



Welcome to HOLY FAMILY PARISH

MARCH 13, 2022 – 2ND SUNDAY OF LENT

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca

Facebook: [Medicine Hat Holy Family Parish](#) ~ YouTube: [Medicine Hat Holy Family Church](#)

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid & Fr Rodel Abanto
& Deacon Robert Risling

RECONCILIATION...

Friday 9:30am–10:30am. & Saturday 3:30–
4:45pm. Or by Appointment

MASS TIMES... MONDAY to FRIDAY at 9:00AM

FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM

SUNDAY at 8:30AM, 10:30AM & 6:00PM

THE CHAPEL IS OPEN

MONDAY - FRIDAY 9:30am - 4:00pm

ADORATION FRIDAY 9:30 – 10:30am

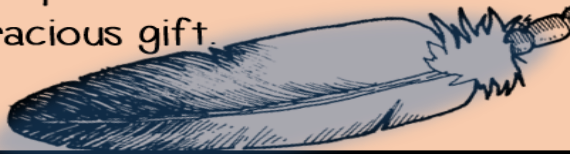
Knights of Columbus - Kirby Peterson

Catholic Women's League - Marjorie Bowlby

Parish Pastoral Council Chair - Gary Heinbecker

Parish Finance Committee Chair - Cheryl Pocsik

We acknowledge that Treaty 7 territory,
on which we stand, is the ancestral land
of the Indigenous peoples and is common
home to everyone in virtue of God our
Creator's gracious gift.



Sunday 10:30am Mass

Medicine Hat Holy Family Church Live
Stream

https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q



Reflecting on Transfiguration

Lent is not an end. It is a necessary transition, as it is every
year, to the glory of life in Christ ~ in which we already share in
some incomplete way. These dazzling white clothes of Jesus recall
our own baptismal garments in which we were clothed in him.
They remind us to imitate him in all we think and do and say.

† How does the glory of Christ dazzle me to reflect on
_____?

† How does my Baptism strengthen me to do
_____?

† To use Saint Paul's words, how will I stand firm in the
Lord?



2ND Sunday of Lent , March 13, 2022

OPERATING FINANCES	
FEBRUARY 1-28, 2022	
Operating Budget 2022	\$ 59,708
General Envelope Collection	\$38,395
Loose Collections	\$388
Future Development	\$2,894
Sale of Church Supplies & Other	\$2,300
Other Ministries	\$440
Budget Vs Actual SHORT	-\$ 15,291
SPECIAL COLLECTIONS	
Together in Action (TIA)	\$7,273
St Vincent de Paul	\$2,156
Clergy Retirement	\$ 110
Mission Mexico	\$ 460
CARO	\$ 185
World Missions	\$ 30
Holy Land	\$ 5
Seminary Fund	\$ 65
Loonies for Lent	\$ 265
<i>Thank You for your Generous Contributions</i>	



2022 Goal
\$70,938

total to date
\$7,700.00

which is 11%



Together IN ACTION

Annual Bishop's Appeal



Printable Faithfully - Feb/March 2022

[Download PDF of Feb/March edition](#) | or visit catholicyc.ca/Faithfully

Sunday's Readings

1st Reading: Genesis 15.5-12, 17-18
The Lord made a covenant with Abraham, his faithful servant.

Responsorial Psalm: 27.1,7-9,13-14 (R. 1a)
R. The Lord is my light and salvation.

2nd Reading: Philippians 3-17-41
Christ will transform our humble bodies, conforming them to his glorious body.

Gospel: Luke 9.28b-36
While Jesus prayed, the appearance of his face changed.

Gospel Acclamation ~ Matthew 4.4

Glory & Praise to you, Lord Jesus Christ!

From the bright cloud the Father's voice was heard:
This is my Son, the Beloved; listen to him.

Glory & Praise to you, Lord Jesus Christ!

† Masses Intentions †



Saturday, March 12

8:30am ~ Wayne Wilson †
5:00pm ~ Calvin Metcalf †

Sunday, March 13

8:30 am ~ Holy Family Parish
10:30am ~ Aiden O'Reilly †
6:00pm ~ Allen Kaupp †

Monday, March 14

9:00am ~ Phil Bosch †

Tuesday, March 15

9:00am ~ Allan Fitzsimmons †

Wednesday, March 16

Kelly & John McDougall

Thursday, March 17

9:45am ~ Studer Family

Friday, March 18

9:00am ~ Gabriel Zavala †

E-Transfer Donations accounting@holymfamilymh.ca

Listen to Mass on your phone...
Download the "Audio Fetch" app.
Our Network is: HFP_LIVE
The Password is: Liv3HFP*



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- Enter our PARISH CODE: **GPQWK7**

Create a personal account with your personal username/email and password.

- Start enjoying the best Catholic content all in one place!

IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!



VOLUNTEERS ROCK OUR WORLD



Sacramental Preparation

Sessions for both children and parents,
Children in Hall & Parents in the Church...

1st Holy Communion next class...

Thursday March 31, 2022, 6:30-7:30pm

Confirmation next class...

Wednesday, March 16, 2022, 6:30-7:30pm



Stations of the Cross

Friday, March 18

Starting at 6:00pm

Presented by:

The Finance Council



Everyone Welcome



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.

The next general meeting for the Knights of
Columbus is on

Monday, March 14, at
7:00 pm in the Faith Room

TMIY

THAT MAN IS YOU!
BECOMING A MAN AFTER GOD'S OWN HEART

8:30 – 9:30 am @ St. Patrick's Church Hall

March 12, 2022

Theme: **A Civilization of Love**

Presenter: **Steve Bollman**

March 19, 2022

Theme: **A Life of Dissipation**

Presenter: **Jeff Joaquin**



PRAY THE
DIVINE MERCY
DAILY THROUGH LENT
SUNDAY TO FRIDAY
9:30AM &
SATURDAY 9:00AM

**SATURDAY MORNING MASS
DURING LENT
8:30 AM**



Spring ahead 1 hour, March 13

Day of Prayer for Ukraine

A day of prayer for peace in Ukraine will be observed on Friday, March 18, 2022 in all the parishes of the Roman Catholic Diocese of Calgary, the Anglican Diocese of Calgary, and the Ukrainian Catholic Eparchy of Edmonton.

Vincentian Corner

The Society of St. Vincent de Paul helps those in need within our community and surrounding area throughout the year. As volunteers, we are so blessed because of the consistent generosity of our supporters – our parishioners. We like to share with you some data every year to inform you of our charitable work from the previous year. Here is a snapshot from 2021:

Membership = 18 volunteers (1270 hours)

Number of homes assisted = 107

Number of Adults served = 271

Number of Children served = 143

Visits to Sick (homes/hospitals/ homes for aged) = 15

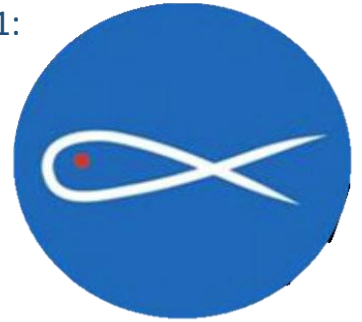
Value of food aid = \$5450 (food vouchers)

Average assistance totalled \$457 per family or individual (rent, security deposit, etc)

If you look at these numbers, you will see that we help a whole lot of people throughout each year. We could always use more volunteers – if you are interested, please call either church and leave a message. One of our volunteers will return your call and answer any questions you may have. You would be most welcome to our group!

