



# Welcome to HOLY FAMILY PARISH

SEPTEMBER 5, 2021, 2021 – 23<sup>RD</sup> SUNDAY IN ORDINARY TIME

Email: [contact@holyfamilymh.ca](mailto:contact@holyfamilymh.ca) ~ Website: [www.holyfamilymh.ca](http://www.holyfamilymh.ca) ~ Facebook: Medicine Hat Holy Family Parish

**Reconciliation:** By Appointment Only 403-527-6933 ext. 101

**Office Hrs.** Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm - Closed on Holidays.

Reconciliation...

Friday 9:30am–10:30am. & Saturday

3:30–4:45pm.

Or by Appointment

THE CHAPEL IS OPEN

MONDAY - FRIDAY 9:30am - 4:00pm

ADORATION FRIDAY 9:30 – 10:30am

**MASS TIMES...** *MONDAY to FRIDAY at 9:00AM*

*FIRST SATURDAY OF MONTH at 8:30AM*

*SATURDAY at 5:00PM*

*SUNDAY at 8:30AM, 10:30AM & 6:00PM*

Catholic Women's League



Marjorie Bowlby

403-527-2739

Knights of Columbus

Kirby Peterson

403-487-1909



## FORMED.org

THE CATHOLIC FAITH.  
ON DEMAND.

LOG IN [WWW.FORMED.ORG](http://WWW.FORMED.ORG)

- Go to Formed.org

- Enter our PARISH CODE: **GPQWK7**

Create a personal account with your personal username/email and password.

- Start enjoying the best Catholic content all in one place!

**IMPORTANT:** Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!

**Sunday 10:30am Mass**

**Medicine Hat Holy Family  
Church Live Stream**

[https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut\\_Q](https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q)

**You Tube**

### Attending Masses...

- Masks are not mandatory however if you are more comfortable wearing one, please do.
- We do encourage hand sanitizing.
- Please respect each others' choices and personal space.

Listen to Mass on your phone...  
Download the "Audio Fetch" app.  
Our Network is: HFP\_LIVE  
The Password is: Liv3HFP\*

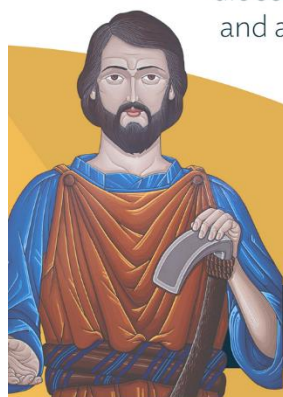


You Asked for it... so now here it is...

E-Transfer Donations [accounting@holyfamilymh.ca](mailto:accounting@holyfamilymh.ca)



**1.4 MILLION** of the Diocesan goal will financially support the approved diocesan ministries, partner organizations, and agencies. See list at [catholicyyc.ca/tia](http://catholicyyc.ca/tia)



**2021**  
THE YEAR of  
ST. JOSEPH

[CATHOLICYC.CA/TIA](http://CATHOLICYC.CA/TIA)

” Then the people rejoiced because these had given willingly, for with single mind they had offered freely to the Lord

1 CHRONICLES 29:9

## OUR PARISH GOAL

**\$ 49,657**

Everything raised **OVER** our parish goal will go to support\*:

Mustard Seed  
Medicine Hat Food Bank  
& Society of St. Vincent de Paul

**TO DATE \$ 23,339 = 47%**

### OPERATING FINANCES

July 1-31, 2021

Operating Budget 2021	\$ 55,019
General Envelope Collection	\$ 40,443
Loose Collections	\$ 1,099
Future Development	\$ 2,916
Sale of Church Supplies & Other	\$ 3,850
Other Ministries	\$ 491

**Budget Vs Actual** **-\$ 6,220**

### SPECIAL COLLECTIONS

Together in Action (TIA)	\$ 2,200
Clergy Retirement	\$ 25
St Vincent de Paul	\$ 3,001
Seminarian Fund	\$ 40
Mission Mexico	\$ 70
CARO	\$ 85

*Thank You for your Generous Contributions*

† Masses Intentions †

September 4 - 10

**Saturday, September 4**

8:30 am – Victoria Deis †

5:00pm – Jack & Fanny Guckert †

**Sunday, September 5**

8:30 am – Holy Family Parish

10:30am – JP Blanchette & Family

6:00pm – Akkakattil †

**Monday, September 6**

**NO MASS TODAY – LABOR DAY**

**Tuesday, September 7**

9:00am – Christine Resch

**Wednesday, September 8**

9:00am – Val Volk †

**Thursday, September 9**

9:00am – Victoria Deis †

**Friday, September 10**

9:00am – Michael & Alana  
Blanchette

23<sup>rd</sup> Sunday in Ordinary Time - Sunday, September 5, 2021

1<sup>st</sup> Reading: Isaiah 35.4-7

The ears of the deaf shall be unstopped, and the tongue of the speechless sing  
for joy.

Responsorial Psalm: Ps 146.6c-7,8-9a,9b-10 (*R. 1*)

*R.* Praise the Lord, o my soul! or *R.* Alleluia!

2<sup>nd</sup> Reading: James 2.1-5

Has not God chosen the poor to be rich in faith, and be heirs of the kingdom?

Gospel: Mark 7.31-37

He makes the deaf to hear and the mute to speak.

### BE OPENED

Jesus heals a deaf and mute man today who immediately speaks plainly. Before the Baptism of adults and after that for babies and children, the Church imitates Jesus with the Ephphetha Rite [EF-fah-thah]. In opening the ears and mouth, we pray for the grace to hear the word of God and to profess it every day.

- ✦ To what right behavior do I turn a deaf ear, a closed mouth?
- ✦ What needs opening so I may hear the word of God?
- ✦ What needs opening so I may speak truth?



