



Welcome to HOLY FAMILY PARISH

JANUARY 23, 2022 – 3RD SUNDAY IN ORDINARY TIME

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca

Facebook: Medicine Hat Holy Family Parish

Reconciliation: By Appointment Only 403-527-6933 ext. 101

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm - Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid & Fr Rodel Abanto
& Deacon Robert Risling

Reconciliation...

Friday 9:30am–10:30am. & Saturday 3:30–
4:45pm. Or by Appointment

MASS TIMES... *MONDAY to FRIDAY at 9:00AM*
FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM
SUNDAY at 8:30AM, 10:30AM & 6:00PM

THE CHAPEL IS OPEN
MONDAY - FRIDAY 9:30am - 4:00pm
ADORATION FRIDAY 9:30 – 10:30am

Knights of Columbus - Kirby Peterson



Catholic Women's League - Marjorie Bowlby



Parish Pastoral Council Chair - Gary Heinbecker

Parish Finance Committee Chair - Cheryl Pocsik

FORMED.org

THE CATHOLIC FAITH.
ON DEMAND.

LOG IN WWW.FORMED.ORG

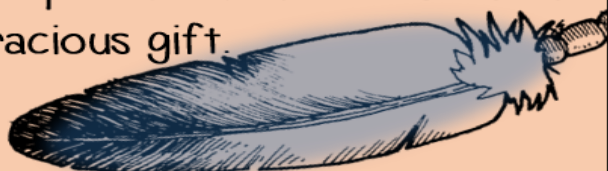
- Go to Formed.org
 - Enter our PARISH CODE: GPQWK7
 - Create a personal account with your personal username/email and password.
 - Start enjoying the best Catholic content all in one place!
- IMPORTANT:** Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!

Sunday 10:30am Mass
Medicine Hat Holy Family Church
Live Stream

https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q



We acknowledge that Treaty 7 territory, on which we stand, is the ancestral land of the Indigenous peoples and is common home to everyone in virtue of God our Creator's gracious gift.



Listen to Mass on your phone...
Download the "Audio Fetch" app.
Our Network is: HFP_LIVE
The Password is: Liv3HFP*



E-Transfer Donations accounting@holyfamilymh.ca

Photo Directories Available for \$20.00

OPERATING FINANCES

December 1-31, 2021

Operating Budget 2021	\$ 55,019
General Envelope Collection	\$ 90,806
Loose Collections	\$ 1,774
Future Development	\$ 8,936
Sale of Church Supplies & Other	\$ 3,090
Other Ministries	\$ 1,564
Government Subsidy	\$ 0
Budget Vs Actual	\$ 51,151

SPECIAL COLLECTIONS

Together in Action (TIA)	\$ 18,998
Clergy Retirement	\$ 25
St Vincent de Paul	\$ 2,202
Seminarian Fund	\$ 35
Mission Mexico	\$ 3,759
CARO	\$ 846
Seed of the Word Sisters	\$ 3,100
World Missions	\$ 10
Catholic Education	\$ 35

2021 TIA GOAL – \$49,657 FINAL
December: \$49,657
100% OF THE TOTAL

Thank You for your Generous Contributions

3rd Sunday in Ordinary Time
 Sunday, January 23, 2022

1st Reading: Nehemiah 8.2-4a, 5-6, 8-10++

The people understood the book of the law as it was read to them.

Responsorial Psalm: Ps 19.7,8,9,14 (R. *In 6.63*)

R Your words, Lord, are spirit and life.

2nd Reading: 1 Corinthians 12.12-30

You form the body of Christ, yet each of you is a different part of it.

Gospel: Luke 1.1-4; 4.14-21

Today the scripture has been fulfilled.

† Masses Intentions †
 January 22 – 28, 2022



Saturday, January 22

5:00pm – Irene Geisler

Sunday, January 23

8:30 am – Mark Hanna †

10:30am – Wendy Smith Family

6:00pm – Holy Family Parish

Monday, January 24

9:00am – Tom Klassen †

Tuesday, January 25

9:00am – Wendy Smith †

Wednesday, January 26

9:00am – Angie & Ron

Thursday, January 27

9:00am – Joanne Hopkins

Friday, January 28

9:00am – Hilda Schwartz †

3rd Sunday in Ordinary Time

Sunday, January 23, 2022

BELIEVING THE WORD OF GOD

We are the Body of Christ (Corinthians) assembling as the graced community of believers (Nehemiah) each week to give thanks and praise, to share in Communion, and then sent to serve. We are part of the great Communion of Saints to whom is handed down the living Word of God – both the Scriptures and the Tradition as well as the very person of Christ who is the spoken Word of God (Luke). During the first Mass in a brand-new church building, the bishop shows the *Lectionary* to the assembly and says:

“May the word of God resound always in this building, to open for you the mystery of Christ and to bring about your salvation in the Church.”

The Order of the Dedication of a Church and an Altar, Chapter II, no. 53, © 2018, ICEL. All rights reserved.

The Word of God is central to faith.

† How will I set aside a few minutes each day to read/reread Scripture? What is a good time?

