

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Facebook: Medicine Hat Holy Family Parish

Reconciliation: By Appointment Only 403-527-6933 ext. 101
Office Hrs. Monday to Friday - 8:30am - 12:00pm & 1:00pm to 4:30pm - Closed on Holidays.

Reconciliation... Friday 9:30am-10:30am. & Saturday 3:30-4:45pm. Or by Appointment THE CHAPEL IS OPEN
MONDAY - FRIDAY 9:30am - 4:00pm
ADORATION FRIDAY 9:30 - 10:30am

MASS TIMES... MONDAY to FRIDAY at 9:00AM
FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM
SUNDAY at 8:30AM, 10:30AM & 6:00PM



Catholic Women's League

Marjorie Bowlby marjoriembowlby@gmail.com

Knights of Columbus

Kirby Peterson ktlpete@shaw.ca

Parish Pastoral Council – Chair Gary Heinbecker, <u>heinbecker@telus.net</u> Parish Finance Committee – Chair Cheryl Pocsik, <u>gpocsik@shaw.ca</u>

FORMED.org

LOG IN WWW.FORMED.ORG

- · Go to Formed.org
- Enter our PARISH CODE: **GPQWK7**Create a personal account with your personal username/email and password.
- Start enjoying the best Catholic content all in one place!

IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!

Sunday 10:30am Mass

Medicine Hat Holy Family Church

Live Stream

https://www.youtube.com/channel/U CG6zK-XzuXdDHj79rV6ut Q



We acknowledge that Treaty 7 territory, on which we stand, is the ancestral land of the Indigenous peoples and is common home to everyone in virtue of God our Creator's gracious gift.

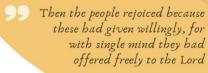
Listen to Mass on your phone...

Download the "Audio Fetch" app.

Our Network is: HFP_LIVE

The Password is: Liv3HFP*

E-Transfer Donations accounting@holyfamilymh.ca



1 CHRONICLES 29:9



1.4 MILLION of the Diocesan goal will financially support the approved

diocesan ministries, partner organizations,



OPERATING FINANCES					
September 1-30, 2021					
Operating Budget 2021	\$ 55,019				
General Envelope Collection	\$ 35,987				
Loose Collections	\$ 867				
Future Development	\$ 3,683				
Sale of Church Supplies & Other	\$ 4,837				
Other Ministries	\$ 440				
Government Subsidy	\$ 1,528				
Budget Vs Actual	-\$ 7,677				
SPECIAL COLLECTIONS					
Together in Action (TIA)	\$ 3,540				
Clergy Retirement	\$ 25				
St Vincent de Paul	\$ 3,866				
Seminarian Fund	\$ 55				
Mission Mexico	\$ 225				
CARO	\$ 35				
Needs of the Cdn. Church	\$ 712				
World Missions	\$ 50				
Thank You for your Generous C	ontributions				

OUR PARISH GOAL

\$ 49,657

Everything raised **OVER** our parish goal will go to support*:

Mustard Seed Medicine Hat Food Bank & Society of St. Vincent de Paul

TO DATE \$ *29,899.40* = 60%

† Masses Intentions † October 9 - 15, 2021 Saturday, October 9 5:00pm - Victoria Deis † Sunday, October 10 8:30 am - Holy Family Parish 10:30am - Michael Schmaltz † 6:00pm - Lucia Pimentel † Monday, October 11 9:00am - Don Cross † Tuesday, October 12 9:00am - Victoria Deis † Wednesday, October 13 9:00am - Bruce Volk † Thursday, October 14 9:00am - Olije Wakdok † Friday, October 15 9:00am - Brooks Catholic Education - 25Years

1st Reading: Wisdom 7.7-11

I accounted wealth as nothing in comparison to wisdom.

Responsorial Psalm: Ps 90.12-13, 14-15, 16-17 (2.14)

 \mathcal{R} Fill us with your love, O Lord, that we may rejoice and be glad.