**THAT MAN IS YOU**  
**STARTING SEPTEMBER 25**  
**8:30AM**

**ST. PATRICK'S CHURCH HALL**

**JOIN US FOR OUR 10TH YEAR, LISTEN TO DYNAMIC  
SPEAKERS AND LEARN HOW YOU CAN PARTICIPATE IN  
BRINGING ABOUT THE KINGDOM OF GOD.**

**ALL MEN WELCOME!**



To all parishioners who participated in any way with our CWL sponsored Garage Sale, whether you rented tables, donated items, worked the donation tables or even came and bought items.  
We **Thank you** for your participation. We had a great turn out.





REGISTRATION FOR  
**1<sup>ST</sup> RECONCILIATION & 1<sup>ST</sup> HOLY COMMUNION CLASSES**

FRIDAY, SEPTEMBER 10, 2021 @ 6:30 PM OR  
SATURDAY, SEPTEMBER 11, 2021 @ 10:00 AM  
IN THE HOLY FAMILY PARISH HALL

USUAL AGE FOR THIS SACRAMENT IS 12YRS OR GRADE 2

PLEASE BRING COPY CHILDS BAPTISM CERTIFICATE AND BIRTH CERTIFICATE OR  
PROOF OF CANADIAN RESIDENCY IF BORN OUTSIDE CANADA & \$50.00 FEE

***Holy Family Parish Annual  
Blessing of the Pets  
September 12, 2021  
2:00pm***



**RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)**

DO YOU HAVE A DESIRE TO LEARN ABOUT THE TRADITIONS AND TEACHINGS OF THE CATHOLIC FAITH? DO YOU FEEL A NEED FOR A DEEPER UNDERSTANDING OF OUR FAITH BELIEFS IN ORDER TO KEEP UP WITH THE RELIGIOUS EDUCATION OF YOUR CHILD(REN)? IF SO, PERHAPS YOU WOULD BE INTERESTED IN THE RCIA PROGRAM AT HOLY FAMILY PARISH.



- THE SESSIONS ARE HELD EVERY WEDNESDAY EVENING IN THE FAITH ROOM FROM SEPTEMBER TO JUNE. PREPARATIONS ARE NOW UNDERWAY TO BEGIN A NEW YEAR OF SPIRITUAL GROWTH, THE FIRST MEETING DATE HAS BEEN SET FOR: WEDNESDAY, SEPTEMBER 21 FROM 7:00-9:00 PM.
- WHETHER YOU ARE A BAPTIZED CATHOLIC, BAPTIZED IN ANOTHER CHRISTIAN FAITH, OR NON-BAPTIZED, YOU ARE ALWAYS WELCOME TO JOIN US. FURTHER INQUIRIES OR QUESTIONS ABOUT THE RCIA PROGRAM CAN BE DIRECTED TO THE PARISH OF YOUR CHOOSING!

**For More Information Call Pat at 403-878-6073**





# audiofetch

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WiFi: HFP\_Live

PW: Liv3HFP\*



03

Open the AudioFetch  
app and adjust the  
volume to your  
preference.



Please contact [gjsa@shaw.ca](mailto:gjsa@shaw.ca) with details of any issues with this service so that we can provide you with a more pleasurable listening experience.





**23<sup>rd</sup> Sunday in Ordinary Time – Year B**

**Sunday, September 5, 2021**

### **OUR OPENNESS TO LISTEN**

In our human life we have basic senses which help us to see, smell, touch, hear and taste and these senses complete our life and help us to enjoy the beauty of the creation. However, beside these senses, we need to experience something totally different to express ourselves and that is called speaking. In present age, big thanks to science that people are getting sight restored and some can hear via audio devices. God has blessed us with such great gifts. We are given tongues to speak and proclaim his name to others and ears to hear his voice and listen to his voice to amend our lives according to his good pleasure.

Restoration of sight to the blind and the power of speech to the mute and the power of hearing to the deaf were part of the messianic expectations. This was at the center of the prophecy we read today in the First Reading. The lines of this reading recapture the prophetic voice and words of deliverance from God through the prophet and to God's people who were facing a very turbulent and difficult time in their history as a people. A period of crisis that could be likened to ours, not just for the world at large but particularly to us a Church, as the Family of God, at this point, in the words of Pope Benedict XVI, "even when the boat has taken on so much water as to be on the verge of capsizing." It was exactly in such moment that God spoke to His people, as He is speaking to us afresh today that "the eyes of the blind shall be opened, the ears of the deaf unsealed, then the lame shall leap like a deer and the tongues of the mute sing for joy." It is often the temptation to stop at a literal and superficial understanding of these prophetic lines. Much deeper than that, God invites us to a special form of encounter that not only liberates us physically, but that which also spiritually emancipates us and empowers and places us at the forefront to successfully realize our mission as sons and daughters of God. Someone said, "Prayer at its highest is a two-way conversation - and for me the most important part is listening to God's replies". St. Augustine once said "Remember this. When people choose to withdraw far from a fire, the fire continues to give warmth, but they grow cold. When people choose to withdraw far from light, the light continues to be bright, but they are in darkness. This is also the case when people withdraw from God".

God not only gives us to the power to listen but to speak as well. How we use these powers, all depends on us. Maybe we can compare these powers with the following story:

The Wind and the Sun were disputing which was the stronger. Suddenly they saw a traveller coming down the road, and the Sun said: "I see a way to decide our dispute. Whichever of us can cause that traveller to take off his cloak shall be regarded as the stronger. You begin."

So, the Sun retired behind a cloud, and the Wind began to blow as hard as it could upon the traveller. But the harder he blew the more closely did the traveller wrap his cloak round him, till at last the Wind had to give up in despair.

Then the Sun came out and shone in all his glory upon the traveller, who soon found it too hot to walk with his cloak on.

