



Welcome to HOLY FAMILY PARISH

MAY 16 – THE ASCENSION OF THE LORD

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Facebook: Medicine Hat Holy Family Parish

Reconciliation: By Appointment Only 403-527-6933 ext. 101

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm - Closed on Holidays.

Reconciliation is by appointment only Tuesday to Friday 9:30am – 4:00pm. Call the office to book a time with Fr. Iqbal or Fr. Rodel



**ADORATION IS IN THE
HOPE ROOM
MONDAY TO FRIDAY
9:30am to 4:00pm**

MASSES

MONDAY to FRIDAY at 9:00AM Administration doors,

SATURDAY at 5:00PM Main Front Doors &

SUNDAY at 8:30AM, 10:30AM & 6:00PM Main Front Doors

MAKE SURE TO COME EARLY TO BE SCREENED & WEAR YOUR MASKS

DOORS WILL BE LOCKED WHEN MASS STARTS



Catholic Women's League

Marjorie Bowlby

403-527-2739

Knights of Columbus

Ron Pisoni - 403-526-1848



We do have masks available if needed! Please dispose of them in a responsible manner.

FORMED.org

THE CATHOLIC FAITH.
ON DEMAND.

LOG IN WWW.FORMED.ORG

- Go to Formed.org
- Enter our PARISH CODE: **GPQWK7**
- Create a personal account with your personal username/email and password.
- Start enjoying the best Catholic content all in one place!

IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!

Attending Masses...

MAKE SURE TO COME EARLY TO BE SCREENED

THE DOORS WILL NOW BE LOCKED WHEN MASS STARTS TO
ENSURE YOUR SAFETY FROM PEOPLE ENTERING THAT HAVE
NOT BEEN SCREENED.

MASKS... IT IS MANDATORY TO WEAR A MASK AT
ALL TIMES NOW IN THE CHURCH.



Sunday
10:30am Mass
Medicine Hat
Holy Family
Church Live
Stream

https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q

You Tube

Priest Online
Retreats
May 17-21,
2021
During that
week the
9:00am Mass
will move to
12:00pm

TEMPORARY MASS TIMES

WEEKDAYS MONDAY – FRIDAY

8:00AM & 12:00PM (May 17-21 only)

(LIMIT OF 15 PEOPLE EACH MASS)

ADORATION 9:30AM TO 4:00PM

(LIMIT OF 5 PEOPLE)

SATURDAY

8:00AM, 5:00PM & 6:30PM

(LIMIT OF 15 PEOPLE EACH MASS)

SUNDAY

7:30AM, 8:30AM, 10:30AM, 12:30PM, 4:00PM & 6:00PM

(LIMIT OF 15 PEOPLE EACH MASS)

ALL MASSES AND ADORATION ARE

FIRST COME FIRST SERVE

DOORS OPEN ½ HOUR BEFORE MASS

ALL GROUP MEETINGS CANCELLED

No
Rosary
before
Masses



” Then the people rejoiced because these had given willingly, for with single mind they had offered freely to the Lord
1 CHRONICLES 29:9

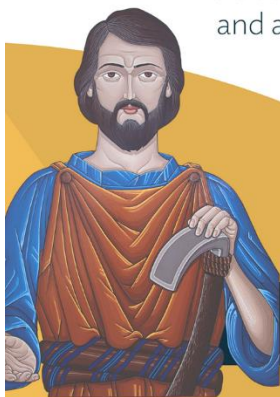
1.4 MILLION of the Diocesan goal will financially support the approved diocesan ministries, partner organizations, and agencies. See list at catholicyyc.ca/tia

OUR PARISH GOAL

\$ 49,657

Everything raised **OVER** our parish goal will go to support*:

Mustard Seed
Medicine Hat Food Bank
& Society of St. Vincent de Paul



2021
THE YEAR of
ST. JOSEPH

CATHOLICYC.CA/TIA

TO DATE \$ 14,518= 29% OF THE WAY

OPERATING FINANCES

April 1-31, 2021

Operating Budget 2021	\$ 55,019
General Envelope Collection	\$ 45,501
Loose Collections	\$ 833
Future Development	\$ 2,885
Sale of Church Supplies & Other	\$ 8,559
Other Ministries	\$ 445
Budget Vs Actual	\$ 3,204

SPECIAL COLLECTIONS

Together in Action (TIA)	\$ 3,516
St Vincent de Paul	\$ 3,786
Clergy Retirement	\$ 25
Seminarian Fund	\$ 20
Mission Mexico	\$ 0
CARO	\$ 90

*Thank You for your
Generous Contributions*

† Masses Intentions May 15th – 21st †

Saturday, May 15

5:00pm – Gerry Nadeau †

Sunday, May 16

8:30 am – James Pudwell †

10:30am – Robert & Dolores
Hellman & Family

6:00pm – Holy Family Parish

Monday, May 17

9:00am George Kosolofski †

Tuesday, May 18

9:00am – Kosolofski Deceased
Relatives †

Wednesday, May 19

9:00am – Michael & Corinna
Krooshoop & Kids

Thursday, May 20

9:00am – Joe & Maria Cruz Family
Friday, May 21

9:00am – Neil Tumbach †

Holy Family Parish Quarterly Financial Report

January 1st to March 31st, 2021

We have now been dealing with the pandemic for over a year and we understand that things have been very challenging for our families, our businesses, our churches, and our Diocese. Our church attendance has been reduced due to the current circumstances and our programs have moved on-line or been eliminated. We are grateful for the current technology that allows us to offer Sunday Mass to our parishioners. We are also very grateful for the continued generous financial support to our parish and for the generous offers of time and talent from all our volunteers, and to everyone who continues to pray for all of us.

During the first three months of this year, we have received \$142,600 in donation from envelopes, preauthorized transfers, credit cards, and cash, very close to budget. In addition, we received \$10,000 from a bequest, \$19,500 in government subsidies (Canadian Emergency Wage Supplement – 2020), and \$10,700 in other donations from sale of church supplies, stole fees, etc. Our total income was \$182,000.

In addition to these donations, we received \$13,000 for special collections such as Knight's of Columbus, Loonies for Lent.

Our expenses for salaries, administration, music, maintenance, and utilities, etc. totalled \$91,600. Diocesan Support was \$23,900. Our expenses were under budget. Our net income for the period was \$67,000 over budget due to the bequest and government subsidies and due to keeping our expenses at a minimum. The repairs of the heating and cooling system in the administration area are almost complete.