2nd Reading: Hebrews 4.12-13

The word of God can judge the thoughts and intentions of the heart.

Gospel: Mark 10.17-30

What God has joined together, let no man separate.

LIVING FOR ETERNAL LIFE

Let us put ourselves into the gospel story today. All of us want to "inherit eternal life." All of us strive to do what God commands, to do what is right and just. All of us strive to not let the things we have possess us. But it is hard going — impossible without reliance on God. This eternal life for which we long, this Kingdom of God in which we live now, is begun already in us and is fulfilled in completeness when we see God face-to-face forever.

- † What gets in my way of gaining eternal life things, attitudes, behaviors?
- † What mercy work will I do that lets me share what I have with someone in need?
- † How will I follow Jesus more closely this week?

kind hearts and empty bottles BOTTLE DRIVE

Mark your calendars **October 16th and 17th** C.W.L. bottle drive.

Call on neighbors & friends who would like to help us.

In need of your kind hearts and empty bottles.

See you all in the church parking lot

God Bless you.

Holy Family Parish

Catholic Women's League.



Happy Thanksgiving

Remembering the Goodness of God

Vincentian Corner

The Society of St. Vincent de Paul assists people in need right here in our own community and surrounding area.

From July 1 – August 31, we were able to help in 45 different situations where people called in for assistance. The ways in which we were able to help were varied: security deposit, rent, medication, moving expenses, transportation to name just a few of the most requested types of assistance.

We spent an average of just over \$600 per person/family assisted.

The gratitude expressed by those receiving help was overwhelming. The volunteers working for 'St. Vincent de Paul' wanted to share this with you because you make it all possible through your generosity. We are blessed!

Thank you and may God bless you!





Fr. Dave Pivonka

St. Patrick's Church

CWL is holding their annual Clothing Sale: Thursday October 21 to Saturday October 23.

Donations can be dropped off at church hall on Wednesday, October 20. Thank you for your support.



Reminder to all Knights of Columbus members, if your personal information has changed, please notify your Financial Secretary Patrick Ries.

That is if your phone number has changed, perhaps you have abandoned your land line, perhaps you have added a cell phone, perhaps you have moved, and your address has changed. It is also important to notify us if you have added an email or perhaps your email address has changed. You can contact me at 403-527-8915 or email piries@memlane.com

Thank you for your cooperation and please pray for an end to our pandemic, pray for those who are struggling, and pray that our parishioners return to our church.

Vivat Jesus, Patrick Ries, FS

JOB POSTING for



To learn more about this position and to apply go to...

https://www.catholicyyc.ca/uploads/6/5/5/7/65570685/sacrament preparation coordinator st. pats holy family sept 2021.pdf

OVERVIEW

The Sacrament Preparation Coordinator is called to share in the Church's teaching on the Sacraments of Baptism, First Reconciliation, First Eucharist, and Confirmation. The Coordinator is responsible to ensure that all necessary requirements have been carefully minded and arranged for all individuals and families preparing to celebrate one of the aforementioned Sacraments at St. Patrick's and Holy Family.



1st Reconciliation Classes

ROMAN CATHOLIC

DIOCESE

of Calgary

***CHANGE of SCHEDULE
Sessions for both children and
parents will be offered on Thursdays
only. There will be NO sessions
offered on Saturday due to
pandemic restrictions.

<u>October</u>

Session 2 – Thursday October 28th Holy Family Parish Hall 6:30pm –

7:30pm

Parent Meeting – Thursday October 28th 6:30pm Holy Family Parish sanctuary

Confirmation

Parent Meeting/Registration -

Thursday October 14th 6:30pm – 7:30pm at Holy Family Parish Hall <u>OR</u> Saturday October 16th 10:30am-11:30am at St. Patrick's Church Hall.

