

Email: contact@holyfamilymh.ca ~ Website: <u>www.holyfamilymh.ca</u> ~ Facebook: Medicine Hat Holy Family Parish

Reconciliation: By Appointment Only 403-527-6933 ext. 101 Office Hrs. Monday to Friday - 8:30am – 12:00pm & 1:00pm to 4:30pm - Closed on Holidays

Reconciliation is by appointment only Tuesday to Friday 9:30am – 4:00pm. Call the office to book a time with Fr. Iqbal or Fr. Rodel ADORATION IS IN THE <u>HOPE ROOM</u> MONDAY TO FRIDAY 9:30am to 4:00pm

<u>MASSES</u>

MONDAY to FRIDAY at 9:00AM Administration doors, SATURDAY at 5:00PM Main Front Doors & SUNDAY at 8:30AM, 10:30AM & 6:00PM Main Front Doors MAKE SURE TO COME EARLY TO BE SCREENED & WEAR YOUR MASKS DOORS WILL BE LOCKED WHEN MASS STARTS

We do have masks available if needed! Please dispose of them in a responsible manner.

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Catholic Women's League Vi Sheridan - 403-526-9091



Attending Masses...

MAKE SURE TO COME EARLY TO BE SCREENED <u>THE DOORS WILL NOW BE LOCKED WHEN MASS</u> <u>STARTS</u> TO ENSURE YOUR SAFETY FROM PEOPLE ENTERING THAT HAVE NOT BEEN SCREENED.

> MASKS... IT IS MANDATORY TO WEAR A MASK AT ALL TIMES NOW IN THE CHURCH.



OPERATING FINANCES					
December 1 -31, 2020					
Operating Budget 2020	\$ 60,000				
General Envelope Collection	\$ 104,316				
Loose Collections	\$ 2,100				
Future Development	\$ 5,549				
Sale of Church Supplies	\$ 2,760				
Other Ministries	\$ 985				
TOTAL	\$ 55,710				
SPECIAL COLLECTIONS					
Together in Action (TIA)	\$ 4,325				
St Vincent de Paul	\$ 5,046				
CARO	\$ 190				
Mission Mexico	\$ 2,640				
Clergy Benefit	\$ 500				
Catholic Education	\$ 20				
2020 TIA GOAL - \$71,214 TO DATE \$ 43,740 = 61% OF THE WAY					
Thank You for your Generous Contributions					

† Masses Intentions † January 9th to 15th

Saturday, January 9

5:00pm – Joyce Risling † & Jack Risling Sunday, January10 8:30 am – Gabe & Valerie Wolfe & Family 10:30am – Addison Foley † 6:00pm – Holy Family Parish Monday, January 11 9:00am – Isaac Risling Tuesday, January 12 9:00am – Italo Dal Molin † Wednesday January 13 9:00am – Tyler Rae † Thursday, January 14 9:00am – Fred Bleile † Friday, January 15 9:00am – Sophie Dumanowski † Feast of the Baptism of the Lord Year B Sunday, January 10, 2021

1st Reading: Isaiah 55.1-11 Everyone who thirsts, come to the waters.

Responsorial Psalm: Isaiah 12

R. With joy you will draw water from the wells of salvation.

2nd Reading: 1 John 5.1-9

This is the one who came by water and blood, Jesus Christ.

Gospel: Mark 1.7-11

A voice came from heaven, "You are my Son, the Beloved; with you I am pleased."

GOD SHOWS NO PARTIALITY

Saint Peter speaks the truth. God is impartial. For everyone who acts uprightly is acceptable. Everyone. Politics may be partisan at times, but Christians can never be. Indeed, Baptism makes us all alike – with differing gifts and charisms – but all in the image of Christ whose name we bear. God says to us as well: "I am well pleased."

- Because of Baptism, how will I cherish even those not like me?
- What will I do today to bear the image of Christ?
- To whom will I say, because of this _____, I am well pleased?

The greatest gift we received this Christmas was the gift of time and service from our many volunteers, thank you so much for everything you did so Holy Family Parish could celebrate the Birth of Christ and the Holy Family. You are worth more than your weight in Gold We are so, so, so grateful, Thank You!