In addition to automated sources of payment such as Pre-authorized payments, credit card charges, and donations to Holy Family Parish directed through the Calgary Diocesan Website, we now have another option available – use of E-Transfer – using the email address: **accounting@holyfamilymh.ca**.

Even with the difficulties of the current pandemic situation, we have much to be thankful for. We have caring clergy who continue to minister to the needs of the parish. Our office staff and custodian have been working diligently to keep things running smoothly.

We are also very thankful for your generous financial support at this difficult time, and we ask for your continued support.

God Bless! Karen Melle, Chair, Finance Committee.

You Asked for it... so now here it is...
E-Transfer Donations **accounting@holyfamilymh.ca**

The Ascension of the Lord - Sunday, May 16, 2021

1st Reading: Acts 1.1-11

As the disciples were watching, Jesus was lifted up.

Responsorial Psalm: 47.1-2,5-6,7-8 (*R. 5a*)

R. God has gone up with a shout, the Lord with the sound of a trumpet.

2nd Reading: Ephesians 1.17-23

God seated Jesus at his right hand in heaven.

Gospel: John Mark 16.15-20

The Lord Jesus was taken up into heaven and sits at the right hand of God.

GO. PROCLAIM.

Jesus going to heaven did not give the disciples permission to go home, put up their feet, and dream about the good old days. Jesus said: Go everywhere! Proclaim the gospel! I will work with you.

† Where will I go to do mercy work?

† What good news of Jesus making a difference in the world can I speak?

† How will I trust in Jesus that I am not alone by these words and works _____?



MEDICINE HAT CATHOLIC SCHOOLS'
EDUCATION FOUNDATION

50/50 RAFFLE

FRIDAY, JUNE 11, 2021

- Minimum \$2,000 prize
- 1 entry for \$10
- 4 entries for \$20
- 20 entries for \$50
- 100 entries for \$100
- Enter before June 9

[rafflebox.ca/raffle/MHCSEF](https://www2.rafflebox.ca/raffle/mhcsef)

[Medicine Hat Catholic Board of Education](#)

[“People in Medicine Hat are very generous; they’ve certainly supported us in the past and they’ve always come through. So, we are hoping for their support again,”](#)

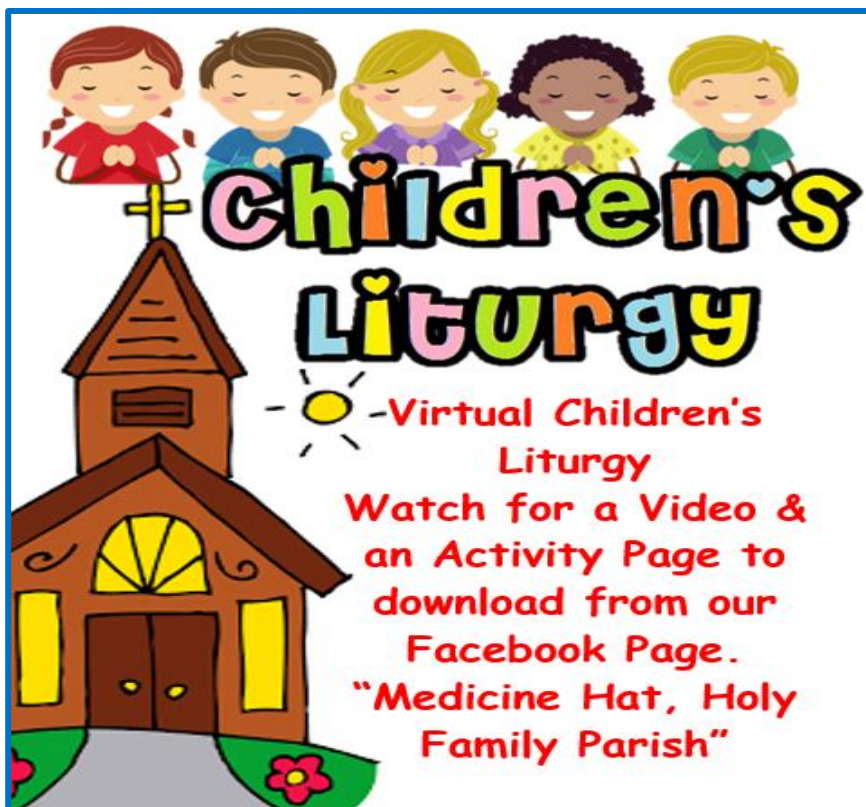
[- Rob Stroh, Education Foundation Chair](#)

Full news article:

<https://medicinehatnews.com/.../catholic-schools.../>

Link to online 50/50 raffle:

<https://www2.rafflebox.ca/raffle/mhcsef>



May Knight of the Month Kent Friedt

Kent Friedt has been a Knights of Columbus member for 42 years, joining the Knights at the ripe old age of 20. He has served as Knights of Columbus trustee for several years, has been on the disbursement committee, and has held the position of Membership Director.

Kent is also our current Facility Manager at Holy Family Parish. Kent is a talented musician and shares these talents as part of Holy Family Music ministry.

Kent and his wife Cheryl are also very involved in the community. They are part of Saturday Feed the Needy at St Barnabas, members of Camp McCoy Association, and have been very faithful members of our parish and our former St Mary's Parish for many years.

To deal with covid restrictions Kent was laid off for good portion of last year, but despite his lay off he still came in on his own time and helped the parish deal with various situations. The parish thanks Kent for his dedication to our parish, and diligent work to keep us safe and keeping us warm in the winter and cool in the summer and trying to make everyone happy.

On behalf of the Knights of Columbus we congratulate Kent Friedt as our May Knight of the Month.

The Knights of Columbus
State/Canada wide virtual
novena for life is online.

It is available to everyone to
join in. The platform has
capacity for 5000 attendees.

You are encouraged to
participate by following this link
which allows anyone to register
for access to participate:

[http://register.gotowebinar.co
m/register/59587190189402465](http://register.gotowebinar.com/register/59587190189402465)

40



Open your home and your heart to an international student this fall.

MHCBE's International Education Program is now accepting new homestay families for the 2021-2022 school year! We have a wide range of nationalities joining our program for 5-10 month stays.

