

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Facebook: Medicine Hat Holy Family Parish

Reconciliation: By Appointment Only 403-527-6933 ext. 101
Office Hrs. Monday to Friday - 8:30am - 12:00pm & 1:00pm to 4:30pm - Closed on Holidays.

Reconciliation...
Friday 9:30am-10:30am. & Saturday
3:30-4:45pm.
Or by Appointment

THE CHAPEL IS OPEN
MONDAY - FRIDAY 9:30am - 4:00pm
ADORATION FRIDAY 9:30 - 10:30am

MASS TIMES... MONDAY to FRIDAY at 9:00AM
FIRST SATURDAY OF MONTH at 8:30AM
SATURDAY at 5:00PM
SUNDAY at 8:30AM, 10:30AM & 6:00PM

Catholic Women's League

Marjorie Bowlby

403-527-2739

Knights of Columbus

Kirby Peterson

403-487-1909

# FORMED.org

#### LOG IN WWW.FORMED.ORG

- · Go to Formed.org
- Enter our PARISH CODE: GPQWK7

Create a personal account with your personal username/email and password.

Start enjoying the best Catholic content all in one place!

IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!

# Sunday 10:30am Mass

# Medicine Hat Holy Family Church Live Stream

https://www.youtube.com/c hannel/UCG6zK-XzuXdDHj79rV6ut Q



audiofetch

# **Attending Masses...**

- Masks are mandatory at this time.
- We do encourage hand sanitizing.
- Please respect each others' choices and personal space.

Listen to Mass on your phone...

Download the "Audio Fetch" app.

Our Network is: HFP\_LIVE

The Password is: Liv3HFP\*

E-Transfer Donations accounting@holyfamilymh.ca

# COVID-19 MEASURES



REMAIN AT HOME IF YOU ARE SICK OR FEELING

UNWELL



# THE USE OF MASK

The use of masks is required in all indoor public facilities of the parishes and diocesan facilities except

- When attending weekday and Sunday Masses and liturgical and devotional services/prayers.
  - This exception does not include weddings and funerals.
  - Masks must be worn when outside the nave, such as in hallways and in other indoor public spaces in parish facilities.
  - Exceptions cited by the government will be followed.
  - Mask use is still strongly encouraged.



>>> CALGARYDIOCESE.CA

catholicyyc.ca/blog/covid19



Then the people rejoiced because these had given willingly, for with single mind they had offered freely to the Lord

1 CHRONICLES 29:9

# 1.4 MILLION of the Diocesan goal

will financially support the approved diocesan ministries, partner organizations, and agencies. See list at catholicyyc.ca/tia



#### OUR PARISH GOAL

\$ 49,657

Everything raised **OVER** our parish goal will go to support\*:

**Mustard Seed** Medicine Hat Food Bank & Society of St. Vincent de Paul

TO DATE \$ **24,567.80** = 49%

OPERATING FINANCES		
August 1-31, 2021		
Operating Budget 2021	\$ 55,019	
General Envelope Collection	\$ 46,955	
Loose Collections	\$ 1,252	
Future Development	\$ 2,746	
Sale of Church Supplies & Other	\$ 2,209	
Other Ministries	\$ 492	
Government Subsidy	\$ 1,577	
Budget Vs Actual	\$ 212	
SPECIAL COLLECTIONS		
Together in Action (TIA)	\$ 2,609	
Clergy Retirement	\$ 20	
St Vincent de Paul	\$ 3,206	
Seminarian Fund	\$ 65	
Mission Mexico	\$ 225	
CARO	\$ 66	
Needs of the Cdn. Church	\$ 50	
World Missions	\$ 50	
Thank You for your Generous Contributions		

† Masses Intentions † September 11 - 17

Saturday, September 11

5:00pm - Dillon Guckert † & Harvey Guckert †

Sunday, September 12

8:30 am - Carolina lannattone † 10:30am - Dennis & Roslyn Weisgerber Family

6:00pm - Holy Family Parish

Monday, September 13

9:00am - Gary Podesta

Tuesday, September 14

9:00am - Dorothy Samuels †

Wednesday, September 15

9:00am - Irene Lutz †

Thursday, September 16

9:00am - Luciano Pisoni †

Friday, September 17

9:00am - Aldo Dal Molin †

24th Sunday in Ordinary Time - Sunday, September 12, 2021

1st Reading: Isaiah 50.5-9

To those who struck me I gave my back.

Responsorial Psalm: Ps 116.1-2,3-4,5-6, 8-9 (2.9)

 $\mathcal{R}$  I will walk before the Lord, in the land of the living.

2<sup>nd</sup> Reading: James 2.14-18

Faith. If it has no works, is dead.

Gospel: Mark 8.27-35

You are the Christ. The Son of Man must undergo great suffering.

#### DENY. TAKE. FOLLOW.

On the long journey to Jerusalem, Jesus clarifies that following the Christ (Peter's response to Who am I?) requires denying self, taking up the cross, and following. Saint James helps make this clear with the need for mercy activity. Reread the Second Reading each day this week.

- Clothe the naked. What will I do?
- Feed the hungry. What will I do?
- Shelter the homeless. What will I do?



# THAT MAN IS YOU STARTING SEPTEMBER 25 8:30AM ST. PATRICK'S CHURCH HALL

JOIN US FOR OUR 10TH YEAR, LISTEN TO DYNAMIC SPEAKERS AND LEARN HOW YOU CAN PARTICIPATE IN BRINGING ABOUT THE KINGDOM OF GOD.

ALL MEN WELCOME!



To all parishioners who participated in any way with our CWL sponsored Garage Sale, whether you rented tables, donated items, worked the donation tables or even came and bought items.

We **Thank you** for your participation. We had a great turn out.



# **ALBERTA/NWT STATE COUNCIL**

CHARITIES APPEAL ONLINE 50/50 FUNDRAISER

https://www.rafflebox.ca/raffle/e/kocab/101/?cid=61366af47d24eb001df9bd58

our proceeds from 9502 go to Project Racheal and Elizabeth House.



# RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

Do you have a desire to learn about the traditions and teachings of the Catholic faith? Do you feel a need for a deeper understanding of our faith beliefs in order to keep up with the religious education of your child(ren)? If so, perhaps you would be interested in the RCIA program at Holy Family Parish.