PLEASE bring a copy of your child's baptism and 1st Communion Certificates. If your child was born out of the country we also require copy of their Canadian Residency card. A fee of \$15.00 is requested as a donation to help pay for resources however not mandatory. A schedule will be handed out with a brief presentation of the program we will be using.

MASKS ARE MANDITORY.

ATTENTION: ALL PASTORAL CARE VOLUNTEERS

If you have one of these bags, please bring into office so it can be updated with the latest from the Calgary Diocese.







COVID-19 INFORMATION

MASKS ARE NOW MANDATORY

To help bend the curve and save lives, wearing a mask is now mandatory in all indoor public spaces and workplaces across Alberta.

Whether you're inside or outdoors, wearing a non-medical mask is an effective way to protect yourself and others when physical distancing may not be possible.

catholicyyc.ca/blog/covid

alberta.ca/covid19





28th Sunday in Ordinary Time – Year B

Sunday, October 10, 2021

DIVINE WISDOM FOR ETERNAL LIFE

"Fear of the Lord is the beginning of wisdom" ... a famous scripture reference which opens the wide horizon of wisdom and knowledge. Throughout human history there is always two types of wisdom: one human and second divine. These two go hand in hand to make the person to understand his and divine existence in a profound way. However Divine Wisdom takes the first place to prepare us to be grateful for all the blessings. This Sunday we celebrate Thanksgiving Day as a reminder to ourselves to sing with the Blessed Virgin Mary "My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has looked with favor on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name".

There was a person coming to a new village, relocating, and he was wondering if he would like it there. He went to the Zen master and asked: do you think I will like it in this village? Are the people nice?

The master asked back: How were the people at the town where you came from? "They were nasty and greedy, they were angry and lived for cheating and stealing," said the newcomer. Those are exactly the type of people we have in this village, said the master.

Another newcomer to the village visited the master and asked the same question, to which the master asked: How were the people in the town where you come from? "They were sweet and lived in harmony, they cared for one another and for the land, they respected each other, and they were seekers of spirit," he replied. "Those are exactly the type of people we have in this village, said the master.

The time Covid-19 pandemic crisis started, the whole world got into panic and still is. The pandemic has woken the whole humanity and people have learned some very important lessons of life. There is so much confusion created by the information and misinformation that people are finding it hard to understand which way to go. This has created so much disunity and division in the society that people have started becoming aggressive against each other and no respect

and love is left there. However, we must understand the words of St. Francis of Assisi that "The darkness of the whole world can not extinguish the light of the single candle". We do need human wisdom and knowledge to progress in the society, but we can not ignore the divine wisdom to gain eternal life.

In the First Reading which is taken from the Book of Wisdom we are invited to reflect on the wisdom which comes from the Lord "I prayed, and understanding was given to me; I called on God, and the spirit of wisdom came to me". There is no comparison of wisdom with any throne or treasure. The wisdom not only opens new horizons but it also lumens one's inner self. Once I asked; "When was the first time the name of God is called "God" and why was there a tree of knowledge in the center of the garden?" and my answer to the question was "So by essentially placing the Tree of Knowledge of Good and Evil in the Garden of Eden and commanding Man to NOT eat from the tree, God was providing Man with the choices of good and evil. God has created us with free will to choose between good and evil. Through this Man had the chance to Love God by obeying Him or rebel against God by disobeying Him". The divine wisdom connects us with our Creator.

A wise woman who was traveling in the mountains found a precious stone in a stream. The next day she met another traveler who was hungry, and the wise woman opened her bag to share her food. The hungry traveler saw the precious stone and asked the woman to give it to him. She did so without hesitation. The traveler left, rejoicing in his good fortune. He knew the stone was worth enough to give him security for a lifetime. But a few days later he came back to return the stone to the wise woman.

"I've been thinking," he said, "I know how valuable the stone is, but I give it back in the hope that you can give me something even more precious. Give me what you have within you that enabled you to give me something more precious. Give me what you have within you that enabled you to give me the stone.

