



Welcome to HOLY FAMILY PARISH

MARCH 6, 2022 – 1ST SUNDAY OF LENT

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca

Facebook: [Medicine Hat Holy Family Parish](#) ~ YouTube: [Medicine Hat Holy Family Church](#)

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm. Closed on Holidays.

CLERGY AT HOLY FAMILY PARISH

Fr. Iqbal Khurshid & Fr Rodel Abanto
& Deacon Robert Risling

RECONCILIATION...

Friday 9:30am–10:30am. & Saturday 3:30–
4:45pm. Or by Appointment

MASS TIMES... MONDAY to FRIDAY at 9:00AM

FIRST SATURDAY OF MONTH at 8:30AM, SATURDAY at 5:00PM

SUNDAY at 8:30AM, 10:30AM & 6:00PM

THE CHAPEL IS OPEN

MONDAY - FRIDAY 9:30am - 4:00pm

ADORATION FRIDAY 9:30 – 10:30am

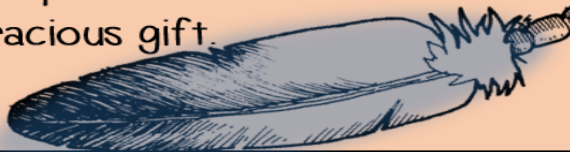
Knights of Columbus - Kirby Peterson

Catholic Women's League - Marjorie Bowlby

Parish Pastoral Council Chair - Gary Heinbecker

Parish Finance Committee Chair - Cheryl Pocsik

We acknowledge that Treaty 7 territory,
on which we stand, is the ancestral land
of the Indigenous peoples and is common
home to everyone in virtue of God our
Creator's gracious gift.



Sunday 10:30am Mass

Medicine Hat Holy Family Church Live
Stream

https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q



Reflecting on Baptism and Temptations

Luke's gospel recounts that Jesus, filled with the Holy Spirit at Jordan's baptism, is led by that same Spirit into the desert ~ a place for reflection and prayer. And hunger. And temptations by *diabolos*, the false accuser. What happens? Strengthened by baptism at which he is called "beloved", temptations are resisted ~ not easily, but resisted nonetheless. Food for our thoughtful reflections this Lent.

- † How does my Baptism strengthen me for Christian living?
- † How can I face temptations of eating, of power, of vain glory this Lent?
- † How will I pray for and support the elect throughout the diocese called this day to Baptism-Confirmation-Eucharist at the coming Easter Vigil?



1st Sunday of Lent , March 6, 2022

OPERATING FINANCES	
JFEBRUARY1-28, 2022	
Operating Budget 2022	\$ 59,708
General Envelope Collection	\$38,395
Loose Collections	\$388
Future Development	\$2,894
Sale of Church Supplies & Other	\$2,300
Other Ministries	\$440
Budget Vs Actual SHORT	-\$ 15,291
SPECIAL COLLECTIONS	
Together in Action (TIA)	\$7,273
St Vincent de Paul	\$2,156
Clergy Retirement	\$ 110
Mission Mexico	\$ 460
CARO	\$ 185
World Missions	\$ 30
Holy Land	\$ 5
Seminary Fund	\$ 65
Loonies for Lent	\$ 265
<i>Thank You for your Generous Contributions</i>	

Sunday's Readings

1st Reading: Deuteronomy 26.4-10

This is how the chosen people are to confess their faith.

Responsorial Psalm: 91.1-2, 10-15 (R. see 15b)

R. Be with me, Lord, when I am in trouble.

2nd Reading: Romans 10.8-13

This is how believers in Christ profess their faith

Gospel: Luke 4.1-13

Jesus was led by the Spirit into the wilderness: there he was tempted.

Gospel Acclamation ~ Matthew 4.4

Glory & Praise to you, Lord Jesus Christ!

Man does not live by bread alone, but by every word that comes from the mouth of God.

Glory & Praise to you, Lord Jesus Christ!

