

Reconciliation: By Appointment Only 403-527-6933 ext. 101 Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm - Closed on Holidays

Reconciliation is by appointment only Tuesday to Friday 9:30am – 4:00pm. Call the office to book a time with Fr. Iqbal or Fr. Rodel ADORATION IS IN THE HOPE ROOM MONDAY TO FRIDAY 9:30am to 4:00pm

MASSES

MONDAY to FRIDAY at 9:00AM Administration doors, SATURDAY at 5:00PM Main Front Doors & SUNDAY at 8:30AM, 10:30AM & 6:00PM Main Front Doors MAKE SURE TO COME EARLY TO BE SCREENED & WEAR YOUR MASKS DOORS WILL BE LOCKED WHEN MASS STARTS

Catholic Women's League Marjorie Bowlby 403-527-2739 Knights of Columbus Ron Pisoni - 403-526-1848

We do have masks available if needed! Please dispose of them in a responsible manner.

<u>IF YOU HAVE LOST A</u> <u>SIGNIFICANT PIECE OF JEWELRY</u> <u>PLEASE CONTACT THE OFFICE</u>

Attending Masses...

MAKE SURE TO COME EARLY TO BE SCREENED <u>THE DOORS WILL NOW BE LOCKED WHEN MASS</u> <u>STARTS</u> TO ENSURE YOUR SAFETY FROM PEOPLE <u>TENTERING THAT HAVE NOT BEEN SCREENED.</u>

MASKS...

IT IS **MANDATORY** TO WEAR A MASK AT ALL TIMES NOW IN THE CHURCH.



OPERATING FINANCES	
January 1-31, 2021	
Operating Budget 2021	\$ 55,769
General Envelope	\$ 42,302
Collection	
Loose Collections	\$ 378
Future Development	\$ 4,563
Sale of Church Supplies	\$ 4,987
Other Ministries	\$ 520
Shortage YTD	-\$ 2,269
SPECIAL COLLECTIONS	
Together in Action (TIA)	\$ 2,910
St Vincent de Paul	\$ 2,906
Clergy Retirement	\$ 125
Seminarian Fund	\$ 130
Mission Mexico	\$ 170
CARO	\$ 85
2021 TIA GOAL – \$??,???	

TO DATE \$ 2,910 = ??% OF THE WAY

Thank You for your Generous Contributions

MAKING CLEAN

Jesus was not afraid to touch the untouchable leper today. Jesus was unafraid to be cleaning and healing and teaching – right and good behaviors. Saint Paul makes a clear implication for all of us. Our task: imitating Christ. Our task: doing all things for the glory of God.

- † What mercy works of cleaning and healing can I do this week?
- What will I do, seeking not my own benefit but that of another?
- † How will I be like Christ today? Tomorrow? Next Week?

6th Sunday in Ordinary Time -Year B Sunday, February 14, 2021

1st Reading: Leviticus 13.1-2,45-46 As long as they are unclean they shall live alone outside the camp.

Responsorial Psalm: 32.1-2,5,11 (*R.7*) R. You are my refuge Lord; with deliverance you surround me.

2nd Reading: 1 Corinthians 10.31-11.1 Be imitators of me, as I am of Christ.

Gospel: Mark 1.40-45

Jesus touched the man with leprosy and he was cured.

> † Masses Intentions † February 13th to 19th

Saturday, February 13 5:00pm – Gabriel Zavala † Sunday, February 14 8:30 am – Holy Family Parish 10:30am – Simon Schmaltz † 6:00pm – Ben Koch † Monday, February 15 9:00am – Henry Wickenheiser † Tuesday, February 16 9:00am – Mary Lutz † Wednesday February 17 9:00am - Paul Tuchscherer † 6:30pm – Piera Dal Molin Thursday, February 18 9:00am – Joe & Maria Cruz Deceased Family Members Friday, February 19 9:00am - Tim Hudek †

Congratulations to the New Catholic Women's League Executive

CWL EXECUTIVE 2021 - 2023

President:	Marjorie Bowlby
Past President:	<u>Vi Sheridan</u>
President Elect:	Lynn O'Byrne 🖉 🖉 🗖 🔁
Secretary:	Mary Jean Rath
Treasurer:	Anna Marie Clark
Communications:	Jackie Metcalfe
Faith:	Louella Berger
Service:	Dianne Durda
Social Justice:	Sandra Graham
Organization:	Anna Marie Clark, Rita Hof & Mildred Martin
Pastoral Council Rep.:	<u>Rita Hof</u>
Spiritual Advisor:	Father Igbal Khurshid

Happy Valentines Day

A Valentine Prayer

I said a Valentine prayer for you and asked the Lord above to fill your heart and bless your soul With the precious gift of love.

I asked Him for sincere love The kind that's meant to stay Just like the generous love You give to those you touch each day.

I prayed for love from family And from every cherished friend Then I asked the Lord to give you His love that knows no end.



IC WOMI

John 4:7-12. Dear friends: let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. Whoever does not love does not know God, because God is love.

