



Welcome to HOLY FAMILY PARISH

JUNE 13, 2021 – 11TH SUNDAY IN ORDINARY TIMES

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Facebook: Medicine Hat Holy Family Parish

Reconciliation: By Appointment Only 403-527-6933 ext. 101

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm - Closed on Holidays.

Reconciliation is by appointment only Tuesday to Friday 9:30am – 4:00pm. Call the office to book a time with Fr. Iqbal or Fr. Rodel



**ADORATION IS IN THE
HOPE ROOM
MONDAY TO FRIDAY
9:30am to 4:00pm**

MASSES

MONDAY to FRIDAY at 9:00AM Administration doors,

SATURDAY at 5:00PM Main Front Doors &

SUNDAY at 8:30AM, 10:30AM & 6:00PM Main Front Doors

MAKE SURE TO COME EARLY TO BE SCREENED & WEAR YOUR MASKS

DOORS WILL BE LOCKED WHEN MASS STARTS

Catholic Women's League



Marjorie Bowlby

403-527-2739

Knights of Columbus

Ron Pisoni

403-526-1848



We do have masks available if needed! Please dispose of them in a responsible manner.

FORMED.org

THE CATHOLIC FAITH.
ON DEMAND.

LOG IN WWW.FORMED.ORG

- Go to Formed.org
- Enter our PARISH CODE: **GPQWK7**
- Create a personal account with your personal username/email and password.
- Start enjoying the best Catholic content all in one place!

IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!

Attending Masses...

MAKE SURE TO COME EARLY TO BE SCREENED

THE DOORS WILL NOW BE LOCKED WHEN MASS STARTS TO
ENSURE YOUR SAFETY FROM PEOPLE ENTERING THAT HAVE
NOT BEEN SCREENED.

MASKS... IT IS MANDATORY TO WEAR A MASK AT
ALL TIMES NOW IN THE CHURCH.



Sunday
10:30am Mass

Medicine Hat
Holy Family
Church Live
Stream

https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q

You **Tube**

MASS TIMES

Saturday

5:00pm

Sunday

**8:30am, 10:30am &
6:00pm**

Monday to Friday

Back to 9:00am

Mass only

CAPACITY 446 PEOPLE

**PLEASE USE FRONT
DOORS FOR WEEKEND
MASSES ONLY**



Confirmation Mass

Saturday June 19th at 11:00am

St. Patrick's Parish &
Holy Family Parish

1. Use main doors.
2. Candidate and Sponsor MUST arrive by 10:30am so we can get everyone signed in, seated, and have a little practice.
3. Masks are mandatory.
4. No pictures please during mass.
You are welcome to take pictures at the end. Priests will be available.
Stay in Pews until it is your turn.
5. Social Distancing in Required.
Please DO NOT linger in the church foyer before or after mass.
6. Mass will **NOT** be livestreamed.

IF you have conflicts with June 19th and need to pick another date please contact your parish priest to make other arrangements.

Any questions feel free to call or email me or Fr. Iqbal at 403-527-6933 or Fr. Roque 403-526-2265.

JUNE 10, 2021 COVID 19 - STAGE 2 RESTRICTIONS

All protocols dealing with the use of masks, contact tracing, sanitizing, proper physical distancing with individuals from different household, etc. remain in place.

MASS

The capacity limit for in-person attendance is 1/3 of the fire code occupancy.

Communion on the tongue is still not allowed in Stage 2.

WEDDINGS

- Wedding ceremonies may have up to 20 people, including the officiant, bride/groom, witnesses, and any photographers/videographers.
- NOTE: The government has now included photographers and videographers to the 20 people.
- The Diocese does not consider the sacristan, soloist, and the instrumentalist as one of the 20 people allowed.
- Receptions remain prohibited.

FUNERAL MASSES

- Funeral Mass may have up to 20 people, not including facility staff, funeral clergy or organizers not considered guests.
- Receptions remain prohibited.

BAPTISMS

- The Diocese continues to limit the attendees to 20 people for Baptisms.
- The celebrant and the sacristan are not included in the 20 attendees.
- The use of masks and proper physical distancing are required during the celebration of the rite.

ADORATION

- The capacity limit for the Exposition of the Blessed Sacrament is 1/3 of the fire code occupancy.

FAITH BASED MEETINGS

- In-person faith group meetings and other religious gatherings are not permitted in private homes while these measures are in effect.
- Permitted when conducted at a place of worship as long as physical distancing and public health measures are followed.

SOCIAL GATHERINGS

- Outdoor social gatherings, with proper distancing, allowed up to 20 people.
- Indoor social gatherings are still not permitted



” Then the people rejoiced because these had given willingly, for with single mind they had offered freely to the Lord
1 CHRONICLES 29:9

1.4 MILLION of the Diocesan goal will financially support the approved diocesan ministries, partner organizations, and agencies. See list at catholicyyc.ca/tia

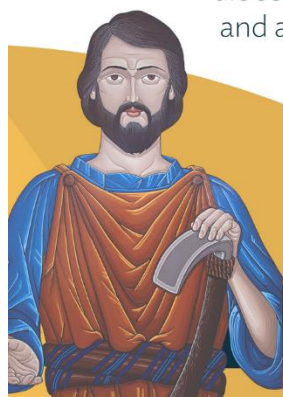
OUR PARISH GOAL

\$ 49,657

Everything raised **OVER** our parish goal will go to support*:

Mustard Seed
Medicine Hat Food Bank
& Society of St. Vincent de Paul

TO DATE \$ **17,307** = **35%** OF THE



2021
THE YEAR of
ST. JOSEPH

CATHOLICYC.CA/TIA

OPERATING FINANCES

May 1-31, 2021

Operating Budget 2021	\$ 55,019
General Envelope Collection	\$ 39,148
Loose Collections	\$ 453
Future Development	\$ 4,002
Sale of Church Supplies & Other	\$ 1,537
Other Ministries	\$ 480
Government Subsidy	\$ 4,424
Budget Vs Actual	-\$ 4,975

SPECIAL COLLECTIONS

Together in Action (TIA)	\$ 3,094
Holy Land	\$ 25
Pope's Pastoral Works	\$ 850
St Vincent de Paul	\$ 2,514
World Missions	\$ 45
Seminarian Fund	\$ 1,000
Mission Mexico	\$ 305
CARO	\$ 90

Thank You for your Generous Contributions

† Masses Intentions June 12th-18th †

Saturday, June 12

5:00pm – Joe Ressler †

Sunday, June 13

8:30 am – Rosendo Abanilla †

10:30am – Derrick Rissling †

6:00pm – Holy Family Parish

Monday, June 14

9:00am – Roy Buscholl †

Tuesday, June 15

9:00am – Johanna Bachmeier

Wednesday, June 16

9:00am – Joe & Maria Cruz Family

Thursday, June 17

9:00am – Asuncion Ramosa †

Friday, June 18

9:00am – Simon Schmaltz †

You Asked for it... so now here it is...

