



Welcome to HOLY FAMILY PARISH

JUNE 27, 2021 – 13TH SUNDAY IN ORDINARY TIMES

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Facebook: Medicine Hat Holy Family Parish

Reconciliation: By Appointment Only 403-527-6933 ext. 101

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm - Closed on Holidays

Reconciliation is by appointment only Tuesday to Friday 9:30am – 4:00pm. Call the office to book a time with Fr. Iqbal or Fr. Rodel

**ADORATION IS IN THE
HOPE ROOM
MONDAY TO FRIDAY
9:30am to 4:00pm**



MASSES

MONDAY to FRIDAY at 9:00AM Administration doors,

SATURDAY at 5:00PM Main Front Doors &

SUNDAY at 8:30AM, 10:30AM & 6:00PM Main Front Doors

MAKE SURE TO COME EARLY TO BE SCREENED & WEAR YOUR MASKS

DOORS WILL BE LOCKED WHEN MASS STARTS

Catholic Women's League

Marjorie Bowlby

403-527-2739

Knights of Columbus

Ron Pisoni

403-526-1848



We do have masks available if needed! Please dispose of them in a responsible manner.

FORMED.org

THE CATHOLIC FAITH.
ON DEMAND.

LOG IN WWW.FORMED.ORG

- Go to Formed.org
- Enter our PARISH CODE: **GPQWK7**
- Create a personal account with your personal username/email and password.
- Start enjoying the best Catholic content all in one place!

IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!

Attending Masses...

MAKE SURE TO COME EARLY TO BE SCREENED

THE DOORS WILL NOW BE LOCKED WHEN MASS STARTS TO
ENSURE YOUR SAFETY FROM PEOPLE ENTERING THAT HAVE
NOT BEEN SCREENED.

MASKS... IT IS MANDATORY TO WEAR A MASK AT
ALL TIMES NOW IN THE CHURCH.



Sunday
10:30am Mass

Medicine Hat
Holy Family
Church Live
Stream

https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q

You **Tube**



“ Then the people rejoiced because these had given willingly, for with single mind they had offered freely to the Lord
1 CHRONICLES 29:9

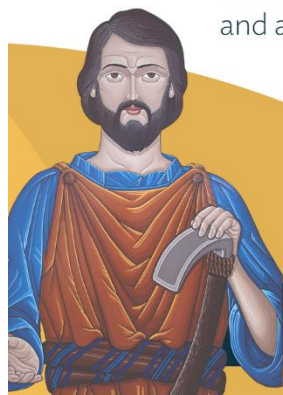
1.4 MILLION of the Diocesan goal will financially support the approved diocesan ministries, partner organizations, and agencies. See list at catholicyyc.ca/tia

OUR PARISH GOAL

\$ 49,657

Everything raised **OVER** our parish goal will go to support*:

Mustard Seed
Medicine Hat Food Bank
& Society of St. Vincent de Paul



2021
THE YEAR of
ST. JOSEPH

CATHOLICYC.CA/TIA

TO DATE \$ 18,057 = 36% OF THE WAY

OPERATING FINANCES

May 1-31, 2021

Operating Budget 2021	\$ 55,019
General Envelope Collection	\$ 39,148
Loose Collections	\$ 453
Future Development	\$ 4,002
Sale of Church Supplies & Other	\$ 1,537
Other Ministries	\$ 480
Government Subsidy	\$ 4,424
Budget Vs Actual	-\$ 4,975

SPECIAL COLLECTIONS

Together in Action (TIA)	\$ 3,094
Holy Land	\$ 25
Pope's Pastoral Works	\$ 850
St Vincent de Paul	\$ 2,514
World Missions	\$ 45
Seminarian Fund	\$ 1,000
Mission Mexico	\$ 305
CARO	\$ 90

Thank You for your Generous Contributions

† Masses Intentions June 26 - July 2 †

Saturday, June 26

5:00pm – Colton Quast †

Sunday, June 27

8:30 am – Joe & Rose Biko †

10:30am – Mike & Michelle Rae & Family

6:00pm – Holy Family Parish

Monday, June 28

9:00am – Taylor Churla

Tuesday, June 29

9:00am – Kelsey Gooch

Wednesday, June 30

9:00am – Addison Foley †

Thursday, July 1

9:00am – John Bosch †

Friday, July 2

9:00am – John Dunay †

You Asked for it... so now here it is...

E-Transfer Donations accounting@holyfamilymh.ca

13th Sunday in Ordinary Time - Sunday, June 27, 2021

1st Reading: Wisdom 1.13-15; 2.23-24

Through the devil's envy death entered the world.

Responsorial Psalm: Ps 30.1+3, 4-5, 10+11a+12b (*R. 1a*)

R. I will extol you, Lord, for you have raised me up.

2nd Reading: 2 Corinthians 8.7, 9, 13-15

Your present abundance should cover their needs.

Gospel: Mark 5.21-43, 35-43

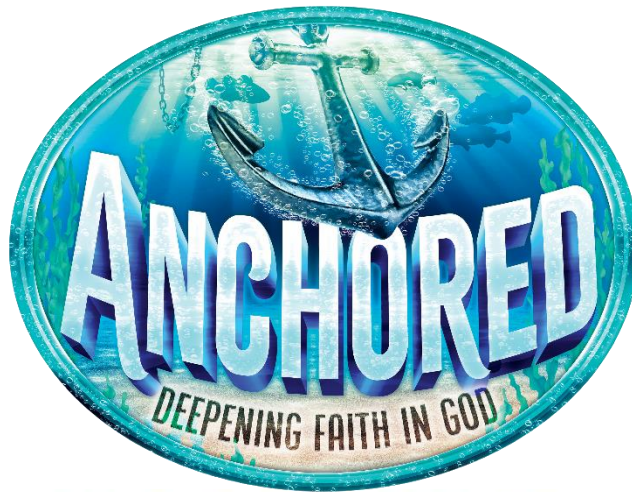
Little Girl, get up!

FEAR AND FAITH

Fear and Faith. Two stories today told by Saint Mark. Both start in fear. Fear by the woman touching Jesus' cloak and making him unclean. Fear by Jairus over his dying daughter, who regrettably dies before Jesus gets to her. Jesus words to both: faith saves; have faith.

- † What am willing to do in faith to get some needed action, some blessed relief?
- † How can I boldly be about asking God for what I (think I) need?
- † How can I comfort someone facing the death of one they love?





Holy Family Parish & St. Patrick's Church Bible Camp.

Plans are under way for **ANCHORED**

Deepening Faith in God Bible Camp... WHAT?

We will be supplying kits to each family of Grade 1 – Grade 6 children. Kits will have a Bible Verse, Bible Story, and ideas for crafts. Plus, we will be creating videos to be posted on the Holy Family Parish and St. Patrick's Parish facebook pages. Kits will be ready for pick up beginning of July at either parish. For more information call Tammy at 403-866-7886.

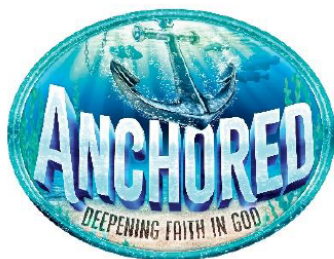
Deadline for Registration – June 30th, 2021.

Deadline to pick up kits – July 9th, 2021.

FACEBOOK PAGES

Medicine Hat, Holy Family Parish or
St. Patrick's Church, Medicine Hat

2021 Summer Virtual Bible Camp Registration Form



St. Patrick's Church & Holy Family Parish

Name: _____

Child's age: _____ Date of birth: _____ Last school grade completed: _____

Name: _____

Child's age: _____ Date of birth: _____ Last school grade completed: _____

Name: _____

Child's age: _____ Date of birth: _____ Last school grade completed: _____

Name: _____

Child's age: _____ Date of birth: _____ Last school grade completed: _____

Name of Parent(s)/Guardian: _____

Street address: _____

City: _____ Prov: _____ Postal: _____

Contact Phone/s: _____

Email address: _____

Home church: _____

The Fee will be \$10.00 for one child and \$5.00 each for additional children from the same household, this can be paid when you pick up your kits.

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A PRAYER FOR

Monsignor McCoy High School

GRAD 2021

Lord God, giver of all wisdom and grace,
bless the students who have worked diligently to
prepare for graduation.

