Golden to Holy Family Parish MARCH 14, $2021 - 4^{TH}$ SUNDAY OF LENT

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Facebook: Medicine Hat Holy Family Parish

Reconciliation: By Appointment Only 403-527-6933 ext. 101

Office Hrs. Monday to Friday - 8:30am - 12:00pm & 1:00pm to 4:30pm - Closed on Holidays.

Reconciliation is by appointment only Tuesday to Friday 9:30am -4:00pm. Call the office to book a time with Fr. Iqbal or Fr. Rodel



ADORATION IS IN THE **HOPE ROOM** MONDAY TO FRIDAY 9:30am to 4:00pm

MASSES

MONDAY to FRIDAY at 9:00AM Administration doors, **SATURDAY** at 5:00PM **Main Front Doors** & **SUNDAY** at 8:30AM, 10:30AM & 6:00PM **Main Front Doors** MAKE SURE TO COME EARLY TO BE SCREENED & WEAR YOUR MASKS DOORS WILL BE LOCKED WHEN MASS STARTS



Catholic Women's League Marjorie Bowlby 403-527-2739 **Knights of Columbus** Ron Pisoni - 403-526-1848



We do have masks available if needed! Please dispose of them in a responsible manner.

PLEASE BE ON ALERT TO EMAIL SCAMS CLAIMING TO BE FROM **OUR PRIESTS!!! HIT DELETE!!!**

Attending Masses...

MAKE SURE TO COME EARLY TO BE SCREENED THE DOORS WILL NOW BE LOCKED WHEN MASS STARTS TO ENSURE YOUR SAFETY FROM PEOPLE ENTERING THAT HAVE NOT BEEN SCREENED.

MASKS...

IT IS **MANDATORY** TO WEAR A MASK AT ALL TIMES NOW IN THE CHURCH.

Sunday 10:30am Mass

Medicine Hat Holy Family Church Live Stream

https://www.youtube.com/c hannel/UCG6zK-XzuXdDHj79rV6ut Q



| OPERATING FINANCES | |
|--|-----------|
| February 1-28, 2021 | |
| Operating Budget 2021 | \$ 55,769 |
| General Envelope Collection | \$ 43,398 |
| Loose Collections | \$ 745 |
| Future Development | \$ 3,172 |
| Sale of Church Supplies | \$ 6,701 |
| Other Ministries | \$ 680 |
| Shortage YTD | -\$ 1,073 |
| SPECIAL COLLECTIONS | |
| Together in Action (TIA) | \$ 2,569 |
| St Vincent de Paul | \$ 3,324 |
| Clergy Retirement | \$ 55 |
| Seminarian Fund | \$ 25 |
| Mission Mexico | \$ 150 |
| CARO | \$ 100 |
| 2021 TIA GOAL – \$??,??? TO DATE \$ 5,475 = ??% OF THE WAY | |
| Thank You for your Generous Contributions | |

† Masses Intentions Mar 13th – 19th †

Saturday, March 13

8:30am - Laura & Darcy Enger & Family

5:00pm - Mary Voeller †

Sunday, March 14

8:30 am - Holy Family Parish

10:30am - Gerry Nadeau †

6:00pm - Patrick Glashan †

Monday, March 15

9:00am - Eva Findley †

Tuesday, March 16

9:00am - Piera Dal Molen

Wednesday March 17

9:00am - Tony & Madeline Weisgerber †

Thursday, March 18

9:00am - Gabriel Zavala †, Ricardo & Emela

Figueroa †

Friday, March 19

9:00am - Deceased Van Ham Family Members †

4th Sunday of Lent - Year B Sunday, March 14, 2021

1st Reading: 2 Chronicles 36

The wrath and steadfast kindness of the Lord are shown by the exile and restoration of the people.

Responsorial Psalm: 137.1-6 (R.6)

R. Let my tongue cling to my mouth if I do not remember you.

2nd Reading: Ephesians 2.4-10

Even when were dead in your trespasses, by God's grace you have been saved.

Gospel: John 3.14-21

God sent his only-begotten Son so that the world might be saved through him.



SEEING

In Bethlehem, Samuel seeks out the chosen king and anoints the unlikely one. In Jerusalem, Jesus is sought by a blind man wanting to see for the first time. It is Christ who enlightens our mind and our lives. He gives us insight into right action.

- † How will I live as a child of Light today?
- † Since I am pleasing to the Lord, do I believe it? What must I do?
- † How can I help others see what God sees?



Confirmation

The next Decision Point lesson through Holy Family WILL be <u>IN PERSON</u> at Holy Family Church!! Session 4 is at 6:30pm Wednesday Mar. 17th So please note the following:

- 1. Wear your masks. Arrive about 6:15 for COVID Screening
- 2. Accompany your child into the hall where all the children will be seated socially distanced. Make sure your child has their workbook and if possible their own pencil and eraser. We can provide them with some if they don't have one. Parents and Guardians will then go into church
- 3. We ask for those who can, to help sanitize the pews after the meeting which will be 1 hour.

See you Wednesday!

First Holy Communion

The next class through Holy Family WILL be IN PERSON at Holy Family Church! Session 4 is at 6:30pm Thursday Mar. 18th So please note the following:

- 1. Wear your masks. Arrive about 6:15 for COVID Screening
- 2. Accompany your child into the hall where all the children will be seated socially distanced. Make sure your child has <u>their workbook and if possible their own pencil and eraser</u>. We can provide them with some if they don't have one.
- 3. Parents will then continue into the church where you will have a parent session with the priest or deacon. Also please be sure to bring your <u>Parent Session booklet</u> you were given during the Reconciliation classes. If you've misplaced it we will have extras available just ask for a booklet when you sign in.
- 4. We ask for those who can, to help sanitize the pews after the meeting which will be 1 hour.

**NOTE: If you would prefer to continue at home please see the schedule on the Diocese of Calgary website for parent sessions.

If you have any questions please feel free to call or email me Sally at 403-527-6933 ext 105 or Fr. Iqbal ext 102 or email PASTOR@HOLYFAMILYMH.CA

See you Thursday!

***NOTE: If any candidate has NOT received 1st Reconciliation please email Sally (<u>sac.prep@holyfamilymh.ca</u>) ASAP so we can set up a time. Your child will not be able to receive 1st Communion if they did not get this sacrament.

