



Welcome to HOLY FAMILY PARISH

OCTOBER 17, 2021, 2021 – 29TH SUNDAY IN ORDINARY TIME

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Facebook: Medicine Hat Holy Family Parish

Reconciliation: By Appointment Only 403-527-6933 ext. 101

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm - Closed on Holidays.

Reconciliation...

Friday 9:30am–10:30am. & Saturday 3:30–4:45pm.
Or by Appointment

THE CHAPEL IS OPEN

MONDAY - FRIDAY 9:30am - 4:00pm
ADORATION FRIDAY 9:30 – 10:30am

MASS TIMES... MONDAY to FRIDAY at 9:00AM

FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM

SUNDAY at 8:30AM, 10:30AM & 6:00PM



Catholic Women's League

Marjorie Bowlby marjoriemowlby@gmail.com

Knights of Columbus

Kirby Peterson ktlpete@shaw.ca



Happy Birthday Fr. Rödel

October 17

Parish Pastoral Council – Chair

Gary Heinbecker, heinbecker@telus.net

Parish Finance Committee – Chair

Cheryl Pocsik, gpocsik@shaw.ca

FORMED.org

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- Go to Formed.org
- Enter our PARISH CODE: GPQWK7
- Create a personal account with your personal username/email and password.
- Start enjoying the best Catholic content all in one place!

IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!

Sunday 10:30am Mass
Medicine Hat Holy Family Church
Live Stream

https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q

You Tube

We acknowledge that Treaty 7 territory, on which we stand, is the ancestral land of the Indigenous peoples and is common home to everyone in virtue of God our Creator's gracious gift.



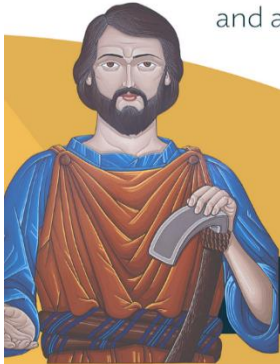
Listen to Mass on your phone...
Download the "Audio Fetch" app.
Our Network is: HFP_LIVE
The Password is: Liv3HFP*



E-Transfer Donations accounting@holyfamilymh.ca



1.4 MILLION of the Diocesan goal will financially support the approved diocesan ministries, partner organizations, and agencies. See list at catholicyyc.ca/tia



2021
THE YEAR of
ST. JOSEPH

CATHOLICYC.CA/TIA

” Then the people rejoiced because these had given willingly, for with single mind they had offered freely to the Lord
1 CHRONICLES 29:9

OUR PARISH GOAL

\$ 49,657

Everything raised **OVER** our parish goal will go to support*:

Mustard Seed
Medicine Hat Food Bank
& Society of St. Vincent de Paul

TO DATE \$ **32,223.50** = 65%

OPERATING FINANCES

September 1-30, 2021

Operating Budget 2021	\$ 55,019
General Envelope Collection	\$ 35,987
Loose Collections	\$ 867
Future Development	\$ 3,683
Sale of Church Supplies & Other	\$ 4,837
Other Ministries	\$ 440
Government Subsidy	\$ 1,528
Budget Vs Actual	-\$ 7,677

SPECIAL COLLECTIONS

Together in Action (TIA)	\$ 3,540
Clergy Retirement	\$ 25
St Vincent de Paul	\$ 3,866
Seminarian Fund	\$ 55
Mission Mexico	\$ 225
CARO	\$ 35
Needs of the Cdn. Church	\$ 712
World Missions	\$ 50

Thank You for your Generous Contributions

† Masses Intentions †

October 16 - 22, 2021

Saturday, October 16

5:00pm – Jose Gomez

Sunday, October 17

8:30 am – Derrick Risling †

10:30am – Mike Schafer †

6:00pm – Holy Family Parish

Monday, October 18

9:00am – Daniel Krassman †

Tuesday, October 19

9:00am – Joe & Elizabeth Wandler †

Wednesday, October 20

9:00am – Ria Welbourne & Family

Thursday, October 21

9:00am – Maria Garcia

Friday, October 22

9:00am – Jacob Bischoff †

1st Reading: Isaiah 53.10-11

When you make his life an offering for sin, he shall see his offspring and shall prolong his days

Responsorial Psalm: Ps 33.4-5, 18-19, 20+22 (*R.* 22)

R. Let your love be upon on us, Lord, even as we hope in you.

2nd Reading: Hebrews 4.14-16

Let us approach the throne of grace with boldness.