Contact our International Education office to learn more! 403-527-2292 ext. 1028 <https://tinyurl.com/xdm3nubd>



Open your *home* and your *heart*
to an International Student

403-527-2292 | www.international.mhcbe.ab.ca | @MHCBEinternational



Feast of Ascension of Our Lord Year B - Sunday, May 16, 2021

LET OUR HEARTS ASCEND

St. Augustine says “Today our Lord Jesus Christ ascended into heaven; let our hearts ascend with him. Listen to the words of the Apostle: *If you have risen with Christ, set your hearts on the things that are above where Christ is, seated at the right hand of God; seek the things that are above, not the things that are on earth.* For just as he remained with us even after his ascension, so we too are already in heaven with him, even though what is promised us has not yet been fulfilled in our bodies”. Christ is now exalted above the heavens, but he still suffers on earth all the pain that we, the members of his body, must bear. He showed this when he cried out from above: Saul, Saul, why do you persecute me? and when he said: I was hungry, and you gave me food.

Why do we on earth not strive to find rest with him in heaven even now, through the faith, hope and love that unites us to him? While in heaven he is also with us; and we while on earth are with him. He is here with us by his divinity, his power, and his love. We cannot be in heaven, as he is on earth, by divinity, but in him, we can be there by love.

He did not leave heaven when he came down to us; nor did he withdraw from us when he went up again into heaven. The fact that he was in heaven even while he was on earth is borne out by his own statement: No one has ever ascended into heaven except the one who descended from heaven, the Son of Man, who is in heaven.

These words are explained by our oneness with Christ, for he is our head, and we are his body. No one ascended into heaven except Christ because we also are Christ: he is the Son of Man by his union with us, and we by our union with him are the sons of God. So, the Apostle says: Just as the human body, which has many members, is a unity, because all the different members make one body, so is it also with Christ. He too has many members, but one body.

Out of compassion for us he descended from heaven, and although he ascended alone, we also ascend, because we are in him by grace. Thus, only Christ descended and only Christ ascended; not because there is no distinction between the head and the body, but because the body as a unity cannot be separated from the head.

In the Creed we say that Jesus “ascended into heaven and is seated at the right hand of the Father”. Jesus’ earthly life culminated with the Ascension, when he passed from this world to the Father and was raised to sit on his right. What does this event mean? How does it affect our life? Why do our hearts need to ascend with him? An unknown author wrote a very interesting story (“Letter from God”):

“As you got up, I watched and hoped you would talk to me. Just a few words, such as thanking me for something good in your life yesterday or last week would do.

But I noticed you were busy selecting the right clothes for work. I waited again to hear from you. When you ran around the house collecting papers, I knew there would be a few minutes to stop and say hello, but you never slowed down.

I wanted to tell you that I could help you accomplish more than you ever dreamed possible if you would just spend some of each day with me. At one point, you waited fifteen minutes in a chair with nothing to do. I waited to hear from you.

Then I saw you spring to your feet; I thought you wanted to talk to me, but you ran to the phone and called a friend. I watched as off to work you went and patiently waited all day long to hear from you. With all your activities you were too busy to talk with me.

I noticed at lunch you looked around; maybe you just felt embarrassed to talk to me. You glanced three tables over and noticed some of your friends talking to me before they ate, but you didn't.

There was still more time left, and I hoped that we would talk. You went home and had many things to do. After they were done, you turned on the TV; just about

anything goes there and you spend many hours watching. I waited as you continued watching TV and ate your meal but again you didn't talk to me.

At bedtime you were totally tired. After you said good night to your family you plopped into bed and fell asleep. I had so much wanted to be part of your day. We could have had so much fun and accomplished so much together.

I love you so much that I wait every day for a thought, prayer or thanks. Well, maybe tomorrow! I'll be waiting.

Your Friend, God.

Pope Francis said, "it is a day in which we direct our gaze to heaven, then back to our mission on earth". In fact, that is the place where our hearts ascend to him. Though this day must be very sad day for the disciples to see their brother, friend, teacher, master, and Rabbi is leaving them physically for good which we feel the same on the passing of our dear and near ones. However, on the other hand their hearts are ascending with the Lord to be joyful that they are not alone, but the Lord is with them to end of the age.

In the scripture today we come to know about the instructions given by Jesus before he departed from earth to his Father to be seated on the right hand of him. In the words of Holy Father "This feast contains two elements,' the Holy Father explains, "On one hand, it directs our look to Heaven, where Jesus, glorified, is seated at the right hand of God (Mark 16:19). On the other, it recalls the beginning of the Church's mission: why? Because Jesus risen and ascended into Heaven sends His disciples to spread the Gospel throughout the world; therefore, the Ascension exhorts us to raise our gaze to Heaven, to then turn it back immediately to earth, carrying out the tasks that the Risen Lord has entrusted to us." The legacy we have is not human but divine because Jesus has given us a mission which has twofold action orientated: First to baptize everyone in the name of Holy Trinity and secondly to be witnesses to the end of the world. Holy Father continues to explain "The mission entrusted by Jesus to the Apostles has been carried out through the centuries, and it continues still today: it requires the collaboration of us all, each one, in fact, by dint of the Baptism he/she received, is qualified on his/her part to proclaim the Gospel. It is in fact Baptism that qualifies us and drives us to be missionaries, to proclaim the Gospel. As at the beginning the Risen Christ sent His Apostles with the strength of the Holy Spirit, so today He sends all of us, with the same strength, to put concrete

and visible signs of hope; because Jesus gives us hope; He has gone to Heaven and has opened the doors of Heaven and the hope that we will arrive there.”

As days are being extended towards the lockdown, all over the world, the stress and frustration of people is also growing stronger and stronger everyday. There are lot of information and misinformation out there on the media. People are becoming confused with what to believe and what to reject. The hearts of people are sinking into the deepest darkness of doubts and uncertainties. Everyone is questioning “why do we on earth find rest and peace? However, if you trust in the Lord, our hearts will ascend to him who won victory death and gain for us the crown of eternal glory. Someone wrote a very interesting testimony about how God helps in our journey of faith.

“This is my true-life story. It starts with me being down on my luck in Los Angeles and ending up homeless for 3 1/2 years sleeping in alleyways, the subways, homeless shelters, in abandon buildings, and just on the sidewalks of Los Angeles. One frigid night I was trying to sleep in between some office buildings in the city of Toluca Lake, but because I had not eaten in three days, I could not get to sleep. I was suffering so much, and I was so hungry that I said to myself that if I did not get any food today, I was going to kill myself.

