



Welcome to HOLY FAMILY PARISH

JANUARY 24, 2021 – 3RD SUNDAY IN ORDINARY TIME

Email: contact@holyfamilymh.ca ~ Website: www.holyfamilymh.ca ~ Facebook: Medicine Hat Holy Family Parish

Reconciliation: By Appointment Only 403-527-6933 ext. 101

Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm - Closed on Holidays.

Reconciliation is by appointment only Tuesday to Friday 9:30am – 4:00pm. Call the office to book a time with Fr. Iqbal or Fr. Rodel

**ADORATION IS IN THE
HOPE ROOM
MONDAY TO FRIDAY
9:30am to 4:00pm**



MASSES

MONDAY to FRIDAY at 9:00AM Administration doors,

SATURDAY at 5:00PM Main Front Doors &

SUNDAY at 8:30AM, 10:30AM & 6:00PM Main Front Doors

MAKE SURE TO COME EARLY TO BE SCREENED & WEAR YOUR MASKS

DOORS WILL BE LOCKED WHEN MASS STARTS



**Catholic Women's League
Vi Sheridan - 403-526-9091**

**Knights of Columbus
Ron Pisoni - 403-526-1848**



We do have masks available if needed! Please dispose of them in a responsible manner.



KNIGHTS OF COLUMBUS

12 Hour Adoration

Friday, Jan 22, 2021--- 9:30am – 9:30pm

Spend an hour with Jesus!

Email Darrell at d_gofsky@shaw.ca

Attending Masses...

**MAKE SURE TO COME EARLY TO BE SCREENED
THE DOORS WILL NOW BE LOCKED WHEN MASS
STARTS TO ENSURE YOUR SAFETY FROM PEOPLE
ENTERING THAT HAVE NOT BEEN SCREENED.**

MASKS...

**IT IS MANDATORY TO WEAR A MASK AT
ALL TIMES NOW IN THE CHURCH**



Sunday 10:30am Mass

Medicine Hat Holy Family Church Live Stream

https://www.youtube.com/channel/UCG6zK-XzuXdDHj79rV6ut_Q



OPERATING FINANCES	
<i>January 10th to 16th, 2021</i>	
Operating Budget 2020	\$ 12,178
General Envelope Collection	\$ 11,994
Loose Collections	\$ 876
Future Development	\$ 300
Sale of Church Supplies	\$ 1,025
Other Ministries	\$ 110
TOTAL	\$ 1,995
<i>SPECIAL COLLECTIONS</i>	
Together in Action (TIA)	\$ 905
St Vincent de Paul	\$ 914
Clergy Retirement	\$ 100
Seminarian Fund	\$ 130
2021 TIA GOAL – \$??,???	
TO DATE \$ 2,629 = ??% OF THE WAY	
<i>Thank You for your Generous Contributions</i>	

† Masses Intentions †
January 23rd to 29th

Saturday, January 23

5:00pm – Daniel Hoffart †

Sunday, January 24

8:30 am – Audrey Wasyluk †

10:30am – Philip Schafer

6:00pm – Holy Family Parish

Monday, January 25

9:00am – Clarence Miller †

Tuesday, January 26

9:00am – Tony Schafer

Wednesday January 27

9:00am – Len Heisler †

Thursday, January 28

9:00am – Simon Schmaltz †

Friday, January 29

9:00am – Scholastica Hammel †

**3rd Sunday in Ordinary Time -
Year B**

Sunday, January 24, 2021

1st Reading: Jonah 3.1-5,10

The people of Nineveh turned from
their evil ways.

**Responsorial Psalm: 25.4-5a,6+7b,8-9
(R.4)**

R. Lord, make me know your ways.

2nd Reading: 1 Corinthians 7.29-31

The present form of this world is
passing away.

Gospel: Mark 1.14-20

The kingdom of God has come: Repent,
and believe in the good news.

PROCLAIMING THE GOSPEL OF GOD

Jesus is very busy in the beginning of Mark's gospel – proclaiming, teaching, healing. And calling others to come and follow. The responses of Simon and Andrew, of James and John were immediate: stopping what they were doing, leaving it all behind without hesitation – they followed him. Stay tuned to this whole liturgical year to see where that leads.

† What of the good news of God is Jesus proclaiming to me today?

† How am I hesitating in giving Jesus Christ my immediate attention and response?

† What am I leaving behind, stopping doing in order to follow Jesus in more faithful ways?

