



Welcome to HOLY FAMILY PARISH

APRIL 3, 2022 – 5TH SUNDAY OF LENT

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca

Facebook: [Medicine Hat Holy Family Parish](#) ~ YouTube: [Medicine Hat Holy Family Church](#)

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid & Fr Rodel Abanto
& Deacon Robert Risling

RECONCILIATION...

Friday 9:30am–10:30am. & Saturday 3:30–
4:45pm. Or by Appointment

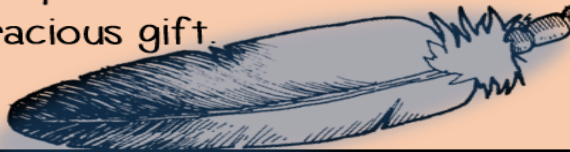
MASS TIMES... MONDAY to FRIDAY at 9:00AM
FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at
5:00PM

THE CHAPEL IS OPEN
MONDAY - FRIDAY 9:30am - 4:00pm
ADORATION FRIDAY 9:30 –

Knights of Columbus - Kirby Peterson
Catholic Women's League - Marjorie

Parish Pastoral Council Chair - Gary Heinbecker
Parish Finance Committee Chair - Cheryl Pocsik

We acknowledge that Treaty 7 territory,
on which we stand, is the ancestral land
of the Indigenous peoples and is common
home to everyone in virtue of God our
Creator's gracious gift.



Sunday 10:30am Mass
Medicine Hat Holy Family Church
Live Stream

https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q

You Tube

Reflecting on Shameful Acts

She is caught in adultery. They drag her before Jesus and the crowd, more to trip him up than mete out the law. What does Jesus do? He asks, who is without sin? A great Lenten question.

- † What stone will I put down and not pound against someone else?
- † What sin will I admit and find a way to resolve it?
- † Because of God's mercy to me, what mercy work will I do for another?



Fifth
SUNDAY
IN
LENT

5th Sunday of Lent , April 3, 2022

OPERATING FINANCES

FEBRUARY 1-28, 2022

Operating Budget 2022	\$ 59,708
General Envelope Collection	\$38,395
Loose Collections	\$388
Future Development	\$2,894
Sale of Church Supplies & Other	\$2,300
Other Ministries	\$440
Budget Vs Actual SHORT	-\$ 15,291

SPECIAL COLLECTIONS

Together in Action (TIA)	\$7,273
St Vincent de Paul	\$2,156
Clergy Retirement	\$ 110
Mission Mexico	\$ 460
CARO	\$ 185
World Missions	\$ 30
Holy Land	\$ 5
Seminary Fund	\$ 65
Loonies for Lent	\$ 265

Thank You for your Generous Contributions

Sunday's Readings

1st Reading: Isaiah 43.16-21

I am about to do a new thing: I will give drink to my chosen people.

Responsorial Psalm: 126.1-6 (R. 3)

R. The Lord has done great things for us; we are filled with joy.

2nd Reading: Philippians 3.8-14

I have suffered the loss of all things, in order that I may gain Christ.

Gospel: John 8.1-11

Let anyone among you who is without sin be the first throw a stone.

Gospel Acclamation - Matthew 4.4

Glory & Praise to you, Lord Jesus Christ!

Return to me with all your heart, says the Lord, for I am gracious and merciful.

Glory & Praise to you, Lord Jesus Christ!

† Masses Intentions †



Saturday, April 2

8:30am - Johanna Baiton †

5:00pm - Gualberto Lucia Pimentel †

Sunday, April 3

8:30 am - Holy Family Parish

10:30am - Deacon Bill Schnitzler †

6:00pm - Aanziya Vipin

Monday, April 4

9:00am - Neil Jangula

Tuesday, April 5

9:00am - Dorothy Dillman †

Wednesday, April 6

9:30am - Deceased Family members of Fr. Iqbal †

Thursday, April 7

9:00am - Teresita & Antonio Bartolazo

Friday, April 8

9:00am - Curtis Callahan †

2022 Goal

\$70,938

total to date

\$ 15,271.27

which is 22%



Faithfully
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Printable Faithfully - Feb/March 2022

[Download PDF of Feb/March edition](#) | or visit
catholicyc.ca/Faithfully

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Our Network is: HFP_LIVE
The Password is: Liv3HFP*



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IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!



VOLUNTEERS ROCK OUR WORLD



Sacramental Preparation

Sessions for both children and parents,
Children in Hall & Parents in the Church...

1st Holy Communion next class...

Thursday March 31, 2022, 6:30-7:30pm

Confirmation next class...

Wednesday, April 6, 2022, 6:30-7:30pm



TMIY

THAT MAN IS YOU!
BECOMING A MAN AFTER GOD'S OWN HEART

8:30 – 9:30 am @ St. Patrick's Church Hall

April 2, 2022

Theme: **Working in Redemption**

Presenter: **Michael Gormley**

April 9, 2022

Theme: **Kingdom is Like a Banquet**

Presenter: **Fr. Leo Patalinghug**

Stations of the Cross

Friday, April 8

Starting at 6:00pm

Presented by:

Filipino Community



Everyone Welcome



PRAY THE
DIVINE MERCY
DAILY THROUGH LENT
SUNDAY TO FRIDAY
9:30AM &
SATURDAY 9:00AM



Nurture Pregnancy

Centre would appreciate your assistance to inform your church members of the following business.