† How will I look for the unfolding mystery of Christ in little and big ways today?

† How will I be “good news” this week by what I say and do?

REMINDER FOR CWL and all Holy Family Parish:

Please remember that our council that has an account down at Shamrock Bottle Depot and they will take all recyclables and credit our account. Make sure to specify that it is to be credited to HOLY FAMILY CWL. or they may credit ST. Pat's. Once the weather warms up you may want to get out and do a bit of house cleaning. We certainly would appreciate the extras. If you need a hand to deliver them, I'm sure any CWL member would be happy to help you. Your circle captains are also available.

THE 2021 TAX RECEIPTS ARE AVAILABLE IN THE FOYER AT THE CHURCH

SENIOR CARE HOMES

During this past year we have been disconnected from the Senior Care Homes regarding holding Mass and bringing Holy communion to the Catholic residents due to the many Covid restrictions. The Senior Care Homes are inviting us back as they say it is safe to do so. Of course, you think of your safety also, but I believe the Lord is looking after us too, as He wants His people to receive Him in this Eucharistic Sacrament. The precautions do apply - masking, screening, and presenting the QR code. Please consider this opportunity to serve Our Lord. May you be blessed. The homes that presently do not have the Holy Eucharist brought to them are Masterpiece, Good Samaritans, and Meadowlands. Chinook is not open yet to receiving outside gatherings yet.

If you have a family member or a friend in a Senior Care Home who desire to receive the Eucharist in their room or Anointing, please let the Parish office know.

At the same time, we need volunteers/helpers to porter the residents and help to set up the altar for Fr. when we begin to celebrate the Mass once again. Let us pray that we can once again bring the residents the Food for Life - The Holy Eucharist.

CWL members will be hosting at 10:30 Mass on Sunday January 30th. Members, please remember to wear your pins/and or scarfs. If you can help at this Mass, please contact Louella.



Sacramental Preparation

Sessions for both children and parents, Children in Hall & Parents in the Church...

1st Holy Communion next class...

Thursday February 3, 2022
6:30-7:30pm

Confirmation next class...

Wednesday, February 2, 2022
6:30-7:50pm

TMIY
THAT MAN IS YOU!
BECOMING A MAN AFTER GOD'S OWN HEART

THAT MAN IS YOU

January 29, 2022

8:30 – 9:30 am

St. Patrick's Church Hall

Theme:

A Time for Purification

Presenter:

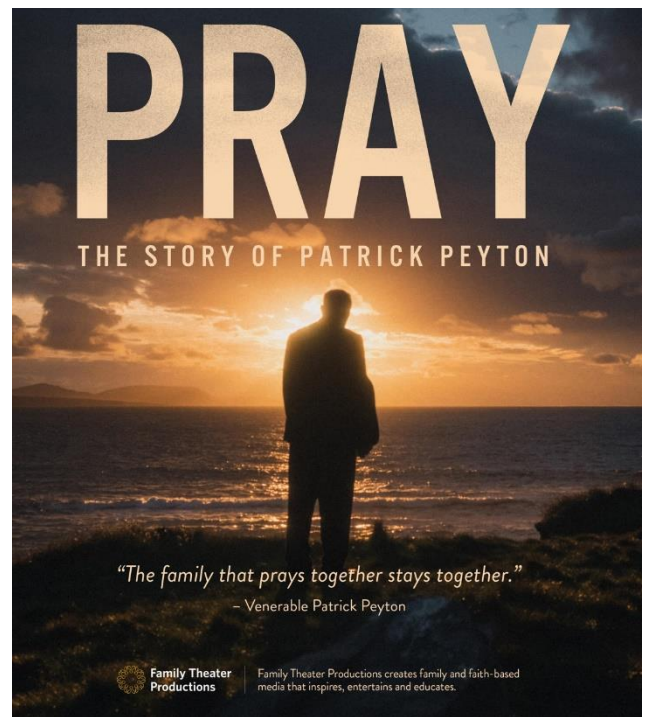
Dr. Ralph Martin

JOIN US FOR AN ONLINE MOVIE EVENT BEGINNING:

Saturday, **February 12th @ 9 AM MST** until
Sunday, **February 13th @ 9 PM MST**

PLEASE REGISTER NOW!!

Are you looking for peace in your heart? In your family? In the new documentary, *PRAY: THE STORY OF PATRICK PEYTON*, you will meet the extraordinary man who dedicated his life to reminding people that true peace comes from God and a relationship with Him. Father Peyton's deep friendship with God and the Blessed Virgin Mary, combined with his tireless zeal, inspired millions of families around the world to discover how prayer would bring them together and transform their hearts. Join us as we watch PRAY together.



