Man is You - Breakfast & Presentation
- October 1 -2, 2022 - Before & After all Masses
CWL Bottle Drive
- October 1 -2, 2022 - After all Masses
Parish Ministry Fair
- October 1, 2022 - 6:30 pm HFP Hall
Volunteer Appreciation Wine & Cheese Social
- October 4, 2022 - 9:45am to 11am - Faith Rm
You Be You Fitness
- October 5, 2022 - 8:00am Holy Family Parish
R C J A
- October 5, 2022 - 7:00apm Faith Room
Mother of Perpetual Help Novena
- October 7, 2022 - 9:30am to 9:30pm Chapel
First Friday of the month Adoration
- October 8, 2022 - 7:30am HFP Hall
That Man is You - Breakfast & Presentation
- October 10, 2022 - 7:00pm - Faith Room
Knights of Columbus General Meeting
- October 11, 2022 - 6:00pm - Faith Room
Catholic Women's League General Meeting
- October 14, 2022 - 6:30 - 9:00pm - Faith Room
Renew How You Serve God - Volunteer Workshop
- October 15, 2022 - 9:30am - Noon - Faith Room
Renew How You Serve God - Volunteer Workshop
- November 6, 2022 - HFP Hall
CWL Fall Supper
- November 12-13 - After all Masses

† Mass Intentions †



Saturday, October 1

8:30am - Dcn. Robert Risling
5:00pm - Bf & Roxy Grove

Sunday, October 2

8:30am - Jennifer Wrzosek †
10:30am - Theresa Streifel †
6:00pm - Holy Family Parish

Monday, October 3

9:00am - Clergy & Staff of Holy Family Parish

Tuesday, October 4

No Mass - Priest Study Days

Wednesday, October 5

No Mass - Priest Study Days

Thursday, October 6

No Mass - Priest Study Days

Friday, October 7

9:00am - Al Macaulay †

THE HOLY FAMILY CWL BOTTLE DRIVE

Scheduled for October 1 & 2, 2022 has been re-scheduled to Sunday, October 2, noon to 8pm

The truck will be in the church parking lot and volunteers will assist you with loading your BOTTLES AND RE-CYCLABLES.

The CWL thanks you for your support!!

Questions: call or text Anna Marie 306-322-7741



Sacramental Preparation



Confirmation Class - HFP Faith Rm
Thursday, Sept. 29th at 6:30pm

1st Reconciliation Parents - HFP Hall
Thursday, Sept. 29th at 6:30pm

1st Reconciliation Class - HFP Faith Rm
Sunday, October 2nd at 10:15am

THAT MAN IS YOU!

Holy Family Parish Hall

Breakfast 7:30am

Presentation

8:30 – 9:30 am

October 8, 2022

Theme:

Wrath And His Six Daughters

Presenter: John Sablan



Rite of Christian Initiation of Adults

Wednesdays

7:00pm

Faith Room



Holy Family Parish, Medicine Hat, AB

For information call Pat at 403-878-6073

Renew How You Serve God

Are you using the gifts you received from God?

Come and take a deep dive into your parish.

~ What are we doing right?

~ What can we do to improve?

All Volunteers are encouraged to attend one of these sessions...

Friday, October 14, from 6:30 – 9:00pm

Or Saturday, October 15 from 9:30am to Noon



You Be You Fitness

You Be You Fitness with Mary Jean Rath from SK8TREE COACHING

Tuesdays, starting October 4th, 2022 - 9:45am - 11:00am (after the daily mass) in the FAITH ROOM

DROP IN COST: \$5.00 per session

Please Bring a towel, and water bottle & Wear comfortable clothing and shoes!

A SAFE AND NON-JUDGEMENTAL SPACE!!!!

Email: mj.rath@yahoo.com or call 403-581-8004



Talk to God. He will listen to you. This is a time for just you and God. Tell him what is on your mind. And remember, to hear God. You must listen first. Come join Holy Family Parish for first Friday Eucharistic Adoration on October 7th. We need 12 volunteers to sign up to not leave our Lord alone. Sign up sheet available in front Foyer before and after Mass.

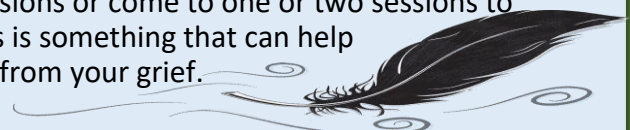
GriefShare

Are you or someone you know grieving the loss of a loved one. Whether your loved one passed a while ago, or just recently, we can all benefit from others who have experienced similar losses. Join us on a journey from Mourning to Joy, a 13-week program of healing that helps us to transition and work through our grief and learn to move forward with the help of videos and discussion.

We will meet on Thursdays at 6:00 PM in the Hope Room, starting on October 13th.

Call Karen at 403-487-4893 for Information or call the church to register at 403-527-6933

There is no fee to attend, come and plan to attend all 13 sessions or come to one or two sessions to see if this is something that can help you heal from your grief.



Children's liturgy has started again at the 10:30 Mass!

And we are excited to help your children reflect on the gospel readings through discussion, songs, activities, and crafts for children preschool to grade 2. Save the date for our Pumpkin party on October 23rd After the 10:30 Mass... No Costumes needed!