Vincentian Corner

This week we would like to share with you a very moving statement from one of our clients.

"St. Vincent de Paul fills my cup in a world that empties it."

Thank you for your continued prayers and donations. They are making a difference in the life of those in need.

If you donated directly to St. Vincent de Paul in 2020 and did not pick up your tax receipt, it has been mailed to you.

Thank you for your generosity, and God bless you!

Marriage Vows Renewal - February 14, 2021 - 6:00pm Mass

Let us pray for Married Couples. Please join us for this wonderful celebration.





KNIGHT OF THE MONTH HENK HOF

The Knights of Columbus would like to congratulate Brother Henk Hof for receiving the Knight of the Month Award for February. Henk has been a member of the Order for 35 years. He organizes and coordinates Holy Family Saturday Feed the Needy at St. Barnabas and Thursday 5th Avenue Feed the Needy. He also organizes Knights breakfasts, bingos, and charity appeal tickets. Henk has had numerous positions in the Knights including Grand Knight, financial secretary and is involved in numerous ministries at HFP. A well-deserved award.

40 LOONIES FOR LENT

This lent, let us commit to participate more fully in a Lenten spiritual discipline of reading the gospels, prayer, fasting, abstinence, and almsgiving. We encourage families to establish a daily program to pray for the less fortunate and to fast to become more empathetic for our hungry and starving brothers and sisters resulting in a spirit aligned for sacrificial almsgiving.

This year, Holy Family Parish and Knights of Columbus Council 9502 ask you to consider directing your Lenten sacrificial almsgiving to be equally split between the Mustard Seed and St. Vincent de Paul via our weekly parish donation envelopes collected at every weekend mass. Our goal this year is \$10000.

Simply write "40 LOONIES FOR LENT" and the dollar amount on your weekly parish donation envelope. You may donate your full Lenten gift of \$40.00 one time or contribute an amount of \$7.00 or more each week. If sacrificial giving means you can give more please do so.

For those who are not using weekly envelopes you may make your cheque payable to Holy Family Parish or donate cash in a separate envelope marked with your name, address & "40 LOONIES FOR LENT" and place it in the weekly collection basket or drop it off at the Parish office. Alternatively, you may authorize the parish to process your donation on your credit card.

Look for updates on funds collected in the parish bulletin.

Please be generous. Thank you!



Pause, See & Return

Ash Wednesday

We begin our Season of Lent by having ashes on our forehead with the words "Remember you are dust and unto dust you shall return". As Pope Francis said "The season of Lent is a favourable time to remedy the dissonant chords of our Christian life and to receive the ever new, joyful and hope-filled proclamation of the Lord's Passover. The Church in her maternal wisdom invites us to pay special attention to anything that could dampen or even corrode our believing heart. We are subject to numerous temptations. Each of us knows the difficulties we have to face. And it is sad to note that, when faced with the ever-varying circumstances of our daily lives, there are voices raised that take advantage of pain and uncertainty; the only thing they aim to do is sow distrust. If the fruit of faith is charity – as Mother Teresa often used to say – then the fruit of distrust is apathy and resignation. Distrust, apathy and resignation: these are demons that deaden and paralyze the soul of a believing people. Lent is the ideal time to unmask these and other temptations, to allow our hearts to beat once more in tune with the vibrant heart of Jesus. The whole of the Lenten season is imbued with this conviction, which we could say is echoed by three words offered to us in order to rekindle the heart of the believer: pause, see and return. Pope St. Clement I opens our minds to understand the real meaning of Lent with these words "If we review the various ages of history, we will see that in every generation the Lord has offered the opportunity of repentance to any who were willing to turn to him. When Noah preached God's message of repentance, all who listened to him were saved. Jonah told the Ninevites they were going to be destroyed, but when they repented, their prayers gained God's forgiveness for their sins, and they were saved, even though they were not of God's people. In other words, God wanted all his beloved ones to have the opportunity to repent and he confirmed this desire by his own almighty will. That is why we should obey his sovereign and glorious will and prayerfully entreat his mercy and kindness. We should be suppliant before him and turn to his compassion, rejecting empty works and guarrelling and jealousy which only lead to death. The Season of Lent to pause a little to see who we are and where are we heading to and return back to the Lord "As I live, says the Lord, I do not wish the death of the sinner but his repentance". He added this evidence of his goodness: House of Israel, repent of your wickedness. Tell the sons of my people: If their sins should reach from earth to heaven, if they are brighter than scarlet and blacker than sackcloth, you need only turn to me with your whole heart and say, "Father," and I will listen to you as a holy people". Once again St. Pope Clement I says "we should be humble in mind, putting aside all arrogance, pride and foolish anger. Rather, we should act in accordance with the Scriptures, as the Holy Spirit says: The wise man must not glory in his wisdom nor the strong man in his strength nor the rich man in his riches. Rather, let him who glories glory in the Lord by seeking him and doing what is right and just. Let this season provide us little time to pause, see and return and our lives may become pleasing to the Lord who suffered, died and rose again for us to grant eternal life.