What do we ask of the Lord to give us during this week? The best way to gain the divine wisdom is the Word of God as we read in the Second Reading "The word of God is living and active, sharper than any two-edged sword, piercing until it divides soul from spirit, joints from marrow, it is able to judge the thoughts and intentions of the heart". Let's open BIBLE everyday because "Basic Instructions Before Leaving Earth" and then why not to go with the divine wisdom to enjoy the company of the saints.

In the Gospel we see an encounter with Jesus and a young man desiring to learn more to attain eternal life. And in that question is the challenge of every life, ours too: the desire for a full, infinite life. What must we do to achieve it? What path must we take? To truly live, to live a noble life.... How many young people try to 'live' and destroy themselves by following things that are fleeting? Holy Father Pope Francis is awakening the young people by the reflecting the Gospel this way "Some think that it would be better to extinguish this impulse, the impulse to live because it is dangerous. I would like to say, especially to young people: our worst enemy is

not practical problems, no matter how serious and dramatic: life's greatest danger is a poor spirit of adaptation which is neither meekness nor humility, but mediocrity, cowardice. Is a mediocre young person a youth with a future or not? No! He or she remains there, will not grow, will not have success. Mediocrity or cowardice. Those young people who are afraid of everything: 'No, this is how I am...'. These young people will not move forward. Meekness, strength, and not cowardice, not mediocrity".

Blessed Pier Giorgio Frassati was a young man, used to say that one must live, not just get by. The mediocre just get by, living by their life force. One must ask the heavenly Father, for today's young people, for the gift of a healthy restlessness. But, at home, in your homes, in every family, when a young person is seen sitting idle all day, at times mom and dad wonder: "is he sick; is something wrong?", and they take him to the doctor. The life of young people is about moving forward, being restless, healthy restlessness, the capacity not to be content with a life without beauty, without colour. If young people are not hungry for an authentic life, I wonder, where will humanity end up? Where will humanity go with young people who are idle and not restless? The question of that man in the Gospel passage that we have heard is inside of each of us: how can we find life, life in abundance, happiness? Jesus answers: "You know the commandments" which are part of divine wisdom and cites part of the Ten Commandments. It is a pedagogical process, by which Jesus wishes to lead to an exact place; in fact, it is already clear, from that man's question, that he does not have a full life; he seeks more and is restless. Thus, what does he need to understand? He says: "Teacher, all these I have observed from my youth" I believe there is no access to divine wisdom unless there is an openness of heart and mind. Just like to the story below if we want to grow in divine wisdom to inherit eternal life.

Once upon a time, there was a giant oak tree in the middle of a city park. Its branches stretched out generously on every side so that the tree was a welcome haven for lots of creatures. Birds and squirrels nested high up in the forks of the tree. One morning, a small acorn in its hard leathery shell fell from the tree and plopped onto the carpet of grass beneath. It was a pretty, little acorn. Luckily the jays and pigeons did not notice it, because had they seen it, they most certainly would have devoured it.

The acorn was happy with life on the lush grass and wanted things to remain just as they were. The last thing it wanted—God forbid! —was to become an oak tree. It had heard frightening stories about oak trees that had been cut down by human beings or had been struck by nasty bolts of lightning. The little acorn settled comfortably on the grass, and in the days and weeks that followed, it sank slowly and snugly into the soil beneath.

Eventually, the water from rain and the warmth of the sun conspired together to transform the acorn into a small green shoot. One day, the shoot cautiously poked up through the grass. It was not happy with this new state of affairs; it had changed and become a new self against its will. "Well," it resolved, "I'm not growing any taller than this."