Gospel: Mark 10.35-45

The Son of Man came to give his life as a ransom for all.

WHAT DO YOU WISH?

We go to Jesus all the time, asking, pleading, wanting. We ask to be healthy; we plead to be safe; we want this, that, and the other for ourselves and for those we love. In our going to him, Jesus asks: "What do you wish me to do for you?" Then he listens. Sometimes our asking is right on. Sometimes it is pushy, overly ambitious, seeking top-dog status. Then Jesus says, do not be a bad king or queen; instead, act like a slave, be a servant. Grasping the cross is the way to the Kingdom of God.

† What honor or prestige do I want that I really do not need?

† When next I ask Jesus for what I wish, what needs of others will I also add to the list?

† How will I serve and when will I serve others this week?

kind hearts and empty bottles

BOTTLE DRIVE

Mark your calendars **October 16th and 17th** C.W.L. bottle drive.

Call on neighbors & friends who would like to help us.

In need of your kind hearts and empty bottles.

See you all in the church parking lot.

God Bless you.

Holy Family Parish

Catholic Women's League.



Reminder to all Knights of Columbus members, if your personal information has changed, please notify your Financial Secretary Patrick Ries.

That is if your phone number has changed, perhaps you have abandoned your land line, perhaps you have added a cell phone, perhaps you have moved, and your address has changed. It is also important to notify us if you have added an email or perhaps your email address has changed. You can contact me at 403-527-8915 or email pjries@memlane.com. Thank you for your cooperation and please pray for an end to our pandemic, pray for those who are struggling, and pray that our parishioners return to our church.

Vivat Jesus, Patrick Ries, FS



Mrs. Smith got quite accustomed to watching livestream Mass from home.

St. Patrick's Church

CWL is holding their annual Clothing Sale:

Thursday October 21 to
Saturday October 23.

Donations can be dropped off at church hall on Wednesday, October 20. Thank you for your support.



TMIY
THAT MAN IS YOU
BECOMING A MAN AFTER GOD'S OWN HEART

October 23, 2021

8:30 – 9:30 am

Holy Family Parish
Hall

Theme

The Overflow of
Satan

Presenter

Fr. Dave Pivonka

HOLY FAMILY PARISH CWL FALL TAKE HOME SAUSAGE & PEROGI SUPPER

\$15.00/serving

SUNDAY NOVEMBER 7, 2021

4:00 – 7:00 PM PICK UP AT CHURCH HALL

TICKET SALES BEFORE & AFTER MASSES

OCTOBER 16TH & 17TH

OCTOBER 23RD & 24TH

OCTOBER 30TH & 31ST



JOB POSTING for

Sacrament Preparation Coordinator (Part-time)

Holy Family Parish & St. Patrick's Church, Medicine Hat



ROMAN CATHOLIC
DIOCESE
of Calgary

To learn more about this position and to apply go to...

https://www.catholicyc.ca/uploads/6/5/5/7/65570685/sacrament_preparation_coordinator_st._pats_holy_family_sept_2021.pdf

OVERVIEW

The Sacrament Preparation Coordinator is called to share in the Church's teaching on the Sacraments of Baptism, First Reconciliation, First Eucharist, and Confirmation. The Coordinator is responsible to ensure that all necessary requirements have been carefully minded and arranged for all individuals and families preparing to celebrate one of the aforementioned Sacraments at St. Patrick's and Holy Family.



1st Reconciliation Classes

***CHANGE of SCHEDULE

Sessions for both children and parents will be offered on Thursdays only. There will be NO sessions offered on Saturday due to pandemic restrictions.

October

Session 2 – Thursday October 28th
Holy Family Parish Hall 6:30pm –

7:30pm

Parent Meeting – Thursday October 28th 6:30pm Holy Family Parish sanctuary

Confirmation

Parent Meeting/Registration –

Thursday October 14th 6:30pm – 7:30pm at Holy Family Parish Hall **OR**

Saturday October 16th 10:30am-11:30am at St. Patrick's Church Hall.