RETREAT: Holy Family Parish Saturday April 17 at 9:00am - 11:00am for BOTH child and parent(adult)

1st Communion Masses:

Holy Family Parish - Friday April 23rd at 6:30pm

St. Patrick's Church - Tuesday April 27th at 7:00pm & Thursday April 29th at 7:00pm

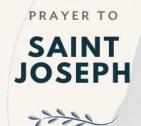
To commemorate the 150th anniversary of the proclamation of St. Joseph as Patron of the Universal Church, Pope Francis announced that the Church would celebrate a special year dedicated to St. Joseph beginning on December 8, 2020 and continuing through December 8, 2021.

Join us for the Solemnity of Saint Joseph, Husband of the Blessed Virgin Mary on Friday, March 19, 2021, Mass at 5 pm.

the faithful are encouraged to pray the Novena to Saint Joseph which started on Thursday March 11, 2021. (See Novena to Saint Joseph)

12 hour Eucharist Adoration on March 19th, 930am to 930pm, all parishioners encouraged to attend. Pope Francis said " I invite everyone to discover the beauty of the prayer of Adoration and to exercise it often". Volunteers to cover all 12 hours needed, if you can help please email Darrell at d gofsky@shaw.ca. If you cant volunteer, just come out the grace's received are out of this world.

Hosted by the Knights of Columbus



Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man.

Blessed Joseph, to us too, show yourself a father and guide us in the path of life.

Obtain for us grace, mercy and courage, and defend us from every evil.

Amen.

- Pope Francis, Patris Corde, 2020

Lenten Penitential Service



St. Patrick's Parish

Tuesday March 23

5:00pm - 7:00pm

Followed by Mass

Holy Family Parish Wednesday March 24 4:30pm – 6:30pm

If you miss this, all other reconciliations are by appointment at both parishes.

Holy Family Catholic Women's League is hosting our second annual Bottle Drive as a fundraiser for our local charities.

Saturday April 17th 8:00 am - 5:30 pm Sunday April 18th 8:00 am - 5:30 pm Monday April 19th 8:00 am - 11:00 am



172 Altawana Drive NE Medicine Hat, AB

Shamrock Bottle Depot will have a truck on the east side of Holy Family to drop off your bottle donations, glass, plastic, plus milk cartons, juice, pop containers.

The Catholic Women's League will be collecting **NEW ONLY** baby clothes and items, for Nurture Pregnancy Support; **BEFORE MASSES ONLY** on the weekends of **March 13/14, 20/21, 27/28**.

Helpers needed or for more info please contact Cora at 403-580-6484 or email her at





You are invited and encouraged to join the praying of the Divine Mercy Novena every day after mass through to **Divine Mercy Sunday, April 11**. We will be praying the Daily Novena prayer for each of the nine days, followed by the Chaplet and the Litany of Trust in Divine Mercy. You may excuse yourself and depart after the conclusion of mass.

Weekdays immediately after 9:00 mass

Saturdays & Sundays immediately after 8:30 mass

Holy Week 2021



HOLY THURSDAY, APRIL 1ST

MORNING PRAYER, 8:30AM

MASS OF THE LORD'S SUPPER, 7:00PM (LIVESTREAMED)
FOLLOWED BY ADORATION UNTIL MIDNIGHT IN THE FAITH
ROOM

FRIDAY, APRIL 2ND

GOOD FRIDAY SERVICES, 12:00 NOON (LIVESTREAMED) AND 3:00PM

SATURDAY APRIL 3RD

MORNING PRAYER, 8:30AM

BLESSING OF EASTER FOOD, 11:00AM

EASTER VIGIL, 8:00PM (LIVESTREAMED)

SUNDAY, APRIL 4TH

EASTER SUNDAY MASS, 8:30AM & 10:30AM (LIVESTREAMED)

(LIVESTREAM@ Youtube – Medicine Hat Holy Family Church)

LENTEN MISSION TALKS March 19, 2021 6:30pm THE FIFTH WORD Speaker: Deacon Robert Risling

Why Jesus is thirsty?

"I thirst." John 19:28

Lenten Talks will be
Livestreamed on
YouTube
or come listen in
person.



CONTRIBUTIONS TO DATE \$ 5,765

40 LOONIES FOR LENT

This lent, let unarticipate more fully in a Lenten spiritual discipline of reading the gospels, prayer, fasting, abstinence, and almsgiving. We encourage families to establish a daily program to pray for the less fortunate and to fast to become more empathetic for our hungry and starving brothers and sisters resulting in a spirit aligned for sacrificial almsgiving.

This year, Holy Family Parish and Knights of Columbus Council 9502 ask you to consider directing your Lenten sacrificial almsgiving to be equally split between the Mustard Seed and St. Vincent de Paul via our weekly parish donation envelopes collected at every weekend mass. Our goal this year is \$10000.

Simply write "40 LOONIES FOR LENT" and the dollar amount on your weekly parish donation envelope. You may donate your full Lenten gift of \$40.00 one time or contribute an amount of \$7.00 or more each week. If sacrificial giving means you can give more, please do so.

For those who are not using weekly envelopes you may make your cheque payable to Holy Family Parish or donate cash in a separate envelope marked with your name, address & "40 LOONIES FOR LENT" and place it in the weekly collection basket or drop it off at the Parish office. Alternatively, you may authorize the parish to process your donation on your credit card.

Look for updates on funds collected in the parish bulletin.

Please be generous. Thank you!

MARCH 2021 KNIGHT OF THE MONTH

Gary Heinbecker has been a Knights of Columbus member for 34 years and currently serves as outside guard on our executive council. He is an active 4th degree Knight and holds the position of Faithful Scribe.

He is the Knights of Columbus representative on Holy Family Parish Pastoral Council where he is also Vice Chair. Gary is always willing to give up his own time to help others.

You will note that Gary has been a very diligent usher during the pandemic, and apparently has excellent mechanical skills when it comes to changing snow tires.

Gary and his wife Mary are part of team 13 which Feeds the Needy at 5th Avenue United church, they are also very faithful members of our Parish and we thank them for their dedication.