- THE SESSIONS ARE HELD EVERY WEDNESDAY EVENING IN THE FAITH ROOM FROM SEPTEMBER TO JUNE. PREPARATIONS ARE NOW UNDERWAY TO BEGIN A NEW YEAR OF SPIRITUAL GROWTH, THE FIRST MEETING DATE HAS BEEN SET FOR: WEDNESDAY, SEPTEMBER 22 FROM 7:00-9:00 PM.
- WHETHER YOU ARE A BAPTIZED CATHOLIC, BAPTIZED IN ANOTHER CHRISTIAN FAITH, OR NON-BAPTIZED, YOU ARE ALWAYS WELCOME TO JOIN US. FURTHER INQUIRIES OR QUESTIONS ABOUT THE RCIA PROGRAM CAN BE DIRECTED TO THE PARISH OF YOUR CHOOSING!

For More Information Call Pat at 403-878-6073

#### REPORT FROM FINANCE COMMITTEE – AUGUST 31, 2021

The pandemic continues to be challenging for our community, our parish, and our parishioners. Fortunately, we can worship once again at Holy Family Church. Now meetings and programs that were moved online during the past year may be attended in person. We are very grateful for the generous support we continue to receive financially, and we are grateful for our many volunteers.

Our weekly collections – envelopes, preauthorized payments, credit card, and website donations provide the funding for budgeted expenses. We are now also able to make donations to our parish by using e-transfers (<a href="accounting@holyfamilymh.ca">accounting@holyfamilymh.ca</a>) Our collections and expenses as of August 31st are under budget. We are trying to keep our expenses to a minimum. We continue to maintain and repair our property and have made repairs to the heating ventilation and air conditioning in the office area and the sanctuary.

The following is an update on our finances for the first six months of the year:

#### Semi-Annual Financial Information – January – June 2021

INCOME	ACTUAL	BUDGET
Collections	\$ 274,542	\$ 316,616
Bequests	10,000	0
Gov't Subsidy	25,207	0
Other Income	24,779	13,500
TOTAL	\$ 334,528	\$ 330,116
EXPENSE		
Office & Administration	\$ 135,234	\$ 143,250
Maintenance & Repairs	51,059	78,388
Programs	10,791	22,650
Diocesan Support	47,868	47,867
TOTAL	\$ 244,952	\$ 292,155
NET	\$ 89,576	\$ 37,961

#### Note:

- Although we have a net income over budget, our collections are about \$7000 under budget monthly through June 2021. The bequest and government subsidies help make up the shortfall.
- Expenses have been kept to a minimum.
- The Together in Action Goal is \$49,657. Our current collection is \$23,130 or 47% of the goal. Any shortfall of this goal is paid at year end through regular collections

Unfortunately, due to restrictions, we were not able to hold our Annual Meeting this year. The annual report for 2020 is available and a copy may be picked up at the office.

One of the Gospels in July told the story of the five barley loaves and two fish. Father Rodel's homily that Sunday stressed the importance of sharing. We are grateful to our parishioners for sharing time, talent, and treasure. We ask for your continued support. God Bless!

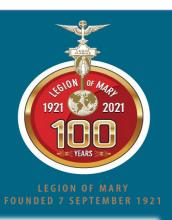
Karen Melle, Chair, Holy Family Parish Finance Council



# **LEGION OF MARY**

Diocese of Calgary 100<sup>th</sup> Anniversary





Please consider joining Mary's Army - Active and Praying members welcome

The Legion of Mary is a worldwide lay apostolic association of Catholics, with several million members, who serve the Church and their neighbours in about 170 countries.

http://legionofmary.ie/centenary http://www.lomcalgarydiocese.ca/





Harvest is a great reminder of the bountiful blessings around us, and this year we have much to be thankful for. To celebrate, we at The Mustard Seed are excited to invite you to our 2nd Annual Harvest TakeAway event!

We have teamed up with local food producers to create a \$20 harvest vegetable soup kit that will support individuals experiencing homelessness and poverty in our community. Plan to spend some time with us when you come to TakeAway your soup kit, as we will be hosting a local farmers market.

Special thanks to Redcliff Bakery for supplying delicious apple and pumpkin pies, and to Tim Hortons who have supplied and chosen The Mustard Seed as the charity of choice for the smile cookie event taking place September 13 - 19.

Join us on Saturday, September 18th from 11 am – 4 pm for an afternoon of harvest haven.

#### Here's how it works:

Order your Soup Kit for \$20.00. This recipe is gluten-free, dairy-free, and vegetarian. The kit includes the recipe, all the ingredients required, and admission to our farmers market with a tour of The Mustard Seed Community Centre

Choose your baked treat from Redcliff Bakery and Tim Hortons

Choose your TakeAway time slot for safe social distancing

Come on over at your allotted time

Browse and enjoy our farmers market, local vendors, and snacks

We hope to see you soon! Learn more at giving.theseed.ca/harvest/

The Mustard Seed Medicine Hat provides over 700 meals per week, with plans of operating two meal services a day to those experiencing homelessness and poverty. This event is an opportunity for you to donate to an excellent cause, support local vendors, and learn a little bit more about how we're making an impact in the community.



23<sup>rd</sup> Sunday in Ordinary Time – Year B

Sunday, September 5, 2021

#### WHO IS JESUS TO US?

Once upon a time there was a mentally challenged individual that worked at a local supermarket. There was a time when the store presented an "Employee of the Month" award to its staff. Every month whoever was the recipient of the honour would brag about it and show off the plaque to the store's customers for the week. However, one day a lady met him in the grocery store and asked this young man to help her load some bags into her car. In the conversation that ensued, she asked if he had received a recognition plaque this year. He said, no, and went on to explain that the store had never considered giving him one. He became clearly emotional discussing it. It seemed that it made him feel so sad that his work, which clearly helped him define himself, would never be appreciated. Seeing how much this person cared about this honor, she decided to take it upon herself to do something about it. Every year at Christmastime, she would get a recognition plaque made--complete with this man's name and picture--and would award it to him in the parking lot when he helped her with her groceries. Sometimes, he was so overwhelmed that someone would take the time to recognize his work that he would break down. We can see in the Sacred Scripture today that God knows us and reward us with gifts. But do we know God and Jesus? Who are they for us? These are very important question for us to understand. This week the Word of God opens our hearts and minds to know and understand.