I got up around 6 am and hid my sleeping bag in the bushes, it was a very foggy day. I remember thinking to myself that if I could just get \$3.45, it would allow me to go over to the red building breakfast place on Riverside Boulevard and get breakfast. But where and how could I get the money. \$3.45 at that time in my life was like trying to get \$1,000.

I started walking down the alley in the thick fog, and out of nowhere and an older man with a cane came walking toward me, stopped, and said hello. I spoke back to him, he then turned towards the direction he just came from and tells me that there is some money by the tree back there by the red bricks on the left side of the alley. He then tells me that he cannot get the money because he can't bend down due to his bad back.

I was so excited that I started walking past him, about five or six steps I remembered that I did not say thank you, but when I turned back to say thanks, he was gone. I tried my best to find him by going up and down the alley, but he had just vanished.

He was walking more slowly than an old Turtle with that cane, so how could he disappear like that.

I went to the location that he told me about and found the tree in someone's front yard. I walked over to the tree and looked and looked and nothing was there, so I gave up and walked across the street, but a little voice in my head told me to go back to the tree and try again. So, I turned around and went back to the tree and got on both knees. On the ground spread all around the tree were those red woodchips that people put down, but I saw no money. That was it, and I had made up my mind, today was the day that I was going to kill myself.

Weak, tired, cold, and still sleepy, I got up and made my way across the street again. But again, that small voice spoke to me and said, go back and try one more time, so I turned in the middle of the street and went back for one last try. As I made my way back to the tree, I had a quick vision of myself jumping off an office building somewhere or jumping off the freeway overpass in Burbank.

When I got to the tree again, I got down on both knees and looked, but saw nothing. But just then that small voice said to me, why do you not take your hands and move some of the red woodchips out of the way, and so I did, and to my great surprise, there were some coins. After quickly grabbing up the coins and heading across the street to count it, to my happiness, the total amount was \$3.45. Just enough for my first meal in three days and to save my life!

He saves our lives while in heaven, he is also with us; and we while on earth are with him. He is here with us by his divinity, his power, and his love. We cannot be in heaven, as he is on earth, by divinity, but in him, we can be there by love. He did not leave heaven when he came down to us; nor did he withdraw from us when he went up again into heaven. The fact that he was in heaven even while he was on earth is borne out by his own statement: No one has ever ascended into heaven except the one who descended from heaven, the Son of Man, who is in heaven. These words are explained by our oneness with Christ, for he is our head, and we are his body. No one ascended into heaven except Christ because we also are Christ: he is the Son of Man by his union with us, and we by our union with him are the sons of God. So, the Apostle says: Just as the human body, which has many members, is a unity, because all the different members make one body, so is it also with Christ. He too has many members, but one body”.

Holy Father reflecting on the Feast of the Ascension said "Out of compassion for us he descended from heaven, and although he ascended alone, we also ascend, because we are in him by grace. Thus, only Christ descended and no one but Christ ascended; not because there is no distinction between the head and the body, but because the body as a unity cannot be separated from the head". St. Paul reminds us with these words "who can separate us from the Love of Jesus". No one can because Jesus is our legacy and love.

Our hearts ascend because God waits for us to come back to him and find him and only through his Son, we can go him who is ascended into heaven today and interceding for us. Stacey Randall wrote a beautiful tribute for the victims of 9/11 reminding everyone not to loose heart but trust in him: "You say you will never forget where you were when you heard the news on September 11, 2001? Neither will I.

I was on the 110th floor in a smoke-filled room with a man who called his wife to say "Goodbye." I held his fingers steady as he dialed. I gave him the peace to say, "Honey, I am not going to make it, but it is okay...I am ready to go."

I was with his wife when he called as she fed breakfast to their children. I held her up as she tried to understand his words and as she realized he was not coming home that night.

I was in the stairwell of the 23rd floor when a woman cried out to Me for help. "I have been knocking on the door of your heart for 50 years!" I said. "Of course, I will show you the way home - only believe in Me now."

I was at the base of the building with the priest ministering to the injured and devastated souls. I took him home to tend to his flock in Heaven. He heard my voice and answered.

I was on all four of those planes, in every seat, with every prayer. I was with the crew as they were overtaken. I was in the very hearts of the believers there, comforting and assuring them that their faith has saved them.

I was in Texas, Kansas, London. I was standing next to you when you heard the terrible news. Did you sense Me?

I want you to know that I saw every face. I knew every name - though not all know Me. Some met Me for the first time on the 86th floor.

Some sought Me with their last breath.

Some couldn't hear Me calling to them through the smoke and flames; "Come to Me...this way...take my hand." Some chose, for the final time, to ignore Me. But, I was there.

