



# Welcome to HOLY FAMILY PARISH

**AUGUST 14<sup>TH</sup> & AUGUST 21<sup>ST</sup>, 2022**

Email: [contact@holyfamilymh.ca](mailto:contact@holyfamilymh.ca) ~ Website: [www.holyfamilymh.ca](http://www.holyfamilymh.ca) ~ Phone 403-527-6933

Facebook: [Medicine Hat Holy Family Parish](#) ~ YouTube: [Medicine Hat Holy Family Church](#)

**Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.**

### CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid & Fr Rodel Abanto  
& Deacon Robert Risling

### RECONCILIATION...

Friday 9:30am–10:30am. & Saturday 3:30–  
4:45pm. Or by Appointment

### MASS TIMES... MONDAY to FRIDAY at 9:00AM

FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM  
SUNDAY at 8:30AM, 10:30AM & 6:00PM

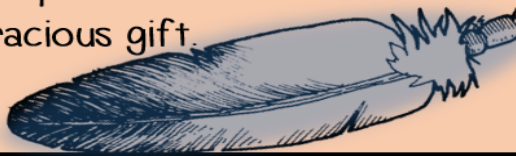
### THE CHAPEL IS OPEN

MONDAY - FRIDAY 9:30am - 4:00pm  
ADORATION FRIDAY 9:30 – 10:30am

Knights of Columbus - Kirby Peterson  
Catholic Women's League - Marjorie Bowlby

Parish Pastoral Council Chair - Gary Heinbecker  
Parish Finance Committee Chair - Cheryl Pocsik

We acknowledge that Treaty 7 territory, on which we stand, is the ancestral land of the Indigenous peoples and is common home to everyone in virtue of God our Creator's gracious gift.




**Monday  
August 15, 2022**

**The Assumption  
of the  
Blessed Virgin  
Mary**

### *Why Does Jesus Jar the Crowds?*

He startles us today by announcing his baptism by fire (his coming Passion and Death). And he further reminds us that our own Baptism empowers us to undertake something new. Discipleship. It is constantly learning anew how to live in this world as preparation for living forever in the next. But we do this not alone. The writer of Hebrews reminds us we are surrounded by so great a cloud of witnesses.

- † What surprise does Jesus present?
- † Whom will I want to surround me? Why?
- † What discipleship work does Baptism empower me to do today?

### *Sunday's Readings*

**1<sup>st</sup> Reading: Jeremiah 38.4-6, 8-10**

You bore me, a man of strife and contention, for the whole land!

**Responsorial Psalm: 140.1,2,3,17 (R.13b)**

R. Lord, make haste to help me!

**2<sup>nd</sup> Reading: Hebrews 12.1-4**

With perseverance, let us run the race that is before us.

**Gospel: Luke 12.49-53**

I did not come to bring peace, but rather division.

# August 14<sup>th</sup>, 2022 20<sup>th</sup> Sunday in Ordinary Time



OPERATING FINANCES	
JUNE 1-30, 2022	
Operating Budget 2022	\$ 59,708
General Envelope Collection	\$ 36,628
Loose Collections	\$ 761
Future Development	\$ 3,305
Sale of Church Supplies & Other	\$ 8,493
<b>Budget Vs Actual</b>	<b>-\$ 27,504</b>
SPECIAL COLLECTIONS	
Together in Action (TIA)	\$ 2,643
St Vincent de Paul	\$ 2,724
Clergy Retirement	\$ 20
Mission Mexico	\$ 130
CARO	\$ 80
World Missions	\$ 20
Pope's Pastoral Works	\$ 5
Seminary Fund	\$ 170
Ukraine Relief YTD	\$ 21,155
<i>Thank You for your Generous Contributions</i>	
Average Weekly Attendance	788

† Mass Intentions †	
Saturday, August 13	5:00pm - George Schafer
Sunday, August 14	8:30am - Jennifer Wrzosek † 10:30am - Lambert Streifel † 6:00pm - Holy Family Parish
Monday, 9 August 15	9:00am - Derrick Risling †
Tuesday, August 16	9:00am - Allen Kaupp †
Wednesday, August 17	9:00am - Tina Ressler †
Thursday, August 18	9:00am - Randy Drescher †
Friday, August 19	9:00am - Ben Lockert †

2022 Goal  
\$70,938

total to date  
\$25,888.

which is 37%

**Together IN ACTION**  
Annual Bishop's Appeal

### Mark Your Calendars

September 9-10, 2022 - Fri, 3-6 & Sat, 9-3  
CWL - Garage Sale

September 15, 2022 - 6:30pm in the Faith Room  
Sacramental Prep Class Registration