In the First Reading Prophet Isaiah is presenting one of the Messianic songs to us which speaks about the attributes of the servant. This song is all about the Lamb, Jesus the Saviour. There are important attributes we carry to find these in our lives.

1. God opens our ears as we heard from last Sunday's Gospel that Jesus healed a man who was deaf and mute. We listen the to voice of the Lord to be obedient not rebellious. Unfortunately, in our current times "listening" is vanishing and people are becoming rebellious. If we listen, our pain, suffering and persecution turn into joy. In the life of Jesus it is important because "he became obedient to death even death on a cross" and "Therefore God also highly exalted him and gave him the name that is above every name".

- 2. God is a helper and protector to those who trust in him "The Lord God helps me; therefore I have not been disgraced..." God does not forget or forsake but loves us "I have written your name on the palms of hands" and as St. Paul says "If we have died with him, we will also live with him; if we endure, we will also reign with him; if we deny him, he will also deny us; if we are faithless, he remains faithful— for he cannot deny himself". Throughout our salvation history God has never left his people but walks with them "I am your God and you are my people".
- 3. When God is with us who can separate us from him? Jesus, though suffered, he always trusted in his Father whose will he came to do. God stood by his Son's side to strengthen him in the times of trial, suffering and crucifixion and Jesus never forgot that but looked at his Father "Father forgive them" and I commend my spirit into your hands". In our pain and suffering if we trust in the Lord God then we can claim like Prophet Isaiah "It is the Lord God who helps me' who will declare me guilty?".

The Responsorial Psalm on the other hand shows us the depth of our relationship with God the Father "I will walk before the Lord, in the land of the living". This Psalm has such a wonderful way of expressing our feeling that should become our daily prayer "I love the Lord, because he has heard my voice and my supplications". Secondly this Psalm does invite us to examine ourselves to see if we know God and Jesus his "Beloved Son Jesus Christ". If we know that we will only trust in him and pray to him. Do we really know him?

St. James in the Second Reading is really bringing us to the point where we need to test our faith. Faith without works and works without faith is an empty vessel which produce loud noise and nothing else. Jesus says in the Gospel of St. John "by your works people will that you are my disciples". Is not amazing to see that our Faith and Works go hand in hand? How do we show our faith in the Lord?

Last Sunday we reflected on the Gospel where Jesus is healing a man who is deaf and has a speech impediment. Once he was healed, that whole crowd exclaimed that "He has done everything well' he even makes deaf hear and the mute speak." Today is a test of his disciples and for us as well. Who is Jesus to us? There are two questions: one impersonal and other personal. Which one is easy to answer? It will up you to decide. Sometimes we may have more knowledge of the universe but don't know about Jesus like in this story. A man who lived a long time ago believed that he could read the future in the stars. He called himself an Astrologer and spent his time at night gazing at the sky. He was always busy worrying about the future and villagers often came to him, hoping to know what their future held.

One evening he was walking along the open road outside the village. His eyes were fixed on the stars. He thought he saw that the end of the world was near. He lost in his thoughts about the future. As he was looking at the stars, he kept walking without looking down. Suddenly, he fell into a ditch full of mud and water.

He was sinking in the muddy water, and madly trying to claw at the slippery sides of the hole in his effort to climb out. He was unable to crawl out and fearing for his life, he started screaming for help. His cries for help soon brought the villagers running.

As they pulled him out of the mud, one of them said, "You pretend to read the future in the stars, and yet you fail to see what is at your feet! This may teach you to pay more attention to what is right in front of you and let the future take care of itself."

"What use is it," said another, "to read the stars, when you can't see what's right here on the earth?"

What use of knowing everything but Jesus?

Holy Father Pope Francis reflecting on the Gospel says "Today's Gospel passage turns to the question that permeates the whole Gospel of Mark: who is Jesus? But this time Jesus himself poses it to his disciples, helping them to gradually address the question of his identity. Before asking them, the Twelve, directly, Jesus wants to hear from them what the people think about him, and he is aware the disciples are very sensitive to the Teacher's renown! Therefore, he asks: "Who do people say that I am?". It comes to light that Jesus is considered by the people as a great prophet. But he is not interested in the opinions and gossip of the people. He also does not agree that his disciples should answer the questions with pre-packaged formulas, quoting well-known individuals from Sacred Scripture, because a faith that is reduced to formulas is a short-sighted faith".

Does Jesus really need human testimony about him? Why was there a need that Jesus has to ask the questions about himself? Jesus doesn't need human testimony because "Not that I accept such human testimony, but I say these things so that you may be saved". In his First Letter St. John it says, "If we receive human testimony, the testimony of God is greater; for this is the testimony of God that he has testified to his Son". There could be several reasons behind these two questions. The Lord wants his disciples of yesterday and today to establish a personal relationship with him, and thus to embrace him at the centre of their life. For this reason, he spurs them to face themselves honestly, and he asks: "But who do you say that I am?" Secondly Jesus wants to see the depth of his disciples' faith as they have heard him speaking and have seen him performing miracles of healing. Thirdly he wants to see the maturity in their relationship with him. Fourthly he wants to see their strength against the things rising against their proclamation etc.

Who is Jesus to us? The greatest truth of all is that Jesus is God. The only way we can know God is through Jesus, for he himself is God. He said: "No one comes to the Father except through me." And that is why the greatest error of all is to deny Jesus as God. The atheists, who claim there is no God, are terribly mistaken, and so are all who do not recognize Jesus as God. It is just so sad to see more and more people being deceived by the devil, and they live in the greatest error of denying the divinity of Jesus. And there are many false religions and false preachers all over, all of them instruments of the devil in spreading lies, deceptions, and confusion in the world. What a pity for Catholics who fall into their hands. That is why it is very important to protect and strengthen our faith. I believe somewhat Covid has played the same role to make people believe that Jesus is not there. How sad it is to see people turning from Jesus because of a tiny virus but not having the faith like a tiny seed (mustard seed)?