This Sunday's Gospel passage refers to the episode of the miraculous healing of a man who was deaf and had a speech impediment by Jesus. They took him a deaf and mute man, beseeching Him to lay a hand upon him. Instead, He performed two different gestures upon him: first of all, He took the man aside, far from the crowd. On this occasion, as on others, Jesus always acts with discretion. He does not want to impress people; He is not seeking popularity or success but wishes only to do good to people. With this attitude, He teaches us that good is to be done without clamour, without ostentation, without "blowing one's trumpet". It should be done quietly.

When they had drawn aside, Jesus put his fingers in the deaf man's ears and touched his tongue with saliva. This gesture refers to the Incarnation. The Son of God is a man inserted into human reality: he became man; therefore, he can understand another man's distressing condition and intervene with a gesture which concerned his own humanity. At the same time, Jesus wanted to make it understood that the miracle occurred because of his union with the Father: for this reason, he looked up to heaven. He then sighed and said the decisive word: "Ephphatha", which means "Be opened". And immediately the man was healed: his ears were opened; his tongue was released. For him the healing was an "opening" to others and to the world.

It is very glaring that we are living in a time where we hear more of vices than of virtues. In a time where virtuous living seems to be the abnormal way of life whereas vices are praised with the loudest of voices and with the grandeur of visual glamour. Hence, the problem of our time goes beyond that of being deaf to the physical sound of things but much deeper to being deaf to the voice of virtue and God-founded values. Hence the sound of 'Ephphatha' we need to hear in our times is not just to open our physical ears, for that would be the greatest limitation of the power of God, but also our inner ears to hear what the Lord says to us and to loosen the ligaments of our tongues to announce what we have heard to everybody. Beyond the restoration of the man's power of speech, this man received, together with those around him the grace to recognize the divine power at work in Jesus Christ, the values Jesus stood for and embodied in His person and the boldness to speak about God "He has done all this well, He makes the deaf hear and the mute speak." Have you had an experience of this 'Ephphatha'?

By virtue of our baptism, we have all made the same experience with the deaf man of today. Our ears have been opened and the ligaments of our tongues loosened. The problem we have

is that we allow this persecutive and deafening noise of vices to silence us into confusion and uncertainty and uncharitable empathy for evil and the destruction of our families and societies by injustice and exploitation of the poor and the vulnerable. In the words of the Second Reading (James 2:1-5) we have been pushed into the use of standards that demeans the values we profess and should defend. The Word of God is charging us once more today to be the voice of the voiceless, to stand against injustice and to speak and witness in words and deeds the good news that we carry for “all that is necessary for the triumph of sin and vice is for good men and women to keep mute and do nothing.”

Through the miracle in the Gospel today, we are given the choice to listen to his voice and proclaim it others. By listening to him we become obedient and by becoming obedient we become faithful to him who never denies us. Let me conclude my reflection with his wonderful story to remind us to be silent to listen to him.

Once Buddha was walking from one town to another town with a few of his followers. This was in the initial days. While they were traveling, they happened to pass a lake. They stopped there and Buddha told one of his disciples, “I am thirsty. Please get me some water from that lake there”.

The disciple walked up to the lake. When he reached it, he noticed that some people were washing clothes in the water and, right at that moment, a bullock cart started crossing the lake right at the edge of it. As a result, the water became very muddy, very turbid. The disciple thought, “How can I give this muddy water to Buddha to drink?!” So, he came back and told the Buddha, “The water in there is very muddy. I don’t think it is fit to drink”.

So, the Buddha said, let us take a little rest here by the tree. After about half an hour, again Buddha asked the same disciple to go back to the lake and get him some water to drink. The disciple obediently went back to the lake. This time he found that the lake had absolutely clear water in it. The mud had settled down and the water above it looked fit to drink. So, he collected some water in a pot and brought it to the Buddha.

The Buddha looked at the water, and then he looked up at the disciple and said, “See, You let the water be and the mud settled down on its own. You got clear water. It didn’t require any effort”.

Are open to listen to him?



Photo by Fr. Iqbal Khurshid





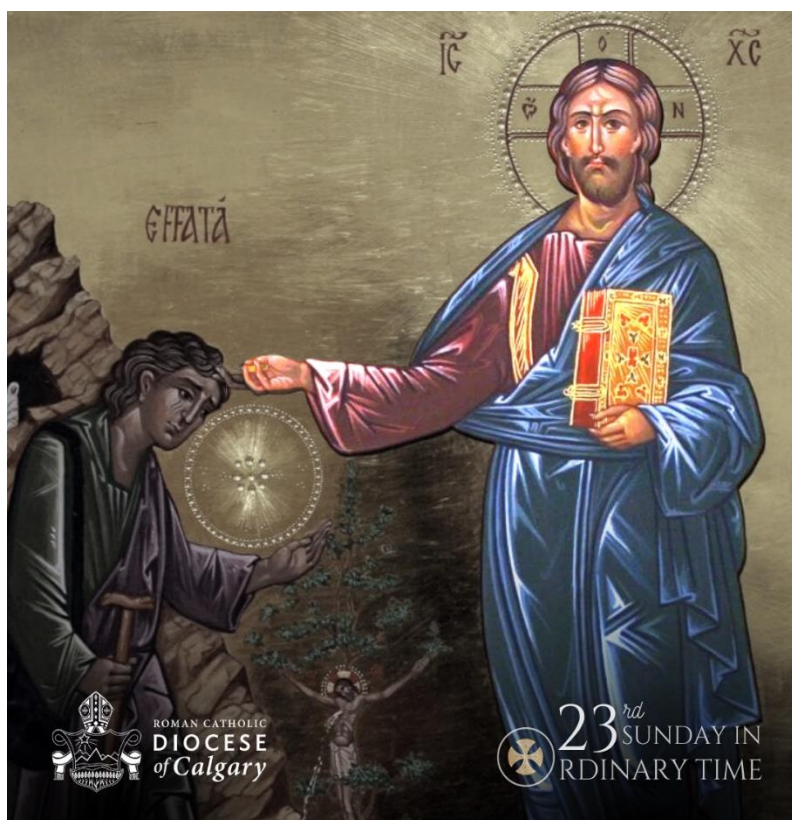
THE DIOCESE OF CALGARY IS IN  
**TREATY 7 TERRITORY**



ROMAN CATHOLIC  
**DIOCESE**  
*of Calgary*

*We acknowledge that Treaty 7 territory, on which we stand, is the ancestral land of the Indigenous peoples and is common home to everyone in virtue of God our Creator's gracious gift.*

