



Welcome to HOLY FAMILY PARISH

SUNDAY IN ORDINARY TIME ~ JULY 24 & 31, 2022

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Phone 403-527-6933

Facebook: Medicine Hat Holy Family Parish ~ YouTube: Medicine Hat Holy Family Church

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid & Fr. Rodel Abanto
& Deacon Robert Risling

RECONCILIATION...

Friday 9:30am–10:30am. & Saturday 3:30–
4:45pm. Or by Appointment

MASS TIMES... MONDAY to FRIDAY at 9:00AM

FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM
SUNDAY at 8:30AM, 10:30AM & 6:00PM

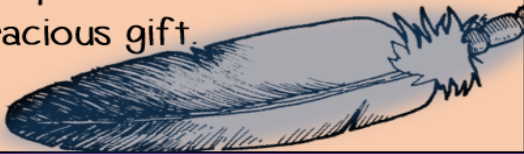
THE CHAPEL IS OPEN

MONDAY - FRIDAY 9:30am - 4:00pm
ADORATION FRIDAY 9:30 – 10:30am

Knights of Columbus - Kirby Peterson
Catholic Women's League - Marjorie Bowlby

Parish Pastoral Council Chair - Gary Heinbecker
Parish Finance Committee Chair - Cheryl Pocsik

We acknowledge that Treaty 7 territory,
on which we stand, is the ancestral land
of the Indigenous peoples and is common
home to everyone in virtue of God our
Creator's gracious gift.



THIS BULLETIN IS FOR JULY 24 AND JULY 31

**Parish Offices and the Catholic Pastoral Centre
will be Closed on Tuesday, July 26 in honor of
the Papal Mass**

AND

**No Mass & Office Closed
Monday August 1, for Heritage Day**

Sunday's Readings July 24

1st Reading: Genesis 18.20-32

Do not be angry, O Lord, if I speak.

Responsorial Psalm: 138 (R.3)

R. On the day I called, O Lord, you answered me.

2nd Reading: Colossians 2.12-14

God made us alive with him, on the day he forgave us
all our trespasses.

Gospel: Luke 11.1-13

Ask and it will be given to you.

Sunday's Readings July 31

1st Reading: Ecclesiastes 1.2;21-23

What do mortals gain from a life of toil and strain?

Responsorial Psalm: 90 (R.1)

R. Lord, you have been our dwelling place in all
generations.

2nd Reading: Colossians 3.1-5,9-11

Seek the things that are above, where Christ reigns.

Gospel: Luke 12.13-21

All these things you have prepared, whose will they be?

SUNDAY IN ORDINARY TIME ~ JULY 24 & 31, 2022

July 24 About Praying

Abraham is persistent in his pleading with the Lord. And the Lord listens and relents. A disciple asks Jesus, after seeing him pray, how to pray. Jesus gives a form that we use at every Mass and that we hand on to the elect each Lent. He then goes on about persistence in our praying.

- † How does my prayer plead for the Kingdom of God to come?
- † How does my prayer ask for what I need to do God's mercy work?
- † How does my prayer seek and offer forgiveness?



July 31 About Greed

Family quarrels, regrettably, are often about inheritance, about possessions. That should be mine, we may say. I do not have enough, we may say. Jesus tells a story about how we are stewards only, and not owners of what we use; about how possessions can possess.

- † How much is enough?
- † What do I have that I can give away?
- † With mercy works in mind, what will I do?



† Mass Intentions †

Saturday, July 23

5:00pm - Brent & Donna Bosch & family

Sunday, July 24

8:30am - Barbara Goldade †

10:30am - Rita Bosch †

6:00pm - Holy Family Parish

Monday, July 25

9:00am - Chester Dumanowski

Tuesday, July 26

9:00am - Louise Dennehy †

Wednesday, July 27

9:00am - Tina Ressler †

Thursday, July 28

9:00am - Conversion of Leonard & Kevin

Friday, July 29

9:00am - Alan Schwartz †

† Mass Intentions †

Saturday, July 30

5:00pm - Maria Martinez †

Sunday, July 31

8:30am - Holy Family Parish

10:30am - Peter Grad

6:00pm - Sherry & Henry Curtis

Monday, August 1

9:00am - NO MASS TODAY

Tuesday, August 2

9:00am - Anton Bosch †

Wednesday, August 3

9:00am - Martin Collier's father †

Thursday, August 4

9:00am - Dan Hudec

Friday, August 5

9:00am - Ben Schafer

JULY 25TH
FEAST DAY OF
ST. JAMES
PATRON SAINT
OF FISHERMAN



JULY 26TH
FEAST DAY OF
ST. ANNE &
ST. JOACHIM
PARENTS OF
THE VIRGIN MARY

AUGUST 6
TRANSFIGURATION
OF THE
LORD



Mark Your Calendars

July 23, 2022 ~ After 5:00pm Mass

Fr. Rodol Faravell Party

August 13, 2022 ~ 9:00am ~ 3:00pm

Echo Dale Mass & Retreat

September 9-10, 2022 ~ Fri, 3-6 & Sat, 9-3

CWL ~ Garage Sale

September 15, 2022 ~ 6:30pm in the Faith Room

Sacramental Prep Class Registration

September 18, 2022 ~ After 10:30 Mass

Parish Corn Roast



A Day of Prayer in Nature
A Mini-Retreat at Echo Dale Park
With Fr. Julian Studden

The Family

*The home is where faith is learned and
grows... Pope Francis*

Saturday, August 13th, 2022

9:00 AM.....INTRODUCTION & MASS

10:00 AM.....WE ARE GIVEN A NEW IDENTITY – BAPTISM

11:00 AM – BORN INTO A FAMILY OF LOVE – UNPACKING OUR CALL TO HOLINESS

12:00 PM – BREAK FOR LUNCH

1:00 PM – OUR BLESSED MOTHER MARY – MOTHER OF THE CHURCH

2:00 PM – CONCLUSION

There will be opportunity for Reconciliation

Tent set up with chairs or you may bring your own chair.

