



Welcome to HOLY FAMILY PARISH

JUNE 21, 2021 – 12TH SUNDAY IN ORDINARY TIMES

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Facebook: Medicine Hat Holy Family Parish

Reconciliation: By Appointment Only 403-527-6933 ext. 101

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm - Closed on Holidays.

Reconciliation is by appointment only Tuesday to Friday 9:30am – 4:00pm. Call the office to book a time with Fr. Iqbal or Fr. Rodel



**ADORATION IS IN THE
HOPE ROOM
MONDAY TO FRIDAY
9:30am to 4:00pm**

MASSSES

MONDAY to FRIDAY at 9:00AM Administration doors,

SATURDAY at 5:00PM Main Front Doors &

SUNDAY at 8:30AM, 10:30AM & 6:00PM Main Front Doors

MAKE SURE TO COME EARLY TO BE SCREENED & WEAR YOUR MASKS

DOORS WILL BE LOCKED WHEN MASS STARTS

Catholic Women's League



Marjorie Bowlby

403-527-2739

Knights of Columbus

Ron Pisoni

403-526-1848



We do have masks available if needed! Please dispose of them in a responsible manner.

FORMED.org

THE CATHOLIC FAITH.
ON DEMAND.

LOG IN WWW.FORMED.ORG

- Go to Formed.org
- Enter our PARISH CODE: **GPQWK7**
- Create a personal account with your personal username/email and password.
- Start enjoying the best Catholic content all in one place!

IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!

Attending Masses...

MAKE SURE TO COME EARLY TO BE SCREENED

THE DOORS WILL NOW BE LOCKED WHEN MASS STARTS TO
ENSURE YOUR SAFETY FROM PEOPLE ENTERING THAT HAVE
NOT BEEN SCREENED.

MASKS... IT IS MANDATORY TO WEAR A MASK AT
ALL TIMES NOW IN THE CHURCH.



Sunday
10:30am Mass
Medicine Hat
Holy Family
Church Live
Stream

https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q

You Tube



” Then the people rejoiced because these had given willingly, for with single mind they had offered freely to the Lord
1 CHRONICLES 29:9

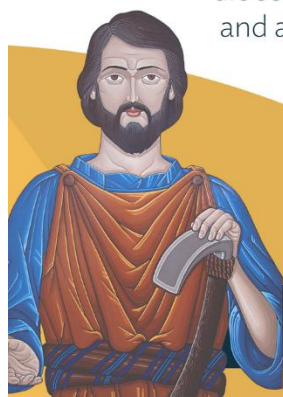
1.4 MILLION of the Diocesan goal will financially support the approved diocesan ministries, partner organizations, and agencies. See list at catholicyyc.ca/tia

OUR PARISH GOAL

\$ 49,657

Everything raised **OVER** our parish goal will go to support*:

Mustard Seed
Medicine Hat Food Bank
& Society of St. Vincent de Paul



2021
THE YEAR of
ST. JOSEPH

CATHOLICYC.CA/TIA

TO DATE \$ 17,751 = 36% OF THE WAY

OPERATING FINANCES

May 1-31, 2021

Operating Budget 2021	\$ 55,019
General Envelope Collection	\$ 39,148
Loose Collections	\$ 453
Future Development	\$ 4,002
Sale of Church Supplies & Other	\$ 1,537
Other Ministries	\$ 480
Government Subsidy	\$ 4,424
Budget Vs Actual	-\$ 4,975

SPECIAL COLLECTIONS

Together in Action (TIA)	\$ 3,094
Holy Land	\$ 25
Pope's Pastoral Works	\$ 850
St Vincent de Paul	\$ 2,514
World Missions	\$ 45
Seminarian Fund	\$ 1,000
Mission Mexico	\$ 305
CARO	\$ 90

Thank You for your Generous Contributions

† Masses Intentions June 21st-25th †

Saturday, June 19

5:00pm – Dcn Robert & Helena
Risling & Family

Sunday, June 20

8:30 am – Werner Huhn †

10:30am – Joyce Risling †

6:00pm – Holy Family Parish

Monday, June 21

9:00am – Sandra Hoffarth

Tuesday, June 22

9:00am – Reuben Steinkey †

Wednesday, June 23

9:00am – Frank Tarnoczi †

Thursday, June 24

9:00am – Aaron Steinkey

Friday, June 25

9:00am – Paul Lerner †

You Asked for it... so now here it is...

E-Transfer Donations accounting@holyfamilymh.ca

12th Sunday in Ordinary Time - Sunday, June 20, 2021

1st Reading: Job 38.1-4, 8-11++

Her have I prescribed the bounds of the sea.

Responsorial Psalm: Ps 107.23-24,25-26, 28-29, 30-31 (*R. 1*)

R. Give thanks to the Lord; his steadfast love endures forever. Alleluia

2nd Reading: 2 Corinthians 5.14-17

See, everything has been made new.

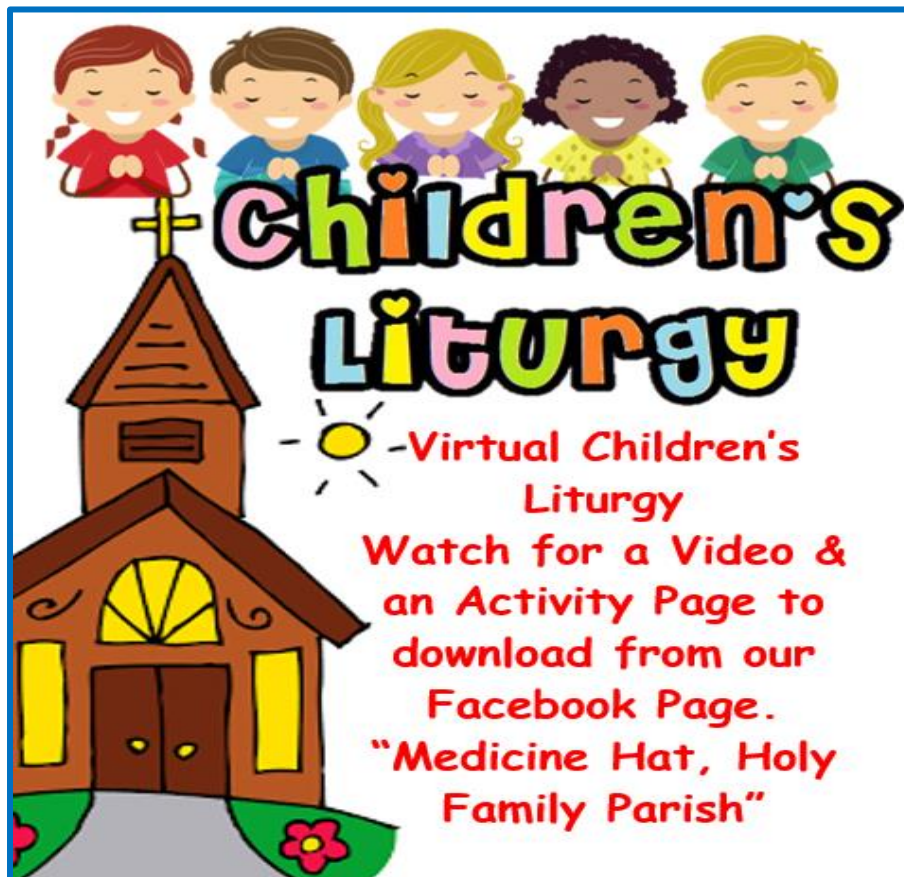
Gospel: Mark 4.35-41
obey him?