If you wish to make a donation, we do have an e-mail address as of 2021. That address is: ssvpmedhat@gmail.com. There is no password needed when you e-transfer. We will send you a tax receipt early the following year.

May God bless you all – thank you so much for helping us to do God's work among our own right here in Medicine Hat!



The Trials of St. Patrick (Feast Day: March 17)

The Trials of Saint Patrick is the epic story of one man's spiritual odyssey through hardship and loss, mercy, and forgiveness.

Dramatized with a fresh boldness by the Augustine Institute Radio Theatre, the characters will come alive through the talents of dozens of accomplished, award-winning actors, combined with cinematic sound and music. Read the review if you need convincing. Free to listen via [Formed.org](https://www.formed.org)



St. Joseph: Our Spiritual Father (Feast Day: March 19)

Joseph of Nazareth stands out as the model par excellence of Christian virtue, a brilliant example of obedience to God and trust in Divine Providence. Featuring interviews with leading experts and theologians, in addition to powerful first-hand testimonials – St. Joseph: Our Spiritual Father provides viewers with a glimpse into one of the most incredible lives in all of human history – a figure whose spiritual fatherhood remains open to all of us. [Watch now](#)



Holy Family Parish Knights of Columbus Council 9502 will be celebrating 35 years service on March 17, 2022. In January 1987 Rev. Mike Storey parish priest at St. Mary's church confronted Brother John Scherger with the possibility of forming a Knights of Columbus Council. District Deputy Russ Klymchuck was contacted and in a few short months the Council was formed by mid March.

The Council was named after the late Joe McKenna who was a very active member of St. Mary's Parish and one of the main workers and supporters in building the church. Joe McKenna held numerous positions in the Knights including the 4th Degree and was a man of service to his Parish and community. The first official meeting of 9502 was held April 21, 1987, with John Scherger serving as the first Grand Knight.

The Charter consisted of 75 Charter members of which 15 members are still on the present roster. At present the Council has 286 members and is the 6th largest Council in the Alberta/NWT jurisdiction. I estimate well over one million dollars has been donated to our Parish, our community, and people in need, but there is more to the Knights than donations, it is hours of service to our parish and community that needs to be acknowledged. We can do so many things better, we are always looking at ways we can do better and be of service.

I would like us to remember the 137 brother Knights who have passed away in those 35 years and their dedication to their Family and our parish. We thank them for their sacrifice and example.

Our Parish has been blessed to know a great many of those 137 members, and to journey with them.

The Knights thank you for allowing us to serve you, please pray for our Order and Holy Family Parish, especially those who are struggling. God Bless you in your good works.

Submitted by Patrick Ries, Financial Secretary



KNIGHTS OF COLUMBUS

IN SERVICE TO ONE. IN SERVICE TO ALL.



Holy Family Parish Knights of Columbus Council 9502 would like to make you aware of our **40 Loonies For Lent project**, which I believe is our 6th year of operation.

During Lent we are asked to commit to participate more fully in spiritual discipline of scripture reading, prayer, fasting, abstinence, and almsgiving. We also invite everyone to take part in our Parish Mission by Fr. Julian. Pope Francis has requested we become more empathetic to our hungry and starving brothers and sisters, Jesus as our good Shepherd truly took on the smell of the sheep. It has also been said that in our western world our prosperity has insulated us from the Needy.

This year's theme for our 40 Loonies for **Lent is Leave No Neighbour**. Your donations will go to **Medicine Hat Food Bank** or what is now called the Root Cellar, **Mustard Seed, Saint Vincent De Paul, 5th Avenue and Saint Barnabas Meal Programs**.

It should be noted that Holy Family Parish volunteers serve every Thursday at 5th Avenue and Holy Family also does every 4th and 5th Saturday at St. Barnabas Meal Program. I would personally like to thank the many volunteers who sacrifice their time to assist the people who may be struggling. Our goal this year is \$10000. Simply write "40 LOONIES FOR LENT" and the dollar amount on your weekly parish donation envelope. You may donate your full Lenten gift of \$40.00 one time or contribute an amount of \$7.00 or more each week. If sacrificial giving means you can give more, please do so. For those who are not using weekly envelopes you may make your cheque payable to Holy Family Parish or donate cash in a separate envelope marked with your name, address & "40 LOONIES FOR LENT" and place it in the weekly collection basket or drop it off at the Parish office. Alternatively, you may authorize the parish to process your donation on your credit card and most recently Holy Family Parish has added e-transfer but if using e-transfer please note it is to go to: **40 Loonies For Lent**.

Look for updates on funds collected in the parish bulletin.

We thank you in advance for your generosity, **"what ever you do to the least of my brothers you do unto me."**

Thank you and may the Lord bless you and keep you.





The Synodal gathering includes active listening, reflection and sharing in small groups. In the listening encounter, we are invited to open our hearts to the faith experiences of others and become active participants in discerning the will of God for each one of us, and for the community of faith.

The Gospels frequently show us Jesus “on a journey.” He walks alongside people and listens to the questions and concerns in their hearts. Jesus shows us that God is not distant but He walks at our side and meets us wherever we are, often on the rocky roads of life. This is the “style” of God who travels the paths of history and shares in the life of humanity, in our life.

A synodal Church, faithful to Jesus in announcing the Gospel, must “journey together.”

Please prayerfully reflect and prepare some initial thoughts on these Synod Questions:

- **How have YOU experienced journeying together as the Church?**
- **What steps does the Holy Spirit invite US to take in order to grow in our “journeying together?”**

Invite the Holy Spirit to reveal the thoughts you should consider in answering these questions, the experiences of Church you should remember, the joys or wounds they should reveal, and the insights you should gain.

*“Come, Holy Spirit, fill the hearts of your faithful, and enkindle in us the fire of your love.
Send forth your Spirit and we shall be created; and You shall renew the face of the earth. Amen.”*

catholicyycc.ca/synod | synod@calgarydiocese.ca

PREPARING OUR HEARTS AND VOICES

As we prepare to enter into the synodal experience in our Diocese
we invite you to prepare through reflection and prayer.

“The Synodal Process is first and foremost a spiritual process.
It is not a mechanical data-gathering exercise or a series of meetings and debates.
Synodal listening is oriented towards discernment.”*

We are being invited to listen to the Holy Spirit in the voices of the faithful.

ATTITUDES TO CULTIVATE

Listening

We are called to listen humbly and to speak courageously: to listen in a manner that invites others to share authentically while we ourselves share our experiences and hopes with mercy and charity.

Newness and Conversation

We are invited to embrace the action of the Holy Spirit, particularly in the ways in which the Spirit inspires us to new understanding and new ways of being Church.

Allow God to Lead

We are called to allow the Spirit to direct us. To set aside our own expectations so that we can listen more clearly to what God desires of us.

Focus on Others

“The Synodal Process is an opportunity to open up, to look around us, to see things from other points of view, and to move out in missionary outreach to the peripheries.”