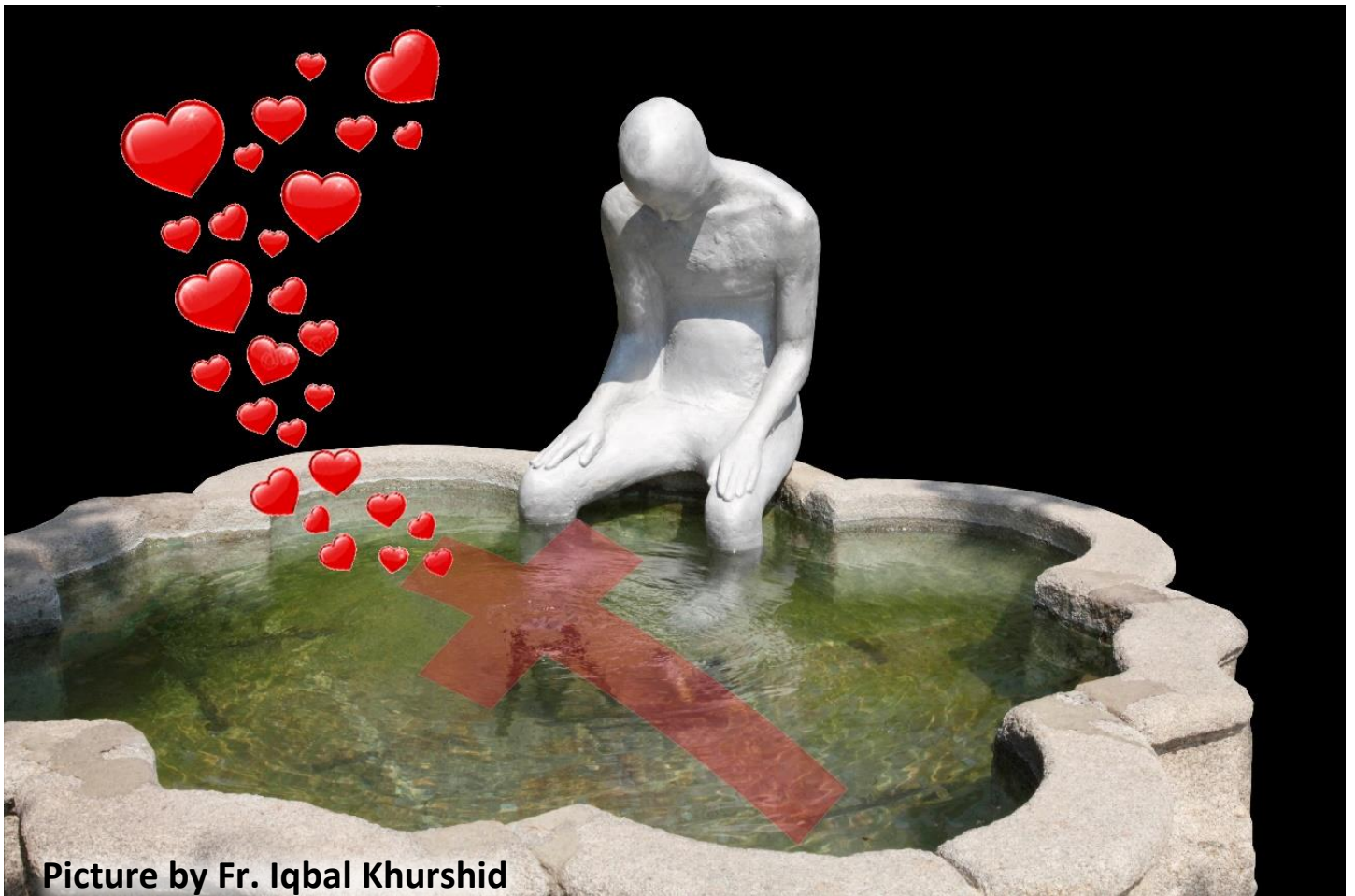
I did not place you in the Tower that day. You may not know why, but I do. However, if you were there in that explosive moment in time, would you have reached for Me?

September 11, 2001 was not the end of the journey for you. But someday your journey will end. And I will be there for you as well. Seek Me now while I may be found. Then, at any moment, you know you are "ready to go."

I will be in the stairwell of your final moments.

God

Do our hearts ascend to him who has promised that he will never leave us alone till the end of the age?



Picture by Fr. Iqbal Khurshid

FOR SALE
\$220,000

125a - 3rd Street NE – the former St. Patrick's Rectory



Style: Bungalow
Year Built: 46

Total Bedrooms: 3
Total Bathrooms: Full/ Half
Total Floor Area: 1088 SqFt

EXCELLENT BUNGALOW NEXT TO ST. PATRICKS CHURCH. THE MAIN FLOOR HAS THREE BEDROOMS AND AN EXCELLENT OPEN FLOOR PLAN WHICH HAS BEEN UPDATED WITH NEWER FLOORING, PAINT, BATHROOM, PAINTED OAK KITCHEN CABINETS, NEWER FRIDGE AND STOVE. THE LOWER LEVEL IS OPEN AND MOSTLY UNDEVELOPED. THERE IS A FREE STANDING FIREPLACE A LAUNDRY AREA & STORAGE. THERE IS A LARGE SINGLE DETACHED GARAGE WITH A HUGE FRONT DRIVE PARKING PAD. THE HOME HAS A SOUTH FACING BACK YARD.

Priced to sell at \$220,000

If you are interested, please call the Parish Office
at (403) 526-2265. The office is open
Monday to Friday 8:30am to 4pm

Assumption Prayer Group in Lethbridge is presenting...

a series as part of their Thursday DIALOGUE on **Gifts of the Holy Spirit**

May 13th – Introduction to Pentecost/ prayer for Baptism of the Spirit

May 20th – Gift of Tongues **May 27th** – Gift of Prophecy

June 3rd – community prayer **June 10th** - Gift of Knowledge and Wisdom

Each session will have a talk with a workshop to follow.

Call Jackie Erskine for more info and zoom link (403)399-6063.

LIVESTREAM

Full schedule of Parish Livestream Masses in the Diocese of Calgary is available at:

<https://www.catholiccy.ca>.

You can also watch parish Sunday Masses via TELUS Optik TV Ch. 876 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#).

EMAIL SCAMS

Several reports of email scams have been brought to our attention. The emails have been written in a compelling way that the email addresses of the senders were not visually verified, and responses were sent. Perhaps this is a reminder that when someone you know asks you to email them back and sounding desperate to perhaps check the sender's email address. The scammers have become more intelligent in acquiring the tone of how we write as clergy.

Sunday 10:30am Mass

**Medicine Hat Holy Family
Church Live Stream**

https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q



FORMED.org

THE CATHOLIC FAITH.
ON DEMAND.

LOG IN WWW.FORMED.ORG

- Go to Formed.org
- Enter our PARISH CODE: **GPQWK7**

Create a personal account with your personal username/email and password.

- Start enjoying the best Catholic content all in one place!

IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!



Do you know a young person trying to find the next right step in their life? Have they considered taking a year of their life to give back to the Lord and share the Good News with the youth of Canada?



NET Canada is hosting information sessions on **Tuesday, May 18th 6:30-7:30pm EST (3:30 PST)** and **Thursday, May 27th, 8:00-9:00pm EST (5:00 PST)**. This is a chance for anyone 18-30 to learn more about what it means to be a NET missionary and find out if they would be interested in applying!

Share this opportunity with someone who has a strong personal faith that would make a great missionary and help us find the next generation of missionaries!

[Register Here](#)

Information sessions are a place young people can ask questions and gain insight on what the steps are to becoming a NET missionary. A mission year with NET is not for everyone, but it might be for you or someone you know!

Invite someone to get a snapshot of what a year on NET could look like. Send them [this link](#) to register!

Blessings,
NET Canada

The Ascension of the Lord – Year B - Sunday, May 16, 2021



Go into all the world
and proclaim the
good news to the
whole creation

MARK 16:15



COVID Emergency Fund - India



Development and Peace - Caritas Canada is asking for our help. Give generously for countries devastated by the pandemic. Currently donation is accepted to help with the COVID emergency in India.