† Masses Intentions †



Saturday, March 5

8:30am ~ Don Zahn †

5:00pm ~ Chuck Love† & Jennifer Wrzosek †

Sunday, March 6

8:30 am ~ Addison Foley †

10:30am ~ Gladys Gaetz †

6:00pm ~ Holy Family Parish

Monday, March 7

6:00pm ~ Bob Nau

Tuesday, March 8

6:00pm ~ Tony Bosch †

Wednesday, March 9

6:00pm ~ Carol Jangula †

Thursday, March 10

9:00am ~ Ron Schreiber †

Friday, March 11

9:00am ~ John Bosch †

2022 Goal
\$70,938
total to date
\$7,700.00
which is 11%

Together IN ACTION
Annual Bishop's Appeal

Faithfully
FAITH. LIVED. FULLY.

Printable Faithfully - Feb/March 2022

[Download PDF](#) of Feb/March edition | or visit
catholicyc.ca/Faithfully

E-Transfer Donations accounting@holymfamilymh.ca

Listen to Mass on your phone...
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Our Network is: HFP_LIVE
The Password is: Liv3HFP*



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- Enter our PARISH CODE: **GPQWK7**

Create a personal account with your personal username/email and password.

- Start enjoying the best Catholic content all in one place!

IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!



VOLUNTEERS ROCK OUR WORLD



Sacramental Preparation

Sessions for both children and parents,
Children in Hall & Parents in the Church...

1st Holy Communion next class...

Thursday March 31, 2022, 6:30-7:30pm

Confirmation next class...

Wednesday, March 16, 2022, 6:30-7:30pm



8:30 – 9:30 am @ St. Patrick's Church Hall

March 5, 2022

Theme: The Darkness of Modern Culture

Presenter: Steve Bollman

March 12, 2022

Theme: A Civilization of Love

Presenter: Steve Bollman



PRAY THE
DIVINE MERCY
Daily THROUGH LENT
SUNDAY TO FRIDAY
9:30AM &
SATURDAY 9:00AM



Stations of the Cross

Friday, March 12
Starting at 6:00pm

Presented by:
Catholic Women's
League



Everyone Welcome

SATURDAY MORNING MASS
DURING LENT
8:30 AM



KNIGHTS
OF COLUMBUS
IN SERVICE TO ONE. IN SERVICE TO ALL.

The next general meeting
for the Knights of
Columbus is on Monday,
March 14, at
7:00 pm in the Faith Room

Calling all Pastoral Care volunteers and anyone who is considering this Ministry, to please attend an informative meeting regarding the Senior Care Homes that are now opening for the celebration of the Mass and Communion Services. The Senior Homes include those listed - Meadow Ridge, Meadowlands, Masterpiece, Chinook, Good Samaritan, and Sunnyside. Meeting to be held on Thursday, March 10th at 3:00 in the Faith Room.



KNIGHTS OF COLUMBUS

IN SERVICE TO ONE. IN SERVICE TO ALL.



Holy Family Parish Knights of Columbus Council 9502 would like to make you aware of our **40 Loonies For Lent project**, which I believe is our 6th year of operation.

During Lent we are asked to commit to participate more fully in spiritual discipline of scripture reading, prayer, fasting, abstinence, and almsgiving. We also invite everyone to take part in our Parish Mission by Fr. Julian. Pope Francis has requested we become more empathetic to our hungry and starving brothers and sisters, Jesus as our good Shepherd truly took on the smell of the sheep. It has also been said that in our western world our prosperity has insulated us from the Needy.

This year's theme for our 40 Loonies for **Lent is Leave No Neighbour**. Your donations will go to **Medicine Hat Food Bank** or what is now called the Root Cellar, **Mustard Seed, Saint Vincent De Paul, 5th Avenue and Saint Barnabas Meal Programs**.

It should be noted that Holy Family Parish volunteers serve every Thursday at 5th Avenue and Holy Family also does every 4th and 5th Saturday at St. Barnabas Meal Program. I would personally like to thank the many volunteers who sacrifice their time to assist the people who may be struggling. Our goal this year is \$10000. Simply write "40 LOONIES FOR LENT" and the dollar amount on your weekly parish donation envelope. You may donate your full Lenten gift of \$40.00 one time or contribute an amount of \$7.00 or more each week. If sacrificial giving means you can give more, please do so. For those who are not using weekly envelopes you may make your cheque payable to Holy Family Parish or donate cash in a separate envelope marked with your name, address & "40 LOONIES FOR LENT" and place it in the weekly collection basket or drop it off at the Parish office. Alternatively, you may authorize the parish to process your donation on your credit card and most recently Holy Family Parish has added e-transfer but if using e-transfer please note it is to go to: **40 Loonies For Lent**.