Congratulations! You are invited to attend a PRAY Digital Event! Please follow these simple steps to register for and attend your digital event:

1. The first step is to register at the link provided by your organization.
2. Once registered, a participant will receive an email (sender: system@showandtell.film) that contains their **Digital Ticket** to the Event. A **digital ticket** is a link to access and view the film at the day/time of the event. Note: Make sure to check your email junk folder if you do not receive the ticket. Also, a participant is able to register even after the event has started. In this case, a digital ticket will still be sent via email; however, the film will begin playing immediately after registration.
3. At the day and time of the event, click the **Digital Ticket** link. Your Digital Event will automatically open in a new window of your web browser. Ensure that your device is connected to the Internet. Note: If you do not see the red "Watch Now" button, it may be because you opened the link prior to the event start time. In this case, once it is time for the event to start, refresh your browser or click on the ticket link again.
4. Hit the red "Watch Now" button and the film will begin playing automatically. You may pause and play the film. The film will be available to watch for a total of 36 hours after the event start time. You can go back and re-watch the film multiple times within the 36 hour window by clicking the link on your digital ticket. Note: If you lose your digital ticket, simply re-register with a different email address.
5. To turn on Spanish subtitles, hover your mouse on the bottom right of the screen. A "CC" button will appear. Click the "CC" and select "Espanol."
6. The simplest way to watch this film on your TV is to access the event on your laptop and connect your laptop to your TV using an HDMI cable.

Event Registration URL: <https://watch.showandtell.film/watch/pray-stpatrick>



This Online Event is Sponsored by Council 1732



3rd Sunday in Ordinary Time Year C

Sunday, January 23, 2022

AN ENCOUNTER WITH WORD OF GOD

“Ignorance of the Scripture is the ignorance of Christ” is the famous saying of St. Jerome who is the father of the Church and translated Bible from Hebrew and Greek to Latin. How true this statement is? This is also a sad fact that in our Catholic Church, the culture of Bible reading is almost zero and many people even don’t show any interest to read the Bible. Our encounter with the Word of God should fill us with joy and must fill us with wisdom and understanding. We read from the Book of Joshua that how God commanded him to keep the Book of the Law close to him and meditate on it day and night: “Only be strong and very courageous, being careful to act in accordance with all the law that my servant Moses commanded you; do not turn from it to the right hand or to the left, so that you may be successful wherever you go. This book of the law shall not depart out of your mouth; you shall meditate on it day and night, so that you may be careful to act in accordance with all that is written in it. For then you shall make your way prosperous, and then you shall be successful. I hereby command you: Be strong and courageous; do not be frightened or dismayed, for the Lord your God is with you wherever you go.” (Joshua 1:7-9). St. Paul on the other hand confirms that the Word of God which we have it is true and real; “We also constantly give thanks to God for this, that when you received the word of God that you heard from us, you accepted it not as a human word but as what it really is, God’s word, which is also at work in you believers” (1 Thessalonians 2:13). What does ENCOUNTER mean for us today? But let me share this interesting story by an unknown author who has given it the title “The Room” and must help to understand that the Word of God is like a room and is opening different doors to have encounter with Him through His Divine Word.

In that place between wakefulness and dreams, I found myself in a room. There were no distinguishing features except for the one wall covered with small index card files. They were like the ones in libraries that list titles by author or subject in alphabetical order. But these files, which stretched from floor to ceiling and seemingly endless in either direction, had very

different headings. As I drew near the wall of files, the first to catch my attention was one that read "Girls I have liked". I opened it and began flipping through the cards. I quickly shut it, shocked to realize that I recognized the names written on each one.

And then without being told, I knew exactly where I was. This lifeless room with its small files was a crude catalog system for my life. Here were written the actions of my every moment, big and small, in a detail my memory couldn't match. A sense of wonder and curiosity, coupled with horror, stirred within me as I began randomly opening files and exploring their content. Some brought joy and sweet memories; others a sense of shame and regret so intense that I would look over my shoulder to see if anyone was watching.

A file named "Friends" was next to one marked "Friends I have betrayed." The titles ranged from the mundane to the outright weird. "Books I Have Read," "Lies I Have Told," "Comfort I have given," "Jokes I Have Laughed at." Some were almost hilarious in their exactness: "Things I've yelled at my brothers". Others I couldn't laugh at: "Things I Have Done in My Anger", "Things I Have Muttered Under My Breath at My Parents." I never ceased to be surprised by the contents.

Often, there were many more cards than I expected, sometimes, fewer than I hoped. I was overwhelmed by the sheer volume of the life I had lived. Could it be possible that I had the time in my years to fill each of these thousands or even millions of cards? But each card confirmed this truth. Each was written in my own handwriting, each signed with my signature.

When I pulled out the file marked "TV Shows I have watched", I realized the files grew to contain their contents. The cards were packed tightly, and yet after two or three yards, I hadn't found the end of the file. I shut it, shamed, not so much by the quality of shows but more by the vast time I knew that file represented. When I came to a file marked "Lustful Thoughts," I felt a chill run through my body. I pulled the file out only an inch, not willing to test its size, and drew out a card. I shuddered at its detailed content.

I felt sick to think that such a moment had been recorded. An almost animal rage broke on me. One thought dominated my mind: "No one must ever see these cards! No one must ever see this room! I have to destroy them!" In insane frenzy, I yanked the file out. Its size didn't matter now. I had to empty it and burn the cards. But as I took it at one end and began pounding it on the floor, I could not dislodge a single card. I became desperate and pulled out a card, only to find it as strong as steel when I tried to tear it.