E-Transfer Donations accounting@holyfamilymh.ca

The Solemnity of the Most Holy Body & Blood of Christ

Sunday, June 13, 2021

1st Reading: Ezekiel 17.22-24

I will high a low tree.

Responsorial Psalm: Ps 92.1-2, 112-13, 14-15 (*R 1*)

R. Lord, it is good to give thanks to you.

2nd Reading: 2 Corinthians 5.6-10

Whether in the body or away from it we make it our aim to please the Lord.

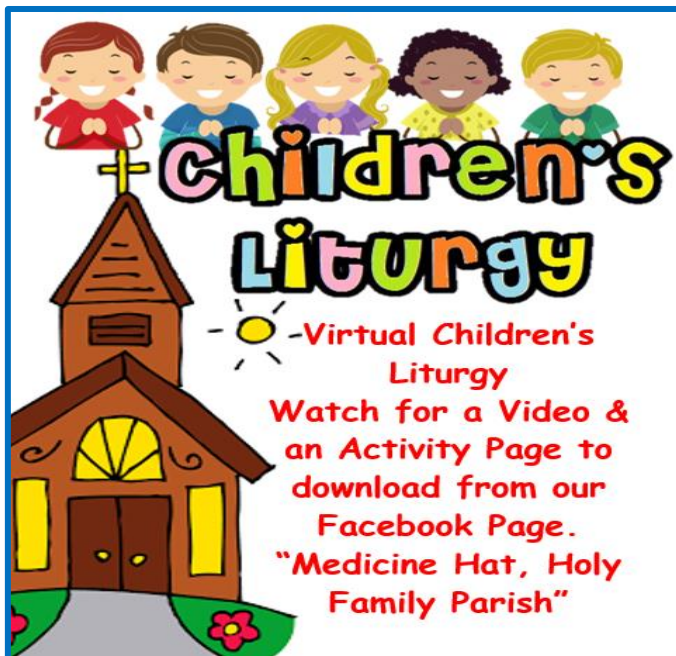
Gospel: Mark 4.26-34

The smallest seed becomes the greatest of all shrubs.

THIS IS HOW IT IS

This Is How It Is. Two parables about seeds today. The first one is about the secret growing from seed to harvest. The second is about the smaller seeds growing large. This is how it is with God's kingdom, God's rule. It is growing among us now. It is present with us today. But it is not yet finished. God still has much to do. So do we.

- ✿ What is my part today, this week, to build up God's kingdom, God's rule?
- ✿ What little thing can I do – think like Saint Thérèse of Lisieux – that will benefit someone else in a (surprisingly?) big way?
- ✿ How can I care for the earth so seeds and plants can prosper?

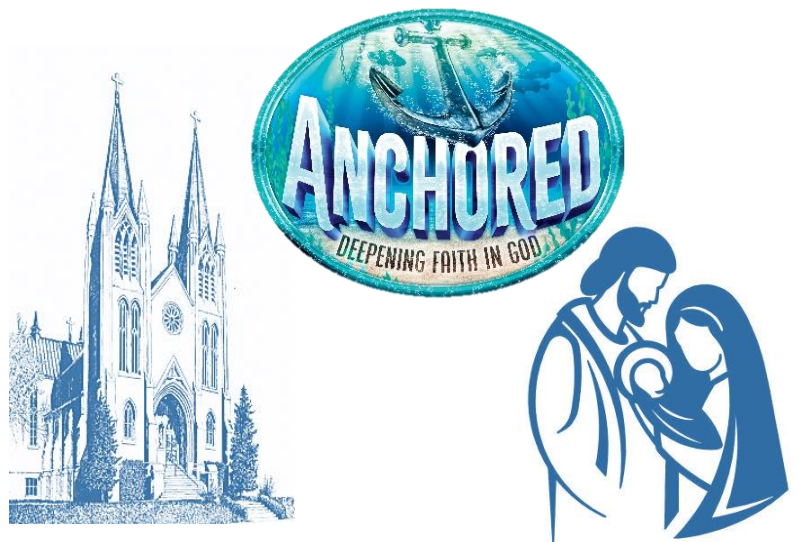


Chalk Artists you are welcome to decorate our sidewalks.



We have lots of sidewalks and lots of chalk!

2021 Summer Bible Camp COMING THIS JULY



St. Patrick's Church & Holy Family Parish

Watch for more information!



Vincenzian Corner

In the words of our executive director, "We have all been impacted by COVID-19, but for some it hurts more...Our volunteers need to continue providing food, shelter, and hope to those at risk". As an essential service we are continuing to meet the needs of those in our local community. Although, we are currently unable to do home visits, we continue to meet clients in need at our parish offices. If you know of someone in need, please have them contact either the St. Patrick or Holy Family parish office. Our meetings during the month of June will be held at St. Patrick's Parish.

For those wishing to donate by e-transfer our email address is ssvpmedhat@gmail.com

We thank you for your prayers and continued financial support. God bless you!

Attention McCoy High School Class of 1971! If you or someone you know was a part of our 'aging but AMAZING' Class of '71! Our 50-year Reunion is being planned for Sept 17-19, 2021. All graduates/former teachers please 'Save the Dates'.

More details to follow... Stay Tuned!

THE BUILDING THE DOMESTIC CHURCH WHILE STRENGTHENING OUR PARISH INITIATIVE

The Knights of Columbus seeks to strengthen family life through its [Building the Domestic Church While Strengthening Our Parish](#) initiative. Through this initiative, the Order endeavors to support Christian family life and encourages councils and families to more fully integrate with the sacramental and social life of their parish. We thereby hope to not only help each family participate in the Church's mission of evangelization, but to also strengthen our members and revitalize our parish.

Most recently our kiosk located at the office side entrance doors has been refilled, there a total of 15 books entitled: Lord teach us how to Pray, Prayer Time, Letter to Families, The Good Life Gods way, The Family in the Modern World, A Scriptural Rosary, Becoming a Man of God, Saint Benedict for Busy Parents, Saint Joseph Our Father in Faith, Gods Plan for Love and Marriage, Into the Breech, Faith, The Family Fully Alive, the Gift of Fatherhood. I know you will not be disappointed they are all excellent tools to faith formation and coming to a better understanding about your faith.