September 18, 2022 - After 10:30 Mass  
Parish Corn Roast

September 18, 2022 - 2:00 pm  
Annual Blessing of the Pets

October 1 -2, 2022 - After all Masses  
Parish Ministry Fair

November 6, 2022 -  
CWL Fall Supper

November 12-13 - After all Masses  
Parish Art Show

## HOLY FAMILY PARISH CWL GARAGE SALE

Friday, September 10  
3:00pm - 6:00pm

Saturday, September 11  
9:00am - 3:00pm

Table Rentals - \$25.00  
Call Louella - 403-502-6883



## Sacrament Classes Registration

St. Patrick's Parish

Wednesday, September 14<sup>th</sup> 6:30pm to 7:30pm

Holy Family Parish

Thursday, September 15<sup>th</sup> 6:30pm to 7:30pm

Registration Forms and requirements are on our website at <https://holyfamilymh.ca/sacraments/>



### St. Patrick's Church

### Grocery Card Raffle

Knights of Columbus & Catholic Women's League

2 Draws for South Country Co-Op Grocery Gift Cards valued at \$1000.00 each.

Draw Date: August 28, 2022

tickets are \$5.00 each

**All the money raised from this raffle is kept local for community outreach.**

Tickets will be on sale before and after Masses at Holy Family Parish Aug 13 & 14 and Aug 20 & 21. Thank you for your support.



### St. Joseph's Home

156 - 3 St. NE • Medicine Hat, AB

#### ROOMS AVAILABLE FOR RENT

\$1,200/month  
(bachelor suite)

\$1,700/month  
(one bedroom suite\*)

Includes 3 meals/day & weekly housekeeping

Eligible Home Care services available

\* based on single occupancy



Supportive living for 50+ • For more information and current incentives call 403-526-3818

### Sunday 10:30am Mass

### Medicine Hat Holy Family Church Live Stream

[https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut\\_Q](https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q)



[catholiccyc.ca/Faithfully](http://catholiccyc.ca/Faithfully)

Faithfully keeps you updated with what's happening in and around our Diocese!

### E-Transfer Donations

[accounting@holyfamilymh.ca](mailto:accounting@holyfamilymh.ca)

Listen to Mass on your phone...  
Download the "Audio Fetch" app.  
Our Network is: HFP\_LIVE  
The Password is: Liv3HFP\*



### FORMED.org

THE CATHOLIC FAITH.  
ON DEMAND.

LOG IN [WWW.FORMED.ORG](http://WWW.FORMED.ORG)

- Go to Formed.org
  - Enter our PARISH CODE: **GPQWK7**
  - Create a personal account with your personal username/email and password.
  - Start enjoying the best Catholic content all in one place!
- IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!**

PLEASE EMAIL TERESA TO LET HER KNOW WHEN YOUR MINSTRIES AND MEETINGS  
WILL BE STARTING UP AGAIN... REMEMBER THE CALENDAR FILLS UP FAST...

contact@holyfamilymh.ca



## NO BULLETIN NEXT WEEK – TERESA ON HOLIDAYS



August 21<sup>st</sup>, 2022

21<sup>st</sup> Sunday in Ordinary Time

### *Are Only a Few to Be Saved?*

It is not uncommon for someone to ask us: "Have you been saved?" Often, they are looking for one fixed date, one specific event. But we know these truths. (1) We are saved everyday – because of God's grace. (2) God chooses to save everyone – me and them. (3) Salvation is strengthened by working for justice, by living merciful lives.

- † How will I acknowledge that I am being saved by Christ every day.
- † How will I cherish that everyone is saved – even those people I do not like but need to still love?
- † What mercy work does this summon me to do this week?



**Wednesday**  
**August 24, 2022**

**Feast day of**  
**St. Bartholomew**



### † Mass Intentions †

Saturday, August 20

5:00pm – Con Miller †

Sunday, August 21

8:30am – Phil Klotz †

10:30am – Henry Bosch †

6:00pm – Holy Family Parish

Monday, † August 22

9:00am – Albert Weimer †

Tuesday, August 23

9:00am – Italo Dal Molin †

Wednesday, August 24

9:00am – Louise Dennehy †

Thursday, August 25

9:00am – Isaac Risling

Friday, August 26

9:00am – John & Veronica Bosch †

### *Sunday's Readings*

1<sup>st</sup> Reading: Isaiah 66:18-21

They shall bring all your kindred from all the nations.

Responsorial Psalm: 117:1, 2.

R. Go into all the world and proclaim the good news.

2<sup>nd</sup> Reading: Hebrews 12:5-7, 11-13

The Lord disciplines those whom he loves.

Gospel: Luke 13:22-30

People will come from east and west, and will eat in the kingdom of God.



20<sup>th</sup> Sunday in Ordinary Time Year C

August 14, 2022

## OUR FAITH & SUFFERING

Saint Theodoret of Cyr, bishop (AD 393-458 modern day Syria) reflects on the mystery of our faith and suffering as follows: "Our Savior's passion is a healing remedy for us, as the prophet teaches when he cries out: He bears our sins and suffers pain for us, and we esteemed him stricken, smitten by God and afflicted. But for our sins he was wounded, for our iniquities he was bruised; upon him fell the chastisement that brought us peace, and by his wounds we are healed. We had all gone astray like sheep, and therefore he was led like a lamb to the slaughter and was dumb like a sheep before its shearer.