Knowing Jesus is resolution to all our problems because he not only obeyed his Father but also for us on the Cross to grant us eternal life. I believe the following story will help us to examine ourselves to see our relationship with the Lord.

In a small village in the valley, lived a man who was always happy, kind, and well disposed to everyone he met. This man always smiled, and had kind and encouraging words to say, whenever it was necessary. Everyone who met him, left feeling better, happier, and elated. People knew they could count on him and regarded him as a great friend. One of the village dwellers was curious to know what his secret was, and how he could always be so kind and helpful. He wondered, how is it that he held no grudge toward anyone and was always happy.

Once, upon meeting him in the street he asked him: "Most people are selfish and unsatisfied. They do not smile as often as you do; neither are they as helpful or kind as you are. How do you explain it?" The man smiled at him and replied, "When you make peace with the Lord, you can be at peace with the rest of the world.

If you can recognize the spirit in yourself, you can recognize the spirit in everyone, and then you will find it natural to be kind and well disposed to all. If your thoughts are under your control, you become strong and firm.

The mind is like a robot programmed to do certain tasks. Habits and thoughts are the tools and programs that control the mind. You need to free yourself from this programming. Then, the inner good and the happiness that reside within you will be revealed."

"But a lot of work is necessary. Good habits must be developed. The ability to focus and to control the thoughts must be strengthened. The work is difficult and endless. There are many walls that need to be climbed. It is not an easy task." Lamented the villager. "Do not think about the difficulties, otherwise, this is what you will see and experience. Just make your feelings and thoughts quiet and try to stay in this peace. Just try to be calm, and do not let yourself be carried away by your thoughts." "Is that all?" Asked the villager.

"I will try to remember your words," said the villager, and continued, "there is another thing that I am curious about. You do not seem to be influenced by the environment. You always seem to be happy. You always have a kind word for everyone, and you are helpful. People treat you well, and never exploit your goodness." "Some people think that being good and being kind means weakness. The truth is that they mean inner strength, and do not point to weakness.

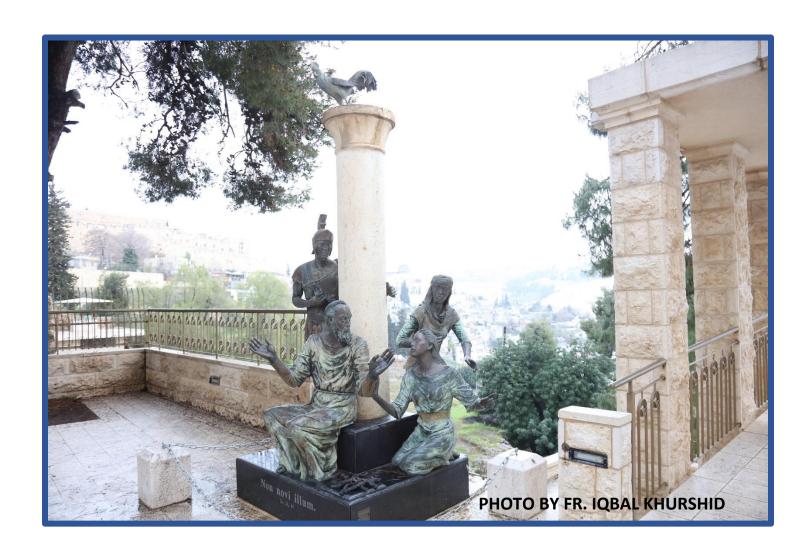
When you are kind and considerate, you can also be strong. People sense your inner strength, and therefore, do not impose on you. When you are strong and calm inside, you help people, because you can, and you want to. You act from strength, not from weakness. Goodness is not a sign of weakness. A good character can manifest together with power and strength.

When you are calm inside, you are also happy. When your mind is quiet, there is no anger, no resentment, and no negative thoughts. This leads to happiness and to a feeling of content and joy."

"Thank you very much for your advice and explanations", said the villager, and went away happy and satisfied.

Today, Jesus addresses this very direct and confidential question to each of us: "Who do you say that I am? All of you, who do you say that I am? Who am I for you?". Each person is called to respond, in his or her heart, allowing each one to be illuminated by the light that the Father gives us to know his Son Jesus. And it can also happen to us, as it did to Peter, that we passionately affirm: "You are the Christ".

Who is Jesus to us? What would be our response?



#### DIFFERENCE BETWEEN LAST RITES AND ANOINTING OF THE SICK

At times even some "seasoned Catholics" get stumped by the question "What is the difference between Anointing of the Sick and Last Rites?" Many of us get confused and believe it is the same thing just a different way of naming it. Well, there is a difference, and it is important for us to know these differences so that we can better understand and take full advantage of both sacramental signs.

What are the Last Rites? Last Rites are the sacraments received when a person is nearing death. When a person is in danger of death a priest may be called in order that dying persons might receive the last rites, which include Confession, Anointing of the Sick (formerly extreme unction) and final reception of holy Communion (Viaticum). These sacraments provide the forgiveness of

sins, help the individual to prepare for death, and bring peace and courage to the sick person as the Holy Spirit guides them on their final steps to eternal life. Extreme unction is an unusual sounding name to modern ears. However, it is very descriptive. Unction refers to the act of anointing the sick, the oil used to anoint the sick and the spiritual disposition and hoped for response to the anointing. The hope for the sacrament is to bring about the physical healing of the individual who receives it as a continuation of Christ's healing ministry. However, the sacrament also conveys a spiritual healing that is always present even if a physical healing does not result from anointing.