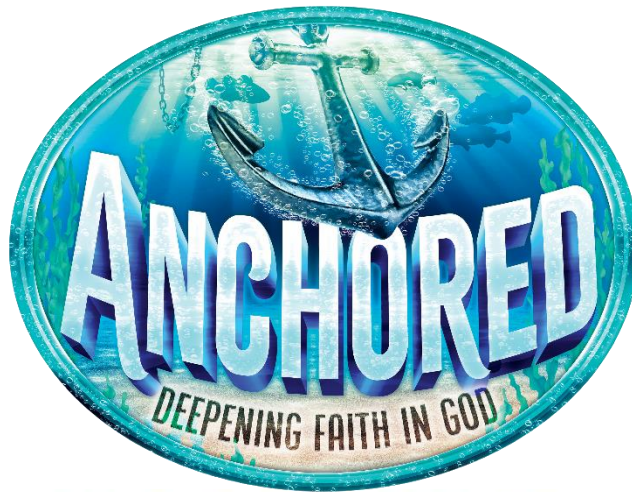
Who then is this, that even the wind and the sea

THE RAGING STORM

Like the disciples today, we can feel as if we are in a small boat, on a deep lake, far from shore, in a raging storm. It seems like Jesus is sleeping through it all. But we know and believe, deep in our hearts, he is not. He is with us. He is in control – in his time and way.

- 💧 What is raging around me that is seeming to threaten me?
- 💧 How will I turn to Jesus, even in a chiding way like the apostles, for help?
- 💧 How can I, whom can I help as I have been helped?





Holy Family Parish & St. Patrick's Church Bible Camp.

Plans are under way for **ANCHORED**

Deepening Faith in God Bible Camp... WHAT?

We will be supplying kits to each family of Grade 1 – Grade 6 children. Kits will have a Bible Verse, Bible Story, and ideas for crafts. Plus, we will be creating videos to be posted on the Holy Family Parish and St. Patrick's Parish facebook pages. Kits will be ready for pick up beginning of July at either parish. For more information call Tammy at 403-866-7886.

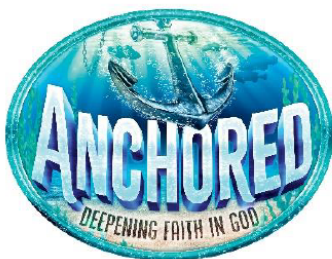
Deadline for Registration – June 30th, 2021.

Deadline to pick up kits – July 9th, 2021.

FACEBOOK PAGES

Medicine Hat, Holy Family Parish or
St. Patrick's Church, Medicine Hat

2021 Summer Virtual Bible Camp Registration Form



St. Patrick's Church & Holy Family Parish

Name: _____

Child's age: _____ Date of birth: _____ Last school grade completed: _____

Name: _____

Child's age: _____ Date of birth: _____ Last school grade completed: _____

Name: _____

Child's age: _____ Date of birth: _____ Last school grade completed: _____

Name: _____

Child's age: _____ Date of birth: _____ Last school grade completed: _____

Name of Parent(s)/Guardian: _____

Street address: _____

City: _____ Prov: _____ Postal: _____

Contact Phone/s: _____

Email address: _____

Home church: _____

The Fee will be \$10.00 for one child and \$5.00 each for additional children from the same household, this can be paid when you pick up your kits.

Permission to copy this resource from Group's Anchored VBS granted for local church use.

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Blessings to all the
candidates who
received their
1st Holy Communion
last weekend.
Congratulations!



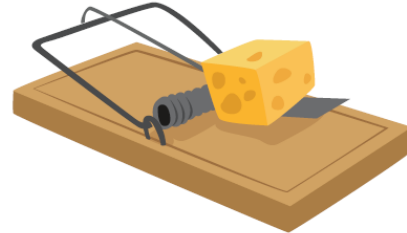
Blessings to all the
candidates being
Confirmed this
weekend.
Congratulations!



*Thank You to all
the wonderful
Volunteers that
came out on
Monday and washed
windows in the
blazing sun.*

HOW TO AVOID BEING SCAMMED?

DON'T TAKE THE BAIT



1 You are informed of a problem/crisis.



You receive a message that brings to your attention a problematic situation on your email, computer, phone, or even a letter. It may be about you being fined, your computer being hacked requiring you to immediately act in order to save your data/information, you are being charged for something you didn't order or purchase, or a friend or colleague needs a favour.

2 You panic and feel the need to act immediately, and they provide you with the solution.



The message that informed you of the problem also provides you with the alleged solution to click on the link or to phone the number they have provided.

DON'T TAKE THE BAIT!

3 Do not use the link or any contact information they provided. Move away, and think calmly.

For example: your bank emailed you that your credit card or bank account has been charged an amount you didn't authorize, and they think that you have been scammed. Stop & pause. Do not reply the sender or click any links in the email, and do not call using the contact information shared in the email. Instead, contact your bank directly in person at the branch, or by phone using the number you normally use to access the bank's call center agent, or online through your bank app or regular online banking method.



Canadian Anti-Fraud Centre
antifraudcentre-centreantifraude.ca



Calgary Police Service
Google: Calgary Police Service
Telemarketing fraud or scams



ROMAN CATHOLIC
DIOCESE
of Calgary

Inform the Diocese

Fr. Wilbert Chin Jon - 403-218-5529 |
wilbert.chinjon@calgarydiocese.ca
Alejandro Henao - 403-218-5545 |
alejandro.henao@calgarydiocese.ca

Happy Father's Day

Thank you, friend Jesus, for my father who loves me,
for my grandfather who cares for me,
and for God, Your Father and mine.





ROMAN CATHOLIC
DIOCESE
of Calgary

CLERGY PERSONNEL ANNOUNCEMENTS

June 15, 2021

RETIREMENT

- Fr. Michael Storey, currently a Hospital Chaplain, Calgary, will retire effective August 1, 2021.

PRIEST LEAVING THE DIOCESE

- Fr. Anthoni Poul Narisetti, currently Administrator of St. Michael's Parish, Calgary, will be reaching the end of the 5-year term with the Diocese at the end of July this year and has decided not to renew for a further term and thus returning to his home Archdiocese in Hyderabad, India, effective August 1, 2021.

The Diocese of Calgary is grateful for their dedicated priestly service, and I wish them our prayers and best wishes.