When a shepherd sees that his sheep have scattered, he keeps one of them under his control and leads it to the pastures he chooses, and thus he draws the other sheep back to him by means of this one. And so, it was when God the Word saw that the human race had gone astray: he took the form of a slave and united it to himself, and by means of it won over the whole race of men to him, enticing the sheep that were grazing in bad pastures and exposed to wolves, and leading them to the pastures of God.

This was the purpose for which our Savior assumed our nature, this was why Christ the Lord accepted the sufferings that brought us salvation, was sent to his death, and was committed to the tomb. He broke the grip of the age-old tyranny and promised incorruptibility to those who were prisoners of corruption. For when he rebuilt that temple which had been destroyed and raised it up again, he thereby gave trustworthy and firm promises to those who had died and were awaiting his resurrection. Jesus tells us: "Just as my human nature, which I took from you, has won its resurrection in virtue of the Godhead that dwelt in it and with which it was united, just as this nature has shed decay and suffering and passed over to incorruptibility and immortality; so, in the same way, you too will be set free from the grievous slavery of death; you too will cast aside your corruptible nature and your sufferings and you will be clothed with impassibility." To this end he imparted the gift of baptism to all mankind through his apostles. Go, he said, make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit. Baptism is a kind of symbol and type of the Lord's death, which is why Paul says: If we have shared with God's Son in a death like his, we shall certainly share in his resurrection".

If we read the Servant Hymns of Prophet Isaiah (Chapters 50-53), we can understand the mystery of our faith and suffering because "he bore our infirmities and iniquities onto him and was led like to lamb to be slaughtered". St. Peter rightly says, "cast all our worries onto him who cares about us". In the Letter to Hebrews (chapter 9) we read all about the sacrifice of our Saviour who suffered and

died for us so that we may have life and life in abundance. The following story should help us to understand the sacrifice of Jesus and strengthen us to have strong faith and never to be afraid about suffering.

Once there used to be a king, who was considered eccentric by all because he used to give death penalty to anyone even for the smallest mistakes. In the palace of the king, 20 vases were decorated very beautifully, and King loved to show this collection to his guests. One day while cleaning, a vase fell and broke by servant. When king got to know about it, he ordered servant to be hanged. An old man who was passing by that kingdom, heard about king's nature. He came to know about this incident and about King's vase collection. He decided to visit King's palace. On meeting King, he told him, "I have a way to bring that vase back to it's original state".

King became happy and asked servants to take that old man to place where all other vases were kept. As soon as old man entered, he started hitting all other vase with his stick and broke them all. King was informed immediately. On seeing this, King became very angry with this and said, "why you did this? Why? You will be hanged for this". King ordered his servant to arrest that old man.

To this old man replied sternly, "when a vase was broken by a servant, you gave him death sentence, that means every single time a vase broke, a person must face the death penalty. In future 19 more people were likely to die because of these vases. So, today, as a human being I did my duty, by saving 19 lives. Now you can hang me. I feel no regret for doing this". Old man's word opened the eyes of the King and he realized his mistakes and freed the servant from his punishment.

The same as our Saviour sacrificed himself and made us to have courage and boldness to put an end to evil.

In the First Reading we could see the suffering of Prophet Jeremiah who was called to be a prophet and a messenger from his mother's womb. He suffered a lot but never gave up his trust and faith in God. He suffered to the point where he wished to have death over life; "O Lord, you know; remember me and visit me, and bring down retribution for me on my persecutors. In your forbearance do not take me away; know that on your account I suffer insult. Your words were found, and I ate them, and your words became to me a joy and the delight of my heart; for I am called by your name, O Lord, God of hosts". He suffered because he spoke the truth and let the House of Israel know of their evil ways which were according to the commandments and precepts of the Lord. However, people didn't like his words of preaching and finally they are tried to kill him, but the Lord was at his side and he saved him; "And I will make you to this people a fortified wall of bronze; they will fight against you, but they shall not prevail over you, for I am with you to save you and deliver you, says the Lord. I will deliver you out of the hand of the wicked and redeem you from the grasp of the ruthless".

We can also relate our own sufferings with Prophet Jeremiah. Our sufferings sometimes bring us closer to the Lord but sometimes take us away from him because we want an easy and problem free life. Remember the story of the ten lepers and their sufferings but once they were cured, they all went away except one to thank the Lord for his healing. Our faith becomes strong in our sufferings which lead us to believe that "He is our Good Shepherd and there is nothing we shall want".

St. Augustine wrote an amazing reflection on the martyrdom of St. Lawrence and just reminded us to learn from him how he poured his blood for the sake of Christ. "The Roman Church commends to us today the anniversary of the triumph of Saint Lawrence. For on this day, he trod the furious pagan world underfoot and flung aside its allurements, and so gained victory over Satan's attack on his faith. As you have often heard, Lawrence was a deacon of the Church at Rome. There he ministered the sacred blood of Christ; there for the sake of Christ's name he poured out his own blood. Saint John the apostle was evidently teaching us about the mystery of the Lord's supper when he wrote: Just as Christ laid down his life for us, so we ought to lay down our lives for the brethren. My brethren, Lawrence understood this and, understanding, he acted on it. Just as he had partaken of a gift of self

at the table of the Lord, so he prepared to offer such a gift. In his life he loved Christ; in his death he followed in his footsteps.