Last Rites often happens in conjunction with or following the administration of the Sacrament of Anointing of the Sick. Last Rites centers around the reception of Viaticum, Communion given when death is near. "In addition to the Anointing of the Sick, the Church offers those who are about to leave this life the Eucharist as viaticum. Communion in the body and blood of Christ, received at this moment of 'passing over' to the Father, has a particular significance and importance. It is the seed of eternal life and the power of resurrection, according to the words of the LORD: "He who eats my flesh and drinks my blood has eternal life and will raise him up at the last day (Jn 6:54). The sacrament of Christ once dead and now risen, the Eucharist is here the sacrament of passing over from death to life, from this world to the Father" (Cf. Jn 13:1)." (CCC 1524)

Furthermore, Catechism of the Catholic Church reminds us "Thus, just as the sacraments of Baptism, Confirmation, and Eucharist form a unity called 'the sacraments of Christian initiation,' so too it can be said that Penance, the Anointing of the Sick, and the Eucharist as viaticum constitute at the end of Christian life 'the sacraments that prepare for our heavenly homeland' or the sacraments that complete the earthly pilgrimage." (CCC 1525)

Anointing of the sick also known as extreme unction. Most of usually think of asking for this anointing only when we are nearing death through sickness or old age. However, if this is the case, we would be missing out on the opportunity for God to heal and help us at times when we might need Him the most - when we are having surgery, dealing with a physical, mental, emotional, or even spiritual affliction. It is during these difficult times that we need the Holy Spirit's gifts of strength, faith, peace, and courage. It is during these times, as well, that we should seek to receive this God given sacrament.

The General Introduction of Pastoral Care of the Sick states: "The Letter of James states that the sick are to be anointed in order to raise them up and save them. Great care and concern should be taken to see that those of the faithful whose health is seriously impaired by sickness or old age receive this sacrament. How can we decide if we should ask to be anointed? Well, a good or reasonably sure judgment, without an uneasy feeling about the rightness of what one is doing or going to do, is sufficient for deciding on the seriousness of an illness". For example:

• A sick person may be anointed before surgery, whether it is a serious illness reason for the surgery or not.

- Elderly people may be anointed if they have become notably weakened even though no serious illness is present.
- Sick children may be anointed if they have sufficient use of reason to be strengthened by this sacrament.

The anointing of the sick is administered, by a bishop or priest, to bring spiritual and even physical strength during an illness. This sacrament, unlike some of our other sacraments, can be administered more than once, especially if a person has a chronic illness.

"The special grace of the Sacrament of the Anointing of the Sick has as its effects:

- the uniting of the sick person to the passion of Christ, for his own good and that of the whole Church
- the strengthening, peace, and courage to endure in a Christian manner the sufferings of illness or old age
- the forgiveness of sins, if the sick person was not able to obtain it through the sacrament of penance
- the restoration of health if it is conducive to the salvation of his soul
- the preparation for passing over to eternal life" (CCC 1532).

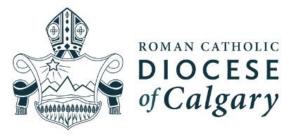
Does a person have to be dying to receive this sacrament? No. The Catechism says,

"The anointing of the sick is not a sacrament for those only who are at the point of death. Hence, as soon as anyone of the faithful begins to be in danger of death from sickness or old age, the fitting time for him to receive this sacrament has certainly already arrived" (CCC 1514).

As stated above the last rites are not a sacrament, but a group of sacraments offered at or near the hour of death. The sacrament of anointing is not always administered within the context of the last rites, which makes it more intriguing that the two are often confused. Anointing is offered to persons who through sickness or old age, and the complications thereof, are nearing death. However, it is also offered to persons who are struggling with illness but not in danger of death, provided the nature of the illness is sufficiently serious. Anointing of the sick is a sacrament that must be administered by a priest or bishop, and there are no extraordinary ministers for this sacrament like there are for baptism and Communion.







We acknowledge that Treaty 7 territory, on which we stand, is the ancestral land of the Indigenous peoples and is common home to everyone in virtue of God our Creator's gracious gift.

# 24th Sunday of Ordinary Time



Children Resources for the 24th Sunday in Ordinary Time

- Gospel Reflection: Peter didn't want to hear this part of the Good News of Jesus. But Jesus said that we have to accept all of it to be his followers, both the cross and the glory of the Resurrection. Jesus set an example for all his disciples to follow. He loved us so much that he was willing to suffer and die for us.
  - Kid's Bulletin for this Sunday
  - o Colouring page this Sunday
  - Sunday Connection for 24th Sunday in Ordinary Time (Gr. 1-8)
- Children's Sunday Liturgy for the 24th Sunday in Ordinary Time
  - Children's Liturgy weekly leaflet for leaders or parents by CAFOD, with gospel reflection, intercession & activity suggestions)
  - Children's Liturgy at home for leaders or parents - by Catholic Children's Liturgy
  - Children's Liturgy of the Word with Miss Heidi (Catholic TV)
  - Does your parish have online Sunday program for children? If so, please share it with <u>communications@calgarydiocese.ca</u>

Visit the Diocesan Event Calendar

Follow us on Social Media
<u>Facebook</u> | <u>Instagram</u> | <u>Twitter</u>

Weekly reflections can be found here:

<u>Vatican News</u> | <u>The Sunday Website</u> <u>Sunday Connection</u> | <u>CCCB Reflection</u> <u>(new link)</u>

Daily and Sunday Mass Prayers & Readings: <a href="CCCB Daily Readings">CCCB Daily Readings</a> (pick the desired date)

Full schedule of Parish Livestream Masses:

https://www.catholicyyc.ca | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit <u>Salt+Light TV</u>, <u>Shalom</u> <u>World TV</u>, <u>EWTN</u> and <u>Vision TV</u>

## **COVID-19 Resources**

- Sacraments & Liturgies
- Spiritual Resources
- <u>Sacrament Preparation</u> (First Reconciliation, First Communion, Confirmation)
- Online Formation Opportunity

# August Edition of Faithfully

The June edition of Faithfully was released on Thursday, August 12, 2021.

- Read August Faithfully
- Subscribe to Faithfully

SHARED BY BISHOP BOLEN, ARCHDIOCESE OF REGINA

# Prayer for the Election

Lord, father of our human family,

Your son Jesus taught us in the parable of the good Samaritan that each of us is called to care for our brothers and sisters without concern for our differences, or what divides us.

Pour your spirit out upon each and every one of us. Give us, and all involved in the forthcoming election:

- a spirit of humility to acknowledge our failures
- a spirit of gratitude for each of the gifts you have given us
- a spirit of wisdom, to guide our actions in accordance with your teaching
- a spirit of fraternity, so that we might have concern for the most vulnerable
- and a spirit of love, so that we might abide even more fully in You.



