



Welcome to HOLY FAMILY PARISH

APRIL 17, 2022 – EASTER SUNDAY

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca

Facebook: [Medicine Hat Holy Family Parish](#) ~ YouTube: [Medicine Hat Holy Family Church](#)

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid & Fr Rodel Abanto
& Deacon Robert Risling

RECONCILIATION...

Friday 9:30am–10:30am. & Saturday 3:30–
4:45pm. Or by Appointment

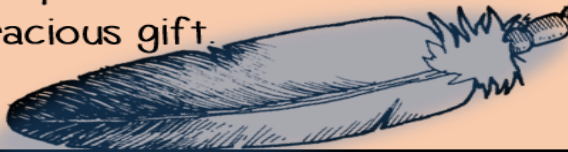
MASS TIMES... **MONDAY to FRIDAY** at 9:00AM
FIRST SATURDAY OF MONTH at 8:30AM, **SATURDAY** at
5:00PM

THE CHAPEL IS OPEN
MONDAY - FRIDAY 9:30am - 4:00pm
ADORATION FRIDAY 9:30 –

Knights of Columbus - Kirby Peterson
Catholic Women's League - Marjorie

Parish Pastoral Council Chair - Gary Heinbecker
Parish Finance Committee Chair - Cheryl Pocsik

We acknowledge that Treaty 7 territory,
on which we stand, is the ancestral land
of the Indigenous peoples and is common
home to everyone in virtue of God our
Creator's gracious gift.



Sunday 10:30am Mass
Medicine Hat Holy Family Church
Live Stream

https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q

You Tube



THE RESURRECTION OF THE LORD ~ APRIL 17, 2022

OPERATING FINANCES

MARCH 1-31, 2022

Operating Budget 2022	\$ 59,708
General Envelope Collection	\$ 39,060
Loose Collections	\$ 966
Future Development	\$ 3,886
Sale of Church Supplies & Other	\$ 9,497
Other Ministries	\$ 367
Budget Vs Actual SHORT	-\$ 5,504

SPECIAL COLLECTIONS

Together in Action (TIA)	\$ 9,281
St Vincent de Paul	\$ 3,843
Clergy Retirement	\$ 25
Mission Mexico	\$ 75
CARO	\$ 120
World Missions	\$ 20
Pope's Pastoral Works	\$ 5
Seminary Fund	\$ 10

Thank You for your Generous Contributions

Sunday's Readings

1st Reading: Acts 10.34a, 37-43

We ate and drank with him after he rose from the dead.

Responsorial Psalm: 118

R. This is the day the Lord has made; let us rejoice and be glad.

2nd Reading: Colossians 3.1-4

Seek the things that are above, where Christ is.

Gospel: John 20.1-18

According to the Scripture: Jesus must rise from the dead.

Gospel Acclamation

Alleluia, Alleluia.

Christ, our paschal lamb, has been sacrificed;

let us feast with joy in the Lord.

Alleluia, Alleluia.

† Mass Intentions †



Saturday, April 16

8:00pm - Easter Vigil - Special Intention

Easter Sunday, April 17

8:30am - Virginia Cabral †

10:30am - Allen Kaupp †

Monday, April 18

NO MASS TODAY

Tuesday, April 19

9:00am - Geraldine Fanderburk †

Wednesday, April 20

9:00am - Special Intention

Thursday, April 21

9:00am - Micahel Krooshoop

Friday, April 22

9:00am - Carol Jangula †



2022 Goal

\$70,938

total to date

\$15,695

which is 22%

Sacramental Preparation

1st Holy Communion Mass...

Friday, April 29 2022, 6:00pm

At Holy Family Parish

Confirmation Retreat...

Saturday, April 30, 2022,

10:00am - 3:00pm



E-Transfer Donations accounting@holymfamilymh.ca

Easter Triduum

Thursday of the Lord's Supper ~ 14 April 2022 ~ 7:00pm

Proclaiming the Death of the Lord. One of the best ways to proclaim the death of the Lord Jesus Christ is to participate in Eucharist and share in Communion. When we do this, we have the strength to wash feet and do all manner of things that others need.

✝ What will I do and who will I serve this Easter?

Friday of the Passion of the Lord (Good Friday) ~ 15 April 2022 ~ 12:00pm & 3:00pm

Adoring the Holy Cross. We carry the cross in procession. We plant it in the midst of our assemblies. We place it on our walls. We sign ourselves with a cross, invoking the Trinity, to begin and end prayer. In adoring the cross, we place ourselves in the presence of the dead and risen One whose Paschal Mystery saves everything and everyone.

✝ How will my behaviors bring honor to the cross of Christ?

Easter Sunday of the Resurrection of the Lord

At the Easter Vigil in the Holy Night of Easter ~ Saturday night, 16 April 2022 ~ 8:00pm

Seeking the Living One. In this holy night of Easter, we baptize, confirm, and bring to the table new Christians to join the growing band of believers.

✝ How will I support these washed, oiled, and fed new members of Christ's Church?

✝ These are the neophytes of our parish: NN.

Easter Sunday of the Resurrection of the Lord

At the Mass during the Day ~ Sunday, 17 April 2022 ~ 8:30am & 10:30am

Believing in Risen Life. After his death and burial, the apostles saw the risen Jesus. They talked with him. They touched him. They ate with him. These things are not done with the dead. They knew he was alive. We believe this still today because we experience his presence in many ways.

✝ How do I see the risen Lord's activity still happening today?

✝ How can I foster belief in the risen Lord by what I say and do?

✝ How does this belief change my life, my attitudes, my priorities?

Holy Family Parish Knights of Columbus Council 9502 would like to make you aware of our **6th Annual 40 Loonies for Lent project**. Your donations will go to **Medicine Hat Food Bank** or what is now called the **Root Cellar**, **Mustard Seed**, **Saint Vincent De Paul**, **5th Avenue** and **Saint Barnabas Meal Programs**.

Thank you and may the Lord bless you and keep you.

LOONIES TO DATE: \$8,800.00



Bring your Bells to Ring Holy Thursday and for the Saturday Easter Vigil



TRADITION OF HOUSE BLESSING DATES BACK TO EARLY CHRISTIANITY.