ASH WEDNESDAY MASS February 17, 2021 9:00am & 6:30pm

6:30pm Mass will be livestreamed on YouTube



You are invited and encouraged to join the praying of the Divine Mercy Novena every day after mass **commencing Tuesday, February 16** and continuing through **until Divine Mercy Sunday, April 11**. We will be praying the Daily Novena prayer for each of the nine days, followed by the Chaplet and the Litany of Trust in Divine Mercy. You may excuse yourself and depart after the conclusion of mass.

Weekdays immediately after 9:00 mass

Saturdays & Sundays immediately after 8:30 mass

March 12 - RCIA February 19 - Knights of Columbus **March 19 - Parish Pastoral March 26 - Filipino Community** February 26 - Catholic Women's League **March 5 - Finance Committee** Monday, March 29 - CWL with Margaret **Velichko Slide Show** Stations of the Cross 2021 – 6:00pm followed by a Mission Talk each Friday night.

LENTEN MISSION TALKS 6:30pm following THE STATIONS OF THE CROSS de G:00pm

February 19 &

March 5, 12, 19 26 & 30, 2021 February 19th, 2021 - Speaker: Lindsay Heier Why Forgiveness is Important for Transformation? "Father, forgive them, for they do not know what they do." Luke 23:34

February 26th, 2021 - Speaker: Fr. Iqbal **Our Openness to accept Jesus** "Truly, I say to you, today you will be with me in Paradise." Luke 23:43

March 5th, 2021 - Speaker: Fr. Iqbal How do we share our life with other? "Jesus said to his mother: "Woman, this is your son."

Then he said to the disciple: "This is your mother." John 19:26-27

March 12th, 2021 - Speaker: Jimmy Tablan **Are we grateful for what we have?** *"My God, my God, why have you forsaken me?" Matthew 27:46 and Mark 15:34*

March 19th, 2021 - Speaker: Deacon Robert Risling Why Jesus is thirsty? *"I thirst." John 19:28*

March 26th, 2021 - Speaker: Fr. Roque Pereira What is our relationship with Him? When Jesus had received the wine, he said, "It is finished;" and he bowed his head and handed over the spirit. John 19:30

March 30th, 2021 - Speaker: Fr. Rodel Abanto Why trust in the Lord is important? Jesus cried out in a loud voice, "Father, into your hands I commend my spirit." Luke 23:46

Talks will be Livestreamed on You Tube



6th SUNDAY IN ORDINARY TIME - YEAR B

GOD'S CHOICES

Before I share my reflection with you, I would like to share "God's Cover Letter" written by an unknown author. I believe this so very important for us to understand that God's choice for us to attain eternal life and life in abundance is the core of his love.

To Whom It May Concern....

I heard you were considering a new manager for your life. I would like to apply for the job.

I believe I am the most qualified candidate applying. I am the only one that has ever done this job successfully. I was the first manager of life. In fact, I made all lives, so naturally I know how humanity works, and what is best to get people back into a proper working condition. Hiring me will be exactly like having the manufacturer as your personal mechanic.

If this is your first time considering me, I would just like to point out that my salary has already been paid by my son, Jesus on the cross of Calvary. This salary covers the time prior to my hiring as well as my present and future employment.

If you decide to hire me, I will need to receive from you an acknowledgment that you erred in not hiring me sooner! I understand this is a strange requirement, but since you violated the manufacturer's warrantee by placing your being under inferior management, this is a prerequisite to my engagement. Lastly, I will require a carte blanche (a blank cheque) to reorganize and manage your life. I intend to make some major changes and revisions. They are not for you to worry about. I need your permission to execute these changes in My way and in My time. I will establish new goals and objectives and restructure your life to meet these requirements. Please keep your hands out of the way. Do not try to help me and do not resist me and we will get along fine. I really do need your full commitment and cooperation in this. If you give me this, the process of getting your life back to the manufacturer's intentions can go smoothly, without delays. I assure you: you will be pleased with the outcome.

I will require a verbal contract to all these stipulations in the presence of witnesses.

Yours

Sincerely, GOD

P.S. I created the heavens and the earth. I AM.

BELOW IS MY RESUME...

GOD Everywhere All over, Every Place ~ Phone: (123) 456-PRAY.

EXPERIENCE: From the beginning of time. Before the beginning of time. From everlasting to everlasting. I made time.

ABILITY: All Powerful

PRIOR EMPLOYMENT: Created the universe, put the galaxies in place, formed man. Established heaven and earth by My spoken Word and am currently holding up the world by My power.

EDUCATION AND TRAINING: I AM, and I have all knowledge.

CHARACTER REFERENCE: Love, light, and life (1 John 4:16, 1 John 1:5, John 14:6). A representative, but by no means conclusive list of other character traits follows: Wisdom (James 1:5), Comfort (2 Corinthians 1:3), Truth (John 8:32), Healer (1 Peter 2:24), Strength (Phil. 4:13), Forgiveness (1 John 1:9), Provider (Phil. 4:19), Mercy (Ephesians 2:24), Good (Matthew 19:17), Peace (Romans 14:17).