LEAVE BEHIND

Self-centeredness

We need one another. When we set aside self-centeredness, we are able to learn from each other, journey together, and be at the service of one another.

Division and Discord

We are challenged to suspend our judgements and ideologies in order to enter into dialogue that promotes mutual understanding and unity.

Fear

“For God did not give us a spirit of cowardice but rather of power and love and self-control” (2 Tim 1-7). We are reminded that change is a necessary part of growth and fear inhibits growth.

Self-doubt

The participation of each person is essential for the synodal process. You are called by virtue of your Baptism, to listen to the Holy Spirit in your life and to share your experience of God and His Church for the good of all His people.

* Vatican Synod Handbook 2.2 – 2.4

In what ways do I hear God calling me to listen and embrace the thoughts, desires, struggles and hopes of others, especially those on the margins?

What do I need to leave behind in order to enter this process with an open heart, an open mind, and a willingness to share my experiences boldly and honestly?

In what ways is God inviting me to allow this experience to transform me and to strengthen my relationship with Him and with the Church?

2021-2023 SYNOD
ON SYNODALITY

PRAYER

We stand before You, Holy Spirit,
as we gather together in Your name.

With You alone to guide us,
make Yourself at home in our hearts;

Teach us the way we must go
and how we are to pursue it.

We are weak and sinful;
do not let us promote disorder.

Do not let ignorance lead us down the wrong path
nor partiality influence our actions.

Let us find in You our unity
so that we may journey together to eternal life
and not stray from the way of truth
and what is right.

All this we ask of You,
who are at work in every place and time,
in the communion of the Father and the Son,
forever and ever. Amen.





Registration to Participate in the Synod Listening (Please print)

Last Name: _____

First Name: _____

Email address: _____

Phone number: _____

Please choose one of the following listening sessions

- ☐ March 17 - 6:30 pm - Zoom meeting
- ☐ March 19 - 1:00 pm - In person at Holy Family
- ☐ April 5 - 6:30 pm - In person at Holy Family
- ☐ April 9 - 10:00 am - Zoom meeting

* Please note that if we do not have at least 6 registered for each session it will be canceled. Deadline for registration for March sessions is on March 15 and the deadline for the April sessions is on April 2.

Optional

There will be small groups sharing doing the listening session. Please indicate if you are able to serve as a small group facilitator to record ideas. Training will be provided.

☐ Yes

☐ No



2nd Sunday of Lent - Year C

Sunday, March 13, 2022

BEING WITH THE LORD

We continue our Lenten journey with prayer, fasting and alms giving. This is a beautiful time of grace and to believe that Jesus Christ our Lord suffered and died for us as St. Paul said in the Second Reading of last Sunday "This is acceptable time, this is time of Salvation". Last Sunday we reflected on the Temptations of Jesus and were strengthened by the Lord to learn how to overcome and be strong. St. Cyprian, Martyr, once gave very beautiful reflection to remind us how to be strong in our faith: "Dear brothers, the commands of the Gospel are nothing else than God's lessons, the foundations on which to build up hope, the supports for strengthening faith, the food that nourishes the heart. They are the rudder for keeping us on the right course, the protection that keeps our salvation secure. As they instruct the receptive minds of believers on earth, they lead safely to the kingdom of heaven. God willed that many things should be said by the prophets, his servants, and listened to by his people. How much greater are the things spoken by the Son. These are now witnessed to by the very word of God who spoke through the prophets. The Word of God does not now command us to prepare the way for his coming: he comes in person and opens up the way for us and directs us toward it. Before, we wandered in the darkness of death, aimlessly and blindly. Now we are enlightened by the light of grace, and are to keep to the highway of life, with the Lord to precede and direct us. Let the Father recognize the words of his Son. Let the Son who lives in our hearts be also on our lips. We have him as an advocate for sinners before the Father; when we ask for forgiveness for our sins, let us use the words given by our advocate. He tells us: Whatever you ask the Father in my name, he will give you. What more effective prayer could we then make in the name of Christ than in the words of his own prayer?"

An old man was living in a temple and the demons came to say to him, "Leave this place which belongs to us," and the old man said, "No place belongs to you." Then they began to scatter his palm leaves about, one by one, and the old man went on gathering them together with perseverance. A little later the devil took his hand and pulled him to the door. When the old man reached the door, he seized the lintel with the other hand crying out, "Jesus, save me." Immediately the devil fled away. Then the old man began to weep. Then the Lord said to him, "Why are you weeping?" and the old man said, "Because, the devils have dared to seize a man and treat him like this." The Lord said to him, "You had been careless. As soon as you turned to me again, you see I was beside you." I say this, because it is necessary to take great pains, and anyone who does not do so, cannot come to his God. For He himself was

crucified for our sake. That is the great gift of being with the Lord that we are able to feel and listen to him.

In the First Reading Abraham is experiencing something extraordinary. He was called from Ur to the unknown place to live and he without questioning anything he obeyed the Lord. Today he is having dialogue with God and is opening his heart to God who called him to an unknown place to dwell. The chapter 15 of the Book of Genesis brings us to three very important elements:

1. A Promise Given (Genesis 15:1-3)
2. A Promise Believed (Genesis 15:4-6)
3. A Promise Guaranteed (Genesis 15:7-21)

God now comes to Abram in Genesis 15:1 and says, "After these things the word of the Lord came to Abram in a vision, "Do not be afraid, Abram, I am your shield; your reward shall be very great." Here was a good reason for God to say this. Abram had just defeated a much larger army made up of a partnership of four kings. He had reason to be afraid, expecting an attack of retribution. God told Abram that though he had sacrificed for His sake, he would not be the loser for it. God would more than make up what Abram gave unto the LORD. God promise a blessing which for him was not possible because he and his wife both for old. But God knew his need as he knows how to become the answer to our need. When we need a shield or a reward, He becomes those things for us. "I do not think that any human mind can ever grasp the fullness of meaning of these four words, 'I am thy reward.' God himself the reward of his faithful people".

Abram believed in the promise of God that he is going to be blessed with a son and his descendants are going to be like the stars in the sky and sand on the shore. Beyond even this, God promises Abram in chapter 12 that all the people of earth would be blessed through him. This can only be one thing – the Messiah would come through Abram. Maybe here in chapter 15 when Abram asks for a son, he is asking for the Messiah. We don't know that, but it is a possibility. So far, we do not have anything firm. But when we take Romans 4 and Galatians 3 where Paul says that this is when he believed, we can be certain that this is when he believed, rather than some earlier time. But the real key to understanding what exactly Abram believed in John 8:56 where Jesus says, "Abraham rejoiced to see My day, and he saw it and was glad", "Two thousand years before Jesus came, Abraham looked ahead in time and believed in the coming Christ for eternal life. Therefore, he was saved by faith alone in Christ alone." What did Abram believe? Yes, he believed God's Word, but what specific truth from God did he believe? He believed in the coming Messiah, the Messiah that would come through him, for eternal life. It is at this point that God credited him with righteousness. Abram had lots of good works before he believed, and he will have more after. When we believe in God's Word, specifically when we believe what it says about Jesus, that God gives eternal life to everyone who believes in Jesus for it, like Abram, we are declared righteousness by God. There is no other way to receive eternal life. Abram believed the promise, and so was justified. Of all the ways that God gives Himself to us, this is the greatest. Through our faith, His nature is given to us. Do we believe in the promises of God to be with him? Remember no matter what happens in life, if we have Jesus, if we have God as our reward, we have everything – and more – than we need.