Canada Needs Our Lady

Come join us at City Hall on Saturday October 15th, for a Rosary rally at 12 noon. As we pray the rosary for Canada, and the conversion of Russia, very important in these uncertain times.

The Parish library will be open before and after weekend masses. Please stop by and check it out. Volunteers are also needed to help at different masses.



PRAYER & Praise

Mondays at 6:30pm
In the Holy Family Parish Chapel

St. Michael's Parish Community Fall Supper

Sunday, October 30 – 4:30 – 6:30pm
Golden Age Center, Bow Island
Adults \$20 – 7-12yrs \$10 – 6 & under Free
Family Rate \$50 (Immediate Family)

Triumph

Freedom through Healing

* TRIUMPH: FREEDOM THROUGH HEALING – Nov. 10-18, 2022, at the FCJ Retreat Centre,

The *triumph: Freedom Through Healing* program, facilitated by Jerry and Donna Kristian, is a nine-day Christ-centered journey of inner healing and discovery equipping and empowering people with the tools needed to make meaningful and lasting changes in their lives – a path to true freedom through healing in Christ. Cost is \$1,000 and includes program registration, meals, facility, single occupancy bedroom and all retreat materials and resources. For more information or to register call Harriet at **403-813 6759** or visit <http://www.triumphretreat.com>.



We Are **HIRING** an **ASSOCIATE DIRECTOR**



We are looking for an **Associate Director** and we need your help!

Please spread the word about our job posting and keep our search in your prayers.

Don't miss this opportunity



catholicyc.ca/Faithfully

Faithfully keeps you updated with what's happening in and around our Diocese!

**Sunday 10:30am Mass on YOUTUBE
Medicine Hat Holy Family Church Live Stream**
<https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut> Q



Listen to Mass on your phone...
Download the "Audio Fetch" app.
Our Network is: HFP_LIVE
The Password is: Liv3HFP*



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 - Start enjoying the best Catholic content all in one place!
- IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!**

KNIGHTS OF COLUMBUS

Just a reminder to all brother Knights if you have an address change, email change, phone change, cell phone added kindly notify your Financial Secretary

Pat Ries at pjries@memlane.com or 403-458-0442(text)

Would all the brother Knights who are not getting emails regarding Honor Guard request kindly contact me. It has been brought to my attention that I do not have your email address entered in the Supreme Member Management website. Contact as per above. Thank You

#9502 Knights of Columbus Events September and October 2022	
Event Name and Description	Date and Time
Membership Drive - Men who want to deepen their Catholic faith and serve their parish join the Knights of Columbus	Saturday, October 1 and Sunday, October 2 after weekend Masses
Volunteer Appreciation - wine and cheese social recognize the valuable contribution volunteers make to our parish	Saturday, October 1 at 6:30pm in the Parish Hall
Knights of Columbus Mass	Sunday, October 2 at 10:30am Mass
Stand Up Life - attend a Pro-Life event supporting life from conception to natural death	Sunday, October 2 at 2:00pm to 3:00pm at the Health Unit on Dunmore Road
Adoration - all parishioners are asked to spend time in prayer and reflection before Christ in the Blessed Sacrament	Friday, October 7 Holy Family Parish Chapel 9:30am to 9:30pm
General Council Meeting	Monday, October 10 at 7:00pm in HFP Faith Room
Canada Needs Our Lady - honor Our Lady of Fatima by attending this rosary rally	Saturday, October 15 at 12:00pm at City Hall
Parish Breakfast	Sunday, October 16 after 8:30am and 10:30am Masses in Parish Hall



27th Sunday in Ordinary Time Year C

October 2, 2022

LORD, INCREASE OUR FAITH

The month of October always begins with the Feast Day of St. Therese of the Child Jesus on October 1st who is the patron saint of missions and of florists. Thérèse was the youngest of nine children, five of whom survived childhood. After her mother died of breast cancer in 1877, Thérèse moved with her family to Lisieux. In the deeply religious atmosphere of her home, her piety developed early and intensively. Here famous saying is “Miss no single opportunity of making some small sacrifice, here by a smiling look, there by a kindly word; always doing the smallest right and doing it all for love”. In her autobiography she has shared her desire for martyrdom because she believed she will be loved and she quotes “Since my longing for martyrdom was powerful and unsettling, I turned to the epistles of Saint Paul in the hope of finally finding an answer. By chance the twelfth and thirteenth chapters of the first epistle to the Corinthians caught my attention, and in the first section I read that not everyone can be an apostle, prophet or teacher, that the Church is composed of a variety of members, and that the eye cannot be the hand. Even with such an answer revealed before me, I was not satisfied and did not find peace. I persevered in the reading and did not let my mind wander until I found this encouraging theme: Set your desires on the greater gifts. And I will show you the way which surpasses all others. For the Apostle insists that the greater gifts are nothing at all without love and that this same love is surely the best path leading directly to God. At length I had found peace of mind”.