Guide and direct them as they go forth to
encounter new opportunities
and challenges in the world.

As they continue to nurture their gifts,
help them to stand up for their Christian beliefs
and to further develop values and virtues that
promote communities of fellowship and caring.
May they always act with responsibility and
practice integrity that they may be living witnesses
of your word and instruments of your peace.

Through Christ our Lord. Amen.

Congratulations!

God Bless

Canada!

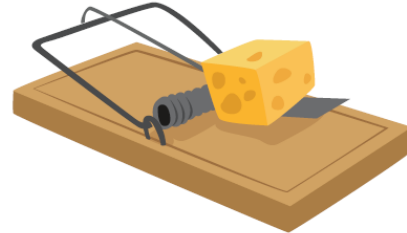


Happy

Canada Day!

HOW TO AVOID BEING SCAMMED?

DON'T TAKE THE BAIT



1 You are informed of a problem/crisis.



You receive a message that brings to your attention a problematic situation on your email, computer, phone, or even a letter. It may be about you being fined, your computer being hacked requiring you to immediately act in order to save your data/information, you are being charged for something you didn't order or purchase, or a friend or colleague needs a favour.

2 You panic and feel the need to act immediately, and they provide you with the solution.



The message that informed you of the problem also provides you with the alleged solution to click on the link or to phone the number they have provided.

DON'T TAKE THE BAIT!

3 Do not use the link or any contact information they provided. Move away, and think calmly.

For example: your bank emailed you that your credit card or bank account has been charged an amount you didn't authorize, and they think that you have been scammed. Stop & pause. Do not reply the sender or click any links in the email, and do not call using the contact information shared in the email. Instead, contact your bank directly in person at the branch, or by phone using the number you normally use to access the bank's call center agent, or online through your bank app or regular online banking method.



Canadian Anti-Fraud Centre
antifraudcentre-centreantifraude.ca



Calgary Police Service
Google: Calgary Police Service
Telemarketing fraud or scams



ROMAN CATHOLIC
DIOCESE
of Calgary

Inform the Diocese

Fr. Wilbert Chin Jon - 403-218-5529 |
wilbert.chinjon@calgarydiocese.ca
Alejandro Henao - 403-218-5545 |
alejandro.henao@calgarydiocese.ca



HOLY FAMILY CATHOLIC WOMEN'S LEAGUE NEWSLETTER

Sisters in the league: We have seen and experienced COVID to the fullest and we will reflect back upon this experience for years to come. Though the pandemic knows no boundaries, neither does our shared humanity. We are a community and in times of crisis, communities stay strong by supporting one another. We thank you all for your continued support in every project we have put before you. I look forward to our September general meeting when we, God willing, can share a coffee and some socialising. Have a wonderful summer and see you in September. Blessings, Marjorie Bowlby.

New Executive

Election was via email and Fr. Iqbal installed our new executive at a liturgical service on February 9th.

President- Marjorie Bowlby

Vice President- Lynn O'Bryne

Secretary- Mary Jean Rath

Treasurer- Anna Marie Clark

Committee chairs

Faith- Louella Berger

Service-Dianne Durda

Social Justice-Sandra Graham

Communications-Jackie Metcalfe

Organization- Anna Marie Clark, Rita Hof, Mildred Martin, Lynn O'Byrne

Pastoral Council- Rita Hof

Past President- Vi Sheridan

Spiritual Advisor -Father Iqbal

Prayer Partners

Because of COVID restrictions, we are asked to pray the **St Joseph Prayer** (the year of St Joseph) for our council members and our entire league.

ST. JOSEPH PRAYER

Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man. Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy, and courage, and defend us from every evil. Amen.

Come on in!

We are 211 women strong and we invite you to journey with us in a sisterhood of faith, fun and fulfillment. If you want to make a difference, enrich your faith and uphold family life, consider joining the CWL. We welcome all women ages 16 and older, Catholic and non-Catholic alike. You can choose to participate as a fully active, a partially active, or a financially supportive member. You can also be a prayer partner. Each one of us offers a unique and welcome voice. For more information please check the church bulletin or the parish website.

Welcome to our newest members!

Averie Graham-Meuchel, Carol Hintz, Alexandra Learned, Paula Armstrong, Virgilia Bergstreser, and Angele Messer.

We're so glad you've joined us!

WHAT'S NEW?

Executive has been meeting on a need basis and we have had two general meetings on Oct 24, 2020 and April 24, 2021.

At the April meeting, members voted on information from National regarding amendments to the Constitution and bylaws as well as a request for a rise in per capita fee increase. We also voted on replacing our patroness of "Our Lady of Good Counsel" with "Our Lady of Guadalupe". Members voted to support the increase in National fees effective 2023.

This vote will go to Diocesan, Provincial and National before being affirmed. Our patroness was not supported. Executive offices/duties were voted to be stream-lined and positions will now be limited to two years.

Faith Happenings

During Lent CWL took part in *the Way of the Cross*. Margaret Velichko's moving art presentation was faith-inspiring, as was Sally Meyers' musical performance. Thanks ladies! On Sunday April 25th CWL mass was celebrated and service pins for 2020 were given out. Of note, congratulations to our wonderful 75 year recipient Emily Schmaltz. Gerry Johnson, a very dedicated member, was also awarded the Maple Leaf Service Pin. We hope to present the 2021 service pins sometime this fall.

Members also participated in *12 hours for Palliative Care* on May 6th with each circle taking turns praying the rosary.

Upcoming CWL masses will be Sept. 26th at 8:30 mass, Nov. 27th 5 pm mass and Jan. 30th, 2022 at 6 pm mass. We require ushers, readers, and eucharistic ministers so if anyone wants to help, please call Louella right away at 403-502-6883.

Mark your calendars for a Women's Retreat the first Saturday of Advent. More information will be found in the bulletin closer to the date.

Service

Members continue to volunteer in various ministries and have been helping with COVID precautions to keep masses open. Each recent First Communicant was gifted with a mass book. We continue to support national and local charities such as Medicine Hat Catholic School Education Foundation, Medicine Hat ProLife, Medicine Hat Food Bank, CARO, Women's Shelter, St. Vincent de Paul Society, Salvation Army, Mustard Seed, and Nurture Pregnancy Support.

Our next executive meeting is Monday August 30th in the Faith Room at 1:30 and the general meeting will be Saturday Sept. 11 at 1:00 in the hall.

Thank you to all who supported the recent baby layette collection for Nurture Pregnancy Support. Besides the baby items, we also made a monetary donation to the Centre.

Social Justice

There are a number of issues we have been following this past year. Sadly, Bill C-7 passed and now allows access to euthanasia to persons whose natural death is not reasonably foreseeable. Bill C-6, the conversion therapy ban, is on its way to becoming law. Bill C-233, which would have banned sex-selective abortions, was defeated by a large margin in parliament. Please continue praying for we are reminded of the words of Mahatma Gandhi, ""Prayer is not an old woman's amusement. Properly understood and applied, it is the most potent instrument of action."

Book of Life (Nov. 2020 -present)

Please remember in your prayers our departed sisters in Christ.

Hazel Cannon, Flo Steiert, Rose Stein, Irene Lutz, Victoria Beis, Bernadette Mastel, Lorraine Sehn, Dianne St. John, Katie Schafer

In late November there will be a remembrance mass for 10 years of deceased members.

Fund Raising

Even though our usual fund raising events have been hampered by COVID, we have still managed a few activities. Thanks to Janice Blair who organized the Bakeless Bake Sale and to Mary Jean Rath for the two bottle drives. *Watch for a yard sale /flee market this early summer.* If members have any ideas for fund raising, the executive welcomes all suggestions.

Have a wonderful summer, stay safe, and continue to practise kindness. Blessings from your Holy Family CWL Executive



13th Sunday in Ordinary Time – Year B

Sunday, June 27, 2021

DEATH IS A BEGINNING NOT THE END

“I don’t want to die” are words we hear almost everyday for two reasons: First we do not want to lose what we have including our families and properties etc. and secondly the attachment to the world. It is strange that most people who believe there is life after death, are still afraid of death. “We are neither eternal nor ephemeral: we are men and women on a journey in time, time that begins, and time that ends.” Pope Francis invited everyone “to pray, and to ask for the grace of a sense of time” in order not to be “imprisoned” by the present moment, “closed in on oneself.” Death, the Pope said, “is a fact that affects everyone.” For some it comes later, for some sooner, “but it comes.” As it is also written in the Book of Sirach (38:22) “Remember his fate, for yours is like it; yesterday it was his, and today it is yours”.