Yours in Christ,

+William T. McGrattan
Bishop of Calgary

PRIESTS ARRIVING IN THE DIOCESE

- Fr. Cuong Luong, currently Pastor of Notre Dame and St. Andre, North Battleford, Saskatchewan, has been appointed to Hospital Chaplaincy, Calgary, effective August 1, 2021.
- Fr. Naveed Arif, O.P., from the Dominican Order of Pakistan who has served in the Diocese of Hamilton, Ontario, in the recent years, has been appointed Associate Pastor of Ascension Parish, Calgary, effective August 1, 2021.

PRIEST PASTORAL ASSIGNMENTS

- Fr. Lukas Drapal, currently Administrator of St. Anthony's Parish, Drumheller, has been appointed Pastor of the parish effective August 1, 2021.

CLERGY PERSONNEL ANNOUNCEMENTS

- Fr. Roque Pereira, currently Administrator of St. Patrick's Parish, Medicine Hat, has been appointed Pastor of the parish effective August 1, 2021.
- Fr. Edmundo Vargas, currently Pastor of St. Anthony's Parish, Calgary, has been appointed Pastor of St. Michael's Parish, Calgary, effective August 1, 2021.
- Fr. Pilmaiken Lezano, currently Associate Pastor of Holy Spirit Parish, Calgary, has been appointed Administrator of St. Anthony's Parish, Calgary, effective August 1, 2021.
- Fr. Jos Tom Kalathil Parambil, currently Hospital Chaplain, Calgary, has been appointed Associate Pastor of Holy Spirit Parish, Calgary, effective August 1, 2021.

PRIEST APPOINTMENTS

- Fr. Jerald D'Souza, O.C.D., in addition to being the Pastor of St. Thomas More, Calgary, has been appointed Spiritual Director of the Calgary Catholic Charismatic Renewal Society (CCRS), effective August 1, 2021.
- Fr. Daniel Fares, O.A.M., in addition to being the Pastor of Our Lady of Peace Maronite Catholic Church, Calgary, has been appointed to assist in the Hospital Chaplaincy of the Alberta Children's Hospital, Calgary, effective August 1, 2021.
- Fr. Samer Naaman, in addition to being the Pastor of the Greek-Melkite Catholic Community, Calgary, has been appointed to assist in the Hospital Chaplaincy of the Alberta Children's Hospital, Calgary, effective September 1, 2021.

SEMINARIANS ON PASTORAL YEAR

- Ian Mahood, will begin his pastoral year of internship at Ascension Parish, Calgary, under the supervision of Fr. Avinash Colaco, effective August 1, 2021.
- Santiago Torres, currently on pastoral year of internship at All Saints Parish, Lethbridge, under the supervision of Fr. Kevin Tumback, will resume his seminary studies at St. Joseph Seminary, Edmonton, effective August 30, 2021.

INCARDINATION

- Deacon Paul Corderre, ordained for the Diocese in 2002 and later incardinated to the Archdiocese of Ottawa-Cornwall in 2011, currently serving in Sacred Heart Parish, Strathmore, has been granted incardination into the Diocese of Calgary on May 15, 2021.



12th Sunday in Ordinary Time – Year B

Sunday, June 21, 2021

HE STANDS WITH US

Once upon a time, a daughter complained to her father that her life was miserable and that she did not know how she was going to make it. She was tired of fighting and struggling all the time. It seemed just as one problem was solved, another one soon followed. Her father, a chef, took her to the kitchen. He filled three pots with water and placed each on a high fire.

Once the three pots began to boil, he placed potatoes in one pot, eggs in the second pot and ground coffee beans in the third pot. He then let them sit and boil, without saying a word to his daughter. The daughter moaned and impatiently waited, wondering what he was doing. After twenty minutes he turned off the burners. He took the potatoes out of the pot and placed them in a bowl. He pulled the eggs out and placed them in a bowl. He then ladled the coffee out and placed it in a cup.

Turning to her, he asked. “Daughter, what do you see?” “Potatoes, eggs and coffee,” she hastily replied.

“Look closer”, he said, “and touch the potatoes.” She did and noted that they were soft.

He then asked her to take an egg and break it. After pulling off the shell, she observed the hard-boiled egg.

Finally, he asked her to sip the coffee. Its rich aroma brought a smile to her face.

“Father, what does this mean?” she asked.

He then explained that the potatoes, the eggs and coffee beans had each faced the same adversity-the boiling water. However, each one reacted differently. The potato went in strong, hard and unrelenting, but in boiling water, it became soft and weak. The egg was fragile, with the thin outer shell protecting its liquid interior until it was put in the boiling water. Then the inside of the egg became hard. However, the ground coffee beans were unique. After they were exposed to the boiling water, they changed the water and created something new.

“Which one are you?” he asked his daughter. “When adversity knocks on your door, how do you respond? Are you a potato, an egg, or a coffee bean?”

In life, things happen around us, things happen to us, but the only thing that truly matters is how we choose to react to it and what we make out of it. Life is not a piece of cake to enjoy all the time neither it is the bed of roses to rest but a constant struggle to face the storms of our life. Once Dubai's founder Sheikh Rashid was asked about the future of his country, and he replied: “ My grandfather rode on a camel, my father rode on a camel, I drove a Mercedes, my son drives a Land Rover and my nephew will be driving a Land Rover but my great grandson will have to ride the camel again...” And when he was asked why so and his answer was: “ Hard times create strong people, strong people create easy times. Easy times create weak people, weak people create the hard times. ”

As we begin the Sunday readings of Ordinary time, after the solemnities of the Most Holy Trinity and Corpus Christi, we begin to reflect on who God is for each of us. What do we think of God? How have we experienced God in our lives? How many times have we experienced storms in our lives and thought that the Lord was asleep, that God was not concerned, that God was simply ignoring us? The world tells us there is no God because if God was there then these things should not happen, and we happily accept it. Life is full of storms. At times, they can become so strong and strange that that our human strength can no longer support us. At such moments fear and complaints might take over the central stage of our life. Even in some cases, we might lose our faith in God, thinking that he has abandoned us or that he does not exist. These storms come in different forms. They could be problems in our marriage, our children who are not responding well, lack of a good job, poor finances, inability to procreate, or a prolonged sickness that has defiled all treatments. They could also be the inability to find or maintain a good and stable relationship or falling out with people all the time. They could also be poor results in our academics or business. The list is unending, but these represent the realities we face every day. The truth is that there is no assurance that our lives would be completely free of storms. But the Gospel today lets us know that God is always aware of what is happening in our lives, even when He seems asleep, unconcerned, and uncaring. The Gospel invites us to a deep level of trust in our God. God loves us and cares for us always and will not let us perish. We do not always understand the ways of God—and that should never surprise us. God sees all and knows all, and our vision and knowledge is so restricted!