She continues to say “When I had looked upon the mystical body of the Church, I recognized myself in none of the members which Saint Paul described, and what is more, I desired to distinguish myself more favorably within the whole body. Love appeared to me to be the hinge for my vocation. Indeed, I knew that the Church had a body composed of various members, but in this body the necessary and more noble member was not lacking; I knew that the Church had a heart and that such a heart appeared to be aflame with love. I knew that one love drove the members of the Church to action, that if this love were extinguished, the apostles would have proclaimed the Gospel no longer, the martyrs would have shed their blood no more. I saw and realized that love sets off the bounds of all vocations, that love is everything, that this same love embraces every time and every place. In one word, that love is everlasting. Then, nearly ecstatic with the supreme joy in my soul, I proclaimed: O Jesus, my love, at last I have found my calling: my call is love. Certainly, I have found my place in the Church, and you gave me that very place, my God. In the heart of the Church, my mother, I will be love, and thus I will be all things, as my desire finds its direction”.

And then on the 2nd of October Holy Mother Church invites us to celebrate the Feast of the Guardian Angels (first observed in the 16th century. In 1615, Pope Paul V added it to the Roman calendar) to believe and trust that God is protecting us from any evil we may encounter in our faith journey. Perhaps no aspect of Catholic piety is as comforting to parents as the belief that an angel protects their little ones from dangers real and imagined. Yet guardian angels are not only for children. Their role is to represent individuals before God, to watch over them always, to aid their prayer, and to present their souls to God at death. The concept of an angel assigned to guide and nurture each human being is a development of Catholic doctrine and piety based on Scripture but not directly drawn from it. Jesus' words in Matthew 18:10 best support the belief: "See that you do not despise one of these little ones, for I say to you that their angels in heaven always look upon the face of my heavenly Father." And also during the whole month of October we follow the example of Blessed Virgin Mary as we continue to recite Rosary who being the first disciple of her own Son has taught us to "do what he says". And St. Bernard helps us to open our hearts and mind to understand the mysteries of our Salvation through praying the Rosary: "The child to be born of you will be called holy, the Son of God, the fountain of wisdom, the Word of the Father on high. Through you, blessed Virgin, this Word will become flesh, so that even though, as he says: I am in the Father and the Father is in me, it is still true for him to say: "I came forth from God and am here." In the beginning was the Word. The spring was gushing forth, yet still within himself. Indeed, the Word was with God, truly dwelling in inaccessible light. And the Lord said from the beginning: I think thoughts of peace and not of affliction. Yet your thought was locked within you, and whatever you thought, we did not know; for who knew the mind of the Lord, or who was his counselor? And so, the idea of peace came down to do the work of peace: The Word was made flesh and even now dwells among us. It is by faith that he dwells in our hearts, in our memory, our intellect and penetrates even into our imagination. What concept could man have of God if he did not first fashion an image of him in his heart? By nature, incomprehensible and inaccessible, he was invisible and unthinkable, but now he wished to be understood, to be seen and thought of. But how, you ask, was this done? He lay in a manger and rested on a virgin's breast, preached on a mountain, and spent the night in prayer. He hung on a cross, grew pale in death, and roamed free among the dead and ruled over those in hell. He rose again on the third day, and showed the apostles the wounds of the nails, the signs of victory; and finally in their presence he ascended to the sanctuary of heaven. How can we not contemplate this story in truth, piety, and holiness? Whatever of all this I consider, it is God I am considering; in all this he is my God. I have said it is wise to meditate on these truths, and I have thought it right to recall the abundant sweetness, given by the fruits of this priestly root; and Mary, drawing abundantly from heaven, has caused this sweetness to overflow for us".

The whole month of October we reflect on the life of Blessed Virgin Mary, keep reminding us to have strong faith and God will give us everything we need as per Jesus' promise "Ask and you will receive, search and you will find and knock, and the door will be opened for you". Today's Sacred Scripture is an eye opener for us to examine ourselves to see what we ask the Lord and how much patience we must wait for our prayers to be answered.

St. Bernard of Clairvaux, back in the eleven hundreds, was riding up into the Alps to give a retreat. In passing a farmer he heard a grunt, and he stopped to look down at him. The man followed the grunt by saying, "I envy you, with nothing to do but pray while I have to kill myself working in this rocky soil." "Well," the saint said, "Praying can be even harder work than digging around those stones." "I doubt that very much," the man said, "With that beautiful horse and the gorgeous saddle, what do you know of hardship?"

Up till then Bernard hadn't given any attention to his mount. He said, "It is a beautiful horse, isn't it? I'll tell you what, if you can say the Lord's Prayer from beginning to end without taking your mind off it, I'll give you this horse." "That's so generous of you," the man said; and he began praying, "Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be . . . do I get the saddle too?"

In the First Reading Habakkuk is praying to God and is asking his help; "O Lord, how long shall I cry for help, and you will not listen? Or cry to you 'Violence!' and you will not save? What is prayer? Prayer means asking, talking, dialoguing, meditating and above all building relationship. Praying to the Lord is not "why me Lord" but believing and trusting in the Lord that he has power to give us what we are asking from him. Many times I have shared the following story as I love this one to remind myself never to complain to the Lord by saying "why me Lord" but always remember to be grateful for all his blessings. Arthur Ashe was the first black man to win the U.S. Open, Australian Open, and Wimbledon. During a heart surgery in 1983, he got infected by the blood that he received and contracted AIDS.