But there is the temptation of the present moment that takes hold of life and brings you to go wandering in this selfish labyrinth of the moment, without a future, always coming and going, coming and going, no? And the journey ends in death, we all know that. And for this reason, the Church has always tried to reflect on this our end: not death.”

It is helpful, Pope Francis said, to repeat often, “I am not the master of time,” because this reflection “saves us from the illusion of the moment, of viewing life like a chain with links made up of individual moments,” a transitory life “that makes no sense.” We say to ourselves, “I am on a journey, and I have to look forward”; but, the Pope said, we should also consider that “death is a legacy,” – not a material inheritance, but a legacy of memory. In the Book of Leviticus, it is written “The land shall not be sold in perpetuity, for the land is mine; with me you are but travellers and tenants”. I think is the way of our life is though short lived, but we must live in and with the Lord.

And so, we should ask ourselves: “What would be my legacy if God were to call me today? What legacy would I leave as a testimony of my life?” It is a good question to ask ourselves. And thus, we can prepare ourselves, because each one of us... none of us will remain “as a relic.” We must all go down this path.

Finally, the Pope said, “death is a memory,” an “anticipated memory” to reflect upon: When I die, what would I like to have done in this decision that I must make today, in my way of living

today? It is an anticipated memory that illuminates the “moment” of today, illuminating with the fact of death the decisions that I must make every day.

What would happen to us after we die, and I guess the following is just a glimpse of what will happen after our death.

A sick man turned to his doctor as he was preparing to leave the examination room and said, “Doctor, I am afraid to die. Tell me what’s on the other side,” Very quietly, the doctor said, “I don’t know...” “You don’t know? You’re a Christian Man, and don’t know what’s on the other side?” The doctor was holding the handle of the door; on the other side came a sound of scratching and whining, and as he opened the door, a dog sprang into the room and leaped on him with an eager show of gladness and love.

Turning to the patient, the doctor said, “Did you notice my dog? He has never been in this room before. He did not know what was inside. He knew nothing except that his master was here, and when the door opened, he sprang in without fear. I know little of what is on the other side of death, but I do know one thing...I know my Master is there and that is enough.”

St. Aloysius Gonzaga who was infected with the plague in Italy while helping other people and died in the age of 23. He wrote a letter to his mother encouraging her to not be sad and afraid but believe in the Lord: “May the comfort and grace of the Holy Spirit be yours for ever, most honored lady. Your letter found me lingering still in this region of the dead, but now I must rouse myself to make my way on to heaven at last and to praise God for ever in the land of the living; indeed, I had hoped that before this time my journey there would have been over. If charity, as Saint Paul says, means to weep with those who weep and rejoice with those who are glad, then, dearest mother, you shall rejoice exceedingly that God in his grace and his love for you is showing me the path to true happiness, and assuring me that I shall never lose him.

The divine goodness, most honored lady, is a fathomless and shoreless ocean, and I confess that when I plunge my mind into thought of this it is carried away by the immensity and feels quite lost and bewildered there. In return for my short and feeble labors, God is calling me to eternal rest; his voice from heaven invites me to the infinite bliss I have sought so languidly and promises me this reward for the tears I have so seldom shed.

Take care above all things, most honored lady, not to insult God’s boundless loving kindness; you would certainly do this if you mourned as dead one living face to face with God, one whose prayers can bring you in your troubles more powerful aid than they ever could on earth. And our parting will not be for long; we shall see each other again in heaven; we shall be united with our Savior; there we shall praise him with heart and soul, sing of his mercies for ever, and enjoy eternal happiness. When he takes away what he once lent us, his purpose is to store our treasure elsewhere more safely and bestow on us those very blessings that we ourselves would most choose to have.

I write all this with the one desire that you and all my family may consider my departure a joy and favor and that you especially may speed with a mother’s blessing my passage across the waters till I reach the shore to which all hopes belong. I write the more willingly because I have no clearer way of expressing the love and respect, I owe you as your son”.

Death is painful, hurtful, heartbreaking and damaging and no one wants to see anyone dying but the Sacred Scripture says, “anyone who is born, must taste death”. In the Book of Song of Songs, we read “Love is as strong as death is” and the Book of Ecclesiastes reminds us with these words “There is a time for everything under the sun, a time to be born and a time to die...”. However, for us who believe in the Lord we do know that death is not the end, but the beginning of eternal life and the First Reading explains “God did not make death, and he does not delight in the death of the living. For he created all things so that they might exist; the generative forces of the world are wholesome, and there is no destructive poison in them, and the dominion of Hades is not on earth. For righteousness is immortal”.

In the Gospel we could free the pain of the father who did not want his young daughter to die and come to the Lord. Why did he come to Jesus?

1. First, he knew that Jesus has the power to heal and give life. Martha in the like manner believed in Jesus “if you were here my brother wouldn’t have died but still, I believe that whatever you will ask God, he will give you”.
2. He overheard the news that his daughter had died but kept walking with the Lord who told him “Do not fear, only believe”.
3. He saw despite the unbelief of many, Jesus held the hand the of the young daughter and rose her up from the death bed to life.

Looking at the faith of the father in Jesus we can understand how important his presence is in our lives. St. Paul keeps reminding us to believe in him “if we have died with him, we will also rise with him”. Like a father in the Gospel, we must have firm faith in the Lord who says “Do not let your hearts be troubled, believe in God, believe also in me” because he is the way, the truth, and the life. He is the life and the resurrection. Death is not the end but beginning of “The Best is yet to come”.

“There was a young woman who had been diagnosed with a terminal illness and had been given three months to live. So as she was getting her things ‘in order,’ she contacted her Pastor and had him come to her house to discuss certain aspects of her final wishes.

She told him which songs she wanted sung at the service, what scriptures she would like read, and what outfit she wanted to be buried in. Everything was in order and the Pastor was preparing to leave when the young woman suddenly remembered something very important to her.

‘There’s one more thing,’ she said excitedly.

‘What’s that?’ came the Pastor’s reply.

‘This is very important,’ the young woman continued. ‘I want to be buried with a fork in my right hand.’

The Pastor stood looking at the young woman, not knowing quite what to say.

‘That surprises you, doesn’t it?’ the young woman asked.

‘Well, to be honest, I’m puzzled by the request,’ said the Pastor.

The young woman explained. ‘My grandmother once told me this story, and from that time on I have always tried to pass along its message to those I love and those who need encouragement. In all my years of attending socials and dinners, I always remember that when the dishes of the main course were being cleared, someone would inevitably lean over and say, ‘Keep your fork.’ It was my favorite part because I knew that something better was coming, like velvety chocolate cake or deep-dish apple pie. Something wonderful, and with substance!’

‘So, I just want people to see me there in that casket with a fork in my hand and I want them to wonder, ‘What’s with the fork?!’ Then I want you to tell them: ‘Keep your fork. The best is yet to come.’

The Pastor’s eyes welled up with tears of joy as he hugged the young woman goodbye. He knew this would be one of the last times he would see her before her death. But he also knew that the young woman had a better grasp of heaven than he did. She had a better grasp of what heaven would be like than many people twice her age, with twice as much experience and knowledge. She KNEW that something better was coming.

At the funeral people were walking by the young woman’s casket and they saw the cloak she was wearing and the fork placed in her right hand. Over and over, the Pastor heard the question, ‘What’s with the fork?’ And over and over again he smiled.

During his message, the Pastor told the people of the conversation he had with the young woman shortly before she died. He also told them about the fork and about what it symbolized to her. He told the people how he could not stop thinking about the fork and told them they probably would not be able to stop thinking about it either. He was right.”

So, the next time you reach down for your fork let it remind you, ever so gently, that the best is yet to come. Friends are a very rare jewel, indeed. They make you smile and encourage you to succeed. Cherish the time you have, and the memories you share. Being friends with someone is not an opportunity, but a sweet responsibility.