CONFIRMATION & First Holy Communion

1ST COMMUNION - *NOTE SCHEDULE CHANGES**

The 1st session will start at 6:30pm Thursday Jan 28th at Holy Family Parish and end at 7:30pm. This is an in-person lesson for both child and parent provided restrictions have been removed. If restrictions are still in place classes will be run through Google Meet. Families will be notified after the gov't Jan 21st update.

Families wanting to continue online with the diocese please go to the diocesan website or view the Christmas bulletin sent out in December.

CONFIRMATION - *NOTE SCHEDULE CHANGES**

The 1st session will start 6:30pm Wednesday Jan. 27th at Holy Family Parish and end at 7:30pm. This is an in-person lesson for both child and parent provided restrictions have been removed. If restrictions are still in place classes will be run through Google Meet. Families will be notified after the gov't Jan 21st update.

Families wanting to use the online service through the diocese please go to the diocesan website or view the Christmas bulletin sent out in December.

For more information, please contact Fr. Iqbal 403-527-6933 or email Sally at sac.prep@holymfamilymh.ca

World Day of the Sick Health Care Workers Mass



February 11, 2021 at 7:00pm

Let us pray for all our doctors,
nurses, and health care workers.
Please join and invite other people
working in the health care.

Marriage Vows Renewal

**February 14, 2021
6:00pm Mass**



Let us pray for Married
Couples.

**Please join us for this
wonderful celebration.**

Endow

What is Endow?

**Endow unites the Catholic
intellectual tradition with
intentional community by
creating study guides and
organizing women into small
groups.**

LEARN MORE

**Either click on here. or there
is more information further
down in this Bulletin.**



3rd SUNDAY IN ORDINARY TIME - YEAR B

AN INVITATION TO REPENT AND BELIEVE

In our day-to-day life, we all receive invitations, either for school reunions, birthdays, weddings, and social gatherings etc. The main reason for all the invitations is only one and that is to mingle with other people and share our presence with them. The invitation is not a requirement because it respects the freedom of the invitees to accept or decline.

However, this week we get totally different invitation from the Lord: Repent and Believe through the Sacred Scriptures. Last Sunday we reflected that God called us to come and see where he lives and how we are ought to respond to his call. This invitation to repent and believe also takes us right into the heart of God who does not find any joy or happiness in the death of a sinner rather rejoices to find the lost souls. God's love and forgiveness recognizes that human beings, created in God's image, are always greater than the sins they commit. Remember the question of St. Peter "Lord, how often shall my brother sin against me, and I forgive him? As many as seven times?". To Peter, forgiving the same person seven times already seemed the maximum possible. And perhaps to us it may already seem too much to do so twice. But Jesus answers, "I do not say to you seven times, but seventy times seven."

This reminded me about the following story where the role of God does not remember our shortcomings, failures and sins but always shows his steadfast love and everlasting mercy because He can not deny himself; as St. Paul says.

One rainy afternoon a mom was driving along one of the main streets of town, taking those extra precautions necessary when the roads are wet and slick. Suddenly, her son, spoke up from his relaxed position in his seat. "Mom, I'm thinking of something."

This announcement usually meant he had been pondering some fact for a while and was now ready to expound all that his six-year-old mind had discovered. She was eager to hear.

"What are you thinking?" she asked.

"The rain!" he began, "is like sin, and the windshield wipers are like God wiping our sins away."

After the chill bumps raced up her arms, she was able to respond. "That's really good."

Then her curiosity broke in. How far would this little boy take this revelation? So, she asked... "Do you notice how the rain keeps on coming? What does that tell you?"

The young man did not hesitate one moment with his answer: "We keep on sinning, and God just keeps on forgiving us."

Isn't that an amazing story to help us see why God sent Prophet Jonah to the people of Nineveh; "Arise, go to Nineveh, that great city, and proclaim the message that I tell you". Prophet Jonah went with an invitation from God to make the people repent and believe in the love, forgiveness, and mercy of the Lord. Did Jonah force them to accept invitation? Absolutely not; because God does not take our free will away from us but leaves it on us to accept or decline. Amazingly, all the people of Nineveh—even the king—carefully heeded Jonah's warnings and began to repent, fast, and improve their lives. So, God then gave the citizens of Nineveh another chance and did not destroy their city. Jonah was a bit miffed over this, feeling that a punishment was still deserved. God decided to explain his forgiveness through a gourd plant. Jonah sought refuge from the heat under the leaves of this gourd plant when later a worm came along and ruined it. The loss of the shady plant greatly upset the prophet. God expressively pointed out how his care for the citizens of Nineveh, people he created and loved, should clearly outweigh Jonah's care for a mere plant—a plant that Jonah had neither grown nor tended.