However, the park gardener took a liking to this fragile green sprout and started to nurture it. Each day he came by to see how it was doing, and he cleared away weeds so that the rays of the sun could shine directly on it. Before it knew what was happening, the shoot was on its way to becoming a sapling. It was devastated. Not only was life as an acorn irretrievably lost, but now it seemed that life as a shoot was gone forever as well. This really was out of order. It decided that enough was enough: it would not grow any leaves. But the park gardener was nothing if not persistent and continued to care assiduously for this tender young tree. He fastened it against a stake to help it withstand strong winds, and regularly pruned its branches. In early spring, the first buds appeared, and then the first leaves. The leaves were large and green, and tipped with bristles. On the underside their delicate veins were clearly visible.

The young oak tree decided that this would truly be the end of the road: it did not want any more change. With all its might, it forbade each leaf from changing color in the fall. But the gentle gardener had other plans. He continued to watch over the tree. He watered its roots when the weather was dry. He fertilized the ground beneath it. Over time, its leaves changed to a rich red. The small groups of people began to gather in the park to look at what had now become a giant tree. They gazed spellbound as its leaves blazed red against the evening sky in autumn.

The huge oak tree became a generous home for human beings, animals, and birds. Squirrels built their dens between its sturdy branches. Many kinds of birds, from woodpeckers to redtailed hawks, made their nests in it. New acorns grew and dropped from the tree to the lush grass beneath. Some were eaten by squirrels and blue jays. Others sank into the soil and began their own long journey to become future oak trees. The tree's dense crown provided a cool umbrella against the sun's glare in summer and the biting wind in winter. Yet the oak tree had still not come to terms with its lot.

But something happened one winter night that led to a ground-breaking change. An icy windstorm descended upon the park and wreaked havoc everywhere, badly damaging the huge oak tree as well. The next morning when the storm had passed, the gardener came by to check on the oak tree and saw that many of its branches were broken. He carefully cut them away and painstakingly applied soothing ointment to the tree. He placed heavy wooden planks around it and encircled the trunk in a wire mesh.

After working a long time on his knees at the base of the tree, the gardener paused for a moment. He turned his face upward. The giant oak tree looked down at his glowing face, a countenance that radiated wisdom and acceptance. At that moment, something changed for the oak tree. It was not a matter of becoming resigned to its fate or tolerating its lot; instead, it now recognized its life as a blessing. Its leaves rustled in the wind and even its majestic trunk swayed slightly as it breathed in a newfound serenity and uttered a wholehearted yes.

Do we have desire like the young man to inherit eternal life? I personally believe that the divine wisdom always opens our hearts to give thanks to the Lord for all his blessings. This weekend as we celebrate Thanksgiving Day, the God has given us the chance to choose from: I have in my hands two boxes, which God gave me to hold. He said, "Put all your sorrows in the black box,

And all your joys into the gold. "I heeded His words, and in the two boxes both my joys and sorrows I stored, but though the gold became heavier each day, the black was as light as before. With curiosity, I opened the black. I wanted to find out why, And I saw, in the base of the box, a hole which my sorrows had fallen out by. I showed the hole to God and mused, "I wonder where my sorrows could be?" He smiled a gentle smile and said, "My child, they're here with me." I asked God why He gave me the boxes, Why the gold and the black with the hole? "My child, the gold is for you to count your blessings. The black is for you to let go."

Let's ask the intercession of Blessed Virgin Mary to be grateful for everything and chose divine to inherit eternal life.

Happy Thanksgiving to all of you!



28th Sunday of Ordinary Time



Children Resources for the 28th Sunday in Ordinary Time

- Gospel Reflection: Jesus doesn't want to make it difficult for us to follow him, but he does want us to follow him with our whole heart. Sometimes this requires that we make changes in our lives to be Jesus' disciple. (Loyola Press)
 - o Kid's Bulletin for this Sunday
 - Colouring page this Sunday: Invite the children to colour and to count how many different types of sharing they can see in the picture.
 - Sunday Connection for 28th Sunday in Ordinary <u>Time</u> (Gr. 1-8)
- Children's Sunday Liturgy for the 28th Sunday in Ordinary
 Time
 - Children's Liturgy weekly leaflet for leaders or parents by CAFOD, with gospel reflection, intercession & activity suggestions) | Illustration
 - Children's Liturgy at home for leaders or parents by Catholic Children's Liturgy
 - Children's Liturgy of the Word with Miss Heidi (Catholic TV)
 - Does your parish have an online Sunday program for children? If so, please share it with <u>communications@calgarydiocese.ca</u>