And just remember...keep your fork!

The BEST is yet to come!”

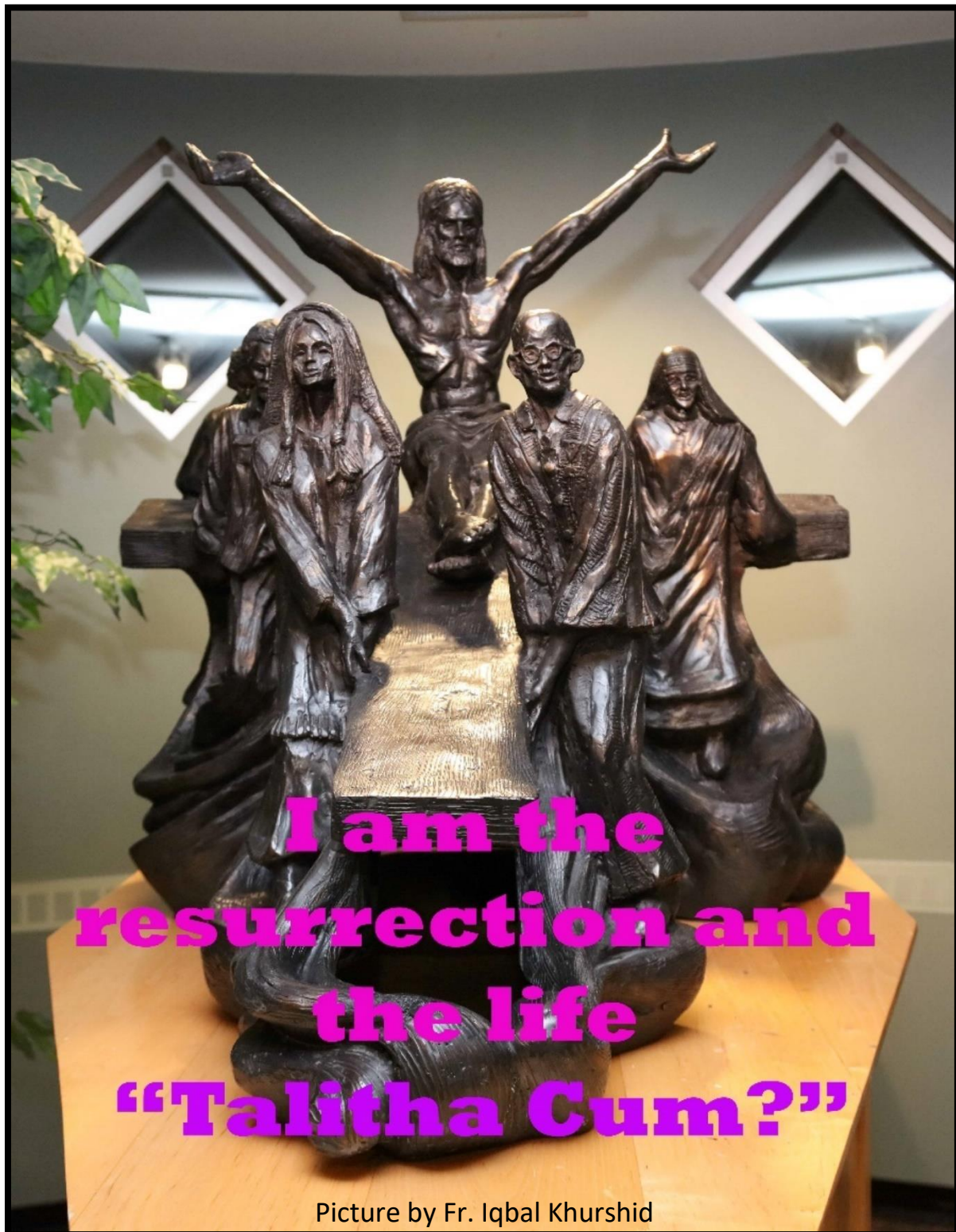
Death is not easy to accept under any circumstances but on the other we must not allow death to keep us down. In the Book of Sirach, we read how to let our tear fall off the deceased but not to injure ourselves with the grief.

“My child, let your tears fall for the dead, and as one in great pain begin the lament. Lay out the body with due ceremony, and do not neglect the burial. Let your weeping be bitter and your wailing fervent; make your mourning worthy of the departed, for one day, or two, to avoid criticism; then be comforted for your grief. For grief may result in death, and a sorrowful heart saps one’s strength. When a person is taken away, sorrow is over; but the life of the poor weighs down the heart. Do not give your heart to grief; drive it away and remember your own end. Do not forget, there is no coming back; you do the dead no good, and you injure yourself. Remember his fate, for yours is like it; yesterday it was his, and today it is yours. When the dead

is at rest, let his remembrance rest too, and be comforted for him when his spirit has departed” (38:16-23).

Let us continue to pray for our deceased brothers and sisters and believe in the words of St. John “And I heard a voice from heaven saying, “Write this: Blessed are the dead who from now on die in the Lord.” “Yes,” says the Spirit, “they will rest from their labors, for their deeds follow them” (Revelation 14:13).

May the souls of all the faithful departed rest in the peace of Christ. Amen



Picture by Fr. Iqbal Khurshid

Homestay families needed!



MHCBE's International Education Program continues to look for loving families to welcome our students into their homes.

We know our parishioners are loving, caring and compassionate people, and believe you would make excellent homestay families for our international friends.

All you need is an extra bedroom/bathroom and a spot for someone to join your family. In return, families receive \$800/month (tax-free) and the cultural experience of a lifetime.

Contact Wanda Simmons 403-502-6081 TODAY!

Try it out!



LIVESTREAM

Full schedule of Parish Livestream Masses in the Diocese of Calgary is available at:

<https://www.catholiccy.ca>.

You can also watch parish Sunday Masses via TELUS Optik TV Ch. 876 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#).

EMAIL SCAMS

Several reports of email scams have been brought to our attention. The emails have been written in a compelling way that the email addresses of the senders were not visually verified, and responses were sent. Perhaps this is a reminder that when someone you know asks you to email them back and sounding desperate to perhaps check the sender's email address. The scammers have become more intelligent in acquiring the tone of how we write as clergy.



FORMED.org

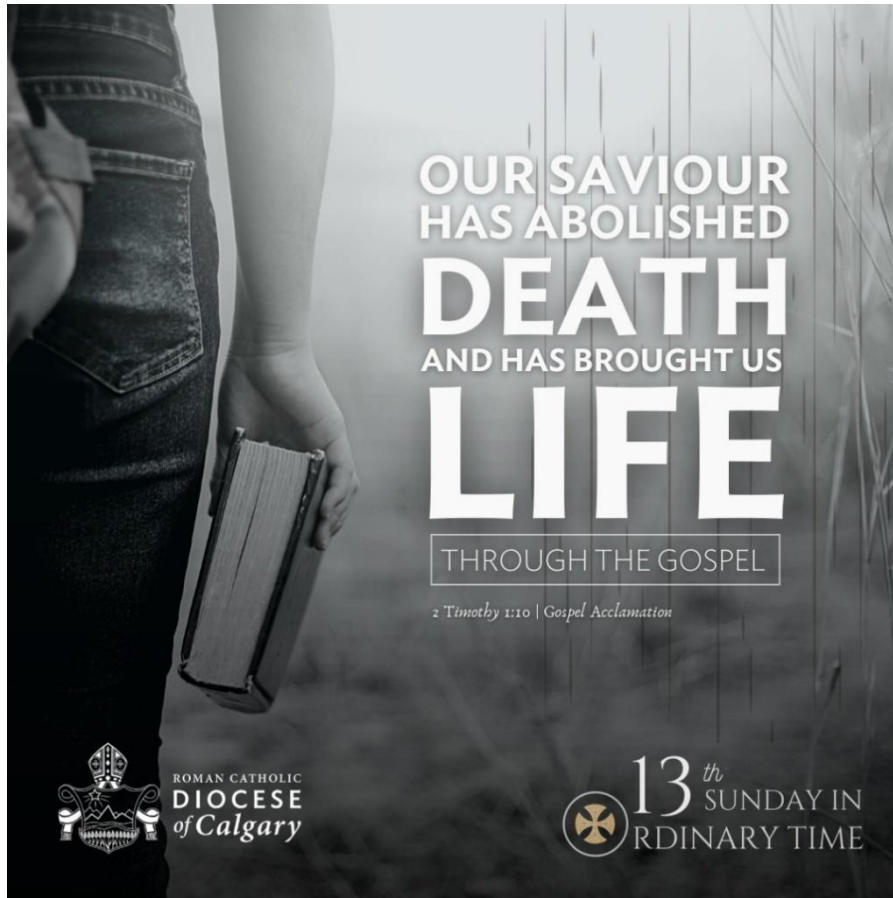
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13th Sunday in Ordinary Time