From all over the world, he received letters from his fans, one of which conveyed: "Why did GOD have to select you for such a bad disease?"

To this, Arthur Ashe replied:

"The world over — 50 million children start playing tennis,

5 million learn to play tennis,

500,000 learn professional tennis,

50,000 come to the circuit,

5000 reach the grand slam,

50 reach Wimbledon,

4 to the semifinals,

2 to the finals,

When I was holding the cup I never asked GOD 'Why me?'

And today in pain I should not be asking GOD 'Why me?'

At the end he said, "never tell God how big your problem is but always tell your problems how big your God is, and you will be released from your problems".

In the Gospel when we reflect on the request of the disciple, I believe we must understand the following points as someone said"

- Happiness keeps you Sweet,
- Trials keep you Strong,
- Sorrow keeps you, Human,
- Failure keeps you humble and
- Success keeps you glowing, but only Faith & Attitude Keeps you going."

Sometimes you are not satisfied with your life, while many others in this world are dreaming of living your life.

A child on a farm sees a plane fly overhead and dreams of flying, while a pilot on the plane sees the farmhouse and dreams of returning home.

That's Life! Enjoy yours...

Because;

- If wealth is the secret to happiness, then rich should be dancing on streets, but only POOR kids do that.
- If power ensures security, then VIPs should walk unguarded. But those who live simply sleep soundly
- If beauty and fame bring ideal relationships, celebrities should have the best marriages

Therefore, live simply, Be happy, Walk humbly & Love genuinely!

The request of the disciple in the Gospel today is genuine "Lord increase our Faith" and the reply of the Lord is the purest "if you have a faith like a mustard seed..." It seems that we can all make this our invocation. Yes Lord, our faith is small, our faith is weak and fragile, but we offer it to you as it is, so that you can make it grow. Would it be good to say this all together? Shall we repeat together: "Lord, increase our faith!?" Shall we? Everyone: Lord, increase our faith! Lord, increase our faith! Lord, increase our faith! Make it grow!

And how does the Lord answer us? He responds: "If you had faith like a mustard seed, you could say to this mulberry tree, 'Be rooted up, and be planted in the sea', and it would obey you". A mustard seed is tiny, yet Jesus says that faith this size, small but true and sincere, suffices to achieve what is humanly impossible, unthinkable. And it is true! We all know people who are simple, humble, but whose faith is so strong it can move mountains!

"Lord, increase our Faith" is a beautiful prayer, which we should pray often throughout the day: "Lord, increase our faith!". Faith compared to the mustard seed is a faith that is not proud and self-confident; and doesn't pretend to be that of a great believer! It is a faith that in its humility feels a great need for God and in its smallness, it abandons itself with total confidence to God. It is a faith that gives us the ability to look with hope at the ups and downs of life, which also helps us to accept defeats, and sufferings, in the knowledge that evil never has, nor never will never have, the last word. Faith has made Abraham, a Friend of God.

How can we know if we really have faith, that is, if our faith, though tiny, is genuine, pure, and honest? Jesus explains this to us by pointing out that the measure of faith is service. And he does so with a parable that at first glance is a little disconcerting, because it presents the figure of an arrogant and indifferent master. But it is exactly what this master does brings that highlights the true heart of the parable, that is, the attitude of the availability of the servant. Jesus wants to say that this is how a person of faith is should be in relation to God: he is completely surrendering to Gods will, without expectations or pretensions.

This attitude towards God is also reflected in the way we behave in the community: it is reflected in the joy of being at the service of one another, already finding in this its own reward and not in the recognitions and advantages that can result from it. It is what Jesus teaches at the end of this story: "When you have done all you have been commanded, say: "We are useless servants. We have done what we were obliged to do."

Useless servants, that is, with no expectations of being thanked, with no demands. "We are useless servants" is an expression of humility, and willingness that does so much good to the Church and reminds us of the correct attitude needed to work in the Church: that of humble service, of which Jesus has set the example, in washing the feet of his disciples (John 13:3-17).

Many people arrived at the church to pray for the needed rain. The pastor greeted most of them as they filed in.

As he walked to the front of the church to officially begin the meeting, he noticed most people were chatting across the aisles and socializing with friends.

When he reached the front, his thoughts were on quieting the attendees and starting the meeting.

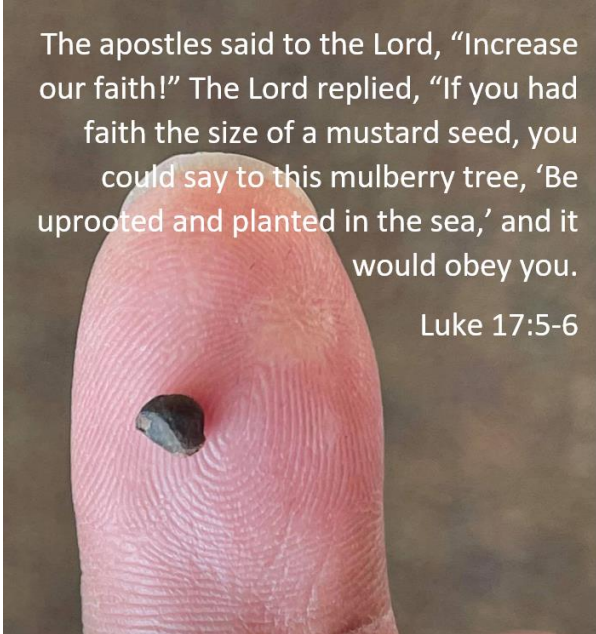
His eyes scanned the crowd as he asked for quiet. He noticed an eleven-year-old girl sitting quietly in the front row. Her face was beaming with excitement.