The Knights of Columbus would like to congratulate Brother **Gary Heinbecker** for receiving the Knight of the Month Award for March. Well-deserved.

Stations of the Cross 2021 - 6:00pm

followed by a Mission Talk each Friday night.

March 19 - Parish Pastoral
March 26 - Filipino
Community
Monday, March 29 - CWL
with Margaret Velichko
Slide Show





4th SUNDAY OF LENT - YEAR B

OUR OPENNESS TO BELIEVE

We started our Lenten Journey by receiving the ashes on our heads to remind us "repent and believe in the Gospel". This journey is strengthened by the Sacred Scripture Readings which help us to deepen our faith. On the First Sunday we reflected on the Temptations of Jesus and the beginning of his public ministry which was filled with hope, repentance, and mercy. The following Sunday brought us to the point to reflect on the great mystery of Jesus' Transfiguration and his encounter with two of the greatest prophets of the Old Testament: Moses and Elijah. These two prophets are very much a reflection of Jesus's life because they led Israel out of Egyptian slavery to the promised land and the later one was the prophet of fire and was taken up to heaven to live. Last Sunday our hearts and minds were opened to understand the Ten Commandments of the Lord to believe that God loves us and wants us to protect our bodies and be respectful to his commandments. In the Gospel there is a very interesting encounter between Jesus and the people who love to do the business in the Holy Temple. Jesus is upset to see the disrespect of people and he cleansed the Temple of these people. Furthermore, he uses the image of Temple to his own life and prophesied that he will rise on the third day. Of course, that made everyone to be upset. There are two mysteries hidden behind the image of Temple: first, the respect for the physical Temple or the house of God and secondly respect for the human body which St. Paul calls "the Temple of the Holy Spirit".

As we continue our Lenten journey, this Sunday's Sacred Scripture Readings are helping us to "Rejoice" as the 4th Sunday of Lent is called "Laetare" Sunday. Today's liturgy opens with these words "Rejoice, Jerusalem, and all who love her. Be joyful, and who were in mourning; exult and be satisfied at her consoling breast". Why to

rejoice? How one can rejoice at the suffering or death of someone who is very dear and near? "The reason, as Pope Francis says, is God's great love for mankind, as today's Gospel passage tells us: "For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life". These words, spoken by Jesus during his encounter with Nicodemus, summarize a theme that lies at the centre of the Christian message: even when the situation seems desperate, God intervenes, offering man salvation and joy. Indeed, God does not remain apart from us, but enters the history of mankind; he "meddles" in our life; he enters, in order to animate it with his grace and save it".

We can only rejoice if we are open to believe in the everlasting mercy and love of God. Throughout the Salvation history the house of Israel became disobedient to God and they forgot everything God did for them. They turned away from the faith and started worshipping other gods. Did God forsake them? Absolutely not because God loved them and called them his own people. He kept sending them the prophets as today's first Reading narrates; "The Lord, the God of their ancestors, persistently sent his messengers to them, because he had compassion on his people and on his dwelling place; but they kept mocking the messengers of God, despising his words, and scoffing at his Prophets, until the wrath of the Lord against his people became so great that there was no remedy". Though they were taken to exile in Babylon and remained there for 70 years and they remembered Zion and wept for Jerusalem as we read the responsorial psalm. But God being compassionate and merciful, brought them back to the land of their ancestors. We may not know who God is, but God knows us because he is our Father, and we are his children. He has inscribed our names on the palms of his hands and keeps calling us to him. The following is proof that we do not know him, but he knows.

It was a busy morning, approximately 8:30 am, when an elderly gentleman, in his 80s arrived to have stitches removed from his thumb. He stated that he was in a hurry and that he had an appointment at 9:00 am. The doctor took his vital signs, and had him take a seat, knowing it would be over an hour before someone would be able to see him. The doctor saw him looking at his watch and decided, since doctor was not busy with another patient, he decided to evaluate his wound.

On exam it was well healed, so he talked to one of the doctors, got the needed supplies to remove his sutures and redressed his wound. While taking care of him, they began to engage in conversation. He asked him if he had a doctor's appointment this morning, as he was in such a hurry. The gentleman told him no, that he needed to go to the nursing home to eat breakfast with his wife. The doctor

then inquired as to her health. He told him that she had been there for awhile and had Alzheimer's Disease.

As they talked and he finished dressing his wound, he asked if she would be worried if he was a bit late. He replied that she no longer knew who he was and had not recognized him in five years. The doctor was surprised, and asked him, "And you still go every morning, even though she doesn't know who you are?" He smiled and patted his hand and said, "She doesn't know me, but I still know who she is." How wonderful it is to know that God knows us despite our unfaithfulness to him as St. Paul says, "if we are faithless, he remains faithful, for he cannot deny himself". (2 Timothy 2:13)

Today's Gospel again offers us the words that Jesus addressed to Nicodemus: "For God so loved the world that he gave his only Son" (John 3:16). In hearing these words, we turn our heart's gaze to Jesus Crucified and we feel within us that God loves us, truly loves us, and He loves us so much! This is the simplest expression that epitomizes all the Gospel, all the faith, all of theology: God loves us with a free and boundless love.

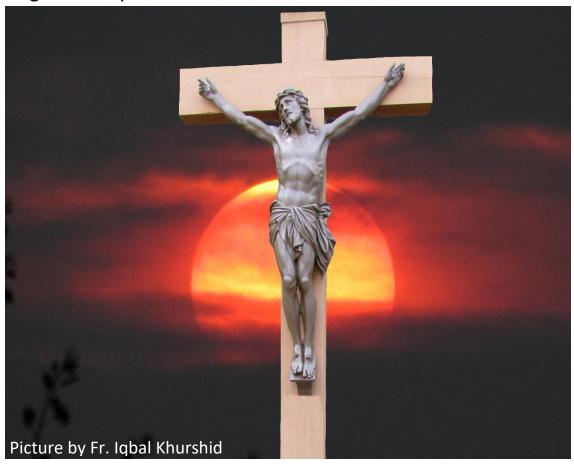
God first shows his love through creation, as the Liturgy announces, in the fourth Eucharistic Prayer: "You have created all things, to fill your creatures with every blessing and lead all men to the joyful vision of your light". At the beginning of the world there is only the freely given love of the Father. St Irenaeus, a saint of the first centuries, writes: "In the beginning, therefore, did God form Adam, not as if He stood in need of man, but that He might have one upon whom to confer His benefits". It is like this; God's love is like this. Thus, the fourth Eucharistic Prayer continues: "Even when he disobeyed you and lost your friendship you did not abandon him to the power of death", but with your mercy "helped all men to seek and find you". He came with his mercy. As in creation, and in the subsequent stages of salvation history, the freely given love of God returns: The Lord chooses his people not because they are deserving but because they are the smallest among all peoples, as He says. And when "the fullness of time" arrived, even though man had repeatedly broken the covenant, God, rather than abandoning him, formed a new bond with him, in the blood of Jesus — the bond of a new and everlasting covenant — a bond that nothing will ever break.