- To donate, use this link:
<https://www.devp.org/en/civcrm/contribute/transact?reset=1&id=3&gl=24300> or catholiccyyc.ca/give
- [Read about the COVID situation in India](#)

COVID-19 Resources

- [Sacraments & Liturgies](#)
- [Spiritual Resources](#)
- [Sacrament Preparation](#)
(First Reconciliation, First Communion, Confirmation)
- [Online Formation Opportunity](#)

Visit the [Diocesan Event Calendar](#)

Follow us on Social Media
[Facebook](#) | [Instagram](#) | [Twitter](#)

Weekly reflections can be found here:
[Vatican News](#) | [The Sunday Website](#)
[Sunday Connection](#) | [CCCB Reflection \(new link\)](#)

Daily and Sunday Mass Prayers & Readings:
[CCCB Daily Readings](#)
(pick the desired date)

Full schedule of Parish Livestream Masses:
<https://www.catholiccyyc.ca> | TELUS Optik TV Ch. 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#)

May Edition of *Faithfully*

The May edition of Faithfully will be released on Thursday, May 6, 2021.

- [Read May Faithfully](#)
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SUN
MAY 30
7 PM

MON
MAY 31
9 AM

LIVE 

STREAMING

from **The Shrine Church
of Our Lady of the
Rockies, Canmore**

*Commit to pray with the
Seminarians by signing up here*
**CATHOLICYC.CA/
VOCATIONS**

**WATCH
WITH ME**

**AN ALL-NIGHT VIGIL WITH
THE CALGARY SEMINARIANS**

*Could you not
watch with me
one hour?*
MATT 26:40

All-night vigil with the Seminarians

Will you watch with your seminarians for one hour? Join Calgary Seminarians in prayer and support them financially as they commemorate the dedication of the Shrine Church of Our Lady of the Rockies. From 7 pm on May 30 till 9 am on May 31, seminarians will be holding an all-night vigil at the Shrine Church in Canmore. They welcome all to join them for one hour during the vigil through livestream participation. Each hour will begin with a reflection on a mystery of the rosary, followed by a decade of the rosary. Also, please consider donating to the Seminarian Fund. All proceeds go towards seminarian formation. Commit to pray one hour with the seminarians by signing up here catholiccyc.ca/vocations | Event will be livestreamed at catholiccyc.ca/vocations

Bishop's Message - May 2021



It is important to acknowledge the human and social issues impacting women in our society, mothers and families during this pandemic. This month, Bishop McGrattan speaks of domestic violence and its impact upon women and mothers, and ways to respond in the true spirit of Christian renewal. [Read his message here.](#)

Elizabeth House

Thank you for supporting Elizabeth house, a safe and loving home for pregnant and parenting women who are experiencing difficult challenges and provided them with the best start for a new life, building a better future for them and their children. With your help, donation received through the #Birdies4Kids fundraising presented by AltaLink has reached \$79,053! Elizabeth House is very grateful for your help - and they hope you can help them with your continued support! Their hope is to raise \$225,000. Donations gifted to Elizabeth House through

#Birdies4Kids are matched up to 50% until August 15, 2021! To donate please visit <https://shawcharityclassic.com/participating-charities/elizabeth-house/>



Webinars for Temporary Foreign Workers

Below is a list of webinars for Temporary Foreign Workers. Please contact contact Myla at Calgary Catholic Immigration Society (CCIS) - 403-470-9132 or email rignacio@ccisab.ca for more information or to register.

- May 18, 2021, Tuesday, 5:30 PM to 7:30 PM: **New Pathways to Permanent Residence (Updates on the 6 new programs)** by IRCC/ Alberta Labour and

Immigration

- May 26, 2021- Wednesday, 5:30 PM to 7:00 PM: **Open Work Permit for Vulnerable Workers** by Immigration, Refugees and Citizenship Canada
- June 2, 2021, Wednesday, 5:30 PM to 7:30 PM: **CELPIP Webinar**
- June 16, 2021, Wednesday, 5:00 PM to 7:00 PM: **Emotional Wellness (English)** by Alberta Health Services
- June 22, 2021, Tuesday, 5:00 PM to 7:00 PM: **Emotional Wellness (Spanish)** by Alberta Health Services

Holy Father's May 2021 Prayer Marathon

Pope Francis has invited Catholics and [30 Marian Shrines](#) around the world to dedicate the month of May to a marathon of praying the Holy Rosary for an end to the Covid-19 pandemic and the resumption of social and work activities. Each day of the month is also characterized by a prayer intention for the various categories of people most affected by the flight of pandemic. [Vatican news channels](#) will broadcast the Rosary each day at 10 AM MST.

- [Announcement](#)
- [List of 30 Marian Shrines](#)
- [Liturgical Guide](#)
- [Download graphic](#)

Widening the Circle - FCJ Bicentennial

A message from the Faithful Companions of Jesus Sisters:

Join us virtually, at the FCJ Christian Life Centre in Calgary, in the global tribute of the 200th anniversary of the founding of the Society of the Sisters, Faithful Companions of Jesus (FCJ). Let's honour the service and contributions of FCJ Sisters to the city of Calgary and Southern Alberta since 1885. You will be delighted with the engaging entertainment, testimonials, prizes and fundraising activities. [Details here](#) When: **May 16, 2021 at 3 pm to 5 pm** - Livestream link: [fcjcentre.ca/bicentennial](https://www.fcjcentre.ca/bicentennial)



Worth Sharing

1. **Ascension of the Lord - Bulletin Shorts, free to use**

[Mass Readings](#) | As Jesus appears to the disciples, he reminds them that he is giving them a mission: to bring life to the world. We are being asked to share in his work, cast out evil, speak encouraging words, fight against threats for those who are vulnerable, and heal illness and wounds of every kind. This should be the fruit of our labour, that the lost find the life Jesus has offered to us all. May we be known for these life-giving miracles that God is working in and through us for the sake of the lowest and the least. *Source: CCCB*

2. **Employment opportunities**

Job opportunities in the Diocese of Calgary: Administrative Assistant (St. Peter's Milk River) and Marriage Preparation Presenter Couple (CFS, Calgary). For more information and application details, please visit catholicyc.ca/careers

3. **Pope instituted new ministry of catechist**

Pope Francis [instituted](#) the new lay ministry of catechist, with the [apostolic letter](#) *Antiquum ministerium* ("Ancient ministry"). If you have questions about what this ministry is and who it is for, [click here to learn more](#).