Next to her, open and ready for use, was a very colorful and extremely large umbrella, much bigger than her in fact.

The little girl's beauty and innocence made the pastor smile as he realized how much faith she possessed. No one else in the congregation had brought an umbrella.

All came to pray for rain. But the little girl had come expecting God to answer.

Let us learn from Blessed Virgin Mary during this month of October who said "Behold I am the handmaid of the Lord, let it done to me according to your word" so that we may request everyday to the Lord to increase our faith so that we could hear him attentively and serve him.



The apostles said to the Lord, "Increase our faith!" The Lord replied, "If you had faith the size of a mustard seed, you could say to this mulberry tree, 'Be uprooted and planted in the sea,' and it would obey you.

Luke 17:5-6

Sunday Updates

27th Sunday in Ordinary Time



Visit the [Diocesan Event Calendar](#)

Follow us on Social Media

[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:

[Vatican News](#) | [The Sunday Website](#)
[Sunday Connection](#)

Daily and Sunday Mass Prayers & Readings: [CCCB Daily Readings](#) (pick the desired date)

Full schedule of Parish Livestream Masses:

<https://www.catholiccyc.ca> | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#)

COVID-19 Resources

- [Sacraments & Liturgies](#)
- [Spiritual Resources](#)
- [Sacrament Preparation](#)
- [Online Formation Opportunities](#)

Resources for children

- **Kid's challenge this week:** Discuss with your family how God can work miracles in our lives, and how God can use us to make a difference in our world. Together as a family, pray [Saint Ignatius of Loyola's Prayer of Generosity](#). Ask that God will work through your family to make a difference in the lives of those around you.

(LOYOLA PRESS)

- [Colouring page this Sunday](#)
- [Kid's Bulletin for this Sunday](#)
- [Sunday Connection - 27th Sunday in Ordinary Time](#) (Gr. 1-8 & family)
- **Children's Liturgy of the Word this Sunday**
 - [Children's Liturgy sheet for leaders/parents](#) (CAFOD) | [Illustration](#)
 - [Children's Liturgy of the Word with Miss Heidi](#) (Catholic TV)

Canadian Bishops thank Pope Francis for recent visit

The Canadian Conference of Catholic Bishops (CCCB) is releasing its President's annual report to the members, highlighting major pastoral initiatives undertaken by the CCCB since the last plenary meeting, such as the Indigenous Delegation to the Vatican in March 2022, the Apostolic Visit of Pope Francis to Canada in July 2022, as well as in the areas of family and life, and Church's ongoing journey toward the Synod on synodality.

- [2022 Report from the CCCB President](#)
- [Letter to Pope Francis](#)

Discerning God's call for unmarried women

The Office of Vocations invites women seeking to know how to discern the will of God in their lives, to learn how to listen and discover God's call in their life. We will be engaging in Lectio Divina prayer and exploring how to discern using the Ignatian method of discernment.

- When: Sunday, Oct. 23 at 2 pm at [CPC](#) (1 or 2 hours session)
- Download [Poster](#)

Directory for Catechesis Study Group Series

The Office of Pastoral Ministry offers an online opportunity (via Zoom) for those engaged in sacramental preparation, RCIA, pastoral care ministry, and other parish ministries to delve deeper into the reading, studying, and discussing of the [Directory for Catechesis](#).

- [Session dates \(bi-monthly\) & details](#). Starts on Oct 11.
- [Register here](#)
- To get a copy of the [Directory for Catechesis](#) (\$20), contact Sr. Mariflor.

Save the date: *Resourcing churches for ministering well in this next season - Nov 5*

Hosted by the [Flourishing Congregations Institute](#), join researchers and church leaders across theological contexts and Canadian regions for Canadian data, theological reflection, and practical application on themes related to volunteers, finances, attendance, and more. When: **Saturday, Nov. 5, 2022** at 9 am to 12 pm. [More info](#) | [Poster](#)

- Bonus short video: [Want to grow your volunteer base? Ask!](#) Presented by Fr. Avinash Colaco, Rector of St. Mary's Cathedral, Calgary.
- Read [Report on Catholic Parishes in Canada](#) by Flourishing Congregations Institute

Like A Mighty River Conference 2022

The Calgary Catholic Charismatic Renewal Society (CCCRS) invites you to the annual *Like A Mighty River Conference* on the weekend of Nov. 18 & 19, with the theme: "**but as for me, and my house, we will serve the Lord**" (Joshua 24:15). Guest speakers: Fr. Alexander Braganza, OCD. Superior of Carmel Hill Monastery – Deroche Mission BC. This conference will coincide with the Feast of Christ the King.

- Download [Conference poster](#)
- Registration for [Individual](#) | [Family](#)

Marriage Preparation Courses

- For marriage preparation courses in the fall, see our Diocesan page where couples can choose the appropriate date, register and pay for the course: catholicyyc.ca/marriageprep

Employment opportunity

There are a number of employment opportunities that are currently available in the Diocese of Calgary and beyond.