COVID-19 Resources

- [Sacraments & Liturgies](#)
- [Spiritual Resources](#)
- [Sacrament Preparation](#)
(First Reconciliation, First Communion, Confirmation)
- [Online Formation Opportunity](#)

Visit the [Diocesan Event Calendar](#)

Follow us on Social Media
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Weekly reflections can be found here:

[Vatican News](#) | [The Sunday Website](#)
[Sunday Connection](#) | [CCCB Reflection \(new link\)](#)

Daily and Sunday Mass Prayers & Readings: [CCCB Daily Readings](#) (pick the desired date)

Reflection

[Mass Readings](#) | **Fear and Faith.** Two stories today told by Saint Mark. Both start in fear. Fear by the woman touching Jesus' cloak and making him unclean. Fear by Jairus over his dying daughter, who regrettably dies before Jesus gets to her. Jesus' words to both: faith saves; have faith.

- What am willing to do in faith to get some needed action, some blessed relief?
- How can I boldly be about asking God for what I (think I) need?
- How can I comfort someone facing the death of one they love?

June Edition of *Faithfully*

The June edition of Faithfully will be released on Thursday, May 6, 2021.

- [Read June Faithfully](#)
- [Subscribe to Faithfully](#)

World Day for Grandparents & the Elderly



It makes no difference how old you are, whether you still work or not, whether you are alone or have a family, whether you became a grandmother or grandfather at a young age or later, whether you are still independent or need assistance. Because there is no retirement age from the work of proclaiming the Gospel and handing down traditions to your grandchildren. You just need to set out and undertake something new.
- Pope Francis

Message for the World Day for Grandparents and the Elderly
#IAmWithYouAlways

To express the closeness of God and of the church to every older person, Pope Francis has chosen “I am with you always” from the Gospel of Matthew as the theme for the first World Day for Grandparents and the Elderly on July 25, 2021. The Pope’s full message for the World Day for Grandparents and the Elderly was published yesterday on June 22.

- [Read message](#)
- [Watch video](#)

On the occasion of the First World Day of Grandparents and the Elderly, Pope Francis also grants Plenary Indulgences to grandparents, the elderly and all the faithful who participate “motivated by a true spirit of penance and charity.”

The Plenary Indulgence will be granted under the usual conditions: sacramental confession, Eucharistic communion and prayer, according to the intentions of the Supreme Pontiff during the solemn celebration he will preside over in St. Peter’s Basilica or at the various functions that will be held throughout the world. “This Court of Mercy also grants the Plenary Indulgence on this same day to the faithful who devote adequate time to actually or virtually visiting their elderly brothers and sisters in need or in difficulty (such as the sick, the abandoned, the disabled and other similar cases),” the note reads. Plenary Indulgence may also be granted to those who are unable to leave their homes for serious reasons and “unite themselves spiritually to the sacred functions of the World Day, offering to the Merciful God their prayers, pains or sufferings of their lives, especially during the transmission, through the means of television and radio, but also through the new means of social communication.”

- [Read Decree of the Apostolic Penitentiary on the granting of the Indulgence on the occasion of World Day for Grandparents and the Elderly \(June 22, 2021\)](#)

Prayer for the Indigenous Peoples

A prayer from CCCB for the Indigenous Peoples Day/Month (shared on June 21, 2021)

*O God, Creator and Father of all,
with humility we your children acknowledge
the relationship of all living things.
For this we thank you, we praise you and we worship you.
We call on you, Great Mystery, the Word made Flesh
– our teacher, prophet and brother –
to open our hearts to all our brothers and sisters,
and with them to grow in the wisdom, honesty, courage and
respectfulness shown in The Sacred Teachings.
Give us the vision and honesty to recognize
that the we are all brothers and sisters of one human family,
created and sustained by the One Creator.
As we deal with many challenges, may we never give way to fear and anger, which can be the source of division
and threat amongst peoples.
We look to how God always gives to us,
as a remedy for sins of prejudice and intolerance.
We see in God the Creator of all things,
One who always provides and is generous
– even given the abuses we have heaped on one another and on the earth.
We see in the Son, Jesus Christ
- the innocent Victim who pours His life blood out from the Cross for all peoples.
We see how the Holy Spirit is God's gift,
alive in our world today
– inspiring vision and hope that we can have
the same mind and heart of God!
May Your Spirit bless the souls
who died at the Kamloops residential school
and all souls who died at
residential schools.
May this same Spirit also
bring blessing and
healing
to all families and
communities affected in
any way by the schools.
O Creator, show us the
way to healing,
forgiveness and
reconciliation
and a renewed fellowship.*

Photo: Holy Eucharist
(on Father's Day) at the
Piikani Reserve,
celebrated by Fr. Roy
Jayamaha, Fr. Anthony
Pudota and Fr. Jos Tom
Kalatilparambil. Photo
shared by [Denis Grady](#).



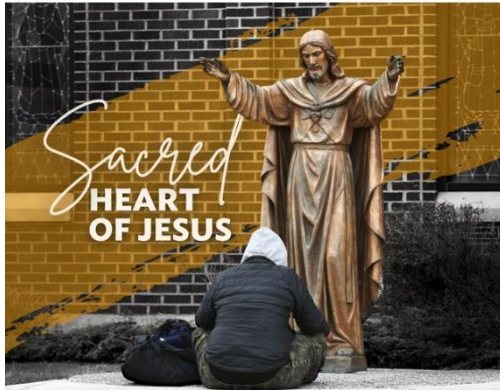
Have you subscribed to Faithfully?

Faithfully gives a snapshot of faith at work in the lives of everyday people. Get inspired with faith stories, our Bishop's message, and find out what's happening in our Diocese.

[Subscribe to Faithfully here](#)

The June issue of Faithfully is now available!

[Read here](#)



Our Evangelical Neighbours

CCCB has published a new resource entitled: Our Evangelical Neighbours – A Catholic Reflection on Evangelical Christianity. The resource provides Catholics in Canada an introduction to Evangelical Christianity by exploring its origins, similarities and differences to Catholicism, and it was developed in close collaboration with The Evangelical Fellowship of Canada (EFC).

[Download resource](#) | [Letter by the President of The EFC](#)



Creation Care School
offers pastoral staff a selection of quality courses which explore integral ecology developed by Pope Francis in the encyclical *Laudato Si'* (2015).

<p>Laudato Si': a revolutionary encyclical Care for our common home through prayer and action 1 hour</p>	<p>Greening Your Church in 10 steps Inspire your faith community towards sustainability 1 hour</p>
<p>Green Pages of the Bible Complete guide to ecological values revealed in Sacred Scripture 12 hours</p>	<p>Spirituality of Creation Christian spiritualities for healing your soul and the environment 12 hours</p>
<p>Creation Care Ministry Complete training to establish this new ministry in your church 8 hours</p>	

Your Instructor
Norman Levesque has held the post of diocesan officer for Creation Care Ministry since 2011 in the diocese of Saint-Jean-Longueuil (near Montreal) and a member of the *Laudato Si'* working group of the Vatican Dicastery for Integral Human Development. He holds a master's degree in theology (Université de Montréal) and has published three books on Christian ecology. A frequent lecturer at the Dominican Pastoral Institute in Montreal, Mr. Levesque is also the founder of the Green Churches Network.

Creation Care School - Free Courses

Creation Care School offers pastoral staff a selection of quality courses which explore integral ecology developed by Pope Francis in his encyclical *Laudato Si'* (2015). "This school is for Christians who want to get involved in environmental action and awareness in their own local church. When a whole faith community starts caring for Creation, your church gets new media coverage and youth wanting to participate."