Brethren, we too must imitate Christ if we truly love him. We shall not be able to render better return on that love than by modeling our lives on his. Christ suffered for us, leaving us an example, that we should follow in his steps. In saying this, the apostle Peter seems to have understood that Christ suffered only for those who follow in his steps, in the sense that Christ's passion is of no avail to those who do not. The holy martyrs followed Christ even to shedding their life's blood, even to reproducing the very likeness of his passion. They followed him, but not they alone. It is not true that the bridge was broken after the martyrs crossed; nor is it true that after they had drunk from it, the fountain of eternal life dried up. I tell you again and again, my brethren, that in the Lord's Garden are to be found not only the roses of his martyrs. In it there are also the lilies of the virgins, the ivy of wedded couples, and the violets of widows. On no account may any class of people despair, thinking that God has not called them. Christ suffered for all. What the Scriptures say of him is true: He desires all men to be saved and to come to knowledge of the truth.

Let us understand, then, how a Christian must follow Christ even though he does not shed his blood for him, and his faith is not called upon to undergo the great test of the martyr's sufferings. The apostle Paul says of Christ our Lord: Though he was in the form of God he did not consider equality with God a prize to be clung to. How unrivaled his majesty! But he emptied himself, taking on the form of a slave, made in the likeness of men, and presenting himself in human form. How deep his humility! Christ humbled himself. Christian, that is what you must make your own. Christ became obedient. How is it that you are proud? When this humbling experience was completed and death itself lay conquered, Christ ascended into heaven. Let us follow him there, for we hear Paul saying: If you have been raised with Christ, you must lift your thoughts on high, where Christ now sits at the right hand of God.

I would like to share some quotes on suffering by saints before I reflect on the Gospel to help us to learn how to deal with our suffering and have strong faith.

"Pain and suffering have come into your life, but remember pain, sorrow, suffering are but the kiss of Jesus — a sign that you have come so close to Him that He can kiss you." St. Teresa of Calcutta

"And the Lord said to me, "My child, you please Me most by suffering. In your physical as well as your mental sufferings, My daughter, do not seek sympathy from creatures. I want the fragrance of your suffering to be pure and unadulterated. I want you to detach yourself, not only from creatures, but also from yourself...The more you will come to love suffering, My daughter, the purer your love for Me will be". *Diary of Saint Maria Faustina Kowalska*

"When I shrink from suffering, Jesus reproves me and tells me that He did not refuse to suffer. Then I say 'Jesus, Your will and not mine'. At last, I am convinced that only God can make me happy, and in Him I have placed all my hope". St. Gemma Galgani

"A cross carried simply, and without those returns of self-love which exaggerate troubles, is no longer a cross. Peaceable suffering is no longer suffering. We complain of suffering! We should have much more reason to complain of not suffering, since nothing makes us more like Our Lord than carrying His Cross. Oh, what a beautiful union of the soul with Our Lord Jesus Christ by the love and the virtue of His Cross!" St. John Vianney

"Trials and tribulations offer us a chance to make reparation for our past faults and sins. On such occasions the Lord comes to us like a physician to heal the wounds left by our sins. Tribulation is the divine medicine." St. Augustine of Hippo

"One must not think that a person who is suffering is not praying. He is offering up his sufferings to God, and many a time he is praying much, more truly than one who goes away by himself and meditates his head off, and, if he has squeezed out a few tears, thinks that is prayer." St. Teresa of Avila

"I do not know what will happen to me; I only know one thing for certain, that the Lord will never fall short of His promises. "Do not fear, I will make you suffer, but I will also give you the strength to suffer," Jesus tells me continually. "I want your soul to be purified and tried by a daily hidden martyrdom". How many times," Jesus said to me a little while ago, "would you have abandoned me, my son, if I had not crucified you." St. Pio of Pietrelcina

"I want to suffer and even rejoice for love, for this is my way of scattering flowers. Never a flower shall I find but its petals shall be scattered for you; and all the while I will sing; yes, always sing, even when gathering roses in the midst of thorns; and the longer and sharper the thorns may be, the sweeter shall be my song!" St. Therese of Lisieux.