We read in the Gospel of St. Matthew ““On coming to the house, they saw the child with his mother Mary, and they bowed down and worshiped him. Then they opened their treasures and presented him with gifts of gold and of incense and of myrrh.” It means we open the doors to Jesus to come in and stay with us. As it is written in the Book of Revelation 3:20 *“Listen! I am standing at the door, knocking; if you hear my voice and open the door, I will come in to you and eat with you, and you with me”*

According to the Catechism of the Catholic Church “Among the sacramentals blessings occupy an important place. They include both praise of God for his works and gifts, and the Church's intercession for men that they may be able to use God's gifts according to the spirit of the Gospel.

at the Easter Vigil, all is restored: The fonts are filled again and the baptismal water is blessed. In this blessing, we hear how God has given water the “power to sanctify” throughout salvation history — the great flood cleansed the earth of sin, the Israelites passed through the Red Sea to freedom, Jesus was baptized in the Jordan River. For the remainder of the Easter season, the congregation is sprinkled liberally with this holy water in place of the penitential rite at the beginning of Mass. We are reminded of our baptism and our baptismal vow. During Easter time, when houses are blessed with the water blessed at Easter Vigil, reminds us about the life-giving water which flowed from the side of Jesus when his heart of pierced. During the blessing, we remember the words of the Psalmist, “**Blessed** art thou, and it shall be well with thee”.



Those CWL members wishing to attend the convention at the end of April please Call Jackie 403-581-5479. Sunday Mass on April 24 will be sponsored by CWL, all ladies please wear your pins and/or scarf to all masses as we will be saving our League Prayer.

CWL is sponsoring a bottle drive, **Saturday, April 23 and Sunday, April 24.** Shamrock truck will be in parking lot. Truck opens **Saturday morning from 10am to 12pm;** also **before and after all Masses** that weekend.

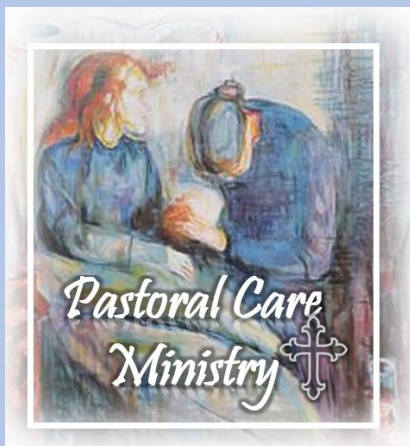


FUNDRAISING

If the truck is not open when you arrive, please leave items at the truck.



The spirit of Easter is all about hope, love, and joyful living.
May you have a Blessed Easter!



Perhaps you have a family member or know of a friend who is homebound and would like to receive Jesus in the Holy Eucharist but is unable to attend Mass for various reasons including illness, fear of getting a virus, lack of transportation or mobility issues, etc. Please make a phone call to the Parish office 403-527-6933 to leave a contact name and phone number and someone in the Pastoral Care Ministry will return the call to obtain details and assistance to plan for two members of the Parish Pastoral Care team to visit the homebound person.

Interested in visiting the homebound? Struggles in life often create situations where parish members are unable to attend mass or other parish activities, yet the need and desire is for contact with our Parish community. We are there for them. The Parish Pastoral Care ministry sends two team members to visit private residences to bring Holy Communion, pray & share some time together. Please consider joining this very worthwhile and fruitful ministry to give some time to serve our brothers and sisters in need. Let us bring Jesus to the housebound, bringing them light and hope.

Faithfully
FAITH. LIVED. FULLY.

**Printable Faithfully - Feb/March
2022**

[Download PDF of Feb/March edition](#) | or visit
catholiccyyc.ca/Faithfully



The Sisters from the Seeds of the Word in Calgary left us some of their *Lectio Divina* Books to sell for \$20.00 each. Available at the office!

MEDICINE HAT CATHOLIC SCHOOLS'
EDUCATION FOUNDATION

20TH ANNUAL GOLF TOURNAMENT

FRIDAY, JUNE 10TH, 2022

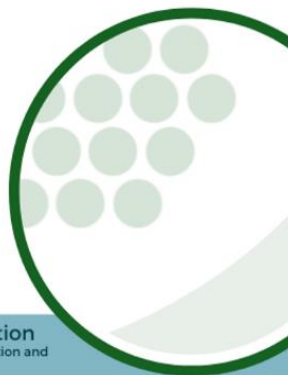
1:00 p.m - Shotgun Start
Cottonwood Coulee
Golf Course
Medicine Hat, Alberta

Register by calling 403-502-8351
Registration closes June 1, 2022

Register Early! Only 120 spots!
Entries will be accepted on a first come, first paid basis



Medicine Hat Catholic Board of Education
The Education Foundation is a registered non-profit organization and
registered charity with Canada Revenue Agency.



Holy Week 2022

HOLY THURSDAY, APRIL 14th

MORNING PRAYER, 8:30AM

MASS OF THE LORD'S SUPPER, 7:00PM**

FOLLOWED BY RECONCILIATION UNTIL MIDNIGHT
& ADORATION IN THE FAITH ROOM UNTIL
MIDNIGHT

FRIDAY, APRIL 15th

GOOD FRIDAY SERVICES, 12:00 NOON** AND
3:00PM

SATURDAY APRIL 16th

MORNING PRAYER, 8:30AM

BLESSING OF EASTER FOOD, 11:00AM

EASTER VIGIL, 8:00PM**

SUNDAY, APRIL 17th

EASTER SUNDAY MASS, 8:30AM, 10:30AM**

**LIVESTREAM@ Youtube – Medicine Hat Holy
Family Church





Holy Triduum Year C

Sunday, April 17, 2022

JOURNEY OF ORDINARY TO EXTRAORDINARY

Today we begin Holy Triduum which brings us to the solemn celebrations of the Holy Week. These three days are holiest days for us all Christians to remember what Jesus did, and how it was done? Holy Triduum is a journey of Ordinary to Extraordinary because God is looking for not only an ordinary person but also a walking person who can trust in him and take this journey with him. From the very beginning, God had a relationship with Adam and Eve that found them "walking in the garden in the cool of the day" (Genesis 3:8). God created man for the enjoyment of a walking relationship that involved companionship, dialogue, intimacy, joint decision-making, mutual delight, and shared dominion. God longs to walk with us, which is why his arms of grace have been pulling us into a closer walk with him. He made ordinary mud into extraordinary by giving his image and breath "and he became living being". This journey of ordinary to extraordinary never ended there but it continued in the history of our salvation when God chose people to be his own. This came to its completion in the Lord Jesus when he became man, like us but in sin. Isn't it an amazing mystery to see how God gave his image to humans and here God becomes human?