Lastly after God promised Abram with the gift of a son and Abram believed in his promise then God guaranteed that what he has promised is 100% real and there going to be no way that he is going to be turned away. He was called friend of God because of his faith and belief. Do we struggle to be his friends?

Here is a story from the desert fathers for us to understand the Second Reading today as St. Paul not only invites Philippians to imitate him in following the Lord but also warns against the enemies of the Cross of Christ. Are we not living among those people who refuses to believe in Jesus and utter all kinds of things against him? (Please remember, names mentioned in the story are all saints and they are called desert fathers, for example St. Sisois the Great)

A brother named Pystus told this story: Seven of us hermits went to Sisois, who was living in the island of Clysmatus. When we asked him to give us a word, he answered, 'I'm afraid I'm very ignorant. But I once went to see Hor and Athrem when Hor had been ill for eighteen years. I began to beg them to speak a word to me. Hor said, "What can I say to you? Go and do whatever you think right. God is the God of the man who extracts from himself more than he can do, and carries all by violence." These men, Hor and Athrem, were not from the same province. But there was much love between them until their death. Athrem was a man of perfect obedience, Hor of great humility. I spent a few days with them, observing their virtues; and I saw Athrem do a wonderful thing. Someone brought them a little fish, and Athrem wanted to prepare it for his brother, Hor. So Athrem took a knife and cut into the fish: but at that moment Hor called him, "Athrem, Athrem." He left the knife in the middle of the fish and did not finish the cut but ran to Hor. I was astonished at his obedience, and that he did not say, "Wait until I have cut up this fish." So I said to Athrem, "Where did you learn such obedience?" He answered me, "It is not mine: it is his." He said, "Come and see his obedience." He intentionally cooked some fish badly and put a piece in front of Hor; he ate it without saying a word. Athrem said, "Was it good, abba?" He answered, "Very good." Then he brought him another piece, very well cooked, and said, "Look here, I have ruined it, abba, by cooking it badly." Hor answered, "Yes, you have cooked it rather badly." Athrem turned to me and said, "Did you see his obedience?" I left them and ever since I have tried, as far as I could, to practise what I saw.' All this was told the brothers by Sisois. One of us asked him, 'Please, speak a word to us.' He said, 'Whoever has limitless knowledge understands the Scriptures perfectly.' Another of us asked him, 'What is pilgrimage, abba?' He answered, 'To keep silent: and wherever you go say, "I am at peace with all men": that is pilgrimage.'

I believe season of Lent is season of humility and comes from being with the Lord as St. Paul says "But our citizenship is in heaven, and it is from there that we are expecting a Saviour, the Lord Jesus Christ. He will transform the body of our humiliation that it may be conformed to the body of his glory, by the power that also enables him to make all things subject to himself". Being with the Lord means to "stand firm in the Lord" and enjoy his glory as did apostles do in the Gospel today.

On this Second Sunday of Lent, the liturgy leads us to contemplate the event of the Transfiguration in which Jesus allows the disciples Peter, James and John a foretaste of the glory of the Resurrection: a glimpse of heaven on earth. Luke the Evangelist reveals to us Jesus transfigured on the mountain, which is the place of light, a fascinating symbol of the unique experience reserved to the three disciples. They go up the mountain with the Master, they see him immersed in prayer and, at a certain point, "the appearance of his countenance was altered". Accustomed to seeing him daily in the simple appearance of his humanity, they are astonished as they face that new splendour that also envelops his entire body. And Moses and Elijah appear beside Jesus and speak with Him about his forthcoming "exodus", that is, of his Paschal death and Resurrection. It is a preview of Easter. Then Peter exclaims: "Master, it is well that we are here". He wished that that moment of grace would never end! St. Peter cherished this memory as he mentions in his letter; "For we did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honor and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, "This is my Son, my Beloved, with whom I am well pleased." We ourselves heard this voice come from heaven, while we were with him on the holy mountain. So, we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First you must understand this, that no prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God" (2 Peter 1:16-21). How amazing experience, they had by being with the Lord? Lord gives us the chance everyday through the Holy Eucharist to be with him and experience his glory.

The Transfiguration occurs at a precise moment in Christ's mission, that is, after he has confided to his disciples that he would have to "suffer many things, be killed, and on the third day be raised". Jesus knows that they do not accept this reality — the reality of the Cross, the reality of Jesus' death —, and so he wants to prepare them to withstand the scandal of the passion and death on the Cross, so that they may know that this is the way through which the heavenly Father will lead his Son to glory; by raising him from the dead. And this will also be the way for the disciples: no one can reach eternal life if not by following Jesus, carrying their own cross in their earthly life. Each of us has his or her own cross. The Lord reveals to us the end of this journey, which is the Resurrection, beauty: by carrying one's own cross.

Therefore, the Transfiguration of Christ shows us the Christian perspective of suffering which is a necessary but transitory passage. The point of arrival to which we are called is luminous like the face of Christ Transfigured: in him is salvation, beatitude, light and the boundless love of God. By revealing his glory in this way, Jesus ensures that the cross, the trials, the difficulties with which we struggle, are resolved and overcome in Easter. Thus, this Lent, let us also go up the mountain with Jesus! But in what way? With prayer. Let us climb the mountain with prayer: silent prayer, heartfelt prayer, prayer that always seeks the Lord. Let us pause for some time in reflection, a little each day, let us fix our inner gaze on his countenance and let us allow his light to permeate us and shine in our life. Be amazed with the words of St. Peter "Lord it is good to be here" and continue to be with the Lord who transforms our lives to be pleasing to him.