AVAILABILITY: Willing and ready to take over your life. Able to put your life together again. Will bring all of who I AM into your life. Can start now.

SALARY REQUIREMENT: Work in your life has already been paid for through the blood of My Son, Jesus. Your only responsibility is to commit initially and daily. Trust and obey what Jesus has done and wants to do in your life.

How wonderful it is to read this cover letter in the context of our faith. This is going to be our last Sunday in Ordinary time before we begin Ash Wednesday. As we continue to meditate and reflect on the Word of God given to us every Sunday, we see in the first reading the misery of the lepers. They were excluded from the community and had to live outside the camp. They had to call "unclean, unclean" while wearing torn clothes. How painful it would have been for a person who was married and had young children to have to leave them behind and have no way to come closer to them and to their other family and community members.

Last year as the world was hit by the pandemic, people have witnessed a similar situation with their own family members and friends who suffered from Covid-19 and could not get closer to them nor they could come closer to anyone. The pandemic is continuing to disturb our lives. Didn't we see the misery of the people? Yes, we did, and we have tried our level best to help them to stay strong and healthy.

There is а difference between our choices and the Divine. We humans choose things, people, based and careers on qualification or maybe outer appearance. As we see in the First Book of Samuel. when Samuel went to anoint a new king for Israel, and he was impressed by the outer appearance of one of the of Jesse God sons reminded him saying "he



sees the inner beauty of the person and not the outer appearance. We choose to help when we have power or money in our pockets and if we are lacking both or one of them, we decline the idea of helping other people. The following story about Bill Gates (some people think it is not true but let us focus on the message it highlights).

Bill Gates was asked if there was someone richer than him. His reply will melt your heart. Back when Bill Gates was the richest man on earth, someone asked him " Is there anyone richer than you in the world"?

Bill Gates replied "Yes there was a person who was richer than me. It was when I was not rich or famous. I was at the New York airport and I saw a newspaper vendor.

" I wanted to buy a newspaper and I realized I didn't have change. So, I left the idea of buying and returned it to the vendor. I told him I did not have the change.

"The vendor said, 'I'm giving you this for free'. In this insistence I took the newspaper".

"Coincidentally, after two to three months, I landed on the same airport and again I was short of change to buy a newspaper. The vendor offered me the newspaper again. I refused and said I cannot take it as I do not have change today either.

" He said, 'you can take it, I am sharing this from my profit. I will not be at a loss'. I took the newspaper.

"After 19years, I became famous and known by people. Suddenly I remembered that vendor. I began searching for him. After one and a half months, I found him.

"I asked him, 'do you know me'? He said, 'Yes, you're Bill Gates'.

" I asked him again, 'Do you remember once when you gave me free newspapers?' The vendor said, 'Yes I remember, I gave them to you twice'.

"I said, 'I want to repay that help that you offered me at that time. Whatever you want in life, tell me, I shall fulfill it'.

" He said, 'Sir, don't you think by doing so, you won't be able to match my help?'

"I asked, 'why? He said 'I helped you when I was a poor newspaper vendor, but you are trying to help me now when you have become the richest man in the world, how can your help match mine?

" That day, I realized the newspaper vendor was richer than I was. Because he didn't wait to become rich to help someone".

Today's Sacred Scripture Readings are showing us the same message. In the First Reading we come to know about the instructions regarding the lepers, what they were supposed to do. How painful it would be for those people to leave everyone in the family and live outside in a deserted place. Not only that but also, they must cry out to everyone "Unclean, Unclean" which might have brought more pain to them. I think it is not difficult to see and feel the pain of those lepers in our present times as many people have died due to Covid-19 and family members or friends were not allowed to visit them, or people could not see their faces because they were cremated soon after their death.

In the Gospel we could see and feel the pain, depression, and stress of the leper as he begs of Jesus by saying "if you choose, you can make me clean". These words of the leper are an open invitation to all of us to invite Jesus into our lives for healing and strength. Jesus is our healer and Saviour who has carried all our infirmities and iniquities onto himself and died for us on the cross to save us. The choice of the leper was to come to Jesus rather than go somewhere else - so what is ours?

Amid the leper's pain and distress comes the divine choice as Jesus says "I do choose. Be made clean!" Wow that is an amazing divine choice for all of us. Throughout the history of our salvation, God has chosen the right and best things for us. First, he created us in his own image then gave authority over everything he created. Secondly, he chose people to be his and he to be God for them. To strengthen and affirm this bond of love he kept sending holy people to keep bringing people back to him. He kept forgiving people's sin and transgressions because He is slow to anger and abounding in steadfast love. He does not count our sins because he cannot deny himself as St. Paul says. Thirdly, God loved the world so much that he gave his only Begotten Son that anyone who believes in him, may have life and life in abundance. There is an endless list of God's choices for us because God is so loving and caring because "it is not we who have chosen him, but it is he who has chosen us" to be his loving children.