Each Holy Thursday the Church recounts the evening when Jesus celebrated the Last Supper with his closest disciples. At that meal Jesus inaugurated the Passover of the New Covenant, when the supreme sacrifice would be offered for the salvation of the human race, by Christ's Passion, Death and Resurrection. Also of highest importance for us who follow Christ, the Lord instituted the Eucharist at the Last Supper, giving His Body and Blood, under the form of bread and wine, to His disciples. At every Eucharist members of the Church are invited to "taste and see the goodness of the Lord," (Psalm 33(34):8), as the psalmist expresses it, by reception of the Blessed Sacrament. In addition to the Eucharist, Christ instituted the ministerial priesthood at the Last Supper, whereby the Sacrament of the Lord's Body and Blood would be perpetuated, that is, celebrated, until the end of the ages. Those who are called to the priesthood, set before God's people the Paschal meal, whereby the Body and Blood of the Redeemer are made present and given as spiritual nourishment for the journey through life.

At the Last Supper Christ also gave the "new commandment," (*mandatum* in Latin) of love. The words of Jesus in this regard we know very well: "Love one another. As I have loved you, so you must love one another" (Jn 13:34). This is not a suggestion or a theory, but a command. Prior to Christ's *mandatum*, love was based more on an expected reward in return, or upon the fulfillment of an imposed norm. Now, love is to be based upon Christ, who loved to the point of giving His own life by a love that is to be the measure of every disciple's love, and what should characterize a Christian and Catholic understanding of love.

At the same Last Supper, with the gesture of a humble servant expressing love, Jesus washed the feet of His disciples, and directs all who follow Him to do likewise. This action of Jesus is more than a simple gesture, though. It is in fact an anticipation of the total humiliation and self-emptying that Christ went through, to save the human race. The One, who is God, bowed down before our human littleness, before everyone, and offers

a sign for all of us to imitate. Our humble Lord invites us every day to follow His example to build up a better and different world, rooted in God's sovereignty over all, and taking the form of service and love of God and one another by the way we live. At every Eucharist, and especially on Holy Thursday, where Divine love and forgiveness are emphasized, we "proclaim the death of the Lord until he comes" (1 Cor 11). In the Old Testament, at the time of Passover, God's people sprinkled the blood of a lamb on each home, recounting the Exodus, that is, freedom from slavery in Egypt. Now, in the New Covenant, the Lamb without blemish, Jesus Christ, is sacrificed, and the Blood of the Lamb is sprinkled on the souls of believers, offering to all freedom from sin and death.

Today we are all called to move toward a new life in Christ, a full life of Divine love. Another psalmist beautifully expresses what takes place at the Eucharistic sacrifice we offer here and now: "How shall I make a return to the Lord for all the good he has done for me? The cup of salvation I will take up and I will call upon the name of the Lord" (Psalm 115(116): 13). Without limit, always, to the end". Jesus' love for us knows no limits: always more and more. He never tires of loving anyone. He loves us all, to the point of giving his life for us. Yes, giving his life for us; yes, giving his life for all of us, giving his life for each one of us. And every one of us can say: "He gave his life for me". Everyone: He gave His life for you, for you, for you, for you, for me, for him... for each person, by first and last name. His love is like that: personal. Jesus' love never disappoints, because He never tires of loving, just as He never tires of forgiving, never tires of embracing us. This is the first thing that I wanted to say to you: Jesus loved us, every one of us, to the end.

And then, He does something that the disciples don't understand washing the feet. It was not done by the master of the house but by the slaves. That was the task of a slave. And like a slave, Jesus washes our feet, the feet of his disciples, and that is why He says: "What I am doing you do not know now, but afterward you will understand". Jesus' love is so great that He became a slave to serve us, to heal us, to cleanse us. He washes us entirely, He purifies us, He lets us feel his love yet again. There is a very beautiful phrase in the Bible, the prophet Isaiah says: "Can a mother forget her child? Even if a mother could forget her child, I will never forget you". God's love for us is like this. How are we serving the Lord and his people?

We need to have the attitude of Ruth: *"Do not press me to leave you or to turn back from following you! Where you go, I will go; where you lodge, I will lodge; your people shall be my people, and your God my God. Where you die, I will die—there will I be buried. May the Lord do thus and so to me, and more as well, if even death parts me from you!"* (Ruth 1:16-17).

May this Holy Thursday Mass of the Lord's Supper, which begins what we call the "Sacred Triduum," be an opportunity to renew belief in the Real Presence of the Christ in the Eucharist and willing participation in this Sacrament at Mass. May it also be a pledge of our humble service toward one another, freely and joyfully given. We are to recognize Christ present in others and should willingly "bow and bend low" to serve them in the love of Christ.

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On Good Friday the wood of an ordinary tree takes an extraordinary status upon which our Lord died on for our salvation. That ordinary wood reminds us that He has died! And He was put to death, He did not die a natural death. He was put to death because of lies and jealousies and fear. Yet Jesus chooses to accept death so that we can live. The first reading today, from the Prophet Isaiah, tells us that "he shall take away the sins of many, and win pardon for their offenses." This Prophet is able to see how God can work through our human brokenness. We are challenged to live as Christ and to give our lives for the good of others. The second reading is from the Letter to the Hebrews and tells us that "he learned obedience from what he suffered." Again, we are invited to accept suffering in our lives and learn obedience to God.

The Passion Narrative, always from the Gospel of Saint John on Good Friday, gives us the account of the last days of Jesus before His death. What is important is that we see that Jesus freely chooses to die and chooses to die for us. Another important factor is that Jesus really does die, and that Jesus does not just pretend to die or give the illusion that He dies. It is only because Jesus has truly died for us that the Resurrection will come as an incredible surprise and an incredible witness to the power of God at work in the Lord Jesus.