PLEASE bring a copy of your child's baptism and 1st Communion Certificates. If your child was born out of the country we also require copy of their Canadian Residency card. A fee of \$15.00 is requested as a donation to help pay for resources however not mandatory. A schedule will be handed out with a brief presentation of the program we will be using.

MASKS ARE MANDATORY.

ATTENTION: ALL PASTORAL CARE VOLUNTEERS

If you have one of these bags, please bring into office so it can be updated with the latest from the Calgary Diocese.



Workshop: Eucharistic Transformation Workshop for *all* Lay Ministers Nov 8-10



The heart of eucharistic celebration is the mystery of Christ, commonly summed up as the Paschal Mystery. That mystery flows out from the hidden mystery of God's saving plan of redeeming love fully revealed and enacted in the person and mission of Christ. His mission to announce and spread that love is entrusted to us in turn. Liturgical celebration of the Paschal Mystery is formative, it is "the cradle of the three attitudes that generate a Eucharistic culture, for it impels us to express in our way of life and our thinking the grace of Christ who gave of himself to the full" (Pope Francis).

All lay volunteers of the Diocese of Calgary are invited to the National Liturgy Webinar to be spiritually nourished for service during this period of the fourth wave of the pandemic. We will look at ritual actions and symbols, along with select texts, for gathering, listening, presenting gifts, sharing bread and wine, and being sent on mission. We will trace themes of what we bring and offer, and of finding our life stories within our master story. That story calls us to be a living sacrifice of praise, to do what Jesus commanded at the Last Supper, to join him in saying and living his Amen to God and to the world. **When: Monday to Wednesday, Nov. 8 - 10, 2021 (11 to 1 pm MT). Speaker: [Fr. Gilbert Ostdiek, OFM](#)**

- [Participants can register through Zoom.](#) Registrations are manually approved. Please allow 1-2 business days for confirmation. There is no cost for registration.
- For more information, [click here](#)



29th Sunday in Ordinary Time – Year B

Sunday, October 17, 2021

THROUGH HIS SUFFERING...

St. Paul says “No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it” which is a beautiful reminder that our sufferings are the end of our relationship with the Lord. What is our response as Christians to suffering? Why is there suffering when Lord loves us so much? Why did Jesus suffer when he is Son of God? Why do good people suffer when there is no deceit found in them? What causes suffering in our lives? There are so many other questions we hear everyday. I guess most of the time our life runs around with too many whys and most of the time we find no answer to these “whys”.

In facing life’s great ‘whys?’, we have two paths: either stay and wistfully contemplate past and present sepulchres or allow Jesus to approach our sepulchres. Yes, because each one of us already has a small sepulchre, some area that has somewhat died within our hearts; a wound, a wrongdoing endured or inflicted, an unrelenting resentment, a regret that keeps coming back, a sin we cannot overcome. Today, let us identify these little sepulchres that we have inside, and let us invite Jesus into them. It is curious, but we often prefer to be alone in the dark caves within us rather than invite Christ inside them. We are tempted to always seek solutions for ourselves, brooding and sinking into anguish, licking our wounds, instead of going to him, who says, “Come to me, all who labour and are heavy laden, and I will give you rest”, (Mt 11:28). Let us not be held captive by the temptation to remain alone and discouraged, crying about what is happening to us. Let us not give in to the useless and inconclusive logic of fear, resignedly repeating that everything is going badly, and nothing is as it once was. This is the sepulchral atmosphere. The Lord instead wishes to open the path of life, that of encounter with him, of trust in him, of the resurrection of the heart, the way of: “Arise, Arise, come out”. This is what the Lord asks of us, and he is by our side to do so. However sometimes we fail to recognize that through his suffering we have been saved “Cast all your anxiety on him, because he cares for you” as St. Peter says. Once a man went to his barber’s shop. Barber and man often used to talk about various topics like politics, sports etc. Today, they started to talk about existence of God. Barber said, “I don’t believe in God’s existence.” Man asked, “Why?” Barber said, “Just look down the street and you will understand that there is no God. There are so many people who are ill. So many orphan

kids, helpless old people, war going on and so on. There is so much pain and suffering. You tell me if God was there, then there would be so much wrong happening in the world. Barber continued, "I can't believe in existence of such God who would allow all such things in this world. Tell me where God is?" Man thought for a moment but then kept quiet to stop continuing the debate of this topic. Barber completed his work and man left from shop.