So, as we prepare ourselves to begin the new liturgical season of Lent, what are the choices we are going to make? Are we going to allow Jesus to choose what is best for us or are we going to choose what is good for us based on our human wisdom, understanding, knowledge and qualifications?

Once upon a time there was a wealthy and rich king. He was known for his flawless administration and ruled the hearts of his subjects. People would come to him carrying their problems with high hopes that he would never send them back disheartened.

Years passed by and the king started to become old and frail. He began to worry about who would take care of his kingdom after his death. The question of who the heir for his chair would be started to loom heavy in his mind.

The king was blessed with three sons, who were loyal, obedient, and respectful towards the king. But he wanted all three of them to go through an acid test to prove themselves and to see who had the real caliber and who was fit to be a king. So, he decided to chalk out a plan.

He called his three sons and gave them 100 gold coins each. A time of one year would be given to all of them to use these 100 gold coins. Then he said," whoever brings a golden dog for me shall be my successor". The three sons set out with their own sets of gold coins.

The eldest of the three brothers went to the city and took a palace on rent for himself. Then he hired some men, and sent them in all four directions, with the order to find a golden dog. After a few weeks, these men returned empty handed. In all this process, his 100 gold coins were gone. The eldest son lost the fight for the throne then and there.

The second son became a broker in the town and started lending money to people on lower interests. He earned multiple profits through this business and with the money he had from these profits, he gave the local goldsmith the order to make a Golden dog.

The youngest of all three was the wisest. He bought a small house for himself and started staying in a colony of poor and needy people. He invested his money in a business and reaped heavy profits from it and thereby employed a few poor people under him. He not only provided employment for the poor but also built hospitals and schools for the poor from that money, to help them lead a better life. Seeing his contribution for them, the poor people around him were very happy and started treating him God-like. Satisfied with his work he went back to his father.

A year passed by and the three sons stood in front of the king. The eldest gave nothing; the second son gave a golden dog after which the turn of the third one came. He said, "His Highness please accept this dog made of cotton. I ask you in all humility, not to underestimate the special appeal of this dog. I have crafted it with my own hands. The hard work, toil under the hot son to grow this cotton and the labor put in by my fellow companions is nothing less than gold."

> GOOD FRIDAY: Reflections on the Way to the Cross – with Fr. Pat Fitzpatrick C.S.Sp.

HOLY SATURDAY: The Luminous Mysteries of the Rosary – with Fr. John Bertão

Holy Week Reflections

WATCH ON TV APRIL 2 & 3, 2021

www.dailytvmass.com Toll Free: 1-888-383-6277





GOOD FRIDAY REFLECTIONS ON THE WAY TO THE CROSS with Fr. Pat Fitzpatrick C.S.Sp.

APRIL 2 – WATCH DURING YOUR REGULAR TV MASS TIMES

We come face to face with Christ in those who suffer. Through these Stations of the Cross, we follow in Jesus' footsteps from Pilate's palace, to Calvary. We mark ourselves with the sign of the cross and walk with Fr. Pat Fitzpatrick on the way to the cross. This production is not the traditional Way of the Cross, as it invites us to join with the faithful followers of Christ, especially his mother, and to enter into the passion and death of Jesus our saviour.

In appreciation of your kind support, please check the appropriate box on your donation form if you would like us to send you the new booklet based on these reflections.



HOLY SATURDAY

THE LUMINOUS MYSTERIES OF THE ROSARY

with Fr. John Bertão

APRIL 3 – WATCH DURING YOUR REGULAR TV MASS TIMES

"With the Rosary, the Christian people sits at the School of Mary and is led to contemplate the beauty of the face of Christ and to experience the depths of his love." St. John Paul II

Holy Saturday is a time of contemplation for Catholics as we wait for the joy of our Easter celebration. Father John Bertão will be sharing a reflection on the Luminous Mysteries. (Baptism of Christ, Wedding at Cana, Proclamation of the Kingdom, Transfiguration, Institution of the Eucharist.) These newest of the mysteries of the Rosary, established by St. Pope John Paul II in 2002, have been called "Mysteries of Light" and are messages of enlightenment and hope.

6th Sunday in Ordinary Time



COVID-19 Resources

COVID-19 Resources for Parish Staff: <u>catholicyyc.ca/resources.html</u> To share with parishioners:

- Sacraments & Liturgies (First Reconciliation, First Communion, Confirmation)
- Spiritual Resources
- Sacrament Preparation
- Online Formation Opportunity

Visit the Diocesan Event Calendar

Share Lent 2021

The theme of this year's Share Lent campaign is Share Love, Share Lent. It is inspired by the message of the Holy Father's recent encyclical, *Fratelli Tutti*, which is a call "for a love that transcends the barriers of geography and distance," and "allows us to acknowledge, appreciate and love each person." (FT,1)

- <u>Read letter</u> from the President of CCCB, Archbishop Richard Gagnon re: 2021 Share Lent Campaign.
- "A Prayer to the Creator" Download PDF

Action item for Pastoral Staff Please share with your parishioners

40 Days for Life



As people of faith, we affirm that *all* human life is sacred from the moment of conception to natural death.