Bring a picnic lunch and refreshments. And anything else you may need. We will have a tent set up but please dress for the weather. E.g. jacket, sunscreen



The White Star
indicates the
area we will be
using.



MHCBE International Education Program

We are graciously accepting new homestay families for the Medicine Hat Catholic Board of Education International Program. Currently we are seeking 11 homestay families for the upcoming 2022-23 school year. If you have extra accommodations, we assure you this will be a positive experience for your family. We pay \$800 per month to help defray the price of groceries. With the grace of God, and your help, we know our program will continue to be exceptional. Should you request a conversation with a current homestay family, we will accommodate this request. For more information, please contact Sasha Campbell at 403-502-4671.

Faithfully
FAITH. LIVED. FULLY.

catholicyc.ca/Faithfully

Faithfully keeps you updated with what's happening in
and around our Diocese!

Sunday 10:30am Mass

Medicine Hat Holy Family Church Live Stream

https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q

You Tube

E-Transfer Donations
accounting@holyfamilymh.ca

FORMED.org

THE CATHOLIC FAITH.
ON DEMAND.

LOG IN WWW.FORMED.ORG

- Go to Formed.org

- Enter our PARISH CODE: **GPQWK7**

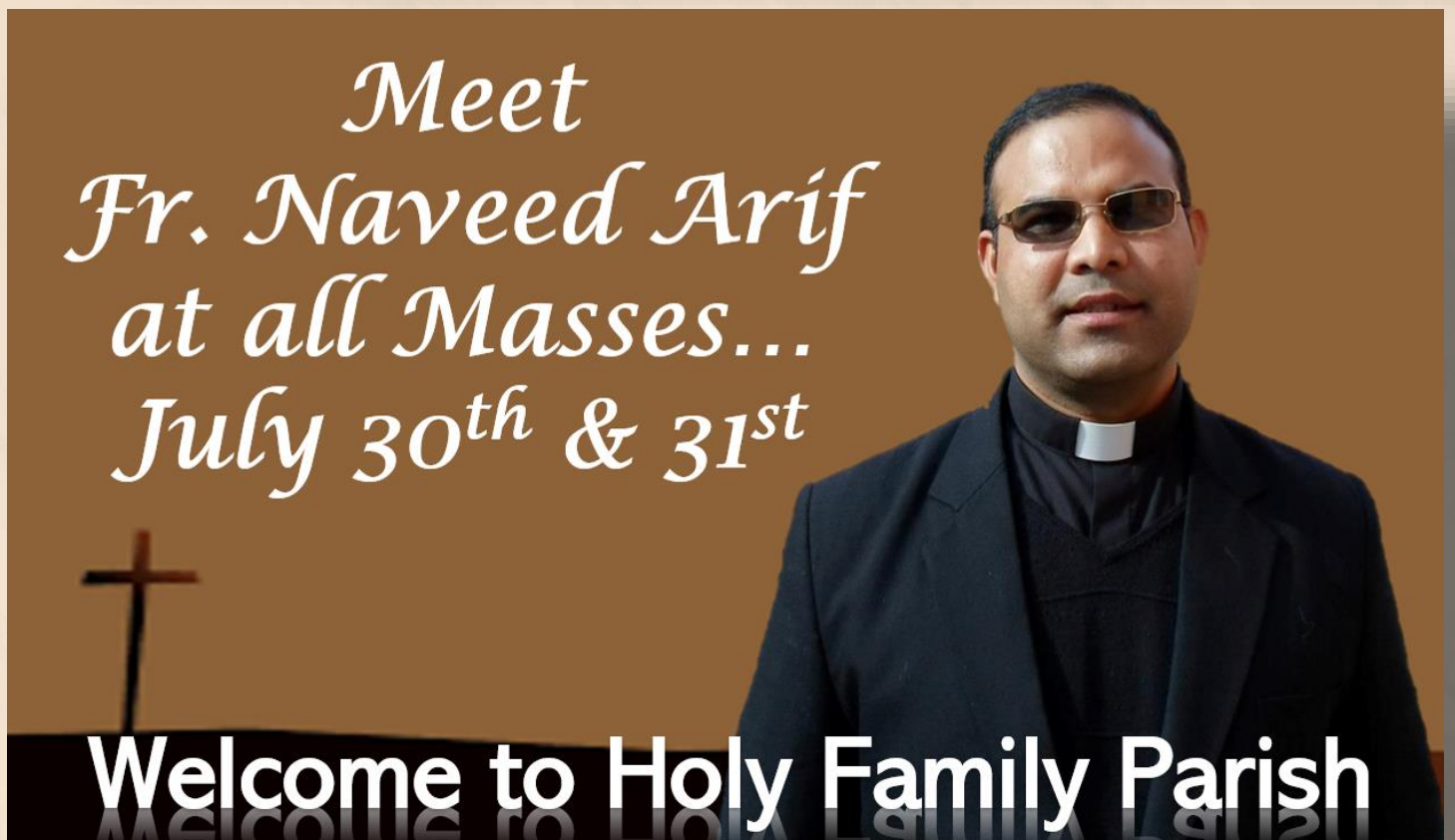
- Create a personal account with your personal username/email and password.

- Start enjoying the best Catholic content all in one place!

IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!

Listen to Mass on your phone...
Download the "Audio Fetch" app.
Our Network is: HFP_LIVE
The Password is: Liv3HFP*







17th Sunday in Ordinary Time Year C

July 24, 2022

Prayer Opens our Hearts

Once St. Teresa of Calcutta said, "Prayer enlarges the heart until it is capable of Containing God's gift of himself." And I do believe in it because prayer changes our lives and brings us closer to the Lord "Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what the mind of the Spirit is, because the Spirit intercedes for the saints according to the will of God" as St. Paul says in the Letter to the Romans (8:26-27). If you look at the Sacred Scriptures and the life of the saints, we can see the importance of prayer. Even in the life of Jesus though he was Son of God, still he loved to pray.