St Paul reminds us: "God, who is rich in mercy", — never forget that He is rich in mercy — "out of the great love with which he loved us, even when we were dead through our trespasses, made us alive together with Christ". The Cross of Christ is the supreme proof of the mercy and love that God has for us: Jesus loved us "to the

end", meaning not only to the last instant of his earthly life, but to the farthest limit of love. While in creation the Father gave us proof of his immense love by giving us life, in the passion and death of his Son He gave us the proof of proofs: He came to suffer and die for us. So great is God's mercy: He loves us, He forgives us; God forgives all and God forgives always.

Did God pay the price for his love of his people? Yes, the biggest price that he gave his only Begotten Son that anyone SO who believes in him will have life life and in abundance.

One day, a poor boy who was selling goods door to door to pay his way through school, found he



had only one dime left, and he was hungry. He decided he would ask for a meal at the next house. However, he lost his nerve when a lovely young woman opened the door.

Instead of a meal he asked for a drink of water. She thought he looked hungry so brought him a large glass of milk.

He drank it slowly, and then asked, "How much do I owe you?"

"You don't owe me anything," she replied. "Mother has taught us never to accept pay for a kindness."

He said, "Then I thank you from my heart."

As he left that house, he not only felt stronger physically, but his faith in God and man was strong also. He had been ready to give up and quit.

Year's later that young woman became critically ill. The local doctors were baffled. They finally sent her to the big city, where they called in specialists to study her rare disease.

The doctor was called in for the consultation. When he heard the name of the town she came from, a strange light filled his eyes. Immediately he rose and went down the hall of the hospital to her room.

Dressed in his doctor's gown he went in to see her. He recognized her at once. He went back to the consultation room determined to do his best to save her life. From that day he gave special attention to the case.

After a long struggle, the battle was won. The doctor requested the business office to pass the final bill to him for approval. He looked at it, then wrote something on the edge and the bill was sent to her room.

She feared to open it, for she was sure it would take the rest of her life to pay for it all. Finally, she looked, and something caught her attention on the side of the bill. She began to read the following words:

"Paid in full, with one glass of milk.

Jesus paid in full, with his blood on the Cross which is symbol of our salvation as Prophet Isaiah says "Surely he has borne our infirmities and carried our diseases; yet we accounted him stricken, struck down by God, and afflicted. But he was wounded for our transgressions, crushed for our iniquities; upon him was the punishment that made us whole, and by his bruises we are healed. We are like sheep that have gone astray; we have all turned to our own way, and the Lord has laid on him the iniquity of us all. He was oppressed, and he was afflicted, yet he did not open his mouth; like a lamb that is led to the slaughter, and like a sheep that before its shearers is silent, so he did not open his mouth. By a perversion of justice, he was taken away. Who could have imagined his future? For he was cut off from the land of the living, stricken for the transgression of my people. They made his grave with the wicked and his tomb with the rich, although he had done no violence, and there was no deceit in his mouth. Yet it was the will of the Lord to crush him with pain. When you make his life an offering for sin".

ARE WE OPEN TO BELIEVE THAT JESUS LOVES US AND DIED FOR US?

Fourth Sunday of Lent

Lenten Spiritual Renewal #4



- Watch Reflection #3 from the Bishop: Prayer -<u>Youtube | Website</u>
- Watch the full series here
- Read the Bishop's Lenten Message here

Upcoming reflection themes:

- March 14, 4th Sunday of Lent: Listening to the Word of God
- March 21, 5th Sunday of Lent: Proclaiming the Word of God
- March 28, Palm Sunday: Reconciliation and Healing
- April 4, Easter Sunday: The Holy Eucharist

Sunday Livestream Mass with the Bishop

Bishop McGrattan is offering Sunday Masses at the following parishes in March. Masses will be livestreamed via Parish Livestream link(s).

- Sunday, March 14 at 11 am Fourth Sunday of Lent | St. Pius X, Calgary. Watch on <u>Youtube</u>.
- Saturday, March 20 at 5 pm Anticipated Mass for the Fifth Sunday of Lent | All Saints Parish, Lethbridge. Livestream: website or TikiLive
- Sunday, March 21 at 10:30 am Fifth Sunday of Lent | Holy Family Parish, Medicine Hat. Watch on Youtube

COVID-19 Resources

- Sacraments & Liturgies
- Spiritual Resources
- Sacrament Preparation

(First Reconciliation, First Communion, Confirmation)

- Online Formation Opportunity

Visit the Diocesan Event Calendar

Follow us on Social Media Facebook | Instagram | Twitter

Weekly reflections can be found here: <u>Vatican News</u> | <u>The Sunday Website</u> <u>Sunday Connection</u> | <u>CCCB Reflection</u> (new link)

Daily and Sunday Mass Prayers & Readings: CCCB Daily Readings (pick the desired date)

Full schedule of Parish Livestream Masses:

https://www.catholicyyc.ca | TELUS
Optik TV Ch. 877 (choose Diocese of
Calgary tile logo). For other online
Masses, visit Salt+Light TV, Shalom
World TV, EWTN and Vision TV

February Edition of Faithfully

The February edition of Faithfully was released last Thursday, Feb. 11. This month, Faithfully is featuring the Bishop's Lenten message, the faith stories from those who are sick and their carers, Catholic schools advocates and stories highlighting the month of the Holy Family.