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Parents will be informed about the in-person classes for the Sacraments of First Communion & Confirmation after we receive new guidelines from the diocese.

Office hours are Monday to Friday 8:30am-4:30pm. Office is closed from 12:00-1:00 for lunch. If you have any questions, please call 403-527-6933 ext. 102 and leave a message for Fr. Iqbal. Or you can email us at <u>sac.prep@holyfamilymh.ca</u> or Fr. Iqbal <u>pastor@holyfamilymh.ca</u>

Holy Family Parish and St. Patrick's Church.



People who donated for poinsettias in memory of their beloved, you may pick them up on January 11th.



Notice of Annual General Meeting

MEDICINE HAT CATHOLIC SCHOOLS' EDUCATION FOUNDATION will hold their Annual General Meeting on Tuesday, January 19th, 2021 at 7:00 p.m. Via Zoom. Please refer to the Foundation website for more details.

All Public are welcome to attend!

The Knights of Columbus will be having a Knight's Mass on Sunday, January 10th at 10:30 am. All Knights and their families are encouraged to attend.





FEAST OF THE BAPTISM OF THE LORD - YEAR B

BECOMING NEW CREATION

St. Gregory of Nazianzus invites us all to reflect as we today celebrate the Feast of the Baptism of the Lord with words: **"Christ is bathed in light; let us also be bathed in light. Chris is baptized' let us also go down with him and rise with him".** Pope Francis addressing the congregation on this feast day said: Baptism integrates us into the body of the Church, into the holy People of God. And in this body, in this people journeying on, faith is passed down from generation to generation: it is the faith of the Church. It is the faith of Mary, our Mother, the faith of St Joseph, of St Peter, of St Andrew, of St John, the faith of the Apostles and of the Martyrs, which has come down to us, through Baptism: the chain of transmission of the faith.

At first glance, the Baptism of the Lord might seem an odd feast. Since the Catholic Church teaches that the Sacrament of Baptism is necessary for the remission of sins, particularly original sin, why was Christ baptized? After all, he was born without original sin, and he lived his entire life without sinning. Therefore, he did not need the sacrament, as we do.

Holy Father Pope Francis explains the mystery in this way "When Jesus received the baptism of repentance from John the Baptist, showing solidarity with the repentant people — He without sin and with no need for conversion — God the Father made his voice heard from heaven: "This is my beloved Son, with whom I am well pleased" (v. 17). Jesus receives approval from the heavenly Father, who sent him precisely that he might accept to share our condition, our poverty. Sharing is the true way to love. Jesus does not dissociate himself from us, he considers us brothers and sisters and he shares with us.

And so, he makes us sons and daughters, together with him, of God the Father. This is the revelation and source of true love. And this is the great time of mercy".

In submitting Himself humbly to the baptism of St. John the Baptist, however, Christ provided the example for the rest of us. If even He should be baptized, though he did not need it, how much more should the rest of us be thankful for this sacrament, which frees us from the darkness of sin and incorporates us into the Church, the life of Christ on earth! His Baptism, therefore, was necessary—not for him, but for us.

Many of the Fathers of the Church, as well as the medieval Scholastics, saw Christ's Baptism as the institution of the sacrament. His Flesh blessed the water, and the descent of the Holy Spirit (in the form of a dove) and the voice of God the Father announcing that this was his Son, in whom he was well pleased, marked the beginning of Christ's public ministry. St. Paul sees baptism as source of dying with him and rising back to life with him: "Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.

In fact, there is an invocation which the liturgy has us repeat during the Season of Advent: "O that thou wouldst rend the heavens and come down" (Is 64:1). If the heavens remain closed, our horizon in this earthly life is dark and without hope. Instead, in celebrating Christmas, once again faith has given us the certainty that the heavens have been rent with the coming of Christ. And on the day of the baptism of Christ we continue to contemplate the heavens opened. The manifestation of the Son of God on earth marks the beginning of the great time of mercy, after sin had closed the heavens, raising itself as a barrier between the human being and his Creator. With the birth of Jesus, the heavens open! God gives us in Christ the guarantee of an indestructible love. From the moment the Word became flesh it is therefore possible to see the open heavens. It was possible for the shepherds of Bethlehem, for the Magi of the East, for the Baptist, for Jesus' Apostles, and for St Stephen, the first martyr, who exclaimed: "Behold, I see the heavens opened!" (Acts 7:56). And it is possible for each one of us, if we allow ourselves to be suffused with God's love, which is given to us for the first time in Baptism by means of the Holy Spirit. Let us allow ourselves to be invaded by God's love! This is the great time of mercy! Do not forget it: this is the great time of Mercy!