- Support Staff (PT) - Elizabeth House, Calgary
- Administrative Assistant (PT) - St. Mary's, Brooks
- Bookkeeper (Casual) - St. Mary's, Brooks

Please visit catholicyyc.ca/careers for more information and application details.

National Synthesis for Canada

We invite everyone to read the Synod on Synodality reports, which is the culmination of a sincere listening exercise that occurred in every diocese across the country.

- Download the [Western Region Synod Synthesis](#)
- Download [National Synthesis](#)
- Download the [Diocesan Synthesis](#)

Other Resources & Events

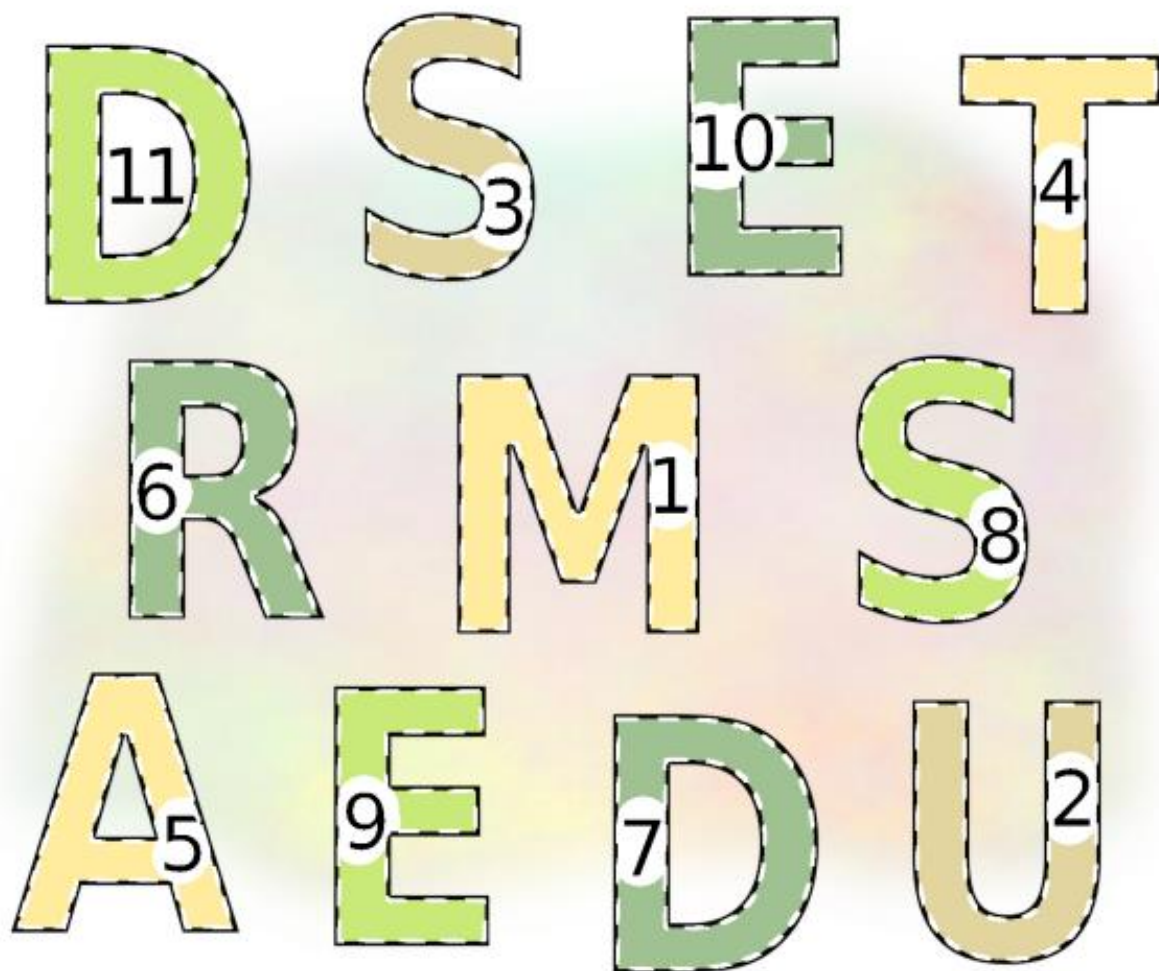
1. **Global community cannot stand by as Nigerians lose their lives** | As Nigeria continues to suffer unrest and extremism, the International Catholic Migration Commission appeals to the UN's human rights council to work towards preserving the rights of all Nigerians. [Read more](#)
2. **The Wealth of Poverty**
Got a Formed.org account? Watch a new mini-documentary in [Formed.org](#) created from interviews and footage originally taken for Sign of Contradiction. In light of St. Francis' feast day (Oct 4), the mini-documentary celebrates his life and his dedication to the poor. The film takes a deeper look at discovering where true wealth lies. [Watch now](#)
3. **3 Lessons about minimalism from St. Francis of Assisi (Feast Day: Oct 4)**
St. Francis shrugged off his fears, left everything behind and never worried what anybody said about him. Here are a few habits of St. Francis that we all can keep in mind when we feel the need to simplify or downsize. [Read more](#)
4. **7 things you need to know about St. Faustina Kowalska (Feast Day: Oct 5) and her vision of hell** | While Catholics around the world are familiar with St. Faustina Kowalska and her connection to Divine Mercy, many may not know about the way in which Jesus talked to her about her calling, Hell, and her mission to proclaim the mercy of God. Here are seven important facts to know about this popular saint. [Read more](#)
5. **Blessed Marie-Rose Durocher (Feast Day: Oct. 6)**
Eulalie Durocher was born at Saint-Antoine-sur-Richelieu on October 6, 1811. Her father owned extensive agricultural holdings and her mother, who had studied with the Ursulines in Québec City, instilled in her the values of prayer, justice and openness. Although she had a lively and playful spirit, Eulalie was limited by fragile health. [Read more](#)
6. **Who is St. Bruno? (Feast Day: Oct. 6)**
In his infinite goodness, God, who never ceases to provide for the needs and interests of his Church, had therefore chosen Bruno, a man of eminent holiness, to restore to the contemplative life the brilliance of its original purity. How did he become the founder of the Carthusian monks? [Read more](#)
7. **10 Ways to honour Our Lady of the Rosary (Memorial: Oct 7) this month and all year round** | October is the month of the Holy Rosary. Here are 10 ways you can more closely align your life and home to the Rosary. Perhaps some of these wonderful devotions will stick around your domestic church even after October is over. [Read more](#)
 - o [A family's testimony about praying the rosary](#) (5 mnts video)
 - o [A testimony from a dad on Rosary prayer](#) (2 mnts video)
 - o [Family Rosary's Mobile App](#)
8. **Why your marriage doesn't need more date nights**
"Contrary to common marriage advice, there is something else you should be paying attention to." So here are a few interactions Cecilia found that she had to work on to improve her marriage, and thus improve their dates. [Read more](#)
9. **October/November 2022 Calendar Highlights**
 - o **Oct 8** | [Sacred Heart Church Variety Hour Concert](#) at JSCH, Calgary
 - o **Oct 9** | [Rosary Coast to Coast](#)
 - o **Oct 11** | [Directory of Catechesis Study Group](#) - Zoom
 - o **Oct 13** | [Creative self-care to enhance well being](#) at FCJ Centre
 - o **Oct 14** | [Braiding Together: Dialogue towards truth](#) - RMEC Conference
 - o **Oct 18** | [Pastoral Care: Grace Accompanies Every Person](#) with Fr. Tim Boyle
 - o **Oct 20** | [Dreamwork Evening](#) at FCJ Centre
 - o **Oct 21** | [Marriage Preparation](#) at St. Albert the Great
 - o **Oct 21** | [Vespers & Study of the Rule of St. Benedict](#) at St. Bernard's, Calgary
 - o **Oct 22** | [Celebration & veneration of St. John Paul II](#) at St. Mary's Cathedral
 - o **Oct 23** | [Discerning God's Cal for Unmarried Women](#) at CPC
 - o **Oct 28** | [Courageously Embracing Change and Building Resilience](#) at FCJ
 - o **Nov 5** | [Resourcing churches for ministering well in this next season](#)
 - o **Nov 12** | [Come & See with Poor Clares](#) (online)
 - o **Nov 18-19** | [Like a Mighty River Conference](#) at St. James', Okotoks
 - o **Nov 25** | [Marriage Preparation](#) (online + Ascension Catholic Parish)
 - o **Nov 22** | [Pastoral Care: Accompanying in Conflict and Complicated Situations](#)
 - o To **submit your parish/lay association events** - go to [catholicyc.ca/news](#) and click "Add Event"