- Our Annual General Meeting is scheduled for: Monday, April 4, 2022 at 7:00pm at Nurture Pregnancy Centre.
- In need of volunteers to serve as board members and for various positions within the Centre. Flexible hours available. If interested, please call 403-504-8560 or e-mail mhp1@telus.net for more information

**SATURDAY MORNING MASS
DURING LENT
8:30 AM**



Lenten Penitential Service

St. Patrick's Parish

Wednesday, April 6 at 7:00 pm

Holy Family Parish

Thursday, April 7 at 7:00 pm



CATHOLICYYC.CA

EMERGENCY FUNDS *for* UKRAINE

DONATE NOW

Emergency Funds
for Ukraine...

To date we have
raised... \$ 3,975.00

DONATIONS CAN BE MADE
THROUGH THESE ORGANIZATIONS



Development
and Peace
CARITAS CANADA



CNEWA



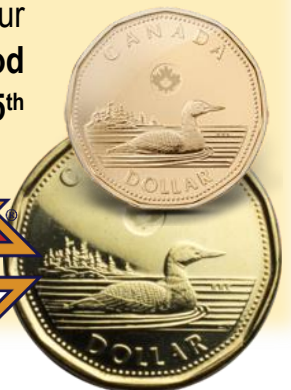
CWL Circle

10 wishes to thank the parish community and all CWL members for their support of Nurture / Pregnancy Support Centre. Over \$3500 donations was realized either by cash contributions or the purchase of baby items. Your help has made this annual project a wonderful success.

Holy Family Parish Knights of Columbus Council 9502 would like to make you aware of our **6th Annual 40 Loonies for Lent project**. Your donations will go to **Medicine Hat Food Bank** or what is now called the **Root Cellar**, **Mustard Seed**, **Saint Vincent De Paul**, **5th Avenue** and **Saint Barnabas Meal Programs**.

Thank you and may the Lord bless you and keep you.

LOONIES TO DATE: \$6,288.00



WHY DO WE VEIL IMAGES?

The practice of veiling images alerts us that something is different, it can be startling at first, but the last two weeks of Lent are a time of immediate preparation for the celebration of the Sacred Triduum. The veils are hard to miss and they serve as a reminder to get ready!

The veiled images build within us a longing for Easter Sunday. The veils seem out of place, and even counterintuitive. It can seem strange that the crucifix is covered up during Passiontide. Through this absence of images, our senses are heightened and we become more aware of what is missing. Similarly, the suppression of the Alleluia during Lent effectively demonstrates that we are in exile from our true Home, where the angels sing Alleluia without ceasing.

When images are unveiled before the Easter Vigil, we are reminded that we, in a sense, live in a veiled world. It is through our own death that we are able to see our true home, and the veil is lifted. Christ lifts the veil through His Resurrection.

Jesus told her, "I am the resurrection and the life; whoever believes in me, even if he dies, will live, and everyone who lives and believes in me will never die. John 11:25-26



TRADITION OF HOUSE BLESSING DATES BACK TO EARLY CHRISTIANITY.



We read in the Gospel of St. Matthew ““On coming to the house, they saw the child with his mother Mary, and they bowed down and worshiped him. Then they opened their treasures and presented him with gifts of gold and of incense and of myrrh.” It means we open the doors to Jesus to come in and stay with us. As it is written in the Book of Revelation 3:20 *“Listen! I am standing at the door, knocking; if you hear my voice and open the door, I will come in to you and eat with you, and you with me”*

According to the Catechism of the Catholic Church “Among the sacramentals blessings occupy an important place. They include both praise of God for his works and gifts, and the Church's intercession for men that they may be able to use God's gifts according to the spirit of the Gospel.

at the Easter Vigil, all is restored: The fonts are filled again and the baptismal water is blessed. In this blessing, we hear how God has given water the “power to sanctify” throughout salvation history — the great flood cleansed the earth of sin, the Israelites passed through the Red Sea to freedom, Jesus was baptized in the Jordan River. For the remainder of the Easter season, the congregation is sprinkled liberally with this holy water in place of the penitential rite at the beginning of Mass. We are reminded of our baptism and our baptismal vow. During Easter time, when houses are blessed with the water blessed at Easter Vigil, reminds us about the life-giving water which flowed from the side of Jesus when his heart of pierced. During the blessing, we remember the words of the Psalmist, **“Blessed art thou, and it shall be well with thee”**.

Holy Week 2022

HOLY THURSDAY, APRIL 14th

MORNING PRAYER, 8:30AM

MASS OF THE LORD'S SUPPER, 7:00PM**

FOLLOWED BY ADORATION UNTIL MIDNIGHT
IN THE FAITH ROOM

FRIDAY, APRIL 15th

GOOD FRIDAY SERVICES, 12:00 NOON** AND
3:00PM

SATURDAY APRIL 16th

MORNING PRAYER, 8:30AM

BLESSING OF EASTER FOOD, 11:00AM

EASTER VIGIL, 8:00PM**

SUNDAY, APRIL 17th

EASTER SUNDAY MASS, 8:30AM, 10:30AM**

**LIVESTREAM@ Youtube – Medicine Hat

Holy Family Church



In what ways do I hear God calling me to listen and embrace the thoughts, desires, struggles and hopes of others, especially those on the margins?