For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him" (Romans 6:4-8). "Jesus rises from the waters; the world rises with him. The heavens like Paradise with its flaming sword, closed by Adam for himself and his descendants, are rent open. The Spirit comes to him as to an equal, bearing witness to his Godhead. A voice bears witness to him from heaven, his place of origin. The Spirit descends in bodily form like the dove that so long ago announced the ending of the flood and so gives honor to the body that is one with God" as St. Gregory explained.

Through Baptism we not only leave our old life of sin, but we have become new creation in Him who took our nature be like us but sin. In Baptism we are consecrated by the Holy Spirit. This is what the word "Christian" means, it means consecrated like Jesus, in the same Spirit in which Jesus was immersed throughout his earthly existence. St. Paul reminds everyone of us to have same mind as Jesus "Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became

obedient to the point of death— even death on a cross" (Philippians 2:5-8).

He is the "Christ", the Anointed One, Consecrated One; we, the the baptized, are "Christian", meaning consecrated, anointed. Baptism makes us to walk with him as his brothers and sisters remembering if we have died with him, we will also rise with him too. Let us today remember our Baptismal vows and live our lives accordingly so that may we inherit eternal life. Through the Baptism of the Lord, we share into his divinity and become new creation in the Holy Spirit which keep filling our hearts and minds to follow him who died on the Cross to give us eternal life.



FORMED.org

LOG IN WWW.FORMED.ORG

- Go to Formed.org
- Enter our PARISH CODE: GPQWK7

Create a personal account with your personal username/email and password.

• Start enjoying the best Catholic content all in one place!

IMPORTANT: Do not sign up as an individual. Our parish access code provides more content than an individual subscription and it costs you nothing!

LIVESTREAM

Full schedule of Parish Livestream Masses in the Diocese of Calgary is available at:

https://www.catholicyyc.ca.

You can also watch parish Sunday Masses via TELUS Optik TV Ch. 876 (choose Diocese of Calgary tile logo). For other online Masses, visit <u>Salt+Light TV</u>, <u>Shalom World</u> <u>TV</u>, <u>EWTN</u> and <u>Vision TV</u>.



For more Livestreams, visit CATHOLICYYC.CA/LIVESTREAMMASS

SCHEDULE



5 pm - Anticipated Sunday Mass St. Paul's Parish, Airdrie SUNDAY

10:30 am - Sunday Mass St. Anthony's Parish, Calgary

Noon – Sunday Mass Our Lady of Fatima Parish, Calgary In Portuguese

5 pm - Sunday Mass St. Joseph's Parish, Calgary



EMAIL SCAM

Several reports of email scams have been brought to our attention. The emails have been written in a compelling way that the email addresses of the senders were not visually verified and responses were sent. Perhaps this is a reminder that when someone you know asks you to email them back and sounding desperate to perhaps check the sender's email address. The scammers have become more intelligent in acquiring the tone of how we write as clergy.

ONLINE GIVING

Our parish relies on our regular offertory giving for maintenance and growth. By making your preauthorized offertory gift, you are providing crucial support to care for your parish during this difficult time. You can also use the online giving page on the diocesan website to set up a one-time or recurring donation to your parish via credit-card. Funds donated will be transferred to the selected parish. Give now at <u>https://www.catholicyyc.ca/give</u> [or contact your Parish to set up a direct debit deposit].

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Faithfully November's Edition is out

November edition of Faithfully is out! This month Faithfully highlights the hope found in Christ's redemption as we remember the souls of our departed beloved ones. Read an important message from Bishop McGrattan about the two important legislative matters (Bill C-6 & C07) and what the Bishops of Canada urge you to do, so that we can make a difference.