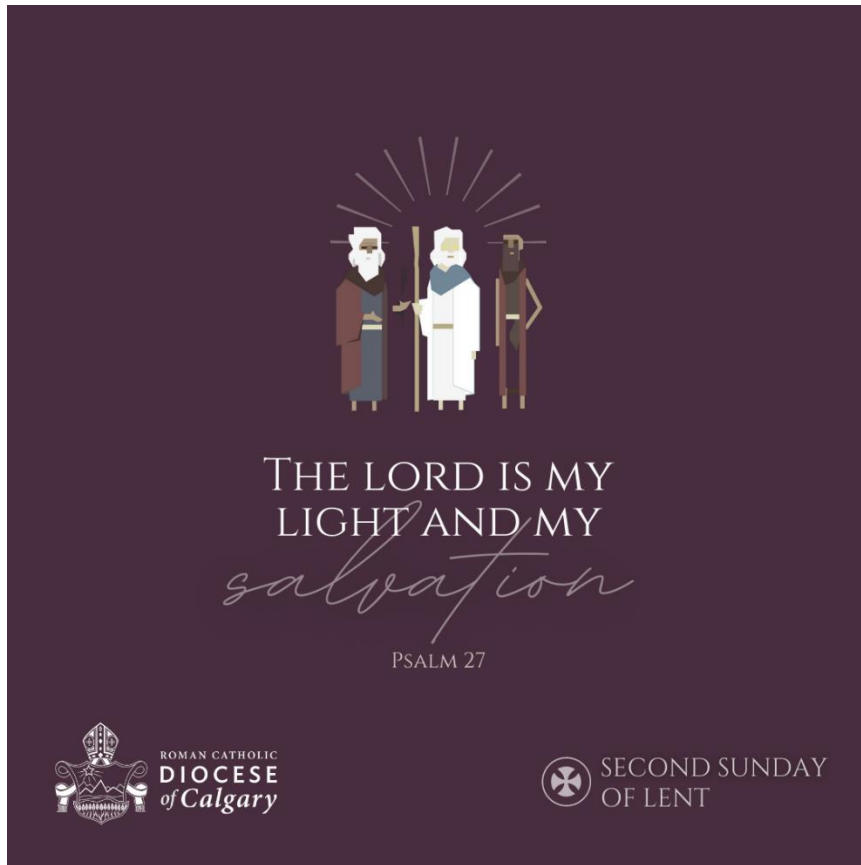
Let us joyfully continue our Lenten journey. Let us make room for prayer and for the Word of God which the liturgy abundantly offers us these days. Let us read the story of Zacchaeus and see how Lord's presence is changing our lives as we are trying to be with him?

"He entered Jericho and was passing through it. A man was there named Zacchaeus; he was a chief tax collector and was rich. He was trying to see who Jesus was, but on account of the crowd he could not, because he was short in stature. So he ran ahead and climbed a sycamore tree to see him, because he was going to pass that way. When Jesus came to the place, he looked up and said to him, "Zacchaeus, hurry and come down; for I must stay at your house today." So, he hurried down and was happy to welcome him. All who saw it began to grumble and said, "He has gone to be the guest of one who is a sinner." Zacchaeus stood there and said to the Lord, "Look, half of my possessions, Lord, I will give to the poor; and if I have defrauded anyone of anything, I will pay back four times as much." Then Jesus said to him, "Today salvation has come to this house, because he too is a son of Abraham. For the Son of Man came to seek out and to save the lost" (Luke 19:1-10)



Photo is from MT. Tabor, Israel
By Fr. Iqbal Khurshid

Second Sunday of Lent



Visit the [Diocesan Event Calendar](#)

Follow us on Social Media
[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:
[Vatican News](#) | [The Sunday Website](#)
[Sunday Connection](#) | [CCCB Reflection \(new link\)](#)

Daily and Sunday Mass Prayers & Readings: [CCCB Daily Readings](#)
(pick the desired date)

Full schedule of Parish Livestream Masses:
<https://www.catholicyy.ca> | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#)

This Sunday's Website/Social Graphic

- Graphic #1: [Wide](#) - [Square](#) (Ref. Gospel)
Graphic #2: [Wide](#) - [Square](#) (Ref. Psalm)
Graphic #3: [Wide](#) - [Square](#) (Ref. 2nd Reading)

Resources for children

- **Kid's challenge this week:** Pray this prayer: "Jesus, we know you are with us. Help us slow down and be quiet so that we can notice your presence in our lives and listen to you." and take a long, slow breath, and be in silence for at least 2 minutes. Listen closely, and share with others what you heard and feel during the silence. (Loyola Press)
 - [Kid's Bulletin for this Sunday](#)
 - [Colouring page this Sunday](#)
- [Sunday Connection - Second Sunday of Lent](#) (Gr. 1-8 & family)
- Children's Sunday Liturgy for 2nd Sunday of Lent
 - [Children's Liturgy for leaders/parents](#) (with intercessions and activities) - by CAFOD | [Illustration](#)
 - [Children's Liturgy of the Word with Miss Heidi](#) (Catholic TV)

COVID-19 Resources

- [Sacraments & Liturgies](#)
- [Spiritual Resources](#)
- [Sacrament Preparation](#)
- [Online Formation Opportunities](#)

Indigenous delegates ready to tell their story to Pope Francis

In a few short weeks, Indigenous delegates from across Canada are scheduled to meet with Pope Francis in Rome as part of the ongoing journey toward healing and reconciliation.

The meetings, beginning March 28, are an opportunity for Indigenous Elders, knowledge keepers, residential school survivors, and youth to share their experiences and thoughts with the Holy Father. The First Nations, Metis, and Inuit delegates will meet with Pope Francis over five days, ending with a final audience including all participants on April 1.

Three delegates from Alberta will be participating in the meetings: Gary Gagnon and Angelina (Angie) Crerar, are representing the Métis Nation. Gagnon is a vice-president of the Metis Nation of Alberta and a cultural facilitator with the [Indigenous Learning Services Program](#) at Edmonton Catholic Schools. Crerar is an elder, community activist in Grande Prairie and residential school survivor.

Today, the Archdiocese of Edmonton has posted [an interview with Metis delegate Gary Gagnon](#). It's the first of four interviews – the three Alberta delegates, as well as an interview with Fr. Cristino Bouvette of our Diocese. Watch video: <https://youtu.be/IRawq7xCEzk>



<https://youtu.be/IRawq7xCEzk>

Invitation from Jeff Cavins & Brett Powell

Men of the Diocese: don't miss this. God Squad Canada invites you to join their 25th annual conference. The theme for this virtual conference is **"Change on the Rise; Ushering in the New Springtime!"** When: **March 18 & 19**. Where: St. Michael's Catholic Church (800 85 St. SW, Calgary). God Squad is excited to host amazing speakers: Jeff Cavins, Brett Powell and Bishop William McGrattan.

- [Invitation message from Jeff Cavins](#)
- [Invitation message from Brett Powell](#)

Share Lent | A Spotlight on Madagascar

Development and Peace's People and Planet First campaign celebrates what solidarity can achieve, even against seemingly impossible odds. In Madagascar, for instance, Development and Peace's partner, the Development Council of Andohatapenaka (CDA), empowers people to manage and transform their neighbourhoods.

In the capital region, which is afflicted by flooding and poor waste management, CDA has helped the residents of one vulnerable area to turn their environs into a thriving ecological village. Today, each of the 50 households

involved in the project has a vegetable garden, a stove and solar panels. This transformation reflects a true ecological conversion.

Learn more about [Development & Peace's work in Madagascar](#), and look out for the Share Lent collection being taken up in your parish on the 5th Sunday of Lent (Solidarity Sunday, April 3).



https://youtu.be/rP7jjCn12_Y

Synodal Lenten Retreat with Bishop Emeritus Henry

All are welcome! A three-evening Lenten Synodal Retreat with Bishop Emeritus Henry on Sunday to Tuesday (March 20, 21 & 22) at 7 pm. Where: St. Joseph's Parish (640 19 Ave NW, Calgary). The retreat will be livestreamed on Facebook Live (@[calgarydiocese](#), @[stjosephcalgary](#)) & [Youtube](#). [Download graphic/poster](#)



JOURNEYING TOGETHER

WITH BISHOP EMERITUS HENRY

Join us at St. Joseph's Church, Calgary | 640 19 Ave NW, Calgary

 <p>March 20 Sunday at 7 pm Beginning the Journey</p>	<p>March 21 Monday at 7 pm My Name, Sent in His Name</p>	<p>March 22 Tuesday at 7 pm Food for the Journey</p>
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Also available   @stjosephcalgary @calgarydiocese

Lent & Holy Week

- **Holy Week with Bishop McGrattan**

Bishop McGrattan will celebrate the Holy Week & Easter liturgies at St. Mary's Cathedral with the following schedule. All liturgies will be livestreamed on the Diocesan website, Facebook Live & TELUS Optik TV ch 877.