- Read Faithfully <u>here</u>
- Subscribe to Faithfully

Solemnity of St. Joseph, Husband of the Blessed Virgin Mary

- Friday, March 19 at 5 pm | St. Mary's Cathedral.
 Livestream info to be confirmed.
- Friday, March 19 at 7pm | St. Joseph's, Calgary.
 Watch on Youtube of Facebook

Elizabeth House - up to 150% impact

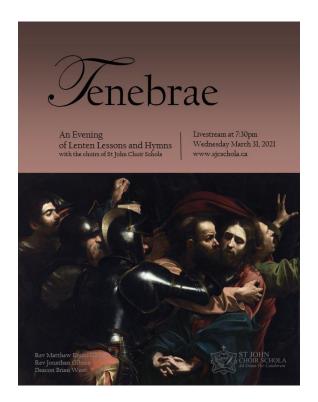


Do you want to make a bigger impact with your donation to Elizabeth House? Donation gifted to Elizabeth House through #Birdies4Kids are matched up to 50%!

• To donate to Elizabeth House through #Birdies4Kids, donate through https://shawcharityclassic.com/donatenow/until August 2021.

An Evening of Lenten Lessons & Hymns

St John Choir Schola (SJCS) invites you to join their first Tenebrae: An Evening of Lenten Lessons & Hymns on March 31 at 7:30 pm. Live-streamed from Our Lady of the Assumption Church on Wednesday March 31, 2021 at 7:30pm, this candlelit SJCS Tenebrae service weaves the salvation narrative through crucial moments in the Old Testament to the betrayal and Passion of Christ. Livestream will be available at www.sicschola.ca



Worth Sharing

1. Fourth Sunday of Lent - Bulletin Shorts, free to use

Mass Readings | This Is the Verdict. The gospel declares the Light of Christ came into the world. The choice is either to prefer darkness or live by the truth revealed by that Light. The Letter to the Ephesians declares that we are saved not by our own works (though good works we still need do), but by God's gift and grace.

- 1. What darkness will I move out of so I may stand in the Light?
- 2. What good works will I continue doing to acknowledge God's gift and grace to me and to all?
- How can I live this truth: we are saved as a people by God's grace?Source: Diocese of Springfield

2. Second Scrutiny - Fourth Sunday of Lent - Bulletin Shorts, free to use

Mass Readings: 1 Samuel 16:1b, 6-7, 10-13a. Psalm 23:1-3a, 3b-4, 5, 6. Ephesians 5:8-14. John 9:1-41 | Seeing. In Bethlehem, Samuel seeks out the chosen king and anoints the unlikely one. In Jerusalem, Jesus is sought by a blind man wanting to see for the first time. It is Christ who enlightens our mind and our lives. He gives us insight into right action.

- 1. How will I live as a child of Light today?
- 2. Since I am pleasing to the Lord, do I believe it? What must I do?
- How can I help others see what God sees?Source: Diocese of Springfield

3. Employment opportunity at Elizabeth House, Calgary

There is one new employment opportunity at Elizabeth House for the position of Program Assistant (part time). For more information and application details, visit catholicyyc.ca/careers.html

4. St. Mary's University grad earns Indigenous achievement award

Kate Gillis, 22-year-old Métis woman, who graduated with a BA in History at St. Mary's, earned her an academic achievement award at the University of Saskatchewan's Indigenous Student Achievement Awards Ceremony on Feb. 4. Read more

5. Highlights of the Pope's visit to Iraq

Pope Francis concludes his Apostolic Journey to Iraq that took him to 6 cities and sites in the north and south of the country. He comforted the people, especially Catholics and Christians, harshly tried by sectarian violence and terrorism, and appealed for tolerance, fraternity, hope and peace. See highlights of the Holy Father's visit to Iraq here

6. D&P Caritas Canada Share Year Round Member

Thanks to a group of generous religious communities, there's no better time to become a monthly donor for Development and Peace. From February 17 to May 23, 2021, new monthly donors will see their contributions matched for a year, dollar-for-dollar, up to a maximum of \$130,000. If you're already part of our Share Year-Round program, you can also take advantage of this special fund by calling us to increase your monthly gift! Your monthly contribution ensures support to marginalized communities in their search for justice and adapt to new challenges like COVID-19. Find out more.

7. Safe spaces are key to indigenous student success

Creating safe and welcoming spaces that reflect the needs of Indigenous students in the Catholic school system is critical to their success, educators said during an online panel discussion held by St. Mary's University and St. Joseph's College. One of the panelist, Julie Showalter of Okotoks, shared her lived experience as a Grade 2 teacher and First Nations, Metis and Inuit liaison in her school district, providing enrichment and education. Read more

8. Yes, Lord! A new video program for children

Join Salt+Light on Friday mornings during Lent for a kid-friendly approach to the Sunday Mass readings and homily. Whether you are worshipping at home due to the pandemic or just looking for a way to boost your family's life of faith, you won't want to miss this brand new series! https://slmedia.org/programs/yeslord

9. Do you know the difference between a sister and a nun? <u>#CatholicSistersWeek!</u> There is so much to learn about the beautiful and faith-filled life of sisters. From life in their congregations and the work that they undertake to their personal walks with the Lord, there is no end to the wealth that can be discovered about them and also from them. Here are some "sister words" all Catholics should know in honour of <u>#CatholicSistersWeek!</u> Read more

10. Confession resources

Here are some resources that might help individuals and family in your community when you promote your parish confession schedule:

- 1. <u>Diocesan printable Confession card for children</u> (includes examination of conscience, step-by-step and simple act of contrition)
- 2. Printable examination of conscience for children
- 3. Goodconfession.com
- 4. In depth examination of conscience
- 5. Printable guide to Confession for adults (provided by Knights of Columbus
- 6. Video: Making a good confession (Fr. Mike Schmitz)
- 7. Video: Bringing the same sins to confession? Try this

11. Pope Francis' prayer intention for March 2021

Pope Francis' prayer intention for March seeks to highlight the joy that the Sacrament of Reconciliation brings, and reminds us that it's a loving and merciful encounter between us and God.