What do I need to leave behind in order to enter this process with an open heart, an open mind, and a willingness to share my experiences boldly and honestly?

In what ways is God inviting me to allow this experience to transform me and to strengthen my relationship with Him and with the Church?

2021-2023 SYNOD
ON SYNODALITY

PRAYER

We stand before You, Holy Spirit,
as we gather together in Your name.
With You alone to guide us,
make Yourself at home in our hearts;
Teach us the way we must go
and how we are to pursue it.
We are weak and sinful;
do not let us promote disorder.
Do not let ignorance lead us down the wrong path
nor partiality influence our actions.
Let us find in You our unity
so that we may journey together to eternal life
and not stray from the way of truth
and what is right.
All this we ask of You,
who are at work in every place and time,
in the communion of the Father and the Son,
forever and ever. Amen.

11





5th Sunday of Lent - Year C

Sunday, April 3, 2022

IMPURITY OF OUR HEARTS

As we continue our Lenten journey by praying, fasting and almsgiving, Sacred Scripture keep inviting us to meditate on the love and mercy of God. This is our very common human nature that we love to point our fingers on other people, and we take great pleasure in pointing out the faults of others. This is contrary to our Christian faith and identity because we are called to love one another. St. Paul says "Therefore you have no excuse, whoever you are, when you judge others; for in passing judgment on another you condemn yourself, because you, the judge, are doing the very same things. You say, "We know that God's judgment on those who do such things is in accordance with truth." Do you imagine, whoever you are, that when you judge those who do such things and yet do them yourself, you will escape the judgment of God? Or do you despise the riches of his kindness and forbearance and patience? Do you not realize that God's kindness is meant to lead you to repentance?" (Romans 2:1-5). Also please read Galatians 5:16-26.

Long, long ago, on the bank of a river, there lived a monk. Right across the street from him, lived a prostitute. The monk always hated the fact that he had to live next door to the prostitute. He took every opportunity to rebuke her about her profession. He would take every opportunity to show her what a horrible person she was. In his mind, he always compared himself with her and took big pride in the fact that he was accruing so much good Karma compared to her.

The prostitute was a humble girl. She always respected the monk. She tried not to talk back when he was yelling at her. She felt bad about the choice of profession she made but was not in a position to get out of it. She would always try to listen when the monk prayed, hoping that by listening to God's name would help her wash off some of her sins.

The monk kept on his routine of massaging his own ego by comparing himself to the prostitute. Eventually he got so obsessed that he kept a jar with him and for every one person who visited prostitute, he dropped a pebble in the jar.

The prostitute kept her own routine. She was also watching what the monk was doing. She had a jar too. And every time the monk prayed, she put a pebble in the jar.

One day there was a big flood on the river. Both the monk and the prostitute were washed away and were dead. Upon their death, their souls stood in front of the God of death.

To everyone's surprise, the God of death ordered the prostitute to go to heaven and the monk to go to hell. The monk could not believe this. "What an injustice. You can still find a jar in my house. I have

kept count of how many times this prostitute sinned. How can she go to the heaven? There must be some mistake.”

The prostitute also added humbly “I think the monk is right. I don’t deserve to go the heaven. But he does. I have a jar where I kept count of the number of times, I heard his prayer. He prayed a lot. So I think he should go to heaven and I should go to hell.”

The God of death smiled and said “The judgement is correct. It does not matter what word is in your mouth. It matters only what is in your heart. The monk’s heart was filled with prostitute’s sins while he was saying his prayers. While the prostitute’s heart was filled with love of God while engaged in lifestyle of sins. The heart that has love of God goes to heaven and the heart that judges’ others and is filled with jealousy goes to hell.”

In the First Reading we hear that God wants us to return back from our former ways “Do not remember the former things, or consider the things of old”. God wants to restore everything to new which means he wants all of us to have pure heart. Although with the sin of Adam and Eve, our human nature is inclined to sin as it is written in the Book of Ecclesiastes “there is no one who is without sin” and sin has caused the death to enter into the world. Impurity of our hearts leads to other sins as Jesus says in the Gospel of St. Matthew “For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. These are what defile a person, but to eat with unwashed hands does not defile.”

We all want to believe we have a pure heart, one that is entirely devoted to God. But humans are masters at self-deception. If our heart were impure, how would we know? This is important because we must first recognize how impure our hearts are before we can repent and pursue purity. The following are some signs that indicate that our hearts are impure.

1. An ignorant heart is an impure heart:

Ignorance is bliss, so the old saying goes. But ignorance of God and sin reveals an impure heart. “Grace cannot reign where ignorance reigns, an ignorant man can have no love to God.” Remember that ignorance is a lack of knowledge. The more we see God, the more clearly, we see our sin. Isaiah’s first response upon seeing the glory of God was to confess his own sin(s) as well as his nation’s (Isaiah 6:1-5).

2. A self-righteous heart is an impure heart:

Jesus did not come to call the righteous, but the sinner. We know this truth and yet shy away from having it applied to us. That is, unless we are speaking on the universal fact that “we are all sinners.” If someone points out a sin in your life, is your first response to repent, or to defend?

3. A covetous heart is an impure heart:

St. Paul compares greediness to idolatry. Covetousness is the root of discontent, theft, treason, murder, perjury, necromancy, fraud and theft, bribery and injustice, idolatry, selfishness, and stinginess. It is also the cause of uncleanness and unprofitableness. There is a reason God includes “You shall not covet” as one of the 10 Commandments and it is a great deal more dangerous than our current Christian culture seems to appreciate.