4. **CCEF: Golf & Slush King coming up**

Monthly highlights: Save the date for CCEF's Golf Tournament: August 24, 2021 - registration starts on May 25; New exciting sponsorship with Slush King Food Truck - 25% of the proceeds from CCSD Slush King events will be donated back to the CCEF. [Click here](#) to read the latest updates from CCEF.

5. **SAGA Lecture: Sacred Geometry**

[Sacred Arts Guild of Alberta](#) (SAGA) invites you to two Zoom lectures: May 17 (Beauty Within Sacred Geometry") and May 31 (Sacred Geometry in Art & Architecture), at 7:30 pm to 8:30 pm. Presenter: Jeannette Nixon, SAGA member. Jeannette has a Masters of Sacred Arts from Pontifex University. Her two lectures on Sacred Geometry will explore the connection and symbolism of Sacred Geometry and our response to the sacred. [Click here](#) for more information or to register.

6. ***The family in the light of the Word of God***

"How do we imagine God's love? Is there a concrete reality in the world that helps us see this love with our own eyes? Certainly there is! It is the family The image of God is reflected in man and in woman, in conjugal love: a living 'icon' through which God is made manifest." This is the theme of the [second](#) of the 10 video featuring Pope Francis together with families from different parts of the world. The focus

on chapter 1 of *Amoris Laetitia* is accompanied by a [guide](#) for further reflection in the family or in the community.

7. **Summer 2021 Online Sacred Music Workshops**

St. Joseph's Seminary in Yonkers, NY invites you to experience the depths of the Church's riches, taught by experienced teachers and musicians, faithful to the Church's magisterium and tradition. With affordable tuition rates and convenient online course structures, St. Joseph's Seminary and College offers a rich learning experience for parish and school musicians who want to immerse themselves in the beauty and holiness of the Church's sacred music and liturgy. When: June - July, 2021. For more information, [click here](#)

8. **Spiritual Direction Training Program**

The FCJ Centre offers a two-year spiritual direction training program that meets on Wednesday evenings and includes four-weekend retreats. It is open to men and women who believe that God is calling them to the ministry of one-on-one companioning with people who are seeking a deeper relationship with God through the integration of faith and life. For more information, visit fcjcentre.ca/sdtp or contact Sr. Madeleine Gregg, fcJ at 403-228-4215. The application deadline is June 30, 2021.

9. **Freedom through Healing Retreat**

The *Triumph: Freedom Through Healing* program, facilitated by Jerry and Donna Kristian, is a nine-day Christ-centered journey of inner healing and discovery equipping and empowering people with the tools needed to make meaningful and lasting changes in their lives – a path to true freedom through healing in Christ. Cost is \$1,395 which includes program registration, meals, facility, single occupancy bedroom and all retreat materials and resources. When: June 3-11, 2021. For more information or to register call Harriet at 403-239-6885 | triumphretreat.com | [Brochure](#)

10. **Confession resources**

Here are some resources that might help individuals and family in your community when you promote your parish confession schedule:

1. [Diocesan printable Confession card for children](#) (includes examination of conscience, step-by-step and simple act of contrition)
2. [Printable examination of conscience for children](#)
3. Goodconfession.com
4. [In depth examination of conscience](#)
5. [Printable guide to Confession for adults](#) (provided by Knights of Columbus)
6. Video: [Making a good confession \(Fr. Mike Schmitz\)](#)
7. Video: [Bringing the same sins to confession? Try this](#)

11. **Children's Corner page from St. Joseph's Calgary** | St. Joseph's Parish has started a living page online for Children. *Children's Corner* - featuring faith and Catholic resources (videos, audios, books, groups), best practices and tips for family with young children. The page is updated weekly - you are welcome to link to it from your website or share with your parishioners. Here is the [page link](#).



Have you subscribed to Faithfully?

Faithfully gives a snapshot of faith at work in the lives of everyday people. Get inspired with faith stories, our Bishop's message, and find out what's happening in our Diocese.

- [Read the May issue of Faithfully](#)
- [Subscribe to Faithfully here](#)



Pentecost with CCCRS

[Calgary Catholic Charismatic Renewal Society](#) (CCCRS) invites you to prepare and celebrate Pentecost this year with the following prayer events:

- **[Novena to the Holy Spirit - Online](#)**

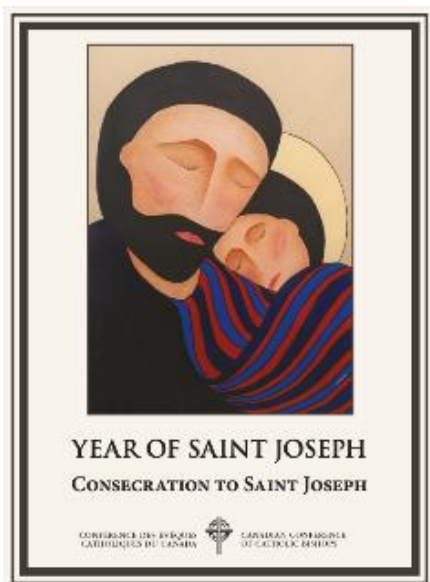
Join 9 days of Novena with CCCRS, priests and Catholic communities around the Diocese. When: **May 13 to May 21, 2021, starts at 6:30 pm. For more details and to join Zoom meetings, [click here](#)**

- May 13 – *Humility against pride* with Fr Jarek Dziuba
- May 14 – *Kindness against envy* with Fr. Rodel Abanto
- May 15 – *Abstinence against gluttony* with Fr. Gabriel Arihi
- May 16 – *Chastity against lust* with Fr. Ben Croix
- May 17 – *Patience against anger* with Fr. Julian Studden
- May 18 – *Generosity against greed* with Fr. Shibu Kallarakkal
- May 19 – *Diligence against sloth* with Deacon Norm Dumais

- May 20 – *Holiness, a call to repentance* with Fr. Jerry D'Souza
- May 21 – *Rejoice in Hope* with Fr. Cristino Bouvette
- **Pentecost Vigil Mass & Reflection with Bishop McGrattan**
When: **Saturday, May 22 at 7 pm (Mass), followed by Eucharistic Adoration and reflection.** Registration is required for those attending in person. To register, contact Beata at 403-397-6124 or email beatabanka@shaw.ca. If you are not able to attend, watch livestreams with these links ([Mass](#) | [Eucharistic Adoration and Reflection](#))

Vatican's new document on climate crisis

The climate crisis has a very human face. It is already a reality for multitudes of vulnerable people worldwide. Climate warming of merely 1.5°C would cause global sea levels to rise by 0.77 metres by 2100, threatening cities and crop and pasture land around the world. Projections based on current data predict a global temperature increase of 3-4°C by 2100. The Vatican's Migrants and Refugees Section of the Dicastery for Promoting Integral Human Development has recently published and presented a resource document entitled, [Pastoral Orientations on Climate Displaced People](#). The resource highlights the new challenges posed by climate disruption and displacement and suggests pastoral responses to the global situation and crisis.