The Gospel for this Sunday is part of Jesus' teachings to the disciples during his journey to Jerusalem, where death on the cross awaits him. To explain the purpose of his mission, he takes three images: fire, baptism, and division. The words of Jesus in the Gospel today are warning for us, but we must be very careful otherwise we may have misunderstanding. Jesus says to his disciples: "Do you think that I have come to give peace on earth? No, I tell you, but rather division". What does this mean? It means that faith is not a decorative or ornamental element; living faith does not mean decorating life with a little religion, as if it were a cake and we were decorating it with cream. No, this is not faith. Faith means choosing God as the criterion and basis of life, and God is not empty, God is not neutral, God is always positive, God is love, and love is positive! After Jesus has come into the world it is impossible to act as if we do not know God, or as if he were something that is abstract, empty, a purely nominal reference. No, God has a real face, he has a name: God is mercy, God is faithfulness, he is life which is given to us all. For this reason, Jesus says "I came to bring division". It is not that Jesus wishes to split people up. On the contrary Jesus is our peace, he is our reconciliation! But this peace is not the peace of the tomb, it is not neutrality, Jesus does not bring neutrality, this peace is not a compromise at all costs. Following Jesus entails giving up evil and selfishness and choosing good, truth and justice, even when it demands sacrifice and the renunciation of our own interests. And this indeed divides; as we know, it even cuts the closest ties. However, be careful: it is not Jesus who creates division! He establishes the criterion: whether to live for ourselves or to live for God and for others; to be served or to serve; to obey one's own ego or to obey God. It is in this sense that Jesus is a "sign that is spoken against".

We are living in a time and world where people are getting offended for everything and by everyone and to keep our faith needs more strength and determination. One way to have strong faith is the fire of the Holy Spirit as our Lord expresses it with these words: "I came to cast fire upon the earth; and would that it were already kindled!". The fire that Jesus speaks of is the fire of the Holy Spirit, the presence living and working in us from the day of our Baptism. Jesus wants the Holy Spirit to blaze like fire in our heart, for it is only from the heart that the fire of divine love can spread and advance the Kingdom of God. It does not come from the head; it comes from the heart. Therefore, Jesus wants fire to enter our heart. If we open ourselves completely to the action of this fire which is the Holy Spirit, He will give us the boldness and the fervour to proclaim to everyone Jesus and his consoling message of mercy and salvation, navigating on the open sea, without fear. (Please read the story of two disciples on their way to Emmaus Luke 24).

If the Church does not receive this fire, or does not let it inflame her, she becomes a cold or merely lukewarm Church, incapable of giving life, because she is made up of cold and lukewarm Christians. It will do us good today to take five minutes to ask ourselves: "How is my heart? Is it cold? Is it lukewarm? Is it capable of receiving this fire?". Let us take five minutes for this. It will do everyone good. (Please read Revelation 3:1-20).

Let me conclude my reflection with a story to remind us to be strong in our faith in the midst of our suffering and Lord will say "do not be afraid little flock".



A young man was at the end of his rope. Seeing no way out, he dropped to his knees in prayer. "Lord, I can't go on," he said, "I have too heavy of a cross to bear." The Lord replied, "My son, if you can't bear its weight, just place your cross inside this room. Then, open that other door and pick out any cross you wish."

The man was filled with relief and said, "Thank you, Lord," and he did as he was told. Upon entering the other door, he saw many crosses, some so large the tops were not visible. Then, he spotted a tiny cross leaning against a far wall. "I'd like that one, Lord," he whispered.

And the Lord replied, "My son, that is the cross you just brought in." When life's problems seem overwhelming, it helps to look around and see what other people are coping with. You may consider yourself far more fortunate than you imagined.

We must have faith like a centurion in our suffering "Lord even if you will say the word I will be healed" to remind "never tell God how big your problem is but tell your problem how big your God is and you will be released from all your suffering".



Photo by Fr. Iqbal, Austria, 2018

# Sunday Updates from the Diocese

## Bereavement: Support & Care Training

The Diocese of Calgary is offering a training opportunity in providing bereavement support and care. This workshop is offered to those who are involved in the Pastoral Care Ministry in their parishes, and/or for those desiring to be better equipped in accompanying those dealing with grief and loss.

Topics to be explored include: What is grief and mourning and how it impacts our whole being; Grief as a spiritual journey; How the parish community can assist a grieving person; Practical ideas for a successful parish bereavement ministry.

- When/where: **Saturday, Oct. 1 from 9:30 am to 12:30 pm** at **St. Luke's** (1566 Northmount Drive NW, Calgary).
- [Register online here](#) or by contacting Sr. Mariflor at 403-218-5521. Please register by **Sep. 26**.
- For more information, visit: [catholicyc.ca/pastoralcare](http://catholicyc.ca/pastoralcare)

## Papal Visit Updates

Pope Francis completes his Apostolic Journey to Canada from July 23-29, 2022. On this pilgrimage of penance the Holy Father made a series of public statements regarding Indigenous reconciliation and healing. Find all links to the Pope's messages, news, photos and livestream of the events here: [www.catholicyc.ca](http://www.catholicyc.ca) (front page)



- For marriage preparation courses in the fall, see our Diocesan page where couples can choose the appropriate date, register and pay for the course: [catholicyc.ca/marriageprep](http://catholicyc.ca/marriageprep)

## Paint St. Paul's Church in Brocket, AB

This is a call for **men in the Diocese** of Calgary: Please consider joining God Squad in painting the exterior of St Paul's Church in Brocket next month, **Saturday, August 27**, weather permitting.

Note that family and friends are welcome to volunteer as well. Fellowship and Barbecue outreach to follow.