Full text from the Pope's intention: When I go to confession, it is in order to be healed, to heal my soul. To leave with greater spiritual health. To pass from misery to mercy. The centre of confession is not the sins we declare, but the divine love we receive, of which we are always in need. The centre of confession is Jesus who waits for us, who listens to us and forgives us. Remember this: In the heart of God, we come before our mistakes. And let us pray that we may experience the sacrament of reconciliation with renewed depth, to taste the forgiveness and infinite mercy of God. And let us pray that God may give his Church merciful priests and not torturers. Watch Video here

12. Alpha Online webinar with Fr. James Mallon & Nicky Gumbel

Did you know that 5600 parishes worldwide are running Alpha now? Join Fr James Mallon and Nicky Gumbel to hear their vision for evangelization at this significant moment for the church and the part Alpha Online can play in helping parishes respond. There will be a time of prayer and the opportunity for Q&A during this live webinar. Register here

13. Permanent Diaconate information sessions

If you are interested or feel that you are being called to a vocation as a Permanent Deacon, and you meet the qualifications listed in the Brochure (link below), please join in on one of the following information sessions (Zoom). When: **Wednesday, April 21 at 7 pm, or Saturday, April 24 at 10 am.** For more information, <u>click here</u>

14. Retreat for unemployed persons

Loss of employment can be trying to our souls and our emotional balance, not just our financial health. At this time in history, a significant number of people are without work. FCJ Centre invites you to this special retreat "Gift of Hope" on **Friday, March 26 to Sunday, at 1 pm.** Cost: Free! This retreat is not about job-finding but a heart helping retreat. The focus will be on getting in touch with feelings, discovering gifts, and supporting one another in a time of personal transition. It is designed to help find patience, hope, humour and self-esteem in God's creative love. This program is sponsored by The Society of Sisters, Faithful Companions of Jesus (FCJ), FCJ Christian Life Centre, and generous contributions from our donors. For more information, click here

15. **Share Love, Share Lent resources**

Prayer of the Faithful for the *Third Sunday of Lent:* For members of our community; may they act in solidarity with their sisters and brothers around the world in protecting God's Creation, our common home. Let us pray to the Lord.

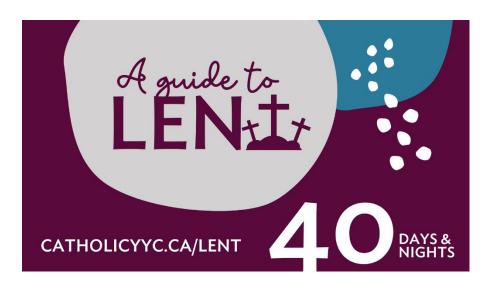
- 1. For the rest of the Lenten Prayers of the Faithful in Lent click here
- 2. D&P Solidarity Calendar can be downloaded here
- 3. All campaign resources can be found here

16. **Pope's recommended Lenten fast**

After praying the midday Angelus on February 28, Pope Francis expressed his hopes that everyone is having a good journey in Lent. The pope went on to make a recommendation for a Lenten fast, ones that will not make you hungry! Read more

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A Guide to Lent



Together we prepare for the great Easter mysteries by committing ourselves to fulfill our baptismal call to maturity, holiness, service, and community. The Diocese of Calgary have prepared a Lent Resources page for individuals, family, children, ministries and pastoral leaders in the Diocese: catholicyc.ca/Lent

What's Happening?

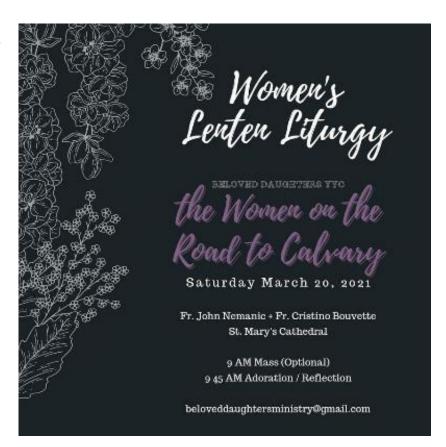
24th Annual God Squad Men's Conference - March 20



Men of the Diocese: don't miss this. When: **March 20.** God Squad Canada invites you to join their 24th annual conference. The theme for this virtual conference is St. Joseph: Sanctifier of the Hidden Life! Leading up to the conference, God Squad also ask that participants pray the Consecration to St. Joseph. God Squad Conference this year is a truly Canadian conference, with speakers from across the country: Bishop Scott McCaig, Andre Regnier, Jake Khuym, and Fr. Cristino Bouvette! For more information or to register, visit: godsquad.ca/2021-conference | Download Poster

Women's Lenten Liturgy - March 20

Beloved Daughter's Ministry invites women in the Diocese to attend a Lenten Liturgy "The Women on the Road to Calvary." on **Saturday, March 20, 2021**. This Lenten event will start with a Mass with Fr. John Nemanic at 9 am, and followed by Adoration and reflection from Fr. Cristino Bouvette. Please note that all COVID protocols upheld by the city and Diocese will be in place for the duration of the event. To register, click here.



The Bishop's Dinner is different this year!

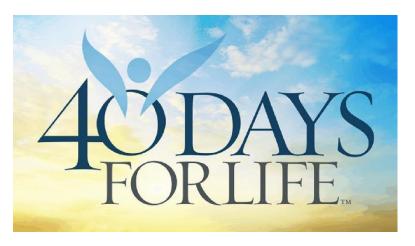
This year, our annual Bishop's Dinner will be a little different. With so many of our community members facing food insecurity, we've redirected our efforts to provide care packages to those in need.

Feed the Hungry is a Diocese of Calgary provides care packages to 300 guests every Sunday at St. Mary's Hall. We are currently providing food bundles that guests can take with them. You can help us support this important initiative in 3 different ways:

- Share this with your community to help spread the word
- Make a bigger impact with your donation. Donations gifted through #Birdies4Kids program will be matched up to 50%! Donate to Feed the Hungry here: https://shawcharityclassic.com/donatenow
- Provide items to cover 300 food bundles (store-wrapped sandwiches, fruit, snacks and bottles of water. Email feedthehungry@calgarydiocese.ca for more information

40 Days for Life

As people of faith, we affirm that *all* human life is sacred from the moment of conception to natural death. 40 Days for Life is an internationally coordinated 40-day campaign that aims to end abortion through prayer and fasting, community outreach, and peaceful vigils outside of abortion clinics. The spring campaign is from **Ash Wednesday**, **Feb. 17 to Mar. 28, 2021**.