We all are aware about the story of Job that though he was a righteous man on earth, but he suffered and lost everything. Everyone came to tell him to speak against God and die including his wife and friends, but he trusted in the Lord and he was blessed with everything in twofold. During this pandemic we have and still are experiencing the darkness of fear, hopelessness, brokenness, stress, depression, and suffering. Holy Father Pope Francis reflection on the Gospel

says “When evening had come” (Mk 4:35). The Gospel passage we have just heard begins like this. For weeks now it has been evening. Thick darkness has gathered over our squares, our streets, and our cities; it has taken over our lives, filling everything with a deafening silence and a distressing void, that stops everything as it passes by; we feel it in the air, we notice in people’s gestures, their glances give them away. We find ourselves afraid and lost. Like the disciples in the Gospel we were caught off guard by an unexpected, turbulent storm. We have realized that we are in the same boat, all of us fragile and disoriented, but at the same time important and needed, all of us called to row together, each of us in need of comforting the other. On this boat... are all of us. Just like those disciples, who spoke anxiously with one voice, saying “We are perishing”, so we too have realized that we cannot go on thinking of ourselves, but only together can we do this”.

There are two basic truths that the gospel reveals to us about these problems. The First is that Christ is with us in that boat and, is aware of the storm we are battling with. So, we cannot be with Him and yet sink. It is not possible! The second is that no matter how experienced we think we are in navigating our own boat, we cannot overcome our storms alone. Hence, Christ tells us: “Apart from me, you can do nothing.” There is no doubt that before inviting Christ, his disciples made much effort to control their own boat. However, when they failed, they cried out: “Lord, do you not care if we perish?” Of course, Christ intervened because he assured us: “Call upon me in times of trouble and I will help you” (Ps 50: 15).

Whenever we fail in action and feel depressed, we should not forget about God because he helps us “I have heard the cry of my people and have come down to save them” However we need to open our hearts to include him in our all means to deal the storms of our life as just in the following story we read.

Once a father and son were working in garden. Child wanted to get appreciated by his father, so he was trying his best to help his father by performing minor works as directed by his father. The father and his son were working on different sides of garden. The father saw a stone on his son’s side. He said, “Son, remove that stone from that place, we will plant a nice plant there.”

As directed by father, the kid tried to move the stone, but he was not able to move it. At last, the kid said to his father, “Dad, I am not able to move this stone it’s too heavy. I can’t do it.” Father replied, “Try again. Use all your means to remove the stone from that place.”

Th kid again tried and used all his strength but still he was not able to dislodge that stone from its place. He got tired and started to cry as he was not able to do it even after using all his effort.

Listening to his son crying the father came running toward his son, sat beside him and pulled him near himself and said, “Why are you crying?? You can move this stone. I told you to use all your means to move that stone. Didn’t I?”

The son with a sad look on his face replied, “I did. Dad I tried my best to remove that stone but still was not able to do it.”

“But you forgot about me, my dear. If you needed help, why didn’t you include me in your ‘Means’?” replied father.

The child was enlightened to hear this and started working along with his father again. Now with his father help, he was able to remove that large stone easily from its place and plant a new plant in its place.

There are three things we must continue to do. First, rather than live in fear, sit and complain like Job, or give up completely, let us cry out and invite the Lord to help us. This is because: “Our help comes from the Lord who made heaven and earth” (Ps 121, 1-2). Second, we must continue to show profound faith in God, his Son Jesus Christ, and in the Holy Spirit. That is, faith that makes us believe that God created us in love sustains us with his providence and will save us through his mercy. Third, we must continue to be thankful to God in all circumstances of our life. So, with the psalmist let us: “...Give thanks to the Lord, for his love and mercy endures forever.”

It is easy to recognize ourselves in this story. What is harder to understand is Jesus’ attitude. While his disciples are quite naturally alarmed and desperate, he stands in the stern, in the part of the boat that sinks first. And what does he do? In spite of the tempest, he sleeps soundly, trusting in the Father; this is the only time in the Gospels we see Jesus sleeping. When he wakes up, after calming the wind and the waters, he turns to the disciples in a reproaching voice: “Why are you afraid? Have you no faith?”.

Let us try to understand. In what does the lack of the disciples’ faith consist, as contrasted with Jesus’ trust? They had not stopped believing in him; in fact, they called on him. But we see how they call on him: “Teacher, do you not care if we perish?”. Do you not care: they think that Jesus is not interested in them, does not care about them? One of the things that hurts us and our families most is when we hear it said is: “Do you not care about me?” It is a phrase that wounds and unleashes storms in our hearts. It would have shaken Jesus too. Because he, more than anyone, cares about us. Indeed, once they have called on Him, He saves His disciples from their discouragement.

Holy Father says the storm exposes our vulnerability and uncovers those false and superfluous certainties around which we have constructed our daily schedules, our projects, our habits, and priorities. It shows us how we have become dull and feeble; the very things that nourish, sustain, and strengthen our lives and our communities. The tempest lays bare all our pre-packaged ideas and forgetfulness of what nourishes our people’s souls; all those attempts that anesthetize us with ways of thinking and acting that supposedly “save” us, but instead prove incapable of

putting us in touch with our roots and keeping alive the memory of those who have gone before us. We deprive ourselves of the antibodies we need to confront adversity”.

The Lord asks us and, amid our tempest, invites us to reawaken and put into practice that solidarity and hope capable of giving strength, support and meaning to these hours when everything seems to be floundering. The Lord awakens to reawaken and revive our Easter faith. We have an anchor: by his cross we have been saved. We have a rudder: by his cross we have been redeemed. We have a hope: by his cross we have been healed and embraced so that nothing and no one can separate us from his redeeming love. During isolation when we are suffering from a lack of tenderness and chances to meet up, and we experience the loss of so many things, let us once again listen to the proclamation that saves us: he is risen and is living by our side. The Lord asks us from his cross to rediscover the life that awaits us, to look towards those who look to us, to strengthen, recognize and foster the grace that lives within us. Let us not quench the wavering flame (Is 42:3) that never falters and let us allow hope to be rekindled.

Embracing his cross means finding the courage to embrace all the hardships of the present time, abandoning for a moment our eagerness for power and possessions to make room for the creativity that only the Spirit is capable of inspiring. It means finding the courage to create spaces where everyone can recognize that they are called, and to allow new forms of hospitality, fraternity, and solidarity. By his cross we have been saved in order to embrace hope and let it strengthen and sustain all measures and all possible avenues for helping us protect ourselves and others. Embracing the Lord in order to embrace hope: that is the strength of faith, which frees us from fear and gives us hope. St. Peter says, “cast all our anxieties onto him, for he cares about us” (1 Pet 5:7).

We have let things go from our lives which cause us pain and suffering like in the story:

“Once upon a time a psychology professor walked around on a stage while teaching stress management principles to an auditorium filled with students. As she raised a glass of water, everyone expected they would be asked the typical ‘glass half empty or glass half full’ question. Instead, with a smile on her face, the professor asked, ‘How heavy is this glass of water I’m holding?’

Students shouted out answers ranging from eight ounces to a couple pounds.