The Kids' Bulletin

27th Sunday in Ordinary Time
October 2nd, 2022

What did Jesus say in today's Gospel reading when the apostles asked Him to give them more faith?

Sort out the letters by number and put them in the spaces below.



"If you have faith the size of a

1 2 3 4 5 6 7 8 9 10 11


you would say to this mulberry tree,
'Be uprooted and planted in the sea,'
and it would obey you.

Luke 17:5-10

Blessed Marie-Rose Durocher

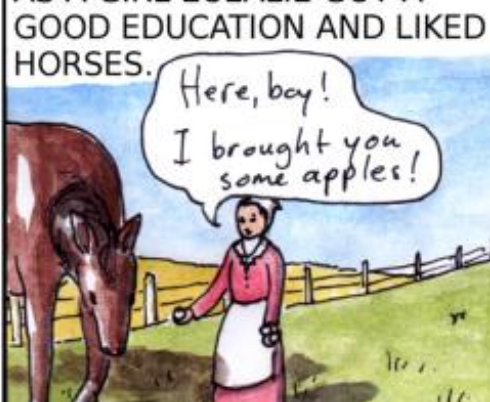
October 6

EULALIE DUROCHER WAS BORN IN 1811 IN A VILLAGE OUTSIDE OF MONTREAL IN CANADA. SHE WAS THE 10TH OF 11 CHILDREN.



It's a girl!

AS A GIRL EULALIE GOT A GOOD EDUCATION AND LIKED HORSES.



Here, boy!
I brought you some apples!