11th Sunday in Ordinary Time – Year B

Sunday, June 13, 2021

WE ARE THE KINGDOM

Two seeds lay side by side in the fertile spring soil. The first seed said, "I want to grow!" I want to send my roots deep into the soil beneath me and thrust my sprouts through the earth's crust above me. I want to unfurl my tender buds like banners to announce the arrival of spring. I want to feel the warmth of the sun on my face and the blessing of the morning dew on my petals!" And so, she grew? The second seed said, "I am afraid. If I send my roots into the ground below, I do not know what I will encounter in the dark. If I push my way through the hard soil above me, I may damage my delicate sprouts. What if I let my buds open, and a snail tries to eat them? And if I were to open my blossoms, a small child may pull me from the ground. No, it is much better for me to wait until it is safe." And so, she waited? A yard hen, scratching around in the early Spring ground for food, found the waiting seed and promptly ate it. What do we want to become, all depends on us? The Kingdom of God starts with the realization of our role as Christians. Anyone can start from now and make a new ending. There is not promise of days without pain, laughter without sorrow, sun without rain, but can promise strength for the day, comfort for the tears, and light for the way. Disappointments are like road bumps; they slow you down a bit, but you enjoy the smooth road afterwards. Do not stay on the bumps too long. Move on! When you feel down because you did not get what you wanted, just sit tight, and be happy. There is a purpose to life's events, to teach you how to laugh more or not to cry too hard. You cannot make someone love you, all you can do is be someone who can be loved, and the rest is up to the person to realize your worth. It is better to lose your pride to the one you love, than to lose the one you love because of pride. We spend too much time looking for the right person to love or finding fault with those we already love, when instead we should be perfecting the love we give. Isn't that the way we become the Kingdom of God?

On this eleventh Sunday of ordinary time, we are reminded that, as part of God's kingdom, the church of Christ is like a tree planted by God in the world. From the smallest of all seeds, she becomes the noblest of trees and fills the earth. She is the physical evidence of God's kingdom. So, like the birds of the air, we are called to make our home in her.

The first reading is a message of hope and restoration. Through the prophet Ezekiel God promised to re-establish and elevate his people who were in exile in Babylon. Yet, during this prolonged despair, the prophet instilled them with a message of hope. He uses the metaphor of small shoot which is like Isaiah's image of the stump of Jesse, in order to describe the revitalisation of Israel. "I will plant it (the shoot) myself on the high mountain of Israel. It will sprout branches and bear fruit". The shoot here

refers to God's faithful remnants who remained steadfast amid adversity and who in turn formed the nucleus of Israel after the exile. It was out of these faithful remnants that God's anointed would emerge. This means that God wishes to transfer his people from a kingdom of oppression, poverty, and misery to a kingdom of justice, prosperity, and peace of mind. The people who believe in the Kingdom of God are like the tree planted near the streams of water as we read in Psalm 1:1-8, Jeremiah 17:5-14, and Revelation 22. This is obviously the kingdom where Christ reigns as king and as the fountain of life. This is the kingdom where God wishes us to be. The church is the visible sign of this noble cedar or kingdom that gives refuge to all people.

The Kingdom of God begins with the realization of our relationship with Him. Once we realize that we are the Kingdom, then there are life changing occurrences happening; we love, we care, we support, and we trust in the Lord who died on the cross for us to give us eternal life. Let me share another story with all of you.

Once upon a time there was a seed buried in the mud. It was in dark blackness. It was cold and wet. It shivered. It was just plain no fun. It was icky. It was dirty. It was muddy. It was mucky. It was stuck in the mud. How it got there is a little 3 sentence story. One nice breezy Fall day, it had fallen on the ground. Then it rained a little. And a deer came along and stepped on it and pushed it deep in the mud. Life just was not fair. It was all alone. If only it had fallen like the other seeds in the grass, or on the log over there, or at least not been stepped on. But what the little seed did not see was the mouse that ate the seeds in the grass and the bird that ate the seeds on the log and the chipmunk that gathered the seeds on the ground to store and eat all winter long. It could not see this because it was stuck in the mud. *It did not know how lucky it was.*

Now besides being squished tight in the mud, it was also locked in its shell. It tried to get out of its terrible predicament, but the Fall days got shorter and shorter. It got colder and colder too. It had no strength to get out of its shell. The mud was frozen solid, the deep snow covered it. It went through a terribly cold and dark winter. Finally, after what seemed forever, slowly the days grew a little longer, a little warmer. The seed had work to do. It began to grow. The water in the mud had softened its shell. Still, how hard it was to get out of its shell! It had to exert energy like never before. It struggled and struggled. Finally, it broke free. Then it used more energy to go not up, but down, struggling to send a tiny little root through that compacted mud -- that terribly icky place. It needed something to tightly hold on to, because.....now it had to struggle yet again with great effort to send a tiny little shoot to the light above -- through all that icky mud. Finally, it was free. It reached the warm sunlight.

You would think its troubles were over. Not so fast. In a whole year it grew only a few inches, while the other plants grew by leaps and bounds, as if to mock the little seed. Every fall it lost its leaves. In winter it barely survived, covered with snow. And as it got a little taller, it had to go through windstorms and blizzards. But one thing was peculiar. Even while it slowly grew up to the sunny blue sky, *it never forgot its roots*. It had the wisdom to keep growing its roots deeper and deeper in the mud. In fact, it used every windstorm, every blizzard, every shaking, every vibration to wiggle its roots deeper and deeper into the black icky mud. It knew the importance of a solid foundation, because it always remembered where it came from, how it had been protected and helped by the mud.

The years rolled on, and the seasons too. Each summer it so slowly but surely grew. Each winter it became a little tougher and stronger. It had little joys and little sorrows throughout its life like all of us do. Then came the fiercest of all storms. The wind blew so violently this way and that. Trees all around were dashed to the ground, broken, uprooted, a jangled mess. After the devastation, the sun shone once again. To be sure, it did not look so pretty, some leaves were missing, in fact, quite a few, but that

would soon be remedied. Because it had not forgotten its roots as a seed in the mud, it stood there in all its glory. It had become the mighty oak tree. Are we forgetting our roots as a Kingdom of God?

In the second reading, Paul reminds us of the fact that we are on a journey towards the kingdom of God to be with Christ our lord and king. Hence, whether we are “living in the body or exiled from it, we should be focused on pleasing the Lord.

The journey to this kingdom is a journey which must be approached with faith and courage. Hence Paul reminds us: “...Going as we do by faith and not by sight, we are full of confidence...and actually want to leave this body in order to be with Christ.” Considering this, we must advance diligently in order to be admitted into this kingdom by Christ. We are always Christians 24/7 and 365 days a year and St. Paul reminds us in this way “So whether we are at home or away, we make it our aim to please him. For all of us must appear before the judgment seat of Christ, so that each may receive recompense for what he or she has done in the body, whether good or evil”.

Today’s Gospel is composed of two very brief parables: that of the seed that sprouts and grows on its own, and that of the mustard seed. Through these images taken from the rural world, Jesus presents the efficacy of the Word of God and the requirements of his Kingdom, showing the reasons for our hope and our commitment in history.