She replied, ‘From my perspective, the absolute weight of this glass doesn’t matter. It all depends on how long I hold it. If I hold it for a minute or two, it’s fairly light. If I hold it for an hour straight, its weight might make my arm ache a little. If I hold it for a day straight, my arm will likely cramp up and feel completely numb and paralyzed, forcing me to drop the glass to the floor. In each case, the weight of the glass does not change, but the longer I hold it, the heavier it feels to me.’

As the class shook their heads in agreement, she continued, 'Your stresses and worries in life are very much like this glass of water. Think about them for a while and nothing happens. Think about them a bit longer and you begin to ache a little. Think about them all day long, and you will feel completely numb and paralyzed – incapable of doing anything else until you drop them.'"

He stands with us to make our lives easy, but we need to call on him and trust in him who keep saying to us "come to be all that weary and carrying have burden and I will give you rest"

Are we with Jesus?



Homestay families needed!



MHCBE's International Education Program continues to look for loving families to welcome our students into their homes.

We know our parishioners are loving, caring and compassionate people, and believe you would make excellent homestay families for our international friends.

All you need is an extra bedroom/bathroom and a spot for someone to join your family. In return, families receive \$800/month (tax-free) and the cultural experience of a lifetime.

Contact Wanda Simmons 403-502-6081 TODAY!

Try it out!



LIVESTREAM

Full schedule of Parish Livestream Masses in the Diocese of Calgary is available at:

<https://www.catholiccy.ca>.

You can also watch parish Sunday Masses via TELUS Optik TV Ch. 876 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#).

EMAIL SCAMS

Several reports of email scams have been brought to our attention. The emails have been written in a compelling way that the email addresses of the senders were not visually verified, and responses were sent. Perhaps this is a reminder that when someone you know asks you to email them back and sounding desperate to perhaps check the sender's email address. The scammers have become more intelligent in acquiring the tone of how we write as clergy.



FORMED.org

THE CATHOLIC FAITH.
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LOG IN WWW.FORMED.ORG

- Go to Formed.org
- Enter our PARISH CODE: **GPQWK7**
Create a personal account with your personal username/email and password.
- Start enjoying the best Catholic content all in one place!

IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!

12th Sunday in Ordinary Time



COVID-19 Resources

- [Sacraments & Liturgies](#)
- [Spiritual Resources](#)
- [Sacrament Preparation](#)
(First Reconciliation, First Communion, Confirmation)
- [Online Formation Opportunity](#)

Visit the [Diocesan Event Calendar](#)

Follow us on Social Media

[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:

[Vatican News](#) | [The Sunday Website](#)
[Sunday Connection](#) | [CCCB](#)
[Reflection \(new link\)](#)

National Indigenous Peoples Day - June 21

This June 21, 2021 is the national 25th anniversary of celebrating the heritage, culture and achievements of First Nations, Inuit and Métis peoples.

Resources

- Suggested petition for Prayer of the Faithful:
That all Canadians recognize and celebrate the unique heritage, diverse cultures and outstanding contributions of [First Nations](#), [Inuit](#) and [Métis](#) peoples as Canada commemorates the National Indigenous Peoples Day. We pray to the Lord.
- Check out National Indigenous Peoples Day virtual activities happening in your region through [Celebrate Canada](#)

Daily and Sunday Mass Prayers & Readings: [CCCB Daily Readings](#)
(pick the desired date)

Full schedule of Parish Livestream Masses:

<https://www.catholiccy.ca> | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#)

June Edition of *Faithfully*

The June edition of Faithfully will be released on Thursday, May 6, 2021.

- [Read June Faithfully](#)
- [Subscribe to Faithfully](#)

Delegation to the Holy See #Kamloops215

The Catholic Bishops in Canada have genuinely heard the sincere invitation to engage wholeheartedly with the past and are deeply committed to take truly meaningful active steps together with Indigenous Peoples in view of a future filled with greater respect and cooperation. The recent discovery of children's remains at a burial site of a former residential school in Kamloops, British Columbia remind us of a tragic legacy still felt today. With the strong encouragement of Pope Francis, the Bishops of Canada have pledged true and deep commitment to renewing and strengthening relationships with Indigenous Peoples across the land. In recent years, regional and diocesan listening circles have taken place across the country in order to hear the stories from local Indigenous communities and their hopes for the future. Mutual listening is the beginning of our common efforts to bring about shared and long-lasting reconciliation, authentic healing and bridge building.

In conversation with Indigenous people and communities, both at the local and national levels, and bilaterally with the First Nations, Métis and Inuit national organizations, the Bishops, sponsors of this project, have been preparing, for over two years now, a delegation of Indigenous people to meet with the Holy Father to foster meaningful encounters of dialogue and healing. This pastoral visit will include the participation of a diverse group of Elders/Knowledge Keepers, residential school survivors and youth from across the country. The event will likewise provide Pope Francis with a unique opportunity to hear directly from Indigenous Peoples, express his heartfelt closeness, address the impact of colonization and the implication of the Church in the residential schools, so as to respond to the suffering of Indigenous Peoples and the ongoing effects of intergenerational trauma.

The global pandemic caused by COVID-19 has stalled this project; however, the Bishops remain committed to moving forward with the delegation prior to the end of 2021, in compliance with international travel guidelines.

The delegation to the Holy See represents an important step on the journey of reconciliation and shared healing for Indigenous Peoples and the Church in Canada. Pope Francis, in his 6 June 2021 Angelus message, spoke about the shocking discovery of children's remains at the former Kamloops residential school and, while conveying sorrow and solidarity, emphasized the importance of "walking side by side in dialogue and in mutual respect in the recognition of the rights and cultural values of all the sons and daughters of Canada". It is our hope that these forthcoming encounters – and the important collaboration and partnership that has supported the planning – will lead to a shared future of peace and harmony between Indigenous Peoples and the Catholic Church in Canada.

[Download Statement in PDF](#)



We give thanks
for all fathers,
for their *love, strength,*
& *faithfulness.*

HAPPY
FATHER'S DAY!

Fathers are called in a special way to reflect God's unconditional love and forgiveness. Like God, they correct us when we sin but always pick us up when we fall.

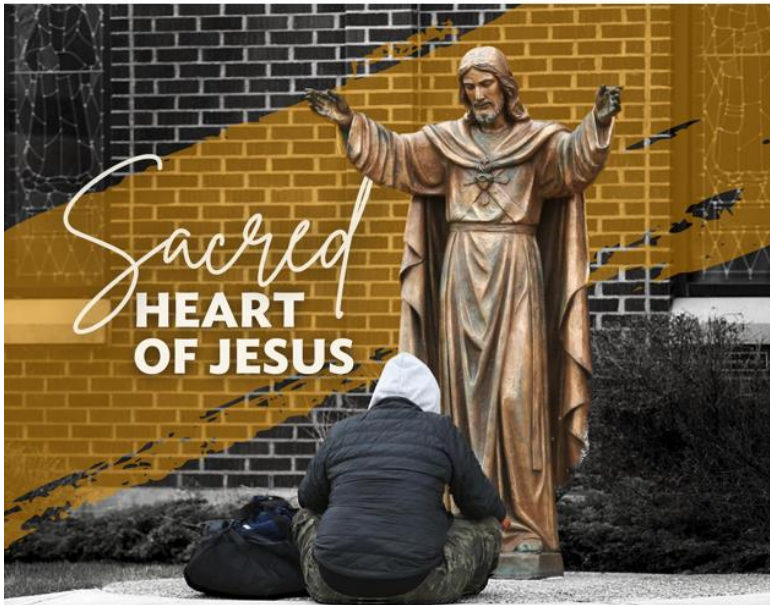
This Father's Day we remember and give thanks for the many sacrifices fathers make for their children and families. Let us give thanks for our fathers, by birth or adoption, who love us and support us through life; our Church leaders, who take on the paternal role of guiding us through life, and God our Father, who will always teach justly and grant us boundless mercy.