Defeated and utterly helpless, I returned the file to its slot. Leaning my forehead against the wall, I let out a long self-pitying sigh. And then I saw it... The title bore "People I Have Shared the Gospel With." The handle was brighter than those around it, newer, almost unused. I pulled on its handle, and a small box not more than three inches long fell into my hands. I could count the cards it contained on one hand.

And then the tears came. I began to weep, sobs so deep that they hurt. They started in my stomach and shook through me. I fell on my knees and cried. I cried out of shame, from the overwhelming shame of it all. The rows of file shelves swirled in my tear-filled eyes. No one must ever, ever know of this room. I must lock it up and hide the key. But then as I pushed away the tears, I saw Him.

No, please not Him. Not here. Oh, anyone but Jesus. I watched helplessly as He began to open the files and read the cards. I couldn't bear to watch his response. And in the moments, I could bring myself to look at His face, I saw a sorrow deeper than my own. He seemed to intuitively go to the worst boxes. Why did He have to read every one? Finally, He turned and looked at me from across the room. He looked at me with pity in His eyes. But this was a pity that didn't anger me. I dropped my head, covered my face with my hands, and began to cry again. He walked over and put His arm around me. He could have said so many things, but He didn't say a word. He just cried with me.

Then, He got up and walked back to the wall of files. Starting at one end of the room, He took out a file and, one by one, began to sign His name over mine on each card. "No!" I shouted, rushing to Him. All I could find to say was "No, no," as I pulled the card from Him. His name shouldn't be on these cards. But there it was, written in red so rich, so dark, so alive. The name of Jesus covered mine. It was written with His blood. He gently took the card back. He smiled a sad smile and began to sign the cards. I don't think I'll ever understand how He did it so quickly, but the next instant, it seemed I heard Him close the last file and walk back to my side. He placed His hand on my shoulder and said, "It is finished." I stood up, and He led me out of the room. There were still cards to be written.

Let's get back to the word ENCOUNTER.

EXPERIENCE OF GOD. Through the Word of God, we experience the presence of God in our lives because "Indeed, the word of God is living and active, sharper than any two-edged sword, piercing until it divides soul from spirit, joints from marrow; it is able to judge the thoughts and intentions of the heart" (Hebrews 4:12). In the First Reading Nehemiah is bringing people of God close to his Law and make them experience his presence among them. Holy Father Pope Francis reflecting on the First Reading says "Nehemiah, who was the governor; Ezra, the priest and scribe; and the priests who taught the people, said to all the people, "This day is consecrated to the Lord." For us, it is Sunday. Sunday is the day of the encounter of the people with the Lord, the day of the encounter of my family with the Lord. The day of my encounter with the Lord is a day of encounter. "This day is consecrated to the Lord."

For this reason, Nehemiah, Ezra, and the priests encouraged the people not to mourn and not to weep. The day's first Reading says that the people wept when they heard the Word; but they wept from emotion, they wept from joy.

When we hear the Word of God, what happens in my heart? Do I pay attention to the Word of God? Do I let it touch my heart, or do I stand there staring at the ceiling thinking of other things, and the Word goes in one ear and out the other, and does not reach the heart? What do I do to prepare myself so that the Word will reach the heart? And when the Word reaches the heart, there are tears of joy and there is the feast. The feast of Sunday cannot be understood without the Word of God, it is not understood. "Then Nehemiah said to them, 'Go, make a feast' – and he gave a good recipe for a feast: Eat rich foods and drink sweet wines and send portions to those who have nothing' – that is, to the poor. The poor are always the altar servers of the Christian feast, the poor! – because this day is consecrated to our Lord; do not be sad, because the joy of the Lord is your strength.

NOTHING can separate from the love of God and his Word because "How sweet are your words to my taste, sweeter than honey to my mouth! Through your precepts I get understanding; therefore, I hate every false way. Your word is a lamp to my feet and a light to my path. I have sworn an oath and confirmed it, to observe your righteous ordinances. I am severely afflicted; give me life, O Lord, according to your word. Accept my offerings of praise, O Lord, and teach me your ordinances. I hold my life in my hand continually, but I do not forget your law" (Psalm 119:103-109). Even in the Second Reading we can see that how St. Paul is encouraging us all to understand that once we have deep encounter with the Lord then we all become one "Now you are the body of Christ and individually members of it" Remember the Parable of the Sower who went to sow and the seeds which fell on the good soil produced 30-, 60-, and 100-fold fruit.

CLOSENESS is the core lesson of the Word of God which bring us closer to the Lord to remember though we are mortals, but the Word of God is going to live forever in our hearts and minds "Blessed are you, O Lord; teach me your statutes. With my lips I declare all the ordinances of your mouth. I delight in the way of your decrees as much as in all riches. I will meditate on your precepts and fix my eyes on your ways. I will delight in your statutes; I will not forget your word" (Psalm 119:12-16). St. Peter confirms that if have closeness with the Lord, then we have received the Good News from the Lord "Now that you have purified your souls by your obedience to the truth so that you have genuine mutual love, love one another deeply from the heart. You have been born anew, not of perishable but of imperishable seed, through the living and enduring word of God. For "All flesh is like grass and all its glory like the flower of grass. The grass withers, and the flower falls, but the word of the Lord endures forever." That word is the good news that was announced to you" (1 Peter 1:22-25).