The Gospel today presents the beginning of Jesus' public preaching ministry in Galilee. St. Mark stresses that Jesus began to preach "after John the Baptist was arrested". Precisely at the moment in which the prophetic voice of the Baptist, who proclaimed the coming of the Kingdom of God, was silenced by Herod, Jesus begins to travel the roads of his land to bring to all, especially the poor, "the gospel of God's love and forgiveness." He began to sow the seeds of a great hope: The Kingdom of God is at hand; God is among us. The Gospel itself shows us the joy and the rippling effect that this brought about: it started with Simon and Andrew, then James and John. The proclamation of Jesus is like that of John, with the essential difference that Jesus no longer points to another who must come: Jesus, himself is the fulfilment of those promises; He himself is the "good news" to believe

in, to receive and to communicate to all men and women of every time that they too may entrust their life to Him. Jesus Christ in his person is the Word living and working in history: whoever hears and follows Him may enter the Kingdom of God. Jesus is the fulfilment of divine promises for He is the One who gives to man the Holy Spirit, the “living water” that quenches our restless heart, thirsting for life, love, freedom and peace: thirsting for God. How often do we feel, or have we felt that thirst in our hearts! He Himself revealed it to the Samaritan woman, whom he met at Jacob’s well to whom he says: “Give me a drink” which reminds us that God wants us to share our lives with him.

Holy Father Pope Francis believes that God, in becoming man, made our thirst his own, a thirst not only for water itself, but especially for a full life, a life free from the slavery of evil and death. At the same time by his Incarnation God placed his own thirst — because God too thirsts — in the heart of a man: Jesus of Nazareth. God thirsts for us, for our hearts, for our love, and places this thirst in the heart of Jesus. Therefore, human and divine thirst meet in Christ’s heart”. Even we can hear his cry from the Cross “I am thirsty” as well.

The other interesting point we see in the Gospel today is that Jesus not only calls the people to follow him but also to St. Peter, he makes him the fisher of men. Jesus invites his disciples to experience in the present a taste of eternity: the love of God and neighbour. He does this the only way he can, God’s way, by awakening tenderness and love of mercy, by awakening compassion and opening their eyes to see reality as God does. He invites them to generate new bonds, new covenants rich in eternal life.

Pope Francis reflecting on the Gospel says “Jesus walks through the city with his disciples and begins to see, to hear, to notice those who have given up in the face of indifference, laid low by the grave sin of corruption. He begins to bring to light many situations that had killed the hope of his people and to awaken a new hope. He calls his disciples and invites them to set out with him. He calls them to walk through to the city, but at a different pace; he teaches them to notice what they had previously overlooked, and he points out new and pressing needs. Repent, he tells them. The Kingdom of Heaven means finding in Jesus a God who gets involved with the lives of his people. He gets involved and involves others to not be afraid to make our history a history of salvation”.

What is our response to his invitation to repent and believe? Are we still under the evil forces who could thwart our hearts not to meet and follow Jesus? Let me conclude my reflection with inspirational story.

There was a little boy, Johnny, visiting his grandparents on their farm. He was given a slingshot to play with out in the woods. He practiced in the woods, but he could never hit the target. Getting a little discouraged, he headed back for dinner. As he was walking back, he saw Grandma's pet duck.

Just out of impulse, he let the slingshot fly, hit the duck square in the head, and killed it. He was shocked and grieved.

In a panic, he hid its dead body in the wood pile, only to see his sister watching! His sister Sally had seen it all, but she said nothing.

After lunch, the next day Grandma said, "Sally, let's wash the dishes." But Sally said, "Grandma, Johnny told me he wanted to help in the kitchen. Then she whispered to him, "Remember the duck?" So, Johnny did the dishes.

Later that day, Grandpa asked if the children wanted to go fishing and Grandma said, "I'm sorry but I need Sally to help make supper." Sally just smiled and said, "Well that's all right because Johnny told me he wanted to help." She whispered again, "Remember the duck?" So, Sally went fishing and Johnny stayed to help.!

After several days of Johnny doing both his chores and Sally's... he finally could not stand it any longer.