St. Ignatius of Antioch encourages us to be united in love and prayer because Jesus Christ dwells within us. "Let us not be insensible of Christ's loving kindness. For if he had acted as we do, we would have been lost indeed. Therefore, let us become his disciples and learn to live in the Christian way; those who are called by any other name are not of God. Cast out the evil leaven that has become old and sour, and replace it with the new leaven, which is Jesus Christ. He must be the salt of your lives, so that none of you may become corrupt, since it is by your wholesomeness that you will be judged. It is absurd to profess Christ with the lips and at the same time to practice Judaism; for Christianity did not develop into faith in Judaism, but Judaism into faith in Christianity. It was in this that men of every tongue believed and were brought together unto God. I do not write this to you, my dear friends, because I have heard that any one of you is thus disaffected, but because, though I am a lesser man than yourselves, I would have you all guard against falling into the snares of false doctrine. Have a firm faith in the reality of the Lord's birth, and passion and resurrection which took place when Pontius Pilate was procurator. All these deeds were truly and certainly accomplished by Jesus Christ, who is our hope; may none of you ever be turned away from him! May you be my joy in all things if I am worthy of it. For although I am in chains, I do not deserve to be compared with any of you who live in freedom. I know that you are not inflated with pride, for you have Jesus Christ within you. And I know that you blush when I praise you, as the scripture says: The just man is his own accuser. Take care, then, to be firmly grounded in the teachings of the Lord and his apostles so that you may prosper in all your doings both in body and in soul, in faith and in love, in the Son, and in the Father and in the Spirit, in the beginning and in the end, along with your most worthy bishop and his spiritual crown, your presbyters, and with the deacons, who are men of God. Be obedient to the bishop and to one another, as Jesus

Christ was in the flesh to the Father, and the apostles to Christ and to the Father and to the Spirit, so that there may be unity in flesh and spirit.

I firmly believe that whenever we pray either individually or collectively, we not only pray for ourselves but also for our brothers and sisters those who need our prayers. We become guards for them in their temptations and suffering. The following story is by an unknown author who highlights the importance of prayer, and it may change the way that we may think about prayer and the way we pray.

Upon arrival in the city, I observed two men fighting, one of whom had been seriously injured. I treated him for his injuries and at the same time talked to him about the Lord Jesus Christ. I then traveled two days, camping overnight, and arrived home without incident. Two weeks later I repeated my journey. Upon arriving in the city, I was approached by the young man I had treated. He told me that he had known I carried money and medicines. He said, "Some friends and I followed you into the jungle, knowing you would camp overnight. We planned to kill you and take your money and drugs. But, just as we were about to move into your camp, we saw that you were surrounded by 26 armed guards."

At this I laughed and said that I was certainly all alone out in that jungle campsite. The young man pressed the point, however, and said "No sir, I was not the only person to see the guards. My five friends also saw them, and we all counted them. It was because of those guards that we were afraid and left you alone."

At this point in the sermon, one of the men in the congregation jumped to his feet and interrupted the missionary and asked if he could tell him the exact day that this happened. The missionary told the congregation the date, and the man who interrupted told him this story: "On the night of your incident in Africa, it was morning here and I was preparing to go play golf. I was about to putt when I felt the urge to pray for you. In fact, the urging of the Lord was so strong, I called men in this church to meet with me here in the sanctuary to pray for you. Would all of those men who met with me on that day stand up?" The men who had met together to pray that day stood up. The missionary wasn't concerned with who they were --- he was too busy counting how many men he saw. There were 26. This story is an incredible example of how the Spirit of the Lord moves in mysterious ways.

We in our Catholic not only pray by ourselves but we do strongly believe in the intercessions of saints and other people as per in accordance with the Sacred Scripture. Here I would quote three references for you to reflect and meditate upon:

1. "After the Lord had spoken these words to Job, the Lord said to Eliphaz the Temanite: "My wrath is kindled against you and against your two friends; for you have not spoken of me what is right, as my servant Job has. Now therefore take seven bulls and seven rams, and go to my servant Job, and offer up for yourselves a burnt offering; and my servant Job shall pray for you, for I will accept his prayer not to deal with you according to your folly; for you have not spoken of me what is right, as my servant Job has done." So Eliphaz the Temanite and Bildad the Shuhite and Zophar the Naamathite went and did what the Lord had told them; and the Lord accepted Job's prayer" (Job 42:7-9).
2. "So, they all blessed the ways of the Lord, the righteous judge, who reveals the things that are hidden; and they turned to supplication, praying that the sin that had been committed might be wholly blotted out. The noble Judas exhorted the people to keep themselves free from sin, for they had seen with their own eyes what had happened as the result of the sin of those who had fallen. He also took up a collection, man by man, to the amount of two thousand drachmas of silver, and sent it to Jerusalem to provide for a sin offering. In doing this he acted very well and honorably, taking account of the resurrection. For if he were not expecting that those who had fallen would rise again, it would have been superfluous and foolish to pray for the dead. But if he was looking to the splendid reward that is laid up for those who fall asleep in godliness, it was a holy and pious thought.

Therefore, he made atonement for the dead, so that they might be delivered from their sin” (2 Maccabees 12:41-45).

3. “Are any among you suffering? They should pray. Are any cheerful? They should sing songs of praise. Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Therefore, confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective. Elijah was a human being like us, and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again, and the heaven gave rain, and the earth yielded its harvest” (James 5:13-18).