Also highlighted in this edition: stories from two teachers on the importance of Catholic Education, the joy of volunteering, and an insight on caring and serving our children well. Two highlighted events in November: Field of Crosses Memorial Park (Nov. 10 & 11) and the Memorial Liturgy for those mourning the loss of a child through miscarriage or stillbirth.

Read November edition of Faithfully online

https://subscribepage.com/faithfully

LINKS

- <u>News.CalgaryDiocese.ca</u> | Announcements from the Diocese of Calgary
- <u>Events.CalgaryDiocese.ca</u> | Diocesan events and registrations
- Blog.CalgaryDiocese.ca | Catholic Pastoral Centre Blog
- <u>Careers.CalgaryDiocese.ca</u> | Employment opportunities in the Diocese of Calgary Connect to the Diocesan <u>Facebook</u> | <u>Twitter</u> | <u>Instagram</u>
- To share with parishioners:
 - Sacraments & Liturgies
 - Spiritual Resources
 - Sacrament Preparation
 - Online Formation Opportunity



CLERGY PERSONNEL ANNOUNCEMENTS

January 6, 2021

RETIREMENT of EPISCOPAL VICARS

• Fr. Ray Lowing: We appreciate and thank Fr. Lowing for serving in the capacity of Vicar for Retired Priests. Fr. Lowing will retire from this appointment effective December 31, 2020.

• Fr. John Schuster: We appreciate and thank Fr. Schuster for serving in the capacity of Vicar General. Fr. Schuster will retire from this appointment effective December 31, 2020.

PRIEST LEAVING THE DIOCESE

In Fr. Michel Kassas, currently on sabbatical leave from the Eparchy of St. Maron while residing in the Diocese of Calgary, has been appointed Pastor of St. Anthony the Great Parish, Leamington, Ontario.

The Diocese of Calgary is grateful for their many years of dedicated priestly service, and I wish them our prayers and best wishes.

Yours in Christ, +William T. McGrattan Bishop of Calgary

PRIEST PASTORAL ASSIGNMENTS

• Fr. Philip Van Tinh Le, currently Pastor of Christ the King Parish, Claresholm, has been appointed Pastor of St. Augustine's Parish, Taber, effective March 1, 2021.

• Fr. Elio Canete, currently Pastor of St. Augustine's Parish, Taber, has been appointed Pastor of St. James' Parish, Calgary, March 1, 2021.

• Fr. Dominic Nguyen, currently Pastor of St James' Parish, Calgary has been appointed Administrator of Christ the King Parish, Claresholm, effective March 1, 2021.

• Fr. Pilmaiken Lezano, in addition to being the Associate Pastor of Holy Spirit Parish, has been appointed the Spiritual Advisor to the Catholic Women's League effective January 1, 2021.

• Fr. Jonathan Gibson, in addition to being the Pastor of St. Peter's Parish, has been appointed the Chair of the Spiritual Discernment Committee effective January 1, 2021.

• Fr. Adrian Martens, in addition to being the Associate Pastor of Ascension Parish, Ecumenism and Inter-Religious Coordinator, and Vicar for Lay Associations, has been appointed the Ordained District Chaplain of the Calgary Catholic School District effective February 1, 2021.

• Fr. James Hagel, in addition to being the Pastor of St. Gabriel the Archangel Parish, has been appointed Vicar for Retired Priests and Collegial Judge of the Marriage Tribunal effective January 1, 2021.

• Fr. Kevin Tumback, in addition to being the Pastor of All Saints Parish and Dean of the Lethbridge Pastoral Zone, has been appointed Vicar General effective January 1, 2021. Fr. Kevin joins Fr. Wilbert Chin Jon as Vicars General of the Diocese of Calgary.

DEACON APPOINTMENTS

The following deacons have been appointed to the expanded Diocesan Diaconal Council effective January 1, 2021.

Deacon Dan Deck of St. Pius X Parish, Calgary

Deacon Dennis Foraie of St. Mary's Cathedral, Calgary

Deacon Ron Fortier of St. Mary's Parish, Cochrane.