## Ethiopia is in crisis

Ethiopia is facing a crisis and its population is becoming increasingly vulnerable. The high price of essentials, a drought and interethnic violence have been made worse by the shortage of essentials caused by the war between Russia and Ukraine. [CNEWA Canada](#) is launching a campaign to for Ethiopia and hopes Canadians will be able to respond.

- [Donate through CNEWA Canada](#)

## Summer2Inspire with Access52

Access52 invites youth (gr. 8-12) to learn how to give a great talk, to speak clearly and make it memorable! If you are going into grade 8 - grade 12, Summer2Inspire is here to motivate, challenge and inspire you! Space is limited, so feel free to sign up for one or all of our upcoming events. There is no cost to attend however donations are welcome.

Relax, create, workout, play games, meet friends and listen to some great people share helpful and real insights about life to help make this next year - YOUR NEXT BEST.

Join all or any of the sessions below (Tuesdays, 6 to 9 pm)

- [Aug 16: Rhythm & Beats](#) (listen and discover the gift of music)
- [Aug 23: Capture, Create, and Share](#) (photography and videography)
- [Aug 30: The Game](#) (options, decisions, outcomes - what will your next move be?)  
Promo [Video](#)

## Leading a Choir workshop

Sacred Arts Guild of Alberta (SAGA) & St. John Choir Schola invites church musicians (all ages) who are in the position of leading a group of singers, and who would like to develop greater knowledge, confidence and skill. No previous experience required. The workshop will be led by Mr. Malcolm Edwards. When: **August 23 to Sept 27.**

- [Workshop details & registration](#)
- [Letter to pastor](#)
- Promo images [#1](#), [#2](#), [#3](#)

## Sacred Heart Church Variety Hour



Enjoy an evening of great music on **Saturday, October 8, 2022 at 7 pm** and enjoy a mix of contemporary, rock n roll, country and spiritual with some dynamic vocal groups and bands. Net proceeds go to [Sacred Heart Church Strathmore Building Fund](#).

Featured performances:

- **Re/Mix powered by REV52** consists of 13 high energy Revv52 singers that deliver an incredible vocal powerhouse of beautifully blended harmonies using state of the art performance technology.
- **Drew Gregory Band**, an Alberta award-winning musician, singer and songwriter who delivers his message through life experiences. His engaging and unpretentious demeanor connects him with his audiences and he embodies a humble home grown gritty honesty that his fans love.

- **The Kristee Trio**, a dynamic family trio that has been performing for several years sharing songs of rock n roll, country and spiritual hymns wherever they go. Rooted in family values - three beautiful strong women with voices that soar.
- Master of Ceremonies **Natalie Johnstone**, DJ at Golden West Radio - 104.5 More Country
- [Get tickets here](#)

## Other Resources & Events

### 1. Resources for children

#### ○ 20th Sunday in Ordinary Time

**Kid's challenge this week:** Imagine your friend Alex tells you, "I don't want Sam to play with us. If you ask Sam to play, I won't be your friend anymore." You have a hard choice to make. Think about what [Jesus teaches us about right and wrong and good choices](#). Is it right to leave out Sam? This week, think of examples of something you wouldn't do or say just because a friend wanted you to, and pray that you will make good choices even when it is hard. (Source: Sunday Connection)

- [Colouring page this Sunday](#)
- [Kid's Bulletin for this Sunday](#)
- [Sunday Connection - 20th Sunday in Ordinary Time](#) (Gr. 1-8 & family)
- **Children's Liturgy of the Word this Sunday**
  - [Children's Liturgy of the Word with Miss Heidi](#) (Catholic TV)
  - Children's Liturgy sheet for leaders/parents will continue in September - by CAFOD

### 2. August 2022 Calendar Highlights

- **Aug 16:** [Access52 - Youh event: Rhythm & Beats](#) (listen & discover the gift of music)
- **Aug 16-18** | [Soul Care - Women's Retreat](#) at Mount St. Francis, Cochrane
- **Aug 22** | [Mary: A Biblical Walk](#) - Zoom bible study with Fr. Julian Studden
- **Aug 23** | [Access52 - Youh event: Capture, Create, and Share](#) (photography and videography)
- **Aug 23** | [Leading a Choir Workshop](#) at St. Luke's, Calgary
- **Aug 25** | [St. Mary's Golf Tournament](#) at Silvertip Resort, Canmore
- **Aug 27** | [Paint St. Paul's Church](#) in Brocket, AB
- **Aug 30** | [Access52 - Youh event:](#) The Game (options, decisions, outcomes - what will your next move be?)