Tiny Tumback's Big Impact

After an infraction, young Kevin was punished by having to clean out the chicken coop, not the Tumback coop but the neighbour's. "It was hot and stinky work," Fr. Kevin recalled. "It was my punishment but Dad was working right there beside me the whole time." [READ MORE](#)

Read a bonus article for Father's Day on our [Blog](#)! Featuring Andrew (Tiny) Tumback, the father of Fr. Kevin Tumback (Pastor, All Saints Parish), written by Alice Matisz.





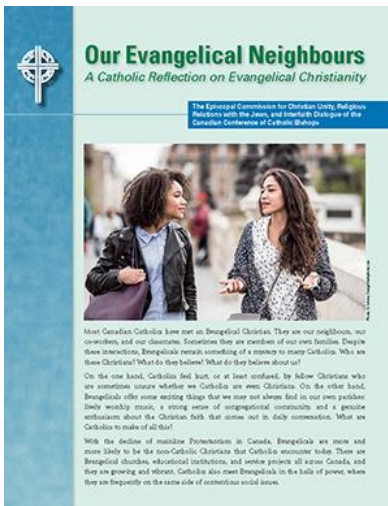
The June issue of Faithfully is now available!

[Read here](#)

Have you subscribed to Faithfully?

Faithfully gives a snapshot of faith at work in the lives of everyday people. Get inspired with faith stories, our Bishop's message, and find out what's happening in our Diocese.

- [Read the May issue of Faithfully](#)
- [Subscribe to Faithfully here](#)



Our Evangelical Neighbours

CCCB has published a new resource entitled: Our Evangelical Neighbours – A Catholic Reflection on Evangelical Christianity. The resource provides Catholics in Canada an introduction to Evangelical Christianity by exploring its origins, similarities and differences to Catholicism, and it was developed in close collaboration with The Evangelical Fellowship of Canada (EFC).

[Download resource](#) | [Letter by the President of The EFC](#)



Ignite AB this year is going to be a 4-day Catholic summer camp for teens (going into grade 9 through graduating grade 12) who desire to grow in holiness! This jam-packed week is filled with excellent talks, amazing people, daily Mass, epic large group activities, Reconciliation, Adoration, praise and worship, and much more! Youth will grow in the knowledge of Christ and the Church and be empowered to go forward while striving to be a modern-day saint and a light to the world!

When: **August 17-20, 2021** from 1:30 pm to 9 pm (Tuesday to Friday)

Where: Mary, Mother of the Redeemer Parish, Calgary, AB

For more information or to register, visit f2f.ca/ignite

World Elder Abuse Awareness Day



The Calgary Elder Abuse Awareness Collective invite you to the following workshops:

- **Financial Frauds/Scams** | Wednesday, June 16, 10 am to 11:30 am. In this presentation the presenters will talk about different kinds of financial frauds/scams going on around to rob people of their money and financial IDs. It will also talk about tips on how to stay safe and be careful in order to avoid this kind of scams. The presenters will give some contact information to call and report the incidents. Speaker: Kathy Roe, Senior Connector, CSRS. ZOOM ID: 828 9169 2988. Passcode: 1234.

Worth Sharing

1. **The Nativity of St. John the Baptist - Bulletin Shorts, free to use**

Children are Great Treasures. The readings on this birthday of John the Baptist show delight at his coming. Isn't that true of our own experiences? Don't we love and cherish the children we have and know?

- What child needs my affection? Every one. So, what will I do for at least one today? Source: Diocese of Springfield
-

2. Kids Resources: 12th Sunday of Ordinary Time

- Read Mark 4:35-41: Jesus and the apostles are in a boat when a great storm arises. Jesus continues to sleep through it! The fearful apostles wake him, and at once Jesus calms the wind and sea. Asking the apostles why they are lacking in faith, their mood switches from terror to awe. How did the apostles feel when the storm breaks out? When have you asked Jesus for help in your life? (Source: OSV)
- [Kid's Bulletin for 12th Sunday in Ordinary Time](#)
- [Colouring page this Sunday](#)
- [Catholic ABC's colouring pages](#) (Catholic Sprout)
- Mass Worksheets (ages 7-14)
- Video: [Jesus Calms the Storm](#)
- Children's online Sunday programs:
 1. [Catholic Kids Media](#)
 2. St. Albert the Great, Calgary - [Children's Sunday Liturgy](#)
 3. St. Michael's, Calgary - [Kid's Kingdom](#) (resuming in the Fall)
 4. [Children's Liturgy at home](#) (for leader or parent)

3. Employment opportunity: Sacrament Coordinator

St. Martha's Parish in Lethbridge has an opening for a Sacrament Coordinator. Visit catholiccyyc.ca/careers to view more information about the position, including qualifications and how to apply.

4. The Wild Goose Program - Holy Spirit Parish

If you allow him, the Wild Goose will lead you to a place of mercy, healing, peace, and presence. The Wild Goose series will help you experience a deeper relationship with the Person of the Holy Spirit, and as you come to experience God's presence and power, this very same Spirit will transform you and bring you freedom. Holy Spirit Parish invites you to a virtual study, "The Wild Goose: Discovering a Deeper Relationship with the Holy Spirit". Start date August 23. [More info here](#) | [Promotional Video](#)

5. 6 ways to make Ordinary Time special

What ways will you and your family mark this liturgical season of growing closer to knowing Jesus together as a family? How will you make ordinary time extraordinary this year? Use Ordinary Time to grow in your love for Jesus and the saints! [Here are some tips for you.](#)

6. 101 things to do with your kids this summer (Catholic edition)

OSV asked dozens of Catholic parents for the books they recommend to other parents to help with raising kids in the faith. Prayer books, chapter books, picture books, parenting and advice books—you name it, they delivered. [Check out the selection](#)

7. Theology of the Body I Course - Online

The TOB 1: Head & Heart Immercian Course introduces students to the key themes of John Paul II's Theology of the Body. Particular attention will be paid to the imago Dei, fall and redemption, Christian ethics and ethos, freedom and person, gender and vocation. Students will be encouraged to journey from "head to heart" in applying the theological concepts they learn to their own lives and relationships. Instructor: Christopher West, ThD. When: July 19-30, 2021. [Registration info](#)