He came to Grandma and confessed that he had killed the duck. Grandma knelt down, gave him a hug, and said, "Sweetheart, I know. You see, I was standing at the window and I saw the whole thing, but because I love you, I forgave you. I was just wondering how long you would let Sally make a slave of you."

Whatever is in our past, whatever we have done... and the devil keeps throwing it up in our face (lying, cheating, debt, fear, bad habits, hatred, anger, bitterness, etc.) whatever it is.... we need to know that God was standing at the window and He saw the whole thing.... He has seen our whole life; He wants us to know that He loves us and that we are forgiven.

He is just wondering how long we will let the devil make a slave of us. The great thing about God is that when we ask for forgiveness, He not only forgives us, but He forgets.... It is by God's grace and mercy that we are saved.

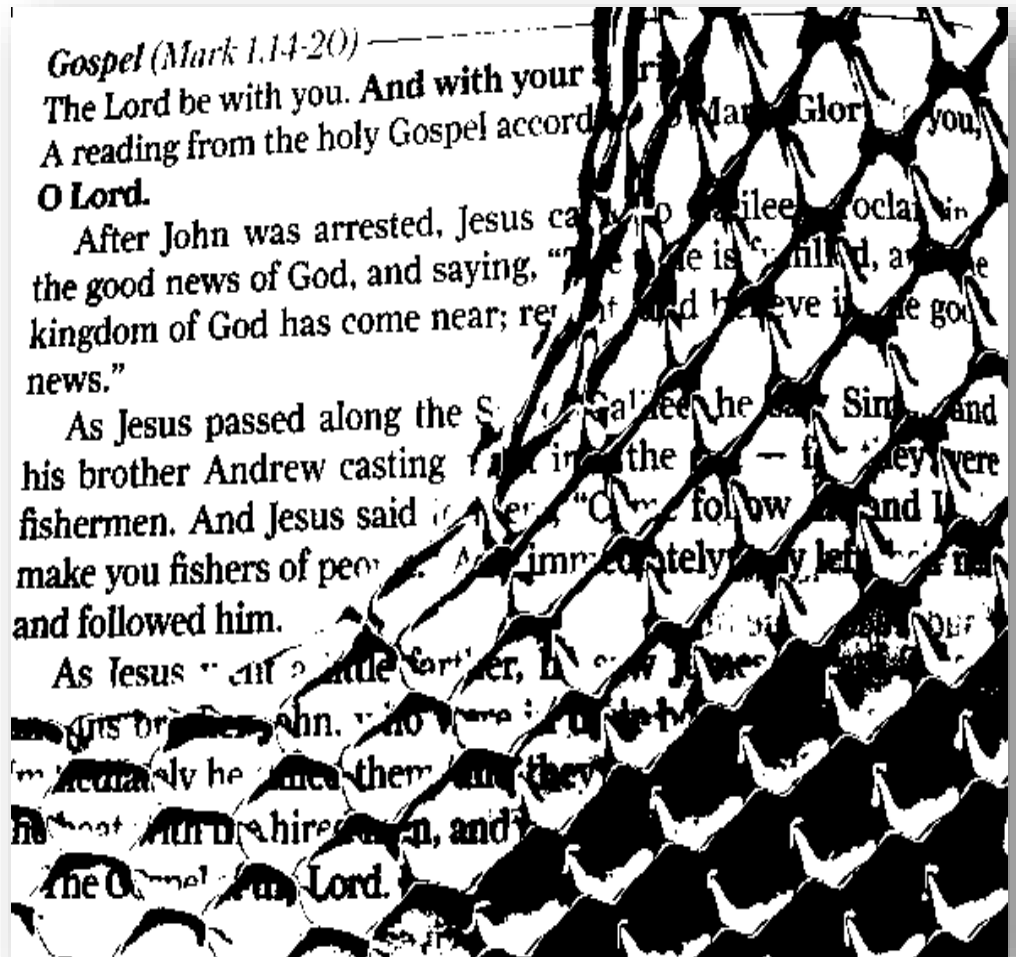
"O Lord, you have searched me, and you know me. You know when I sit and when I rise; you perceive my thoughts from afar. You discern my going out and my lying down; you are familiar with all my ways" (Psalm 139:1-3).