Holy Father Pope Francis explains the parables in an amazing way: In the first parable, attention is placed on the fact that the seed scattered on the ground takes root and develops on its own, regardless of whether the farmer sleeps or keeps watch. He is confident in the inner power of the seed itself and in the fertility of the soil. In the language of the Gospel, the seed is the symbol of the Word of God, whose fruitfulness is recalled in this parable. As the humble seed grows in the earth, so too does the Word by the power of God work in the hearts of those who listen to it. God has entrusted his Word to our earth, that is to each one of us with our concrete humanity. We can be confident because the Word of God is a creative word, destined to become the “full grain in the ear”. This Word, if accepted, certainly bears fruit, for God Himself makes it sprout and grow in ways that we cannot always verify or understand. All this tells us that it is always God, it is always God who makes his Kingdom grow. That is why we fervently pray “thy Kingdom come”. It is He who makes it grow. Man is his humble collaborator, who contemplates and rejoices in divine creative action and waits patiently for its fruits.

The Word of God makes things grow, it gives life. And here, I would like to remind you once again, of the importance of having the Gospel, the Bible, close at hand. A small Gospel in your purse, in your pocket and to nourish yourselves every day with this living Word of God. Read a passage from the Gospel every day, a passage from the Bible. Please do not ever forget this. Because this is the power that makes the life of the Kingdom of God sprout within us.

The second parable uses the image of the mustard seed. Despite being the smallest of all the seeds, it is full of life and grows until it becomes “the greatest of all shrubs”. And thus is the Kingdom of God: a humanly small and seemingly irrelevant reality. To become a part of it, one must be poor of heart; not trusting in their own abilities, but in the power of the love of God; not acting to be important in the eyes of the world, but precious in the eyes of God, who prefers the simple and the humble. When we live like this, the strength of Christ bursts through us and transforms what is small and modest into a reality that leavens the entire mass of the world and of history.

An important lesson comes to us from these two parables: God’s Kingdom requires our cooperation, but it is above all the initiative and gift of the Lord. Our weak effort, seemingly small before the

complexity of the problems of the world, when integrated with God's effort, fears no difficulty. The victory of the Lord is certain: his love will make every seed of goodness present on the ground sprout and grow. This opens us up to trust and hope, despite the tragedies, the injustices, the sufferings that we encounter. The seed of goodness and peace sprouts and develops, because the merciful love of God makes it ripen.

The kingdom he invites us to, is a simple and peaceful one. It is open to all who seek it with a sincere heart. The easiest way to enter it is by sowing a seed of faith in Christ. This is the key. Faith grows and when it does, it achieves great things. As it grows it leads us to Christ and consequently to his kingdom. Also, our faith draws others to Christ and to his church, the visible sign of God's kingdom on earth. As Christ says: "The birds of the air come to take shelter under its branches."

How does our faith draw others to Christ? When we demonstrate or bear a good testimony of our individual and collective faith, the result is great. Lives could be touched and transformed. A few people might come to believe in God. This consequently leads to the growth of the church, the visible sign of God's kingdom on earth. As our faith grows, the church, the body of Christ grows and more people are drawn into the comfort of God's kingdom.



Mark 4.26-34

The smallest seed becomes the greatest of all shrubs.

MEDICINE HAT CATHOLIC BOARD OF EDUCATION

BOARD BULLETIN

New look, same quality Catholic Education

A Message to our Students

In an excerpt from his Superintendent's Blog, Dwayne Zarichny reminds students we are here to support them:

Even though how we interact with you has changed, please know that we are as committed to you as ever.

You are the most important part of our job. School is important, but so is your health. Take care of yourself and each other. Be proud of yourself and



Superintendent
Dwayne Zarichny

what you have been able to do.

You may be feeling anxious, frustrated, upset or

worried... your feelings are real, and are acknowledged. You matter, and we miss you!

Please take time for yourself, stay safe, and trust in the Lord. We know what is possible when we trust God to lead us! During the next week, we will learn when we will return to in-school learning. In the meantime, we know that you have the ability to work through the challenges that face you... and we have witnessed your strength, your grace and your resilience! We are proud of each and every one of you!

Know that you matter, you are loved, that we miss you, and if you need anything — even just to talk — we are here for you!

[Read the complete blog post here](#)



On May 13 our division got a brand new look.

A new logo — showcasing staff, students and families pursuing education under a Catholic umbrella — replaces the previous logo which had represented MHCBE for decades.

The primary color of blue represents Catholic education in Alberta, while green represents ordinary time in the liturgical calendar. The green will change to purple or gold depending on the church seasons.

You'll see the new look all over, including our website, this Board Bulletin, and future communications.

As part of the launch, students were challenged to replicate the logo with chalk. They went above and beyond!

[To read more about the brand update, click here](#)

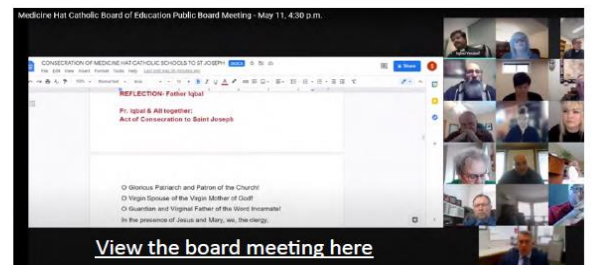
Consecrating MH Catholic Schools to St. Joseph

During the May 13 board meeting, Deacon Robert Risling was joined by Father Iqbal Yousaf, Father Rodel Abanto and Mrs. Shannon English for a special consecration.

Pope Francis declared this the Year of St. Joseph as it is the 150th anniversary of the

declaration of St. Joseph as the Patron of the Universal Church. Consecrating our school division to St. Joseph was an important moment.

If you'd like to watch the consecration, board meetings are live-streamed on YouTube — fast forward to the 5-minute mark.



[View the board meeting here](#)

Mental Health Videos

As part of the division's ongoing commitment to health and wellness, every school has staff dedicated to helping families and students.

There are short videos for each school introducing staff available to help and connect students to various support resources.



HUGH LEHR
ASSOCIATE SUPERINTENDENT, LEARNING SERVICES

In addition to discovering Wellness Facilitators, School Liaison Counsellors and other staff, the MHCBE's Mental Health Resources page is a landing spot to find other videos, links and information regarding mental health. As Hugh Lehr, our Associate

Superintendent of Learning Services, notes, "There is no health without mental health."

[Visit the Mental Health Resources page here](#)

Back to Class May 25

After two weeks of online learning, it was announced that classes from Kindergarten to Grade 12 will resume in-person schooling on Tuesday, May 25.

Students and staff made the difficult transition as they have before during the pandemic, and are reminded to continue following public health guidelines to ensure no further disruptions occur during the remainder of the school year.

Thanks to everyone for their hard work during this time.

Homestay families needed!



MHCBE's International Education Program continues to look for loving families to welcome our students into their homes.

We know our parishioners are loving, caring and compassionate people, and believe you would make excellent homestay families for our international friends.

All you need is an extra bedroom/bathroom and a spot for someone to join your family. In return, families receive \$800/month (tax-free) and the cultural experience of a lifetime.

Contact Wanda Simmons 403-502-6081 TODAY!

Try it out!