Look for updates on funds collected in the parish bulletin.

We thank you in advance for your generosity, **"what ever you do to the least of my brothers you do unto me."**

Thank you and may the Lord bless you and keep you.





Lenten Parish Mission

Holy Family Parish & St. Patrick's Parish
March 7, 8, & 9, 2022

"In our Lenten journey towards Easter, let us remember the One who 'humbled himself and became obedient unto death, even death on a cross' (Phil 2:8). During this season of conversion, *in our daily struggle to overcome the pandemic*, let us renew our *faith*, draw from the 'living water' of *hope*, and receive with open hearts the *love* of God, who makes us brothers and sisters in Christ." Pope Francis.

Fr. Julian St. Mary's Cathedral, Calgary

ST. PATRICK'S PARISH
MARCH 7,8,9 2022

MASS 8.30 AM FOLLOWED BY TALKS
FOLLOWED BY RECONCILIATION.

THEME:

1. "Forgiving one another, as God in Christ has forgiven you". Eph 4:32
2. "The need to pray always and not to lose heart". Luke 18:1
3. But He said, "Blessed rather are those who hear the word of God and obey it!" Luke 11:28

HOLY FAMILY PARISH
MARCH 7,8,9, 2022

MASS AT 6:00 PM FOLLOWED BY TALKS
RECONCILIATION MONDAY & TUESDAY AT
5:00 PM AND WEDNESDAY AT 4:30 PM
"AND NOW FAITH, HOPE AND LOVE ABIDE",

1 COR 13:13

1. FAITH: "I believe; help my unbelief!" Mark 9:24
 2. HOPE: "that you may abound in hope by the power of the Holy Spirit". Romans 15:13
 3. LOVE: "the greatest of these is love" 1 Cor 13:13
- Exposition of the Blessed Sacrament, prayer and blessing with blessed oil over everyone; final blessing.

PRAYER FOR OUR PARISH MISSION

Almighty Father,
Once again you are at the door and knock.
During our parish mission,
You ask us to open the door of our hearts
to your abundant mercy.
Rouse us! Purify and illumine our hearts!
Enter into every home of our parish.
Recall those far off, raise the fallen,
awaken the indifferent,

Strengthen those who seek to be near you.
May no one refuse your invitation, Lord.
Expand our hearts so that we may be merciful
to others as you are so merciful to us.
O Mary, Mother of Mercy
we entrust to you this time of mission.
May it produce abundant fruits in our Christian
life.
We ask this in the name of Jesus your Son in
union with the Holy Spirit, God for ever and
ever. Amen.



AS WE GATHER

please note the following



CHARITY & KINDNESS

Exercise charity and kindness in respecting the comfort level of people especially during these steps of transition.



MASK NOT REQUIRED

The wearing of masks is no longer required by the Province but people are free to continue the use of facemasks if they choose to.



PHYSICAL DISTANCE

Respect people's personal space and comfort level. It would be prudent to allow some distance between people of different households.



SANITIZE

Observe proper hand hygiene by sanitizing hands at any of the sanitizer stations in the church or by washing hands regularly. Observe respiratory etiquette when coughing or sneezing.



IF YOU HAVE SYMPTOMS

People with COVID symptoms not related to a pre-existing condition should avoid going to the church or being in public.





1st Sunday of Lent - Year C

Sunday, March 6, 2022

LENT: A SEASON TO TALK

On Wednesday we began the liturgical season of Lent, during which the Church invites us to prepare ourselves to celebrate the great feast of Easter and examine ourselves to learn about our shortcomings and failures as we received ashes on our foreheads. This is a special time for recalling the gift of our baptism, when we became children of God. What does it mean to be children of God? The answer to it I would say is to become “Lent”. What does “Lent” mean or to become “Lent”.