"And I will forgive their wickedness, and I will never again remember their sins." (Hebrews 8:12)

Jesus answered them, "Truly, truly, I say to you, everyone who commits sin is the slave of sin. "The slave does not remain in the house forever; the son does remain forever. "So, if the Son makes you free, you will be free indeed." (John 8:34-36)

"But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness." (1 John 1:9)

He says Come and our response is.....?



Picture by Teresa Studer



COVID-19 Resources

COVID-19 Resources for Parish Staff: [catholiccyyc.ca/resources.html](https://www.catholiccyyc.ca/resources.html)

To share with parishioners:

- [Sacraments & Liturgies \(First Reconciliation, First Communion, Confirmation\)](#)
- [Spiritual Resources](#)
- [Sacrament Preparation](#)
- [Online Formation Opportunity](#)

Visit the [Diocesan Event Calendar](#)

This Sunday is the Sunday of the Word of God - Jan 24

Pope Francis' Apostolic Letter, Motu proprio [Aperuit illis](#), published on September 30, 2019 establishes that "the Third Sunday in Ordinary Time (January 24, 2021) is to be devoted to the celebration, study and dissemination of the Word of God.

- How to enthrone the bible in your home? [See leaflet here](#)
- Word of God Sunday Liturgical Suggestions - [Download here](#)
- Current online offering of formation and events on scripture:
 - The Bible in a Year with Fr. Mike Schmitz (following the Great Adventure Bible Timeline with Jeff Cavins) - currently #1 in podcasts top chart. [Tune in](#)
 - The WORD 2021 International Catholic Bible Summit (Feb. 11-13) with speakers: Fr Mike Schmitz, Scott Hahn, Chris Stefanick etc. [Learn more](#)
 - Daily Lectio Divina with the Sisters of the Seeds of the Words in Calgary! This is a daily program, every morning at 7:30 am. [Tune in via YouTube](#)
 - Find more [online scripture program/courses here](#)

A message from Bishop McGrattan

Bishop McGrattan warns that "It is easy to become complacent especially if there is no direct experience of the COVID-19 virus within our family... but behind each number is a person, a family, loved ones and we believe the dignity of that person reflects God." Bishop McGrattan offers advice on how to care for one another in this time of pandemic. Read Bishop's message here: <https://www.catholiccyyc.ca/blog/caring-for-one-another-globally-and-locally>



2021 Seminarians Poster

We ask that you continue to pray for our Seminarians and for the increase of vocations in our Diocese. Here is a short prayer from Fr. Cristino: *Lord Jesus Christ, eternal High Priest, lead our seminarians daily in your footsteps, that they may become priests aflame with love for God and all. Amen. St. Joseph, pray for us.*

Special thanks to photographer Greg Redmond. St. Joseph's icon in the background came from Bishop McGrattan's collection.

January Edition of Faithfully

Faithfully
FAITH. LIVED. FULLY.

- Read the January edition of Faithfully [here](#)
- [Subscribe to Faithfully and receive it directly in your mailbox](#)



Year *Amoris Laetitia* Family



To mark the fifth anniversary of the Apostolic Exhortation Amoris Laetitia, on the 19 March 2021, Pope Francis will inaugurate a special year dedicated to the family entitled, Year “Amoris Laetitia Family”. This special year will highlight the importance of the family within the domestic Church and encourage community ties between families through several spiritual, pastoral and cultural proposals.

In preparation for the Year “Amoris Laetitia Family”, the Dicastery for Laity, Family and Life has provided the attached resource brochure, in English and French, with pertinent information and suggestions for the special year, which will open on the 19 March 2021 and conclude on the 26 June 2022 at the celebration of the 10th World Meeting of Families, in Rome.

- Visit: <http://www.laityfamilylife.va/content/laityfamilylife/en/amoris-laetitia.html>

Events & Resources

1. Third Sunday in Ordinary Time - Bulletin Shorts, free to use

[Mass Readings](#) | Proclaiming the Gospel of God. Jesus is very busy in the beginning of Mark’s gospel – proclaiming, teaching, healing. And calling others to come and follow. The responses of Simon and Andrew, of James and John were immediate: stopping what they were doing, leaving it all behind without hesitation – they followed him. Stay tuned to this whole liturgical year to see where that leads.

- What of the good news of God is Jesus proclaiming to me today?
- How am I hesitating in giving Jesus Christ my immediate attention and response?

- What am I leaving behind, stopping doing in order to follow Jesus in more faithful ways?