Pope Francis has a beautiful reflection for Good Friday, " Lord Jesus, help us to see in your Cross all the crosses of the world: The cross of those who hunger for bread and for love; The cross of those who are alone or abandoned even by their own children and family members; The cross of those who thirst for justice



and peace; The cross of those who do not have the comfort of the faith; The cross of the elderly who are bowed down under the weight of years and loneliness; The cross of migrants who find doors closed because of fear, and hearts sealed by political calculations; The cross of the little ones, wounded in their innocence and purity; The cross of humanity that wanders in the darkness of uncertainty and in the darkness of the culture of the fleeting moment; The cross of families broken by betrayal, by the seductions of the evil one or by murderous lightness and by selfishness; The cross of consecrated persons who tirelessly seek to bring your light into the world and feel rejected, mocked and humiliated; The cross of consecrated persons who, along the way, have forgotten their first love; The cross of your children who, believing in you and trying to live according to your word, find themselves marginalized and discarded even by their families and their peers; The cross of our weaknesses, our hypocrisies, our betrayals, our sins and our many broken promises; The cross of your Church which, faithful to your Gospel, struggles to carry your love even among the baptized themselves; The cross of the Church, your bride, who feels continually attacked from within and from without; The cross of our common home that withers seriously before our selfish eyes that are blinded by greed and power. Lord Jesus, rekindle in us the hope of the resurrection and of your definitive victory against all evil and all death. Amen!"

Saint John Chrysostom says "If we wish to understand the power of Christ's blood, we should go back to the ancient account of its prefiguration in Egypt. Sacrifice a lamb without blemish, commanded Moses, and sprinkle its blood on your doors. If we were to ask him what he meant, and how the blood of an irrational beast could possibly save men endowed with reason, his answer would be that the saving power lies not in the blood itself, but in the fact that it is a sign of the Lord's blood. In those days, when the destroying angel saw the blood on the doors he did not dare to enter, so how much less will the devil approach now when he sees, not that figurative blood on the doors, but the true blood on the lips of believers, the doors of the temple of Christ. The Author of the Letter to Hebrews sums up the sacrifice of Jesus in this way "When Christ came as high priest of the good things which have come to be, he entered once for all into the sanctuary, passing through the greater and more perfect tabernacle not made by hands, that is, not belonging to this creation. He entered, not with the blood of goats and calves, but with his own blood, and achieved eternal redemption. For if the blood of goats and bulls and the sprinkling of a heifer's ashes can sanctify those who are defiled so that their flesh is cleansed, how much more will the blood of Christ, who through the eternal spirit offered himself up unblemished to God, cleanse our consciences from dead works to worship the living God!

This is why he is mediator of a new covenant: since his death has taken place for deliverance from transgressions committed under the first covenant, those who are called may receive the promised eternal inheritance. Where there is a testament, it is necessary that the death of the testator be confirmed. For a testament comes into force only in the case of death; it has no force while the testator is alive. Hence, not even the first covenant was inaugurated without blood.

Today we contemplate only the death of the Lord. The world is broken apart. Light goes out. There is nothing left. We only wait because we still believe in God.

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The third most important day in the Holy Triduum is Easter Sunday, the day our Lord conquered death and rose from the dead. This is the journey of our ordinary human life to extraordinary life in heaven where we will be enjoying the company of the saints. This is also a day of extraordinary victory over death (Please read I Corinthians 15) when our Lord conquered death so that we may rise in him to eternal life. This victory can only be understood by people who know how to serve and sacrifice for others. He is truly risen from the dead, Alleluia, Alleluia. According to St. Augustine "it was impossible for the Author of life to stay under the earth for long" The Christians all over the world have been preparing themselves with prayer, penance, and work of charity to celebrate the greatest feast of all times, that's Easter. No one expected that it was going to happen, that a man who was once crucified was going to rise. St. Paul rightly says in his first letter to Corinthians "Death has been swallowed up in victory. *"Where, O death, is your victory? Where, O death, is your sting?" The sting of death is sin, and the power of sin is the law. But thanks be to God, who gives us the victory through our Lord Jesus Christ"*

Every Sunday afternoon, after the morning service at their church, the Pastor and his 11-year-old son would go out into their town and hand out Gospel tracts. This particular Sunday afternoon, as it came time for the Pastor

and his son to go to the streets with their tracts, it was very cold outside as well as pouring down rain. The boy bundled up in his warmest and driest clothes and said, "Okay Dad, I'm ready."

His Pastor Dad asked, "Ready for what?"

"Dad, it's time we gather our tracts together and go out."

Dad responds, "Son, it's very cold outside, and it's pouring down rain."

The boy gives his Dad a surprised look, asking, "But Dad, aren't people still going to Hell, even though it's raining?"

Dad answers, "Son, I am not going out in this weather."

Despondently the boy asks, "Dad, can I go? Please?"

His father hesitated for a moment but said, "You can go. Here are the tracts; be careful, son."

"Thanks Dad!"

And with that, he was off and out into the rain. This 11-year-old boy walked the streets of the town, going door-to-door and handing everybody he met in the street a Gospel tract. After hours of walking in the rain, he was soaking bone-chilled wet and down to his very last tract. He stopped on a corner and looked for someone to hand a tract to, but the streets were totally deserted.

Then, he turned toward the first home he saw and started up the sidewalk to the front door and rang the doorbell. He rang the bell, but nobody answered. He rang it again and again, but still no one answered. He waited, but still no answer. Finally, this 11-year-old trooper turned to leave, but something stopped him. Again, he turned to the door and rang the bell and knocked loudly on the door with his fist. He waited, something holding him there on the front porch. He rang again, and this time the door slowly opened. Standing in the doorway was a very sad looking elderly lady.

She softly asked, "What can I do for you, son?"

With radiant eyes and a smile that lit up her world, this little boy said, "Ma'am, I'm sorry if I disturbed you, but I just want to tell you that JESUS REALLY DOES LOVE YOU! I came to give you my very last Gospel tract which will tell you all about Jesus and His great love." With that, he handed her his last tract and turned to leave.

She called to him as he departed, "Thank you, son! And God bless you!"