LIVESTREAM

Full schedule of Parish Livestream Masses in the Diocese of Calgary is available at:

<https://www.catholiccy.ca>.

You can also watch parish Sunday Masses via TELUS Optik TV Ch. 876 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#).

EMAIL SCAMS

Several reports of email scams have been brought to our attention. The emails have been written in a compelling way that the email addresses of the senders were not visually verified, and responses were sent. Perhaps this is a reminder that when someone you know asks you to email them back and sounding desperate to perhaps check the sender's email address. The scammers have become more intelligent in acquiring the tone of how we write as clergy.

Sunday 10:30am Mass

Medicine Hat Holy Family Church Live Stream

https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q



FORMED.org

THE CATHOLIC FAITH.
ON DEMAND.

LOG IN WWW.FORMED.ORG

- Go to Formed.org
- Enter our PARISH CODE: **GPQWK7**
Create a personal account with your personal username/email and password.
- Start enjoying the best Catholic content all in one place!

IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!

11th Sunday in Ordinary Time



COVID-19 Resources

- [Sacraments & Liturgies](#)
- [Spiritual Resources](#)
- [Sacrament Preparation](#)
(First Reconciliation, First Communion, Confirmation)
- [Online Formation Opportunity](#)

Visit the [Diocesan Event Calendar](#)

Follow us on Social Media

[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:

[Vatican News](#) | [The Sunday Website](#)

[Sunday Connection](#) | [CCCB Reflection \(new link\)](#)

Daily and Sunday Mass Prayers & Readings: [CCCB Daily Readings](#)
(pick the desired date)

Full schedule of Parish Livestream Masses:

<https://www.catholiccyyc.ca> | TEL US Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#)

May Edition of *Faithfully*

The May edition of Faithfully will be released on Thursday, May 6, 2021.

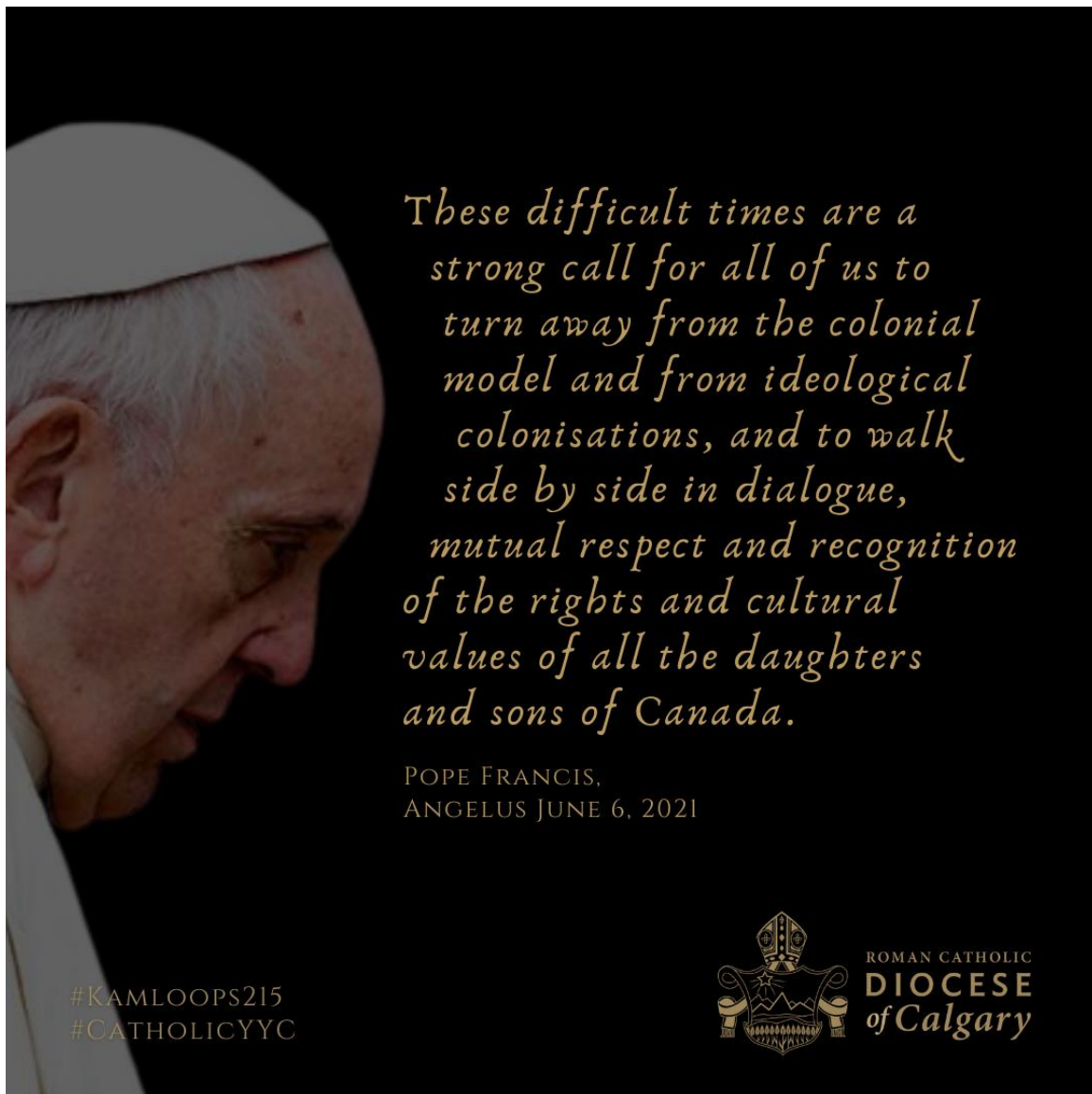
- [Read May Faithfully](#)
- [Subscribe to Faithfully](#)

Mass killing of a Muslim family in Ontario

The statement of Bishop McGrattan on the murder of a Muslim family in London, Ontario was read by Fr. Adrian Martens in his position as Coordinator of Ecumenism and Inter-Religious affairs at a rally and peace march across City Hall, Tuesday evening, June 8, 2021.

- [Statement from Bishop McGrattan](#) (June 8, 2021)
- Suggested Prayer of the Faithful petition this Sunday:
 - For Muslims and others experiencing shock and grief over the murder of the family in London, Ontario, we pray to the Lord...
 - For the protection of the right to religious freedom and an end to religious intolerance, discrimination, and persecution, we pray to the Lord...