I believe “Lent” means:

Lowering ourselves before that Lord from our pride, judgemental attitude, and discriminatory viewpoints of other. The Church invites us to renew the gift she has given us, not to let this gift lie dormant as if it were something from the past or locked away in a “memory chest”. God’s dream makes its home and lives in each one of us so that at every Easter, in every Eucharist we celebrate, we may be the children of God. It is a dream which so many of our brothers and sisters have had through history. A dream witnessed to by the blood of so many martyrs, both from long ago and from now.

Entering the deepest darkness of our lives and examining ourselves to see if we have forgotten our first love for Jesus or become lukewarm in our relationship with him. Lent is a good time to recover the joy and hope that make us feel like beloved sons and daughters of the Father. The Father who waits for us to cast off our garments of exhaustion, of apathy, of mistrust, and clothe us with the dignity which only a true father or mother knows how to give their children, with the garments born of tenderness and love. Our Father, He is the Father of a great family; he is our Father. He knows that he has a unique love, but he does not know how to bear or raise an “only child”. He is the God of the home, of brotherhood, of bread broken and shared. He is the God who is “Our Father”, not “my father” or “your stepfather”.

Nothing should take us away from the Lord neither our doubts rising from our pain and suffering nor the temptations and distraction of the world. As St. Paul says “Who will separate us from the love of Christ? Will hardship, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written, “For your sake we are being killed all day long; we are accounted as sheep to be slaughtered.”

No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord” (Romans 35-39).

Talking with the Lord during this season of Lent is very important because talking will bring us to trust in him and trust will lead us to tear our hearts in repentance for our failures, short comings, and sins. The Prophet Joel beautifully highlights the importance of fasting and our attitude towards God and other people “Yet even now, says the Lord, return to me with all your heart, with fasting, with weeping, and with mourning; rend your hearts and not your clothing. Return to the Lord, your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love, and relents from punishing. Who knows whether he will not turn and relent, and leave a blessing behind him, a grain offering and a drink offering for the Lord, your God? Blow the trumpet in Zion; sanctify a fast; call a solemn assembly; gather the people. Sanctify the congregation; assemble the aged; gather the children, even infants at the breast. Let the bridegroom leave his room, and the bride her canopy. Between the vestibule and the altar let the priests, the ministers of the Lord, weep.

Let them say, “Spare your people, O Lord, and do not make your heritage a mockery, a byword among the nations. Why should it be said among the peoples, ‘Where is their God?’” Then the Lord became jealous for his land and had pity on his people” (2:12-18).

I came across to this funny story, but I felt this has very deep message for us to learn and understand that we have no identity without Jesus and we maybe led by the devil to be his.

There was a large group of people gathered. On one side of the group stood a man, Jesus. On the other side stood another, Satan. Separating them was a fence running through the group. The scene set, both Jesus and Satan began calling to people in the group. One by one, each having made up his or her own mind, went to either Jesus or Satan. This kept going for a time. Soon enough, Jesus had gathered around him a group of people from the larger crowd, as did Satan. One man joined neither group. He climbed the fence that was there and sat on it. Jesus and his people left and disappeared, and so too did Satan and his people. The man on the fence sat alone. As this man sat, Satan came back, looking for something which he appeared to have lost. The man said, "Have you lost something?" Satan looked straight at him and replied, "No, there you are. Come with me." The man said, "But I sat on the fence. I chose neither you nor him." Satan said, "That's okay; I own the fence." Whom do we belong? With whom do we like to talk during this season of Lent?

Moses in the First Reading today along with Israelites is teaching us a lesson to learn to talk to God and Jesus. There are three very important elements for us to understand what Moses is talking about.

First, we must offer the Lord not only our blessings but also our lives and sit before the Lord to talk and acknowledge our sinfulness as King David did (please read Psalm 51). Whenever we accept our weaknesses, the more strength and power we get to overcome the temptations and distractions of the world and Jesus becomes the center of our lives.