Instructor: Norman Levesque, who is the diocesan officer for Creation Care Ministry since 2011 in the Diocese of Saint-Jean-Longueuil (near Montreal) and a member of the *Laudato Si'* working group of the Vatican Dicastery for Integral Human Development. Here are two free courses for you:

- [Greening your church in 10 steps \(1 hr\)](#)
- [Laudato Si': A revolutionary encyclical \(1 hr\)](#)
- [More courses here](#)



Ignite AB this year is going to be a 4-day Catholic summer camp for teens (going into grade 9 through graduating grade 12) who desire to grow in holiness! This jam-packed week is filled with excellent talks, amazing people, daily Mass, epic large group activities, Reconciliation, Adoration, praise and worship, and much more! Youth will grow in the knowledge of Christ and the Church and be empowered to go forward while striving to be a modern-day saint and a light to the world!

When: **August 17-20, 2021** from 1:30 pm to 9 pm (Tuesday to Friday)

Where: Mary, Mother of the Redeemer Parish, Calgary, AB

For more information or to register, visit f2f.ca/ignite

Worth Sharing

1. **Sts. Peter & Paul (June 29) - Bulletin Shorts**

[Mass Readings](#) || Belief. Peter blurts out what we profess in the Creeds. Jesus is God's only Begotten Son. Jesus is the Christ, the promised Anointed One.

- How will I show belief in Christ today? What will I say or not say, do or not do? Source: Diocese of Springfield

2. **Kids Resources: 13th Sunday of Ordinary Time**

- Mark 5:21-43: Today's Gospel tells the story of a little girl who is dying. Jairus, her father, comes to Jesus for help. Before Jesus reaches her, people come to say that she has died. When Jesus reaches the house, he takes her hand, saying, "Little girl, get up." Immediately she stands and begins to walk around. Do you think Jairus had faith in God? Why? Do you know someone who really trusts Jesus? (Source: OSV)
- [Kid's Bulletin for 13th Sunday in Ordinary Time](#)
- [Colouring page this Sunday](#)
- Video: [Jesus healed a woman and raised a girl](#)
- Children's online Sunday programs:
 1. [Catholic Kids Media - Video: Jesus' Miracles!](#)
 2. St. Albert the Great, Calgary - [Children's Sunday Liturgy](#)
 3. St. Michael's, Calgary - [Kid's Kingdom](#) (resuming in the Fall)
 4. [Children's Liturgy at home](#) (for leader or parent)
 5. Does your parish have online Sunday program for children? If so, please share it with communications@calgarydiocese.ca

3. **Employment opportunities**

- Elizabeth House in Calgary has an opening for a Support Staff (2 overnight shifts/week).
- Calgary Catholic Immigration Society has an opening for Sponsorship Program Coordinator (Full time)
- Visit catholiccyyc.ca/careers to view more information about the positions, including qualifications and how to apply.

4. **Pope appeals for help for people of Myanmar**

Pope Francis unites his voice to that of the bishops of Myanmar to come to the aid of the thousands of

displaced and starving. The Pope asked that we “open our hearts to refugees” and share in their sorrows and joys, and “learn from their courageous resilience” to become “a more humane community, one big family”. [Read more](#)

5. How to make your house a holy home?

Catholic Sprouts and guest host Kimberly Hahn explores why working, eating and praying in your home and with your family is so important! Listen here [Day 1](#) | [Day 2](#)

6. The secret prayers of the priest

Fr. Stefano Penna (Diocese of Saskatoon) came and led our diocesan priests retreat: "Your priests are exhausted – like everyone else I suspect. It is a form of spiritual tiredness that comes when fathers are not able to be with their families as they wish. Certainly, it is tiring to care for a family, but then again, there is a gift of life that flows from being with your family as you care for them." [Read more](#)

7. Little Saints: Work of mercy in action

"Mme, I have to talk to you. I had a dream last night and God wants us to have a Jesus Club at our school... Can you help?" Lili Szakony, a teacher with CCSD, and a parishioner of St. Patrick's Parish, Calgary, witnessed the power of the Holy Spirit working on fertile ground - inspiring her students to do the work of mercy for the needy. [Read more](#)

8. The Wild Goose Program - Holy Spirit Parish

If you allow him, the Wild Goose will lead you to a place of mercy, healing, peace, and presence. The Wild Goose series will help you experience a deeper relationship with the Person of the Holy Spirit, and as you come to experience God's presence and power, this very same Spirit will transform you and bring you freedom. Holy Spirit Parish invites you to a virtual study, "The Wild Goose: Discovering a Deeper Relationship with the Holy Spirit". Start date August 23. [More info here](#) | [Promotional Video](#)

9. Catholic Family Books

OSV asked dozens of Catholic parents for the books they recommend to other parents to help with raising kids in the faith. Prayer books, chapter books, picture books, parenting and advice books—you name it, they delivered. [Check out the selection](#)

10. Theology of the Body I Course - Online

The TOB 1: Head & Heart Immercian Course introduces students to the key themes of John Paul II's Theology of the Body. Particular attention will be paid to the imago Dei, fall and redemption, Christian ethics and ethos, freedom and person, gender and vocation. Students will be encouraged to journey from “head to heart” in applying the theological concepts they learn to their own lives and relationships. Instructor: Christopher West, ThD. When: July 19-30, 2021. [Registration info](#)

11. Car Talk: Great questions for parents to share with children before and after Mass | Use the time in the car before Mass to “prime the pump” so that the family will have something to look for or listen for in the Sunday Mass. Here are some questions which may help. They do not all apply to every Mass, but are general questions which can help children to get ready to understand something from the Mass, to learn something from the homily, to participate in some way with more attention. [Read more](#)

12. Pope's June prayer intention: on the beauty of marriage

Pope Francis is praying that we make our own "God's dream" of love, and especially for young people preparing for marriage. The beauty of marriage and the family as something more than a “social” act: “it’s a vocation that’s born from the heart; it’s a conscious decision for the rest of one’s life that requires specific preparation.” Let us pray for young people who are preparing for marriage with the support of a Christian community: may they grow in love, with generosity, faithfulness and patience. [Watch Pope's Video](#)

13. Confession resources

Here are some resources that might help individuals and family in your community when you promote your parish confession schedule:

- [Diocesan printable Confession card for children](#) (includes examination of conscience, step-by-step and simple act of contrition)
- [Printable examination of conscience for children](#)
- [Goodconfession.com](#)
- [In depth examination of conscience](#)
- [Printable guide to Confession for adults](#) (provided by Knights of Columbus)
- Video: [Making a good confession \(Fr. Mike Schmitz\)](#)
- Video: [Bringing the same sins to confession? Try this](#)

Serving as a Catholic School Trustee

The Alberta Catholic School Trustees' Association is pleased to share with you the ACSTA Handbook for prospective candidates for Catholic school trusteeship. It is also posted on the ACSTA website acsta.ab.ca. This resource is also intended to help explain and ensure the distinctiveness of serving as a Catholic trustee to stakeholders and the broader public going into the 2021 election.

- [Download handbook](#) - or visit acsta.ab.ca

Residential School Resources

To help guide parishes regarding the recent discovery at Kamloops Indian Residential Schools, please review the resources below:

- Questions and Answers
 - [FAQ from Oblates of Mary Immaculate \(OMI\)](#)
 - [FAQ from Archdiocese of Vancouver](#)
- Learn about Residential Schools
 - [History of Residential Schools](#)
 - [Historical perspective on death and graves in residential schools](#)
 - [A National Crime](#): Documentary History of the efforts of Dr. Peter Bryce to publicize and put a stop to the horrific conditions he encountered in the Residential Schools in Western Canada, more than a century ago (History Department at Carleton University). [Watch](#)
 - Residential Schools within the Diocese of Calgary
 - There were 25 residential schools in the Province of Alberta. See: [Residential Schools in Canada Map](#). Four of them were located within the boundaries of the Diocese. The Roman Catholic Diocese of Calgary did not run any residential schools. Below are links to the residential schools:
 - [St. Joseph's Residential School \(Crowfoot\)](#) - Cluny, AB (1900-1968) operated by the Oblates of Mary Immaculate (OMI) and Sisters of Providence
 - [St. Mary's Residential School \(Kainai\)](#) - Cardston, AB (1898-1988) operated by the Oblates of Mary Immaculate (OMI) and Grey Nuns of Montreal
 - [Sacred Heart Residential School \(Peigan\)](#) - Brocket, AB (1887-1961) operated by the Oblates of Mary Immaculate (OMI) and Grey Nuns of Montreal
 - [St. Joseph's Industrial School \(Dunbow\)](#) - High River, AB (1884-1922) operated by the Oblates of Mary Immaculate (OMI) and Grey Nuns of Montreal
 - [Truth and Reconciliation reports](#)
 - [A Catholic Response to Call to Action 49 of the Truth and Reconciliation Commission.](#)
- Statements
 - [A message from Pope Francis](#) on Kamloops Residential School (June 6)
 - [A message from Bishop McGrattan](#) on Kamloops Residential School (June 4)
 - [A message from Canadian Conference of Catholic Bishops](#) on Kamloops Residential School (May 31).