OPENNESS to hear the word of God is the key to our relationship with the Lord. In today's Gospel we could see the eyes of everyone present in the synagogue are focused on Jesus. Our encounter with the Lord through the Sacred Scripture always invites us to understand that once we are open to hear and accept his Word, our lives are changed, and we could hear from the Lord "Today this Scripture is being fulfilled in your hearing". How open are we to His Word?

UNITY is being experienced through the Word of God as St. Paul mentions in the First Reading today. The Word of God teaches us to be united and love one another and chose what is right for us “Surely, this commandment that I am commanding you today is not too hard for you, nor is it too far away. It is not in heaven, that you should say, “Who will go up to heaven for us, and get it for us so that we may hear it and observe it?” Neither is it beyond the sea, that you should say, “Who will cross to the other side of the sea for us, and get it for us so that we may hear it and observe it?” No, the word is very near to you; it is in your mouth and in your heart for you to observe. See, I have set before you today life and prosperity, death, and adversity. If you obey the commandments of the Lord your God that I am commanding you today, by loving the Lord your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the Lord your God will bless you in the land that you are entering to possess” (Deuteronomy 30:11-16). Are we united with him who prays “that they all maybe one”?

NO COMPULSION is there to encounter with the Word of God as we see in the story of Adam and Eve. God has given us free will to choose and do. We could see the lives of all the saints in our Catholic Faith that they all came to obey the Word of God with their own free will and that obedience has made to honour them and make them role models of our lives. Today when Jesus is reading the Scroll of Prophet Isaiah and letting people know about his purpose of coming to the world, shows that he is inviting people to listen and understand what is best for them. Do we feel compulsion to read the Word of God, or we enjoy reading it?

TRUSTING in the Lord only comes if we really encounter with his Word. The Book of Psalms is full of the word Trust which keeps inviting us to always rely on the Lord and pray to him; “But truly God has listened; he has given heed to the words of my prayer”. Today what St. Luke is writing to Theophilus, is also writing to us to trust in the Lord Jesus who came to free us from kinds of pains and suffering. We must listen to Prophet Isaiah who is reminding us never to compare our thoughts with the Lord but to trust in him “For my thoughts are not your thoughts, nor are your ways my ways, says the Lord. For as the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts. For as the rain and the snow come down from heaven, and do not return there until they have watered the earth, making it bring forth and sprout, giving seed to the Sower and bread to the eater, so shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and succeed in the thing for which I sent it” (55:8-11).

ETERNAL Life gusts from his Word because Jesus being the author of eternal life comes to give us life and life in abundance because God has loved the world so much that he gave his only Begotten Son for us. Prophet Jeremiah says, “Your words were found, and I ate them, and your words became to me a joy and the delight of my heart; for I am called by your name, O Lord, God of hosts” (15:16). Jesus came to free us and restore our eyesight we can see the saving work of the Lord and give praise and glory to his name.

RESTORING our relationship with the Lord is only possible through an encounter with Word of God. We, whenever flip the pages of the Holy Bible and read and meditate on them, we get new insight everyday. How many times we are experience broken relationship with the Lord either due to our business or distraction of the worldly pleasures? However, with the Word of God, we restore our relationship with the Lord “And let the peace of Christ rule in your hearts, to which indeed you were called in the one body. And be thankful. Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him” (Colossians 3:15-16).

The encounter with the Word of God fills us with joy, and this joy is my strength, it is our strength. Christians are joyful because they have accepted, they have received the Word of God in their hearts, and they continually encounter the Word, they seek it out. This is the message for today, for all of us. A brief examination of conscience: ‘How do I listen to the Word of God? Or do I simply not listen? How do I encounter the Lord in His Word, which is the Bible?’ And then, ‘Am I convinced that the joy of the Lord is my strength?’ Sadness is not our strength.