40 Days for Life is an internationally coordinated 40-day campaign that aims to end abortion through prayer and fasting, community outreach, and peaceful vigils outside of abortion clinics. The spring campaign is from **Ash Wednesday**, **Feb. 17 to Mar. 28, 2021.**

Here are some ways your parish can be involved for the protection of life, to pray for the aborted babies, their mothers, fathers, families, those experiencing unexpected pregnancies, and for staff and physicians working in abortion clinics.

- Offer Mass
- Choose a day in the week to pray the Rosary for these intentions
- Choose a day to fast

- Choose a day to pray before The Blessed Sacrament
- Share the pro-life message via parish communication methods homilies, video clips, online church bulletins, announcements, etc.
- Choose a day to pray outside of the Kensington Clinic by signing up here <u>https://www.40daysforlife.com/vigil-hours-signup.aspx?l_id=359</u>
- View "Unplanned" and other movies, documentaries and informative and inspirational videos concerning abortion
- Read books that have a strong pro-life message
- Visit <u>www.40DaysforLife.com</u>
 - Sign up and listen to their free podcasts
 - Sign up to receive weekly prayers/devotions via email
 - Read the 40 Days for Life blog
- Study the Church's teachings on Abortion in the Catechism of the Catholic Church, paragraphs 2270-2275

<u>Please see the attached Pre and Post Pregnancy Resources Sheet.</u> This is a helpful tool to know where you may refer those who need these resources. For more information about 40 Days for Life in Calgary, <u>click here.</u>

Nurturing Friendship Webinars

The CCCB Office for Evangelization and Catechesis will offer a four-part webinar series, "Nurturing Friendship, the *Directory for Catechesis* in Dialogue with the Encyclical Letter *Fratelli Tutti*." Beginning 2 March 2021, the series will explore how the themes of these two documents call catechists to be people of hope who promote human dignity and communion with God by building bridges and asking 'Who is my neighbour?'

The series is designed for those who have responsibility for evangelization and catechesis including, clergy, consecrated persons, laity involved in ministry, directors and coordinators of evangelization and catechesis, and Catholic educators.

- Program (or check on <u>catholicyyc.ca/news</u>)
 - Session 1: Tuesday, March 2, at 11 am, "The catechist brings hope: Navigating the signs of our time" with Msgr Murray J. Kroetsch and Michelle Dabrowski
 - Session 2: Tuesday, March 9, at 11 am, "The Catechist asks: Who is my neighbour? Parable of the Good Samaritan as a paradigm for encounters of mercy" with Elisa Lollino and Dr. Josephine Lombardi
 - Session 3: Tuesday, March 16 at 11 am, "The Catechist Promotes Human Dignity and Communion with God" with Dr. Nick Olkovich & Dr. Anne Walsh
 - Session 4: Tuesday, March 23 at 11 am, "The Catechist builds bridges with diverse faith communities" with Julien Hammond and Charlene Peters.

The Jacket Racket & Street Sisters

Due to COVID restrictions on gatherings, PASS IT ON was unable to hold their annual winter clothing giveaway. Instead, they supported and promoted <u>Jacket Racket</u>, a volunteer organization that has been providing clean, gently used winter coats and accessories to Calgary children since the 1980's.

This year, PIO will also be supporting and promoting another charity – <u>Street Sisters</u>, a new organization which has emerged from *Be the Change YYC*. Street Sisters are a group of community based volunteers who literally go out onto the streets to connect with girls and women that are homeless, exploited, victims of trauma and abuse, and suffering from addiction or mental health issues. Besides connecting them with critical resources, *Street Sisters* meets immediate basic needs.

• To read what impact you contributed through the 2020 Jacket Racket, and details of the upcoming 2021 Jacket Racket & Street Sister projects, click here.

Lectio Divina Compendium from Seeds of the Word

Seeds of the Word Community in Calgary is offering beautiful Lectio Divina (Divine Reading) Compendium for sale - a book/journal containing all the references for daily reading for the whole liturgical year and the space you need to write your daily personal reflection.

- Watch video about the Lectio Divina Compendium | Order the Compendium here
- Order their famous "Taste and see" cookies using this form

Resources to share:

- 1. Sixth Sunday in Ordinary Time Bulletin Shorts, free to use <u>Mass Readings</u> | Making clean. Jesus was not afraid to touch the untouchable leper today. Jesus was unafraid to be cleaning and healing and teaching – right and good behaviours. Saint Paul makes a clear implication for all of us. Our task: imitating Christ. Our task: doing all things for the glory of God.
 - What mercy works of cleaning and healing can I do this week?
 - What will I do, seeking not my own benefit but that of another?
 - How will I be like Christ today? Tomorrow? Next Week? Source: Diocese of Springfield

2. Webinars on Wills and Estate Planning: Insurance

A message from Calgary Catholic Education Foundation (CCEF): You have it. You need it. But what can you do with it? Join the CCEF and the Co-Operators for a FREE 1-hour webinar on insurance and how it works in your estate planning. Advance registration required. Two sessions available: Feb 20 at 1 pm (<u>Register here</u>); Feb. 23 at 7 pm (<u>Register here</u>).