After walking a short distance, man stopped. After a while he saw a poor middle-aged man with big beard and mustache. It seemed like that man hadn't bathed or washed for long time. Man immediately went to barber's shop. He went inside and spoke. "You know, there are no barbers in this world!" Barber laughed and said, "how can you say so, I am here, standing in front of you!" Man said, "No, there are no barbers because if it was so..."

Just at that time, that middle aged man walked by barber's shop. Man pointed toward him and said, "you see that man and his long beard and mustache. How is that possible if there are barbers?" Barber replied, "Brother, there are barbers but there are many people who don't come to barber." Just then man said, "absolutely right, similarly God exist but people don't go to God. They don't believe him or trust him, that's why there is so much pain and suffering in this world".

There are two questions that have often left people confused and bewildered. One is, why does God allow bad things happen to good people; and the second is, why does God allow good things happen to bad people. We are often confused to why it seems that good things are always happening to godless people, but on the other hand, bad things are always happening to godly people. Let me try and give you an answer to those questions. As for the reason why, God allows good things to happen to bad people, the explanation is in one word, the word mercy. There is no other way to explain it. God is a merciful God. Jesus said, "He makes His sun to rise on the evil and on the good and send rain on the just and on the unjust" (Matt 5:45). The same concept of mercy we can see in the First Reading as we reflect on the Song of the Suffering Servant; **"It** was the will of the Lord to crush him with pain". Does it make any sense to us that God himself allowing his Son to suffer? Is suffering end of our life or relationships? Jesus did suffer and died only to give us eternal life and that life change us to see him as he is as we read in the Letter to Hebrews. Through his suffering we have been saved for eternity because he bore our iniquities onto him.

As for the question, why does God allow bad things to happen to good people, the answer is in the word ministry. St. Peter tells us that God has a ministry in our suffering. He says, "And after you have suffered for a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, support, strengthen, and establish you. To him be the power forever and ever. Amen" (1 Peter 5:10-11).

Many years ago the Rev. A.J. Gordon was pastor of a church in Boston. One day he set a battered old bird cage on the pulpit and proceeded to use it for a never-to-be-forgotten object lesson.

The pastor explained how he met a little boy carrying several little birds in that rusty cage.

"Son, where did you get those birds?"

"I trapped them out in the field," the boy answered.

"What are you going to do with them?" the preacher asked.

"I'm going to take them home and play with them."

"What will you do with them when you get through playing with them?" Rev. Gordon asked.

"Oh," said the boy, "I guess I'll just feed them to an old cat we have around the house."

Gordon asked the boy how much he would take for the birds?

"Mister, you don't want these birds. They're just little old field birds and they can't sing very well."

"I'll give you \$2 for the cage and the birds," the churchman offered.

"All right," said the boy, "It's a deal, but you're making a bad mistake."

The exchange was made, and the boy went whistling down the street, happy because he had \$2 in his pocket. Gordon took the cage out behind his church, opened the cage door, and let the birds fly out. They went soaring into the blue, singing as they went.

That Sunday, with cage in hand, Rev. Gordon illustrated by analogy a typical dialogue between Jesus Christ and Satan. One day at the dawn of civilization Satan set a trap in the Garden of Eden. Adam and Eve fell for it - they sinned, and they were entrapped in Satan's cage.

One day Jesus asked, "What are you going to do with all the human race in that cage?"

"I'm going to tease them, have fun with them and make them think this is all they can hope for," said Satan.

"What will you do then?" asked Jesus.

"I'll torment them in hell forever," said Satan.

Jesus then asked Satan how much he wanted for those trapped human beings.

"Oh, you don't want them. They're dirty, cruel, and uncaring. They will curse you, spit on you and drive spikes into your body," Satan responded.