4. He who scoffs at purity has an impure heart.

Of course, a person who scoffs at purity has an impure heart.” Our minds may shift to the atheist characters in God’s Not Dead. But even Christians are guilty of mocking purity.

St. Paul in the Second Reading feels proud of himself for losing everything for the sake of God “For his sake I have suffered the loss of things, and I regard them as rubbish, in order that I may gain Christ and be found in him, not having a righteousness of my own that comes from the law, but one that comes through faith in Christ, the righteousness from God based on faith”. That is only possible if we strive to have pure heart filled with the love of God.

A monk lived near the temple. In the house opposite lived a prostitute. Noticing the large number of men who visited her, the monk decided to speak to her. 'You are a great sinner,' he said sternly. 'You reveal your lack of respect for God every day and every night. Do you never stop to think about what will happen to you after your death?' The poor woman was very shaken by what the monk said. She prayed to God out of genuine repentance, begging His forgiveness. She also asked the Almighty to help her to find another means of earning her living.

She could find no other work and, after going hungry for a week, she returned to prostitution. Each time she gave her body to a stranger, she would pray to the Lord for forgiveness. Annoyed that his advice had no effect, the monk thought to himself: 'From now on, I'm going to keep a count of the number of men who go into that house, until the day the sinner dies.' And from that moment on, he did nothing but watch the comings and goings at the prostitute's house, and for each man who went in, he added a stone to a pile of stones by his side. After some time, the monk again spoke to the prostitute and said: 'You see that pile of stones? Each stone represents a mortal sin committed by you, despite all my warnings. I say to you once more: do not sin again!'

Seeing how her sins accumulated, the woman began to tremble. Returning home, she wept tears of real repentance and prayed to God: 'O Lord, when will Your mercy free me from this wretched life?' Her prayer was heard. That same day, the angel of death came to her house and carried her off. On God's orders, the angel crossed the street and took the monk with him too.

The prostitute's soul went straight up to Heaven, while the devils bore the monk down into Hell. They passed each other on the way, and when the monk saw what was happening, he cried out: 'Is this Your justice, O Lord? I spent my whole life in devotion and poverty and now I am carried off into Hell, while that prostitute, who lived all her life steeped in sin, is borne aloft up to Heaven!' Hearing this, one of the angels replied: 'Things are always just. You thought that God's love meant judging the behaviour of your neighbour. While you filled your heart with the impurity of another's sin, this woman prayed fervently day and night. Her soul is so light after all the tears she has shed that we can easily bear her up to Paradise. Your soul is so weighed down with stones it is too heavy to lift.'

The Gospel of this Fifth Sunday of Lent is so beautiful, I really enjoy reading and rereading it. It presents the episode of the adulterous woman, highlighting the theme of the mercy of God, who never wants the sinner to die, but that the sinner converts and live. Also, it highlights the impurity of heart of other people who are one sided judges of the case. This is a beautiful story. First, we have Jesus alone on the mountain, praying. He was praying alone. Then he went back to the Temple, and all the people went to him. Jesus in the midst of the people. And then, at the end, they left him alone with the woman. Jesus in spite of people's impurity of heart, writes on the ground which means he does not remember our sins but forgives our sins. He is like a friend in the story: A story tells those two friends were walking through the desert. At some point of the journey, they had an argument, and one friend slapped the other one in the face. The one who got slapped was hurt, but without saying anything, wrote in the sand "Today my best friend slapped me in the face".

They kept on walking until they found an oasis, where they decided to take a bath. The one who had been slapped got stuck in the mire and started drowning, but the friend saved him. After he recovered from the near drowning, he wrote on a stone "Today my best friend saved my life". The friend who had slapped and saved his best friend asked him, "After I hurt you, you wrote in the sand and now, you write on a stone, why?" The other friend replied "When someone hurts us, we should write it down in sand where winds of forgiveness can erase it away. But, when someone does something good for us, we must engrave it in stone where no wind can ever erase it."

In the Gospel, among the people we see a variety of attitudes: there were all the people who went to him; he sat and began to teach them: the people who wanted to hear the words of Jesus, the people with open hearts, hungry for the word of God. There were others who did not hear anything, who

could not hear anything; and there were those who brought along this woman: Listen, Master, this woman has done such and such ... we must do what Moses commanded us to do with women like this. This wicked intention was hidden behind the question that they asked Jesus: "What do you say about her?". Jesus did not respond; he kept silent and made a mysterious gesture: he "bent down and wrote with his finger on the ground". Perhaps he was drawing, some said that he wrote down the sins of the Pharisees... however, he was writing, as if he were elsewhere. In this way he helped everyone to calm down, not to act on the wave of impulsiveness, and to seek the justice of God. But those wicked men persisted and waited for him to answer. They seemed to thirst for blood. Then Jesus looked up and said: "Let him who is without sin among you be the first to throw a stone at her".