- NEW! Videos feature representatives from Canada's Liberal, Conservative, and NDP answering
  questions on key issues from the perspective of Catholic social teaching.
- Join Catholic Conscience for this free webinar on Wednesday, Sep. 15 at 5 pm MDT RSVP here: https://bit.ly/CatholicsAndCanPoli
- How to vote like a Catholic? Download poster
- UPDATED! Catholic Conscience's <u>election page</u> and parties' <u>platform comparison</u> (a work in progress, more parties will be added by Monday)

A prayer for Elections (jpg)

# Pray and fast for Afghanistan

Pope Francis on Sunday urged Christians to intensify their prayer, penance, and fasting for the situation in Afghanistan, as he entrusted the souls of those who have died to God's mercy.



As Christians the situation in Afghanistan obligates us. In historic moments like this, we cannot remain indifferent. For this reason, I address an appeal to everyone to intensify your prayer and practice fasting, asking the Lord for mercy and forgiveness.

7:01 AM · Aug 29, 2021 · TweetDeck

Please consider praying these intentions on Sunday Masses this weekend:

- For our brothers and sisters in Afghanistan, that there be an end to the violence in their country; and may God give them courage, hope and strength in this time of crisis, let us pray to the Lord.
- For solidarity in our global human family, so that we may work together to protect those who are most vulnerable and most in need, let us pray to the Lord.

# Pray for The Seeds of the Word's new mission in the Phillippines

The Seeds of the Word Community invites you to a Mass in Tagalog at Our Lady of Fatima Parish (4747 30 St SE, Calgary), on Sunday, Sep. 26 at 3 pm to celebrate the Feast of Saint Lorenzo Ruiz, and to ask for his intercession for their new mission in the Phillippines (Mastabe City). Download poster

# Digging for the truth about Canada's Residential School graves

The resources below are now shared on the Diocesan website (frontpage): In this special three-part series, C2C Journal writer Hymie Rubenstein sorts through the heated claims and allegations and sets forth what is actually known about the unmarked graves at Canada's former Indian Residential Schools.

When disturbing evidence is unearthed that points to malfeasance by individuals, organizations or
entire countries, it is understandable that feelings would run high among the aggrieved parties. But are
unrestrained emotionalism, exaggeration and wild accusation the proper responses for politicians,
experts, commentators and the population at large? How does this help a nation get at the truth, pursue
justice or settle accounts – let alone move the parties along the path of forgiveness and reconciliation?
Read Part One

The reported discovery of unmarked graves at former Indian Residential Schools confirmed what many Canadians thought they already knew about this now-discredited system. But how much of this foundational knowledge is actually true? Did "all" Indigenous children attend residential schools? Were they forced to go? Was this done over the objections of their parents and chiefs? How did the buried students die? And what, in turn, was the system's real purpose? In Part Two of this special three-part series, Hymie Rubenstein digs deep into the historical record in the search for answers to these difficult questions. Read Part Two

# New employment opportunities

If you have the skills, talent and inspiration to take on the challenge, we invite you to consider these exciting opportunities in the Diocese of Calgary:

- Family and Youth Ministry Coordinator (full time) at All Saints, Lethbridge
- Sacrament Preparation Assistant (contract) at St. Pius X, Calgary

For more information and job application details, please visit <u>catholicyyc.ca/careers</u>

## Retreat for unemployed persons

Loss of employment can be trying to our souls and our emotional balance, not just our financial health. Struggling for a sense of hope, in the midst of disappointment, is an arduous task.

The FCJ Centre invites you to the *The Gift of Hope Retreat for Unemployed Persons*. The focus of the retreat will be on getting in touch with feelings, discovering gifts, and supporting one another in a time of personal transition. It is designed to help find patience, hope, humour and self-esteem in God's creative love.

 When: Sep. 17 - 18 at the FCJ Christian Life Centre. This retreat is "a live in" retreat and starts with supper on Friday at 5:30 pm, and finishes on Saturday at 5 pm. It is free of charge. RSVP: 403-228-4215 or info@fcjcentre.ca

# The gratuitous dimension of love

Pope Francis: "Love always gives life. Spousal love is not exhausted within the couple, but generates a family. Parents' love is the means by which God shows His love. He awaits the birth of every baby. He accepts and welcomes each child as they are".

Through a series of videos, the Holy Father, with the help of several families, invites us to journey together to rediscover the value and beauty of the family. Each video is accompanied by <u>a guide</u> that can be used flexibly either by families or by various ecclesial realities (dioceses, parishes, communities).

In this video, the Holy Father speaks to us of the fruitfulness of conjugal love.\_

- Watch video
- Download guide here



#### **Season of Creation**

On the occasion of the sixth anniversary of Laudato Si', the Dicastery for Promoting Integral Human Development invites you to join the ecumenical family in celebrating the Season of Creation that takes place from Sep. 1 (World Day of Prayer for Care of Creation) to Oct. 4 (Feast of St. Francis of Assisi).

This year's theme is "A home for all? Renewing the Oikos of God," and the logo reflects that theme as it's Abraham's tent, which symbolizes "a home for all."

During the 2021 <u>Season of Creation</u>, from 1st September through 4th October, thousands of Christians on six continents get together for a time of restoration and hope, a jubilee for our Earth, and to discover radically new ways of living with creation. More than ever before, the global Christian family will unite to pray and take action for our common home.

Season of Creation 2021 Guide is available now for parishes, ministries, small groups, families and individuals.

- 2021 Celebration Guide (Full Guide | Short Guide)
- Season of Creation 2021 Prayer
- Ecumenical Prayer Service for the Season of Creation
- Engage your local ecology through this Earth Examen
- Event checklist
- Season of Creation Themed Lectionary Notes
- Register your event

you are kindness and caring, you are wondrous and wise, you are our friend and guide, you are our deepest truth.
You bring us together to learn, to play, to worship together.
Be with us and guide us now and throughout the school year. Amen.