Secondly, we must believe in the mercy of God during times of our trials and tribulations and never to complain to God that my problem is too big but let our problems know that our God is greater. Moses is reminding everyone to believe in the mercy, protection and compassion of God who has the power to protect and save us from our temptations and distraction. St. Paul says “No testing has overtaken

you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it" (1 Corinthians 10:13).

Thirdly, we must allow the Lord to work in our lives and walk with him and obey him. Sometimes we are tempted by the secular world to believe that we don't need God and we can do everything by ourselves. However, St. Paul says "we store this treasure in the clay pots so that it may be made clear that it is not our capability but the power of God who has called us to serve him".

The following story will help us to understand the third point that Moses is reminding people to sit and bow before the Lord.

The devil appeared to three monks and said to them: "if I give you power to change something from the past, what would you change?"

The first monk, with great apostolic fervor, replied: "I would prevent you from making Adam and Eve fall into sin so that humanity could not turn away from God."

The second monk, a man full of mercy, said to him: "I would prevent you from God and you will condemn yourself eternally."

The third of them was the simplest and, instead of responding to the tempter, he got on his knees, made the sign of the cross and prayed saying: "Lord, free me from the temptation of what could be and was not."

The devil, giving a raucous cry and shuddering with pain, vanished.

The other two, surprised, said to him: "Brother, why have you responded like this?"

He (3rd monk) replied, "First, we must NEVER dialogue with the devil. Second, NOBODY in the world has the power to change the past. Third, Satan's INTEREST/INTENT was not to prove our virtue, but to trap us in the past, so that we neglect the present, which is the only time God gives us His grace and we can cooperate with Him to fulfill His will."

Of all the demons, the one that catches the most men and women and prevents them from being happy is that of "what could have been and was not."

Lent is a time of conversion, of daily experiencing in our lives to follow the above three points. "Lent is a time for reconsidering our feelings, for letting our eyes be opened to the frequent injustices which stand in direct opposition to the dream and the plan of God. It is a time to unmask three great temptations that wear down and fracture the image which God wanted to form in us: There are three temptations of Christ... three temptations for the Christian, which seek to destroy what we have been called to be; three temptations which try to corrode us and tear us down" as quoted by Pope Francis. On the first Sunday of Lent, we are introduced to the very interesting Gospel reading where devil is shown playing with the human side of Jesus. He tries to trap Jesus in a very clever way however Jesus shows His trust in His Father. In each of the three Synoptic Gospels, after his baptism, Jesus is reported to have spent forty days in the desert, fasting and praying. In Luke and in Matthew, the devil presents three temptations to Jesus. The devil tempts Jesus to use his power to appease his hunger, he offers Jesus all the kingdoms of the world if Jesus will worship him, and he tempts Jesus to put God's promise of protection to the test. In each case, Jesus resists, citing words from Scripture to rebuke the devil's temptation. Through these temptations devil shows his cleverness to play with the Scripture. These three temptations are deeply rooted into our human desires of greed, pride and power.

First, wealth: seizing hold of goods destined for all, and using them only for “my own people”. That is, taking “bread” based on the toil of others, or even at the expense of their very lives. That wealth which tastes of pain, bitterness, and suffering. That is the bread that a corrupt family or society gives its own children. St. James bluntly speaks in his letter and warn the rich to be careful if they don’t care about others.

The second temptation, vanity: the pursuit of prestige based on continuous, relentless exclusion of those who “are not like me”. The futile chasing of those five minutes of fame which do not forgive the “reputation” of others. “Making firewood from a felled tree” gradually gives way to the third temptation, the worst. It is that of pride, or rather, putting oneself on a higher level than one truly is on, feeling that one does not share the life of “mere mortals”, and yet being one who prays every day: “I thank you Lord that you have not made me like those others...”.

The three temptations of Christ, which the Christian are facing daily. Three temptations which seek to disintegrate, destroy, and extinguish the joy and freshness of the Gospel. Three temptations which lock us into a cycle of destruction and sin. It is worth asking ourselves: To what degree are we aware of these temptations in our lives, in our very selves? How much have we become accustomed to a lifestyle where we think that our source and life force lies only in wealth? To what point do we feel that caring about others, our concern and work for bread, for the good name and dignity of others, are wellsprings of happiness and hope?