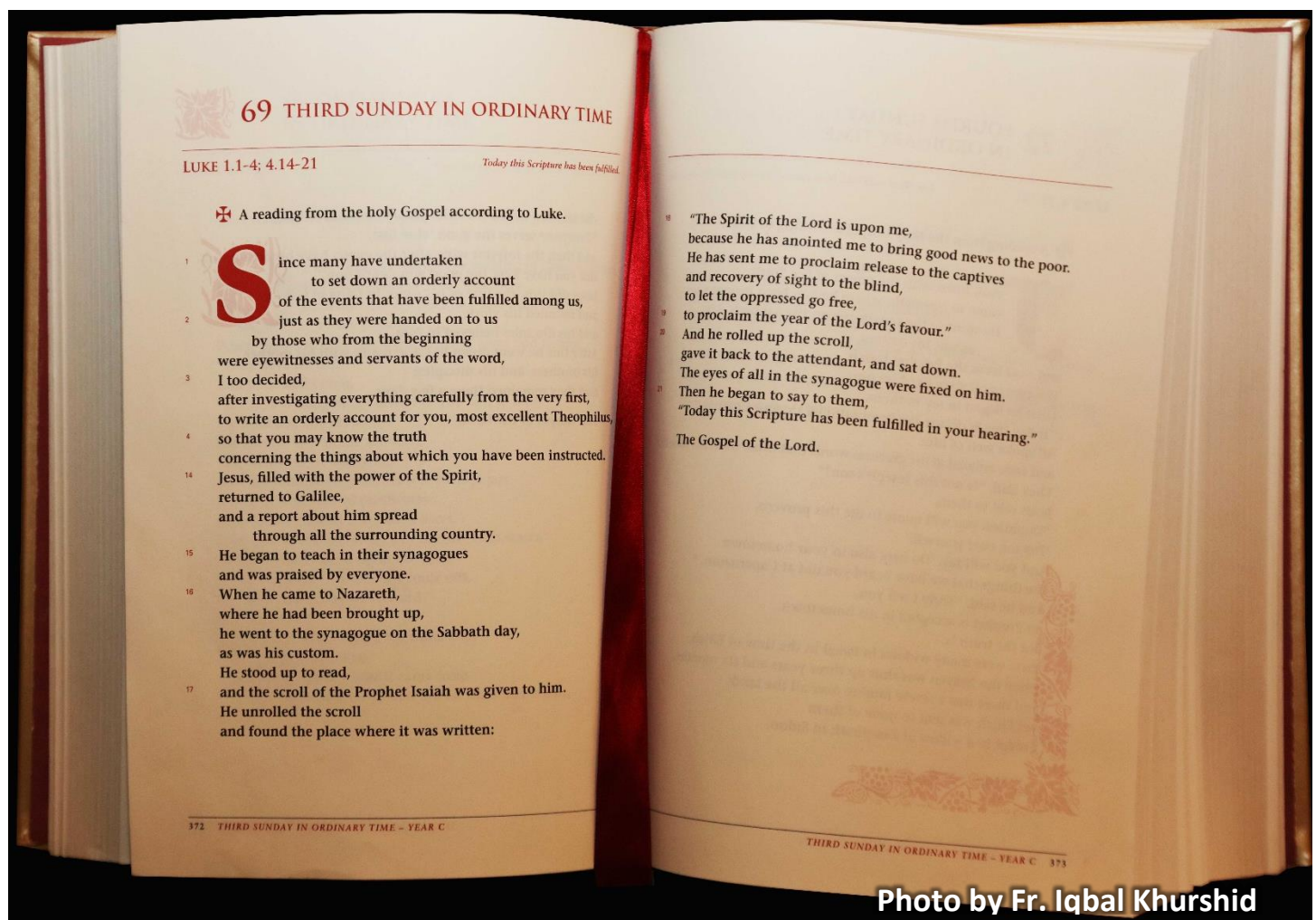


Photo by Fr. Iqbal Khurshid

3rd Sunday in Ordinary Time



Visit the [Diocesan Event Calendar](#)

Follow us on Social Media

[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:

[Vatican News](#) | [The Sunday Website](#)
[Sunday Connection](#) | [CCCB Reflection \(new link\)](#)

Daily and Sunday Mass Prayers & Readings: [CCCB Daily Readings](#) (pick the desired date)

RESOURCES FOR CHILDREN

- [Gospel](#) Reflection: *Jesus responded to the needs of the world. He shared his message of the Father's love and forgiveness with everyone, especially those who were in need. He sends us the Holy Spirit to help us continue his mission. Every kind thing we do is a way to serve God's kingdom.* (Loyola Press)
- **Kid's challenge this week:** Look for a way to be kind and helpful, and pray: "Jesus, thank you for showing us how to love others. With the help of the Holy Spirit, we will continue your mission." (Sunday Connection)
- [Kid's Bulletin for this Sunday](#)
- [Colouring page this Sunday](#) - Invite the children to colour and to draw one of the good news stories they have heard today, or how they will share the good news with people who are poor in the coming week.
- [Sunday Connection](#) - 3rd Sunday in Ordinary Time (Gr. 1-8 & family)
- Video: [Studio 3:16](#) | Weekly Comedy for kids (anticipating the Sunday Gospel)
- **Children's Sunday Liturgy for 3rd Sunday of Ordinary Time**
 - [Children's Liturgy for leaders/parents](#) (with intercessions and activities) - by CAFOD | [Illustration](#)
 - [Children's Liturgy of the Word with Miss Heidi](#) (Catholic TV)
 - Does your parish have online Sunday program for children? If so, please share it with communications@calgarydiocese.ca

Full schedule of Parish Livestream Masses:

<https://www.catholiccy.ca> | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#)

COVID-19 Resources

- [Sacraments & Liturgies](#)
- [Spiritual Resources](#)
- [Sacrament Preparation](#) (First Reconciliation, First Communion, Confirmation)
- [Online Formation Opportunity](#)

RESOURCES & ANNOUNCEMENTS

1. ***Laudato Si'* Action Platform launch | Feb 12**

Join the Canadian Launch of the *Laudato Si'* Action Platform in Canada. On Saturday, Feb. 12 at 9 AM (MT) with Norman Lévesque, Bishop Jon Hansen, C.Ss.R. (Diocese of Mackenzie-Fort Smith) and the rest of your Catholic family from across Canada to learn more about how your community can engage in the works of *Laudato Si'*. [Register here](#) to receive the online meeting link

2. **Mission Council Christmas Cards**

Consider putting aside used and unused greeting cards for donation to the Mission Council card-making program which supports overseas missions. Please drop off your cards at your Parish Office, or at the Catholic Pastoral Centre (120 17 Ave SW, Calgary) [during the office hours](#).