This response confounded the accusers, disarming all of them in the true sense of the word: they all layed down their "weapons", that is, the stones ready to be thrown, both the visible ones against the woman and those concealed against Jesus. While the Lord continued to write on the ground, to draw, I don't know.... The accusers went away, one after the other, heads down, beginning with the eldest, most aware of not being without sin. How much good it does us to be aware that we too are sinners! When we speak ill of others - something we know well - how much good it will do us to have the courage to drop down the stones we have to throw at others, and to think a little about our own sins! Only the woman and Jesus remained: misery and mercy. How often does this happen to us when we stop before the confessional, with shame, to show our misery and ask for forgiveness! "Woman where are they?", Jesus said to her.

Dear brothers and sisters, that woman represents all of us. We are all sinners, meaning adulterers before God, betrayers of his fidelity. Her experience represents God's will for each of us: not our condemnation but our salvation through Jesus. He is the grace which saves from sin and from death. On the ground, in the dust of which every human being is made (Gen 2:7), he wrote God's sentence: "I want not that you die but that you live". God does not nail us to our sin, he does not identify us by the evil we have committed. We have a name, and God does not identify this name with the sin we have committed. He wants to free us and wants that we too want it together with him. He wants us to be free to convert from evil to good, and this is possible - it is possible! - with his grace. "Blessed are the pure of heart" is the spirit we need to follow Jesus.

A man went to a Buddhist monastery for a silent retreat. After he finished, he felt better, calmer, stronger, but something was missing. The teacher said he could talk to one of the monks before he left. The man thought for a while, then asked: "How do you find peace?"

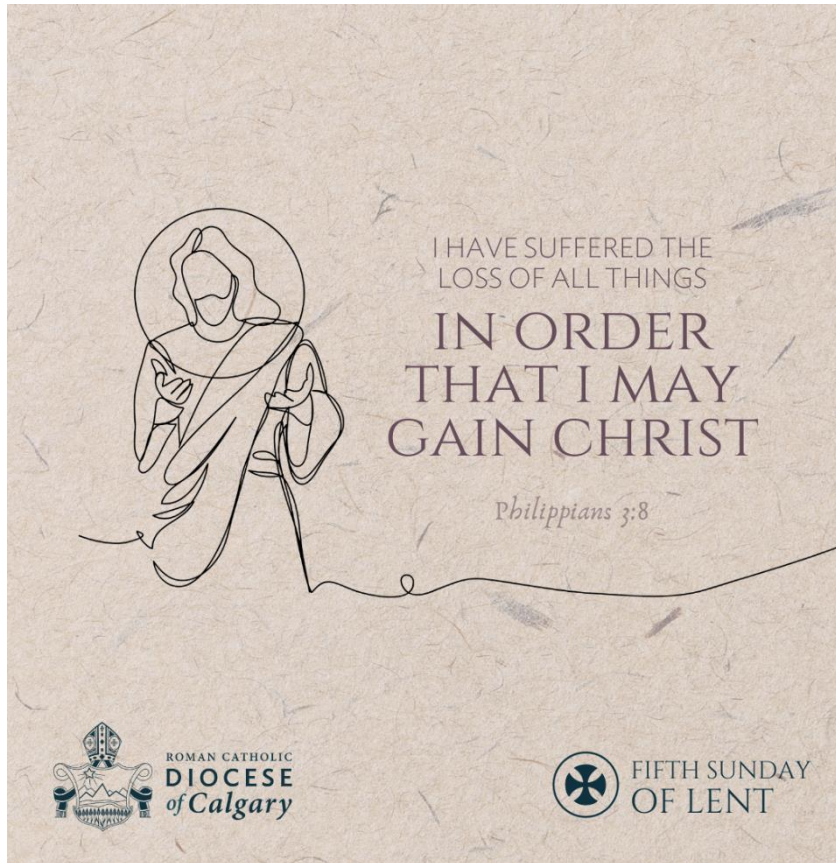
The monk said: "I say yes. To everything that happens, I say yes."

When the man returned home, he was enlightened.



Sunday Updates

Fifth Sunday of Lent



Visit the [Diocesan Event Calendar](#)

Follow us on Social Media

[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:

[Vatican News](#) | [The Sunday Website](#)
[Sunday Connection](#) | [CCCB Reflection \(new link\)](#)

Daily and Sunday Mass Prayers & Readings: [CCCB Daily Readings](#) (pick the desired date)

Full schedule of Parish Livestream Masses:

<https://www.catholiccyyc.ca> | TEL US Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#)

COVID-19 Resources

- [Sacraments & Liturgies](#)
- [Spiritual Resources](#)
- [Sacrament Preparation](#)
- [Online Formation Opportunities](#)

Resources for children

- **Kid's challenge this week: Pray this little prayer: *God of mercy, we ask you to help us to do what is right. Help us to see that we all get things wrong sometimes and to say sorry when we do.*** (CAFOD)
 - [Kid's Bulletin for this Sunday](#)
 - [Colouring page this Sunday](#)
- [Sunday Connection - Fifth Sunday of Lent](#) (Gr. 1-8 & family)
- **Children's Liturgy of the Word this Sunday**
 - [Children's Liturgy for leaders/parents](#) (with intercessions and activities) - by CAFOD | [Illustration](#)
 - [Children's Liturgy of the Word with Miss Heidi](#) (Catholic TV)

Pastoral Letter from Bishop McGrattan

- Read a [Lenten message from Bishop McGrattan](#), as shared in [Faithfully](#) on March 21.

CHRISM MASS

All faithful are invited to the Chrism Mass, which will take place on **Monday, April 11, 11 am**, at St. Mary's, Cathedral.