8. Car Talk: Great questions for parents to share with children before and after Mass | Use the time in the car before Mass to "prime the pump" so that the family will have something to look for or listen for in the Sunday Mass. Here are some questions which may help. They do not all

apply to every Mass, but are general questions which can help children to get ready to understand something from the Mass, to learn something from the homily, to participate in some way with more attention. [Read more](#)

9. Pope's June prayer intention: on the beauty of marriage

Pope Francis is praying that we make our own "God's dream" of love, and especially for young people preparing for marriage. The beauty of marriage and the family as something more than a "social" act: "it's a vocation that's born from the heart; it's a conscious decision for the rest of one's life that requires specific preparation." Let us pray for young people who are preparing for marriage with the support of a Christian community: may they grow in love, with generosity, faithfulness and patience. [Watch Pope's Video](#)

10. Confession resources

Here are some resources that might help individuals and family in your community when you promote your parish confession schedule:

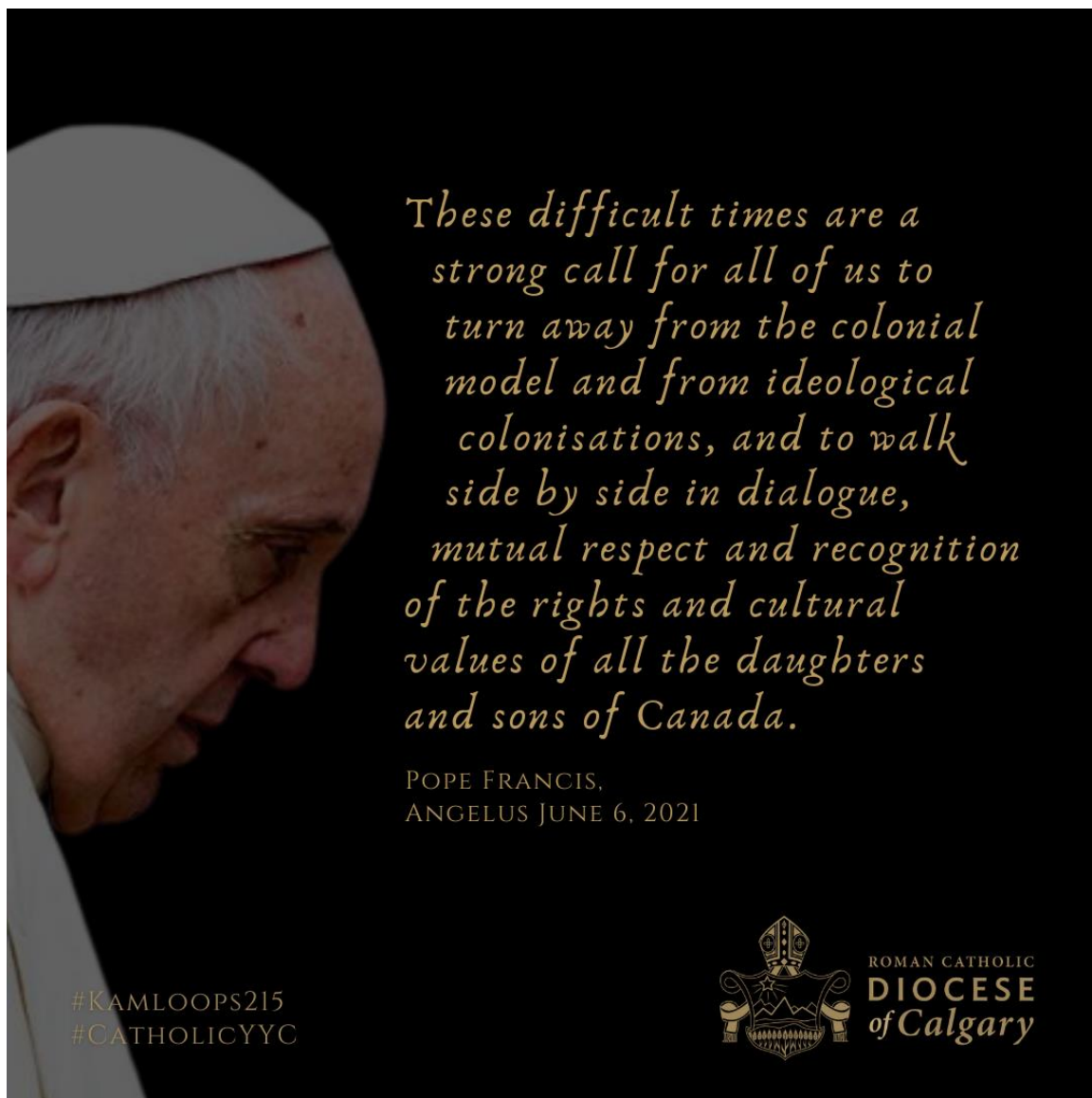
- [Diocesan printable Confession card for children](#) (includes examination of conscience, step-by-step and simple act of contrition)
- [Printable examination of conscience for children](#)
- [Goodconfession.com](#)
- [In depth examination of conscience](#)
- [Printable guide to Confession for adults](#) (provided by Knights of Columbus)
- Video: [Making a good confession \(Fr. Mike Schmitz\)](#)
- Video: [Bringing the same sins to confession? Try this](#)

Serving as a Catholic School Trustee

The Alberta Catholic School Trustees' Association is pleased to share with you the ACSTA Handbook for prospective candidates for Catholic school trusteeship. It is also posted on the ACSTA website acsta.ab.ca This resource is also intended to help explain and ensure the distinctiveness of serving as a Catholic trustee to stakeholders and the broader public going into the 2021 election.

- [Download handbook](#) - or visit acsta.ab.ca

Residential School Resources



To help guide parishes regarding the recent discovery at Kamloops Indian Residential Schools, please review the resources below:

- Questions and Answers
 - [FAQ from Oblates of Mary Immaculate \(OMI\)](#)
 - [FAQ from Archdiocese of Vancouver](#)
- Learn about Residential Schools
 - [History of Residential Schools](#)
 - [Historical perspective on death and graves in residential schools](#)
 - [A National Crime](#): Documentary History of the efforts of Dr. Peter Bryce to publicize and put a stop to the horrific conditions he encountered in the Residential Schools in Western Canada, more than a century ago (History Department at Carleton University).
[Watch](#)
 - Residential Schools within the Diocese of Calgary