- **Chrism Mass, April 11 at 11 am**
- **Holy Thursday, April 14 at 7 pm**
- **Good Friday, April 15 at 3 pm**
- **Easter Vigil, April 16 at 8 pm**
- **Easter Sunday, April 17 at Noon**

Bishop's Pastoral Letter for Solidarity Sunday

Beginning this year, a second collection will be held every **Fifth Sunday of Lent as we reintroduce the commemoration of Solidarity Sunday in the Diocese as a way of financially supporting the ministry and mandate of Development and Peace.**

To bolster our support in 2022, in addition to the Fifth Sunday of Lent, Bishop McGrattan has asked all parishes to extend the second collection to the 2nd and 3rd Sundays of Lent as well for Development and Peace.

Parishioners are also able to financially support the campaign online at

<https://www2.devpc.org/en/civicrm/contribute/transact?reset=1&id=3&gl=2y0x0>.

- **Please read [Bishop McGrattan's Pastoral Letter on Solidarity Sunday for Development and Peace](#) in the Diocese of Calgary (Date: March 2, 2022).**

Emergency Funds for Ukraine

In a video message posted on the morning Russian troops attacked, Tetiana Stawnychy, president of Caritas Ukraine, said "It's hard to believe in the 21st century that we were waking up to the sounds of explosions and of air raid sirens.... We ask for your solidarity, prayers and support."

Donate now: <https://www.catholicyyc.ca/blog/ukraine-emergency-relief>



The poster features a Ukrainian flag in the top left corner. The text "CATHOLICYYC.CA" is in the top right. The main title "EMERGENCY FUNDS for UKRAINE" is prominently displayed in the center. Below the title is a blue button with the text "DONATE NOW". At the bottom, it states "DONATIONS CAN BE MADE THROUGH THESE ORGANIZATIONS" and lists two organizations: "Development and Peace CARITAS CANADA" and "CNEWA". The background of the poster has a faint, stylized image of a cathedral.

Lenten Resources

Welcome what God can do in your life with just a Lenten email subscription, reflections, activities, or an open heart. [Visit our Diocesan Lenten Resources](#)

This Lent, let's put people and planet first

This Lent, Development and Peace – Caritas Canada's *People and Planet First* campaign calls you to support our sisters and brothers in the Global South in defending their rights and the planet. Do this by:

- **Donating** online at devp.org/give or during the Solidarity Sunday collection on April 3, the 5th Sunday of Lent. Your generosity helps support over 85 projects in 27 countries around the world!
- **Learning more** by reading the [Mini-magazine](https://devp.org/lent/resources) and other resources available at devp.org/lent/resources
- **Signing the petition** for strong laws to control Canadian corporations' behaviour abroad at devp.org/act

For more information, contact [Carol Hollywood](#).

God Squad Conference with Jeff Cavins

Men of the Diocese: don't miss this. God Squad Canada invites you to join their 25th annual conference. The theme for this virtual conference is **"Change on the Rise; Ushering in the New Springtime!"** When: **March 18 & 19**. Where: St. Michael's Catholic Church (800 85 St. SW, Calgary). God Squad is excited to host amazing speakers: Jeff Cavins, Brett Powell and Bishop William McGrattan.

BONUS – Registrants receive as a gift the "Rise A 30 – Day Challenge" course by Chris Stefanick – a \$45 CND value. Visit: godsquad.ca/25th-anniversary-conference-list | [Download Poster](#)

Employment Opportunities

There are a number of employment opportunities that are currently available in the Diocese of Calgary and beyond.

- Support Staff (Part-time), Elizabeth House Calgary
- Support Staff (Casual), Elizabeth House, Calgary
- Assistant Coordinator, Feed the Hungry Calgary
- Caretaker (Casual) - St. Ambrose, Coaldale
- Pastoral Assistant (Part-time) - Ste. Famille, Calgary
- Administrative Assistant (Casual) - St. Michael's, Pincher Creek
- Administrative Assistant (Part-Time) - Our Lady of the Rockies, Canmore

Please visit catholiccyyc.ca/careers for more information and application details.

Resources & Announcements

Major Archbishop Shevchuk is grateful for prayers and appeals

In his daily message to the faithful from Kyiv, [the head of the Ukrainian Greek Catholic Church expresses gratitude](#) to Pope Francis for his strong words at the Angelus on Sunday condemning the war in Ukraine and praying for all those supporting Ukraine in this moment.

The Trials of St. Patrick (Feast day: March 17)

[The Trials of Saint Patrick](#) is the epic story of one man's spiritual odyssey through hardship and loss, mercy, and forgiveness. Dramatized with a fresh boldness by the Augustine Institute Radio Theatre, the characters will come alive through the talents of dozens of accomplished, award-winning actors, combined with cinematic sound and music. Read the review if you need convincing. Free to listen via [Formed.org](https://formed.org)

St. Joseph: Our Spiritual Father (Feast day: March 19)

Joseph of Nazareth stands out as the model par excellence of Christian virtue, a brilliant example of obedience to God and trust in Divine Providence. Featuring interviews with leading experts and theologians, in addition to powerful first-hand testimonials – [St. Joseph: Our Spiritual Father](#) provides viewers with a glimpse into one of the most incredible lives in all of human history – a figure whose spiritual fatherhood remains open to all of us.

[Watch now](#)

Theory & Practice in Educational Leadership

St. Mary's University Faculty of Education is offering two 3-credit courses in Spring & Summer 2022 for aspiring school administrators and teacher leaders. [More information here](#)

Lenten Retreats & Missions to be featured in Faithfully

Thank you for submitting Lenten parish missions to the Diocesan Calendar! Check out the [lineups of Lenten Retreats & Missions throughout the Diocese of Calgary](#).

Lenten Retreats & Missions will be featured [on Faithfully](#) this coming Monday.

a. To include your parish or lay associations Lenten mission or events in the lineups, please submit your event through the online [Diocesan Calendar](#) (click "Add Event").

To support Ukraine beyond prayers

[Donate through CNEWA](#)

a. [Donate through Dev. & Peace](#)

Do you have the DOCAT app on your phone?