I strongly believe that our obligation as Christian is to pray for one another because “Whether we realize it or not, prayer is the encounter of God’s thirst with ours. God thirsts that we may thirst for him” as St. Augustine says. Through prayer our hearts are opened to accept the will of God and continue to trust in him who keep reminding us “come to me all that are weary and carrying heavy burdens and I will give you rest”. St. Augustine says “pray as though everything depended on God. Work as though everything depended on you”. Isn’t it a wonderful reminder to let God work in his way? In prayer we converse with the Lord as he is sitting in front of us as the following story by the unknown author explains the importance of prayer.

A man’s daughter had asked the local pastor to come and pray with her father. When the pastor arrived, he found the man lying in bed with his propped up on two pillows and an empty chair beside his bed. The priest assumed that the old fellow had been informed of his visit.

"I guess you were expecting me," he said.

"No, who are you?"

"I'm the new associate at your local church," the pastor replied.

"When I saw the empty chair, I figured you knew I was going to show up."

"Oh yeah, the chair," said the bedridden man. "Would you mind closing the door?"

Puzzled, the pastor shut the door.

"I've never told anyone this, not even my daughter," said the man.

"But all of my life I have never known how to pray. At church I used to hear the pastor talk about prayer, but it always went right over my head."

"I abandoned any attempt at prayer," the old man continued, "until one day about four years ago my best friend said to me, 'Joe, prayer is just a simple matter of having a conversation with Jesus. Here's what I suggest. Sit down on a chair, place an empty chair in front of you, and in faith see Jesus on the chair. It's not spooky because he promised, 'I'll be with you always.' Then just speak to him and listen in the same way you're doing with me right now."

"So, I tried it and I've liked it so much that I do it a couple of hours every day. I'm careful, though. If my daughter saw me talking to an empty chair, she'd either have a nervous breakdown or send me off to the funny farm."

The pastor was deeply moved by the story and encouraged the old guy to continue on the journey. Then he prayed with him and returned to the church. Two nights later the daughter called to tell the pastor that her daddy had died that afternoon.

"Did he seem to die in peace?" he asked.

"Yes, when I left the house around two o'clock, he called me over to his bedside, told me one of his corny jokes, and kissed me on the cheek. When I got back from the store an hour later, I found him dead. But there was something strange, in fact, beyond strange-kind of weird. Apparently, just before Daddy died, he leaned over and rested his head on a chair beside the bed."

As I gave three Scripture references about seeking the intercession and prayers from others, today's First Reading is the fourth reference which is the intercessory prayer of Abraham for Sodom and

Gomorrah. He pleads to God for protection of the cities even if there are five people and God did agree, unfortunately they found none and later those cities were burned to dust and became symbols of evil. Why did Abraham plead for the cities? First of all, I believe that Abraham saw the goodness and mercy of God who has power to change everything. Secondly, he must have heard about Noah's flood and what happened, and the aftermath and he didn't want to see that. Thirdly he didn't want any righteous to die with the wicked. The First Reading does remind us to trust in the Lord and always repent from our sins because he doesn't want any one to die in their sins. (Please read Ezekiel 18 & 32 chapters).

In the Second Reading St. Paul speaks about our relationship with Lord by reminding us not to forget about Baptism as we are buried with him in baptism and will also be raised with him in his resurrection. The life of prayer helps us to keep our relationship strong with him. St. Peter Julian Eymard says "Have confidence in prayer. It is the unfailing power which God has given us. By means of it you will obtain the salvation of the dear souls whom God has given you and all your loved one. Ask and you shall receive, our Lord said, be yourself good with Lord. St. Mother Teresa shares her experience when she was crossing into Gaza and at the checkpoint she was asked if she was carrying any weapons and her answer was; "Oh yes, my prayer books"

"THE SIMPLE PATH

The fruit of silence is PRAYER.

The fruit of prayer is FAITH.

The fruit of faith is LOVE.

The fruit of love is SERVICE.

The fruit of service is PEACE."

She continues to say "Everything starts with prayer. Love to pray—feel the need to pray often during the day and take the trouble to pray. If you want to pray better, you must pray more. The more you pray, the easier it becomes. Perfect prayer does not consist of many words but in the fervor of the desire which raises the heart to Jesus."

In the Gospel today we see the desire and urge of apostles to learn "how to pray?" and Jesus give them the prayer of the prayers to make them understand that God is our Father, and he cares about us. He teaches them to begin their prayer with Our Father. These word are the "secret" of Jesus' prayer, it is the key that he himself gives to us so that we too might enter into that relationship of confidential dialogue with the Father who accompanied and sustained his whole life. St. Jean Marie Baptiste Vianney says "Never forget that it is at the beginning of each day that God has the necessary grace for the day ready for us. He knows exactly what opportunities we shall have to sin and will give us everything we need if we ask him then. That is why the devil does all he can to prevent us from saying our morning prayers or to make us say them badly. Prayer is nothing else than a union with God. When the heart is pure and united with God it is consoled and filled with sweetness; it is dazzled by a marvelous light. What souls we can convert by our prayers. The one who saves a soul from hell saves this soul and his own as well. My little children, your hearts, are small, but prayer stretches them and makes them capable of loving God. Through prayer we receive a foretaste of heaven and something of paradise comes down upon us. Prayer never leaves us without sweetness. It is honey that flows into the soul and makes all things sweet. When we pray properly, sorrows disappear like snow before the sun. There are those who lose themselves in prayer, like fish in water, because they are absorbed in God. There is no division in their hearts. How I love those noble souls."

Holy Father Pope Francis says, "With the name "Father" Jesus combines two requests: "hallowed be Thy name, Thy kingdom come". Jesus' prayer, and the Christian prayer therefore, first and foremost, makes room for God, allowing him to show his holiness in us and to advance his kingdom, beginning with the possibility of exercising his Lordship of love in our lives".