Residential School Resources



To help guide parishes regarding the recent discovery at Kamloops Indian Residential Schools, please review the resources below:

- Questions and Answers
 - [FAQ from Oblates of Mary Immaculate \(OMI\)](#)
 - [FAQ from Archdiocese of Vancouver](#)
- Learn about Residential Schools
 - [History of Residential Schools](#)
 - [Historical perspective on death and graves in residential schools](#)
 - [A National Crime](#): Documentary History of the efforts of Dr. Peter Bryce to publicize and put a stop to the horrific conditions he encountered in the Residential Schools in Western Canada, more than a century ago (History Department at Carleton University). [Watch](#)
 - Residential Schools within the Diocese of Calgary
 - There were 25 residential schools in the Province of Alberta. See: [Residential Schools in Canada Map](#) Four of them were located within the boundaries of the Diocese. The Roman Catholic Diocese of Calgary did not run any residential schools. Below are links to the residential schools:
 - [St. Joseph's Residential School \(Crowfoot\)](#) - Cluny, AB (1900-1968) operated by the Oblates of Mary Immaculate (OMI) and Sisters of Providence

- [St. Mary's Residential School \(Kainai\)](#) - Cardston, AB (1898-1988) operated by the Oblates of Mary Immaculate (OMI) and Grey Nuns of Montreal
 - [Sacred Heart Residential School \(Peigan\)](#) - Brocket, AB (1887-1961) operated by the Oblates of Mary Immaculate (OMI) and Grey Nuns of Montreal
 - [St. Joseph's Industrial School \(Dunbow\)](#) - High River, AB (1884-1922) operated by the Oblates of Mary Immaculate (OMI) and Grey Nuns of Montreal
- [Truth and Reconciliation reports](#)
 - [A Catholic Response to Call to Action 49 of the Truth and Reconciliation Commission.](#)
- Statements
 - [A message from Pope Francis](#) on Kamloops Residential School (June 6)
 - [A message from Bishop McGrattan](#) on Kamloops Residential School (June 4)
 - [A message from Canadian Conference of Catholic Bishops](#) on Kamloops Residential School (May 31).
 - [A joint video statement from Chief Littlechild and Archbishop Richard Smith](#) and an in depth interview with the Chief and the Archbishop regarding reconciliation. Chief Littlechild is a former Grand Chief of the Confederacy of Treaty 6 First Nations as well as a commissioner of the Truth and Reconciliation Commission.
 - Statement: YouTube: <https://youtu.be/fPtpgvlsPAw>
 - Interview: YouTube: <https://youtu.be/90XW395L2dU>
 - [Pastoral letter from Catholic Bishops of Alberta and the Northwest Territories](#) on the Truth and Reconciliation (2014)
 - [Past statements](#) | [Encounter with the Popes](#)
- Crisis line for Indian Residential School survivors and family: 1-866-925-4419
- [A brief guide about Treaty & Alberta Treaty Map](#) (Alberta Teachers Association)
- Handling Difficult/Challenging Calls and Conversations. See [tip sheets](#) (shared previously by the Diocese of Victoria)
- Please pray this petition for the whole month of June during Masses:
 - For the children who died in the former Kamloops Indian Residential School and for all those impacted by this tragedy, that there may be healing founded on truth and that the Spirit will inspire our ongoing commitment to reconciliation. For this, we pray to the Lord.

More resources will be shared with you as it becomes available. These links are also available on our website: www.catholicyyca.ca

Let us keep all individuals and families deeply impacted by this event in our prayers and ask for the intercession of St. Kateri Tekakwitha for them to receive consolation, healing, and strength.

Celebrating Sacred Heart of Jesus in June

In 1673, St. Margaret Mary Alacoque received a vision of Jesus' compassionate heart, pierced by the sins of the world, which gave impetus to the devotion of Sacred Heart of Jesus. St. Margaret Mary also received private revelations from Jesus on June 16, 1675. [Read more](#)

The Church celebrates the Solemnity of the Sacred Heart of Jesus on the Friday following the second Sunday after Pentecost. The term "Sacred Heart of Jesus" denotes the entire mystery of Christ, the totality of his being, and his person considered in its most intimate essential: Son of God, uncreated wisdom; infinite charity, principal of the salvation and sanctification of mankind. The "Sacred Heart" is Christ, the Word Incarnate, Saviour, intrinsically



containing, in the Spirit, an infinite divine-human love for the Father and for his brothers. (Directory on Popular Piety and the Liturgy)

- Sacred Heart of Jesus Resources
 - [Sacred Heart of Jesus Pastoral Notes and Resources](#) (Cardinal Collins)
 - [How to celebrate the feasts of Sacred Heart of Jesus and Immaculate Heart of Mary \(OSV\)](#).
 - Video (7 mnts): [Devotion to the Sacred Heart of Jesus](#) (Fr. Mark Mary)
 - [Litany of the Sacred Heart of Jesus](#)
 - [Pray the Litany with the help of St. Pope John Paul II \(Aleteia\)](#)
 - Daily prayer from St. Therese Liseux "Jesus, meek and humble of heart, make my heart like unto Thine".
 - Download & Print: [Image 1](#) | [Image 2](#) | [Image 3](#) | [Image 4](#) | [Image 5](#)
 - Sacred Heart of Jesus [Morning Prayer](#) | [Evening Prayer](#)
 - Resources for Family & children:
 - [Catholic Sprouts podcast for kids on Sacred Heart of Jesus](#) (OSV)
 - [Sacred Heart and Immaculate Heart craft for kids](#)
 - [Sacred Heart VBS at home](#)
 - Video: Jesus loves us so much He cannot keep His love to Himself! Learn about the symbols we see in the image of the Sacred Heart of Jesus. Then we will make Sacred Heart mini-pancakes together! Watch: [Video for kids from Sacred Heart of Jesus Convent](#)
 - [Video: Personal Consecration Prayer to the Sacred Heart](#)

Serving as a Catholic School Trustee

The Alberta Catholic School Trustees' Association is pleased to share with you the ACSTA Handbook for prospective candidates for Catholic school trusteeship. It is also posted on the ACSTA website acsta.ab.ca. This resource is also intended to help explain and ensure the distinctiveness of serving as a Catholic trustee to stakeholders and the broader public going into the 2021 election.

- [Download handbook](#) - or visit acsta.ab.ca

Father's Day Cards

The Diocesan Mission Council greeting cards for Father's Day (and other greetings cards) will be available for sale:

- Saturday, June 19 at [St. Mark's Parish](#) (5552 Madigan Dr NE, Calgary - Parking Lot) from noon to 4 pm. Please wear a mask and observe social distancing.
- During Parish Office hours:
 - [Holy Spirit Parish Office](#) (10827 24 St SW, Calgary)
 - [St. Gerard's Parish Office](#) (8944 Elbow Dr SW, Calgary)
 - [St. Pius X Parish Office](#) (2424 24 Ave NW, Calgary)
 - [Corpus Christi Parish Office](#) (404 Northmount Pl NW, Calgary)

Please note that the Mission Council is still collecting used stamps, unused envelopes, new or used greeting cards. To donate, please contact Theresa Granger at grangerc@telusplanet.net

Watch with me Seminarians reflections

From May 30 to 31, 2021, the Calgary Seminarians held an all-night vigil at the Shrine Church of Our Lady of the Rockies. At the beginning of every hour, in the presence of the Blessed Sacrament, the seminarians offered reflections on the traditional 15 mysteries of the Rosary. If you missed the vigil, watch the videos at catholiccy.ca/vocations

- Pray the Vespers and a decade of Rosary with Fr. Nathan Siray. [In this video](#), Fr. Nathan preaches on the connection between the Annunciation and the Trinity.