The following Sunday morning in church, Pastor Dad was in the pulpit and as the service began, he asked, "Does anybody have a testimony or want to say anything?"

Slowly, in the back row of the church, an elderly lady stood to her feet. As she began to speak, a look of glorious radiance came from her face. "None of you in this church know me. I've never been here before. Before last Sunday, I was not a Christian. My husband passed on some time ago, leaving me totally alone in this world. Last Sunday, being a particularly cold and rainy day, it was even more so in my heart as I came to the end of the line where I no longer had any hope or will to live.

"So, I took a rope and a chair and ascended the stairway into the attic of my home. I fastened the rope securely to a rafter in the roof then stood on the chair and fastened the other end of the rope around my neck. Standing on that chair, so lonely and broken hearted, I was about to leap off. When suddenly, the loud ringing of my doorbell downstairs startled me. I thought, 'I'll wait a minute, and whoever it is will go away.' I waited and waited, but the ringing doorbell seemed to get more insistent and then the person ringing also started knocking loudly. I thought to myself again, 'Who on earth could this be?! Nobody ever rings my bell or comes to see me!' I loosened the rope from my neck and started for the front door. All the while, the bell rang louder and louder. When I opened the door and looked, I could hardly believe my eyes! There on my front porch was the most radiant and angelic little boy I had ever seen in my life! His smile! Oh, I could never describe it to you! And the words that came from his mouth caused my heart, that had long been dead, to leap to life as he exclaimed with a cherub-like voice, 'Ma'am, I just came to tell you that JESUS REALLY DOES LOVE YOU.' Then he gave me this Gospel tract that I now hold in my hand. As the little angel disappeared back out into the cold and rain, I closed my door and read slowly every word of this Gospel tract. Then, I went up to my attic to get my rope and chair. I wouldn't be needing them anymore.

"You see, I am now a happy child of the King, and since the address of your church was on the back of this Gospel tract, I have come here to personally say, 'Thank you to God's little angel who came just in the nick of time and by so doing, spared my soul from an eternity in Hell.'"

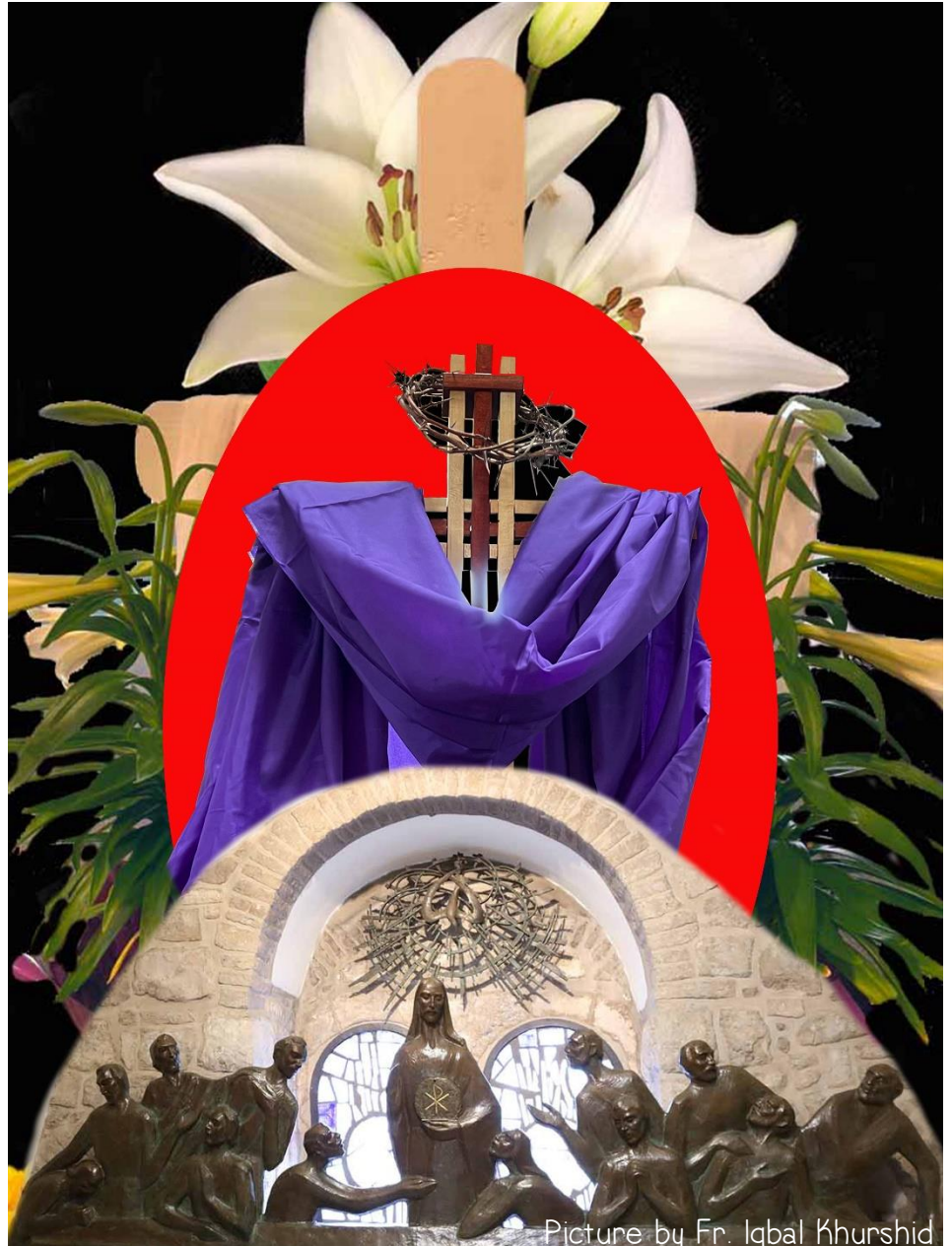
There were now no dry eyes in the church. As shouts of praise and honor to the King resounded off the very rafters of the building, Pastor Dad descended from the pulpit to the front pew where the little angel was seated. He took him in his arms and sobbed uncontrollably.