Source: Diocese of Springfield

2. This Sunday (Jan 24) is the Sunday of the Word of God

This coming Sunday, Jan 24, is the Sunday of the Word of God, devoted to the celebration, study and dissemination of the Word of God! Find ideas and resources on how to celebrate the Sunday of the Word of God at home or with your community [here](#)

3. Daily Rosary with the Sisters of of Divine Mercy

Pray the daily Rosary and the 3 PM Hour of Mercy with Sisters of Divine Mercy online. See [poster](#) for more information, or visit their website at sistersofdivinemercy.org

4. Pope prays for Indonesia

Pope Francis expresses his condolences for victims of an earthquake that struck Indonesia Sulawesi province, as well as for the victims of a plane crash in Indonesia last week. [Read more](#)

5. Lecture series with Dr. Kate Kirkpatrick

The Department of Classics and Religion, University of Calgary warmly invites you to attend the upcoming virtual and free lectures to be given by the “visiting” Chair of Christian Thought Guest Speaker, Dr Kate Kirkpatrick, from the University of Oxford. [See poster for more information](#)

6. Employment opportunities at St. Michael Catholic Community

There are two employment opportunities at St. Michael Catholic Community, for the position of Sacrament Preparation Coordinator and Communications Coordinator. For more information and application details, visit catholiccyyc.ca/careers.html

LIVESTREAM

Full schedule of Parish Livestream Masses in the Diocese of Calgary is available at: <https://www.catholiccyyc.ca>.

You can also watch parish Sunday Masses via TELUS Optik TV Ch. 876 (choose Diocese of Calgary tile logo). For other online Masses, visit [Salt+Light TV](#), [Shalom World TV](#), [EWTN](#) and [Vision TV](#).

Sunday 10:30am Mass

Medicine Hat Holy Family Church Live Stream

https://www.youtube.com/channel/UCG6zK-XzuXDHj79rV6ut_Q



EMAIL SCAMS

Several reports of email scams have been brought to our attention. The emails have been written in a compelling way that the email addresses of the senders were not visually verified and responses were sent. Perhaps this is a reminder that when someone you know asks you to email them back and sounding desperate to perhaps check the sender's email address. The scammers have become more intelligent in acquiring the tone of how we write as clergy.

For more Livestreams, visit
CATHOLICYC.CA/LIVESTREAMMASS

SCHEDULE

▶ **MONDAY TO FRIDAY**
6 pm - Rosary
(WEDNESDAY - ROSARY AND MASS)
BILINGUAL: PORTUGUESE & ENGLISH
OUR LADY OF FATIMA PARISH, CALGARY

▶ **SATURDAY**
5 pm - Anticipated Sunday Mass
ST. PAUL'S PARISH, AIRDRIE

▶ **SUNDAY**
10:30 am - Sunday Mass
ST. ANTHONY'S PARISH, CALGARY

Noon - Sunday Mass
OUR LADY OF FATIMA PARISH, CALGARY
IN PORTUGUESE

5 pm - Sunday Mass
ST. JOSEPH'S PARISH, CALGARY



ROMAN CATHOLIC
DIOCESE
of Calgary

THANK YOU  **TELUS**
FOR MAKING THIS POSSIBLE!

ONLINE GIVING

Our parish relies on our regular offertory giving for maintenance and growth. By making your pre-authorized offertory gift, you are providing crucial support to care for your parish during this difficult time. You can also use the online giving page on the diocesan website to set up a one-time or recurring donation to your parish via credit-card. Funds donated will be transferred to the selected parish. Give now at <https://www.catholicyyc.ca/give> [or contact your Parish to set up a direct debit deposit].

LINKS

- [News.CalgaryDiocese.ca](https://www.catholicyyc.ca/news) | Announcements from the Diocese of Calgary
- [Events.CalgaryDiocese.ca](https://www.catholicyyc.ca/events) | Diocesan events and registrations
- [Blog.CalgaryDiocese.ca](https://www.catholicyyc.ca/blog) | Catholic Pastoral Centre Blog

- [Careers.CalgaryDiocese.ca](https://careers.calgarydiocese.ca) | Employment opportunities in the Diocese of Calgary
Connect to the Diocesan [Facebook](#) | [Twitter](#) | [Instagram](#)
- To share with parishioners:
 - [Sacraments & Liturgies](#)
 - [Spiritual Resources](#)
 - [Sacrament Preparation](#)
 - [Online Formation Opportunity](#)



The logo features the word "Endow" in a large, elegant, black cursive script. Above the word, a semi-circle of thirteen small, five-pointed stars is arranged in an arc. Below "Endow", the words "Lenten Online Study" are written in a bold, black, sans-serif font.