The new members, who have been appointed to a renewable three-year term, join the following existing members:

Deacon Ron Nowell of St. Anthony's, Calgary (Council Chair)

Deacon Brian West of Our Lady of the Rockies, Canmore

Deacon Michael Thomson of Sacred Heart, Calgary

Fr. Julian Studden, Vicar for the Permanent Diaconate.

The Council, which reports to the Vicar for the Permanent Diaconate and the Bishop, provides leadership in the recruitment, selection and formation of men for the permanent diaconate. It is also responsible for directing the ongoing formation of permanent deacons and for advising the Bishop on matters affecting the diaconal ministry and outreach within the Diocese. Ongoing formation is being co-ordinated by Deacon Michael Thomson and Deacon Dennis

Foraie.

Formation of deacon candidates is being coordinated by Deacon John Walsh of St. Albert the Great, Calgary (a former member of the council), Huy Nguyen (Director of Pastoral Ministry) and Fr. Julian Studden.

The Baptism of the Lord



COVID-19 Resources

COVID-19 Resources for Parish Staff: catholicyyc.ca/resources.html

To share with parishioners:

- Sacraments & Liturgies (First Reconciliation, First Communion, Confirmation)
- Spiritual Resources
- Sacrament Preparation
- Online Formation Opportunity
- Christmas in the Diocese

Visit the Diocesan Event Calendar

The people who walked in darkness have seen a great light...

ISAIAH 9:2



Happy New Year everyone!

We would like to thank you for your support and participation during the #iamblessed2020 campaign, which ends this Sunday, Jan. 10, at the Feast of Baptism of the Lord. Thank you for becoming the light for others in these difficult times.

- Note that the frontpage of the diocesan website will be updated after the Christmas Season. Links to the three #iamblessed2020 components (pray, act & give) will be accessible in our website through the search bar, or you can bookmark these links:
 - #iamblessed2020 Pray Now
 - <u>#iamblessed2020 Act Now</u>
 - <u>#iamblessed2020 Templates & Resources</u>
 - #iamblessed2020 Give Now points to <u>https://www.catholicyyc.ca/give.html</u>

Week of Prayer for Christian Unity

The Week of Prayer for Christian Unity is celebrated around the world on January 18-25.

The 2021 theme – Abide in my love and you shall bear much fruit (John 15:5-9) – calls us to pray and to work for reconciliation and unity in the church, with our human family, and with all of creation. Drawing on the Gospel image of vine and branches, it invites us to nourish unity with God and with one another through contemplative silence, prayer, and common action. Grafted into Christ the vine as many diverse branches, may we bear rich fruit and create new ways of living, with respect for and communion with all of creation.

The importance of unity among Christians and the responsibility of the people of each parish to work for this unity should be emphasized throughout the week. All members of the parish should seek to have a deeper understanding of ecumenism.

- A resource kit containing program materials for the Week of Prayer adapted to Canadian context is available from https://www.weekofprayer.ca/2021wpcu-resources This resource kit contains practical suggestions on prayers or activities for parishes, families, schools and campus ministries for the Week of Prayer for Christian Unity and the 2021 theme.
- Event poster template for parish/school/campus events <u>Download</u>
- Save the date: An Evening Service of Prayer will be held on Wednesday, Jan 20 at 7 pm, and livestreamed via Ascension Catholic Church's <u>livestream link</u>. More information will be shared next week.

Sacrament Preparation

A message for Pastors & Sacrament Preparation Coordinators:

As you resume with the task of facilitating **sacrament preparation** in the parish, here are two pages you need to keep handy:

- For Sacrament Preparation Catechists:
 https://www.catholicyyc.ca/preparation.html
- For families: https://www.catholicyyc.ca/sacraments.html

First Reconciliation

 If you have families who missed the registration and preparation for First Reconciliation, you can ask them to register for preparation in your parish and provide them with the First Reconciliation and First Communion books. If they wish to avail of the online coaching sessions, they just need to visit this page for details: <u>https://www.catholicyyc.ca/firstreconciliation.html</u>.

First Communion

- Registration for First Communion was already completed when families registered for First Reconciliation in the fall.
- The diocesan online parents coaching sessions for First Communion will begin the week of February 1st and can be accessed here: <u>https://www.catholicyyc.ca/firsteucharist.html</u>. The schedule of the sessions will be released in the coming weeks.