"Never mind. How much?"

"All your heart and all your blood - your very life in exchange," Satan said.

And Jesus paid it all at the cross for you and me. He redeemed us with his blood.

The door to the cage is now open for all men. But the rest of the story lies within each person, for each must now choose whether to stay in the cage and be forever lost or be set free.

This is the exact lesson we get from today's Gospel where disciples are confused with the concept of power and high rank but Jesus on the other hand is giving them lifelong lesson to be ready to die for other. There is very interesting movie called "Quo Vadis" (1951) which means "where are you going". This movie is about the persecution of Christians in Jerusalem and St. Peter is leaving the city during suffering and Jesus meets with St. Peter and St. Peter asks him "Quo Vadis? and Jesus answers him back saying "I am going back to Jerusalem to suffer again for my people.

The opportunity is given to him by the brothers James and John, two of the very first whom Jesus met and called to follow him. By now they have gone quite a long way with him and in fact belong to the group of the 12 Apostles. Therefore, while they are on their way to Jerusalem — where the disciples anxiously hope that on the occasion of the celebration of Passover, Jesus will at last establish the Kingdom of God — the two brothers take courage, approach the Teacher and make their request: "Grant us to sit, one at your right hand and one at your left, in your glory".

Jesus knows that James and John are inspired by great enthusiasm for him and for the cause of the Kingdom, but he also knows that their expectations and their zeal are tarnished by the spirit of the world. Thus, he responds: "You do not know what your are asking". And as they are speaking of 'thrones of glory' on which to sit beside Christ the King, he speaks of a "cup" to be

drunk, of a “baptism” to be received, that is, his passion and death. James and John, always aiming at the hoped-for privilege, say in an outburst: yes, “we are able”! But here too, they do not truly understand what they are saying. Jesus forewarns that they will drink his cup and receive his baptism, that is, that they too, like the other Apostles, will take part in his cross, when their time comes. However, Jesus concludes: “to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared”.

Jesus suffered and became obedient to the death and death on the Cross but taught us a lesson that we should not be lost in the worldly mentality of suffering which is being considered the end of everything but have the mind of God that our suffering brings us closer to God. It is easy to say, “why me Lord when we suffer but difficult to say thank you Lord for all your blessings”.

Once a group of friends who were now highly established in their work decided to meet one of their professors from university. So, one day they all went together to visit their old university professor. When they met the professor, they all started to share about their life and work but soon all this turned into complaints and stress in life and work. After a while the professor went into kitchen to bring coffee for the guests. He returned with a large pot of coffee and a variety of cups-made of different materials. After he placed the coffee pot and cups on table, he told his students to help themselves to the coffee.

After all the students had a cup of coffee in their hands. The professor said “if you all noticed, you can see that all the expensive looking cups are taken away leaving the plain or cheap ones on table. Its’ normal for all of you to want the best for yourselves but what you are not able to

see is that is the source of all your problems and stress.”

He continued “you all know that the cup itself adds no quality to the taste of coffee. What you all wanted was just coffee to drink not the cup but still consciously you all went for the best cups and then you began to eye each other’s cups”.

Let’s focus our eyes on him by whose suffering have been saved.



Photo by Fr. Iqbal Khurshid

29th Sunday of Ordinary Time



Visit the [Diocesan Event Calendar](#)

Follow us on Social Media

[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:

[Vatican News](#) | [The Sunday Website](#) | [Sunday Connection](#) | [CCCB Reflection \(new link\)](#)

Daily and Sunday Mass Prayers & Readings: [CCCB Daily Readings](#) (pick the desired date)

Full schedule of Parish Livestream Masses: <https://www.catholicyy.ca> | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#)

COVID-19 Resources

- [Sacraments & Liturgies](#)
- [Spiritual Resources](#)
- [Sacrament Preparation](#) (First Reconciliation, First Communion, Confirmation)
- [Online Formation Opportunity](#)