3. Shalom Media gallery

Shalom Media Canada approached the Diocese of Calgary to offer the **Shalom Media Gallery**, a feature that can be embedded into the diocesan and/or parish websites. The Gallery provides visitors direct access to Catholic content produced by Shalom Media without having to leave the site. This service is being provided free of charge. The Diocese of Calgary has decided not to incorporate this feature to the diocesan website. However, this decision by no means prevents any of the parishes that are interested to sign up for this feature. If you are interested in incorporating Shalom content into your website through the Shalom Media Gallery, feel free to contact Tosbin Joseph at TosbinJ@ShalomWorld.org or (587) 707-3197.

4. 5th Annual Franciscan Fine Arts and Poster Contest

Our Lady of the Angels Regional Council invites children and youth to participate in their 5th Annual Franciscan Fine Arts and Poster Contest based on Pope Francis' Fratelli Tutti.

• Poster & Information | Letter for Pastor & Teacher | Contest Entry Form

5. Pope establishes World Day of Grandparents and the Elderly

Pope Francis announced the establishment of a World Day of Grandparents and the Elderly as a reminder of the important role they play as a link between generations. The pope said the day will be celebrated every year on the fourth Sunday of July to coincide with the feast of Sts. Joachim and Anne, Jesus' grandparents. The first celebration of this day will be on July 25. <u>Read more</u>

6. Pope Francis: Caring for the sick is not optional

Pope Francis reflects on Jesus' ministry of healing during the Angelus on Sunday. The Pope reiterates that caring for the sick is not an "optional activity" for the Church, but an integral part of her mission; like Jesus, the Church is called "to bring the tenderness of God to suffering humanity." <u>Read more</u>

7. How a village helped raise one of N.B.'s tiniest preemies

Here is one beautiful story on #everylifematter. When Amanda Robichaud went into labour at 23 weeks, her community rallied behind her and has never stopped! Read the story in <u>CBC.ca</u>

8. Catholic priest developing COVID-19 vaccines for the poor Fr. Nicanor Robles Austriaco is a Filipino-American scientist, microbiologist,

and professor, as well as a priest of the Dominican order. His project is called Pagasa, which in Filipino means Hope. If this vaccine is a success, it would be a great hope for millions of poor people in the world and for the general population. <u>Read more</u>

9. The 7 joys of St. Joseph

A devotion connected to the 7 Sorrows of St. Joseph, the 7 Joys of St. Joseph, reflects upon those happy events in his life that led him to rejoice. The tradition stems from a popular story about two Franciscans who were caught in a storm, as narrated in the 19th-century book Annals of Saint Joseph. <u>Read more</u>

First Communion Online Coaching Sessions

First Communion (or First Eucharist) online parents coaching session information:

Parents can register to all the available sessions on our website: <u>catholicyyc.ca/firsteucharist.html</u>

- Download Session 1 (Ch. 1 & 2) Notes in <u>PDF</u>
- Download Session 1 (Ch. 1 & 2) Presentation in <u>PPT</u>

Spanish coaching session with Fr. Salvador Ahumada is available on Fridays at 6 pm.

For questions, contact Huy Nguyen at <u>huy.nguyen@calgarydiocese.ca</u>

LIVESTREAM

Full schedule of Parish Livestream Masses in the Diocese of Calgary is available at: <u>https://www.catholicyyc.ca</u>.

You can also watch parish Sunday Masses via TELUS Optik TV Ch. 876 (choose Diocese of Calgary tile logo). For other online Masses, visit <u>Salt+Light TV</u>, <u>Shalom</u> <u>World TV</u>, <u>EWTN</u> and <u>Vision TV</u>.

Sunday 10:30am Mass

Medicine Hat Holy Family Church Live Stream

https://www.youtube.com/channel /UCG6zK-XzuXdDHj79rV6ut Q



EMAIL SCAMS

Several reports of email scams have been brought to our attention. The emails have been written in a compelling way that the email addresses of the senders were not visually verified and responses were sent. Perhaps this is a reminder that when someone you know asks you to email them back and sounding desperate to perhaps check the sender's email address. The scammers have become more intelligent in acquiring the tone of how we write as clergy.

SCHEDULE

Monday to Friday

6 pm - Rosary (Wednesday - Rosary and Mass) Bilingual: Portuguese & English Our Lady of Fatima Parish, Calgary

SATURDAY 5 pm - Anticipated Sunday Mass St. Paul's Parish, Airdrie

For more Livestreams, visit CATHOLICYYC.CA/LIVESTREAMMASS

SUNDAY

10:30 am – Sunday Mass St. Anthony's Parish, Calgary

Noon - Sunday Mass Our Lady of Fatima Parish, Calgary In Portuguese

5 pm - Sunday Mass St. Joseph's Parish, Calgary



ONLINE GIVING

Our parish relies on our regular offertory giving for maintenance and growth. By making your preauthorized offertory gift, you are providing crucial support to care for your parish during this difficult time. You can also use the online giving page on the diocesan website to set up a one-time or recurring donation to your parish via credit-card. Funds donated will be transferred to the selected parish. Give now at <u>https://www.catholicyyc.ca/give</u> [or contact your Parish to set up a direct debit deposit].