- [A joint video statement from Chief Littlechild and Archbishop Richard Smith](#) and an in depth interview with the Chief and the Archbishop regarding reconciliation. Chief Littlechild is a former Grand Chief of the Confederacy of Treaty 6 First Nations as well as a commissioner of the Truth and Reconciliation Commission.
 - Statement: YouTube: <https://youtu.be/fPtpgvlsPAw>
 - Interview: YouTube: <https://youtu.be/90XW395L2dU>
- [Pastoral letter from Catholic Bishops of Alberta and the Northwest Territories](#) on the Truth and Reconciliation (2014)
- [Past statements](#) | [Encounter with the Popes](#)
- Crisis line for Indian Residential School survivors and family: 1-866-925-4419
- [A brief guide about Treaty & Alberta Treaty Map](#) (Alberta Teachers Association)
- Handling Difficult/Challenging Calls and Conversations. See [tip sheets](#) (shared previously by the Diocese of Victoria)
- Please pray this petition for the whole month of June during Masses:
 - For the children who died in the former Kamloops Indian Residential School and for all those impacted by this tragedy, that there may be healing founded on truth and that the Spirit will inspire our ongoing commitment to reconciliation. For this, we pray to the Lord.

More resources will be shared with you as it becomes available. These links are also available on our website: www.catholicycyca.ca

Let us keep all individuals and families deeply impacted by this event in our prayers, and ask for the intercession of St. Kateri Tekakwitha for them to receive consolation, healing, and strength.

Celebrating Sacred Heart of Jesus in June

In 1673, St. Margaret Mary Alacoque received a vision of Jesus' compassionate heart, pierced by the sins of the world, which gave impetus to the devotion of Sacred Heart of Jesus. St. Margaret Mary also received private revelations from Jesus on June 16, 1675. [Read more](#)

The Church celebrates the Solemnity of the Sacred Heart of Jesus on the Friday following the second Sunday after Pentecost. The term "Sacred Heart of Jesus" denotes the entire mystery of Christ, the totality of his being, and his person considered in its most intimate essential: Son of God, uncreated wisdom; infinite charity, principal of the salvation and sanctification of mankind. The "Sacred Heart" is Christ, the Word Incarnate, Saviour, intrinsically containing, in the Spirit, an infinite divine-human love for the Father and for his brothers. (Directory on Popular Piety and the Liturgy)



- Sacred Heart of Jesus Resources
 - [Sacred Heart of Jesus Pastoral Notes and Resources](#) (Cardinal Collins)
 - [How to celebrate the feasts of Sacred Heart of Jesus and Immaculate Heart of Mary \(OSV\)](#).
 - Video (7 mnts): [Devotion to the Sacred Heart of Jesus](#) (Fr. Mark Mary)
 - [Litany of the Sacred Heart of Jesus](#)
 - [Pray the Litany with the help of St. Pope John Paul II \(Aleiteia\)](#)
 - Daily prayer from St. Therese Liseux "Jesus, meek and humble of heart, make my heart like unto Thine".
 - Download & Print: [Image 1](#) | [Image 2](#) | [Image 3](#) | [Image 4](#) | [Image 5](#)
 - Sacred Heart of Jesus [Morning Prayer](#) | [Evening Prayer](#)

- Resources for Family & children:
 - [Catholic Sprouts podcast for kids on Sacred Heart of Jesus](#) (OSV)
 - [Sacred Heart and Immaculate Heart craft for kids](#)
 - [Sacred Heart VBS at home](#)
 - Video: Jesus loves us so much He cannot keep His love to Himself! Learn about the symbols we see in the image of the Sacred Heart of Jesus. Then we will make Sacred Heart mini-pancakes together! Watch: [Video for kids from Sacred Heart of Jesus Convent](#)
 - [Video: Personal Consecration Prayer to the Sacred Heart](#)

Resources for mental health

"Physically healthy should also include a focus on our mental and spiritual well-being," says Sr. Donna Marie Perry, psychotherapist and social worker in the Diocese of Calgary. "Not all families are healthy," says Sr. Perry. She urges people who see others struggling to reach out with kindness. Where appropriate, you can also recommend they access support from community-based organizations. ([Mental health matters, Faithfully](#)).

Have you encountered anyone in need of access to help with mental health? Below is a list of handy mental health resources for you to share:

- Calgary Counselling Centre: 403-691-5991 + online counselling
- Catholic Family Service: 403-205-5295. Rapid Access Counselling: 403-233-2360 or email intake@cfs-ab.org
- Distress Centre: 403-266-4357 - available 24/7.
- Eastside Family Centre: 403-299-9696 - telephone and e-therapy.
- Kid's Help Phone: 1-800-668-6868
- Mental Health Help Line: 1-877-303-2642
- Access Mental Health: 403-943-1500

For other barrier free consultation sessions (Calgary area), you may consider referring those in need with this online service: communityconnectyy.ca

Bishop's Message - June 2021



[I will give you shepherds after my own heart](#)

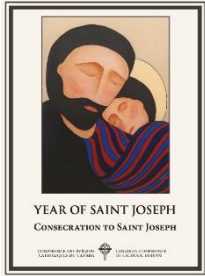
In recent weeks there is a lot of pain in the heart of our Lord with the suffering brought about by the long history of residential schools in our country. Bishop McGrattan invites us to ask the Lord for the desire to be "formed after the heart of our Lord Jesus in His wisdom, understanding, and most of all in seeking forgiveness from others." [Read more](#)

Webinars for Temporary Foreign Workers

Below is a list of webinars for Temporary Foreign Workers. Please contact Myla at Calgary Catholic Immigration Society (CCIS) - 403-470-9132 or email rignacio@ccisab.ca for more information or to register.

- June 22, 2021, Tuesday, 5:00 PM to 7:00 PM: **Emotional Wellness (Spanish)** by Alberta Health Services

Consecration to Saint Joseph



The Canadian Conference of Catholic Bishops (CCCCB) invites all groups and families to deepen their Christian commitment through the act of consecration to Saint Joseph. By entrusting ourselves completely to the fatherly care and powerful intercession of the Church's patron saint, we are beseeching his help in living out those same virtues he did and so grow in the likeness of Christ evermore.

This ritual of Consecration to St. Joseph can be used in parishes, religious communities and families, on a date chosen by the individual groups or families. Download the ritual:

[Consecration to Saint Joseph \(PDF\).](#)

St. Joseph's Year catechesis for youth

The CCCC has created online resources offering various prayers, devotions, catechetical resources for adults and children, as well as Church documents, all of which are dedicated to Saint Joseph.

This week we are highlighting the resources for catechetical activities for children and youth

- [Ages 6-8 - Catechetical Activity | St. Joseph: A loving and caring father](#)
- [Ages 9-11 - Catechetical Activity | St Joseph: The worker](#)
- [Youth - Catechetical Activity](#)

The Year of *Amoris Laetitia* Family

Through a series of 10 videos, the Holy Father, with the help of several families, invites us to journey together to rediscover the family as a gift, despite every problem, obstacle and challenge that families have to face today. In the first video "[Walking Together](#)" Pope Francis and a family share about the beauty of being a family and how each person is called to lovingly care for the life of the family. Never a problem, families are always a gift and, in terms of the future, they are an opportunity. Each video is accompanied by a [guide](#).