PRAYER: LISA FREEMANTIE AND LES MILLER (NOVALIS)

ROMAN CATHOLIC DIOCESE
Of Calgary

#### Back to school

As we begin the new school year in September, let us pray for each other and for the whole school family. May God give us courage as we look forward with anticipation and enthusiasm for the new school year.

 For all students, teachers and administrators beginning a new school year, may this be a time of safety for them, and may they always listen to the voice of the Holy Spirit, so as to grow fruitfully from their sharing and learning so as to make wise decisions and choices. We pray to the Lord.

# Haiti needs our support

At 8:29 a.m. on Saturday, August 14, 2021, a powerful magnitude 7.2 earthquake struck Haiti's Tiburon Peninsula, about 150 kilometres west of the capital, Port-au-Prince. Much of the damage occurred in the towns of Jérémie and Les Cayes. The force of the earthquake was felt across most of the country, particularly in the West Department.



Development and Peace — Caritas Canada's partners, the Institut de Technologie et d'Animation (ITECA) and Caritas Haiti have sprung into action. In three stricken departments, Caritas Haiti is participating in various coordination activities under Haiti's national risk management plan, which has been activated to help the population. ITECA has sent relief trucks and assessment teams to the affected regions.

<u>Donate now</u> or link available on our website: <u>catholicyyc.ca/give</u>



# **Diploma in Ministry - Fall courses**

Framed by the Roman Catholic tradition, <u>St. Mary's University</u> offers a Diploma in Ministry program, designed for persons seeking a deeper knowledge of the faith and a comprehensive theological education in preparation for ministry and service as lay persons and permanent deacons in the Church. This program is suited to persons with life experience and a mature Catholic and Christian faith.

Prospective students must meet St. Mary's admission requirements; given the academic rigour of the program, some previous post-secondary education would be beneficial.

#### EDCL 305/505 Understanding the Sacraments

A study of the Catholic understanding of sacraments, including the biblical, historical and theological development of each sacrament. We will explore the meaning and importance of sacraments, with emphasis on pastoral applications.

#### EDCL 306/506: Contemporary Issues in Moral Theology

An introduction to Moral Theology in the Catholic tradition. The course will include a study of moral law, grace, conscience, virtues, freedom, sin, the Ten Commandments, the Beatitudes, and the call to love. We will explore current issues in human sexuality, beginning and end-of-life issues, and the social teachings of the church, with emphasis on pastoral applications.

For more information, please contact extension@stmu.ca or call 403-531-9130. <u>Download poster</u>

# Catechesis of the Good Shepherd

The Level 1 course for the Catechesis of the Good Shepherd (CGS) will be taking place in Calgary from October 2 – 8, 2021. This course lays the foundation of the theory and practices of the Catechesis of the Good Shepherd for all three levels. Note that this is a training program for adults to become CGS catechists. The deadline for registration is Sep. 15. Please contact Paula Sabatini(csgcalgary@gmail.com or 403-607-3256) for more information, or click here.



Learn from Bishop McGrattan about the Catechesis of Good Shepherd <a href="here">here</a>

# Latest issue of Faithfully

Read the latest issue of *Faithfully*, released on August 12, 2021.

# Building an authentic friends high states and large transfer of the states and large transfer of the states and the states and

# **Worth Sharing**

#### 1. Resources for children: 24th Sunday in Ordinary Time

- Gospel Reflection: Peter didn't want to hear this part of the Good News of Jesus. But Jesus said that we have to accept all of it to be his followers, both the cross and the glory of the Resurrection. Jesus set an example for all his disciples to follow. He loved us so much that he was willing to suffer and die for us.
  - 1. Kid's Bulletin for this Sunday
  - 2. Colouring page this Sunday
  - 3. Sunday Connection for 24th Sunday in Ordinary Time (Gr. 1-8)
- o Children's Sunday Liturgy for the 24th Sunday in Ordinary Time
- 1. <u>Children's Liturgy weekly leaflet for leaders or parents by CAFOD</u>, with gospel reflection, intercession & activity suggestions)
- 2. Children's Liturgy at home for leaders or parents by Catholic Children's Liturgy

- 3. Children's Liturgy of the Word with Miss Heidi (Catholic TV)
- 4. Does your parish have online Sunday program for children? If so, please share it with communications@calgarydiocese.ca

#### 2. State's bishops 'celebrate every life saved' by Texas abortion law

The "Texas Heartbeat Act," signed into law in May and effective Sept. 1, prohibits abortions after the detection of a fetal heartbeat, which can occur as early as six weeks into pregnancy. The law only includes exceptions for medical emergencies. Bishops around the country reacted with praise to a Texas law banning abortions after the detection of a fetal heartbeat, and noted that women experiencing a crisis pregnancy have resources available, instead of abortion. Read more

#### 3. Cardinal Sako says Pope Francis' historic visit changed Iraq

A cardinal said on Tuesday that Pope Francis' historic visit to Iraq in March had a profound impact on the country. Delivering his testimony at the <u>52nd International Eucharistic Congress</u> in Budapest, Hungary, on Sept. 7, Cardinal Louis Raphaël Sako explained that the pope's trip had changed the atmosphere in the Middle Eastern country. <u>Read more</u>

4. Three Christian leaders release first-ever joint statement on environment | For the first time in history, the three most influential Christian leaders in the world have released a joint statement. The missive, "A Joint Message for the Protection of Creation," was signed by Pope Francis, Orthodox Ecumenical Patriarch Bartholomew, and Archbishop of Canterbury Justin Welby. Together, the trio are responsible for the religious guidance of about 1.6 billion Christians. Read more

#### 5. Totus Tuus - Rosary Making

Totus Tuus lay association group (home parish at Holy Spirit, Calgary) makes and distributes rosaries all around the world. If you are interested in getting involved with this activity, please contact Marta at totustuus@shaw.ca | More information <a href="mailto:here">here</a>

#### 6. Fatherhood & Forgiveness

In this podcast, Devin Schadt shares his deep and really incredible stories about painful moments in his life related to his conversion, his experience of learning to embrace his fatherhood, and the incredible story of forgiving the medical professionals who contributed to his daughter's disability. You can watch the interview <a href="here">here</a>, or listen to the podcast <a href="here">here</a>