Interested in growing spiritually this Lent both in knowledge and in practise? Watch this [short video about DOCAT](#) Download the "DOCAT What to do?" app to study the Catholic Social Doctrine of the Church in a manageable way and put what you have learned into practise. Get it from [Google Play](#) | [App Store](#)

Almsgiving during Lent

During Lent, we are asked to focus more intently on "almsgiving," which means donating money or goods to the poor and performing other acts of charity. As one of the three pillars of Lenten practice, almsgiving is *a witness to fraternal charity and a work of justice pleasing to God*. (Catechism of the Catholic Church #2462). There are several special opportunities for almsgiving through donations. Find ways to donate to your parish community and other ministries in the Diocese. Visit our [Giving page](#)

If you haven't already, please subscribe to the [Diocesan publication Faithfully](#) - to keep you updated with what's happening in our Diocese. Faithfully gives a snapshot of faith at work in the lives of everyday people in our Diocese and provide us with opportunities to spread the Good News of Christ beyond the walls of our churches. New release coming up this Monday! To subscribe, [click here](#).

The Year of Amoris Laetitia Family

Through a series of 10 videos, the Holy Father, with the help of several families, invites us to journey together to rediscover the family as a gift, despite every problem, obstacle and challenge that families have to face today. In the first video "[Walking Together](#)" Pope Francis and a family share about the beauty of being a family and how each person is called to lovingly care for the life of the family. Never a problem, families are always a gift and, in terms of the future, they are an opportunity. Each video is accompanied by a [guide](#).

Online Faith Formation Courses

Certificate in Catholic Studies

The Benedict XVI Institute for New Evangelization offers a comprehensive selection of courses on various aspects of the Catholic faith. All are offered online. Each course runs five weeks and costs \$85. Take an individual course for interest, or work toward one or all of the twenty two specialized Certificates in Catholic Studies. Students may register completely online at newman.edu/ccs Visit our website for further details and FAQs.

Other online formation opportunities

These formation opportunities will help you with your faith journey and to help you grow closer to Christ. Find a list of webinars and courses on our diocesan website [here](#).

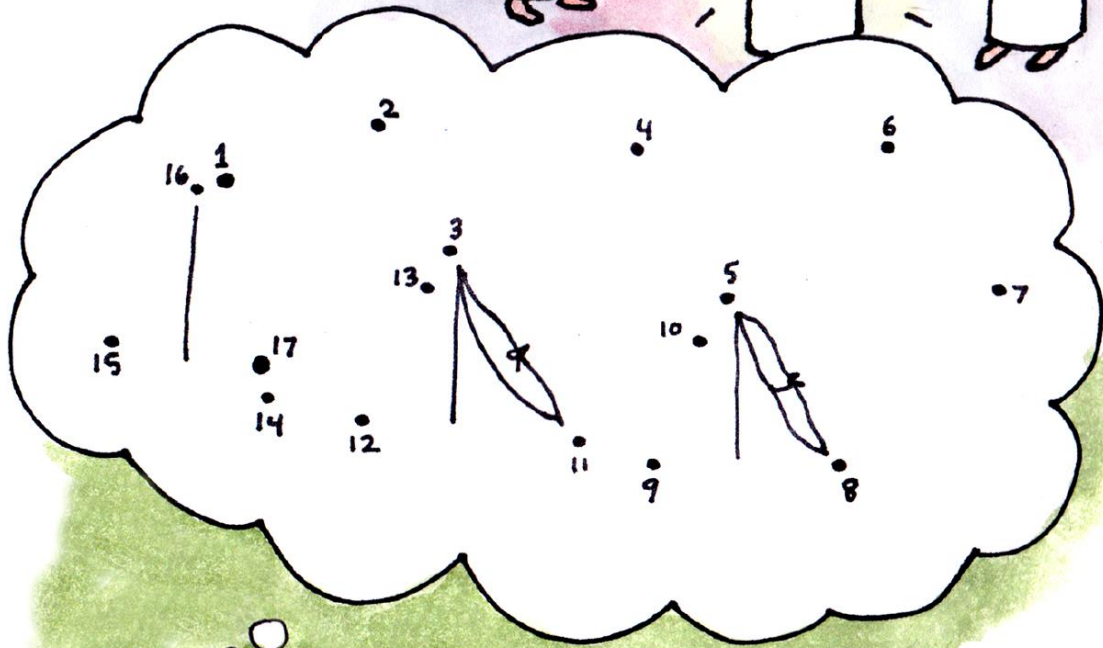
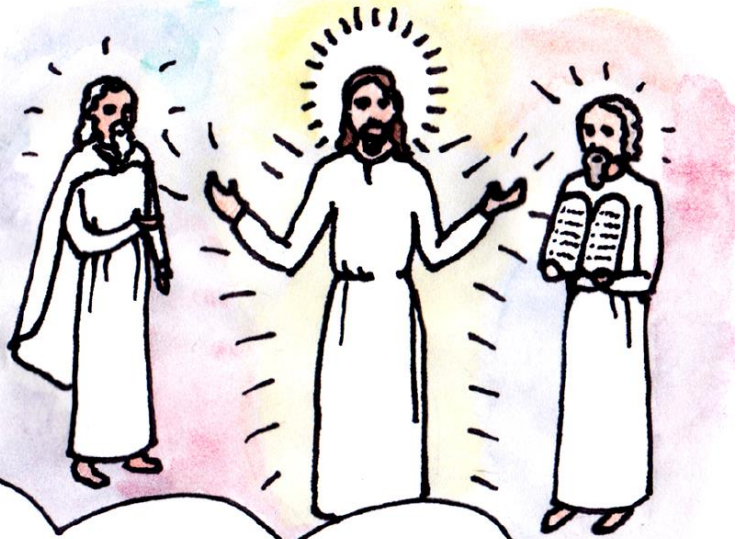
The Kids' Bulletin

Second Sunday of Lent

March 13th, 2022

Jesus shone like the sun when He took his three friends up the mountain.

Luke 9:28-36



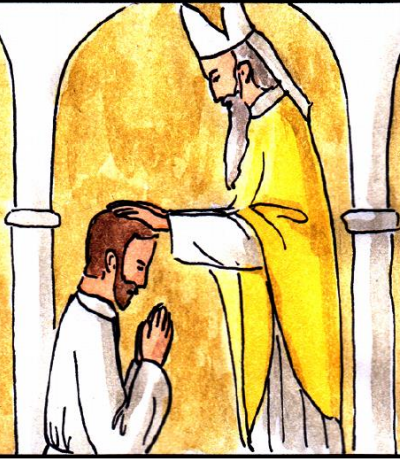
Peter was confused and said something without thinking. What did he say he could make?

Connect the dots to find out!

SAINT CYRIL OF JERUSALEM

MARCH 18

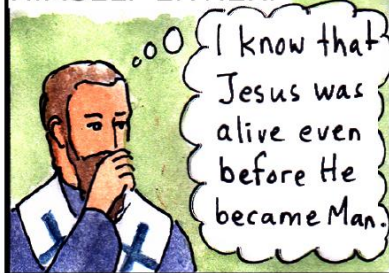
SAINT CYRIL WAS BORN IN JERUSALEM AROUND THE YEAR 315. HE WAS RAISED A CHRISTIAN AND WELL EDUCATED. HE BECAME A DEACON AND THEN A PRIEST.



HE WAS ORDAINED BISHOP OF JERUSALEM, BUT A HERETIC BISHOP NEARBY REFUSED TO ACCEPT HIM.



CYRIL ARGUED AGAINST THE ARIAN HERESY BUT HE DID NOT UNDERSTAND THE TRINITY HIMSELF EITHER.