## 23rd Sunday of Ordinary Time



Visit the [Diocesan Event Calendar](#)

Follow us on Social Media

[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:

[Vatican News](#) | [The Sunday Website](#)  
[Sunday Connection](#) | [CCCB Reflection \(new link\)](#)

Daily and Sunday Mass Prayers & Readings: [CCCB Daily Readings](#) (pick the desired date)

Full schedule of Parish Livestream Masses:

<https://www.catholiccyc.ca> | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#)

COVID-19 Resources

- [Sacraments & Liturgies](#)
- [Spiritual Resources](#)
- [Sacrament Preparation](#) (First Reconciliation, First Communion, Confirmation)
- [Online Formation Opportunity](#)

August Edition of *Faithfully*

The June edition of *Faithfully* was released on Thursday, August 12, 2021.

- [Read August Faithfully](#)
- [Subscribe to Faithfully](#)

Children Resources for the 23rd Sunday in Ordinary Time

- [Gospel](#) Reflection: In today's Gospel, we hear about one of Jesus' healing miracles. The people bring a man who needs healing to Jesus. Jesus later asks the people not to tell anyone what happened. Listen to find out how the man is healed and whether the people do what Jesus asked. (Source: Loyola Press)
  - [Kid's Bulletin for this Sunday](#) | [Colouring page this Sunday](#)
  - [Sunday Connection for 22nd Sunday in Ordinary Time](#) (Gr. 1-8)
- Children's Sunday Liturgy for **the 23rd Sunday in Ordinary Time**
  - [Children's Liturgy weekly leaflet for leaders or parents](#) by CAVOD, with gospel reflection, intercession & activity suggestions)
  - [Children's Liturgy at home for leaders or parents](#) - by Catholic Children's Liturgy
  - [Children's Liturgy of the Word with Miss Heidi](#) (Catholic TV)



- Does your parish have online Sunday program for children? If so, please share it with [communications@calgarydiocese.ca](mailto:communications@calgarydiocese.ca)

## Pray and fast for Afghanistan

Pope Francis on Sunday urged Christians to intensify their prayer, penance, and fasting for the situation in Afghanistan, as he entrusted the souls of those who have died to God's mercy.



As Christians the situation in Afghanistan obligates us. In historic moments like this, we cannot remain indifferent. For this reason, I address an appeal to everyone to intensify your prayer and practice fasting, asking the Lord for mercy and forgiveness.

7:01 AM · Aug 29, 2021 · TweetDeck

Please consider praying these intentions on Sunday Masses this weekend:

- *For our brothers and sisters in Afghanistan, that there be an end to the violence in their country; and may God give them courage, hope and strength in this time of crisis, let us pray to the Lord.*
- *For solidarity in our global human family, so that we may work together to protect those who are most vulnerable and most in need, let us pray to the Lord.*

## New webinar series on Residential Schools

Archdiocese of Edmonton hosted a webinar series on the history of residential schools, the TRC, and the long road towards healing and Reconciliation. The video is presented by Archbishop Richard Smith of the Edmonton Archdiocese, as well as Metis Deacon John Brown, Archbishop of Toronto Cardinal Thomas Collins, as well as Neil McCarthy, Director of Communications for the Toronto Archdiocese.

- Part 1 link on YouTube: <https://www.youtube.com/watch?v=aJiNGHZBrY4>
- Part 2 link on YouTube: <https://www.youtube.com/watch?v=peV6Cf4MAos>

## Webinar: Preparing for the Federal Election



Catholic Conscience presents a **free webinar** as part of their Catholic Action initiative in the 2021 federal election campaign: *Federal Election 2021: Catholics & Canadian Politics*, featuring John Milloy. In a wide-ranging conversation at the apex of the 2021 federal election, Catholic Conscience will discuss the past, present, and future of Catholic political engagement at the federal level, as well as the ongoing election campaign—

Catholics' place in it, and Milloy's analysis of the state of Canadian politics as we prepare to elect our next federal government.

- Join Catholic Conscience for this free webinar on **Wednesday, Sep. 15 at 5 pm MDT** RSVP here: <https://bit.ly/CatholicsAndCanPoli>
- How to vote like a Catholic? [Download poster](#)
- Catholic Conscience's [election page](#) and parties' [platform comparison](#) (a work in progress, more parties will be added by Monday)
- [A prayer for Elections](#) (jpg)
- *Do you know that you can vote by mail?* [Register to vote](#) (Elections Canada)

## New employment opportunities

There are new employment opportunities in the Diocese of Calgary:

- Receptionist (part time) - St. Mary's Cathedral, Calgary
- Family and Youth Ministry Coordinator (full time) - All Saints, Lethbridge

Please visit [catholiccyyc.ca/careers](http://catholiccyyc.ca/careers) for more information and for application details.

## Retreat for unemployed persons

Loss of employment can be trying to our souls and our emotional balance, not just our financial health. Struggling for a sense of hope, in the midst of disappointment, is an arduous task.

The FCJ Centre invites you to the ***The Gift of Hope Retreat for Unemployed Persons***. The focus of the retreat will be on getting in touch with feelings, discovering gifts, and supporting one another in a time of personal transition. It is designed to help find patience, hope, humour and self-esteem in God's creative love.