#### 7. A discernment checklist for business leaders

A <u>document</u> titled "Vocation of the Business Leader: A Reflection," produced by the Vatican's Dicastery for Promoting Integral Human Development, offers a helpful examen for business leaders. Many of the questions are useful for anyone in the business world. <u>Summarized in bullet forms for you here</u>

#### 8. Anglican bishop resigns to join Catholic Church

An Anglican bishop has resigned to join the Catholic Church, the Archbishop of Canterbury, Justin Welby announced last Friday. Bishop Jonathan Goodall is the first Church of England bishop in a decade to convert to Catholicism. Read more

#### 9. Used Book Sale at Holy Spirit Parish

Holy Spirit CWL is delighted to once again hold our popular Used Book Sale on Saturday, Sep. 18 from 9 am to 3 pm. Funds raised support scholarships and educational opportunities. All books are 50¢ each. You are invited to drop off your gently used books at Holy Spirit Catholic Church beginning August 15. Note: NO textbooks, encyclopedias or magazines.

#### 10. Greening Your Church Course

Connected: Catholic Social Teaching for This Generation brings that message to young people through the issues they care about most deeply: The Dignity of Life; Solidarity and Race; Environmental stewardship; Poverty and the Dignity of Work; The Family as the Foundation of Society. Connected shares the richness of Catholic social teaching in a beautiful and compelling way. Sign up for a free

#### 11. Confession resources

Here are some resources that might help individuals and family in your community when you promote your parish confession schedule:

- <u>Diocesan printable Confession card for children</u> (includes examination of conscience, step-bystep and simple act of contrition)
- o Printable examination of conscience for children
- o Goodconfession.com
- o In depth examination of conscience
- o Printable quide to Confession for adults (provided by Knights of Columbus
- o Video: Making a good confession (Fr. Mike Schmitz)

Video: Bringing the same sins to confession? Try this

### **Retrouvaille Weekend Online**

A message from Retrouvaille Calgary:

Most marriages go through hard times. It takes work to keep our relationships healthy and growing. If you need help rebuilding and rediscovering the love you once had for each other, Retrouvaille is offering a weekend program, and post follow-up sessions to get you headed toward renewal. There is always hope for your relationship and the time to heal is now. Next Weekend: Sep. 10 -12, 2021. To register, contact 403-901-9582 or email coordinator@retrouvaillecalgary.com

# Share your photos

Got a great photo? Whether it's of parish life, ministry life or home life, the Diocese of Calgary is wanting to promote daily Catholic life in action. Submit your photo <a href="here">here</a>

# **Updated guidelines for Stage 3**

The updated guidelines through this page: <a href="mailto:catholicyyc.ca/blog/covid19">catholicyyc.ca/blog/covid19</a> - it's also available on our front page by clicking "COVID-19 in the Diocese" button.



### **Creation Care School - Free Courses**

Creation Care School offers pastoral staff a selection of quality courses which explore integral ecology developed by Pope Francis in his encyclical Laudato Si' (2015). "This school is for Christians who want to get involved in environmental action and awareness in their own local church. When a whole faith community starts caring for Creation, your church gets new media coverage and youth wanting to participate."

Instructor: Norman Levesque, who is the diocesan officer for Creation Care Ministry since 2011 in the Diocese of Saint-Jean-Longueuil (near Montreal) and a member of the Laudato Si' working group of the Vatican Dicastery for Integral Human Development. Here are two free courses for you:

- Greening your church in 10 steps (1 hr)
- Laudato Si': A revolutionary encyclical (1 hr)
- More courses here

#### Resources for mental health

"Physically healthy should also include a focus on our mental and spiritual well-being." says Sr. Donna Marie Perry, psychotherapist and social worker in the Diocese of Calgary. "Not all families are healthy," says Sr. Perry. She urges people who see others struggling to reach out with kindness. Where appropriate, you can also recommend they access support from community-based organizations. (Mental health matters, Faithfully).

Have you encountered anyone in need of access to help with mental health? Below is a list of handy mental health resources for you to share:

- Calgary Counselling Centre: 403-691-5991 + online counselling
- Catholic Family Service: 403-205-5295. Rapid Access Counselling: 403-233-2360 or email <a href="mailto:intake@cfs-ab.org">intake@cfs-ab.org</a>
- Distress Centre: 403-266-4357 available 24/7.
- Eastside Family Centre: 403-299-9696 telephone and e-therapy.
- Kid's Help Phone: 1-800-668-6868
- Mental Health Help Line: 1-877-303-2642
- Access Mental Health: 403-943-1500

For other barrier free consultation sessions (Calgary area), you may consider referring those in need with this online service: communityconnectyyc.ca

# The Year of Amoris Laetitia Family

Through a series of 10 videos, the Holy Father, with the help of several families, invites us to journey together to rediscover the family as a gift, despite every problem, obstacle and challenge that families have to face today. In the first video "Walking Together" Pope Francis and a family share about the beauty of being a family and how each person is called to lovingly care for the life of the family. Never a problem, families are always a gift and, in terms of the future, they are an opportunity. Each video is accompanied by a guide.

## **Online Faith Formation Courses**

#### **Certificate in Catholic Studies**

The Benedict XVI Institute for New Evangelization offers a comprehensive selection of courses on various aspects of the Catholic faith. All are offered online. Each course runs five weeks and costs \$85. Take an individual course for interest, or work toward one or all of the twenty two specialized Certificates in Catholic Studies. Students may register completely online at <a href="newman.edu/ccs">newman.edu/ccs</a> Visit our website for further details and FAQs.

#### Other online formation opportunities

These formation opportunities will help you with your faith journey and to help you grow closer to Christ. Find a list of webinars and courses on our diocesan website <u>here</u>.



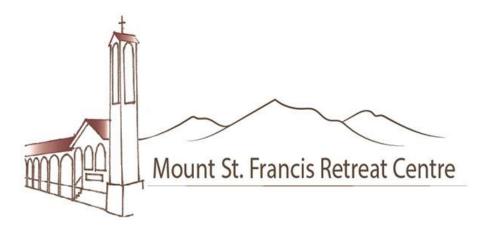






A corporate ministry of the Sisters Faithful Companions of Jesus (FCJ) since 1980





Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.