Endow Lenten Online Study



SALVIFICI
DOLORIS

We hope you had a wonderful Christmas and have started the new year with the peace and joy that only the Christ child can bring.

On February 3, I invite you to join me and the Endow team for our first online Endow study of the year. In anticipation of the season of Lent, we will be studying [*Salvifici Doloris*](#), John Paul II's Apostolic Letter on the Christian

meaning of suffering. This letter invites women to approach what is ultimately the fundamental theological question—why is there suffering?

We will begin on Wednesday, February 3 and will meet weekly until March 24th from 10-11:15 PST. Teresa Hodgins will return as our Host and joining her will be Annette Bergeon (Executive Director), Laura Zambrana (Director of Content), Katie Smith (Director of Development), Janeth Chavez (National Coordinator for Magnifica) and myself.

This online study will be different from our online studies in 2020! The first part of the meeting will be done in the classic Endow format of reading the chapter out loud and having the panelists answer the discussion questions.

During the second part of the meeting, we will be placed into breakout rooms on Zoom! Each “room” will have one of the panelists leading the reading of the second part of the chapter and then facilitating the discussion questions in these small breakout groups. This means that each participant will have the opportunity to join in the discussion, if she chooses. We are so excited to interact with you more personally and intimately in this way!

There will be two ways you can participate in this study:

- Live – Register [here](#) to participate live on Wednesdays and be placed in a virtual Endow group in one of our breakout rooms led by an Endow panelist!
- After hours— Register [here](#) if you can’t participate live during the 8 weeks but would like to watch the recording later and go through the Endow Study at your own pace or watching with your own group of friends at time which is convenient for you.

We look forward to having you join us for this Lenten study. Please register [here](#) to join us live or to receive the recording after.

For a free download of Chapter 1 of this study, please click [here](#) and to purchase the study [click here](#).

For those who are unable to participate but would like to tithe their Lenten alms in sponsorship of this study please [click here to donate](#). We are grateful for your generosity in support of women.

Please email any questions you may have to me at simone.rizkallah@endowgroups.org.

All blessings, Simone, Director of Program Growth

Register Now or **Purchase the Study**

Sneak Peek Endow Group

Interested in joining or leading an Endow group, but unsure what it is like? We would like to invite you to join us for a sneak peek of an Endow Group on the study, Lumen Gentium. This will be an interactive meeting showing you what to expect in an Endow group.

[Join us!](#)



LUMEN GENTIUM



Mentorship Meeting

Join Simone Rizkallah, Director of Program Growth, in a personal mentorship meeting to discuss your questions or excitement of hosting an Endow Group.

[Register now!](#)

Join a Group

Seeking intellectual formation through intentional community? Please prayerfully consider hosting or joining an Endow group for women in your parish, neighborhood, or community.

[Find Out More!](#)



FCJ



RETREAT & CONFERENCE CENTRE

A corporate ministry of the Sisters Faithful Companions of Jesus (FCJ) since 1980



[Check out opportunities to join online programs run by the FCJ Centre \(retreats, spiritual exercises, daily examen, prayers etc.\). Visit their events calendar](#)



Spiritual Centre of Peace, Healing and Prayer

Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years.

February 3 @ 6:00 pm - 9:00 pm [Twilight Retreat: Women, Wednesday, February 3, 2021](#)

February 4 @ 6:00 pm - 9:00 pm [Twilight Retreat: Men, Thursday, February 4, 2021](#)

February 5 - February 7 [Men's Retreat: February 5-7, 2021](#)

February 10 @ 8:30 am - 3:00 pm [Day Away Retreat: Wednesday, February 10, 2021](#)

February 19 - February 21 [St. Vincent dePaul Weekend: February 19-21, 2021](#)

February 26 - February 28 [Men's Retreat: FEBRUARY 26-28, 2021](#)

March 3 @ 6:00 pm - 9:00 pm [Twilight Retreat: Men, Wednesday, March 3, 2021](#)

March 4 @ 6:00 pm - 9:00 pm [Twilight Retreat: Women, Thursday, March 4, 2021](#)

March 5 - March 7 [Women's Retreat: March 5-7, 2021](#)

March 17 @ 8:30 am - 3:00 pm [Day Away Retreat: Wednesday, March 17, 2021](#)