### 3. Solemnity of the Assumption of Mary (Aug 15)

The Solemnity of the Assumption of the Blessed Virgin Mary was already being celebrated on 15 August in the 5th century. It bore the sense of Our Lady's "Birth into heaven", or in the Byzantine tradition, her "Dormition". Mary already experiences God's glory. She has reached the goal where we will one day all find ourselves. [Read more](#)

## 10 ways to celebrate the Immaculate Heart of Mary this August

August is the beautiful month of the Immaculate Heart of Mary. Continuing our series on ways to showcase each month's Catholic theme in your life, here are 10 ways you can more closely align your life to the Immaculate Heart of Mary. [Read more](#)

# The Kids' Bulletin

20th Sunday in Ordinary Time

August 14th, 2022

*"I have come  
to set the earth  
on fire,*

*and a daughter-in-  
law against her  
mother-in-law."*

*There is a baptism  
with which I must  
be baptized,*

*and a son  
against his father,*

*Do you think that  
I have come to establish  
peace on the earth?*

*and how great is  
my anguish until  
it is accomplished!*

**Luke 12:49-53**

*From now on a  
household of five  
will be divided,*

*No, I tell you,  
but rather division.*

*a father will  
be divided  
against his son*

*and a daughter  
against her mother,*

*a mother against  
her daughter*

*and how I wish  
it were already  
blazing!*

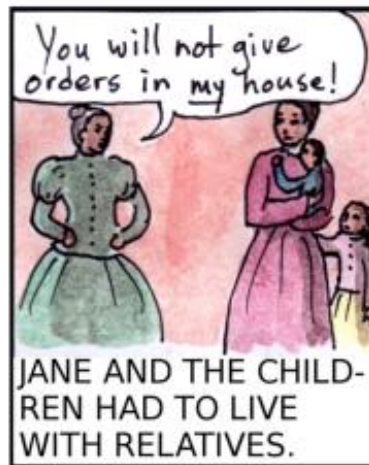
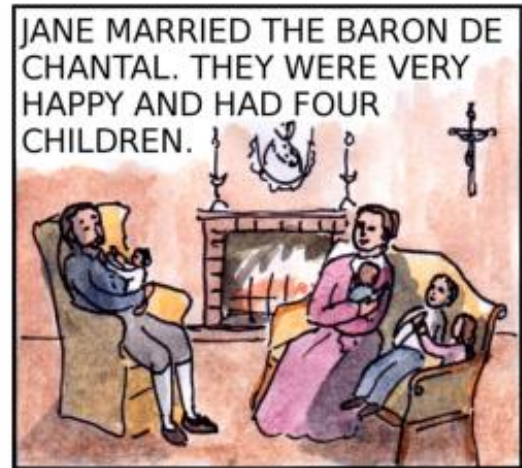
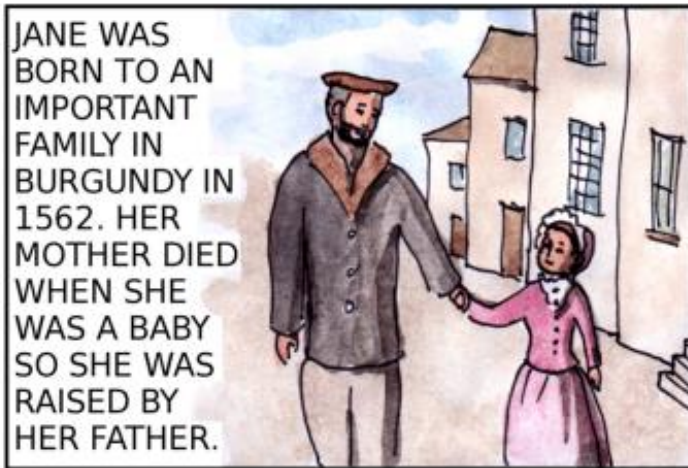
*a mother-in-law  
against her  
daughter-in-law*

*three against two  
and two against three;*

**What did Jesus say in today's Gospel reading?  
Match the parts to find out!**

# Saint Jane Frances de Chantal

## August 18



SAINT JANE WAS A CHEERFUL PERSON WHO MADE THE PEOPLE AROUND HER HAPPY, EVEN DURING HER HARD TIMES. JANE WAS ALWAYS HAPPY TO GIVE FOOD TO THE POOR. IF THEY CAME BACK SHE WOULD GIVE THEM MORE. AFTER ALL, SHE SAID, GOD KEEPS GIVING TO US EVERY TIME WE COME BACK!

# Assumption Cross-Word

*This Monday, August 15th, we celebrate the Assumption of Our Lady into Heaven!*

Across:

4. God chose a holy young woman to \_\_\_\_\_ His mother.

5. \_\_\_\_\_ wanted her to be perfect.

6. Her name was \_\_\_\_\_.

7. We \_\_\_\_\_ hymns about her.

9. Today we celebrate her \_\_\_\_\_

\_\_\_\_\_ into Heaven.