Children Resources for the 29th Sunday in Ordinary Time

- [Gospel Reflection](#): Jesus came to teach us about God's love and forgiveness and to save us from sin. He gave up his life so that we would have life forever in heaven with God. He shows us how to be a Christian leader by being helpful and loving to others. (Loyola Press)
 - [Kid's Bulletin for this Sunday](#)
 - [Colouring page this Sunday](#): Invite the children to colour in the accompanying illustration and to write in some of the bricks how they will help others during the coming week.
 - [Sunday Connection for 28th Sunday in Ordinary Time](#) (Gr. 1-8)
- Video: Studio 3:16 | [The First Shall Be Last](#) - Comedy for kids

Children's Sunday Liturgy for the 29th Sunday in Ordinary Time

- [Children's Liturgy weekly leaflet for leaders or parents](#) by CAFOD, with gospel reflection, intercession & activity suggestions) | [Illustration](#)
- [Children's Liturgy at home for leaders or parents](#) - by Catholic Children's Liturgy
- [Children's Liturgy of the Word with Miss Heidi](#) (Catholic TV)
- Does your parish have online Sunday program for children? If so, please share it with communications@calgarydiocese.ca

World Mission Sunday - Oct. 24

At the initiative of Pope Pius XI in 1926, the second last Sunday during October became known as World Mission Sunday. Catholics throughout the world are invited to pray for and give to the missions. The collection this Sunday is organized by the Pontifical Missions Society. The funds collected assist some 1,250 mission dioceses under the responsibility of the Congregation for the Evangelization of Peoples. As agreed by the Holy See and the Bishops of Canada, a portion of the Canadian contributions to this collection will continue to be used until 2020 to assist six dioceses in Northern Canada which for many years had also been under the jurisdiction of the Congregation.



On the day of the collection (weekend of Oct. 23/24, 30th Sunday of Ordinary Time), an appropriate petition may be added in the Prayer of the Faithful. The Mass for the Evangelization for Peoples may be celebrated on this Sunday (Roman Missal, pp. 1268-1270 and Lectionary: Ritual Masses, Masses for Various Needs and Occasions, Votive Masses, Masses for the Dead, pp. 482-496 (nos. 872-876).

- [Message from Pope Francis](#) | [Message from National Director](#)
- [Sunday reflection for Oct. 17 & Oct. 24](#)
- Download [Poster](#) | [Prayer Card](#)



What can your donations do to help the Missions of Jesus to the whole world? Watch video message from the Society for the Propagation of the Faith: <https://youtu.be/hQKLvmARQJU>

Missionary Discipleship

Challenge for humanity and for the mission of the Church – October 2021

In October, the month during which the synodal process begins and World Mission Day is celebrated, the Holy Father explores in depth the evangelizing nature of the church and calls us all to be precisely missionary disciples.

This mission, to which all the baptized are called, is centered above all on being “available to answer His call and to live united to the Lord in the most common daily things—work, meeting other people, our daily duties, the chance events of each day—allowing ourselves to be guided always by the Holy Spirit.”

Being a missionary means seeking out and fostering personal, face-to-face encounters, person to person. In the book-interview “Without Him We Can Do Nothing: a Conversation about Being Missionaries in Today’s World,” which documents a conversation between Pope Francis and Italian journalist Gianni Valente, the Holy Father says clearly that “the Church grows by attraction and by witness.” It’s a matter of living near to Jesus, encountering others: “If you have been attracted by Christ, if you move and do things because you are attracted by Christ, others will notice it without effort. There is no need to prove it, let alone flaunt it.” It’s about incarnating the Gospel in daily life, being a fire that ignites another fire.

Pope’s Intention for October 2021

Please pray the Pope's intention for October 2021: *We pray that every baptized person may be engaged in **evangelization**, available to the mission, by being witnesses of a life that has the flavour of the Gospel.* - Pope Francis – October 2021

*“Jesus asks us all, and you as well,
to be missionary disciples.”*

WHAT DOES THIS MEAN?



Being available to
answer the Lord's
call.

Living united to
Christ in daily
things.

Bearing witness
with our life to
knowing Jesus.

Being aware that
the Church grows
through attraction
and testimony.