We have chosen Jesus, not the evil one. If we remember what we heard in the Gospel, Jesus does not reply to the devil with any of his own words, but rather he uses the words of God, the words of scripture. We know what it means to be seduced by money, fame, and power. For this reason, the Church gives us the gift of this Lenten season, invites us to conversion, offering but one certainty: he is waiting for us and wants to heal our hearts of all that tears us down. He is the God who has a name: Mercy. His name is our wealth, his name is what makes us famous, his name is our power, and, in his name, we say once more with the Psalm: “You are my God and in you I trust”. Will you repeat it together? Three times: “You are my God and in you I trust”. “You are my God and in you I trust”.

Let’s talk to him during this season of Lent because he listens.



Photo by Fr. Iqbal

First Sunday of Lent



Visit the [Diocesan Event Calendar](#)

Follow us on Social Media
[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:
[Vatican News](#) | [The Sunday Website](#)
[Sunday Connection](#) | [CCCB Reflection \(new link\)](#)

Daily and Sunday Mass Prayers & Readings: [CCCB Daily Readings](#) (pick the desired date)

Full schedule of Parish Livestream Masses:
<https://www.catholicyy.ca> | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#)

COVID-19 Resources

- [Sacraments & Liturgies](#)
- [Spiritual Resources](#)
- [Sacrament Preparation](#)
- [Online Formation Opportunities](#)

Resources for children

- **Kid's challenge this week:** When we pray the Lord's Prayer, we ask for God's help to resist temptation in our lives. We say, "Lead us not into temptation." Let's pray this prayer together remembering that God gives us everything we really need. (Loyola Press)
 - [Kid's Bulletin for this Sunday](#)
 - [Colouring page this Sunday](#)
- [Sunday Connection - First Sunday of Lent](#) (Gr. 1-8 & family)
- **Children's Sunday Liturgy for 8th Sunday of Ordinary Time**
 - [Children's Liturgy for leaders/parents \(with intercessions and activities\)](#) - by CAFOD | [Illustration](#)
 - [Children's Liturgy of the Word with Miss Heidi](#) (Catholic TV)

How have you experienced
**WALKING
TOGETHER**
AS THE CHURCH?
CATHOLICYC.CA/ **SYNOD**



#ListeningChurch
#PrayTogether

Diocesan Novena of Prayer for the Synod (March 4-12)

All faithful of the Diocese of Calgary are invited to unite in the Diocesan Novena of Prayer for the Synod as we invoke the presence of the Holy Spirit and the Lord's guidance in preparation for the synod encounters that will take place in our parishes and communities.

NOVENA

for the 2021-2023 SYNOD ON SYNODALITY

MARCH 4-12

The Novena will commence on March 4 and finish on March 12. [Download Novena here](#)



Synodal Lenten Retreat with Bishop Emeritus Henry

Lenten Synodal Retreat with Bishop Emeritus Henry on Sunday to Tuesday (March 20, 21 & 22) at 7 pm. Where: St. Joseph's Parish (640 19 Ave NW, Calgary). The retreat will be livestreamed on Facebook Live (@calgarydiocese, @stjosephcalgary) & Youtube. [Download graphic/poster](#)

All are welcome! A three-evening



LENTEN
SYNODAL
RETREAT

Synod
2021
2023

JOURNEYING TOGETHER

WITH BISHOP EMERITUS HENRY



Join us at St. Joseph's Church, Calgary | 640 19 Ave NW, Calgary



March 20 Sunday at 7 pm
Beginning the Journey

March 21 Monday at 7 pm
My Name, Sent in His Name

March 22 Tuesday at 7 pm
Food for the Journey

Also available **LIVE** @stjosephcalgary @calgarydiocese

Emergency Funds for Ukraine

In a video message posted on the morning Russian troops attacked, Tetiana Stawnychy, president of Caritas Ukraine, said "It's hard to believe in the 21st century that we were waking up to the sounds of explosions and of air raid sirens.... We ask for your solidarity, prayers and support."