Furthermore, he continues to say "Three other supplications complete this prayer that Jesus taught, the "Our Father". There are three questions that express our basic needs: bread, forgiveness and help in

temptation. One cannot live without bread; one cannot live without forgiveness, and one cannot live without God's help in times of temptation. The bread that Jesus teaches us to ask for is what is necessary, not superfluous. It is the bread of pilgrims, the righteous, a bread that is neither accumulated nor wasted, and that does not weigh us down as we walk. Forgiveness is, above all, what we ourselves receive from God: only the awareness that we are sinners forgiven by God's infinite mercy can enable us to carry out concrete gestures of fraternal reconciliation. If a person does not feel that he/she is a sinner who has been forgiven, that person will never be able to make a gesture of forgiveness or reconciliation. It begins in the heart where you feel that you are a forgiven sinner. The last supplication, "lead us not into temptation", expresses the awareness of our condition, which is always exposed to the snares of evil and corruption. We all know what temptation is!"

Jesus teaching on prayer continues with two parables, which he modelled on the behaviour of a friend towards another friend, and that of a father towards his son. Both are intended to teach us to have full confidence in God, who is Father. He knows our needs better than we do ourselves, but he wants us to present them to him boldly and persistently, because this is our way of participating in his work of salvation. Prayer is the first and principle "working instrument" we have in our hands! In being persistent with God, we don't need to convince him, but to strengthen our faith and our patience, meaning our ability to strive together with God for the things that are truly important and necessary. In prayer there are two of us: God and I, striving together for the important things.

St. Faustina shares her experience, the Lord told her to keep a diary "I remind you, My daughter, that as often as you hear the clock strike the third hour, immerse yourself completely in My mercy, adoring and glorifying it; invoke its omnipotence for the whole world, and particularly for poor sinners; for at that moment mercy was opened wide for every soul. In this hour you can obtain everything for yourself and for others for the asking; it was the hour of grace for the whole world – mercy triumphed over justice. My daughter, try your best to make the Stations of the Cross in this hour, provided that your duties permit it; and if you are not able to make the Stations of the Cross, then at least step into the chapel for a moment and adore, in the Blessed Sacrament, My Heart, which is full of mercy; and should you be unable to step into the chapel, immerse yourself in prayer there where you happen to be, if only for a very brief instant. I claim veneration for My mercy from every creature, but above all from you, since it is to you that I have given the most profound understanding of this mystery. When I immersed myself in prayer and united myself with all the Masses that were being celebrated all over the world at that time, I implored God, for the sake of all these Holy Masses, to have mercy on the world and especially on poor sinners who were dying at that moment. At the same instant, I received an interior answer from God that a thousand souls had received grace through the prayerful mediation I had offered to God. We do not know the number of souls that is ours to save through our prayers and sacrifices; therefore, let us always pray for sinners."

Holy Father Pope Francis says, "Among these, there is one, the great important thing we must ask is "Give me the Holy Spirit". What a beautiful prayer, it would be if, this week, each of us were to ask the Father: "Father, give me the Holy Spirit!" who cries for us and makes us understand" "Abba, the Father" as St. Paul says. St. Padre Pio compares prayer with the perfume "The prayers of the Saints in heaven and of the just on earth are a perfume which never will be lost."



Historical Church of St. Henry, Waterton Reservoirs by Fr. Iqbal Khurshid

Sunday Updates

17th Sunday in Ordinary Time



Visit the [Diocesan Event Calendar](#)

Follow us on Social Media
[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:
[Vatican News](#) | [The Sunday Website](#)
[Sunday Connection](#)

Daily and Sunday Mass Prayers & Readings: [CCCCB Daily Readings](#) (pick the desired date)

Full schedule of Parish Livestream Masses:
<https://www.catholiccyc.ca> | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#)

COVID-19 Resources

- [Sacraments & Liturgies](#)
- [Spiritual Resources](#)
- [Sacrament Preparation](#)
- [Online Formation Opportunities](#)

Resources for children

- **Kid's challenge this week:** Colour [this page](#) and write or draw on the back how you will do what God asks of you, and how you can help make sure that all people have fair share of the food that God gives us. This week, try to think carefully each time you pray the Lord's Prayer, and what the words really mean.
(CAFOD)
 - [Colouring page this Sunday](#)
 - [Kid's Bulletin for this Sunday](#)
 - [Sunday Connection - 17th Sunday in Ordinary Time](#) (Gr. 1-8 & family)
 - **Children's Liturgy of the Word this Sunday**
 - Children's Liturgy for leaders/parents (with intercessions and activities) | [Illustration](#) - by CAFOD
 - [Children's Liturgy of the Word with Miss Heidi](#) (Catholic TV)

Papal Visit Livestream

As we prepare to welcome Pope Francis to Canada, we invite Catholics from across the country to participate in this historic journey in a number of different ways.

- In addition to television coverage of papal events, visit papalvisit.ca to access more than 10 livestream links of coverage featuring interpretation in many languages (including Indigenous languages), as well as livestream links from Vatican TV including commentary.
- Salt & Light Catholic Media has a dedicated site for information and broadcast details for the papal visit - slmedia.org/popeincanada
- Novalis will provide digital worship aid at livingwithchrist.ca for all liturgies with Pope Francis

Please pray

Let's pray for the visit of Pope Francis to Canada this week. May this apostolic journey serve as a moment of healing and reconciliation for Indigenous Elders, knowledge keepers, residential school survivors and all those working on the path of truth and understanding, let us pray to the Lord...