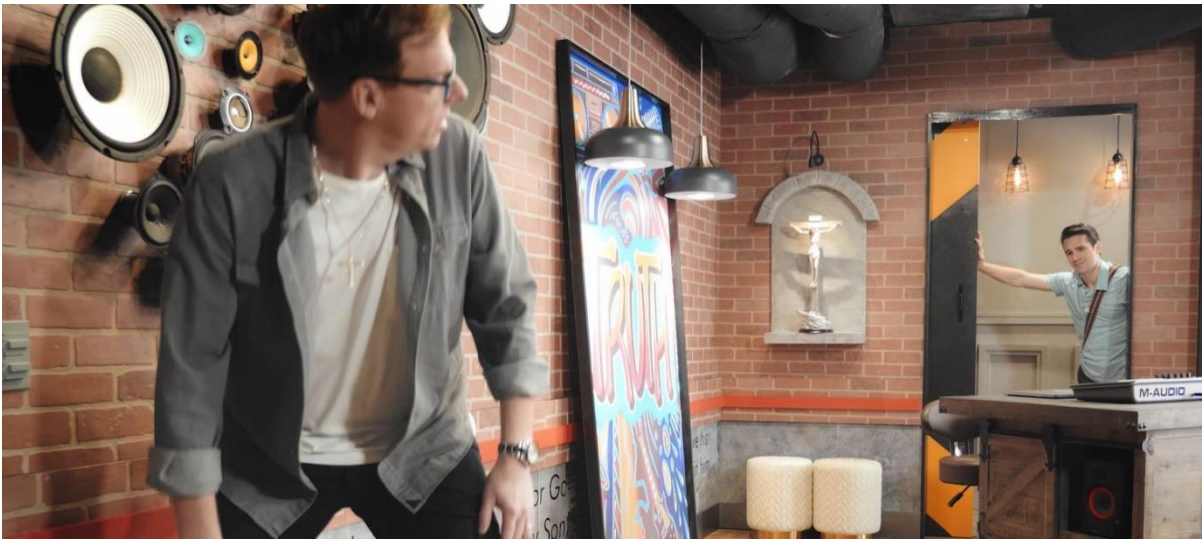


MISSIONARY DISCIPLES

“Let us pray that every baptized person may be engaged in evangelization, available to the mission, by being witnesses of a life that has the flavor of the Gospel.”

- Pope Francis -

NEW! Studio 3:16 – Comedy for Kids



It isn't easy leading your family on a virtuous path. There's an ongoing battle being waged to win the hearts and minds of our kids. Finding wholesome entertainment is hard, but not impossible.

Introduce your family, school or parish to [Studio 3:16](#) and spread the fun in learning about God. Kids and families will laugh and sing along with Shevin – a high-spirited yet misguided Christian recording artist – and follow his journey each episode to understand the Gospel.

New episodes every Wednesday! Prepare for the Gospel this Sunday with this fun episode: [The First Shall Be Last](#)

Worth Sharing

1. Resources for children: 29th Sunday in Ordinary Time

- [Gospel](#) Reflection: Jesus came to teach us about God's love and forgiveness and to save us from sin. He gave up his life so that we would have life forever in heaven with God. He shows us how to be a Christian leader by being helpful and loving to others.

(Loyola Press)

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2. [Colouring page this Sunday](#): Invite the children to colour in the accompanying illustration and to write in some of the bricks how they will help others during the coming week.
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- Children's Sunday Liturgy for the 29th Sunday in Ordinary Time

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3. [Children's Liturgy of the Word with Miss Heidi](#) (Catholic TV)
4. Does your parish have online Sunday program for children? If so, please share it with communications@calgarydiocese.ca