Visit the Diocesan Event Calendar

Follow us on Social Media
Facebook | Instagram | Twitter

Weekly reflections can be found here:

<u>Vatican News | The Sunday Website</u> <u>Sunday Connection | CCCB Reflection</u> (new link)

Daily and Sunday Mass Prayers & Readings: CCCB Daily Readings (pick the desired date)

Full schedule of Parish Livestream Masses:

https://www.catholicyyc.ca | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit Salt+Light TV, Shalom World TV, EWTN and Vision TV

COVID-19 Resources

- Sacraments & Liturgies
- Spiritual Resources
- Sacrament Preparation (First Reconciliation, First Communion, Confirmation)
- Online Formation Opportunity

CANADIAN BISHOPS ELECT NEW EXECUTIVE

The Canadian Conference of Catholic Bishops (CCCB) held its biennial election to determine the new members the Executive Committee and Permanent Council. The Most Reverend Raymond Poisson, Bishop of Saint-Jérôme and of Mont-Laurier was elected the President, and our own bishop, Most Reverend William McGrattan, Bishop of Calgary, was elected the Vice President.

The incoming Executive Committee also includes two Co-Treasurers: from the French Sector, for a second term, the Most Reverend Pierre Goudreault, Bishop of Sainte-Anne-de-la-Pocatière, and from the English Sector, for a first term, the Most Reverend Gerard Bergie, Bishop of St. Catharines. The following Bishops were elected to the Permanent Council as regional representatives: the Most Rev. Mgr Wayne Kirkpatrick (Atlantic), the Most Rev Claude Hamelin (Quebec), the Most Rev. Marcel Damphousse (Ontario), and the Most Rev. Mark Hagemoen (West). The entire Permanent Council is constituted by these four regional representatives in addition to the members of the Executive Committee and four other *ex officio* members.

The Plenary Assembly of Bishops likewise elected a new CCCB General Secretary for a first term of three years, renewable once. Fr. Jean Vézina, a priest of the Diocese of Sault Ste-Marie, officially began his mandate on 27 September 2021.

CANADIAN BISHOP'S PLENARY MEETING 2021

The 2021 Plenary Assembly of the Canadian Conference of Catholic Bishops (CCCB), took place from Sep. 20-24 this year by videoconference for a second consecutive year.

As part of the regular proceedings of the meetings, the Plenary began with a message to the Holy Father, followed by the President's Report on the Conference's activities over the previous year. The new Apostolic Nuncio to Canada, the Most Reverend Ivan Jurkovic, delivered greetings to all Bishops on behalf of Pope Francis. For a second year in a row, COVID-19 was an important topic of discussion, its impacts and the present-day realities of the Church in Canada as well as the universal Church. A special virtual presentation on the activities of the Vatican's COVID-19 Commission was delivered by His Eminence Cardinal Peter Turkson and Sr. Alessandra Smerilli of the Dicastery for Promoting Integral Human Development. The Bishops of Canada were pleased to receive ecumenical greetings by the Most Reverend Linda Nicholls, Anglican Archbishop and Primate of the Anglican Church of Canada, which carried particular significance as 2021 marks the 50th anniversary of the Anglican-Roman Catholic (ARC) Dialogue.

Presentations were also provided on activities related to Palliative Care, Maritime Ministry, the Year of Amoris Laetitia Family, the 2023 Synod of Bishops and the expansion of euthanasia/assisted suicide ("MAiD") in Canada. Each year, the Plenary agenda includes time for the meetings of English Sector and French Sector Bishops allowing for discussion on liturgical, catechetical and other pastoral matters which are closely tied to language and culture.