Worth sharing

- **Edmonton's national indigenous parish [Sacred Heart held its grand reopening and dedication](#)** (Global News)
 - **Fr. Cristino received a blanket** at the rededication of Sacred Heart Church of the First Peoples - View [Photo/Tweet](#) | [Facebook Post](#)
 - [More pictures](#) from the Rededication of Sacred Heart of First Peoples Church in Edmonton, which will be visited by the Holy Father on July 25
- Video: "[Walking Together](#)" - newly released documentary on residential schools and the ongoing journey of reconciliation (Salt + Light Media)
- Article: "**Why is the Pope Going to Canada? Indigenous Peoples and Residential Schools**" by Fr. Federico Lombardi, SJ. [Read Now](#) | [Download & Print](#)



Marriage

PREPARATION

For marriage preparation courses in the fall, see our Diocesan page where couples can choose the appropriate date, register and pay for the course: catholiccyyc.ca/marriageprep

Faithfully - Custodians of Beauty

Highlights from the latest [Faithfully, July 18, 2022](#):

- **Walking Together:** A Message from Bishop McGrattan as he looks forward for the visit of the Holy Father, and a new chapter of healing, hope and reconciliation.
- **Details on Papal Visit** in Alberta
- **World Day of Prayers for Grandparents & Elderly** - featuring surprise gift from artist Debbie Wilson, and a story from CJ Panlilio.
- **Faithful Living tips** on how to talk to a parent with dementia
- Family resources for the Summer - a memory book and history trivia
- [Read Faithfully now](#)

Employment Opportunity

Employment opportunities are available on our [Careers](#) page:

- **Assistant Care Coordinator (full-time) - Elizabeth House**
- **Sacrament Preparation Coordinator (part-time)- St. Luke's Church, Calgary**

Please visit catholiccyyc.ca/careers for more information and application details.

Other Resources & Events

1. **Pope Francis: Digital media raises serious ethical issues**
Although modern means of communication can be “a powerful means of fostering communion and dialogue within our human family,” they can also become “places of toxicity, hate speech, and fake news,” warns Pope Francis, in a message to the lay communications network SIGNIS. [Read more](#)
2. **Hundreds of migrants rescued off Tunisian coast**
More than 450 persons were rescued by the Tunisian coast guard in several operations off the country’s coasts, as migrants continue to brave the Mediterranean waters in their bid to reach European shores. [Read more](#)
3. **Nearly 70 Christians killed in span of two months**
At least 68 Christians have been killed, and many more abducted or displaced, over the past two months in only one state in the central region of [Nigeria](#). “Having to live with such a situation has been very terrible for me and my people, to say the least”, says Bishop Wilfred Chikpa Anagbe. [Read more](#)

4. **Take these 11 thoughts and visit your grandparent (or neighbour)**

Pope Francis has dedicated his recent Wednesday [audience catecheses](#) to the theme of the [elderly](#). And he's also been speaking from the heart about his own experience of age, given his knee injury that has forced him to use a wheelchair or a cane. Read some simple advice and profound reflections from the Holy Father. We can all learn from his advice, young and old. [Read more](#)

5. **How to help children cope with difficult news**

Children's dependence on adults and limited experience with danger can make news of violence especially terrifying for them. How can we reassure them in times of increased anxiety? Here are some [tips for helping children cope](#).

6. **A bride and groom and God the Father**

A religious sister describes how attending a wedding revealed to her the loving gaze of God. "Several years back, at a relatively ordinary [wedding](#) in a cathedral in Vermont, I witnessed a groom captivated by his bride." [Read more](#)

7. **July-August 2022 Calendar Highlights**

- [July 24](#) | World Day of Grandparents and the Elderly
- [July 24-29](#) | Papal Visit in Canada
- **NEW!** [July 27-29](#) - Our Lady of the Cape (Western Tour statue) visits St. Gerard, Calgary
- **NEW!** [July 27-31](#) - Our Lady of the Cape (Papal Pilgrimage Tour statue) visits Our Lady of the Rockies, Canmore
- [July 29](#) | Triumph Retreat - Live-in program of inner healing & transformation
- [Aug 1-13](#) | Archateos - Adventure camp for boys ages 7-17
- **NEW!** [Aug 2-3](#) - Our Lady of the Cape visits Holy Spirit, Calgary
- [Aug 12-14](#) | Holy Ground - Women's Retreat at Mount St. Francis, Cochrane
- [Aug 16-18](#) | Soul Care - Women's Retreat at Mount St. Francis, Cochrane
- [Aug 22](#) | Mary: A Biblical Walk - Zoom bible study with Fr. Julian Studden
- [Aug 25](#) | St. Mary's Golf Tournament at Silvertip Resort, Canmore
- **NEW!** [Aug 27](#) - Paint St. Paul's Church in Brocket, AB

8. **July Saints**

There are many well known saints whose feast days are celebrated in July. Below is just a few of them and if you click on the names you can find out more about these saints.