Confirmation

- January is the registration month for Confirmation preparation.
- Parents are asked to register twice:
 - Registration for sacrament preparation in your parish using your registration form – no cost for registration as they pay for the online course themselves.
 - Registration with Ascension Press' online course of <u>https://ascensionpress.com/products/chosen-your-journey-toward-confirmation-online-course?variant=32193516601380</u>. Cost is US \$17.95 and families register directly with Ascension Press.
- Please provide this link to the parents: https://www.catholicyyc.ca/confirmation.html. The page outlines the 11 required lessons out of the 24 lessons in the program, *Chosen: Your Journey Toward Confirmation*. It also contains all the materials they will need to help them prepare their children for the Sacrament of Confirmation.

Contacts

Huy Nguyen has recently returned to his role as the Director of Pastoral Ministry. For more information about the preparation program, please contact Huy Nguyen at 403-218-5547.

Sunday Livestream Masses with the Bishop

Bishop McGrattan is offering Sunday Masses at the following parishes in January. Masses will be livestreamed via Parish Livestream link(s).

- Sunday, January 10 at 10 am Feast of the Baptism of the Lord | Ascension Catholic Church, Calgary. Watch on <u>Youtube</u>
- Sunday, January 17 at 5 pm Second Sunday in Ordinary Time | St. Joseph's Church, Calgary. Watch on <u>Youtube</u> | <u>Facebook</u> | Telus Optik TV Ch. 877
- Sunday, January 24 at 11 am Third Sunday in Ordinary Time | Mary, Mother of the Redeemer, Calgary. Watch on <u>Youtube</u>
- Sunday, January 31 at 11 am Fourth Sunday in Ordinary Time | St. Albert the Great, Calgary. Watch on <u>Facebook</u>



You are invited to join virtual sessions of "A Priest and a Rabbi Read Scripture Together" with Fr. Adrian Martens and Rabbi Mark Glickman (Temple B'nai Tikvah). This event highlights the new released resources from CCCB "<u>The Psalms:</u> <u>A Doorway to Jewish-Catholic Dialogue</u>." When: **January 21, February 4 and February 18** at 7 pm to 8:30 pm, via Zoom. To register, contact:<u>office@bnaitikvah.ca</u>

Events & Resources

1. Baptism of the Lord - Bulletin Shorts, free to use

Mass Readings | God Shows No Partiality. Saint Peter speaks the truth. God is impartial. For everyone who acts uprightly is acceptable. Everyone. Politics may be partisan at times, but Christians can never be. Indeed, Baptism makes us all alike – with differing gifts and charisms – but all in the image of Christ whose name we bear. God says to us as well: "I am well pleased."

- Because of Baptism, how will I cherish even those not like me?
- What will I do today to bear the image of Christ?
- To whom will I say, because of this _____ I am well pleased? Source: Diocese of Springfield

2. A New Year's reflection from Fr. Edmund was featured in CBC

A New Year's reflection by Fr. Edmund Vargas, pastor at St. Anthony's Church in Calgary, was featured by CBC Canada. <u>Read here.</u>

3. God Squad Litany Fundraiser "A Dram for St. Joseph"

You are invited to join God Squad's "A Dram for Saint Joseph" fundraiser on Saturday, January 16, 2021. This event features a virtual whiskey tasting with silent auction and entertainment. A portion of the proceeds will be given to Mission Mexico. To purchase ticket, <u>click here</u>

4. Knights Dream Vacation Project

The Airdrie Council 8045 of the Knights of Columbus is hosting their annual Airdrie Dream Vacation draw. All proceeds from this project are returned to charities they support. There are 600 tickets with the first draw on **April 4, 2021**. Each month for 12 months a Dream Vacation voucher will be given away (value \$2500) plus 4 draws of \$120. Seven Early Bird prizes will be drawn on **February 14, 2021**. For more information or to purchase a ticket, visit <u>airdriedreamvacation.ca</u>. Use *Dine21* coupon to receive Dine Airdrie Card free while supplies last. For more info, contact tickets@airdriedreamvacation.ca