Following the conclusion of the 2021 Plenary Assembly meeting, the Bishops of Canada announced two tangible commitments to walk with the Indigenous Peoples of this land along the pathway of hope as well as to support healing and reconciliation initiatives for residential school survivors, their families and communities: an apology by the Bishops of Canada to Indigenous Peoples and an announcement of a nation-wide collective financial commitment with a target of \$30 million.

HAPPY THANKSGIVING!



It's fitting for God's people to offer public thanks for all the gifts we have received. The bountiful produce of the earth is a visible sign of the many blessings God wants to shower on us through Christ. Our God also wants us to share the goods of the earth with all people. (Ordo 2021).

- The Catholic Pastoral Centre will be closed on Monday, Oct. 11 for Thanksgiving Day, and will reopen on Tuesday, Oct. 12.
- Thanksgiving Day images | Customize it in Canva
- Article: <u>How to celebrate</u>
 <u>Thanksgiving if you have to stay home</u>

<u>alone</u>

Article: Why going to Mass is one of the best ways to celebrate Thanksgiving

POPE'S INTENTION FOR OCTOBER 2021

Please pray the Pope's intention for October 2021: We pray that every baptized person may be engaged in **evangelization**, available to the mission, by being witnesses of a life that has the flavour of the Gospel. - Pope Francis – October 2021



In The Pope's video for October, Pope Francis asks all people to be missionary disciples in their everyday life, in their daily work, bearing witness to their encounter with Jesus and living with the flavour of the Gospel. Video link:

https://youtu.be/YJIS8qrBSwg



MISSIONARY DISCIPLES

"Let us pray that every baptized person may be engaged in evangelization, available to the mission, by being witnesses of a life that has the flavor of the Gospel."

- Pope Francis -

BISHOP'S DINNER HAS SURPASSED THEIR GOAL!

We are thrilled to announce that the Bishop's Dinner fundraising goal for Feed the Hungry has been surpassed! Together we raised a total of \$180,805, surpassing our initial goal of \$168,000.



We are aware that during these difficult times, there are many worthy causes that are in need of our financial help, thank you for choosing to help Feed the Hungry. The guests of Feed the Hungry who line up Sunday afternoons outside of St. Mary's Cathedral Hall appreciate the assistance they receive. The warm bagged meals they receive along with packaged snacks, beverages, and fruits help them find that one meal on Sundays.



Feed the Hungry avails Christians and non-Christians alike the opportunity to concretely offer service to others without receiving anything in return except the recognition that individuals and families are on the receiving end of the care packages assembled with love. Bishop's Dinner Co-Chairs Tom and Debra Mauro unite their thanks with the sincere appreciation of Bishop McGrattan for your generous support of Feed the Hungry. Let us continue to pray for one another!

Worth Sharing

1. Special Christmas Cards from the Knights in Airdrie

Airdrie's Knights of Columbus have been hosting *Keep Christ in Christmas* poster contest for students every year year. Contest winners artwork are professional printed into Christmas Cards - and it is now available for sale at \$15 per package (10 cards in a package). To order, contact Wayne at wmacgillivary@gmail.com

2. Pope on COP26: Sharing, love, respect should shape efforts for better future | Pope Pope Francis gathers scientists, religious leaders and experts in the Vatican for a "Faith and Science: Towards COP26" meeting, during which participants signed a joint appeal ahead of the upcoming UN COP26 Climate Conference. In this light, the meeting, "which brings together many cultures and spiritualities in a spirit of fraternity," strengthens our realization that we are members of one human family. Read more

3. Mass celebrated in Squamish language for first time

Mass was celebrated in the Squamish language for the first time at St. Paul's Indian Catholic Church in North Vancouver Sept. 26, just days before Canada's first National Day for Truth and Reconciliation. "I see this as reconciliation between the Church and our native people," Deacon Nahanee, a member of the Squamish First Nation, told *The B.C. Catholic*. Read more