13. God took her body \_\_\_\_\_ of the tomb

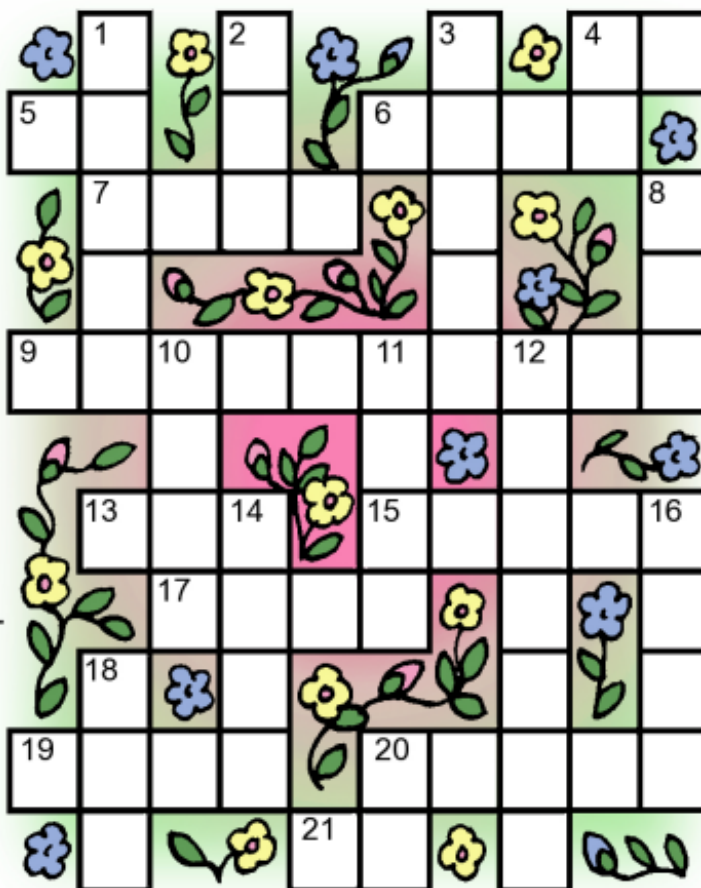
15. so He could \_\_\_\_\_ it up into Heaven.

17. She had lived a life of \_\_\_\_\_ for God.

19. "Blessed is the fruit of thy \_\_\_\_\_, Jesus."

20. Mary had given herself as a \_\_\_\_\_ sacrifice to God.

21. When we die, we hope to \_\_\_\_\_ to Heaven too.



Down:

1. She was the mother of \_\_\_\_\_.

2. Mary never committed any \_\_\_\_\_.

3. She is the greatest \_\_\_\_\_ in Heaven.

4. She proved her love of God \_\_\_\_\_ her obedience to His will.

8. Her \_\_\_\_\_ was God.

10. Mary's \_\_\_\_\_ went straight to Heaven

11. because she was so \_\_\_\_\_ and free from the stain of sin.

12. We should try to \_\_\_\_\_ her virtues.

14. God would not permit His mother's body to decay in the \_\_\_\_\_.

16. Mary's obedience to God overcame the \_\_\_\_\_ of Eve's sin.

18. \_\_\_\_\_ Mary is in Heaven with her Son.

20. We will try \_\_\_\_\_ love and obey God like Mary did.

# Fire in Our Hearts

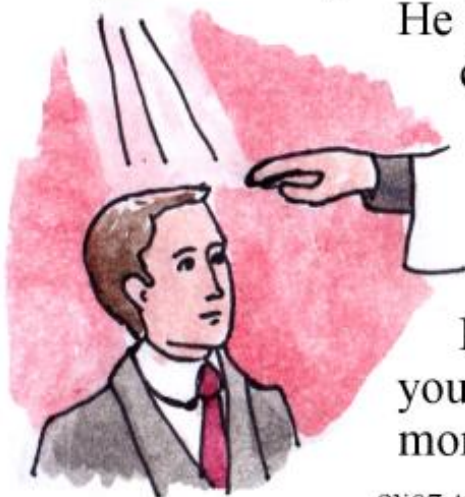


In today's Gospel reading Jesus says that He has come to set the earth on fire. Of course He didn't mean that He wanted everything to burn up. He meant that He wanted the flame of the Holy Spirit to burn in the hearts of people all over the world.

What do you think happens when the Holy Spirit is in someone's soul? The Holy Spirit pulls us closer to Himself and God the Father and Jesus. When we are closer to God that means we love Him more, and the more we love God the more we will love other people too. We were made to love God and be happy with Him, so we want the Holy Spirit to live in us and bring us close to Him!



How does the Holy Spirit come into our souls? When we are baptized the Holy Spirit comes into us for the first time. He will stay with us unless we sin and close our hearts to Him. But when we go to Confession He comes back, and in Holy Communion and the other Sacraments



He becomes even stronger in us. He comes in a special way in the Sacrament of Confirmation, when He gives us grace and strength to live as grown-up Christians and soldiers for God. Pray to the Holy Spirit to live in your heart and make you love God more every day!

Answers to Assumption Cross-Word: Across: 4 be 5 He 6 Mary 7 sing 9 Assumption 13 out 15 raise 17 love 19 womb 20 total 21 go Down: 1 Jesus 2 sin 3 saint 4 by 8 Son 10 soul 11 pure 12 imitate 14 tomb 16 evil 18 now 20 to



# Retreat Centers in Southern Alberta

## AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.



Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.