3. **NET Canada's Youth Ministry 101 Podcasts**

NET Canada recently launched a new podcast, *Youth Ministry 101*. This is a podcast where people can learn tips, tricks and hear stories to help reach youth in their life, parish, and youth group to share in the love and joy of Jesus Christ and His Church. [Listen to the podcasts](#)

4. **Faithful Living: Spending less than you earn**

We must all live within our means. Even with more money, without any clear purpose, we can spend more than we make. Learn simple financial principles that will require some discipline to live faithfully. [Read more](#)

5. **Holy moments in hard times**

Can we turn ordinary encounters into holy moments? [Read Brandon Bailey's story](#) from St. Mary's School in Okotoks.

6. **St. Francis DeSales, Bishop & Doctor (Feast day: Jan 24)**

Francis de Sales took seriously the words of Christ, "Learn of me for I am meek and humble of heart." When you feel your temper start to flare up, turn to a saint who tamed his hot head and [mastered the art of gentleness](#).

7. **Feast of the Conversion of St. Paul (Jan 25)**

St. Paul's conversion on the road to Damascus is exemplary. This is one of the reasons why it's the only conversion we celebrate with a specific feast day on the liturgical calendar, January 25. Learn [how St. Paul's conversion teaches us to become someone new in Christ](#).

8. **St. Timothy & St. Titus, Bishops (Feast Day: Jan 26)**

Saints Timothy and Titus were apostles of an Apostle. They shared in, and cooperated with, the ministry of St. Paul, who had a direct connection to Christ through a miraculous occurrence on the road to Damascus, a feast commemorated, not coincidentally, the day prior to their feast day. [Read more](#)

9. **St. Angela Merici (Feast Day: Jan 27)**

Angela Merici has the double distinction of founding the first of what are now called "secular institutes" and the first teaching order of women in the Church. Learn more about [St. Angela Merici](#)

10. **St. Thomas Aquinas, Priest, Doctor (Feast Day: Jan 28)**

St. Thomas Aquinas is well known for his amazing work in organizing the beliefs of the Catholic Church into his *Summa Theologiae*. He also wrote a powerful prayer that he reportedly prayed every day, usually entitled, "For Ordering a Life Wisely." If you are feeling disorganized, [here is the perfect prayer from St. Thomas to bring better order to your life](#).

11. **Airdrie Knights Dream Vacation Draw**

The Airdrie Knights of Columbus invites you to buy ticket(s) for the annual Airdrie Dream Vacation Draw, with monthly draws starting on April 3. There are over \$39k in prizes and all proceeds are going to the [charities they support](#). For more information, visit [airdriedreamvacation.ca](#).

The Kids' Bulletin

Third Sunday in Ordinary Time
January 23rd, 2022



Luke 1.1-4; 4.14-21

In today's Gospel reading, Jesus stood in the synagogue and read from the book of the prophet Isaiah.

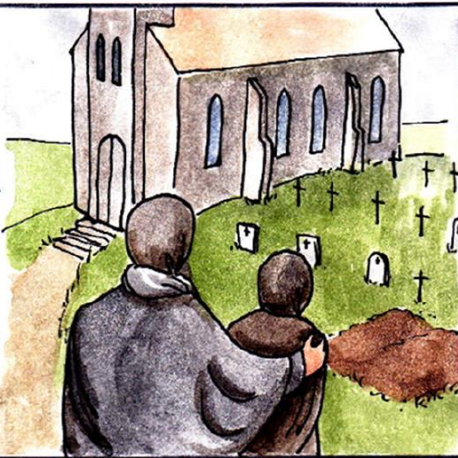
What did it say?

Look at this page in the mirror to find out!

Saint Angela Merici

January 27

ANGELA MERICI WAS BORN IN LOMBARDY IN 1474. HER MOTHER AND FATHER DIED WHEN SHE WAS TEN YEARS OLD.



ANGELA WAS VERY SAD WHEN HER SISTER DIED, BUT GOD SHOWED HER IN A VISION THAT SHE WAS IN HEAVEN.



ANGELA BECAME A FRANCISCAN TERTIARY, WHICH IS LIKE A NUN BUT NOT IN A CONVENT.



Today we will talk about Mary.



ANGELA BEGAN TO TEACH THE POOR GIRLS WHO COULD NOT GO TO SCHOOL.

SOON OTHER YOUNG WOMEN JOINED ANGELA TO HELP TEACH THE GIRLS.