2. **Living with the poor like Jesus: The example of Fr Júlio Lancellotti** - Wearing a white lab coat and an apron of St. Dulce of the Poor, of whom he is a devotee, Father Júlio says that his mission to the poorest of the poor in São Paulo started when he was a child. Alongside the poor, as Christ teaches. This is what Father Júlio Lancellotti recalls from his phone call with Pope Francis last year. It's a mission reflected in the routine of the priest who each day welcomes – in his heart and at the "Centro São Martinho" in Sao Paulo, Brazil – hundreds of people who live on the streets of the largest city in the Latin American country. [Read more](#)
3. **Franciscan Nun Sister Gloria Narvaez is free** - Jubilation has greeted the announcement that Colombian born Franciscan Nun Sister Gloria Narvaez is free, finally ending an ordeal sustained by her immense courage, faith and fortitude. She was greeted by Pope Francis on Sunday morning at the Mass celebrated for the start of the Synodal process. Sister Gloria, who's a missionary, was abducted by Jihadi gunmen, on February 7, 2017 at Koutiala, close to the border with Burkina Faso, 400 kms from the Capital of Mali. She was held for four years and eight months in captivity. [Read more](#)
4. **Archbishop Roche: Vatican II's reform of the Mass is 'irreversible'** - Archbishop Arthur Roche, Prefect of the Congregation for Divine Worship, has said Vatican II is the guide for liturgical reform and has warned against "ideologies". The leader of the Holy See's divine worship office said the task for the Church's liturgists is implementing the reforms of the Second Vatican Council and avoiding ecclesiastical ideologies. [Read more](#)
5. **Prayer to St. Luke for those going into surgery** - Tradition has labeled St. Luke the Evangelist (Feast day: Oct. 18) as a Greek physician, in addition to being the writer of a Gospel and the Book of Acts. For this reason, St. Luke is frequently called upon by doctors and physicians and those about to undergo surgery. Here is a common prayer to the patron saint of surgeons, asking that the doctors will be able to "cure the ills of both body and spirit." [Read more](#)
6. **Who is St. Paul of the Cross?** - Born in northern Italy in 1694, Paul Daneo (Feast Day: Oct. 19) lived at a time when many regarded Jesus as a great moral teacher but no more. After a

brief time as a soldier, he turned to solitary prayer, developing a devotion to Christ's passion. St. Paul of the Cross' devotion to Christ's passion must have seemed eccentric if not bizarre to many people. Yet it was that devotion that nurtured Paul's compassion and supported a preaching ministry that touched the hearts of many listeners. [Read more](#)

7. **Let St. Margaret Mary Alacoque helps you develop self-confidence** - This week, we celebrate the feast day of St. Margaret Mary Alacoque (Feast Day: Oct. 20), who first popularized the devotion to the Sacred Heart of Jesus. Before her success, though, she didn't want to tell anyone about her new idea because she was convinced that it had no value. Under Claude de la Columbiere's guidance, Margaret Mary developed self-confidence and was set free to make her mark on the world. [Read more](#)
8. **St. John Paul II's prayer for the native peoples of Canada** - St. John Paul II (Feast Day: Oct. 22) visited Canada on multiple occasions, touring various locations and meeting with a wide variety of groups. When visiting Fort Simpson, John Paul II affirmed the dignity of Indigenous peoples in Canada and prayed for them. [Read more](#)
9. **10 ways to honour Our Lady of the Rosary in October** - In preparation for the feast of Our Lady of the Rosary (Oct. 7), here are 10 ways you can more closely align your life and home to the Rosary. Perhaps some of these wonderful devotions will stick around your domestic church even after October is over. [Read more](#)
10. **Rosary Coast to Coast Canada 2021** - Please join the world in prayer, for world peace, by praying the Rosary Coast to Coast on October 10, 2021 (Sunday), at 1 pm MT. To get involved: become a prayer captain by organizing an event in your parish or neighbourhood, or light a candle and pray the Rosary at home, organize a prayer cenacle at 1 pm MT, united with the rest of the world. For more information, visit rosarycoasttocoast.ca for more information. [Download poster](#)
11. **Confession resources** - Here are some resources that might help individuals and family in your community when you promote your parish confession schedule:
 - o [Diocesan printable Confession card for children](#) (includes examination of conscience, step-by-step and simple act of contrition)
 - o [Printable examination of conscience for children](#)
 - o Goodconfession.com
 - o [In depth examination of conscience](#)
 - o [Printable guide to Confession for adults](#) (provided by Knights of Columbus)
 - o Video: [Making a good confession \(Fr. Mike Schmitz\)](#)
 - o Video: [Bringing the same sins to confession? Try this](#)



FCJ RETREAT & CONFERENCE CENTRE

A corporate ministry of the Sisters Faithful Companions of Jesus (FCJ) since 1980



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.