Probably no church has had a more glorious moment and probably this Universe has never seen a Papa that was more filled with love and honor for his son, except for one: This Father, God, also allowed His Son, Jesus, to go out into a cold and dark world. He received His Son back with joy unspeakable, and as all of Heaven shouted praises and honor to the King, the Father sat His beloved Son on a throne far above all principality and power and every name that is named.

There may be someone, reading this, who is also going through a dark, cold and lonely time in your soul. You may be a Christian, for we are not without problems, or you may not yet know the King. Whatever the case, and whatever the problem or situation you find yourself in, and no matter how dark it may seem, know that, "JESUS REALLY DOES LOVE YOU!"

The Feast of Easter is a feast of proclamation of his resurrection and victory over death. That salvation for us is won by Lord by his own blood. Are we ready to proclaim that "Truly he is Risen, Alleluia, Alleluia?"

Wish you all a very Blessed and Happy Easter.



Picture by Fr. Iqbal Khurshid

Sunday Updates

Palm Sunday & Easter Sunday



Resources for children

• PALM SUNDAY

- **Kid's challenge this week:** Each day during Holy Week, the family can gather in a prayerful space with a crucifix as its focal point. The passion as found in Luke's Gospel might be read [as follows](#) throughout the week (LOYOLA PRESS)
 - [Kid's Bulletin for this Sunday](#)
 - [Colouring page this Sunday](#)
- [Sunday Connection - Palm Sunday](#) (Gr. 1-8 & family)
- Children's Liturgy of the Word this Sunday
 - [Children's Liturgy for leaders/parents](#) (with intercessions and activities) - by CAFOD | [Illustration](#)

- [Children's Liturgy of the Word with Miss Heidi](#) (Catholic TV)

EASTER SUNDAY

- **Kid's challenge this week:** Go for a walk together and see how many signs of new life you can see. Give thanks to God!. Pray: Risen Jesus, We rejoice that you are alive and with us. Make us messengers of Easter joy and hope for all the world. Amen. (CAFOD)
 - [Kid's Bulletin for this Sunday](#)
 - [Colouring page this Sunday](#)
- [Sunday Connection - Easter Sunday](#) (Gr. 1-8 & family)
- Children's Liturgy of the Word this Sunday
 - [Children's Liturgy for leaders/parents](#) (with intercessions and activities) - by CAFOD | [Illustration](#)
 - [Children's Liturgy of the Word with Miss Heidi](#) (Catholic TV)

Visit the [Diocesan Event Calendar](#)

Follow us on Social Media

[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:

[Vatican News](#) | [The Sunday Website](#)
[Sunday Connection](#) | [CCCB Reflection](#)
([new link](#))

Daily and Sunday Mass Prayers & Readings: [CCCB Daily Readings](#) (pick the desired date)

Full schedule of Parish Livestream Masses:
<https://www.catholicyyyc.ca> | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#)

COVID-19 Resources

- [Sacraments & Liturgies](#)
- [Spiritual Resources](#)
- [Sacrament Preparation](#)
- [Online Formation Opportunities](#)

Parish Triduum Schedule & Holy Week



- Parish schedule for Triduum and Easter is available here: <https://bit.ly/3IyWJ41>

Bishop's Livestream | Triduum & Easter Liturgies

Bishop McGrattan will be celebrating the Triduum and Easter liturgies at St. Mary's Cathedral.

- Chrism Mass, April 11 at 11 am
- Holy Thursday April 14 at 7 pm
- Good Friday April 15 at 3 pm
- Easter Vigil April 16 at 8 pm
- Easter Sunday April 17 at 12 pm
- [Download graphic](#)

Livestream schedule of the Triduum & Easter at parishes in the Diocese of Calgary will be available on our website calgarydiocese.ca by April 12. [Download graphic](#)

Chrism Mass

All faithful are invited to the Chrism Mass at St. Mary's Cathedral, on Monday, April 11, at 11 am.

- Cathedral doors will be open to the public at 10 am. Reception to follow immediately after the Mass at the St. Mary's Cathedral Hall. This event is open to all.
- Download graphic: [square](#) | [wide](#)

Holy Week & Easter Triduum



Holy Week is the week which precedes the great Feast of the Resurrection on Easter Sunday: it includes the last days of Lent and the beginning of the Easter Triduum. During Holy Week, the Church celebrates the mysteries of salvation accomplished by Christ in the last days of his life on earth, beginning with his messianic entrance into Jerusalem. (ORDO)

- **PALM SUNDAY & HOLY WEEK**

- [FAQ on Palm Sunday](#)
- Please find [resources for families or individuals](#) on simple and meaningful ways to draw closely to Jesus in His Passion and Death during the Holy Week

- **GOOD FRIDAY**

- **Paschal Feast:** The Church of God fasts today and tomorrow to honour the suffering and death of the Lord Jesus, and to prepare to share more deeply in the joy of his resurrection. Good Friday is a universal day of fasting and abstinence from meat. (ORDO) [Download graphic](#)
- **Needs of the Church in the Holy Land | Good Friday National Collection**
As requested by the Holy See, the parishes in the Diocese of Calgary will arrange for Second Collection on Good Friday for the Holy Land. This collection is "not only for the Holy Places but above all for those pastoral, charitable, educational, and social works which the Church supports in the Holy Land for the welfare of their Christian brethren and of the local communities." (St. Paul VI, Apostolic Exhortation *Nobis in Animo*)
 - Alternatively, parishioners can also give online to the Good Friday National Collection through our website at catholiccyyc.ca/goodfridaycollection

An apology from the Holy Father

During the Final Audience with all the Indigenous Delegation, the Holy Father expressed “sorrow and shame” for the abuse and lack of respect for Indigenous identities, culture and spiritual values in the residential school system. He said, “I ask for God’s forgiveness and I want to say to you with all my heart: I am very sorry. And I join my brothers, the Canadian bishops, in asking your pardon.”