SHE FELT CALLED TO THE RELIGIOUS LIFE BUT WAS TOO SICKLY TO JOIN THE CONVENT.




I'm sorry.
We just can't have sisters who aren't very strong.



Oh, thank you!

FOR 13 YEARS SHE WAS THE HOUSEKEEPER FOR HER BROTHER, A PRIEST.

SHE WAS KIND TO EVERYONE BUT VERY STRICT WITH HERSELF.



THE BISHOP ASKED HER TO START AN ORDER OF TEACHING NUNS, AND AT FIRST SHE DIDN'T THINK SHE COULD.



But I'm not very healthy, your excellency!



You did a good job teaching today, Sister Anne.

BUT SHE DID WHAT SHE WAS ASKED ANYWAY. SHE TOOK THE NAME MARIE-ROSE AND WORKED VERY HARD TO TEACH AND RUN THE ORDER.

BLESSED MARIE-ROSE LIVED ONLY SIX MORE YEARS. SHE DID MUCH PENANCE AND WAS QUITE STRICT WITH THE OTHER SISTERS. THEY WERE POOR AND OFTEN PEOPLE SPOKE BADLY ABOUT THEM BUT SHE WOULD NOT GIVE UP HER WORK TO BRING CHILDREN TO GOD. SISTER MARIE-ROSE DIED WHEN SHE WAS 38.

Mustard Seed Word-Find

M U S T A R D F A
U P R O O T E D R
L I N C R E A S E
B P S E E D P A P
E L O B E Y O I L
R A T H I S S D I
R N I F A I T H E
Y T O U R Z L S D
O E T T R E E E H
U D H A V E S A Y

Here is part of today's Gospel reading. See if you can find all the words written in CAPITALS. Use the leftover letters to fill in the blanks at the end.

The APOSTLES SAID to the Lord, "INCREASE OUR faith." The Lord REPLIED, "If you HAVE FAITH the SIZE of a MUSTARD SEED, YOU would SAY to THIS MULBERRY TREE, 'Be UPROOTED and PLANTED in the SEA and it would OBEY you.

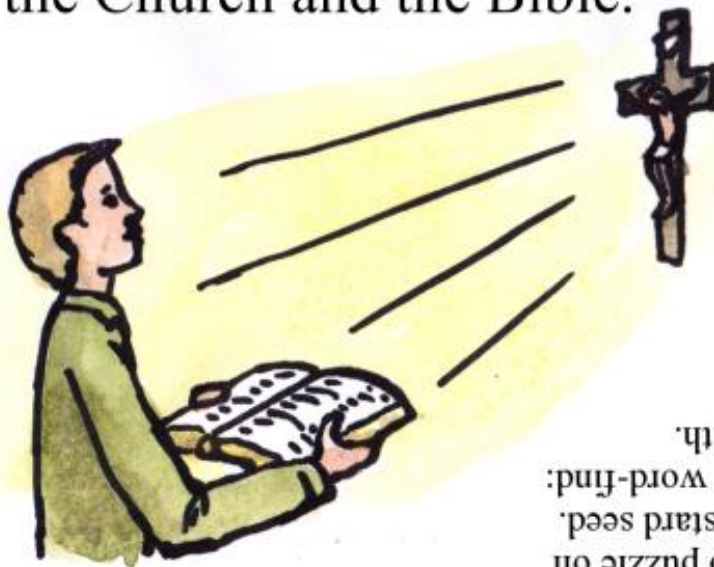


faith...

In today's Gospel we learn a little bit about faith. In fact, Jesus says we only need a tiny bit of faith to do amazing things. If you have faith the size of a mustard seed, He said, you can tell a tree to throw itself into the sea and it will!

But what is faith? Faith is believing. We have faith in our parents and teachers. That means that we believe what they tell us and we trust them. We have faith in our friends too. Faith in God is a little bit different, though. It is a gift He gives us so that we can believe in Him.

When we are baptized God gives us the gift of faith. Then it's up to us to use it. We use that gift when we decide to believe in God and what He tells us in the Church and the Bible.



Answer to puzzle on
front: mustard seed.
Answer to word-find:
faith.

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.



Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





Scams Alert

There are many scams going around masquerading as your clergy (priests, deacons or lately, the bishop).

Please exercise caution when responding to email messages. If you receive unusual emails, check the sender's email address to see whether it is the person's genuine address. Even if the sender's address looks correct, always verify suspicious emails by phoning the sender. There have been many similar scams reported by several parishes in our diocese and across Canada.

Note that these scams do not stop at emails. Those in social media should stay vigilant when responding to friend requests or to other compelling posts requiring a response. There are many fake Twitter, Facebook and other social media accounts trying to impersonate people you know and our church leaders. Some scammers may take the time to build a relationship with you to gain your trust, before trying to extort money or other things like gift cards.

Please exercise vigilance when you are being charitable. Use the channels you are most familiar with and avoid becoming victims of a scam.

NOBODY is going to ask you for gift cards, or bit coins from the church! NOBODY!!!

All our email addresses only end in @holymfamilymh.ca never a @gmail account.

If you get an email or a text, PLEASE DO NOT RESOND to it, you can forward it to contact@holymfamilymh.ca so it can be sent to the diocese.