- **When: Sep. 17 - 18** at the FCJ Christian Life Centre. This retreat is "**a live in**" retreat and starts with supper on Friday at 5:30 pm, and finishes on Saturday at 5 pm. It is free of charge. RSVP: 403-228-4215 or [info@fcjcentre.ca](mailto:info@fcjcentre.ca)

## The gratuitous dimension of love

Pope Francis: "Love always gives life. Spousal love is not exhausted within the couple, but generates a family. Parents' love is the means by which God shows His love. He awaits the birth of every baby. He accepts and welcomes each child as they are".

Through a series of videos, the Holy Father, with the help of several families, invites us to journey together to rediscover the value and beauty of the family. Each video is accompanied by [a guide](#) that can be used flexibly either by families or by various ecclesial realities (dioceses, parishes, communities).

In this video, the Holy Father speaks to us of the fruitfulness of conjugal love.\_

- [Watch video](#)
- [Download guide here](#)



Season of Creation



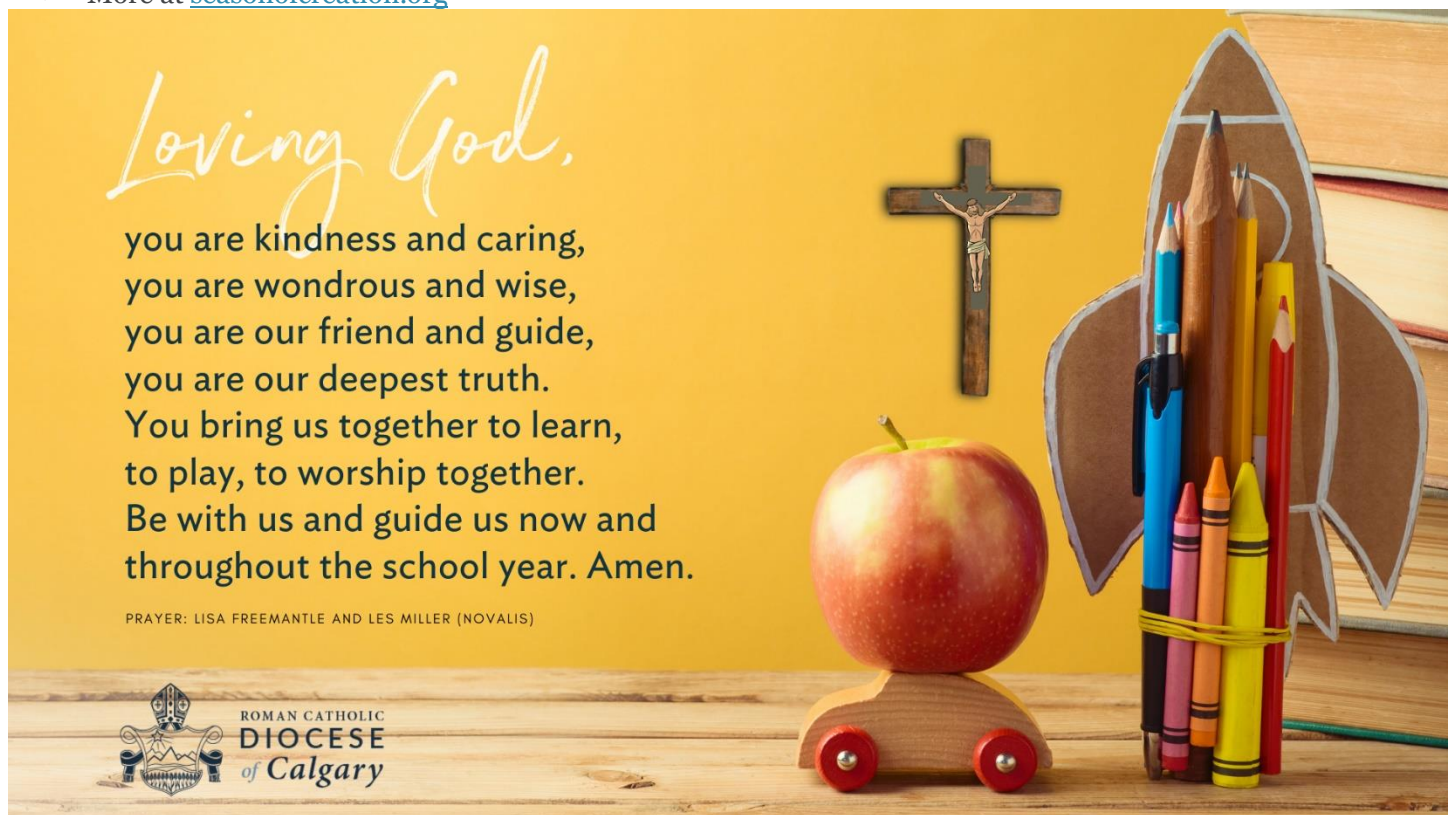
On the occasion of the sixth anniversary of Laudato Si', the Dicastery for Promoting Integral Human Development invites you to join the ecumenical family in celebrating the Season of Creation that takes place from Sep. 1 (World Day of Prayer for Care of Creation) to Oct. 4 (Feast of St. Francis of Assisi).

This year's theme is "A home for all? Renewing the Oikos of God," and the logo reflects that theme as it's Abraham's tent, which symbolizes "a home for all."

During the 2021 [Season of Creation](#), from 1st September through 4th October, thousands of Christians on six continents get together for a time of restoration and hope, a jubilee for our Earth, and to discover radically new ways of living with creation. More than ever before, the global Christian family will unite to pray and take action for our common home.

Season of Creation 2021 Guide is available now for parishes, ministries, small groups, families and individuals.