Feed the Hungry Garden Update

Feed the Hungry Garden updates from John Holmes, Coordinator.

It has been two weeks since we planted the Feed the Hungry Garden at the Mt St Francis Retreat. Over that time, we have experienced record setting high temperatures with very little precipitation. I visited the garden on Saturday to see if these extreme conditions had affected the germination of our vegetables and was pleasantly surprised. Not only had the



seedlings survived last week's heat wave, they were actually flourishing! The carrots and potatoes had not germinated yet as was expected. We should see these vegetables breaking through the soil in about 1 more week. Between 75% and 95% of the beets, onions, kohlrabi, zucchini and spaghetti squash had germinated, were growing strong and showed no signs of heat stress. FTH garden is off to a great start!



Ignite AB this year is going to be a 4-day Catholic summer camp for teens (going into grade 9 through graduating grade 12) who desire to grow in holiness! This jam-packed week is filled with excellent talks, amazing people, daily Mass, epic large group activities, Reconciliation, Adoration, praise and worship, and much more! Youth will grow in the knowledge of Christ and the Church and be empowered to go forward while striving to be a modern-day saint and a light to the world!

When: **August 17-20, 2021** from 1:30 pm to 9 pm (Tuesday to Friday)

Where: Mary, Mother of the Redeemer Parish, Calgary, AB

For more information or to register, visit f2f.ca/ignite

World Elder Abuse Awareness Day



*Be an advocate
for the elderly.*

The Calgary Elder Abuse Awareness Collective invite you to the following workshops:

- **World Elder Abuse Awareness Day** | Tuesday, June 15, 2021, from 10 am to 11:50 am. Learn about supports and resources for older adults experiencing elder abuse. Find out about different kinds of elder abuse, the common signs, and how bystanders can support and protect victims. Speakers: Sgt. Susan Westenberger (Calgary Police Service), Katie Mitchell (Carya), Katharina Zacharias (Kerby

Centre). Zoom ID: 817 7906 8480. No registration is required, use ZOOM ID to join.

- **It's not right** | Learn about different kinds of elder abuse, the common signs, and how bystanders can support and protect victims.
 - In Farsi: Monday, June 14, 2021, 10 am - 11:30 am. Speaker: Fauzia Khedri, Volunteer, CSRS. ZOOM ID: 856 3271 8025 - Passcode: 1234
 - In Gujarati: Wednesday, June 16, 2021, 10 am to 11:30 am. Speaker: Rossbina Nathoo, Senior Connector, CSRS. ZOOM ID: 897 5400 6404 - Passcode: 1234
- **Cyber Safety**. Learn about the ways to protect against cyber fraud and how to report them. Speaker: Michael Kim, YouthLink Calgary Police Interpretive Centre.
 - In English: Monday, June 14, 2021, 2 pm to 3:30 pm. ZOOM ID: 813 7093 4565
 - In Cantonese: Wednesday, June 16, 2021, 2 pm to 3:30 pm. ZOOM ID: 875 977 9955
- **Financial Frauds/Scams** | Wednesday, June 16, 10 am to 11:30 am. In this presentation the presenters will talk about different kinds of financial frauds/scams going on around to rob people of their money and financial IDs. It will also talk about tips on how to stay safe and be careful in order to avoid this kind of scams. The presenters will give some contact information to call and report the incidents. Speaker: Kathy Roe, Senior Connector, CSRS. ZOOM ID: 828 9169 2988. Passcode: 1234.

Worth Sharing

1. **Third Catholic church in eastern Myanmar hit by military strikes**
Another church in Kayah state, a Catholic stronghold in eastern Myanmar, was damaged by indiscriminate shelling by the military. It was the third church in Kayah state to be attacked by the military in two weeks. Sacred Heart Church in Kantharyar, a village near Loikaw, was hit by artillery shelling that killed four Catholics and wounded at least eight others the night of May 23. St. Joseph Church in Demoso, one of the key areas of fighting, was hit by military artillery the night of May 26. Kayah state is regarded as a stronghold of Catholicism in the Buddhist-majority country. About 90,000 Catholics live in a state with a population of 355,000. Please keep our brothers and sisters in Myanmar in your prayer. [Read more](#)
2. **Pope prays for Burkina Faso: 'Africa needs peace'**
Pope Francis expresses his sorrow for yet another attack in Burkina Faso in which over 130 people died. "Let us [#PrayTogether](#) for the victims of the massacre that took place in a village of Burkina Faso. I am close to the family members and all the Burkinabé people suffering greatly because of these repeated attacks. Africa needs peace, not violence!" [Read more](#)
3. **Pope Francis's Summer Reading List**
It is no secret that Pope Francis loves literature: He slips references to Greek and Roman classics into his interviews, includes excerpts from poetry in his encyclicals and, during the pandemic, referenced the 19th-century Italian plague novel [The Betrothed](#) countless times. In this special episode of America Media's "Inside the Vatican" podcast, Mr. Ivereigh joins host Colleen Dulle to discuss three literary works that have shaped Pope Francis. [Read more](#)
4. **Aquinas 101: Science & Faith**
Aquinas 101 is a project of the Thomistic Institute that seeks to promote Catholic truth through short, engaging video lessons. Enroll in [Aquinas 101: Science & Faith](#) to receive the latest lesson in your inbox each Tuesday. You can browse earlier videos at your own pace or enroll in one of the other [seven Aquinas 101 email courses](#) on St. Thomas Aquinas and his masterwork, the *Summa Theologiae*.
5. **Car Talk: Great questions for parents to share with children before and after Mass** | Use the time in the car before Mass to "prime the pump" so that the family will have something to look for or listen for in the Sunday Mass. Here are some questions which may help. They do not all apply to every Mass, but are general questions which can help children to get ready to understand something from the Mass, to

learn something from the homily, to participate in some way with more attention. [Read more](#)

6. **Pope's June prayer intention: on the beauty of marriage**

Pope Francis is praying that we make our own "God's dream" of love, and especially for young people preparing for marriage. The beauty of marriage and the family as something more than a "social" act: "it's a vocation that's born from the heart; it's a conscious decision for the rest of one's life that requires specific preparation." Let us pray for young people who are preparing for marriage with the support of a Christian community: may they grow in love, with generosity, faithfulness and patience. [Watch Pope's Video](#)

7. **Help India through Canadian Jesuits International**

Canadian Jesuits International (CJI) has launched an emergency appeal focused on India to support their Jesuit partners and communities they work with. CJI's partners continue to accompany marginalized people affected by COVID-19, even at great risk to their own health and safety. The urgency and magnitude of the need remains enormous in India where there is a severe shortage of medical equipment, hygiene items and basic food provisions. To learn more and to support CJI and their Jesuit partners, [click here](#)

8. **5 ways your parish can share your community experience on social media** | Many parishes are looking for ways to draw new members or engage current ones. There are many ways that social media can help with that. This webinar will provide five easy ways to create posts that capture your unique parish culture and community experience. Examples that have worked for parishes will be shared. [Watch now](#)

9. **Spiritual Direction Training Program**

The FCJ Centre offers a two-year spiritual direction training program that meets on Wednesday evenings and includes four-weekend retreats. It is open to men and women who believe that God is calling them to the ministry of one-on-one companioning with people who are seeking a deeper relationship with God through the integration of faith and life. For more information, visit fcjcentre.ca/sdtp or contact Sr. Madeleine Gregg, fcJ at 403-228-4215. The application deadline is June 30, 2021.