- Cathedral doors will be open to the public at 10 am. Reception to follow immediately after the Mass at the St. Mary's Cathedral Hall. This event is open to all.

Indigenous Delegation: March 28 to April 1



A delegation of 32 Indigenous Elders, knowledge keepers, residential school survivors, and youth are meeting with Pope Francis this week (March 28 to April 1). Watch the media briefing and videos below. We will share more on social media as they unfold.

- [Media briefing](#) | Meeting between Pope Francis & delegates from the Métis National Council.
- [Media briefing](#) | Meeting between Pope Francis and delegates from the Inuit Tapiriit Kanatami.
- [Media briefing](#) | Meeting between the Pope and delegates from the Assembly of First Nations.
- [Final Audience](#) between Pope Francis and all the Indigenous delegates.
- [Media briefing](#) with all Indigenous partners and the CCCB following the final audience with Pope Francis will be held on April 1, 7:30 am MT.

Read / Watch

- Read the updates from [CCCB](#)
- [Photos of important moments captured during the delegation to Rome](#) (CCCB)
- [A journey toward healing and reconciliation](#) - March 28 (Salt + Light)
- [A journey toward healing and reconciliation](#) - March 29 (Salt + Light)
- [A historic week of meetings with Canada's Indigenous](#) (Vatican News)
- [What brought the Canadian Indigenous to the Vatican](#) (Aleteia)
- [Indigenous leaders reflect on talks with Pope](#) (CBC)
- [Métis delegate Angie Crerar touched by meeting with Pope Francis](#) (Archdiocese of Edmonton)

Solidarity Sunday | April 3

The Fifth Sunday of Lent, April 3, is celebrated throughout most of Canada as Solidarity Sunday, where parishes hold a special collection for Development and Peace - Caritas Canada and pray for greater fellowship

and understanding amongst people worldwide. Please pray for Development and Peace - Caritas Canada, its members and partners as we strive for God's kingdom to come here on earth as it is in heaven.

- Pastoral Letter from Bishop McGrattan re: [Solidarity Sunday](#)

Pastoral Care Ministry Training | May 6-7

The Diocese of Calgary is offering a Pastoral Care Ministry Training for those who feel called to assist their parish in a healing ministry to the sick, elderly, dying, homebound and bereaved members.

There is no cost to attend this workshop for new or those previously trained in Pastoral Care Ministry.

- For more information, visit catholiccyyc.ca/pastoralcare

Lenten Synodal Retreat

Bishop Emeritus Henry examined how the identity and mission of the Church as Communion, Participation and Mission is grounded in the Sacraments of Baptism and Confirmation and reaches its actualization in our fruitful and conscious participation in the Eucharist. His sessions were wonderful, witty, and inspiring. You don't want to miss his stories! Sessions from Bishop Emeritus Henry's Lenten Synodal Retreat at St. Joseph's Parish are now available to [watch online!](#)



Synod Updates

List of Parish/Community Listening Sessions

Jesus walks alongside people and listens to the concerns and questions in their hearts. Synodal listening sessions follow the same journey as the Lord. Come, listen, and share your joys, challenges, but also hopes and dreams for our community of faith. Contact your parish to join a listening session or [find one here.](#)

Dinner and Coffee Cards

To go out and encounter one another is central to the synodal process, which has its ultimate purpose in the mission of evangelization. While many will join the facilitated parish listening sessions, others might find it more comfortable to have a faith conversation around the dinner table or in a coffee shop. The Dinner and Coffee Cards have been developed to assist with these conversations.

This Lent, let's put people and planet first

This Lent, Development and Peace — Caritas Canada's *People and Planet First* campaign calls you to support our sisters and brothers in the Global South in defending their rights and the planet. Do this by:

- **Donating** online at devp.org/give or during the Solidarity Sunday collection on April 3, the 5th Sunday of Lent. Your generosity helps support over 85 projects in 27 countries around the world!
- **Learning more by reading the [Mini-magazine](#)** and other resources available at devp.org/lent/resources
- **Signing the petition** for strong laws to control Canadian corporations' behaviour abroad at devp.org/act

For more information, contact [Carol Hollywood](#).

Resources & Announcements

1. GrACE latest newsletter & GrACE Summit 2022

Read the latest [GrACE March newsletter](#). Please reflect on the wonderful faith alive that is evident in Alberta's Catholic schools. Note that in cooperation with Calgary Catholic School District, the third

annual **GrACE Summit 2022** will be held on May 30. Registration is now open and we encourage you to reach out to and invite all advocates and stakeholders to make plans to join us face to face in Calgary for **Catholic Education: Together**. [GrACE Summit Poster](#)

2. Date nights with Chris & Natalie Stefanick

Are you struggling with raising your kids in our hyper-secularized culture? Worried your kids won't stay Catholic or unsure of how to keep your marriage alive through the day to day demands of life? Join Chris and Natalie Stefanick of Real Life Catholic **LIVE on April 7 at 6:30pm** to chat all things marriage, family and faith. [Register now](#)

3. Women's silent retreat in Sanctum, AB

Sanctum Retreat Centre near Caroline, AB is holding a Women's Silent Retreat the weekend of May 20-22, 2022. This weekend is filled with prayer, reflection, solitude, spiritual rejuvenation and great food. For more information or to register, please contact kathryn.berko@gmail.com. Information on the retreat centre can be found at sanctumretreat.ca

4. How to plan a Catholic wedding

What makes a Catholic wedding different? Danielle Bean chats with Rebecca Martin and Mary Beth Giltner about a new project they have created together, The Catholic Wedding Planner. [Listen to podcast](#)

5. Giving your best at work

Want a prayer to focus your work for the glorification of God? [Try this prayer](#) whenever you are challenged (see Faithful Living section).