- Read the [full address from Pope Francis to the Indigenous Delegation](#)
- Read the latest statement from CCCB: Canada's Catholic Bishops [welcome Pope Francis' apology](#)
- Read [Faithfully](#) (April 4) for more information
- We have captured and curated some of the best moments from the historic visit, as well as a list of interviews for your convenience. [Check it out](#)
- Download Pope's Apology graphic - [PNG](#)
 - Please hyperlink graphic to [this page](#)
- Photo credit: Vatican Media

Pastoral Centre hours

Catholic Pastoral Centre hours during the Easter Break

- Holy Thursday, April 14, 8:30 am to Noon
- Good Friday, April 15 - Closed
- Easter Monday, April 18 - Closed
- Tuesday, April 19, Open as usual, 8:30 am to 4:30 pm

For Health Care Workers

Pope Francis' Prayer Intention for April 2022: *Let us pray for health care workers who serve the sick and the elderly, especially in the poorest countries; may they be adequately supported by governments and local communities.*

In his message for April’s prayer intention, the Holy Father says, “The pandemic has also exposed the fact that not everyone has access to a good public healthcare system. The poorest countries, the most vulnerable countries, cannot access the treatments necessary to attend to the countless diseases that they continue to suffer.”

According to the “Health at a Glance 2021” by the Organization for Economic Co-operation and Development (OECD), the inadequate situation of health care has had an impact on the care received by the sick. Among the various contributing factors, the lack of health care workers has been more limiting than the number of hospital beds or technical equipment.

This prayer intention for the entire month of April is dedicated to the health care workers who attend them. They have passed through crisis situations, often without adequate support, especially in countries with fewer resources. The pandemic has shown that health



care systems and workers are essential for society. The Pope asks that they be supported with greater resources, especially in countries that have a fragile health care system; otherwise, we will experience 'other pandemics.' Let us entrust this prayer intention to the Lord and act take appropriate action."

- [Watch the Pope's Video message for April 2022](#)

Pastoral Care Ministry Training | May 6-7

The Diocese of Calgary is offering a Pastoral Care Ministry Training for those who feel called to assist their parish in a healing ministry to the sick, elderly, dying, homebound and bereaved members.

There is no cost to attend this workshop for new or those previously trained in Pastoral Care Ministry.

- For more information, visit catholicyc.ca/pastoralcare
- Download [poster](#)

Synod Updates



List of Parish/Community Listening Sessions

Jesus walks alongside people and listens to the concerns and questions in their hearts. Synodal listening sessions follow the same journey as the Lord. Come, listen, and share your joys, challenges, but also hopes and dreams for our community of faith. Contact your parish to join a listening session or [find one here](#).

Resources & Announcements

1. Highlights of Pope's Apostolic Journey to Malta

[Watch video highlights](#) of Pope Francis' 2-day Apostolic Journey to Malta on April 2-3, during which he spoke against all forms of war, urged nations to welcome migrants, and blessed the Maltese people by recalling that Jesus can work wonders in us.

2. Holy See urges protection of victims of human trafficking

The Holy See reaffirms the [urgent need for more effective protection systems](#) for victims of human trafficking, amid growing concerns for women and children fleeing the war in Ukraine. Most Ukrainian refugees are, in fact, women and children, who are particularly exposed to traffickers.

3. 2022 Virtual Catholic Men's Conference

Drawing from athletic coaches, Command Generals, and Navy SEALs, to every day Catholic fathers, come learn practical ways of intentionally growing in virtue and becoming a Catholic man of impact. When: April 29 - May, 2022. [More info/Registration](#)

4. 2022 Virtual Catholic Women's Conference

It's time to enter the excitement of discovering, activating, and living in your Spiritual Gifts. This weekend is about learning what your dominant spiritual gifts are and how to bring them to life! When: May 5-7, 2022. [More info/Registration](#)