- 2021 Celebration Guide ([Full Guide](#) | [Short Guide](#))
- [Season of Creation 2021 Prayer](#)
- [Ecumenical Prayer Service for the Season of Creation](#)
- [Engage your local ecology through this Earth Examen](#)
- [Event checklist](#)
- [Season of Creation Themed Lectionary Notes](#)
- [Register your event](#)
- More at [seasonofcreation.org](http://seasonofcreation.org)



## Back to school

As we begin the new school year in September, let us pray for each other and for the whole school family. May God give us courage as we look forward with anticipation and enthusiasm for the new school year.

- *For all students, teachers and administrators beginning a new school year, may this be a time of safety for them, and may they always listen to the voice of the Holy Spirit, so as to grow fruitfully from their sharing and learning so as to make wise decisions and choices. We pray to the Lord.*

## Haiti needs our support

At 8:29 a.m. on Saturday, August 14, 2021, a powerful magnitude 7.2 earthquake struck Haiti's Tiburon Peninsula, about 150 kilometres west of the capital, Port-au-Prince. Much of the damage occurred in the towns of Jérémie and Les Cayes. The force of the earthquake was felt across most of the country, particularly in the West Department.



Development and Peace – Caritas Canada's partners, the Institut de Technologie et d'Animation (ITECA) and Caritas Haiti have sprung into action. In three stricken departments, Caritas Haiti is participating in various coordination activities under Haiti's national risk management plan, which has been activated to help the population. ITECA has sent relief trucks and assessment teams to the affected regions.

- [Donate now](#) or link available on our website: [catholiccyyc.ca/give](http://catholiccyyc.ca/give)

**Diploma in Ministry Program**  
**2 New Courses!**

**Diploma in Ministry Program**  
**2 New courses for this fall and winter (2021-2022)**

Formed by the Roman Catholic tradition, the Diploma in Ministry program is designed for persons seeking a deeper knowledge of the faith and a comprehensive theological education in preparation for ministry and service as lay persons and permanent deacons in the Church. This program is suited to persons with life experience and a mature Catholic and Christian faith.

**EDCL 305/505: Understanding the Sacraments**  
(3 credits)  
A study of the Catholic understanding of sacraments, including the biblical, historical and theological development of each sacrament. We will explore the meaning and importance of sacraments, with emphasis on pastoral applications.  
3 Saturdays: Sept. 11, Oct. 16 and Nov. 13, 2021.

**EDCL 306/506: Contemporary Issues in Moral Theology**  
(3 credits)  
An introduction to Moral Theology in the Catholic tradition. The course will include a study of moral law, grace, conscience, virtues, freedom, sin, the Ten Commandments, the Beatitudes, and the call to love. We will explore current issues in human sexuality, beginning and end-of-life issues, and the social teachings of the church, with emphasis on pastoral applications.  
6 Saturdays: Dec 4, 2021; and Jan. 8, Feb. 5, Mar. 5, Apr. 2, May 14, 2022.

For more information, please contact:  
[extension@stmu.ca](mailto:extension@stmu.ca) or call 403-531-9130

**ST MARY'S UNIVERSITY**

## Diploma in Ministry - Fall courses

Framed by the Roman Catholic tradition, [St. Mary's University](#) offers a Diploma in Ministry program, designed for persons seeking a deeper knowledge of the faith and a comprehensive theological education in preparation for ministry and service as lay persons and permanent deacons in the Church. This program is suited to persons with life experience and a mature Catholic and Christian faith.

Prospective students must meet St. Mary's admission requirements; given the academic rigour of the program, some previous post-secondary education would be beneficial.

- **EDCL 305/505 Understanding the Sacraments**  
A study of the Catholic understanding of sacraments, including the biblical, historical and theological development of each sacrament. We will explore the meaning and importance of sacraments, with emphasis on pastoral applications.
- **EDCL 306/506: Contemporary Issues in Moral Theology**  
An introduction to Moral Theology in the Catholic tradition. The course will include a study of moral law, grace, conscience, virtues, freedom, sin, the Ten Commandments, the Beatitudes, and the call to love. We will explore current issues in human sexuality, beginning and end-of-life issues, and the social teachings of the church, with emphasis on pastoral applications.

For more information, please contact [extension@stmu.ca](mailto:extension@stmu.ca) or call 403-531-9130. [Download poster](#)

## Catechesis of the Good Shepherd

The Level 1 course for the Catechesis of the Good Shepherd (CGS) will be taking place in Calgary from October 2 – 8, 2021. This course lays the foundation of the theory and practices of the Catechesis of the Good Shepherd for all three levels. Note that this is a training program for adults to become CGS catechists. The deadline for registration is Sep. 15. Please contact Paula Sabatini ([csqcalgary@gmail.com](mailto:csqcalgary@gmail.com) or 403-607-3256) for more information, or [click here](#).

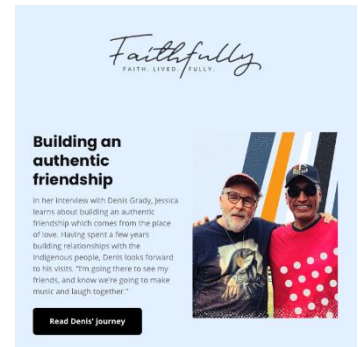


Learn from Bishop McGrattan about the Catechesis of Good Shepherd [here](#)



# Latest issue of *Faithfully*

Read the latest issue of [\*Faithfully\*](#), released on August 12, 2021.