Here are some ways your parish can be involved for the protection of life, to pray for the aborted babies, their mothers, fathers, families, those experiencing unexpected pregnancies, and for staff and physicians working in abortion clinics.

- Offer Mass
- Choose a day in the week to pray the Rosary for these intentions
- Choose a day to fast
- Choose a day to pray before The Blessed Sacrament
- Share the pro-life message via parish communication methods homilies, video clips, online church bulletins, announcements, etc.
- Choose a day to pray outside of the Kensington Clinic by signing up here https://www.40daysforlife.com/vigil-hours-signup.aspx?l_id=359
- View "Unplanned" and other movies, documentaries and informative and inspirational videos concerning abortion
- Read books that have a strong pro-life message
- Visit www.40DaysforLife.com
 - Sign up and listen to their free podcasts
 - Sign up to receive weekly prayers/devotions via email
 - Read the 40 Days for Life blog
- Study the Church's teachings on Abortion in the Catechism of the Catholic Church, paragraphs 2270-2275

<u>Please see the attached Pre and Post Pregnancy Resources Sheet.</u> This is a helpful tool to know where you may refer those who need these resources.

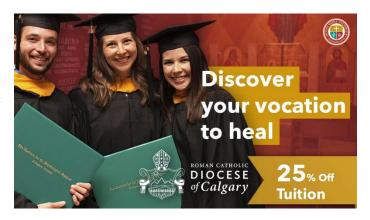
For more information about 40 Days for Life in Calgary, click here

IWIN raffle to support survivors of human trafficking

February 22 was National Human Trafficking Awareness Day. In recognition, IWIN (I'm Worth It Now) launched a raffle with some great prizes to support survivors of human trafficking. Tickets can be purchased by emailing your name and phone number to iwincalgary@gmail.com - payment is by etransfer to the same email. See the poster for more details.

Reduced tuition rates from DMU

Divine Mercy University (DMU) is the first and only graduate school that integrates the science of psychology and proven therapeutic methods with the Catholic-Christian understanding of the person, marriage and the family. DMU provides educational instruction to all Roman Catholic Diocese of Calgary applicants at a reduced tuition.



Parish members in good standing with their respective parish will receive a tuition reduction of 25% for any of the DMU online programs. To learn more about Divine Mercy University, contact divinemercy.edu | 703-416-1441

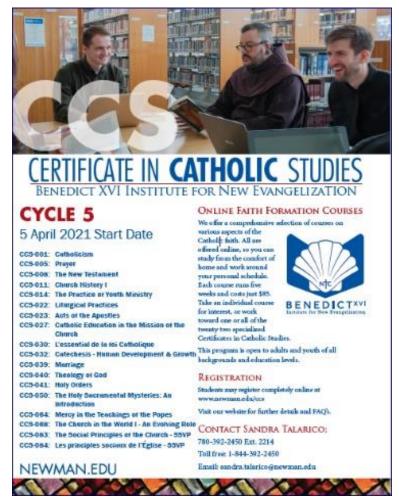
Online Faith Formation Courses

Certificate in Catholic Studies

The Benedict XVI Institute for New Evangelization offers comprehensive selection of courses on various aspects of the Catholic faith. All are offered online, so you can study from the comfort of home and work around your personal schedule. Each course runs five weeks and costs \$85. Take an individual course for interest, or work toward one or all of the twenty two specialized Certificates in Catholic Studies. This program is open to adults and youth of all backgrounds and education levels. The next start date is April 5, 2021. Students may register completely online at newman.edu/ccs Visit our website for further details and FAQs.

Other online formation opportunities

These formation opportunities will help you with your faith journey and to help you grow closer to Christ. Find a list of webinars and courses on our diocesan website here.



Nurturing Friendship Webinars

The CCCB Office for Evangelization and Catechesis will offer a four-part webinar series, "Nurturing Friendship, the <u>Directory for Catechesis</u> in Dialogue with the Encyclical Letter <u>Fratelli Tutti</u>." Beginning 2 March 2021, the series will explore how the themes of these two documents call catechists to be people of hope who promote human dignity and communion with God by building bridges and asking 'Who is my neighbour?'

The series is designed for those who have responsibility for evangelization and catechesis including, clergy, consecrated persons, laity involved in ministry, directors and coordinators of evangelization and catechesis, and Catholic educators.

- Program (or check on <u>catholicyyc.ca/news</u>)
 - Session 3: Tuesday, March 16 at 11 am, "The Catechist Promotes Human Dignity and Communion with God" with Dr. Nick Olkovich & Dr. Anne Walsh
 - Session 4: Tuesday, March 23 at 11 am, "The Catechist builds bridges with diverse faith communities" with Julien Hammond and Charlene Peters.
- Download Poster | Register here

Follow us on Social Media

Facebook | Instagram | Twitter

Weekly reflections can be found here:

<u>Vatican News | The Sunday Website</u> <u>Sunday Connection</u>

Daily and Sunday Mass Prayers & Readings: CCCB Daily Readings (pick the desired date)

Livestreams

Full schedule of Parish Livestream Masses in the Diocese of Calgary is available at: https://www.catholicyyc.ca.

You can also watch parish Sunday Masses via TELUS Optik TV Ch. 876 (choose Diocese of Calgary tile logo). For other online Masses, visit <u>Salt+Light TV, Shalom World TV</u>, <u>EWTN</u> and <u>Vision TV</u>.

During Lent, we are asked to focus more intently on "almsgiving," which means donating money or goods to the poor and performing other acts of charity. As one of the three pillars of Lenten practice, almsgiving is a witness to fraternal charity and a work of justice pleasing to God. (Catechism of the Catholic Church #2462). There are several special opportunities for almsgiving through donations. Find ways to donate to your parish community and other ministries in the Diocese. Visit our <u>Giving page</u>



Our parishes rely on your Sunday offerings for maintenance and growth. By making your preauthorized offertory gift, you are providing crucial support to care for your parish during this difficult time. You can also use the online giving page on the diocesan website to set up a one-time or recurring donation to your parish via credit-card. Funds donated will be transferred to the selected parish. Give now at

https://www.catholicyyc.ca/donatetoparish [or contact your Parish to set up a direct debit deposit].