The Year of *Amoris Laetitia* Family

Through a series of 10 videos, the Holy Father, with the help of several families, invites us to journey together to rediscover the family as a gift, despite every problem, obstacle and challenge that families have to face today. In the first video "[Walking Together](#)" Pope Francis and a family share about the beauty of being a family and how each person is called to lovingly care for the life of the family. Never a problem, families are always a gift and, in terms of the future, they are an opportunity. Each video is accompanied by a [guide](#).

Online Faith Formation Courses

Certificate in Catholic Studies

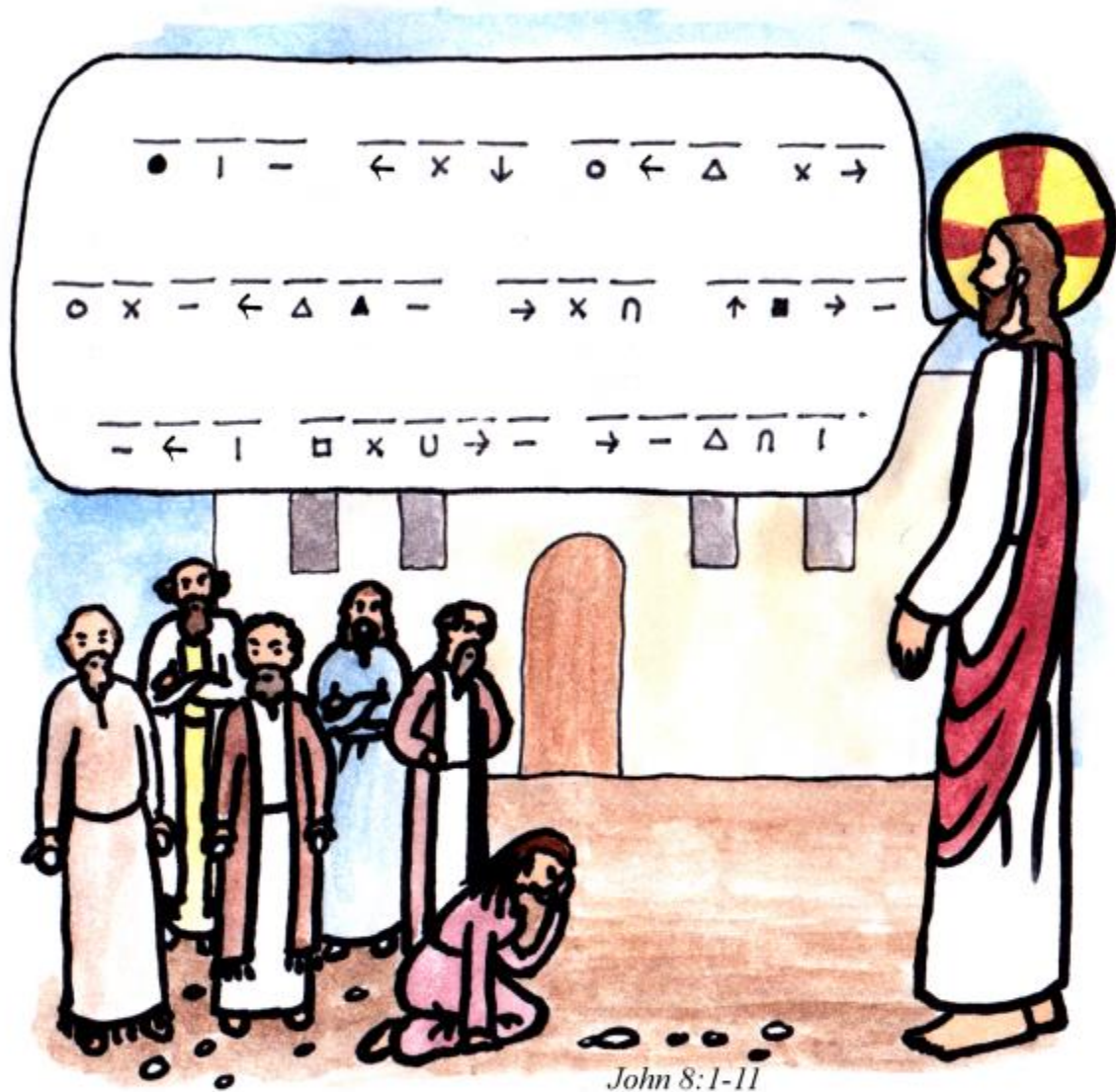
The Benedict XVI Institute for New Evangelization offers a comprehensive selection of courses on various aspects of the Catholic faith. All are offered online. Each course runs five weeks and costs \$85. Take an individual course for interest, or work toward one or all of the twenty two specialized Certificates in Catholic Studies. Students may register completely online at newman.edu/ccs Visit our website for further details and FAQs.

Other online formation opportunities

These formation opportunities will help you with your faith journey and to help you grow closer to Christ. Find a list of webinars and courses on our diocesan website [here](#).