4. More than 76,000 children displaced by Myanmar coup

More than 76,000 children in Myanmar have been forced to flee their homes since the February 1 military coup, which besides triggering nationwide protests and strikes has led to clashes with armed civil defence forces and also re-ignited the military's old conflict with ethnic militias. "While the world's attention has moved on, a hunger crisis is unfolding in Myanmar." Displaced families, it said, "are living on next to nothing, sharing just one meal a day between six or seven people". Read more

5. Prayer of St. Teresa of Avila to endure suffering in peace

St. Teresa of Avila (Feast day: Oct. 15) had her own share of suffering, but through it all she tried to maintain a peaceful disposition, accepting it as coming from the hand of God. Whatever suffering or affliction may come your way, this prayer from St. Theresa asks God for help to endure it with serenity. Read more

6. This saintly couple shows what it's like to have a fruitful marriage without children | Catholic spouses are called to "bear fruit," and the Leseurs show what that can look like in action. Here are 5 spiritual fruits that Élisabeth and Félix Leseur showed the world, both together and separately. Read more

7. Mother who chose adoption over abortion is reunited with her son after 33 years | It had been 33 years, but Melanie Pressley had hope in that thin thread that binds a mother and child. She wondered how many times might they have found themselves on parallel paths, even at the same crossroads, but going in opposite directions, without really meeting. Read more

8. Google launches Camino de Santiago pilgrimage page

Google Arts & Culture has just released a <u>website</u> devoted to the ancient pilgrimage route, the Camino de Santiago de Compostela, which ends in Galicia, Spain. Whether you would like to take a "virtual pilgrimage" or plan an actual trip, on foot, bike, or wheelchair, the new <u>¡Buen Camino!</u> project has you covered.

Read more

9. 10 ways to honour Our Lady of the Rosary in October

In preparation for the feast of Our Lady of the Rosary (Oct. 7), here are 10 ways you can more closely align your life and home to the Rosary. Perhaps some of these wonderful devotions will stick around your domestic church even after October is over. Read more

10. Thanksgiving and Eucharist mean the same thing

The word used for the Catholic Mass and sacrament have a special meaning, not just for one holiday. The Greek-derived word for thanksgiving is "eucharist," the same word that refers to both the Catholic Mass and the sacrament of Holy Communion. Read more

11. Rosary Coast to Coast Canada 2021

Please join the world in prayer, for world peace, by praying the Rosary Coast to Coast on October 10, 2021 (Sunday), at 1 pm MT. To get involved: become a prayer captain by organizing an event in your parish or neighbourhood, or light a candle and pray the Rosary at home, organize a prayer cenacle at 1 pm MT, united with the rest of the world. For more information, visit rosarycoasttocoast.ca for more information. Download poster

12. **Confession resources**

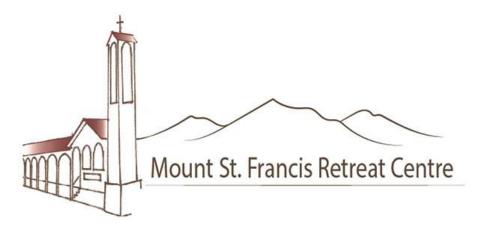
Here are some resources that might help individuals and family in your community when you promote your parish confession schedule:

- <u>Diocesan printable Confession card for children</u> (includes examination of conscience, step-by-step and simple act of contrition)
- o Printable examination of conscience for children
- o <u>Goodconfession.com</u>
- o In depth examination of conscience
- Printable guide to Confession for adults (provided by Knights of Columbus
- Video: <u>Making a good confession (Fr. Mike Schmitz)</u>
- Video: <u>Bringing the same sins to confession? Try this</u>



A corporate ministry of the Sisters Faithful Companions of Jesus (FCJ) since 1980





Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our

mission of peace, healing supported us in our ministry	ue the many loya	I friends and	benefactors	that have