- There were 25 residential schools in the Province of Alberta. See: [Residential Schools in Canada Map](#) Four of them were located within the boundaries of the Diocese. The Roman Catholic Diocese of Calgary did not run any residential schools. Below are links to the residential schools:
 - [St. Joseph's Residential School \(Crowfoot\)](#) - Cluny, AB (1900-1968) operated by the Oblates of Mary Immaculate (OMI) and Sisters of Providence
 - [St. Mary's Residential School \(Kainai\)](#) - Cardston, AB (1898-1988) operated by the Oblates of Mary Immaculate (OMI) and Grey Nuns of Montreal
 - [Sacred Heart Residential School \(Peigan\)](#) - Brocket, AB (1887-1961) operated by the Oblates of Mary Immaculate (OMI) and Grey Nuns of Montreal
 - [St. Joseph's Industrial School \(Dunbow\)](#) - High River, AB (1884-1922) operated by the Oblates of Mary Immaculate (OMI) and Grey Nuns of Montreal
- [Truth and Reconciliation reports](#)
 - [A Catholic Response to Call to Action 49 of the Truth and Reconciliation Commission.](#)
- Statements
 - [A message from Pope Francis](#) on Kamloops Residential School (June 6)
 - [A message from Bishop McGrattan](#) on Kamloops Residential School (June 4)
 - [A message from Canadian Conference of Catholic Bishops](#) on Kamloops Residential School (May 31).
 - [A joint video statement from Chief Littlechild and Archbishop Richard Smith](#) and an in depth interview with the Chief and the Archbishop regarding reconciliation. Chief Littlechild is a former Grand Chief of the Confederacy of Treaty 6 First Nations as well as a commissioner of the Truth and Reconciliation Commission.
 - Statement: YouTube: <https://youtu.be/fPtpgvlsPAw>
 - Interview: YouTube: <https://youtu.be/90XW395L2dU>
 - [Pastoral letter from Catholic Bishops of Alberta and the Northwest Territories](#) on the Truth and Reconciliation (2014)
 - [Past statements](#) | [Encounter with the Popes](#)
- Crisis line for Indian Residential School survivors and family: 1-866-925-4419
- [A brief guide about Treaty & Alberta Treaty Map](#) (Alberta Teachers Association)
- Handling Difficult/Challenging Calls and Conversations. See [tip sheets](#) (shared previously by the Diocese of Victoria)
- Please pray this petition for the whole month of June during Masses:
 - For the children who died in the former Kamloops Indian Residential School and for all those impacted by this tragedy, that there may be healing founded on truth and that the Spirit will inspire our ongoing commitment to reconciliation. For this, we pray to the Lord.

More resources will be shared with you as it becomes available. These links are also available on our website: www.catholiccyca.ca

Let us keep all individuals and families deeply impacted by this event in our prayers, and ask for the intercession of St. Kateri Tekakwitha for them to receive consolation, healing, and strength.

Celebrating Sacred Heart of Jesus in June



In 1673, St. Margaret Mary Alacoque received a vision of Jesus' compassionate heart, pierced by the sins of the world, which gave impetus to the devotion of Sacred Heart of Jesus. St. Margaret Mary also received private revelations from Jesus on June 16, 1675. [Read more](#)

The Church celebrates the Solemnity of the Sacred Heart of Jesus on the Friday following the second Sunday after Pentecost. The term "Sacred Heart of Jesus" denotes the entire mystery of Christ, the totality of his being, and his person considered in its most intimate essential: Son of God, uncreated wisdom; infinite charity, principal of the salvation and sanctification of mankind. The "Sacred Heart" is Christ, the Word Incarnate, Saviour, intrinsically containing, in the Spirit, an infinite divine-human love for the Father and for his brothers. (Directory on Popular Piety and the Liturgy)

- Sacred Heart of Jesus Resources
 - [Sacred Heart of Jesus Pastoral Notes and Resources](#) (Cardinal Collins)
 - [How to celebrate the feasts of Sacred Heart of Jesus and Immaculate Heart of Mary \(OSV\).](#)
 - Video (7 mnts): [Devotion to the Sacred Heart of Jesus](#) (Fr. Mark Mary)

- [Litany of the Sacred Heart of Jesus](#)
 - [Pray the Litany with the help of St. Pope John Paul II \(Aleteia\)](#)
- Daily prayer from St. Therese Liseux "Jesus, meek and humble of heart, make my heart like unto Thine".
 - Download & Print: [Image 1](#) | [Image 2](#) | [Image 3](#) | [Image 4](#) | [Image 5](#)
- Sacred Heart of Jesus [Morning Prayer](#) | [Evening Prayer](#)
- Resources for Family & children:
 - [Catholic Sprouts podcast for kids on Sacred Heart of Jesus](#) (OSV)
 - [Sacred Heart and Immaculate Heart craft for kids](#)
 - [Sacred Heart VBS at home](#)
 - Video: Jesus loves us so much He cannot keep His love to Himself! Learn about the symbols we see in the image of the Sacred Heart of Jesus. Then we will make Sacred Heart mini-pancakes together! Watch: [Video for kids from Sacred Heart of Jesus Convent](#)

[Video: Personal Consecration Prayer to the Sacred Heart](#)

Have you subscribed to Faithfully?

Faithfully gives a snapshot of faith at work in the lives of everyday people. Get inspired with faith stories, our Bishop's message, and find out what's happening in our Diocese.

- [Read the May issue of Faithfully](#)
- [Subscribe to Faithfully here](#)

Resources for mental health

"Physically healthy should also include a focus on our mental and spiritual well-being." says Sr. Donna Marie Perry, psychotherapist and social worker in the Diocese of Calgary. "Not all families are healthy," says Sr. Perry. She urges people who see others struggling to reach out with kindness. Where appropriate, you can also recommend they access support from community-based organizations. ([Mental health matters, Faithfully](#)).

Have you encountered anyone in need of access to help with mental health? Below is a list of handy mental health resources for you to share:

- Calgary Counselling Centre: 403-691-5991 + online counselling
- Catholic Family Service: 403-205-5295. Rapid Access Counselling: 403-233-2360 or email intake@cfs-ab.org
- Distress Centre: 403-266-4357 - available 24/7.
- Eastside Family Centre: 403-299-9696 - telephone and e-therapy.
- Kid's Help Phone: 1-800-668-6868
- Mental Health Help Line: 1-877-303-2642
- Access Mental Health: 403-943-1500

For other barrier free consultation sessions (Calgary area), you may consider referring those in need with this online service: communityconnecttyc.ca

Follow us on Social Media

[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:

[Vatican News](#) | [The Sunday Website](#) | [Sunday Connection](#)

Daily and Sunday Mass Prayers & Readings: [CCCB Daily Readings](#) (pick the desired date)

Livestreams

Full schedule of Parish Livestream Masses in the Diocese of Calgary is available at:

<https://www.catholiccy.ca>.

You can also watch parish Sunday Masses via TELUS Optik TV Ch. 876 and 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#).

Our parishes rely on your Sunday offerings for maintenance and growth. You can also use the online giving page on the diocesan website to set up a one-time or recurring donation to your parish via credit-card. Funds donated will be transferred to the selected parish. Give now at <https://www.catholiccy.ca/donatetoparish> [or contact your Parish to set up a direct debit deposit].



FCJ RETREAT & CONFERENCE CENTRE

A corporate ministry of the Sisters Faithful Companions of Jesus (FCJ) since 1980



[Check out opportunities to join online programs run by the FCJ Centre \(retreats, spiritual exercises, daily examen, prayers etc.\). Visit their events calendar!](#)



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where we are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.