Consecration to Saint Joseph

The Canadian Conference of Catholic Bishops (CCCCB) invites all group and families to deepen their Christian commitment through the act of consecration to Saint Joseph. By entrusting ourselves completely to the fatherly care and powerful intercession of the Church's patron saint, we are beseeching his help in living out those same virtues he did and so grow in the likeness of Christ evermore.

This ritual of Consecration to St. Joseph can be used in parishes, religious communities and families, on a date chosen by the individual groups or families. Download the ritual: [Consecration to Saint Joseph \(PDF\)](#).

The Year of *Amoris Laetitia* Family

Through a series of 10 videos, the Holy Father, with the help of several families, invites us to journey together to rediscover the family as a gift, despite every problem, obstacle and challenge that families have to face today. In the first video "[Walking Together](#)" Pope Francis and a family share about the beauty of being a family and how each person is called to lovingly care for the life of the family. Never a problem, families are always a gift and, in terms of the future, they are an opportunity. Each video is accompanied by a [guide](#).

Development & Peace



Development and Peace (*The Canadian Catholic Organization for Development and Peace, or D&P*) is the official international development organization of the [Catholic Church in Canada](#) and the [Canadian member of Caritas Internationalis](#). Development and Peace is a membership led organization supported by parish collections, individual donations and government grants, principally from Global Affairs Canada.

For over 50 years, Development and Peace has supported 15,200 local initiatives in fields such as agriculture, education, community action as well as the consolidation of peace and advocacy for human rights in 70 countries. Inspired by Gospel values and in particular the preferential option for the poor, Development & Peace is to support the actions of people in the Global South so that they can take control of their destiny and educate Canadians on issues related to North-South imbalance.

Representing the west region in the Development and Peace National Council is Bishop William McGrattan. Read more about the National Council for Development and Peace [here](#).

We are excited to announce that you can now give directly to Development and Peace-Caritas Canada from the Diocese of Calgary's Giving page at catholiccyyc.ca/donatednp

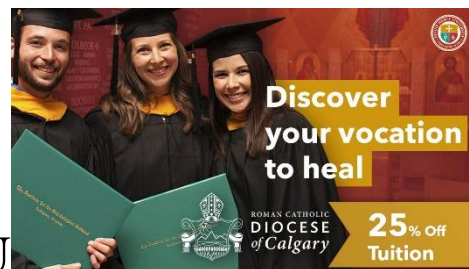
We ask that you consider joining Development & Peace in their work for the poor and vulnerable.

- To learn more about Development & Peace, visit devp.org
- To join the local council in the Diocese of Calgary, contact devpyyc@gmail.com
- To donate to Development & Peace, visit catholiccyyc.ca/donatednp.html

Patris Corde Guided Video Reflections

In the Apostolic Letter *Patris Corde* (With a Father's Heart), Pope Francis identifies the extraordinary attributes of St. Joseph as a “*beloved, tender and loving, obedient, accepting, creatively-courageous, working father hidden in the shadows.*” (cf. No 1-7). We have prepared a series of guided reflections on each of the seven attributes. They may be used by individuals who wish to focus on only one or two of the attributes from home or in groups gathered in person or online.

- [Video reflections & guide here](#)



Reduced tuition rates from DMU

Divine Mercy University (DMU) is the first and only graduate school that integrates the science of psychology and proven therapeutic methods with the Catholic-Christian understanding of the person, marriage and the family. DMU provides educational instruction to all Roman Catholic Diocese of Calgary applicants at a reduced tuition.

Parish members in good standing with their respective parish will receive **a tuition reduction of 25% for any of the DMU online programs.** To learn more about Divine Mercy University, contact divinemercy.edu | 703-416-1441

Online Faith Formation Courses

Certificate in Catholic Studies

The Benedict XVI Institute for New Evangelization offers comprehensive selection of courses on various aspects of the Catholic faith. All are offered online. Each course runs five weeks and costs \$85. Take an individual course for interest, or work toward one or all of the twenty two specialized Certificates in Catholic Studies. The next start date is April 5, 2021. Students may register completely online at newman.edu/ccs Visit our website for further details and FAQs.

Other online formation opportunities

These formation opportunities will help you with your faith journey and to help you grow closer to Christ. Find a list of webinars and courses on our diocesan website [here](#).

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Weekly reflections can be found here:

[Vatican News](#) | [The Sunday Website](#) | [Sunday Connection](#)

Daily and Sunday Mass Prayers & Readings: [CCCB Daily Readings](#) (pick the desired date)

Livestreams

Full schedule of Parish Livestream Masses in the Diocese of Calgary is available at: <https://www.catholicyc.ca>.

You can also watch parish Sunday Masses via TELUS Optik TV Ch. 876 and 877 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#).

Our parishes rely on your Sunday offerings for maintenance and growth. You can also use the online giving page on the diocesan website to set up a one-time or recurring donation to your parish via credit-card. Funds donated will be transferred to the selected parish. Give now at <https://www.catholicyc.ca/donatetoparish> [or contact your Parish to set up a direct debit deposit].



A corporate ministry of the Sisters Faithful Companions of Jesus (FCJ) since 1980



[Check out opportunities to join online programs run by the FCJ Centre \(retreats,](http://www.fcjcentre.ca)

spiritual exercises, daily examen, prayers etc.). Visit their events calendar!



Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often-hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools, and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

May 28-30: *Outside Group – Private Booking*

June 4-6: [Women's Weekend](#)

June 11-13: [Men's Weekend](#)

June 14-19: *Outside Group – Private Booking*

June 21-27: [6 Day Preached Retreat](#)

July 17: [Brother Sun-Sister Moon](#)

July 18-25: [7 Day Directed Retreat](#)