ONCE ANGELA MADE A PILGRIMAGE TO THE HOLY LAND, BUT SHE WENT BLIND FOR MOST OF THE TRIP!

This is the Mount of Olives.



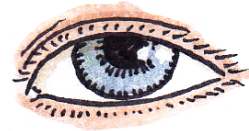
THE GROUP OF WOMEN THAT HAD JOINED ANGELA GREW AND SPREAD, EVENTUALLY BECOMING A RELIGIOUS ORDER CALLED THE URSULINES.

IN ANGELA'S TIME POOR PEOPLE, ESPECIALLY GIRLS, COULDN'T GO TO SCHOOL AND THERE WERE NO WOMEN TEACHERS. IT TOOK A LONG TIME FOR PEOPLE TO ACCEPT WHAT ANGELA WAS DOING, BUT SHE NEVER QUIT. WHEN YOU HAVE A HARD TIME WITH SCHOOL YOU CAN PRAY TO SAINT ANGELA FOR HELP!

'ONE BODY' WORD-FIND

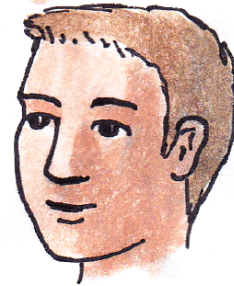
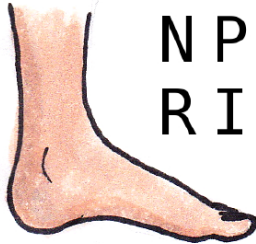


TWCHRISTAEB C
OARACPAULEAH
GONNABIELBPU
EOMDRONEGHTR
TFEYEDTAIEIC
HOMANYDRFAZH
EOBYAPOSTLES
RTEACHERSIDI
NPROPHETSNCH
RISMELLSTGOD



*Find the words
that are written
in CAPITALS.*

*Use the left
over letters to
fill in the
blanks
at the end.*



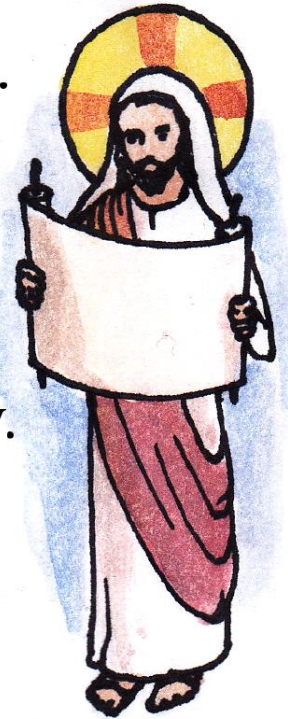
SAINT PAUL tells us that we have been BAPTIZED into the ONE body of CHRIST which is the CHURCH. There are MANY MEMBERS, but they all work TOGETHER and CARE for each other. But the parts of a BODY are not ALL the same as each other! An EYE is different from an ear, and a HAND is not the same as a FOOT. If all your body was an EAR, then how could you SMELL?

In the Church there are many different GIFTS. Some people are APOSTLES, some are PROPHETS, some are TEACHERS. Some people have the gift of HEALING. GOD has made all these different sorts of people to work together in the Church.

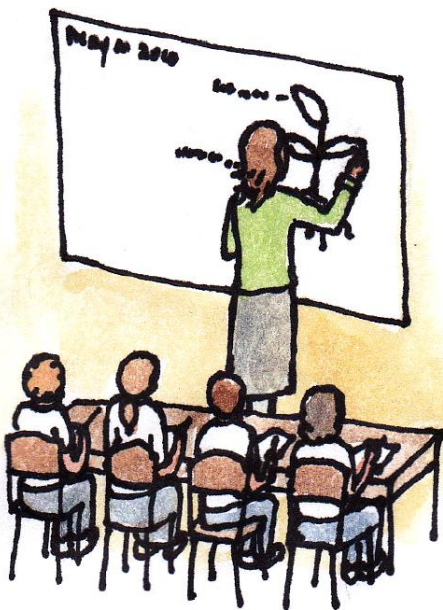
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The Church is a Body

The Catholic Church isn't a building. Did you know that? The Church is actually the group of people who have been baptized into the Faith. All the different kinds of people in the Church work together, just like a person's body.

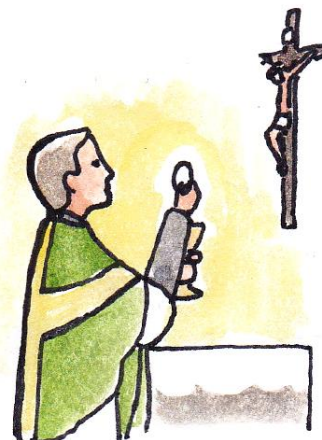


Think about the different parts of your body. What do your eyes do? What about your ears? Hands? Feet? Brain?



Now think about the Church. It has a pope, bishops and priests, teachers, doctors, musicians, mothers and fathers, and even children. What do each of these people do for the Church?

What is your job in the Church right now? What do you think it will be when you are grown up?



Answer to Word-Find:
We are one body in Christ.

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



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Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

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Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.