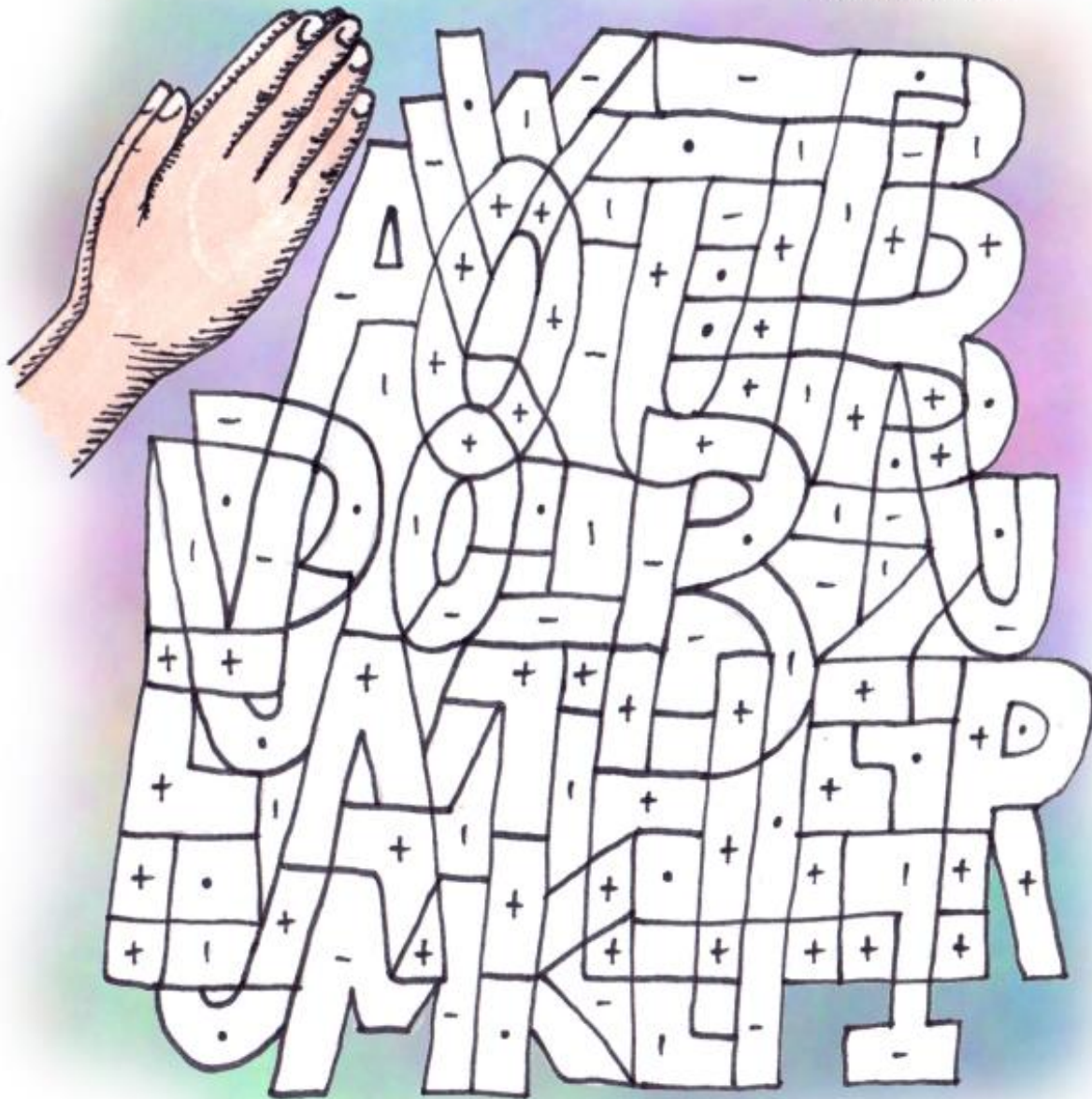
- July 25 [Saint James](#)
- July 26 [Saint Joachim and Saint Anne](#)
- July 29 [Saints Martha, Mary and Lazarus](#)
- July 31 [Saint Ignatius of Loyola](#)



The Kids' Bulletin

17th Sunday in Ordinary Time
July 24th, 2022

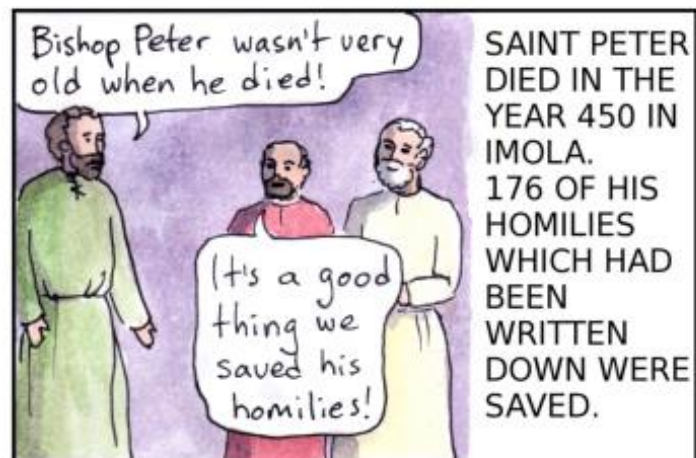
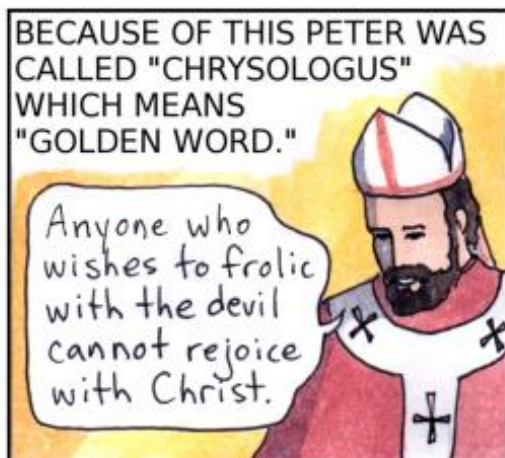
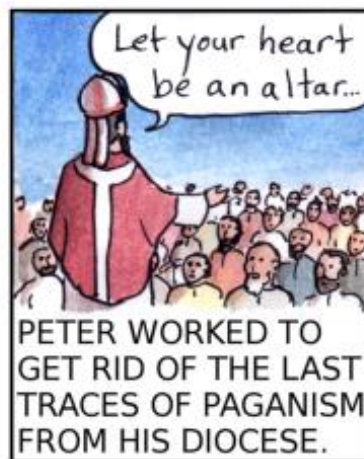
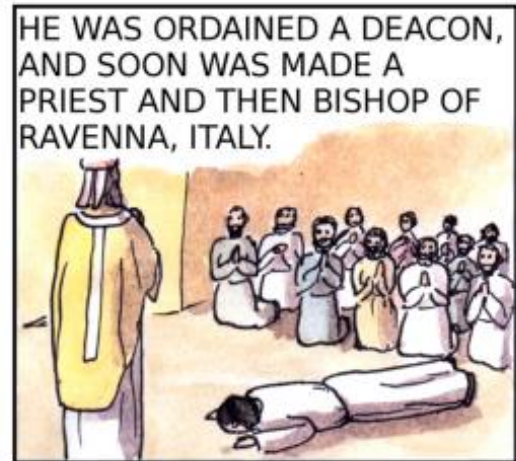
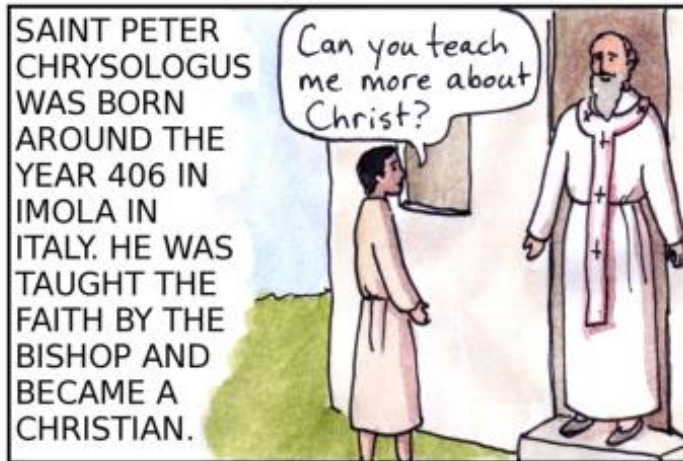
Luke 11:1-13