## Worth Sharing

### 1. Resources for children: 23rd Sunday in Ordinary Time

- [Gospel](#) Reflection: In today's Gospel, we hear about one of Jesus' healing miracles. The people bring a man who needs healing to Jesus. Jesus later asks the people not to tell anyone what happened. Listen to find out how the man is healed and whether the people do what Jesus asked. (Source: Loyola Press)
  1. [Kid's Bulletin for this Sunday | Colouring page this Sunday](#)
  2. [Sunday Connection for 22nd Sunday in Ordinary Time](#) (Gr. 1-8)
- Children's Sunday Liturgy for the 23rd Sunday in Ordinary Time
  1. [Children's Liturgy weekly leaflet for leaders or parents](#) by CAVOD, with gospel reflection, intercession & activity suggestions)
  2. [Children's Liturgy at home for leaders or parents](#) - by Catholic Children's Liturgy
  3. [Children's Liturgy of the Word with Miss Heidi](#) (Catholic TV)
  4. Does your parish have online Sunday program for children? If so, please share it with [communications@calgarydiocese.ca](mailto:communications@calgarydiocese.ca)

### 2. Thank you Donor!

The Ride for Refuge in support of Elizabeth House is excited to announce that a generous donation of \$10,000 was made to Elizabeth House by the Lyceum Society of Calgary. The intent of this donation was to create excitement and to encourage organizations in each parish and individual parishioners to join in the fun. While raising funds for at risk young pregnant women and women with young children, through the loving home Elizabeth House provides. To help by participating in Ride for Refuge, visit [rideforrefuge.org/charity/elizabethhousecalgary](http://rideforrefuge.org/charity/elizabethhousecalgary)

### 3. 5 things you need to know about Christians in Afghanistan now

As the situation in Afghanistan rapidly deteriorates, these are five things you need to know about the Christian minority in Afghanistan right now. [Read more](#)

### 4. Prayer in solidarity with the people of Afghanistan

FCJ Centre invites you to an Interfaith event in solidarity with the people of Afghanistan and for those in our community who have engaged with and prayed with them. When: **Tuesday, Sep. 14 at 7:30 pm.** Candlelight prayer service at the Peace Pole begins at 7:45 pm. All are welcome.

### 5. Pope: Vaccination is an act of love

Pope Francis and Archbishop Gomez were among leaders featured in ad campaign promoting COVID-19 vaccines throughout the Americas. "Being vaccinated with vaccines authorized by the competent authorities is an act of love. And contributing to ensure the majority of people are vaccinated is an act of love — love for oneself, love for one's family and friends, love for all people," Pope Francis said in a public service announcement released Aug. 18 in Rome. [Watch video](#)

### 6. Haiti needs your support

Pwoteksyon Silil Se Nou Tout and United Nations OCHA are reporting 2,100+ dead; 12,200+ injured;

≈61,000 houses destroyed; 76,000+ houses damaged; and 40% of the people in affected areas needing aid due to the recent earthquake in Haiti. Development and Peace partners, Caritas Haiti and ITECA Haiti, sprang into action right away. Your support can help them step up their emergency response.

[Please donate online](#)

**7. Young mother of three advances along path to sainthood**

Pope Francis authorizes the promulgation of Decrees concerning the heroic virtues of the Servants of God Enrica Beltrame Quattrocchi, the daughter of a couple beatified in 2001; Placido Cortese, a Franciscan friar who died under torture by the Gestapo; and a young Italian mother, Maria Cristina Cella Mocellin, who delayed chemotherapy treatments in order to save her unborn child. [Read more](#)

**8. Worthy of Wearing - *Girlfriends* episode for the ladies**

Personal style can be a beautiful expression of a woman's unique feminine genius. A podcast for women "Girlfriends" (Ascension Press) show host Danielle Bean is in conversation with Nicole Caruso, a professional makeup artist and beauty consultant, former Beauty Editor of Verily Magazine, and a mother of 3. Nicole's mission is to inspire women to invest in their self-worth with her movement #worthyofwearing. She wants women to live an integrated life where faith and style meet. [Listen to podcast](#)

**9. Why walk on eggshell when you can walk on water?**

Being a Christian today can often feel like you're walking on eggshells with the people closest to you. "Can I teach my grandkids about the faith if my kids aren't taking them to Mass?"; "If I speak up, will they shut me out of their life entirely?"; How do we evangelize those who have walked away?" Learn to overcome the challenges of evangelizing those closest to you. You are invited to the online conference "Reclaiming Faith & Family" on Sep. 17-19. [Register for free here](#)

**10. Greening Your Church Course**

*Connected: Catholic Social Teaching for This Generation* brings that message to young people through the issues they care about most deeply: The Dignity of Life ; Solidarity and Race; Environmental stewardship; Poverty and the Dignity of Work; The Family as the Foundation of Society. *Connected* shares the richness of Catholic social teaching in a beautiful and compelling way. [Sign up for a free preview](#)

**11. Retrouvaille Marriage Retreat - in person or virtual**

Retrouvaille invites couples in need of healing in their relationship for a weekend retreat, in person (Sep. 10-12) or virtual (Sep. 16-19). For more information, visit [helpourmarriage.org](http://helpourmarriage.org)

**12. Certificate in Catholic Studies**

Benedict XVI Institute for New Evangelization is offering faith formation courses on various aspects of the Catholic faith. All are offered online, so you can study from the comfort of home and work around your personal schedule. Each course runs five weeks and costs just \$85. Take an individual course for interest, or work toward one or all of the twenty two specialized Certificates in Catholic Studies. This cycle starts on August 9, 2021. Students can register online at [newman.edu/ccs](http://newman.edu/ccs). For any questions, contact Sandra at 780-392-2450 ext. 2214, or email [sandra.talarico@newman.edu](mailto:sandra.talarico@newman.edu) | [Download brochure](#)

**13. Confession resources**

Here are some resources that might help individuals and family in your community when you promote your parish confession schedule:

- [Diocesan printable Confession card for children](#) (includes examination of conscience, step-by-step and simple act of contrition)
- [Printable examination of conscience for children](#)
- [Goodconfession.com](http://Goodconfession.com)
- [In depth examination of conscience](#)
- [Printable guide to Confession for adults](#) (provided by Knights of Columbus)
- Video: [Making a good confession \(Fr. Mike Schmitz\)](#)
- Video: [Bringing the same sins to confession? Try this](#)