The Kids' Bulletin

Fifth Sunday of Lent
April 3rd, 2022

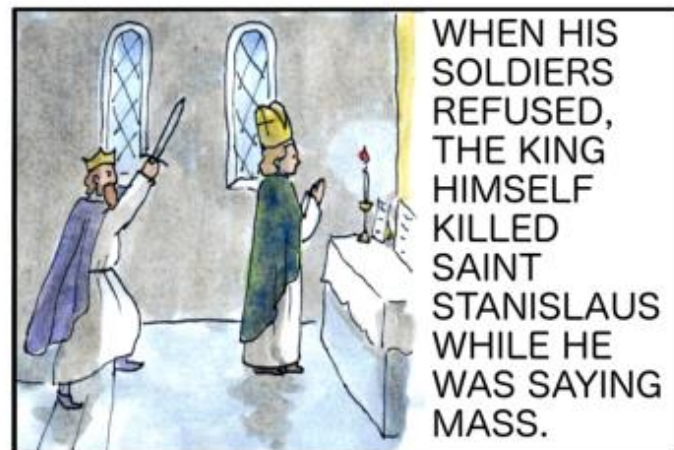
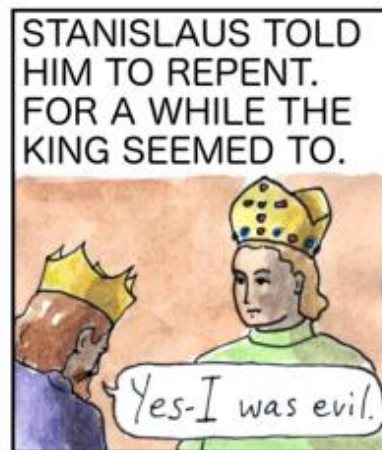
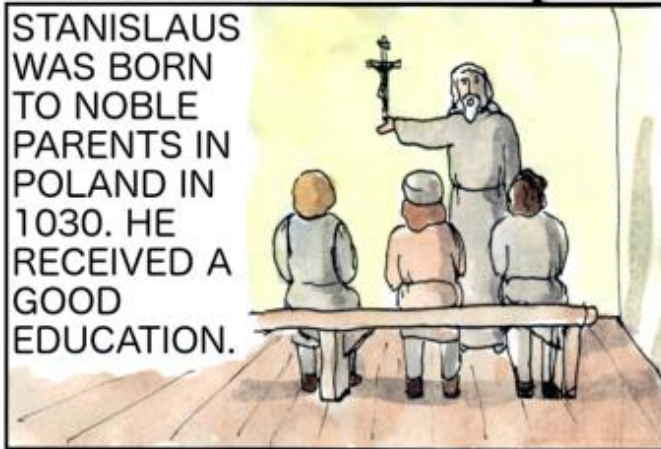


In today's Gospel, the Pharisees ask Jesus whether they should obey their law and stone a woman who was a sinner. What did Jesus say to them? Use the code to find out!

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A C E F H I L M N O R S T U W

Saint Stanislaus of Krakow

April 11



SAINT STANISLAUS WAS NOT AFRAID TO TELL THE KING WHEN HE WAS DOING SOMETHING BAD, EVEN THOUGH IT PUT HIS LIFE IN DANGER. WE CAN BE LIKE HIM BY PRAYING FOR OUR GOVERNMENT AND NOT BEING AFRAID TO TELL THE TRUTH EVEN IF THE GOVERNMENT IS WRONG.

True or False?

In today's Gospel reading the scribes and Pharisees brought a sinful woman in front of Jesus. Do you know the rest of the story? See if you know which of these statements are true and which are false:

1. The law said that a sinful woman like this one should be killed. True or False?
2. The men were going to stone the woman anyway- they didn't care what Jesus thought. True or False?
3. Jesus didn't say anything right away; He just started writing on the ground with His finger. True or False?
4. Jesus said that whichever of the men had never sinned should be the first to throw a stone at the woman. True or False?
5. One of the men threw a stone at her. True or False?
6. All of the men walked away without throwing a stone. True or False?
7. Jesus forgave the woman and told her not to sin anymore. True or False?



How Does Jesus Treat Sinners?



In the Old Testament, God gave His people rules that said they should punish the people who sinned. That's why in today's Gospel the Pharisees and scribes brought a sinful woman to Jesus to see what He had to say about the law.

Instead of telling them that they should punish her according to the law, Jesus told them that they should only punish her if they themselves had never sinned.



Sometimes we hear about a sin that someone else did. God does not want us to be mean to that person because of what they did. Does that mean that they didn't do a sin? No. Jesus told the woman to go and not sin again. That means that she did sin, but He was giving her another chance. We should try to be merciful like Jesus, and we should be kind to sinners because we are sinners too.



Answers: front: "Let him who is without sin cast the first stone."

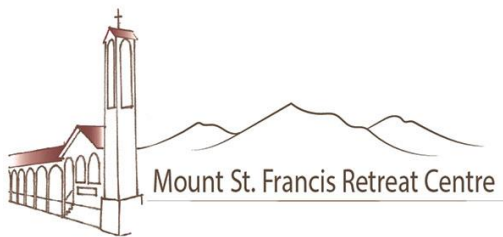
Answers to True or False:
1. True 2. False 3. True 4. True
5. False 6. True 7. True

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.