LINKS

- <u>News.CalgaryDiocese.ca</u> | Announcements from the Diocese of Calgary
- <u>Events.CalgaryDiocese.ca</u> | Diocesan events and registrations
- Blog.CalgaryDiocese.ca | Catholic Pastoral Centre Blog
- <u>Careers.CalgaryDiocese.ca</u> | Employment opportunities in the Diocese of Calgary Connect to the Diocesan <u>Facebook</u> | <u>Twitter</u> | <u>Instagram</u>
- To share with parishioners:
 - Sacraments & Liturgies
 - Spiritual Resources
 - Sacrament Preparation
 - Online Formation Opportunity



A corporate ministry of the Sisters Faithful Companions of Jesus (FCJ) since 1980



<u>Check out opportunities to join online</u> <u>programs run by the FCJ Centre (retreats,</u> <u>spiritual exercises, daily examen, prayers</u> <u>etc.). Visit their events calendar</u>



Spiritual Centre of Peace, Healing and Prayer

Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

February 19-21: St Vincent de Paul Weekend

- February 26-28: Men's Weekend
- March 5-7: Women's Weekend
- March 12-14: Outside Group Private Booking
- March 19-21: Outside Group Private Booking
- March 26-28: Women's Serenity Weekend
- March 31: Charity of the Cross
- April 9-11: Men's Serenity Weekend
- April 16-18: Couple's Weekend
- April 23-25: Anglican Weekend
- April 30 May 2: Women's Weekend
- May 7-9: Young Christian Professionals (Ages 20-40)
- May 14-16: Outside Group Private Booking
- May 17-21: Diocese of Calgary RC Clergy
- May 28-30: Outside Group Private Booking
- June 4-6: Women's Weekend
- June 11-13: Men's Weekend
- June 14-19: Outside Group Private Booking
- June 21-27: 6 Day Preached Retreat

Lenten Online N Study



We hope you had a wonderful Christmas and have started the new year with the peace and joy that only the Christ child can bring.

On February 3, I invite you to join me and the Endow team for our first online Endow study of the year. In anticipation of the season of Lent, we will be studying <u>Salvifici</u> <u>Doloris</u>, John Paul II's Apostolic Letter on the Christian meaning of suffering. This letter invites women to approach what is

ultimately the fundamental theological question-why is there suffering?

We will begin on Wednesday, February 3 and will meet weekly until March 24th from 10-11:15 PST. Teresa Hodgins will return as our Host and joining her will be Annette Bergeon (Executive Director), Laura Zambrana (Director of Content), Katie Smith (Director of Development), Janeth Chavez (National Coordinator for Magnifica) and myself.

This online study will be different from our online studies in 2020! The first part of the meeting will be done in the classic Endow format of reading the chapter out loud and having the panelists answer the discussion questions.

During the second part of the meeting, we will be placed into breakout rooms on Zoom! Each "room" will have one of the panelists leading the reading of the second part of the chapter and then facilitating the discussion questions in these small breakout groups. This means that each participant will have the opportunity to join in the discussion, if she chooses. We are so excited to interact with you more personally and intimately in this way!

There will be two ways you can participate in this study:

• Live – Register <u>here</u> to participate live on Wednesdays and be placed in a virtual Endow group in one of our breakout rooms led by an Endow panelist!

• After hours— Register <u>here</u> if you can't participate live during the 8 weeks but would like to watch the recording later and go through the Endow Study at your own pace or watching with your own group of friends at time which is convenient for you.

We look forward to having you join us for this Lenten study. Please register <u>here</u> to join us live or to receive the recording after.

For a free download of Chapter 1 of this study, please click <u>here</u> and to purchase the study <u>click here</u>.

For those who are unable to participate but would like to tithe their Lenten alms in sponsorship of this study please <u>click here to donate.</u> We are grateful for your generosity in support of women.

Please email any questions you may have to me at <u>simone.rizkallah@endowgroups.org</u>.

All blessings, Simone, Director of Program Growth

Register Now or Purchase the Study

Sneak Peek Endow Group

Interested in joining or leading an Endow group, but unsure what it is like? We would like to invite you to join us for a sneak peek of an Endow Group on the study, Lumen Gentium. This will be an interactive meeting showing you what to expect in an Endow group.



LUMEN GENTIUM





Mentorship Meeting

Join Simone Rizkallah, Director of Program Growth, in a personal mentorship meeting to discuss your questions or excitement of hosting an Endow Group.

Register now!

Join a Group

Seeking intellectual formation through intentional community? Please prayerfully consider hosting or joining an Endow group for women in your parish, neighborhood, or community.