Donate now: <https://www.catholicyyc.ca/blog/ukraine-emergency-relief>



A poster for emergency funds for Ukraine. It features a small Ukrainian flag in the top left corner. The text "CATHOLICYYC.CA" is in the top right. The main title "EMERGENCY FUNDS *for* UKRAINE" is prominently displayed in the center. Below the title is a blue button with the text "DONATE NOW". To the right of the button, it says "DONATIONS CAN BE MADE THROUGH THESE ORGANIZATIONS". Below this text are two logos: "Development and Peace CARITAS CANADA" and "CNEWA". The background of the poster has a faint, large watermark of a Ukrainian coat of arms.

CATHOLICYYC.CA

EMERGENCY FUNDS *for* UKRAINE

DONATE NOW

DONATIONS CAN BE MADE THROUGH THESE ORGANIZATIONS

 **Development and Peace**
CARITAS CANADA

 CNEWA

<https://www.catholicyyc.ca/blog/ukraine-emergency-relief>

Lenten Resources Welcome what God can do in your life with just a Lenten email subscription, reflections, activities, or an open heart. [Visit our Diocesan Lenten Resources](#)

This Lent, let's put people and planet first



This Lent, Development and Peace – Caritas Canada's *People and Planet First* campaign calls you to support our sisters and brothers in the Global South in defending their rights and the planet. Do this by:

- ***Donating online at devp.org/give or during the Solidarity Sunday collection on April 3, the 5th Sunday of Lent. Your generosity helps support over 85 projects in 27 countries around the world!***
- ***Learning more by reading the [Mini-magazine](#) and other resources available at devp.org/lenten/resources***
- ***Signing the petition for strong laws to control Canadian corporations' behaviour abroad at devp.org/act***

For more information, contact [Carol Hollywood](#).



God Squad Conference with Jeff Cavins

Men of the Diocese: don't miss this. God Squad Canada invites you to join their 25th annual conference. The theme for this virtual conference is "Change on the Rise; Ushering in the New Springtime!" When: March 18 & 19. Where: St. Michael's Catholic Church (800 85 St. SW, Calgary). God Squad is excited to host amazing speakers: Jeff Cavins, Brett Powell and Bishop William McGrattan.

BONUS – Registrants receive as a gift the "Rise A 30 – Day Challenge" course by Chris Stefanick – a \$45 CND value. Visit: godsquad.ca/25th-anniversary-conference-list | [Download Poster](#)

The Kids' Bulletin

First Sunday of Lent
March 6th, 2022



Luke 4:1-13

Jesus spent 40 days in the desert preparing for His work. During Lent we spend 40 days getting ready to celebrate Jesus' death and resurrection.

*Can you find your way into the desert
to be with Jesus?*

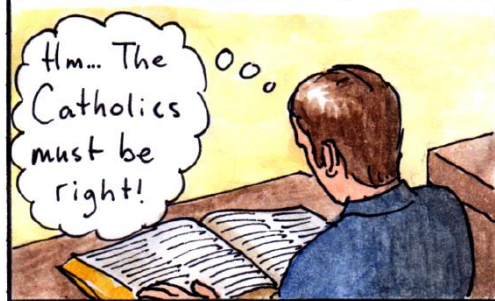
Saint John Ogilvie

March 10

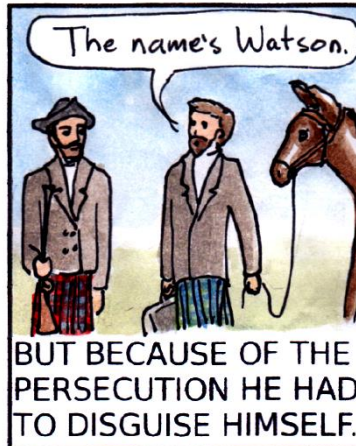
JOHN OGILVIE WAS BORN IN SCOTLAND IN 1579. HIS FATHER RAISED HIM AS A CALVINIST. (CALVINISTS DON'T BELIEVE IN THE CATHOLIC CHURCH.)