10. **Confession resources**

Here are some resources that might help individuals and family in your community when you promote your parish confession schedule:

1. [Diocesan printable Confession card for children](#) (includes examination of conscience, step-by-step and simple act of contrition)
2. [Printable examination of conscience for children](#)
3. [Goodconfession.com](#)
4. [In depth examination of conscience](#)
5. [Printable guide to Confession for adults](#) (provided by Knights of Columbus)
6. Video: [Making a good confession \(Fr. Mike Schmitz\)](#)
7. Video: [Bringing the same sins to confession? Try this](#)

Have you subscribed to Faithfully?

Faithfully gives a snapshot of faith at work in the lives of everyday people. Get inspired with faith stories, our Bishop's message, and find out what's happening in our Diocese.

- [Read the May issue of Faithfully](#)
- [Subscribe to Faithfully here](#)

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Resources for mental health

"Physically healthy should also include a focus on our mental and spiritual well-being," says Sr. Donna Marie Perry, psychotherapist and social worker in the Diocese of Calgary. "Not all families are healthy," says Sr. Perry. She urges people who see others struggling to reach out with kindness. Where appropriate, you can also recommend they access support from community-based organizations. ([Mental health matters, Faithfully](#)). Have you encountered anyone in need of access to help with mental health? Below is a list of handy mental health resources for you to share:

- Calgary Counselling Centre: 403-691-5991 + online counselling
- Catholic Family Service: 403-205-5295. Rapid Access Counselling: 403-233-2360 or email intake@cfs-ab.org
- Distress Centre: 403-266-4357 - available 24/7.
- Eastside Family Centre: 403-299-9696 - telephone and e-therapy.
- Kid's Help Phone: 1-800-668-6868
- Mental Health Help Line: 1-877-303-2642
- Access Mental Health: 403-943-1500

For other barrier free consultation sessions (Calgary area), you may consider referring those in need with this online service: communityconnectyc.ca



Bishop's Message - June 2021

On behalf of the people of the Diocese of Calgary, Bishop McGrattan personally shares in this devastating sorrow and express his deepest regret at the loss of the lives of these children and the enduring pain which residential schools have caused within our indigenous communities. He personally recommit the Diocese in expressing the apology and regret made by the Bishops of Alberta and the Northwest Territories in 2014 to our indigenous brothers and sisters.

[Read his full message here](#)

Webinars for Temporary Foreign Workers

Below is a list of webinars for Temporary Foreign Workers. Please contact Myla at Calgary Catholic Immigration Society (CCIS) - 403-470-9132 or email rignacio@ccisab.ca for more information or to register.

June 16, 2021, Wednesday, 5:00 PM to 7:00 PM: **Emotional Wellness (English)** by Alberta Health Services

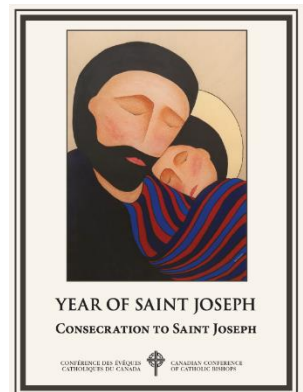
June 22, 2021, Tuesday, 5:00 PM to 7:00 PM: **Emotional Wellness (Spanish)** by Alberta Health Services

Consecration to Saint Joseph

The Canadian Conference of Catholic Bishops (CCCC) invites all group and families to deepen their Christian commitment through the act of consecration to Saint Joseph. By entrusting ourselves completely to the fatherly care and powerful intercession of the Church's patron saint, we are beseeching his help in living out those same virtues he did and so grow in the likeness of Christ evermore.

This ritual of Consecration to St. Joseph can be used in parishes, religious communities and families, on a date chosen by the individual groups or families.

Download the ritual: [Consecration to Saint Joseph \(PDF\)](#).



St. Joseph's Year catechesis for youth

The CCCC has created online resources offering various prayers, devotions, catechetical resources for adults and children, as well as Church documents, all of which are dedicated to Saint Joseph.

This week we are highlighting the resources for catechetical activities for children and youth

- [Ages 6-8 - Catechetical Activity | St. Joseph: A loving and caring father](#)
- [Ages 9-11 - Catechetical Activity | St Joseph: The worker](#)
- [Youth - Catechetical Activity](#)

Online Faith Formation Courses

Certificate in Catholic Studies

The Benedict XVI Institute for New Evangelization offers a comprehensive selection of courses on various aspects of the Catholic faith. All are offered online. Each course runs five weeks and costs \$85. Take an individual course for interest, or work toward one or all of the twenty two specialized Certificates in Catholic Studies. The next start date is April 5, 2021. Students may register completely online at newman.edu/ccs Visit our website for further details and FAQs.

Other online formation opportunities

These formation opportunities will help you with your faith journey and to help you grow closer to Christ. Find a list of webinars and courses on our diocesan website [here](#).

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Follow us on Social Media

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Weekly reflections can be found here:

[Vatican News](#) | [The Sunday Website](#) | [Sunday Connection](#)

Daily and Sunday Mass Prayers & Readings: [CCCB Daily Readings](#) (pick the desired date)

Livestreams

Full schedule of Parish Livestream Masses in the Diocese of Calgary is available at:
<https://www.catholiccyyc.ca>.

You can also watch parish Sunday Masses via TELUS Optik TV Ch. 876 and 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#).

Our parishes rely on your Sunday offerings for maintenance and growth. You can also use the online giving page on the diocesan website to set up a one-time or recurring donation to your parish via credit-card. Funds donated will be transferred to the selected parish. Give now at <https://www.catholiccyyc.ca/donateparish> [or contact your Parish to set up a direct debit deposit].

FCJ



RETREAT & CONFERENCE CENTRE

A corporate ministry of the Sisters Faithful Companions of Jesus (FCJ) since 1980



[Check out opportunities to join online programs run by the FCJ Centre \(retreats, spiritual exercises, daily examen, prayers etc.\). Visit their events calendar!](#)



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.