5. The WORD 2021 International Catholic Bible Summit

Find ways to find unshakeable hope and peace no matter what you're going through, and how to break open the Bible and hear what God is saying to you right now. Join 70 amazing presenters including Fr. Mike Schmitz, Chris Stefanick, Danielle Bean, Scott Hahn, and host Mark Hart at **The WORD 2021 International Catholic Bible Summit** (Feb 11-13). <u>Register here</u>

6. Seven saints to help you keep your New Year's resolutions

Susan Anthony confesses: I've never been particularly successful at keeping New Year's resolutions because I'm more successful at finding excuses to ignore them. Sounds familiar? This year Susan decided that she needs some help from the saints. <u>Read more.</u>

7. Feeling dryness in prayer

Fr. Josh Johnson gives four reasons why we may experience dryness in prayer, and they're all experiences we are probably familiar with. <u>Read more or listen to his podcast</u> <u>here.</u>

8. How to have a fruitful disagreement with someone you love

What are some best practices for having fruitful conversations when you're both firmly rooted on opposite sides of an issue? A Jesuit priest gives us seven attitudes with which we can approach any conflict. <u>Read more</u>

9. Jeff Cavins' Show

How do you simplify your life? How do you study the Bible? From raising kids to growing older, Jeff Cavins shares personal tips for living as a modern-day disciple of Jesus Christ through his podcast at Jeff Cavins' Show in Ascension Press.



A corporate ministry of the Sisters Faithful Companions of Jesus (FCJ) since 1980



		<	January 2021	>		Today
Mon	Tue	Wed	Thu	Fri	Sat	Sun
28 Christmas Break	29	30	31	1	2	3
Christmas Break						
	-	-	7	-	-	
4	5 ONLINE: The Dail	6	• ONLINE Mid-Day	8	9	10
			ONLINE Monthly			
11	12	13	14	15	16	17
ONLINE 4-Week F	• ONLINE: The Dail		ONLINE Mid-Day		 Benedictine Spiri 	
18 Cont': ONLINE 4-V	19 • ONLINE: The Dail	20	21 ONLINE Mid-Day I	22 Explore the Ennear	23 gram - A Weekend of	24 Self-Discovery
CONT. ONLINE 44	onente. me ban		Dreamwork Eveni			
25	26	27	28	29	30	31
	• ONLINE: The Dail				ak Silent Directed W	



Spiritual Centre of Peace, Healing and Prayer

Mount St. Francis Retreat Centre is nestled in the foothills of the Rocky Mountains where are all welcome in the name of Christ. The Franciscan Friars of Canada, inspired by the vision and example of St. Francis and St. Clare of Assisi, have served here since 1949.

We offer silent retreats and spiritual direction. We also serve those in the 12 Step Program through weekend and evening Serenity retreats. We listen to 5th steps. We host groups and individuals seeking a place of quiet and stillness in an often hectic world. We can accommodate up to 50 people (46 rooms/50 beds). We have one large and one small meeting room, a library and chapel. We can accommodate most dietary restrictions. There are approximately 500 acres to explore.

Our retreats are organized through a group of dedicated volunteer Captains that oversee the registration. Please see our retreats page for more information.

We have strong ties with the Roman Catholic Diocese of Calgary; other Christian Churches, schools and organizations; as well as others not affiliated with any particular faith but who are in accord with our mission of peace, healing and prayer. We value the many loyal friends and benefactors that have supported us in our ministry for over 70 years. < > Today January 2021 ~

MON	TUE	WED	THU	FRI	SAT	SUN	
28	29	30	31	1	2	3	
4	Б	6	7 Twilight Retreat: Women, Thursday, January 7, 2021	8	9	10	
		e:00 pm - 9:00 pm Twilight		Men's Retr	Men's Retreat: January 8-10, 2021		
		Retreat: Men, Wednesday, January 6, 2021					
11	12	13	14	15	16	17	
		8:30 am - 3:00 pm Day Away		Mixed Retr	Mixed Retreat: January 15-17, 2021		
		Retreat: Wednesday, January 13, 2021					
18	19	20	21	22	23	24	
				Mixed Sere	Mixed Serenity Retreat, January 22-24, 2		
25	26	27	28	29	30	31	
				Women's F	Women's Retreat: January 29-31, 2021		