## Retrouvaille Weekend Online

A message from Retrouvaille Calgary:



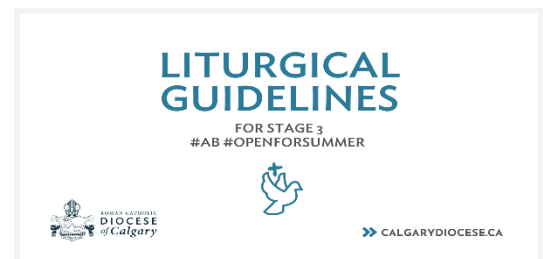
Most marriages go through hard times. It takes work to keep our relationships healthy and growing. If you need help rebuilding and rediscovering the love you once had for each other, Retrouvaille is offering a weekend program, and post follow-up sessions to get you headed toward renewal. There is always hope for your relationship and the time to heal is now. Next Weekend: Sep. 10 -12, 2021. To register, contact 403-901-9582 or email [coordinator@retrouvaillecalgary.com](mailto:coordinator@retrouvaillecalgary.com)

## Share your photos

Got a great photo? Whether it's of parish life, ministry life or home life, the Diocese of Calgary is wanting to promote daily Catholic life in action. Submit your photo [here](#)

## Updated guidelines for Stage 3

The updated guidelines through this page: [catholiccy.ca/blog/covid19](http://catholiccy.ca/blog/covid19) - it's also available on our front page by clicking "COVID-19 in the Diocese" button.



**Creation Care School**  
offers pastoral staff a selection of quality courses which explore integral ecology developed by Pope Francis in the encyclical *Laudato Si'* (2015).

 <b>Laudato Si': a revolutionary encyclical</b> Care for our common home through prayer and action	 <b>Greening Your Church in 10 steps</b> Inspire your faith community towards sustainability
 <b>Green Pages of the Bible</b> Complete guide to ecological values revealed in Sacred Scripture	 <b>Spirituality of Creation</b> Christian spiritualities for healing your soul and the environment
 <b>Creation Care Ministry</b> Complete training to establish this new ministry in your church	 <b>Your Instructor</b> Norman Levesque has held the post of diocesan officer for Creation Care Ministry since 2011 in the diocese of Saint-Jean-Longueuil (near Montreal) and a member of the Laudato Si' working group of the Vatican Dicastery for Integral Human Development. He holds a master's degree in theology (Université de Montréal) and has published three books on Christian ecology. A frequent lecturer at the Dominican Pastoral Institute in Montreal, Mr. Levesque is also the founder of the Green Churches Network.

## Creation Care School - Free Courses

Creation Care School offers pastoral staff a selection of quality courses which explore integral ecology developed by Pope Francis in his encyclical *Laudato Si'* (2015). "This school is for Christians who want to get involved in environmental action and awareness in their own local church. When a whole faith community starts caring for Creation, your church gets new media coverage and youth wanting to participate."

Instructor: Norman Levesque, who is the diocesan officer for Creation Care Ministry since 2011 in the Diocese of Saint-Jean-Longueuil (near Montreal) and a member of the *Laudato Si'* working group of the Vatican Dicastery for Integral Human Development. Here are two free courses for you:

- [Greening your church in 10 steps \(1 hr\)](#)
- [Laudato Si': A revolutionary encyclical \(1 hr\)](#)
- [More courses here](#)

## Resources for mental health

"Physically healthy should also include a focus on our mental and spiritual well-being," says Sr. Donna Marie Perry, psychotherapist and social worker in the Diocese of Calgary. "Not all families are healthy," says Sr. Perry. She urges people who see others struggling to reach out with kindness. Where appropriate, you can also recommend they access support from community-based organizations. ([Mental health matters, Faithfully](#)).

Have you encountered anyone in need of access to help with mental health? Below is a list of handy mental health resources for you to share:

- Calgary Counselling Centre: 403-691-5991 + online counselling
- Catholic Family Service: 403-205-5295. Rapid Access Counselling: 403-233-2360 or email [intake@cfs-ab.org](mailto:intake@cfs-ab.org)

- Distress Centre: 403-266-4357 - available 24/7.
- Eastside Family Centre: 403-299-9696 - telephone and e-therapy.
- Kid's Help Phone: 1-800-668-6868
- Mental Health Help Line: 1-877-303-2642
- Access Mental Health: 403-943-1500

For other barrier free consultation sessions (Calgary area), you may consider referring those in need with this online service: [communityconnectyyc.ca](http://communityconnectyyc.ca)

## **The Year of *Amoris Laetitia* Family**

Through a series of 10 videos, the Holy Father, with the help of several families, invites us to journey together to rediscover the family as a gift, despite every problem, obstacle and challenge that families have to face today. In the first video "[Walking Together](#)" Pope Francis and a family share about the beauty of being a family and how each person is called to lovingly care for the life of the family. Never a problem, families are always a gift and, in terms of the future, they are an opportunity. Each video is accompanied by a [guide](#).

## **Online Faith Formation Courses**

### **Certificate in Catholic Studies**

The Benedict XVI Institute for New Evangelization offers a comprehensive selection of courses on various aspects of the Catholic faith. All are offered online. Each course runs five weeks and costs \$85. Take an individual course for interest, or work toward one or all of the twenty two specialized Certificates in Catholic Studies. Students may register completely online at [newman.edu/ccs](http://newman.edu/ccs) Visit our website for further details and FAQs.

### **Other online formation opportunities**

These formation opportunities will help you with your faith journey and to help you grow closer to Christ. Find a list of webinars and courses on our diocesan website [here](#).

# FCJ RETREAT & CONFERENCE CENTRE

*A corporate ministry of the Sisters Faithful Companions of Jesus (FCJ) since 1980*



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.