LIVESTREAM

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Several reports of email scams have been

EMAIL SCAMS

Sunday 10:30am Mass

Medicine Hat Holy Family
Church Live Stream

https://www.youtube.com/channel

/UCG6zK-XzuXdDHj79rV6ut Q



brought to our attention. The emails have been written in a compelling way that the email addresses of the senders were not visually verified, and responses were sent. Perhaps this is a reminder that when someone you know asks you to email them back and sounding desperate to perhaps check the sender's email address. The scammers have become more intelligent in acquiring the tone of how we write as clergy.

For more Livestreams, visit CATHOLICYYC.CA/LIVESTREAMMASS

SCHEDULE

MONDAY TO FRIDAY

6 pm - Rosary (Wednesday - Rosary and Mass) Bilingual: Portuguese & English Our Lady of Fatima Parish, Calgary

SATURDAY

5 pm - Anticipated Sunday Mass

St. Paul's Parish, Airdrie

SUNDAY

10:30 am - Sunday Mass St. Anthony's Parish, Calgary

Noon - Sunday Mass

Our Lady of Fatima Parish, Calgary In Portuguese

5 pm - Sunday Mass

ST. JOSEPH'S PARISH, CALGARY



ONLINE GIVING

Our parish relies on our regular offertory giving for maintenance and growth. By making your preauthorized offertory gift, you are providing crucial support to care for your parish during this difficult time. You can also use the online giving page on the diocesan website to set up a one-time or recurring donation to your parish via credit-card. Funds donated will be transferred to the selected parish. Give now at https://www.catholicyyc.ca/give [or contact your Parish to set up a direct debit deposit].

LINKS

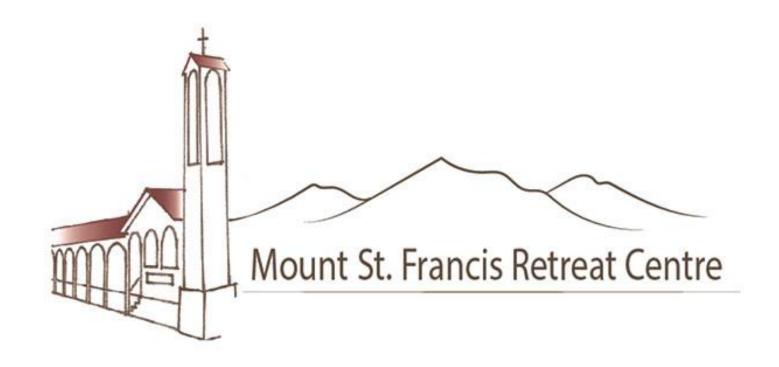
- News.CalgaryDiocese.ca | Announcements from the Diocese of Calgary
- Events.CalgaryDiocese.ca | Diocesan events and registrations
- Blog.CalgaryDiocese.ca | Catholic Pastoral Centre Blog
- <u>Careers.CalgaryDiocese.ca</u> | Employment opportunities in the Diocese of Calgary
 Connect to the Diocesan <u>Facebook</u> | <u>Twitter</u> | <u>Instagram</u>
- To share with parishioners:
 - Sacraments & Liturgies
 - Spiritual Resources
 - Sacrament Preparation
 - Online Formation Opportunity



A corporate ministry of the Sisters Faithful Companions of Jesus (FCJ) since 1980



Check out opportunities to join online programs run by the FCJ Centre (retreats, spiritual exercises, daily examen, prayers etc.). Visit their events calendar



Spiritual Centre of Peace, Healing and Prayer

Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

March 19-21: Outside Group – Private Booking

March 26-28: Women's Serenity Weekend

March 31: Charity of the Cross

April 9-11: Men's Serenity Weekend

April 16-18: Couple's Weekend

April 23-25: Anglican Weekend

April 30 - May 2: Women's Weekend

May 7-9: Young Christian Professionals (Ages 20-40)

May 14-16: Outside Group – Private Booking

May 17-21: Diocese of Calgary RC Clergy

May 28-30: Outside Group – Private Booking

June 4-6: Women's Weekend

June 11-13: Men's Weekend

June 14-19: Outside Group – Private Booking

June 21-27: 6 Day Preached Retreat

July 17: Brother Sun-Sister Moon

July 18-25: 7 Day Directed Retreat



GOOD FRIDAY: Reflections on the Way to the Cross – with Fr. Pat Fitzpatrick C.S.Sp.

HOLY SATURDAY: The Luminous

Mysteries of the Rosary – with Fr. John Bertão

Holy Week Reflections

WATCH ON TV APRIL 2 & 3, 2021

www.dailytvmass.com Toll Free: 1-888-383-6277





GOOD FRIDAY REFLECTIONS ON THE WAY TO THE CROSS

with Fr. Pat Fitzpatrick C.S.Sp.

APRIL 2 – WATCH DURING
YOUR REGULAR TV MASS TIMES

We come face to face with Christ in those who suffer. Through these Stations of the Cross, we follow in Jesus' footsteps from Pilate's palace, to Calvary. We mark ourselves with the sign of the cross and walk with Fr. Pat Fitzpatrick on the way to the cross. This production is not the traditional Way of the Cross, as it invites us to join with the faithful followers of Christ, especially his mother, and to enter into the passion and death of Jesus our saviour.

In appreciation of your kind support, please check the appropriate box on your donation form if you would like us to send you the new booklet based on these reflections.



HOLY SATURDAY THE LUMINOUS MYSTERIES OF THE ROSARY

with Fr. John Bertão

APRIL 3 – WATCH DURING YOUR REGULAR TV MASS TIMES

"With the Rosary, the Christian people sits at the School of Mary and is led to contemplate the beauty of the face of Christ and to experience the depths of his love." St. John Paul II

Holy Saturday is a time of contemplation for Catholics as we wait for the joy of our Easter celebration. Father John Bertão will be sharing a reflection on the Luminous Mysteries. (Baptism of Christ, Wedding at Cana, Proclamation of the Kingdom, Transfiguration, Institution of the Eucharist.) These newest of the mysteries of the Rosary, established by St. Pope John Paul II in 2002, have been called "Mysteries of Light" and are messages of enlightenment and hope.