Development & Peace

Development and Peace (The Canadian Catholic Organization for Development and Peace, or D&P) is the official international development organization of the [Catholic Church in Canada](#) and the [Canadian member of Caritas Internationalis](#). Development and Peace is a membership led organization supported by parish collections, individual donations and government grants, principally from Global Affairs Canada.

For over 50 years, Development and Peace has supported 15,200 local initiatives in fields such as agriculture, education, community action as well as the consolidation of peace and advocacy for human rights in 70 countries. Inspired by Gospel values and in particular the preferential option for the poor, Development & Peace is to support the actions of people in the Global South so that they can take control of their destiny and educate Canadians on issues related to North-South imbalance.

Representing the west region in the Development and Peace National Council is Bishop William McGrattan.

Read more about the National Council for Development and Peace [here](#).

We are excited to announce that you can now give directly to Development and Peace-Caritas Canada from the Diocese of Calgary's Giving page at catholicyc.ca/donatednp

We ask that you consider joining Development & Peace in their work for the poor and vulnerable.



Patris Corde Guided Video Reflections

In the Apostolic Letter *Patris Corde* (With a Father's Heart), Pope Francis identifies the extraordinary attributes of St. Joseph as a "*beloved, tender and loving, obedient, accepting, creatively-courageous, working father hidden in the shadows.*" (cf. No 1-7). We have prepared a series of guided reflections on each of the seven attributes. They may be used by individuals who wish to focus on only one or two of the attributes from home or in groups gathered in person or online. [Video reflections & guide here](#)

Follow us on Social Media

[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:

[Vatican News](#) | [The Sunday Website](#) | [Sunday Connection](#)

Daily and Sunday Mass Prayers & Readings: [CCCB Daily Readings](#) (pick the desired date)

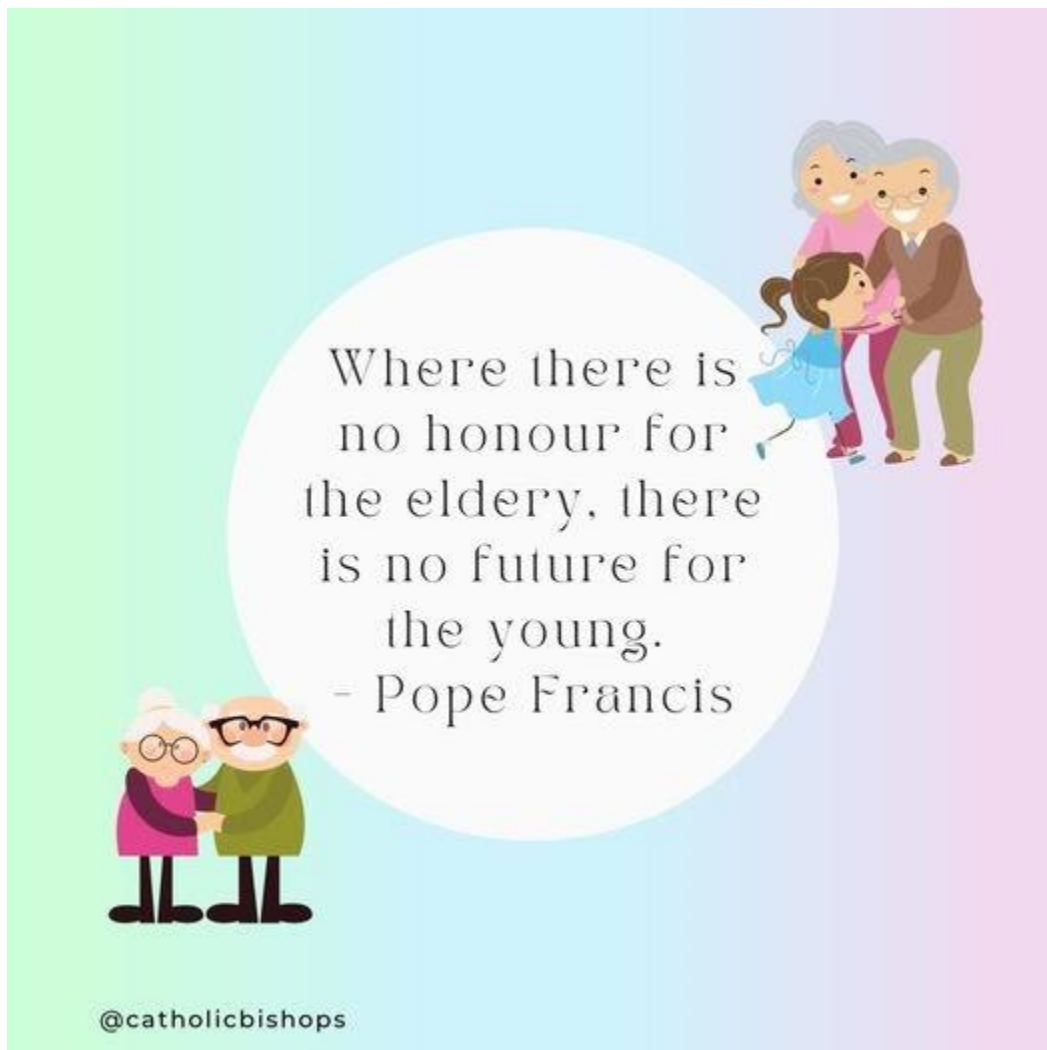
Livestreams

Full schedule of Parish Livestream Masses in the Diocese of Calgary is available at:

<https://www.catholicyc.ca>.

You can also watch parish Sunday Masses via TELUS Optik TV Ch. 876 and 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#).

Our parishes rely on your Sunday offerings for maintenance and growth. You can also use the online giving page on the diocesan website to set up a one-time or recurring donation to your parish via credit-card. Funds donated will be transferred to the selected parish. Give now at <https://www.catholicyc.ca/donateparish> [or contact your Parish to set up a direct debit deposit].



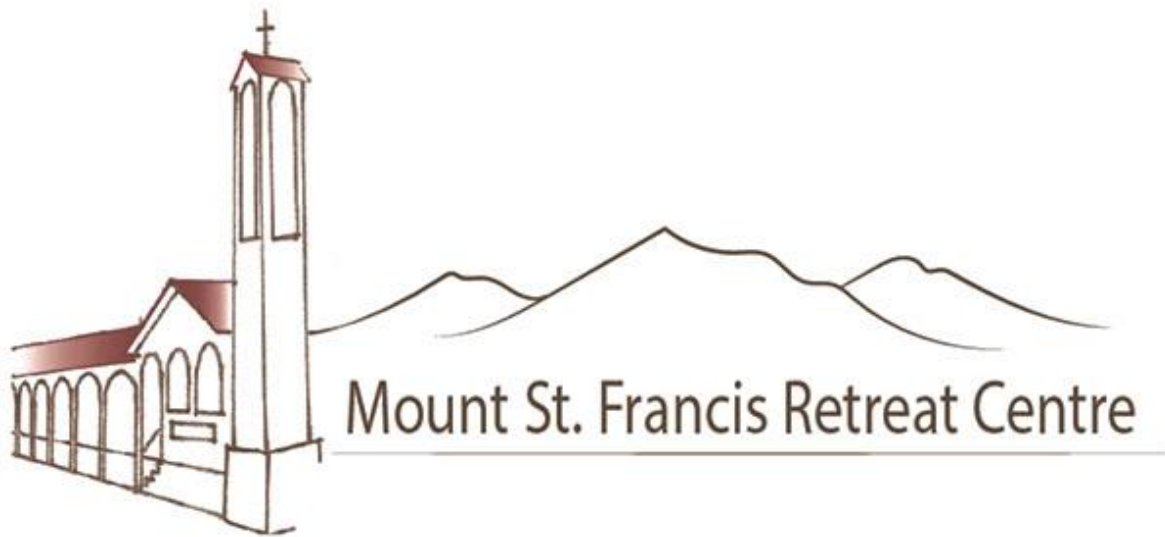


FCJ RETREAT & CONFERENCE CENTRE

A corporate ministry of the Sisters Faithful Companions of Jesus (FCJ) since 1980



[Check out opportunities to join online programs run by the FCJ Centre \(retreats, spiritual exercises, daily examen, prayers etc.\). Visit their events calendar!](#)



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.