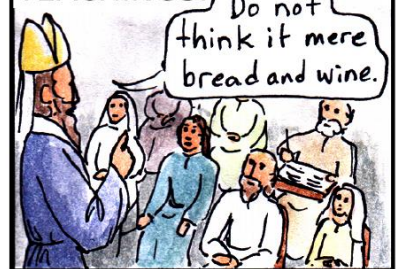


Yes, Jesus and the Father are consubstantial.

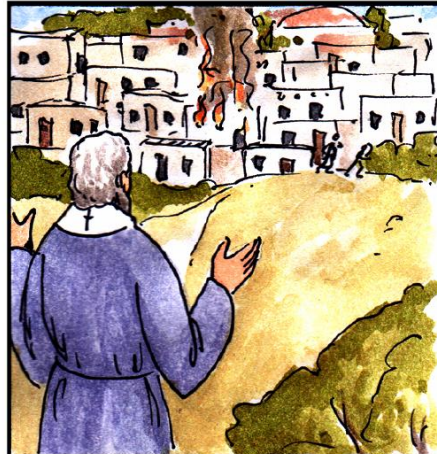


EVENTUALLY HE DID AGREE WITH THE CHURCH TEACHING AT A COUNCIL.

SAINT CYRIL TAUGHT THE FAITH TO THE NEW CHRISTIANS. WE STILL HAVE SOME OF HIS TEACHINGS.



MEANWHILE, HE WAS SENT INTO EXILE THREE TIMES BY THE HERETICS AND THE EMPEROR.



FINALLY HE CAME BACK AND FOUND JERUSALEM IN A SAD STATE OF SIN AND CORRUPTION. HE WORKED THERE UNTIL HE DIED AROUND THE AGE OF 70.

AT FIRST CYRIL DIDN'T HAVE A VERY GOOD UNDERSTANDING OF THE HOLY TRINITY, BUT HE KNEW THAT THE ARIANS WERE WRONG. THEY SAID JESUS WAS LESS IMPORTANT THAN GOD THE FATHER. CYRIL TAUGHT WHAT HE KNEW WAS RIGHT ANYWAY. DO YOU TELL OTHERS WHAT YOU KNOW ABOUT GOD?

St. Joseph Puzzle

March 19

The Gospel tells us that Saint Joseph was a just man.

What did he do?

Match the things that he did (on the right) with the circumstances on the left.

1. Before they were married and he found out that Mary was expecting a baby ____

2. When the angel came in a dream and told him to take Mary as his wife ____

3. When the government said that everyone had to register in their home town ____

4. When an angel came in a dream and told him that the soldiers were coming to kill baby Jesus ____

5. When Jesus stayed in the Temple instead of coming home with him ____

6. While Jesus was growing up ____

A. St. Joseph taught Jesus to be a carpenter.

B. St. Joseph looked for Jesus for three days until he found Him.

C. St. Joseph took Mary and baby Jesus to Egypt right away.

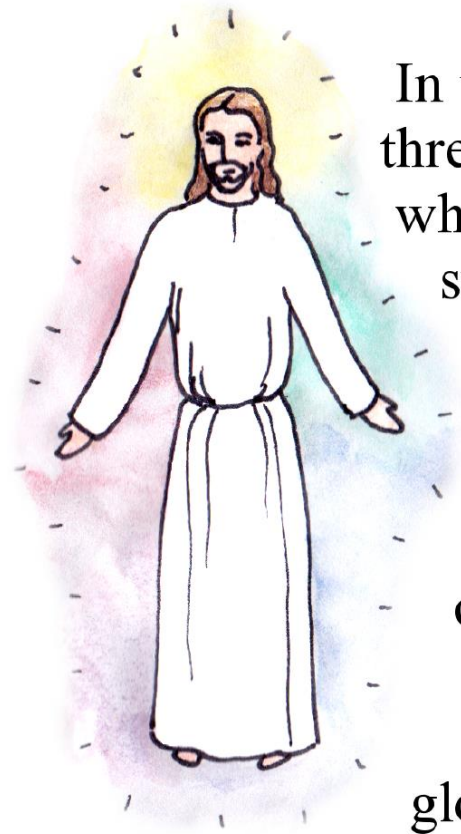
D. St. Joseph went to Bethlehem with Mary.

E. St. Joseph planned to break off his engagement quietly so that Mary wouldn't be ashamed.

F. St. Joseph married Mary.



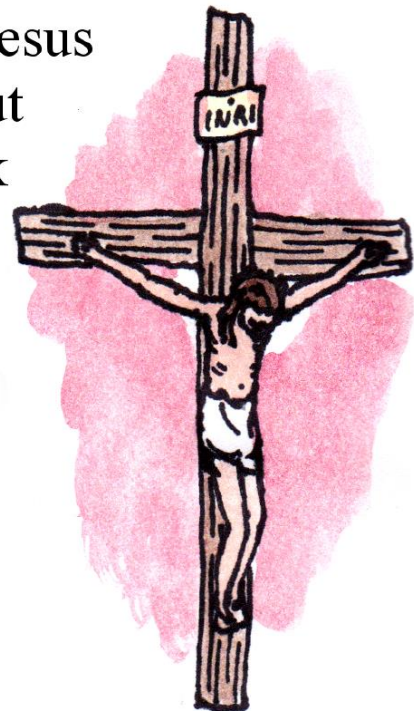
Looking at Jesus



In today's Gospel reading Jesus took three of His apostles up a mountain where they saw Him shining like the sun and talking with Moses and Elijah. They were talking about how Jesus was going to go to Jerusalem and be killed. The apostles were amazed and confused.

Jesus let the apostles see Him in glory to help them to understand why He had to suffer and die. We won't see Jesus in His glory until we see Him in Heaven, but it is good for us to think about the things that He and Moses and Elijah were talking about.

Look at a crucifix or picture of Jesus on the cross every day. Think about how much He loves you, and think about how you act toward Him. What can you do to love Him better? Lent is a good time to try to find ways to love Jesus more.



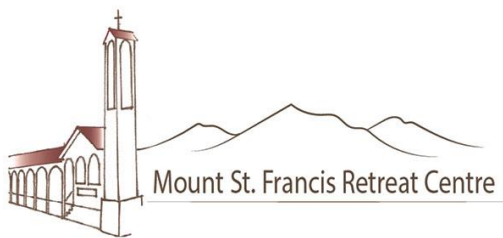
Answer to St. Joseph Puzzle:
1. E 2. F 3. D 4. C 5. B 6. A

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.





AS WE GATHER

please note the following



CHARITY & KINDNESS

Exercise charity and kindness in respecting the comfort level of people especially during these steps of transition.



MASK NOT REQUIRED

The wearing of masks is no longer required by the Province but people are free to continue the use of facemasks if they choose to.



PHYSICAL DISTANCE

Respect people's personal space and comfort level. It would be prudent to allow some distance between people of different households.



SANITIZE

Observe proper hand hygiene by sanitizing hands at any of the sanitizer stations in the church or by washing hands regularly. Observe respiratory etiquette when coughing or sneezing.



IF YOU HAVE SYMPTOMS

People with COVID symptoms not related to a pre-existing condition should avoid going to the church or being in public.