Jesus taught His disciples a prayer that we still use today. We often call it by its first two words. To find out what they are, colour in ONLY the spaces with crosses. (+)

Saint Peter Chrysologus

July 30



SAINT PETER CHRYSOLOGUS DREW PEOPLE CLOSER TO GOD WITH HIS PREACHING. HE HELPED PEOPLE UNDERSTAND THE BIBLE BETTER AND SHOWED HERETICS WHERE THEY WERE MAKING MISTAKES. WE SHOULD PRAY FOR OUR PRIESTS TO BE ABLE TO PREACH WELL AND BRING US CLOSER TO GOD TOO.

The Lord's Prayer

Fill in the blanks to complete the "Our Father."
Use the letters from the numbered boxes to fill in the blanks at the end.

Our ⁴ ¹⁷ ⁵, who art in
¹ ¹⁴. Thy ³ ¹⁹ come.

Thy will be done on earth as it is in Heaven.

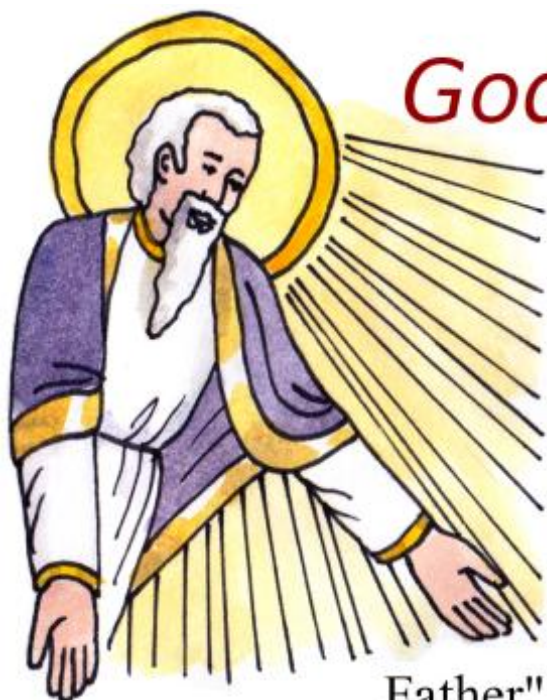
¹⁵ us this day our ⁷ ²⁰
¹³ and ²¹ ¹⁶ us our
trespasses as ⁹ forgive those who
⁸ ² against ²² and
¹² us not into temptation but
⁶ ¹¹ us from ¹⁸ ¹⁰.



1 2 3 4 5 6 7 8

9 10 11 12 13 14 15 16 17 18 19

20 21 22



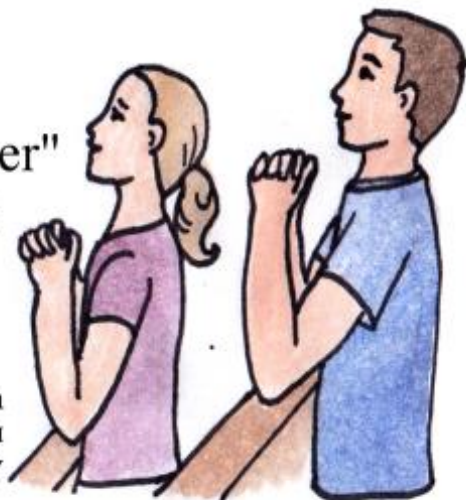
God Gives us What We Need

In today's Gospel reading, the disciples asked Jesus to teach them how to pray, so He taught them the "Our Father."

In the first part of the "Our Father" we give glory to God by praising Him, and in the second part we ask Him for the things we need. First we ask for our daily bread. This can be asking both for the things like food that our bodies need, and for the spiritual things as well, especially Holy Communion. Next we ask for forgiveness for our sins and for God to keep us away from temptation and evil.

Jesus said that if a father on earth would give his children the things they need, then God, Who is our Father in Heaven, will certainly give us what we need. All He wants us to do is show that we trust in Him by asking Him.

Make sure you say the "Our Father" every day to praise God our Father and ask Him for everything you need.



Answers to "The Lord's Prayer" Puzzle: Father, Heaven, name, kingdom, Give, daily, bread, forgive, we, trespass, us, lead, deliver, evil. "Ask and it will be given you."

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where we are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.