JOHN WENT TO SCHOOL IN EUROPE. THERE HE LEARNED ABOUT THE CHURCH AND BECAME CATHOLIC AT AGE 17.



HE BECAME A JESUIT PRIEST AND WAS SENT BACK TO SCOTLAND.



HE HELPED THE HIDDEN CATHOLICS, BUT WAS FOUND BY A SPY.



JOHN WAS TORTURED BUT WOULDN'T GIVE AWAY THE NAMES OF THE OTHER CATHOLICS.



FATHER JOHN WAS PUT ON TRIAL THREE TIMES AND ACCUSED OF BEING DISLOYAL TO THE KING. HE WAS CONDEMNED AS A TRAITOR AND KILLED.

SAINT JOHN OGILVIE SPENT MUCH OF HIS LIFE STUDYING TO LEARN THE TRUTH ABOUT GOD. ONCE HE KNEW WHAT WAS RIGHT HE KNEW HE HAD TO SHARE IT WITH OTHERS, SO HE BECAME A MISSIONARY IN HIS OWN COUNTRY. CAN YOU BE DARING ENOUGH TO TELL THE TRUTH NO MATTER WHAT?

Jesus Was Tempted by the Devil: True or False?

How well do you know the story from today's Gospel reading?

1. Jesus went to the desert and didn't eat anything for 40 days. True or False?
2. Jesus was never tempted by the devil. True or False?
3. Jesus wasn't hungry, even after 40 days with no food. True or False?
4. The devil said that all the kingdoms of the world belonged to him. True or False?
5. Jesus said that He would only worship the devil if he gave Him all the power first. True or False?
6. Jesus wouldn't throw Himself off the Temple because He said it was "putting God to the test." True or False?
7. The devil kept bothering Jesus, even when he ran out of things to tempt him about. True or False?



Lent:

Getting ready for Jesus' death and resurrection

Lent is the special time when we prepare for the celebration of Jesus' passion, death and resurrection. We get our souls ready by doing prayer, fasting, and almsgiving.

Prayer is talking with God. We need to talk with God even more than we need to talk to our family and friends. Lent is a good time to get into a habit of talking with God every day.



Fasting is eating less than you normally would. It's a good idea to give up a little something you like for Lent. Giving things up helps us remember we need God, not just food.

Almsgiving means giving to those who are in need. It helps us to be generous like God. Maybe you have a bit of money you can give to the poor or to the Church.



Answers to True or False: 1. true. 2. false.
3. false. 4. true. 5. false. 6. true. 7. false.

The Hat Grannies for Africa present their annual
Fabric, Yarn & More Sale

St. John's Presbyterian Church
504 – 2nd Street SE, Medicine Hat
Saturday, March 12, 2022
9:00 am to 2:00 pm

**All proceeds to Grandmothers to
Grandmothers Campaign**

**Call Kathy at 403-928-2135
or Joanie at 403-526-9005
for further information.**

find us on Facebook @ Hat Grannies

All AHS COVID protocols
will be followed: mask-
ing, QR codes, distancing
and capacity limits. You
may be required to wait
outside during busy
times.

Admission: \$1.00

**CASH SALES
ONLY**

grandmothers to
grandmothers
campaign

Retreat Centers in Southern Alberta

AN "OASIS" IN THE HEART OF CALGARY

FCJ Retreat & Conference Centre is seen by many as a spiritual home where God feels very present both in the building and the surrounding landscape, and every year welcomes thousands of visitors to a unique experience of warm hospitality and deep spirituality.

Our hope is that those who come to the FCJ Centre will encounter God, whether in prayer, in the Word, in the silence and the beauty; and that this encounter will touch many other lives too.



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Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity

retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

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Martha Retreat Centre, situated on the edge of the beautiful Lethbridge coulees, is a ministry of the Martha Retreat Centre Society, which was established in 2018. Originally founded by the Congregation of the Sisters of St. Martha of Antigonish, Nova Scotia in 1968, the Centre continues to be supported by and aligned with the mission of the Sisters of St. Martha: inspired by God's graciousness, we strive to hear, embrace and respond to the cry for gospel hospitality.