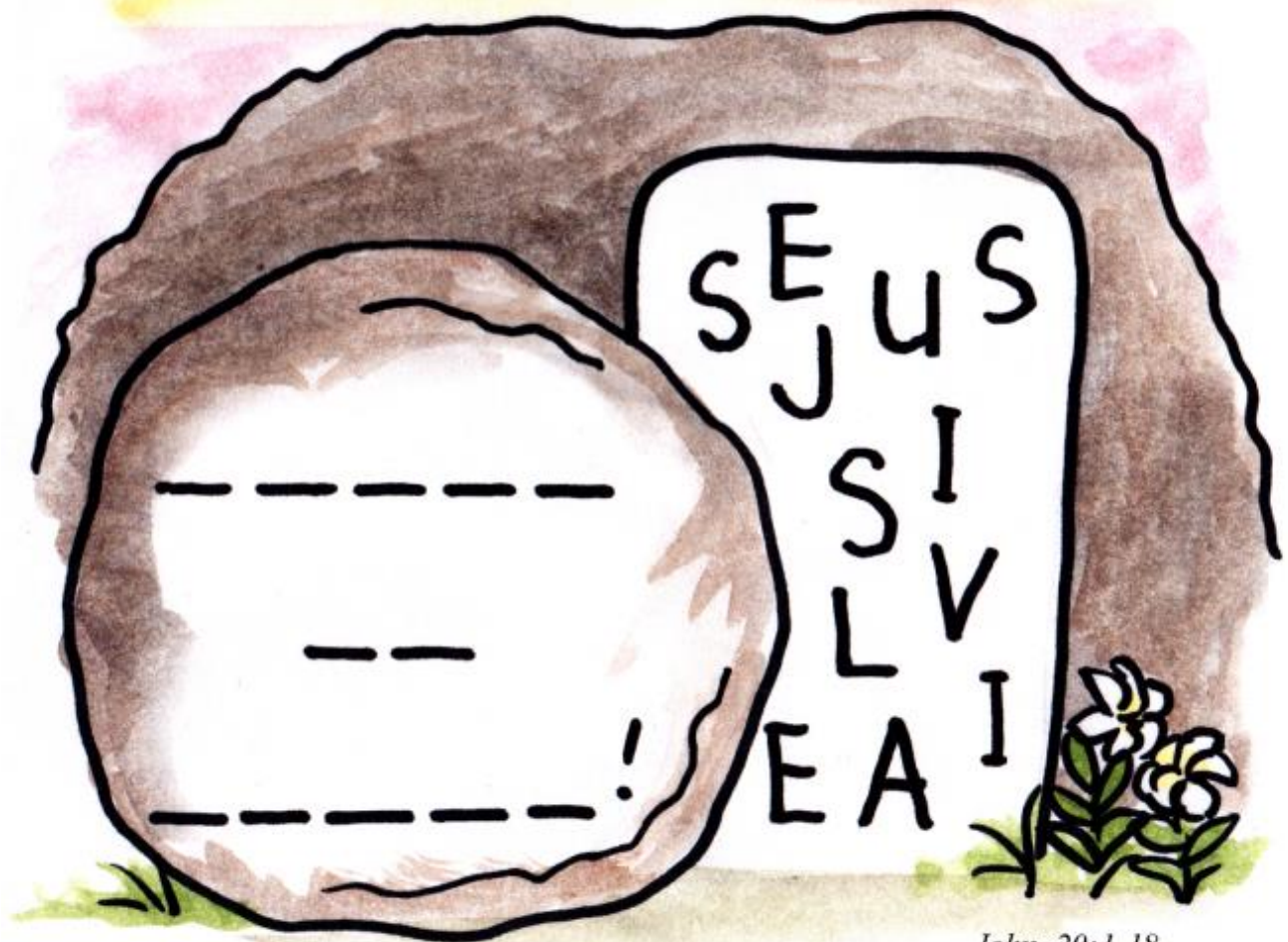
5. Praying away anxiety

Any of our daily concerns can become a source of great anxiety if we do not manage them. In general, the antidote to anxiety is trust in the Lord. Learn [how anxiety feels and simple tools](#) which we can use in daily conversation with God.

The Kids' Bulletin



*Easter Sunday
April 17, 2022*



John 20:1-18

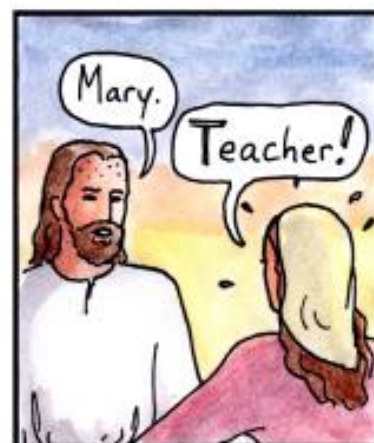
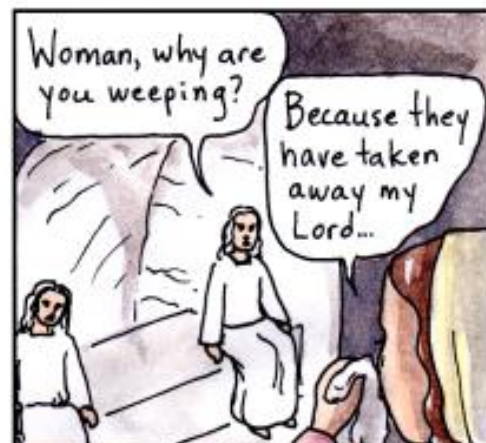
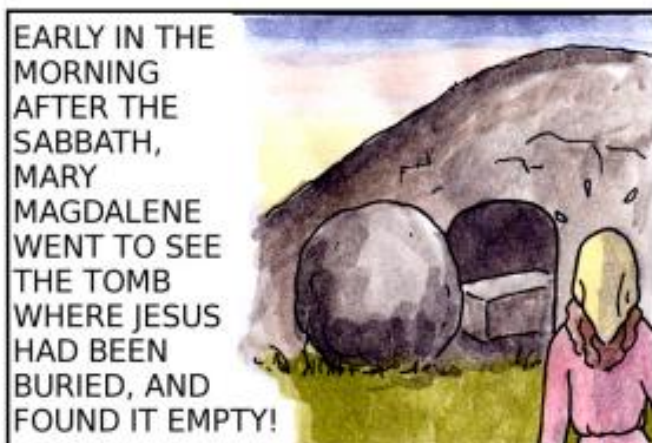


What are we celebrating on Easter?
Unscramble the letters
to fill in the blanks!

Alleluia!



Mary Magdalene Meets the Risen Jesus



IMAGINE HOW MARY FELT EARLY ON EASTER MORNING- HER BEST FRIEND, JESUS, HAD JUST DIED. NOW IMAGINE HOW HAPPY SHE WAS TO FIND HIM RISEN FROM THE DEAD! WE SHOULD BE SAD WHEN WE REMEMBER THAT JESUS DIED BECAUSE OF OUR SINS BUT REJOICE THAT HE ROSE FROM THE DEAD! HAPPY EASTER!

Easter Word-Find

J G A R D E N E A R L Y
 L E J E S U S I M O N S
 O D U S T O N E M A R Y
 O I B U R I A L O W M S
 K S C R I P T U R E A W
 I C A R T O M B N E G S
 N I R E A I P O I P D S
 G P E C D F E D N I A E
 C L O T H S T Y G N L M
 B E L I E V E D R G E P
 O M T O D A R K H E N T
 D E A N G E L S A D E Y

*See if you can find
 all the words in
 CAPITALS. Use
 the leftover letters to
 fill in the blanks at
 the end.*



EARLY in the MORNING, while it was still DARK, Mary MAGDALENE had gone to see JESUS' TOMB. But when she got there she found it EMPTY! She ran and got SIMON PETER and the other DISCIPLE to show them. The STONE had been rolled back. The two men went in and saw that the BODY was gone, and only the BURIAL CLOTHS were sitting there. They BELIEVED although they didn't yet understand what the SCRIPTURE said about the RESURRECTION of Jesus. Mary stayed WEEPING outside, but when as she stood LOOKING in, she saw two ANGELS. Then she saw a man in the GARDEN. She thought He was the gardener until He said, "MARY!" Then she knew who it was:

 _____!

Jesus is Risen!

Alleluia!



Today we celebrate the greatest feast day in the year! Jesus has come back to life! Alleluia!

Jesus died on the cross on Good Friday to take away our sins. But He didn't just die- He came back to life again so that we could come back to life one day too.

The Apostles were afraid when Jesus was killed. They were very sad and tried to comfort each other. Imagine their surprise when Mary Magdalene came rushing in and told them that the body of Jesus was gone from the tomb! Peter and John ran to see. When they saw the empty tomb they knew what had happened.

*Jesus had come
back to life!*

Answer to puzzle on Front:
Jesus is Alive!
Answer to Word-Find Puzzle: Jesus
was raised from the dead.

www.thekidsbulletin.com



Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.

